

## 3 - ONMK 2023 lb Sessie 3

05-05-2023 - 13:00

 Programmanr. 7  
 05-05-2023 - 13:00

Dames, 50m rugslag

 Masters Open  
 Resultaten

rang	naam	vereniging		tijd	RT	PARA
<b>Masters 20+</b>						
1.	Babette van der Kaaij	Blue Marlins	NED 199902234	<b>30.61</b>	+0.62	
2.	Michelle van den Hoofdakker	Steenwijk 1934	NED 200302708	<b>32.05</b>	+0.78	
3.	Lauren van IJll	WVZ	NED 200001064	<b>32.96</b>	+0.71	
4.	Laura Setz	Bubble	NED 200000130	<b>33.15</b>	+0.79	
5.	Veerle van Munster	ZPC Woerden	NED 200102632	<b>33.40</b>	+0.67	
6.	Alisha Vieira	Blue Marlins	NED 199904554	<b>33.72</b>	+0.73	
7.	Hanna Looi	Blue Marlins	NED 200006090	<b>34.03</b>	+0.57	
8.	Lianne van Wier	HZ&PC Heerenveen	NED 200200438	<b>34.22</b>	+0.69	
9.	Leonie van Wier	HZ&PC Heerenveen	NED 200200436	<b>34.54</b>	+0.61	
10.	Merel van den Heuvel	De Meer	NED 200201784	<b>35.27</b>	+0.63	
11.	Sanne Kloezen	Bubble	NED 200204644	<b>35.65</b>	+0.80	
12.	Iris van der Moolen	De Amstel	NED 199902052	<b>35.72</b>	+0.68	
13.	Amber Hesper	VZC	NED 200202188	<b>35.86</b>	+0.72	
14.	Sacha van den Dobbelssteen	Blue Marlins	NED 200100904	<b>36.06</b>	+0.59	
15.	Iris Bastiaansen	De Amstel	NED 199902006	<b>36.46</b>	+0.81	
16.	Marielle van der Vaart	ZVVS	NED 200000994	<b>36.59</b> *	+0.68	
17.	Nina Snippe	Zwemvereniging Hoogland	NED 200203482	<b>37.12</b>	+0.71	
18.	Esmee Kloezen	Bubble	NED 200204646	<b>37.23</b>	+0.74	
19.	Jet Kleine	MSV-Zeemacht	NED 199903384	<b>38.26</b>	+0.70	
20.	Alies Wagter	Steenwijk 1934	NED 199900840	<b>38.28</b>	+0.84	
21.	Lianne Dekker	DAW	NED 200305438	<b>38.68</b>	+0.63	
22.	Amber Hopman	De Aalscholver	NED 200106384	<b>39.00</b> *	+0.77	
23.	Sabine Lageweg	Steenwijk 1934	NED 199900926	<b>39.95</b>	+0.71	
24.	Tove Kienhuis	Aqua'68	NED 200203486	<b>40.55</b>	+0.74	
25.	Ymke van Dongen	AquaAmigos	NED 200202662	<b>41.02</b>	+0.74	
26.	Nana Dekkers	Neptunus'58	NED 200206220	<b>44.12</b>	+0.64	
27.	Selma Boertien	Aqua'68	NED 200203834	<b>45.51</b>	+0.73	

**Masters 25+**

1.	Nadja Roovers	Hieronymus	NED 199800798	<b>31.94</b>	+0.75	
2.	Anne-Irene Ducheine	Zwemvereniging Hoogland	NED 199506824	<b>33.49</b>	+0.60	
3.	Suzanne Mosch	MSV-Zeemacht	NED 199400548	<b>34.61</b>	+0.68	
4.	Fiona Meuffels	PSV	NED 199504366	<b>36.25</b>	+0.71	
5.	Anouk van der Lans	Westland Swimming Stars	NED 199801614	<b>37.09</b>	+0.73	
6.	Nina Tourton	ZOB'66	NED 199603612	<b>37.72</b>	+0.66	
7.	Eline Hendriks	ZPC AMERSFOORT	NED 199802794	<b>38.29</b>	+0.75	
8.	Laura Scheffer	GoSwim	NED 199407222	<b>38.46</b>	+0.68	
9.	Rachel Trapman	De Duinkickers	NED 199606760	<b>38.74</b>	+0.69	
10.	Cynthia van Veen	ZVL-1886 Center	NED 199606736	<b>41.17</b>	+0.58	
11.	Eline Molle	De Geul	NED 199404276	<b>41.55</b>	+0.78	
12.	Elly Peters	H2O	NED 199407568	<b>58.99</b>	+0.77	

**Masters 30+**

1.	Danique Stoop	Zuiderzeezwemmers	NED 199106956	<b>31.97</b>	+0.58	
2.	Elmi Roelofsen	Octopus-ZVV (SG)	NED 199008198	<b>33.84</b>	+0.84	
3.	Daphne Robijn-Jongedijk	EZCL (SG)	NED 198903520	<b>35.75</b>	+0.71	
4.	Getrude Corporaal	Steenwijk 1934	NED 199200380	<b>36.36</b>	+0.82	
5.	Wendy de Bruin	ZOB'66	NED 199206320	<b>37.35</b>	+0.66	
6.	Adela Vázquez García	ZVL-1886 Center	NED 199307952	<b>37.77</b>	+0.59	
7.	Joëlle Vaes	DIO	NED 199007576	<b>38.17</b>	+0.86	
8.	Kimberley van Buren	De Duck	NED 199304136	<b>38.45</b>	+0.79	
9.	Phedra Van Daele	Mega	BEL MEGA/21311/93	<b>38.78</b>	+0.68	
10.	Jacoline van den Beukel	NieMo Barracuda	NED 199100238	<b>39.01</b>	+0.76	
11.	Relinda Baas	TriVia	NED 198900144	<b>39.19</b>	+0.77	
12.	Maaïke Karsten	Zwemvereniging Hoogland	NED 199103832	<b>39.85</b>	+0.91	

Programmanr. 7, Dames, 50m rugslag, Masters 30+

rang	naam	vereniging			tijd	RT	PARA
13.	Lonneke Oenema	Steenwijk 1934	NED	199102314	<b>41.93</b>	+0.76	

Masters 35+

1.	Jenny Schouten	MZ&PC	NED	198703674	<b>33.24</b>	+0.81	
2.	Samantha van Eijk	De Geul	NED	198806826	<b>35.41</b>	+0.86	
3.	Marije Jansen	ZPC AMERSFOORT	NED	198504088	<b>35.78</b>	+0.77	
4.	Hanneke Heymen	WS Twente	NED	198400968	<b>36.52</b>	+0.66	
5.	Rianne Hofland	Sassenheim	NED	198801820	<b>36.72</b>	+0.73	
6.	Sanne de Ridder	ZVL-1886 Center	NED	198502444	<b>37.83</b>	+0.78	
7.	Kim Visser	H2Oldambt	NED	198704350	<b>42.75</b>	+0.84	
8.	Janna Brummel	SwimGym	NED	198807018	<b>49.47</b>	+0.77	

Masters 40+

1.	Roos van Esch	ACZ	NED	198200468	<b>35.18</b>	+0.69	
2.	Tonia Ruybroek	Poseidon'56	NED	198101290	<b>35.56</b>	+0.68	
3.	Anne-Marie Verschoor-Vos	De Biesboschzwemmers	NED	198102300	<b>36.80</b>	+0.74	
4.	Elke Popma - Blox	Tiamat	NED	198200154	<b>37.46</b>	+0.69	
5.	Miranda Pijnenburg	De Treffers	NED	198301216	<b>38.06</b>	+0.72	
6.	Leonie Scholten	Steenwijk 1934	NED	197901560	<b>39.90</b>	+0.77	

Masters 45+

1.	Monique Boets	Stadskanaal	NED	197600230	<b>35.81</b>	+0.75	
2.	Mirjan den Drijver	Westland Swimming Stars	NED	197500884	<b>38.14</b>	+0.80	
3.	Anuschka Glazema-Boelema	Stadskanaal	NED	197701166	<b>40.76</b>	+0.97	
4.	Fabiola Bosman	Deltasteur	NED	197701148	<b>41.12</b>	+0.83	
5.	Esther Vergeest	De Rog	NED	197700012	<b>41.86</b>	+0.80	
6.	Margriet Leeffers	Deltasteur	NED	197800448	<b>44.74</b>	+0.73	
7.	Clementine Bruxvoort	SCOM/De Zeehond'73 (SG)	NED	197700138	<b>47.60</b>	+0.94	
8.	Fabienne Verriet-Regensburg	VZV Njord	NED	197500428	<b>57.12</b>	+0.82	
9.	Nicolette Zuidema	ZV 44	NED	197500978	<b>58.35</b>	+0.80	

Masters 50+

1.	Edith Janssen-Koolen	TRB-RES	NED	197300898	<b>36.16</b>	+0.84	
2.	Monique Tuijp	Ed-Vo	NED	196900800	<b>37.30</b>	+0.94	
3.	Valérie Rolland	Cercle De Natation Sportcity WolBEL	CNSW/004276/71		<b>37.79</b>	+0.63	
4.	Trudie van Niejenhuis	TZC-Vahalis	NED	197100444	<b>38.70</b>	+0.84	
5.	Henriëtte Manting-Holthuis	H2Oldambt	NED	197100246	<b>42.10</b>	+0.78	
6.	Cherry Bas-Ott	DAW	NED	197100464	<b>44.91</b>	+0.75	
7.	Nathasja Konijn	GZC Donk	NED	197100992	<b>45.41</b>	+0.78	
8.	Danielle Schipper	ZOB'66	NED	197001078	<b>48.46</b>	+0.76	

Masters 55+

1.	Allie Price	Bridgend Swim Club	GBR	547582	<b>35.77</b>	+0.68	
2.	Lesley Cordial	ZPC AMERSFOORT	NED	196700684	<b>36.03</b>	+0.66	
3.	Talje Dijkhuis	ZPC AMERSFOORT	NED	196600072	<b>38.36</b>	+0.81	
4.	Petra Blum	SG Bayer	GER	274174	<b>39.28</b>	+0.91	
5.	Jacqueline Tuin	DAW	NED	196600690	<b>39.71</b>	+0.74	
6.	Christine Buist	De Duinkickers	NED	196400608	<b>44.67</b>	+0.77	
7.	Annette van Dok	MSV-Zeemacht	NED	196800742	<b>45.51</b>	+0.89	
8.	Ageeth Westenbrink	De Rog	NED	196700712	<b>48.33</b>	+0.81	
9.	Roselinda van der Vlugt	De Geul	NED	196700710	<b>48.46</b>	+0.79	
10.	Cora Smulders	ESCA Zwemmen	NED	196600668	<b>51.92</b>	+0.71	
AFGEM	Riekje Schra	Steenwijk 1934	NED	196400404			

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Masters 60+

1.	Birgit Reichelt	SG Bayer	GER	194570	<b>38.12</b>	+0.81
	<i>Kampioenschapsrecord, German Masters Record</i>					
2.	Jacqueline Rolloos-Bakkers	NieMo Barracuda	NED	196300022	<b>43.33</b>	+0.88
3.	Marijke Kraak-Beckers	WS Twente	NED	196000240	<b>45.06</b>	+0.79
4.	Jenny Westervaarder	H2Oldambt	NED	196200424	<b>50.24</b>	+0.94

Masters 65+

1.	Atie Pijtak-Radersma	ZPC AMERSFOORT	NED	195600048	<b>38.83</b>	+0.70
	<i>Nederlands Masters Record</i>					
2.	Claire Anthony	Cercle De Natation Sportcity WolBEL	BEL	CNSW/001353/57	<b>45.86</b>	+0.82
	<i>Belgisch Masters Record</i>					
3.	Ria Peters-Veurman	ESCA Zwemmen	NED	195800242	<b>57.93</b>	+0.92
4.	Lies Hartman	PSV	NED	195600116	<b>1:02.60</b>	+0.85
5.	Mies Kuipers	Old Dutch	NED	195800202	<b>1:02.95</b>	+0.72
6.	Maryse Van Cant	Brabo Zwemclub Antwerpen	BEL	BRABO/20389/54	<b>1:07.18</b>	+0.80
7.	Karien Musters	Old Dutch	NED	195800236	<b>1:10.01</b>	+0.68

Masters 70+

1.	Christine Nieuwenhuis	SWOL 1894	NED	195100022	<b>46.43</b>	+0.85
2.	Carla Hensen	PSV	NED	195300062	<b>49.26</b>	+0.77
3.	Antoinette Gilding-Tussaud	WS Twente	NED	195000038	<b>51.34</b>	+0.77
4.	Tineke van Diggelen	ZPCH	NED	195200048	<b>53.91</b>	+0.89
5.	Fernande Blondeel-Gourmet	Cercle De Natation Sportcity WolBEL	BEL	CNSW/004901/52	<b>58.39</b> *	+0.78
6.	Geerdien Meerwaldt	De Geul	NED	195200058	<b>1:02.18</b>	+0.92
7.	Nini van Dongen-de Paepe	ZZ&PC De Devel	NED	195100044	<b>1:07.07</b>	+0.89

Masters 75+

1.	Leny Kamp	Aquapoldro	NED	194400008	<b>1:04.99</b>	+0.71
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Masters 85+

1.	Marie Smits	Old Dutch	NED	193800004	<b>1:08.64</b>	
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Programmanr. 8  
05-05-2023 - 13:19

Heren, 50m rugslag

Masters Open  
Resultaten

rang	naam	vereniging			tijd	RT	PARA
<b>Masters 20+</b>							
1.	Daan Hogerhuis	De Columbiaan	NED	200300317	<b>28.99</b>	+0.61	
2.	Jorian Darwinkel	HZ&PC Heerenveen	NED	200300565	<b>30.98</b>	+0.65	
3.	Mart de Koning	ZOB'66	NED	200203253	<b>31.14</b>	+0.71	
4.	Remco Dijkstra	HZ&PC Heerenveen	NED	200100789	<b>31.22</b>	+0.70	
5.	Tim Speijer	Bubble	NED	200301661	<b>31.44</b>	+0.61	
6.	Ilmar Stoop	Zuiderzeezwemmers	NED	200100871	<b>31.53</b>	+0.67	
7.	David Kievit	De Schotejil	NED	199900325	<b>32.04</b>	+0.85	
8.	Boyd Wijkman	MSV-Zeemacht	NED	200104759	<b>32.15</b>	+0.65	
9.	Milan de Roo	ZPC Woerden	NED	200102215	<b>32.21</b>	+0.67	
10.	Jeroen Louwinger	De Rijn	NED	199900583	<b>33.64</b>	+0.68	
11.	Mees Minneboo	MSV-Zeemacht	NED	200203465	<b>34.99</b>	+0.55	
12.	Lars Bruinink	Noord Veluwe	NED	200303865	<b>41.01</b>	+0.73	
13.	Ryan van der Sluijs	De Duck	NED	200105571	<b>42.80</b>	+0.73	

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Masters 25+

1.	Melvin Prins	TRB-RES	NED	199500201	<b>27.53</b>	+0.61	
2.	Bas Dries	Zwemvereniging Hoogland	NED	199505177	<b>29.51</b>	+0.55	
3.	Joey Papaioannou	Aqua-Novio'94	NED	199802269	<b>29.60</b>	+0.57	
4.	Robin van Beek	ZVL-1886 Center	NED	199704023	<b>29.81</b>	+0.59	
5.	John Smit	Poseidon'56	NED	199500613	<b>30.24</b>	+0.62	
6.	Martijn Lageweg	Steenwijk 1934	NED	199701323	<b>32.50</b>	+0.62	
7.	Tim van Grunsven	De Treffers	NED	199804535	<b>33.19</b>	+0.63	
8.	Kevin Kingma	ACZ	NED	199700559	<b>33.53</b>	+0.66	
9.	Erik Baalbergen	ZVL-1886 Center	NED	199805775	<b>34.43</b>	+0.88	
10.	Lars Jacobsen	DWK	NED	199705453	<b>34.89</b>	+0.74	500

Masters 30+

1.	Jeroen Matthijssen	AZC	NED	199103751	<b>30.82</b>	+0.77	
2.	Miguel Caro Van Der Poel	Club Natació Tàrraco	ESP		<b>31.86</b>	+0.73	
3.	Ruben Stolk	ZOB'66	NED	199005665	<b>33.75</b>	+0.74	
4.	Patrick Brouwer	AZC	NED	199303715	<b>34.36</b>	+0.87	
NG	Jesper Oranje	De Duck	NED	199200997			

Masters 35+

1.	Martijn Giezen	ZPC AMERSFOORT	NED	198500813	<b>30.75</b>	+0.73	
2.	Robert Braad	Steenwijk 1934	NED	198600407	<b>32.00</b>	+0.75	
3.	Albert van Piekeren	SWOL 1894	NED	198401767	<b>32.22</b>	+0.77	
4.	Pascal van Haren	NieMo Barracuda	NED	198704101	<b>33.12</b>	+0.68	
5.	Remco van der Graaf	PSV	NED	198704007	<b>35.20</b>	+0.93	
6.	Arne-Willem Kroonen	MZ&PC	NED	198401297	<b>35.42</b>	+0.73	

