



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



1 - ONMK2026lb - Sessie 1

30-4-2026 - 12:30

Programmanr. 2  
30-4-2026 - 12:30

Heren, 1500m vrije slag  
Pauze na serie 4 / Break after heat 4

Masters Open  
Resultaten

rang	naam	vereniging	tijd	RT	PARA			
<b>20+</b>								
1.	Jacco Nijland	ZPC De Hof	NED 200400081	<b>19:16.50</b>	+0,84			
	50m: 33.05	33.05	450m: 5:38.28	38.94	850m: 10:52.67	39.62	1250m: 16:08.99	39.67
	100m: 1:09.60	36.55	500m: 6:16.74	38.46	900m: 11:31.81	39.14	1300m: 16:48.45	39.46
	150m: 1:46.86	37.26	550m: 6:56.35	39.61	950m: 12:11.38	39.57	1350m: 17:28.01	39.56
	200m: 2:24.70	37.84	600m: 7:35.48	39.13	1000m: 12:50.92	39.54	1400m: 18:07.66	39.65
	250m: 3:03.04	38.34	650m: 8:15.02	39.54	1050m: 13:30.52	39.60	1450m: 18:45.69	38.03
	300m: 3:41.65	38.61	700m: 8:54.06	39.04	1100m: 14:10.02	39.50	1500m: 19:16.50	30.81
	350m: 4:20.39	38.74	750m: 9:33.18	39.12	1150m: 14:49.62	39.60		
	400m: 4:59.34	38.95	800m: 10:13.05	39.87	1200m: 15:29.32	39.70		
2.	Jesper Pas	VZV Njord	NED 200200967	<b>19:37.29</b>	+0,79			
	50m: 32.63	32.63	450m: 5:43.31	39.61	850m: 11:06.27	40.37	1250m: 16:27.88	39.26
	100m: 1:09.81	37.18	500m: 6:23.10	39.79	900m: 11:47.01	40.74	1300m: 17:07.28	39.40
	150m: 1:47.89	38.08	550m: 7:03.07	39.97	950m: 12:27.33	40.32	1350m: 17:46.31	39.03
	200m: 2:26.61	38.72	600m: 7:43.68	40.61	1000m: 13:08.05	40.72	1400m: 18:25.41	39.10
	250m: 3:05.46	38.85	650m: 8:24.04	40.36	1050m: 13:48.85	40.80	1450m: 19:02.75	37.34
	300m: 3:45.05	39.59	700m: 9:05.38	41.34	1100m: 14:29.19	40.34	1500m: 19:37.29	34.54
	350m: 4:24.38	39.33	750m: 9:45.11	39.73	1150m: 15:08.58	39.39		
	400m: 5:03.70	39.32	800m: 10:25.90	40.79	1200m: 15:48.62	40.04		
3.	Marijn Snel	IJsselmeer	NED 200400001	<b>21:47.73</b>	+0,74			
	50m: 33.10	33.10	450m: 6:06.36	43.35	850m: 12:02.92	43.21	1250m: 18:04.38	44.97
	100m: 1:12.27	39.17	500m: 6:50.86	44.50	900m: 12:48.04	45.12	1300m: 18:49.98	45.60
	150m: 1:51.92	39.65	550m: 7:35.15	44.29	950m: 13:32.55	44.51	1350m: 19:34.58	44.60
	200m: 2:32.74	40.82	600m: 8:20.14	44.99	1000m: 14:17.30	44.75	1400m: 20:19.76	45.18
	250m: 3:14.59	41.85	650m: 9:04.71	44.57	1050m: 15:02.26	44.96	1450m: 21:03.80	44.04
	300m: 3:57.33	42.74	700m: 9:50.27	45.56	1100m: 15:47.36	45.10	1500m: 21:47.73	43.93
	350m: 4:39.49	42.16	750m: 10:35.34	45.07	1150m: 16:33.20	45.84		
	400m: 5:23.01	43.52	800m: 11:19.71	44.37	1200m: 17:19.41	46.21		
4.	Jesse Bruines	Batavia Swim	NED 200402413	<b>22:20.34</b>	+0,81			
	<i>Nederlands Para Record</i>				S8			
	50m: 38.75	38.75	450m: 6:36.72	45.48	850m: 12:38.71	45.15	1250m: 18:39.61	46.08
	100m: 1:21.50	42.75	500m: 7:22.09	45.37	900m: 13:23.42	44.71	1300m: 19:24.93	45.32
	150m: 2:06.28	44.78	550m: 8:07.34	45.25	950m: 14:08.42	45.00	1350m: 20:10.67	45.74
	200m: 2:51.21	44.93	600m: 8:52.22	44.88	1000m: 14:53.33	44.91	1400m: 20:54.55	43.88
	250m: 3:35.62	44.41	650m: 9:38.01	45.79	1050m: 15:38.57	45.24	1450m: 21:39.41	44.86
	300m: 4:20.68	45.06	700m: 10:23.01	45.00	1100m: 16:23.43	44.86	1500m: 22:20.34	40.93
	350m: 5:06.25	45.57	750m: 11:08.04	45.03	1150m: 17:08.79	45.36		
	400m: 5:51.24	44.99	800m: 11:53.56	45.52	1200m: 17:53.53	44.74		
<b>25+</b>								
1.	Lars Jacobsen	DWK	NED 199705453	<b>19:36.99</b>	+0,81			
	50m: 31.77	31.77	450m: 5:39.06	39.53	850m: 11:00.86	39.59	1250m: 16:25.66	40.24
	100m: 1:07.82	36.05	500m: 6:18.35	39.29	900m: 11:41.43	40.57	1300m: 17:06.58	40.92
	150m: 1:44.95	37.13	550m: 6:57.86	39.51	950m: 12:21.57	40.14	1350m: 17:47.37	40.79
	200m: 2:23.01	38.06	600m: 7:38.52	40.66	1000m: 13:02.92	41.35	1400m: 18:25.74	38.37
	250m: 3:01.35	38.34	650m: 8:17.57	39.05	1050m: 13:42.46	39.54	1450m: 19:03.36	37.62
	300m: 3:40.65	39.30	700m: 8:58.69	41.12	1100m: 14:23.47	41.01	1500m: 19:36.99	33.63
	350m: 4:19.74	39.09	750m: 9:39.86	41.17	1150m: 15:03.78	40.31		
	400m: 4:59.53	39.79	800m: 10:21.27	41.41	1200m: 15:45.42	41.64		
2.	Leon Kloots	ZPC De Hof	NED 200001363	<b>19:40.64</b>	+0,91			
	50m: 32.77	32.77	450m: 5:43.35	39.32	850m: 10:59.93	40.04	1250m: 16:21.49	40.67
	100m: 1:09.88	37.11	500m: 6:22.50	39.15	900m: 11:39.57	39.64	1300m: 17:02.15	40.66
	150m: 1:48.29	38.41	550m: 7:02.09	39.59	950m: 12:19.53	39.96	1350m: 17:42.18	40.03
	200m: 2:26.63	38.34	600m: 7:41.20	39.11	1000m: 12:59.73	40.20	1400m: 18:22.34	40.16
	250m: 3:05.84	39.21	650m: 8:21.05	39.85	1050m: 13:40.02	40.29	1450m: 19:02.27	39.93
	300m: 3:44.49	38.65	700m: 9:00.52	39.47	1100m: 14:20.06	40.04	1500m: 19:40.64	38.37
	350m: 4:24.33	39.84	750m: 9:40.20	39.68	1150m: 15:00.46	40.40		
	400m: 5:04.03	39.70	800m: 10:19.89	39.69	1200m: 15:40.82	40.36		





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Programmanr. 2, Heren, 1500m vrije slag, 25+

rang	naam	vereniging	tijd	RT	PARA			
3.	Dries Cavelaars	ZPC Amersfoort	NED 199804597	<b>20:46.98</b>	+0,71			
	50m: 34.82	34.82	450m: 6:08.24	43.04	850m: 11:47.17	42.62	1250m: 17:23.70	42.22
	100m: 1:13.91	39.09	500m: 6:50.04	41.80	900m: 12:29.40	42.23	1300m: 18:05.63	41.93
	150m: 1:54.90	40.99	550m: 7:32.69	42.65	950m: 13:12.11	42.71	1350m: 18:48.32	42.69
	200m: 2:36.18	41.28	600m: 8:14.14	41.45	1000m: 13:54.06	41.95	1400m: 19:29.07	40.75
	250m: 3:18.51	42.33	650m: 8:56.80	42.66	1050m: 14:35.92	41.86	1450m: 20:10.20	41.13
	300m: 4:00.63	42.12	700m: 9:39.19	42.39	1100m: 15:17.22	41.30	1500m: 20:46.98	36.78
	350m: 4:42.98	42.35	750m: 10:22.18	42.99	1150m: 15:59.67	42.45		
	400m: 5:25.20	42.22	800m: 11:04.55	42.37	1200m: 16:41.48	41.81		
4.	Teun van Rooij	VZ&PC Nautilus	NED 199904387	<b>21:05.62</b>	+0,67			
	50m: 35.11	35.11	450m: 6:13.06	42.55	850m: 11:54.13	42.59	1250m: 17:35.49	41.91
	100m: 1:15.24	40.13	500m: 6:55.55	42.49	900m: 12:37.21	43.08	1300m: 18:18.43	42.94
	150m: 1:57.30	42.06	550m: 7:38.48	42.93	950m: 13:20.08	42.87	1350m: 19:00.30	41.87
	200m: 2:39.47	42.17	600m: 8:20.83	42.35	1000m: 14:02.75	42.67	1400m: 19:42.71	42.41
	250m: 3:22.22	42.75	650m: 9:03.27	42.44	1050m: 14:45.54	42.79	1450m: 20:24.83	42.12
	300m: 4:04.67	42.45	700m: 9:45.83	42.56	1100m: 15:28.24	42.70	1500m: 21:05.62	40.79
	350m: 4:47.78	43.11	750m: 10:28.95	43.12	1150m: 16:10.99	42.75		
	400m: 5:30.51	42.73	800m: 11:11.54	42.59	1200m: 16:53.58	42.59		
5.	Erik Baalbergen	ZVL - 1886	NED 199805775	<b>21:55.41</b>	+0,85			
	50m: 33.52	33.52	450m: 6:14.57	44.71	850m: 12:12.62	45.40	1250m: 18:13.19	45.72
	100m: 1:11.95	38.43	500m: 6:58.90	44.33	900m: 12:57.76	45.14	1300m: 18:58.34	45.15
	150m: 1:52.36	40.41	550m: 7:43.68	44.78	950m: 13:42.68	44.92	1350m: 19:43.66	45.32
	200m: 2:34.44	42.08	600m: 8:28.14	44.46	1000m: 14:26.91	44.23	1400m: 20:28.51	44.85
	250m: 3:17.60	43.16	650m: 9:12.88	44.74	1050m: 15:12.12	45.21	1450m: 21:13.64	45.13
	300m: 4:01.44	43.84	700m: 9:57.32	44.44	1100m: 15:56.98	44.86	1500m: 21:55.41	41.77
	350m: 4:45.74	44.30	750m: 10:42.50	45.18	1150m: 16:42.70	45.72		
	400m: 5:29.86	44.12	800m: 11:27.22	44.72	1200m: 17:27.47	44.77		
6.	Bart Klootwijk	DES	NED 199801353	<b>23:24.97</b>	+0,84			
	50m: 37.63	37.63	450m: 6:43.17	46.95	850m: 13:02.92	47.60	1250m: 19:29.29	48.96
	100m: 1:21.49	43.86	500m: 7:30.54	47.37	900m: 13:50.55	47.63	1300m: 20:17.89	48.60
	150m: 2:06.78	45.29	550m: 8:17.42	46.88	950m: 14:38.24	47.69	1350m: 21:06.84	48.95
	200m: 2:52.05	45.27	600m: 9:04.31	46.89	1000m: 15:26.54	48.30	1400m: 21:54.82	47.98
	250m: 3:37.64	45.59	650m: 9:52.33	48.02	1050m: 16:14.96	48.42	1450m: 22:42.26	47.44
	300m: 4:23.53	45.89	700m: 10:39.33	47.00	1100m: 17:03.39	48.43	1500m: 23:24.97	42.71
	350m: 5:09.80	46.27	750m: 11:27.20	47.87	1150m: 17:52.04	48.65		
	400m: 5:56.22	46.42	800m: 12:15.32	48.12	1200m: 18:40.33	48.29		

30+

1.	Lester Snackers	HZPC	NED 199400947	<b>19:11.59</b>	+0,89			
	50m: 31.71	31.71	450m: 5:32.55	38.20	850m: 10:40.99	38.85	1250m: 15:54.70	39.58
	100m: 1:07.62	35.91	500m: 6:10.82	38.27	900m: 11:20.08	39.09	1300m: 16:34.12	39.42
	150m: 1:44.67	37.05	550m: 6:49.55	38.73	950m: 11:58.92	38.84	1350m: 17:14.12	40.00
	200m: 2:22.18	37.51	600m: 7:28.07	38.52	1000m: 12:37.81	38.89	1400m: 17:53.61	39.49
	250m: 2:59.92	37.74	650m: 8:06.57	38.50	1050m: 13:16.81	39.00	1450m: 18:33.23	39.62
	300m: 3:37.80	37.88	700m: 8:44.85	38.28	1100m: 13:56.16	39.35	1500m: 19:11.59	38.36
	350m: 4:16.33	38.53	750m: 9:23.47	38.62	1150m: 14:35.68	39.52		
	400m: 4:54.35	38.02	800m: 10:02.14	38.67	1200m: 15:15.12	39.44		
2.	John Smit	Poseidon'56	NED 199500613	<b>20:33.98</b>	+0,80			
	50m: 35.51	35.51	450m: 5:56.48	40.62	850m: 11:25.26	41.40	1250m: 17:33.03	43.07
	100m: 1:13.86	38.35	500m: 6:37.18	40.70	900m: 12:06.86	41.60	1300m: 17:45.80	42.77
	150m: 1:53.70	39.84	550m: 7:18.02	40.84	950m: 12:48.91	42.05	1350m: 18:28.54	42.74
	200m: 2:34.17	40.47	600m: 7:58.94	40.92	1000m: 13:30.82	41.91	1400m: 19:10.74	42.20
	250m: 3:14.58	40.41	650m: 8:40.20	41.26	1050m: 14:12.75	41.93	1450m: 19:53.18	42.44
	300m: 3:55.38	40.80	700m: 9:21.40	41.20	1100m: 14:54.98	42.23	1500m: 20:33.98	40.80
	350m: 4:35.66	40.28	750m: 10:02.84	41.44	1150m: 15:37.54	42.56		
	400m: 5:15.86	40.20	800m: 10:43.86	41.02	1200m: 16:19.96	42.42		
3.	Colin Degenars	ZPCH	NED 199505951	<b>20:49.26</b>	+0,81			
	50m: 35.78	35.78	450m: 6:10.85	42.77	850m: 11:51.12	42.41	1250m: 17:28.26	41.94
	100m: 1:15.77	39.99	500m: 6:53.75	42.90	900m: 12:34.17	43.05	1300m: 18:10.61	42.35
	150m: 1:57.01	41.24	550m: 7:35.66	41.91	950m: 13:15.82	41.65	1350m: 18:51.83	41.22
	200m: 2:39.11	42.10	600m: 8:18.47	42.81	1000m: 13:58.17	42.35	1400m: 19:32.27	40.44
	250m: 3:20.91	41.80	650m: 9:00.85	42.38	1050m: 14:40.27	42.10	1450m: 20:11.87	39.60
	300m: 4:03.47	42.56	700m: 9:43.78	42.93	1100m: 15:22.11	41.84	1500m: 20:49.26	37.39
	350m: 4:45.47	42.00	750m: 10:26.07	42.29	1150m: 16:03.50	41.39		
	400m: 5:28.08	42.61	800m: 11:08.71	42.64	1200m: 16:46.32	42.82		
4.	Remco Visser	ZPC Woerden	NED 199503185	<b>22:19.54</b>	+0,84			
	50m: 36.80	36.80	450m: 6:26.61	45.60	850m: 12:30.70	45.08	1250m: 18:37.99	45.19
	100m: 1:17.66	40.86	500m: 7:12.48	45.87	900m: 13:16.19	45.49	1300m: 19:22.42	44.43
	150m: 1:59.69	42.03	550m: 7:58.10	45.62	950m: 14:02.24	46.05	1350m: 20:07.45	45.03
	200m: 2:42.81	43.12	600m: 8:43.48	45.38	1000m: 14:48.90	46.66	1400m: 20:51.87	44.42
	250m: 3:26.44	43.63	650m: 9:29.41	45.93	1050m: 15:34.86	45.96	1450m: 21:36.14	44.27
	300m: 4:10.88	44.44	700m: 10:15.44	46.03	1100m: 16:20.67	45.81	1500m: 22:19.54	43.40
	350m: 4:55.50	44.62	750m: 11:00.32	44.88	1150m: 17:07.09	46.42		
	400m: 5:41.01	45.51	800m: 11:45.62	45.30	1200m: 17:52.80	45.71		





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 2, Heren, 1500m vrije slag

35+

<b>1. Tim Bunnik</b>		<b>Triton</b>		<b>NED 199000505</b>		<b>19:22.21</b>		<b>+0,79</b>			
50m:	33.72	33.72	450m:	5:49.04	39.46	850m:	11:03.71	38.47	1250m:	16:12.94	38.82
100m:	1:11.63	37.91	500m:	6:28.89	39.85	900m:	11:42.74	39.03	1300m:	16:51.71	38.77
150m:	1:49.97	38.34	550m:	7:07.91	39.02	950m:	12:21.49	38.75	1350m:	17:30.95	39.24
200m:	2:29.26	39.29	600m:	7:47.45	39.54	1000m:	13:00.46	38.97	1400m:	18:09.18	38.23
250m:	3:08.98	39.72	650m:	8:26.63	39.18	1050m:	13:39.16	38.70	1450m:	18:46.14	36.96
300m:	3:49.16	40.18	700m:	9:06.52	39.89	1100m:	14:17.41	38.25	1500m:	19:22.21	36.07
350m:	4:29.26	40.10	750m:	9:46.35	39.83	1150m:	14:55.71	38.30			
400m:	5:09.58	40.32	800m:	10:25.24	38.89	1200m:	15:34.12	38.41			
<b>2. Patrick Creemers</b>		<b>SG Patrick - De Roersoppers</b>		<b>NED 199000579</b>		<b>19:37.08</b>		<b>+0,77</b>			
50m:	32.71	32.71	450m:	5:46.68	39.92	850m:	11:05.94	39.61	1250m:	16:24.40	39.43
100m:	1:10.12	37.41	500m:	6:26.56	39.88	900m:	11:45.72	39.78	1300m:	17:03.77	39.37
150m:	1:49.16	39.04	550m:	7:06.70	40.14	950m:	12:25.18	39.46	1350m:	17:43.41	39.64
200m:	2:28.24	39.08	600m:	7:46.45	39.75	1000m:	13:05.08	39.90	1400m:	18:21.90	38.49
250m:	3:07.49	39.25	650m:	8:26.25	39.80	1050m:	13:45.24	40.16	1450m:	19:00.09	38.19
300m:	3:47.09	39.60	700m:	9:06.08	39.83	1100m:	14:24.61	39.37	1500m:	19:37.08	36.99
350m:	4:27.34	40.25	750m:	9:46.29	40.21	1150m:	15:04.57	39.96			
400m:	5:06.76	39.42	800m:	10:26.33	40.04	1200m:	15:44.97	40.40			
<b>3. Niels Albrechts</b>		<b>De Schotejil</b>		<b>NED 198800039</b>		<b>19:55.29</b>		<b>+0,88</b>			
50m:	35.54	35.54	450m:	5:52.08	39.82	850m:	11:10.41	40.14	1250m:	16:34.10	40.98
100m:	1:13.44	37.90	500m:	6:31.32	39.24	900m:	11:49.60	39.19	1300m:	17:14.84	40.74
150m:	1:52.41	38.97	550m:	7:11.36	40.04	950m:	12:30.24	40.64	1350m:	17:55.97	41.13
200m:	2:31.75	39.34	600m:	7:50.79	39.43	1000m:	13:10.65	40.41	1400m:	18:36.45	40.48
250m:	3:11.73	39.98	650m:	8:30.38	39.59	1050m:	13:51.31	40.66	1450m:	19:17.87	41.42
300m:	3:51.58	39.85	700m:	9:10.56	40.18	1100m:	14:31.75	40.44	1500m:	19:55.29	37.42
350m:	4:31.72	40.14	750m:	9:50.38	39.82	1150m:	15:12.65	40.90			
400m:	5:12.26	40.54	800m:	10:30.27	39.89	1200m:	15:53.12	40.47			
<b>4. Wessel Everloo</b>		<b>WS Twente</b>		<b>NED 198906597</b>		<b>S14 19:58.27</b>					
50m:	34.48	34.48	450m:	5:52.14	39.31	850m:	11:16.74	40.57	1250m:	16:41.58	40.13
100m:	1:13.67	39.19	500m:	6:32.29	40.15	900m:	11:57.23	40.49	1300m:	17:21.91	40.33
150m:	1:53.96	40.29	550m:	7:12.85	40.56	950m:	12:36.97	39.74	1350m:	18:01.38	39.47
200m:	2:34.02	40.06	600m:	7:53.64	40.79	1000m:	13:18.24	41.27	1400m:	18:42.25	40.87
250m:	3:13.97	39.95	650m:	8:33.81	40.17	1050m:	13:58.50	40.26	1450m:	19:20.57	38.32
300m:	3:53.87	39.90	700m:	9:14.76	40.95	1100m:	14:39.75	41.25	1500m:	19:58.27	37.70
350m:	4:33.11	39.24	750m:	9:54.81	40.05	1150m:	15:20.37	40.62			
400m:	5:12.83	39.72	800m:	10:36.17	41.36	1200m:	16:01.45	41.08			
<b>5. Matthew Humphreys</b>		<b>MSV-Zeemacht</b>		<b>NED 198906983</b>		<b>20:10.53</b>		<b>+0,81</b>			
50m:	33.72	33.72	450m:	5:48.66	39.54	850m:	11:06.33	39.15	1250m:	16:37.74	42.15
100m:	1:11.36	37.64	500m:	6:28.69	40.03	900m:	11:46.95	40.62	1300m:	17:20.02	42.28
150m:	1:49.60	38.24	550m:	7:08.19	39.50	950m:	12:27.41	40.46	1350m:	18:02.39	42.37
200m:	2:28.89	39.29	600m:	7:47.68	39.49	1000m:	13:08.54	41.13	1400m:	18:44.40	42.01
250m:	3:08.65	39.76	650m:	8:27.39	39.71	1050m:	13:49.71	41.17	1450m:	19:27.47	43.07
300m:	3:48.91	40.26	700m:	9:07.41	40.02	1100m:	14:31.68	41.97	1500m:	20:10.53	43.06
350m:	4:29.06	40.15	750m:	9:47.58	40.17	1150m:	15:13.41	41.73			
400m:	5:09.12	40.06	800m:	10:27.18	39.60	1200m:	15:55.59	42.18			
<b>6. Eric Kalee</b>		<b>Zwemvereniging Hoogland</b>		<b>NED 199005307</b>		<b>21:08.47</b>		<b>+0,85</b>			
50m:	36.47	36.47	450m:	6:11.99	42.66	850m:	11:52.78	42.81	1250m:	17:36.67	42.99
100m:	1:17.01	40.54	500m:	6:55.03	43.04	900m:	12:35.42	42.64	1300m:	18:19.26	42.59
150m:	1:58.89	41.88	550m:	7:37.70	42.67	950m:	13:18.29	42.87	1350m:	19:02.43	43.17
200m:	2:41.03	42.14	600m:	8:19.77	42.07	1000m:	14:00.93	42.64	1400m:	19:45.10	42.67
250m:	3:23.08	42.05	650m:	9:02.59	42.82	1050m:	14:44.21	43.28	1450m:	20:27.44	42.34
300m:	4:05.07	41.99	700m:	9:45.04	42.45	1100m:	15:27.21	43.00	1500m:	21:08.47	41.03
350m:	4:47.24	42.17	750m:	10:27.90	42.86	1150m:	16:10.62	43.41			
400m:	5:29.33	42.09	800m:	11:09.97	42.07	1200m:	16:53.68	43.06			

40+

<b>1. Pieter Pickhardt</b>		<b>ZPC De Hof</b>		<b>NED 198301657</b>		<b>19:38.89</b>		<b>+0,87</b>			
50m:	33.70	33.70	450m:	5:37.81	38.89	850m:	10:54.08	40.13	1250m:	16:18.14	40.54
100m:	1:10.06	36.36	500m:	6:16.69	38.88	900m:	11:34.28	40.20	1300m:	16:58.89	40.75
150m:	1:47.37	37.31	550m:	6:55.67	38.98	950m:	12:14.82	40.54	1350m:	17:39.54	40.65
200m:	2:25.09	37.72	600m:	7:34.92	39.25	1000m:	12:55.16	40.34	1400m:	18:20.09	40.55
250m:	3:03.14	38.05	650m:	8:14.48	39.56	1050m:	13:35.83	40.67	1450m:	19:00.54	40.45
300m:	3:41.41	38.27	700m:	8:54.05	39.57	1100m:	14:15.98	40.15	1500m:	19:38.89	38.35
350m:	4:20.39	38.98	750m:	9:34.14	40.09	1150m:	14:56.76	40.78			
400m:	4:58.92	38.53	800m:	10:13.95	39.81	1200m:	15:37.60	40.84			
<b>2. Frank v.d. Voordt</b>		<b>De Schotejil</b>		<b>NED 198302259</b>		<b>20:26.22</b>		<b>+0,83</b>			
50m:	34.37	34.37	450m:	5:52.82	40.43	850m:	11:17.82	40.74	1250m:	16:51.46	42.57
100m:	1:12.69	38.32	500m:	6:32.89	40.07	900m:	11:59.03	41.21	1300m:	17:33.90	42.44
150m:	1:51.84	39.15	550m:	7:13.23	40.34	950m:	12:40.41	41.38	1350m:	18:17.07	43.17
200m:	2:31.61	39.77	600m:	7:53.94	40.71	1000m:	13:22.09	41.68	1400m:	19:00.54	43.47
250m:	3:11.62	40.01	650m:	8:34.79	40.85	1050m:	14:03.83	41.74	1450m:	19:43.91	43.37
300m:	3:51.97	40.35	700m:	9:15.56	40.77	1100m:	14:45.27	41.44	1500m:	20:26.22	42.31
350m:	4:32.06	40.09	750m:	9:56.47	40.91	1150m:	15:27.25	41.98			
400m:	5:12.39	40.33	800m:	10:37.08	40.61	1200m:	16:08.89	41.64			



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 2, Heren, 1500m vrije slag, 40+

rang	naam	vereniging			tijd	RT	PARA	
3.	Sander van Tilburg	De Biesboschzwemmers	NED	198604609	<b>22:17.34</b>	+0,88		
	50m: 37.91	37.91	450m: 6:35.93	44.77	850m: 12:35.65	44.58	1250m: 18:35.67	44.29
	100m: 1:20.56	42.65	500m: 7:22.62	46.69	900m: 13:20.91	45.26	1300m: 19:21.59	45.92
	150m: 2:03.96	43.40	550m: 8:06.86	44.24	950m: 14:05.37	44.46	1350m: 20:05.71	44.12
	200m: 2:48.99	45.03	600m: 8:52.32	45.46	1000m: 14:50.53	45.16	1400m: 20:50.93	45.22
	250m: 3:33.65	44.66	650m: 9:35.99	43.67	1050m: 15:35.51	44.98	1450m: 21:34.92	43.99
	300m: 4:19.94	46.29	700m: 10:21.18	45.19	1100m: 16:21.30	45.79	1500m: 22:17.34	42.42
	350m: 5:05.26	45.32	750m: 11:05.96	44.78	1150m: 17:05.69	44.39		
	400m: 5:51.16	45.90	800m: 11:51.07	45.11	1200m: 17:51.38	45.69		

4.	Rob van Wanrooy	Albion	NED	198202627	<b>22:17.47</b>	+0,82		
	50m: 39.48	39.48	450m: 6:39.67	44.69	850m: 12:41.68	44.91	1250m: 18:38.94	44.01
	100m: 1:23.42	43.94	500m: 7:25.35	45.68	900m: 13:26.59	44.91	1300m: 19:23.13	44.19
	150m: 2:08.80	45.38	550m: 8:10.63	45.28	950m: 14:11.66	45.07	1350m: 20:07.41	44.28
	200m: 2:54.71	45.91	600m: 8:56.18	45.55	1000m: 14:56.56	44.90	1400m: 20:51.60	44.19
	250m: 3:39.74	45.03	650m: 9:41.89	45.71	1050m: 15:41.31	44.75	1450m: 21:35.43	43.83
	300m: 4:25.13	45.39	700m: 10:27.30	45.41	1100m: 16:26.22	44.91	1500m: 22:17.47	42.04
	350m: 5:09.96	44.83	750m: 11:12.24	44.94	1150m: 17:10.36	44.14		
	400m: 5:54.98	45.02	800m: 11:56.77	44.53	1200m: 17:54.93	44.57		

45+

1.	Gergely Molnár	Iron Swim	HUN	66/752	<b>18:45.11</b>	+0,80		
	50m: 32.90	32.90	450m: 5:32.01	37.76	850m: 10:35.63	38.13	1250m: 15:38.54	37.86
	100m: 1:09.19	36.29	500m: 6:10.13	38.12	900m: 11:13.02	37.39	1300m: 16:16.07	37.53
	150m: 1:46.47	37.28	550m: 6:48.36	38.23	950m: 11:50.89	37.87	1350m: 16:53.42	37.35
	200m: 2:23.29	36.82	600m: 7:26.38	38.02	1000m: 12:28.72	37.83	1400m: 17:31.28	37.86
	250m: 3:01.28	37.99	650m: 8:03.99	37.61	1050m: 13:07.13	38.41	1450m: 18:08.95	37.67
	300m: 3:38.65	37.37	700m: 8:41.92	37.93	1100m: 13:44.50	37.37	1500m: 18:45.11	36.16
	350m: 4:16.61	37.96	750m: 9:20.09	38.17	1150m: 14:22.87	38.37		
	400m: 4:54.25	37.64	800m: 9:57.50	37.41	1200m: 15:00.68	37.81		

2.	Martijn Butter	OEZA	NED	197900231	<b>18:53.47</b>	+0,84		
	50m: 34.17	34.17	450m: 5:34.08	37.69	850m: 10:37.12	38.36	1250m: 15:44.72	38.81
	100m: 1:10.87	36.70	500m: 6:11.56	37.48	900m: 11:15.32	38.20	1300m: 16:23.20	38.48
	150m: 1:48.30	37.43	550m: 6:49.40	37.84	950m: 11:53.74	38.42	1350m: 17:01.60	38.40
	200m: 2:25.74	37.44	600m: 7:26.82	37.42	1000m: 12:31.77	38.03	1400m: 17:40.02	38.42
	250m: 3:03.40	37.66	650m: 8:04.74	37.92	1050m: 13:10.34	38.57	1450m: 18:18.10	38.08
	300m: 3:41.00	37.60	700m: 8:42.42	37.68	1100m: 13:48.55	38.21	1500m: 18:53.47	35.37
	350m: 4:18.89	37.89	750m: 9:20.56	38.14	1150m: 14:27.21	38.66		
	400m: 4:56.39	37.50	800m: 9:58.76	38.20	1200m: 15:05.91	38.70		

3.	Marcel Reefhuis	WS Twente	NED	198101381	<b>20:40.16</b>	+0,74		
	50m: 34.91	34.91	450m: 5:59.89	40.76	850m: 11:27.09	41.09	1250m: 17:03.63	43.06
	100m: 1:14.60	39.69	500m: 6:40.60	40.71	900m: 12:08.14	41.05	1300m: 17:47.10	43.47
	150m: 1:55.28	40.68	550m: 7:21.67	41.07	950m: 12:49.70	41.56	1350m: 18:30.65	43.55
	200m: 2:36.19	40.91	600m: 8:02.67	41.00	1000m: 13:31.40	41.70	1400m: 19:14.33	43.68
	250m: 3:16.96	40.77	650m: 8:43.39	40.72	1050m: 14:13.53	42.13	1450m: 19:58.37	44.04
	300m: 3:57.75	40.79	700m: 9:24.33	40.94	1100m: 14:55.56	42.03	1500m: 20:40.16	41.79
	350m: 4:38.32	40.57	750m: 10:05.21	40.88	1150m: 15:37.79	42.23		
	400m: 5:19.13	40.81	800m: 10:46.00	40.79	1200m: 16:20.57	42.78		

4.	Freddie Geerlings	Zwemsport Parkstad	NED	197900379	<b>21:20.18</b>			
	50m: 37.32	37.32	450m: 6:17.11	42.14	850m: 12:00.27	42.07	1250m: 17:46.02	42.69
	100m: 1:18.84	41.52	500m: 7:00.37	43.26	900m: 12:43.40	43.13	1300m: 18:29.77	43.75
	150m: 2:01.19	42.35	550m: 7:43.11	42.74	950m: 13:26.56	43.16	1350m: 19:12.47	42.70
	200m: 2:44.25	43.06	600m: 8:26.57	43.46	1000m: 14:10.37	43.81	1400m: 19:56.71	44.24
	250m: 3:26.32	42.07	650m: 9:08.92	42.35	1050m: 14:53.49	43.12	1450m: 20:39.91	43.20
	300m: 4:09.49	43.17	700m: 9:52.88	43.96	1100m: 15:37.11	43.62	1500m: 21:20.18	40.27
	350m: 4:51.78	42.29	750m: 10:35.08	42.20	1150m: 16:19.83	42.72		
	400m: 5:34.97	43.19	800m: 11:18.20	43.12	1200m: 17:03.33	43.50		

5.	Tom Bandsma	PSV	NED	197701625	<b>22:47.40</b>			
	50m: 40.02	40.02	450m: 6:49.22	46.05	850m: 12:57.23	45.00	1250m: 19:02.24	45.72
	100m: 1:24.25	44.23	500m: 7:35.94	46.72	900m: 13:43.41	46.18	1300m: 19:48.36	46.12
	150m: 2:10.01	45.76	550m: 8:21.83	45.89	950m: 14:28.12	44.71	1350m: 20:33.46	45.10
	200m: 2:56.79	46.78	600m: 9:08.32	46.49	1000m: 15:13.72	45.60	1400m: 21:19.75	46.29
	250m: 3:42.84	46.05	650m: 9:53.85	45.53	1050m: 15:58.85	45.13	1450m: 22:04.59	44.84
	300m: 4:29.95	47.11	700m: 10:40.38	46.53	1100m: 16:45.24	46.39	1500m: 22:47.40	42.81
	350m: 5:16.45	46.50	750m: 11:26.13	45.75	1150m: 17:30.42	45.18		
	400m: 6:03.17	46.72	800m: 12:12.23	46.10	1200m: 18:16.52	46.10		

50+





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 2, Heren, 1500m vrije slag, 50+

rang	naam	vereniging	tijd	RT	PARA			
1.	Aart Kruis	MZ&PC Maastricht	<b>19:50.62</b>					
	50m: 36.71	36.71	450m: 5:55.45	39.75	850m: 11:12.13	39.47	1250m: 16:31.86	40.17
	100m: 1:16.49	39.78	500m: 6:35.75	40.30	900m: 11:52.01	39.88	1300m: 17:11.83	39.97
	150m: 1:56.09	39.60	550m: 7:15.31	39.56	950m: 12:31.85	39.84	1350m: 17:51.93	40.10
	200m: 2:36.39	40.30	600m: 7:54.65	39.34	1000m: 13:11.72	39.87	1400m: 18:32.26	40.33
	250m: 3:16.16	39.77	650m: 8:34.20	39.55	1050m: 13:51.77	40.05	1450m: 19:11.60	39.34
	300m: 3:56.01	39.85	700m: 9:13.87	39.67	1100m: 14:31.62	39.85	1500m: 19:50.62	39.02
	350m: 4:35.50	39.49	750m: 9:53.14	39.27	1150m: 15:12.00	40.38		
	400m: 5:15.70	40.20	800m: 10:32.66	39.52	1200m: 15:51.69	39.69		

2.	Jeroen Hoeksels	ZV Vlaardingen-Schiedam	<b>25:29.87</b>	<b>+0,99</b>				
	50m: 43.40	43.40	450m: 7:23.47	51.25	850m: 14:14.06	52.02	1250m: 21:10.16	52.24
	100m: 1:30.97	47.57	500m: 8:13.92	50.45	900m: 15:05.90	51.84	1300m: 22:02.67	52.51
	150m: 2:20.62	49.65	550m: 9:05.41	51.49	950m: 15:57.98	52.08	1350m: 22:55.24	52.57
	200m: 3:09.85	49.23	600m: 9:56.09	50.68	1000m: 16:49.95	51.97	1400m: 23:47.34	52.10
	250m: 4:00.80	50.95	650m: 10:47.78	51.69	1050m: 17:42.25	52.30	1450m: 24:39.28	51.94
	300m: 4:50.38	49.58	700m: 11:38.69	50.91	1100m: 18:34.10	51.85	1500m: 25:29.87	50.59
	350m: 5:41.58	51.20	750m: 12:30.33	51.64	1150m: 19:25.94	51.84		
	400m: 6:32.22	50.64	800m: 13:22.04	51.71	1200m: 20:17.92	51.98		

55+

1.	Bruno Nahon	Cercle De Natation Sportcity WolBEL	<b>20:41.84</b>	<b>+0,97</b>				
	50m: 37.37	37.37	450m: 6:09.07	42.04	850m: 11:41.64	41.58	1250m: 17:13.78	41.56
	100m: 1:17.29	39.92	500m: 6:50.51	41.44	900m: 12:22.95	41.31	1300m: 17:55.76	41.98
	150m: 1:58.95	41.66	550m: 7:32.38	41.87	950m: 13:04.55	41.60	1350m: 18:37.63	41.87
	200m: 2:40.25	41.30	600m: 8:13.70	41.32	1000m: 13:46.20	41.65	1400m: 19:19.70	42.07
	250m: 3:21.98	41.73	650m: 8:55.59	41.89	1050m: 14:27.83	41.63	1450m: 20:01.61	41.91
	300m: 4:03.30	41.32	700m: 9:37.14	41.55	1100m: 15:09.28	41.45	1500m: 20:41.84	40.23
	350m: 4:45.32	42.02	750m: 10:18.72	41.58	1150m: 15:50.80	41.52		
	400m: 5:27.03	41.71	800m: 11:00.06	41.34	1200m: 16:32.22	41.42		

2.	Geert Wijn	De Gelenberg	<b>20:42.50</b>	<b>+0,88</b>				
	50m: 36.48	36.48	450m: 5:59.81	41.04	850m: 11:33.95	41.73	1250m: 17:12.93	42.75
	100m: 1:16.28	39.80	500m: 6:41.24	41.43	900m: 12:15.92	41.97	1300m: 17:55.90	42.97
	150m: 1:56.78	40.50	550m: 7:22.70	41.46	950m: 12:58.05	42.13	1350m: 18:39.17	43.27
	200m: 2:36.89	40.11	600m: 8:04.49	41.79	1000m: 13:40.09	42.04	1400m: 19:21.86	42.69
	250m: 3:17.26	40.37	650m: 8:46.20	41.71	1050m: 14:22.57	42.48	1450m: 20:03.27	41.41
	300m: 3:57.75	40.49	700m: 9:28.37	42.17	1100m: 15:05.03	42.46	1500m: 20:42.50	39.23
	350m: 4:37.89	40.14	750m: 10:10.20	41.83	1150m: 15:48.14	43.11		
	400m: 5:18.77	40.88	800m: 10:52.22	42.02	1200m: 16:30.18	42.04		

3.	Chris Kouwenhoven	De Grunte	<b>21:32.87</b>					
	50m: 37.77	37.77	450m: 6:15.95	43.58	850m: 12:04.31	43.89	1250m: 17:54.31	44.22
	100m: 1:18.19	40.42	500m: 6:59.09	43.14	900m: 12:47.87	43.56	1300m: 18:38.47	44.16
	150m: 2:00.23	42.04	550m: 7:42.70	43.61	950m: 13:31.41	43.54	1350m: 19:22.83	44.36
	200m: 2:41.67	41.44	600m: 8:26.22	43.52	1000m: 14:15.07	43.66	1400m: 20:06.87	44.04
	250m: 3:24.33	42.66	650m: 9:10.23	44.01	1050m: 14:58.82	43.75	1450m: 20:50.88	44.01
	300m: 4:06.49	42.16	700m: 9:53.59	43.36	1100m: 15:42.19	43.37	1500m: 21:32.87	41.99
	350m: 4:49.39	42.90	750m: 10:37.26	43.67	1150m: 16:26.23	44.04		
	400m: 5:32.37	42.98	800m: 11:20.42	43.16	1200m: 17:10.09	43.86		

4.	Eduard Leusink	De Mors	<b>22:25.75</b>	<b>+0,94</b>				
	50m: 39.50	39.50	450m: 6:39.10	45.24	850m: 12:37.53	44.70	1250m: 18:40.64	46.07
	100m: 1:22.14	42.64	500m: 7:23.82	44.72	900m: 13:22.52	44.99	1300m: 19:26.25	45.61
	150m: 2:06.79	44.65	550m: 8:08.69	44.87	950m: 14:08.30	45.78	1350m: 20:11.94	45.69
	200m: 2:51.75	44.96	600m: 8:53.07	44.38	1000m: 14:53.84	45.54	1400m: 20:57.06	45.12
	250m: 3:37.34	45.59	650m: 9:37.86	44.79	1050m: 15:39.07	45.23	1450m: 21:43.46	46.40
	300m: 4:22.80	45.46	700m: 10:22.78	44.92	1100m: 16:23.88	44.81	1500m: 22:25.75	42.29
	350m: 5:08.58	45.78	750m: 11:07.92	45.14	1150m: 17:09.16	45.28		
	400m: 5:53.86	45.28	800m: 11:52.83	44.91	1200m: 17:54.57	45.41		

5.	Leon Slingerland	WVZ	<b>23:22.55</b>	<b>+0,97</b>				
	50m: 39.67	39.67	450m: 7:00.10	47.23	850m: 13:18.41	47.03	1250m: 19:34.41	46.39
	100m: 1:25.03	45.36	500m: 7:48.30	48.20	900m: 14:05.22	46.81	1300m: 20:21.29	46.88
	150m: 2:12.58	47.55	550m: 8:35.08	46.78	950m: 14:51.92	46.70	1350m: 21:07.62	46.33
	200m: 3:00.47	47.89	600m: 9:22.73	47.65	1000m: 15:39.25	47.33	1400m: 21:54.08	46.46
	250m: 3:48.06	47.59	650m: 10:09.61	46.88	1050m: 16:26.63	47.38	1450m: 22:39.31	45.23
	300m: 4:36.25	48.19	700m: 10:56.65	47.04	1100m: 17:13.68	47.05	1500m: 23:22.55	43.24
	350m: 5:24.17	47.92	750m: 11:44.15	47.50	1150m: 18:00.55	46.87		
	400m: 6:12.87	48.70	800m: 12:31.38	47.23	1200m: 18:48.02	47.47		

60+





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 2, Heren, 1500m vrije slag, 60+

rang	naam	vereniging	tijd	RT	PARA			
1.	Johan Remmits	ZPC Amersfoort	<b>20:15.75</b>	+0,88				
	50m: 35.28	35.28	450m: 5:59.97	41.11	850m: 11:26.24	40.61	1250m: 16:54.44	41.15
	100m: 1:15.19	39.91	500m: 6:40.47	40.50	900m: 12:06.80	40.56	1300m: 17:35.29	40.85
	150m: 1:56.54	41.35	550m: 7:21.19	40.72	950m: 12:47.81	41.01	1350m: 18:16.34	41.05
	200m: 2:37.15	40.61	600m: 8:01.98	40.79	1000m: 13:28.81	41.00	1400m: 18:57.23	40.89
	250m: 3:17.96	40.81	650m: 8:42.88	40.90	1050m: 14:09.67	40.86	1450m: 19:37.44	40.21
	300m: 3:58.51	40.55	700m: 9:23.43	40.55	1100m: 14:50.66	40.99	1500m: 20:15.75	38.31
	350m: 4:38.44	39.93	750m: 10:04.82	41.39	1150m: 15:32.04	41.38		
	400m: 5:18.86	40.42	800m: 10:45.63	40.81	1200m: 16:13.29	41.25		
2.	Jon Christensen	Luxembourg Sharks Swimming CLUX	<b>20:16.54</b>	+0,79				
	50m: 36.49	36.49	450m: 5:56.81	40.01	850m: 11:21.52	40.99	1250m: 16:53.29	41.50
	100m: 1:16.07	39.58	500m: 6:37.32	40.51	900m: 12:02.79	41.27	1300m: 17:35.18	41.89
	150m: 1:56.28	40.21	550m: 7:17.34	40.02	950m: 12:43.82	41.03	1350m: 18:16.45	41.27
	200m: 2:36.70	40.42	600m: 7:57.43	40.09	1000m: 13:24.84	41.02	1400m: 18:57.60	41.15
	250m: 3:16.98	40.28	650m: 8:37.98	40.55	1050m: 14:06.45	41.61	1450m: 19:38.01	40.41
	300m: 3:57.00	40.02	700m: 9:18.59	40.61	1100m: 14:48.44	41.99	1500m: 20:16.54	38.53
	350m: 4:36.89	39.89	750m: 9:59.46	40.87	1150m: 15:29.94	41.50		
	400m: 5:16.80	39.91	800m: 10:40.53	41.07	1200m: 16:11.79	41.85		
3.	Kees-Jan van Overbeeke	WWV Winterswijk	<b>22:32.16</b>	+0,89				
	50m: 39.52	39.52	450m: 6:38.83	45.20	850m: 12:44.21	45.25	1250m: 18:48.19	44.91
	100m: 1:23.22	43.70	500m: 7:24.68	45.85	900m: 13:30.10	45.89	1300m: 19:33.97	45.78
	150m: 2:08.36	45.14	550m: 8:09.88	45.20	950m: 14:15.97	45.87	1350m: 20:19.42	45.45
	200m: 2:53.64	45.28	600m: 8:55.78	45.90	1000m: 15:02.22	46.25	1400m: 21:04.40	44.98
	250m: 3:38.86	45.22	650m: 9:41.21	45.43	1050m: 15:47.34	45.12	1450m: 21:49.51	45.11
	300m: 4:24.05	45.19	700m: 10:27.45	46.24	1100m: 16:33.28	45.94	1500m: 22:32.16	42.65
	350m: 5:08.73	44.68	750m: 11:13.35	45.90	1150m: 17:18.59	45.31		
	400m: 5:53.63	44.90	800m: 11:58.96	45.61	1200m: 18:03.28	44.69		
4.	Casper Dollekamp	Steenwijk 1934	<b>25:39.17</b>	+0,97				
	50m: 42.03	42.03	450m: 7:25.21	51.61	850m: 14:25.26	52.83	1250m: 21:22.93	51.81
	100m: 1:29.72	47.69	500m: 8:17.68	52.47	900m: 15:17.17	51.91	1300m: 22:14.88	51.95
	150m: 2:19.21	49.49	550m: 9:09.18	51.50	950m: 16:09.11	51.94	1350m: 23:08.04	53.16
	200m: 3:08.81	49.60	600m: 10:02.39	53.21	1000m: 17:02.12	53.01	1400m: 23:59.26	51.22
	250m: 3:59.48	50.67	650m: 10:55.15	52.76	1050m: 17:54.27	52.15	1450m: 24:52.18	52.92
	300m: 4:51.02	51.54	700m: 11:47.56	52.41	1100m: 18:46.37	52.10	1500m: 25:39.17	46.99
	350m: 5:41.86	50.84	750m: 12:40.41	52.85	1150m: 19:39.29	52.92		
	400m: 6:33.60	51.74	800m: 13:32.43	52.02	1200m: 20:31.12	51.83		

65+

1.	Marten de Groot	HZ&PC Heerenveen	<b>21:20.35</b>	+0,93				
	50m: 36.58	36.58	450m: 6:16.65	42.60	850m: 11:59.55	43.37	1250m: 17:45.08	43.33
	100m: 1:18.45	41.87	500m: 6:59.01	42.36	900m: 12:43.29	43.74	1300m: 18:28.86	43.78
	150m: 2:01.32	42.87	550m: 7:41.40	42.39	950m: 13:26.01	42.72	1350m: 19:12.43	43.57
	200m: 2:43.77	42.45	600m: 8:24.08	42.68	1000m: 14:09.14	43.13	1400m: 19:55.82	43.39
	250m: 3:26.47	42.70	650m: 9:07.17	43.09	1050m: 14:51.43	42.29	1450m: 20:38.87	43.05
	300m: 4:08.72	42.25	700m: 9:50.48	43.31	1100m: 15:35.05	43.62	1500m: 21:20.35	41.48
	350m: 4:51.31	42.59	750m: 10:32.77	42.29	1150m: 16:18.18	43.13		
	400m: 5:34.05	42.74	800m: 11:16.18	43.41	1200m: 17:01.75	43.57		
2.	Wim Hoogland	ZPCH	<b>22:41.21</b>	+0,94				
	50m: 39.71	39.71	450m: 6:40.36	45.77	850m: 12:46.36	46.18	1250m: 18:55.60	45.72
	100m: 1:23.34	43.63	500m: 7:26.09	45.73	900m: 13:33.16	46.80	1300m: 19:41.93	46.33
	150m: 2:08.34	45.00	550m: 8:11.85	45.76	950m: 14:19.59	46.43	1350m: 20:28.51	46.58
	200m: 2:53.34	45.00	600m: 8:57.78	45.93	1000m: 15:05.67	46.08	1400m: 21:13.39	44.88
	250m: 3:38.73	45.39	650m: 9:42.98	45.20	1050m: 15:51.95	46.28	1450m: 21:58.55	45.16
	300m: 4:23.74	45.01	700m: 10:29.19	46.21	1100m: 16:37.74	45.79	1500m: 22:41.21	42.66
	350m: 5:09.17	45.43	750m: 11:14.56	45.37	1150m: 17:23.61	45.87		
	400m: 5:54.59	45.42	800m: 12:00.18	45.62	1200m: 18:09.88	46.27		
3.	Rene Janssen	Team Noord Holland (SG)	<b>23:24.23</b>	+0,95				
	50m: 41.42	41.42	450m: 6:58.48	48.01	850m: 13:15.46	47.07	1250m: 19:32.50	47.41
	100m: 1:26.51	45.09	500m: 7:45.21	46.73	900m: 14:02.32	46.86	1300m: 20:19.48	46.98
	150m: 2:14.03	47.52	550m: 8:32.82	47.61	950m: 14:49.51	47.19	1350m: 21:06.75	47.27
	200m: 3:00.88	46.85	600m: 9:19.45	46.63	1000m: 15:35.90	46.39	1400m: 21:52.86	46.11
	250m: 3:48.72	47.84	650m: 10:06.93	47.48	1050m: 16:23.91	48.01	1450m: 22:39.82	46.96
	300m: 4:35.74	47.02	700m: 10:53.29	46.36	1100m: 17:10.39	46.48	1500m: 23:24.23	44.41
	350m: 5:23.76	48.02	750m: 11:41.35	48.06	1150m: 17:58.32	47.93		
	400m: 6:10.47	46.71	800m: 12:28.39	47.04	1200m: 18:45.09	46.77		

70+



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 2, Heren, 1500m vrije slag, 70+

rang	naam	vereniging	tijd	RT	PARA	
1.	Henk Slomp	De Inktvis	<b>23:14.90</b>	+0,94		
	50m: 39.54	39.54	450m: 6:48.95	47.50	850m: 13:04.92	47.32
	100m: 1:23.07	43.53	500m: 7:37.11	48.16	900m: 13:52.38	47.46
	150m: 2:07.92	44.85	550m: 8:24.86	47.75	950m: 14:39.52	47.14
	200m: 2:53.16	45.24	600m: 9:11.66	46.80	1000m: 15:26.78	47.26
	250m: 3:39.31	46.15	650m: 9:58.37	46.71	1050m: 16:15.52	48.74
	300m: 4:26.81	47.50	700m: 10:44.56	46.19	1100m: 17:03.60	48.08
	350m: 5:13.80	46.99	750m: 11:31.33	46.77	1150m: 17:50.93	47.33
	400m: 6:01.45	47.65	800m: 12:17.60	46.27	1200m: 18:37.97	47.04
2.	Jan Preuter	De Mors	<b>23:48.09</b>			
	50m: 41.94	41.94	450m: 7:03.62	47.88	850m: 13:29.12	47.74
	100m: 1:28.47	46.53	500m: 7:51.86	48.24	900m: 14:17.13	48.01
	150m: 2:16.35	47.88	550m: 8:40.09	48.23	950m: 15:05.31	48.18
	200m: 3:04.31	47.96	600m: 9:28.75	48.66	1000m: 15:53.39	48.08
	250m: 3:51.80	47.49	650m: 10:17.27	48.52	1050m: 16:41.72	48.33
	300m: 4:39.83	48.03	700m: 11:05.20	47.93	1100m: 17:29.32	47.60
	350m: 5:27.92	48.09	750m: 11:52.82	47.62	1150m: 18:17.37	48.05
	400m: 6:15.74	47.82	800m: 12:41.38	48.56	1200m: 19:05.08	47.71
3.	Jaap Vis	TriVia	<b>25:01.78</b>			
	50m: 43.43	43.43	450m: 7:21.39	50.97	850m: 14:04.40	50.73
	100m: 1:30.99	47.56	500m: 8:11.53	50.14	900m: 14:54.33	49.93
	150m: 2:19.92	48.93	550m: 9:02.30	50.77	950m: 15:46.46	52.13
	200m: 3:09.52	49.60	600m: 9:52.10	49.80	1000m: 16:36.21	49.75
	250m: 3:59.85	50.33	650m: 10:42.94	50.84	1050m: 17:27.34	51.13
	300m: 4:49.52	49.67	700m: 11:32.96	50.02	1100m: 18:17.79	50.45
	350m: 5:40.54	51.02	750m: 12:23.51	50.55	1150m: 19:09.25	51.46
	400m: 6:30.42	49.88	800m: 13:13.67	50.16	1200m: 19:59.66	50.41

75+

1.	Wout Hemmes	De Plons	<b>28:07.65</b>			
	50m: 48.89	48.89	450m: 8:18.85	55.42	850m: 15:53.66	56.84
	100m: 1:44.81	55.92	500m: 9:15.18	56.33	900m: 16:50.24	56.58
	150m: 2:42.01	57.20	550m: 10:11.75	56.57	950m: 17:47.77	57.53
	200m: 3:39.53	57.52	600m: 11:08.87	57.12	1000m: 18:45.55	57.78
	250m: 4:36.29	56.76	650m: 12:04.91	56.04	1050m: 19:43.19	57.64
	300m: 5:32.17	55.88	700m: 13:02.99	58.08	1100m: 20:39.81	56.62
	350m: 6:28.04	55.87	750m: 14:00.18	57.19	1150m: 21:36.52	56.71
	400m: 7:23.43	55.39	800m: 14:56.82	56.64	1200m: 22:33.72	57.20
2.	Jos Kamps	Zwemvereniging Hoogland	<b>29:11.96</b>			
	50m: 44.52	44.52	450m: 8:22.85	1:00.66	850m: 16:19.09	58.78
	100m: 1:35.99	51.47	500m: 9:23.33	1:00.48	900m: 17:19.66	1:00.57
	150m: 2:29.49	53.50	550m: 10:22.62	59.29	950m: 18:19.26	59.60
	200m: 3:27.15	57.66	600m: 11:22.63	1:00.01	1000m: 19:19.76	1:00.50
	250m: 4:25.59	58.44	650m: 12:21.15	58.52	1050m: 20:20.41	1:00.65
	300m: 5:23.77	58.18	700m: 13:21.92	1:00.77	1100m: 21:20.54	1:00.13
	350m: 6:22.53	58.76	750m: 14:20.58	58.66	1150m: 22:20.85	1:00.31
	400m: 7:22.19	59.66	800m: 15:20.31	59.73	1200m: 23:21.92	1:01.07
3.	Piet Schop	De Bevelanders	<b>31:44.76</b>			
	50m: 53.95	53.95	450m: 9:20.22	1:03.36	850m: 17:54.89	1:05.02
	100m: 1:56.52	1:02.57	500m: 10:24.88	1:04.66	900m: 18:59.14	1:04.25
	150m: 2:59.23	1:02.71	550m: 11:28.93	1:04.05	950m: 20:04.77	1:05.63
	200m: 4:03.28	1:04.05	600m: 12:32.83	1:03.90	1000m: 21:09.27	1:04.50
	250m: 5:06.45	1:03.17	650m: 13:36.71	1:03.88	1050m: 22:14.37	1:05.10
	300m: 6:10.19	1:03.74	700m: 14:41.74	1:05.03	1100m: 23:19.38	1:05.01
	350m: 7:13.64	1:03.45	750m: 15:46.00	1:04.26	1150m: 24:24.54	1:05.16
	400m: 8:16.86	1:03.22	800m: 16:49.87	1:03.87	1200m: 25:28.54	1:04.00

80+

1.	Geza Kaltenecker	AZC	<b>33:07.54</b>			
	50m: 59.11	59.11	450m: 9:55.23	1:07.09	850m: 18:52.40	1:06.86
	100m: 2:04.52	1:05.41	500m: 11:02.83	1:07.60	900m: 19:59.93	1:07.53
	150m: 3:10.61	1:06.09	550m: 12:10.16	1:07.33	950m: 21:06.34	1:06.41
	200m: 4:17.79	1:07.18	600m: 13:17.13	1:06.97	1000m: 22:12.92	1:06.58
	250m: 5:24.75	1:06.96	650m: 14:24.13	1:07.00	1050m: 23:19.21	1:06.29
	300m: 6:32.62	1:07.87	700m: 15:31.02	1:06.89	1100m: 24:26.53	1:07.32
	350m: 7:40.05	1:07.43	750m: 16:37.20	1:06.18	1150m: 25:33.13	1:06.60
	400m: 8:48.14	1:08.09	800m: 17:45.54	1:08.34	1200m: 26:40.16	1:07.03





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 3  
30-4-2026 - 14:36

Dames, 1500m vrije slag  
Pauze na serie 3 / Break after heat 3

Masters Open  
Resultaten

rang	naam	vereniging	tijd	RT	PARA			
<b>20+</b>								
1.	Cynthia Koolman	Steenwijk 1934	NED 200300232	<b>19:24.57</b>	+0,74			
	50m: 34.16	34.16	450m: 5:37.06	38.73	850m: 10:49.61	39.36	1250m: 16:07.90	40.00
	100m: 1:11.01	36.85	500m: 6:16.29	39.23	900m: 11:29.02	39.41	1300m: 16:47.73	39.83
	150m: 1:48.28	37.27	550m: 6:55.32	39.03	950m: 12:08.50	39.48	1350m: 17:27.83	40.10
	200m: 2:26.03	37.75	600m: 7:34.30	38.98	1000m: 12:48.38	39.88	1400m: 18:07.25	39.42
	250m: 3:03.53	37.50	650m: 8:13.41	39.11	1050m: 13:28.28	39.90	1450m: 18:46.70	39.45
	300m: 3:41.67	38.14	700m: 8:52.41	39.00	1100m: 14:08.24	39.96	1500m: 19:24.57	37.87
	350m: 4:19.57	37.90	750m: 9:31.36	38.95	1150m: 14:48.24	40.00		
	400m: 4:58.33	38.76	800m: 10:10.25	38.89	1200m: 15:27.90	39.66		
2.	Dido Toornend	Team Noord Holland (SG)	NED 200501718	<b>19:58.44</b>	+0,81			
	50m: 32.60	32.60	450m: 5:50.13	40.86	850m: 11:14.36	40.56	1250m: 16:38.17	40.76
	100m: 1:09.78	37.18	500m: 6:30.50	40.37	900m: 11:54.38	40.02	1300m: 17:18.47	40.30
	150m: 1:48.57	38.79	550m: 7:11.18	40.68	950m: 12:35.14	40.76	1350m: 17:59.76	41.29
	200m: 2:28.19	39.62	600m: 7:51.78	40.60	1000m: 13:15.46	40.32	1400m: 18:39.94	40.18
	250m: 3:08.52	40.33	650m: 8:32.45	40.67	1050m: 13:56.20	40.74	1450m: 19:20.86	40.92
	300m: 3:48.45	39.93	700m: 9:12.63	40.18	1100m: 14:36.29	40.09	1500m: 19:58.44	37.58
	350m: 4:28.84	40.39	750m: 9:53.52	40.89	1150m: 15:17.09	40.80		
	400m: 5:09.27	40.43	800m: 10:33.80	40.28	1200m: 15:57.41	40.32		
3.	Kiki Bootsman	Azuro	NED 200502850	<b>20:35.70</b>	+0,79			
	50m: 37.50	37.50	450m: 6:06.82	41.16	850m: 11:34.73	41.27	1250m: 17:08.81	41.53
	100m: 1:18.38	40.88	500m: 6:47.77	40.95	900m: 12:17.10	42.37	1300m: 17:50.63	41.82
	150m: 1:57.54	41.16	550m: 7:28.54	40.77	950m: 12:58.36	41.26	1350m: 17:59.76	41.30
	200m: 2:40.74	41.20	600m: 8:09.76	41.22	1000m: 13:40.80	42.44	1400m: 19:13.74	41.81
	250m: 3:22.02	41.28	650m: 8:50.50	40.74	1050m: 14:22.38	41.58	1450m: 19:54.14	40.40
	300m: 4:03.08	41.06	700m: 9:31.54	41.04	1100m: 15:04.16	41.78	1500m: 20:35.70	41.56
	350m: 4:44.07	40.99	750m: 10:12.48	40.94	1150m: 15:45.75	41.59		
	400m: 5:25.66	41.59	800m: 10:53.46	40.98	1200m: 16:27.28	41.53		
4.	Tamar Roosen	VZV Njord	NED 200501168	<b>20:46.80</b>	+0,78			
	50m: 36.14	36.14	450m: 6:10.69	42.28	850m: 11:47.67	41.91	1250m: 17:20.79	41.88
	100m: 1:16.01	39.87	500m: 6:52.59	41.90	900m: 12:29.37	41.70	1300m: 18:02.76	41.97
	150m: 1:57.49	41.48	550m: 7:35.24	42.65	950m: 13:11.18	41.81	1350m: 18:44.34	41.58
	200m: 2:39.54	42.05	600m: 8:17.59	42.35	1000m: 13:52.72	41.54	1400m: 19:26.25	41.91
	250m: 3:21.89	42.35	650m: 9:00.11	42.52	1050m: 14:34.40	41.68	1450m: 20:07.57	41.32
	300m: 4:04.18	42.29	700m: 9:42.03	41.92	1100m: 15:16.10	41.70	1500m: 20:46.80	39.23
	350m: 4:46.46	42.28	750m: 10:24.22	42.19	1150m: 15:57.62	41.52		
	400m: 5:28.41	41.95	800m: 11:05.76	41.54	1200m: 16:38.91	41.29		
DIS	Sydney Celie	IJsselmeer	NED 200406054					
	<i>AF - De aangegeven afstand niet uitgezwommen.</i>							
<b>25+</b>								
1.	Fabienne Otto	swimART Solingen	GER 271577	<b>18:51.44</b>	+0,82			
	50m: 33.53	33.53	450m: 5:29.83	37.39	850m: 10:32.61	38.22	1250m: 15:40.72	38.70
	100m: 1:10.24	36.71	500m: 6:06.90	37.07	900m: 11:10.69	38.08	1300m: 16:18.59	37.87
	150m: 1:47.29	37.05	550m: 6:44.32	37.42	950m: 11:49.34	38.65	1350m: 16:57.22	38.63
	200m: 2:23.98	36.69	600m: 7:22.17	37.85	1000m: 12:27.78	38.44	1400m: 17:35.62	38.40
	250m: 3:01.32	37.34	650m: 8:00.38	38.21	1050m: 13:06.46	38.68	1450m: 18:14.35	38.73
	300m: 3:38.22	36.90	700m: 8:38.06	37.68	1100m: 13:45.11	38.65	1500m: 18:51.44	37.09
	350m: 4:15.53	37.31	750m: 9:16.39	38.33	1150m: 14:23.69	38.58		
	400m: 4:52.44	36.91	800m: 9:54.39	38.00	1200m: 15:02.02	38.33		
2.	Anne Noom	Het Y	NED 199800062	<b>19:11.35</b>	+0,77			
	50m: 33.64	33.64	450m: 5:34.09	38.38	850m: 10:43.32	38.96	1250m: 15:55.13	38.77
	100m: 1:10.08	36.44	500m: 6:12.34	38.25	900m: 11:22.08	38.76	1300m: 16:34.51	39.38
	150m: 1:47.61	37.53	550m: 6:50.96	38.62	950m: 12:01.29	39.21	1350m: 17:13.87	39.36
	200m: 2:24.23	36.62	600m: 7:29.28	38.32	1000m: 12:40.14	38.85	1400m: 17:53.00	39.13
	250m: 3:02.10	37.87	650m: 8:07.99	38.71	1050m: 13:18.99	38.85	1450m: 18:32.76	39.76
	300m: 3:39.34	37.24	700m: 8:46.64	38.65	1100m: 13:58.08	39.09	1500m: 19:11.35	38.59
	350m: 4:17.48	38.14	750m: 9:25.58	38.94	1150m: 14:37.49	39.41		
	400m: 4:55.71	38.23	800m: 10:04.36	38.78	1200m: 15:16.36	38.87		
3.	Myra Smulders	Zwemvereniging Hoogland	NED 199904308	<b>19:22.43</b>	+0,71			
	50m: 33.70	33.70	450m: 5:43.02	38.99	850m: 10:56.28	39.40	1250m: 16:08.76	39.19
	100m: 1:10.92	37.22	500m: 6:22.16	39.14	900m: 11:35.56	39.28	1300m: 16:47.83	39.07
	150m: 1:49.01	38.09	550m: 7:01.31	39.15	950m: 12:14.35	38.79	1350m: 17:27.21	39.38
	200m: 2:27.82	38.81	600m: 7:40.45	39.14	1000m: 12:52.87	38.52	1400m: 18:06.41	39.20
	250m: 3:06.94	39.12	650m: 8:19.33	38.88	1050m: 13:32.32	39.45	1450m: 18:45.10	38.69
	300m: 3:45.98	39.04	700m: 8:58.67	39.34	1100m: 14:11.39	39.07	1500m: 19:22.43	37.33
	350m: 4:24.95	38.97	750m: 9:38.05	39.38	1150m: 14:50.42	39.03		
	400m: 5:04.03	39.08	800m: 10:16.88	38.83	1200m: 15:29.57	39.15		





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 3, Dames, 1500m vrije slag, 25+

rang	naam	vereniging					tijd	RT	PARA
4.	Noa Oldenhof	ZPCH	NED	199700622			<b>20:49.30</b>	+0,69	
	50m: 35.56	35.56	450m: 6:04.79	41.91	850m: 11:42.16	42.44	1250m: 17:22.15	42.53	
	100m: 1:14.66	39.10	500m: 6:47.00	42.21	900m: 12:24.27	42.11	1300m: 18:04.25	42.10	
	150m: 1:55.07	40.41	550m: 7:28.87	41.87	950m: 13:07.08	42.81	1350m: 18:45.95	41.70	
	200m: 2:36.08	41.01	600m: 8:10.88	42.01	1000m: 13:49.48	42.40	1400m: 19:28.11	42.16	
	250m: 3:17.63	41.55	650m: 8:52.89	42.01	1050m: 14:32.06	42.58	1450m: 20:09.47	41.36	
	300m: 3:59.37	41.74	700m: 9:35.25	42.36	1100m: 15:14.72	42.66	1500m: 20:49.30	39.83	
	350m: 4:40.92	41.55	750m: 10:17.42	42.17	1150m: 15:57.38	42.66			
	400m: 5:22.88	41.96	800m: 10:59.72	42.30	1200m: 16:39.62	42.24			
5.	Selina Janssen	Neptunus'58	NED	199905974			<b>21:33.03</b>	+0,77	
	50m: 36.85	36.85	450m: 6:17.32	43.41	850m: 12:05.49	44.17	1250m: 17:57.52	44.62	
	100m: 1:16.85	40.00	500m: 6:59.86	42.54	900m: 12:49.07	43.58	1300m: 18:41.49	43.97	
	150m: 1:59.10	42.25	550m: 7:43.47	43.61	950m: 13:33.35	44.28	1350m: 19:25.47	43.98	
	200m: 2:41.47	42.37	600m: 8:26.54	43.07	1000m: 14:17.01	43.66	1400m: 20:08.99	43.52	
	250m: 3:24.83	43.36	650m: 9:10.47	43.93	1050m: 15:01.67	44.66	1450m: 20:53.04	44.05	
	300m: 4:07.54	42.71	700m: 9:53.88	43.41	1100m: 15:45.01	43.34	1500m: 21:33.03	39.99	
	350m: 4:51.23	43.69	750m: 10:37.96	44.08	1150m: 16:29.41	44.40			
	400m: 5:33.91	42.68	800m: 11:21.32	43.36	1200m: 17:12.90	43.49			
6.	Isabelle Janssen	De Geul	NED	200006318			<b>22:18.99</b>	+0,87	
	50m: 38.41	38.41	450m: 6:30.96	45.38	850m: 12:31.73	45.18	1250m: 18:35.23	46.11	
	100m: 1:19.43	41.02	500m: 7:16.09	45.13	900m: 13:16.84	45.11	1300m: 19:20.39	45.16	
	150m: 2:02.55	43.12	550m: 8:01.61	45.52	950m: 14:02.27	45.43	1350m: 20:06.36	45.97	
	200m: 2:46.35	43.80	600m: 8:46.52	44.91	1000m: 14:47.48	45.21	1400m: 20:51.15	44.79	
	250m: 3:31.14	44.79	650m: 9:31.41	44.89	1050m: 15:33.17	45.69	1450m: 21:36.47	45.32	
	300m: 4:15.57	44.43	700m: 10:16.47	45.06	1100m: 16:18.42	45.25	1500m: 22:18.99	42.52	
	350m: 5:00.67	45.10	750m: 11:01.75	45.28	1150m: 17:03.95	45.53			
	400m: 5:45.58	44.91	800m: 11:46.55	44.80	1200m: 17:49.12	45.17			
<b>30+</b>									
1.	Leonie van Noord	WVZ	NED	199301752			<b>18:09.12</b>	+0,88	
	<i>Nederlands Masters Record</i>								
	50m: 31.33	31.33	450m: 5:20.48	36.74	850m: 10:12.60	36.97	1250m: 15:06.67	36.89	
	100m: 1:06.45	35.12	500m: 5:56.68	36.20	900m: 10:48.99	36.39	1300m: 15:43.30	36.63	
	150m: 1:42.67	36.22	550m: 6:33.21	36.53	950m: 11:25.98	36.99	1350m: 16:20.25	36.95	
	200m: 2:18.43	35.76	600m: 7:09.66	36.45	1000m: 12:02.53	36.55	1400m: 16:57.00	36.75	
	250m: 2:55.03	36.60	650m: 7:46.15	36.49	1050m: 12:39.33	36.80	1450m: 17:33.70	36.70	
	300m: 3:31.37	36.34	700m: 8:22.27	36.12	1100m: 13:15.68	36.35	1500m: 18:09.12	35.42	
	350m: 4:07.85	36.48	750m: 8:59.22	36.95	1150m: 13:52.93	37.25			
	400m: 4:43.74	35.89	800m: 9:35.63	36.41	1200m: 14:29.78	36.85			
2.	Anne-Irene Ducheine	Zwemvereniging Hoogland	NED	199506824			<b>19:31.85</b>	+0,75	
	50m: 35.50	35.50	450m: 5:48.17	39.49	850m: 11:02.48	39.39	1250m: 16:16.19	39.23	
	100m: 1:13.30	37.80	500m: 6:27.18	39.01	900m: 11:41.65	39.17	1300m: 16:55.54	39.35	
	150m: 1:52.02	38.72	550m: 7:06.65	39.47	950m: 12:20.86	39.21	1350m: 17:34.86	39.32	
	200m: 2:30.89	38.87	600m: 7:46.00	39.35	1000m: 12:59.69	38.83	1400m: 18:14.11	39.25	
	250m: 3:10.66	39.77	650m: 8:25.54	39.54	1050m: 13:38.95	39.26	1450m: 18:53.50	39.39	
	300m: 3:49.66	39.00	700m: 9:04.53	38.99	1100m: 14:18.06	39.11	1500m: 19:31.85	38.35	
	350m: 4:29.50	39.84	750m: 9:44.15	39.62	1150m: 14:57.53	39.47			
	400m: 5:08.68	39.18	800m: 10:23.09	38.94	1200m: 15:36.96	39.43			
3.	Fiona Meuffels	PSV	NED	199504366			<b>19:58.78</b>	+0,72	
	50m: 33.39	33.39	450m: 5:47.84	40.16	850m: 11:13.09	40.51	1250m: 16:38.54	40.53	
	100m: 1:10.46	37.07	500m: 6:28.19	40.35	900m: 11:53.62	40.53	1300m: 17:19.23	40.69	
	150m: 1:48.72	38.26	550m: 7:08.79	40.60	950m: 12:34.18	40.56	1350m: 17:59.02	39.79	
	200m: 2:27.92	39.20	600m: 7:49.66	40.87	1000m: 13:14.94	40.76	1400m: 18:39.50	40.48	
	250m: 3:07.58	39.66	650m: 8:30.43	40.77	1050m: 13:55.77	40.83	1450m: 19:20.03	40.53	
	300m: 3:47.50	39.92	700m: 9:11.41	40.98	1100m: 14:36.49	40.72	1500m: 19:58.78	38.75	
	350m: 4:27.59	40.09	750m: 9:52.18	40.77	1150m: 15:17.34	40.85			
	400m: 5:07.68	40.09	800m: 10:32.58	40.40	1200m: 15:58.01	40.67			
4.	Michanne Steenbergen	Otter SC	GBR	1821931			<b>20:58.92</b>	+0,82	
	50m: 34.32	34.32	450m: 6:01.71	43.22	850m: 11:44.49	43.18	1250m: 17:27.45	43.57	
	100m: 1:11.79	37.47	500m: 6:44.45	42.74	900m: 12:26.55	42.06	1300m: 18:10.00	42.55	
	150m: 1:51.10	39.31	550m: 7:28.18	43.73	950m: 13:09.41	42.86	1350m: 18:53.07	43.07	
	200m: 2:31.08	39.98	600m: 8:10.45	42.27	1000m: 13:51.75	42.34	1400m: 19:35.89	42.82	
	250m: 3:12.43	41.35	650m: 8:53.86	43.41	1050m: 14:34.54	42.79	1450m: 20:18.68	42.79	
	300m: 3:53.96	41.53	700m: 9:36.19	42.33	1100m: 15:17.08	42.54	1500m: 20:58.92	40.24	
	350m: 4:36.36	42.40	750m: 10:19.11	42.92	1150m: 16:00.48	43.40			
	400m: 5:18.49	42.13	800m: 11:01.31	42.20	1200m: 16:43.88	43.40			