Masters 40+

1.	Mark Hensen	NieMo Barracuda	NED	197900497	<b>32.31</b>	+0.68	
2.	Jim Geestman	Blue Marlins	NED	198300699	<b>32.56</b>	+0.76	
3.	Paul Oudendijk	DAW	NED	198101287	<b>32.83</b>	+0.87	
4.	Heijmen van Vliet	De Geul	NED	198001637	<b>33.21</b>	+0.65	
5.	Dirk Smit	Tiamat	NED	198101559	<b>34.07</b>	+0.71	
6.	Peter Lommert	SWOL 1894	NED	197900787	<b>35.76</b>	+0.72	
7.	Rob van Wanrooy	Feijenoord Albion Zwemclub	NED	198202627	<b>35.78</b>	+0.62	
8.	Gino Martijn	RZ	NED	197901865	<b>35.88</b>	+0.60	
9.	Cetin Cetiner	Göztepe	TUR		<b>39.18</b>	+0.75	
10.	Paul Rutten	ESCA Zwemmen	NED	198001293	<b>39.89</b>	+0.86	

Masters 45+

1.	Casper Hut <i>Kampioenschapsrecord</i>	HZ&PC Heerenveen	NED	197800471	<b>29.60</b>	+0.69	
2.	Ruud Holswilder	ZPCH	NED	197800435	<b>31.32</b>	+0.69	
3.	Dennis Brouwers	HZPC	NED	197800167	<b>31.47</b>	+0.77	
	Ivo Roozeboom	WVZ	NED	197700801	<b>31.47</b>	+0.72	
5.	Jasper van Heijst	Het Y	NED	197601699	<b>32.02</b>	+0.69	
6.	Alex Damen	DAW	NED	197501371	<b>33.73</b>	+0.83	
7.	Pieter Broek	Westland Swimming Stars	NED	197701637	<b>33.76</b>	+0.64	
8.	Erwin Buist	ZPC AMERSFOORT	NED	197800183	<b>33.96</b>	+0.73	
9.	Eric Hoekman	WS Twente	NED	197401531	<b>34.42</b>	+0.64	
10.	Markus van Rest	WVZ	NED	197701197	<b>34.48</b>	+0.74	
11.	Christiaan Bouwmeester	SBC2000	NED	197600127	<b>35.88</b>	+0.93	
12.	Jeroen Hoeksel	ZVVS	NED	197401533	<b>46.17</b>	+0.88	

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Masters 50+

1.	Chester Marsman	ZPC AMERSFOORT	NED	196900671	<b>30.87</b>	+0.74
2.	Vedestas Seferlis	Kauno Takas	LTU		<b>31.89</b>	+0.59
3.	René Beetsma	HZ&PC Heerenveen	NED	196900069	<b>35.41</b>	+0.76
4.	Bruno Nahon	Cercle De Natation Sportcity WolBEL	BEL	CNSW/000390/70	<b>37.63</b>	+0.84
5.	Taco Eikelenboom	AZ&PC De Futen	NED	196900275	<b>38.77</b>	+0.85

Masters 55+

1.	Guido Keutgen	Steenwijk 1934	NED	196801551	<b>32.80</b>	+0.70
2.	Hugues Herman	Cercle De Natation Sportcity WolBEL	BEL	CNSW/009743/66	<b>35.24</b>	+0.64
3.	Pascal Tourton	ZOB'66	NED	196601343	<b>36.88</b>	
4.	Otto Jansen	ZVL-1886 Center	NED	196501403	<b>36.96</b>	+0.89
5.	Nico Swart	De Biesboschzwemmers	NED	196801475	<b>37.27</b>	+0.73
6.	Erik Saan	De Duck	NED	196500769	<b>37.78</b>	+0.75
7.	Wijam Nijenhuis	De IJsel	NED	196400547	<b>38.86</b>	+0.89
8.	Pieter-Sjoerd de Wijn	DES	NED	196501027	<b>45.77</b>	+0.97
9.	Adri Pasman	Zuiderzeezwemmers	NED	196400573	<b>50.94</b>	+0.87

Masters 60+

1.	Peter Bernsen <i>Nederlands Masters Record</i>	De Rog	NED	196301119	<b>32.19</b>	+0.63
2.	Erik Kamphuis	De Rog	NED	196001035	<b>35.30</b>	+0.71
3.	Henk Kuipers	ZPC AMERSFOORT	NED	196201207	<b>37.44</b>	+0.71
4.	Casper Dollekamp	Steenwijk 1934	NED	196301341	<b>39.18</b>	+0.71
5.	Richard Tiemstra	De Biesboschzwemmers	NED	196301397	<b>40.26</b>	+0.80

Masters 65+

1.	Mark Eligh	ZPC AMERSFOORT	NED	195700497	<b>37.81</b>	+0.86
2.	André Pantekoek	PSV	NED	195800321	<b>43.57</b>	+0.75

Masters 70+

1.	Pieter Husslage	Old Dutch	NED	195300091	<b>44.51</b>	+0.94
2.	Jan Nuijten	PSV	NED	194900175	<b>47.27</b>	+0.78
3.	Jos Kamps	Zwemvereniging Hoogland	NED	195100085	<b>47.99</b>	+0.57
4.	Rob Berkhof	SWOL 1894	NED	195200245	<b>48.88</b>	+0.96
5.	Nello Spiteri	DAW	NED	195200295	<b>59.73</b>	+0.98

Masters 75+

1.	Mans Buis	SWOL 1894	NED	194700133	<b>48.59</b> *	+0.84
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Masters 80+

1.	Rob Hanou	PSV	NED	194300109	<b>54.49</b>	+0.94
2.	Nico Baay	Old Dutch	NED	194200053	<b>55.89</b>	+0.90

Programmanr. 9  
05-05-2023 - 13:32

Dames, 200m schoolslag

Masters Open  
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
<b>Masters 20+</b>								
1. V. van den Bogert	Hieronymus	NED 200102138	<b>2:39.11</b>	+0.66	36.33	1:16.93	1:57.75	2:39.11
<i>Nederlands Masters Record</i>								
2. Silke Molendijk	ZVL-1886 Center	NED 200100178	<b>2:49.74</b>	+0.68	39.35	1:22.64	2:06.27	2:49.74
3. Malin Beuse	SG Bayer	GER 262348	<b>2:53.98</b>	+0.62	38.77	1:23.01	2:07.87	2:53.98
4. Lisanne Seising	VZC	NED 200002084	<b>2:57.95</b>	+0.72	38.94	1:24.31	2:11.54	2:57.95
5. Hannah Ledingham	SG Bayer	GER 458077	<b>2:59.83</b>	+0.66	39.87	1:25.84	2:13.19	2:59.83
6. Veerle van Munster	ZPC Woerden	NED 200102632	<b>3:00.57</b>	+0.69	40.89	1:26.60	2:13.86	3:00.57
7. Lonneke Graansma	ZVL-1886 Center	NED 199900936	<b>3:01.03</b>	+0.71	39.36	1:24.87	2:12.49	3:01.03
8. Anneke van der Laan	Orca	NED 200201154	<b>3:03.42</b>	+0.76	40.06	1:26.73	2:14.96	3:03.42
9. Elisah Velgersdijk	ZPC AMERSFOORT	NED 200102436	<b>3:10.72</b>	+0.76	42.77	1:31.32	2:20.96	3:10.72
10. Mandy Swart	De Biesboschzwemmers	NED 199904916	<b>3:16.52</b>	+0.82	45.32	1:35.72	2:26.80	3:16.52
11. Maartje Hids	ZVL-1886 Center	NED 199903042	<b>3:17.08</b>	+0.82	45.01	1:34.39	2:25.23	3:17.08
12. Cynthia Koolman	Steenwijk 1934	NED 200300232	<b>3:19.03</b>	+0.75	43.82	1:34.75	2:26.82	3:19.03
13. Sheila ten Voorde	Octopus-ZVV (SG)	NED 199904538	<b>3:19.08</b>	+0.80	43.46	1:33.69	2:25.66	3:19.08

### Masters 25+

1. Fenna de Groot	Feijenoord Albion Zwemclub	NED 199701796	<b>2:52.89</b>	+0.65	37.65	1:20.65	2:05.60	2:52.89
2. Anne Noom	Het Y	NED 199800062	<b>2:56.69</b>	+0.74	40.07	1:24.67	2:10.58	2:56.69
3. Chantal van der Horst	De Meer	NED 199400616	<b>2:57.17</b>	+0.82	41.10	1:26.39	2:11.69	2:57.17
4. Fiona Meuffels	PSV	NED 199504366	<b>3:04.18</b>	+0.69	40.46	1:26.73	2:15.89	3:04.18
5. Larissa Jansen	PSV	NED 199500660	<b>3:09.39</b>	+0.90	43.87	1:32.22	2:20.02	3:09.39
6. Roxanne van Bavel	Poseidon'56	NED 199407378	<b>3:10.85</b>	+0.71	43.72	1:32.79	2:22.38	3:10.85
7. Sanne van de Pol	De Biesboschzwemmers	NED 199800722	<b>3:11.65</b>	+0.67	43.61	1:32.12	2:21.80	3:11.65
8. Jisca Majolee	ZPC AMERSFOORT	NED 199403570	<b>3:14.22</b>	+0.88	43.87	1:33.49	2:24.86	3:14.22
9. Yvette Meijer	Zwemvereniging Hoogland	NED 199706590	<b>3:21.53</b>	+0.92	47.78	1:38.94	2:30.27	3:21.53
10. Djamari Oetringer	Aqua-Novio'94	NED 199600546	<b>3:27.16</b>	+0.79	46.05	1:37.97	2:32.44	3:27.16
11. Melanie Zondag	Moby Dick	NED 199804476	<b>3:42.93</b>	+0.93	50.27	1:46.54	2:45.34	3:42.93

### Masters 30+

1. Suzan Blankestijn	ZVL-1886 Center	NED 198900350	<b>3:00.31</b>	+0.77	40.13	1:24.73	2:11.84	3:00.31
2. Jacyntha Plat	Steenwijk 1934	NED 199002956	<b>3:00.46</b>	+0.76	40.45	1:25.98	2:13.07	3:00.46
3. Maaike de Boer	De Duinkickers	NED 199000362	<b>3:09.42</b>	+0.85	42.92	1:31.28	2:20.49	3:09.42
4. Danielle Vermeulen	Zwemlust-den Hommel	NED 199108534	<b>3:11.72</b>	+0.75	41.95	1:30.63	2:20.95	3:11.72
5. Marjan Rikken	Octopus-ZVV (SG)	NED 199206114	<b>3:37.77</b>	+0.80	47.55	1:42.77	2:40.17	3:37.77

DIS Liesa Vrielinck Mega BEL MEGA/21320/93  
*SU - Niet gezwommen in de cyclus van eerst armslag dan beenslag of een onvolledige cyclus (behalve bij de laatste slag voor keer- of eindpunt)*

### Masters 35+

1. Sabine Zimmermann	Aachener SV 06	GER 101578	<b>2:55.96</b>	+0.75	40.56	1:25.92	2:11.46	2:55.96
2. Daniëlle Reijnders	AquaAmigos	NED 198504234	<b>2:57.07</b>	+0.73	39.86	1:25.34	2:11.67	2:57.07
3. S. van der Linden	DIO	NED 198802736	<b>3:02.65</b>	+0.82	41.29	1:27.30	2:14.75	3:02.65
4. Liesbeth van Mill	Zwemlust-den Hommel	NED 198702786	<b>3:11.92</b>	+0.78	43.68	1:32.29	2:22.32	3:11.92
5. Linda van Klei	GZC Donk	NED 198802088	<b>3:13.96</b>	+0.75	44.00	1:32.28	2:22.25	3:13.96

DIS Isaline Manchel Cercle De Natation Sportcity BELuCNSW/001284/85  
*SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.*

Programmanr. 9, Dames, 200m schoolslag

Masters 40+

1. Laura Badoux	DAW	NED 198200038	<b>2:53.58</b>	+0.83	39.05	1:23.76	2:09.26	2:53.58
<i>Nederlands Masters Record</i>								
2. Claudia Schönitz	SV Gronau 1910 e.V.	GER 091249	<b>3:10.15</b>	+0.93	42.21	1:30.11	2:19.40	3:10.15
3. Angela Giezen	Zwemvereniging Hoogland	NED 198302796	<b>3:22.09</b>	+0.78	47.24	1:38.87	2:30.65	3:22.09
4. Roelien Stegeman	ZV 44	NED 198102350	<b>3:22.18</b>	+0.80	45.80	1:37.70	2:29.83	3:22.18
5. Aafke Groot	De Geul	NED 198302748	<b>3:31.70</b>	+0.94	49.33	1:43.47	2:38.10	3:31.70
6. Simone Weijland	ZV 44	NED 197901610	<b>3:57.18</b>	+0.91	52.57	1:51.73	2:55.17	3:57.18

Masters 45+

1. Liselotte Joling	PSV	NED 197500268	<b>3:13.40</b>	+0.89	43.77	1:34.22	2:25.66	3:13.40
2. Rachel Trainor	De Duck	NED 197700670	<b>3:19.81</b>	+0.80	44.33	1:34.84	2:27.32	3:19.81
3. Monica Korndewal	ZPC AMERSFOORT	NED 197701258	<b>3:31.52</b>	+0.81	46.34	1:39.27	2:35.59	3:31.52
4. Inge Roskam	De Duinkickers	NED 197801296	<b>3:37.58</b>	+0.79	47.63	1:43.36	2:41.85	3:37.58
5. Fabiola Bosman	Deltasteur	NED 197701148	<b>3:47.05</b>	+0.75	52.40	1:51.02	2:50.00	3:47.05
6. Ilonka van der Meer	GZC Donk	NED 197601168	<b>3:56.68</b>		52.10	1:50.74	2:53.58	3:56.68

Masters 50+

1. Katharina Schlipp	De Vliet (SG)	NED 197301004	<b>3:15.64</b>	+0.58	43.92	1:32.03	2:23.85	3:15.64
2. Bianca Groot	MSV-Zeemacht	NED 197000652	<b>3:17.33</b>	+0.84	44.76	1:35.34	2:26.68	3:17.33
3. Iris van Aurich	DWK	NED 196900866	<b>3:17.71</b>	+0.62	45.93	1:37.08	2:28.28	3:17.71
4. Pascalie Janssen	Patrick-De Roersoppers (SG)	NED 197300852	<b>3:23.25</b>	+0.88	46.45	1:37.54	2:30.26	3:23.25
5. Trudie van Niejenhuis	TZC-Vahalis	NED 197100444	<b>3:23.48</b>	+0.82	46.93	1:38.50	2:31.21	3:23.48
6. Kathy Van Lindt	Cercle De Natation Sportcity	BELuCNSW/007949/71	<b>3:23.89</b>	+0.90	46.66	1:39.08	2:31.12	3:23.89
7. Greta Wyma-Teitsma	DWK	NED 197100696	<b>4:02.49</b>	+0.97	54.36	1:55.43	2:58.31	4:02.49
8. Annette Spies	LinK	NED 197001110	<b>4:15.66</b>	+0.98	57.27	2:02.76	3:09.48	4:15.66

Masters 55+

1. Annette Wijnja-Visser	De Biesboschzwemmers	NED 196700528	<b>3:11.37</b>	+0.68	43.58	1:32.02	2:21.74	3:11.37
2. A. Korving-Leijenaar	Aqualero	NED 196700662	<b>3:25.39</b>	+0.71	46.26	1:38.33	2:31.45	3:25.39
3. K. van Nassau-van den	Old Dutch	NED 196600188	<b>3:42.60</b>	+0.96	49.81	1:45.34	2:43.37	3:42.60
4. Wilna Heijman	Steenwijk 1934	NED 196400506	<b>3:46.86</b>	+0.71	51.18	1:48.99	2:49.46	3:46.86
5. M. Flammang-Wagener	Cercle de Natation Dudelange	LUX 4652	<b>4:14.82</b>	+0.87	57.03	2:02.96	3:08.54	4:14.82

Masters 60+

1. P. Tossings-van de Hoo	GZC Donk	NED 196100376	<b>3:35.25</b>	+0.77	49.80	1:44.13	2:40.34	3:35.25
2. Yoka de Vegt-van Dijk	ESCA Zwemmen	NED 196200420	<b>3:38.94</b>	+0.86	49.56	1:46.06	2:43.37	3:38.94
3. A. Vuist-Blum	SWOL 1894	NED 196300282	<b>3:42.14</b>	+0.92	50.57	1:46.28	2:43.65	3:42.14
4. Linda Wibbelink	Steenwijk 1934	NED 195900158	<b>3:46.15</b>	+0.91	49.39	1:46.65	2:45.83	3:46.15
5. Hannie Poletiek	TriVia	NED 195900278	<b>4:03.24</b>	+0.96	55.36	1:56.93	3:00.13	4:03.24
6. Lia Bijkerk	GZC Donk	NED 196000014	<b>4:04.01</b>	+0.94	56.16	1:59.68	3:03.86	4:04.01
7. W. Schoenmaker-ter Ven	DWK	NED 195900254	<b>4:15.98</b>	+0.89	56.54	2:00.42	3:07.45	4:15.98

Masters 65+

1. Liudmila Skopina	Cercle De Natation Sportcity	BELuCNSW/010673/57	<b>3:46.94</b>	+0.80	50.42	1:48.10	2:47.46	3:46.94
2. Marijke van Hoek	ZPC De Zeeuwse Kust	NED 195800050	<b>3:48.31</b>	* +0.81	51.77	1:49.78	2:49.47	3:48.31
3. Ria Peters-Veurman	ESCA Zwemmen	NED 195800242	<b>4:25.28</b>		1:01.01	2:08.59	3:18.21	4:25.28
4. Mies Kuipers	Old Dutch	NED 195800202	<b>5:11.83</b>	* +0.96	1:13.44	2:33.86	3:56.82	5:11.83

Masters 70+

1. Tineke van Diggelen	ZPCH	NED 195200048	<b>4:38.11</b>		1:04.41	2:15.46	3:27.96	4:38.11
2. N. van Dongen-de Paep	ZZ&PC De Devel	NED 195100044	<b>5:17.57</b>		1:11.72	2:33.65	3:56.89	5:17.57

Programmanr. 9, Dames, 200m schoolslag

Masters 75+

1. A. Verhoeven - SteggerDe Duinkickers	NED 194600024	<b>4:46.07</b>	1:10.64	2:24.95	3:39.46	4:46.07
2. L. van Huissteden ZPC AMERSFOORT	NED 194500002	<b>4:50.06</b>	1:09.03	2:23.17	3:38.25	4:50.06

Programmanr. 10  
05-05-2023 - 14:06

Heren, 200m schoolslag

Masters Open  
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
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Masters 20+

1. Benjamin Vermeulen	De Bevelanders	NED 200003721	<b>2:35.69</b>	+0.81	34.58	1:14.25	1:54.65	2:35.69
2. D. van den Nieuwendijk	De Columbiaan	NED 200100475	<b>2:38.25</b>	+0.77	34.73	1:14.73	1:55.79	2:38.25
3. Jelle Opmeer	ZPC AMERSFOORT	NED 200100269	<b>2:38.95</b>	+0.68	34.41	1:14.82	1:56.48	2:38.95
4. Guus Hoogduin	ZVL-1886 Center	NED 200201069	<b>2:43.96</b>	+0.60	37.07	1:18.76	2:01.19	2:43.96
5. Robin van Peenen	ZVL-1886 Center	NED 200201059	<b>2:44.76</b>	+0.74	34.07	1:15.64	1:59.73	2:44.76
6. Boaz Troost	ZOB'66	NED 200100371	<b>2:56.10</b>	+0.77	37.52	1:22.77	2:10.10	2:56.10
7. Julian Mes	ZOB'66	NED 200103755	<b>3:04.83</b>	+0.78	40.64	1:27.72	2:17.19	3:04.83
8. T. van Scheepen	Steenwijk 1934	NED 200001387	<b>3:10.81</b>	+0.59	42.33	1:30.22	2:20.05	3:10.81

Masters 25+

1. Mateusz Kobus	H2O	NED 199505963	<b>2:33.60</b>	+0.72	33.65	1:12.63	1:52.98	2:33.60
2. Bert Duivenvoorde	Noordwijkerhout	NED 199701805	<b>2:38.39</b>	+0.68	35.90	1:16.36	1:57.55	2:38.39
3. Stefan Petersen	Blue Marlins	NED 199403067	<b>2:39.17</b>	+0.69	35.77	1:16.60	1:59.19	2:39.17
4. Jurre Stammes	ESCA Zwemmen	NED 199701843	<b>2:40.01</b>	+0.70	35.02	1:15.37	1:57.31	2:40.01
5. Richard van der Horst	De Meer	NED 199700179	<b>2:42.15</b>	+0.70	37.21	1:18.70	2:00.94	2:42.15
6. Ian van Mullem	ZOB'66	NED 199602545	<b>2:59.86</b>	+0.59	39.58	1:24.97	2:12.43	2:59.86
7. Colin Degenaars	ZPCH	NED 199505951	<b>3:27.83</b>	+0.81	47.41	1:41.43	2:34.87	3:27.83
8. Rick Vaarkamp	Triton Putten	NED 199404979	<b>3:48.93</b>	+0.99	49.22	1:48.46	2:50.06	3:48.93
NG Renzo Strang	De Duinkickers	NED 199801151						

Masters 30+

1. Sander de Vrugt	ESCA Zwemmen	NED 198903499	<b>2:42.59</b>	+0.62	34.76	1:15.84	1:58.58	2:42.59
2. Patrick Creemers	RZ	NED 199000579	<b>2:45.21</b>	+0.73	36.48	1:18.52	2:01.44	2:45.21
3. Jeroen Burggraaf	De Blauwe Schuur	NED 199000467	<b>2:53.17</b>	+0.82	39.75	1:24.05	2:09.45	2:53.17
4. Romke van Dijk	Zwemvereniging Hoogland	NED 199007679	<b>3:11.47</b>	+0.93	43.19	1:31.58	2:20.95	3:11.47

Masters 35+

1. Yuri van Omme	Zwemvereniging Hoogland	NED 198501887	<b>2:37.39</b>	+0.79	34.56	1:14.15	1:55.17	2:37.39
2. Albert van Piekeren	SWOL 1894	NED 198401767	<b>2:51.00</b>	+0.80	38.83	1:21.90	2:06.08	2:51.00
3. Rob van Vliet	ZPC AMERSFOORT	NED 198402459	<b>2:53.64</b>	+0.78	38.72	1:22.29	2:07.67	2:53.64
4. Ricardo van Dam	AZC	NED 198503965	<b>2:56.60</b>	+0.77	39.04	1:24.91	2:12.47	2:56.60
5. Dennis Kraakman	DAW	NED 198705325	<b>2:56.86</b>	+0.74	37.96	1:23.55	2:10.43	2:56.86
6. Harmen Reemst	ZOB'66	NED 198702715	<b>3:01.34</b>	+0.80	40.23	1:26.31	2:14.17	3:01.34
7. Nicky Valentijn	AquAmigos	NED 198806175	<b>3:23.46</b>	+0.77	44.15	1:35.38	2:29.16	3:23.46

Masters 40+

1. Kristiaan Lenos	ZVL-1886 Center	NED 198301331	<b>2:48.24</b>	+0.75	36.01	1:17.82	2:02.50	2:48.24
2. Marcel Reefhuis	WS Twente	NED 198101381	<b>2:53.52</b>	+0.68	38.01	1:22.23	2:07.68	2:53.52
3. Dirk Smit	Tiamat	NED 198101559	<b>3:00.26</b>	+0.67	40.95	1:26.76	2:14.00	3:00.26
4. Dennis de Groot	De Zwoer	NED 198300785	<b>3:01.49</b>	+0.69	40.23	1:26.03	2:12.98	3:01.49
5. Ferry Blangé	ZOB'66	NED 198300185	<b>3:02.82</b>	+0.89	40.98	1:28.13	2:16.49	3:02.82
6. Arjan Buijsse	Sassenheim	NED 197901767	<b>3:05.72</b>	+0.84	41.25	1:28.21	2:16.15	3:05.72



Programmanr. 10, Heren, 200m schoolslag

Masters 45+

1. Vincent Versteeg	Zwemlust-den Hommel	NED 197701003	<b>2:40.86</b>	+0.73	34.92	1:15.70	1:58.02	2:40.86
<i>Kampioenschapsrecord</i>								
2. Victor Barnar	GoSwim	NED 197801805	<b>2:41.22</b>	+0.71	35.59	1:16.08	1:58.08	2:41.22
3. Kees Bakker	Gay Swim Amsterdam	NED 197501055	<b>2:55.52</b>	+0.53	39.31	1:24.38	2:11.07	2:55.52
4. Bogdan Androne	Sassenheim	NED 197701783	<b>3:18.07</b>	+0.65	39.57	1:27.55	2:21.17	3:18.07
5. M. van Walt van Praag	Gay Swim Amsterdam	NED 197501425	<b>3:29.59</b>	+0.74	49.61	1:44.27	2:39.26	3:29.59

Masters 50+

1. Paul van den Heuvel	Arethusa	NED 197000441	<b>2:58.14</b>	+0.73	39.76	1:25.45	2:12.85	2:58.14
2. Michael van Bekkum	SWOL 1894	NED 197200051	<b>3:03.15</b>	+0.80	41.16	1:27.66	2:15.47	3:03.15
3. Martijn de Jong	DWK	NED 197101659	<b>3:08.09</b>	+0.83	40.49	1:29.07	2:18.53	3:08.09
4. Bas Kremers	TRB-RES	NED 197201611	<b>3:08.36</b>	+0.72	41.59	1:29.86	2:20.44	3:08.36
5. Hans Schoenmakers	DAW	NED 196900863	<b>3:08.40</b>	+0.74	40.75	1:28.81	2:19.33	3:08.40
6. Jacques Verriet	VZV Njord	NED 197001039	<b>3:15.47</b>	+0.76	44.62	1:35.33	2:25.77	3:15.47
7. Alberto Randazzo	DES	NED 197101757	<b>3:20.33</b>	+0.84	44.11	1:35.35	2:29.52	3:20.33
8. Rob van de Ven	Neptunus'58	NED 197101695	<b>3:21.89</b>	+0.70	44.85	1:35.13	2:27.82	3:21.89

Masters 55+

1. J. van den Berg	WVZ	NED 196801575	<b>2:53.82</b>	+0.77	39.10	1:23.09	2:07.98	2:53.82
2. Harold Matla	PSV	NED 196800591	<b>3:02.96</b>	+0.97	40.99	1:27.63	2:16.53	3:02.96
3. Arno Schrauwen	Patrick-De Roersoppers (SG)	NED 196501355	<b>3:11.73</b>	+0.81	42.79	1:32.18	2:22.51	3:11.73
4. Gertjan van der Vaart	ZVVS	NED 196801529	<b>3:43.67</b>	+0.70	48.42	1:45.83	2:46.04	3:43.67
5. Pierre de Groot	GZC Donk	NED 196401431	<b>3:51.26</b>	+0.89	51.60	1:49.71	2:50.85	3:51.26
6. Maarten Koolman	Steenwijk 1934	NED 196801649	<b>4:39.68</b>		54.49	2:01.62	3:19.56	4:39.68

Masters 60+

1. Edwin v. Norden	ZPC AMERSFOORT	NED 196300563	<b>3:02.77</b>	+0.75	40.80	1:27.11	2:15.64	3:02.77
2. Gert Sikkema	Zwemclub Urk 1978	NED 196300687	<b>3:14.28</b>	+0.70	42.96	1:31.72	2:22.85	3:14.28
3. Ronald Grove	Triton	NED 196100161	<b>3:16.76</b>	+0.77	43.67	1:35.02	2:27.53	3:16.76
4. Rob Hemesath	PSV	NED 196100189	<b>3:27.82</b>	+0.98	46.41	1:38.59	2:33.55	3:27.82
5. Jack Barends	WS Twente	NED 196201011	<b>3:39.08</b>	+0.92	50.27	1:46.24	2:43.21	3:39.08
6. Christian Schoenaers	Cercle De Natation Sportcity	BELuCNSW/007131/59	<b>3:49.72</b>		51.50	1:49.64	2:50.10	3:49.72
7. Günther Brod	SSG Saar Max Ritter SV08	GER 234041	<b>4:14.76</b>	+0.90	56.74	2:01.66	3:08.68	4:14.76

Masters 65+

1. Sigitas Katkevicius	Dzukijos Vandenis	LTU	<b>2:59.64</b>	+0.69	41.98	1:29.24	2:15.50	2:59.64
2. Wim de Lange	AZC	NED 195800533	<b>3:26.58</b>	+0.71	44.20	1:36.00	2:30.47	3:26.58
3. Paul Bunnik	Triton	NED 195600413	<b>3:39.47</b>	+0.87	47.97	1:44.41	2:43.40	3:39.47
4. André Pantekoek	PSV	NED 195800321	<b>4:26.34</b>		57.19	2:05.77	3:19.73	4:26.34

Masters 70+

1. Piet Schop	De Bevelanders	NED 195000109	<b>4:06.33</b>	* +0.70	53.09	1:55.32	3:01.55	4:06.33
DIS Rob Berkhof	SWOL 1894	NED 195200245						

SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.

Masters 75+

1. Mans Buis	SWOL 1894	NED 194700133	<b>4:49.87</b>		1:06.70	2:22.12	3:38.02	4:49.87
2. Nico van Dongen	ZZ&PC De Devel	NED 194800159	<b>5:39.17</b>		1:12.35	2:40.59	4:11.65	5:39.17

Masters 80+

1. Rob Hanou	PSV	NED 194300109	<b>4:11.19</b>		55.28	2:01.48	3:08.67	4:11.19
2. Nico Baay	Old Dutch	NED 194200053	<b>4:17.04</b>	+0.84	56.59	2:01.35	3:08.65	4:17.04

Programmanr. 11  
05-05-2023 - 14:49

Dames, 50m vrije slag

Masters Open  
Resultaten

rang	naam	vereniging		tijd	RT	PARA
<b>Masters 20+</b>						
1.	Babette van der Kaaij	Blue Marlins	NED 199902234	<b>27.48</b>	+0.56	
2.	Leonie van Wier	HZ&PC Heerenveen	NED 200200436	<b>27.88</b>	+0.67	
3.	Lianne van Wier	HZ&PC Heerenveen	NED 200200438	<b>28.09</b>	+0.62	
4.	Amber Hesper	VZC	NED 200202188	<b>28.30</b>	+0.75	
5.	Laura Setz	Bubble	NED 200000130	<b>28.42</b>	+0.85	
6.	Kim Vos	Triton Putten	NED 200000990	<b>28.65</b>	+0.73	
7.	Janice Provoost	ZPC De Zeeuwse Kust	NED 200303076	<b>28.86</b>	+0.68	
8.	Alisha Vieira	Blue Marlins	NED 199904554	<b>29.43</b>	+0.70	
9.	Sanne Kloezen	Bubble	NED 200204644	<b>29.55</b>	+0.62	
10.	Michelle van den Hoofdakker	Steenwijk 1934	NED 200302708	<b>29.76</b>	+0.79	
11.	Noa de Bock	De Duck	NED 200300318	<b>29.77</b>	+0.68	
12.	Malin Beuse	SG Bayer	GER 262348	<b>30.05</b>	+0.69	
13.	Marijke Drent	Bubble	NED 199906232	<b>30.19</b>	+0.76	
14.	Alies Wagter	Steenwijk 1934	NED 199900840	<b>30.20</b>	+0.82	
15.	Hanna Looi	Blue Marlins	NED 200006090	<b>30.32</b>	+0.59	
16.	Sacha van den Dobbelsteen	Blue Marlins	NED 200100904	<b>30.64</b>	+0.64	
17.	Hannah Ledingham	SG Bayer	GER 458077	<b>30.87</b>	+0.57	
18.	Merel van den Heuvel	De Meer	NED 200201784	<b>30.89</b>	+0.60	
19.	Welmoed Doornbos	De IJsselmeeuwen	NED 200203352	<b>30.96</b>	+0.62	
	Esmee Kloezen	Bubble	NED 200204646	<b>30.96</b>	+0.75	
21.	Ann Kathrin Wutz	SG Bayer	GER 258129	<b>31.20</b>	+0.65	
22.	Elisah Velgersdijk	ZPC AMERSFOORT	NED 200102436	<b>31.23</b>	+0.73	
23.	Sheila ten Voorde	Octopus-ZVV (SG)	NED 199904538	<b>31.25</b>		
24.	Nana Dekkers	Neptunus'58	NED 200206220	<b>31.57</b>	+0.75	
25.	Marielle van der Vaart	ZVVS	NED 200000994	<b>31.65</b>	+0.75	
26.	Mandy Swart	De Biesboschwimmers	NED 199904916	<b>31.78</b>	+0.89	
27.	Jet Kleine	MSV-Zeemacht	NED 199903384	<b>32.54</b>	+0.65	
28.	Marouscha de Vries	DAW	NED 199906628	<b>32.68</b>	+0.69	
29.	Lianne Dekker	DAW	NED 200305438	<b>32.74</b>	+0.74	
30.	Nina Snippe	Zwemvereniging Hoogland	NED 200203482	<b>33.22</b>	+0.83	
31.	Tove Kienhuis	Aqua'68	NED 200203486	<b>33.43</b>	+0.73	
32.	Ilse Hallie	Octopus-ZVV (SG)	NED 200200128	<b>33.66</b>	+0.77	
33.	Ymke van Dongen	AquAmigos	NED 200202662	<b>35.22</b>	+0.79	
34.	Selma Boertien	Aqua'68	NED 200203834	<b>36.15</b>	+0.77	
AFGEM	Kyra Wesemann	MSV-Zeemacht	NED 200201440			