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 3, Dames, 1500m vrije slag, 30+

rang	naam	vereniging	tijd	RT	PARA
5.	Nienke Smidt	WS Twente	<b>21:14.42</b>	+0,96	
	50m: 36.36	450m: 6:16.84	850m: 11:59.17	1250m: 17:45.35	43.09
	100m: 1:16.80	500m: 6:58.45	900m: 12:41.93	1300m: 18:29.03	43.68
	150m: 1:59.01	550m: 7:41.45	950m: 13:26.86	1350m: 19:11.71	42.68
	200m: 2:41.55	600m: 8:23.65	1000m: 14:10.06	1400m: 19:53.98	42.27
	250m: 3:24.94	650m: 9:06.90	1050m: 14:53.92	1450m: 20:36.17	42.19
	300m: 4:07.85	700m: 9:49.28	1100m: 15:36.13	1500m: 21:14.42	38.25
	350m: 4:50.80	750m: 10:32.88	1150m: 16:19.58		
	400m: 5:33.69	800m: 11:15.21	1200m: 17:02.26		
6.	Larissa Jansen	PSV	<b>21:29.14</b>	+0,94	
	50m: 38.05	450m: 6:14.46	850m: 12:02.10	1250m: 17:52.30	44.08
	100m: 1:18.71	500m: 6:57.55	900m: 12:45.47	1300m: 18:36.10	43.80
	150m: 2:00.12	550m: 7:41.15	950m: 13:29.31	1350m: 19:19.90	43.80
	200m: 2:41.84	600m: 8:24.40	1000m: 14:13.12	1400m: 20:03.62	43.72
	250m: 3:24.14	650m: 9:07.59	1050m: 14:57.19	1450m: 20:47.15	43.53
	300m: 4:06.38	700m: 9:51.05	1100m: 15:40.62	1500m: 21:29.14	41.99
	350m: 4:48.68	750m: 10:35.24	1150m: 16:23.92		
	400m: 5:31.34	800m: 11:18.42	1200m: 17:08.22		
7.	Irmgard van Weeghel	ENC Arnhem	<b>22:28.12</b>	+0,80	
	50m: 37.10	450m: 6:30.08	850m: 12:35.58	1250m: 18:41.90	44.99
	100m: 1:19.38	500m: 7:15.53	900m: 13:21.89	1300m: 19:27.96	46.06
	150m: 2:02.91	550m: 8:00.59	950m: 14:07.05	1350m: 20:13.30	45.34
	200m: 2:47.18	600m: 8:46.69	1000m: 14:53.24	1400m: 20:59.17	45.87
	250m: 3:31.44	650m: 9:31.93	1050m: 15:38.38	1450m: 21:44.21	45.04
	300m: 4:15.87	700m: 10:18.05	1100m: 16:24.78	1500m: 22:28.12	43.91
	350m: 5:00.25	750m: 11:03.58	1150m: 17:10.34		
	400m: 5:45.38	800m: 11:50.05	1200m: 17:56.91		
8.	Marjan Rikken	SG Octopus - ZVV	<b>24:14.92</b>	+0,99	
	50m: 41.54	450m: 7:10.05	850m: 13:40.99	1250m: 20:13.70	49.60
	100m: 1:28.15	500m: 7:59.37	900m: 14:30.06	1300m: 21:02.89	49.19
	150m: 2:16.22	550m: 8:48.36	950m: 15:19.09	1350m: 21:52.12	49.23
	200m: 3:04.08	600m: 9:37.04	1000m: 16:07.89	1400m: 22:41.54	49.42
	250m: 3:52.98	650m: 10:25.87	1050m: 16:56.99	1450m: 23:30.31	48.77
	300m: 4:42.05	700m: 11:14.63	1100m: 17:45.81	1500m: 24:14.92	44.61
	350m: 5:31.42	750m: 12:03.57	1150m: 18:35.23		
	400m: 6:20.67	800m: 12:52.23	1200m: 19:24.10		
9.	Hilma Buiten	MZ&PC De Reest	<b>25:24.12</b>	+0,82	
	50m: 42.54	450m: 7:23.85	850m: 14:11.72	1250m: 21:05.99	52.50
	100m: 1:30.35	500m: 8:15.35	900m: 15:03.31	1300m: 21:57.99	52.00
	150m: 2:19.35	550m: 9:06.54	950m: 15:54.50	1350m: 22:49.07	51.08
	200m: 3:08.31	600m: 9:57.99	1000m: 16:46.36	1400m: 23:42.50	53.43
	250m: 3:58.45	650m: 10:49.53	1050m: 17:37.73	1450m: 24:33.82	51.32
	300m: 4:50.00	700m: 11:40.27	1100m: 18:29.93	1500m: 25:24.12	50.30
	350m: 5:41.33	750m: 12:31.23	1150m: 19:21.17		
	400m: 6:32.85	800m: 13:22.28	1200m: 20:13.49		
10.	Cynthia van Veen	BZ en PC	<b>26:03.44</b>	+0,82	
	50m: 38.57	450m: 7:22.67	850m: 14:29.05	1250m: 21:37.46	53.08
	100m: 1:24.85	500m: 8:16.72	900m: 15:23.00	1300m: 22:31.59	54.13
	150m: 2:13.26	550m: 9:09.07	950m: 16:15.94	1350m: 23:24.61	53.02
	200m: 3:03.29	600m: 10:02.64	1000m: 17:10.01	1400m: 24:19.94	55.33
	250m: 3:53.96	650m: 10:55.30	1050m: 18:03.34	1450m: 25:12.95	53.01
	300m: 4:45.76	700m: 11:49.51	1100m: 18:57.56	1500m: 26:03.44	50.49
	350m: 5:37.09	750m: 12:42.50	1150m: 19:50.11		
	400m: 6:30.22	800m: 13:36.65	1200m: 20:44.38		
AFGEM	Sietske Veldkamp	ZPC De Hof	<b>26:03.44</b>	+0,82	
35+					
1.	Lisanne Andeweg	Zuiderzeewimmers	<b>20:46.31</b>	+0,90	
	50m: 36.32	450m: 6:07.58	850m: 11:42.09	1250m: 17:17.07	41.69
	100m: 1:16.72	500m: 6:49.66	900m: 12:24.46	1300m: 17:59.39	42.32
	150m: 1:57.79	550m: 7:31.05	950m: 13:05.85	1350m: 18:41.71	42.32
	200m: 2:39.01	600m: 8:13.13	1000m: 13:47.81	1400m: 19:24.24	42.53
	250m: 3:20.29	650m: 8:54.91	1050m: 14:29.49	1450m: 20:06.46	42.22
	300m: 4:02.05	700m: 9:37.18	1100m: 15:11.64	1500m: 20:46.31	39.85
	350m: 4:43.76	750m: 10:18.87	1150m: 15:53.47		
	400m: 5:26.05	800m: 11:00.78	1200m: 16:35.38		





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 3, Dames, 1500m vrije slag, 35+

rang	naam	vereniging					tijd	RT	PARA
2.	Relinda Baas	TriVia	NED 198900144		21:09.43		+0,83		
	50m: 36.69	36.69	450m: 6:11.81	41.87	850m: 11:53.58	42.99	1250m: 17:35.77	42.61	
	100m: 1:17.55	40.86	500m: 6:54.58	42.77	900m: 12:36.48	42.90	1300m: 18:18.97	43.20	
	150m: 1:58.39	40.84	550m: 7:36.77	42.19	950m: 13:19.05	42.57	1350m: 19:01.71	42.74	
	200m: 2:40.88	42.49	600m: 8:19.52	42.75	1000m: 14:01.94	42.89	1400m: 19:44.89	43.18	
	250m: 3:22.50	41.62	650m: 9:01.70	42.18	1050m: 14:44.48	42.54	1450m: 20:27.39	42.50	
	300m: 4:05.11	42.61	700m: 9:45.00	43.30	1100m: 15:27.31	42.83	1500m: 21:09.43	42.04	
	350m: 4:47.00	41.89	750m: 10:27.42	42.42	1150m: 16:09.85	42.54			
	400m: 5:29.94	42.94	800m: 11:10.59	43.17	1200m: 16:53.16	43.31			
3.	Nanda van Heteren	PSV	NED 198901728		21:47.07		+0,71		
	50m: 38.58	38.58	450m: 6:25.76	44.25	850m: 12:16.99	43.98	1250m: 18:09.93	44.06	
	100m: 1:20.31	41.73	500m: 7:08.96	43.20	900m: 13:00.37	43.38	1300m: 18:54.06	44.13	
	150m: 2:03.68	43.37	550m: 7:53.08	44.12	950m: 13:44.61	44.24	1350m: 19:38.50	44.44	
	200m: 2:46.98	43.30	600m: 8:37.01	43.93	1000m: 14:28.26	43.65	1400m: 20:22.36	43.86	
	250m: 3:30.64	43.66	650m: 9:21.70	44.69	1050m: 15:12.58	44.32	1450m: 21:06.13	43.77	
	300m: 4:14.24	43.60	700m: 10:05.69	43.99	1100m: 15:56.97	44.39	1500m: 21:47.07	40.94	
	350m: 4:57.90	43.66	750m: 10:49.71	44.02	1150m: 16:41.51	44.54			
	400m: 5:41.51	43.61	800m: 11:33.01	43.30	1200m: 17:25.87	44.36			
4.	Esther Kwebeman	TriVia	NED 199106374		22:50.31		+0,91		
	50m: 39.67	39.67	450m: 6:41.75	45.53	850m: 12:47.74	46.48	1250m: 19:00.08	45.53	
	100m: 1:23.66	43.99	500m: 7:27.05	45.30	900m: 13:34.46	46.72	1300m: 19:46.84	46.76	
	150m: 2:09.59	45.93	550m: 8:12.27	45.22	950m: 14:21.21	46.75	1350m: 20:33.55	46.71	
	200m: 2:54.61	45.02	600m: 8:57.45	45.18	1000m: 15:07.81	46.60	1400m: 21:19.28	45.73	
	250m: 3:40.55	45.94	650m: 9:44.07	46.62	1050m: 15:54.33	46.52	1450m: 22:04.68	45.40	
	300m: 4:25.54	44.99	700m: 10:29.08	45.01	1100m: 16:40.62	46.29	1500m: 22:50.31	45.63	
	350m: 5:11.02	45.48	750m: 11:15.33	46.25	1150m: 17:27.45	46.83			
	400m: 5:56.22	45.20	800m: 12:01.26	45.93	1200m: 18:14.55	47.10			
5.	Esther Boerdam-Delfos	AZC	NED 198705256		23:27.96		+0,81		
	50m: 38.90	38.90	450m: 6:47.06	46.61	850m: 13:07.07	47.36	1250m: 19:32.33	48.40	
	100m: 1:23.15	44.25	500m: 7:33.87	46.81	900m: 13:55.33	48.26	1300m: 20:20.49	48.16	
	150m: 2:08.01	44.86	550m: 8:21.07	47.20	950m: 14:43.64	48.31	1350m: 21:08.53	48.04	
	200m: 2:54.19	46.18	600m: 9:08.98	47.91	1000m: 15:31.68	48.04	1400m: 21:56.32	47.79	
	250m: 3:40.49	46.30	650m: 9:56.63	47.65	1050m: 16:19.64	47.96	1450m: 22:42.97	46.65	
	300m: 4:27.20	46.71	700m: 10:44.79	48.16	1100m: 17:07.88	48.24	1500m: 23:27.96	44.99	
	350m: 5:13.53	46.33	750m: 11:32.15	47.36	1150m: 17:55.61	47.73			
	400m: 6:00.45	46.92	800m: 12:19.71	47.56	1200m: 18:43.93	48.32			
6.	Anna Lauxen	Steenwijk 1934	NED 199108154		24:30.95		+0,96		
	50m: 41.34	41.34	450m: 7:14.23	49.70	850m: 13:48.21	49.07	1250m: 20:26.05	51.23	
	100m: 1:27.95	46.61	500m: 8:04.00	49.77	900m: 14:36.78	48.57	1300m: 21:14.47	48.42	
	150m: 2:15.91	47.96	550m: 8:52.85	48.85	950m: 15:26.09	49.31	1350m: 22:04.86	50.39	
	200m: 3:05.55	49.64	600m: 9:41.84	48.99	1000m: 16:14.96	48.87	1400m: 22:54.41	49.55	
	250m: 3:55.24	49.69	650m: 10:31.52	49.68	1050m: 17:05.16	50.20	1450m: 23:45.90	51.49	
	300m: 4:45.31	50.07	700m: 11:20.50	48.98	1100m: 17:54.72	49.56	1500m: 24:30.95	45.05	
	350m: 5:34.50	49.19	750m: 12:10.03	49.53	1150m: 18:44.72	50.00			
	400m: 6:24.53	50.03	800m: 12:59.14	49.11	1200m: 19:34.82	50.10			
7.	Carmen Kooij	Orca	NED 199008504		25:03.01		+0,90		
	50m: 44.36	44.36	450m: 7:26.13	50.97	850m: 14:07.14	50.18	1250m: 20:51.38	51.05	
	100m: 1:33.29	48.93	500m: 8:16.22	50.09	900m: 14:56.93	49.79	1300m: 21:42.28	50.90	
	150m: 2:23.56	50.27	550m: 9:06.70	50.48	950m: 15:47.09	50.16	1350m: 22:32.88	50.60	
	200m: 3:14.06	50.50	600m: 9:57.12	50.42	1000m: 16:37.49	50.40	1400m: 23:23.52	50.64	
	250m: 4:04.63	50.57	650m: 10:46.63	49.51	1050m: 17:28.21	50.72	1450m: 24:14.14	50.62	
	300m: 4:54.61	49.98	700m: 11:36.64	50.01	1100m: 18:18.61	50.40	1500m: 25:03.01	48.87	
	350m: 5:45.15	50.54	750m: 12:26.96	50.32	1150m: 19:09.99	51.38			
	400m: 6:35.16	50.01	800m: 13:16.96	50.00	1200m: 20:00.33	50.34			

40+

1.	Sabine Zimmermann <i>German Masters Record</i>	Aachener SV 06	GER 101578		18:57.46		+0,85		
	50m: 34.26	34.26	450m: 5:40.00	38.30	850m: 10:45.61	37.92	1250m: 15:50.97	38.29	
	100m: 1:11.69	37.43	500m: 6:18.14	38.14	900m: 11:24.10	38.49	1300m: 16:29.44	38.47	
	150m: 1:48.99	37.30	550m: 6:56.58	38.44	950m: 12:02.13	38.03	1350m: 17:07.17	37.73	
	200m: 2:27.14	38.15	600m: 7:34.61	38.03	1000m: 12:40.63	38.50	1400m: 17:45.25	38.08	
	250m: 3:05.88	38.74	650m: 8:12.85	38.24	1050m: 13:18.34	37.71	1450m: 18:22.54	37.29	
	300m: 3:44.59	38.71	700m: 8:51.03	38.18	1100m: 13:56.48	38.14	1500m: 18:57.46	34.92	
	350m: 4:23.42	38.83	750m: 9:29.19	38.16	1150m: 14:34.27	37.79			
	400m: 5:01.70	38.28	800m: 10:07.69	38.50	1200m: 15:12.68	38.41			



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 3, Dames, 1500m vrije slag, 40+

rang	naam	vereniging					tijd	RT	PARA
2.	Viktória Háden-Felföldi	Iron Swim	HUN 66/3267				<b>19:19.60</b>	<b>+0,82</b>	
	50m: 34.21	34.21	450m: 5:38.46	38.36	850m: 10:47.25	38.78	1250m: 16:02.51	40.25	
	100m: 1:11.48	37.27	500m: 6:16.78	38.32	900m: 11:25.88	38.63	1300m: 16:42.32	39.81	
	150m: 1:49.46	37.98	550m: 6:55.47	38.69	950m: 12:05.00	39.12	1350m: 17:21.93	39.61	
	200m: 2:27.34	37.88	600m: 7:33.90	38.43	1000m: 12:43.68	38.68	1400m: 18:01.74	39.81	
	250m: 3:05.48	38.14	650m: 8:12.52	38.62	1050m: 13:23.38	39.70	1450m: 18:41.23	39.49	
	300m: 3:43.37	37.89	700m: 8:50.95	38.43	1100m: 14:02.73	39.35	1500m: 19:19.60	38.37	
	350m: 4:21.79	38.42	750m: 9:29.82	38.87	1150m: 14:42.45	39.72			
	400m: 5:00.10	38.31	800m: 10:08.47	38.65	1200m: 15:22.26	39.81			
3.	Maike Zeterberg	Zehlendorfer TSV von 1888	GER 066680				<b>20:27.90</b>	<b>+0,75</b>	
	50m: 35.69	35.69	450m: 5:57.60	40.35	850m: 11:27.05	41.46	1250m: 16:59.87	41.45	
	100m: 1:15.94	40.25	500m: 6:38.36	40.76	900m: 12:09.58	42.53	1300m: 17:42.20	42.33	
	150m: 1:55.46	39.52	550m: 7:18.88	41.52	950m: 12:50.64	41.06	1350m: 18:23.55	41.35	
	200m: 2:35.88	40.42	600m: 8:00.11	40.23	1000m: 13:32.51	41.87	1400m: 19:05.50	41.95	
	250m: 3:15.84	39.96	650m: 8:40.99	40.88	1050m: 14:13.67	41.16	1450m: 19:46.36	40.86	
	300m: 3:56.39	40.55	700m: 9:22.57	41.58	1100m: 14:55.37	41.70	1500m: 20:27.90	41.54	
	350m: 4:36.48	40.09	750m: 10:03.59	41.02	1150m: 15:36.60	41.23			
	400m: 5:17.25	40.77	800m: 10:45.59	42.00	1200m: 16:18.42	41.82			
4.	Ramona Linting	AZC	NED 198301274				<b>21:52.41</b>	<b>+0,77</b>	
	50m: 36.85	36.85	450m: 6:16.88	43.59	850m: 12:09.06	44.22	1250m: 18:06.70	44.69	
	100m: 1:17.26	40.41	500m: 7:00.57	43.69	900m: 12:53.26	44.20	1300m: 18:53.77	47.07	
	150m: 1:59.01	41.75	550m: 7:44.55	43.98	950m: 13:37.53	44.27	1350m: 19:40.06	46.29	
	200m: 2:40.84	41.83	600m: 8:28.21	43.66	1000m: 14:21.70	44.17	1400m: 20:24.67	44.61	
	250m: 3:23.57	42.73	650m: 9:12.19	43.98	1050m: 15:06.19	44.49	1450m: 21:09.12	44.45	
	300m: 4:06.99	43.42	700m: 9:56.15	43.96	1100m: 15:50.85	44.66	1500m: 21:52.41	43.29	
	350m: 4:50.31	43.32	750m: 10:40.23	44.08	1150m: 16:36.71	45.86			
	400m: 5:33.29	42.98	800m: 11:24.84	44.61	1200m: 17:22.01	45.30			
5.	Sandra Schellekens	Neptunus'58	NED 198503416				<b>24:17.25</b>	<b>+0,96</b>	
	50m: 39.29	39.29	450m: 7:00.76	48.66	850m: 13:33.86	49.47	1250m: 20:10.52	49.66	
	100m: 1:24.02	44.73	500m: 7:49.54	48.78	900m: 14:22.84	48.98	1300m: 21:00.64	50.12	
	150m: 2:11.05	47.03	550m: 8:38.69	49.15	950m: 15:12.51	49.67	1350m: 21:50.35	49.71	
	200m: 2:58.57	47.52	600m: 9:28.32	49.63	1000m: 16:02.16	49.65	1400m: 22:40.01	49.66	
	250m: 3:46.59	48.02	650m: 10:17.88	49.56	1050m: 16:52.11	49.95	1450m: 23:29.72	49.71	
	300m: 4:34.81	48.22	700m: 11:06.87	48.99	1100m: 17:41.62	49.51	1500m: 24:17.25	47.53	
	350m: 5:23.57	48.76	750m: 11:55.84	48.97	1150m: 18:31.48	49.86			
	400m: 6:12.10	48.53	800m: 12:44.39	48.55	1200m: 19:20.86	49.38			
6.	Linda Hoogendam	WVZ	NED 198300892				<b>24:27.01</b>	<b>+0,88</b>	
	50m: 42.29	42.29	450m: 7:13.48	49.66	850m: 13:49.44	49.62	1250m: 20:26.70	49.95	
	100m: 1:29.84	47.55	500m: 8:03.11	49.63	900m: 14:38.83	49.39	1300m: 21:15.48	48.78	
	150m: 2:18.18	48.34	550m: 8:52.15	49.04	950m: 15:28.60	49.77	1350m: 22:04.63	49.15	
	200m: 3:07.14	48.96	600m: 9:41.91	49.76	1000m: 16:18.56	49.96	1400m: 22:54.14	49.51	
	250m: 3:56.36	49.22	650m: 10:31.38	49.47	1050m: 17:07.62	49.06	1450m: 23:42.57	48.43	
	300m: 4:45.65	49.29	700m: 11:20.60	49.22	1100m: 17:57.01	49.39	1500m: 24:27.01	44.44	
	350m: 5:34.70	49.05	750m: 12:10.08	49.48	1150m: 18:47.08	50.07			
	400m: 6:23.82	49.12	800m: 12:59.82	49.74	1200m: 19:36.75	49.67			
7.	Suzanne Mol	Aqualero	NED 198202408				<b>25:12.00</b>	<b>+0,99</b>	
	50m: 44.88	44.88	450m: 7:30.37	50.34	850m: 14:16.23	50.72	1250m: 21:02.75	51.54	
	100m: 1:33.84	48.96	500m: 8:21.10	50.73	900m: 15:06.73	50.50	1300m: 21:53.83	51.08	
	150m: 2:23.84	50.00	550m: 9:11.78	50.68	950m: 15:57.69	50.96	1350m: 22:43.69	49.86	
	200m: 3:14.87	51.03	600m: 10:03.19	51.41	1000m: 16:48.62	50.93	1400m: 23:34.45	50.76	
	250m: 4:06.16	51.29	650m: 10:54.25	51.06	1050m: 17:38.89	50.27	1450m: 24:23.98	49.53	
	300m: 4:57.43	51.27	700m: 11:44.81	50.56	1100m: 18:29.61	50.72	1500m: 25:12.00	48.02	
	350m: 5:48.39	50.96	750m: 12:35.25	50.44	1150m: 19:20.41	50.80			
	400m: 6:40.03	51.64	800m: 13:25.51	50.26	1200m: 20:11.21	50.80			
8.	Marloes Rebel	WS Twente	NED 198403474				<b>27:08.03</b>		
	50m: 46.72	46.72	450m: 7:54.53	54.84	850m: 15:13.32	55.76	1250m: 22:35.97	55.39	
	100m: 1:37.57	50.85	500m: 8:49.08	54.55	900m: 16:08.85	55.53	1300m: 23:32.19	56.22	
	150m: 2:30.61	53.04	550m: 9:44.25	55.17	950m: 17:03.28	54.43	1350m: 24:28.09	55.90	
	200m: 3:24.07	53.46	600m: 10:39.01	54.76	1000m: 17:58.06	54.78	1400m: 25:23.41	55.32	
	250m: 4:18.27	54.20	650m: 11:33.71	54.70	1050m: 18:53.23	55.17	1450m: 26:17.73	54.32	
	300m: 5:11.99	53.72	700m: 12:28.54	54.83	1100m: 19:49.49	56.26	1500m: 27:08.03	50.30	
	350m: 6:06.00	54.01	750m: 13:23.16	54.62	1150m: 20:44.80	55.31			
	400m: 6:59.69	53.69	800m: 14:17.56	54.40	1200m: 21:40.58	55.78			

45+

1.	Chantal Verhoeff	Old Dutch	NED 197900912				<b>22:37.70</b>	<b>+0,88</b>	
	50m: 38.39	38.39	450m: 6:34.64	44.92	850m: 12:36.98	45.98	1250m: 18:47.14	46.38	
	100m: 1:21.13	42.74	500m: 7:19.64	45.00	900m: 13:22.98	46.00	1300m: 19:34.03	46.89	
	150m: 2:05.54	44.41	550m: 8:04.44	44.80	950m: 14:08.60	45.62	1350m: 20:20.55	46.52	
	200m: 2:50.29	44.75	600m: 8:49.48	45.04	1000m: 14:55.00	46.40	1400m: 21:06.72	46.17	
	250m: 3:35.11	44.82	650m: 9:34.72	45.24	1050m: 15:41.20	46.20	1450m: 21:52.53	45.81	
	300m: 4:19.82	44.71	700m: 10:20.39	45.67	1100m: 16:27.64	46.44	1500m: 22:37.70	45.17	
	350m: 5:04.75	44.93	750m: 11:05.56	45.17	1150m: 17:14.14	46.50			
	400m: 5:49.72	44.97	800m: 11:51.00	45.44	1200m: 18:00.76	46.62			



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 3, Dames, 1500m vrije slag, 45+

rang	naam	vereniging	tijd	RT	PARA			
2.	Sabrina Boekhout	De Biesboschzwemmers	<b>23:10.83</b>	+0,86				
	50m: 39.42	39.42	450m: 6:44.69	46.26	850m: 12:58.50	47.68	1250m: 19:17.62	48.16
	100m: 1:22.89	43.47	500m: 7:30.97	46.28	900m: 13:45.31	46.81	1300m: 20:03.87	46.25
	150m: 2:08.04	45.15	550m: 8:17.44	46.47	950m: 14:32.57	47.26	1350m: 20:51.28	47.41
	200m: 2:53.63	45.59	600m: 9:03.81	46.37	1000m: 15:19.86	47.29	1400m: 21:38.69	47.41
	250m: 3:40.00	46.37	650m: 9:50.49	46.68	1050m: 16:07.23	47.37	1450m: 22:26.31	47.62
	300m: 4:26.10	46.10	700m: 10:36.63	46.14	1100m: 16:54.27	47.04	1500m: 23:10.83	44.52
	350m: 5:12.28	46.18	750m: 11:23.80	47.17	1150m: 17:41.89	47.62		
	400m: 5:58.43	46.15	800m: 12:10.82	47.02	1200m: 18:29.46	47.57		
3.	Jessica Venema	Old Dutch	<b>23:11.71</b>	+0,90				
	50m: 37.14	37.14	450m: 6:41.62	45.90	850m: 13:00.43	47.51	1250m: 19:19.62	46.76
	100m: 1:20.92	43.78	500m: 7:30.81	49.19	900m: 13:47.67	47.24	1300m: 20:07.45	47.83
	150m: 2:05.41	44.49	550m: 8:16.91	46.10	950m: 14:34.74	47.07	1350m: 20:54.36	46.91
	200m: 2:51.15	45.74	600m: 9:04.19	47.28	1000m: 15:22.61	47.87	1400m: 21:42.74	48.38
	250m: 3:36.53	45.38	650m: 9:50.67	46.48	1050m: 16:09.58	46.97	1450m: 22:28.78	46.04
	300m: 4:23.28	46.75	700m: 10:38.82	48.15	1100m: 16:58.07	48.49	1500m: 23:11.71	42.93
	350m: 5:09.01	45.73	750m: 11:25.26	46.44	1150m: 17:44.65	46.58		
	400m: 5:55.72	46.71	800m: 12:12.92	47.66	1200m: 18:32.86	48.21		
50+								
1.	Liselotte Joling	PSV	<b>19:42.60</b>	+0,87				
	50m: 34.90	34.90	450m: 5:47.77	39.26	850m: 11:04.63	39.51	1250m: 16:25.04	39.87
	100m: 1:13.36	38.46	500m: 6:27.49	39.72	900m: 11:44.96	40.33	1300m: 17:05.11	40.07
	150m: 1:51.96	38.60	550m: 7:06.52	39.03	950m: 12:24.58	39.62	1350m: 17:45.07	39.96
	200m: 2:31.02	39.06	600m: 7:46.01	39.49	1000m: 13:04.85	40.27	1400m: 18:25.45	40.38
	250m: 3:10.40	39.38	650m: 8:25.56	39.55	1050m: 13:44.68	39.83	1450m: 19:04.70	39.25
	300m: 3:49.81	39.41	700m: 9:05.50	39.94	1100m: 14:24.89	40.21	1500m: 19:42.60	37.90
	350m: 4:29.01	39.20	750m: 9:45.20	39.70	1150m: 15:04.62	39.73		
	400m: 5:08.51	39.50	800m: 10:25.12	39.92	1200m: 15:45.17	40.55		
2.	Annett von Rekowski	Schwimmverein Gera	<b>20:07.65</b>	+0,82				
	50m: 35.10	35.10	450m: 5:55.20	40.52	850m: 11:21.10	40.74	1250m: 16:47.62	41.07
	100m: 1:14.23	39.13	500m: 6:35.70	40.50	900m: 12:01.61	40.51	1300m: 17:28.02	40.40
	150m: 1:53.78	39.55	550m: 7:16.64	40.94	950m: 12:42.50	40.89	1350m: 18:08.88	40.86
	200m: 2:33.75	39.97	600m: 7:57.57	40.93	1000m: 13:23.76	41.26	1400m: 18:49.86	40.98
	250m: 3:13.48	39.73	650m: 8:38.50	40.93	1050m: 14:04.59	40.83	1450m: 19:29.24	39.38
	300m: 3:53.85	40.37	700m: 9:19.14	40.64	1100m: 14:45.14	40.55	1500m: 20:07.65	38.41
	350m: 4:34.25	40.40	750m: 9:59.85	40.71	1150m: 15:25.84	40.70		
	400m: 5:14.68	40.43	800m: 10:40.36	40.51	1200m: 16:06.55	40.71		
3.	Marleen Gerringa-Vos	Batavia Swim	<b>21:14.73</b>	+0,88				
	50m: 38.19	38.19	450m: 6:19.95	42.98	850m: 12:02.26	42.89	1250m: 17:44.70	43.32
	100m: 1:20.06	41.87	500m: 7:02.77	42.82	900m: 12:44.96	42.70	1300m: 18:27.62	42.92
	150m: 2:02.82	42.76	550m: 7:45.64	42.87	950m: 13:27.76	42.80	1350m: 19:10.61	42.99
	200m: 2:45.54	42.72	600m: 8:28.25	42.61	1000m: 14:10.21	42.45	1400m: 19:52.99	42.38
	250m: 3:28.43	42.89	650m: 9:11.29	43.04	1050m: 14:53.05	42.84	1450m: 20:35.74	42.75
	300m: 4:11.24	42.81	700m: 9:53.90	42.61	1100m: 15:35.56	42.51	1500m: 21:14.73	38.99
	350m: 4:54.03	42.79	750m: 10:36.57	42.67	1150m: 16:18.65	43.09		
	400m: 5:36.97	42.94	800m: 11:19.37	42.80	1200m: 17:01.38	42.73		
4.	Jannie Vennik	HZ&PC Heerenveen	<b>22:28.55</b>	+0,99				
	50m: 38.10	38.10	450m: 6:40.43	45.55	850m: 12:42.26	45.10	1250m: 18:43.62	45.37
	100m: 1:21.80	43.70	500m: 7:25.81	45.38	900m: 13:27.54	45.28	1300m: 19:28.85	45.23
	150m: 2:06.44	44.64	550m: 8:10.90	45.09	950m: 14:12.50	44.96	1350m: 20:14.24	45.39
	200m: 2:52.19	45.75	600m: 8:56.24	45.34	1000m: 14:58.08	45.58	1400m: 20:59.61	45.37
	250m: 3:37.42	45.23	650m: 9:41.63	45.39	1050m: 15:42.95	44.87	1450m: 21:44.47	44.86
	300m: 4:23.36	45.94	700m: 10:26.50	44.87	1100m: 16:28.08	45.13	1500m: 22:28.55	44.08
	350m: 5:09.07	45.71	750m: 11:11.70	45.20	1150m: 17:13.39	45.31		
	400m: 5:54.88	45.81	800m: 11:57.16	45.46	1200m: 17:58.25	44.86		
5.	Marita Pongers	De Mors	<b>27:55.87</b>					
	50m: 48.58	48.58	450m: 8:10.63	56.50	850m: 15:40.54	56.22	1250m: 23:16.84	58.01
	100m: 1:42.38	53.80	500m: 9:06.26	55.63	900m: 16:37.54	57.00	1300m: 24:14.26	57.42
	150m: 2:36.64	54.26	550m: 10:02.08	55.82	950m: 17:33.99	56.45	1350m: 25:10.03	55.77
	200m: 3:32.33	55.69	600m: 10:58.57	56.49	1000m: 18:31.18	57.19	1400m: 26:06.41	56.38
	250m: 4:27.45	55.12	650m: 11:54.29	55.72	1050m: 19:27.38	56.20	1450m: 27:01.42	55.01
	300m: 5:22.98	55.53	700m: 12:50.92	56.63	1100m: 20:24.26	56.88	1500m: 27:55.87	54.45
	350m: 6:18.64	55.66	750m: 13:47.97	57.05	1150m: 21:22.30	58.04		
	400m: 7:14.13	55.49	800m: 14:44.32	56.35	1200m: 22:18.83	56.53		





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 3, Dames, 1500m vrije slag

55+

1. Carla Geurts		PSV	NED	197100178	<b>19:05.74</b>						
<i>Europees Masters Record, Europees Masters Record 1500m; Nederlands Masters Record 200m, 400m, 800m, 1500m</i>											
50m:	33.97	33.97	450m:	5:41.19	38.45	850m:	10:47.47	37.91	1250m:	15:54.33	38.50
100m:	1:11.74	37.77	500m:	6:19.83	38.64	900m:	11:26.24	38.77	1300m:	16:32.98	38.65
150m:	1:49.67	37.93	550m:	6:57.84	38.01	950m:	12:04.67	38.43	1350m:	17:11.39	38.41
200m:	2:28.34	38.67	600m:	7:36.24	38.40	1000m:	12:43.55	38.88	1400m:	17:50.34	38.95
250m:	3:06.85	38.51	650m:	8:14.45	38.21	1050m:	13:21.83	38.28	1450m:	18:28.66	38.32
300m:	3:45.94	39.09	700m:	8:52.63	38.18	1100m:	13:59.74	37.91	1500m:	19:05.74	37.08
350m:	4:24.12	38.18	750m:	9:30.80	38.17	1150m:	14:37.82	38.08			
400m:	5:02.74	38.62	800m:	10:09.56	38.76	1200m:	15:15.83	38.01			
2. Karin Stein		ZV Vlaardingen-Schiedam	NED	197100554	<b>21:24.15</b>		<b>+0,88</b>				
50m:	38.55	38.55	450m:	6:21.23	43.33	850m:	12:04.41	43.14	1250m:	17:29.45	42.92
100m:	1:20.71	42.16	500m:	7:03.64	42.41	900m:	12:47.49	43.08	1300m:	18:32.95	43.50
150m:	2:03.61	42.90	550m:	7:46.77	43.13	950m:	13:30.50	43.01	1350m:	19:16.01	43.06
200m:	2:46.59	42.98	600m:	8:29.24	42.47	1000m:	14:13.54	43.04	1400m:	19:59.21	43.20
250m:	3:29.47	42.88	650m:	9:12.55	43.31	1050m:	14:56.79	43.25	1450m:	20:42.33	43.12
300m:	4:12.11	42.64	700m:	9:55.37	42.82	1100m:	15:40.01	43.22	1500m:	21:24.15	41.82
350m:	4:54.95	42.84	750m:	10:38.40	43.03	1150m:	16:23.22	43.21			
400m:	5:37.90	42.95	800m:	11:21.27	42.87	1200m:	17:06.53	43.31			
3. Iris van Aurich		DWK	NED	196900866	<b>23:20.27</b>		<b>+0,86</b>				
50m:	40.24	40.24	450m:	6:48.30	46.88	850m:	13:05.34	46.92	1250m:	19:24.77	47.32
100m:	1:24.92	44.68	500m:	7:35.70	47.40	900m:	13:53.00	47.66	1300m:	20:12.80	48.03
150m:	2:10.20	45.28	550m:	8:22.75	47.05	950m:	14:40.63	47.63	1350m:	21:00.79	47.99
200m:	2:56.35	46.15	600m:	9:09.48	46.73	1000m:	15:27.89	47.26	1400m:	21:48.35	47.56
250m:	3:42.37	46.02	650m:	9:56.63	47.15	1050m:	16:15.39	47.50	1450m:	22:34.97	46.62
300m:	4:28.57	46.20	700m:	10:43.82	47.19	1100m:	17:02.91	47.52	1500m:	23:20.27	45.30
350m:	5:14.22	45.65	750m:	11:31.15	47.33	1150m:	17:49.64	46.73			
400m:	6:01.42	47.20	800m:	12:18.42	47.27	1200m:	18:37.45	47.81			
4. Cancia Ouwerkerk		Albion	NED	196700748	<b>25:26.52</b>						
50m:	43.88	43.88	450m:	7:34.65	51.32	850m:	14:25.32	51.26	1250m:	21:15.58	50.93
100m:	1:33.62	49.74	500m:	8:25.70	51.05	900m:	15:15.87	50.55	1300m:	22:06.55	50.97
150m:	2:24.58	50.96	550m:	9:16.99	51.29	950m:	16:06.89	51.02	1350m:	22:57.20	50.65
200m:	3:16.22	51.64	600m:	10:08.23	51.24	1000m:	16:58.33	51.44	1400m:	23:48.25	51.05
250m:	4:08.61	52.39	650m:	10:59.55	51.32	1050m:	17:49.94	51.61	1450m:	24:37.65	49.40
300m:	4:59.97	51.36	700m:	11:50.85	51.30	1100m:	18:42.18	52.24	1500m:	25:26.52	48.87
350m:	5:51.44	51.47	750m:	12:42.43	51.58	1150m:	19:33.40	51.22			
400m:	6:43.33	51.89	800m:	13:34.06	51.63	1200m:	20:24.65	51.25			
5. Annette Spies		LinK	NED	197001110	<b>25:50.34</b>		<b>+0,89</b>				
50m:	45.79	45.79	450m:	7:40.38	52.09	850m:	14:36.50	51.80	1250m:	21:31.93	51.54
100m:	1:35.09	49.30	500m:	8:32.98	52.60	900m:	15:29.00	52.50	1300m:	22:24.57	52.64
150m:	2:26.80	51.71	550m:	9:24.38	51.40	950m:	16:20.50	51.50	1350m:	23:16.09	51.52
200m:	3:19.45	52.65	600m:	10:16.38	52.00	1000m:	17:12.81	52.31	1400m:	23:48.59	52.50
250m:	4:11.32	51.87	650m:	11:07.86	51.48	1050m:	18:04.53	51.72	1450m:	24:59.93	51.34
300m:	5:03.92	52.60	700m:	12:00.24	52.38	1100m:	18:56.65	52.12	1500m:	25:50.34	50.41
350m:	5:55.69	51.77	750m:	12:51.74	51.50	1150m:	19:48.43	51.78			
400m:	6:48.29	52.60	800m:	13:44.70	52.96	1200m:	20:40.39	51.96			
6. Annet Kootstra		SWOL 1894	NED	197100344	<b>26:33.67</b>						
50m:	45.91	45.91	450m:	7:43.60	52.64	850m:	14:51.10	54.01	1250m:	22:04.20	54.22
100m:	1:36.77	50.86	500m:	8:37.10	53.50	900m:	15:45.29	54.19	1300m:	22:58.21	54.01
150m:	2:27.92	51.15	550m:	9:29.81	52.71	950m:	16:39.16	53.87	1350m:	23:52.33	54.12
200m:	3:20.48	52.56	600m:	10:23.53	53.72	1000m:	17:33.90	54.74	1400m:	24:46.76	54.43
250m:	4:12.74	52.26	650m:	11:15.92	52.39	1050m:	18:27.40	53.50	1450m:	25:40.75	53.99
300m:	5:05.63	52.89	700m:	12:09.64	53.72	1100m:	19:21.98	54.58	1500m:	26:33.67	52.92
350m:	5:58.04	52.41	750m:	13:02.88	53.24	1150m:	20:16.05	54.07			
400m:	6:50.96	52.92	800m:	13:57.09	54.21	1200m:	21:09.98	53.93			
7. Kristien Van de Moortel		Shark	BEL	ShaRK/20315/69	<b>27:01.61</b>		<b>+0,97</b>				
50m:	46.95	46.95	450m:	7:57.80	53.67	850m:	15:13.12	54.15	1250m:	22:29.77	54.18
100m:	1:40.54	53.59	500m:	8:52.26	54.46	900m:	16:07.89	54.77	1300m:	23:25.39	55.62
150m:	2:33.93	53.39	550m:	9:46.48	54.22	950m:	17:02.72	54.83	1350m:	24:19.48	54.09
200m:	3:28.20	54.27	600m:	10:41.03	54.55	1000m:	17:57.90	55.18	1400m:	25:15.10	55.62
250m:	4:21.89	53.69	650m:	11:34.68	53.65	1050m:	18:52.14	54.24	1450m:	26:09.33	54.23
300m:	5:16.32	54.43	700m:	12:29.82	55.14	1100m:	19:46.83	54.69	1500m:	27:01.61	52.28
350m:	6:09.64	53.32	750m:	13:24.16	54.34	1150m:	20:40.76	53.93			
400m:	7:04.13	54.49	800m:	14:18.97	54.81	1200m:	21:35.59	54.83			
8. Britta Fritz		SC Janus Köln	GER	262038	<b>27:28.58</b>						
50m:	51.69	51.69	450m:	8:12.17	55.93	850m:	15:31.62	55.13	1250m:	22:56.41	56.84
100m:	1:46.13	54.44	500m:	9:06.85	54.68	900m:	16:26.23	54.61	1300m:	23:51.70	55.29
150m:	2:42.31	56.18	550m:	10:02.08	55.23	950m:	17:21.88	55.65	1350m:	24:47.27	55.57
200m:	3:37.63	55.32	600m:	10:56.90	54.82	1000m:	18:16.04	54.16	1400m:	25:42.03	54.76
250m:	4:33.56	55.93	650m:	11:52.28	55.38	1050m:	19:11.99	55.95	1450m:	26:37.44	55.41
300m:	5:28.07	54.51	700m:	12:46.74	54.46	1100m:	20:08.24	56.25	1500m:	27:28.58	51.14
350m:	6:23.25	55.18	750m:	13:41.79	55.05	1150m:	21:03.97	55.73			
400m:	7:16.24	52.99	800m:	14:36.49	54.70	1200m:	21:59.57	55.60			



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 3, Dames, 1500m vrije slag, 55+

rang	naam	vereniging				tijd			RT	PARA
9.	Roselinda van der Vlugt	De Geul	NED 196700710			<b>29:45.93</b>				
	50m: 52.20	52.20	450m: 8:41.09	59.60	850m: 16:40.83	1:00.77	1250m: 24:47.75	1:00.87		
	100m: 1:48.91	56.71	500m: 9:41.28	1:00.19	900m: 17:41.57	1:00.74	1300m: 25:48.52	1:00.77		
	150m: 2:46.70	57.79	550m: 10:40.79	59.51	950m: 18:41.98	1:00.41	1350m: 26:50.52	1:02.00		
	200m: 3:45.15	58.45	600m: 11:39.96	59.17	1000m: 19:42.71	1:00.73	1400m: 27:50.83	1:00.31		
	250m: 4:43.75	58.60	650m: 12:39.17	59.21	1050m: 20:43.09	1:00.38	1450m: 28:50.88	1:00.05		
	300m: 5:43.46	59.71	700m: 13:39.58	1:00.41	1100m: 21:44.94	1:01.85	1500m: 29:45.93	55.05		
	350m: 6:42.55	59.09	750m: 14:39.61	1:00.03	1150m: 22:45.92	1:00.98				
	400m: 7:41.49	58.94	800m: 15:40.06	1:00.45	1200m: 23:46.88	1:00.96				

10.	Annette van Dok	MSV-Zeemacht	NED 196800742			<b>29:55.81</b>				
	50m: 52.27	52.27	450m: 8:35.94	59.71	850m: 16:37.52	1:00.43	1250m: 24:51.97	1:00.83		
	100m: 1:48.11	55.84	500m: 9:35.54	59.60	900m: 17:38.21	1:00.69	1300m: 25:52.31	1:00.34		
	150m: 2:45.29	57.18	550m: 10:34.92	59.38	950m: 18:38.28	1:00.07	1350m: 26:53.31	1:01.00		
	200m: 3:41.82	56.53	600m: 11:36.28	1:01.36	1000m: 19:41.34	1:03.06	1400m: 27:54.26	1:00.95		
	250m: 4:39.51	57.69	650m: 12:35.55	59.27	1050m: 20:44.80	1:03.46	1450m: 28:53.24	58.98		
	300m: 5:37.57	58.06	700m: 13:36.52	1:00.97	1100m: 21:46.71	1:01.91	1500m: 29:55.81	1:02.57		
	350m: 6:36.84	59.27	750m: 14:36.80	1:00.28	1150m: 22:48.71	1:02.00				
	400m: 7:36.23	59.39	800m: 15:37.09	1:00.29	1200m: 23:51.14	1:02.43				

DIS Bianca Groot MSV-Zeemacht NED 197000652 +0,90  
AF - De aangegeven afstand niet uitgezwommen.

60+

1.	Katrin Pennings	PSV	NED 196400570			<b>22:08.15</b>			+0,78
	<i>Nederlands Masters Record</i>								
	50m: 37.62	37.62	450m: 6:26.86	44.18	850m: 12:23.41	44.92	1250m: 18:23.58	44.94	
	100m: 1:19.48	41.86	500m: 7:12.05	45.19	900m: 13:08.52	45.11	1300m: 19:09.13	45.55	
	150m: 2:02.39	42.91	550m: 7:56.11	44.06	950m: 13:53.12	44.60	1350m: 19:54.31	45.18	
	200m: 2:46.04	43.65	600m: 8:40.82	44.71	1000m: 14:38.35	45.23	1400m: 20:39.81	45.50	
	250m: 3:30.01	43.97	650m: 9:25.18	44.36	1050m: 15:23.50	45.15	1450m: 21:25.24	45.43	
	300m: 4:14.18	44.17	700m: 10:09.73	44.55	1100m: 16:08.69	45.19	1500m: 22:08.15	42.91	
	350m: 4:58.23	44.05	750m: 10:53.94	44.21	1150m: 16:53.42	44.73			
	400m: 5:42.68	44.45	800m: 11:38.49	44.55	1200m: 17:38.64	45.22			

2.	Wilna Heijman	Steenwijk 1934	NED 196400506			<b>22:48.87</b>			+0,82
	50m: 39.45	39.45	450m: 6:38.21	45.25	850m: 12:43.88	46.03	1250m: 18:55.82	47.06	
	100m: 1:22.56	43.11	500m: 7:23.74	45.53	900m: 13:29.71	45.83	1300m: 21:06.60	46.78	
	150m: 2:07.09	44.53	550m: 8:09.26	45.52	950m: 14:16.30	46.59	1350m: 20:29.60	47.00	
	200m: 2:52.37	45.28	600m: 8:54.92	45.66	1000m: 15:02.37	46.07	1400m: 21:16.31	46.71	
	250m: 3:37.11	44.74	650m: 9:40.52	45.60	1050m: 15:49.00	46.63	1450m: 22:03.04	46.73	
	300m: 4:22.26	45.15	700m: 10:25.97	45.45	1100m: 16:35.32	46.32	1500m: 22:48.87	45.83	
	350m: 5:07.29	45.03	750m: 11:12.04	46.07	1150m: 17:22.10	46.78			
	400m: 5:52.96	45.67	800m: 11:57.85	45.81	1200m: 18:08.76	46.66			

3.	Anita Steijger	WVZ	NED 196500628			<b>24:20.80</b>			+0,95
	50m: 44.29	44.29	450m: 7:11.86	48.68	850m: 13:42.02	49.23	1250m: 20:17.29	50.27	
	100m: 1:31.27	46.98	500m: 8:00.54	48.68	900m: 14:30.88	48.86	1300m: 21:06.14	48.85	
	150m: 2:19.30	48.03	550m: 8:49.49	48.95	950m: 15:21.03	50.15	1350m: 21:56.09	49.95	
	200m: 3:07.55	48.25	600m: 9:37.80	48.31	1000m: 16:10.05	49.02	1400m: 22:44.73	48.64	
	250m: 3:56.95	49.40	650m: 10:26.47	48.67	1050m: 16:59.80	49.75	1450m: 23:33.85	49.12	
	300m: 4:45.43	48.48	700m: 11:14.77	48.30	1100m: 17:48.67	48.87	1500m: 24:20.80	46.95	
	350m: 5:34.71	49.28	750m: 12:03.85	49.08	1150m: 18:38.40	49.73			
	400m: 6:23.18	48.47	800m: 12:52.79	48.94	1200m: 19:27.02	48.62			

4.	Maud Peuten-Evers	Mosa-Regio	NED 196400584			<b>25:07.88</b>			
	50m: 44.29	44.29	450m: 7:26.59	51.24	850m: 14:08.98	50.74	1250m: 20:55.12	51.18	
	100m: 1:32.87	48.58	500m: 8:16.51	49.92	900m: 14:59.13	50.15	1300m: 21:45.59	50.47	
	150m: 2:23.07	50.20	550m: 9:07.05	50.54	950m: 15:49.70	50.57	1350m: 22:36.72	51.13	
	200m: 3:13.37	50.30	600m: 9:57.47	50.42	1000m: 16:40.02	50.32	1400m: 23:27.47	50.75	
	250m: 4:04.89	51.52	650m: 10:47.87	50.40	1050m: 17:31.27	51.25	1450m: 24:18.29	50.82	
	300m: 4:54.41	49.52	700m: 11:37.84	49.97	1100m: 18:21.90	50.63	1500m: 25:07.88	49.59	
	350m: 5:45.43	51.02	750m: 12:28.16	50.32	1150m: 19:13.08	51.18			
	400m: 6:35.35	49.92	800m: 13:18.24	50.08	1200m: 20:03.94	50.86			

65+

1.	Petra Tossings	GZC Donk	NED 196100376			<b>23:46.24</b>			+0,83
	50m: 42.71	42.71	450m: 7:01.86	47.92	850m: 13:23.62	48.33	1250m: 19:48.42	48.62	
	100m: 1:29.12	46.41	500m: 7:48.92	47.06	900m: 14:10.85	47.23	1300m: 20:36.06	47.64	
	150m: 2:17.06	47.94	550m: 8:36.76	47.84	950m: 14:59.35	48.50	1350m: 21:24.72	48.66	
	200m: 3:04.41	47.35	600m: 9:24.25	47.49	1000m: 15:46.98	47.63	1400m: 22:12.35	47.63	
	250m: 3:51.89	47.48	650m: 10:12.09	47.84	1050m: 16:35.08	48.10	1450m: 23:00.45	48.10	
	300m: 4:39.03	47.14	700m: 10:59.76	47.67	1100m: 17:22.68	47.60	1500m: 23:46.24	45.79	
	350m: 5:26.60	47.57	750m: 11:48.13	48.37	1150m: 18:11.85	49.17			
	400m: 6:13.94	47.34	800m: 12:35.29	47.16	1200m: 18:59.80	47.95			





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 3, Dames, 1500m vrije slag, 65+

rang	naam	vereniging	NED	196000096	tijd	RT	PARA	
2.	Irene van der Laan	ZV Vlaardingen-Schiedam	NED	196000096	<b>24:16.01</b>	+0,86		
	50m: 43.56	43.56	450m: 7:09.16	49.10	850m: 13:40.94	49.34	1250m: 20:13.46	49.61
	100m: 1:29.49	45.93	500m: 7:58.38	49.22	900m: 14:29.45	48.51	1300m: 21:02.29	48.83
	150m: 2:17.87	48.38	550m: 8:47.30	48.92	950m: 15:18.55	49.10	1350m: 21:51.87	49.58
	200m: 3:05.70	47.83	600m: 9:35.88	48.58	1000m: 16:07.54	48.99	1400m: 22:40.42	48.55
	250m: 3:54.17	48.47	650m: 10:25.23	49.35	1050m: 16:56.87	49.33	1450m: 23:29.51	49.09
	300m: 4:42.54	48.37	700m: 11:14.12	48.89	1100m: 17:45.34	48.47	1500m: 24:16.01	46.50
	350m: 5:31.61	49.07	750m: 12:03.46	49.34	1150m: 18:34.84	49.50		
	400m: 6:20.06	48.45	800m: 12:51.60	48.14	1200m: 19:23.85	49.01		
3.	Linda Wibbelink	Steenwijk 1934	NED	195900158	<b>25:43.95</b>	+0,91		
	50m: 45.73	45.73	450m: 7:37.10	51.25	850m: 14:29.12	51.56	1250m: 21:24.97	52.07
	100m: 1:35.48	49.75	500m: 8:28.63	51.53	900m: 15:20.87	51.75	1300m: 22:17.26	52.29
	150m: 2:26.77	51.29	550m: 9:20.42	51.79	950m: 16:12.66	51.79	1350m: 23:09.27	52.01
	200m: 3:18.07	51.30	600m: 10:12.38	51.96	1000m: 17:04.72	52.06	1400m: 24:01.57	52.30
	250m: 4:09.59	51.52	650m: 11:03.75	51.37	1050m: 17:56.40	51.68	1450m: 24:53.55	51.98
	300m: 5:02.01	52.42	700m: 11:54.82	51.07	1100m: 18:48.34	51.94	1500m: 25:43.95	50.40
	350m: 5:54.12	52.11	750m: 12:45.77	50.95	1150m: 19:40.47	52.13		
	400m: 6:45.85	51.73	800m: 13:37.56	51.79	1200m: 20:32.90	52.43		
4.	Kirsten Stamer	SC Janus Köln	GER	247144	<b>26:46.46</b>	+0,95		
	50m: 50.93	50.93	450m: 8:07.06	55.21	850m: 15:14.99	53.45	1250m: 22:20.35	54.16
	100m: 1:45.14	54.21	500m: 9:00.85	53.79	900m: 16:07.56	52.57	1300m: 23:13.35	53.00
	150m: 2:40.11	54.97	550m: 9:56.58	55.73	950m: 17:00.85	53.29	1350m: 24:07.60	54.25
	200m: 3:34.04	53.93	600m: 10:50.08	53.50	1000m: 17:53.29	52.44	1400m: 25:00.71	53.11
	250m: 4:28.69	54.65	650m: 11:43.43	53.35	1050m: 18:46.94	53.65	1450m: 25:54.55	53.84
	300m: 5:23.17	54.48	700m: 12:35.62	52.19	1100m: 19:40.04	53.10	1500m: 26:46.46	51.91
	350m: 6:18.10	54.93	750m: 13:28.96	53.34	1150m: 20:33.28	53.24		
	400m: 7:11.85	53.75	800m: 14:21.54	52.58	1200m: 21:26.19	52.91		
5.	Betsie Klompmaker	De Hokseberg	NED	195900200	<b>33:35.21</b>			
	50m: 57.78	57.78	450m: 9:48.17	1:05.84	850m: 18:42.56	1:06.28	1250m: 27:49.58	1:07.93
	100m: 2:03.61	1:05.83	500m: 10:56.02	1:07.85	900m: 19:51.04	1:08.48	1300m: 29:00.59	1:11.01
	150m: 3:09.00	1:05.39	550m: 12:01.57	1:05.55	950m: 20:58.23	1:07.19	1350m: 30:09.02	1:08.43
	200m: 4:17.17	1:08.17	600m: 13:08.74	1:07.17	1000m: 22:07.24	1:09.01	1400m: 31:20.29	1:11.27
	250m: 5:22.11	1:04.94	650m: 14:15.34	1:06.60	1050m: 23:14.74	1:07.50	1450m: 32:27.95	1:07.66
	300m: 6:29.82	1:07.71	700m: 15:22.26	1:06.92	1100m: 24:24.44	1:09.70	1500m: 33:35.21	1:07.26
	350m: 7:35.44	1:05.62	750m: 16:29.69	1:07.43	1150m: 25:33.14	1:08.70		
	400m: 8:42.33	1:06.89	800m: 17:36.28	1:06.59	1200m: 26:41.65	1:08.51		

70+

1.	Ineke Weekers	PSV	NED	195300050	<b>23:55.90</b>	+0,89		
	50m: 43.80	43.80	450m: 7:01.45	47.28	850m: 13:21.76	47.83	1250m: 19:50.85	48.87
	100m: 1:30.59	46.79	500m: 7:48.48	47.03	900m: 14:10.14	48.38	1300m: 20:40.02	49.17
	150m: 2:17.94	47.35	550m: 8:35.87	47.39	950m: 14:58.63	48.49	1350m: 21:29.26	49.24
	200m: 3:05.24	47.30	600m: 9:22.93	47.06	1000m: 15:46.66	48.03	1400m: 22:18.45	49.19
	250m: 3:52.57	47.33	650m: 10:10.37	47.44	1050m: 16:36.02	49.36	1450m: 23:07.20	48.75
	300m: 4:39.82	47.25	700m: 10:58.09	47.72	1100m: 17:24.48	48.46	1500m: 23:55.90	48.70
	350m: 5:27.08	47.26	750m: 11:45.92	47.83	1150m: 18:13.53	49.05		
	400m: 6:14.17	47.09	800m: 12:33.93	48.01	1200m: 19:01.98	48.45		
2.	Margriet Pasma	TriVia	NED	195500088	<b>25:30.97</b>	+0,95		
	50m: 44.83	44.83	450m: 7:36.43	50.59	850m: 14:21.28	51.34	1250m: 21:13.38	51.23
	100m: 1:35.77	50.94	500m: 8:26.54	50.11	900m: 15:12.72	51.44	1300m: 22:05.59	52.21
	150m: 2:27.38	51.61	550m: 9:16.75	50.21	950m: 16:04.07	51.35	1350m: 22:57.16	51.57
	200m: 3:19.58	52.20	600m: 10:06.93	50.18	1000m: 16:55.66	51.59	1400m: 23:49.23	52.07
	250m: 4:11.12	51.54	650m: 10:56.95	50.02	1050m: 17:46.87	51.21	1450m: 24:41.42	52.19
	300m: 5:03.16	52.04	700m: 11:47.52	50.57	1100m: 18:38.65	51.78	1500m: 25:30.97	49.55
	350m: 5:54.82	51.66	750m: 12:38.60	51.08	1150m: 19:30.03	51.38		
	400m: 6:45.84	51.02	800m: 13:29.94	51.34	1200m: 20:22.15	52.12		

75+

1.	Gonnie Bak	PSV	NED	195100064	<b>34:12.03</b>			
	50m: 57.82	57.82	450m: 10:03.56	1:09.37	850m: 19:14.74	1:09.75	1250m: 28:29.47	1:09.12
	100m: 2:04.16	1:06.34	500m: 11:12.39	1:08.83	900m: 20:24.86	1:10.12	1300m: 29:38.52	1:09.05
	150m: 3:11.43	1:07.27	550m: 12:20.86	1:08.47	950m: 21:34.16	1:09.30	1350m: 30:47.23	1:08.71
	200m: 4:19.47	1:08.04	600m: 13:30.31	1:09.45	1000m: 22:43.59	1:09.43	1400m: 31:56.18	1:08.95
	250m: 5:27.36	1:07.89	650m: 14:39.27	1:08.96	1050m: 23:52.86	1:09.27	1450m: 33:05.14	1:08.96
	300m: 6:36.22	1:08.86	700m: 15:48.05	1:08.78	1100m: 25:02.17	1:09.31	1500m: 34:12.03	1:06.89
	350m: 7:45.18	1:08.96	750m: 16:56.53	1:08.48	1150m: 26:11.33	1:09.16		
	400m: 8:54.19	1:09.01	800m: 18:04.99	1:08.46	1200m: 27:20.35	1:09.02		





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 3, Dames, 1500m vrije slag

80+

1. Loekie van Huissteden	ZPC Amersfoort	NED	194500002	<b>40:15.74</b>			
50m: 1:07.03	1:07.03	450m: 11:37.69	1:17.86	850m: 22:33.68	1:22.70	1250m: 33:34.32	1:21.27
100m: 2:26.43	1:19.40	500m: 12:57.29	1:19.60	900m: 23:55.85	1:22.17	1300m: 34:58.23	1:23.91
150m: 3:45.43	1:19.00	550m: 14:18.87	1:21.58	950m: 25:18.38	1:22.53	1350m: 36:20.10	1:21.87
200m: 5:04.65	1:19.22	600m: 15:41.04	1:22.17	1000m: 26:41.25	1:22.87	1400m: 37:40.95	1:20.85
250m: 6:22.64	1:17.99	650m: 17:02.95	1:21.91	1050m: 28:03.46	1:22.21	1450m: 39:00.02	1:19.07
300m: 7:41.98	1:19.34	700m: 18:25.34	1:22.39	1100m: 29:27.87	1:24.41	1500m: 40:15.74	1:15.72
350m: 9:00.82	1:18.84	750m: 19:46.64	1:21.30	1150m: 30:49.55	1:21.68		
400m: 10:19.83	1:19.01	800m: 21:10.98	1:24.34	1200m: 32:13.05	1:23.50		

85+

1. Marie Smits	Old Dutch	NED	193800004	<b>39:16.11</b>			
50m: 1:04.30	1:04.30	450m: 11:33.92	1:20.41	850m: 22:07.45	1:19.22	1250m: 32:42.25	1:20.33
100m: 2:22.91	1:18.61	500m: 12:53.29	1:19.37	900m: 23:25.85	1:18.40	1300m: 34:01.85	1:19.60
150m: 3:42.97	1:20.06	550m: 14:12.24	1:18.95	950m: 24:45.31	1:19.46	1350m: 35:22.41	1:20.56
200m: 5:01.62	1:18.65	600m: 15:31.22	1:18.98	1000m: 26:04.61	1:19.30	1400m: 36:42.59	1:20.18
250m: 6:20.49	1:18.87	650m: 16:51.30	1:20.08	1050m: 27:23.57	1:18.96	1450m: 38:01.26	1:18.67
300m: 7:35.82	1:15.33	700m: 18:09.90	1:18.60	1100m: 28:42.97	1:19.40	1500m: 39:16.11	1:14.85
350m: 8:54.79	1:18.97	750m: 19:29.13	1:19.23	1150m: 30:03.32	1:20.35		
400m: 10:13.51	1:18.72	800m: 20:48.23	1:19.10	1200m: 31:21.92	1:18.60		

2 - ONMK2026lb - Sessie 2

1-5-2026 - 9:30

Programmanr. 4

Heren, 400m vrije slag

Masters Open

1-5-2026 - 9:30

Resultaten

rang	naam	vereniging	tijd	RT	PARA			
20+								
1.	Laurens Kalle	De Schotejil	NED 200600161	<b>4:32.83</b>	+0,77			
	50m: 29.01	29.01	150m: 1:36.76	34.83	250m: 2:48.60	35.84	350m: 3:59.79	34.86
	100m: 1:01.93	32.92	200m: 2:12.76	36.00	300m: 3:24.93	36.33	400m: 4:32.83	33.04
2.	Christian Kalle	De Schotejil	NED 200400687	<b>4:38.53</b>	+0,84			
	50m: 29.85	29.85	150m: 1:39.81	35.65	250m: 2:51.91	35.94	350m: 4:04.04	36.34
	100m: 1:04.16	34.31	200m: 2:15.97	36.16	300m: 3:27.70	35.79	400m: 4:38.53	34.49
3.	Jacco Nijland	ZPC De Hof	NED 200400081	<b>4:41.05</b>	+0,78			
	50m: 31.62	31.62	150m: 1:43.89	36.25	250m: 2:56.92	36.54	350m: 4:10.63	36.31
	100m: 1:07.64	36.02	200m: 2:20.38	36.49	300m: 3:34.32	37.40	400m: 4:41.05	30.42
4.	Niels Kragt	TriVia	NED 200300155	<b>4:43.64</b>	+0,70			
	50m: 30.42	30.42	150m: 1:41.02	36.39	250m: 2:55.03	37.27	350m: 4:08.14	36.72
	100m: 1:04.63	34.21	200m: 2:17.76	36.74	300m: 3:31.42	36.39	400m: 4:43.64	35.50
5.	Rik Stahlie	TriVia	NED 200201915	<b>4:46.11</b>	+0,75			
	50m: 30.60	30.60	150m: 1:40.72	36.03	250m: 2:55.06	37.13	350m: 4:10.30	36.96
	100m: 1:04.69	34.09	200m: 2:17.93	37.21	300m: 3:33.34	38.28	400m: 4:46.11	35.81
6.	Jesper Pas	VZV Njord	NED 200200967	<b>4:47.26</b>	+0,74			
	50m: 31.37	31.37	150m: 1:43.68	36.84	250m: 2:58.37	36.99	350m: 4:13.26	37.14
	100m: 1:06.84	35.47	200m: 2:21.38	37.70	300m: 3:36.12	37.75	400m: 4:47.26	34.00
7.	Owen Michels	De Amstel	NED 200402293	<b>4:51.69</b>	+0,71			
	50m: 31.88	31.88	150m: 1:44.46	36.68	250m: 2:59.18	37.57	350m: 4:15.06	37.96
	100m: 1:07.78	35.90	200m: 2:21.61	37.15	300m: 3:37.10	37.92	400m: 4:51.69	36.63
8.	Mika Heskamp	De Dinkel	NED 200300339	<b>4:54.74</b>	+0,74			
	50m: 30.75	30.75	150m: 1:43.87	37.22	250m: 2:59.84	38.08	350m: 4:17.14	38.51
	100m: 1:06.65	35.90	200m: 2:21.76	37.89	300m: 3:38.63	38.79	400m: 4:54.74	37.60





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 4, Heren, 400m vrije slag

25+

1.	Jasper Breugem	WVZ	NED	20000303	<b>4:31.84</b>	+0,69
	50m: 30.13	30.13	150m: 1:38.34	34.55	250m: 2:47.60	34.74
	100m: 1:03.79	33.66	200m: 2:12.86	34.52	300m: 3:22.55	34.95
					350m: 3:57.60	35.05
					400m: 4:31.84	34.24
2.	Jacob Mackloet	De Schoteijl	NED	200001171	<b>4:32.71</b>	+0,70
	50m: 30.28	30.28	150m: 1:39.40	35.26	250m: 2:50.06	35.26
	100m: 1:04.14	33.86	200m: 2:14.80	35.40	300m: 3:25.23	35.17
					350m: 3:59.65	34.42
					400m: 4:32.71	33.06
3.	Wesley van der Luit	Sassenheim	NED	199701895	<b>4:54.67</b>	+0,82
	50m: 33.61	33.61	150m: 1:46.90	37.35	250m: 3:01.73	37.82
	100m: 1:09.55	35.94	200m: 2:23.91	37.01	300m: 3:39.20	37.47
					350m: 4:16.80	37.60
					400m: 4:54.67	37.87
4.	Leon Kloots	ZPC De Hof	NED	200001363	<b>4:55.67</b>	+0,81
	50m: 31.70	31.70	150m: 1:45.38	37.31	250m: 3:00.06	36.67
	100m: 1:08.07	36.37	200m: 2:23.39	38.01	300m: 3:38.73	38.67
					350m: 4:17.37	38.64
					400m: 4:55.67	38.30
5.	Lars Jacobsen	DWK	NED	199705453	<b>4:56.85</b>	+0,81
	50m: 31.44	31.44	150m: 1:44.59	37.49	250m: 3:03.05	39.81
	100m: 1:07.10	35.66	200m: 2:23.24	38.65	300m: 3:41.25	38.20
					350m: 4:20.68	39.43
					400m: 4:56.85	36.17
6.	Jordy van Oel	WVZ	NED	199802003	<b>4:59.58</b>	+0,76
	50m: 32.63	32.63	150m: 1:47.45	38.26	250m: 3:03.96	38.07
	100m: 1:09.19	36.56	200m: 2:25.89	38.44	300m: 3:43.05	39.09
					350m: 4:21.46	38.41
					400m: 4:59.58	38.12
7.	Patrick Wyrdean	Westland Swimming Stars	NED	199702475	<b>5:01.98</b>	+0,67
	50m: 31.99	31.99	150m: 1:44.65	37.54	250m: 3:02.30	39.28
	100m: 1:07.11	35.12	200m: 2:23.02	38.37	300m: 3:41.62	39.32
					350m: 4:22.22	40.60
					400m: 5:01.98	39.76
8.	Erik Baalbergen	ZVL - 1886	NED	199805775	<b>5:19.44</b>	+0,79
	50m: 32.32	32.32	150m: 1:48.73	39.74	250m: 3:12.58	42.72
	100m: 1:08.99	36.67	200m: 2:29.86	41.13	300m: 3:55.30	42.72
					350m: 4:38.19	42.89
					400m: 5:19.44	41.25
9.	Auke Sijperda	AZC	NED	199905115	<b>5:33.23</b>	+0,71
	50m: 34.19	34.19	150m: 1:54.69	41.15	250m: 3:20.84	43.10
	100m: 1:13.54	39.35	200m: 2:37.74	43.05	300m: 4:05.17	44.33
					350m: 4:49.30	44.13
					400m: 5:33.23	43.93

30+

1.	Mike Schel	ENC Arnhem	NED	199403279	<b>4:27.41</b>	+0,74
	50m: 30.16	30.16	150m: 1:37.22	34.00	250m: 2:46.23	34.61
	100m: 1:03.22	33.06	200m: 2:11.62	34.40	300m: 3:20.41	34.18
					350m: 3:54.66	34.25
					400m: 4:27.41	32.75
2.	Tim de Vrught	ENC Arnhem	NED	199306719	<b>4:45.34</b>	+0,71
	50m: 30.42	30.42	150m: 1:40.97	36.10	250m: 2:55.18	37.21
	100m: 1:04.87	34.45	200m: 2:17.97	37.00	300m: 3:33.01	37.83
					350m: 4:09.89	36.88
					400m: 4:45.34	35.45
3.	Sander Riezebos	WS Twente	NED	199400467	<b>4:59.79</b>	+0,79
	50m: 31.63	31.63	150m: 1:45.64	38.04	250m: 3:03.82	39.35
	100m: 1:07.60	35.97	200m: 2:24.47	38.83	300m: 3:43.82	40.00
					350m: 4:22.91	39.09
					400m: 4:59.79	36.88
4.	Colin Degenaaars	ZPCH	NED	199505951	<b>5:12.10</b>	+0,77
	50m: 33.85	33.85	150m: 1:52.41	39.60	250m: 3:13.13	40.41
	100m: 1:12.81	38.96	200m: 2:32.72	40.31	300m: 3:54.05	40.92
					350m: 4:34.62	40.57
					400m: 5:12.10	37.48
5.	Remco Visser	ZPC Woerden	NED	199503185	<b>5:25.75</b>	+0,76
	50m: 34.95	34.95	150m: 1:54.35	40.26	250m: 3:16.95	41.40
	100m: 1:14.09	39.14	200m: 2:35.55	41.20	300m: 3:59.43	42.48
					350m: 4:42.45	43.02
					400m: 5:25.75	43.30
6.	Ruben de Boer	Zwemvereniging Hoogland	NED	199301419	<b>5:47.90</b>	+0,81
	50m: 36.85	36.85	150m: 2:03.96	43.76	250m: 3:32.86	45.04
	100m: 1:20.20	43.35	200m: 2:47.82	43.86	300m: 4:17.93	45.07
					350m: 5:03.02	45.09
					400m: 5:47.90	44.88

35+

1.	Tim Bunnik	Triton	NED	199000505	<b>4:46.35</b>	+0,73
	50m: 30.95	30.95	150m: 1:41.86	36.15	250m: 2:56.08	37.49
	100m: 1:05.71	34.76	200m: 2:18.59	36.73	300m: 3:33.12	37.04
					350m: 4:10.28	37.16
					400m: 4:46.35	36.07
2.	Matthew Humphreys	MSV-Zeemacht	NED	198906983	<b>4:49.88</b>	+0,75
	50m: 31.63	31.63	150m: 1:41.39	35.92	250m: 2:55.50	37.41
	100m: 1:05.47	33.84	200m: 2:18.09	36.70	300m: 3:33.53	38.03
					350m: 4:12.39	38.86
					400m: 4:49.88	37.49
3.	Jeroen Matthijssen	AZC	NED	199103751	<b>4:51.67</b>	+0,66
	50m: 30.93	30.93	150m: 1:44.07	37.17	250m: 2:58.83	36.62
	100m: 1:06.90	35.97	200m: 2:22.21	38.14	300m: 3:36.55	37.72
					350m: 4:14.43	37.88
					400m: 4:51.67	37.24
4.	Jos de Graaf	PSV	NED	199106095	<b>4:52.40</b>	+0,73
	50m: 30.59	30.59	150m: 1:40.73	35.70	250m: 2:53.97	36.63
	100m: 1:05.03	34.44	200m: 2:17.34	36.61	300m: 3:32.54	38.57
					350m: 4:11.79	39.25
					400m: 4:52.40	40.61



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 4, Heren, 400m vrije slag, 35+

rang	naam	vereniging	tijd	RT	PARA
5.	Patrick Creemers	SG Patrick - De Roersoppers	<b>4:54.10</b>	+0,72	
	50m: 32.68	150m: 1:47.45	250m: 3:02.98	350m: 4:18.05	37.16
	100m: 1:09.49	200m: 2:25.82	300m: 3:40.89	400m: 4:54.10	37.91
6.	Wessel Everloot	WS Twente	<b>5:01.78</b>	+0,87	550
	50m: 33.96	150m: 1:51.05	250m: 3:08.89	350m: 4:25.71	38.88
	100m: 1:12.01	200m: 2:30.01	300m: 3:48.79	400m: 5:01.78	39.90
7.	Niels Albrechts	De Schotejil	<b>5:04.02</b>	+0,85	
	50m: 33.82	150m: 1:49.90	250m: 3:08.35	350m: 4:27.22	39.01
	100m: 1:15.54	200m: 2:29.34	300m: 3:48.24	400m: 5:04.02	39.89

40+

1.	Pieter Pickhardt	ZPC De Hof	<b>4:49.89</b>	+0,82	
	50m: 32.40	150m: 1:44.36	250m: 2:57.99	350m: 4:13.38	36.75
	100m: 1:07.76	200m: 2:21.24	300m: 3:35.97	400m: 4:49.89	37.98
2.	Frank v.d. Voordt	De Schotejil	<b>5:03.39</b>	+0,83	
	50m: 33.65	150m: 1:48.86	250m: 3:06.10	350m: 4:24.44	38.69
	100m: 1:10.91	200m: 2:27.41	300m: 3:44.98	400m: 5:03.39	38.88
3.	Rob van Wanrooy	Albion	<b>5:23.66</b>	+0,75	
	50m: 35.99	150m: 1:55.97	250m: 3:16.66	350m: 4:41.56	40.13
	100m: 1:15.51	200m: 2:36.53	300m: 3:59.15	400m: 5:23.66	42.49
4.	Sander van Tilburg	De Biesboschzwemmers	<b>5:32.39</b>	+0,85	
	50m: 36.31	150m: 1:57.97	250m: 3:23.82	350m: 4:51.65	43.26
	100m: 1:15.80	200m: 2:40.56	300m: 4:07.66	400m: 5:32.39	43.84

45+

1.	Gergely Molnár	Iron Swim	<b>4:45.80</b>	+0,78	
	50m: 31.88	150m: 1:44.07	250m: 2:57.40	350m: 4:10.47	36.67
	100m: 1:07.72	200m: 2:20.73	300m: 3:34.14	400m: 4:45.80	36.74
2.	Dennis Brouwers	HZPC	<b>4:45.99</b>	+0,84	
	50m: 31.97	150m: 1:42.32	250m: 2:55.54	350m: 4:09.48	36.76
	100m: 1:06.41	200m: 2:18.78	300m: 3:32.35	400m: 4:45.99	36.81
3.	Ivo Roozeboom	WVZ	<b>4:46.30</b>	+0,71	
	50m: 31.27	150m: 1:45.46	250m: 2:59.63	350m: 4:12.61	37.17
	100m: 1:07.81	200m: 2:22.46	300m: 3:36.30	400m: 4:46.30	36.67
4.	Oliver Grundmann	SG Essen	<b>4:55.65</b>	+0,86	
	50m: 32.69	150m: 1:49.50	250m: 3:05.62	350m: 4:20.11	36.95
	100m: 1:10.71	200m: 2:28.67	300m: 3:43.42	400m: 4:55.65	37.80
5.	Marcel Reefhuis	WS Twente	<b>5:04.92</b>	+0,66	
	50m: 33.86	150m: 1:50.98	250m: 3:08.92	350m: 4:27.16	38.80
	100m: 1:11.80	200m: 2:30.12	300m: 3:48.16	400m: 5:04.92	39.24
6.	Arjen Nieveen	DZ&PC	<b>5:11.39</b>	+0,73	
	50m: 33.23	150m: 1:48.47	250m: 3:07.46	350m: 4:29.83	39.71
	100m: 1:10.18	200m: 2:27.75	300m: 3:48.39	400m: 5:11.39	40.93
7.	Tom Bandsma	PSV	<b>5:38.44</b>		
	50m: 37.12	150m: 2:02.19	250m: 3:29.63	350m: 4:56.82	43.45
	100m: 1:19.14	200m: 2:46.18	300m: 4:13.92	400m: 5:38.44	44.29
8.	Stefan Witwerts 200m *	KSN (SG)	<b>6:57.56</b>		
	50m: 42.61	150m: 2:24.74	250m: 4:14.46	350m: 6:05.93	55.14
	100m: 1:31.98	200m: 3:19.32	300m: 5:10.08	400m: 6:57.56	55.62