**Masters 25+**

1.	Marjolein Delno	VZC	NED 199400024	<b>27.15</b>	+0.73	
2.	Tamara Grove	De Dolfijn	NED 199601266	<b>27.48</b>	+0.70	
3.	Selene Wortel	Hieronymus	NED 199700654	<b>27.84</b>	+0.66	
4.	Marre Zandringa	Orca	NED 199701136	<b>28.21</b>	+0.68	
5.	Nora Bohler	Schwammclub Déifferdang	LUX 15712	<b>28.54</b>	+0.67	
6.	Karin Groen	Nova	NED 199502440	<b>28.74</b>	+0.66	
7.	Moniek van Langevelde	ESCA Zwemmen	NED 199803160	<b>28.97</b>	+0.74	
8.	Sanne van de Pol	De Biesboschwimmers	NED 199800722	<b>30.18</b>	+0.66	
9.	Linda Kamperman	Zwemlust-den Hommel	NED 199601238	<b>30.38</b>	+0.72	
10.	Amy Kieboom	AquAmigos	NED 199502580	<b>30.39</b>	+0.72	
11.	Karen Stolk	ZVL-1886 Center	NED 199403950	<b>30.58</b>	+0.74	
12.	Larissa Jansen	PSV	NED 199500660	<b>30.71</b>	+0.74	
13.	Whitney van Hoeckel	DIO	NED 199402390	<b>30.99</b>	+0.72	
14.	Laura Scheffer	GoSwim	NED 199407222	<b>31.42</b>	+0.54	
15.	Alma Janssen	Z&PC Zegenwerp	NED 199401078	<b>32.22</b>	+0.67	
16.	Margien Timmer	ZVL-1886 Center	NED 199506760	<b>32.49</b>	+0.74	
17.	Roxanne van Bavel	Poseidon'56	NED 199407378	<b>32.71</b>	+0.68	
18.	Rachel Trapman	De Duinkickers	NED 199606760	<b>32.76</b>	+0.75	
19.	Anouk van der Lans	Westland Swimming Stars	NED 199801614	<b>33.11</b>	+0.82	
20.	Eline Hendriks	ZPC AMERSFOORT	NED 199802794	<b>34.01</b>	+0.83	
21.	Eline Molle	De Geul	NED 199404276	<b>34.64</b>	+0.83	
22.	Elly Peters	H2O	NED 199407568	<b>48.96</b>		

Programmanr. 11, Dames, 50m vrije slag

Masters 30+

1.	Danique Stoop	Zuiderzeewimmers	NED	199106956	<b>28.25</b>	+0.69
2.	Lisa Klatten	WVZ	NED	199203628	<b>28.67</b>	+0.73
3.	Elmi Roelofsen	Octopus-ZVV (SG)	NED	199008198	<b>28.78</b>	+0.82
4.	Denise Boereboom	NieMo Barracuda	NED	199202144	<b>29.05</b>	+0.67
5.	Saskia de Klerk	GoSwim	NED	199004612	<b>29.26</b>	+0.70
6.	Liesja Vrielinck	Mega	BEL	MEGA/21320/93	<b>29.41</b>	+0.73
7.	Daphne Robijn-Jongedijk	EZCL (SG)	NED	198903520	<b>30.39</b>	+0.73
8.	Phedra Van Daele	Mega	BEL	MEGA/21311/93	<b>30.40</b>	+0.73
9.	Leontine Groeneveldt	De Duck	NED	199303526	<b>30.91</b>	+0.70
10.	Getrude Corporaal	Steenwijk 1934	NED	199200380	<b>31.26</b>	+0.66
11.	Nikki Hoogeboom	De IJsel	NED	199301196	<b>31.28</b>	+0.82
12.	Kimberley van Buren	De Duck	NED	199304136	<b>31.44</b>	+0.85
13.	Relinda Baas	TriVia	NED	198900144	<b>32.18</b>	+0.79
14.	Adela Vázquez García	ZVL-1886 Center	NED	199307952	<b>32.51</b>	+0.69
15.	Celine Bakker	DAW	NED	199302562	<b>33.37</b>	+0.63
16.	Jacoline van den Beukel	NieMo Barracuda	NED	199100238	<b>33.41</b>	+0.75
17.	Lonneke Oenema	Steenwijk 1934	NED	199102314	<b>33.80</b>	+0.74
18.	Maaïke Karsten	Zwemvereniging Hoogland	NED	199103832	<b>34.73</b>	+0.98
19.	Ilse Blankvoort	Steenwijk 1934	NED	199204458	<b>35.14</b>	+0.91
20.	Marjan Rikken	Octopus-ZVV (SG)	NED	199206114	<b>35.17</b>	+0.85

Masters 35+

1.	Marije Jansen	ZPC AMERSFOORT	NED	198504088	<b>29.92</b>	+0.62
2.	Nienke van Stipriaan	PSV	NED	198703970	<b>30.96</b>	+0.94
3.	Sandra Schellekens	Neptunus'58	NED	198503416	<b>31.92</b>	+0.78
4.	Renee de Kok	PSV	NED	198403350	<b>32.21</b>	+0.71
5.	Marianne de Bruin	Sassenheim	NED	198400448	<b>32.25</b>	+0.65
6.	Kim Visser	H2Oldambt	NED	198704350	<b>34.87</b>	+0.83
7.	Hanneke Heymen	WS Twente	NED	198400968	<b>36.20</b>	+0.93
8.	Angelique Wammes-Bouman	Zwemvereniging Hoogland	NED	198403604	<b>37.79</b>	+0.74
9.	Janna Brummel	SwimGym	NED	198807018	<b>41.43</b>	+0.83

Masters 40+

1.	Anke Lambooj	De Vliet (SG)	NED	198001182	<b>28.91</b>	+0.78
2.	Anne-Marie Verschoor-Vos	De Biesboschzwimmers	NED	198102300	<b>30.38</b>	+0.82
3.	Claudia Schönitz	SV Gronau 1910 e.V.	GER	091249	<b>30.60</b>	+0.85
4.	Miranda Pijnenburg	De Treffers	NED	198301216	<b>30.86</b>	+0.78
5.	Chantal Verhoeff	Old Dutch	NED	197900912	<b>31.57</b>	+0.89
6.	Elke Popma - Blox	Tiamat	NED	198200154	<b>32.02</b>	+0.66
7.	Patricia Brooijmans	Old Dutch	NED	197901608	<b>32.22</b>	+0.84
8.	Leonie Scholten	Steenwijk 1934	NED	197901560	<b>37.09</b>	+0.84
9.	Karin Vermeer	De Rog	NED	198302918	<b>38.70</b>	+0.62
10.	Simone Weijland	ZV 44	NED	197901610	<b>40.77</b>	+0.79
DIS	Saskia op den Velde	De Duinkickers	NED	197901530		+0.71

AA - De start ingezet voor het startsignaal (en wel gezwommen).

Masters 45+

1.	Jeanette Seitz	SSV Ulm 1846	GER		<b>29.21</b>	+0.73
2.	Claudia van Drunen	AquAmigos	NED	197700810	<b>29.76</b>	+0.69
3.	Nathalie Blondeel	Cercle De Natation Sportcity WolBEL	BEL	CNSW/004784/77	<b>30.55</b>	+0.66
4.	Monique Boets	Stadskanaal	NED	197600230	<b>30.72</b>	+0.76
5.	Ilona Hogerheyde	DAW	NED	197400224	<b>31.37</b>	+0.76
6.	Katinka van Dongen	ZZ&PC De Devel	NED	197700190	<b>31.46</b>	+0.71
7.	Petra Guijt	Aqua-Novio'94	NED	197600978	<b>32.09</b>	+0.87
8.	Marian Nederlof	De Geul	NED	197600950	<b>34.10</b>	+0.71
9.	Sandra Van der Helm	De Rog	NED	197801340	<b>34.89</b>	+0.77
10.	Anuschka Glazema-Boelema	Stadskanaal	NED	197701166	<b>35.02</b>	+0.80
11.	Margriet Leeffers	Deltasteur	NED	197800448	<b>36.11</b>	+0.96
12.	Tiffany Tsui	Zwemvereniging Hoogland	NED	197401110	<b>37.36</b>	+0.81
13.	Nicolette Zuidema	ZV 44	NED	197500978	<b>40.16</b>	+0.75

Programmanr. 11, Dames, 50m vrije slag, Masters 45+

rang	naam	vereniging			tijd	RT	PARA
14.	Fabienne Verriet-Regensburg	VZV Njord	NED	197500428	<b>44.54</b>	+0.91	

Masters 50+

1.	Carla Geurts	PSV	NED	197100178	<b>29.77</b>	+0.72	
2.	Monique Tuijp	Ed-Vo	NED	196900800	<b>29.89</b>	+0.74	
3.	Yvette Ratering	De Ward	NED	197200990	<b>30.72</b>	+0.87	
4.	Jenny Bergwerff	ZPC AMERSFOORT	NED	197200848	<b>30.74</b>	+0.77	
5.	Edith Janssen-Koolen	TRB-RES	NED	197300898	<b>30.76</b>	+0.62	
6.	Annette de Visser	Oceanus	NED	197100602	<b>31.59</b>	+0.83	
7.	Valérie Rolland	Cercle De Natation Sportcity WolBEL	CNSW/004276/71		<b>31.87</b>	+0.65	
8.	Jeanne Petit	PSV	NED	197001020	<b>32.42</b>	+0.57	
9.	Regine Beckers-Stribos	De Rog	NED	197000492	<b>32.82</b>	+0.83	
10.	Mariska van Doorn	Arethusa	NED	197200444	<b>33.14</b>	+0.93	
11.	Marijke Campfens	De Geul	NED	196900960	<b>35.65</b>		
12.	Henriëtte Manting-Holthuis	H2Oldambt	NED	197100246	<b>36.17</b>	+0.94	
13.	Daniëlle Schipper	ZOB'66	NED	197001078	<b>37.36</b>	+0.77	
14.	Nicole Millers	SV Wuppertal Neuenhof	GER	414983	<b>37.56</b>	+0.71	
15.	Kristien Van de Moortel	Shark	BEL	ShaRK/20315/69	<b>39.06</b>	+0.85	
16.	Annette Spies	LinK	NED	197001110	<b>39.86</b>	+0.92	

Masters 55+

1.	Lesley Cordial	ZPC AMERSFOORT	NED	196700684	<b>30.45</b>	+0.43	
2.	Ariene Knoester	Aqua-Novio'94	NED	196700716	<b>32.53</b>	+0.81	
3.	Jacqueline Tuin	DAW	NED	196600690	<b>32.72</b>	+0.75	
4.	Katja De Beer	De Rog	NED	196800888	<b>33.87</b>	+0.77	
5.	Annette Wijnja-Visser	De Biesboschzweimmers	NED	196700528	<b>33.98</b>	+0.78	
6.	Talje Dijkhuis	ZPC AMERSFOORT	NED	196600072	<b>34.21</b>	+0.68	
7.	Petra Casteleijn	ZPC AMERSFOORT	NED	196600098	<b>34.27</b>		
8.	Arienne Hamakers	De Rog	NED	196700714	<b>34.54</b>	+0.96	
9.	Ania Bultena-Rusek	TriVia	NED	196600764	<b>36.73</b>	+0.75	
10.	Sandra Daamen-Posma	AZC	NED	196800854	<b>36.75</b>	+0.74	
11.	Christine Buist	De Duinkickers	NED	196400608	<b>38.82</b>		
12.	Ageeth Westenbrink	De Rog	NED	196700712	<b>39.81</b>	+0.92	
13.	Roselinda van der Vlugt	De Geul	NED	196700710	<b>40.98</b>	+0.63	
14.	Erica Muller	De Geul	NED	196400412	<b>41.04</b>	+0.77	
15.	Annette van Dok	MSV-Zeemacht	NED	196800742	<b>41.45</b>	+0.79	
16.	Anne Boly	Cercle de Natation Dudelange	LUX	10868	<b>44.16</b>	+0.96	
17.	Cora Smulders	ESCA Zwemmen	NED	196600668	<b>45.54</b>	+0.50	
18.	M. Flammang-Wagener	Cercle de Natation Dudelange	LUX	4652	<b>57.59</b>	+0.86	
AFGEM	Riekje Schra	Steenwijk 1934	NED	196400404			

Masters 60+

1.	Birgit Reichelt	SG Bayer	GER	194570	<b>32.50</b>	+0.75	
2.	Marijke Kraak-Beckers	WS Twente	NED	196000240	<b>35.68</b>	+0.89	
3.	Linda Wibbelink	Steenwijk 1934	NED	195900158	<b>36.06</b>		
4.	Yoka de Vegt-van Dijk	ESCA Zwemmen	NED	196200420	<b>38.51</b>	+0.84	
5.	Jenny Westervaarder	H2Oldambt	NED	196200424	<b>40.77</b>	+0.92	
NG.ZA	Nicole Feitler	Cercle de Natation Dudelange	LUX	4235			

Masters 65+

1.	Atie Pijtak-Radersma <i>Nederlands Masters Record</i>	ZPC AMERSFOORT	NED	195600048	<b>31.29</b>	+0.61	
2.	Marijke van Hoek	ZPC De Zeeuwse Kust	NED	195800050	<b>36.08</b>	+0.76	
3.	Brigitte Dugauquier	Cercle De Natation Sportcity WolBEL	CNSW/011938/55		<b>41.99</b>	+0.87	
4.	Karien Musters	Old Dutch	NED	195800236	<b>51.18</b>	+0.64	
5.	Lies Hartman	PSV	NED	195600116	<b>1:01.77</b>		

Programmanr. 11, Dames, 50m vrije slag

Masters 70+

1.	Christine Nieuwenhuis	SWOL 1894	NED	195100022	<b>34.68</b>	+0.43
2.	Carla Hensen	PSV	NED	195300062	<b>42.91</b>	
3.	Fernande Blondeel-Gourmet	Cercle De Natation Sportcity WolBEL	BEL	CNSW/004901/52	<b>46.51</b>	+0.87
4.	Geerdien Meerwaldt	De Geul	NED	195200058	<b>52.88</b>	

Masters 75+

1.	Annet Verhoeven - Steggerda	De Duinkickers	NED	194600024	<b>51.84</b>	
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Masters 85+

1.	Marie Smits	Old Dutch	NED	193800004	<b>51.95</b>	
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Programmanr. 12  
05-05-2023 - 15:11

Heren, 50m vrije slag

Masters Open  
Resultaten

rang	naam	vereniging			tijd	RT	PARA
<b>Masters 20+</b>							
1.	Benjamin Vermeulen	De Bevelanders	NED	200003721	<b>25.40</b>	+0.81	
2.	Ryan van den Ouden	Poseidon'56	NED	199900377	<b>25.54</b>	+0.78	
3.	Jorian Darwinkel	HZ&PC Heerenveen	NED	200300565	<b>25.76</b>	+0.64	
4.	Hendrik Broekema	Bubble	NED	200002205	<b>25.96</b>	+0.68	
5.	Remco Dijkstra	HZ&PC Heerenveen	NED	200100789	<b>26.31</b>	+0.70	
6.	Milan de Roo	ZPC Woerden	NED	200102215	<b>26.49</b>	+0.56	
7.	Ilmar Stoop	Zuiderzeezwemmers	NED	200100871	<b>26.54</b>	+0.63	
8.	Jasper Breugem	WVZ	NED	200000303	<b>26.81</b>	+0.56	
9.	Jacob Mackloet	De Schotejil	NED	200001171	<b>26.92</b>	+0.71	
10.	Esper Paans	ZZ&PC De Devel	NED	200100607	<b>27.10</b>	+0.70	
11.	Mees Minneboo	MSV-Zeemacht	NED	200203465	<b>27.11</b>	+0.70	
12.	Boyd Wijkman	MSV-Zeemacht	NED	200104759	<b>27.39</b>	+0.68	
13.	Julian Mes	ZOB'66	NED	200103755	<b>27.52</b>	+0.73	
14.	Mick van den Houten	De Duck	NED	200302211	<b>27.73</b>	+0.73	
15.	Thomas Hesper	Blue Marlins	NED	200004181	<b>27.99</b>	+0.78	
16.	Bartho Visser	Triton Putten	NED	200005595	<b>28.14</b>	+0.83	
17.	Robin van Peenen	ZVL-1886 Center	NED	200201059	<b>28.73</b>	+0.73	
18.	Boaz Troost	ZOB'66	NED	200100371	<b>29.14</b>	+0.74	
19.	Thomas van Scheepen	Steenwijk 1934	NED	200001387	<b>30.04</b>	+0.67	
20.	Ryan van der Sluijs	De Duck	NED	200105571	<b>31.60</b>	+0.74	