50+

1.	Pieter Veenstra	DZ&PC	<b>5:12.95</b>	+0,85	
	50m: 35.59	150m: 1:54.24	250m: 3:13.93	350m: 4:33.99	40.02
	100m: 1:14.64	200m: 2:33.91	300m: 3:53.93	400m: 5:12.95	40.00
2.	Peter Meijer	DZ&PC	<b>5:31.12</b>	+0,71	
	50m: 36.90	150m: 2:02.35	250m: 3:29.31	350m: 4:55.41	43.95
	100m: 1:19.20	200m: 2:45.36	300m: 4:13.42	400m: 5:31.12	44.11
3.	Wouter van der Stelt	De Biesboschzwemmers	<b>6:02.58</b>	+0,91	
	50m: 39.31	150m: 2:09.01	250m: 3:42.21	350m: 5:15.93	46.54
	100m: 1:23.12	200m: 2:55.67	300m: 4:28.89	400m: 6:02.58	46.68



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 4, Heren, 400m vrije slag, 50+

rang	naam		vereniging					tijd	RT	PARA		
4.	Jeroen Hoeksel		ZV Vlaardingen-Schiedam	NED	197401533			<b>6:18.99</b>				
	50m:	39.38	39.38	150m:	2:12.92	47.50	250m:	3:50.60	48.34	350m:	5:29.71	49.15
	100m:	1:25.42	46.04	200m:	3:02.26	49.34	300m:	4:40.56	49.96	400m:	6:18.99	49.28
<b>55+</b>												
1.	Richard Ricksen		Hellas-Glana	NED	197000841			<b>5:05.27</b>		+0,82		
	50m:	33.73	33.73	150m:	1:49.07	37.90	250m:	3:06.74	38.84	350m:	4:25.82	40.20
	100m:	1:11.17	37.44	200m:	2:27.90	38.83	300m:	3:45.62	38.88	400m:	5:05.27	39.45
2.	Bruno Nahon		Cercle De Natation Sportcity WolBEL	CNSW	000390/70			<b>5:15.25</b>		+0,83		
	50m:	36.23	36.23	150m:	1:55.48	39.87	250m:	3:16.22	40.27	350m:	4:36.34	39.91
	100m:	1:15.61	39.38	200m:	2:35.95	40.47	300m:	3:56.43	40.21	400m:	5:15.25	38.91
3.	Frank van Nobelen		Sassenheim	NED	196900753			<b>5:19.82</b>		+0,79		
	50m:	35.76	35.76	150m:	1:54.91	40.03	250m:	3:16.31	40.63	350m:	4:38.85	40.86
	100m:	1:14.88	39.12	200m:	2:35.68	40.77	300m:	3:57.99	41.68	400m:	5:19.82	40.97
4.	Leon Slingerland		WVZ	NED	196801707			<b>5:57.46</b>		+0,93		
	50m:	36.92	36.92	150m:	2:07.34	46.37	250m:	3:41.20	46.80	350m:	5:13.90	46.21
	100m:	1:20.97	44.05	200m:	2:54.40	47.06	300m:	4:27.69	46.49	400m:	5:57.46	43.56
5.	Ramon Alsina Munoz		Cercle De Natation Sportcity WolBEL	CNSW	002552/69			<b>6:11.03</b>		+0,87		
	50m:	42.90	42.90	150m:	2:17.66	47.64	250m:	3:52.03	46.86	350m:	5:25.91	46.97
	100m:	1:30.02	47.12	200m:	3:05.17	47.51	300m:	4:38.94	46.91	400m:	6:11.03	45.12
<b>60+</b>												
1.	Bob de Vries		SG Octopus - ZVV	NED	196601101			<b>4:51.95</b>		+0,69		
	50m:	31.65	31.65	150m:	1:45.43	36.98	250m:	2:59.65	36.91	350m:	4:15.03	37.58
	100m:	1:08.45	36.80	200m:	2:22.74	37.31	300m:	3:37.45	37.80	400m:	4:51.95	36.92
2.	Jon Christensen		Luxembourg Sharks Swimming CLUX	10008				<b>5:03.02</b>		+0,77		
	50m:	35.10	35.10	150m:	1:50.81	38.30	250m:	3:07.81	38.69	350m:	4:25.53	39.35
	100m:	1:12.51	37.41	200m:	2:29.12	38.31	300m:	3:46.18	38.37	400m:	5:03.02	37.49
3.	Hugues Herman		Cercle De Natation Sportcity WolBEL	CNSW	014976/66			<b>5:05.07</b>		+0,72		
	50m:	35.48	35.48	150m:	1:54.07	39.37	250m:	3:12.39	38.31	350m:	4:28.78	37.98
	100m:	1:14.70	39.22	200m:	2:34.08	40.01	300m:	3:50.80	38.41	400m:	5:05.07	36.29
4.	Henri Michels		De Amstel	NED	196501587			<b>5:27.70</b>		+0,84		
	50m:	35.40	35.40	150m:	1:55.19	40.91	250m:	3:20.20	43.15	350m:	4:46.05	43.40
	100m:	1:14.28	38.88	200m:	2:37.05	41.86	300m:	4:02.65	42.45	400m:	5:27.70	41.65
5.	Gert Sikkema		Zignea	NED	196300687			<b>5:32.22</b>		+0,88		
	50m:	36.21	36.21	150m:	1:59.87	42.55	250m:	3:25.54	43.15	350m:	4:52.78	43.55
	100m:	1:17.32	41.11	200m:	2:42.39	42.52	300m:	4:09.23	43.69	400m:	5:32.22	39.44
6.	Kees-Jan van Overbeeke		WWV Winterswijk	NED	196200489			<b>5:43.10</b>		+0,86		
	50m:	38.09	38.09	150m:	2:06.09	44.55	250m:	3:34.81	43.23	350m:	5:01.58	43.11
	100m:	1:21.54	43.45	200m:	2:51.58	45.49	300m:	4:18.47	43.66	400m:	5:43.10	41.52
7.	Jeroen Wilmer		Enkhuizer Zwem Vereniging	NED	196601711			<b>5:59.57</b>		+0,91		
	50m:	40.21	40.21	150m:	2:11.54	46.72	250m:	3:45.02	46.71	350m:	5:16.53	45.06
	100m:	1:24.82	44.61	200m:	2:58.31	46.77	300m:	4:31.47	46.45	400m:	5:59.57	43.04
8.	Peter Janssen		Team Noord Holland (SG)	NED	196201307			<b>6:23.59</b>				
	50m:	41.19	41.19	150m:	2:16.13	48.99	250m:	3:56.00	49.93	350m:	5:35.82	50.12
	100m:	1:27.14	45.95	200m:	3:06.07	49.94	300m:	4:45.70	49.70	400m:	6:23.59	47.77
9.	Casper Dollekamp		Steenwijk 1934	NED	196301341			<b>6:35.93</b>		+0,84		
	50m:	42.30	42.30	150m:	2:19.12	49.02	250m:	4:01.65	51.84	350m:	5:47.19	52.57
	100m:	1:30.10	47.80	200m:	3:09.81	50.69	300m:	4:54.62	52.97	400m:	6:35.93	48.74
<b>65+</b>												
1.	Marten de Groot		HZ&PC Heerenveen	NED	195800149			<b>5:18.35</b>		+0,81		
	50m:	36.57	36.57	150m:	1:56.90	39.72	250m:	3:17.57	40.40	350m:	4:38.36	40.16
	100m:	1:17.18	40.61	200m:	2:37.17	40.27	300m:	3:58.20	40.63	400m:	5:18.35	39.99
2.	Dirk Zeterberg		Zehlendorfer TSV von 1888	GER	101339			<b>5:31.68</b>		+0,89		
	50m:	38.17	38.17	150m:	2:01.88	42.39	250m:	3:26.62	43.00	350m:	4:51.24	41.97
	100m:	1:19.49	41.32	200m:	2:43.62	41.74	300m:	4:09.27	42.65	400m:	5:31.68	40.44
3.	Rene Janssen		Team Noord Holland (SG)	NED	195700169			<b>6:04.27</b>		+0,93		
	50m:	39.48	39.48	150m:	2:10.76	47.23	250m:	3:46.48	47.88	350m:	5:20.74	47.29
	100m:	1:23.53	44.05	200m:	2:58.60	47.84	300m:	4:33.45	46.97	400m:	6:04.27	43.53





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 4, Heren, 400m vrije slag, 65+

rang	naam	vereniging	land	nummer	tijd	RT	PARA	
4.	Wim de Lange	AZC	NED	195800533	<b>6:11.55</b>	+0,84		
	50m: 41.74	41.74	150m: 2:16.93	47.98	250m: 3:52.70	47.94	350m: 5:27.30	47.45
	100m: 1:28.95	47.21	200m: 3:04.76	47.83	300m: 4:39.85	47.15	400m: 6:11.55	44.25
5.	Lex Hoogendam	ZZ&PC De Devel	NED	195700541	<b>6:42.83</b>	+0,97		
	50m: 42.25	42.25	150m: 2:22.17	51.99	250m: 4:06.37	52.54	350m: 5:52.08	53.07
	100m: 1:30.18	47.93	200m: 3:13.83	51.66	300m: 4:59.01	52.64	400m: 6:42.83	50.75

70+

1.	Henk Slomp	De Inktvis	NED	195500359	<b>5:51.70</b>	+0,93		
	50m: 38.76	38.76	150m: 2:09.10	46.15	250m: 3:40.46	45.36	350m: 5:10.50	44.45
	100m: 1:22.95	44.19	200m: 2:55.10	46.00	300m: 4:26.05	45.59	400m: 5:51.70	41.20
2.	Laurens Klein Breteler	WS Twente	NED	195400109	<b>6:39.56</b>	+0,89		
	50m: 42.77	42.77	150m: 2:23.63	51.61	250m: 4:08.19	52.22	350m: 5:52.08	51.44
	100m: 1:32.02	49.25	200m: 3:15.97	52.34	300m: 5:00.64	52.45	400m: 6:39.56	47.48
3.	Rob Berkhof	SWOL 1894	NED	195200245	<b>7:27.38</b>	+0,52		
	50m: 47.57	47.57	150m: 2:37.55	55.18	250m: 4:32.22	57.63	350m: 6:29.56	58.73
	100m: 1:42.37	54.80	200m: 3:34.59	57.04	300m: 5:30.83	58.61	400m: 7:27.38	57.82

75+

1.	Wout Hemmes	De Plons	NED	194800059	<b>6:53.16</b>	+0,54		
	50m: 45.51	45.51	150m: 2:30.15	51.94	250m: 4:15.53	52.01	350m: 6:02.25	52.83
	100m: 1:38.21	52.70	200m: 3:23.52	53.37	300m: 5:09.42	53.89	400m: 6:53.16	50.91
2.	Jos Kamps	Zwemvereniging Hoogland	NED	195100085	<b>7:21.09</b>	+0,90		
	50m: 43.28	43.28	150m: 2:31.05	55.84	250m: 4:26.62	57.57	350m: 6:24.28	58.83
	100m: 1:35.21	51.93	200m: 3:29.05	58.00	300m: 5:25.45	58.83	400m: 7:21.09	56.81
3.	Piet Schop	De Bevelanders	NED	195000109	<b>7:54.57</b>	+0,75		
	50m: 54.22	54.22	150m: 2:56.38	1:02.16	250m: 5:00.04	1:02.17	350m: 7:03.25	1:01.20
	100m: 1:54.22	1:00.00	200m: 3:57.87	1:01.49	300m: 6:02.05	1:02.01	400m: 7:54.57	51.32

80+

1.	Willem Putter	ZV Vlaardingen-Schiedam	NED	194500135	<b>7:20.99</b>	+0,86		
	50m: 48.36	48.36	150m: 2:40.59	57.24	250m: 4:36.17	57.77	350m: 6:29.33	56.07
	100m: 1:43.35	54.99	200m: 3:38.40	57.81	300m: 5:33.26	57.09	400m: 7:20.99	51.66
2.	Geza Kaltenecker	AZC	NED	194200065	<b>8:15.67</b>			
	50m: 55.63	55.63	150m: 3:00.97	1:03.61	250m: 5:08.26	1:04.59	350m: 7:17.30	1:04.26
	100m: 1:57.36	1:01.73	200m: 4:03.67	1:02.70	300m: 6:13.04	1:04.78	400m: 8:15.67	58.37

Programmanr. 5  
1-5-2026 - 10:17

Dames, 400m vrije slag  
Pauze na serie 4 / Break after heat 4

Masters Open  
Resultaten

rang	naam	vereniging	land	nummer	tijd	RT	PARA	
20+								
1.	Dido Toornend	Team Noord Holland (SG)	NED	200501718	<b>5:05.31</b>	+0,77		
	50m: 31.29	31.29	150m: 1:45.57	38.18	250m: 3:05.31	40.21	350m: 4:25.86	40.41
	100m: 1:07.39	36.10	200m: 2:25.10	39.53	300m: 3:45.45	40.14	400m: 5:05.31	39.45
2.	Feline Slijkhuis	SG Octopus - ZVV	NED	200501042	<b>5:06.62</b>	+0,86		
	50m: 33.91	33.91	150m: 1:50.92	39.19	250m: 3:09.85	39.52	350m: 4:29.52	40.04
	100m: 1:11.73	37.82	200m: 2:30.33	39.41	300m: 3:49.48	39.63	400m: 5:06.62	37.10
3.	Kiki Bootsman	Azuro	NED	200502850	<b>5:08.21</b>	+0,74		
	50m: 34.73	34.73	150m: 1:50.64	38.80	250m: 3:09.35	39.82	350m: 4:28.34	39.52
	100m: 1:11.84	37.11	200m: 2:29.53	38.89	300m: 3:48.82	39.47	400m: 5:08.21	39.87
4.	Liselotte Schaap	HZ&PC Heerenveen	NED	200603016	<b>5:09.65</b>	+0,67		
	50m: 33.39	33.39	150m: 1:51.04	39.43	250m: 3:10.61	39.86	350m: 4:30.09	39.65
	100m: 1:11.61	38.22	200m: 2:30.75	39.71	300m: 3:50.44	39.83	400m: 5:09.65	39.56
5.	Tamar Roosen	VZV Njord	NED	200501168	<b>5:15.95</b>	+0,70		
	50m: 34.08	34.08	150m: 1:51.39	39.60	250m: 3:13.54	41.56	350m: 4:36.88	41.62
	100m: 1:11.79	37.71	200m: 2:31.98	40.59	300m: 3:55.26	41.72	400m: 5:15.95	39.07





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 5, Dames, 400m vrije slag, 20+

rang	naam	vereniging	tijd	RT	PARA
6.	Daphne van Tilburg	De Geul	<b>5:18.33</b>	+0,76	
	50m: 35.84	35.84 150m: 1:56.19	40.97 250m: 3:18.00	41.63 350m: 4:39.78	41.01
	100m: 1:15.22	39.38 200m: 2:36.37	40.18 300m: 3:58.77	40.77 400m: 5:18.33	38.55
7.	Claire Bosch	De Dinkel	<b>5:21.44</b>	+0,80	
	50m: 34.08	34.08 150m: 1:53.74	40.81 250m: 3:17.13	41.75 350m: 4:40.30	41.52
	100m: 1:12.93	38.85 200m: 2:35.38	41.64 300m: 3:58.78	41.65 400m: 5:21.44	41.14
8.	Ilse Stut	De Otters Het Gooi	<b>5:33.35</b>	+0,78	
	50m: 35.38	35.38 150m: 1:58.75	42.42 250m: 3:25.32	43.57 350m: 4:51.62	43.51
	100m: 1:16.33	40.95 200m: 2:41.75	43.00 300m: 4:08.11	42.79 400m: 5:33.35	41.73
9.	Lois Hofman	SG Octopus - ZVV	<b>5:39.47</b>	+0,74	
	50m: 37.25	37.25 150m: 2:02.50	43.66 250m: 3:30.08	43.87 350m: 4:58.01	44.04
	100m: 1:18.84	41.59 200m: 2:46.21	43.71 300m: 4:13.97	43.89 400m: 5:39.47	41.46
10.	Jessica Dekkinga	Steenwijk 1934	<b>6:03.68</b>	+0,77	
	50m: 37.47	37.47 150m: 2:04.69	44.79 250m: 3:38.65	48.02 350m: 5:15.86	48.86
	100m: 1:19.90	42.43 200m: 2:50.63	45.94 300m: 4:27.00	48.35 400m: 6:03.68	47.82

25+

1.	Laura Setz	Bubble	<b>4:37.92</b>	+0,90	
	50m: 30.89	30.89 150m: 1:39.79	34.89 250m: 2:50.71	35.50 350m: 4:02.47	35.95
	100m: 1:04.90	34.01 200m: 2:15.21	35.42 300m: 3:26.52	35.81 400m: 4:37.92	35.45
2.	Femke Backx	Orca	<b>4:41.84</b>	+0,79	
	50m: 31.02	31.02 150m: 1:40.44	34.87 250m: 2:52.34	36.03 350m: 4:05.52	36.42
	100m: 1:05.57	34.55 200m: 2:16.31	35.87 300m: 3:29.10	36.76 400m: 4:41.84	36.32
3.	Fabienne Otto	swimART Solingen	<b>4:47.92</b>	+0,79	
	50m: 33.26	33.26 150m: 1:45.47	36.49 250m: 2:57.94	35.97 350m: 4:12.10	37.56
	100m: 1:08.98	35.72 200m: 2:21.97	36.50 300m: 3:34.54	36.60 400m: 4:47.92	35.82
4.	Myra Smulders	Zwemvereniging Hoogland	<b>4:56.37</b>	+0,71	
	50m: 32.41	32.41 150m: 1:44.92	36.47 250m: 3:01.10	38.18 350m: 4:18.60	38.35
	100m: 1:08.45	36.04 200m: 2:22.92	38.00 300m: 3:40.25	39.15 400m: 4:56.37	37.77
5.	Noa Oldenhof	ZPCH	<b>5:11.31</b>	+0,67	
	50m: 34.16	34.16 150m: 1:51.84	39.63 250m: 3:11.44	40.01 350m: 4:32.04	40.20
	100m: 1:12.21	38.05 200m: 2:31.43	39.59 300m: 3:51.84	40.40 400m: 5:11.31	39.27
6.	Romée Beverdam	WS Twente	<b>5:29.16</b>	+0,85	
	50m: 36.67	36.67 150m: 1:58.26	41.43 250m: 3:23.03	42.79 350m: 4:48.44	42.46
	100m: 1:16.83	40.16 200m: 2:40.24	41.98 300m: 4:05.98	42.95 400m: 5:29.16	40.72
7.	Evelien de Jong	Neptunia '24	<b>5:50.56</b>	+0,79	
	50m: 36.32	36.32 150m: 2:00.49	43.35 250m: 3:30.97	45.77 350m: 5:04.89	46.71
	100m: 1:17.14	40.82 200m: 2:45.20	44.71 300m: 4:18.18	47.21 400m: 5:50.56	45.67
8.	Anouk van der Lans	Westland Swimming Stars	<b>5:57.20</b>	+0,76	
	50m: 37.61	37.61 150m: 2:05.35	44.97 250m: 3:37.91	46.99 350m: 5:11.90	47.07
	100m: 1:20.38	42.77 200m: 2:50.92	45.57 300m: 4:24.83	46.92 400m: 5:57.20	45.30
9.	Mirna Wolters	De Plons	<b>5:58.09</b>	+0,76	
	50m: 38.66	38.66 150m: 2:07.07	44.92 250m: 3:39.61	46.40 350m: 5:12.95	46.29
	100m: 1:22.15	43.49 200m: 2:53.21	46.14 300m: 4:26.66	47.05 400m: 5:58.09	45.14
10.	Kim van Rossum	SBC2000	<b>7:06.01</b>		
	50m: 45.79	45.79 150m: 2:32.25	54.14 250m: 4:22.47	54.73 350m: 6:11.79	53.69
	100m: 1:38.11	52.32 200m: 3:27.74	55.49 300m: 5:18.10	55.63 400m: 7:06.01	54.22
11.	Jelinke Nicolai	De Wellerobben	<b>7:36.74</b>	+0,80	
	50m: 46.79	46.79 150m: 2:39.04	57.78 250m: 4:37.84	59.15 350m: 6:38.80	1:00.89
	100m: 1:41.26	54.47 200m: 3:38.69	59.65 300m: 5:37.91	1:00.07 400m: 7:36.74	57.94

30+

1.	Leonie van Noort	WVZ	<b>4:35.64</b>	+0,82	
	<i>Nederlands Masters Record</i>				
	50m: 31.04	31.04 150m: 1:40.02	34.94 250m: 2:49.95	35.15 350m: 4:01.06	35.65
	100m: 1:05.08	34.04 200m: 2:14.80	34.78 300m: 3:25.41	35.46 400m: 4:35.64	34.58
2.	Tamara Grove	De Dolfijn	<b>4:41.25</b>	+0,69	
	50m: 31.76	31.76 150m: 1:42.86	36.24 250m: 2:55.02	35.89 350m: 4:06.70	35.86
	100m: 1:06.62	34.86 200m: 2:19.13	36.27 300m: 3:30.84	35.82 400m: 4:41.25	34.55
3.	Jamilla van Omme - van Veen	Zwemvereniging Hoogland	<b>4:58.40</b>	+0,80	
	50m: 32.49	32.49 150m: 1:46.88	37.54 250m: 3:03.31	38.20 350m: 4:20.69	38.68
	100m: 1:09.34	36.85 200m: 2:25.11	38.23 300m: 3:42.01	38.70 400m: 4:58.40	37.71





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 5, Dames, 400m vrije slag, 30+

rang	naam	vereniging	tijd	RT	PARA			
4.	Fiona Meuffels	PSV	<b>5:00.90</b>	+0,67				
	50m: 33.47	33.47	150m: 1:47.55	37.92	250m: 3:04.86	38.95	350m: 4:23.18	39.44
	100m: 1:09.63	36.16	200m: 2:25.91	38.36	300m: 3:43.74	38.88	400m: 5:00.90	37.72
5.	Anne-Irene Ducheine	Zwemvereniging Hoogland	<b>5:02.67</b>	+0,69				
	50m: 33.68	33.68	150m: 1:49.62	38.35	250m: 3:06.59	38.22	350m: 4:24.72	39.18
	100m: 1:11.27	37.59	200m: 2:28.37	38.75	300m: 3:45.54	38.95	400m: 5:02.67	37.95
6.	Larissa Jansen	PSV	<b>5:23.55</b>	+0,89				
	50m: 34.80	34.80	150m: 1:54.88	40.55	250m: 3:17.04	41.63	350m: 4:41.55	42.15
	100m: 1:14.33	39.53	200m: 2:35.41	40.53	300m: 3:59.40	42.36	400m: 5:23.55	42.00
7.	Marijke Kommers	NieMo Barracuda	<b>5:23.87</b>	+0,78				
	50m: 34.59	34.59	150m: 1:54.28	40.58	250m: 3:17.58	41.65	350m: 4:42.01	42.20
	100m: 1:13.70	39.11	200m: 2:35.93	41.65	300m: 3:59.81	42.23	400m: 5:23.87	41.86
8.	Saskia Bergsma	De Wellerobben	<b>5:35.79</b>	+0,87				
	50m: 35.35	35.35	150m: 1:57.20	42.07	250m: 3:23.91	43.66	350m: 4:51.65	44.05
	100m: 1:15.13	39.78	200m: 2:40.25	43.05	300m: 4:07.60	43.69	400m: 5:35.79	44.14
9.	Irmgard van Weeghel	ENC Arnhem	<b>5:37.38</b>	+0,76				
	50m: 36.09	36.09	150m: 1:59.30	42.40	250m: 3:26.53	43.43	350m: 4:54.47	43.92
	100m: 1:16.90	40.81	200m: 2:43.10	43.80	300m: 4:10.55	44.02	400m: 5:37.38	42.91
10.	Mariska Gach	ZVL - 1886	<b>5:45.28</b>	+0,81				
	50m: 37.36	37.36	150m: 2:02.51	43.31	250m: 3:31.99	44.85	350m: 5:02.40	44.86
	100m: 1:19.20	41.84	200m: 2:47.14	44.63	300m: 4:17.54	45.55	400m: 5:45.28	42.88
11.	Hilma Buiten	MZ&PC De Reest	<b>6:16.32</b>	+0,75				
	50m: 40.21	40.21	150m: 2:14.09	47.53	250m: 3:52.20	48.52	350m: 5:29.23	47.52
	100m: 1:26.56	46.35	200m: 3:03.68	49.59	300m: 4:41.71	49.51	400m: 6:16.32	47.09
12.	Cynthia van Veen	BZ en PC	<b>6:28.24</b>	+0,79				
	50m: 38.42	38.42	150m: 2:12.97	48.92	250m: 3:54.65	51.18	350m: 5:39.20	52.33
	100m: 1:24.05	45.63	200m: 3:03.47	50.50	300m: 4:46.87	52.22	400m: 6:28.24	49.04
13.	Chantal Wind-Hemme	De Plons	<b>8:01.35</b>	+0,88				
	50m: 49.62	49.62	150m: 2:49.42	1:02.76	250m: 4:57.35	1:04.63	350m: 7:06.99	1:05.55
	100m: 1:46.66	57.04	200m: 3:52.72	1:03.30	300m: 6:01.44	1:04.09	400m: 8:01.35	54.36
AFGEM	Michanne Steenbergen	Otter SC			GBR 1821931			

35+

1.	Wendan Poelstra	TriVia	<b>5:09.82</b>	+0,75				
	50m: 34.42	34.42	150m: 1:51.38	38.38	250m: 3:08.85	38.79	350m: 4:29.07	40.12
	100m: 1:13.00	38.58	200m: 2:30.06	38.68	300m: 3:48.95	40.10	400m: 5:09.82	40.75
2.	Lisanne Andeweg	Zuiderzeezwemmers	<b>5:16.39</b>	+0,87				
	50m: 35.56	35.56	150m: 1:54.86	40.23	250m: 3:15.87	40.96	350m: 4:37.84	41.20
	100m: 1:14.63	39.07	200m: 2:34.91	40.05	300m: 3:56.64	40.77	400m: 5:16.39	38.55
3.	Relinda Baas	TriVia	<b>5:21.03</b>	+0,75				
	50m: 35.40	35.40	150m: 1:54.28	40.14	250m: 3:16.29	41.44	350m: 4:39.81	41.95
	100m: 1:14.14	38.74	200m: 2:34.85	40.57	300m: 3:57.86	41.57	400m: 5:21.03	41.22
4.	Nanda van Heteren	PSV	<b>5:39.39</b>	+0,97				
	50m: 37.25	37.25	150m: 2:03.03	43.28	250m: 3:30.62	43.49	350m: 4:58.01	43.29
	100m: 1:19.75	42.50	200m: 2:47.13	44.10	300m: 4:14.72	44.10	400m: 5:39.39	41.38
5.	Esther Kwebeman	TriVia	<b>5:45.03</b>	+0,81				
	50m: 37.06	37.06	150m: 2:01.26	42.62	250m: 3:29.13	44.05	350m: 4:59.63	45.89
	100m: 1:18.64	41.58	200m: 2:45.08	43.82	300m: 4:13.74	44.61	400m: 5:45.03	45.40
6.	Monique van Huizen	AZC	<b>5:46.01</b>	+0,78				
	50m: 36.90	36.90	150m: 2:02.53	43.77	250m: 3:33.22	45.16	350m: 5:02.97	44.45
	100m: 1:18.76	41.86	200m: 2:48.06	45.53	300m: 4:18.52	45.30	400m: 5:46.01	43.04
7.	Liesbeth van Mill	Zwemlust- den Hommel	<b>5:49.88</b>	+0,94				
	50m: 38.53	38.53	150m: 2:05.88	44.35	250m: 3:35.23	44.87	350m: 5:05.53	45.58
	100m: 1:21.53	43.00	200m: 2:50.36	44.48	300m: 4:19.95	44.72	400m: 5:49.88	44.35
8.	Esther Boerdam-Delfos	AZC	<b>5:57.01</b>	+0,73				
	50m: 38.24	38.24	150m: 2:06.88	45.58	250m: 3:39.16	46.47	350m: 5:12.83	46.65
	100m: 1:21.30	43.06	200m: 2:52.69	45.81	300m: 4:26.18	47.02	400m: 5:57.01	44.18
9.	Cemre Artan Koc	Frekans Yüzme Akademisi Spor TURbü	<b>6:06.00</b>	+0,89				
	50m: 39.96	39.96	150m: 2:09.83	46.67	250m: 3:45.04	48.28	350m: 5:21.27	48.17
	100m: 1:23.16	43.20	200m: 2:56.76	46.93	300m: 4:33.10	48.06	400m: 6:06.00	44.73
10.	Marieke Weering	De Plons	<b>6:25.94</b>	+0,75				
	50m: 40.76	40.76	150m: 2:17.75	49.79	250m: 3:57.68	50.34	350m: 5:37.96	50.49
	100m: 1:27.96	47.20	200m: 3:07.34	49.59	300m: 4:47.47	49.79	400m: 6:25.94	47.98





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 5, Dames, 400m vrije slag

40+

1.	Sabine Zimmermann	Aachener SV 06	GER	101578	<b>4:56.08</b>	+0,75		
	50m: 33.56	33.56	150m: 1:48.80	37.75	250m: 3:05.12	37.96	350m: 4:20.59	37.30
	100m: 1:11.05	37.49	200m: 2:27.16	38.36	300m: 3:43.29	38.17	400m: 4:56.08	35.49
2.	Ann Wanter	Zwemclub Geel	BEL	ZGEEEL/21082/82	<b>5:01.72</b>	+0,82		
	50m: 34.23	34.23	150m: 1:50.61	38.64	250m: 3:08.11	38.73	350m: 4:24.89	38.12
	100m: 1:11.97	37.74	200m: 2:29.38	38.77	300m: 3:46.77	38.66	400m: 5:01.72	36.83
3.	Maike Zeterberg	Zehlendorfer TSV von 1888	GER	066680	<b>5:10.35</b>	+0,75		
	50m: 34.41	34.41	150m: 1:51.87	38.73	250m: 3:11.07	39.35	350m: 4:31.23	39.95
	100m: 1:13.14	38.73	200m: 2:31.72	39.85	300m: 3:51.28	40.21	400m: 5:10.35	39.12
4.	Evita van de Ketterij	De Treffers	NED	198504284	<b>5:11.89</b>	+0,79		
	50m: 35.19	35.19	150m: 1:52.66	39.48	250m: 3:11.83	39.85	350m: 4:32.11	40.54
	100m: 1:13.18	37.99	200m: 2:31.98	39.32	300m: 3:51.57	39.74	400m: 5:11.89	39.78
5.	Ramona Linting	AZC	NED	198301274	<b>5:30.87</b>	+0,75		
	50m: 35.95	35.95	150m: 1:57.00	41.22	250m: 3:21.30	42.29	350m: 4:49.04	44.05
	100m: 1:15.78	39.83	200m: 2:39.01	42.01	300m: 4:04.99	43.69	400m: 5:30.87	41.83
6.	Sandra Schellekens	Neptunus'58	NED	198503416	<b>6:02.86</b>	+0,85		
	50m: 38.79	38.79	150m: 2:09.81	46.37	250m: 3:43.98	47.15	350m: 5:17.90	46.83
	100m: 1:23.44	44.65	200m: 2:56.83	47.02	300m: 4:31.07	47.09	400m: 6:02.86	44.96
7.	Linda Hoogendam	WVZ	NED	198300892	<b>6:09.70</b>	+0,85		
	50m: 41.40	41.40	150m: 2:16.20	48.12	250m: 3:50.89	46.98	350m: 5:26.08	47.52
	100m: 1:28.08	46.68	200m: 3:03.91	47.71	300m: 4:38.56	47.67	400m: 6:09.70	43.62

45+

1.	Patricia Brooijmans	Old Dutch	NED	197901608	<b>5:34.58</b>	+0,70		
	50m: 36.32	36.32	150m: 1:57.48	41.24	250m: 3:23.79	43.25	350m: 4:52.21	43.98
	100m: 1:16.24	39.92	200m: 2:40.54	43.06	300m: 4:08.23	44.44	400m: 5:34.58	42.37
2.	Chantal Verhoeff	Old Dutch	NED	197900912	<b>5:37.24</b>	+0,80		
	50m: 36.98	36.98	150m: 2:02.10	43.72	250m: 3:28.82	43.19	350m: 4:55.94	43.73
	100m: 1:18.38	41.40	200m: 2:45.63	43.53	300m: 4:12.21	43.39	400m: 5:37.24	41.30
3.	Jessica Venema	Old Dutch	NED	197901526	<b>5:52.22</b>	+0,87		
	50m: 37.40	37.40	150m: 2:05.01	45.00	250m: 3:36.75	45.95	350m: 5:08.14	45.74
	100m: 1:20.01	42.61	200m: 2:50.80	45.79	300m: 4:22.40	45.65	400m: 5:52.22	44.08
4.	Sabrina Boekhout	De Biesboschzwemmers	NED	198100120	<b>5:58.62</b>	+0,76		
	50m: 37.60	37.60	150m: 2:06.42	45.35	250m: 3:39.83	46.76	350m: 5:13.16	46.41
	100m: 1:21.07	43.47	200m: 2:53.07	46.65	300m: 4:26.75	46.92	400m: 5:58.62	45.46
5.	Luisiana Bigea	Sassenheim	NED	197701300	<b>5:58.64</b>	+0,80		
	50m: 37.03	37.03	150m: 2:06.61	45.64	250m: 3:39.80	46.36	350m: 5:15.11	47.29
	100m: 1:20.97	43.94	200m: 2:53.44	46.83	300m: 4:27.82	48.02	400m: 5:58.64	43.53
6.	Femke Hofkens	Aqua-Novio '94	NED	197801094	<b>6:24.32</b>	+0,79		
	50m: 42.08	42.08	150m: 2:18.59	49.48	250m: 3:58.91	50.65	350m: 5:38.69	49.57
	100m: 1:29.11	47.03	200m: 3:08.26	49.67	300m: 4:49.12	50.21	400m: 6:24.32	45.63
7.	Clementine van Bruxvoort	Albion	NED	197700138	<b>7:08.34</b>	+0,90		
	50m: 46.89	46.89	150m: 2:32.12	52.68	250m: 4:20.64	54.60	350m: 6:13.97	56.31
	100m: 1:39.44	52.55	200m: 3:26.04	53.92	300m: 5:17.66	57.02	400m: 7:08.34	54.37
8.	Betty Wali-Nutma	De Granaet	NED	198101090	<b>8:03.65</b>			
	50m: 47.14	47.14	150m: 2:47.29	1:01.74	250m: 4:53.80	1:02.68	350m: 7:01.98	1:03.81
	100m: 1:45.55	58.41	200m: 3:51.12	1:03.83	300m: 5:58.17	1:04.37	400m: 8:03.65	1:01.67

50+

1.	Liselotte Joling	PSV	NED	197500268	<b>4:58.63</b>	+0,85		
	50m: 34.99	34.99	150m: 1:50.85	37.81	250m: 3:07.25	37.61	350m: 4:22.72	37.56
	100m: 1:13.04	38.05	200m: 2:29.64	38.79	300m: 3:45.16	37.91	400m: 4:58.63	35.91
2.	Annett von Rekowski	Schwimmverein Gera	GER	097868	<b>5:06.18</b>	+0,73		
	50m: 34.81	34.81	150m: 1:52.59	39.41	250m: 3:10.11	38.65	350m: 4:28.31	39.38
	100m: 1:13.18	38.37	200m: 2:31.46	38.87	300m: 3:48.93	38.82	400m: 5:06.18	37.87
3.	Marleen Gerringa-Vos	Batavia Swim	NED	197400598	<b>5:25.86</b>	+0,81		
	50m: 36.55	36.55	150m: 1:58.37	41.30	250m: 3:22.23	41.87	350m: 4:46.07	41.70
	100m: 1:17.07	40.52	200m: 2:40.36	41.99	300m: 4:04.37	42.14	400m: 5:25.86	39.79
4.	Petra Guijt	Aqua-Novio '94	NED	197600978	<b>5:41.21</b>	+0,86		
	50m: 37.46	37.46	150m: 2:04.20	44.02	250m: 3:31.89	43.54	350m: 4:59.17	43.25
	100m: 1:20.18	42.72	200m: 2:48.35	44.15	300m: 4:15.92	44.03	400m: 5:41.21	42.04



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 5, Dames, 400m vrije slag, 50+

rang	naam	vereniging	tijd	RT	PARA
5.	Julia Barke	Zehlendorfer TSV von 1888	<b>5:42.99</b>	+0,75	
	50m: 37.56 37.56	150m: 2:03.78 43.95	250m: 3:31.85 44.26	350m: 5:00.88 44.77	
	100m: 1:19.83 42.27	200m: 2:47.59 43.81	300m: 4:16.11 44.26	400m: 5:42.99 42.11	
6.	Nataliia Boryshkevych	Ukraine Swim	<b>6:09.77</b>	+0,83	
	50m: 44.02 44.02	150m: 2:21.91 48.71	250m: 3:57.31 46.77	350m: 5:28.78 44.20	
	100m: 1:33.20 49.18	200m: 3:10.54 48.63	300m: 4:44.58 47.27	400m: 6:09.77 40.99	
7.	Wendy Nederkoorn	Arethusa	<b>6:18.57</b>	+0,90	
	50m: 40.36 40.36	150m: 2:14.65 48.17	250m: 3:53.00 48.70	350m: 5:31.45 48.86	
	100m: 1:26.48 46.12	200m: 3:04.30 49.65	300m: 4:42.59 49.59	400m: 6:18.57 47.12	

55+

1.	Carla Geurts	PSV	<b>4:55.16</b>	+0,72	
	<i>Nederlands Masters Record, Nederlands Masters Record 200m en 400m</i>				
	50m: 33.22 33.22	150m: 1:48.08 37.74	250m: 3:03.47 37.71	350m: 4:18.93 37.11	
	100m: 1:10.34 37.12	200m: 2:25.76 37.68	300m: 3:41.82 38.35	400m: 4:55.16 36.23	
2.	Carol Hollemans	ACZ	<b>5:10.32</b>	+0,79	
	50m: 34.56 34.56	150m: 1:51.50 39.45	250m: 3:11.68 40.27	350m: 4:31.60 39.88	
	100m: 1:12.05 37.49	200m: 2:31.41 39.91	300m: 3:51.72 40.04	400m: 5:10.32 38.72	
3.	Lidia van Bon-Rosenbrand	ZPC Amersfoort	<b>5:15.78</b>	+0,82	
	50m: 35.09 35.09	150m: 1:54.45 40.03	250m: 3:15.94 40.28	350m: 4:36.83 40.14	
	100m: 1:14.42 39.33	200m: 2:35.66 41.21	300m: 3:56.69 40.75	400m: 5:15.78 38.95	
4.	Annette de Visser	Oceanus	<b>5:26.47</b>	+0,81	
	50m: 36.08 36.08	150m: 1:58.44 41.51	250m: 3:22.43 41.97	350m: 4:46.24 41.40	
	100m: 1:16.93 40.85	200m: 2:40.46 42.02	300m: 4:04.84 42.41	400m: 5:26.47 40.23	
5.	Karin Sagonas-Koolen	VZV Njord	<b>6:29.85</b>	+0,83	
	50m: 39.94 39.94	150m: 2:17.38 50.46	250m: 3:59.79 51.62	350m: 5:41.56 51.27	
	100m: 1:26.92 46.98	200m: 3:08.17 50.79	300m: 4:50.29 50.50	400m: 6:29.85 48.29	
6.	Annet Kootstra	SWOL 1894	<b>6:38.62</b>	+0,93	
	50m: 44.69 44.69	150m: 2:25.85 50.94	250m: 4:07.92 50.67	350m: 5:49.63 50.28	
	100m: 1:34.91 50.22	200m: 3:17.25 51.40	300m: 4:59.35 51.43	400m: 6:38.62 48.99	
7.	Annette Spies	LinK	<b>6:41.66</b>	+0,84	
	50m: 44.82 44.82	150m: 2:24.65 50.95	250m: 4:07.89 51.26	350m: 5:51.11 51.40	
	100m: 1:33.70 48.88	200m: 3:16.63 51.98	300m: 4:59.71 51.82	400m: 6:41.66 50.55	
8.	Kathy Van Lindt	Cercle De Natation Sportcity WoïBEL	<b>6:46.63</b>	+1,05	
	50m: 47.79 47.79	150m: 2:31.24 51.18	250m: 4:15.16 51.55	350m: 5:58.55 50.99	
	100m: 1:40.06 52.27	200m: 3:23.61 52.37	300m: 5:07.56 52.40	400m: 6:46.63 48.08	
9.	Kristien Van de Moortel	Shark	<b>6:50.94</b>	+0,87	
	50m: 44.94 44.94	150m: 2:29.57 52.46	250m: 4:14.53 52.01	350m: 6:00.59 52.58	
	100m: 1:37.11 52.17	200m: 3:22.52 52.95	300m: 5:08.01 53.48	400m: 6:50.94 50.35	
10.	Britta Fritz	SC Janus Köln	<b>7:02.93</b>		
	50m: 49.20 49.20	150m: 2:34.91 53.45	250m: 4:23.10 53.58	350m: 6:10.89 53.92	
	100m: 1:41.46 52.26	200m: 3:29.52 54.61	300m: 5:16.97 53.87	400m: 7:02.93 52.04	
11.	Sandra Daamen-Posma	AZC	<b>7:09.28</b>		
	50m: 47.20 47.20	150m: 2:32.78 54.20	250m: 4:22.76 56.23	350m: 6:15.02 57.33	
	100m: 1:38.58 51.38	200m: 3:26.53 53.75	300m: 5:17.69 54.93	400m: 7:09.28 54.26	
12.	Annette van Dok	MSV-Zeemacht	<b>7:31.37</b>		
	50m: 51.66 51.66	150m: 2:44.22 57.51	250m: 4:39.84 58.66	350m: 6:36.19 57.97	
	100m: 1:46.71 55.05	200m: 3:41.18 56.96	300m: 5:38.22 58.38	400m: 7:31.37 55.18	
13.	Roselinda van der Vlugt	De Geul	<b>7:37.83</b>		
	50m: 48.99 48.99	150m: 2:46.77 1:00.98	250m: 4:45.55 59.89	350m: 6:44.77 59.54	
	100m: 1:45.79 56.80	200m: 3:45.66 58.89	300m: 5:45.23 59.68	400m: 7:37.83 53.06	
14.	Fulya Gumusburun-De Moor	Istanbul Yuzme Itisas Kulubu	<b>7:52.88</b>	+0,66	
	50m: 52.37 52.37	150m: 2:50.52 1:00.01	250m: 4:52.68 1:00.31	350m: 6:54.58 1:00.64	
	100m: 1:50.51 58.14	200m: 3:52.37 1:01.85	300m: 5:53.94 1:01.26	400m: 7:52.88 58.30	
DIS	Bianca Groot	MSV-Zeemacht		+0,92	
	<i>AF - De aangegeven afstand niet uitgezwommen.</i>				



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 5, Dames, 400m vrije slag

60+

1.	Wilna Heijman	Steenwijk 1934	NED	196400506	<b>5:47.34</b>	+0,83
	50m: 38.80	38.80	150m: 2:06.26	44.30	250m: 3:35.28	44.15
	100m: 1:21.96	43.16	200m: 2:51.13	44.87	300m: 4:19.90	44.62
					350m: 5:04.10	44.20
					400m: 5:47.34	43.24
2.	Anita Steijger	WVZ	NED	196500628	<b>6:10.97</b>	+0,91
	50m: 42.81	42.81	150m: 2:15.31	46.81	250m: 3:49.82	47.27
	100m: 1:28.50	45.69	200m: 3:02.55	47.24	300m: 4:37.62	47.80
					350m: 5:25.28	47.66
					400m: 6:10.97	45.69
3.	Margriet Grove-Lingeman	Triton	NED	196200080	<b>6:15.95</b>	+0,80
	50m: 40.49	40.49	150m: 2:13.60	47.37	250m: 3:49.91	48.38
	100m: 1:26.23	45.74	200m: 3:01.53	47.93	300m: 4:38.37	48.46
					350m: 5:27.49	49.12
					400m: 6:15.95	48.46
4.	Maud Peuten-Evers	Mosa-Regio	NED	196400584	<b>6:34.72</b>	+1,02
	50m: 43.23	43.23	150m: 2:22.32	50.88	250m: 4:03.78	51.21
	100m: 1:31.44	48.21	200m: 3:12.57	50.25	300m: 4:54.21	50.43
					350m: 5:45.26	51.05
					400m: 6:34.72	49.46
5.	Yoka de Vegt-van Dijk	ENC Arnhem	NED	196200420	<b>7:21.76</b>	+0,80
	50m: 47.36	47.36	150m: 2:34.22	55.14	250m: 4:29.27	58.64
	100m: 1:39.08	51.72	200m: 3:30.63	56.41	300m: 5:27.46	58.19
					350m: 6:26.47	59.01
					400m: 7:21.76	55.29
6.	Inge Deutz	ZV Vlaardingen-Schiedam	NED	196600726	<b>7:33.19</b>	+0,93
	50m: 48.00	48.00	150m: 2:40.18	56.95	250m: 4:37.30	58.54
	100m: 1:43.23	55.23	200m: 3:38.76	58.58	300m: 5:37.41	1:00.11
					350m: 6:35.54	58.13
					400m: 7:33.19	57.65
7.	Cora Smulders	ENC Arnhem	NED	196600668	<b>7:38.56</b>	+0,76
	50m: 49.74	49.74	150m: 2:46.20	1:00.14	250m: 4:44.62	59.82
	100m: 1:46.06	56.32	200m: 3:44.80	58.60	300m: 5:43.09	58.47
					350m: 6:43.67	1:00.58
					400m: 7:38.56	54.89

65+

1.	Marijke Kraak-Beckers	SWOL 1894	NED	196000240	<b>6:27.65</b>	+0,83
	50m: 41.12	41.12	150m: 2:17.80	49.05	250m: 3:57.75	50.15
	100m: 1:28.75	47.63	200m: 3:07.60	49.80	300m: 4:48.17	50.42
					350m: 5:38.50	50.33
					400m: 6:27.65	49.15
2.	Marion Kolkman-Pluim	ENC Arnhem	NED	196000330	<b>6:54.06</b>	+0,94
	50m: 47.08	47.08	150m: 2:31.96	53.41	250m: 4:19.42	54.11
	100m: 1:38.55	51.47	200m: 3:25.31	53.35	300m: 5:11.94	52.52
					350m: 6:04.55	52.61
					400m: 6:54.06	49.51
3.	Kirsten Stamer	SC Janus Köln	GER	247144	<b>6:57.18</b>	+0,84
	50m: 47.29	47.29	150m: 2:30.41	52.47	250m: 4:15.94	52.94
	100m: 1:37.94	50.65	200m: 3:23.00	52.59	300m: 5:10.03	54.09
					350m: 6:03.86	53.83
					400m: 6:57.18	53.32
4.	Jennie Resink-lindeboom	DWK	NED	196000142	<b>6:59.66</b>	+0,94
	50m: 45.00	45.00	150m: 2:30.50	53.52	250m: 4:18.52	53.89
	100m: 1:36.98	51.98	200m: 3:24.63	54.13	300m: 5:13.32	54.80
					350m: 6:06.96	53.64
					400m: 6:59.66	52.70
5.	Lia Bijkerk	GZC Donk	NED	196000014	<b>7:01.77</b>	+0,96
	50m: 47.34	47.34	150m: 2:32.87	54.06	250m: 4:22.75	55.06
	100m: 1:38.81	51.47	200m: 3:27.69	54.82	300m: 5:16.16	53.41
					350m: 6:10.65	54.49
					400m: 7:01.77	51.12
6.	Katinka Elders	HZ&PC Heerenveen	NED	196000292	<b>7:12.04</b>	+0,83
	50m: 47.81	47.81	150m: 2:34.76	54.02	250m: 4:25.43	55.15
	100m: 1:40.74	52.93	200m: 3:30.28	55.52	300m: 5:22.90	57.47
					350m: 6:18.30	55.40
					400m: 7:12.04	53.74
7.	Ria Peters-Veurman	ENC Arnhem	NED	195800242	<b>8:00.13</b>	
	50m: 52.53	52.53	150m: 2:54.20	1:01.36	250m: 5:00.21	1:03.38
	100m: 1:52.84	1:00.31	200m: 3:56.83	1:02.63	300m: 6:02.20	1:01.99
					350m: 7:02.23	1:00.03
					400m: 8:00.13	57.90
8.	Karien Musters	Old Dutch	NED	195800236	<b>9:24.65</b>	
	50m: 59.54	59.54	150m: 3:19.83	1:11.78	250m: 5:46.24	1:12.37
	100m: 2:08.05	1:08.51	200m: 4:33.87	1:14.04	300m: 6:59.72	1:13.48
					350m: 8:12.04	1:12.32
					400m: 9:24.65	1:12.61

70+

1.	Ineke Weekers	PSV	NED	195300050	<b>6:12.78</b>	+0,88
	50m: 43.02	43.02	150m: 2:17.15	47.91	250m: 3:52.18	47.72
	100m: 1:29.24	46.22	200m: 3:04.46	47.31	300m: 4:39.63	47.45
					350m: 5:26.98	47.35
					400m: 6:12.78	45.80

80+

1.	Loekie van Huissteden	ZPC Amersfoort	NED	194500002	<b>10:03.71</b>	
	50m: 1:05.66	1:05.66	150m: 3:40.21	1:18.32	250m: 6:14.89	1:15.93
	100m: 2:21.89	1:16.23	200m: 4:58.96	1:18.75	300m: 7:33.80	1:18.91
					350m: 8:49.80	1:16.00
					400m: 10:03.71	1:13.91



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 6  
1-5-2026 - 11:35

Heren, 100m vlinderslag

Masters Open  
Resultaten

rang naam	vereniging			tijd	RT	PARA	50m	100m
<b>20+</b>								
1. Marijn Snel	IJsselmeer	NED	200400001	<b>1:02.43</b>	+0,72		28.45	1:02.43
2. Laurens Kalle	De Schotejil	NED	200600161	<b>1:02.74</b>	+0,74		29.09	1:02.74
3. Christian Kalle	De Schotejil	NED	200400687	<b>1:02.84</b>	+0,79		28.43	1:02.84
4. Jesper Pas	VZV Njord	NED	200200967	<b>1:05.86</b>	+0,73		30.73	1:05.86
5. Ruben van Veenen	ZCNF'34	NED	200400425	<b>1:05.93</b>	+0,69		30.40	1:05.93
6. Jort Vizeé	De Duck	NED	200201779	<b>1:06.08</b>	+0,60		30.00	1:06.08
7. Lars Haytink	WS Twente	NED	200601815	<b>1:08.09</b>	+0,65		29.36	1:08.09
8. Finn Ooijman	WS Twente	NED	200603161	<b>1:08.54</b>	+0,70		29.57	1:08.54
9. Rik Stahlie	TriVia	NED	200201915	<b>1:12.06</b>	+0,90		32.58	1:12.06
10. Dennis van der Bok	De Schotejil	NED	200504015	<b>1:19.94</b>	*+0,74		36.16	1:19.94
NG Niels Kragt	TriVia	NED	200300155					
<b>25+</b>								
1. Sander Kirillova	WVZ	NED	199800121	<b>58.89</b>	+0,64		27.31	58.89
2. Darren Chen	ZPC Amersfoort	NED	200001149	<b>1:00.73</b>	+0,63		28.18	1:00.73
3. Kevin Roest	Zwemvereniging Hoogland	NED	200001223	<b>1:01.70</b>			28.30	1:01.70
4. Jordi de Nijs	MSV-Zeemacht	NED	199801851	<b>1:03.49</b>	+0,69		28.19	1:03.49
5. Kaelan Betrian	ENC Arnhem	NED	199905335	<b>1:04.17</b>	+0,63		30.44	1:04.17
6. Ian Terlouw	ZPC Woerden	NED	200002345	<b>1:04.63</b>	+0,70		28.83	1:04.63
7. Bart Weiland	DES	NED	199700777	<b>1:04.94</b>	+0,69		29.12	1:04.94
8. Julian Mes	ZOB'66	NED	200103755	<b>1:06.84</b>	+0,75		30.81	1:06.84
9. Jordy van Oel	WVZ	NED	199802003	<b>1:07.52</b>	+0,82		31.06	1:07.52
10. Jeroen Louwinger	De Rijn	NED	199900583	<b>1:09.12</b>	+0,71		32.00	1:09.12
11. Jacob Mackloet	De Schotejil	NED	200001171	<b>1:09.80</b>	+0,69		30.58	1:09.80
12. Rick Haanschoten	De Rijn	NED	200100291	<b>1:10.26</b>	+0,68		32.82	1:10.26
13. Tim de Zoete	Zwemvereniging Hoogland	NED	199701875	<b>1:10.31</b>	+0,74		31.25	1:10.31
14. Milan de Roo	ZPC Woerden	NED	200102215	<b>1:11.18</b>	+0,66		32.01	1:11.18
15. Dries Cavelaars	ZPC Amersfoort	NED	199804597	<b>1:11.20</b>	+0,66		31.72	1:11.20
16. Luuk Kieviet	De Schotejil	NED	200100469	<b>1:11.59</b>	+0,65		31.88	1:11.59
17. Bart Klootwijk	DES	NED	199801353	<b>1:13.19</b>	+0,80		32.35	1:13.19
18. Boaz Troost	ZOB'66	NED	200100371	<b>1:14.70</b>	+0,76		33.21	1:14.70
19. Auke Sijperda	AZC	NED	199905115	<b>1:16.88</b>	+0,65		33.19	1:16.88
20. Ids de Klerk	NieMo Barracuda	NED	199803237	<b>1:17.65</b>	+0,88		33.48	1:17.65
21. Jesper Luppés	G.S.Z.V. De Golfbreker	NED	200005403	<b>1:18.13</b>	+0,80		33.63	1:18.13
22. Teun van Rooij	VZ&PC Nautilus	NED	199904387	<b>1:19.23</b>	+0,66		33.78	1:19.23
<b>30+</b>								
1. Jelle Nap	VZC	NED	199502875	<b>1:05.74</b>	+0,82		29.64	1:05.74
2. Ian van Mullem	ZOB'66	NED	199602545	<b>1:08.66</b>	+0,72		30.69	1:08.66
3. Sander Riezebos	WS Twente	NED	199400467	<b>1:11.60</b>	+0,70		33.00	1:11.60
4. Jaime Santiago Patterson	ZVL - 1886	NED	199406797	<b>1:17.97</b>	+0,70		36.24	1:17.97
<b>35+</b>								
1. Matteo Viani	Zwemlust- den Hommel	NED	199007717	<b>1:00.33</b>	+0,69		28.43	1:00.33
2. Bas Braun	ZPC Amersfoort	NED	199106545	<b>1:04.61</b>	+0,76		29.96	1:04.61
3. Olaf Achterberg	VZC	NED	199000011	<b>1:04.88</b>	+0,76		29.80	1:04.88
4. Jeroen Matthijssen	AZC	NED	199103751	<b>1:05.50</b>	+0,71		29.75	1:05.50
<b>40+</b>								
1. Rick Driezen	Steenwijk 1934	NED	198600713	<b>1:05.75</b>	+0,83		29.94	1:05.75
2. Pieter Pickhardt	ZPC De Hof	NED	198301657	<b>1:11.93</b>	+0,78		33.62	1:11.93
3. Frank v.d. Voordt	De Schotejil	NED	198302259	<b>1:13.24</b>	+0,82		33.60	1:13.24
4. Rob van Wanrooy	Albion	NED	198202627	<b>1:17.64</b>	+0,76		36.37	1:17.64



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 6, Heren, 100m vlinderslag

45+

1. Oivind Martin Hasle	Oslo I.L.	NOR	M260777ØIV01	<b>1:04.07</b>	+0,78	29.72	1:04.07
2. Erwin Buist	ZPC Amersfoort	NED	197800183	<b>1:05.44</b>	+0,70	29.45	1:05.44
3. Ruud Holswilder	ZPCH	NED	197800435	<b>1:08.89</b>	+0,74	30.04	1:08.89
4. Benoit Gasner	DES	NED	198102645	<b>1:10.28</b>	+0,72	31.41	1:10.28
5. Markus van Rest	WVZ	NED	197701197	<b>1:11.94</b>	+0,82	31.98	1:11.94
6. Arjen Nieveen	DZ&PC	NED	198002545	<b>1:13.36</b>	+0,77	34.73	1:13.36
7. Chiel Abma	DZ&PC	NED	198000003	<b>1:21.08</b>	+0,81	34.92	1:21.08
8. Wilco Steenwijk	SG Octopus - ZVV	NED	198002465	<b>1:26.10</b>	+0,96	39.20	1:26.10

50+

1. Frederic Tonus	Luxembourg Sharks Swimming	LUX	10449	<b>58.93</b>	+0,76	27.66	58.93
<i>Luxembourg Masters Record</i>							
2. Jasper van Heijst	ZPCH	NED	197601699	<b>1:09.56</b>	+0,78	29.72	1:09.56
3. Jacco Schaap	PSV	NED	197401611	<b>1:12.37</b>	+0,94	32.31	1:12.37
4. Peter de Vries	HZ&PC Heerenveen	NED	197401601	<b>1:14.69</b>	+0,74	34.11	1:14.69
5. Kai Kremer	SG Erkelenz-Hückelhoven	GER	468899	<b>1:17.78</b>	+0,91	35.49	1:17.78
6. Marcel van Walt van Praag	Gay Swim Amsterdam	NED	197501425	<b>1:34.14</b>	+0,72	42.92	1:34.14

55+

1. Antwan van Engen	CWW	NED	197101577	<b>1:04.74</b>	+0,78	29.98	1:04.74
2. Chester Marsman	ZPC Amersfoort	NED	196900671	<b>1:06.06</b>	+0,82	30.46	1:06.06
3. René Beetsma	HZ&PC Heerenveen	NED	196900069	<b>1:17.12</b>	+0,84	34.53	1:17.12
4. Olivier Bresoux	Cercle De Natation Sportcity	VBELwe	CNSW/004898/69	<b>1:17.56</b>	+0,82	35.90	1:17.56
5. Marcel Vroegindewei	Poseidon'56	NED	196801709	<b>1:19.97</b>	+0,74	35.11	1:19.97
6. Bruno Nahon	Cercle De Natation Sportcity	VBELwe	CNSW/000390/70	<b>1:20.70</b>	+0,86	36.60	1:20.70
7. Hans Schoenmakers	DAW	NED	196900863	<b>1:21.07</b>	+0,84	36.40	1:21.07
8. Mathieu Rikken	De Duinkickers	NED	196701777	<b>1:24.44</b>	+0,86	38.34	1:24.44
9. Martijn de Jong	DWK	NED	197101659	<b>1:25.68</b>	+0,80	35.32	1:25.68
10. Marcel Brittijn	De Duinkickers	NED	196900159	<b>1:36.06</b>	+0,71	40.76	1:36.06
11. Jordej Wijnbergen	GZC Donk	NED	196901897	<b>2:08.23</b>	+0,83	53.57	2:08.23

60+

1. Hans Vloedgraven	Old Dutch	NED	196400917	<b>1:20.06</b>	+0,82	36.44	1:20.06
2. Eymert van Rooij	PSV	NED	196601631	<b>1:20.79</b>	+0,90	38.13	1:20.79
3. Robert de Brauwer	De Duinkickers	NED	196401383	<b>1:27.26</b>	+0,86	41.51	1:27.26

65+

1. Peter Molecz	SC Diana	AUT	019219	<b>1:24.86</b>	+1,01	39.75	1:24.86
2. Ronald Grove	Triton	NED	196100161	<b>1:27.39</b>	+0,86	38.62	1:27.39

70+

1. Paul Bunnik	Triton	NED	195600413	<b>1:26.51</b>	+0,87	38.10	1:26.51
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Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 7  
1-5-2026 - 11:46

Dames, 100m vlinderslag

Masters Open  
Resultaten

rang naam	vereniging			tijd	RT	PARA	50m	100m
<b>20+</b>								
1. Marit Huisman	WVZ	NED	200502620	<b>1:06.22</b>	+0,70		29.99	1:06.22
2. Felina Kissel	G.S.Z.V. De Golfbreker	NED	200505526	<b>1:09.08</b>	+0,68		31.84	1:09.08
3. Vivianne Woltjes	VZC	NED	200501524	<b>1:11.02</b>	+0,72		32.14	1:11.02
4. Evelien Husselman	MZ&PC De Reest	NED	200501324	<b>1:13.95</b>	+0,73		33.64	1:13.95
5. Esther Tiemersma	PSV	NED	200202962	<b>1:15.29</b>	+1,56		34.92	1:15.29
6. Laura 't Lam	De Geul	NED	200603376	<b>1:17.24</b>	+0,81		34.21	1:17.24
7. Jessica Braat	AZC	NED	200205684	<b>1:18.46</b>	+0,72		34.42	1:18.46
8. Sydney Celie	IJsselmeer	NED	200406054	<b>1:18.57</b>	+0,85		35.67	1:18.57
9. Leonie Veldhuis	SG Octopus - ZVV	NED	200301768	<b>1:18.59</b>	+0,78		35.86	1:18.59
10. Laura Noord	De Wellerobben	NED	200202568	<b>1:18.64</b>	+0,80		36.48	1:18.64
11. Luna Uytdewilligen	ENC Arnhem	NED	200601922	<b>1:19.45</b>	+0,71		37.16	1:19.45
12. Lianne van Wier	HZ&PC Heerenveen	NED	200200438	<b>1:19.69</b>	+0,72		32.53	1:19.69
13. Ilse Wild	SG Octopus - ZVV	NED	200401812	<b>1:20.12</b>	+0,76		35.91	1:20.12
14. Iris Lok	WS Twente	NED	200301094	<b>1:21.44</b>	+0,71		35.88	1:21.44
15. Tamar Roosen	VZV Njord	NED	200501168	<b>1:22.53</b>	+0,70		37.79	1:22.53
16. Nina Siegers	De Amstel	NED	200502358	<b>1:24.19</b>	+0,72		38.64	1:24.19
17. Pien Ooijman	WS Twente	NED	200504500	<b>1:25.18</b>	+0,88		37.14	1:25.18
18. Manon van der Wielen	HZPC	NED	200200550	<b>1:32.77</b>	+1,13		39.39	1:32.77
<b>25+</b>								
1. Anne Fleur Willemsen	Azuro	NED	199901396	<b>1:05.02</b>	+0,77		29.85	1:05.02
2. Silke Molendijk	ZVL - 1886	NED	200100178	<b>1:07.04</b>	+0,65		31.44	1:07.04
3. Linde Haverkate	ZPC De Hof	NED	199900244	<b>1:12.00</b>	+1,00		33.80	1:12.00
4. Kelly de Jonge	Poseidon'56	NED	199701210	<b>1:14.71</b>	+0,80		34.54	1:14.71
5. Mirelle de Kort	VZ&PC Nautilus	NED	200005546	<b>1:17.32</b>	+0,76		35.79	1:17.32
6. Marleen Hof	WS Twente	NED	199802464	<b>1:17.52</b>	+0,85		34.60	1:17.52
7. Maartje Slop	De Otters Het Gooi	NED	200106036	<b>1:18.41</b>	+0,77		35.14	1:18.41
8. Romée Beverdam	WS Twente	NED	200100158	<b>1:22.34</b>	+0,87		37.52	1:22.34
9. Ellen ter Stege	ENC Arnhem	NED	199900604	<b>1:23.54</b>	+0,70		37.15	1:23.54
<b>30+</b>								
1. Mariska Scheel	ACZ	NED	199306344	<b>1:08.00</b>	+0,74		32.21	1:08.00
2. Marcella van der Ent	De Duck	NED	199600174	<b>1:08.87</b>	+0,74		30.86	1:08.87
3. Melissa van der Heijden	NieMo Barracuda	NED	199605226	<b>1:08.90</b>	+0,69		31.98	1:08.90
4. Marcha Admiraal	De Geul	NED	199300012	<b>1:11.01</b>	+0,78		32.88	1:11.01
5. Nienke Smidt	WS Twente	NED	199407596	<b>1:17.56</b>	+0,90		35.35	1:17.56
6. D. Rijntjes-Duesman	AZC	NED	199606924	<b>1:18.54</b>	+0,75		33.68	1:18.54
7. Lotte Eising	ZPC Amersfoort	NED	199502098	<b>1:22.86</b>	+0,72		36.47	1:22.86
8. Cynthia van Veen	BZ en PC	NED	199606736	<b>1:45.11</b>	+0,75		45.24	1:45.11
AFGEM Michanne Steenbergen	Otter SC	GBR	1821931					
<b>35+</b>								
1. Elmi Roelofsen	SG Octopus - ZVV	NED	199008198	<b>1:20.07</b>	+0,85		35.29	1:20.07
2. Wendan Poelstra	TriVia	NED	199102496	<b>1:20.51</b>	+0,85		35.80	1:20.51
3. Rene Kleinveld	GZC Donk	NED	199001966	<b>1:38.94</b>	+0,81		43.57	1:38.94
<b>40+</b>								
1. Viktória Háden-Felföldi	Iron Swim	HUN	66/3267	<b>1:11.73</b>	+0,71		33.66	1:11.73
2. Ann Wanter	Zwemclub Geel	BEL	ZGEEEL/21082/82	<b>1:13.00</b>	+0,79		34.46	1:13.00
3. Marije Jansen	ZPC Amersfoort	NED	198504088	<b>1:15.60</b>	+0,70		34.44	1:15.60
4. Nadya Putter	ZV Vlaardingen-Schiedam	NED	198301630	<b>1:16.10</b>	+0,73		35.31	1:16.10
5. Evita van de Ketterij	De Treffers	NED	198504284	<b>1:16.44</b>	+0,76		34.37	1:16.44
6. Elke Popma-Blox	PSV	NED	198200154	<b>1:20.41</b>	+0,79		36.04	1:20.41



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 7, Dames, 100m vlinderslag

45+

1. Delia Badoux	WVZ	NED	19800042	<b>1:09.05</b>	+0,74	31.36	1:09.05
<i>Nederlands Masters Record</i>							
2. Tonia Ruybroek	Poseidon'56	NED	198101290	<b>1:22.93</b>	+0,95	38.33	1:22.93
3. Ute Kremer	SG Erkelenz-Hückelhoven	GER	492223	<b>1:37.88</b>	+0,89	44.79	1:37.88
4. Inge Roskam	De Duinkickers	NED	197801296	<b>1:40.28</b>	+0,88	45.84	1:40.28
5. Tanja Lenz	Uerdinger Schwimmverein 08	GER	451703	<b>1:45.03</b>	+0,82	46.23	1:45.03

50+

1. Mirjan den Drijver	Westland Swimming Stars	NED	197500884	<b>1:22.46</b>	+0,85	35.86	1:22.46
2. Ilona Hogerheyde	DAW	NED	197400224	<b>1:23.43</b>	+0,77	36.74	1:23.43
3. Krista de Reus-Trompetter	DZ&PC	NED	197600520	<b>1:31.26</b>	+0,89	38.85	1:31.26
DIS Marian Nederlof	De Geul	NED	197600950		+0,86		
<i>AE - De aangegeven zwemslag niet uitgevoerd.</i>							

55+

1. Lidia van Bon-Rosenbrand	ZPC Amersfoort	NED	197000054	<b>1:16.73</b>	+0,87	35.95	1:16.73
2. Jeanne Petit	PSV	NED	197001020	<b>1:17.95</b>	+0,79	34.65	1:17.95
3. Bianca Groot	MSV-Zeemacht	NED	197000652	<b>1:32.42</b>	+0,92	42.34	1:32.42
4. Iris van Aurich	DWK	NED	196900866	<b>1:36.34</b>	+0,85	44.38	1:36.34
5. Annette van Dok	MSV-Zeemacht	NED	196800742	<b>2:03.79</b>		57.82	2:03.79
6. F. Gumusburun-De Moor	Istanbul Yuzme Ihtisas Kulubu	TUR		<b>2:28.21</b>	*+1,10	1:05.82	2:28.21

60+

1. Margriet Grove-Lingeman	Triton	NED	196200080	<b>1:31.32</b>	+0,83	42.45	1:31.32
2. Anita Steijger	WVZ	NED	196500628	<b>1:40.43</b>	+0,92	46.67	1:40.43
3. K. van Nassau-van den Heuv	Old Dutch	NED	196600188	<b>1:51.49</b>	+1,08	53.21	1:51.49

65+

1. Petra Tossings	GZC Donk	NED	196100376	<b>1:29.66</b>	+0,86	41.76	1:29.66
<i>Nederlands Masters Record</i>							
2. Marijke Kraak-Beckers	SWOL 1894	NED	196000240	<b>1:41.71</b>	+0,92	45.49	1:41.71
3. Hannie Poletiek	TriVia	NED	195900278	<b>1:58.85</b>	+1,02	52.58	1:58.85

75+

1. A. Gilding-Tussaud	WS Twente	NED	195000038	<b>2:27.68</b>	+0,94	1:11.62	2:27.68
<i>Nederlands Masters Record</i>							





3 - ONMK2026Ib - Sessie 3

1-5-2026 - 13:30

Programmanr. 8  
1-5-2026 - 13:30

Heren, 200m schoolslag

Masters Open  
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
<b>20+</b>								
1. Jason van den Berg	Albion	NED 200400009	<b>2:24.31</b>	+0,67	31.36	1:08.84	1:48.70	2:24.31
<i>Nederlands Masters Record</i>								
2. Scott Jansen	WVZ	NED 200202455	<b>2:26.31</b>	+0,69	33.31	1:10.53	1:48.48	2:26.31
3. Daan Hoogendoorn	ZPC Woerden	NED 200500113	<b>2:38.02</b>	+0,68	35.12	1:14.97	1:56.52	2:38.02
4. Christian Kalle	De Schotejil	NED 200400687	<b>2:56.77</b>	+0,89	39.35	1:25.12	2:12.70	2:56.77
5. Michael Verschoor	De Biesboschzwemmers	NED 200600901	<b>3:12.37</b>	+0,79	44.12	1:32.69	2:23.20	3:12.37
<b>25+</b>								
1. Jelle Opmeer	ZPC Amersfoort	NED 200100269	<b>2:34.85</b>	+0,68	34.76	1:13.98	1:53.45	2:34.85
2. Laurens Spoelstra	WS Twente	NED 199901273	<b>2:54.17</b>	+0,79	37.86	1:22.41	2:07.79	2:54.17
3. Milan Adriaenssens	De Vrije Slag	NED 199705783	<b>2:56.96</b>	+0,75	38.29	1:23.92	2:10.40	2:56.96
4. Rick Haanschoten	De Rijn	NED 200100291	<b>2:59.37</b>	+0,68	40.97	1:28.04	2:14.97	2:59.37
<b>30+</b>								
1. Stefan Petersen	Blue Marlins	NED 199403067	<b>2:40.42</b>	+0,70	36.51	1:17.31	1:59.67	2:40.42
2. Jelle Nap	VZC	NED 199502875	<b>2:42.41</b>	+0,74	36.99	1:18.25	2:00.63	2:42.41
3. John Smit	Poseidon'56	NED 199500613	<b>2:51.10</b>	+0,73	38.71	1:23.05	2:07.08	2:51.10
4. Sam Beer	Poseidon'56	NED 199605521	<b>3:05.87</b>	+0,73	38.03	1:25.20	2:14.36	3:05.87
5. Colin Degenars	ZPCH	NED 199505951	<b>3:22.92</b>	+0,76	44.65	1:36.17	2:29.66	3:22.92
<b>35+</b>								
1. Sander de Vrught	ENC Arnhem	NED 198903499	<b>2:39.03</b>	+0,68	35.18	1:15.12	1:57.10	2:39.03
2. Alan Slomp	DZ&PC	NED 198703071	<b>2:45.03</b>	+0,73	36.17	1:17.90	2:00.73	2:45.03
3. Patrick Creemers	SG Patrick - De Roersoppers	NED 199000579	<b>2:47.18</b>	+0,72	37.07	1:20.34	2:04.16	2:47.18
4. Jaap Stielstra	ENC Arnhem	NED 199006231	<b>2:59.07</b>	+0,74	40.14	1:25.70	2:12.64	2:59.07
5. Robert Spekhorst	De Mors	NED 198703141	<b>3:08.57</b>	+0,77	43.56	1:31.38	2:20.35	3:08.57
<b>40+</b>								
1. Yuri van Omme	Zwemvereniging Hoogland	NED 198501887	<b>2:39.69</b>	+0,81	35.71	1:16.00	1:57.56	2:39.69
2. Ricardo van Dam	AZC	NED 198503965	<b>2:52.02</b>	+0,72	39.54	1:24.31	2:08.99	2:52.02
3. Rob van Vliet	ZPC Amersfoort	NED 198402459	<b>2:54.67</b>	+0,84	39.07	1:22.49	2:08.02	2:54.67
4. Albert van Piekeren	SWOL 1894	NED 198401767	<b>2:58.85</b>	+0,84	39.85	1:24.98	2:11.10	2:58.85
5. Robin Wolbers	MZ&PC De Reest	NED 198503051	<b>3:00.64</b>	+0,78	41.06	1:27.62	2:13.97	3:00.64
6. Rob van Wanrooy	Albion	NED 198202627	<b>3:05.88</b>	+0,80	43.73	1:32.13	2:19.98	3:05.88
7. Jelte Heuten	WS Twente	NED 198601207	<b>3:11.74</b>	+0,94	42.46	1:30.75	2:21.14	3:11.74
<b>45+</b>								
1. Victor Barnar	Zwemlust- den Hommel	NED 197801805	<b>2:39.17</b>	+0,71	35.18	1:15.43	1:56.74	2:39.17
2. Vincent Versteeg	Zwemlust- den Hommel	NED 197701003	<b>2:39.26</b>	+0,75	34.35	1:15.47	1:57.70	2:39.26
3. Remco Dijcks	ENC Arnhem	NED 198002569	<b>2:53.32</b>	+0,68	39.05	1:23.11	2:08.43	2:53.32
4. Bogdan Androne	Sassenheim	NED 197701783	<b>2:55.52</b>	+0,76	39.09	1:23.48	2:09.90	2:55.52
5. Dennis Dortland	NieMo Barracuda	NED 197800261	<b>2:55.87</b>	+0,86	38.77	1:24.58	2:10.55	2:55.87
6. Benoit Gasner	DES	NED 198102645	<b>2:56.32</b>	+0,75	39.14	1:23.34	2:09.24	2:56.32
7. Harm Jan Otter	Het Ravijn	NED 198101283	<b>2:58.36</b>	+0,74	38.37	1:24.16	2:10.64	2:58.36
8. Freddie Geerlings	Zwemsport Parkstad	NED 197900379	<b>2:59.23</b>	+0,78	41.68	1:27.22	2:14.64	2:59.23
9. Berry van Holland	TriVia	NED 198000603	<b>3:07.73</b>	+0,77	41.48	1:29.69	2:18.41	3:07.73
AFGEM Juan Yllera	DES	NED 197802027						





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 8, Heren, 200m schoolslag

50+

1. Kai Kremer	SG Erkelenz-Hückelhoven	GER 468899	<b>2:56.09</b>	+0,87	39.98	1:23.61	2:10.01	2:56.09
2. Kees Bakker	Gay Swim Amsterdam	NED 197501055	<b>2:59.35</b>	+0,62	39.50	1:25.68	2:12.50	2:59.35
3. Michael van Bekkum	SWOL 1894	NED 197200051	<b>3:06.90</b>	+0,81	40.74	1:27.64	2:17.09	3:06.90
4. Bas Kremers	TRB-RES	NED 197201611	<b>3:08.49</b>	+0,88	41.44	1:29.50	2:19.58	3:08.49
5. Tomasz Szwagiel	Norder Turnverein von 1861	GER 432886	<b>3:14.83</b>	+0,80	42.95	1:33.43	2:24.80	3:14.83
6. M. van Walt van Praag	Gay Swim Amsterdam	NED 197501425	<b>3:28.52</b>	+0,72	45.86	1:39.02	2:35.63	3:28.52

55+

1. J. van den Berg	WVZ	NED 196801575	<b>2:56.79</b>	+0,74	41.61	1:26.64	2:12.63	2:56.79
2. Harold Matla	PSV	NED 196800591	<b>3:02.16</b>	+0,87	40.67	1:27.71	2:16.41	3:02.16
3. Gerrit Orthofer	Team Noord Holland (SG)	NED 197001813	<b>3:04.34</b>	+0,67	42.79	1:30.34	2:19.06	3:04.34
4. Hans Schoenmakers	DAW	NED 196900863	<b>3:06.73</b>	+0,81	40.98	1:30.34	2:19.09	3:06.73
5. Martijn de Jong	DWK	NED 197101659	<b>3:08.17</b>	+0,86	41.47	1:29.00	2:19.55	3:08.17
6. René Beetsma	HZ&PC Heerenveen	NED 196900069	<b>3:09.43</b>	+0,83	40.38	1:27.69	2:17.14	3:09.43
7. Joop Weenink	WS Twente	NED 196801535	<b>3:15.18</b>	+0,87	45.00	1:34.08	2:24.54	3:15.18
8. Alberto Randazzo	DES	NED 197101757	<b>3:20.06</b>	+0,88	44.10	1:35.29	2:29.52	3:20.06
9. Korstiaan de Boer	Steenwijk 1934	NED 197101629	<b>3:25.04</b>	+0,86	46.33	1:39.01	2:32.23	3:25.04
10. Rob van de Ven	Neptunus'58	NED 197101695	<b>3:26.30</b>	+0,75	46.89	1:40.68	2:34.43	3:26.30
11. Jordej Wijnbergen	GZC Donk	NED 196901897	<b>3:34.32</b>	+0,90	50.81	1:45.64	2:41.80	3:34.32
12. Erik Zoethout	Aqualero	NED 196901157	<b>3:36.53</b>	+0,93	46.32	1:40.53	2:39.37	3:36.53
13. Gertjan van der Vaart	ZV Vlaardingen-Schiedam	NED 196801529	<b>3:45.16</b>	+0,81	48.09	1:45.43	2:45.74	3:45.16
DIS Glen Le Clercq	ZPC De Rog	NED 196800177		+0,81				

SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.

DIS Paul van den Heuvel Arethusa NED 197000441  
AA - De start ingezet voor het startsignaal (en wel gezwommen).

60+

1. Jan Gert Notenbomer	ZCNF'34	NED 196600557	<b>2:50.88</b>	+0,77	38.55	1:21.99	2:06.36	2:50.88
<i>Nederlands Masters Record</i>								
2. Gert Sikkema	Zignea	NED 196300687	<b>3:20.30</b>	+0,86	43.96	1:34.09	2:27.40	3:20.30
3. Albert van Veldhuizen	De Treffers	NED 196501481	<b>3:29.55</b>	+0,89	46.57	1:40.95	2:35.96	3:29.55
DIS Pierre de Groot	GZC Donk	NED 196401431		+0,87				

SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.

65+

1. Jan Vlasblom	HHZV Plons	NED 196100823	<b>3:21.56</b>	+0,98	43.83	1:33.36	2:26.99	3:21.56
2. Ronald Grove	Triton	NED 196100161	<b>3:25.90</b>	+0,80	45.36	1:39.48	2:33.63	3:25.90
3. Wim de Lange	AZC	NED 195800533	<b>3:27.42</b>	+0,75	44.92	1:37.78	2:31.83	3:27.42
4. Bart van Calker	WS Twente	NED 196100067	<b>3:56.90</b>	+0,90	55.10	1:56.90	2:58.83	3:56.90
NG Peter Coffeng	GZC Donk	NED 195700063						

70+

1. Laurens Klein Breteler	WS Twente	NED 195400109	<b>3:43.61</b>	+0,97	49.00	1:45.67	2:46.83	3:43.61
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75+

1. J. Macpherson-Stewart	Free Style SC	GBR 30261	<b>4:09.82</b>	+0,85	54.89	2:00.62	3:06.70	4:09.82
2. Mans Buis	SWOL 1894	NED 194700133	<b>4:59.25</b>	+1,24	1:09.78	2:28.88	3:45.51	4:59.25

80+

1. Nico Baay	Old Dutch	NED 194200053	<b>4:27.93</b>	+0,87	56.95	2:05.57	3:15.71	4:27.93
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Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 9  
1-5-2026 - 13:58

Dames, 200m schoolslag

Masters Open  
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
<b>20+</b>								
1. Roos de Jong	ZCNF'34	NED 200302948	<b>2:50.30</b>	+0,78	38.63	1:21.51	2:05.52	2:50.30
2. Anouchka Bos	NieMo Barracuda	NED 200501528	<b>2:50.70</b>	+0,73	38.00	1:21.25	2:05.66	2:50.70
3. Lise Kleinbekman	DZ&PC	NED 200502870	<b>2:54.28</b>	+0,65	38.62	1:22.80	2:08.53	2:54.28
4. Esther Tiemersma	PSV	NED 200202962	<b>2:56.98</b>	+0,69	40.45	1:25.60	2:11.15	2:56.98
5. Myrthe Dam	Zuiderzeezwemmers	NED 200602336	<b>3:02.12</b>	+0,72	40.75	1:27.36	2:14.88	3:02.12
6. Sydney Celie	IJsselmeer	NED 200406054	<b>3:08.58</b>	+0,91	42.71	1:30.76	2:20.18	3:08.58
7. Faustine Mussig	De Geul	NED 200202080	<b>3:09.64</b>	+0,69	41.39	1:27.93	2:18.27	3:09.64
8. Nienke Lammers	ENC Arnhem	NED 200200806	<b>3:13.79</b>	+0,83	44.50	1:34.31	2:24.49	3:13.79
9. Ilse Kramer	TriVia	NED 200403072	<b>3:18.07</b>	+0,82	44.95	1:35.13	2:25.91	3:18.07
10. Eva Berning	Orca	NED 200403356	<b>3:20.71</b>	+0,81	43.80	1:34.87	2:28.78	3:20.71
<b>25+</b>								
1. Silke Molendijk	ZVL - 1886	NED 200100178	<b>2:51.38</b>	+0,65	39.11	1:22.33	2:06.99	2:51.38
2. Noël Iris Hettinga	Neptunia '24	NED 200002536	<b>2:55.08</b>	+0,77	39.61	1:23.99	2:09.30	2:55.08
3. Jolien Wind	ZPC de Kanaalstreek	NED 200100510	<b>2:57.13</b>	+0,73	38.65	1:23.56	2:09.40	2:57.13
4. Anne Noom	Het Y	NED 199800062	<b>2:57.63</b>	+0,77	39.87	1:24.32	2:10.63	2:57.63
5. Marijke Drent	Bubble	NED 199906232	<b>3:01.21</b>	+0,81	40.80	1:27.85	2:14.69	3:01.21
6. Ingrid de Vries	De Granaet	NED 200100500	<b>3:09.68</b>	+0,80	42.60	1:29.84	2:19.58	3:09.68
7. Mandy Swart	ZPC Amersfoort	NED 199904916	<b>3:12.93</b>	+0,81	43.06	1:32.18	2:22.25	3:12.93
8. Daphne Dols	ZPC Woerden	NED 199904622	<b>3:13.23</b>	+0,76	42.78	1:31.48	2:22.33	3:13.23
9. Maartje Hids	ZVL - 1886	NED 199903042	<b>3:14.20</b>	+0,84	45.44	1:34.48	2:24.10	3:14.20
<b>30+</b>								
1. Leonie van Noort	WVZ	NED 199301752	<b>2:50.73</b>	+0,81	38.62	1:22.24	2:06.56	2:50.73
2. Fiona Meuffels	PSV	NED 199504366	<b>3:00.25</b>	+0,69	41.38	1:27.86	2:14.93	3:00.25
3. Larissa Jansen	PSV	NED 199500660	<b>3:11.61</b>	+0,81	44.46	1:32.98	2:22.20	3:11.61
4. Marijke Kommers	NieMo Barracuda	NED 199305334	<b>3:12.67</b>	+0,81	42.31	1:31.72	2:21.69	3:12.67
5. Irmgard van Weeghel	ENC Arnhem	NED 199204834	<b>3:24.49</b>	+0,80	46.82	1:39.19	2:31.87	3:24.49
6. Astrid Wibbelink	Steenwijk 1934	NED 199600006	<b>3:24.83</b>	+0,76	45.13	1:37.04	2:30.63	3:24.83
7. Laura ter Stege	CWW	NED 199602364	<b>3:30.29</b>	+0,79	44.77	1:39.22	2:33.94	3:30.29
<b>35+</b>								
1. Jacyntha Plat	Steenwijk 1934	NED 199002956	<b>2:53.38</b>	+0,75	38.87	1:22.68	2:08.13	2:53.38
2. Chantal Meyerink	De Grunte	NED 199105212	<b>3:06.12</b>	+0,84	42.17	1:29.32	2:16.88	3:06.12
3. Maaike de Boer	De Duinkickers	NED 199000362	<b>3:10.89</b>	+0,87	43.33	1:31.93	2:22.25	3:10.89
4. Linda van Klei	ACZ	NED 198802088	<b>3:14.08</b>	+0,86	44.56	1:33.88	2:24.55	3:14.08
5. Suzan Blankestijn	ZVL - 1886	NED 198900350	<b>3:17.03</b>	+0,76	44.26	1:33.55	2:24.81	3:17.03
6. Liesbeth van Mill	Zwemlust- den Hommel	NED 198702786	<b>3:17.57</b>	+0,85	44.59	1:34.30	2:25.35	3:17.57
7. Linda Kuiper	DZ&PC	NED 198802588	<b>3:18.74</b>	+0,77	43.92	1:34.20	2:26.50	3:18.74
8. Rianne Hofland	Sassenheim	NED 198801820	<b>3:18.75</b>	+0,78	45.54	1:36.01	2:27.42	3:18.75
9. Nicole van der Kooij	Old Dutch	NED 198706264	<b>3:30.43</b>	+0,87	43.97	1:37.89	2:33.84	3:30.43
<b>40+</b>								
1. Laura Badoux	DAW	NED 198200038	<b>2:58.14</b>	+0,88	40.17	1:26.12	2:12.51	2:58.14
2. Nadya Putter	ZV Vlaardingen-Schiedam	NED 198301630	<b>3:06.98</b>	+0,75	42.56	1:29.28	2:16.65	3:06.98
3. Sabina Romanova	Ukraine Swim	UKR	<b>3:13.88</b>	+0,97	44.30	1:33.13	2:23.74	3:13.88
<i>Ukrainian Masters Record</i>								



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 9, Dames, 200m schoolslag

45+

1. A. Verschoor-Vos	Old Dutch	NED 198102300	<b>3:19.95</b>	+0,83	44.23	1:34.91	2:27.11	3:19.95
2. Tonia Ruybroek	Poseidon'56	NED 198101290	<b>3:22.37</b>	+0,95	44.86	1:36.17	2:29.69	3:22.37
3. Ilja Janssen	ENC Arnhem	NED 198102234	<b>3:22.99</b>	+0,89	46.01	1:38.09	2:30.32	3:22.99
4. Femke Hofkens	Aqua-Novio '94	NED 197801094	<b>3:37.00</b>	+0,82	49.69	1:44.81	2:40.99	3:37.00
5. S. van den Bosch - Kent	VZV Njord	NED 197701246	<b>3:37.60</b>	+0,90	50.24	1:44.93	2:41.26	3:37.60
6. Tanja Lenz	Uerdinger Schwimmverein 08	GER 451703	<b>3:38.73</b>	+0,72	49.53	1:44.44	2:42.68	3:38.73
7. Ute Kremer	SG Erkelenz-Hückelhoven	GER 492223	<b>3:52.89</b>	+0,92	53.62	1:53.85	2:53.58	3:52.89

50+

1. Katarzyna Szwagiel	Norder Turnverein von 1861	GER 432885	<b>3:07.49</b>	+0,78	42.61	1:30.97	2:18.73	3:07.49
2. Nataliia Boryshkevych	Ukraine Swim	UKR	<b>3:17.56</b>	+0,80	45.87	1:37.02	2:27.53	3:17.56
3. Katharina Schlipp	AZL	NED 197301004	<b>3:17.75</b>	+0,80	44.18	1:33.75	2:25.12	3:17.75
4. Annett von Rekowski	Schwimmverein Gera	GER 097868	<b>3:20.56</b>	+0,75	46.30	1:37.29	2:28.97	3:20.56
5. Rebecca Irvine-Pronk	De Otters Het Gooi	NED 197500982	<b>3:23.42</b>	+0,84	44.71	1:34.94	2:28.47	3:23.42
6. L. de Pazos Ortega	SSF Bonn	GER 444685	<b>3:30.53</b>	+0,65	46.84	1:39.08	2:34.68	3:30.53

55+

1. Annette Wijnja-Visser	De Biesboschzwemmers	NED 196700528	<b>3:11.66</b>	+0,81	43.48	1:32.02	2:21.95	3:11.66
2. Iris van Aurich	DWK	NED 196900866	<b>3:26.92</b>	+0,83	48.57	1:41.53	2:34.35	3:26.92
3. A. Korving-Leijenaar	Aqualero	NED 196700662	<b>3:29.74</b>	+0,81	48.12	1:41.12	2:35.85	3:29.74
4. Irna van der Molen	WS Twente	NED 196900938	<b>3:44.21</b>	+0,70	49.43	1:46.43	2:45.03	3:44.21
5. Jelly-An Grijpma	De Granaet	NED 197001000	<b>4:09.86</b>	+0,86	57.21	2:01.29	3:06.95	4:09.86
6. R. van der Vlugt	De Geul	NED 196700710	<b>4:32.98</b>	+1,03	1:02.25	2:12.54	3:22.67	4:32.98

60+

1. M. Remmits-de Lange	ZPC Amersfoort <i>Nederlands Masters Record</i>	NED 196300518	<b>3:23.35</b>	+0,77	46.15	1:37.83	2:31.07	3:23.35
2. K. van Nassau-van den	Old Dutch	NED 196600188	<b>3:49.08</b>	+0,92	53.47	1:51.93	2:50.83	3:49.08
3. Yoka de Vegt-van Dijk	ENC Arnhem	NED 196200420	<b>3:49.20</b>	+0,77	53.21	1:50.17	2:49.37	3:49.20
4. Erica Muller	De Geul	NED 196400412	<b>4:17.28</b>	+0,82	57.59	2:02.10	3:09.57	4:17.28

65+

1. Petra Tossings	GZC Donk	NED 196100376	<b>3:39.07</b>	+0,87	50.64	1:46.35	2:43.49	3:39.07
2. Linda Wibbelink	Steenwijk 1934	NED 195900158	<b>4:02.30</b>	+0,79	54.83	1:56.39	3:00.23	4:02.30
3. Hannie Poletiek	TriVia	NED 195900278	<b>4:09.64</b>	+1,02	57.79	2:00.49	3:05.80	4:09.64
4. Lia Bijkerk	GZC Donk	NED 196000014	<b>4:16.40</b>	+0,95	57.91	2:04.88	3:12.38	4:16.40
5. Ria Peters-Veurman	ENC Arnhem	NED 195800242	<b>4:31.44</b>	+1,10	1:00.31	2:10.19	3:22.01	4:31.44

70+

1. Ineke Weekers	PSV	NED 195300050	<b>3:48.20</b>	+0,79	52.44	1:51.38	2:50.56	3:48.20
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75+

1. Gonnie Bak	PSV	NED 195100064	<b>4:44.75</b>	+1,06	1:05.48	2:19.99	3:33.23	4:44.75
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80+

1. L. van Huissteden	ZPC Amersfoort	NED 194500002	<b>5:11.76</b>	+1,15	1:11.01	2:31.41	3:52.70	5:11.76
2. A. Verhoeven - Stegger	De Duinkickers	NED 194600024	<b>5:17.78</b>	+0,90	1:06.07	2:25.88	3:51.44	5:17.78



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 10  
1-5-2026 - 14:27

Heren, 50m rugslag

Masters Open  
Resultaten

rang	naam	vereniging			tijd	RT	PARA
<b>20+</b>							
1.	Mees Niemeijer	DZ&PC	NED	200201275	<b>29.50</b>	+0,63	
2.	Laurens Kalle	De Schotejil	NED	200600161	<b>30.30</b>	+0,59	
3.	Daan Schra	MZ&PC De Reest	NED	200203271	<b>30.45</b>	+0,75	
4.	Mika Bongers	ENC Arnhem	NED	200502683	<b>31.01</b>	+0,67	
5.	Finn Ooijman	WS Twente	NED	200603161	<b>31.69</b>	+0,60	
6.	Ruben Trompetter	DZ&PC	NED	200500997	<b>31.87</b>	+0,80	
7.	Jort Vize�	De Duck	NED	200201779	<b>32.15</b>	+0,56	
8.	Owen Michels	De Amstel	NED	200402293	<b>32.24</b>	+0,66	
9.	Jesper Pas	VZV Njord	NED	200200967	<b>33.15</b>	+0,59	
10.	Dago Hofmeijer	WS Twente	NED	200600121	<b>33.60</b>	+0,74	
11.	Sytze van Stein	ZVL - 1886	NED	200501155	<b>33.79</b>	+0,66	
<b>25+</b>							
1.	Arjan Dekker	Bubble	NED	200000499	<b>28.88</b>	+0,58	
2.	Doran Paap	ZV Westland	NED	200000301	<b>30.23</b>	+0,54	
3.	Richard Kuipers	HZ&PC Heerenveen	NED	199704171	<b>30.41</b>	+0,66	
4.	Robin van Beek	ZVL - 1886	NED	199704023	<b>30.61</b>	+0,56	
	David Kievit	De Schotejil	NED	199900325	<b>30.61</b>	+0,81	
6.	Nino van Krimpen	ZOB'66	NED	200004611	<b>30.71</b>	+0,81	
7.	Ian Terlouw	ZPC Woerden	NED	200002345	<b>30.74</b>	+0,68	
8.	Marc Hoogeveen	DZ&PC	NED	200101585	<b>32.05</b>	+0,79	
9.	Julian Mes	ZOB'66	NED	200103755	<b>32.08</b>	+0,77	
10.	Remco Dijkstra	HZ&PC Heerenveen	NED	200100789	<b>32.31</b>	+0,83	
11.	Ruben Zwartebol	ZPC Woerden	NED	200102651	<b>32.33</b>	+0,62	
12.	Ilmar Stoop	Zuiderzeezwimmers	NED	200100871	<b>32.36</b>	+0,65	
13.	Jeffrey Roest	Zwemvereniging Hoogland	NED	199703401	<b>32.91</b>	+0,66	
14.	Patrick Wyrdeman	Westland Swimming Stars	NED	199702475	<b>33.70</b>	+0,67	
15.	Rob van Wier	HZ&PC Heerenveen	NED	199900697	<b>34.68</b>	+0,68	
16.	Boaz Troost	ZOB'66	NED	200100371	<b>38.25</b>	+0,64	
17.	Ardy Zwanenburg	AZC	NED	199902061	<b>39.68</b>	+0,75	
<b>30+</b>							
1.	Ian van Mullem	ZOB'66	NED	199602545	<b>32.56</b>	+0,63	
2.	Patrick Brouwer	AZC	NED	199303715	<b>34.34</b>	+0,73	
3.	Cars Wiegmann	WS Twente	NED	199401025	<b>36.18</b>	+0,90	
4.	Ruben de Boer	Zwemvereniging Hoogland	NED	199301419	<b>41.85</b>	+0,78	
<b>35+</b>							
1.	Jos de Graaf	PSV	NED	199106095	<b>29.39</b>	+0,73	
2.	Willem-Jan van der Vegte	DZ&PC	NED	198703459	<b>30.84</b>	+0,75	
	Jeroen Matthijssen	AZC	NED	199103751	<b>30.84</b>	+0,76	
4.	Olaf Achterberg	VZC	NED	199000011	<b>31.23</b>	+0,64	
5.	Johan Krakou	De Rijn	NED	199101311	<b>33.72</b>	+0,82	
6.	Mitchell van Uiter	De Geul	NED	199004067	<b>35.79</b>	+0,68	
7.	Wessel Everloo	WS Twente	NED	198906597	<b>35.81</b>	+0,99	449
<b>40+</b>							
1.	Kazuaki Nagao	De Dolfijn	NED	198604875	<b>28.67</b>	+0,62	
	<i>Nederlands Masters Record</i>						
2.	Alan Smeets	Zwemsport Parkstad	NED	198402089	<b>30.31</b>	+0,79	
3.	Robert Braad	Steenwijk 1934	NED	198600407	<b>30.88</b>	+0,66	
4.	Albert van Piekeren	SWOL 1894	NED	198401767	<b>33.65</b>	+0,82	
5.	Peter van de Bor	Team Noord Holland (SG)	NED	198402897	<b>37.19</b>	+1,04	





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 10, Heren, 50m rugslag

45+

1.	Ruud Holswilder	ZPCH	NED	197800435	<b>30.54</b>	+0,69
2.	Erwin Buist	ZPC Amersfoort	NED	197800183	<b>31.36</b>	+0,69
3.	Dennis Brouwers	HZPC	NED	197800167	<b>31.48</b>	+0,77
4.	Ivo Roozeboom	WVZ	NED	197700801	<b>31.91</b>	+0,69
5.	Robert Istrate	Zwemsport Parkstad	NED	198002555	<b>32.10</b>	+0,72
6.	Marcel Reefhuis	WS Twente	NED	198101381	<b>33.74</b>	+0,58
7.	Pieter Broek	Westland Swimming Stars	NED	197701637	<b>34.90</b>	+0,64
8.	Markus van Rest	WVZ	NED	197701197	<b>35.15</b>	+0,74
9.	Wim van Steen	DZ&PC	NED	197701133	<b>35.95</b>	+0,83
10.	Peter Lommert	SWOL 1894	NED	197900787	<b>37.27</b>	+0,79
11.	Wilco Steenwijk	SG Octopus - ZVV	NED	198002465	<b>38.14</b>	+0,77
12.	Stefan Witwerts	KSN (SG)	NED	197902159	<b>42.54</b>	+0,83

50+

1.	Jasper van Heijst	ZPCH	NED	197601699	<b>30.47</b>	+0,66
2.	Alex Damen	DAW	NED	197501371	<b>33.35</b>	+0,66
3.	Peter Meijer	DZ&PC	NED	197300613	<b>35.27</b>	+0,62
4.	Jeroen Temme	TriVia	NED	197201703	<b>35.97</b>	+0,73

55+

1.	Chester Marsman	ZPC Amersfoort	NED	196900671	<b>31.04</b>	+0,77
2.	Guido Keutgen	Steenwijk 1934	NED	196801551	<b>32.57</b>	+0,70
3.	Axel Werkhausen	SSF Bonn	GER	451927	<b>33.08</b>	+0,68
4.	Marcel Vroegindewei	Poseidon'56	NED	196801709	<b>33.75</b>	+0,76
5.	René Beetsma	HZ&PC Heerenveen	NED	196900069	<b>35.35</b>	+0,80
6.	Henri Verschoor	Old Dutch	NED	197001041	<b>36.91</b>	+0,74
7.	Bruno Nahon	Cercle De Natation Sportcity WolBEL	CNSW/000390/70		<b>37.47</b>	+0,81
8.	Nico Swart	De Biesboschzwemmers	NED	196801475	<b>38.03</b>	+0,80
9.	Paul van den Heuvel	Arethusa	NED	197000441	<b>38.89</b>	+0,88
10.	Ramon Alsina Munoz	Cercle De Natation Sportcity WolBEL	CNSW/002552/69		<b>45.68</b>	+0,83

60+

1.	Peter Bernsen	ZPC De Rog	NED	196301119	<b>33.31</b>	+0,68
2.	Johan Remmits	ZPC Amersfoort	NED	196201159	<b>34.36</b>	+0,71
3.	Edwin van Norden	ZPC Amersfoort	NED	196300563	<b>34.82</b>	+0,67
4.	Hugues Herman	Cercle De Natation Sportcity WolBEL	CNSW/014976/66		<b>35.62</b>	+0,73
5.	Hans Vloedgraven	Old Dutch	NED	196400917	<b>38.08</b>	+0,74
6.	Jeroen Wilmer	Enkhuizer Zwem Vereniging	NED	196601711	<b>39.37</b>	+0,96
7.	Casper Dollekamp	Steenwijk 1934	NED	196301341	<b>40.18</b>	+0,83
8.	Jack Barends	WS Twente	NED	196201011	<b>42.75</b>	+0,74

65+

1.	Marten de Groot	HZ&PC Heerenveen	NED	195800149	<b>39.12</b>	+0,70
2.	Ronald Pijtak	ZPC Amersfoort	NED	196100475	<b>46.80</b>	+0,76

70+

1.	Ruud Ruiten	WS Twente	NED	195300169	<b>38.19</b>	+0,88
2.	Ron van der Zande	AZC	NED	195500307	<b>40.82</b>	+0,90
3.	Rob Berkhof	SWOL 1894	NED	195200245	<b>48.91</b>	+1,04

75+

1.	Piet Schop	De Bevelanders	NED	195000109	<b>45.86</b>	+0,78
2.	Jos Kamps	Zwemvereniging Hoogland	NED	195100085	<b>50.39</b>	+0,57
3.	Mans Buis	SWOL 1894	NED	194700133	<b>55.07</b>	+0,81



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 10, Heren, 50m rugslag

80+

1.	Willem Putter	ZV Vlaardingen-Schiedam	NED	194500135	<b>50.23</b>	+0,95
2.	Nico Baay	Old Dutch	NED	194200053	<b>55.67</b>	+0,77

Programmanr. 11  
1-5-2026 - 14:41

Dames, 50m rugslag

Masters Open  
Resultaten

rang naam vereniging tijd RT PARA

20+

1.	Maaïke Issard	DZ&PC	NED	200300022	<b>31.90</b>	+0,84
2.	Jelsie van Ruijven	ZVL - 1886	NED	200500282	<b>32.42</b>	+0,68
3.	Tess Panjer	VZC	NED	200403060	<b>32.56</b>	+0,66
4.	Olena Dijkstra	Orca	NED	200202624	<b>32.76</b>	+0,69
5.	Lyke Buscop	De Schotejil	NED	200500552	<b>33.17</b>	+0,63
6.	Inge Dekker	HZ&PC Heerenveen	NED	200200476	<b>33.36</b>	+0,75
7.	Myrthe Natzijs	DZ&PC	NED	200400076	<b>33.71</b>	+0,73
8.	Evelien Husselman	MZ&PC De Reest	NED	200501324	<b>34.58</b>	+0,67
9.	Iris Lok	WS Twente	NED	200301094	<b>35.06</b>	+0,60
10.	Fleur van Norren	ACZ	NED	200204432	<b>35.72</b>	+0,72
11.	Laura Hoogenboezem	ACZ	NED	200500390	<b>35.73</b>	+0,77
12.	Kim de Jong	Westland Swimming Stars	NED	200401522	<b>36.14</b>	+0,69
13.	Laura 't Lam	De Geul	NED	200603376	<b>36.16</b>	+0,81
14.	Feline Slijkhuis	SG Octopus - ZVV	NED	200501042	<b>36.41</b>	+0,91
15.	Ilse Wild	SG Octopus - ZVV	NED	200401812	<b>36.83</b>	+0,72
16.	Femke Miedema	IJsselmeer	NED	200601824	<b>37.08</b>	+0,79
17.	Daphne van Tilburg	De Geul	NED	200500580	<b>38.07</b>	+0,87
18.	Chantal Pennings	VZ&PC Nautilus	NED	200403420	<b>38.62</b>	+0,72
19.	Ghislaine Lisitano	VZV Njord	NED	200500082	<b>38.91</b>	+0,69
20.	Daphne van Rees	SG Octopus - ZVV	NED	200301766	<b>39.02</b>	+0,77
21.	Tove Kienhuis	Aqua'68	NED	200203486	<b>41.24</b>	+0,71
22.	Marit Gerritsen	WS Twente	NED	200200664	<b>43.27</b>	+0,75

25+

1.	Marre Zandringa	DZ&PC	NED	199701136	<b>32.15</b>	+0,60
2.	Babette van der Kaaij	Blue Marlins	NED	199902234	<b>32.32</b>	+0,63
3.	Britt Cornelissens	Hellas-Glana	NED	200000632	<b>33.21</b>	+0,72
4.	Lauren van IJll	WVZ	NED	200001064	<b>33.30</b>	+0,61
5.	Laura van Sabben	PSV	NED	199804332	<b>34.22</b>	+0,71
6.	Alisha Vieira	Blue Marlins	NED	199904554	<b>34.77</b>	+0,69
7.	Robin Pienaar	NieMo Barracuda	NED	200102236	<b>35.07</b>	+0,64
8.	Maartje Slop	De Otters Het Gooi	NED	200106036	<b>35.35</b>	+0,85
9.	Marielle van der Vaart	ZV Vlaardingen-Schiedam	NED	200000994	<b>35.80</b>	+0,59
10.	Hanna Looi	Blue Marlins	NED	200006090	<b>35.95</b>	+0,62
11.	Iris Bastiaansen	De Amstel	NED	199902006	<b>36.86</b>	+0,72
12.	Anouk van der Lans	Westland Swimming Stars	NED	199801614	<b>37.81</b>	+0,79
13.	Berinda van Dijk	Blue Marlins	NED	200104186	<b>37.95</b>	+0,67
14.	Chantal van der Vaart	ZV Vlaardingen-Schiedam	NED	199802266	<b>40.06</b>	+0,78
15.	Esmée Rolloos	NieMo Barracuda	NED	199800056	<b>40.22</b>	+0,81
16.	Mirna Wolters	De Plons	NED	199802046	<b>42.28</b>	+0,68
AFGEM	Luca Ebbing	DZ&PC	NED	199802406		

30+

1.	Mariska Scheel	ACZ	NED	199306344	<b>33.44</b>	+0,90
2.	Michanne Steenbergen	Otter SC	GBR	1821931	<b>33.55</b>	+0,67
3.	Anne-Irene Ducheine	Zwemvereniging Hoogland	NED	199506824	<b>34.33</b>	+0,56
4.	Marcella van der Ent	De Duck	NED	199600174	<b>34.75</b>	+0,77
5.	Joanne van Essen	ZPC Amersfoort	NED	199303506	<b>36.04</b>	+0,73
6.	Lianne Verhoef	ZPC De Hof	NED	199501004	<b>36.44</b>	+0,83
7.	Lotte Eising	ZPC Amersfoort	NED	199502098	<b>36.84</b>	+0,62
8.	Heleen Arends	TriVia	NED	199404416	<b>37.01</b>	+0,64





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 11, Dames, 50m rugslag, 30+

rang	naam	vereniging			tijd	RT	PARA
9.	Getrude Corporaal	Steenwijk 1934	NED	199200380	<b>38.47</b>	+0,89	
10.	Janneke van de Poele	De Duck	NED	199301128	<b>39.61</b>	+0,67	
11.	Roxanne van Bavel	Poseidon'56	NED	199407378	<b>45.16</b>	+0,79	
12.	Chantal Wind-Hemme	De Plons	NED	199501292	<b>46.68</b>	+0,82	
<b>35+</b>							
1.	Elmi Roelofsen	SG Octopus - ZVV	NED	199008198	<b>33.92</b>	+0,75	
2.	Jacyntha Plat	Steenwijk 1934	NED	199002956	<b>34.08</b>	+0,69	
3.	Dyonne Bruggeling	DZ&PC	NED	199104880	<b>35.85</b>	+0,68	
4.	Rianne Hofland	Sassenheim	NED	198801820	<b>37.70</b>	+0,70	
5.	Esther Kwebeman	TriVia	NED	199106374	<b>38.61</b>	+1,14	
6.	Cemre Artan Koc	Frekans Yüzme Akademisi Spor	TUR bü		<b>42.55</b>	+0,85	
7.	Marieke Weering	De Plons	NED	198704550	<b>42.87</b>	+0,94	
8.	Jacoline van den Beukel	NieMo Barracuda	NED	199100238	<b>42.99</b>	+0,75	
<b>40+</b>							
1.	Anna Maria Rijkens	WSV St.Johann in Tirol	AUT	48298	<b>34.93</b>	+0,64	
2.	Linda van Schaik	ZPCH	NED	198605424	<b>36.09</b>	+0,84	
3.	Elke Popma-Blox	PSV	NED	198200154	<b>37.68</b>	+0,66	
4.	Angela Giezen	ZPC Amersfoort	NED	198302796	<b>37.85</b>	+0,76	
5.	Hanneke Heymen	WS Twente	NED	198400968	<b>38.50</b>	+0,79	
6.	Sabina Romanova	Ukraine Swim	UKR		<b>39.37</b>	+0,83	
7.	Sandra Schellekens	Neptunus'58	NED	198503416	<b>41.10</b>	+0,83	
8.	Marloes Rebel	WS Twente	NED	198403474	<b>45.42</b>	+0,96	
<b>45+</b>							
1.	Tonia Ruybroek	Poseidon'56	NED	198101290	<b>36.69</b>	+0,74	
2.	Iris de Boer - Oosterhof	MZ&PC De Reest	NED	197701152	<b>37.52</b>	+0,77	
3.	Anne-Marie Verschoor-Vos	Old Dutch	NED	198102300	<b>38.26</b>	+0,81	
4.	Luisiana Bigea	Sassenheim	NED	197701300	<b>38.30</b>	+0,84	
5.	Anne Besseling-de Jong	De Geul	NED	198102084	<b>38.56</b>	+0,87	
6.	Anke Lambooi	AZL	NED	198001182	<b>38.65</b>	+0,78	
7.	Leonie Scholten	Steenwijk 1934	NED	197901560	<b>39.17</b>	+1,09	
8.	Ilja Janssen	ENC Arnhem	NED	198102234	<b>39.32</b>	+0,97	
9.	Jessica Venema	Old Dutch	NED	197901526	<b>39.65</b>	+0,96	
10.	Sabrina Boekhout	De Biesboschzwemmers	NED	198100120	<b>40.12</b>	+0,76	
11.	Mireille Nijhuis	SWOL 1894	NED	198102368	<b>40.20</b>	+0,78	
12.	A. Schuiling-De Reus	Aqualero	NED	197900718	<b>40.62</b>	+0,83	
13.	Clementine van Bruxvoort	Albion	NED	197700138	<b>47.41</b>	+0,89	
<b>50+</b>							
1.	Edith Janssen-Koolen	TRB-RES	NED	197300898	<b>36.56</b>	+0,92	
2.	Mirjan den Drijver	Westland Swimming Stars	NED	197500884	<b>37.33</b>	+0,72	
3.	Catherine Hoogeveen	DZ&PC	NED	197501048	<b>38.48</b>	+0,98	
4.	Wendy Nederkoom	Arethusa	NED	197400374	<b>41.60</b>	+0,92	
5.	Y. van Nobelen - Kampschreur	Sassenheim	NED	197200316	<b>43.68</b>	+0,82	
6.	Judith Sijbers	PSV	NED	197301030	<b>54.07</b>	+0,78	
<b>55+</b>							
1.	Carla Geurts	PSV	NED	197100178	<b>36.03</b>	+0,72	
2.	Esther ten Kate	Avéna	NED	197100310	<b>37.02</b>	+0,78	
3.	Lesley Cordial	ZPC Amersfoort	NED	196700684	<b>37.42</b>	+0,66	
4.	Bianca Groot	MSV-Zeemacht	NED	197000652	<b>42.41</b>	+1,00	
5.	Karin Sagonas-Koolen	VZV Njord	NED	197000964	<b>44.31</b>	+0,98	
6.	Nathasja Konijn	GZC Donk	NED	197100992	<b>46.60</b>	+0,76	
7.	Daniëlle Schipper - van Est	ZOB'66	NED	197001078	<b>47.30</b>	+0,75	



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 11, Dames, 50m rugslag

60+

1.	Marinka vd Zwet	Sassenheim	NED	196500346	<b>39.13</b>	+0,72
2.	Margriet Post-Goedemoed	De Otters Het Gooi	NED	196400632	<b>42.51</b>	+0,69
3.	Maud Peuten-Evers	Mosa-Regio	NED	196400584	<b>43.42</b>	+0,85
4.	Christine Buist	De Duinkickers	NED	196400608	<b>45.16</b>	+0,77
5.	Ania Bultena-Rusek	TriVia	NED	196600764	<b>47.69</b>	+0,86
6.	Jenny Westervaarder	H2Oldambt	NED	196200424	<b>52.09</b>	+0,91
7.	Cora Smulders	ENC Arnhem	NED	196600668	<b>52.27</b>	+0,75

65+

1.	Karin van der Star-Verhoeven	ENC Arnhem	NED	196100382	<b>42.98</b>	+0,87
2.	Marijke Kraak-Beckers	SWOL 1894	NED	196000240	<b>45.47</b>	+0,86
3.	Jennie Resink-lindeboom	DWK	NED	196000142	<b>46.93</b>	+1,18
4.	Jannie Slood	DZ&PC	NED	195900312	<b>47.95</b>	+0,80
5.	Katinka Elders	HZ&PC Heerenveen	NED	196000292	<b>53.28</b>	+0,79
6.	Gea Kuiper	ZCNF'34	NED	196100104	<b>54.87</b>	+0,79
7.	Ria Peters-Veurman	ENC Arnhem	NED	195800242	<b>1:00.04</b>	+0,92

70+

1.	Ineke Brouwers	PSV	NED	195200070	<b>1:02.67</b>	+0,77
2.	Geerdien Meerwaldt	De Geul	NED	195200058	<b>1:06.52</b>	+1,03

75+

1.	Christine Nieuwenhuis	SWOL 1894	NED	195100022	<b>47.24</b>	+0,86
2.	Antoinette Gilding-Tussaud	WS Twente	NED	195000038	<b>52.80</b>	+0,94
3.	Gonnie Bak	PSV	NED	195100064	<b>59.17</b>	+0,91

80+

1.	Corrie Verhoeven	PSV	NED	194600026	<b>50.27</b>	+0,72
<i>Nederlands Masters Record</i>						

85+

1.	Marie Smits	Old Dutch	NED	193800004	<b>1:11.19</b>	+0,97
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90+

1.	Lottie Geurts	PSV	NED	193500006	<b>1:11.51</b>	+1,00
<i>Nederlands Masters Record</i>						

Programmanr. 12  
1-5-2026 - 15:02

Heren, 100m vrije slag

Masters Open  
Resultaten

rang naam	vereniging			tijd	RT	PARA	50m	100m
<b>20+</b>								
1.	Brandon van den Berg	Albion	NED	200200669	<b>50.52</b>	+0,67	23.92	50.52
<i>Nederlands Masters Record</i>								
2.	Daan Schra	MZ&PC De Reest	NED	200203271	<b>56.30</b>	+0,83	26.68	56.30
3.	Jacco Nijland	ZPC De Hof	NED	200400081	<b>56.51</b>	+0,76	27.38	56.51
4.	Dago Hofmeijer	WS Twente	NED	200600121	<b>57.15</b>	+0,80	27.56	57.15
5.	Tim Speijer	Bubble	NED	200301661	<b>57.26</b>	+0,66	26.99	57.26
6.	Mika Bongers	ENC Arnhem	NED	200502683	<b>57.89</b>	+0,65	27.66	57.89
7.	Ruben Trompetter	DZ&PC	NED	200500997	<b>58.05</b>	+0,94	27.58	58.05
8.	Christian Kalle	De Schotelij	NED	200400687	<b>58.42</b>	+0,78	27.64	58.42





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 12, Heren, 100m vrije slag, 20+

rang naam	vereniging		tijd	RT	PARA	50m	100m
9. Owen Michels	De Amstel	NED 200402293	<b>58.44</b>	+0,70		27.72	58.44
10. Mees Minneboo	MSV-Zeemacht	NED 200203465	<b>58.65</b>	+0,67		27.80	58.65
11. Ruben van Veenen	ZCNF'34	NED 200400425	<b>59.54</b>	+0,70		28.42	59.54
12. Marijn Snel	IJsselmeer	NED 200400001	<b>59.61</b>	+0,81		28.27	59.61
13. Tycho Veenstra	DZ&PC	NED 200500143	<b>59.67</b>	+0,73		28.66	59.67
14. Niels Kragt	TriVia	NED 200300155	<b>59.78</b>	+0,72		28.42	59.78
15. Finn Ooijman	WS Twente	NED 200603161	<b>1:00.44</b>	+0,67		28.13	1:00.44
16. Mika Heskamp	De Dinkel	NED 200300339	<b>1:00.60</b>	+0,73		28.36	1:00.60
17. Thijs Huizer	ZVL - 1886	NED 200502523	<b>1:00.71</b>	+0,74		28.39	1:00.71
18. Rik Stahlie	TriVia	NED 200201915	<b>1:01.48</b>	+0,73		29.48	1:01.48
19. Sytze van Stein	ZVL - 1886	NED 200501155	<b>1:01.69</b>	+0,72		28.41	1:01.69
20. Lars Haytink	WS Twente	NED 200601815	<b>1:03.56</b>	+0,67		29.83	1:03.56
21. Dennis van der Bok	De Schotejil	NED 200504015	<b>1:07.57</b>	+0,76		32.39	1:07.57

25+

1. Jelle Betten	DZ&PC	NED 200001535	<b>52.59</b>	+0,68		25.09	52.59
2. Rick Bulman	Albion	NED 200101899	<b>53.96</b>	+0,64		25.48	53.96
3. Darren Chen	ZPC Amersfoort	NED 200001149	<b>54.30</b>	+0,64		26.17	54.30
4. Jelle Blankestijn	ZPC Amersfoort	NED 199803737	<b>55.81</b>	+0,71		26.78	55.81
5. Ryan van den Ouden	Poseidon'56	NED 199900377	<b>55.96</b>	+0,78		26.18	55.96
6. Arjan Dekker	Bubble	NED 200000499	<b>56.21</b>	+0,67		27.42	56.21
7. Jordi de Nijs	MSV-Zeemacht	NED 199801851	<b>56.53</b>	+0,66		27.03	56.53
8. Kaelan Betrian	ENC Arnhem	NED 199905335	<b>57.38</b>	+0,63		27.86	57.38
9. Bart Weiland	DES	NED 199700777	<b>57.40</b>	+0,69		27.56	57.40
10. Kevin Roest	Zwemvereniging Hoogland	NED 200001223	<b>57.41</b>	+0,68		28.20	57.41
Richard Kuipers	HZ&PC Heerenveen	NED 199704171	<b>57.41</b>	+0,75		27.39	57.41
12. Jacob Mackloet	De Schotejil	NED 200001171	<b>57.42</b>	+0,68		27.64	57.42
13. Fayssal Lantema	Zwemlust- den Hommel	NED 200101379	<b>58.28</b>	+0,72		27.75	58.28
14. Nino van Krimpen	ZOB'66	NED 200004611	<b>59.24</b>	+0,67		28.61	59.24
15. Remco Dijkstra	HZ&PC Heerenveen	NED 200100789	<b>59.59</b>	+0,79		27.82	59.59
16. Dries Cavelaars	ZPC Amersfoort	NED 199804597	<b>59.85</b>	+0,68		28.84	59.85
17. Julian Mes	ZOB'66	NED 200103755	<b>1:00.52</b>	+0,73		29.17	1:00.52
18. Ruben Zwartbol	ZPC Woerden	NED 200102651	<b>1:00.56</b>	+0,67		29.14	1:00.56
19. Marc Hoogeveen	DZ&PC	NED 200101585	<b>1:00.65</b>	+0,75		29.20	1:00.65
20. Milan de Roo	ZPC Woerden	NED 200102215	<b>1:00.97</b>	+0,62		29.00	1:00.97
21. Tim van Grunsven	De Treffers	NED 199804535	<b>1:00.98</b>	+0,83		29.20	1:00.98
22. Jesse van Dijk	Zuiderzeezwemmers	NED 199903259	<b>1:01.02</b>	+0,69		29.00	1:01.02
23. Tim de Zoete	Zwemvereniging Hoogland	NED 199701875	<b>1:01.14</b>	+0,74		29.16	1:01.14
24. Wesley van der Luit	Sassenheim	NED 199701895	<b>1:02.63</b>	+0,80		30.43	1:02.63
Rob van Wier	HZ&PC Heerenveen	NED 199900697	<b>1:02.63</b>	+0,79		29.69	1:02.63
26. Leon Kloots	ZPC De Hof	NED 200001363	<b>1:02.71</b>	+0,78		29.90	1:02.71
27. Milan Adriaenssens	De Vrije Slag	NED 199705783	<b>1:02.76</b>	+0,76		29.41	1:02.76
28. Lars Jacobsen	DWK	NED 199705453	<b>1:03.18</b>	+0,81	535	30.44	1:03.18
29. Erik Baalbergen	ZVL - 1886	NED 199805775	<b>1:03.20</b>	+0,81		29.95	1:03.20
30. Auke Sijperda	AZC	NED 199905115	<b>1:03.78</b>	+0,63		29.57	1:03.78
31. Teun van Rooij	VZ&PC Nautilus	NED 199904387	<b>1:03.87</b>	+0,65		30.18	1:03.87
32. Bart Klootwijk	DES	NED 199801353	<b>1:03.97</b>	+0,79		29.67	1:03.97
33. Boaz Troost	ZOB'66	NED 200100371	<b>1:05.96</b>	+0,76		30.09	1:05.96
34. Ardy Zwanenburg	AZC	NED 199902061	<b>1:09.07</b>	+0,73		33.19	1:09.07
35. Ids de Klerk	NieMo Barracuda	NED 199803237	<b>1:09.86</b>	+0,83		33.23	1:09.86
36. Nick Mens	Cercle De Natation Sportcity VBELwe CNSW/014471/00		<b>1:10.62</b>	+0,71		32.97	1:10.62

30+

1. Bas Dries	Zwemvereniging Hoogland	NED 199505177	<b>54.44</b>	+0,67		25.41	54.44
2. Erik Nijholt	DZ&PC	NED 199401349	<b>58.86</b>	+0,86		28.32	58.86
3. Stefan Petersen	Blue Marlins	NED 199403067	<b>1:00.10</b>	+0,73		28.27	1:00.10
4. Niels Bent	WS Twente	NED 199400465	<b>1:00.88</b>	+0,77		29.22	1:00.88
5. Martijn Bartels	ZPC Amersfoort	NED 199603493	<b>1:00.91</b>	+0,74		28.17	1:00.91
6. Sander Riezebos	WS Twente	NED 199400467	<b>1:00.92</b>	+0,70		28.36	1:00.92
7. Sam Beer	Poseidon'56	NED 199605521	<b>1:02.48</b>	+0,64		29.45	1:02.48
8. Jaime Santiago Patterson	ZVL - 1886	NED 199406797	<b>1:04.11</b>	+0,74		30.75	1:04.11
9. Patrick Brouwer	AZC	NED 199303715	<b>1:05.47</b>	+0,78		31.39	1:05.47



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 12, Heren, 100m vrije slag, 30+

rang naam	vereniging			tijd	RT	PARA	50m	100m
10. Remco Visser	ZPC Woerden	NED	199503185	<b>1:05.69</b>	+0,69		30.64	1:05.69

35+

1. Matteo Viani	Zwemlust- den Hommel	NED	199007717	<b>54.94</b>	+0,70		26.65	54.94
2. Bas Braun	ZPC Amersfoort	NED	199106545	<b>56.59</b>	+0,70		27.17	56.59
3. Olaf Achterberg	VZC	NED	199000011	<b>56.91</b>	+0,74		27.56	56.91
4. Sander de Vrugt	ENC Arnhem	NED	198903499	<b>58.08</b>	+0,65		27.72	58.08
5. Jeroen Matthijssen	AZC	NED	199103751	<b>58.91</b>	+0,63		27.57	58.91
6. Jos de Graaf	PSV	NED	199106095	<b>59.34</b>	+0,72		28.73	59.34
7. Matthew Humphreys	MSV-Zeemacht	NED	198906983	<b>1:00.09</b>	+0,71		29.16	1:00.09
8. Koen Woestenborghs	Nueneen	NED	198806193	<b>1:00.34</b>	+0,76		28.23	1:00.34
9. Johan Krakou	De Rijn	NED	199101311	<b>1:03.47</b>	+0,85		30.05	1:03.47

40+

1. Alan Smeets	Zwemsport Parkstad	NED	198402089	<b>59.84</b>	+0,85		27.99	59.84
2. Rick Driezen	Steenwijk 1934	NED	198600713	<b>1:00.06</b>	+0,79		28.48	1:00.06
3. Ignacio García Rodríguez	ACZ	NED	198504015	<b>1:01.64</b>	+0,70		29.33	1:01.64
4. Rob van Wanrooy	Albion	NED	198202627	<b>1:04.38</b>	+0,77		30.49	1:04.38
5. Peter van de Bor	Team Noord Holland (SG)	NED	198402897	<b>1:08.13</b>	+0,77		32.11	1:08.13

45+

1. Casper Hut	HZ&PC Heerenveen	NED	197800471	<b>57.17</b>	+0,78		27.67	57.17
2. Oivind Martin Hasle	Oslo I.L.	NOR	M260777ØIV01	<b>57.75</b>	+0,72		27.96	57.75
3. Erwin Buist	ZPC Amersfoort	NED	197800183	<b>58.60</b>	+0,69		28.20	58.60
4. Mark Hensen	NieMo Barracuda	NED	197900497	<b>59.08</b>	+0,76		28.09	59.08
5. Victor Barnar	Zwemlust- den Hommel	NED	197801805	<b>1:01.31</b>	+0,72		29.37	1:01.31
6. Arjen Nieveen	DZ&PC	NED	198002545	<b>1:01.54</b>	+0,72		29.29	1:01.54
7. Robert Istrate	Zwemsport Parkstad	NED	198002555	<b>1:01.81</b>	+0,75		29.73	1:01.81
8. Pieter Broek	Westland Swimming Stars	NED	197701637	<b>1:05.70</b>	+0,72		31.56	1:05.70
9. Arjan Buijsse	Sassenheim	NED	197901767	<b>1:07.72</b>	+0,80		31.60	1:07.72
10. Marco Horneman	NieMo Barracuda	NED	198000623	<b>1:08.52</b>	+0,84		31.22	1:08.52
11. Markus van Rest	WVZ	NED	197701197	<b>1:09.06</b>	+0,82		33.00	1:09.06
12. Peter Lommert	SWOL 1894	NED	197900787	<b>1:10.07</b>	+0,94		33.53	1:10.07
13. Wilco Steenwijk	SG Octopus - ZVV	NED	198002465	<b>1:11.34</b>	+0,97		33.79	1:11.34
14. Tom Bandsma	PSV	NED	197701625	<b>1:11.45</b>	+1,06		33.40	1:11.45
AFGEM Juan Yllera	DES	NED	197802027					

50+

1. Frederic Tonus	Luxembourg Sharks Swimming	LUX	10449	<b>55.14</b>	+0,75		27.15	55.14
<i>Luxembourg Masters Record</i>								
2. Jasper van Heijst	ZPCH	NED	197601699	<b>59.50</b>	+0,78		28.17	59.50
3. Peter de Vries	HZ&PC Heerenveen	NED	197401601	<b>1:03.71</b>	+0,68		30.80	1:03.71
4. Stefan Damen	HZ&PC Heerenveen	NED	197400153	<b>1:04.10</b>	+0,77		30.76	1:04.10
5. Jacco Schaap	PSV	NED	197401611	<b>1:07.12</b>	+0,87		32.65	1:07.12
6. Jeroen Temme	TriVia	NED	197201703	<b>1:10.12</b>	+0,81		35.37	1:10.12
7. Sjoerd de Jong	Team Noord Holland (SG)	NED	197201739	<b>1:11.36</b>	+1,00		34.06	1:11.36
8. Bas Kremers	TRB-RES	NED	197201611	<b>1:13.21</b>	+0,78		35.01	1:13.21
9. Michael Go	AZC	NED	197501397	<b>1:19.07</b>	+0,74		34.76	1:19.07

55+

1. Jochen Bruha	SG Wuppertal	GER	58762	<b>1:00.02</b>	+0,77		28.85	1:00.02
2. Chester Marsman	ZPC Amersfoort	NED	196900671	<b>1:00.20</b>	+0,75		28.87	1:00.20
3. Antwan van Engen	CWW	NED	197101577	<b>1:01.24</b>	+0,79		29.41	1:01.24
4. Richard Ricksen	Hellas-Glana	NED	197000841	<b>1:01.69</b>	+0,79		29.88	1:01.69
5. Axel Werkhausen	SSF Bonn	GER	451927	<b>1:03.01</b>	+0,76		30.61	1:03.01
6. Glen Le Clercq	ZPC De Rog	NED	196800177	<b>1:03.68</b>	+0,84		30.51	1:03.68
Olivier van Heezik	PSV	NED	197101763	<b>1:03.68</b>	+0,82		29.94	1:03.68
8. Arjan Verheij	ZPC De Rog	NED	197101617	<b>1:04.22</b>	+0,71		30.96	1:04.22





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 12, Heren, 100m vrije slag, 55+

rang naam	vereniging			tijd	RT	PARA	50m	100m
9. Marcel Vroegindewei	Poseidon'56	NED	196801709	<b>1:05.57</b>	+0,78		31.47	1:05.57
10. Johan Dijkstra	Bonaireaanse Aquatics Club	EAHOcuXXX		<b>1:10.76</b>	+0,77		31.85	1:10.76
11. Leon Slingerland	WVZ	NED	196801707	<b>1:13.75</b>	+0,95		35.40	1:13.75
12. Erik Zoethout	Aqualero	NED	196901157	<b>1:13.82</b>	+0,87		34.71	1:13.82
13. Marcel Brittijn	De Duinkickers	NED	196900159	<b>1:15.15</b>	+0,70		34.73	1:15.15
14. Alberto Randazzo	DES	NED	197101757	<b>1:17.40</b>	+0,77		36.88	1:17.40
15. Rob van de Ven	Neptunus'58	NED	197101695	<b>1:18.81</b>	+0,77		35.73	1:18.81
16. Gertjan van der Vaart	ZV Vlaardingen-Schiedam	NED	196801529	<b>1:19.71</b>	+0,87		37.92	1:19.71
17. Jordey Wijnbergen	GZC Donk	NED	196901897	<b>1:19.80</b>	+0,87		37.17	1:19.80

60+

1. Hugues Herman	Cercle De Natation Sportcity	VBELwe	CNSW/014976/66	<b>1:02.69</b>	+0,67		30.35	1:02.69
2. Arnold de Rover	De Berkelduikers	NED	196400645	<b>1:04.06</b>	+0,75		30.37	1:04.06
3. Peter Bernsen	ZPC De Rog	NED	196301119	<b>1:04.24</b>	+0,70		31.69	1:04.24
4. Edwin van Norden	ZPC Amersfoort	NED	196300563	<b>1:06.21</b>	+0,72		31.79	1:06.21
5. Gert Sikkema	Zignea	NED	196300687	<b>1:07.59</b>	+0,86		31.31	1:07.59
6. André Jovet	Swimming Luxembourg	LUX	13225	<b>1:08.23</b>	+0,80		32.87	1:08.23
7. Rob Spetter	ZPC De Rog	NED	196201239	<b>1:09.17</b>	+0,67		33.20	1:09.17
8. Henri Michels	De Amstel	NED	196501587	<b>1:09.29</b>	+0,82		33.13	1:09.29
9. Jeroen Wilmer	Enkhuizer Zwem Vereniging	NED	196601711	<b>1:10.72</b>	+0,88		33.99	1:10.72
10. Kees-Jan van Overbeeke	WWV Winterswijk	NED	196200489	<b>1:11.23</b>	+0,82		34.54	1:11.23
11. Paul Wijnja	De Biesboschzwemmers	NED	196301403	<b>1:11.89</b>	+0,78		33.40	1:11.89
12. Teus Krijgsman	ACZ	NED	196600431	<b>1:12.13</b>	+0,85		32.94	1:12.13
13. Peter Janssen	Team Noord Holland (SG)	NED	196201307	<b>1:23.12</b>	+1,03		39.33	1:23.12
14. Pierre de Groot	GZC Donk	NED	196401431	<b>1:25.34</b>	+0,91		40.64	1:25.34

65+

1. Dirk Zeterberg	Zehlendorfer TSV von 1888	GER	101339	<b>1:10.31</b>	+0,83		34.05	1:10.31
2. Harrie Oude Weernink	WS Twente	NED	196001037	<b>1:11.55</b>	+0,86		33.85	1:11.55
3. Rene Janssen	Team Noord Holland (SG)	NED	195700169	<b>1:17.27</b>	+0,90		36.16	1:17.27
4. Wiebren Dijkstra	HZ&PC Heerenveen	NED	195800745	<b>1:22.72</b>	+0,89		37.55	1:22.72
5. Lex Hoogendam	ZZ&PC De Devel	NED	195700541	<b>1:29.90</b>	+0,95		41.42	1:29.90
NG Peter Coffeng	GZC Donk	NED	195700063					

70+

1. Philippe Morelle <i>Belgian Masters Record</i>	Cercle De Natation Sportcity	VBELwe	CNSW/008015/56	<b>1:11.37</b>	+0,88		34.02	1:11.37
2. Paul Bunnik	Triton	NED	195600413	<b>1:13.62</b>	+0,88		34.21	1:13.62
3. Ruud Ruiters	WS Twente	NED	195300169	<b>1:16.73</b>	+0,99		37.64	1:16.73
4. Rob Berkhof	SWOL 1894	NED	195200245	<b>1:36.86</b>	+1,08		45.60	1:36.86

75+

1. Harry Dokter <i>Nederlands Masters Record</i>	SWOL 1894	NED	195100037	<b>1:14.86</b>	+0,87		35.08	1:14.86
2. Wout Hemmes	De Plons	NED	194800059	<b>1:27.42</b>	+0,96		41.18	1:27.42

80+

1. Willem Putter	ZV Vlaardingen-Schiedam	NED	194500135	<b>1:31.17</b>	+1,13		42.32	1:31.17
2. Geza Kaltenecker	AZC	NED	194200065	<b>1:39.90</b>	+0,95		46.30	1:39.90



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 13  
1-5-2026 - 15:28

Dames, 100m vrije slag

Masters Open  
Resultaten

rang naam	vereniging		tijd	RT	PARA	50m	100m
<b>20+</b>							
1. Sara Korthuis	DZ&PC	NED 200600494	<b>57.43</b>	+0,77		27.71	57.43
2. Marit Huisman	WVZ	NED 200502620	<b>1:00.66</b>	+0,69		28.87	1:00.66
3. Jelsie van Ruijven	ZVL - 1886	NED 200500282	<b>1:01.80</b>	+0,72		29.69	1:01.80
4. Leonie van Wier	HZ&PC Heerenveen	NED 200200436	<b>1:02.78</b>	+0,75		30.00	1:02.78
5. Vivianne Woltjes	VZC	NED 200501524	<b>1:03.05</b>	+0,78		30.50	1:03.05
6. Evelien Husselman	MZ&PC De Reest	NED 200501324	<b>1:03.61</b>	+0,73		30.99	1:03.61
7. Sanne Kloezen	Bubble	NED 200204644	<b>1:04.67</b>	+0,85		30.79	1:04.67
8. Olena Dijkstra	Orca	NED 200202624	<b>1:04.91</b>	+0,77		31.46	1:04.91
9. Dido Toornend	Team Noord Holland (SG)	NED 200501718	<b>1:05.07</b>	+0,83		30.59	1:05.07
10. Lianne van Wier	HZ&PC Heerenveen	NED 200200438	<b>1:05.17</b>	+0,73		30.90	1:05.17
11. Myrthe Dam	Zuiderzeezwemmers	NED 200602336	<b>1:06.07</b>	+0,70		31.98	1:06.07
12. Sydney Celie	IJsselmeer	NED 200406054	<b>1:06.28</b>	+0,98		32.11	1:06.28
13. Kim de Jong	Westland Swimming Stars	NED 200401522	<b>1:06.50</b>	+0,68		32.01	1:06.50
14. Esmee Kloezen	Bubble	NED 200204646	<b>1:06.79</b>	+0,79		31.89	1:06.79
15. Faustine Mussig	De Geul	NED 200202080	<b>1:06.96</b>	+0,74		31.93	1:06.96
16. Leonie Veldhuis	SG Octopus - ZVV	NED 200301768	<b>1:07.16</b>	+0,78		32.19	1:07.16
17. Daphne van Tilburg	De Geul	NED 200500580	<b>1:07.49</b>	+0,79		32.55	1:07.49
18. Jessica Braat	AZC	NED 200205684	<b>1:07.66</b>	+0,66		31.73	1:07.66
19. Noa de Bock	De Duck	NED 200300318	<b>1:07.88</b>	+0,70		32.14	1:07.88
20. Luna Uytdevilligen	ENC Arnhem	NED 200601922	<b>1:07.95</b>	+0,64		32.38	1:07.95
21. Kyra Kootstra	PWC	NED 200501834	<b>1:08.18</b>	+0,68		32.69	1:08.18
22. Tamar Roosen	VZV Njord	NED 200501168	<b>1:08.23</b>	+0,73		32.83	1:08.23
23. Liselotte Schaap	HZ&PC Heerenveen	NED 200603016	<b>1:08.35</b>	+0,68		32.26	1:08.35
24. Ilse Wild	SG Octopus - ZVV	NED 200401812	<b>1:08.63</b>	+0,74		33.37	1:08.63
25. Fieke Hoogduin	ZVL - 1886	NED 200600836	<b>1:08.65</b>	+0,73		32.36	1:08.65
26. Sabine Uytdevilligen	ENC Arnhem	NED 200502654	<b>1:09.07</b>	+0,68		33.16	1:09.07
27. Pien Ooijman	WS Twente	NED 200504500	<b>1:09.15</b>	+0,88		33.11	1:09.15
28. Eline Groen	MZ&PC De Reest	NED 200204680	<b>1:09.37</b>	+0,82		33.11	1:09.37
29. Claire Bosch	De Dinkel	NED 200401480	<b>1:10.01</b>	+0,77		33.19	1:10.01
30. Kyra Wesemann	MSV-Zeemacht	NED 200201440	<b>1:10.32</b>	+0,82		33.28	1:10.32
31. Laura 't Lam	De Geul	NED 200603376	<b>1:11.26</b>	+0,76		33.17	1:11.26
32. Femke Miedema	IJsselmeer	NED 200601824	<b>1:11.69</b>	+0,80		34.36	1:11.69
33. Ilse Stut	De Otters Het Gooi	NED 200206236	<b>1:11.86</b>	+0,79		34.07	1:11.86
34. Daphne van Rees	SG Octopus - ZVV	NED 200301766	<b>1:11.90</b>	+0,74		34.36	1:11.90
35. Sharlene Both	AZC	NED 200602780	<b>1:12.42</b>	+0,82		33.78	1:12.42
36. Manon van der Wielen	HZPC	NED 200200550	<b>1:12.64</b>	+0,98		33.60	1:12.64
37. Nina Siegers	De Amstel	NED 200502358	<b>1:13.58</b>	+0,67		34.85	1:13.58
38. Marieke Speijer	Bubble	NED 200401154	<b>1:13.83</b>	+0,86		35.36	1:13.83
39. Ghislaine Lisitano	VZV Njord	NED 200500082	<b>1:14.44</b>	+0,71		35.31	1:14.44
40. Chantal Pennings	VZ&PC Nautilus	NED 200403420	<b>1:17.97</b>	+0,76		36.92	1:17.97
41. Tove Kienhuis	Aqua'68	NED 200203486	<b>1:19.85</b>	+0,75		38.14	1:19.85
42. Marit Gerritsen	WS Twente	NED 200200664	<b>1:24.41</b>	+0,75		39.14	1:24.41

**25+**

1. Femke Backx	Orca	NED 200106430	<b>1:01.53</b>	+0,81		29.56	1:01.53
2. Marre Zandringa	DZ&PC	NED 199701136	<b>1:01.76</b>	+0,73		29.08	1:01.76
3. Laura Setz	Bubble	NED 200000130	<b>1:02.32</b>	+0,89		29.74	1:02.32
4. Babette van der Kaaij	Blue Marlines	NED 199902234	<b>1:02.53</b>	+0,69		29.97	1:02.53
5. Manon Kloosterman	Zwemlust- den Hommel	NED 199702082	<b>1:02.73</b>	+0,75		30.20	1:02.73
6. Robin Pienaar	NieMo Barracuda	NED 200102236	<b>1:03.27</b>	+0,78		30.65	1:03.27
7. Myra Smulders	Zwemvereniging Hoogland	NED 199904308	<b>1:03.57</b>	+0,67		30.77	1:03.57
8. Laura van Sabben	PSV	NED 199804332	<b>1:03.62</b>	+0,69		31.02	1:03.62
9. Maartje Slop	De Otters Het Gooi	NED 200106036	<b>1:06.68</b>	+0,74		32.54	1:06.68
10. Rianne Bresser	Poseidon'56	NED 199900690	<b>1:07.69</b>	+0,73		31.68	1:07.69
11. Mirelle de Kort	VZ&PC Nautilus	NED 200005546	<b>1:08.40</b>	+0,78		32.06	1:08.40
12. Alisha Vieira	Blue Marlines	NED 199904554	<b>1:08.56</b>	+0,78		31.79	1:08.56
13. Sheila ten Voorde	SG Octopus - ZVV	NED 199904538	<b>1:08.93</b>	+0,84		32.69	1:08.93
14. Marleen Hof	WS Twente	NED 199802464	<b>1:09.19</b>	+0,87		32.93	1:09.19
15. Lonneke van Veen	De Duinkickers	NED 200104170	<b>1:09.30</b>	+0,77		33.46	1:09.30





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 13, Dames, 100m vrije slag, 25+

rang naam	vereniging			tijd	RT	PARA	50m	100m
16. Iris Bastiaansen	De Amstel	NED	199902006	<b>1:09.44</b>	+0,70		34.04	1:09.44
17. Ellen ter Stege	ENC Arnhem	NED	199900604	<b>1:09.74</b>	+0,70		34.10	1:09.74
18. Evelien de Jong	Neptunia '24	NED	199805316	<b>1:10.78</b>	+0,74		32.98	1:10.78
19. Romée Beverdam	WS Twente	NED	200100158	<b>1:11.17</b>	+0,85		33.84	1:11.17
20. Mandy Swart	ZPC Amersfoort	NED	199904916	<b>1:12.43</b>	+0,75		34.53	1:12.43
21. Berinda van Dijk	Blue Marlins	NED	200104186	<b>1:13.24</b>	+0,80		34.34	1:13.24
22. Anouk van der Lans	Westland Swimming Stars	NED	199801614	<b>1:13.53</b>	+0,80		35.42	1:13.53
23. Mirna Wolters	De Plons	NED	199802046	<b>1:14.46</b>	+0,74		36.26	1:14.46
24. Rebecca de Klein	DZ&PC	NED	200002812	<b>1:18.49</b>	+0,75		37.83	1:18.49
25. Maartje Hids	ZVL - 1886	NED	199903042	<b>1:18.64</b>	+0,85		37.91	1:18.64
AFGEM Luca Ebginge	DZ&PC	NED	199802406					

30+

1. Tamara Grove	De Dolfijn	NED	199601266	<b>58.88</b>	+0,67		28.56	58.88
2. Marcha Admiraal	De Geul	NED	199300012	<b>1:02.95</b>	+0,76		30.65	1:02.95
3. Marcella van der Ent	De Duck	NED	199600174	<b>1:03.78</b>	+0,73		30.29	1:03.78
4. D. Rijntjes-Duesman	AZC	NED	199606924	<b>1:03.88</b>	+0,74		30.72	1:03.88
5. Mariska Scheel	ACZ	NED	199306344	<b>1:04.36</b>	+0,76		30.78	1:04.36
6. Joanne van Essen	ZPC Amersfoort	NED	199303506	<b>1:06.44</b>	+0,74		31.65	1:06.44
7. Annemiek Meulenbeld	Orca	NED	199506230	<b>1:06.94</b>	+0,71		31.31	1:06.94
8. Saskia Bergsma	De Wellerobben	NED	199301686	<b>1:08.22</b>	+0,82		31.88	1:08.22
9. Laura ter Stege	CWW	NED	199602364	<b>1:12.41</b>	+0,80		33.17	1:12.41
10. Heleen Arends	TriVia	NED	199404416	<b>1:13.32</b>	+0,75		33.90	1:13.32
11. Mariska Gach	ZVL - 1886	NED	199501760	<b>1:14.09</b>	+0,75		35.23	1:14.09
12. Astrid Wibbelink	Steenwijk 1934	NED	199600006	<b>1:15.10</b>	+0,79		34.44	1:15.10
13. Janneke van de Poele	De Duck	NED	199301128	<b>1:16.67</b>	+0,71		35.71	1:16.67
14. Hilma Buiten	MZ&PC De Reest	NED	199407522	<b>1:20.15</b>	+0,81		36.56	1:20.15
15. Roxanne van Bavel	Poseidon'56	NED	199407378	<b>1:23.28</b>	+0,76		38.21	1:23.28

35+

1. Elmi Roelofsen	SG Octopus - ZVV	NED	199008198	<b>1:04.90</b>	+0,85		30.62	1:04.90
2. Natasja Sniijders	Aqua-Novio '94	NED	199107966	<b>1:05.90</b>	+0,83		31.22	1:05.90
3. Monique van Huizen	AZC	NED	198706236	<b>1:07.82</b>	+0,83		32.11	1:07.82
4. Kimberly Whittington	VZC	NED	198704616	<b>1:09.12</b>	+0,79		32.31	1:09.12
5. Lisanne Andeweg	Zuiderzeezwemmers	NED	198800092	<b>1:09.88</b>	+0,80		33.71	1:09.88
6. Esther Boerdam-Delfos	AZC	NED	198705256	<b>1:16.28</b>	+0,86		36.36	1:16.28
7. Jacqueline van den Beukel	NieMo Barracuda	NED	199100238	<b>1:20.74</b>	+0,82		38.07	1:20.74
8. Rene Kleinveld	GZC Donk	NED	199001966	<b>1:21.38</b>	+0,76		38.49	1:21.38
9. Marieke Weering	De Plons	NED	198704550	<b>1:23.84</b>	+0,77		39.62	1:23.84

40+

1. Anneloes Peulen	Nuenen	NED	198502314	<b>1:00.48</b>	+0,66		29.11	1:00.48
<i>Nederlands Masters Record</i>								
2. Linda van Schaik	ZPCH	NED	198605424	<b>1:03.24</b>	+0,81		31.02	1:03.24
3. Evita van de Ketterij	De Treffers	NED	198504284	<b>1:05.26</b>	+0,71		31.04	1:05.26
4. Anna Maria Rijkens	WSV St.Johann in Tirol	AUT	48298	<b>1:05.53</b>	+0,75		31.46	1:05.53
<i>Austrian Masters Record</i>								
5. Marije Jansen	ZPC Amersfoort	NED	198504088	<b>1:06.29</b>	+0,70		31.60	1:06.29
6. Maike Zeterberg	Zehlendorfer TSV von 1888	GER	066680	<b>1:06.74</b>	+0,75		32.27	1:06.74
7. Ann Wanter	Zwemclub Geel	BEL	ZGEEEL/21082/82	<b>1:07.32</b>	+0,78		32.70	1:07.32
8. Elke Popma-Blox	PSV	NED	198200154	<b>1:12.77</b>	+0,74		34.85	1:12.77



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 13, Dames, 100m vrije slag

45+

1. Delia Badoux	WVZ	NED	198000042	<b>1:02.21</b>	+0,74	30.04	1:02.21
2. Janneke Harmsen-Bakker	PSV	NED	197700938	<b>1:03.67</b>	+0,72	30.08	1:03.67
3. Anke Lambooj	AZL	NED	198001182	<b>1:03.79</b>	+0,81	30.62	1:03.79
4. Patricia Brooijmans	Old Dutch	NED	197901608	<b>1:08.63</b>	+0,66	33.11	1:08.63
5. Dana Wagner	Schwimmverein Gera	GER	206636	<b>1:13.16</b>	+0,72	34.89	1:13.16
6. A. Schuiling-De Reus	Aqualero	NED	197900718	<b>1:14.21</b>	+0,89	35.18	1:14.21
7. Anne Besseling-de Jong	De Geul	NED	198102084	<b>1:14.38</b>	+0,83	35.52	1:14.38
8. Mireille Nijhuis	SWOL 1894	NED	198102368	<b>1:15.86</b>	+0,78	35.02	1:15.86
9. Iris de Boer - Oosterhof	MZ&PC De Reest	NED	197701152	<b>1:16.10</b>	+0,76	36.68	1:16.10
10. S. van den Bosch - Kentgens	VZV Njord	NED	197701246	<b>1:17.44</b>	+0,74	37.97	1:17.44
11. Femke Hofkens	Aqua-Novio '94	NED	197801094	<b>1:19.40</b>	+0,84	37.55	1:19.40
12. Tanja Lenz	Uerdinger Schwimmverein 08	GER	451703	<b>1:21.44</b>	+0,80	37.49	1:21.44
13. Leonie Scholten	Steenwijk 1934	NED	197901560	<b>1:23.57</b>	+0,78	38.90	1:23.57
14. Saskia op den Velde	De Duinkickers	NED	197901530	<b>1:23.82</b>	+0,90	38.49	1:23.82

50+

1. Edith Janssen-Koolen	TRB-RES	NED	197300898	<b>1:08.49</b>	+0,79	33.09	1:08.49
2. Yvette Ratering	CWW	NED	197200990	<b>1:09.26</b>	+0,82	32.80	1:09.26
3. Petra Guijt	Aqua-Novio '94	NED	197600978	<b>1:10.27</b>	+0,86	33.52	1:10.27
4. Julia Barke	Zehlendorfer TSV von 1888	GER	480129	<b>1:11.38</b>	+0,80	34.03	1:11.38
5. Krista de Reus-Trompetter	DZ&PC	NED	197600520	<b>1:11.71</b>	+0,86	34.80	1:11.71
6. Katharina Schlipp	AZL	NED	197301004	<b>1:15.85</b>	+0,85	35.98	1:15.85
7. Marian Nederlof	De Geul	NED	197600950	<b>1:16.05</b>	+0,81	35.85	1:16.05
8. Evelien Naatje	WS Twente	NED	197200838	<b>1:19.95</b>	+0,97	39.23	1:19.95
9. Y. van Nobelen - Kampschreu	Sassenheim	NED	197200316	<b>1:20.18</b>	+0,72	37.78	1:20.18
10. Wendy Nederkoorn	Arethusa	NED	197400374	<b>1:20.67</b>	+0,90	38.11	1:20.67
11. Judith Sijbers	PSV	NED	197301030	<b>1:37.53</b>	+0,80	45.84	1:37.53
12. Nicolette Zuidema	SWOL 1894	NED	197500978	<b>1:38.08</b>	+0,81	43.54	1:38.08