Masters 25+

1.	Thomas Verhoeven	Feijenoord Albion Zwemclub	NED	199700311	<b>23.40</b>	+0.64	
2.	Mateusz Kobus	H2O	NED	199505963	<b>24.53</b>	+0.67	
3.	Bas Dries	Zwemvereniging Hoogland	NED	199505177	<b>24.70</b>	+0.67	
4.	Melvin Prins	TRB-RES	NED	199500201	<b>24.88</b>	+0.67	
5.	John Smit	Poseidon'56	NED	199500613	<b>25.66</b>	+0.67	
6.	Joey Papaioannou	Aqua-Novio'94	NED	199802269	<b>26.14</b>	+0.76	
7.	Jurre Stammes	ESCA Zwemmen	NED	199701843	<b>26.42</b>	+0.68	
8.	Stefan Petersen	Blue Marlins	NED	199403067	<b>26.70</b>	+0.70	
	Jorrik Kerdijk	Bubble	NED	199602135	<b>26.70</b>	+0.68	
10.	Martijn Bartels	ZPC AMERSFOORT	NED	199603493	<b>27.18</b>	+0.82	
11.	Jordi de Nijs	MSV-Zeemacht	NED	199801851	<b>27.37</b>	+0.68	
12.	Kevin Kingma	ACZ	NED	199700559	<b>27.43</b>	+0.66	
	Dirk van der Eems	Orca	NED	199501565	<b>27.43</b>	+0.63	
14.	Ian van Mullem	ZOB'66	NED	199602545	<b>27.68</b>	+0.68	
15.	Martijn Lageweg	Steenwijk 1934	NED	199701323	<b>27.91</b>	+0.78	
16.	Erik Baalbergen	ZVL-1886 Center	NED	199805775	<b>28.55</b>	+0.83	
17.	Lars Jacobsen	DWK	NED	199705453	<b>29.62</b>	+0.84	374
18.	Colin Degenaars	ZPCH	NED	199505951	<b>29.99</b>	+0.80	361
NG.ZA	Martijn Kornet	Zwemlust-den Hommel	NED	199700231			

Programmanr. 12, Heren, 50m vrije slag

Masters 30+

1.	Jeroen Baars	Blue Marlins	NED	199200031	<b>23.82</b>	+0.73
2.	Olaf Achterberg	VZC	NED	199000011	<b>25.57</b>	+0.78
3.	Sander de Vrught	ESCA Zwemmen	NED	198903499	<b>26.23</b>	+0.49
4.	Michel de Maesschalck	DAW	NED	199101525	<b>26.85</b>	+0.76
5.	Jeroen Matthijssen	AZC	NED	199103751	<b>27.05</b>	+0.70
6.	Marc Hoogendam	Blue Marlins	NED	199007713	<b>27.17</b>	+0.71
7.	Tim de Vrught	ESCA Zwemmen	NED	199306719	<b>27.19</b>	+0.53
8.	Sybren Groenewegen	De Schotejil	NED	199306223	<b>27.33</b>	+0.74
9.	Laurens de Nijn	SwimGym	NED	199107815	<b>27.64</b>	+0.70
10.	Ruben Stolk	ZOB'66	NED	199005665	<b>27.99</b>	+0.64
11.	Patrick Brouwer	AZC	NED	199303715	<b>29.39</b>	+0.75
NG.ZA	Aziz Nosairi	Zwemlust-den Hommel	NED	199104645		
NG	Jesper Oranje	De Duck	NED	199200997		

Masters 35+

1.	Pascal van Haren	NieMo Barracuda	NED	198704101	<b>26.50</b>	+0.68
2.	Federico Cappello	Luxembourg Sharks Swimming	CLUX	9598	<b>27.26</b>	+0.73
	<i>Luxembourg Masters Record</i>					
3.	Robert Braad	Steenwijk 1934	NED	198600407	<b>27.37</b>	+0.81
4.	Arne-Willem Kroonen	MZ&PC	NED	198401297	<b>28.35</b>	+0.67
5.	Dennis Kraakman	DAW	NED	198705325	<b>29.23</b>	+0.56
6.	Remco van der Graaf	PSV	NED	198704007	<b>29.28</b>	+0.83
7.	Rudi Butselaar	GoSwim	NED	198700577	<b>29.90</b>	+0.78
8.	Mark Godwaldt	PSV	NED	198701039	<b>29.94</b>	+0.88
9.	Ricardo van Dam	AZC	NED	198503965	<b>30.20</b>	+0.75
10.	Stefan Hegenberg	SV Gronau 1910 e.V.	GER	463543	<b>32.96</b>	+0.86

Masters 40+

1.	Jim Geestman	Blue Marlins	NED	198300699	<b>26.04</b>	+0.75
2.	Bas van den Nouwelant	ZVVS	NED	198001103	<b>27.71</b>	+0.82
3.	Rutger Stam	Zwemvereniging Hoogland	NED	198102463	<b>28.16</b>	+0.70
4.	Rob van Wanrooy	Feijenoord Albion Zwemclub	NED	198202627	<b>28.72</b>	+0.68
5.	Dennis de Groot	De Zwoer	NED	198300785	<b>28.87</b>	+0.67
6.	Berry van Holland	TriVia	NED	198000603	<b>29.51</b>	+0.79
7.	Gino Martijn	RZ	NED	197901865	<b>29.61</b>	+0.68
8.	Peter Lommert	SWOL 1894	NED	197900787	<b>29.93</b>	+0.89
9.	Roderic Perez	SwimGym	NED	198202761	<b>30.83</b>	+0.77
10.	Thomas Textl	ASV Wien	AUT	46942	<b>31.63</b>	+0.65
11.	Paul Rutten	ESCA Zwemmen	NED	198001293	<b>34.08</b>	+0.74

Masters 45+

1.	Casper Hut	HZ&PC Heerenveen	NED	197800471	<b>25.23</b>	+0.66
2.	Ruud Holswilder	ZPCH	NED	197800435	<b>26.68</b>	+0.76
3.	Pieter Broek	Westland Swimming Stars	NED	197701637	<b>27.61</b>	+0.76
	Erwin Buist	ZPC AMERSFOORT	NED	197800183	<b>27.61</b>	+0.66
5.	Victor Barnar	GoSwim	NED	197801805	<b>27.67</b>	+0.79
6.	Edgar Thimister	ZEPS	NED	197501511	<b>27.69</b>	+0.64
7.	Jasper van Heijst	Het Y	NED	197601699	<b>27.73</b>	+0.73
8.	Alex Damen	DAW	NED	197501371	<b>27.80</b>	+0.71
9.	Markus van Rest	WVZ	NED	197701197	<b>29.61</b>	+0.79
10.	Christiaan Bouwmeester	SBC2000	NED	197600127	<b>30.01</b>	+0.82
11.	Johan Wezenberg	SWOL 1894	NED	197601023	<b>30.05</b>	+0.96
12.	Dymitr Bielski	Warsaw Masters Team	POL		<b>31.15</b>	+0.90
13.	Bogdan Androne	Sassenheim	NED	197701783	<b>31.78</b>	+0.77
14.	Tom Bandsma	PSV	NED	197701625	<b>32.21</b>	
15.	Andre Schaap	ZVL-1886 Center	NED	197501357	<b>34.24</b>	+0.95
16.	Jeroen Hoeksels	ZVVS	NED	197401533	<b>34.77</b>	+0.92

Programmanr. 12, Heren, 50m vrije slag

Masters 50+

1.	Frederic Tonus	Luxembourg Sharks Swimming CLUX	10449	<b>25.20</b>	+0.72
	<i>Kampioenschapsrecord, Luxembourg Masters Record</i>				
2.	Chester Marsman	ZPC AMERSFOORT	NED 196900671	<b>27.14</b>	+0.66
3.	Arjan Verheij	De Rog	NED 197101617	<b>27.89</b>	+0.71
4.	Richard Ricksen	PSV	NED 197000841	<b>28.01</b>	
5.	Antwan van Engen	De Ward	NED 197101577	<b>28.35</b>	+0.70
6.	Paul Hardeman	ZPC AMERSFOORT	NED 197300327	<b>29.12</b>	+0.83
7.	Henri Verschoor	De Biesboschzwemmers	NED 197001041	<b>29.44</b>	+0.89
8.	Chris Kouwenhoven	De Grunte	NED 197101669	<b>30.74</b>	+0.88
9.	Bas Kremers	TRB-RES	NED 197201611	<b>31.01</b>	+0.73
10.	Erwin Snip	ESCA Zwemmen	NED 197001555	<b>31.65</b>	+0.82
11.	Taco Eikelenboom	AZ&PC De Futen	NED 196900275	<b>32.54</b>	+0.71
12.	Wouter van der Stelt	De Biesboschzwemmers	NED 197200889	<b>32.55</b>	+0.78
13.	Rob van de Ven	Neptunus'58	NED 197101695	<b>32.93</b>	+0.57
14.	Alberto Randazzo	DES	NED 197101757	<b>33.96</b>	+0.77

Masters 55+

1.	Javier Van Engelen	AZ&PC De Futen	NED 196801697	<b>27.81</b>	+0.78
2.	Arnold de Rover	AZ&PC De Futen	NED 196400645	<b>28.37</b>	+0.63
3.	Wijam Nijenhuis	De IJsel	NED 196400547	<b>29.52</b>	+0.80
4.	Guido Keutgen	Steenwijk 1934	NED 196801551	<b>29.80</b>	+0.79
5.	Otto Jansen	ZVL-1886 Center	NED 196501403	<b>29.86</b>	+0.77
6.	Erik Saan	De Duck	NED 196500769	<b>30.48</b>	+0.97
7.	Henri Michels	De Amstel	NED 196501587	<b>30.68</b>	+0.87
8.	Wijnand Vergeest	De Rog	NED 196800949	<b>31.58</b>	+0.58
9.	Leon Slingerland	WVZ	NED 196801707	<b>31.87</b>	+0.89
10.	Pieter-Sjoerd de Wijn	DES	NED 196501027	<b>32.36</b>	+0.82
	Nico Swart	De Biesboschzwemmers	NED 196801475	<b>32.36</b>	+0.75
12.	Roy Le Clercq	De Rog	NED 196401041	<b>33.43</b>	+0.90
13.	Pierre de Groot	GZC Donk	NED 196401431	<b>34.53</b>	+0.81
14.	Gertjan van der Vaart	ZVVS	NED 196801529	<b>34.62</b>	+0.76
15.	Olaf Chalmer-Rasmussen	Cercle de Natation Dudelange	LUX 123	<b>36.01</b>	+0.50
	<i>Luxembourg Masters Record</i>				
16.	Adri Pasman	Zuiderzeezwemmers	NED 196400573	<b>38.53</b>	+0.56
17.	Maarten Koolman	Steenwijk 1934	NED 196801649	<b>48.53</b>	+0.93

Masters 60+

1.	Peter Bernsen	De Rog	NED 196301119	<b>27.47</b>	+0.65
2.	Lionel Godeaux	Cercle De Natation Sportcity WolBEL	CNSW/000217/60	<b>28.34</b>	+0.72
3.	Gert Sikkema	Zwemclub Urk 1978	NED 196300687	<b>29.45</b>	+0.78
4.	Paul Wijnja	De Biesboschzwemmers	NED 196301403	<b>30.41</b>	+0.69
5.	Rob Spetter	De Rog	NED 196201239	<b>30.57</b>	+0.69
6.	Henk Kuipers	ZPC AMERSFOORT	NED 196201207	<b>30.69</b>	+0.60
7.	Evert-Jan Verweij	SWOL 1894	NED 196301143	<b>32.87</b>	+0.92
8.	Rob Hemesath	PSV	NED 196100189	<b>33.26</b>	+0.93
9.	Ronald Pijtak	ZPC AMERSFOORT	NED 196100475	<b>35.41</b>	+0.78

Masters 65+

1.	Marten de Groot	HZ&PC Heerenveen	NED 195800149	<b>29.36</b>	+0.76
	<i>Nederlands Masters Record</i>				
2.	Mark Eligh	ZPC AMERSFOORT	NED 195700497	<b>31.97</b>	+0.78

Masters 70+

1.	Harry Dokter	SWOL 1894	NED 195100037	<b>31.01</b>	+0.90
	<i>Nederlands Masters Record</i>				
2.	Peter Gulyas	Torokbalint Szenior	HUN	<b>31.74</b>	+0.73
3.	Jos Kamps	Zwemvereniging Hoogland	NED 195100085	<b>34.69</b>	+0.95

**Programmanr. 12, Heren, 50m vrije slag, Masters 70+**

rang	naam	vereniging			tijd	RT	PARA
4.	Jan Nuijten	PSV	NED	194900175	<b>36.85</b>	+0.70	

**Masters 75+**

1.	Wout Hemmes	De Plons	NED	194800059	<b>35.66</b>	+0.98	
2.	Willem Putter	ZVVS	NED	194500135	<b>38.02</b>		
3.	Nico van Dongen	ZZ&PC De Devel	NED	194800159	<b>51.33</b>		
4.	Kevork Boyrazian	Cercle De Natation Sportcity WolBEL		CNSW/002620/44	<b>52.09</b>	+0.90	

**Masters 80+**

1.	Geza Kaltenecker	AZC	NED	194200065	<b>39.62</b>	+0.85	
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**Masters 85+**

1.	Nic Geers <i>Nederlands Masters Record</i>	PSV	NED	193800007	<b>42.81</b>	+0.97	
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**Programmanr. 13  
05-05-2023 - 15:28**
**Dames, 200m wisselslag**
**Masters Open  
Resultaten**

rang	naam	vereniging			tijd	RT	PARA	50m	100m	150m	200m
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**Masters 20+**

1.	Silke Molendijk	ZVL-1886 Center	NED	200100178	<b>2:27.87</b>	+0.66		30.71	1:10.22	1:53.75	2:27.87
2.	V. van den Bogert	Hieronymus	NED	200102138	<b>2:28.47</b>	+0.71		31.55	1:11.48	1:53.85	2:28.47
3.	Kim Vos	Triton Putten	NED	200000990	<b>2:34.67</b>	+0.72		32.90	1:15.26	2:00.03	2:34.67
4.	L. Van Nieuwenhove	Mega	BEL	MEGA/20663/99	<b>2:35.64</b>	+0.73		32.50	1:15.07	1:59.62	2:35.64
5.	Merel Visser	De Duinkickers	NED	199904398	<b>2:42.66</b>	+0.78		33.96	1:17.50	2:07.23	2:42.66
6.	Lisanne Seising	VZC	NED	200002084	<b>2:45.18</b>	+0.76		33.72	1:19.31	2:05.99	2:45.18
7.	Sanne Landman	ESCA Zwemmen	NED	200304762	<b>2:45.61</b>	+0.76		33.05	1:15.67	2:04.64	2:45.61
8.	Noa de Bock	De Duck	NED	200300318	<b>2:49.89</b>	+0.70		34.44	1:20.54	2:11.84	2:49.89
9.	Iris van der Moolen	De Amstel	NED	199902052	<b>2:52.20</b>	+0.60		36.07	1:19.76	2:12.52	2:52.20
10.	Sabine Lageweg	Steenwijk 1934	NED	199900926	<b>2:57.32</b>	+0.67		36.03	1:23.32	2:13.94	2:57.32
11.	Cynthia Koolman	Steenwijk 1934	NED	200300232	<b>2:58.65</b>	+0.72		41.08	1:24.10	2:18.33	2:58.65
12.	Marouscha de Vries	DAW	NED	199906628	<b>2:59.47</b>	+0.68		39.26	1:27.77	2:19.16	2:59.47
13.	Ilse Hallie	Octopus-ZVV (SG)	NED	200200128	<b>3:00.94</b>	+0.69		39.58	1:25.54	2:19.91	3:00.94
14.	Iris Bastiaansen	De Amstel	NED	199902006	<b>3:01.44</b>	+0.75		37.14	1:23.09	2:19.74	3:01.44
15.	Welmoed Doornbos	De IJsselmeeuwen	NED	200203352	<b>3:08.19</b>	+0.77		38.46	1:30.05	2:24.39	3:08.19
16.	Dannique Koolen	De Vuursche	NED	199904048	<b>SM143:21.21</b>	+0.83	353	40.57	1:34.36	2:37.26	3:21.21