55+

1. Carla Geurts	PSV	NED	197100178	<b>1:05.56</b>	+0,68	31.49	1:05.56
<i>Nederlands Masters Record</i>							
2. Carol Hollemans	ACZ	NED	196900252	<b>1:06.25</b>	+0,75	31.23	1:06.25
3. Susan Fraser	Free Style SC	GBR	63571	<b>1:08.77</b>	+0,81	31.73	1:08.77
4. Lidia van Bon-Rosenbrand	ZPC Amersfoort	NED	197000054	<b>1:08.83</b>	+0,84	32.88	1:08.83
5. Lesley Cordial	ZPC Amersfoort	NED	196700684	<b>1:09.44</b>	+0,74	33.42	1:09.44
6. Jeanne Petit	PSV	NED	197001020	<b>1:11.13</b>	+0,84	33.66	1:11.13
7. Esther ten Kate	Avéna	NED	197100310	<b>1:11.44</b>	+0,78	33.85	1:11.44
8. Annette de Visser	Oceanus	NED	197100602	<b>1:11.70</b>	+0,87	34.60	1:11.70
9. Trudy Ketting	PSV	NED	197000268	<b>1:15.29</b>	+0,70	35.14	1:15.29
10. Marijke Campfens	De Geul	NED	196900960	<b>1:16.14</b>	+0,76	37.03	1:16.14
11. Annette Wijnja-Visser	De Biesboschzwemmers	NED	196700528	<b>1:16.18</b>	+0,78	36.30	1:16.18
12. Helena Mels	ZV Vlaardingen-Schiedam	NED	196901036	<b>1:18.17</b>	+0,75	36.38	1:18.17
13. Karin Sagonas-Koolen	VZV Njord	NED	197000964	<b>1:20.88</b>	+0,76	38.58	1:20.88
14. Caroline Kruger	Albion	NED	196800928	<b>1:24.29</b>	+0,77	37.86	1:24.29
15. Daniëlle Schipper - van Est	ZOB'66	NED	197001078	<b>1:28.45</b>	+0,84	42.11	1:28.45
16. Sandra Daamen-Posma	AZC	NED	196800854	<b>1:29.22</b>	+0,92	40.63	1:29.22
17. Britta Fritz	SC Janus Köln	GER	262038	<b>1:34.62</b>	+1,10	45.59	1:34.62
18. Roselinda van der Vlugt	De Geul	NED	196700710	<b>1:39.73</b>	+0,89	47.38	1:39.73

60+

1. M. Post-Goedemoed	De Otters Het Gooi	NED	196400632	<b>1:19.84</b>	+0,77	38.15	1:19.84
2. Yoka de Vegt-van Dijk	ENC Arnhem	NED	196200420	<b>1:30.17</b>	+0,83	44.48	1:30.17
3. Jenny Westervaarder	H2Oldambt	NED	196200424	<b>1:33.70</b>	+0,97	45.19	1:33.70
4. Inge Deutz	ZV Vlaardingen-Schiedam	NED	196600726	<b>1:35.62</b>	+0,92	44.61	1:35.62
5. Christine Buist	De Duinkickers	NED	196400608	<b>1:36.34</b>	+1,02	45.70	1:36.34





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 13, Dames, 100m vrije slag

65+

1. K. van der Star-Verhoeven	ENC Arnhem	NED	196100382	<b>1:20.73</b>	+0,79	38.19	1:20.73
2. Marijke Kraak-Beckers	SWOL 1894	NED	196000240	<b>1:21.97</b>	+0,82	38.94	1:21.97
3. Marion Kolkman-Pluim	ENC Arnhem	NED	196000330	<b>1:33.13</b>	+0,80	43.83	1:33.13
4. Kirsten Stamer	SC Janus Köln	GER	247144	<b>1:33.97</b>	+0,86	44.87	1:33.97
5. Gea Kuiper	ZCNF34	NED	196100104	<b>1:50.58</b>	+0,94	54.89	1:50.58
6. Karien Musters	Old Dutch	NED	195800236	<b>2:04.20</b>		58.54	2:04.20

70+

1. Atie Pijtak-Radersma	ZPC Amersfoort	NED	195600048	<b>1:12.60</b>	+0,73	34.40	1:12.60
<i>Europees Masters Record</i>							
2. Ineke Brouwers	PSV	NED	195200070	<b>1:59.80</b>	+1,04	55.27	1:59.80

80+

1. A. Verhoeven - Steggerda	De Duinkickers	NED	194600024	<b>2:01.91</b>		56.89	2:01.91
2. Loekie van Huissteden	ZPC Amersfoort	NED	194500002	<b>2:10.15</b>	+1,12	58.80	2:10.15

85+

1. Marie Smits	Old Dutch	NED	193800004	<b>2:10.99</b>	+1,21	1:02.99	2:10.99
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Programmanr. 14  
1-5-2026 - 16:14

Heren, 200m wisselslag

Masters Open  
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
<b>20+</b>								
1. Scott Jansen	WVZ	NED 200202455	<b>2:11.35</b>	+0,70	28.67	1:03.47	1:41.20	2:11.35
2. Laurens Kalle	De Schotejil	NED 200600161	<b>2:25.26</b>	+0,78	29.50	1:07.74	1:51.83	2:25.26
3. Mika Heskamp	De Dinkel	NED 200300339	<b>2:31.42</b>	+0,80	30.77	1:10.89	1:56.06	2:31.42
4. Jesper Pas	VZV Njord	NED 200200967	<b>2:31.62</b>	+0,74	31.25	1:11.80	1:58.53	2:31.62
5. Marijn Snel	IJsselmeer	NED 200400001	<b>2:37.37</b>	+0,74	29.50	1:11.54	2:00.09	2:37.37
6. Rik Stahlie	TriVia	NED 200201915	<b>2:37.63</b>	+0,79	31.78	1:13.43	2:03.36	2:37.63
<b>25+</b>								
1. Sander Kirillova	WVZ	NED 199800121	<b>2:18.11</b>	+0,67	27.90	1:05.09	1:46.02	2:18.11
2. Jasper Breugem	WVZ	NED 200000303	<b>2:19.12</b>	+0,72	29.85	1:05.04	1:46.65	2:19.12
3. David Kievit	De Schotejil	NED 199900325	<b>2:26.74</b>	+0,77	29.75	1:06.96	1:50.76	2:26.74
4. Jelle Opmeer	ZPC Amersfoort	NED 200100269	<b>2:29.23</b>	+0,70	30.69	1:13.37	1:54.29	2:29.23
5. Jeroen Louwinger	De Rijn	NED 199900583	<b>2:32.64</b>	+0,72	32.37	1:10.55	1:58.39	2:32.64
6. Rick Haanschoten	De Rijn	NED 200100291	<b>2:38.55</b>	+0,69	32.00	1:15.36	2:03.38	2:38.55
7. Laurens Spoelstra	WS Twente	NED 199901273	<b>2:39.13</b>	+0,80	31.76	1:14.54	2:02.11	2:39.13
8. Dries Cavelaars	ZPC Amersfoort	NED 199804597	<b>2:41.73</b>	+0,68	32.52	1:16.92	2:05.33	2:41.73
<b>30+</b>								
1. Bas Dries	Zwemvereniging Hoogland	NED 199505177	<b>2:18.66</b>	+0,70	28.30	1:04.52	1:44.59	2:18.66
2. Mike Schel	ENC Arnhem	NED 199403279	<b>2:23.11</b>	+0,75	29.24	1:07.24	1:50.08	2:23.11
3. Jelle Nap	VZC	NED 199502875	<b>2:27.26</b>	+0,74	29.76	1:09.70	1:51.84	2:27.26
4. Tim de Vrugt	ENC Arnhem	NED 199306719	<b>2:31.33</b>	+0,67	29.49	1:10.62	1:56.46	2:31.33
5. Colin Degenaars	ZPCH	NED 199505951	<b>SM142:53.57</b>	+0,79 389	36.11	1:22.13	2:15.75	2:53.57
<b>35+</b>								
1. Tim Bunnik	Triton	NED 199000505	<b>2:26.30</b>	+0,76	30.86	1:08.84	1:53.05	2:26.30
2. Patrick Creemers	SG Patrick - De Roersoppers	NED 199000579	<b>2:32.03</b>	+0,76	33.05	1:15.65	1:58.71	2:32.03





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 14, Heren, 200m wisselslag

40+

1. Robert Braad	Steenwijk 1934	NED 198600407	<b>2:27.72</b>	+0,80	29.35	1:06.48	1:52.13	2:27.72
2. Yuri van Omme	Zwemvereniging Hoogland	NED 198501887	<b>2:31.06</b>	+0,89	32.00	1:12.60	1:54.85	2:31.06
3. Rob van Vliet	ZPC Amersfoort	NED 198402459	<b>2:33.67</b>	+0,88	31.10	1:11.16	1:55.92	2:33.67
4. Rick Driezen	Steenwijk 1934	NED 198600713	<b>2:37.23</b>	+0,83	31.07	1:11.23	2:00.78	2:37.23
5. Robin Wolbers	MZ&PC De Reest	NED 198503051	<b>2:45.05</b>	+0,84	30.80	1:17.66	2:04.55	2:45.05

45+

1. Vincent Versteeg	Zwemlust- den Hommel	NED 197701003	<b>2:30.25</b>	+0,73	32.36	1:13.72	1:55.95	2:30.25
2. Oliver Grundmann	SG Essen	GER 501511	<b>2:30.73</b>	+0,74	31.42	1:13.01	1:57.35	2:30.73
3. Ivo Roozeboom	WVZ	NED 197700801	<b>2:31.29</b>	+0,72	32.50	1:12.31	1:59.02	2:31.29
4. Dennis Brouwers	HZPC	NED 197800167	<b>2:32.15</b>	+0,85	35.23	1:11.54	1:56.99	2:32.15
5. Ruud Holswilder	ZPCH	NED 197800435	<b>2:34.29</b>	+0,75	31.10	1:11.92	1:59.00	2:34.29
6. Heijmen van Vliet	De Geul	NED 198001637	<b>2:34.76</b>	+0,69	32.16	1:12.43	1:59.51	2:34.76
7. Marcel Reefhuis	WS Twente	NED 198101381	<b>2:40.10</b>	+0,69	34.29	1:16.38	2:02.11	2:40.10
8. Benoit Gasner	DES	NED 198102645	<b>2:41.87</b>	+0,79	32.05	1:16.99	2:02.88	2:41.87
9. Harm Jan Otter	Het Ravijn	NED 198101283	<b>2:44.98</b>	+0,72	33.56	1:19.46	2:06.17	2:44.98
10. Freddie Geerlings	Zwemsport Parkstad	NED 197900379	<b>2:46.17</b>	+0,81	35.64	1:19.90	2:08.79	2:46.17
11. Bogdan Androne	Sassenheim	NED 197701783	<b>2:48.66</b>	+0,76	35.52	1:22.35	2:09.05	2:48.66
12. Berry van Holland	TriVia	NED 198000603	<b>2:53.28</b>	+0,77	35.07	1:23.77	2:12.45	2:53.28
13. André Noordwijk	NieMo Barracuda	NED 197901785	<b>2:55.62</b>	+0,91	36.33	1:21.60	2:15.19	2:55.62

50+

1. Alex Damen	DAW	NED 197501371	<b>2:39.38</b>	+0,79	32.77	1:15.35	2:02.67	2:39.38
2. Pieter Veenstra	DZ&PC	NED 197301345	<b>2:49.02</b>	+0,84	35.36	1:20.66	2:09.99	2:49.02
3. Kai Kremer	SG Erkelenz-Hückelhoven	GER 468899	<b>2:57.84</b>	+0,89	36.52	1:26.15	2:14.83	2:57.84
4. M. van Walt van Praag	Gay Swim Amsterdam	NED 197501425	<b>3:18.86</b>	+0,79	44.05	1:41.53	2:38.04	3:18.86

55+

1. Antwan van Engen	CWW	NED 197101577	<b>2:34.25</b>	+0,94	32.22	1:14.85	1:59.05	2:34.25
2. J. van den Berg	WVZ	NED 196801575	<b>2:38.40</b>	+0,79	34.02	1:14.01	2:00.34	2:38.40
3. Richard Ricksen	Hellas-Glana	NED 197000841	<b>2:41.83</b>	+0,85	33.59	1:18.03	2:04.75	2:41.83
4. Olivier van Heezik	PSV	NED 197101763	<b>2:45.95</b>	+0,80	32.05	1:17.60	2:10.47	2:45.95
5. Frank van Nobelen	Sassenheim	NED 196900753	<b>2:51.62</b>	+0,76	35.06	1:20.10	2:11.84	2:51.62
6. Martijn de Jong	DWK	NED 197101659	<b>2:58.73</b>	+0,84	34.69	1:27.78	2:16.65	2:58.73
7. Mathieu Rikken	De Duinkickers	NED 196701777	<b>3:02.49</b>	+0,84	38.96	1:26.55	2:20.50	3:02.49
8. Korstiaan de Boer	Steenwijk 1934	NED 197101629	<b>3:02.65</b>	+0,79	40.10	1:25.63	2:19.84	3:02.65
9. Ramon Alsina Munoz	Cercle De Natation Sportcity	BELuCNSW/002552/69	<b>3:28.66</b>	+0,94	44.45	1:36.13	2:40.80	3:28.66

60+

1. Javier Nogues	SSF Bonn	GER 361124	<b>2:39.02</b>	+0,85	32.90	1:13.45	2:03.24	2:39.02
2. Jon Christensen	Luxembourg Sharks SwimmirLUX	LUXir10008	<b>2:47.60</b>	+0,77	34.60	1:23.82	2:09.65	2:47.60
<i>Luxembourg Masters Record</i>								
3. Arnold de Rover	De Berkelduikers	NED 196400645	<b>2:52.67</b>	+0,78	37.00	1:22.67	2:12.54	2:52.67
4. Hans Vloedgraven	Old Dutch	NED 196400917	<b>3:00.56</b>	+0,85	36.23	1:23.27	2:18.46	3:00.56
5. Eymert van Rooij	PSV	NED 196601631	<b>3:00.58</b>	+0,89	36.64	1:24.60	2:20.71	3:00.58
6. Robert de Brauwer	De Duinkickers	NED 196401383	<b>3:12.99</b>	+0,91	39.39	1:30.01	2:28.53	3:12.99

65+

1. Marten de Groot	HZ&PC Heerenveen	NED 195800149	<b>2:58.64</b>	+0,84	37.97	1:27.00	2:18.30	2:58.64
2. Ronald Grove	Triton	NED 196100161	<b>3:08.95</b>	+0,78	40.89	1:34.04	2:27.77	3:08.95
3. Peter Molecz	SC Diana	AUT 019219	<b>3:13.97</b>	+1,00	40.14	1:30.16	2:28.89	3:13.97
4. Wim de Lange	AZC	NED 195800533	<b>3:17.54</b>	+0,89	47.34	1:41.42	2:34.50	3:17.54
5. Bart van Calker	WS Twente	NED 196100067	<b>3:46.18</b>	+0,89	58.55	1:52.71	2:58.73	3:46.18
6. Jan Willem Heuten	WS Twente	NED 196000883	<b>3:59.57</b>	+1,00	48.65	1:53.78	3:04.57	3:59.57



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 14, Heren, 200m wisselslag

70+

1. Paul Bunnik	Triton	NED 195600413	<b>3:13.83</b>	+1,02	41.17	1:36.11	2:31.28	3:13.83
2. Henk Slomp	De Inktvis	NED 195500359	<b>3:28.08</b>	+0,84	36.70	1:35.09	2:42.51	3:28.08
3. Laurens Klein Breteler	WS Twente	NED 195400109	<b>3:40.59</b>	+0,88	47.83	1:52.04	2:51.27	3:40.59

75+

1. Piet Schop	De Bevelanders	NED 195000109	<b>4:01.74</b>	+0,80	48.71	1:53.57	3:04.24	4:01.74
2. Jos Kamps	Zwemvereniging Hoogland	NED 195100085	<b>4:21.38</b>	+1,03	54.77	2:05.77	3:31.71	4:21.38

80+

1. Geza Kaltenecker	AZC	NED 194200065	<b>4:55.40</b>	+1,14	1:19.38	2:33.85	3:54.40	4:55.40
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Programmanr. 15  
1-5-2026 - 16:40

Dames, 200m wisselslag

Masters Open  
Resultaten

rang naam vereniging tijd RT PARA 50m 100m 150m 200m

20+

1. Maaïke Issard	DZ&PC	NED 200300022	<b>2:29.91</b>	+0,77	31.82	1:10.76	1:54.27	2:29.91
2. Tess Panjer	VZC	NED 200403060	<b>2:30.55</b>	+0,77	32.25	1:10.53	1:56.11	2:30.55
3. Anouchka Bos	NieMo Barracuda	NED 200501528	<b>2:34.49</b>	+0,74	33.49	1:15.35	1:58.95	2:34.49
4. Marit Huisman	WVZ	NED 200502620	<b>2:35.69</b>	+0,71	30.40	1:12.18	1:59.93	2:35.69
5. Lyke Buscop	De Schotejil	NED 200500552	<b>2:39.46</b>	+0,74	32.02	1:14.20	2:00.95	2:39.46
6. Feline Slijkhuis	SG Octopus - ZVV	NED 200501042	<b>2:43.27</b>	+0,91	34.73	1:17.50	2:04.63	2:43.27
7. Iris Lok	WS Twente	NED 200301094	<b>2:46.87</b>	+0,73	36.91	1:18.02	2:07.65	2:46.87
8. Esther Tiemersma	PSV	NED 200202962	<b>2:48.29</b>	+0,71	34.81	1:22.29	2:08.26	2:48.29
9. Liselotte Schaap	HZ&PC Heerenveen	NED 200603016	<b>2:51.14</b>	+0,64	36.96	1:21.60	2:14.41	2:51.14
10. Noa de Bock	De Duck	NED 200300318	<b>2:52.66</b>	+0,70	35.49	1:20.76	2:12.26	2:52.66
11. Pien Ooijman	WS Twente	NED 200504500	<b>2:56.15</b>	+0,83	38.91	1:23.33	2:17.20	2:56.15
12. Ilse Kramer	TriVia	NED 200403072	<b>2:58.35</b>	+0,82	37.99	1:26.45	2:17.38	2:58.35
13. Marieke Speijer	Bubble	NED 200401154	<b>3:08.36</b>	+0,92	37.25	1:25.49	2:22.89	3:08.36
14. Nina Siegers	De Amstel	NED 200502358	<b>3:10.65</b>	+0,71	38.18	1:29.37	2:26.84	3:10.65
15. Ilse Stut	De Otters Het Gooi	NED 200206236	<b>3:12.86</b>	+0,74	41.53	1:31.68	2:30.70	3:12.86

25+

1. Silke Molendijk	ZVL - 1886	NED 200100178	<b>2:32.02</b>	+0,63	31.98	1:13.13	1:57.77	2:32.02
2. Femke Backx	Orca	NED 200106430	<b>2:32.47</b>	+0,81	32.61	1:12.94	1:57.91	2:32.47
3. Anne Noom	Het Y	NED 199800062	<b>2:33.88</b>	+0,73	32.12	1:10.46	1:57.45	2:33.88
4. Jolien Wind	ZPC de Kanaalstreek	NED 200100510	<b>2:46.64</b>	+0,76	36.71	1:22.64	2:07.80	2:46.64
5. Mirelle de Kort	VZ&PC Nautilus	NED 200005546	<b>2:50.65</b>	+0,79	36.86	1:21.18	2:10.13	2:50.65
6. Selina Janssen	Neptunus'58	NED 199905974	<b>2:50.85</b>	+0,74	33.98	1:16.91	2:10.89	2:50.85
7. Lonneke van Veen	De Duinkickers	NED 200104170	<b>2:54.03</b>	+0,82	38.23	1:23.93	2:14.47	2:54.03
8. Sheila ten Voorde	SG Octopus - ZVV	NED 199904538	<b>2:57.53</b>	+0,82	37.91	1:23.52	2:15.12	2:57.53
9. Daphne Dols	ZPC Woerden	NED 199904622	<b>3:01.49</b>	+0,74	38.29	1:25.87	2:17.10	3:01.49
10. Kim van Rossum	SBC2000	NED 199706374	<b>3:39.34</b>	+1,17	53.02	1:49.24	2:48.90	3:39.34

30+

1. Tamara Grove	De Dolfijn	NED 199601266	<b>2:33.78</b>	+0,72	32.80	1:14.03	2:00.08	2:33.78
2. M. van der Heijden	NieMo Barracuda	NED 199605226	<b>2:34.95</b>	+0,70	31.82	1:13.08	1:59.54	2:34.95
3. Jara Schmidt	ENC Arnhem	NED 199405062	<b>2:40.70</b>	+0,73	31.87	1:13.62	2:02.94	2:40.70
4. Irmgard van Weeghel	ENC Arnhem	NED 199204834	<b>3:03.03</b>	+0,77	40.12	1:28.00	2:21.01	3:03.03
5. Mariska Gach	ZVL - 1886	NED 199501760	<b>3:03.90</b>	+0,79	41.79	1:28.02	2:21.76	3:03.90
6. Hilma Buiten	MZ&PC De Reest	NED 199407522	<b>3:17.54</b>	+0,80	43.30	1:34.44	2:32.44	3:17.54
7. C. Wind-Hemme	De Plons	NED 199501292	<b>4:07.02</b>	+0,98	53.76	1:58.22	3:06.56	4:07.02





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 15, Dames, 200m wisselslag

35+

1. Wendan Poelstra	TriVia	NED 199102496	<b>2:42.59</b>	+0,75	34.14	1:17.70	2:04.17	2:42.59
2. Linda van Klei	ACZ	NED 198802088	<b>2:52.80</b>	+0,84	38.59	1:24.55	2:13.41	2:52.80
3. I. van den Wijngaard	ZPC Woerden	NED 198904736	<b>2:53.10</b>	+0,79	36.65	1:19.50	2:11.99	2:53.10
4. Chantal Meyerink	De Grunte	NED 199105212	<b>2:53.85</b>	+0,81	36.55	1:25.40	2:12.87	2:53.85
5. Monique van Huizen	AZC	NED 198706236	<b>2:58.30</b>	+0,78	37.73	1:24.71	2:16.34	2:58.30
6. Suzan Blankestijn	ZVL - 1886	NED 198900350	<b>3:02.25</b>	+0,78	39.44	1:28.86	2:18.49	3:02.25
7. Liesbeth van Mill	Zwemlust- den Hommel	NED 198702786	<b>3:02.53</b>	+0,93	39.73	1:27.85	2:19.74	3:02.53
8. Esther Kwebeman	TriVia	NED 199106374	<b>3:05.17</b>	+0,80	39.44	1:27.92	2:22.17	3:05.17
9. Rene Kleinveld	GZC Donk	NED 199001966	<b>3:26.15</b>	+0,78	44.18	1:38.51	2:39.13	3:26.15
10. Janneke Wynia	WS Twente	NED 199005500	<b>3:37.62</b>	+1,00	51.40	1:49.10	2:46.31	3:37.62

40+

1. V. Hádén-Felföldi	Iron Swim	HUN 66/3267	<b>2:38.79</b>	+0,84	33.55	1:16.12	2:03.01	2:38.79
2. Sabine Zimmermann	Aachener SV 06	GER 101578	<b>2:42.96</b>	+0,81	36.88	1:20.05	2:07.33	2:42.96
3. Ann Wanter	Zwemclub Geel	BEL ZGEEL/21082/82	<b>2:46.68</b>	+0,80	35.49	1:20.52	2:11.14	2:46.68
4. Nadya Putter	ZV Vlaardingeng-Schiedam	NED 198301630	<b>2:47.05</b>	+0,78	36.25	1:20.86	2:07.87	2:47.05
5. Laura Badoux	DAW	NED 198200038	<b>2:48.20</b>	+0,86	34.65	1:21.09	2:08.62	2:48.20
6. Evita van de Ketterij	De Treffers	NED 198504284	<b>2:52.95</b>	+0,75	34.38	1:20.28	2:13.98	2:52.95
7. Angela Giezen	ZPC Amersfoort	NED 198302796	<b>2:59.16</b>	+0,72	39.78	1:25.34	2:18.47	2:59.16
8. Linda Hoogendam	WVZ	NED 198300892	<b>3:37.54</b>	+0,92	48.82	1:44.33	2:52.54	3:37.54
9. Marloes Rebel	WS Twente	NED 198403474	<b>3:51.44</b>	+1,03	51.39	1:51.79	3:02.76	3:51.44

45+

1. Nathalie Blondeel	Cercle De Natation Sportcity	BELuCNSW/004784/77	<b>2:49.88</b>	+0,69	36.52	1:23.25	2:12.75	2:49.88
2. Patricia Brooijmans	Old Dutch	NED 197901608	<b>3:04.20</b>	+0,70	38.60	1:28.82	2:25.01	3:04.20
3. Sabrina Boekhout	De Biesboschzwemmers	NED 198100120	<b>3:08.91</b>	+0,84	37.27	1:28.11	2:25.80	3:08.91
4. Luisiana Bigea	Sassenheim	NED 197701300	<b>3:16.77</b>	+0,84	38.28	1:26.17	2:30.08	3:16.77
5. Ute Kremer	SG Erkelenz-Hückelhoven	GER 492223	<b>3:24.57</b>	+0,89	44.61	1:41.06	2:38.07	3:24.57
6. Hoda Elridi	PSV	NED 198102382	<b>3:29.00</b>	+0,87	44.86	1:38.11	2:38.90	3:29.00
7. C. van Bruxvoort	Albion	NED 197700138	<b>3:48.75</b>	+0,84	50.96	1:47.91	2:57.27	3:48.75

50+

1. Liselotte Joling	PSV	NED 197500268	<b>2:49.55</b>	+0,86	35.84	1:22.44	2:11.52	2:49.55
2. Annett von Rekowski	Schwimmverein Gera	GER 097868	<b>2:51.37</b>	+0,73	36.91	1:21.72	2:13.67	2:51.37
3. Katarzyna Szwagiel	Norder Turnverein von 1861	GER 432885	<b>2:53.82</b>	+0,77	37.87	1:24.39	2:13.89	2:53.82
4. Ilona Hogerheyde	DAW	NED 197400224	<b>2:59.62</b>	+0,80	36.93	1:25.18	2:17.69	2:59.62
5. Mirjan den Drijver	Westland Swimming Stars	NED 197500884	<b>3:01.18</b>	+0,80	36.15	1:24.70	2:19.48	3:01.18

55+

1. L. van Bon-Rosenbrand	ZPC Amersfoort	NED 197000054	<b>2:51.61</b>	+0,84	36.93	1:25.34	2:14.59	2:51.61
2. Bianca Groot	MSV-Zeemacht	NED 197000652	<b>3:09.03</b>	+0,92	39.55	1:31.87	2:26.14	3:09.03
3. Iris van Aurich	DWK	NED 196900866	<b>3:10.85</b>	+0,80	44.07	1:33.95	2:27.77	3:10.85
4. Inken Wemheuer	Team Noord Holland (SG)	NED 197101016	<b>3:18.20</b>	+0,75	44.55	1:38.76	2:37.24	3:18.20
5. Irna van der Molen	WS Twente	NED 196900938	<b>3:31.86</b>	+0,70	51.23	1:46.35	2:43.25	3:31.86
6. Nathasja Konijn	GZC Donk	NED 197100992	<b>3:34.68</b>	+0,86	46.67	1:39.55	2:42.07	3:34.68
7. Kathy Van Lindt	Cercle De Natation Sportcity	BELuCNSW/007949/71	<b>3:50.41</b>	+1,03	55.71	1:56.64	3:04.16	3:50.41
OPG Annette Spies	Link	NED 197001110		+0,83				

AF - De aangegeven afstand niet uitgezwommen.

60+

1. M. Remmits-de Lange	ZPC Amersfoort	NED 196300518	<b>2:58.71</b>	+0,81	35.78	1:24.70	2:17.91	2:58.71
2. Anita Steijger	WVZ	NED 196500628	<b>3:24.50</b>	+0,89	46.66	1:40.39	2:39.65	3:24.50





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 15, Dames, 200m wisselslag

65+

1. Petra Tossings	GZC Donk	NED 196100376	<b>3:17.89</b>	+0,83	42.16	1:35.47	2:34.11	3:17.89
2. Linda Wibbelink	Steenwijk 1934	NED 195900158	<b>3:42.38</b>	+0,79	50.82	1:49.50	2:51.98	3:42.38
3. Hannie Poletiek	TriVia	NED 195900278	<b>3:49.86</b>	+0,98	52.23	1:54.90	2:59.57	3:49.86
4. Lia Bijkerk	GZC Donk	NED 196000014	<b>3:52.05</b>	+1,03	55.24	1:56.83	3:01.78	3:52.05

75+

1. C. Nieuwenhuis	SWOL 1894	NED 195100022	<b>3:41.02</b>	+0,83	46.74	1:45.57	2:52.68	3:41.02
<i>Nederlands Masters Record</i>								

Programmanr. 16  
1-5-2026 - 17:15

4 x 200m vrije slag

Masters Open  
Resultaten

rang vereniging tijd RT PARA

Masters 80+, Dames

1. HZ&PC Heerenveen 1	HZ&PC Heerenveen	NED	<b>9:54.52</b>	+0,71
Leonie van Wier	02	+0,71	33.27	1:11.04
Inge Dekker	02	+0,54	33.56	1:11.87
Lianne van Wier	02	+0,41	32.75	1:09.94
Liselotte Schaap	06	+0,50	32.82	1:09.15
			1:50.50	2:29.01
			1:50.65	2:28.90
			1:49.46	2:29.50
			1:48.19	2:27.11

100+, Dames

1. Bubble 1	Bubble	NED	<b>9:19.88</b>	+0,81
<i>Nederlands Masters Record</i>				
Marijke Drent	99	+0,81	31.50	1:06.47
Esmee Kloezen	02	+0,59	33.52	1:10.69
Sanne Kloezen	02	+0,52	31.36	1:07.27
Laura Setz	00	+0,60	30.27	1:03.96
			1:41.93	2:17.32
			1:50.09	2:28.50
			1:44.94	2:22.09
			1:38.88	2:11.97
			1:53.35	2:33.84
			1:58.15	2:42.30
			1:46.59	2:24.70
			1:42.57	2:16.62
2. NieMo Barracuda 2	NieMo Barracuda	NED	<b>9:57.46</b>	+0,82
Marijke Kommers	93	+0,82	34.01	1:12.53
Esmée Rolloos	98	+0,29	34.56	1:14.69
Robin Pienaar	01	+0,27	31.93	1:08.33
Anouchka Bos	05	+0,60	31.85	1:06.23
			1:58.19	2:42.05
			1:49.86	2:27.59
			1:56.52	2:37.32
			1:57.58	2:40.09
3. ENC Arnhem 1	ENC Arnhem	NED	<b>10:27.05</b>	+0,80
Irmgard van Weeghel	92	+0,80	34.65	1:15.39
Jara Schmidt	94	+0,38	33.10	1:11.15
Sabine Uytendwilligen	05	+0,52	35.03	1:15.10
Ellen ter Stege	99	+0,21	34.87	1:15.77

120+, Dames

1. WVZ 2	WVZ	NED	<b>9:20.75</b>	+0,79
<i>Nederlands Masters Record</i>				
Delia Badoux	80	+0,79	31.51	1:07.74
Lauren van IJl	00	+0,28	33.41	1:11.85
Marit Huisman	05	+0,32	30.87	1:06.29
Leonie van Noort	93	+0,43	29.60	1:02.70
			1:45.41	2:23.11
			1:50.92	2:28.69
			1:42.56	2:18.32
			1:36.72	2:10.63
2. PSV 3	PSV	NED	<b>10:07.37</b>	+0,83
Nanda van Heteren	89	+0,83	37.95	1:19.46
Esther Tiemersma	02	+0,63	36.72	1:16.63
Laura van Sabben	98	+0,43	32.57	1:08.81
Larissa Jansen	95	+0,63	34.29	1:11.33
			2:01.73	2:41.35
			1:57.56	2:36.27
			1:46.62	2:22.93
			1:49.29	2:26.82
3. AZC 2	AZC	NED	<b>10:31.52</b>	+0,66
Jessica Braat	02	+0,66	33.37	1:12.13
Esther Boerdam-Delfos	87	+0,51	37.45	1:20.32
Monique van Huizen	87	+0,62	34.76	1:14.26
Dominique Rijntjes-Duesman	96	+0,38	34.89	1:13.69
			1:52.83	2:34.20
			2:05.11	2:49.28
			1:55.85	2:37.40
			1:52.33	2:30.64





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 16, Dames, 4 x 200m vrije slag, 120+

rang	vereniging							tijd	RT	PARA
4.	VZV Njord 1	NED						<b>11:21.82</b>	+0,75	
	Susanne van den Bosch - Kentgens	77	+0,75	38.94	1:22.43	2:06.74	2:50.98	2:50.98		
	Karin Sagonas-Koolen	70	+0,35	40.85	1:27.14	2:16.19	3:03.10	3:03.10		
	Ghislaine Lisitano	05	+0,68	40.57	1:25.79	2:14.38	2:58.95	2:58.95		
	Tamar Roosen	05	+0,41	34.51	1:12.19	1:50.85	2:28.79	2:28.79		

200+, Dames

1.	Old Dutch 1	NED						<b>11:18.70</b>	+0,81	
	Jessica Venema	79	+0,81	36.63	1:17.91	2:02.25	2:46.11	2:46.11		
	Karin van Nassau-van den Heuvel	66	+0,46	43.36	1:32.61	2:23.72	3:13.69	3:13.69		
	Chantal Verhoeff	79	+0,51	35.26	1:16.92	1:59.01	2:40.37	2:40.37		
	Patricia Brooijmans	79	+0,60	36.04	1:16.17	1:57.97	2:38.53	2:38.53		
2.	Steenwijk 1934 1	NED						<b>11:51.85</b>	+0,80	
	Astrid Wibbelink	96	+0,80	38.00	1:20.94	2:06.16	2:48.49	2:48.49		
	Linda Wibbelink	59	+0,73	44.52	1:33.16	2:22.26	3:08.72	3:08.72		
	Leonie Scholten	79	+0,56	40.65	1:27.58	2:15.85	3:04.49	3:04.49		
	Wilna Heijman	64	+0,56	38.52	1:21.26	2:06.03	2:50.15	2:50.15		
3.	De Geul 2	NED						<b>12:12.08</b>	+0,82	
	Marian Nederlof	76	+0,82	38.67	1:21.88	2:06.74	2:52.52	2:52.52		
	Erica Muller	64	+0,66	47.30	1:42.91	2:39.69	3:36.19	3:36.19		
	Marijke Campfens	69	+0,65	39.32	1:22.43	2:07.03	2:51.73	2:51.73		
	Anne Besseling-de Jong	81	+0,96	39.49	1:24.25	2:09.25	2:51.64	2:51.64		

240+, Dames

1.	PSV 1	NED						<b>11:03.16</b>	+0,85	
	<i>Nederlands Masters Record, tevens Nederlands Masters Record 200m vrij Corrie Verhoeven</i>									
	Corrie Verhoeven	46	+0,85	44.74	1:38.03	2:34.35	3:32.53	3:32.53		
	Jeanne Petit	70	+0,43	35.53	1:16.37	1:59.15	2:41.70	2:41.70		
	Liselotte Joling	75	+0,60	34.51	1:11.50	1:49.12	2:25.12	2:25.12		
	Carla Geurts	71	+0,37	32.99	1:09.95	1:48.05	2:23.81	2:23.81		
2.	SWOL 1894 1	NED						<b>12:27.51</b>	+0,82	
	Marijke Kraak-Beckers	60	+0,82	39.45	1:25.82	2:14.15	3:03.18	3:03.18		
	Annet Kootstra	71	+0,81	43.67	1:32.92	2:21.94	3:11.12	3:11.12		
	Christine Nieuwenhuis	51	+0,51	43.89	1:34.42	2:24.88	3:14.32	3:14.32		
	Mireille Nijhuis	81	+0,72	37.37	1:22.17	2:10.82	2:58.89	2:58.89		
3.	ENC Arnhem 4	NED						<b>13:40.15</b>	+0,83	
	Karin van der Star-Verhoeven	61	+0,83	40.53	1:27.51	2:16.61	3:06.28	3:06.28		
	Marion Kolkman-Pluim	60	+0,62	47.89	1:40.04	2:32.84	3:21.93	3:21.93		
	Yoka de Vegt-van Dijk	62	+0,94	49.43	1:44.22	2:39.71	3:33.01	3:33.01		
	Cora Smulders	66	+0,35	46.34	1:44.19	2:41.93	3:38.93	3:38.93		

Masters 80+, Heren

1.	De Schotejil 1	NED						<b>8:45.42</b>	+0,80	
	Christian Kalle	04	+0,80	28.99	1:02.11	1:37.46	2:11.14	2:11.14		
	David Kievit	99	+0,66	30.36	1:04.91	1:41.71	2:19.04	2:19.04		
	Jacob Mackloet	00	+0,23	29.04	1:02.26	1:36.82	2:09.96	2:09.96		
	Laurens Kalle	06	+0,39	28.50	1:00.18	1:33.84	2:05.28	2:05.28		

100+, Heren

1.	ZPC Amersfoort 1	NED						<b>8:26.38</b>	+0,71	
	<i>Nederlands Masters Record</i>									
	Jelle Opmeer	01	+0,71	29.06	1:01.99	1:37.55	2:13.56	2:13.56		
	Darren Chen	00	+0,46	27.93	58.65	1:30.05	2:00.87	2:00.87		
	Jelle Blankestijn	98	+0,35	27.52	59.02	1:31.64	2:04.39	2:04.39		
	Bas Braun	91	+0,37	28.52	1:00.72	1:34.23	2:07.56	2:07.56		
2.	De Rijn 1	NED						<b>9:36.97</b>	+0,69	
	Rick Haanschoten	01	+0,69	31.96	1:07.65	1:45.86	2:22.74	2:22.74		
	Johan Krakou	91	+0,73	30.70	1:06.77	1:46.89	2:26.41	2:26.41		
	Sjoerd Boogert	99	+0,57	32.19	1:09.61	1:50.99	2:33.09	2:33.09		
	Jeroen Louwinger	99	+0,48	30.37	1:04.33	1:40.01	2:14.73	2:14.73		



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 16, Heren, 4 x 200m vrije slag, 100+

rang	vereniging					tijd	RT	PARA
3.	ZOB'66 1	ZOB'66		NED		<b>9:50.02</b>	<b>+0,74</b>	
	Ian van Mullem	96	+0,74	31.24	1:08.20	1:48.29	2:29.08	2:29.08
	Julian Mes	01	+0,65	31.56	1:08.19	1:45.20	2:21.89	2:21.89
	Boaz Troost	01	+0,55	32.87	1:13.39	1:55.82	2:36.83	2:36.83
	Nino van Krimpen	00	+0,52	31.50	1:08.01	1:45.95	2:22.22	2:22.22

120+, Heren

1.	ENC Arnhem 3	ENC Arnhem		NED		<b>8:45.62</b>	<b>+0,61</b>	
	Kaelan Betrian	99	+0,61	31.36	1:05.47	1:40.23	2:15.02	2:15.02
	Sander de Vrught	89	+0,47	29.79	1:03.19	1:37.93	2:10.68	2:10.68
	Tim de Vrught	93	+0,50	28.97	1:01.90	1:36.90	2:11.39	2:11.39
	Mike Schel	94	+0,36	28.53	1:00.55	1:34.84	2:08.53	2:08.53

160+, Heren

1.	WVZ 1	WVZ		NED		<b>9:33.50</b>	<b>+0,85</b>	
	Markus van Rest	77	+0,85	34.13	1:13.21	1:54.24	2:33.60	2:33.60
	Jordy van Oel	98	+0,48	31.93	1:07.03	1:43.77	2:19.59	2:19.59
	Jan-Willem van den Berg	68	+0,42	32.14	1:09.07	1:48.97	2:26.41	2:26.41
	Ivo Roozeboom	77	+0,42	30.22	1:04.75	1:40.69	2:13.90	2:13.90
2.	NieMo Barracuda 1	NieMo Barracuda		NED		<b>9:45.72</b>	<b>+0,81</b>	
	Dennis Dortland	78	+0,81	32.01	1:09.19	1:46.20	2:22.29	2:22.29
	Marco Horneman	80	+0,54	34.29	1:12.47	1:53.68	2:35.86	2:35.86
	Mark Hensen	79	+0,64	30.37	1:05.30	1:40.92	2:14.51	2:14.51
	André Noordwijk	79	+0,80	32.77	1:10.94	1:51.78	2:33.06	2:33.06
3.	AZC 1	AZC		NED		<b>10:09.94</b>	<b>+0,66</b>	
	Auke Sijperda	99	+0,66	32.99	1:11.24	1:51.17	2:30.90	2:30.90
	Wim de Lange	58	+0,43	39.01	1:23.24	2:09.39	2:54.28	2:54.28
	Patrick Brouwer	93	+0,50	32.02	1:09.85	1:48.74	2:27.52	2:27.52
	Jeroen Matthijssen	91	+0,56	29.79	1:05.68	1:41.85	2:17.24	2:17.24
4.	De Biesboschzwemmers 1	De Biesboschzwemmers		NED		<b>10:49.79</b>	<b>+0,81</b>	
	Nico Swart	68	+0,81	35.36	1:18.54	2:04.00	2:50.09	2:50.09
	Wouter van der Stelt	72	+0,37	36.80	1:18.45	2:02.32	2:46.05	2:46.05
	Michael Verschoor	06	+0,71	36.14	1:16.93	1:58.26	2:37.62	2:37.62
	Sander van Tilburg	86	+0,58	36.02	1:16.09	1:56.94	2:36.03	2:36.03

200+, Heren

1.	Steenwijk 1934 2	Steenwijk 1934		NED		<b>10:28.47</b>	<b>+0,85</b>	
	Rick Driezen	86	+0,85	31.28	1:06.67	1:43.47	2:20.06	2:20.06
	Robert Braad	86	+0,14	30.91	1:06.13	1:42.99	2:19.35	2:19.35
	Huyb Stegeman	67	+0,63	37.70	1:20.03	2:04.99	2:49.86	2:49.86
	Casper Dollekamp	63	+0,69	39.82	1:25.49	2:13.59	2:59.20	2:59.20

240+, Heren

1.	Oslo I.L. 1 <i>Europees Masters Record</i>	Oslo I.L.		NOR		<b>9:24.20</b>	<b>+0,88</b>	
	Jarl Inge Melberg	70	+0,88	30.31	1:02.89	1:37.21	2:12.21	2:12.21
	Oddvar Sandvin	66	+0,35	31.48	1:06.11	1:41.87	2:18.38	2:18.38
	Bjørn Werner Johansen	60	+0,15	34.39	1:14.36	1:55.26	2:33.62	2:33.62
	Erlend Alstad	67	+0,56	33.58	1:09.77	1:45.30	2:19.99	2:19.99
2.	ZPC Amersfoort 2 <i>Nederlands Masters Record</i>	ZPC Amersfoort		NED		<b>9:31.09</b>	<b>+0,80</b>	
	Chester Marsman	69	+0,80	30.21	1:05.09	1:41.36	2:18.52	2:18.52
	Edwin van Norden	63	+0,18	33.22	1:10.01	1:47.48	2:24.19	2:24.19
	Johan Remmits	62	+0,28	32.01	1:07.62	1:45.38	2:21.08	2:21.08
	Ron Korzelius	65	+0,44	32.85	1:10.08	1:49.58	2:27.30	2:27.30
3.	ZPC De Rog 1	ZPC De Rog		NED		<b>9:55.81</b>	<b>+0,75</b>	
	Arjan Verheij	71	+0,75	33.54	1:12.19	1:51.81	2:29.95	2:29.95
	Rob Spetter	62	+0,48	35.57	1:14.82	1:55.49	2:35.27	2:35.27
	Peter Bensen	63	+0,27	33.65	1:11.45	1:49.61	2:26.08	2:26.08
	Glen Le Clercq	68	+0,37	32.63	1:09.83	1:47.64	2:24.51	2:24.51



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 16, Heren, 4 x 200m vrije slag, 240+

rang	vereniging	tijd	RT	PARA				
4.	CN Sportcity Woluwe 1 <i>Belgian Masters Record</i>	<b>10:22.40</b>	+0,95					
	Philippe Morelle	56	+0,95	36.02	1:17.64	2:01.80	2:43.23	2:43.23
	Hugues Herman	66	+0,55	32.00	1:07.58	1:44.81	2:21.01	2:21.01
	Bruno Nahon	70	+0,71	35.50	1:14.66	1:55.04	2:33.72	2:33.72
	Olivier Bresoux	69	+0,67	38.55	1:20.56	2:04.23	2:44.44	2:44.44
5.	Team Noord Holland (SG) 1	<b>11:03.98</b>	+0,92					
	Dennis de Waard	70	+0,92	33.72	1:13.01	1:55.22	2:34.61	2:34.61
	Peter Janssen	62	+0,65	40.73	1:24.63	2:13.01	2:59.89	2:59.89
	Rene Janssen	57	+0,53	40.67	1:24.39	2:09.84	2:52.37	2:52.37
	Sjoerd de Jong	72	+0,78	34.41	1:13.30	1:55.16	2:37.11	2:37.11
6.	WS Twente 1	<b>12:46.59</b>	+1,03					
	Laurens Klein Breteler	54	+1,03	43.60	1:34.85	2:26.70	3:15.75	3:15.75
	Joop Weenink	68	+0,76	40.72	1:26.08	2:15.72	3:06.45	3:06.45
	Bart van Calker	61	+0,69	45.70	1:33.47	2:23.13	3:09.29	3:09.29
	Jack Barends	62	+0,47	42.74	1:32.40	2:24.79	3:15.10	3:15.10

80+, Gemengd

1.	DZ&PC 2 <i>Nederlands Masters Record</i>	<b>8:28.56</b>	+0,77					
	Vince Van der Pal	04	+0,77	27.17	58.46	1:31.87	2:06.63	2:06.63
	Jelle Betten	00	+0,11	26.63	56.64	1:27.18	1:57.89	1:57.89
	Myrthe Natzijl	04	+0,45	31.05	1:06.18	1:42.82	2:18.47	2:18.47
	Sara Korhuis	06	+0,48	28.44	1:00.72	1:33.50	2:05.57	2:05.57

100+, Gemengd

1.	VZC 1	<b>9:04.42</b>	+0,75					
	Tess Panjer	04	+0,75	31.16	1:04.90	1:40.01	2:14.78	2:14.78
	Jelle Nap	95	+0,53	29.70	1:03.44	1:38.38	2:11.68	2:11.68
	Olaf Achterberg	90	+0,57	30.47	1:04.26	1:39.96	2:15.19	2:15.19
	Vivianne Woltjes	05	+0,50	30.76	1:06.33	1:45.07	2:22.77	2:22.77
2.	Zuiderzeezwemmers 1	<b>9:25.98</b>	+0,66					
	Ilmar Stoop	01	+0,66	30.15	1:03.58	1:39.44	2:15.62	2:15.62
	Lisanne Andeweg	88	+0,41	33.83	1:11.93	1:50.66	2:28.34	2:28.34
	Myrthe Dam	06	+0,38	32.35	1:08.81	1:46.36	2:22.70	2:22.70
	Jesse van Dijk	99	+0,39	31.08	1:05.82	1:42.69	2:19.32	2:19.32
3.	TriVia 1	<b>9:32.74</b>	+0,73					
	Niels Kragt	03	+0,73	30.06	1:03.46	1:38.15	2:12.23	2:12.23
	Wendan Poelstra	91	+0,39	34.30	1:13.30	1:53.05	2:32.31	2:32.31
	Relinda Baas	89	+0,48	33.70	1:11.36	1:51.33	2:32.09	2:32.09
	Rik Stahlie	02	+0,38	30.77	1:04.81	1:40.96	2:16.11	2:16.11
4.	Poseidon'56 1	<b>9:33.57</b>	+0,72					
	John Smit	95	+0,72	32.03	1:07.48	1:42.91	2:17.89	2:17.89
	Kelly de Jonge	97	+0,69	33.27	1:11.26	1:51.24	2:30.06	2:30.06
	Rianne Bresser	99	+0,61	35.69	1:15.29	1:56.15	2:36.35	2:36.35
	Ryan van den Ouden	99	+0,41	27.93	1:00.16	1:34.97	2:09.27	2:09.27
5.	ZVL - 1886 1	<b>9:53.18</b>	+0,78					
	Erik Baalbergen	98	+0,78	31.83	1:08.58	1:47.91	2:25.93	2:25.93
	Mariska Gach	95	+0,56	37.00	1:18.26	2:02.42	2:44.66	2:44.66
	Thijs Huizer	05	+0,36	30.78	1:07.63	1:45.97	2:23.80	2:23.80
	Silke Molendijk	01	+0,26	32.47	1:07.99	1:44.04	2:18.79	2:18.79

120+, Gemengd

1.	ZV Hoogland 1	<b>9:17.67</b>	+0,75					
	Anne-Irene Ducheine	95	+0,75	32.69	1:10.13	1:48.01	2:26.12	2:26.12
	Bas Dries	95	+0,46	28.92	1:02.16	1:36.56	2:12.34	2:12.34
	Jeffrey Roest	97	+0,38	31.94	1:07.04	1:42.17	2:16.58	2:16.58
	Jamilla van Ommen - van Veen	96	+0,28	31.08	1:07.91	1:45.18	2:22.63	2:22.63
2.	WS Twente 3	<b>9:46.30</b>	+0,87					
	Marleen Hof	98	+0,87	33.97	1:13.03	1:54.27	2:34.92	2:34.92
	Nienke Smidt	94	+0,50	34.21	1:12.71	1:53.67	2:32.50	2:32.50
	Marcel Reefhuis	81	+0,40	32.15	1:07.71	1:44.78	2:21.40	2:21.40
	Niels Bent	94	+0,59	30.86	1:05.66	1:41.43	2:17.48	2:17.48



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 16, Gemengd, 4 x 200m vrije slag, 120+

rang	vereniging					tijd	RT	PARA
3.	MSV-Zeemacht 1	MSV-Zeemacht	NED			<b>9:56.86</b>	+0,73	
	Mees Minneboo	02	+0,73	31.01	1:06.36	1:44.39	2:24.45	2:24.45
	Kyra Wesemann	02	+0,22	34.03	1:12.51	1:52.90	2:34.08	2:34.08
	Bianca Groot	70	+0,56	36.77	1:18.09	2:00.07	2:42.70	2:42.70
	Matthew Humphreys	89	+0,31	30.55	1:04.99	1:40.29	2:15.63	2:15.63
4.	ENC Arnhem 2	ENC Arnhem	NED			<b>9:58.91</b>	+0,68	
	Remco Dijcks	80	+0,68	32.78	1:08.85	1:46.11	2:24.36	2:24.36
	Jaap Stielstra	90	+0,48	32.00	1:07.92	1:45.51	2:23.39	2:23.39
	Nienke Lammers	02	+0,51	34.42	1:13.73	1:53.95	2:33.80	2:33.80
	Rose Lether	04	+0,64	35.52	1:15.22	1:56.75	2:37.36	2:37.36
5.	Westland Swimming Stars 1	Westland Swimming Stars	NED			<b>10:21.15</b>	+0,71	
	Kim de Jong	04	+0,71	34.30	1:13.87	1:56.06	2:36.62	2:36.62
	Anouk van der Lans	98	+0,55	35.83	1:16.82	2:00.78	2:44.37	2:44.37
	Pieter Broek	77	+0,18	32.92	1:11.02	1:53.83	2:39.26	2:39.26
	Patrick Wyrdean	97	+0,43	31.31	1:06.51	1:43.85	2:20.90	2:20.90
6.	De Amstel 1	De Amstel	NED			<b>10:33.82</b>	+0,77	
	Iris Bastiaansen	99	+0,77	35.18	1:13.88	1:55.41	2:37.67	2:37.67
	Nina Siegers	05	+0,40	38.73	1:24.58	2:12.97	2:59.93	2:59.93
	Henri Michels	65	+0,58	35.36	1:15.85	1:57.08	2:37.26	2:37.26
	Owen Michels	04	+0,44	30.96	1:05.83	1:42.39	2:18.96	2:18.96
7.	MZ&PC De Reest 1	MZ&PC De Reest	NED			<b>10:43.79</b>	+0,79	
	Hilma Buiten	94	+0,79	39.90	1:25.41	2:13.02	3:00.57	3:00.57
	Eline Groen	02	+0,50	34.00	1:15.06	1:58.79	2:42.00	2:42.00
	Robin Wolbers	85	+0,52	34.09	1:13.41	1:54.86	2:37.24	2:37.24
	Daan Schra	02	+0,43	30.89	1:06.65	1:45.63	2:23.98	2:23.98
8.	De Duinkickers 1	De Duinkickers	NED			<b>10:49.72</b>	+0,72	
	Marcel Brittin	69	+0,72	38.82	1:26.16	2:16.31	3:04.42	3:04.42
	Lonneke van Veen	01	+0,56	35.59	1:14.52	1:54.49	2:32.27	2:32.27
	Erik Cooman	97	+0,72	35.08	1:15.45	1:56.27	2:33.98	2:33.98
	Maaïke de Boer	90	+0,51	35.40	1:17.26	1:59.07	2:39.05	2:39.05

160+, Gemengd

1.	ZPC Amersfoort 3	ZPC Amersfoort	NED			<b>9:56.89</b>	+0,81	
	Angela Giezen	83	+0,81	36.56	1:18.63	2:02.04	2:44.01	2:44.01
	Lidia van Bon-Rosenbrand	70	+0,43	34.44	1:13.48	1:53.68	2:32.63	2:32.63
	Martijn Bartels	96	+0,42	31.79	1:07.16	1:43.37	2:18.25	2:18.25
	Rob van Vliet	84	+0,42	30.88	1:06.68	1:44.55	2:22.00	2:22.00
2.	Sassenheim 1	Sassenheim	NED			<b>10:17.54</b>	+0,74	
	Marinka vd Zwet	65	+0,74	38.08	1:21.74	2:06.54	2:50.00	2:50.00
	Arjan Buijsse	79	+0,38	33.25	1:11.96	1:51.45	2:29.76	2:29.76
	Rianne Hofland	88	+0,57	36.16	1:16.17	1:58.70	2:39.63	2:39.63
	Wesley van der Luit	97	+0,31	32.08	1:07.42	1:44.43	2:18.15	2:18.15
3.	DZ&PC 1	DZ&PC	NED			<b>10:19.56</b>	+1,01	
	Krista de Reus-Trompetter	76	+1,01	37.80	1:20.31	2:03.41	2:45.30	2:45.30
	Catherine Hoogeveen	75	+0,61	37.96	1:21.23	2:04.46	2:48.45	2:48.45
	Pieter Veenstra	73	+0,50	33.20	1:11.57	1:51.18	2:31.59	2:31.59
	Ruben Trompetter	05	+0,55	29.36	1:03.32	1:38.82	2:14.22	2:14.22

200+, Gemengd

1.	Old Dutch 2	Old Dutch	NED			<b>10:52.68</b>	+0,84	
	Anne-Marie Verschoor-Vos	81	+0,84	34.41	1:12.80	1:53.13	2:34.49	2:34.49
	Nicole van der Kooij	87	+0,40	36.16	1:17.82	2:04.31	2:52.09	2:52.09
	Hans Vloedgraven	64	+0,77	39.57	1:22.88	2:06.90	2:47.84	2:47.84
	Henri Verschoor	70	+0,74	37.09	1:17.38	1:58.42	2:38.26	2:38.26
2.	DWK 1	DWK	NED			<b>11:11.79</b>	+0,92	
	Martijn de Jong	71	+0,92	36.34	1:19.35	2:03.31	2:46.16	2:46.16
	Jennie Resink-lindeboom	60	+0,60	44.15	1:33.95	2:24.30	3:13.79	3:13.79
	Iris van Aurich	69	+0,40	37.93	1:22.01	2:06.27	2:49.75	2:49.75
	Lars Jacobsen	97	+0,68	30.33	1:07.36	1:45.94	2:22.09	2:22.09

240+, Gemengd

1.	PSV 4	PSV	NED			<b>12:08.50</b>	+0,81	
	Ineke Weekers	53	+0,81	41.68	1:27.35	2:13.77	2:59.66	2:59.66
	Judith Sijbers	73	+0,55	46.70	1:43.40	2:45.14	3:45.60	3:45.60
	Eymert van Rooij	66	+0,38	37.12	1:19.14	2:03.41	2:45.93	2:45.93
	Harold Matla	68	+0,81	35.94	1:16.10	1:57.56	2:37.31	2:37.31



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



4 - ONMK2026lb - Sessie 4

2-5-2026 - 9:30

Programmanr. 17  
2-5-2026 - 9:30

Dames, 800m vrije slag

Masters Open  
Resultaten

rang	naam	vereniging	tijd	RT	PARA			
<b>20+</b>								
1.	Roos de Jong	ZCNF'34	NED 200302948	<b>10:21.53</b>	+0,77			
	50m: 34.45	34.45	250m: 3:09.92	39.03	450m: 5:47.56	39.53	650m: 8:25.64	39.45
	100m: 1:12.48	38.03	300m: 3:49.36	39.44	500m: 6:27.02	39.46	700m: 9:05.35	39.71
	150m: 1:51.56	39.08	350m: 4:28.87	39.51	550m: 7:06.79	39.77	750m: 9:44.32	38.97
	200m: 2:30.89	39.33	400m: 5:08.03	39.16	600m: 7:46.19	39.40	800m: 10:21.53	37.21
2.	Dido Toornend	Team Noord Holland (SG)	NED 200501718	<b>10:31.88</b>	+0,78			
	50m: 32.14	32.14	250m: 3:07.17	40.37	450m: 5:49.96	40.60	650m: 8:33.20	41.04
	100m: 1:08.62	36.48	300m: 3:47.67	40.50	500m: 6:30.56	40.60	700m: 9:13.89	40.69
	150m: 1:47.01	38.39	350m: 4:28.49	40.82	550m: 7:11.47	40.91	750m: 9:54.76	40.87
	200m: 2:26.80	39.79	400m: 5:09.36	40.87	600m: 7:52.16	40.69	800m: 10:31.88	37.12
3.	Feline Slijkhuis	SG Octopus - ZVV	NED 200501042	<b>10:32.03</b>	+0,84			
	50m: 34.73	34.73	250m: 3:11.14	40.04	450m: 5:53.57	41.08	650m: 8:35.61	40.22
	100m: 1:12.47	37.74	300m: 3:51.47	40.33	500m: 6:34.11	40.54	700m: 9:15.55	39.94
	150m: 1:51.53	39.06	350m: 4:32.03	40.56	550m: 7:14.60	40.49	750m: 9:54.86	39.31
	200m: 2:31.10	39.57	400m: 5:12.49	40.46	600m: 7:55.39	40.79	800m: 10:32.03	37.17
4.	Myrthe Dam	Zuiderzeewemmers	NED 200602336	<b>10:42.58</b>	+0,71			
	50m: 34.23	34.23	250m: 3:11.68	40.29	450m: 5:55.79	40.89	650m: 8:42.10	40.98
	100m: 1:12.34	38.11	300m: 3:52.91	41.23	500m: 6:37.97	42.18	700m: 9:23.85	41.75
	150m: 1:51.07	38.73	350m: 4:33.39	40.48	550m: 7:19.08	41.11	750m: 10:03.53	39.68
	200m: 2:31.39	40.32	400m: 5:14.90	41.51	600m: 8:01.12	42.04	800m: 10:42.58	39.05
5.	Kiki Bootsman	Azuro	NED 200502850	<b>10:44.12</b>	+0,73			
	50m: 36.13	36.13	250m: 3:15.60	40.51	450m: 5:58.20	40.61	650m: 8:41.46	40.78
	100m: 1:15.56	39.43	300m: 3:56.03	40.43	500m: 6:38.87	40.67	700m: 9:22.80	41.34
	150m: 1:55.19	39.63	350m: 4:36.81	40.78	550m: 7:19.69	40.82	750m: 10:04.32	41.52
	200m: 2:35.09	39.90	400m: 5:17.59	40.78	600m: 8:00.68	40.99	800m: 10:44.12	39.80
6.	Tamar Roosen	VZV Njord	NED 200501168	<b>10:48.23</b>	+0,73			
	50m: 34.92	34.92	250m: 3:13.07	40.62	450m: 5:59.56	41.40	650m: 8:46.23	41.24
	100m: 1:13.02	38.10	300m: 3:54.25	41.18	500m: 6:41.85	42.29	700m: 9:27.75	41.52
	150m: 1:52.42	39.40	350m: 4:35.91	41.66	550m: 7:23.25	41.40	750m: 10:08.86	41.11
	200m: 2:32.45	40.03	400m: 5:18.16	42.25	600m: 8:04.99	41.74	800m: 10:48.23	39.37
7.	Claire Bosch	De Dinkel	NED 200401480	<b>10:51.83</b>	+0,76			
	50m: 35.15	35.15	250m: 3:16.86	41.03	450m: 6:01.36	41.38	650m: 8:48.34	41.85
	100m: 1:14.47	39.32	300m: 3:57.48	40.62	500m: 6:42.81	41.45	700m: 9:29.62	41.28
	150m: 1:55.12	40.65	350m: 4:38.75	41.27	550m: 7:24.68	41.87	750m: 10:10.99	41.37
	200m: 2:35.83	40.71	400m: 5:19.98	41.23	600m: 8:06.49	41.81	800m: 10:51.83	40.84
8.	Birgit Hage	PSV	NED 200602898	<b>11:36.29</b>	+0,74			
	50m: 37.86	37.86	250m: 3:27.88	44.07	450m: 6:27.20	44.82	650m: 9:26.28	43.91
	100m: 1:18.83	40.97	300m: 4:12.56	44.68	500m: 7:12.47	45.27	700m: 10:10.20	43.92
	150m: 2:00.90	42.07	350m: 4:56.98	44.42	550m: 7:56.79	44.32	750m: 10:55.31	45.11
	200m: 2:43.81	42.91	400m: 5:42.38	45.40	600m: 8:42.37	45.58	800m: 11:36.29	40.98
<b>25+</b>								
1.	Laura Setz	Bubble	NED 200000130	<b>9:29.93</b>	+0,91			
	50m: 32.06	32.06	250m: 2:55.97	36.50	450m: 5:21.81	35.88	650m: 7:45.40	35.85
	100m: 1:07.03	34.97	300m: 3:32.42	36.45	500m: 5:57.48	35.67	700m: 8:21.18	35.78
	150m: 1:43.19	36.16	350m: 4:09.12	36.70	550m: 6:33.52	36.04	750m: 8:56.53	35.35
	200m: 2:19.47	36.28	400m: 4:45.93	36.81	600m: 7:09.55	36.03	800m: 9:29.93	33.40
2.	Fabienne Otto	swimART Solingen	GER 271577	<b>9:52.95</b>	+0,77			
	50m: 34.00	34.00	250m: 3:02.36	37.34	450m: 5:32.10	37.57	650m: 8:03.39	38.01
	100m: 1:10.53	36.53	300m: 3:39.64	37.28	500m: 6:09.60	37.50	700m: 8:40.96	37.57
	150m: 1:48.01	37.48	350m: 4:17.14	37.50	550m: 6:47.52	37.92	750m: 9:18.26	37.30
	200m: 2:25.02	37.01	400m: 4:54.53	37.39	600m: 7:25.38	37.86	800m: 9:52.95	34.69
3.	Amber van der Kruk	MSV-Zeemacht	NED 200102730	S14 <b>9:54.19</b>	+0,84			
	50m: 32.19	32.19	250m: 3:02.22	37.74	450m: 5:32.32	37.78	650m: 8:04.30	38.29
	100m: 1:08.23	36.04	300m: 3:39.56	37.34	500m: 6:10.01	37.69	700m: 8:41.79	37.49
	150m: 1:46.73	38.50	350m: 4:17.28	37.72	550m: 6:48.46	38.45	750m: 9:19.12	37.33
	200m: 2:24.48	37.75	400m: 4:54.54	37.26	600m: 7:26.01	37.55	800m: 9:54.19	35.07
4.	Marijke Drent	Bubble	NED 199906232	<b>10:04.38</b>	+0,78			
	50m: 33.45	33.45	250m: 3:06.42	38.25	450m: 5:40.91	38.46	650m: 8:14.22	37.30
	100m: 1:11.13	37.68	300m: 3:45.37	38.95	500m: 6:19.92	39.01	700m: 8:52.28	38.06
	150m: 1:49.40	38.27	350m: 4:23.57	38.20	550m: 6:58.00	38.08	750m: 9:28.79	36.51
	200m: 2:28.17	38.77	400m: 5:02.45	38.88	600m: 7:36.92	38.92	800m: 10:04.38	35.59





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 17, Dames, 800m vrije slag, 25+

rang	naam	vereniging	tijd	RT	PARA
5.	Myra Smulders	Zwemvereniging Hoogland	<b>10:05.99</b>	+0,70	
	50m: 32.72	250m: 3:02.88	38.84	650m: 8:13.80	39.20
	100m: 1:08.94	300m: 3:41.45	38.64	700m: 8:52.26	38.46
	150m: 1:46.70	350m: 4:20.53	39.15	750m: 9:30.65	38.39
	200m: 2:24.38	400m: 4:59.18	38.79	800m: 10:05.99	35.34
6.	Noa Oldenhof	ZPCH	<b>10:49.58</b>	+0,68	
	50m: 34.62	250m: 3:14.11	41.30	650m: 8:46.81	41.37
	100m: 1:13.15	300m: 3:55.67	42.08	700m: 9:28.68	41.87
	150m: 1:52.70	350m: 4:36.71	41.40	750m: 10:09.72	41.04
	200m: 2:33.51	400m: 5:18.31	42.35	800m: 10:49.58	39.86
7.	Selina Janssen	Neptunus'58	<b>11:16.82</b>	+0,72	
	50m: 35.71	250m: 3:19.97	43.80	650m: 9:07.74	44.18
	100m: 1:15.25	300m: 4:02.68	43.45	700m: 9:51.26	43.52
	150m: 1:56.05	350m: 4:45.62	44.04	750m: 10:35.63	44.37
	200m: 2:37.75	400m: 5:28.68	43.59	800m: 11:16.82	41.19
8.	Nadine Scheeve	De Biesboschzwemmers	<b>12:46.22</b>	+0,82	
	50m: 41.55	250m: 3:53.58	48.95	650m: 10:25.96	48.19
	100m: 1:28.16	300m: 4:42.42	49.59	700m: 11:14.40	48.44
	150m: 2:16.47	350m: 5:32.01	49.59	750m: 12:01.17	46.77
	200m: 3:05.00	400m: 6:20.96	49.32	800m: 12:46.22	45.05

30+

1.	Leonie van Noort	WVZ	<b>9:30.06</b>	+0,83	
	50m: 31.87	250m: 2:55.12	36.24	650m: 7:43.89	36.69
	100m: 1:07.01	300m: 3:30.37	36.11	700m: 8:20.56	36.67
	150m: 1:43.03	350m: 4:06.09	36.65	750m: 8:56.78	36.22
	200m: 2:18.97	400m: 4:41.53	35.44	800m: 9:30.06	33.28
2.	Tamara Grove	De Dolfijn	<b>9:54.58</b>	+0,69	
	50m: 32.91	250m: 3:02.03	37.78	650m: 8:03.89	37.18
	100m: 1:09.20	300m: 3:39.85	37.82	700m: 8:40.96	37.07
	150m: 1:46.49	350m: 4:18.17	37.61	750m: 9:18.45	37.49
	200m: 2:24.06	400m: 4:56.25	37.25	800m: 9:54.58	36.13
3.	Anne-Irene Ducheine	Zwemvereniging Hoogland	<b>10:21.91</b>	+0,76	
	50m: 34.96	250m: 3:09.60	39.02	650m: 8:25.83	39.43
	100m: 1:13.27	300m: 3:49.26	40.12	700m: 9:05.47	39.64
	150m: 1:52.00	350m: 4:28.26	39.09	750m: 9:44.56	39.09
	200m: 2:30.87	400m: 5:08.12	40.05	800m: 10:21.91	37.35
4.	Fiona Meuffels	PSV	<b>10:22.21</b>	+0,67	
	50m: 34.00	250m: 3:07.57	39.55	650m: 8:26.31	39.64
	100m: 1:11.49	300m: 3:47.49	40.11	700m: 9:06.13	39.82
	150m: 1:49.46	350m: 4:27.06	39.54	750m: 9:45.46	39.33
	200m: 2:28.42	400m: 5:07.24	40.18	800m: 10:22.21	36.75
5.	Marijke Kommers	NieMo Barracuda	<b>11:05.20</b>	+0,79	
	50m: 34.94	250m: 3:18.74	42.85	650m: 9:00.96	42.76
	100m: 1:13.87	300m: 4:01.14	42.73	700m: 9:42.83	41.87
	150m: 1:55.04	350m: 4:43.70	43.44	750m: 10:25.05	42.22
	200m: 2:36.48	400m: 5:26.14	43.04	800m: 11:05.20	40.15
6.	Nienke Smidt	WS Twente	<b>11:07.98</b>	+0,86	
	50m: 36.62	250m: 3:24.76	43.08	650m: 9:04.67	42.27
	100m: 1:16.86	300m: 4:06.38	42.47	700m: 9:46.94	42.27
	150m: 1:59.70	350m: 4:49.49	43.35	750m: 10:28.53	41.59
	200m: 2:41.92	400m: 5:31.38	42.12	800m: 11:07.98	39.45
7.	Irmgard van Weeghel	ENC Arnhem	<b>11:37.35</b>	+0,81	
	50m: 37.71	250m: 3:28.25	44.73	650m: 9:25.57	45.13
	100m: 1:18.99	300m: 4:11.98	44.33	700m: 10:10.38	44.81
	150m: 2:01.78	350m: 4:56.63	45.32	750m: 10:54.74	44.36
	200m: 2:44.76	400m: 5:40.83	44.20	800m: 11:37.35	42.61

35+

1.	Lisanne Andeweg	Zuiderzeezwemmers	<b>10:47.15</b>	+0,84	
	50m: 35.64	250m: 3:17.58	40.80	650m: 8:46.94	41.11
	100m: 1:15.38	300m: 3:58.98	41.26	700m: 9:28.52	41.58
	150m: 1:55.66	350m: 4:40.13	40.92	750m: 10:08.87	40.35
	200m: 2:36.61	400m: 5:21.43	41.42	800m: 10:47.15	38.28
2.	Relinda Baas	TriVia	<b>11:05.72</b>	+0,77	
	50m: 36.58	250m: 3:21.64	42.53	650m: 9:01.80	42.33
	100m: 1:16.48	300m: 4:03.88	42.57	700m: 9:43.74	41.94
	150m: 1:57.77	350m: 4:46.43	42.68	750m: 10:25.04	41.30
	200m: 2:39.80	400m: 5:29.18	42.51	800m: 11:05.72	40.68





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 17, Dames, 800m vrije slag, 35+

rang	naam	vereniging					tijd	RT	PARA
3.	Nanda van Heteren	PSV	NED	198901728			<b>11:29.41</b>	<b>+0,86</b>	
	50m: 38.36	38.36	250m: 3:31.96	43.68	450m: 6:28.98	43.95	650m: 9:23.92	43.52	
	100m: 1:20.87	42.51	300m: 4:16.26	44.30	500m: 7:12.90	43.92	700m: 10:06.98	43.06	
	150m: 2:04.14	43.27	350m: 5:00.10	43.84	550m: 7:56.64	43.74	750m: 10:49.45	42.47	
	200m: 2:48.28	44.14	400m: 5:45.03	44.93	600m: 8:40.40	43.76	800m: 11:29.41	39.96	
4.	Suzan Blankestijn	ZVL - 1886	NED	198900350			<b>11:57.47</b>	<b>+0,77</b>	
	50m: 40.46	40.46	250m: 3:41.48	46.14	450m: 6:42.95	45.44	650m: 9:43.67	45.80	
	100m: 1:24.45	43.99	300m: 4:27.16	45.68	500m: 7:27.72	44.77	700m: 10:28.51	44.84	
	150m: 2:10.23	45.78	350m: 5:12.62	45.46	550m: 8:12.91	45.19	750m: 11:13.95	45.44	
	200m: 2:55.34	45.11	400m: 5:57.51	44.89	600m: 8:57.87	44.96	800m: 11:57.47	43.52	
5.	Esther Boerdam-Delfos	AZC	NED	198705256			<b>12:17.66</b>	<b>+0,79</b>	
	50m: 39.48	39.48	250m: 3:43.66	46.64	450m: 6:51.56	48.02	650m: 10:00.75	47.57	
	100m: 1:24.79	45.31	300m: 4:30.34	46.68	500m: 7:38.43	46.87	700m: 10:47.59	46.84	
	150m: 2:10.47	45.68	350m: 5:17.14	46.80	550m: 8:25.99	47.56	750m: 11:34.26	46.67	
	200m: 2:57.02	46.55	400m: 6:03.54	46.40	600m: 9:13.18	47.19	800m: 12:17.66	43.40	
6.	Liesbeth van Mill	Zwemlust- den Hommel	NED	198702786			<b>12:18.27</b>	<b>+0,91</b>	
	50m: 39.52	39.52	250m: 3:42.05	46.03	450m: 6:48.00	46.97	650m: 9:57.55	47.05	
	100m: 1:24.45	44.93	300m: 4:28.03	45.98	500m: 7:35.11	47.11	700m: 10:45.22	47.67	
	150m: 2:10.07	45.62	350m: 5:14.32	46.29	550m: 8:22.38	47.27	750m: 11:32.44	47.22	
	200m: 2:56.02	45.95	400m: 6:01.03	46.71	600m: 9:10.50	48.12	800m: 12:18.27	45.83	
7.	Jacoline van den Beukel	NieMo Barracuda	NED	199100238			<b>13:42.37</b>	<b>+0,80</b>	
	50m: 42.93	42.93	250m: 4:00.61	51.39	450m: 7:30.34	53.61	650m: 11:03.92	53.18	
	100m: 1:29.98	47.05	300m: 4:52.24	51.63	500m: 8:23.44	53.10	700m: 11:57.48	53.56	
	150m: 2:18.74	48.76	350m: 5:44.52	52.28	550m: 9:17.49	54.05	750m: 12:50.88	53.40	
	200m: 3:09.22	50.48	400m: 6:36.73	52.21	600m: 10:10.74	53.25	800m: 13:42.37	51.49	
40+									
1.	Sabine Zimmermann	Aachener SV 06	GER	101578			<b>10:07.77</b>	<b>+0,79</b>	
	50m: 34.04	34.04	250m: 3:06.76	38.59	450m: 5:41.30	38.21	650m: 8:15.80	38.19	
	100m: 1:11.56	37.52	300m: 3:45.77	39.01	500m: 6:20.19	38.89	700m: 8:53.81	38.01	
	150m: 1:49.50	37.94	350m: 4:24.45	38.68	550m: 6:58.98	38.79	750m: 9:31.61	37.80	
	200m: 2:28.17	38.67	400m: 5:03.09	38.64	600m: 7:37.61	38.63	800m: 10:07.77	36.16	
2.	Viktória Hádén-Felföldi	Iron Swim	HUN	66/3267			<b>10:20.84</b>	<b>+0,81</b>	
	50m: 34.64	34.64	250m: 3:09.21	38.82	450m: 5:45.32	39.37	650m: 8:23.39	39.58	
	100m: 1:12.89	38.25	300m: 3:47.85	38.64	500m: 6:24.66	39.34	700m: 9:03.03	39.64	
	150m: 1:51.55	38.66	350m: 4:27.07	39.22	550m: 7:04.09	39.43	750m: 9:42.51	39.48	
	200m: 2:30.39	38.84	400m: 5:05.95	38.88	600m: 7:43.81	39.72	800m: 10:20.84	38.33	
3.	Ann Wanter	Zwemclub Geel	BEL	ZGEEL/21082/82			<b>10:21.47</b>	<b>+0,80</b>	
	50m: 35.17	35.17	250m: 3:11.62	39.47	450m: 5:49.01	39.45	650m: 8:26.62	39.41	
	100m: 1:14.03	38.86	300m: 3:51.00	39.38	500m: 6:28.43	39.42	700m: 9:05.71	39.09	
	150m: 1:53.18	39.15	350m: 4:30.23	39.23	550m: 7:07.85	39.42	750m: 9:44.61	38.90	
	200m: 2:32.15	38.97	400m: 5:09.56	39.33	600m: 7:47.21	39.36	800m: 10:21.47	36.86	
4.	Evita van de Ketterij	De Treffers	NED	198504284			<b>10:53.71</b>	<b>+0,84</b>	
	50m: 35.95	35.95	250m: 3:18.46	41.29	450m: 6:04.80	41.53	650m: 8:51.36	41.11	
	100m: 1:15.54	39.59	300m: 3:59.99	41.53	500m: 6:46.38	41.58	700m: 9:32.98	41.62	
	150m: 1:56.13	40.59	350m: 4:41.63	41.64	550m: 7:28.16	41.78	750m: 10:13.89	40.91	
	200m: 2:37.17	41.04	400m: 5:23.27	41.64	600m: 8:10.25	42.09	800m: 10:53.71	39.82	
5.	Ramona Linting	AZC	NED	198301274			<b>11:26.31</b>	<b>+0,76</b>	
	50m: 37.60	37.60	250m: 3:30.96	43.42	450m: 6:25.62	43.11	650m: 9:19.06	43.49	
	100m: 1:20.46	42.86	300m: 4:14.77	43.81	500m: 7:08.82	43.20	700m: 10:02.12	43.06	
	150m: 2:03.83	43.37	350m: 4:58.75	43.98	550m: 7:52.00	43.18	750m: 10:44.98	42.86	
	200m: 2:47.54	43.71	400m: 5:42.51	43.76	600m: 8:35.57	43.57	800m: 11:26.31	41.33	
6.	Sandra Schellekens	Neptunus'58	NED	198503416			<b>12:31.20</b>	<b>+0,91</b>	
	50m: 39.34	39.34	250m: 3:44.80	46.97	450m: 6:55.83	47.53	650m: 10:07.89	47.61	
	100m: 1:24.39	45.05	300m: 4:32.95	48.15	500m: 7:44.23	48.40	700m: 10:56.85	48.96	
	150m: 2:10.25	45.86	350m: 5:20.49	47.54	550m: 8:31.99	47.76	750m: 11:44.25	47.40	
	200m: 2:57.83	47.58	400m: 6:08.30	47.81	600m: 9:20.28	48.29	800m: 12:31.20	46.95	
7.	Linda Hoogendam	WVZ	NED	198300892			<b>12:51.19</b>	<b>+0,94</b>	
	50m: 42.65	42.65	250m: 3:57.08	48.22	450m: 7:13.33	48.96	650m: 10:29.62	48.51	
	100m: 1:31.69	49.04	300m: 4:46.23	49.15	500m: 8:02.79	49.46	700m: 11:19.44	49.82	
	150m: 2:19.47	47.78	350m: 5:34.97	48.74	550m: 8:51.99	49.20	750m: 12:06.37	46.93	
	200m: 3:08.86	49.39	400m: 6:24.37	49.40	600m: 9:41.11	49.12	800m: 12:51.19	44.82	
45+									
1.	Chantal Verhoeff	Old Dutch	NED	197900912			<b>11:55.78</b>	<b>+0,82</b>	
	50m: 38.94	38.94	250m: 3:38.14	45.12	450m: 6:39.24	45.28	650m: 9:40.74	45.43	
	100m: 1:22.97	44.03	300m: 4:23.10	44.96	500m: 7:24.64	45.40	700m: 10:26.49	45.75	
	150m: 2:07.86	44.89	350m: 5:08.47	45.37	550m: 8:09.67	45.03	750m: 11:11.20	44.71	
	200m: 2:53.02	45.16	400m: 5:53.96	45.49	600m: 8:55.31	45.64	800m: 11:55.78	44.58	



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 17, Dames, 800m vrije slag, 45+

rang	naam	vereniging	tijd	RT	PARA			
2.	Sabrina Boekhout	De Biesboschzweimmers	<b>12:18.69</b>	+0,87				
	50m: 39.87	39.87	250m: 3:43.12	46.50	450m: 6:50.50	47.18	650m: 9:59.07	46.69
	100m: 1:24.55	44.68	300m: 4:29.30	46.18	500m: 7:37.96	47.46	700m: 10:46.71	47.64
	150m: 2:10.39	45.84	350m: 5:15.94	46.64	550m: 8:25.03	47.07	750m: 11:33.29	46.58
	200m: 2:56.62	46.23	400m: 6:03.32	47.38	600m: 9:12.38	47.35	800m: 12:18.69	45.40
3.	Jessica Venema	Old Dutch	<b>12:21.43</b>	+0,77				
	50m: 38.32	38.32	250m: 3:43.95	47.84	450m: 6:53.78	47.00	650m: 10:03.40	47.35
	100m: 1:22.26	43.94	300m: 4:31.27	47.32	500m: 7:41.28	47.50	700m: 10:51.15	47.75
	150m: 2:08.72	46.46	350m: 5:19.11	47.84	550m: 8:28.14	46.86	750m: 11:37.17	46.02
	200m: 2:56.11	47.39	400m: 6:06.78	47.67	600m: 9:16.05	47.91	800m: 12:21.43	44.26

50+

1.	Liselotte Joling	PSV	<b>10:19.33</b>	+0,88				
	50m: 36.08	36.08	250m: 3:11.53	38.42	450m: 5:47.74	38.63	650m: 8:23.89	39.21
	100m: 1:14.59	38.51	300m: 3:51.09	39.56	500m: 6:26.82	39.08	700m: 9:03.72	39.83
	150m: 1:53.45	38.86	350m: 4:29.78	38.69	550m: 7:05.68	38.86	750m: 9:42.23	38.51
	200m: 2:33.11	39.66	400m: 5:09.11	39.33	600m: 7:44.68	39.00	800m: 10:19.33	37.10
2.	Annett von Rekowski	Schwimmverein Gera	<b>10:29.47</b>	+0,76				
	50m: 35.07	35.07	250m: 3:14.13	39.93	450m: 5:54.76	39.70	650m: 8:32.81	39.51
	100m: 1:14.54	39.47	300m: 3:54.51	40.38	500m: 6:34.44	39.68	700m: 9:12.69	39.88
	150m: 1:54.29	39.75	350m: 4:34.36	39.85	550m: 7:13.98	39.54	750m: 9:51.68	38.99
	200m: 2:34.20	39.91	400m: 5:15.06	40.70	600m: 7:53.30	39.32	800m: 10:29.47	37.79
3.	Petra Guijt	Aqua-Novio '94	<b>11:49.77</b>	+0,88				
	50m: 39.25	39.25	250m: 3:39.38	45.67	450m: 6:40.08	44.81	650m: 9:38.28	44.67
	100m: 1:23.13	43.88	300m: 4:24.74	45.36	500m: 7:24.24	44.16	700m: 10:22.85	44.57
	150m: 2:08.55	45.42	350m: 5:10.21	45.47	550m: 8:09.01	44.77	750m: 11:07.02	44.17
	200m: 2:53.71	45.16	400m: 5:55.27	45.06	600m: 8:53.61	44.60	800m: 11:49.77	42.75
4.	Mariska van Doorn	Arethusa	<b>12:12.20</b>	+0,91				
	50m: 38.40	38.40	250m: 3:38.02	45.59	450m: 6:44.86	46.94	650m: 9:52.71	46.77
	100m: 1:21.36	42.96	300m: 4:23.84	45.82	500m: 7:32.41	47.55	700m: 10:39.89	47.18
	150m: 2:06.70	45.34	350m: 5:10.66	46.82	550m: 8:19.25	46.84	750m: 11:26.48	46.59
	200m: 2:52.43	45.73	400m: 5:57.92	47.26	600m: 9:05.94	46.69	800m: 12:12.20	45.72

55+

1.	Carla Geurts	PSV	<b>10:06.73</b>	+0,74				
	<i>Nederlands Masters Record</i>							
	50m: 34.03	34.03	250m: 3:06.61	38.30	450m: 5:40.33	38.06	650m: 8:14.28	38.80
	100m: 1:11.61	37.58	300m: 3:45.37	38.76	500m: 6:18.38	38.05	700m: 8:52.43	38.15
	150m: 1:49.92	38.31	350m: 4:24.02	38.65	550m: 6:56.85	38.47	750m: 9:30.81	38.38
	200m: 2:28.31	38.39	400m: 5:02.27	38.25	600m: 7:35.48	38.63	800m: 10:06.73	35.92
2.	Lidia van Bon-Rosenbrand	ZPC Amersfoort	<b>10:55.95</b>	+0,86				
	50m: 36.61	36.61	250m: 3:24.67	42.58	450m: 6:12.98	41.11	650m: 8:57.63	41.05
	100m: 1:17.27	40.66	300m: 4:07.43	42.76	500m: 6:54.50	41.52	700m: 9:38.21	40.58
	150m: 1:59.11	41.84	350m: 4:49.72	42.29	550m: 7:35.63	41.13	750m: 10:18.18	39.97
	200m: 2:42.09	42.98	400m: 5:31.87	42.15	600m: 8:16.58	40.95	800m: 10:55.95	37.77
3.	Annette de Visser	Oceanus	<b>11:18.59</b>	+0,86				
	50m: 37.25	37.25	250m: 3:26.88	43.44	450m: 6:19.50	43.01	650m: 9:12.16	42.66
	100m: 1:18.15	40.90	300m: 4:09.91	43.03	500m: 7:02.75	43.25	700m: 9:55.14	42.98
	150m: 2:00.60	42.45	350m: 4:53.30	43.39	550m: 7:46.12	43.37	750m: 10:37.56	42.42
	200m: 2:43.44	42.84	400m: 5:36.49	43.19	600m: 8:29.50	43.38	800m: 11:18.59	41.03
4.	Iris van Aurich	DWK	<b>12:07.32</b>	+0,80				
	50m: 39.80	39.80	250m: 3:42.66	46.59	450m: 6:49.44	46.19	650m: 9:54.73	46.15
	100m: 1:23.80	44.00	300m: 4:29.28	46.62	500m: 7:35.90	46.46	700m: 10:39.91	45.18
	150m: 2:09.40	45.60	350m: 5:16.39	47.11	550m: 8:22.35	46.45	750m: 11:25.00	45.09
	200m: 2:56.07	46.67	400m: 6:03.25	46.86	600m: 9:08.58	46.23	800m: 12:07.32	42.32
5.	Inken Wemheuer	Team Noord Holland (SG)	<b>12:16.87</b>	+0,87				
	50m: 41.10	41.10	250m: 3:49.11	48.06	450m: 6:59.72	47.89	650m: 10:07.07	46.34
	100m: 1:26.54	45.44	300m: 4:36.57	47.46	500m: 7:46.62	46.90	700m: 10:51.99	44.92
	150m: 2:14.16	47.62	350m: 5:24.74	48.17	550m: 8:34.09	47.47	750m: 11:36.48	44.49
	200m: 3:01.05	46.89	400m: 6:11.83	47.09	600m: 9:20.73	46.64	800m: 12:16.87	40.39
6.	Laura Staal	Oceanus	<b>12:24.95</b>	+0,82				
	50m: 41.20	41.20	250m: 3:49.02	47.70	450m: 6:58.19	47.44	650m: 10:06.71	47.61
	100m: 1:27.47	46.27	300m: 4:36.13	47.11	500m: 7:44.97	46.78	700m: 10:53.64	46.93
	150m: 2:14.21	46.74	350m: 5:23.92	47.79	550m: 8:32.57	47.60	750m: 11:40.30	46.66
	200m: 3:01.32	47.11	400m: 6:10.75	46.83	600m: 9:19.10	46.53	800m: 12:24.95	44.65



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 17, Dames, 800m vrije slag, 55+

rang	naam	vereniging						tijd	RT	PARA
7.	Annette Spies	Link	NED	197001110				<b>13:42.79</b>	<b>+0,87</b>	
	50m: 44.22	44.22	250m: 4:11.13	51.76	450m: 7:40.18	52.05	650m: 11:08.96	51.98		
	100m: 1:35.47	51.25	300m: 5:03.57	52.44	500m: 8:32.81	52.63	700m: 12:01.37	52.41		
	150m: 2:27.08	51.61	350m: 5:55.42	51.85	550m: 9:24.37	51.56	750m: 12:52.95	51.58		
	200m: 3:19.37	52.29	400m: 6:48.13	52.71	600m: 10:16.98	52.61	800m: 13:42.79	49.84		
8.	Annet Kootstra	SWOL 1894	NED	197100344				<b>13:45.52</b>	<b>+0,98</b>	
	50m: 45.79	45.79	250m: 4:12.64	52.57	450m: 7:42.60	52.87	650m: 11:11.96	52.41		
	100m: 1:36.43	50.64	300m: 5:04.60	51.96	500m: 8:34.48	51.88	700m: 12:03.79	51.83		
	150m: 2:28.38	51.95	350m: 5:57.56	52.96	550m: 9:27.37	52.89	750m: 12:55.88	52.09		
	200m: 3:20.07	51.69	400m: 6:49.73	52.17	600m: 10:19.55	52.18	800m: 13:45.52	49.64		
9.	Kathy Van Lindt	Cercle De Natation Sportcity WolBEL	CNSW/007949/71					<b>14:04.78</b>	<b>+1,02</b>	
	50m: 48.19	48.19	250m: 4:18.47	51.83	450m: 7:53.30	53.23	650m: 11:27.59	52.18		
	100m: 1:41.22	53.03	300m: 5:12.72	54.25	500m: 8:47.27	53.97	700m: 12:21.54	53.95		
	150m: 2:33.45	52.23	350m: 6:05.98	53.26	550m: 9:40.94	53.67	750m: 13:14.16	52.62		
	200m: 3:26.64	53.19	400m: 7:00.07	54.09	600m: 10:35.41	54.47	800m: 14:04.78	50.62		
<b>60+</b>										
1.	Wilna Heijman	Steenwijk 1934	NED	196400506				<b>12:03.46</b>	<b>+0,84</b>	
	50m: 39.58	39.58	250m: 3:40.17	46.04	450m: 6:43.56	45.55	650m: 9:47.38	45.86		
	100m: 1:23.21	43.63	300m: 4:25.95	45.78	500m: 7:29.38	45.82	700m: 10:32.83	45.45		
	150m: 2:08.35	45.14	350m: 5:12.38	46.43	550m: 8:15.70	46.32	750m: 11:18.90	46.07		
	200m: 2:54.13	45.78	400m: 5:58.01	45.63	600m: 9:01.52	45.82	800m: 12:03.46	44.56		
2.	Anita Steijger	WVZ	NED	196500628				<b>12:40.25</b>	<b>+0,89</b>	
	50m: 43.94	43.94	250m: 3:54.42	48.51	450m: 7:06.24	48.02	650m: 10:17.85	47.87		
	100m: 1:30.63	46.69	300m: 4:42.24	47.82	500m: 7:54.31	48.07	700m: 11:06.29	48.44		
	150m: 2:18.14	47.51	350m: 5:30.33	48.09	550m: 8:42.36	48.05	750m: 11:54.28	47.99		
	200m: 3:05.91	47.77	400m: 6:18.22	47.89	600m: 9:29.98	47.62	800m: 12:40.25	45.97		
<b>65+</b>										
1.	Petra Tossings	GZC Donk	NED	196100376				<b>12:42.53</b>	<b>+0,84</b>	
	50m: 42.03	42.03	250m: 3:54.61	48.25	450m: 7:07.38	47.37	650m: 10:20.26	47.77		
	100m: 1:29.36	47.33	300m: 4:43.08	48.47	500m: 7:56.17	48.79	700m: 11:08.69	48.43		
	150m: 2:17.64	48.28	350m: 5:31.04	47.96	550m: 8:44.15	47.98	750m: 11:55.79	47.10		
	200m: 3:06.36	48.72	400m: 6:20.01	48.97	600m: 9:32.49	48.34	800m: 12:42.53	46.74		
2.	Kirsten Stamer	SC Janus Köln	GER	247144				<b>14:21.04</b>	<b>+0,90</b>	
	50m: 50.08	50.08	250m: 4:27.01	54.54	450m: 8:05.73	53.91	650m: 11:40.67	54.07		
	100m: 1:43.92	53.84	300m: 5:21.88	54.87	500m: 8:59.34	53.61	700m: 12:34.07	53.40		
	150m: 2:38.13	54.21	350m: 6:17.28	55.40	550m: 9:53.37	54.03	750m: 13:28.54	54.47		
	200m: 3:32.47	54.34	400m: 7:11.82	54.54	600m: 10:46.60	53.23	800m: 14:21.04	52.50		
<b>70+</b>										
1.	Ineke Weekers	PSV	NED	195300050				<b>13:03.44</b>	<b>+0,88</b>	
	50m: 45.15	45.15	250m: 4:03.23	49.75	450m: 7:21.17	49.52	650m: 10:38.91	50.07		
	100m: 1:34.51	49.36	300m: 4:53.01	49.78	500m: 8:10.73	49.56	700m: 11:27.71	48.80		
	150m: 2:23.78	49.27	350m: 5:42.31	49.30	550m: 8:59.75	49.02	750m: 12:16.66	48.95		
	200m: 3:13.48	49.70	400m: 6:31.65	49.34	600m: 9:48.84	49.09	800m: 13:03.44	46.78		
<b>75+</b>										
1.	Gonnie Bak	PSV	NED	195100064				<b>17:49.93</b>	<b>+0,96</b>	
	50m: 57.82	57.82	250m: 5:26.56	1:07.36	450m: 9:57.27	1:07.68	650m: 14:29.67	1:08.13		
	100m: 2:04.40	1:06.58	300m: 6:34.60	1:08.04	500m: 11:04.96	1:07.69	700m: 15:37.67	1:08.00		
	150m: 3:11.63	1:07.23	350m: 7:41.71	1:07.11	550m: 12:12.94	1:07.98	750m: 16:44.68	1:07.01		
	200m: 4:19.20	1:07.57	400m: 8:49.59	1:07.88	600m: 13:21.54	1:08.60	800m: 17:49.93	1:05.25		
<b>80+</b>										
1.	Loekie van Huissteden	ZPC Amersfoort	NED	194500002				<b>20:45.76</b>	<b>+1,06</b>	
	50m: 1:06.29	1:06.29	250m: 6:15.89	1:18.75	450m: 11:33.16	1:19.12	650m: 16:51.40	1:18.83		
	100m: 2:23.31	1:17.02	300m: 7:35.47	1:19.58	500m: 12:53.20	1:20.04	700m: 18:11.95	1:20.55		
	150m: 3:38.38	1:15.07	350m: 8:53.75	1:18.28	550m: 14:11.46	1:18.26	750m: 19:31.02	1:19.07		
	200m: 4:57.14	1:18.76	400m: 10:14.04	1:20.29	600m: 15:32.57	1:21.11	800m: 20:45.76	1:14.74		





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 18  
2-5-2026 - 11:05

Heren, 400m wisselslag

Masters Open  
Resultaten

rang	naam	vereniging	tijd	RT	PARA			
<b>20+</b>								
1.	Laurens Kalle	De Schotejil	<b>5:07.20</b>	+0,76				
	50m: 30.25	30.25	150m: 1:46.83	40.93	250m: 3:12.12	46.17	350m: 4:33.60	36.58
	100m: 1:05.90	35.65	200m: 2:25.95	39.12	300m: 3:57.02	44.90	400m: 5:07.20	33.60
2.	Jesper Pas	VZV Njord	<b>5:23.38</b>	+0,73				
	50m: 32.18	32.18	150m: 1:55.04	43.61	250m: 3:23.39	46.38	350m: 4:47.83	36.58
	100m: 1:11.43	39.25	200m: 2:37.01	41.97	300m: 4:11.25	47.86	400m: 5:23.38	35.55
3.	Christian Kalle	De Schotejil	<b>5:29.71</b>	+0,82				
	50m: 29.74	29.74	150m: 1:52.04	46.44	250m: 3:24.84	48.10	350m: 4:54.12	39.54
	100m: 1:05.60	35.86	200m: 2:36.74	44.70	300m: 4:14.58	49.74	400m: 5:29.71	35.59
<b>25+</b>								
1.	Jelle Blankestijn	ZPC Amersfoort	<b>5:12.79</b>	+0,79				
	50m: 31.89	31.89	150m: 1:50.94	40.32	250m: 3:16.86	44.97	350m: 4:38.46	35.77
	100m: 1:10.62	38.73	200m: 2:31.89	40.95	300m: 4:02.69	45.83	400m: 5:12.79	34.33
2.	David Kievit	De Schotejil	<b>5:19.55</b>	+0,76				
	50m: 31.43	31.43	150m: 1:51.89	41.18	250m: 3:19.09	45.92	350m: 4:42.63	37.65
	100m: 1:10.71	39.28	200m: 2:33.17	41.28	300m: 4:04.98	45.89	400m: 5:19.55	36.92
3.	Jeroen Louwinger	De Rijn	<b>5:23.63</b>	+0,75				
	50m: 34.34	34.34	150m: 1:54.18	41.05	250m: 3:22.67	48.91	350m: 4:47.81	36.29
	100m: 1:13.13	38.79	200m: 2:33.76	39.58	300m: 4:11.52	48.85	400m: 5:23.63	35.82
4.	Wesley van der Luit	Sassenheim	<b>5:38.45</b>	+0,82				
	50m: 35.03	35.03	150m: 2:00.30	45.33	250m: 3:32.47	49.07	350m: 5:02.35	39.56
	100m: 1:14.97	39.94	200m: 2:43.40	43.10	300m: 4:22.79	50.32	400m: 5:38.45	36.10
5.	Rick Haanschoten	De Rijn	<b>5:42.17</b>	+0,69				
	50m: 34.80	34.80	150m: 2:02.31	47.37	250m: 3:37.65	49.68	350m: 5:05.21	38.63
	100m: 1:14.94	40.14	200m: 2:47.97	45.66	300m: 4:26.58	48.93	400m: 5:42.17	36.96
6.	Patrick Wyrdean	Westland Swimming Stars	<b>5:49.77</b>	+0,68				
	50m: 32.50	32.50	150m: 1:58.72	46.35	250m: 3:35.58	51.77	350m: 5:09.85	41.36
	100m: 1:12.37	39.87	200m: 2:43.81	45.09	300m: 4:28.49	52.91	400m: 5:49.77	39.92
7.	Tenzin Tieman	Old Dutch	<b>5:54.42</b>	+0,80				
	50m: 33.72	33.72	150m: 2:02.97	47.92	250m: 3:45.51	55.05	350m: 5:18.69	37.83
	100m: 1:15.05	41.33	200m: 2:50.46	47.49	300m: 4:40.86	55.35	400m: 5:54.42	35.73
8.	Milan Adriaenssens	De Vrije Slag	<b>6:04.77</b>	+0,74				
	50m: 35.37	35.37	150m: 2:11.25	50.98	250m: 3:50.41	49.44	350m: 5:23.50	42.35
	100m: 1:20.27	44.90	200m: 3:00.97	49.72	300m: 4:41.15	50.74	400m: 6:04.77	41.27
9.	Jack Davies	ZVL - 1886	<b>6:06.65</b>	+0,75				
	50m: 35.78	35.78	150m: 2:07.40	47.75	250m: 3:45.19	50.95	350m: 5:21.91	45.77
	100m: 1:19.65	43.87	200m: 2:54.24	46.84	300m: 4:36.14	50.95	400m: 6:06.65	44.74
AFGEM	Herman Buist	PWC			NED 199801525			
<b>30+</b>								
1.	Pieter Pijnenburg	De Biesboschzwemmers	<b>5:37.56</b>	+0,79				
	50m: 35.59	35.59	150m: 2:02.66	44.85	250m: 3:32.72	45.01	350m: 4:58.14	39.04
	100m: 1:17.81	42.22	200m: 2:47.71	45.05	300m: 4:19.10	46.38	400m: 5:37.56	39.42
2.	Hugo Herbers	SWOL 1894	<b>5:58.99</b>	+0,77				
	50m: 34.80	34.80	150m: 2:03.26	46.58	250m: 3:40.01	49.99	350m: 5:15.31	43.67
	100m: 1:16.68	41.88	200m: 2:50.02	46.76	300m: 4:31.64	51.63	400m: 5:58.99	43.68
3.	Colin Degenaars	ZPCH	<b>6:09.62</b>	+0,81	SM14			
	50m: 36.04	36.04	150m: 2:13.60	50.88	250m: 3:55.29	53.87	350m: 5:30.71	41.29
	100m: 1:22.72	46.68	200m: 3:01.42	47.82	300m: 4:49.42	54.13	400m: 6:09.62	38.91
4.	Jaime Santiago Patterson	ZVL - 1886	<b>6:15.10</b>	+0,74				
	50m: 39.52	39.52	150m: 2:15.80	50.01	250m: 3:56.79	54.99	350m: 5:35.26	42.64
	100m: 1:25.79	46.27	200m: 3:01.80	46.00	300m: 4:52.62	55.83	400m: 6:15.10	39.84





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 18, Heren, 400m wisselslag

35+

1. Tim Bunnik	Triton	NED	199000505	<b>5:16.39</b>	+0,76
50m: 33.37	33.37	150m: 1:53.74	40.24	250m: 3:19.39	44.69
100m: 1:13.50	40.13	200m: 2:34.70	40.96	300m: 4:06.05	46.66
350m: 4:40.53	34.48	400m: 5:16.39	35.86		
2. Patrick Creemers	SG Patrick - De Roersoppers	NED	199000579	<b>5:36.48</b>	+0,75
50m: 34.70	34.70	150m: 2:08.07	46.64	250m: 3:37.92	45.84
100m: 1:21.43	46.73	200m: 2:52.08	44.01	300m: 4:23.96	46.04
350m: 5:00.92	36.96	400m: 5:36.48	35.56		
3. Robert Spekhorst	De Mors	NED	198703141	<b>6:51.18</b>	+0,86
50m: 42.51	42.51	150m: 2:33.18	52.69	250m: 4:19.33	53.67
100m: 1:40.49	57.98	200m: 3:25.66	52.48	300m: 5:14.64	55.31
350m: 6:02.55	47.91	400m: 6:51.18	48.63		

40+

1. Yuri van Omme	Zwemvereniging Hoogland	NED	198501887	<b>5:25.05</b>	+0,82
50m: 34.08	34.08	150m: 1:58.08	42.73	250m: 3:24.20	43.58
100m: 1:15.35	41.27	200m: 2:40.62	42.54	300m: 4:08.25	44.05
350m: 4:46.77	38.52	400m: 5:25.05	38.28		
2. Rob van Wanrooy	Albion	NED	198202627	<b>5:54.75</b>	+0,75
50m: 39.99	39.99	150m: 2:11.79	45.58	250m: 3:45.77	49.48
100m: 1:26.21	46.22	200m: 2:56.29	44.50	300m: 4:35.54	49.77
350m: 5:15.34	39.80	400m: 5:54.75	39.41		

45+

1. Vincent Versteeg	Zwemlust- den Hommel	NED	197701003	<b>5:20.18</b>	+0,75
50m: 33.18	33.18	150m: 1:56.46	43.49	250m: 3:22.22	44.18
100m: 1:12.97	39.79	200m: 2:38.04	41.58	300m: 4:07.05	44.83
350m: 4:44.43	37.38	400m: 5:20.18	35.75		
2. Dennis Brouwers	HZPC	NED	197800167	<b>5:21.75</b>	+0,81
50m: 36.73	36.73	150m: 1:59.35	38.55	250m: 3:24.22	47.66
100m: 1:20.80	44.07	200m: 2:36.56	37.21	300m: 4:11.67	47.45
350m: 4:47.29	35.62	400m: 5:21.75	34.46		
3. Gergely Molnár	Iron Swim	HUN	66/752	<b>5:25.28</b>	+0,76
50m: 32.79	32.79	150m: 1:55.88	44.74	250m: 3:26.24	46.99
100m: 1:11.14	38.35	200m: 2:39.25	43.37	300m: 4:13.19	46.95
350m: 4:49.72	36.53	400m: 5:25.28	35.56		
4. Oliver Grundmann	SG Essen	GER	501511	<b>5:34.68</b>	+0,79
50m: 32.52	32.52	150m: 1:56.82	45.55	250m: 3:29.97	48.36
100m: 1:11.27	38.75	200m: 2:41.61	44.79	300m: 4:19.21	49.24
350m: 4:59.99	38.78	400m: 5:34.68	36.69		
5. Heijmen van Vliet	De Geul	NED	198001637	<b>5:38.66</b>	+0,73
50m: 32.84	32.84	150m: 1:55.06	44.03	250m: 3:28.90	50.66
100m: 1:11.03	38.19	200m: 2:38.24	43.18	300m: 4:19.48	50.58
350m: 4:59.61	40.13	400m: 5:38.66	39.05		
6. Arjan Buijsse	Sassenheim	NED	197901767	<b>5:49.59</b>	+0,77
50m: 34.74	34.74	150m: 2:04.52	47.61	250m: 3:38.76	49.30
100m: 1:16.91	42.17	200m: 2:49.46	44.94	300m: 4:29.09	50.33
350m: 5:09.53	40.44	400m: 5:49.59	40.06		
7. Robert Istrate	Zwemsport Parkstad	NED	198002555	<b>5:59.80</b>	+0,83
50m: 35.52	35.52	150m: 2:06.00	49.01	250m: 3:46.31	52.52
100m: 1:16.99	41.47	200m: 2:53.79	47.79	300m: 4:39.82	53.51
350m: 5:20.85	41.03	400m: 5:59.80	38.95		
8. Freddie Geerlings	Zwemsport Parkstad	NED	197900379	<b>6:07.74</b>	+0,81
50m: 38.93	38.93	150m: 2:19.95	50.22	250m: 3:58.39	50.61
100m: 1:29.73	50.80	200m: 3:07.78	47.83	300m: 4:49.67	51.28
350m: 5:30.46	40.79	400m: 6:07.74	37.28		

50+

1. Kai Kremer	SG Erkelenz-Hückelhoven	GER	468899	<b>6:20.86</b>	+0,88
50m: 37.64	37.64	150m: 2:14.96	52.48	250m: 4:00.24	50.56
100m: 1:22.48	44.84	200m: 3:09.68	54.72	300m: 4:50.73	50.49
350m: 5:35.95	45.22	400m: 6:20.86	44.91		
2. Marcel van Walt van Praag	Gay Swim Amsterdam	NED	197501425	<b>7:08.13</b>	+0,77
50m: 44.21	44.21	150m: 2:36.86	58.58	250m: 4:36.18	1:00.31
100m: 1:38.28	54.07	200m: 3:35.87	59.01	300m: 5:37.74	1:01.56
350m: 6:24.57	46.83	400m: 7:08.13	43.56		

55+

1. Jan-Willem van den Berg	WVZ	NED	196801575	<b>5:57.27</b>	+0,73
50m: 35.14	35.14	150m: 2:03.93	44.74	250m: 3:40.02	51.36
100m: 1:19.19	44.05	200m: 2:48.66	44.73	300m: 4:31.44	51.42
350m: 5:14.99	43.55	400m: 5:57.27	42.28		
2. Frank van Nobelen	Sassenheim	NED	196900753	<b>6:08.20</b>	+0,83
50m: 37.33	37.33	150m: 2:11.01	48.37	250m: 3:52.96	54.31
100m: 1:22.64	45.31	200m: 2:58.65	47.64	300m: 4:46.22	53.26
350m: 5:27.09	40.87	400m: 6:08.20	41.11		



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 18, Heren, 400m wisselslag, 55+

rang	naam	vereniging	tijd	RT	PARA
3.	Korstiaan de Boer	Steenwijk 1934	<b>6:38.88</b>	+0,97	
	50m: 43.30	150m: 2:25.18	250m: 4:10.96	350m: 5:55.36	46.62
	100m: 1:36.01	200m: 3:13.82	300m: 5:08.74	400m: 6:38.88	43.52

60+

1.	Jon Christensen	Luxembourg Sharks Swimming CLUX	10008	<b>6:11.30</b>	+0,80
	<i>Luxembourg Masters Record</i>				
	50m: 36.42	150m: 2:13.34	250m: 3:57.46	350m: 5:31.07	42.82
	100m: 1:18.81	200m: 3:07.63	300m: 4:48.25	400m: 6:11.30	40.23
2.	Eymert van Rooij	PSV	196601631	<b>6:20.13</b>	+0,98
	50m: 41.22	150m: 2:21.16	250m: 4:05.03	350m: 5:40.81	41.42
	100m: 1:32.05	200m: 3:10.28	300m: 4:59.39	400m: 6:20.13	39.32
3.	Rob Spetter	ZPC De Rog	196201239	<b>6:30.49</b>	+0,73
	50m: 42.55	150m: 2:23.37	250m: 4:10.62	350m: 5:49.74	40.32
	100m: 1:33.83	200m: 3:12.70	300m: 5:09.42	400m: 6:30.49	40.75

65+

1.	Ronald Grove	Triton	196100161	<b>6:52.32</b>	+0,79
	50m: 41.68	150m: 2:31.12	250m: 4:22.58	350m: 6:06.69	46.34
	100m: 1:35.48	200m: 3:24.93	300m: 5:20.35	400m: 6:52.32	45.63

70+

1.	Paul Bunnik	Triton	195600413	<b>7:08.33</b>	+0,94
	<i>Nederlands Masters Record</i>				
	50m: 39.33	150m: 2:31.52	250m: 4:27.82	350m: 6:20.62	48.79
	100m: 1:32.67	200m: 3:27.68	300m: 5:31.83	400m: 7:08.33	47.71

Programmanr. 19  
2-5-2026 - 11:37

4 x 100m wisselslag

Masters Open  
Resultaten

rang	naam	vereniging	tijd	RT	PARA
<b>Masters 80+, Dames</b>					
1.	ZVL - 1886 1	ZVL - 1886	<b>4:50.29</b>	+0,70	
	Jelsie van Ruijven	+0,70 35.20	1:11.84	Silke Molendijk	+0,18 30.69
	Babet van Andel	+0,50 39.02	1:24.23	Fieke Hoogduin	+0,28 31.69
<b>100+, Dames</b>					
1.	NieMo Barracuda 2	NieMo Barracuda	<b>4:57.91</b>	+0,65	
	Robin Pienaar	+0,65 37.11	1:17.30	Melissa van der Heijden	+0,15 31.72
	Marijke Kommers	+0,35 41.80	1:30.49	Anouchka Bos	+0,37 29.48
2.	Neptunia '24 1	Neptunia '24	<b>5:00.87</b>	+0,92	
	Marije Sweering	+0,92 36.79	1:15.16	Femke-Romy Wiersma	+0,25 35.84
	Noël Iris Hettinga	+0,32 36.71	1:19.92	Evelien de Jong	+0,16 31.43
3.	Bubble 1	Bubble	<b>5:01.75</b>	+0,78	
	Laura Setz	+0,78 34.82	1:12.93	Marijke Drent	+0,53 35.28
	Sanne Kloezen	+0,39 39.12	1:25.01	Esmee Kloezen	+0,54 31.43
4.	SG Octopus - ZVV 1	SG Octopus - ZVV	<b>5:23.14</b>	+0,81	
	Elmi Roelofsen	+0,81 36.10	1:17.26	Ilse Wild	+0,67 35.33
	Sheila ten Voorde	+0,61 42.68	1:32.61	Daphne van Rees	+0,64 33.40





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 19, 4 x 100m wisselslag

120+, Dames

1.	ACZ 1	ACZ		NED	<b>4:56.19</b>	+0,75		
	Fleur van Norren	+0,75	36.62	1:17.44	Mariska Scheel	+0,04	31.13	1:08.33
	Laura Hoogenboezem	+0,32	38.85	1:24.26	Carol Hollemans	+0,59	31.07	1:06.16
2.	PSV 3	PSV		NED	<b>5:00.83</b>	+0,67		
	Janneke Harmsen-Bakker	+0,67	35.40	1:14.17	Birgit Hage	+0,87	34.11	1:19.36
	Esther Tiemersma	+0,29	37.55	1:21.59	Fiona Meuffels	+0,29	30.95	1:05.71
3.	Zuiderzeewimmers 2	Zuiderzeewimmers		NED	<b>5:13.97</b>	+0,66		
	Annemarie ten Have	+0,66	37.99	1:19.59	Danique Stoop	+0,53	32.06	1:11.58
	Irene Hanse	+0,61	43.60	1:33.41	Lisanne Andeweg	+0,29	33.25	1:09.39
4.	ENC Arnhem 2	ENC Arnhem		NED	<b>5:15.86</b>	+0,71		
	Ellen ter Stege	+0,71	37.94	1:18.20	Jara Schmidt	+0,18	31.86	1:10.86
	Ijla Janssen	+0,30	43.18	1:33.64	Irmgard van Weeghel	+0,61	33.89	1:13.16
5.	De Geul 1	De Geul		NED	<b>5:30.91</b>	+0,82		
	Anne Besseling-de Jong	+0,82	43.21	1:27.94	Laura 't Lam	+0,64	35.14	1:18.00
	Faustine Mussig	+0,48	41.70	1:29.71	Marian Nederlof	+0,32	35.48	1:15.26
6.	AZC 2	AZC		NED	<b>5:45.59</b>	+0,87		
	Monique van Huizen	+0,87	40.54	1:23.74	Jessica Braat	+0,36	35.87	1:21.89
	Sharlene Both	+0,57	47.56	1:40.83	Esther Boerdam-Delfos	+0,28	37.77	1:19.13

160+, Dames

1.	Old Dutch 1	Old Dutch		NED	<b>5:30.63</b>	+0,94		
	Jessica Venema	+0,94	42.61	1:28.20	Anne-Marie Verschoor-Vos	+0,49	34.54	1:17.44
	Nicole van der Kooij	+0,33	45.40	1:36.12	Patricia Brooijmans	+0,65	33.39	1:08.87
2.	DZ&PC 1	DZ&PC		NED	<b>5:32.28</b>	+0,91		
	Catherine Hoogeveen	+0,91	39.44	1:20.88	Krista de Reus-Trompetter	+0,59	41.98	1:30.08
	Linda Kuiper	+0,54	41.51	1:29.21	Dyonne Bruggeling	+0,61	32.65	1:12.11
3.	Steenwijk 1934 3	Steenwijk 1934		NED	<b>5:39.18</b>	+0,78		
	Getrude Corporaal	+0,78	41.43	1:27.15	Jacyntha Plat	+0,34	33.49	1:13.00
	Linda Wibbelink	+0,37	51.26	1:48.40	Astrid Wibbelink	+0,48	33.45	1:10.63
4.	MSV-Zeemacht 2	MSV-Zeemacht		NED	<b>5:49.36</b>	+0,68		
	Amber van der Kruk	+0,68	35.95	1:14.72	Annette van Dok	+0,36	56.15	2:01.48
	Myrthe Bakker	+0,37	35.45	1:18.58	Bianca Groot	+0,70	35.78	1:14.58
5.	De Duinkickers 2	De Duinkickers		NED	<b>6:21.11</b>	+0,79		
	Maaik de Boer	+0,79	39.21	1:22.20	Saskia op den Velde	+0,60	48.05	1:50.89
	Inge Roskam	+0,60	44.91	1:37.24	Christine Buist	+0,54	42.02	1:30.78

200+, Dames

1.	Sassenheim 2	Sassenheim		NED	<b>5:52.76</b>	+0,88		
	Luisiana Bigea	+0,88	40.66	1:24.29	Marinka vd Zwet	+0,28	42.47	1:32.91
	Rianne Hoffland	+0,36	45.53	1:35.57	Yvonne van Nobelen - Kampschreur	+0,07	38.27	1:19.99
2.	De Geul 2	De Geul		NED	<b>6:34.93</b>	+0,83		
	Erica Muller	+0,83	55.74	1:55.31	Marcha Admiraal	+0,74	32.71	1:11.51
	Roselinda van der Vlugt	+0,98	1:01.57	2:11.63	Marijke Campfens	+0,55	37.38	1:16.48

240+, Dames

1.	ZPC Amersfoort 2	ZPC Amersfoort		NED	<b>5:22.32</b>	+0,67		
	<i>Europees Masters Record</i>							
	Lesley Cordial	+0,67	39.20	1:21.20	Lidia van Bon-Rosenbrand	+0,53	34.41	1:15.31
	Marjan Remmits-de Lange	+0,57	42.89	1:33.27	Atie Pijtak-Radersma	+0,29	33.95	1:12.54
2.	PSV 1	PSV		NED	<b>5:34.36</b>	+0,71		
	Carla Geurts	+0,71	37.71	1:18.26	Jeanne Petit	+0,59	35.12	1:19.20
	Trudy Ketting	+0,33	40.26	1:27.86	Ineke Weekers	+0,68	41.94	1:29.04

Masters 80+, Heren

1.	ZPC Woerden 1	ZPC Woerden		NED	<b>4:35.58</b>	+0,63		
	Ruben Zwartebol	+0,63	35.37	1:12.42	Ian Terlouw		29.54	1:06.73
	Daan Hoogendoorn		34.23	1:14.13	Milan de Roo		30.09	1:02.30



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 19, 4 x 100m wisselslag

100+, Heren

1. PWC Buitenpost 1	PWC	NED	<b>4:36.39</b>	+0,66
Bouke van der Zaag	+0,66 34.78	Rutger Hoving	+0,70 31.14	1:10.16
Roan Altena	+0,35 33.46	Herman Buist	+0,33 27.76	1:01.17
2. MSV-Zeemacht 1	MSV-Zeemacht	NED	<b>4:39.71</b>	+0,77
Marco van der Wulp	+0,77 35.82	Jordi de Nijs	+0,35 28.18	1:01.66
Derek Valkenier	+0,56 39.60	Mees Minneboo	+0,43 27.35	58.57
3. ZOB'66 1	ZOB'66	NED	<b>4:43.94</b>	+0,70
Nino van Krimpen	+0,70 33.27	Julian Mes	31.05	1:08.19
Ian van Mullem	37.78	Boaz Troost	29.80	1:05.01
4. ZV Hoogland 1	Zwemvereniging Hoogland	NED	<b>4:53.05</b>	+0,67
Jeffrey Roest	+0,67 35.45	Kevin Roest	+0,52 29.60	1:04.19
Tim de Zoete	+0,21 38.44	Ruben de Boer	+0,35 34.08	1:12.06

120+, Heren

1. Zwemlust- den Hommel 1	Zwemlust- den Hommel	NED	<b>4:14.19</b>	+0,67
Louis Kappler	+0,67 31.31	Matteo Viani	28.01	59.96
Victor Barnar	34.15	Fayssal Lanterna	26.91	57.03
2. ENC Arnhem 3	ENC Arnhem	NED	<b>4:23.16</b>	+0,88
Peter Rothengatter	+0,88 33.83	Kaelan Betrian	28.78	1:03.78
Sander de Vrught	33.07	Tim de Vrught	27.09	58.11
3. HZ&PC Heerenveen 2	HZ&PC Heerenveen	NED	<b>4:41.98</b>	+0,75
Rob van Wier	+0,75 36.52	Remco Dijkstra	30.84	1:09.31
Richard Kuipers	33.23	Stefan Damen	30.77	1:03.93
4. De Schotejil 1	De Schotejil	NED	<b>4:42.90</b>	+0,77
Frank v.d. Voordt	+0,77 36.48	Jacob Mackloet	+0,34 30.84	1:08.42
David Kievit	+0,26 35.45	Niels Albrechts	+0,28 30.64	1:03.79
5. AZC 1	AZC	NED	<b>4:58.48</b>	+0,70
Patrick Brouwer	+0,70 39.22	Jeroen Matthijssen	+0,35 31.71	1:11.03
Ricardo van Dam	+0,63 35.75	Ardy Zwanenburg	+0,24 32.78	1:09.03
6. Wahoo Swimming 1	Wahoo Swimming	NED	<b>5:05.59</b>	+0,70
Remco van Krieken	+0,70 35.90	Craig Frankum	+0,55 31.06	1:10.03
Christian Van Genderen	+0,38 41.21	Robert Den Breejen	+0,64 32.59	1:10.83
DIS WVZ 2	WVZ	NED		+0,74
<i>AM - Gebruik gemaakt van hulpmiddelen of tape gebruikt op het lichaam.</i>				
Jasper Breugem	+0,74 31.36	Markus van Rest	+0,43	
Simon van Ravesteijn	+0,46	Jordy van Oel	+0,08	

160+, Heren

1. ZPC Amersfoort 3	ZPC Amersfoort	NED	<b>4:32.61</b>	+0,70
Jelle Blankestijn	+0,70 32.60	Erwin Buist	28.83	1:05.15
Bas Braun	36.99	Jeroen Zeismann	28.11	1:00.13
2. DZ&PC 2	DZ&PC	NED	<b>4:40.34</b>	+0,75
Erik Nijholt	+0,75 33.16	Arjen Nieveen	+0,48 32.48	1:10.25
Alan Slomp	+0,24 34.11	Pieter Veenstra	+0,51 30.79	1:07.02
3. DAW 1	DAW	NED	<b>4:44.81</b>	+0,91
Jard Pronk	+0,91 36.63	Alex Damen	+0,39 33.34	1:11.93
Paul Oudendijk	+0,49 36.82	Sherif Badawy	+0,61 28.18	58.60
4. NieMo Barracuda 1	NieMo Barracuda	NED	<b>4:53.35</b>	+0,92
André Noordwijk	+0,92 38.13	Dennis Dortland	+0,57 32.47	1:11.42
Mark Hensen	+0,39 35.65	Marco Horneman	+0,51 32.32	1:07.03
5. Het Ravijn 1	Het Ravijn	NED	<b>4:56.88</b>	+0,85
Gerrit Poortman	+0,85 39.54	Marcel Zijderhand	+0,53 32.43	1:12.07
Harm Jan Otter	+0,73 36.51	William Kruihof	+0,31 29.96	1:03.93
6. Sassenheim 1	Sassenheim	NED	<b>4:56.95</b>	+0,78
Frank van Nobelen	+0,78 38.75	Arjan Buijsse	+0,60 34.52	1:15.01
Bogdan Androne	+0,64 37.04	Wesley van der Luit	+0,54 30.86	1:02.07
7. SWOL 1894 1	SWOL 1894	NED	<b>5:01.40</b>	+0,81
Albert van Piekeren	+0,81 36.88	Huub Scholing	+0,50 35.13	1:15.77
Stefan van de Griff	+0,58 36.72	Michael van Bekkum	+0,32 32.56	1:09.58



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 19, 4 x 100m wisselslag

200+, Heren

1. PSV 4 <i>Nederlands Masters Record</i>	PSV	NED	<b>4:35.22</b>	+0,68			
Jos de Graaf	91	30.57	1:04.08	Jacco Schaap	74	31.52	1:08.46
Harold Matla	68	37.24	1:19.87	Olivier van Heezik	71	29.50	1:02.81
2. Steenwijk 1934 2	Steenwijk 1934	NED	<b>5:03.94</b>	+0,74			
Robert Braad	+0,74	31.91	1:06.81	Rick Driezen	+0,64	29.58	1:05.15
Huyb Stegeman	+0,49	42.22	1:33.10	Casper Dollekamp	+0,74	36.86	1:18.88
3. De Duinkickers 1	De Duinkickers	NED	<b>5:20.04</b>	+0,79			
Mathieu Rikken	+0,79	39.17	1:20.71	Erik Cooman	+0,60	31.53	1:09.09
Robert de Brauwer	+0,67	45.80	1:35.93	Marcel Brittijn	+0,43	35.33	1:14.31

240+, Heren

1. ZPC Amersfoort 1 <i>Europees Masters Record</i>	ZPC Amersfoort	NED	<b>4:46.07</b>	+0,95			
Edwin van Norden	+0,95	36.98	1:15.55	Chester Marsman	+0,47	29.64	1:05.83
Ron Korzelius	+0,46	37.49	1:21.18	Johan Remmits	+0,43	30.18	1:03.51
2. Oslo I.L. 1 <i>Norwegian Masters Record</i>	Oslo I.L.	NOR	<b>4:46.74</b>	+0,69			
Bjørn Werner Johansen	+0,69	38.21	1:19.82	Oddvar Sandvin	+0,45	30.19	1:07.17
Erlend Alstad	+0,48	38.05	1:21.34	Jarl Inge Melberg	+0,27	27.72	58.41
3. ZPC De Rog 1	ZPC De Rog	NED	<b>5:11.01</b>	+0,62			
Peter Bernsen	+0,62	35.65	1:14.08	Arjan Verheij	+0,47	38.59	1:23.96
Glen Le Clercq	+0,49	36.69	1:22.11	Rob Spetter	+0,47	33.66	1:10.86
4. CN Sportcity Woluwe 1 <i>Belgian Masters Record</i>	Cercle De Natation Sportcity WolBEL		<b>5:19.64</b>	+0,72			
Hugues Herman	+0,72	37.36	1:17.04	Olivier Bresoux	+0,53	35.61	1:16.42
Bruno Nahon	+0,57	46.80	1:34.75	Philippe Morelle	+0,34	33.58	1:11.43

80+, Gemengd

1. Zuiderzeezwemmers 1	Zuiderzeezwemmers	NED	<b>4:54.77</b>	+0,69			
Myrthe Dam	+0,69	39.81	1:22.04	Ilmar Stoop	+0,51	29.93	1:06.77
Jesper Dinger	+0,44	36.22	1:18.50	Dagmar Kruijk	+0,18	31.00	1:07.46

100+, Gemengd

1. DZ&PC 3 <i>Nederlands Masters Record, Nederlands Masters Record 100+ gemengd, tevens NMR Dames 20+ 100m rugslag</i>	DZ&PC	NED	<b>4:16.19</b>	+0,76			
Sara Korhuis	06	31.97	1:05.30	Matthijs van Meerendonk	99	27.18	59.04
Jelle Betten	00	30.96	1:08.15	Marre Zandringa	97	28.62	1:03.70
2. WVZ 1	WVZ	NED	<b>4:19.34</b>	+0,67			
Marit Huisman	+0,67	34.11	1:11.19	Sander Kirillova		27.11	59.62
Scott Jansen		30.90	1:06.41	Delia Badoux		28.90	1:02.12
3. ZPC Amersfoort 4	ZPC Amersfoort	NED	<b>4:39.71</b>	+0,69			
Mandy Swart	+0,69	39.05	1:23.65	Darren Chen	+0,47	28.68	1:02.16
Jelle Opmeer	+0,24	32.28	1:09.80	Marije Jansen	+0,12	29.82	1:04.10
4. Poseidon'56 2	Poseidon'56	NED	<b>4:53.12</b>	+0,69			
John Smit	+0,69	33.79	1:10.72	Kelly de Jonge	+0,57	34.87	1:16.96
Kim van Gemert	+0,37	38.66	1:24.10	Sam Beer	+0,40	29.15	1:01.34
5. WS Twente 1	WS Twente	NED	<b>4:59.46</b>	+0,59			
Sander Riezebos	+0,59	35.13	1:12.64	Romée Beverdam	+0,54	35.67	1:19.42
Laurens Spoelstra	+0,43	35.01	1:17.81	Pien Ooijman	+0,49	32.88	1:09.59
6. NieMo Barracuda 3	NieMo Barracuda	NED	<b>5:17.32</b>	+0,75			
Esmée Rolloos	+0,75	41.29	1:27.66	Ids de Klerk	+0,52	33.99	1:16.03
Robin van Beusekom	+0,28	37.40	1:21.40	Tamara van den Brink	+0,62	33.61	1:12.23



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 19, 4 x 100m wisselslag

120+, Gemengd

1. ZV Hoogland 2	Zwemvereniging Hoogland	NED	<b>4:32.57</b>	+0,55
Anne-Irene Ducheine	+0,55 36.04 1:14.00	Bas Dries	+0,43 28.19	1:02.67
Yuri van Omme	+0,45 33.96 1:12.54	Jamilla van Omme - van Veen	+0,32 29.88	1:03.36
2. Westland Swimming Stars 1	Westland Swimming Stars	NED	<b>5:05.38</b>	+0,68
Mirjan den Drijver	+0,68 39.54 1:21.02	Patrick Wyrdeman	+0,53 32.11	1:10.78
Pieter Broek	+0,54 40.81 1:27.10	Kim de Jong	+0,18 31.32	1:06.48
3. De Amstel 1	De Amstel	NED	<b>5:08.16</b>	+0,72
Iris Bastiaansen	+0,72 37.80 1:19.12	Nina Siegers	+0,49 36.61	1:24.01
Owen Michels	+0,21 34.80 1:16.93	Henri Michels	+0,22 31.34	1:08.10
4. De Duck 1	De Duck	NED	<b>5:11.53</b>	+0,71
Noa de Bock	+0,71 38.34 1:20.22	Jort Vizeé	+0,47 31.35	1:06.94
Janneke van de Poele	+0,47 43.34 1:32.32	Erik Saan	+0,59 32.37	1:12.05

160+, Gemengd

1. ZPCH 1	ZPCH	NED	<b>4:42.36</b>	+0,64
Noa Oldenhof	+0,64 36.99 1:17.42	Jasper van Heijst	28.42	1:05.77
Ruud Holswilder	34.95 1:16.10	Linda van Schaik	30.36	1:03.07
2. Poseidon'56 1	Poseidon'56	NED	<b>5:02.64</b>	+0,77
Tonia Ruybroek	+0,77 39.29 1:22.26	Ryan van den Ouden	+0,38 27.98	1:02.34
Roxanne van Bavel	+0,42 44.28 1:34.03	Marcel Vroegindewei	+0,24 30.33	1:04.01
3. ZPC Amersfoort 5	ZPC Amersfoort	NED	<b>5:11.78</b>	+0,78
Angela Giezen	+0,78 40.71 1:23.15	Dries Cavelaars	+0,48 32.38	1:10.98
Rob van Vliet	+0,24 36.96 1:20.17	Henriëtte van Norden	+0,35 35.51	1:17.48
4. Old Dutch 2	Old Dutch	NED	<b>5:37.26</b>	+0,81
Henri Verschoor	+0,81 38.86 1:20.58	Tenzin Tieman	+0,50 32.74	1:12.33
Karin van Nassau-van den Heuvel	+0,42 51.73 1:50.74	Chantal Verhoeff	+0,55 34.44	1:13.61
5. TriVia 1	TriVia	NED	<b>5:39.12</b>	+0,79
Jeroen Temme	+0,79 41.17 1:23.00	Rik Stahlie	+0,33 32.56	1:12.44
Heleen Arends	+0,37 43.24 1:33.45	Hannie Poletiek	+0,38 42.96	1:30.23
DIS Team Noord Holland (SG) 1	Team Noord Holland (SG)	NED		+0,95
<i>EC - De estafette niet gezwommen met de opgegeven zwemmers. **</i>				
Peter van de Bor	+0,95 39.15 1:20.97	Dido Toomend	+0,20 34.35	1:20.15
Gerrit Orthofer	+0,02 37.53 1:20.75	Inken Wemheuer		

200+, Gemengd

1. Arethusa 1	Arethusa	NED	<b>5:15.03</b>	+0,93
Wendy Nederkoom	+0,93 43.12 1:33.85	Filipp Muller	+0,62 27.27	59.61
Paul van den Heuvel	+0,75 38.85 1:23.78	Mariska van Doorn	+0,72 36.01	1:17.79
2. ZVVS 1	ZV Vlaardingen-Schiedam	NED	<b>5:24.42</b>	+0,69
Bas van den Nouwelant	+0,69 39.57 1:22.47	Nadya Putter	+0,14 35.04	1:18.53
Karin Stein	+0,60 43.03 1:34.24	Rene de Jong	+0,39 31.98	1:09.18
3. DWK 1	DWK	NED	<b>5:37.64</b>	+0,73
Iris van Aurich	+0,73 45.12 1:30.11	Lars Jacobsen	+0,63 32.71	1:13.91
Martijn de Jong	+0,75 40.21 1:25.25	Jennie Resink-lindeboom	+0,47 42.52	1:28.37
4. Steenwijk 1934 1	Steenwijk 1934	NED	<b>5:51.19</b>	+0,76
Guido Keutgen	+0,76 34.99 1:12.89	Korstiaan de Boer	+0,65 40.08	1:27.38
Wilna Heijman	+0,57 49.61 1:48.07	Leonie Scholten	+0,49 38.52	1:22.85

240+, Gemengd

1. HZ&PC Heerenveen 1	HZ&PC Heerenveen	NED	<b>6:20.44</b>	+0,82
Katinka Elders	+0,82 55.80 1:53.67	René Beetsma	+0,46 34.60	1:20.93
Wiebren Dijkstra	+0,56 49.44 1:48.23	Jannie Vennik	+0,43 37.23	1:17.61



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 19, 4 x 100m wisselslag

280+, Gemengd

1. SWOL 1894 2	SWOL 1894	NED	<b>6:31.84</b>	+1,06			
Rob Berkhof	+1,06	54.37	1:50.31	Marijke Kraak-Beckers	+0,62	42.87	1:39.98
Harry Dokter	+0,67	43.89	1:37.24	Christine Nieuwenhuis	+0,75	39.57	1:24.31
2. PSV 2	PSV	NED	<b>7:05.47</b>	+0,83			
Tom Bandsma	+0,83	42.93	1:28.15	Eymert van Rooij	+0,58	36.81	1:20.85
Corrie Verhoeven	+0,73	56.64	2:03.30	Lottie Geurts	+0,86	1:02.76	2:13.17

5 - ONMK2026lb - Sessie 5

2-5-2026 - 13:30

Programmanr. 21  
2-5-2026 - 13:30

Dames, 200m rugslag

Masters Open  
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
<b>20+</b>								
1. Tess Panjer	VZC	NED 200403060	<b>2:30.06</b>	+0,68	34.86	1:12.45	1:52.04	2:30.06
2. Myrthe Natzijl	DZ&PC	NED 200400076	<b>2:33.98</b>	+0,73	36.03	1:14.37	1:54.54	2:33.98
3. Iris Lok	WS Twente	NED 200301094	<b>2:40.26</b>	+0,65	37.28	1:17.81	1:59.60	2:40.26
4. Fleur van Norren	ACZ	NED 200204432	<b>2:44.66</b>	+0,68	38.96	1:20.90	2:03.84	2:44.66
5. Pien Ooijman	WS Twente	NED 200504500	<b>2:51.89</b>	+0,77	40.38	1:24.06	2:08.97	2:51.89
6. Birgit Hage	PSV	NED 200602898	<b>2:52.67</b>	+0,74	38.60	1:21.94	2:07.49	2:52.67
7. Sharon Oldenkamp	De Valken	NED 200600276	<b>2:57.66</b>	+0,64	42.64	1:28.12	2:13.93	2:57.66
8. Femke Miedema	IJsselmeer	NED 200601824	<b>2:59.13</b>	+0,83	43.92	1:30.37	2:17.06	2:59.13
9. Chantal Pennings	VZ&PC Nautilus	NED 200403420	<b>3:00.83</b>	+0,84	43.90	1:30.02	2:16.53	3:00.83
10. Luka Stoker	ZPC de Kanaalstreek	NED 200200558	<b>3:00.87</b>	+0,88	43.26	1:30.28	2:16.57	3:00.87
11. Jessica Dekkinga	Steenwijk 1934	NED 200600180	<b>3:02.83</b>	+0,78	42.83	1:29.79	2:18.89	3:02.83
<b>25+</b>								
1. Anne Noom	Het Y	NED 199800062	<b>2:30.17</b>	+0,80	34.73	1:12.14	1:51.44	2:30.17
2. Lauren van IJll	WVZ	NED 200001064	<b>2:41.44</b>	+0,63	37.22	1:18.82	2:00.69	2:41.44
3. Rosalie Baarda	Orca	NED 199903460	<b>2:51.78</b>	+0,66	39.72	1:22.68	2:07.62	2:51.78
4. Ellen ter Stege	ENC Arnhem	NED 199900604	<b>2:53.59</b>	+0,72	39.79	1:23.63	2:08.76	2:53.59
5. Marleen Hof	WS Twente	NED 199802464	<b>2:55.30</b>	+0,85	41.05	1:25.46	2:11.44	2:55.30
6. Iris Bastiaansen	De Amstel	NED 199902006	<b>2:56.53</b>	+0,69	41.50	1:26.45	2:11.95	2:56.53
7. Maartje Slop	De Otters Het Gooi	NED 200106036	<b>2:57.12</b>	+0,96	39.69	1:23.98	2:10.98	2:57.12
8. Anouk van der Lans	Westland Swimming Stars	NED 199801614	<b>2:59.52</b>	+0,77	41.58	1:27.08	2:14.18	2:59.52
9. Berinda van Dijk	Blue Marlins	NED 200104186	<b>3:00.64</b>	+0,66	41.51	1:28.05	2:16.28	3:00.64
10. Nadine Scheeve	De Biesboschzwemmers	NED 199700684	<b>3:25.29</b>	+0,95	48.47	1:40.28	2:33.96	3:25.29
<b>30+</b>								
1. J. van Omme - van Veen	Zwemvereniging Hoogland	NED 199603192	<b>2:36.23</b>	+0,82	36.76	1:16.60	1:56.81	2:36.23
2. M. Steenberg	Otter SC	GBR 1821931	<b>2:38.34</b>	+0,72	36.09	1:15.59	1:57.33	2:38.34
3. Anne-Irene Ducheine	Zwemvereniging Hoogland	NED 199506824	<b>2:38.78</b>	+0,55	37.04	1:17.35	1:58.51	2:38.78
4. Nienke Smidt	WS Twente	NED 199407596	<b>2:54.77</b>	+0,88	41.05	1:25.13	2:11.10	2:54.77
5. Lianne Verhoef	ZPC De Hof	NED 199501004	<b>2:56.82</b>	+0,81	41.73	1:26.12	2:11.97	2:56.82
6. Mariska Gach	ZVL - 1886	NED 199501760	<b>3:00.89</b>	+0,78	42.04	1:27.89	2:14.32	3:00.89
7. Lotte Eising	ZPC Amersfoort	NED 199502098	<b>3:01.23</b>	+0,64	42.15	1:28.67	2:15.80	3:01.23
8. Irmgard van Weeghel	ENC Arnhem	NED 199204834	<b>3:06.71</b>	+1,00	43.79	1:31.12	2:18.73	3:06.71
9. Getrude Corporaal	Steenwijk 1934	NED 199200380	<b>3:08.40</b>	+0,82	42.99	1:30.85	2:20.14	3:08.40
10. Chantal Lokhorst	Aqualero	NED 199401362	<b>3:13.81</b>	+0,76	45.74	1:34.05	2:24.84	3:13.81
11. Nada Lisa Hut	Aqualero	NED 199307280	<b>3:15.20</b>	+0,88	45.83	1:34.75	2:25.36	3:15.20
12. Cynthia van Veen	BZ en PC	NED 199606736	<b>3:23.41</b>	+0,60	46.14	1:37.72	2:31.35	3:23.41



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 21, Dames, 200m rugslag

35+

1. Elmi Roelofsen	SG Octopus - ZVV	NED 199008198	<b>2:45.37</b>	+0,78	38.88	1:21.07	2:04.44	2:45.37
2. I. van den Wijngaard	ZPC Woerden	NED 198904736	<b>2:52.11</b>	+0,76	39.42	1:22.58	2:07.33	2:52.11
3. Rianne Hofland	Sassenheim	NED 198801820	<b>2:55.78</b>	+0,74	40.46	1:24.79	2:10.30	2:55.78
4. Maaike de Boer	De Duinkickers	NED 199000362	<b>2:56.22</b>	+0,77	42.15	1:27.69	2:13.05	2:56.22
5. Esther Kwebeman	TriVia	NED 199106374	<b>3:01.73</b>	+1,00	42.60	1:28.62	2:15.60	3:01.73
6. Nicole van der Kooij	Old Dutch	NED 198706264	<b>3:18.01</b>	+0,85	46.68	1:36.47	2:28.02	3:18.01
7. Marieke Weering	De Plons	NED 198704550	<b>3:19.77</b>	+0,98	46.24	1:37.48	2:29.25	3:19.77

40+

1. V. Háden-Felföldi	Iron Swim	HUN 66/3267	<b>2:44.48</b>	+0,78	38.98	1:21.58	2:04.02	2:44.48
2. Debbie van Rooijen	IJZPC	NED 198201402	<b>2:45.00</b>	+0,71	38.26	1:20.12	2:02.57	2:45.00
3. Ann Wanter	Zwemclub Geel	BEL ZGEEL/21082/82	<b>2:48.61</b>	+0,82	41.17	1:24.32	2:07.49	2:48.61
4. Angela Giezen	ZPC Amersfoort	NED 198302796	<b>2:58.70</b>	+0,81	42.56	1:29.00	2:15.00	2:58.70
5. Marije Jansen	ZPC Amersfoort	NED 198504088	<b>2:59.45</b>	+0,79	43.58	1:29.88	2:15.82	2:59.45
6. Sandra Schellekens	Neptunus'58	NED 198503416	<b>3:09.09</b>	+0,86	44.39	1:31.63	2:21.47	3:09.09
7. Linda Hoogendam	WVZ	NED 198300892	<b>3:35.22</b>	+0,93	52.08	1:47.96	2:44.28	3:35.22
8. C. Mennenga-Wegman	Aqualero	NED 198503170	<b>3:41.08</b>	*+0,97	51.49	1:49.11	2:45.79	3:41.08
9. Marloes Rebel	WS Twente	NED 198403474	<b>3:50.70</b>	+0,96	55.17	1:56.69	2:59.03	3:50.70
AFGEM Maike Zeterberg	Zehlendorfer TSV von 1888	GER 066680						
NG Sabina Romanova	Ukraine Swim	UKR						

45+

1. J. Harmsen-Bakker	PSV	NED 197700938	<b>2:45.50</b>	+0,63	38.90	1:21.39	2:04.97	2:45.50
2. Tonia Ruybroek	Poseidon'56	NED 198101290	<b>2:57.59</b>	+0,77	40.78	1:26.53	2:12.78	2:57.59
3. I. de Boer - Oosterhof	MZ&PC De Reest	NED 197701152	<b>2:59.66</b>	+0,91	42.62	1:27.82	2:14.82	2:59.66
4. Leonie Scholten	Steenwijk 1934	NED 197901560	<b>3:12.64</b>	+1,11	45.50	1:34.74	2:24.71	3:12.64
5. Jessica Venema	Old Dutch	NED 197901526	<b>3:19.69</b>	+0,94	46.42	1:37.12	2:30.38	3:19.69
6. Hoda Elridi	PSV	NED 198102382	<b>3:31.75</b>	+0,74	48.81	1:40.94	2:36.59	3:31.75
7. C. van Bruxvoort	Albion	NED 197700138	<b>3:40.41</b>	+0,90	50.47	1:46.12	2:44.14	3:40.41

50+

1. Annett von Rekowski	Schwimmverein Gera	GER 097868	<b>2:51.72</b>	+0,70	41.27	1:24.81	2:09.26	2:51.72
2. Liselotte Joling	PSV	NED 197500268	<b>2:57.26</b>	+0,88	42.03	1:28.24	2:13.70	2:57.26
3. Mirjan den Drijver	Westland Swimming Stars	NED 197500884	<b>3:00.34</b>	+0,86	42.28	1:28.45	2:15.15	3:00.34
4. Catherine Hoogeveen	DZ&PC	NED 197501048	<b>3:03.12</b>	+1,00	41.11	1:27.27	2:15.40	3:03.12
5. Judith Sijbers	PSV	NED 197301030	<b>4:15.36</b>	+0,82	59.23	2:04.30	3:10.41	4:15.36

55+

1. Carla Geurts	PSV	NED 197100178	<b>2:55.20</b>	+0,71	41.41	1:26.68	2:11.72	2:55.20
2. Laura Staal	Oceanus	NED 196700358	<b>3:08.91</b>	+0,86	45.35	1:33.28	2:22.63	3:08.91
3. Bianca Groot	MSV-Zeemacht	NED 197000652	<b>3:14.84</b>	+0,88	46.32	1:36.67	2:26.87	3:14.84
4. D. Schipper - van Est	ZOB'66	NED 197001078	<b>3:42.46</b>	+0,74	52.28	1:48.15	2:45.73	3:42.46
5. Annette Spies	LinK	NED 197001110	<b>4:05.72</b>	+0,87	57.93	2:01.39	3:04.78	4:05.72
DIS Nathasja Konijn	GZC Donk	NED 197100992		+0,86				

RD - Rugligging verlaten en stuwbewegingen met armen en/of benen gemaakt zonder het keerpunt in te zetten.