**Masters 25+**

1.	Marjolein Delno <i>Nederlands Masters Record</i>	VZC	NED	199400024	<b>2:23.24</b>	+0.75		30.87	1:08.57	1:50.44	2:23.24
2.	Selene Wortel	Hieronymus	NED	199700654	<b>2:27.76</b>	+0.64		31.48	1:11.41	1:53.63	2:27.76
3.	Tamara Grove	De Dolfijn	NED	199601266	<b>2:29.78</b>	+0.69		31.97	1:12.23	1:57.54	2:29.78
4.	Anne Noom	Het Y	NED	199800062	<b>2:32.72</b>	+0.56		32.42	1:11.29	1:57.52	2:32.72
5.	Nadja Roovers	Hieronymus	NED	199800798	<b>2:34.64</b>	+0.74		33.23	1:15.13	1:58.88	2:34.64
6.	Linda Kamperman	Zwemlust-den Hommel	NED	199601238	<b>2:41.29</b>	+0.73		33.29	1:15.55	2:04.84	2:41.29
7.	Whitney van Hoeckel	DIO	NED	199402390	<b>2:46.56</b>	+0.77		34.88	1:18.13	2:08.69	2:46.56
8.	Eef Hollander	Blue Marlins	NED	199602074	<b>2:50.22</b>	+0.77		36.25	1:19.68	2:11.81	2:50.22
9.	Nina Tourton	ZOB'66	NED	199603612	<b>2:51.63</b>	+0.68		34.61	1:18.98	2:10.60	2:51.63
10.	Janine de Groot	NDD	NED	199500092	<b>2:52.96</b>	+0.77		37.66	1:21.81	2:13.30	2:52.96
11.	Chantal van der Horst	De Meer	NED	199400616	<b>2:53.57</b>	+0.82		39.10	1:27.31	2:14.81	2:53.57
12.	Alma Janssen	Z&PC Zegenwerp	NED	199401078	<b>2:59.21</b>	+0.66		37.93	1:26.16	2:19.46	2:59.21
13.	Amy Kieboom	AquAmigos	NED	199502580	<b>3:06.41</b>	+0.72		38.73	1:31.70	2:25.29	3:06.41
14.	Yvette Meijer	Zwemvereniging Hoogland	NED	199706590	<b>3:07.83</b>	+0.89		40.93	1:32.22	2:25.56	3:07.83
15.	Melanie Zondag	Moby Dick	NED	199804476	<b>3:15.05</b>	+0.89		41.96	1:33.79	2:31.43	3:15.05



Programmanr. 13, Dames, 200m wisselslag

Masters 30+

1. Denise Boereboom	NieMo Barracuda	NED 199202144	<b>2:35.90</b>	+0.72	31.81	1:14.71	2:01.06	2:35.90
2. N. Wobben - de Vries	Steenwijk 1934	NED 199204328	<b>2:45.80</b>	+0.80	35.61	1:19.31	2:08.62	2:45.80
3. Jacyntha Plat	Steenwijk 1934	NED 199002956	<b>2:46.27</b>	+0.75	35.24	1:20.53	2:07.32	2:46.27
4. Wendy de Bruin	ZOB'66	NED 199206320	<b>2:49.02</b>	+0.54	34.69	1:18.94	2:09.24	2:49.02
5. Suzan Blankestijn	ZVL-1886 Center	NED 198900350	<b>2:49.33</b>	+0.76	36.30	1:23.81	2:09.49	2:49.33
6. Maaïke de Boer	De Duinkickers	NED 199000362	<b>2:52.61</b>	+0.84	39.35	1:25.81	2:13.23	2:52.61
7. Nikki Hoogeboom	De IJsel	NED 199301196	<b>2:54.83</b>	+0.84	35.81	1:21.55	2:13.65	2:54.83
8. Joëlle Vaes	DIO	NED 199007576	<b>3:01.35</b>		39.58	1:26.14	2:19.99	3:01.35
9. Irmgard van Weeghel	ESCA Zwemmen	NED 199204834	<b>3:07.25</b>	+0.76	41.64	1:31.42	2:25.29	3:07.25
10. Anouk Bloem	TRB-RES	NED 199000320	<b>3:59.80</b>	+0.91	56.98	1:56.98	3:02.87	3:59.80

Masters 35+

1. V. Hádén-Felföldi	Iron Swim	HUN 66/3267	<b>2:32.42</b>	+0.74	32.00	1:11.44	1:56.98	2:32.42
2. Sabine Zimmermann	Aachener SV 06	GER 101578	<b>2:37.52</b>	+0.75	35.26	1:18.65	2:02.90	2:37.52
3. Jenny Schouten	MZ&PC	NED 198703674	<b>2:39.67</b>	+0.86	34.85	1:15.70	2:03.33	2:39.67
4. Sara Holman	Kaiserslauterer SK	GER 444463	<b>2:46.05</b>	+0.86	34.99	1:17.88	2:09.54	2:46.05
5. Samantha van Eijk	De Geul	NED 198806826	<b>2:47.89</b>	+0.74	38.32	1:21.15	2:10.65	2:47.89
6. Rianne Hofland	Sassenheim	NED 198801820	<b>2:49.19</b>	+0.71	35.56	1:19.86	2:10.31	2:49.19
7. S. van der Linden	DIO	NED 198802736	<b>2:50.31</b>	+0.79	35.85	1:23.36	2:09.73	2:50.31
8. Linda van Klei	GZC Donk	NED 198802088	<b>2:55.20</b>	+0.91	38.23	1:25.18	2:15.55	2:55.20
9. Renske Eilers	Zwemvereniging Hoogland	NED 198806072	<b>2:55.79</b>	+0.82	37.59	1:22.80	2:14.67	2:55.79
10. Liesbeth van Mill	Zwemlust-den Hommel	NED 198702786	<b>2:56.66</b>	+0.81	38.45	1:26.14	2:15.43	2:56.66
11. Sanne de Ridder	ZVL-1886 Center	NED 198502444	<b>3:04.00</b>	+0.60	38.84	1:26.04	2:22.29	3:04.00

Masters 40+

1. Delia Badoux	WVZ	NED 198000042	<b>2:36.94</b>	+0.66	31.33	1:14.25	2:00.06	2:36.94
2. Roos van Esch	ACZ	NED 198200468	<b>2:44.52</b>	+0.82	36.15	1:19.76	2:07.89	2:44.52
3. Laura Badoux	DAW	NED 198200038	<b>2:46.48</b>	+0.85	34.88	1:21.65	2:08.03	2:46.48
4. Tonia Ruybroek	Poseidon'56	NED 198101290	<b>2:50.74</b>	+0.91	36.74	1:21.21	2:12.38	2:50.74
5. Angela Giezen	Zwemvereniging Hoogland	NED 198302796	<b>3:01.31</b>	+0.78	40.53	1:26.62	2:19.00	3:01.31
6. Roelien Stegeman	ZV 44	NED 198102350	<b>3:16.83</b>	+0.85	44.12	1:36.28	2:31.43	3:16.83
7. Linda Hoogendam	WVZ	NED 198300892	<b>3:31.25</b>	+0.82	46.69	1:41.17	2:46.99	3:31.25

Masters 45+

1. Annett von Rekowski	SG Bayer	GER 97868	<b>2:45.24</b>	+0.85	35.56	1:18.06	2:09.63	2:45.24
2. Nathalie Blondeel	Cercle De Natation Sportcity	BELuCNSW/004784/77	<b>2:49.52</b>	+0.73	35.97	1:24.39	2:13.22	2:49.52
3. Ilona Hogerheyde	DAW	NED 197400224	<b>2:54.15</b>	+0.73	35.59	1:22.05	2:13.97	2:54.15
4. Mirjan den Drijver	Westland Swimming Stars	NED 197500884	<b>3:00.03</b>	+0.79	35.92	1:25.00	2:18.56	3:00.03
5. Alina Spijkerman	DAW	NED 197701220	<b>3:00.79</b>	+0.88	39.44	1:24.79	2:21.40	3:00.79
6. Leontine Loeber	SwimGym	NED 197701010	<b>3:02.71</b>	+0.90	40.16	1:27.86	2:21.31	3:02.71
7. Clementine Bruxvoort	SCOM/De Zeehond'73 (SG)	NED 197700138	<b>3:42.25</b>	+0.87	46.84	1:44.53	2:53.81	3:42.25

Masters 50+

1. L. v. Bon-Rosenbrand	ZPC AMERSFOORT	NED 197000054	<b>2:49.23</b>	+0.82	36.02	1:23.18	2:10.92	2:49.23
2. Bianca Groot	MSV-Zeemacht	NED 197000652	<b>3:00.38</b>	+0.66	38.53	1:31.05	2:21.72	3:00.38
3. Nathasja Konijn	GZC Donk	NED 197100992	<b>3:30.41</b>	+0.85	46.03	1:38.80	2:41.34	3:30.41

Masters 55+

1. Claudia Thielemann	SG Bayer	GER 333958	<b>2:44.13</b>	+0.48	34.42	1:17.09	2:06.33	2:44.13
<i>Kampioenschapsrecord</i>								
2. Allie Price	Bridgend Swim Club	GBR 547582	<b>2:51.78</b>	+0.59	35.99	1:19.60	2:10.75	2:51.78
3. Wilna Heijman	Steenwijk 1934	NED 196400506	<b>3:15.23</b>	+0.71	41.43	1:34.71	2:33.87	3:15.23
4. Anita Steijger	WVZ	NED 196500628	<b>3:15.85</b>	+0.88	43.23	1:35.21	2:31.43	3:15.85
5. K. van Nassau-van den IOld Dutch		NED 196600188	<b>3:30.73</b>	+0.99	49.29	1:48.51	2:44.76	3:30.73

Programmanr. 13, Dames, 200m wisselslag

Masters 60+

1. M. Remmits-de Lange	ZPC AMERSFOORT	NED 196300518	<b>2:52.46</b>	+0.85	35.59	1:23.10	2:14.73	2:52.46
<i>Nederlands Masters Record</i>								
2. P. Tossings-van de Hoo	GZC Donk	NED 196100376	<b>3:12.28</b>	+0.74	42.06	1:34.10	2:30.83	3:12.28
3. M. Grove-Lingeman	Triton	NED 196200080	<b>3:13.58</b>	+0.81	40.42	1:30.59	2:29.45	3:13.58
4. Patty Verhagen	PSV	NED 195900146	<b>3:23.05</b>	+0.99	46.25	1:38.05	2:37.82	3:23.05
5. A. Vuist-Blum	SWOL 1894	NED 196300282	<b>3:28.69</b>	+0.94	49.00	1:44.26	2:41.36	3:28.69
6. Hannie Poletiek	TriVia	NED 195900278	<b>3:42.14</b>	+0.87	50.41	1:47.18	2:51.76	3:42.14
7. Lia Bijkerk	GZC Donk	NED 196000014	<b>3:47.60</b>	+0.97	53.54	1:56.39	2:58.92	3:47.60

Masters 65+

1. Colette Crabbé	Cercle De Natation Sportcity	BELuCNSW/004900/56	<b>2:55.57</b>	+0.83	36.99	1:22.97	2:15.01	2:55.57
<i>Europees Masters Record</i>								
2. Claire Anthony	Cercle De Natation Sportcity	BELuCNSW/001353/57	<b>3:46.08</b>	+0.83	39.83	1:46.02	2:58.10	3:46.08

Masters 70+

1. A. Gilding-Tussaud	WS Twente	NED 195000038	<b>4:20.35</b>	+0.74	1:06.39	2:06.47	3:22.28	4:20.35
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Programmanr. 14  
05-05-2023 - 16:02

Heren, 200m wisselslag

Masters Open  
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
<b>Masters 20+</b>								
1. Daan Hogerhuis	De Columbiaan	NED 200300317	<b>2:19.65</b>	+0.74	29.21	1:05.41	1:47.47	2:19.65
2. Jasper Breugem	WVZ	NED 200000303	<b>2:22.44</b>	+0.70	29.81	1:06.73	1:49.27	2:22.44
3. Guus Hoogduin	ZVL-1886 Center	NED 200201069	<b>2:23.33</b>	+0.61	30.08	1:06.11	1:50.52	2:23.33
4. Remco de Heij	ZPCH	NED 200200161	<b>2:25.77</b>	+0.70	30.60	1:09.42	1:52.07	2:25.77
5. Mart de Koning	ZOB'66	NED 200203253	<b>2:26.39</b>	+0.74	29.25	1:08.81	1:51.71	2:26.39
6. Tim Speijer	Bubble	NED 200301661	<b>2:26.99</b>	+0.65	28.80	1:08.58	1:51.26	2:26.99
7. Ryan van den Ouden	Poseidon'56	NED 199900377	<b>2:27.54</b>	+0.80	29.00	1:08.72	1:52.57	2:27.54
8. David Kievit	De Schotejil	NED 199900325	<b>2:27.79</b>	+0.81	30.71	1:09.02	1:52.46	2:27.79
9. Freek Hollander	Blue Marlins	NED 200103815	<b>2:27.93</b>	+0.78	28.85	1:05.63	1:52.62	2:27.93
10. Jelle Opmeer	ZPC AMERSFOORT	NED 200100269	<b>2:31.73</b>	+0.67	31.09	1:12.08	1:56.26	2:31.73
11. D. van den Nieuwendijk	De Columbiaan	NED 200100475	<b>2:32.72</b>	+0.78	31.53	1:10.88	1:54.06	2:32.72
12. Thomas Hesper	Blue Marlins	NED 200004181	<b>2:32.77</b>	+0.84	31.26	1:14.00	1:55.70	2:32.77
13. Jeroen Louwinger	De Rijn	NED 199900583	<b>2:33.82</b>	+0.68	32.83	1:11.46	1:58.98	2:33.82
14. Esper Paans	ZZ&PC De Devel	NED 200100607	<b>2:39.60</b>	+0.72	31.32	1:14.49	2:01.63	2:39.60
15. Mick van den Houten	De Duck	NED 200302211	<b>2:42.70</b>	+0.61	32.75	1:17.56	2:04.81	2:42.70
16. Bartho Visser	Triton Putten	NED 200005595	<b>2:54.23</b>	+0.78	36.80	1:21.32	2:12.70	2:54.23
17. Lars Bruinink	Noord Veluwe	NED 200303865	<b>3:03.34</b>	+0.68	43.97	1:31.08	2:26.09	3:03.34
<b>Masters 25+</b>								
1. Bert Duivenvoorde	Noordwijkerhout	NED 199701805	<b>2:20.53</b>	+0.60	27.98	1:05.38	1:48.63	2:20.53
2. Robin van Beek	ZVL-1886 Center	NED 199704023	<b>2:23.05</b>	+0.68	28.74	1:05.09	1:49.70	2:23.05
3. Jelle Blankestijn	ZPC AMERSFOORT	NED 199803737	<b>2:28.01</b>	+0.75	30.99	1:10.16	1:55.51	2:28.01
4. Dirk van der Eems	Orca	NED 199501565	<b>2:35.10</b>	+0.74	31.27	1:13.26	1:58.05	2:35.10
5. Richard van der Horst	De Meer	NED 199700179	<b>2:35.17</b>	+0.79	33.41	1:16.18	1:58.80	2:35.17
6. Tim van Grunsven	De Treffers	NED 199804535	<b>2:38.37</b>	+0.80	30.09	1:10.78	2:00.32	2:38.37
7. Wesley van der Luit	Sassenheim	NED 199701895	<b>2:40.63</b>	+0.72	33.35	1:17.84	2:06.69	2:40.63
8. Patrick Wyrdeman	Westland Swimming Stars	NED 199702475	<b>2:40.91</b>	+0.53	32.13	1:13.99	2:02.71	2:40.91
9. Paco de Voogt	De Duck	NED 199400859	<b>2:42.25</b>	+0.55	32.72	1:16.49	2:05.09	2:42.25
10. Thijs van Hofweegen	ZPC AMERSFOORT	NED 199605253	<b>2:58.78</b>	+0.88	40.67	1:29.80	2:20.09	2:58.78
11. Rick Vaarkamp	Triton Putten	NED 199404979	<b>3:34.61</b>	+0.94	50.18	1:47.24	2:46.07	3:34.61

Programmanr. 14, Heren, 200m wisselslag

Masters 30+

1. Olaf Achterberg	VZC	NED 199000011	<b>2:28.95</b>	+0.81	30.03	1:09.77	1:54.29	2:28.95
2. Tim Bunnik	Triton	NED 199000505	<b>2:29.26</b>	+0.79	30.96	1:09.30	1:54.85	2:29.26
3. Patrick Creemers	RZ	NED 199000579	<b>2:30.31</b>	+0.71	32.28	1:14.94	1:57.38	2:30.31
4. M. Caro Van Der Poel	Club Natació Tàrraco	ESP	<b>2:33.29</b>	+0.82	31.35	1:11.26	1:57.20	2:33.29
5. Jeroen Burggraaf	De Blauwe Schuur	NED 199000467	<b>2:35.40</b>	+0.84	32.65	1:14.07	1:59.14	2:35.40
6. Romke van Dijk	Zwemvereniging Hoogland	NED 199007679	<b>3:06.29</b>	+0.98	41.33	1:32.10	2:24.50	3:06.29