60+

1. Marinka vd Zwet	Sassenheim	NED 196500346	<b>3:09.19</b>	+0,69	43.97	1:32.41	2:21.21	3:09.19
2. M. Grove-Lingeman	Triton	NED 196200080	<b>3:13.91</b>	+0,79	44.43	1:33.10	2:23.63	3:13.91
3. Erica Muller	De Geul	NED 196400412	<b>4:08.99</b>	+0,91	59.23	2:01.10	3:06.37	4:08.99



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 21, Dames, 200m rugslag

65+

1. J. Resink-lindeboom	DWK	NED 196000142	<b>3:48.06</b>	+1,14	52.67	1:51.17	2:50.54	3:48.06
2. Lia Bijkerk	GZC Donk	NED 196000014	<b>3:50.47</b>	+0,91	55.51	1:54.60	2:54.95	3:50.47

70+

1. Geerdien Meerwaldt	De Geul	NED 195200058	<b>4:45.53</b>	+0,95	1:07.17	2:19.74	3:32.91	4:45.53
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75+

1. C. Nieuwenhuis	SWOL 1894 <i>Nederlands Masters Record</i>	NED 195100022	<b>3:44.02</b>	+0,76	52.26	1:50.72	2:48.62	3:44.02
2. A. Gilding-Tussaud	WS Twente	NED 195000038	<b>4:10.38</b>	+0,93	59.64	2:03.26	3:08.41	4:10.38
3. Gonnie Bak	PSV	NED 195100064	<b>5:18.33</b>	+0,85	1:17.38	2:43.77	4:06.85	5:18.33

80+

1. L. van Huissteden	ZPC Amersfoort	NED 194500002	<b>5:25.99</b>	+0,90	1:17.48	2:46.47	4:09.51	5:25.99
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Programmanr. 22  
2-5-2026 - 14:04

Heren, 200m rugslag

Masters Open  
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
<b>20+</b>								
1. Mees Niemeijer	DZ&PC	NED 200201275	<b>2:27.13</b>	+0,64	34.16	1:10.83	1:49.09	2:27.13
2. Jesper Pas	VZV Njord	NED 200200967	<b>2:29.66</b>	+0,61	35.30	1:13.24	1:51.84	2:29.66
3. Mika Heskamp	De Dinkel	NED 200300339	<b>2:32.83</b>	+0,75	34.98	1:13.47	1:53.07	2:32.83
4. Rik Stahlie	TriVia	NED 200201915	<b>2:33.21</b>	+0,67	36.75	1:15.74	1:54.96	2:33.21
5. Owen Michels	De Amstel	NED 200402293	<b>2:34.70</b>	+0,72	35.63	1:15.08	1:55.29	2:34.70
6. Tim Seising	VZC	NED 200500107	<b>2:42.94</b>	+0,71	37.36	1:17.76	2:00.03	2:42.94
AFGEM Nigel Werring	Zwemlust- den Hommel	NED 200301503						
<b>25+</b>								
1. Jasper Breugem	WVZ	NED 200000303	<b>2:17.54</b>	+0,76	32.58	1:07.89	1:43.13	2:17.54
2. Robin van Beek	ZVL - 1886	NED 199704023	<b>2:25.24</b>	+0,66	33.97	1:10.89	1:48.19	2:25.24
3. Ian Terlouw	ZPC Woerden	NED 200002345	<b>2:27.30</b>	+0,67	34.00	1:11.89	1:50.27	2:27.30
4. David Kievit	De Schotejil	NED 199900325	<b>2:27.56</b>	+0,87	33.22	1:09.80	1:48.59	2:27.56
5. Richard Kuipers	HZ&PC Heerenveen	NED 199704171	<b>2:28.78</b>	+0,68	34.08	1:11.42	1:50.24	2:28.78
6. Jeroen Louwinger	De Rijn	NED 199900583	<b>2:32.57</b>	+0,74	36.83	1:15.60	1:54.60	2:32.57
7. Ruben Zwartebol	ZPC Woerden	NED 200102651	<b>2:36.65</b>	+0,59	35.80	1:15.20	1:55.49	2:36.65
8. Jordy van Oel	WVZ	NED 199802003	<b>2:38.03</b>	+0,70	36.76	1:16.43	1:57.00	2:38.03
9. Tim van Grunsven	De Treffers	NED 199804535	<b>2:38.18</b>	+0,68	35.96	1:15.89	1:57.05	2:38.18
10. Rens Meijberg	De Valken	NED 200004155	<b>2:43.71</b>	+0,68	38.67	1:20.95	2:02.09	2:43.71
NG Jesper Luppés	G.S.Z.V. De Golfbreker	NED 200005403						
<b>30+</b>								
1. Mike Schel	ENC Arnhem	NED 199403279	<b>2:18.95</b>	+0,77	33.05	1:08.19	1:44.08	2:18.95
2. Patrick Brouwer	AZC	NED 199303715	<b>2:44.81</b>	+0,65	37.44	1:19.98	2:03.43	2:44.81
<b>35+</b>								
1. Jos de Graaf	PSV	NED 199106095	<b>2:22.34</b>	+0,72	33.38	1:09.23	1:46.54	2:22.34
2. Jeroen Matthijssen	AZC	NED 199103751	<b>2:33.36</b>	+0,76	34.74	1:14.44	1:54.14	2:33.36
3. Tim Bunnik	Triton	NED 199000505	<b>2:33.75</b>	+0,94	36.11	1:16.06	1:55.39	2:33.75
4. Wessel Everloo	WS Twente	NED 198906597	<b>2:40.19</b>	+1,00	39.11	1:19.48	2:01.19	2:40.19





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 22, Heren, 200m rugslag

40+

1. Alan Smeets	Zwemsport Parkstad	NED 198402089	<b>2:24.48</b>	+0,80	33.27	1:10.05	1:47.38	2:24.48
2. Robert Braad	Steenwijk 1934	NED 198600407	<b>2:25.47</b>	+0,72	33.48	1:10.52	1:48.26	2:25.47
3. Rick Driezen	Steenwijk 1934	NED 198600713	<b>2:36.44</b>	+0,81	36.65	1:15.60	1:56.07	2:36.44
4. Rob van Vliet	ZPC Amersfoort	NED 198402459	<b>2:39.41</b>	+0,86	37.19	1:16.94	1:58.56	2:39.41
5. Frank v.d. Voordt	De Schoteijl	NED 198302259	<b>2:43.38</b>	+0,76	38.30	1:20.01	2:02.50	2:43.38

45+

1. Dennis Brouwers	HZPC	NED 197800167	<b>2:23.02</b>	+0,78	34.86	1:11.12	1:47.30	2:23.02
2. Mark Hensen	NieMo Barracuda	NED 197900497	<b>2:29.46</b>	+0,72	34.61	1:12.16	1:50.73	2:29.46
3. Ivo Roozeboom	WVZ	NED 197700801	<b>2:31.24</b>	+0,72	35.35	1:15.50	1:54.20	2:31.24
4. Paul Oudendijk	DAW	NED 198101287	<b>2:32.68</b>	+0,83	36.00	1:14.46	1:54.28	2:32.68
5. Heijmen van Vliet	De Geul	NED 198001637	<b>2:33.96</b>	+0,70	36.32	1:15.43	1:55.81	2:33.96
6. Jeroen Zelsmann	ZPC Amersfoort	NED 197701551	<b>2:36.42</b>	+0,97	36.55	1:15.87	1:56.34	2:36.42
7. Ruud Holswilder	ZPCH	NED 197800435	<b>2:37.82</b>	+0,70	35.61	1:16.14	1:57.49	2:37.82
8. Marcel Reefhuis	WS Twente	NED 198101381	<b>2:39.28</b>	+0,63	37.63	1:18.62	1:59.89	2:39.28
9. Oliver Grundmann	SG Essen	GER 501511	<b>2:39.80</b>	+0,70	35.77	1:16.51	1:59.19	2:39.80
10. Arjan Buijsse	Sassenheim	NED 197901767	<b>2:44.18</b>	+0,77	38.21	1:20.06	2:03.30	2:44.18
11. Markus van Rest	WVZ	NED 197701197	<b>2:44.86</b>	+0,79	38.30	1:20.23	2:03.53	2:44.86
12. Robert Istrate	Zwemsport Parkstad	NED 198002555	<b>2:47.08</b>	+0,70	38.81	1:21.03	2:05.19	2:47.08
13. Pieter Broek	Westland Swimming Stars	NED 197701637	<b>2:53.66</b>	+0,67	40.01	1:23.46	2:09.26	2:53.66
14. Arjen Koop	ENC Arnhem	NED 197900697	<b>2:55.06</b>	+0,71	38.97	1:21.91	2:08.15	2:55.06

50+

1. Alex Damen	DAW	NED 197501371	<b>2:46.72</b>	+0,73	38.69	1:21.04	2:05.50	2:46.72
2. Jeroen Temme	TriVia	NED 197201703	<b>3:07.36</b>	+0,77	44.93	1:33.03	2:22.97	3:07.36
3. Jeroen Hoeksel	ZV Vlaardingen-Schiedam	NED 197401533	<b>3:26.06</b>	+0,87	47.42	1:40.16	2:33.60	3:26.06

55+

1. Chester Marsman	ZPC Amersfoort	NED 196900671	<b>2:33.99</b>	+0,84	35.12	1:14.23	1:54.26	2:33.99
2. J. van den Berg	WVZ	NED 196801575	<b>2:38.30</b>	+0,77	36.23	1:16.77	1:58.16	2:38.30
3. Guido Keutgen	Steenwijk 1934	NED 196801551	<b>2:44.31</b>	+0,81	36.64	1:18.81	2:03.13	2:44.31
4. Marcel Vroegindewei	Poseidon'56	NED 196801709	<b>2:50.14</b>	+0,80	40.53	1:24.07	2:09.56	2:50.14
5. Bruno Nahon	Cercle De Natation Sportcity	BELuCNSW/000390/70	<b>2:50.83</b>	+0,92	40.38	1:24.09	2:07.97	2:50.83
6. René Beetsma	HZ&PC Heerenveen	NED 196900069	<b>2:52.14</b>	+0,87	40.19	1:23.14	2:07.68	2:52.14
7. Frank Pater	Polizei SV Oldenburg	GER 84386	<b>2:53.32</b>	+0,82	39.67	1:23.05	2:08.40	2:53.32
8. Korstiaan de Boer	Steenwijk 1934	NED 197101629	<b>3:02.94</b>	+0,78	43.09	1:29.66	2:17.39	3:02.94
9. Nico Swart	De Biesboschzweimmers	NED 196801475	<b>3:05.41</b>	+0,80	42.99	1:30.72	2:18.64	3:05.41
10. Ramon Alsina Munoz	Cercle De Natation Sportcity	BELuCNSW/002552/69	<b>3:21.04</b>	+0,80	47.32	1:37.46	2:28.96	3:21.04

60+

1. Jan Gert Notenbomer	ZCNF'34 <i>Nederlands Masters Record</i>	NED 196600557	<b>2:30.69</b>	+0,78	35.85	1:13.99	1:52.52	2:30.69
2. Javier Nogues	SSF Bonn	GER 361124	<b>2:37.35</b>	+0,79	37.00	1:17.64	1:58.29	2:37.35
3. Johan Remmits	ZPC Amersfoort	NED 196201159	<b>2:40.77</b>	+0,76	38.24	1:19.52	2:00.69	2:40.77
4. Hugues Herman	Cercle De Natation Sportcity	BELuCNSW/014976/66	<b>2:46.53</b>	+0,72	39.53	1:21.42	2:04.93	2:46.53
	<i>Belgian Masters Record</i>							
5. Ralf Dillig	Duisburger ST	GER 060769	<b>2:56.09</b>	+0,70	41.11	1:26.17	2:11.60	2:56.09
6. Casper Dollekamp	Steenwijk 1934	NED 196301341	<b>3:29.34</b>	+0,85	45.58	1:38.66	2:34.99	3:29.34

65+

1. Marten de Groot	HZ&PC Heerenveen	NED 195800149	<b>3:03.05</b>	+0,70	42.73	1:28.75	2:16.78	3:03.05
2. Peter Molecz	SC Diana	AUT 019219	<b>3:07.16</b>	+0,79	43.77	1:32.42	2:20.54	3:07.16
3. Bart van Calker	WS Twente	NED 196100067	<b>3:22.86</b>	+0,94	51.38	1:42.95	2:33.97	3:22.86





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 22, Heren, 200m rugslag

70+

1. Ruud Ruiter	WS Twente	NED 195300169	<b>3:15.34</b>	+0,89	45.76	1:34.93	2:27.48	3:15.34
2. Ron van der Zande	AZC	NED 195500307	<b>3:29.56</b>	+0,95	47.20	1:40.76	2:36.74	3:29.56
3. Rob Berkhof	SWOL 1894	NED 195200245	<b>3:54.72</b>	+1,10	56.49	1:56.51	2:57.46	3:54.72

75+

1. Jos Kamps	Zwemvereniging Hoogland	NED 195100085	<b>4:15.39</b>	+0,74	56.03	2:02.01	3:09.33	4:15.39
2. Mans Buis	SWOL 1894	NED 194700133	<b>4:30.03</b>	+0,79	1:03.25	2:12.69	3:21.46	4:30.03

Programmanr. 23  
2-5-2026 - 14:31

Dames, 100m schoolslag

Masters Open  
Resultaten

rang naam	vereniging		tijd	RT	PARA	50m	100m
<b>20+</b>							
1. Anouchka Bos	NieMo Barracuda	NED 200501528	<b>1:18.50</b>	+0,76		36.89	1:18.50
2. Lise Kleinbekman	DZ&PC	NED 200502870	<b>1:19.80</b>	+0,67		37.12	1:19.80
3. Lyke Buscop	De Schotelij	NED 200500552	<b>1:22.51</b>	+0,72		38.81	1:22.51
4. Esther Tiemersma	PSV	NED 200202962	<b>1:22.73</b>	+0,71		39.14	1:22.73
5. Myrthe Dam	Zuiderzeewemmers	NED 200602336	<b>1:23.71</b>	+0,70		38.88	1:23.71
6. Babet van Andel	ZVL - 1886	NED 200304308	<b>1:24.56</b>	+0,72		39.89	1:24.56
7. Vivianne Woltjes	VZC	NED 200501524	<b>1:24.57</b>	+0,79		39.37	1:24.57
8. Laura Hoogenboezem	ACZ	NED 200500390	<b>1:25.00</b>	+0,74		39.25	1:25.00
9. Sanne Kloezen	Bubble	NED 200204644	<b>1:26.16</b>	+0,84		39.17	1:26.16
10. Luka Stoker	ZPC de Kanaalstreek	NED 200200558	<b>1:26.73</b>	+0,82		41.21	1:26.73
11. Sydney Celie	IJsselmeer	NED 200406054	<b>1:27.70</b>	+0,78		41.19	1:27.70
12. Leonie van Wier	HZ&PC Heerenveen	NED 200200436	<b>1:28.22</b>	+0,68		41.96	1:28.22
13. Laura 't Lam	De Geul	NED 200603376	<b>1:30.29</b>	+0,80		41.71	1:30.29
14. Daphne van Tilburg	De Geul	NED 200500580	<b>1:30.31</b>	+0,79		42.13	1:30.31
15. Kim de Jong	Westland Swimming Stars	NED 200401522	<b>1:31.66</b>	+0,70		42.57	1:31.66
16. Eva Berning	Orca	NED 200403356	<b>1:31.97</b>	+0,77		41.97	1:31.97
17. Joyce Toonstra	Neptunia '24	NED 200501298	<b>1:31.99</b>	+0,74		42.99	1:31.99
18. Noa de Bock	De Duck	NED 200300318	<b>1:32.02</b>	+0,78		42.97	1:32.02
19. Claire Bosch	De Dinkel	NED 200401480	<b>1:32.71</b>	+0,77		41.73	1:32.71
20. Manon van der Wielen	HZPC	NED 200200550	<b>1:32.80</b>	+0,77		42.29	1:32.80
21. Ilse Kramer	TriVia	NED 200403072	<b>1:32.82</b>	+0,78		43.35	1:32.82
22. Melanie Schaap	Bubble	NED 200501180	<b>1:33.54</b>	+0,83		42.32	1:33.54
23. Marit van Krimpen	ZOB'66	NED 200403506	<b>1:33.75</b>	+0,84		42.32	1:33.75
24. AnneMarijn Damhoff	De Inktvis	NED 200501000	<b>1:36.13</b>	+0,83		44.22	1:36.13
25. Jessica Dekkinga	Steenwijk 1934	NED 200600180	<b>1:36.86</b>	+0,88		45.70	1:36.86
26. Roos Broekman	ZPC Hoogeveen	NED 200505502	<b>1:37.02</b>	+0,86		42.75	1:37.02
27. Sharlene Both	AZC	NED 200602780	<b>1:40.27</b>	+0,84		47.01	1:40.27
28. Marit Gerritsen	WS Twente	NED 200200664	<b>1:43.04</b>	+0,65		48.41	1:43.04
NG Chaira Scholte	De Inktvis	NED 200304478					

25+

1. Myrthe Bakker	MSV-Zeemacht	NED 200000804	<b>1:17.63</b>	+0,69		37.00	1:17.63
2. Silke Molendijk	ZVL - 1886	NED 200100178	<b>1:18.90</b>	+0,67		37.32	1:18.90
3. Noël Iris Hettinga	Neptunia '24	NED 200002536	<b>1:19.98</b>	+0,74		36.86	1:19.98
4. Jolien Wind	ZPC de Kanaalstreek	NED 200100510	<b>1:20.56</b>	+0,89		37.51	1:20.56
5. Manon Kloosterman	Zwemlust- den Hommel	NED 199702082	<b>1:23.03</b>	+0,73		38.05	1:23.03
6. Kim van Gemert	Poseidon'56	NED 200101968	<b>1:25.22</b>	+0,82		39.46	1:25.22
7. Mandy Swart	ZPC Amersfoort	NED 199904916	<b>1:25.30</b>	+0,77		40.22	1:25.30
8. Lisanne Seising	VZC	NED 200002084	<b>1:26.36</b>	+0,74		40.45	1:26.36
9. Lonneke Graansma	ZVL - 1886	NED 199900936	<b>1:27.38</b>	+0,76		40.21	1:27.38
10. Dagmar Kruik	Zuiderzeewemmers	NED 199800008	<b>1:27.58</b>	+0,72		40.30	1:27.58
11. Daphne Dols	ZPC Woerden	NED 199904622	<b>1:28.19</b>	+0,73		40.32	1:28.19
12. Maartje Hids	ZVL - 1886	NED 199903042	<b>1:30.86</b>	+0,84		42.15	1:30.86
13. Marouscha de Vries	DAW	NED 199906628	<b>1:31.06</b>	+0,70		43.75	1:31.06
14. Tamara van den Brink	NieMo Barracuda	NED 199804182	<b>1:32.71</b>	+0,79		43.04	1:32.71





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 23, Dames, 100m schoolslag, 25+

rang naam	vereniging			tijd	RT	PARA	50m	100m
15. Irene Hanse	Zuiderzeezwemmers	NED	199801496	<b>1:33.13</b>	+0,85		43.73	1:33.13
16. Rianne Bresser	Poseidon'56	NED	199900690	<b>1:33.72</b>	+0,75		43.66	1:33.72
17. Mirna Wolters	De Plons	NED	199802046	<b>1:42.05</b>	+0,74		46.75	1:42.05
18. Dannique Koolen	ZPC Amersfoort	NED	199904048	<b>1:46.53</b>	+0,82	316	46.88	1:46.53
19. Kim van Rossum	SBC2000	NED	199706374	<b>1:47.52</b>	+1,20		50.30	1:47.52

30+

1. Leonie van Noort	WVZ	NED	199301752	<b>1:20.06</b>	+0,76		37.97	1:20.06
2. Karin Rijkelijkhuijzen	DZ&PC	NED	199403358	<b>1:20.95</b>	+0,67		37.56	1:20.95
3. Fiona Meuffels	PSV	NED	199504366	<b>1:23.36</b>	+0,69		39.41	1:23.36
4. Melissa van der Heijden	NieMo Barracuda	NED	199605226	<b>1:25.04</b>	+0,67		40.15	1:25.04
5. Katrin Diercks	SG Aumund - Vegesack	GER	197466	<b>1:28.64</b>	+0,75		41.06	1:28.64
6. Joanne van Essen	ZPC Amersfoort	NED	199303506	<b>1:30.22</b>	+0,82		41.93	1:30.22
7. Marijke Kommers	NieMo Barracuda	NED	199305334	<b>1:31.09</b>	+0,79		43.07	1:31.09
8. Janneke van de Poele	De Duck	NED	199301128	<b>1:31.84</b>	+0,71		43.67	1:31.84
9. Winnie de Vries	De Wellerobben	NED	199606766	<b>1:32.02</b>	+0,76		42.64	1:32.02
10. Heleen Arends	TriVia	NED	199404416	<b>1:33.22</b>	+0,77		43.29	1:33.22
11. Roxanne van Bavel	Poseidon'56	NED	199407378	<b>1:34.29</b>	+0,73		44.98	1:34.29
12. Astrid Wibbelink	Steenwijk 1934	NED	199600006	<b>1:35.38</b>	+0,73		44.38	1:35.38
13. Laura ter Stege	CWW	NED	199602364	<b>1:38.76</b>	+0,76		43.99	1:38.76

35+

1. Jacyntha Plat	Steenwijk 1934	NED	199002956	<b>1:20.82</b>	+0,70		37.92	1:20.82
2. Cristina Rodriguez Bouzo	De Treffers	NED	198806948	<b>1:24.44</b>	+0,71		39.34	1:24.44
3. Danique Stoop	Zuiderzeezwemmers	NED	199106956	<b>1:24.58</b>	+0,72		39.33	1:24.58
4. Chantal Meyerink	De Grunte	NED	199105212	<b>1:25.03</b>	+0,77		39.72	1:25.03
5. Linda van Klei	ACZ	NED	198802088	<b>1:29.94</b>	+0,80		41.64	1:29.94
6. Linda Kuiper	DZ&PC	NED	198802588	<b>1:30.72</b>	+0,70		42.24	1:30.72
7. Suzan Blankestijn	ZVL - 1886	NED	198900350	<b>1:31.68</b>	+0,79		43.02	1:31.68
8. Liesbeth van Mill	Zwemlust- den Hommel	NED	198702786	<b>1:33.00</b>	+0,88		44.30	1:33.00
9. Ilse van den Wijngaard	ZPC Woerden	NED	198904736	<b>1:33.47</b>	+0,80		43.47	1:33.47
10. Sabine Vink	De Biesboschzwemmers	NED	198704340	<b>1:38.38</b>	+0,85		43.68	1:38.38

40+

1. Danielle Reijnders	AquAmigos	NED	198504234	<b>1:20.57</b>	+0,70		38.91	1:20.57
2. Laura Badoux	DAW	NED	198200038	<b>1:21.62</b>	+0,82		38.36	1:21.62
3. Nadya Putter	ZV Vlaardingen-Schiedam	NED	198301630	<b>1:26.90</b>	+0,70		41.11	1:26.90
4. Sabina Romanova	Ukraine Swim	UKR		<b>1:27.76</b>	+0,92		40.76	1:27.76
<i>Ukrainian Masters Record</i>								
5. Anna Maria Rijkens	WSV St.Johann in Tirol	AUT	48298	<b>1:30.32</b>	+0,73		42.51	1:30.32
6. Karin van Dijk	HZ&PC Heerenveen	NED	198600850	<b>1:34.02</b>	+0,83		42.83	1:34.02
7. Angela Giezen	ZPC Amersfoort	NED	198302796	<b>1:37.63</b>	+0,77		46.25	1:37.63

45+

1. Anke Lambooj	AZL	NED	198001182	<b>1:25.04</b>	+0,87		39.55	1:25.04
2. Ilja Janssen	ENC Arnhem	NED	198102234	<b>1:32.08</b>	+0,87		42.27	1:32.08
3. Inge Roskam	De Duinkickers	NED	197801296	<b>1:33.45</b>	+0,82		42.79	1:33.45
4. Femke Hofkens	Aqua-Novio '94	NED	197801094	<b>1:37.47</b>	+0,78		45.31	1:37.47
5. Sabrina Boekhout	De Biesboschzwemmers	NED	198100120	<b>1:43.02</b>	+0,82		48.84	1:43.02
6. Tanja Lenz	Uerdinger Schwimmverein 08	GER	451703	<b>1:45.74</b>	+0,76		44.95	1:45.74
7. Ute Kremer	SG Erkelenz-Hückelhoven	GER	492223	<b>1:49.15</b>	+0,90		50.64	1:49.15



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 23, Dames, 100m schoolslag

50+

1. Katharina Schlipp	AZL	NED	197301004	<b>1:29.21</b>	+0,72	41.91	1:29.21
2. Rebecca Irvine-Pronk	De Otters Het Gooi	NED	197500982	<b>1:32.88</b>	+0,85	43.55	1:32.88
3. Yvette Ratering	CWW	NED	197200990	<b>1:33.23</b>	+0,80	43.63	1:33.23
4. Nataliia Boryshkevych	Ukraine Swim	UKR		<b>1:34.23</b>	+0,73	44.55	1:34.23
5. Laura de Pazos Ortega	SSF Bonn	GER	444685	<b>1:36.79</b>	+0,70	44.86	1:36.79
6. Esmeralda Stokman	ZPCH	NED	197600940	<b>1:41.48</b>	+0,80	48.17	1:41.48
7. Jannie Vennik	HZ&PC Heerenveen	NED	197601006	<b>1:43.62</b>	+0,92	49.86	1:43.62
8. Nicolette Zuidema	SWOL 1894	NED	197500978	<b>1:59.65</b>	+0,83	55.76	1:59.65
9. Judith Sijbers	PSV	NED	197301030	<b>2:01.12</b>	+0,91	58.17	2:01.12

55+

1. Annette Wijnja-Visser	De Biesboschzweimmers	NED	196700528	<b>1:28.93</b>	+0,75	42.12	1:28.93
2. Trudy Ketting	PSV	NED	197000268	<b>1:29.11</b>	+0,69	41.20	1:29.11
3. Lidia van Bon-Rosenbrand	ZPC Amersfoort	NED	197000054	<b>1:29.98</b>	+0,84	42.64	1:29.98
4. Iris van Aurich	DWK	NED	196900866	<b>1:36.07</b>	+0,81	45.33	1:36.07
5. Annette Korving-Leijenaar	Aqualero	NED	196700662	<b>1:36.62</b>	+0,79	45.05	1:36.62
6. Irna van der Molen	WS Twente	NED	196900938	<b>1:43.61</b>	*+0,73	48.73	1:43.61
7. Caroline Kruger	Albion	NED	196800928	<b>1:49.18</b>	+0,79	49.33	1:49.18
8. Roselinda van der Vlugt	De Geul	NED	196700710	<b>2:06.70</b>	+0,96	1:01.36	2:06.70
9. Monique Berentse	Batavia Swim	NED	196901066	<b>2:23.67</b>	+1,04	1:05.89	2:23.67

60+

1. Marjan Remmits-de Lange	ZPC Amersfoort	NED	196300518	<b>1:34.13</b>	+0,66	43.84	1:34.13
2. Yoka de Vegt-van Dijk	ENC Arnhem	NED	196200420	<b>1:43.45</b>	+0,84	48.46	1:43.45
3. Wilna Heijman	Steenwijk 1934	NED	196400506	<b>1:49.07</b>	+0,81	51.50	1:49.07
4. Erica Muller	De Geul	NED	196400412	<b>2:02.17</b>	+0,81	57.04	2:02.17
5. Jenny Westervaarder	H2Oldambt	NED	196200424	<b>2:06.77</b>	+0,98	1:00.19	2:06.77

65+

1. Petra Tossings	GZC Donk	NED	196100376	<b>1:42.05</b>	+0,91	48.26	1:42.05
2. Marijke Kraak-Beckers	SWOL 1894	NED	196000240	<b>1:43.55</b>	+0,86	49.11	1:43.55
3. Linda Wibbelink	Steenwijk 1934	NED	195900158	<b>1:48.23</b>	+0,71	52.75	1:48.23
4. Hannie Poletiek	TriVia	NED	195900278	<b>1:59.40</b>	+1,00	56.83	1:59.40
5. Ria Peters-Veurman	ENC Arnhem	NED	195800242	<b>2:07.86</b>	+0,89	1:00.38	2:07.86

70+

1. Ineke Weekers	PSV	NED	195300050	<b>1:45.89</b>	+0,86	51.81	1:45.89
2. Geerdien Meerwaldt	De Geul	NED	195200058	<b>2:21.43</b>		1:06.52	2:21.43
3. Ineke Brouwers	PSV	NED	195200070	<b>2:30.84</b>	+1,02	1:08.79	2:30.84

75+

1. Gonnje Bak	PSV	NED	195100064	<b>2:14.56</b>	+1,00	1:06.80	2:14.56
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80+

1. Corrie Verhoeven	PSV	NED	194600026	<b>2:01.94</b>	+0,94	56.95	2:01.94
<i>Nederlands Masters Record, tevens NMR 50m schoolslag</i>							
2. A. Verhoeven - Steggerda	De Duinkickers	NED	194600024	<b>2:16.07</b>	+0,84	1:02.05	2:16.07

85+

1. Marie Smits	Old Dutch	NED	193800004	<b>2:58.89</b>	+1,26	1:24.61	2:58.89
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Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 24  
2-5-2026 - 14:59

Heren, 100m schoolslag

Masters Open  
Resultaten

rang naam	vereniging		tijd	RT	PARA	50m	100m
<b>20+</b>							
1. Jason van den Berg	Albion	NED 200400009	<b>1:02.75</b>	+0,63		28.80	1:02.75
<i>Nederlands Masters Record, tevens NMR 50m</i>							
2. Scott Jansen	WVZ	NED 200202455	<b>1:06.60</b>	+0,70		31.29	1:06.60
3. Daan Hoogendoorn	ZPC Woerden	NED 200500113	<b>1:09.34</b>	+0,66		32.31	1:09.34
4. Mika Bongers	ENC Arnhem	NED 200502683	<b>1:12.10</b>	+0,65		33.20	1:12.10
5. Tim Speijer	Bubble	NED 200301661	<b>1:12.53</b>	+0,68		33.44	1:12.53
6. Robin van Muijen	ZVL - 1886	NED 200201059	<b>1:15.71</b>	+0,78		33.94	1:15.71
7. Roan Altena	PWC	NED 200303255	<b>1:16.14</b>	+0,75		35.60	1:16.14
8. Finn Ooijman	WS Twente	NED 200603161	<b>1:16.37</b>	+0,65		35.24	1:16.37
9. Jesper Dinger	Zuiderzeewimmers	NED 200601819	<b>1:17.80</b>	+0,76		36.15	1:17.80
10. Sayyid Brown	Blue Marlins	NED 200305037	<b>1:18.32</b>	+0,63		34.77	1:18.32
11. Jorick van Bon	ZPC Amersfoort	NED 200300091	<b>1:18.53</b>	+0,72		36.93	1:18.53
12. Jort Vizeé	De Duck	NED 200201779	<b>1:19.67</b>	+0,62		38.51	1:19.67
13. Marijn Snel	IJsselmeer	NED 200400001	<b>1:20.18</b>	+0,71		36.71	1:20.18
14. Mees Minneboo	MSV-Zeemacht	NED 200203465	<b>1:20.60</b>	+0,64		36.96	1:20.60
15. Tim Seising	VZC	NED 200500107	<b>1:22.01</b>	+0,66		37.70	1:22.01
Lars Haytink	WS Twente	NED 200601815	<b>1:22.01</b>	+0,68		37.27	1:22.01
17. Dennis van der Bok	De Schotejil	NED 200504015	<b>1:23.99</b>	+0,71		39.27	1:23.99
18. Marco van der Wulp	MSV-Zeemacht	NED 200302051	<b>1:24.78</b>	+0,77		38.79	1:24.78
19. Thomas Verschoor	De Biesboschwimmers	NED 200600903	<b>1:26.66</b>	+0,73		41.55	1:26.66

**25+**

1. J. de Roij van Zuidewijn	Albion	NED 200000255	<b>1:05.40</b>	+0,66		30.45	1:05.40
2. Rick Bulman	Albion	NED 200101899	<b>1:05.66</b>	+0,63		30.63	1:05.66
3. Arjan Dekker	Bubble	NED 200000499	<b>1:08.84</b>	+0,62		32.06	1:08.84
4. Jelle Opmeer	ZPC Amersfoort	NED 200100269	<b>1:09.73</b>	+0,67		32.26	1:09.73
5. Doran Paap	ZV Westland	NED 200000301	<b>1:10.31</b>	+0,69		31.99	1:10.31
6. Sander Kirillova	WVZ	NED 199800121	<b>1:10.97</b>	+0,68		33.11	1:10.97
7. Ryan van den Ouden	Poseidon'56	NED 199900377	<b>1:13.76</b>	+0,78		34.02	1:13.76
8. Fedde Beukers	Aqua-Novio '94	NED 199701007	<b>1:16.12</b>	+0,82		34.67	1:16.12
9. Ilmar Stoop	Zuiderzeewimmers	NED 200100871	<b>1:17.55</b>	+0,65		34.71	1:17.55
10. Laurens Spoelstra	WS Twente	NED 199901273	<b>1:18.13</b>	+0,80		36.01	1:18.13
11. Jack Davies	ZVL - 1886	NED 199704263	<b>1:18.65</b>	+0,72		35.84	1:18.65
12. Julian Mes	ZOB'66	NED 200103755	<b>1:20.01</b>	+0,71		36.85	1:20.01
13. Milan Adriaenssens	De Vrije Slag	NED 199705783	<b>1:21.05</b>	+0,74		36.38	1:21.05
14. Teun van Rooij	VZ&PC Nautilus	NED 199904387	<b>1:21.36</b>	+0,63		37.61	1:21.36
15. Rick Haanschoten	De Rijn	NED 200100291	<b>1:22.04</b>	+0,69		39.02	1:22.04
16. Sjoerd Boogert	De Rijn	NED 199903153	<b>1:22.14</b>	+0,80		37.07	1:22.14
17. Dries Cavelaars	ZPC Amersfoort	NED 199804597	<b>1:22.54</b>	+0,66		38.88	1:22.54
18. Pascal de Jong	De Wellerobben	NED 199700415	<b>1:26.35</b>	+0,79		40.68	1:26.35
19. Rens Meijberg	De Valken	NED 200004155	<b>1:29.18</b>	+0,69		40.75	1:29.18
20. Nick Mens	Cercle De Natation Sportcity VBELwe CNSW/014471/00		<b>1:30.86</b>	+0,72		41.69	1:30.86

**30+**

1. Bas Dries	Zwemvereniging Hoogland	NED 199505177	<b>1:09.27</b>	+0,72		31.51	1:09.27
2. Stefan Petersen	Blue Marlins	NED 199403067	<b>1:10.44</b>	+0,67		31.79	1:10.44
3. Robin van Beusekom	NieMo Barracuda	NED 199205841	<b>1:18.20</b>	+0,77		36.08	1:18.20
4. Sam Beer	Poseidon'56	NED 199605521	<b>1:19.11</b>	+0,67		36.73	1:19.11
5. Jorden Theijink	ZPC De Hof	NED 199400323	<b>1:20.81</b>	+0,73		37.26	1:20.81
6. Pieter Pijnenburg	De Biesboschwimmers	NED 199305227	<b>1:20.88</b>	+0,74		38.50	1:20.88
7. Martijn Bartels	ZPC Amersfoort	NED 199603493	<b>1:21.30</b>	+0,76		38.54	1:21.30
8. Ian van Mullem	ZOB'66	NED 199602545	<b>1:22.78</b>	+0,71		38.99	1:22.78
9. Jordy van der Drift	ZVL - 1886	NED 199307345	<b>1:22.80</b>	+0,75		37.92	1:22.80
10. Derek Valkenier	MSV-Zeemacht	NED 199207397	<b>1:25.13</b>	+0,74		39.38	1:25.13
11. Patrick Wobben	Steenwijk 1934	NED 199300559	<b>1:31.84</b>	+0,80		41.73	1:31.84
12. Cars Wiegmann	WS Twente	NED 199401025	<b>1:32.30</b>	+0,69		42.90	1:32.30





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 24, Heren, 100m schoolslag

35+

1. Sander de Vrught	ENC Arnhem	NED	198903499	<b>1:10.85</b>	+0,64	32.83	1:10.85
2. Alan Slomp	DZ&PC	NED	198703071	<b>1:14.70</b>	+0,73	34.68	1:14.70
3. Patrick Creemers	SG Patrick - De Roersoppers	NED	199000579	<b>1:16.86</b>	+0,75	35.38	1:16.86
4. Stefan van de Griit	SWOL 1894	NED	198701121	<b>1:20.18</b>	+0,81	37.90	1:20.18
5. Jaap Stielstra	ENC Arnhem	NED	199006231	<b>1:21.57</b>	+0,72	37.22	1:21.57
6. Robert Spekhorst	De Mors	NED	198703141	<b>1:26.63</b>	+0,80	39.98	1:26.63
7. Sven van Zanten	De Duinkickers	NED	199003405	<b>1:30.55</b>	+0,68	39.43	1:30.55

40+

1. Yuri van Ommе	Zwemvereniging Hoogland	NED	198501887	<b>1:13.44</b>	+0,82	34.14	1:13.44
2. Ricardo van Dam	AZC	NED	198503965	<b>1:17.30</b>	+0,72	35.59	1:17.30
3. Rob van Wanrooy	Albion	NED	198202627	<b>1:18.24</b>	+0,72	36.50	1:18.24
4. Robin Wolbers	MZ&PC De Reest	NED	198503051	<b>1:19.52</b>	+0,71	36.50	1:19.52
5. Ignacio García Rodríguez	ACZ	NED	198504015	<b>1:19.57</b>	+0,68	37.28	1:19.57
6. Rob van Vliet	ZPC Amersfoort	NED	198402459	<b>1:22.34</b>	+0,80	38.68	1:22.34
7. Albert van Piekeren	SWOL 1894	NED	198401767	<b>1:22.84</b>	+0,84	39.39	1:22.84
8. Gerwin Vonk	De Spatters	NED	198201907	<b>1:23.40</b>	+0,69	38.43	1:23.40
9. Christian Van Genderen	Wahoo Swimming	NED	198300711	<b>1:29.70</b>	+0,72	43.12	1:29.70

45+

1. Vincent Versteeg	Zwemlust- den Hommel	NED	197701003	<b>1:11.85</b>	+0,74	33.38	1:11.85
2. Victor Barnar	Zwemlust- den Hommel	NED	197801805	<b>1:13.22</b>	+0,77	34.41	1:13.22
3. Simon van Ravesteijn	WVZ	NED	198002263	<b>1:17.65</b>	+0,81	35.97	1:17.65
4. Remco Dijcks	ENC Arnhem	NED	198002569	<b>1:18.54</b>	+0,67	36.80	1:18.54
5. Dennis Dortland	NieMo Barracuda	NED	197800261	<b>1:19.50</b>	+0,83	37.33	1:19.50
6. Bogdan Androne	Sassenheim	NED	197701783	<b>1:19.67</b>	+0,75	37.74	1:19.67
7. Juan Yllera	DES	NED	197802027	<b>1:19.68</b>	+0,64	37.89	1:19.68
8. Harm Jan Otter	Het Ravijn	NED	198101283	<b>1:20.20</b>	+0,81	36.95	1:20.20
9. Paul Oudendijk	DAW	NED	198101287	<b>1:20.55</b>	+0,82	38.76	1:20.55
10. Bas van den Nouwelant	ZV Vlaardingen-Schiedam	NED	198001103	<b>1:23.86</b>	+0,85	39.25	1:23.86
11. Berry van Holland	TriVia	NED	198000603	<b>1:25.53</b>	+0,73	39.88	1:25.53
12. Rogier van Gent	IJZPC	NED	198000405	<b>1:26.85</b>	+0,80	39.22	1:26.85

50+

1. Kees Bakker	Gay Swim Amsterdam	NED	197501055	<b>1:17.86</b>	+0,63	36.61	1:17.86
2. Kai Kremer	SG Erkelenz-Hückelhoven	GER	468899	<b>1:22.03</b>	+0,78	38.94	1:22.03
3. Sagar Jaivant	WVZ	NED	197401615	<b>1:22.42</b>	+0,87	37.43	1:22.42
4. Michael van Bekkum	SWOL 1894	NED	197200051	<b>1:23.22</b>	+0,81	38.30	1:23.22
5. Bas Kremers	TRB-RES	NED	197201611	<b>1:24.20</b>	+0,76	39.45	1:24.20
6. Pieter Veenstra	DZ&PC	NED	197301345	<b>1:26.45</b>	+0,84	39.99	1:26.45
7. S. Nieuwenhuizen	MZ&PC De Reest	NED	197401625	<b>1:27.65</b>	+0,70	40.60	1:27.65
8. Marcel van Walt van Praag	Gay Swim Amsterdam	NED	197501425	<b>1:30.42</b>	+0,72	43.00	1:30.42

55+

1. Antwan van Engen	CWW	NED	197101577	<b>1:15.70</b>	+0,75	35.65	1:15.70
<i>Nederlands Masters Record</i>							
2. Matthias Millers	SG Wuppertal	GER	113799	<b>1:18.34</b>	+0,91	35.76	1:18.34
3. Harold Matla	PSV	NED	196800591	<b>1:21.66</b>	+0,78	38.89	1:21.66
4. Gerrit Orthofer	Team Noord Holland (SG)	NED	197001813	<b>1:21.76</b>	+0,64	39.20	1:21.76
5. Glen Le Clercq	ZPC De Rog	NED	196800177	<b>1:22.87</b>	+0,86	38.74	1:22.87
6. Paul van den Heuvel	Arethusa	NED	197000441	<b>1:24.29</b>	+0,93	38.82	1:24.29
7. Martijn de Jong	DWK	NED	197101659	<b>1:24.66</b>	+0,78	39.28	1:24.66
8. René Beetsma	HZ&PC Heerenveen	NED	196900069	<b>1:25.15</b>	+0,86	39.93	1:25.15
9. Hans Schoenmakers	DAW	NED	196900863	<b>1:25.38</b>	+0,84	39.25	1:25.38
10. Mathieu Rikken	De Duinkickers	NED	196701777	<b>1:28.83</b>	+0,81	41.72	1:28.83
11. Alberto Randazzo	DES	NED	197101757	<b>1:29.16</b>	+0,84	41.28	1:29.16
12. Joop Weenink	WS Twente	NED	196801535	<b>1:30.44</b>	+0,84	42.97	1:30.44
13. Nico Swart	De Biesboschzwemmers	NED	196801475	<b>1:30.59</b>	+0,87	42.19	1:30.59





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 24, Heren, 100m schoolslag, 55+

rang naam	vereniging			tijd	RT	PARA	50m	100m
14. Rob van de Ven	Neptunus'58	NED	197101695	<b>1:30.77</b>	+0,76		40.86	1:30.77
15. Martin Berkhout	ZVL - 1886	NED	197101123	<b>1:34.57</b>	+0,69		43.03	1:34.57
16. Peter Musschenga	Gay Swim Amsterdam	NED	196901347	<b>1:35.97</b>	+0,93		43.93	1:35.97
17. Jordey Wijnbergen	GZC Donk	NED	196901897	<b>1:36.69</b>	+0,86		46.90	1:36.69
18. Marcel Brittijn	De Duinkickers	NED	196900159	<b>1:38.18</b>	+0,67		47.62	1:38.18
19. Erik Zoethout	Aqualero	NED	196901157	<b>1:38.58</b>	+0,93		44.62	1:38.58
20. Gertjan van der Vaart	ZV Vlaardingen-Schiedam	NED	196801529	<b>1:40.85</b>	+0,76		47.46	1:40.85
DIS Martin Hoogerkamp	KSN (SG)	NED	196801663					

AM - Gebruik gemaakt van hulpmiddelen of tape gebruikt op het lichaam.

60+

1. Jan Gert Notenbomer	ZCNF'34	NED	196600557	<b>1:18.40</b>	+0,80		36.93	1:18.40
<i>Nederlands Masters Record</i>								
2. Ron Korzelius	ZPC Amersfoort	NED	196500513	<b>1:25.04</b>	+0,75		40.52	1:25.04
3. Edwin van Norden	ZPC Amersfoort	NED	196300563	<b>1:25.50</b>	+0,75		40.10	1:25.50
4. Gert Sikkema	Zignea	NED	196300687	<b>1:28.45</b>	+0,81		41.50	1:28.45
5. Rene de Jong	ZV Vlaardingen-Schiedam	NED	196600351	<b>1:31.38</b>	+1,00		42.98	1:31.38
6. Theo Bakker	TriVia	NED	196401231	<b>1:34.18</b>	+0,78		41.72	1:34.18
7. Robert de Brauwer	De Duinkickers	NED	196401383	<b>1:35.81</b>	+0,93		43.96	1:35.81
8. Willem Jan Ribberink	GZC Donk	NED	196501327	<b>1:36.68</b>	+0,88		46.08	1:36.68
9. Pierre de Groot	GZC Donk	NED	196401431	<b>1:39.43</b>	+0,88		47.04	1:39.43
10. Jack Barends	WS Twente	NED	196201011	<b>1:41.81</b>	+0,79		48.62	1:41.81

65+

1. Jan Vlasblom	HHZV Plons	NED	196100823	<b>1:27.75</b>	+0,88		40.76	1:27.75
2. Wim de Lange	AZC	NED	195800533	<b>1:35.33</b>	+0,77		43.96	1:35.33
3. Wiebren Dijkstra	HZ&PC Heerenveen	NED	195800745	<b>1:45.17</b>	+0,82		48.48	1:45.17
4. Peter Coffeng	GZC Donk	NED	195700063	<b>1:53.03</b>	+0,97		51.94	1:53.03

70+

1. Paul Bunnik	Triton	NED	195600413	<b>1:36.21</b>	+0,84		44.81	1:36.21
2. Jelle de Vries	DZ&PC	NED	195600397	<b>1:36.69</b>	+0,92		46.42	1:36.69
3. Laurens Klein Breteler	WS Twente	NED	195400109	<b>1:42.25</b>	+0,89		47.92	1:42.25

75+

1. Harry Dokter	SWOL 1894	NED	195100037	<b>1:39.48</b>	+0,88		47.11	1:39.48
2. J. Macpherson-Stewart	Free Style SC	GBR	30261	<b>1:51.31</b>	+0,83		52.63	1:51.31
3. Piet Schop	De Bevelanders	NED	195000109	<b>1:56.12</b>	+0,74		53.90	1:56.12
4. Mans Buis	SWOL 1894	NED	194700133	<b>2:11.32</b>	+1,11		1:00.28	2:11.32

80+

1. Nico Baay	Old Dutch	NED	194200053	<b>2:05.35</b>	+0,87		58.90	2:05.35
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Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 25  
2-5-2026 - 15:41

Dames, 200m vrije slag

Masters Open  
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
<b>20+</b>								
1. Sara Korthuis	DZ&PC	NED 200600494	<b>2:06.34</b>	+0,79	29.20	1:01.62	1:34.54	2:06.34
<i>Nederlands Masters Record</i>								
2. Marit Huisman	WVZ	NED 200502620	<b>2:14.38</b>	+0,71	30.31	1:04.39	1:39.70	2:14.38
3. Tess Panjer	VZC	NED 200403060	<b>2:15.23</b>	+0,77	30.75	1:05.10	1:40.32	2:15.23
4. Jelsie van Ruijven	ZVL - 1886	NED 200500282	<b>2:16.80</b>	+0,71	31.60	1:06.10	1:41.79	2:16.80
5. Evelien Husselman	MZ&PC De Reest	NED 200501324	<b>2:20.99</b>	+0,74	31.91	1:07.47	1:44.61	2:20.99
6. Faustine Mussig	De Geul	NED 200202080	<b>2:22.44</b>	+0,71	32.92	1:09.15	1:46.43	2:22.44
7. Dido Toornend	Team Noord Holland (SG)	NED 200501718	<b>2:22.77</b>	+0,77	31.66	1:07.62	1:45.49	2:22.77
8. Feline Slijkhuis	SG Octopus - ZVV	NED 200501042	<b>2:23.47</b>	+0,85	33.15	1:09.74	1:48.05	2:23.47
9. Noor Polman	CWW	NED 200501248	<b>2:23.69</b>	+0,67	32.11	1:09.64	1:47.32	2:23.69
10. Iris Lok	WS Twente	NED 200301094	<b>2:28.57</b>	+0,63	33.57	1:11.01	1:49.92	2:28.57
11. Esmee Kloezen	Bubble	NED 200204646	<b>2:29.78</b>	+0,77	34.48	1:12.85	1:51.42	2:29.78
12. Welmoed Doornbos	De IJsselmeeuwen	NED 200203352	<b>2:29.94</b>	+0,68	33.86	1:13.03	1:52.00	2:29.94
13. Nienke Lammers	ENC Arnhem	NED 200200806	<b>2:30.94</b>	+0,84	34.56	1:11.50	1:51.23	2:30.94
14. Leonie van Wier	HZ&PC Heerenveen	NED 200200436	<b>2:31.27</b>	+0,72	32.76	1:10.62	1:51.14	2:31.27
15. Claire Bosch	De Dinkel	NED 200401480	<b>2:33.41</b>	+0,78	34.12	1:12.32	1:52.95	2:33.41
16. Sabine Uytdewilligen	ENC Arnhem	NED 200502654	<b>2:35.62</b>	+0,67	35.34	1:14.74	1:55.80	2:35.62
17. Pien Ooijman	WS Twente	NED 200504500	<b>2:35.71</b>	+0,84	34.93	1:14.75	1:55.94	2:35.71
18. Ilse Stut	De Otters Het Gooi	NED 200206236	<b>2:35.72</b>	+0,83	34.76	1:14.62	1:55.91	2:35.72
19. Ilse Kramer	TriVia	NED 200403072	<b>2:39.81</b>	+0,80	36.29	1:17.19	1:58.82	2:39.81
20. Melanie Schaap	Bubble	NED 200501180	<b>2:43.50</b>	+0,82	35.50	1:16.95	2:01.31	2:43.50
21. Daphne van Rees	SG Octopus - ZVV	NED 200301766	<b>2:48.15</b>	+0,76	37.39	1:20.70	2:05.55	2:48.15
22. Chantal Pennings	VZ&PC Nautilus	NED 200403420	<b>2:55.23</b>	+0,73	40.23	1:24.06	2:10.64	2:55.23
23. Ghislaine Lisitano	VZV Njord	NED 200500082	<b>2:57.27</b>	+0,75	39.42	1:23.57	2:10.07	2:57.27

**25+**

1. Femke Backx	Orca	NED 200106430	<b>2:13.23</b>	+0,77	30.26	1:03.66	1:37.93	2:13.23
2. Laura Setz	Bubble	NED 200000130	<b>2:13.41</b>	+0,87	30.73	1:04.85	1:39.62	2:13.41
3. Amber van der Kruk	MSV-Zeemacht	NED 200102730	<b>2:16.14</b>	+0,86	30.82	1:04.92	1:40.05	2:16.14
4. Marijke Drent	Bubble	NED 199906232	<b>2:16.61</b>	+0,80	31.85	1:06.96	1:42.09	2:16.61
5. Laura van Sabben	PSV	NED 199804332	<b>2:20.37</b>	+0,65	32.01	1:08.16	1:44.56	2:20.37
6. Myra Smulders	Zwemvereniging Hoogland	NED 199904308	<b>2:20.49</b>	+0,70	32.13	1:07.74	1:44.67	2:20.49
7. Manon Kloosterman	Zwemlust- den Hommel	NED 199702082	<b>2:20.58</b>	+0,74	31.79	1:07.32	1:44.12	2:20.58
8. Marjes Butz	RZC	NED 199901502	<b>2:22.09</b>	+0,71	33.31	1:09.80	1:46.74	2:22.09
9. Jolien Wind	ZPC de Kanaalstreek	NED 200100510	<b>2:23.21</b>	+0,75	33.31	1:10.02	1:47.63	2:23.21
10. Selina Janssen	Neptunus'58	NED 199905974	<b>2:29.16</b>	+0,79	33.22	1:10.79	1:49.97	2:29.16
11. Romée Beverdam	WS Twente	NED 200100158	<b>2:30.73</b>	+1,00	34.08	1:12.63	1:51.82	2:30.73
12. Mirelle de Kort	VZ&PC Nautilus	NED 200005546	<b>2:35.11</b>	+0,76	34.54	1:14.57	1:55.46	2:35.11
13. Judith Kleinjan	De Duck	NED 199802710	<b>2:39.21</b>	+0,82	35.33	1:17.64	1:58.90	2:39.21
14. Irene Hanse	Zuiderzeezwemmers	NED 199801496	<b>2:39.33</b>	+0,85	35.49	1:15.62	1:57.85	2:39.33
15. Evelien de Jong	Neptunia '24	NED 199805316	<b>2:39.53</b>	+0,73	33.93	1:12.53	1:56.21	2:39.53
16. Sheila ten Voorde	SG Octopus - ZVV	NED 199904538	<b>2:39.65</b>	+0,78	35.29	1:15.61	1:57.64	2:39.65
17. Esmée Rolloos	NieMo Barracuda	NED 199800056	<b>2:41.45</b>	+0,90	36.31	1:16.56	1:59.88	2:41.45
18. Annemarie ten Have	Zuiderzeezwemmers	NED 199802662	<b>2:42.12</b>	+0,75	36.14	1:17.07	1:59.59	2:42.12
19. Tamara van den Brink	NieMo Barracuda	NED 199804182	<b>2:42.37</b>	+0,74	36.79	1:17.99	2:00.88	2:42.37
20. Berinda van Dijk	Blue Marlins	NED 200104186	<b>2:42.68</b>	+0,75	36.66	1:18.97	2:02.04	2:42.68
21. Anouk van der Lans	Westland Swimming Stars	NED 199801614	<b>2:44.86</b>	+0,76	37.20	1:18.74	2:02.51	2:44.86
22. Mirna Wolters	De Plons	NED 199802046	<b>2:49.24</b>	+0,75	37.93	1:21.12	2:05.48	2:49.24
23. Nadine Scheeve	De Biesboschzwemmers	NED 199700684	<b>2:50.12</b>	+0,78	37.32	1:21.18	2:05.75	2:50.12
24. Kim van Rossum	SBC2000	NED 199706374	<b>3:22.27</b>	+1,14	45.33	1:36.58	2:29.41	3:22.27



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 25, Dames, 200m vrije slag

30+

1. Leonie van Noort	WVZ	NED 199301752	<b>2:09.13</b>	+0,78	30.45	1:03.27	1:36.45	2:09.13
2. Tamara Grove	De Dolfijn	NED 199601266	<b>2:11.18</b>	+0,68	30.18	1:03.54	1:37.83	2:11.18
3. Marcha Admiraal	De Geul	NED 199300012	<b>2:19.79</b>	+0,76	31.02	1:06.36	1:42.97	2:19.79
4. J. van Omme - van Veen	Zwemvereniging Hoogland	NED 199603192	<b>2:21.26</b>	+0,79	31.96	1:07.83	1:44.91	2:21.26
5. Fiona Meuffels	PSV	NED 199504366	<b>2:23.16</b>	+0,68	33.75	1:11.01	1:48.44	2:23.16
6. M. Steenberg	Otter SC	GBR 1821931	<b>2:24.79</b>	+0,79	33.05	1:09.52	1:48.12	2:24.79
7. Anne-Irene Ducheine	Zwemvereniging Hoogland	NED 199506824	<b>2:26.30</b>	+0,74	34.20	1:11.30	1:49.26	2:26.30
8. A. Meulenbeld	Orca	NED 199506230	<b>2:29.80</b>	+0,75	33.87	1:11.69	1:50.61	2:29.80
9. Saskia Bergsma	De Wellerobben	NED 199301686	<b>2:30.82</b>	+0,81	33.28	1:11.59	1:50.48	2:30.82
10. Irmgard van Weeghel	ENC Arnhem	NED 199204834	<b>2:39.71</b>	+0,77	35.73	1:16.24	1:59.00	2:39.71
11. Alma Janssen	Zegenwerp	NED 199401078	<b>2:43.23</b>	+0,76	37.83	1:19.77	2:02.20	2:43.23
12. Mariska Gach	ZVL - 1886	NED 199501760	<b>2:44.28</b>	+0,80	36.61	1:17.37	2:00.98	2:44.28
13. Astrid Wibbelink	Steenwijk 1934	NED 199600006	<b>2:45.98</b>	+0,74	37.77	1:20.62	2:04.44	2:45.98
14. Eline Molle	De Geul	NED 199404276	<b>2:53.72</b>	+0,86	39.36	1:23.52	2:09.40	2:53.72
15. Chantal Lokhorst	Aqualero	NED 199401362	<b>2:56.92</b>	+0,90	38.50	1:22.32	2:09.61	2:56.92
16. Cynthia van Veen	BZ en PC	NED 199606736	<b>3:02.99</b>	+0,71	38.85	1:25.59	2:15.34	3:02.99

35+

1. Wendan Poelstra	TriVia	NED 199102496	<b>2:24.33</b>	+0,75	33.41	1:09.62	1:47.32	2:24.33
2. Lisanne Andeweg	Zuiderzeezwemmers	NED 198800092	<b>2:29.45</b>	+0,86	34.06	1:12.57	1:51.50	2:29.45
3. Relinda Baas	TriVia	NED 198900144	<b>2:31.12</b>	+0,75	34.66	1:12.47	1:51.42	2:31.12
4. Kimberly Whittington	VZC	NED 198704616	<b>2:33.16</b>	+0,78	33.62	1:12.03	1:52.84	2:33.16
5. Linda van Klei	ACZ	NED 198802088	<b>2:33.92</b>	+0,81	36.81	1:16.49	1:56.56	2:33.92
6. Monique van Huizen	AZC	NED 198706236	<b>2:37.92</b>	+0,71	35.26	1:15.54	1:58.21	2:37.92
7. Esther Kwebeman	TriVia	NED 199106374	<b>2:41.15</b>	+0,83	37.32	1:18.61	2:00.42	2:41.15
8. Nanda van Heteren	PSV	NED 198901728	<b>2:42.62</b>	+0,88	38.15	1:20.26	2:02.83	2:42.62
9. D. van den Hoogenband	Nuenen	NED 199001558	<b>2:43.61</b>	+0,76	38.24	1:20.70	2:03.86	2:43.61
10. E. Boerdam-Delfos	AZC	NED 198705256	<b>2:48.24</b>	+0,74	37.89	1:21.02	2:05.27	2:48.24
11. Liesbeth van Mill	Zwemlust- den Hommel	NED 198702786	<b>2:49.81</b>	+0,90	38.58	1:21.69	2:05.94	2:49.81
12. Rene Kleinveld	GZC Donk	NED 199001966	<b>2:58.39</b>	+0,78	39.32	1:23.97	2:11.55	2:58.39
13. Marieke Weering	De Plons	NED 198704550	<b>3:04.28</b>	+0,77	40.80	1:27.37	2:16.83	3:04.28
14. J. van den Beukel	NieMo Barracuda	NED 199100238	<b>3:06.58</b>	+0,85	40.57	1:28.16	2:17.35	3:06.58

40+

1. Anneloes Peulen	Nuenen	NED 198502314	<b>2:18.26</b>	+0,68	31.17	1:06.37	1:42.24	2:18.26
2. Linda van Schaik	ZPCH	NED 198605424	<b>2:22.00</b>	+0,82	32.03	1:07.71	1:45.24	2:22.00
3. Sabine Zimmermann	Aachener SV 06	GER 101578	<b>2:24.06</b>	+0,78	33.07	1:10.55	1:47.80	2:24.06
4. Ann Wanter	Zwemclub Geel	BEL ZGEEEL/21082/82	<b>2:24.64</b>	+0,81	33.62	1:10.78	1:48.53	2:24.64
5. Debbie van Rooijen	IJZPC	NED 198201402	<b>2:25.65</b>	+0,78	34.23	1:11.06	1:48.88	2:25.65
6. Evita van de Ketterij	De Treffers	NED 198504284	<b>2:26.66</b>	+0,75	33.41	1:10.74	1:48.70	2:26.66
7. Nadya Putter	ZV Vlaardingen-Schiedam	NED 198301630	<b>2:30.10</b>	+0,75	34.63	1:12.73	1:51.50	2:30.10
8. Anneloes Lens	ZVL - 1886	NED 198605432	<b>2:45.83</b>	+1,04	36.17	1:17.94	2:02.35	2:45.83
9. Ramona Linting	AZC	NED 198301274	<b>2:47.20</b>	+0,71	37.72	1:20.10	2:03.65	2:47.20
10. Hanneke Heymen	WS Twente	NED 198400968	<b>2:52.34</b>	+0,89	39.22	1:22.73	2:07.78	2:52.34
11. Linda Hoogendam	WVZ	NED 198300892	<b>3:00.50</b>	+0,86	41.01	1:28.10	2:15.79	3:00.50
12. Marloes Rebel	WS Twente	NED 198403474	<b>3:14.75</b>	+1,02	45.83	1:37.28	2:28.53	3:14.75
AFGEM Maïke Zeterberg	Zehlendorfer TSV von 1888	GER 066680						

45+

1. Anke Lambooij	AZL	NED 198001182	<b>2:24.94</b>	+0,77	33.14	1:09.23	1:47.72	2:24.94
2. Nathalie Blondeel	Cercle De Natation Sportcity	BELuCNSW/004784/77	<b>2:33.06</b>	+0,73	36.64	1:15.90	1:55.25	2:33.06
3. Patricia Brooijmans	Old Dutch	NED 197901608	<b>2:33.36</b>	+0,69	35.01	1:13.60	1:53.88	2:33.36
4. Chantal Verhoeff	Old Dutch	NED 197900912	<b>2:41.63</b>	+0,80	36.62	1:18.71	2:00.73	2:41.63
5. A. Besseling-de Jong	De Geul	NED 198102084	<b>2:45.39</b>	+0,88	38.55	1:21.60	2:04.52	2:45.39
6. Luisiana Bigea	Sassenheim	NED 197701300	<b>2:46.46</b>	+0,83	36.18	1:17.40	2:02.27	2:46.46
7. Femke Hofkens	Aqua-Novio '94	NED 197801094	<b>2:59.35</b>	+0,77	41.21	1:26.80	2:14.17	2:59.35
8. Leonie Scholten	Steenwijk 1934	NED 197901560	<b>3:04.29</b>	+0,83	40.25	1:26.41	2:14.73	3:04.29
9. Saskia op den Velde	De Duinkickers	NED 197901530	<b>3:13.17</b>	+1,02	41.59	1:31.25	2:21.93	3:13.17
10. C. van Bruxvoort	Albion	NED 197700138	<b>3:23.73</b>	+0,83	46.54	1:37.97	2:31.01	3:23.73





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 25, Dames, 200m vrije slag

50+

1. Annett von Rekowski	Schwimmverein Gera	GER 097868	<b>2:28.63</b>	+0,76	34.90	1:13.27	1:51.50	2:28.63
2. Edith Janssen-Koolen	TRB-RES	NED 197300898	<b>2:34.07</b>	+1,83	34.45	1:14.46	1:54.93	2:34.07
3. Petra Guijt	Aqua-Novio '94	NED 197600978	<b>2:39.11</b>	+0,84	36.04	1:16.73	1:58.65	2:39.11
4. Ilona Hogerheyde	DAW	NED 197400224	<b>2:39.50</b>	+0,73	35.74	1:15.81	1:57.90	2:39.50
5. Julia Barke	Zehlendorfer TSV von 1888	GER 480129	<b>2:40.77</b>	+0,75	35.67	1:16.97	1:59.15	2:40.77
6. Nataliia Boryshkevych	Ukraine Swim	UKR	<b>2:43.31</b>	+0,72	36.63	1:17.48	2:00.52	2:43.31
7. Mariska van Doorn	Arethusa	NED 197200444	<b>2:45.35</b>	+0,93	37.69	1:19.62	2:02.81	2:45.35
8. Jannie Vennik	HZ&PC Heerenveen	NED 197601006	<b>2:46.72</b>	+0,87	37.93	1:19.78	2:03.40	2:46.72
9. Katharina Schlipp	AZL	NED 197301004	<b>2:48.04</b>	+1,15	38.49	1:20.86	2:04.58	2:48.04
10. Catherine Hoogeveen	DZ&PC	NED 197501048	<b>2:48.67</b>	+0,81	37.95	1:19.72	2:04.16	2:48.67
11. Wendy Nederkoorn	Arethusa	NED 197400374	<b>2:56.34</b>	+0,84	39.64	1:24.13	2:10.96	2:56.34
12. Y. van Nobelen - Kamps	Sassenheim	NED 197200316	<b>2:57.15</b>	+0,73	41.03	1:26.36	2:13.24	2:57.15
13. Evelien Naatje	WS Twente	NED 197200838	<b>2:59.43</b>	+0,97	41.46	1:27.36	2:15.74	2:59.43

55+

1. Carla Geurts	PSV	NED 197100178	<b>2:22.97</b>	+0,70	32.48	1:08.82	1:46.68	2:22.97
<i>Nederlands Masters Record</i>								
2. Carol Hollemans	ACZ	NED 196900252	<b>2:27.65</b>	+0,71	33.43	1:10.78	1:50.16	2:27.65
3. L. van Bon-Rosenbrand	ZPC Amersfoort	NED 197000054	<b>2:30.04</b>	+0,84	33.78	1:11.32	1:50.90	2:30.04
4. Annette de Visser	Oceanus	NED 197100602	<b>2:34.21</b>	+0,83	35.39	1:14.50	1:54.73	2:34.21
5. Bianca Groot	MSV-Zeemacht	NED 197000652	<b>2:41.60</b>	+0,98	37.04	1:18.38	2:00.63	2:41.60
6. Inken Wemheuer	Team Noord Holland (SG)	NED 197101016	<b>2:44.71</b>	+0,69	37.19	1:19.05	2:03.35	2:44.71
7. Annette Wijnja-Visser	De Biesboschwimmers	NED 196700528	<b>2:48.15</b>	+0,77	37.73	1:20.23	2:04.63	2:48.15
8. Marijke Campfens	De Geul	NED 196900960	<b>2:50.41</b>	+0,84	39.20	1:22.03	2:07.02	2:50.41
9. Henriëtte van Norden	ZPC Amersfoort	NED 196800046	<b>2:51.57</b>	+0,98	38.10	1:22.08	2:08.14	2:51.57
10. Karin Sagonas-Koolen	VZV Njord	NED 197000964	<b>3:00.10</b>	+0,85	40.65	1:26.19	2:14.76	3:00.10
11. Annet Kootstra	SWOL 1894	NED 197100344	<b>3:08.10</b>	+0,92	44.16	1:32.56	2:21.39	3:08.10
12. Kathy Van Lindt	Cercle De Natation Sportcity	BELuCNSW/007949/71	<b>3:10.05</b>	+0,93	45.18	1:35.02	2:24.43	3:10.05
13. Annette Spies	LinK	NED 197001110	<b>3:12.52</b>	+1,44	43.39	1:31.11	2:21.91	3:12.52
14. Irna van der Molen	WS Twente	NED 196900938	<b>3:13.21</b>	+0,73	41.54	1:31.45	2:23.42	3:13.21
15. D. Schipper - van Est	ZOB'66	NED 197001078	<b>3:14.24</b>	+0,88	43.18	1:31.10	2:22.69	3:14.24
16. Nathasja Konijn	GZC Donk	NED 197100992	<b>3:19.19</b>	+0,89	44.65	1:35.68	2:27.57	3:19.19
17. S. Daamen-Posma	AZC	NED 196800854	<b>3:21.72</b>	+0,91	44.78	1:34.27	2:28.55	3:21.72
18. Caroline Kruger	Albion	NED 196800928	<b>3:22.40</b>	+0,81	46.32	1:39.59	2:32.85	3:22.40
19. Britta Fritz	SC Janus Köln	GER 262038	<b>3:23.75</b>	+1,39	47.13	1:40.21	2:33.70	3:23.75
20. Annette van Dok	MSV-Zeemacht	NED 196800742	<b>3:32.95</b>		48.51	1:43.14	2:39.46	3:32.95
21. R. van der Vlugt	De Geul	NED 196700710	<b>3:36.33</b>	+0,92	49.08	1:45.29	2:43.78	3:36.33
DIS Cancia Ouwerkerk	Albion	NED 196700748		+0,46				

AA - De start ingezet voor het startsignaal (en wel gezwommen).

60+

1. M. Remmits-de Lange	ZPC Amersfoort	NED 196300518	<b>2:40.85</b>	+0,86	37.61	1:18.32	2:00.26	2:40.85
2. Wilna Heijman	Steenwijk 1934	NED 196400506	<b>2:50.08</b>	+0,80	39.07	1:22.37	2:06.39	2:50.08
3. Jenny Westervaarder	H2Oldambt	NED 196200424	<b>3:29.37</b>	+0,98	46.92	1:39.17	2:34.32	3:29.37
4. Inge Deutz	ZV Vlaardingen-Schiedam	NED 196600726	<b>3:32.82</b>	+0,90	47.09	1:42.03	2:39.38	3:32.82
5. Cora Smulders	ENC Arnhem	NED 196600668	<b>3:33.29</b>	+0,73	47.09	1:41.72	2:38.77	3:33.29

65+

1. Petra Tossings	GZC Donk	NED 196100376	<b>2:55.85</b>	+0,88	40.19	1:25.35	2:11.62	2:55.85
2. Linda Wibbelink	Steenwijk 1934	NED 195900158	<b>3:07.82</b>	+0,69	43.55	1:31.67	2:20.81	3:07.82
3. Kirsten Stamer	SC Janus Köln	GER 247144	<b>3:14.78</b>	+0,81	44.31	1:32.91	2:23.79	3:14.78
4. Lia Bijkerk	GZC Donk	NED 196000014	<b>3:22.12</b>	+0,94	45.65	1:37.57	2:31.56	3:22.12
5. Katinka Elders	HZ&PC Heerenveen	NED 196000292	<b>3:29.37</b>	+0,93	47.34	1:41.11	2:35.93	3:29.37
6. Gea Kuiper	ZCNF'34	NED 196100104	<b>3:53.49</b>	+0,96	54.02	1:53.51	2:53.81	3:53.49





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 25, Dames, 200m vrije slag

70+

1. Atie Pijtak-Radersma	ZPC Amersfoort	NED 195600048	<b>2:46.55</b>	+0,79	37.60	1:19.26	2:03.16	2:46.55
<i>Nederlands Masters Record</i>								
2. Margriet Pasma	TriVia	NED 195500088	<b>3:02.82</b>	+0,87	42.05	1:28.93	2:16.33	3:02.82

80+

1. L. van Huissteden	ZPC Amersfoort	NED 194500002	<b>4:48.30</b>	+1,23	1:04.21	2:19.63	3:36.18	4:48.30
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85+

1. Marie Smits	Old Dutch	NED 193800004	<b>4:43.48</b>	+1,26	1:02.35	2:18.34	3:33.15	4:43.48
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Programmanr. 26  
2-5-2026 - 16:33

Heren, 200m vrije slag

Masters Open  
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
<b>20+</b>								
1. Jacco Nijland	ZPC De Hof	NED 200400081	<b>2:07.13</b>	+0,83	29.07	1:01.53	1:34.99	2:07.13
2. Bram van Norel	RZC	NED 200301133	<b>2:08.56</b>	+0,70	29.34	1:02.87	1:36.29	2:08.56
3. Niels Kragt	TriVia	NED 200300155	<b>2:10.16</b>	+0,70	29.46	1:02.73	1:36.44	2:10.16
4. Owen Michels	De Amstel	NED 200402293	<b>2:13.52</b>	+0,69	30.58	1:04.65	1:39.74	2:13.52
5. Rik Stahlie	TriVia	NED 200201915	<b>2:15.39</b>	+0,77	30.67	1:04.79	1:40.43	2:15.39
6. Daan Schra	MZ&PC De Reest	NED 200203271	<b>2:15.48</b>	+0,85	28.83	1:02.83	1:39.07	2:15.48
7. Thijs Huizer	ZVL - 1886	NED 200502523	<b>2:21.05</b>	+0,70	31.15	1:06.76	1:45.90	2:21.05
8. Lanco Manaf	Het Ravijn	NED 200402715	<b>2:29.77</b>	+0,68	32.03	1:09.40	1:50.19	2:29.77
9. Yarnick Visscher	De Valken	NED 200601157	<b>2:39.66</b>	+0,74	33.71	1:12.56	1:55.91	2:39.66
<b>25+</b>								
1. Ivo Stolk	Albion	NED 200100615	<b>1:54.50</b>	+0,70	26.04	54.64	1:24.27	1:54.50
2. Darren Chen	ZPC Amersfoort	NED 200001149	<b>1:59.41</b>	+0,65	27.17	57.18	1:27.95	1:59.41
3. Jelle Blankestijn	ZPC Amersfoort	NED 199803737	<b>2:04.60</b>	+0,74	28.86	1:00.52	1:32.89	2:04.60
4. Jasper Breugem	WVZ	NED 200000303	<b>2:06.51</b>	+0,72	29.20	1:02.00	1:34.75	2:06.51
5. Jacob Mackloet	De Schotejil	NED 200001171	<b>2:06.54</b>	+0,67	28.40	59.80	1:32.96	2:06.54
6. Bart Weiland	DES	NED 199700777	<b>2:10.62</b>	+0,67	29.32	1:02.23	1:36.43	2:10.62
7. Daan Siebenheller	Blue Marlins	NED 199804955	<b>2:15.68</b>	+0,70	30.64	1:05.60	1:41.27	2:15.68
8. Lars Jacobsen	DWK	NED 199705453	<b>2:17.68</b>	+0,78	31.22	1:05.91	1:42.63	2:17.68
9. Leon Kloots	ZPC De Hof	NED 200001363	<b>2:18.43</b>	+0,81	30.86	1:06.66	1:43.19	2:18.43
10. Tenzin Tieman	Old Dutch	NED 200005549	<b>2:18.92</b>	+0,80	30.92	1:05.70	1:42.61	2:18.92
11. Wesley van der Luit	Sassenheim	NED 199701895	<b>2:19.85</b>	+0,74	32.66	1:09.26	1:45.36	2:19.85
12. Patrick Wyrdeeman	Westland Swimming Stars	NED 199702475	<b>2:20.88</b>	+0,70	31.92	1:07.33	1:44.74	2:20.88
13. Jard Pronk	DAW	NED 199905321	<b>2:23.39</b>	+0,79	33.22	1:09.95	1:46.78	2:23.39
14. Milan Adriaenssens	De Vrije Slag	NED 199705783	<b>2:25.08</b>	+0,78	31.32	1:08.02	1:46.25	2:25.08
15. Teun van Rooij	VZ&PC Nautilus	NED 199904387	<b>2:25.24</b>	+0,65	32.14	1:08.93	1:47.55	2:25.24
16. Auke Sijperda	AZC	NED 199905115	<b>2:28.32</b>	+0,68	32.87	1:09.78	1:48.81	2:28.32
17. Ardy Zwanenburg	AZC	NED 199902061	<b>2:35.40</b>	+0,77	34.20	1:11.80	1:53.56	2:35.40
18. Yannic Heereveld	De Treffers	NED 199805819	<b>2:39.83</b>	+0,76	34.58	1:14.68	1:57.60	2:39.83
<b>30+</b>								
1. Mike Schel	ENC Arnhem	NED 199403279	<b>2:08.79</b>	+0,72	28.93	1:01.03	1:34.84	2:08.79
2. Tim de Vrught	ENC Arnhem	NED 199306719	<b>2:11.97</b>	+0,70	29.53	1:03.11	1:38.43	2:11.97
3. John Smit	Poseidon'56	NED 199500613	<b>2:15.07</b>	+0,75	30.37	1:04.98	1:40.31	2:15.07
4. Sander Riezebos	WS Twente	NED 199400467	<b>2:15.37</b>	+0,73	29.83	1:03.99	1:39.94	2:15.37
5. Niels Bent	WS Twente	NED 199400465	<b>2:16.37</b>	+0,73	30.83	1:04.59	1:40.05	2:16.37
6. Colin Degenaars	ZPCH	NED 199505951	<b>2:24.77</b>	+0,77	31.77	1:08.16	1:46.74	2:24.77
7. J. Santiago Patterson	ZVL - 1886	NED 199406797	<b>2:28.35</b>	+0,68	35.30	1:13.33	1:51.60	2:28.35
8. Remco Visser	ZPC Woerden	NED 199503185	<b>2:28.75</b>	+0,73	31.97	1:09.02	1:48.19	2:28.75
9. Ruben de Boer	Zwemvereniging Hoogland	NED 199301419	<b>2:41.76</b>	+0,79	35.92	1:16.42	1:58.93	2:41.76





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 26, Heren, 200m vrije slag, 30+

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
10. Arnold Hofman	DZ&PC	NED 199406759	<b>3:00.52</b>	+0,72	39.47	1:26.27	2:14.64	3:00.52

35+

1. Matteo Viani	Zwemlust- den Hommel	NED 199007717	<b>2:00.49</b>	+0,65	27.62	58.04	1:29.42	2:00.49
2. Bas Braun	ZPC Amersfoort	NED 199106545	<b>2:06.34</b>	+0,73	28.53	1:00.21	1:32.96	2:06.34
3. Matthew Humphreys	MSV-Zeemacht	NED 198906983	<b>2:12.55</b>	+0,74	29.83	1:02.76	1:37.30	2:12.55
4. Jos de Graaf	PSV	NED 199106095	<b>2:12.83</b>	+0,73	29.81	1:04.02	1:38.62	2:12.83
5. Tim Bunnik	Triton	NED 199000505	<b>2:12.88</b>	+0,76	29.62	1:03.11	1:38.12	2:12.88
6. Craig Frankum	Wahoo Swimming	NED 199007759	<b>2:15.00</b>	+0,81	30.33	1:04.09	1:39.67	2:15.00
7. Sherif Badawy	DAW	NED 198907047	<b>2:15.74</b>	+0,71	31.68	1:06.15	1:40.47	2:15.74
8. Patrick Creemers	SG Patrick - De Roersoppers	NED 199000579	<b>2:17.22</b>	+0,69	30.13	1:04.95	1:41.85	2:17.22
9. Niels Albrechts	De Schotejil	NED 198800039	<b>2:21.69</b>	+0,80	33.16	1:09.78	1:46.97	2:21.69
10. Wessel Everloo	WS Twente	NED 198906597	<b>2:27.25</b>	+0,99	34.07	1:12.44	1:51.41	2:27.25
11. Teodor Bogdanov	Zeester Meerval	NED 198907039	<b>2:45.27</b>	+0,75	34.99	1:15.09	1:57.77	2:45.27
12. R. Camacho Saravia	Albion	NED 199107919	<b>2:47.21</b>	+0,78	35.76	1:16.09	2:01.58	2:47.21
13. Thijs de Roo	SWOL 1894	NED 198705447	<b>3:07.00</b>	+0,91	42.66	1:29.30	2:16.98	3:07.00

40+

1. Robert Braad	Steenwijk 1934	NED 198600407	<b>2:14.75</b>	+0,79	30.34	1:04.42	1:40.65	2:14.75
2. Rob van Wanrooy	Albion	NED 198202627	<b>2:28.29</b>	+0,75	34.03	1:12.05	1:50.65	2:28.29
3. Peter van de Bor	Team Noord Holland (SG)	NED 198402897	<b>2:33.15</b>	+0,80	33.60	1:12.60	1:53.93	2:33.15
4. Sander van Tilburg	De Biesboschzwemmers	NED 198604609	<b>2:34.26</b>	+0,84	35.59	1:14.13	1:54.64	2:34.26

45+

1. Ivo Roozeboom	WVZ	NED 197700801	<b>2:12.39</b>	+0,74	29.81	1:04.28	1:39.29	2:12.39
2. Dennis Brouwers	HZPC	NED 197800167	<b>2:13.66</b>	+0,81	30.83	1:04.80	1:39.60	2:13.66
3. Victor Barnar	Zwemlust- den Hommel	NED 197801805	<b>2:18.62</b>	+0,70	31.93	1:07.12	1:42.76	2:18.62
4. Marcel Reefhuis	WS Twente	NED 198101381	<b>2:20.44</b>	+0,72	32.50	1:08.21	1:44.80	2:20.44
5. Robert Istrate	Zwemsport Parkstad	NED 198002555	<b>2:23.54</b>	+0,82	30.66	1:05.92	1:44.52	2:23.54
6. Arjan Buijsse	Sassenheim	NED 197901767	<b>2:28.07</b>	+0,71	32.66	1:10.00	1:49.27	2:28.07
7. Oscar Monge	IJZPC	NED 198102599	<b>2:28.81</b>	+0,67	34.27	1:11.84	1:49.96	2:28.81
8. Arjen Koop	ENC Arnhem	NED 197900697	<b>2:29.14</b>	+0,73	33.16	1:10.41	1:48.65	2:29.14
9. Erwin Akkerman	MZ&PC De Reest	NED 197901783	<b>2:31.09</b>	+0,83	34.25	1:13.11	1:53.09	2:31.09
10. André Noordwijk	NieMo Barracuda	NED 197901785	<b>2:35.39</b>	+0,89	34.92	1:14.35	1:56.01	2:35.39
11. Tom Bandsma	PSV	NED 197701625	<b>2:39.93</b>	+1,13	36.29	1:16.30	1:57.99	2:39.93
12. Peter Lommert	SWOL 1894	NED 197900787	<b>2:43.40</b>	+0,97	35.29	1:16.55	2:00.48	2:43.40
13. Stefan Witwerts	KSN (SG)	NED 197902159	<b>3:12.71</b>	+0,99	42.07	1:32.27	2:24.53	3:12.71
NG Oivind Martin Hasle	Oslo I.L.	NOR M260777ØIV01						