Masters 35+

1. Yuri van Omme	Zwemvereniging Hoogland	NED 198501887	<b>2:27.52</b>	+0.78	31.56	1:10.93	1:52.41	2:27.52
2. Rob van Vliet	ZPC AMERSFOORT	NED 198402459	<b>2:31.14</b>	+0.79	31.21	1:11.13	1:55.26	2:31.14
3. Harmen Reemst	ZOB'66	NED 198702715	<b>2:51.26</b>	+0.75	35.81	1:19.91	2:09.72	2:51.26
4. Nicky Valentijn	AquAmigos	NED 198806175	<b>3:07.32</b>	+0.79	37.30	1:28.69	2:21.66	3:07.32

Masters 40+

1. Kristiaan Lenos	ZVL-1886 Center	NED 198301331	<b>2:28.06</b>	+0.79	30.01	1:10.04	1:53.20	2:28.06
2. Mark Hensen	NieMo Barracuda	NED 197900497	<b>2:28.07</b>	+0.78	30.19	1:10.19	1:54.82	2:28.07
3. Heijmen van Vliet	De Geul	NED 198001637	<b>2:31.82</b>	+0.58	31.45	1:10.83	1:56.67	2:31.82
4. Marcel Reefhuis	WS Twente	NED 198101381	<b>2:36.86</b>	+0.70	33.14	1:14.54	2:00.12	2:36.86

Masters 45+

1. Eric Richelle	Plouf Club	BEL PLOUF/006690/77	<b>2:22.51</b>	+0.78	31.02	1:08.40	1:49.44	2:22.51
2. Ivo Roozeboom	WVZ	NED 197700801	<b>2:27.84</b>	+0.77	31.66	1:10.81	1:56.01	2:27.84
3. Vincent Versteeg	Zwemlust-den Hommel	NED 197701003	<b>2:29.40</b>	+0.76	32.21	1:12.84	1:55.40	2:29.40
4. Dennis Brouwers	HZPC	NED 197800167	<b>2:29.48</b>	+0.79	34.38	1:10.61	1:55.56	2:29.48
5. Edgar Thimister	ZEPS	NED 197501511	<b>2:39.87</b>	+0.73	30.90	1:16.76	2:06.28	2:39.87
6. Kees Bakker	Gay Swim Amsterdam	NED 197501055	<b>2:42.62</b>	+0.63	34.32	1:18.39	2:05.90	2:42.62
7. Eric Hoekman	WS Twente	NED 197401531	<b>2:51.70</b>	+0.82	33.66	1:18.58	2:13.15	2:51.70
8. M. van Walt van Praag	Gay Swim Amsterdam	NED 197501425	<b>3:17.19</b>	+0.76	42.16	1:40.26	2:36.39	3:17.19

Masters 50+

1. Matthias Millers	SG Wuppertal	GER 113799	<b>2:25.76</b>	+0.87	31.17	1:09.02	1:51.93	2:25.76
<i>Kampioenschapsrecord</i>								
2. Richard Ricksen	PSV	NED 197000841	<b>2:39.91</b>	+0.86	33.28	1:17.78	2:04.12	2:39.91
3. René Beetsma	HZ&PC Heerenveen	NED 196900069	<b>2:45.43</b>	+0.83	34.26	1:17.88	2:07.45	2:45.43
4. Frank van Nobelen	Sassenheim	NED 196900753	<b>2:47.87</b>	+0.79	35.46	1:18.89	2:10.72	2:47.87
5. Bruno Nahon	Cercle De Natation Sportcity	BELuCNSW/000390/70	<b>2:50.17</b>	+0.87	35.88	1:20.69	2:12.09	2:50.17
6. Michael van Bekkum	SWOL 1894	NED 197200051	<b>2:51.02</b>	+0.76	35.26	1:23.53	2:10.57	2:51.02
7. Korstiaan de Boer	Steenwijk 1934	NED 197101629	<b>2:55.57</b>	+0.85	37.61	1:23.05	2:13.65	2:55.57
8. Martijn de Jong	DWK	NED 197101659	<b>3:04.61</b>	+0.82	36.02	1:28.18	2:19.73	3:04.61
9. Jacques Verriet	VZV Njord	NED 197001039	<b>3:05.63</b>	+0.73	41.97	1:30.03	2:20.56	3:05.63
10. Erwin Snip	ESCA Zwemmen	NED 197001555	<b>3:23.05</b>	+0.92	42.64	1:36.08	2:37.31	3:23.05

Masters 55+

1. J. van den Berg	WVZ	NED 196801575	<b>2:40.87</b>	+0.77	34.41	1:15.76	2:02.31	2:40.87
2. Arnold de Rover	AZ&PC De Futen	NED 196400645	<b>2:41.95</b>	+0.67	34.91	1:18.70	2:05.97	2:41.95
3. Hugues Herman	Cercle De Natation Sportcity	BELuCNSW/009743/66	<b>2:41.98</b>	+0.78	36.26	1:18.88	2:07.23	2:41.98
4. Ron Korzelius	ZPC AMERSFOORT	NED 196500513	<b>2:46.95</b>	+0.60	36.39	1:20.00	2:10.28	2:46.95
5. Harold Matla	PSV	NED 196800591	<b>2:55.77</b>		38.97	1:26.37	2:15.80	2:55.77
6. Pascal Tourton	ZOB'66	NED 196601343	<b>2:58.54</b>	+0.79	37.49	1:24.24	2:17.05	2:58.54
7. Robert de Brauwer	De Duinkickers	NED 196401383	<b>3:07.72</b>	+0.84	41.17	1:31.39	2:25.71	3:07.72

Programmanr. 14, Heren, 200m wisselslag

Masters 60+

1. Jan Brink	ZPC De Zeeuwse Kust	NED 196200091	<b>2:44.40</b>	+0.82	36.76	1:18.48	2:07.25	2:44.40
2. Edwin v. Norden	ZPC AMERSFOORT	NED 196300563	<b>2:44.76</b>	+0.74	34.06	1:17.30	2:05.07	2:44.76
3. Ronald Grove	Triton	NED 196100161	<b>2:58.51</b>	+0.77	37.66	1:30.49	2:20.86	2:58.51
4. Evert-Jan Verweij	SWOL 1894	NED 196301143	<b>3:01.69</b>	+0.90	37.69	1:26.02	2:19.85	3:01.69
5. Richard Tiemstra	De Biesboschwemmers	NED 196301397	<b>3:12.39</b>	+0.95	39.88	1:31.02	2:28.09	3:12.39
6. Jack Barends	WS Twente	NED 196201011	<b>3:27.37</b>	+0.91	48.66	1:41.78	2:37.36	3:27.37
7. Christian Schoenaers	Cercle De Natation Sportcity	BELuCNSW/007131/59	<b>3:37.39</b>		46.47	1:47.11	2:45.73	3:37.39
8. Günther Brod	SSG Saar Max Ritter SV08	GER 234041	<b>4:04.07</b>		53.57	2:02.72	3:12.54	4:04.07

Masters 65+

1. Hugo Bregman	WVZ	NED 195800069	<b>2:38.68</b>	+0.91	32.84	1:15.36	2:02.67	2:38.68
<i>Europees Masters Record</i>								
2. Paul Bunnik	Triton	NED 195600413	<b>3:14.86</b>	+0.90	39.00	1:33.92	2:31.87	3:14.86

Masters 70+

1. Jean-Marie Cadiat	Cercle De Natation Sportcity	BELuCNSW/000243/53	<b>3:03.39</b>	+0.88	37.60	1:28.84	2:22.52	3:03.39
<i>Kampioenschapsrecord, Belgisch Masters Record</i>								
2. Pieter Husslage	Old Dutch	NED 195300091	<b>3:34.44</b>		51.23	1:47.14	2:50.56	3:34.44
3. Piet Schop	De Bevelanders	NED 195000109	<b>3:41.71</b>	+0.65	44.18	1:42.63	2:49.26	3:41.71
4. Nello Spiteri	DAW	NED 195200295	<b>4:47.21</b>		1:07.86	2:34.89	3:49.55	4:47.21

Masters 80+

1. Geza Kaltenecker	AZC	NED 194200065	<b>4:13.43</b>		1:00.24	2:05.79	3:18.65	4:13.43
<i>Kampioenschapsrecord</i>								

Programmanr. 15  
05-05-2023 - 16:40

4 x 200m vrije slag

Masters Open  
Resultaten

rang	vereniging					tijd	RT	PARA
<b>100+, Heren</b>								
1.	ESCA Zwemmen 1	ESCA Zwemmen	NED			<b>8:48.36</b>	+0.71	
	Tim de Vrugt	93	+0.71	29.77	1:03.39	1:39.02	2:14.01	2:14.01
	Jurre Stammes	97	+0.40	29.02	1:01.85	1:36.57	2:12.18	2:12.18
	Sander de Vrugt	89	+0.25	29.64	1:02.88	1:37.65	2:12.21	2:12.21
	Mike Schel	94	+0.47	29.25	1:02.34	1:36.95	2:09.96	2:09.96
2.	ZOB'66 1	ZOB'66	NED			<b>10:00.31</b>	+0.76	
	Ruben Stolk	90	+0.76	32.04	1:09.56	1:49.63	2:28.38	2:28.38
	Ian van Mullem	96	+0.29	31.67	1:08.75	1:48.23	2:28.02	2:28.02
	Boaz Troost	01	+0.74	32.13	1:11.79	1:54.66	2:36.22	2:36.22
	Julian Mes	01	+0.58	32.55	1:09.95	1:49.24	2:27.69	2:27.69
<b>120+, Heren</b>								
1.	De Schotejil 1	De Schotejil	NED			<b>9:11.75</b>	+0.80	
	Sybren Groenewegen	93	+0.80	30.73	1:04.92	1:40.88	2:15.64	2:15.64
	Frank v.d. Voordt	83	+0.50	32.41	1:08.45	1:45.43	2:21.79	2:21.79
	Niels Albrechts	88	+0.59	31.77	1:07.37	1:44.79	2:19.11	2:19.11
	David Kievit	99	+0.46	30.63	1:04.86	1:40.57	2:15.21	2:15.21
2.	ZPC AMERSFOORT 4	ZPC AMERSFOORT	NED			<b>9:20.43</b>	+0.76	
	Jelle Blankestijn	98	+0.76	28.90	1:01.61	1:35.27	2:08.40	2:08.40
	Henk Kuipers	62	+0.21	36.47	1:17.06	1:59.21	2:40.21	2:40.21
	Martijn Bartels	96		30.71	1:05.70	1:40.76	2:16.70	2:16.70
	Jelle Opmeer	01	+0.26	29.04	1:03.17	1:39.33	2:15.12	2:15.12

## Programmanr. 15, Heren, 4 x 200m vrije slag, 120+

rang	vereniging						tijd	RT	PARA
3.	ZVL-1886 Center 2	ZVL-1886 Center		NED			<b>9:28.45</b>	<b>+0.74</b>	
	Kristiaan Lenos	83	+0.74	28.76	1:01.49	1:37.21	2:13.26	2:13.26	
	Robin van Peenen	02	+0.64	30.32	1:05.50	1:44.15	2:21.94	2:21.94	
	Otto Jansen	65	+0.39	32.95	1:11.13	1:52.14	2:32.77	2:32.77	
	Erik Baalbergen	98	+0.22	30.09	1:05.41	1:43.04	2:20.48	2:20.48	

## 160+, Heren

1.	WVZ 1	WVZ		NED			<b>9:24.76</b>	<b>+0.74</b>	
	Jordy van Oel	98	+0.74	30.04	1:03.36	1:38.40	2:13.90	2:13.90	
	Jan-Willem van den Berg	68	+0.47	31.62	1:08.64	1:47.37	2:24.21	2:24.21	
	Markus van Rest	77	+0.56	33.48	1:12.24	1:54.48	2:34.63	2:34.63	
	Ivo Roozeboom	77	+0.51	29.89	1:03.94	1:38.52	2:12.02	2:12.02	
2.	DAW 1	DAW		NED			<b>9:28.17</b>	<b>+0.80</b>	
	Paul Oudendijk	81	+0.80	31.93	1:06.69	1:43.28	2:19.00	2:19.00	
	Dennis Kraakman	87	+0.62	32.80	1:11.14	1:51.71	2:30.56	2:30.56	
	Alex Damen	75	+0.53	32.41	1:08.42	1:45.05	2:20.30	2:20.30	
	Joost Hoetjes	78	+0.39	29.24	1:02.05	1:38.30	2:18.31	2:18.31	

## 200+, Heren

1.	AZC 1	AZC		NED			<b>11:28.74</b>	<b>+0.99</b>	
	Geza Kaltenecker	42	+0.99	51.22	1:50.27	2:50.96	3:47.69	3:47.69	
	Patrick Brouwer	93	+0.60	33.26	1:10.18	1:48.60	2:25.37	2:25.37	
	Wim de Lange	58	+0.55	39.25	1:23.75	2:09.79	2:54.65	2:54.65	
	Jeroen Matthijssen	91	+0.65	31.51	1:06.00	1:43.21	2:21.03	2:21.03	

## 240+, Heren

1.	De Rog 1 <i>Nederlands Masters Record</i>	De Rog		NED			<b>10:20.84</b>	<b>+0.96</b>	
	Erik Kamphuis	60	+0.96	36.41	1:15.65	1:55.97	2:35.41	2:35.41	
	Roy Le Clercq	64	+0.74	36.74	1:19.14	2:03.50	2:46.20	2:46.20	
	Rob Spetter	62		35.60	1:14.33	1:53.94	2:34.13	2:34.13	
	Peter Bemsen	63	+0.61	34.50	1:12.22	1:49.19	2:25.10	2:25.10	

## 80+, Dames

1.	Hieronymus 1 <i>Nederlands Masters Record</i>	Hieronymus		NED			<b>9:07.56</b>	<b>+0.66</b>	
	Selene Wortel	97	+0.66	30.40	1:05.43	1:40.55	2:14.81	2:14.81	
	Nadja Roovers	98	+0.35	30.92	1:06.11	1:43.74	2:19.37	2:19.37	
	Valesca van den Bogert	01	+0.61	30.95	1:06.00	1:42.60	2:17.88	2:17.88	
	Roos Englebert	02	+0.30	30.88	1:05.41	1:40.65	2:15.50	2:15.50	
2.	Bubble 1	Bubble		NED			<b>9:21.40</b>	<b>+0.87</b>	
	Laura Setz	00	+0.87	29.93	1:02.74	1:36.51	2:10.21	2:10.21	
	Esmee Kloezen	02	+0.51	34.18	1:11.93	1:51.88	2:31.49	2:31.49	
	Marijke Drent	99	+0.48	31.09	1:05.73	1:41.69	2:17.29	2:17.29	
	Sanne Kloezen	02	+0.38	31.00	1:06.79	1:45.08	2:22.41	2:22.41	

## 100+, Dames

1.	Steenwijk 1934 5	Steenwijk 1934		NED			<b>11:06.34</b>	<b>+0.75</b>	
	Cynthia Koolman	03	+0.75	34.74	1:13.43	1:53.20	2:32.94	2:32.94	
	Charine Rozendom - de Ruiter	94	+0.65	38.43	1:22.16	2:09.25	2:56.72	2:56.72	
	Lonneke Oenema	91	+0.51	39.52	1:23.99	2:12.08	2:59.75	2:59.75	
	Alies Wagter	99	+0.83	35.66	1:15.29	1:56.86	2:36.93	2:36.93	

## Programmanr. 15, 4 x 200m vrije slag

## 120+, Dames

1.	MSV-Zeemacht 1	MSV-Zeemacht	NED					<b>9:56.44</b>	+0.82
	Suzanne Mosch	94	+0.82	35.85	1:15.57	1:56.54	2:36.71	2:36.71	
	Jet Kleine	99	+0.27	34.86	1:13.31	1:53.36	2:32.67	2:32.67	
	Bianca Groot	70	+0.53	34.65	1:13.57	1:54.25	2:34.03	2:34.03	
	Amber van der Kruk	01	+0.87	30.29	1:03.57	1:38.15	2:13.03	2:13.03	
2.	DAW 2	DAW	NED					<b>10:22.44</b>	+0.86
	Laura Badoux	82	+0.86	33.99	1:12.26	1:51.78	2:30.81	2:30.81	
	Alina Spijkerman	77	+0.68	34.28	1:12.93	1:54.50	2:35.73	2:35.73	
	Marouscha de Vries	99	+0.14	35.68	1:15.95	1:57.67	2:38.62	2:38.62	
	Lianne Dekker	03	+0.14	35.64	1:16.17	1:57.72	2:37.28	2:37.28	
3.	ZPC AMERSFOORT 3	ZPC AMERSFOORT	NED					<b>10:27.64</b>	+0.75
	Elisah Velgersdijk	01	+0.75	34.58	1:13.97	1:54.69	2:34.90	2:34.90	
	Henriëtte v. Norden	68	+0.51	35.10	1:16.25	1:59.77	2:40.68	2:40.68	
	Eline Hendriks	98	+0.32	35.43	1:15.88	1:59.24	2:41.53	2:41.53	
	Jisca Majolee	94	+0.37	33.01	1:10.77	1:50.93	2:30.53	2:30.53	
4.	ZVL-1886 Center 3	ZVL-1886 Center	NED					<b>10:46.91</b>	+0.59
	Lonneke Graansma	99	+0.59	34.45	1:13.40	1:54.08	2:33.41	2:33.41	
	Sanne de Ridder	85	+0.26	34.93	1:17.07	2:01.16	2:44.36	2:44.36	
	Cynthia van Veen	96	+0.07	37.12	1:21.65	2:08.66	2:54.94	2:54.94	
	Suzan Blankestijn	89	+0.76	35.27	1:14.29	1:54.44	2:34.20	2:34.20	
5.	ZV Hoogland 1	Zwemvereniging Hoogland	NED					<b>11:08.54</b>	+0.76
	Anne-Irene Ducheine	95	+0.76	33.57	1:10.89	1:49.30	2:27.11	2:27.11	
	Yvette Meijer	97	+0.70	39.21	1:22.76	2:07.92	2:51.17	2:51.17	
	Angelique Wammes-Bourman	84	+0.04	40.09	1:26.02	2:13.80	2:59.04	2:59.04	
	Angela Giezen	83	+0.53	38.22	1:22.07	2:08.06	2:51.22	2:51.22	

## 160+, Dames

1.	Steenwijk 1934 4	Steenwijk 1934	NED					<b>11:21.80</b>	+0.76
	Leonie Scholten	79	+0.76	40.31	1:28.51	2:19.73	3:12.35	3:12.35	
	Wilna Heijman	64		37.88	1:19.88	2:02.55	2:44.84	2:44.84	
	Getrude Corporaal	92	+0.35	32.00	1:09.70	1:50.69	2:31.80	2:31.80	
	Ilse Blankvoort	92	+0.55	38.05	1:20.96	2:06.17	2:52.81	2:52.81	
2.	De Geul 1	De Geul	NED					<b>11:27.42</b>	+0.83
	Marian Nederlof	76	+0.83	39.76	1:23.82	2:07.45	2:50.48	2:50.48	
	Aafke Groot	83	+0.58	37.98	1:22.42	2:09.59	2:56.29	2:56.29	
	Marijke Campfens	69	+0.49	38.07	1:20.94	2:06.35	2:50.75	2:50.75	
	Isabelle Janssen	00	+0.72	38.34	1:20.82	2:05.49	2:49.90	2:49.90	
3.	GZC Donk 1	GZC Donk	NED					<b>11:47.88</b>	
	Ilonka van der Meer	76		41.19	1:26.85	2:17.10	3:06.92	3:06.92	
	Nathasja Konijn	71	+0.73	43.16	1:31.89	2:23.13	3:13.50	3:13.50	
	Petra Tossings-van de Hooven	61	+0.70	38.53	1:22.08	2:06.86	2:49.46	2:49.46	
	Linda van Klei	88	+0.80	35.84	1:15.95	1:57.95	2:38.00	2:38.00	
4.	De Rog 3	De Rog	NED					<b>12:41.18</b>	+0.79
	Karin Vermeer	83	+0.79	42.58	1:30.25	2:22.87	3:17.56	3:17.56	
	Katja De Beer	68	+0.90	41.13	1:28.07	2:16.79	3:06.14	3:06.14	
	Regine Beckers-Stribos	70	+0.42	40.39	1:25.13	2:12.48	3:00.32	3:00.32	
	Sandra Van der Helm	78	+0.63	43.55	1:31.75	2:23.88	3:17.16	3:17.16	

## 200+, Dames

1.	PSV 1	PSV	NED					<b>10:14.21</b>	+0.74
	<i>Europees Masters Record, startzwemster NMR 200m</i>								
	Carla Geurts	71	+0.74	31.68	1:07.46	1:44.28	2:20.69	2:20.69	
	Jeanne Petit	70	+0.39	34.33	1:13.86	1:55.40	2:36.98	2:36.98	
	Patty Verhagen	59	+0.25	39.12	1:21.76	2:06.26	2:51.75	2:51.75	
	Liselotte Joling	75	+0.51	33.96	1:11.13	1:49.03	2:24.79	2:24.79	
2.	De Geul 2	De Geul	NED					<b>14:20.05</b>	+0.65
	Erica Muller	64	+0.65	42.94	1:33.89	2:25.96	3:17.04	3:17.04	
	Geerdien Meerwaldt	52		59.30	2:05.19	3:13.76	4:21.81	4:21.81	
	Roselinda van der Vlugt	67		50.53	1:47.58	2:46.48	3:41.29	3:41.29	
	Lisette van den Bos	87		39.60	1:25.63	2:14.49	2:59.91	2:59.91	

## 240+, Dames

## Programmanr. 15, Dames, 4 x 200m vrije slag, 240+

rang	vereniging						tijd	RT	PARA
1.	SWOL 1894 1	SWOL 1894	NED				<b>12:57.19</b>	+0.82	
	Marjan Spoelstra	60	+0.82	48.24	1:41.47	2:35.59	3:27.66	3:27.66	
	Annemarie Vuist-Blum	63	+0.62	44.08	1:32.52	2:22.16	3:10.81	3:10.81	
	Annet Kootstra	71	+0.60	42.20	1:30.67	2:20.73	3:09.57	3:09.57	
	Christine Nieuwenhuis	51	+0.45	41.75	1:30.46	2:20.72	3:09.15	3:09.15	
<b>Masters 80+</b>									
1.	ZVL-1886 Center 1	ZVL-1886 Center	NED				<b>8:52.62</b>	+0.71	
	Robin van Beek	97	+0.71	29.18	1:00.80	1:33.45	2:06.01	2:06.01	
	Guus Hoogduin	02	+0.35	29.19	1:01.88	1:35.18	2:08.64	2:08.64	
	Karen Stolk	94	+0.38	31.70	1:08.53	1:47.18	2:25.42	2:25.42	
	Silke Molendijk	01	+0.38	30.92	1:05.20	1:39.57	2:12.55	2:12.55	
<b>100+</b>									
1.	VZC 1	VZC	NED				<b>8:48.00</b>	+0.78	
	Marjolein Delno	94	+0.78	30.11	1:02.66	1:36.03	2:08.08	2:08.08	
	Thom Delno	00	+0.46	29.20	1:02.17	1:35.73	2:07.51	2:07.51	
	Olaf Achterberg	90	+0.64	29.32	1:02.35	1:36.49	2:10.21	2:10.21	
	Amber Hesper	02	+0.27	31.00	1:06.71	1:45.19	2:22.20	2:22.20	
<b>120+</b>									
1.	Steenwijk 1934 3	Steenwijk 1934	NED				<b>9:43.49</b>	+0.81	
	Nanda Wobben - de Vries	92	+0.81	32.86	1:10.57	1:49.40	2:25.98	2:25.98	
	Robert Braad	86	+0.40	29.42	1:04.95	1:41.58	2:16.98	2:16.98	
	Martijn Lageweg	97	+0.53	32.54	1:09.53	1:48.74	2:26.45	2:26.45	
	Jacyntha Plat	90	+0.43	34.18	1:13.68	1:54.96	2:34.08	2:34.08	
2.	PSV 2	PSV	NED				<b>10:01.76</b>	+0.82	
	Larissa Jansen	95	+0.82	34.11	1:11.13	1:48.42	2:25.96	2:25.96	
	Remco van der Graaf	87	+0.31	33.31	1:12.05	1:53.43	2:34.85	2:34.85	
	Mark Godwaldt	87	+0.60	32.17	1:08.99	1:47.83	2:25.13	2:25.13	
	Nanda van Heteren	89	+0.56	35.69	1:15.50	1:56.53	2:35.82	2:35.82	
3.	Zwemlust-den Hommel 1	Zwemlust-den Hommel	NED				<b>10:05.17</b>	+0.83	
	Mark Swart	79	+0.83	30.59	1:05.64	1:42.85	2:20.39	2:20.39	
	Liesbeth van Mill	87		36.26	1:17.80	2:00.34	2:43.25	2:43.25	
	Danielle Vermeulen	91		35.12	1:14.20	1:53.77	2:32.52	2:32.52	
	Nigel Werring	03	+0.59	34.01	1:11.74	1:51.61	2:29.01	2:29.01	
4.	WSS 1	Westland Swimming Stars	NED				<b>10:11.06</b>	+0.66	
	Nick Boekestijn	99	+0.66	30.50	1:04.95	1:41.04	2:17.05	2:17.05	
	Anouk van der Lans	98	+0.49	36.04	1:16.33	1:58.59	2:39.02	2:39.02	
	Mirjan den Drijver	75	+0.41	36.85	1:19.21	2:02.98	2:45.54	2:45.54	
	Pieter Broek	77	+0.42	31.63	1:07.79	1:48.43	2:29.45	2:29.45	
5.	GoSwim 1	GoSwim	NED				<b>10:26.04</b>	+0.77	
	Saskia de Klerk	90	+0.77	33.47	1:13.43	1:57.72	2:41.32	2:41.32	
	Laura Scheffer	94	+0.59	34.89	1:15.53	1:57.27	2:38.63	2:38.63	
	Rudi Butselaar	87	+0.45	35.43	1:17.05	2:02.31	2:45.92	2:45.92	
	Victor Barnar	78	+0.54	31.22	1:05.27	1:42.58	2:20.17	2:20.17	
6.	De Biesboschzwemmers 2	De Biesboschzwemmers	NED				<b>10:47.85</b>	+0.75	
	Mandy Swart	99	+0.75	34.97	1:16.16	1:58.88	2:41.15	2:41.15	
	Nico Swart	68	+0.33	35.17	1:18.12	2:02.77	2:46.18	2:46.18	
	Wouter van der Stelt	72	+0.43	36.54	1:17.47	2:00.56	2:43.48	2:43.48	
	Sanne van de Pol	98	+0.29	33.35	1:12.37	1:54.57	2:37.04	2:37.04	
<b>160+</b>									
1.	Sassenheim 1	Sassenheim	NED				<b>10:17.70</b>	+0.61	
	Marinka vd Zwet	65	+0.61	35.20	1:16.60	2:01.28	2:46.99	2:46.99	
	Marianne de Bruin	84	+0.55	36.72	1:16.92	1:59.76	2:40.66	2:40.66	
	Arjan Buijsse	79	+0.62	33.76	1:11.91	1:52.08	2:32.25	2:32.25	
	Wesley van der Luit	97	+0.55	32.31	1:07.91	1:44.38	2:17.80	2:17.80	
2.	DWK 1	DWK	NED				<b>11:28.06</b>	+0.77	
	Greta Wyma-Teitsma	71	+0.77	47.10	1:41.72	2:37.77	3:34.58	3:34.58	
	Iris van Aurich	69	+0.03	34.80	1:15.22	1:57.87	2:39.34	2:39.34	
	Martijn de Jong	71	+0.63	38.72	1:22.97	2:09.10	2:52.76	2:52.76	
	Lars Jacobsen	97	+0.41	30.42	1:07.42	1:46.32	2:21.38	2:21.38	

Programmanr. 15, 4 x 200m vrije slag

200+

1.	ZPC AMERSFOORT 2	ZPC AMERSFOORT	NED				<b>9:49.30</b>	+0.91
	Lidia v. Bon-Rosenbrand	70	+0.91	33.58	1:11.22	1:50.89	2:30.30	2:30.30
	Ron Korzelius	65	+0.41	34.12	1:11.91	1:50.70	2:28.09	2:28.09
	Jenny Bergwerff	72	+0.54	33.67	1:11.93	1:51.41	2:30.45	2:30.45
	Rob van Vliet	84	+0.33	30.87	1:05.70	1:42.80	2:20.46	2:20.46
2.	De Biesboschzwemmers 1	De Biesboschzwemmers	NED				<b>10:30.78</b>	+0.78
	Paul Wijnja	63	+0.78	35.29	1:13.87	1:53.49	2:32.91	2:32.91
	Henri Verschoor	70	+0.52	34.14	1:12.80	1:53.09	2:32.52	2:32.52
	Annette Wijnja-Visser	67	+0.34	36.17	1:18.32	2:02.05	2:44.93	2:44.93
	Anne-Marie Verschoor-Vos	81	+0.65	35.55	1:15.71	1:57.90	2:40.42	2:40.42
3.	WVZ 2	WVZ	NED				<b>11:15.88</b>	+0.75
	Chita van der Goorbergh	68	+0.75	38.14	1:22.41	2:08.85	2:55.74	2:55.74
	Leon Slingerland	68	+0.84	35.08	1:15.38	1:58.18	2:39.99	2:39.99
	Susan Breugem	71	+0.59	37.26	1:20.30	2:04.73	2:46.97	2:46.97
	John Stoffer	63	+0.31	36.64	1:19.55	2:06.97	2:53.18	2:53.18
4.	De Rog 2 *600m	De Rog	NED				<b>11:18.81</b>	+0.90
	Ageeth Westenbrink	67	+0.90	44.41	1:34.79	2:27.89	3:18.20	3:18.20
	Esther Vergeest	77	+0.37	38.93	1:22.09	2:06.19	2:49.95	2:49.95
	Wijnand Vergeest	68	+0.45	36.30	1:18.19	2:01.46	2:42.20	2:42.20
	Arjan Verheij	71		32.28	1:10.70	1:50.54	2:28.46	2:28.46

240+

1.	ZPC AMERSFOORT 1 <i>Wereld Masters Record</i>	ZPC AMERSFOORT	NED				<b>9:44.46</b>	+0.85
	Chester Marsman	69	+0.85	29.33	1:04.01	1:39.88	2:15.33	2:15.33
	Atie Pijtak-Radersma	56	+0.39	34.94	1:15.06	1:56.80	2:37.30	2:37.30
	Marjan Remmits-de Lange	63	+0.19	33.69	1:11.99	1:52.39	2:33.01	2:33.01
	Johan Remmits	62	+0.23	31.34	1:06.67	1:43.77	2:18.82	2:18.82
2.	CNSW 1 <i>Belgisch Masters Record</i>	Cercle De Natation Sportcity WolBEL					<b>10:16.79</b>	+0.91
	Jean-Marie Cadiat	53	+0.91	36.42	1:18.42	2:01.73	2:43.59	2:43.59
	Hugues Herman	66	+0.55	32.64	1:08.34	1:44.15	2:19.00	2:19.00
	Colette Crabbé	56	+0.51	36.06	1:16.66	1:58.40	2:38.70	2:38.70
	Nathalie Blondeel	77	+0.43	36.36	1:16.56	1:56.60	2:35.50	2:35.50
3.	Steenwijk 1934 1	Steenwijk 1934	NED				<b>11:53.67</b>	+0.97
	Monica Bakker	56	+0.97	43.42	1:34.05	2:28.63	3:24.11	3:24.11
	Casper Dollekamp	63	+0.51	38.25	1:20.76	2:05.46	2:48.14	2:48.14
	Linda Wibbelink	59	+0.65	40.75	1:26.45	2:13.47	2:59.03	2:59.03
	Guido Keutgen	68	+0.22	34.47	1:15.14	1:59.06	2:42.39	2:42.39

280+

1.	CNSW 2 <i>Kampioenschapsrecord, Belgisch Masters Record</i>	Cercle De Natation Sportcity WolBEL					<b>14:36.89</b>	+0.80
	Lionel Godeaux	60	+0.80	37.13	1:18.38	2:00.42	2:40.17	2:40.17
	Brigitte Dugauquier	55		48.13	1:42.92	2:39.28	3:33.14	3:33.14
	Fernande Blondeel-Gourmet	52		53.71	1:54.92	2:58.33	4:01.34	4:01.34
	Kevork Boyrazian	44	+0.44	1:00.55	2:09.92	3:19.65	4:22.24	4:22.24
2.	Old Dutch 1 <i>Kampioenschapsrecord</i>	Old Dutch	NED				<b>15:02.77</b>	
	Marie Smits	38		58.58	2:06.83	3:16.18	4:20.05	4:20.05
	Nico Baay	42	+0.74	59.54	2:05.30	3:12.88	4:20.52	4:20.52
	Karin van Nassau-van den Heuvel	66	+0.52	42.73	1:30.58	2:19.70	3:05.76	3:05.76
	Pieter Husslage	53	+0.56	44.60	1:34.76	2:27.37	3:16.44	3:16.44
3.	PSV 3	PSV	NED				<b>16:10.55</b>	+0.80
	Lies Hartman	56	+0.80	1:03.84	2:21.64	3:47.72	5:12.26	5:12.26
	Carla Hensen	53	+0.64	46.72	1:40.58	2:35.37	3:27.43	3:27.43
	Rob Hanou	43	+0.42	52.80	1:58.33	3:06.92	4:08.17	4:08.17
	André Pantekoek	58	+0.54	45.46	1:39.29	2:35.64	3:22.69	3:22.69