50+

1. Frederic Tonus	Luxembourg Sharks Swimmir	LUX10449	<b>2:04.80</b>	+0,74	29.03	1:00.20	1:32.73	2:04.80
<i>Luxembourg Masters Record</i>								
2. Stefan Damen	HZ&PC Heerenveen	NED 197400153	<b>2:23.09</b>	+0,76	32.57	1:08.46	1:46.13	2:23.09
3. Peter de Vries	HZ&PC Heerenveen	NED 197401601	<b>2:23.48</b>	+0,72	32.86	1:09.33	1:46.15	2:23.48
4. Sjoerd de Jong	Team Noord Holland (SG)	NED 197201739	<b>2:41.00</b>	+1,01	36.27	1:17.78	2:00.12	2:41.00
5. Wouter van der Stelt	De Biesboschzwemmers	NED 197200889	<b>2:47.36</b>	+0,87	37.64	1:19.25	2:03.73	2:47.36
6. Bas Kremers	TRB-RES	NED 197201611	<b>2:51.58</b>	+0,81	37.92	1:21.17	2:07.34	2:51.58
7. Jeroen Hoeksel	ZV Vlaardingen-Schiedam	NED 197401533	<b>2:56.03</b>	+1,03	39.76	1:24.62	2:11.25	2:56.03

55+

1. Matthias Millers	SG Wuppertal	GER 113799	<b>2:14.22</b>	+0,86	31.72	1:06.69	1:41.44	2:14.22
2. Jochen Bruha	SG Wuppertal	GER 58762	<b>2:18.97</b>	+0,81	30.66	1:05.25	1:41.67	2:18.97
3. Richard Ricksen	Hellas-Glana	NED 197000841	<b>2:20.11</b>	+0,82	32.23	1:08.87	1:45.23	2:20.11
4. Olivier van Heezik	PSV	NED 197101763	<b>2:20.44</b>	+0,83	31.71	1:06.92	1:43.72	2:20.44
5. Glen Le Clercq	ZPC De Rog	NED 196800177	<b>2:24.06</b>	+0,84	32.76	1:08.34	1:46.74	2:24.06
6. Frank Pater	Polizei SV Oldenburg	GER 84386	<b>2:29.49</b>	+0,89	33.92	1:11.18	1:51.22	2:29.49
7. Frank van Nobelen	Sassenheim	NED 196900753	<b>2:30.49</b>	+0,80	34.18	1:12.10	1:51.22	2:30.49
8. Martin Berkhout	ZVL - 1886	NED 197101123	<b>2:35.60</b>	+0,72	34.34	1:14.26	1:56.45	2:35.60



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 26, Heren, 200m vrije slag, 55+

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
9. Leon Slingerland	WVZ	NED 196801707	<b>2:45.63</b>	+0,94	36.31	1:19.90	2:04.61	2:45.63
10. Huyb Stegeman	Steenwijk 1934	NED 196701535	<b>2:54.33</b>	+1,00	38.83	1:22.56	2:08.47	2:54.33
11. Ramon Alsina Munoz	Cercle De Natation Sportcity	BELuCNSW/002552/69	<b>3:01.73</b>	+0,94	38.77	1:24.81	2:13.30	3:01.73
12. Steffen Dathe	SG Bayer	GER 450025	<b>3:04.15</b>	+1,00	40.57	1:27.65	2:17.82	3:04.15
13. Martin Hoogerkamp	KSN (SG)	NED 196801663	<b>3:09.07</b>	+1,10	42.41	1:30.19	2:20.42	3:09.07
14. Rob van de Ven	Neptunus'58	NED 197101695	<b>3:12.61</b>	+0,74	41.65	1:30.32	2:21.92	3:12.61

60+

1. Bob de Vries	SG Octopus - ZVV	NED 196601101	<b>2:14.22</b>	+0,70	30.42	1:05.38	1:40.34	2:14.22
2. Hugues Herman	Cercle De Natation Sportcity	BELuCNSW/014976/66	<b>2:22.21</b>	+0,67	32.35	1:08.12	1:45.57	2:22.21
3. Johan Remmits	ZPC Amersfoort	NED 196201159	<b>2:22.91</b>	+0,72	32.55	1:08.80	1:46.43	2:22.91
4. Jon Christensen	Luxembourg Sharks Swimmir	LUXu10008	<b>2:26.26</b>	+0,77	34.53	1:11.68	1:49.42	2:26.26
5. Gert Sikkema	Zigna	NED 196300687	<b>2:30.64</b>	+0,85	34.12	1:12.54	1:51.98	2:30.64
6. Rob Spetter	ZPC De Rog	NED 196201239	<b>2:34.44</b>	+0,70	35.14	1:13.77	1:54.02	2:34.44
7. Henri Michels	De Amstel	NED 196501587	<b>2:34.96</b>	+0,85	34.61	1:14.53	1:55.52	2:34.96
8. Ralf Dillig	Duisburger ST	GER 060769	<b>2:36.58</b>	+0,89	35.66	1:16.02	1:57.13	2:36.58
9. Eymert van Rooij	PSV	NED 196601631	<b>2:38.45</b>	+0,94	35.13	1:15.64	1:57.71	2:38.45
10. K. van Overbeeke	WWV Winterswijk	NED 196200489	<b>2:38.75</b>	+0,88	36.71	1:17.68	2:00.83	2:38.75
11. Jeroen Wilmer	Enkhuizer Zwem Vereniging	NED 196601711	<b>2:40.65</b>	+0,96	36.56	1:16.94	2:00.12	2:40.65
12. Paul Wijnja	De Biesboschzwemmers	NED 196301403	<b>2:41.39</b>	+0,79	35.68	1:16.05	1:59.92	2:41.39
13. Erik Saan	De Duck	NED 196500769	<b>2:48.17</b>	+1,02	36.66	1:17.24	2:03.28	2:48.17
14. Peter Janssen	Team Noord Holland (SG)	NED 196201307	<b>3:01.64</b>	+1,09	40.22	1:26.49	2:14.25	3:01.64

65+

1. Marten de Groot	HZ&PC Heerenveen	NED 195800149	<b>2:28.29</b>	+0,84	33.99	1:11.39	1:50.06	2:28.29
2. Dirk Zeterberg	Zehlendorfer TSV von 1888	GER 101339	<b>2:33.49</b>	+0,88	35.90	1:15.38	1:55.52	2:33.49
3. H. Oude Weernink	WS Twente	NED 196001037	<b>2:42.52</b>	+0,90	35.98	1:15.26	1:58.37	2:42.52
4. Ronald Grove	Triton	NED 196100161	<b>2:45.30</b>	+0,76	37.14	1:18.65	2:02.58	2:45.30
5. Rene Janssen	Team Noord Holland (SG)	NED 195700169	<b>2:51.10</b>	+0,97	39.56	1:23.33	2:08.90	2:51.10
6. Wim de Lange	AZC	NED 195800533	<b>2:54.83</b>	+0,79	39.61	1:24.15	2:09.91	2:54.83
7. Bart van Calker	WS Twente	NED 196100067	<b>3:02.47</b>	+0,85	42.91	1:28.75	2:16.61	3:02.47
8. Lex Hoogendam	ZZ&PC De Devel	NED 195700541	<b>3:14.47</b>	+1,08	41.41	1:31.10	2:21.78	3:14.47
9. Peter Coffeng	GZC Donk	NED 195700063	<b>3:26.95</b>	+0,95	46.51	1:38.99	2:33.25	3:26.95

70+

1. Philippe Morelle <i>Belgian Masters Record</i>	Cercle De Natation Sportcity	BELuCNSW/008015/56	<b>2:39.71</b>	+0,84	36.07	1:16.98	1:59.32	2:39.71
2. Henk Slomp	De Inktvis	NED 195500359	<b>2:47.17</b>	+0,89	37.41	1:19.49	2:02.40	2:47.17
3. Laurens Klein Breteler	WS Twente	NED 195400109	<b>3:07.08</b>	+1,00	41.98	1:29.22	2:20.28	3:07.08

75+

1. Wout Hemmes	De Plons	NED 194800059	<b>3:18.89</b>	+1,10	45.58	1:36.86	2:29.03	3:18.89
2. Jos Kamps	Zwemvereniging Hoogland	NED 195100085	<b>3:20.75</b>	+0,94	42.75	1:34.71	2:29.26	3:20.75

80+

1. Willem Putter <i>Nederlands Masters Record</i>	ZV Vlaardingen-Schiedam	NED 194500135	<b>3:22.77</b>	+1,18	45.05	1:37.09	2:31.14	3:22.77
2. Geza Kaltenecker	AZC	NED 194200065	<b>3:50.14</b>	+1,02	51.46	1:51.35	2:52.19	3:50.14



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 27  
2-5-2026 - 17:12

Dames, 50m vlinderslag

Masters Open  
Resultaten

rang	naam	vereniging		tijd	RT	PARA
<b>20+</b>						
1.	Marit Huisman <i>Nederlands Masters Record</i>	WVZ	NED 200502620	<b>27.84</b>	+0,71	
2.	Felina Kissel	G.S.Z.V. De Golfbreker	NED 200505526	<b>30.47</b>	+0,67	
3.	Jelsie van Ruijven	ZVL - 1886	NED 200500282	<b>30.73</b>	+0,70	
4.	Laura 't Lam	De Geul	NED 200603376	<b>30.95</b>	+0,74	
5.	Vivianne Woltjes	VZC	NED 200501524	<b>31.09</b>	+0,73	
6.	Anouchka Bos	NieMo Barracuda	NED 200501528	<b>31.38</b>	+0,75	
7.	Lianne van Wier	HZ&PC Heerenveen	NED 200200438	<b>31.70</b>	+0,70	
8.	Welmoed Doornbos	De IJsselmeeuwen	NED 200203352	<b>31.83</b>	+0,68	
9.	Jessica Braat	AZC	NED 200205684	<b>31.89</b>	+0,65	
10.	Lyke Buscop	De Schotejil	NED 200500552	<b>32.05</b>	+0,73	
11.	Inge Dekker	HZ&PC Heerenveen	NED 200200476	<b>32.55</b>	+0,76	
12.	Evelien Husselman	MZ&PC De Reest	NED 200501324	<b>32.77</b>	+0,69	
13.	Ilse Wild	SG Octopus - ZVV	NED 200401812	<b>32.95</b>	+0,73	
14.	AnneMarijn Damhoff	De Inktvis	NED 200501000	<b>33.26</b>	+0,80	
15.	Sanne Kloezen	Bubble	NED 200204644	<b>33.39</b>	+0,83	
16.	Noa de Bock	De Duck	NED 200300318	<b>33.58</b>	+0,70	
17.	Faustine Mussig	De Geul	NED 200202080	<b>33.65</b>	+0,72	
18.	Esmée van Peer	TriVia	NED 200201114	<b>33.69</b>	+0,75	
19.	Birgit Hage	PSV	NED 200602898	<b>33.75</b>	+0,86	
20.	Babet van Andel	ZVL - 1886	NED 200304308	<b>33.98</b>	+0,76	
21.	Sydney Celie	IJsselmeer	NED 200406054	<b>34.03</b>	+0,73	
22.	Feline Slijkhuis	SG Octopus - ZVV	NED 200501042	<b>34.09</b>	+0,87	
23.	Fieke Hoogduin	ZVL - 1886	NED 200600836	<b>34.18</b>	+0,71	
24.	Laura Hoogenboezem	ACZ	NED 200500390	<b>34.27</b>	+0,73	
25.	Kim de Jong	Westland Swimming Stars	NED 200401522	<b>34.30</b>	+0,69	
26.	Kyra Wesemann	MSV-Zeemacht	NED 200201440	<b>34.52</b>	+0,77	
27.	Noor Polman	CWW	NED 200501248	<b>34.64</b>	+0,69	
28.	Manon van der Wielen	HZPC	NED 200200550	<b>35.09</b>	+0,74	
29.	Joyce Toonstra	Neptunia '24	NED 200501298	<b>35.12</b>	+0,84	
30.	Femke Miedema	IJsselmeer	NED 200601824	<b>35.62</b>	+0,79	
31.	Sharon Oldenkamp	De Valken	NED 200600276	<b>35.81</b>	+0,68	
32.	Sharlene Both	AZC	NED 200602780	<b>37.31</b>	+0,79	
33.	Ghislaine Lisitano	VZV Njord	NED 200500082	<b>37.80</b>	+0,76	
34.	Esmee Kloezen	Bubble	NED 200204646	<b>38.36</b>	+0,73	
35.	Daphne van Rees	SG Octopus - ZVV	NED 200301766	<b>39.65</b>	+0,78	
36.	Marit van Krimpen	ZOB'66	NED 200403506	<b>40.02</b>	+0,85	
37.	Ilse Stut	De Otters Het Gooi	NED 200206236	<b>40.20</b>	+0,66	
38.	Kimberly Kootstra	De Valken	NED 200600060	<b>43.10</b>	+0,79	
39.	Marit Gerritsen	WS Twente	NED 200200664	<b>43.78</b>	+0,79	
NG	Chaira Scholte	De Inktvis	NED 200304478			

**25+**

1.	Babette van der Kaaij	Blue Marlins	NED 199902234	<b>29.45</b>	+0,67	
2.	Myrthe Bakker	MSV-Zeemacht	NED 200000804	<b>29.71</b>	+0,71	
3.	Silke Molendijk	ZVL - 1886	NED 200100178	<b>30.28</b>	+0,64	
4.	Kim van Gemert	Poseidon'56	NED 200101968	<b>30.49</b>	+0,76	
5.	Alisha Vieira	Blue Marlins	NED 199904554	<b>30.88</b>	+0,68	
6.	Robin Pienaar	NieMo Barracuda	NED 200102236	<b>31.24</b>	+0,77	
7.	Britt Cornelissens	Hellas-Glana	NED 200000632	<b>31.43</b>	+0,71	
8.	Lauren van IJll	WVZ	NED 200001064	<b>31.45</b>	+0,70	
9.	Maartje Slop	De Otters Het Gooi	NED 200106036	<b>31.52</b>	+0,71	
10.	Femke-Romy Wiersma	Neptunia '24	NED 200103078	<b>31.59</b>	+0,71	
11.	Marjes Butz	RZC	NED 199901502	<b>31.71</b>	+0,69	
12.	Linde Haverkate	ZPC De Hof	NED 199900244	<b>31.74</b>	+0,80	
13.	Selina Janssen	Neptunus'58	NED 199905974	<b>32.06</b>	+0,75	
14.	Marije Sweering	Neptunia '24	NED 200101228	<b>32.14</b>	+0,70	
15.	Dagmar Kruij	Zuiderzeezwemmers	NED 199800008	<b>32.85</b>	+0,75	
16.	Marijke Drent	Bubble	NED 199906232	<b>32.97</b>	+0,81	





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 27, Dames, 50m vlinderslag, 25+

rang	naam	vereniging			tijd	RT	PARA
17.	Rianne Bresser	Poseidon'56	NED	199900690	<b>33.04</b>	+0,78	
18.	Mirelle de Kort	VZ&PC Nautilus	NED	200005546	<b>33.30</b>	+0,77	
19.	Kelly de Jonge	Poseidon'56	NED	199701210	<b>33.35</b>	+0,78	
20.	Marleen Hof	WS Twente	NED	199802464	<b>33.43</b>	+0,84	
21.	Ellen ter Stege	ENC Arnhem	NED	199900604	<b>33.66</b>	+0,68	
22.	Lisanne Seising	VZC	NED	200002084	<b>33.69</b>	+0,73	
23.	Hanna Looi	Blue Marlins	NED	200006090	<b>33.90</b>	+0,78	
24.	Romée Beverdam	WS Twente	NED	200100158	<b>34.18</b>	+0,77	
25.	Marielle van der Vaart	ZV Vlaardingen-Schiedam	NED	200000994	<b>34.48</b>	+0,72	
26.	Daphne Dols	ZPC Woerden	NED	199904622	<b>34.52</b>	+0,73	
27.	Mandy Swart	ZPC Amersfoort	NED	199904916	<b>35.02</b>	+0,85	
28.	Annemarie ten Have	Zuiderzeewimmers	NED	199802662	<b>35.33</b>	+0,73	
29.	Marouscha de Vries	DAW	NED	199906628	<b>36.19</b>	+0,67	
30.	Romy Jalving	HZ&PC Heerenveen	NED	200000616	<b>36.20</b>	+0,73	
31.	Sheila ten Voorde	SG Octopus - ZVV	NED	199904538	<b>36.95</b>	+0,79	
32.	Iris Bastiaansen	De Amstel	NED	199902006	<b>37.19</b>	+0,74	
33.	Sarissa Bakker	Blue Marlins	NED	199903918	<b>37.48</b>	+0,80	
34.	Dannique Koolen	ZPC Amersfoort	NED	199904048	<b>38.69</b>	+0,85	417
35.	Chantal van der Vaart	ZV Vlaardingen-Schiedam	NED	199802266	<b>38.89</b>	+0,79	
36.	Rebecca de Klein	DZ&PC	NED	200002812	<b>38.99</b>	+0,72	
37.	Judith Kleinjan	De Duck	NED	199802710	<b>40.40</b>	+0,85	
38.	Esmée Rolloos	NieMo Barracuda	NED	199800056	<b>41.85</b>	+0,80	

30+

1.	Marcella van der Ent	De Duck	NED	199600174	<b>30.31</b>	+0,76	
2.	Karin Rijkelijkhuisen	DZ&PC	NED	199403358	<b>30.42</b>	+0,64	
3.	Melissa van der Heijden	NieMo Barracuda	NED	199605226	<b>30.78</b>	+0,71	
4.	Marcha Admiraal	De Geul	NED	199300012	<b>30.81</b>	+0,73	
5.	Jara Schmidt	ENC Arnhem	NED	199405062	<b>31.03</b>	+0,77	
6.	Lisa Klatten	ZPC Amersfoort	NED	199203628	<b>31.33</b>	+0,75	
7.	Joanne van Essen	ZPC Amersfoort	NED	199303506	<b>32.30</b>	+0,75	
8.	Alma Janssen	Zegenwerp	NED	199401078	<b>34.31</b>	+0,69	
9.	Lotte Eising	ZPC Amersfoort	NED	199502098	<b>34.91</b>	+0,73	
10.	Katrin Diercks	SG Aumund - Vegesack	GER	197466	<b>34.96</b>	+0,72	
11.	Janneke van de Poele	De Duck	NED	199301128	<b>35.83</b>	+0,63	
12.	Lianne Verhoef	ZPC De Hof	NED	199501004	<b>36.12</b>	+0,79	
13.	Eline Molle	De Geul	NED	199404276	<b>38.35</b>	+0,83	
14.	Getrude Corporaal	Steenwijk 1934	NED	199200380	<b>38.91</b>	+0,90	
15.	Laura ter Stege	CWW	NED	199602364	<b>39.62</b>	+0,79	
16.	Marijke Kommers	NieMo Barracuda	NED	199305334	<b>40.92</b>	+0,82	
17.	Chantal Wind-Hemme	De Plons	NED	199501292	<b>52.21</b>	+0,95	

35+

1.	Danique Stoop	Zuiderzeewimmers	NED	199106956	<b>29.81</b>	+0,73	
2.	Elmi Roelofsen	SG Octopus - ZVV	NED	199008198	<b>31.65</b>	+0,78	
3.	Jacyntha Plat	Steenwijk 1934	NED	199002956	<b>31.83</b>	+0,69	
4.	Cristina Rodriguez Bouzo	De Treffers	NED	198806948	<b>32.46</b>	+0,70	
5.	Monique van Huizen	AZC	NED	198706236	<b>33.92</b>	+0,75	
6.	Rianne Hofland	Sassenheim	NED	198801820	<b>34.58</b>	+0,74	
7.	Chantal Meyerink	De Grunte	NED	199105212	<b>35.50</b>	+0,74	
8.	Danila van den Hoogenband	Nuene	NED	199001558	<b>37.12</b>	+0,77	
9.	Sabine Vink	De Biesboschzimmers	NED	198704340	<b>37.72</b>	+0,88	
10.	Rene Kleinveld	GZC Donk	NED	199001966	<b>40.14</b>	+0,80	



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 27, Dames, 50m vlinderslag

40+

1.	Anneloes Peulen	Nuenen	NED	198502314	<b>30.88</b>	+0,67
2.	Danielle Reijnders	AquAmigos	NED	198504234	<b>31.94</b>	+0,69
	Marije Jansen	ZPC Amersfoort	NED	198504088	<b>31.94</b>	+0,72
4.	Anna Maria Rijkens	WSV St.Johann in Tirol	AUT	48298	<b>32.32</b>	+0,74
5.	Evita van de Ketterij	De Treffers	NED	198504284	<b>32.39</b>	+0,71
6.	Laura Badoux	DAW	NED	198200038	<b>33.44</b>	+0,75
7.	Sandra Schellekens	Neptunus'58	NED	198503416	<b>37.00</b>	+0,79
8.	Anneloes Lens	ZVL - 1886	NED	198605432	<b>37.26</b>	+0,71

45+

1.	Delia Badoux	WVZ	NED	198000042	<b>29.49</b>	+0,74
	<i>Nederlands Masters Record</i>					
2.	Iris de Boer - Oosterhof	MZ&PC De Reest	NED	197701152	<b>35.24</b>	+0,77
3.	Sabrina Boekhout	De Biesboschzwemmers	NED	198100120	<b>35.76</b>	+0,79
4.	Tonia Ruybroek	Poseidon'56	NED	198101290	<b>36.27</b>	+0,91
5.	Chantal Verhoeff	Old Dutch	NED	197900912	<b>36.35</b>	+0,76
6.	A. Schuiling-De Reus	Aqualero	NED	197900718	<b>36.43</b>	+0,91
7.	Inge Roskam	De Duinkickers	NED	197801296	<b>38.07</b>	+0,80
8.	Tanja Lenz	Uerdinger Schwimmverein 08	GER	451703	<b>41.37</b>	+0,71
9.	Ute Kremer	SG Erkelenz-Hückelhoven	GER	492223	<b>43.73</b>	+0,90

50+

1.	Mirjan den Drijver	Westland Swimming Stars	NED	197500884	<b>33.42</b>	+0,85
2.	Edith Janssen-Koolen	TRB-RES	NED	197300898	<b>34.56</b>	+0,73
3.	Yvette Ratering	CWW	NED	197200990	<b>34.82</b>	+0,78
4.	Julia Barke	Zehlendorfer TSV von 1888	GER	480129	<b>35.24</b>	+0,77
5.	Ilona Hogerheyde	DAW	NED	197400224	<b>36.44</b>	+0,77
6.	Marian Nederlof	De Geul	NED	197600950	<b>37.85</b>	+0,80
7.	Esmeralda Stokman	ZPCH	NED	197600940	<b>40.71</b>	+0,70
8.	Y. van Nobelen - Kampschreur	Sassenheim	NED	197200316	<b>40.90</b>	+0,78
9.	Evelien Naatje	WS Twente	NED	197200838	<b>43.48</b>	+1,02
10.	Nicolette Zuidema	SWOL 1894	NED	197500978	<b>56.11</b>	+0,82

55+

1.	Jeanne Petit	PSV	NED	197001020	<b>31.88</b>	+0,77
	<i>Nederlands Masters Record</i>					
2.	Lesley Cordial	ZPC Amersfoort	NED	196700684	<b>32.78</b>	+0,74
3.	Susan Fraser	Free Style SC	GBR	63571	<b>33.87</b>	+0,82
4.	Trudy Ketting	PSV	NED	197000268	<b>38.79</b>	+0,69
5.	Marijke Campfens	De Geul	NED	196900960	<b>39.97</b>	+0,65
6.	Karin Sagonas-Koolen	VZV Njord	NED	197000964	<b>43.22</b>	+0,82
7.	Helena Mels	ZV Vlaardingen-Schiedam	NED	196901036	<b>47.47</b>	+0,82
8.	Kathy Van Lindt	Cercle De Natation Sportcity WolBEL	CNSW/007949/71	<b>47.99</b>	+0,89	
9.	Annette van Dok	MSV-Zeemacht	NED	196800742	<b>56.07</b>	+0,90

60+

1.	Marinka vd Zwet	Sassenheim	NED	196500346	<b>35.11</b>	+0,70
2.	Yoka de Vegt-van Dijk	ENC Arnhem	NED	196200420	<b>43.56</b>	+0,80

65+

1.	Marijke Kraak-Beckers	SWOL 1894	NED	196000240	<b>39.98</b>	+0,82
2.	Karin van der Star-Verhoeven	ENC Arnhem	NED	196100382	<b>44.78</b> *	+0,79
3.	Hannie Poletiek	TriVia	NED	195900278	<b>48.67</b>	+1,04
4.	Ria Peters-Veurman	ENC Arnhem	NED	195800242	<b>1:02.97</b>	+0,92



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 27, Dames, 50m vlinderslag

75+

1.	Christine Nieuwenhuis	SWOL 1894	NED	195100022	<b>43.89</b>	+0,64
2.	Antoinette Gilding-Tussaud	WS Twente	NED	195000038	<b>1:03.29</b>	

80+

1.	Annet Verhoeven - Steggerda	De Duinkickers	NED	194600024	<b>1:18.20</b>	+0,98
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Programmanr. 28  
2-5-2026 - 17:31

Heren, 50m vlinderslag

Masters Open  
Resultaten

rang	naam	vereniging			tijd	RT	PARA
<b>20+</b>							
1.	Brandon van den Berg <i>Nederlands Masters Record</i>	Albion	NED	200200669	<b>24.64</b>	+0,64	
2.	Scott Jansen	WVZ	NED	200202455	<b>26.68</b>	+0,71	
3.	Daan Hoogendoorn	ZPC Woerden	NED	200500113	<b>27.07</b>	+0,76	
4.	Louis Kappler	Zwemlust- den Hommel	NED	200205067	<b>27.26</b>	+0,71	
5.	Marijn Snel	IJsselmeer	NED	200400001	<b>27.29</b>	+0,73	
6.	Dago Hofmeijer	WS Twente	NED	200600121	<b>27.95</b>	+0,89	
7.	Bram van Norel	RZC	NED	200301133	<b>28.12</b>	+0,71	
8.	Mika Bongers	ENC Arnhem	NED	200502683	<b>28.13</b>	+0,67	
9.	Jort Vizeé	De Duck	NED	200201779	<b>28.16</b>	+0,62	
10.	Sayyid Brown	Blue Marlins	NED	200305037	<b>28.18</b>	+0,65	
11.	Mees Minneboo	MSV-Zeemacht	NED	200203465	<b>28.28</b>	+0,64	
12.	Finn Ooijman	WS Twente	NED	200603161	<b>28.46</b>	+0,67	
13.	Niels Kragt	TriVia	NED	200300155	<b>28.70</b>	+0,68	
14.	Lars Haytink	WS Twente	NED	200601815	<b>28.87</b>	+0,66	
15.	Daan Schra	MZ&PC De Reest	NED	200203271	<b>29.00</b>	+0,77	
16.	Mika Heskamp	De Dinkel	NED	200300339	<b>29.12</b>	+0,71	
17.	Robin van Muijen	ZVL - 1886	NED	200201059	<b>29.13</b>	+0,77	
18.	Jorick van Bon	ZPC Amersfoort	NED	200300091	<b>29.97</b>	+0,75	
19.	Marco van der Wulp	MSV-Zeemacht	NED	200302051	<b>30.73</b>	+0,78	
20.	Sytze van Stein	ZVL - 1886	NED	200501155	<b>31.29</b>	+0,67	
21.	Remco van Krieken	Wahoo Swimming	NED	200300325	<b>31.70</b>	+0,68	
22.	Dennis van der Bok	De Schotejil	NED	200504015	<b>32.11</b>	+0,69	
23.	Lanco Manaf	Het Ravijn	NED	200402715	<b>33.76</b>	+0,68	
24.	Robert Den Breejen	Wahoo Swimming	NED	200400157	<b>34.10</b>	+0,68	
<b>25+</b>							
1.	Matthijs van Meerendonk	DZ&PC	NED	199900375	<b>26.00</b>	+0,64	
2.	Sander Kirillova	WVZ	NED	199800121	<b>26.53</b>	+0,64	
3.	Doran Paap	ZV Westland	NED	200000301	<b>26.81</b>	+0,64	
4.	Kevin Roest	Zwemvereniging Hoogland	NED	200001223	<b>26.91</b>	+0,70	
5.	Jordi de Nijs	MSV-Zeemacht	NED	199801851	<b>27.24</b>	+0,67	
6.	Nino van Krimpen	ZOB'66	NED	200004611	<b>27.27</b>	+0,65	
7.	Ryan van den Ouden	Poseidon'56	NED	199900377	<b>27.40</b>	+0,79	
8.	Arjan Dekker	Bubble	NED	200000499	<b>27.47</b>	+0,68	
9.	Mathieu Boers	WS Twente	NED	199800187	<b>27.66</b>	+0,73	
10.	Joey Papaioannou	Aqua-Novio '94	NED	199802269	<b>27.83</b>	+0,72	
11.	Ian Terlouw	ZPC Woerden	NED	200002345	<b>27.84</b>	+0,67	
12.	Daan Siebenheller Milan de Roo	Blue Marlins ZPC Woerden	NED NED	199804955 200102215	<b>27.92</b> <b>27.92</b>	+0,69 +0,61	
14.	Robin van Beek	ZVL - 1886	NED	199704023	<b>28.19</b>	+0,72	
15.	Ilmar Stoop	Zuiderzeezwemmers	NED	200100871	<b>28.23</b>	+0,64	
16.	Julian Mes	ZOB'66	NED	200103755	<b>28.24</b>	+0,72	
17.	Remco Dijkstra	HZ&PC Heerenveen	NED	200100789	<b>28.27</b>	+0,70	
18.	Kaelan Betrian	ENC Arnhem	NED	199905335	<b>28.36</b>	+0,61	
19.	Jelle Blankestijn	ZPC Amersfoort	NED	199803737	<b>28.46</b>	+0,71	
20.	Fayssal Lanterna	Zwemlust- den Hommel	NED	200101379	<b>28.54</b>	+0,84	





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 28, Heren, 50m vlinderslag, 25+

rang	naam	vereniging			tijd	RT	PARA
21.	Jacob Mackloet	De Schotejil	NED	200001171	<b>28.59</b>	+0,70	
22.	Bart Weiland	DES	NED	199700777	<b>28.89</b>	+0,67	
23.	Tim de Zoete	Zwemvereniging Hoogland	NED	199701875	<b>29.00</b>	+0,69	
24.	Erik Cooman	De Duinkickers	NED	199705121	<b>29.34</b>	+0,91	
25.	Tim van Grunsven	De Treffers	NED	199804535	<b>29.66</b>	+0,77	
26.	Jelle Opmeer	ZPC Amersfoort	NED	200100269	<b>29.74</b>	+0,69	
27.	Ruben Zwartebol	ZPC Woerden	NED	200102651	<b>29.76</b>	+0,66	
28.	Jeffrey Roest	Zwemvereniging Hoogland	NED	199703401	<b>30.25</b>	+0,72	
29.	Bart Klootwijk	DES	NED	199801353	<b>30.49</b>	+0,79	
30.	Sjoerd Boogert	De Rijn	NED	199903153	<b>30.58</b>	+0,71	
31.	Rick Haanschoten	De Rijn	NED	200100291	<b>30.74</b>	+0,70	
32.	Tenzin Tieman	Old Dutch	NED	200005549	<b>31.03</b>	+0,81	
33.	Laurens Spoelstra	WS Twente	NED	199901273	<b>31.23</b>	+0,77	
34.	Jack Davies	ZVL - 1886	NED	199704263	<b>31.26</b>	+0,68	
	Leon Kloots	ZPC De Hof	NED	200001363	<b>31.26</b>	+0,80	
36.	Ids de Klerk	NieMo Barracuda	NED	199803237	<b>31.48</b>	+0,86	
37.	Auke Sijperda	AZC	NED	199905115	<b>31.82</b>	+0,64	
38.	Boaz Troost	ZOB'66	NED	200100371	<b>31.85</b>	+0,73	
39.	Rob van Wier	HZ&PC Heerenveen	NED	199900697	<b>32.39</b>	+0,74	
40.	Wesley van der Luit	Sassenheim	NED	199701895	<b>33.28</b>	+0,79	
41.	Pascal de Jong	De Wellerobben	NED	199700415	<b>35.09</b>	+0,76	
42.	Nick Mens	Cercle De Natation Sportcity WolBEL	CNSW	014471/00	<b>35.94</b>	+0,75	
DIS	Jard Pronk	DAW	NED	199905321		+0,91	
<i>VI - Met één hand keer- en/of eindpunt aangetikt.</i>							
NG	Jesper Luppés	G.S.Z.V. De Golfbreker	NED	200005403			

30+

1.	Bas Dries	Zwemvereniging Hoogland	NED	199505177	<b>26.22</b>	+0,68	
2.	Felix Geenen	DAW	NED	199501085	<b>26.49</b>	+0,70	
3.	David Koers	Aqua-Novio '94	NED	199501229	<b>27.80</b>	+0,72	
4.	Erik Nijholt	DZ&PC	NED	199401349	<b>28.05</b>	+0,73	
5.	Stefan Petersen	Blue Marlins	NED	199403067	<b>28.89</b>	+0,69	
6.	Steven Uijl	Aqua-Novio '94	NED	199304075	<b>28.99</b>	+0,70	
7.	Ian van Mullem	ZOB'66	NED	199602545	<b>29.09</b>	+0,70	
8.	Sam Beer	Poseidon'56	NED	199605521	<b>29.65</b>	+0,68	
9.	Sander Riezebos	WS Twente	NED	199400467	<b>29.76</b>	+0,70	
10.	Jorden Theijink	ZPC De Hof	NED	199400323	<b>29.93</b>	+0,73	
11.	Martijn Bartels	ZPC Amersfoort	NED	199603493	<b>31.00</b>	+0,77	
12.	Robin van Beusekom	NieMo Barracuda	NED	199205841	<b>32.02</b>	+0,83	
13.	Cars Wiegmann	WS Twente	NED	199401025	<b>32.42</b>	+0,73	
14.	Derek Valkenier	MSV-Zeemacht	NED	199207397	<b>37.66</b>	+0,73	

35+

1.	Frank Meier	De Grunte	NED	198802355	<b>27.59</b>	+0,77	
2.	Sander de Vrugt	ENC Arnhem	NED	198903499	<b>28.17</b>	+0,65	
3.	Bas Braun	ZPC Amersfoort	NED	199106545	<b>28.77</b>	+0,77	
4.	Willem-Jan van der Vegte	DZ&PC	NED	198703459	<b>28.86</b>	+0,80	
5.	Craig Frankum	Wahoo Swimming	NED	199007759	<b>28.94</b>	+0,78	
6.	Jaap Stielstra	ENC Arnhem	NED	199006231	<b>31.78</b>	+0,73	
7.	Sven van Zanten	De Duinkickers	NED	199003405	<b>33.29</b>	+0,72	
8.	Mitchell van Uitert	De Geul	NED	199004067	<b>33.76</b>	+0,78	
9.	Teodor Bogdanov	Zeester Meerval	NED	198907039	<b>35.61</b>	+0,69	
10.	Richard Camacho Saravia	Albion	NED	199107919	<b>36.57</b>	+0,79	
11.	Robert Spekhorst	De Mors	NED	198703141	<b>38.21</b>	+0,79	



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 28, Heren, 50m vlinderslag

40+

1.	Filipp Muller <i>Nederlands Masters Record</i>	Arethusa	NED	198604633	<b>25.84</b>	+0,71
2.	Alan Smeets	Zwemsport Parkstad	NED	198402089	<b>28.08</b>	+0,88
3.	Robin Wolbers	MZ&PC De Reest	NED	198503051	<b>28.81</b>	+0,71
4.	Rick Driezen	Steenwijk 1934	NED	198600713	<b>29.50</b>	+0,82
	Ignacio García Rodríguez	ACZ	NED	198504015	<b>29.50</b>	+0,69
6.	Werner van Wyk	De Treffers	NED	198303191	<b>29.90</b>	+0,69
7.	Gerwin Vonk	De Spatters	NED	198201907	<b>30.38</b>	+0,69
8.	Yuri van Omme	Zwemvereniging Hoogland	NED	198501887	<b>30.69</b>	+0,81
9.	Jordi Jolink	ENC Arnhem	NED	198601455	<b>31.26</b>	+0,67
10.	Peter van de Bor	Team Noord Holland (SG)	NED	198402897	<b>32.03</b>	+0,74
11.	Ricardo van Dam	AZC	NED	198503965	<b>32.10</b>	+0,67

45+

1.	Erwin Buist	ZPC Amersfoort	NED	197800183	<b>28.14</b>	+0,72
2.	Ruud Holswilder	ZPCH	NED	197800435	<b>28.57</b>	+0,73
3.	Jeroen Zelsmann	ZPC Amersfoort	NED	197701551	<b>29.17</b>	+0,74
4.	Arjen Nieveen	DZ&PC	NED	198002545	<b>29.85</b>	+0,71
5.	Dennis Dortland	NieMo Barracuda	NED	197800261	<b>30.18</b>	+1,64
6.	Juan Yllera	DES	NED	197802027	<b>30.45</b>	+0,63
7.	Rik Regtering	ENC Arnhem	NED	197900999	<b>30.81</b>	+0,69
8.	Markus van Rest	WVZ	NED	197701197	<b>30.96</b>	+0,84
9.	Harm Jan Otter	Het Ravijn	NED	198101283	<b>32.04</b>	+0,72
10.	William Kruithof	Het Ravijn	NED	198000857	<b>32.65</b>	+0,83
11.	Wim van Steen	DZ&PC	NED	197701133	<b>32.68</b>	+0,89
12.	Rogier van Gent	IJZPC	NED	198000405	<b>32.92</b>	+0,69
13.	André Noordwijk	NieMo Barracuda	NED	197901785	<b>33.15</b>	+0,87
14.	Bogdan Androne	Sassenheim	NED	197701783	<b>33.17</b>	+0,81
15.	Chiel Abma	DZ&PC	NED	198000003	<b>33.35</b>	+0,84
16.	Oscar Monge	IJZPC	NED	198102599	<b>33.84</b>	+0,69
17.	Rubert Boer	Aqualero	NED	197902011	<b>34.04</b>	+0,87
18.	Marco Horneman	NieMo Barracuda	NED	198000623	<b>35.41</b>	+0,80
19.	Erwin Akkerman	MZ&PC De Reest	NED	197901783	<b>35.83</b>	+0,80
20.	Paul Rutten	ENC Arnhem	NED	198001293	<b>41.20</b>	+0,76
NG	Oivind Martin Hasle	Oslo I.L.	NOR	M260777ØIV01		

50+

1.	Frederic Tonus <i>Luxembourg Masters Record</i>	Luxembourg Sharks Swimming CLUX		10449	<b>26.56</b>	+0,73
2.	Jasper van Heijst	ZPCH	NED	197601699	<b>27.74</b>	+0,74
3.	Alex Damen	DAW	NED	197501371	<b>29.75</b>	+0,77
4.	Peter Meijer	DZ&PC	NED	197300613	<b>30.19</b>	+0,64
5.	Jacco Schaap	PSV	NED	197401611	<b>30.24</b>	+0,79
6.	Stefan Damen	HZ&PC Heerenveen	NED	197400153	<b>31.09</b>	+0,86
7.	Peter de Vries	HZ&PC Heerenveen	NED	197401601	<b>32.10</b>	+0,72
8.	Michael Go	AZC	NED	197501397	<b>33.12</b>	+0,70
9.	Marcel van Walt van Praag	Gay Swim Amsterdam	NED	197501425	<b>34.15</b>	+0,72
10.	Jeroen Temme	TriVia	NED	197201703	<b>34.21</b>	+0,86
11.	Kai Kremer	SG Erkelenz-Hückelhoven	GER	468899	<b>34.34</b>	+0,80
12.	Sjoerd de Jong	Team Noord Holland (SG)	NED	197201739	<b>34.84</b>	+1,04

55+

1.	Antwan van Engen	CWW	NED	197101577	<b>28.79</b>	+0,77
2.	Chester Marsman	ZPC Amersfoort	NED	196900671	<b>29.24</b>	+0,71
3.	Olivier van Heezik	PSV	NED	197101763	<b>30.67</b>	+0,82
4.	Richard Ricksen	Hellas-Glana	NED	197000841	<b>31.61</b>	+0,82
5.	Arjan Verheij	ZPC De Rog	NED	197101617	<b>31.67</b>	+0,74
6.	Olivier Bresoux	Cercle De Natation Sportcity WolBEL	CNSW/004898/69		<b>31.91</b>	+0,72
7.	Marcel Vroegindewei	Poseidon'56	NED	196801709	<b>32.40</b>	+0,79
8.	Martijn de Jong	DWK	NED	197101659	<b>33.63</b>	+0,83



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 28, Heren, 50m vlinderslag, 55+

rang	naam	vereniging			tijd	RT	PARA
9.	Mathieu Rikken	De Duinkickers	NED	196701777	<b>34.40</b>	+0,80	
10.	Hans Schoenmakers	DAW	NED	196900863	<b>34.41</b>	+0,81	
11.	Guido Keutgen	Steenwijk 1934	NED	196801551	<b>35.04</b>	+0,80	
12.	Marcel Brittijn	De Duinkickers	NED	196900159	<b>36.01</b>	+0,68	
13.	Erik Zoethout	Aqualero	NED	196901157	<b>38.89</b>	+0,88	
14.	Jordey Wijbergen	GZC Donk	NED	196901897	<b>50.58</b>	+0,78	

60+

1.	Peter Bernsen	ZPC De Rog	NED	196301119	<b>30.93</b>	+0,68	
2.	Edwin van Norden	ZPC Amersfoort	NED	196300563	<b>31.46</b>	+0,79	
3.	Jeroen Wilmer	Enkhuizer Zwem Vereniging	NED	196601711	<b>33.91</b>	+0,92	
4.	Teus Krijgsman	ACZ	NED	196600431	<b>35.16</b>	+0,74	
5.	Robert de Brauwer	De Duinkickers	NED	196401383	<b>36.17</b>	+0,88	

65+

1.	Peter Molecz	SC Diana	AUT	019219	<b>36.23</b>	+0,90	
2.	Jaap de Boer	De Duinkickers	NED	195800691	<b>43.55</b>	+0,87	
3.	Jan Willem Heuten	WS Twente	NED	196000883	<b>43.62</b>	+0,99	

70+

1.	Philippe Morelle	Cercle De Natation Sportcity WolBEL	CNSW	008015/56	<b>33.89</b>	+0,81	
2.	Paul Bunnik	Triton	NED	195600413	<b>35.63</b>	+0,88	
3.	Henk Slomp	De Inktvis	NED	195500359	<b>36.50</b>	+0,79	
4.	Fred Zanting	TriVia	NED	195400323	<b>36.89</b>	+0,91	
5.	Ruud Ruiter	WS Twente	NED	195300169	<b>39.23</b>	+0,98	
6.	Rob Berkhof	SWOL 1894	NED	195200245	<b>52.81</b>	+1,12	

75+

1.	Piet Schop	De Bevelanders	NED	195000109	<b>46.83</b>	+0,75	
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80+

1.	Geza Kaltenecker	AZC	NED	194200065	<b>1:13.15</b>	+0,88	
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Programmanr. 29  
2-5-2026 - 17:57

4 x 50m vrije slag

Masters Open  
Resultaten

rang	vereniging				tijd	RT	PARA
<b>Masters 80+, Dames</b>							
1.	ENC Arnhem 2	ENC Arnhem	NED		<b>1:59.19</b>	+0,65	
	Luna Uytdevilligen	06 +0,65	30.08	Jara Schmidt	94 +0,52	29.36	
	Rose Lether	04 +0,34	30.13	Nienke Lammers	02 +0,31	29.62	
2.	Neptunia '24 1	Neptunia '24	NED		<b>2:00.69</b>	+0,74	
	Femke-Romy Wiersma	01 +0,74	31.49	Joyce Toonstra	05 +0,26	30.98	
	Noël Iris Hettinga	00	29.07	Marjke Sweering	01 +0,11	29.15	





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 29, 4 x 50m vrije slag

100+, Dames

1. NieMo Barracuda 1	NieMo Barracuda	NED	<b>1:57.89</b>	+0,70
Melissa van der Heijden	96 +0,70	29.68	Robin Pienaar	01 +0,47
Tamara van den Brink	98	31.19	Anouchka Bos	05
2. Blue Marlins 1	Blue Marlins	NED	<b>1:58.07</b>	+0,73
Hanna Looi	00 +0,73	30.83	Alisha Vieira	99 +0,38
Berinda van Dijk	01	31.57	Babette van der Kaaij	99 +0,62
3. PSV 3	PSV	NED	<b>1:59.77</b>	+0,67
Laura van Sabben	98 +0,67	29.33	Birgit Hage	06 +0,63
Esther Tiemersma	02	30.82	Fiona Meuffels	95 +0,37
4. SG Octopus - ZVV 1	SG Octopus - ZVV	NED	<b>2:00.30</b>	+1,03
Elmi Roelofsen	90 +1,03	28.48	Ilse Wild	04 +0,63
Feline Slijkhuis	05 +0,22	30.08	Sheila ten Voorde	99 +0,56
5. Orca 1	Orca	NED	<b>2:03.21</b>	+0,65
Anneriek Meulenbeld	95 +0,65	30.46	Rosalie Baarda	99 +0,27
Eva Berning	04	33.15	Femke Backx	01

120+, Dames

1. WVZ 1	WVZ	NED	<b>1:52.68</b>	+0,73
Delia Badoux	80 +0,73	28.32	Leonie van Noort	93 +0,30
Lauren van IJL	00 +0,28	29.89	Marit Huisman	05
2. MSV-Zeemacht 2	MSV-Zeemacht	NED	<b>1:59.55</b>	+0,84
Amber van der Kruk	01 +0,84	29.46	Kyra Wesemann	02 +0,40
Bianca Groot	70 +0,63	33.00	Myrthe Bakker	00 +0,36
3. TriVia 2	TriVia	NED	<b>1:59.97</b>	+0,75
Heleen Arends	94 +0,75	30.36	Relinda Baas	89 +0,37
Wendan Poelstra	91	30.68	Esmée van Peer	02
4. Zuiderzeezwimmers 2	Zuiderzeezwimmers	NED	<b>2:00.12</b>	+0,90
Irene Hanse	98 +0,90	31.34	Dagmar Kruik	98 +0,46
Lisanne Andeweg	88 +0,21	31.50	Danique Stoop	91 +0,56
5. ACZ 1	ACZ	NED	<b>2:01.97</b>	+0,71
Laura Hoogenboezem	05 +0,71	30.44	Carol Hollemans	69 +0,48
Linda van Klei	88	31.45	Fleur van Norren	02
6. De Geul 1	De Geul	NED	<b>2:05.37</b>	+0,75
Daphne van Tilburg	05 +0,75	30.08	Marijke Campfens	69 +0,58
Faustine Mussig	02 +0,39	30.37	Laura 't Lam	06 +0,55
7. HZ&PC Heerenveen 3	HZ&PC Heerenveen	NED	<b>2:06.70</b>	+0,86
Jannie Vennik	76 +0,86	36.01	Romy Jalving	00 +0,24
Inge Dekker	02 +0,15	29.52	Lianne van Wier	02 +0,31
8. Steenwijk 1934 3	Steenwijk 1934	NED	<b>2:13.02</b>	+0,82
Jessica Dekkinga	06 +0,82	32.15	Leonie Scholten	79 +0,40
Getrude Corporaal	92	33.32	Astrid Wibbelink	96
9. Aqualero 1	Aqualero	NED	<b>2:20.52</b>	+0,85
Charlotte Mennenga-Wegman	85 +0,85	37.72	Nada Lisa Hut	93 +0,42
Annerieke Schuiling-De Reus	79	31.88	Chantal Lokhorst	94

160+, Dames

1. ZPC Amersfoort 3	ZPC Amersfoort	NED	<b>1:58.78</b>	+0,76
Joanne van Essen	93 +0,76	29.68	Marije Jansen	85 +0,29
Lidia van Bon-Rosenbrand	70 +0,42	30.80	Lisa Klatten	92 +0,17
2. Old Dutch 1	Old Dutch	NED	<b>2:10.78</b>	+0,70
Patricia Brooijmans	79 +0,70	31.15	Nicole van der Kooij	87 +0,36
Chantal Verhoeff	79 +0,46	32.77	Jessica Venema	79 +0,46
3. ENC Arnhem 1	ENC Arnhem	NED	<b>2:13.47</b>	+0,66
Sabine Uytendewiligen	05 +0,66	32.08	Ilja Janssen	81 +0,39
Irgard van Weeghel	92	33.01	Karin van der Star-Verhoeven	61 +0,63
4. De Biesboschzwemmers 2	De Biesboschzwemmers	NED	<b>2:15.05</b>	+0,86
Sabine Vink	87 +0,86	33.11	Nadine Scheeve	97 +0,75
Annette Wijnja-Visser	67 +0,09	33.54	Sabrina Boekhout	81 +0,40
5. WS Twente 2	WS Twente	NED	<b>2:28.22</b>	+0,85
Hanneke Heymen	84 +0,85	35.30	Irna van der Molen	69 +0,54
Marloes Rebel	84 +0,51	38.67	Evelien Naatje	72



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 29, 4 x 50m vrije slag

200+, Dames

1. PSV 2	PSV	NED	<b>2:02.32</b>	+0,71
Saskia Phaff	66 +0,71 31.32	Carla Geurts	71 +0,32 30.62	
Jeanne Petit	70 +0,37 31.70	Janneke Harmsen-Bakker	77 +0,58 28.68	
2. GZC Donk 1	GZC Donk	NED	<b>2:33.11</b>	+0,92
Lia Bijkerk	60 +0,92 41.45	Nathasja Konijn	71 +0,65 39.40	
Petra Tossings	61 +0,62 35.95	Rene Kleinveld	90 +0,47 36.31	
3. De Duinkickers 2	De Duinkickers	NED	<b>2:41.97</b>	+0,88
Annet Verhoeven - Steggerda	46 +0,88 52.44	Maaïke de Boer	90 +0,60 31.43	
Christine Buist	64 +0,50 40.05	Saskia op den Velde	79 +0,54 38.05	
4. De Geul 3	De Geul	NED	<b>2:47.82</b>	+0,80
Eline Molle	94 +0,80 34.77	Geerdien Meerwaldt	52 +0,76 57.03	
Roselinda van der Vlugt	67 42.13	Anne Besseling-de Jong	81 +0,55 33.89	

240+, Dames

1. ENC Arnhem 5	ENC Arnhem	NED	<b>2:52.42</b>	+0,83
Yoka de Vegt-van Dijk	62 +0,83 39.82	Ria Peters-Veurman	58 +0,66 46.72	
Cora Smulders	66 44.03	Marion Kolkman-Pluim	60 41.85	

320+, Dames

1. PSV 1	PSV	NED	<b>3:13.56</b>	+1,14
<i>Nederlands Masters Record</i>				
Lottie Geurts	35 +1,14 55.94	Gonnie Bak	51 +0,38 47.81	
Ineke Brouwers	52 +0,55 49.48	Corrie Verhoeven	46 +0,25 40.33	

Masters 80+, Heren

1. ZPC Woerden 1	ZPC Woerden	NED	<b>1:44.36</b>	+0,61
Milan de Roo	01 +0,61 26.23	Ruben Zwartbol	01 +0,46 26.95	
Ian Terlouw	00 +0,27 25.55	Daan Hoogendoorn	05 +0,42 25.63	
2. WS Twente 1	WS Twente	NED	<b>1:49.24</b>	+0,82
Dago Hofmeijer	06 +0,82 25.79	Cars Wiegmann	94 +0,22 28.38	
Lars Haytink	06 +0,41 28.44	Finn Ooijman	06 +0,34 26.63	

100+, Heren

1. ENC Arnhem 3	ENC Arnhem	NED	<b>1:41.89</b>	+0,72
Peter Rothengatter	97 +0,72 25.49	Kaelan Betrian	99 +0,23 25.72	
Sander de Vrugt	89 25.64	Mika Bongers	05 25.04	
2. ZV Hoogland 1	Zwemvereniging Hoogland	NED	<b>1:43.49</b>	+0,64
Bas Dries	95 +0,64 24.08	Tim de Zoete	97 +0,31 26.14	
Kevin Roest	00 +0,56 25.51	Jeffrey Roest	97 +0,24 27.76	
3. ZPC Amersfoort 4	ZPC Amersfoort	NED	<b>1:45.03</b>	+0,72
Martijn Bartels	96 +0,72 27.20	Jelle Blankestijn	98 +0,36 25.75	
Jorick van Bon	03 +0,07 25.96	Jelle Opmeer	01 +0,36 26.12	
4. MSV-Zeemacht 1	MSV-Zeemacht	NED	<b>1:45.84</b>	+0,66
Jordi de Nijs	98 +0,66 26.08	Matthew Humphreys	89 +0,12 26.82	
Marco van der Wulp	03 +0,47 27.98	Mees Minneboo	02 +0,37 24.96	
5. De Schotejil 1	De Schotejil	NED	<b>1:51.01</b>	+0,70
Dennis van der Bok	05 +0,70 29.85	Jacob Mackloet	00 +0,29 25.64	
Niels Albrechts	88 +0,22 28.58	David Kievit	99 +0,09 26.94	
DIS ZVL - 1886 1	ZVL - 1886	NED		+0,74
<i>EA - Te vroeg overgenomen.</i>				
Robin van Muijen	02 +0,74 28.11	Erik Baalbergen	98 +0,17 27.26	
Robin van Beek	97 +0,35 26.43	Sytze van Stein	05 -0,05	



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 29, 4 x 50m vrije slag

120+, Heren

1. WVZ 2	WVZ	NED	<b>1:41.09</b>	+0,64
Sander Kirillova	98 +0,64	Ivo Roozeboom	77 +0,37	26.38
Jasper Breugem	00 +0,13	Scott Jansen	02 +0,55	23.57
2. Aqua-Novio '94 1	Aqua-Novio '94	NED	<b>1:43.31</b>	+0,77
Fedde Beukers	97 +0,77	Steven Uijl	93 +0,31	25.10
Joey Papaioannou	98 +0,32	David Koers	95 +0,31	25.59
3. DAW 1	DAW	NED	<b>1:45.41</b>	+0,74
Sherif Badawy	89 +0,74	Alex Damen	75 +0,37	27.36
Jard Pronk	99 +0,28	Felix Geenen	95 +0,16	23.71
4. HZ&PC Heerenveen 2	HZ&PC Heerenveen	NED	<b>1:55.30</b>	+0,76
Rob van Wier	99 +0,76	Remco Dijkstra	01 +0,28	25.77
Richard Kuipers	97 +0,34	Wiebren Dijkstra	58 +0,45	36.02
5. Wahoo Swimming 1	Wahoo Swimming	NED	<b>1:58.74</b>	+0,76
Craig Frankum	90 +0,76	Christian Van Genderen	83 +0,44	32.45
Remco van Krieken	03	Robert Den Breejen	04	30.92

160+, Heren

1. ZPC Amersfoort 1	ZPC Amersfoort	NED	<b>1:40.79</b>	+0,63
<i>Nederlands Masters Record</i>				
Darren Chen	00 +0,63	Bas Braun	91 +0,32	24.87
Chester Marsman	69	Jeroen Zelsmann	77	25.00
2. ENC Arnhem 6	ENC Arnhem	NED	<b>1:48.63</b>	+0,75
Jordi Jolink	86 +0,75	Arjen Koop	79 +0,56	28.74
Rik Regtering	79	Mike Schel	94	25.53
3. DZ&PC 1	DZ&PC	NED	<b>1:51.87</b>	+0,70
Arjen Nieveen	80 +0,70	Chiel Abma	80 +0,49	30.81
Alan Slomp	87 +0,10	Willem-Jan van der Vegte	87 +0,34	26.10
4. MZ&PC De Reest 1	MZ&PC De Reest	NED	<b>1:53.68</b>	+0,76
Daan Schra	02 +0,76	Erwin Akkerman	79 +0,54	30.87
Sebastiaan Nieuwenhuizen	74 +0,36	Robin Wolbers	85 +0,29	26.38
5. Het Ravijn 1	Het Ravijn	NED	<b>1:56.58</b>	+0,77
Harm Jan Otter	81 +0,77	Marcel Zijderhand	80 +0,42	29.05
Gerrit Poortman	67 +0,34	William Kruithof	80 +0,15	27.53
6. Steenwijk 1934 2	Steenwijk 1934	NED	<b>1:59.55</b>	+0,80
Robert Braad	86 +0,80	Huyb Stegeman	67 +0,48	33.18
Patrick Wobben	93 +0,53	Rick Driezen	86 +0,20	26.95
7. TriVia 3	TriVia	NED	<b>2:00.71</b>	+0,84
Fred Zanting	54 +0,84	Jeroen Temme	72 +0,57	29.98
Niels Kragt	03 +0,37	Rik Stahlie	02 +0,46	28.13
8. SWOL 1894 2	SWOL 1894	NED	<b>2:02.10</b>	+0,83
Thijs de Roo	87 +0,83	Michael van Bekkum	72 +0,59	30.14
Peter Lommert	79	Albert van Piekeren	84	30.09
9. De Biesboschzwemmers 1	De Biesboschzwemmers	NED	<b>2:06.83</b>	+0,77
Wouter van der Stelt	72 +0,77	Sander van Tilburg	86 +0,80	30.84
Nico Swart	68 +0,20	Pieter Pijnenburg	93 +0,71	31.10

200+, Heren

1. PSV 4	PSV	NED	<b>1:53.66</b>	+0,71
Jos de Graaf	91 +0,71	Jacco Schaap	74 +0,42	28.40
Harold Matla	68 +0,46	Olivier van Heezik	71 +0,42	28.19
2. CN Sportcity Woluwe 1	Cercle De Natation Sportcity WolBEL		<b>2:01.85</b>	+0,61
Hugues Herman	66 +0,61	Philippe Morelle	56 +0,54	31.48
Nick Mens	00 +0,51	Olivier Bresoux	69	30.57



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 29, 4 x 50m vrije slag

240+, Heren

1.	Oslo I.L. 1 <i>Norwegian Masters Record</i>	Oslo I.L.	NOR	<b>1:50.66</b>	+0,74
	Oddvar Sandvin	66 +0,74	27.24	Bjørn Werner Johansen	60 +0,20
	Jarl Inge Melberg	70	26.35	Erlend Alstad	67
2.	ZPC De Rog 1 <i>Nederlands Masters Record</i>	ZPC De Rog	NED	<b>1:53.50</b>	+0,70
	Arjan Verheij	71 +0,70	27.75	Peter Bensen	63 +0,25
	Rob Spetter	62	30.40	Glen Le Clercq	68 +0,55
3.	De Duinkickers 1	De Duinkickers	NED	<b>2:14.29</b>	+0,63
	Marcel Brittijn	69 +0,63	32.75	Robert de Brauwer	64 +0,48
	Jaap de Boer	58	39.74	Mathieu Rikken	67
4.	GZC Donk 2	GZC Donk	NED	<b>2:21.30</b>	+0,90
	Willem Jan Ribberink	65 +0,90	33.94	Pierre de Groot	64 +0,59
	Jordey Wijnbergen	69	36.40	Peter Coffeng	57
5.	WS Twente 4	WS Twente	NED	<b>2:21.78</b>	+0,97
	Jan Willem Heuten	60 +0,97	38.94	Jack Barends	62 +0,63
	Joop Weenink	68	35.23	Ruud Ruiters	53 +0,38
6.	AZC 1	AZC	NED	<b>2:26.80</b>	+0,84
	Ron van der Zande	55 +0,84	36.34	Wim de Lange	58 +0,27
	Geza Kaltenecker	42 +0,71	42.33	Michael Go	75 +0,37

80+, Gemengd

1.	Bubble 1	Bubble	NED	<b>1:48.93</b>	+0,80
	Sanne Kloezen	02 +0,80	29.69	Laura Setz	00 +0,69
	Tim Speijer	03	24.95	Arjan Dekker	00 +0,29
2.	Zuiderzeewemmers 1	Zuiderzeewemmers	NED	<b>1:55.20</b>	+0,66
	Ilmar Stoop	01 +0,66	27.00	Annemarie ten Have	98 +0,44
	Jesper Dinger	06 +0,55	28.04	Myrthe Dam	06 +0,34

100+, Gemengd

1.	DZ&PC 3	DZ&PC	NED	<b>1:41.28</b>	+0,68
	Jelle Betten	00 +0,68	23.73	Marre Zandringa	97 +0,21
	Matthijs van Meerendonk	99	24.01	Sara Korhuis	06
2.	DZ&PC 4	DZ&PC	NED	<b>1:51.32</b>	+0,73
	Erik Nijholt	94 +0,73	26.02	Lise Kleinbekman	05 +0,63
	Karin Rijkelijkhuisen	94 +0,38	28.26	Tycho Veenstra	05 +0,37
3.	ZVL - 1886 2	ZVL - 1886	NED	<b>1:52.10</b>	+0,69
	Silke Molendijk	01 +0,69	28.66	Jelsie van Ruijven	05 +0,34
	Thijs Huizer	05 +0,32	26.98	Jordy van der Drift	93
4.	Poseidon'56 2	Poseidon'56	NED	<b>1:53.15</b>	+0,66
	Sam Beer	96 +0,66	26.61	Kelly de Jonge	97 +0,60
	Rianne Bresser	99 +0,54	30.83	John Smit	95 +0,43
5.	AZC 3	AZC	NED	<b>2:01.33</b>	+0,78
	Sharlene Both	06 +0,78	32.36	Jessica Braat	02 +0,40
	Auke Sijperda	99 +0,35	29.18	Patrick Brouwer	93 +0,46

120+, Gemengd

1.	De Treffers 1	De Treffers	NED	<b>1:53.64</b>	+0,75
	Tim van Grunsven	98 +0,75	26.59	Evita van de Ketterij	85 +0,46
	Cristina Rodriguez Bouzo	88 +0,31	29.65	Werner van Wyk	83 +0,40
2.	Poseidon'56 1	Poseidon'56	NED	<b>1:54.19</b>	+0,74
	Kim van Gemert	01 +0,74	28.62	Tonia Ruybroek	81 +0,64
	Marcel Vroegindeweij	68	27.67	Ryan van den Ouden	99
	WS Twente 3	WS Twente	NED	<b>1:54.19</b>	+0,71
	Niels Bent	94 +0,71	27.17	Marleen Hof	98 +0,41
	Nienke Smidt	94	30.66	Mathieu Boers	98 +0,36
4.	Westland Swimming Stars 1	Westland Swimming Stars	NED	<b>1:57.62</b>	+0,67
	Kim de Jong	04 +0,67	29.81	Pieter Broek	77 +0,32
	Anouk van der Lans	98	31.98	Patrick Wyrdeeman	97



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 29, Gemengd, 4 x 50m vrije slag, 120+

rang	vereniging	tijd	RT	PARA
5.	De Duck 1	<b>1:58.48</b>	+1,03	
	Erik Saan	65 +1,03	30.21	Marcella van der Ent
	Judith Kleinjan	98 +0,71	33.09	Jort Vizeé
6.	ZPC De Hof 1	<b>2:00.47</b>	+0,77	
	Leon Kloots	00 +0,77	28.47	Lianne Verhoef
	Kimberley Kranenberg	94 +0,52	31.69	Jorden Theijink
7.	ZPC Amersfoort 6	<b>2:00.87</b>	+0,78	
	Angela Giezen	83 +0,78	32.67	Mandy Swart
	Ron Korzelius	65 +0,31	29.42	Dries Cavelaars
8.	NieMo Barracuda 2	<b>2:04.05</b>	+0,82	
	Esmée Rolloos	98 +0,82	32.92	Marco Horneman
	Marijke Kommers	93 +0,41	32.77	Robin van Beusekom
9.	ZOB'66 1	<b>2:06.94</b>	+0,67	
	Nino van Krimpen	00 +0,67	25.33	Daniëlle Schipper - van Est
	Marit van Krimpen	04	34.16	Boaz Troost

160+, Gemengd

1.	ZPCH 1	<b>1:51.12</b>	+0,84	
	Linda van Schaik	86 +0,84	29.06	Jasper van Heijst
	Noa Oldenhof	97 +0,40	30.62	Ruud Holswilder
2.	Zwemlust- den Hommel 1	<b>1:56.96</b>	+0,72	
	Vincent Versteeg	77 +0,72	27.55	Manon Kloosterman
	Liesbeth van Mill	87	33.68	Victor Barnar
3.	HZ&PC Heerenveen 1	<b>1:59.86</b>	+0,81	
	Karin van Dijk	86 +0,81	35.14	Peter de Vries
	Stefan Damen	74	28.37	Leonie van Wier
4.	ZPC Amersfoort 5	<b>2:00.15</b>	+0,79	
	Lotte Eising	95 +0,79	30.85	Henriëtte van Norden
	Rob van Vliet	84	27.63	Johan Remmits
5.	De Geul 2	<b>2:00.19</b>	+0,67	
	Heijmen van Vliet	80 +0,67	28.36	Mitchell van Uiter
	Marian Nederlof	76 +0,44	33.70	Marcha Admiraal
6.	Team Noord Holland (SG) 1	<b>2:01.43</b>	+0,74	
	Inken Wemheuer	71 +0,74	32.96	Peter van de Bor
	Sjoerd de Jong	72	31.22	Dido Toomend
7.	DZ&PC 2	<b>2:02.10</b>	+0,77	
	Dyonne Bruggeling	91 +0,77	31.56	Linda Kuiper
	Pieter Veenstra	73 +0,51	30.01	Wim van Steen
8.	Sassenheim 1	<b>2:03.67</b>	+0,72	
	Rianne Hofland	88 +0,72	32.17	Luisiana Bigea
	Arjan Buijsse	79 +0,27	29.97	Wesley van der Luit
9.	ZV Hoogland 2	<b>2:03.77</b>	+0,70	
	Anne-Irene Ducheine	95 +0,70	31.00	Yuri van Omme
	Myra Smulders	99 +0,19	29.24	Jos Kamps
10.	DAW 2	<b>2:07.01</b>	+0,76	
	Ilona Hogerheyde	74 +0,76	33.12	Hans Schoenmakers
	Laura Badoux	82 +0,49	31.58	Paul Oudendijk
11.	ZVL - 1886 3	<b>2:07.16</b>	+0,79	
	Suzan Blankestijn	89 +0,79	33.85	Anneloes Lens
	Martin Berkhout	71 +0,29	31.23	Jaime Santiago Patterson
12.	Albion 1	<b>2:11.54</b>	+0,77	
	Cancia Ouwerkerk	67 +0,77	34.90	Rob van Wanrooy
	Caroline Kruger	68 +0,03	36.20	Richard Camacho Saravia
DIS	AZC 2			
	<i>EA - Te vroeg overgenomen.</i>			
	Ricardo van Dam	85 +0,70	29.85	Esther Boerdam-Delfos
	Sandra Daamen-Posma	68	38.44	Ardy Zwanenburg



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 29, 4 x 50m vrije slag

200+, Gemengd

1. ZVVS 1	ZV Vlaardingen-Schiedam	NED	<b>2:04.33</b>	+0,70
Nadya Putter	83 +0,70 30.91	Karin Stein	71 +0,58 35.14	
Bas van den Nouweland	80 27.27	Rene de Jong	66 31.01	
2. Sassenheim 2	Sassenheim	NED	<b>2:06.72</b>	+0,67
Marinka vd Zwet	65 +0,67 31.91	Yvonne van Nobelen - Kampschreur	72 +0,47 34.06	
Frank van Nobelen	69 32.07	Bogdan Androne	77 +0,50 28.68	

240+, Gemengd

1. ZPC Amersfoort 2	ZPC Amersfoort	NED	<b>1:56.08</b>	+0,77
<i>Nederlands Masters Record</i>				
Lesley Cordial	67 +0,77 29.98	Edwin van Norden	63 +0,02 28.11	
Atie Pijtak-Radersma	56 32.27	Erwin Buist	78 +0,21 25.72	
2. TriVia 1	TriVia	NED	<b>2:16.44</b>	+1,53
Theo Bakker	64 +1,53 30.63	Margriet Pasma	55 +0,48 37.67	
Hannie Poletiek	59 +0,40 38.73	Berry van Holland	80 +0,43 29.41	
3. Steenwijk 1934 1	Steenwijk 1934	NED	<b>2:17.88</b>	+0,70
Linda Wibbelink	59 +0,70 37.25	Korstiaan de Boer	71 +0,43 33.76	
Wilna Heijman	64 +0,50 36.89	Guido Keutgen	68 +0,46 29.98	
4. ZVVS 2	ZV Vlaardingen-Schiedam	NED	<b>2:31.96</b>	+0,83
Inge Deutz	66 +0,83 42.66	Willem Putter	45 +0,55 39.16	
Helena Mels	69 +0,34 34.85	Jeroen Hoeksel	74 +0,36 35.29	
5. Old Dutch 2	Old Dutch	NED	<b>3:13.83</b>	+1,17
Marie Smits	38 +1,17 56.81	Tenzin Tieman	00 +0,68 28.24	
Karien Musters	58 57.00	Nico Baay	42 51.78	

280+, Gemengd

1. SWOL 1894 1	SWOL 1894	NED	<b>2:23.70</b>	+0,77
<i>Nederlands Masters Record, Christine Nieuwenhuis D75+</i>				
Christine Nieuwenhuis	51 +0,77 35.19	Marijke Kraak-Beckers	60 +0,54 36.18	
Rob Berkhof	52 +0,53 40.11	Harry Dokter	51 +0,36 32.22	





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



6 - ONMK2026lb - Sessie 6

3-5-2026 - 9:30

Programmanr. 30  
3-5-2026 - 9:30

Heren, 800m vrije slag

Masters Open  
Resultaten

rang	naam	vereniging	tijd	RT	PARA			
<b>20+</b>								
1.	Owen Michels	De Amstel	<b>10:14.14</b>	+0,69				
	50m: 32.64	32.64	250m: 3:02.96	38.46	450m: 5:39.31	39.57	650m: 8:17.40	39.60
	100m: 1:08.67	36.03	300m: 3:41.65	38.69	500m: 6:18.59	39.28	700m: 8:57.12	39.72
	150m: 1:45.87	37.20	350m: 4:20.63	38.98	550m: 6:58.27	39.68	750m: 9:36.66	39.54
	200m: 2:24.50	38.63	400m: 4:59.74	39.11	600m: 7:37.80	39.53	800m: 10:14.14	37.48
2.	Rik Stahlie	TriVia	<b>10:41.37</b>	+0,80				
	50m: 33.08	33.08	250m: 3:12.78	40.78	450m: 5:58.77	42.37	650m: 8:45.64	41.71
	100m: 1:12.07	38.99	300m: 3:53.31	40.53	500m: 6:40.48	41.71	700m: 9:27.19	41.55
	150m: 1:51.84	39.77	350m: 4:35.13	41.82	550m: 7:22.75	42.27	750m: 10:05.51	38.32
	200m: 2:32.00	40.16	400m: 5:16.40	41.27	600m: 8:03.93	41.18	800m: 10:41.37	35.86
<b>25+</b>								
1.	Jacob Mackloet	De Schotejil	<b>9:34.54</b>	+0,68				
	50m: 30.57	30.57	250m: 2:54.29	36.91	450m: 5:23.63	37.25	650m: 7:50.03	35.86
	100m: 1:05.57	35.00	300m: 3:31.33	37.04	500m: 6:00.72	37.09	700m: 8:25.44	35.41
	150m: 1:41.18	35.61	350m: 4:08.86	37.53	550m: 6:37.83	37.11	750m: 9:00.73	35.29
	200m: 2:17.38	36.20	400m: 4:46.38	37.52	600m: 7:14.17	36.34	800m: 9:34.54	33.81
2.	Jeroen Louwinger	De Rijn	<b>10:06.69</b>	+0,76				
	50m: 33.99	33.99	250m: 3:07.16	38.50	450m: 5:41.87	38.78	650m: 8:16.46	38.88
	100m: 1:11.46	37.47	300m: 3:45.44	38.28	500m: 6:20.41	38.54	700m: 8:54.77	38.31
	150m: 1:50.11	38.65	350m: 4:24.65	39.21	550m: 6:58.92	38.51	750m: 9:33.54	38.77
	200m: 2:28.66	38.55	400m: 5:03.09	38.44	600m: 7:37.58	38.66	800m: 10:06.69	33.15
3.	Lars Jacobsen	DWK	<b>10:18.27</b>	+0,82				
	50m: 32.24	32.24	250m: 3:02.19	38.62	450m: 5:40.50	40.65	650m: 8:24.76	41.01
	100m: 1:08.35	36.11	300m: 3:41.85	39.66	500m: 6:22.09	41.59	700m: 9:04.48	39.72
	150m: 1:45.67	37.32	350m: 4:20.44	38.59	550m: 7:02.90	40.81	750m: 9:43.02	38.54
	200m: 2:23.57	37.90	400m: 4:59.85	39.41	600m: 7:43.75	40.85	800m: 10:18.27	35.25
4.	Tenzin Tieman	Old Dutch	<b>10:20.68</b>	+0,86				
	50m: 32.42	32.42	250m: 3:03.45	38.50	450m: 5:40.27	39.35	650m: 8:19.85	40.38
	100m: 1:08.80	36.38	300m: 3:42.49	39.04	500m: 6:19.77	39.50	700m: 9:00.53	40.68
	150m: 1:46.75	37.95	350m: 4:21.60	39.11	550m: 6:59.44	39.67	750m: 9:40.87	40.34
	200m: 2:24.95	38.20	400m: 5:00.92	39.32	600m: 7:39.47	40.03	800m: 10:20.68	39.81
5.	Jordy van Oel	WVZ	<b>10:30.93</b>	+0,77				
	50m: 34.10	34.10	250m: 3:11.34	39.77	450m: 5:53.56	40.73	650m: 8:35.24	39.92
	100m: 1:12.16	38.06	300m: 3:51.83	40.49	500m: 6:33.92	40.36	700m: 9:14.57	39.33
	150m: 1:51.78	39.62	350m: 4:32.38	40.55	550m: 7:14.63	40.71	750m: 9:53.82	39.25
	200m: 2:31.57	39.79	400m: 5:12.83	40.45	600m: 7:55.32	40.69	800m: 10:30.93	37.11
6.	Patrick Wyrdean	Westland Swimming Stars	<b>10:37.74</b>	+0,69				
	50m: 34.10	34.10	250m: 3:15.26	40.96	450m: 5:57.94	40.26	650m: 8:38.67	39.96
	100m: 1:13.26	39.16	300m: 3:56.10	40.84	500m: 6:37.82	39.88	700m: 9:19.35	40.68
	150m: 1:53.67	40.41	350m: 4:36.76	40.66	550m: 7:17.90	40.08	750m: 9:58.93	39.58
	200m: 2:34.30	40.63	400m: 5:17.68	40.92	600m: 7:58.71	40.81	800m: 10:37.74	38.81
7.	Milan Adriaenssens	De Vrije Slag	<b>10:58.07</b>	+0,73				
	50m: 34.12	34.12	250m: 3:18.09	41.27	450m: 6:05.24	41.76	650m: 8:53.44	41.24
	100m: 1:14.37	40.25	300m: 4:00.09	42.00	500m: 6:47.44	42.20	700m: 9:35.55	42.11
	150m: 1:54.97	40.60	350m: 4:41.38	41.29	550m: 7:29.89	42.45	750m: 10:17.16	41.61
	200m: 2:36.82	41.85	400m: 5:23.48	42.10	600m: 8:12.20	42.31	800m: 10:58.07	40.91
8.	Rick Haanschoten	De Rijn	<b>11:03.38</b>	+0,68				
	50m: 37.21	37.21	250m: 3:27.70	43.36	450m: 6:19.63	42.20	650m: 9:08.35	41.46
	100m: 1:18.74	41.53	300m: 4:11.31	43.61	500m: 7:02.45	42.82	700m: 9:49.39	41.04
	150m: 2:00.83	42.09	350m: 4:54.11	42.80	550m: 7:44.75	42.30	750m: 10:28.68	39.29
	200m: 2:44.34	43.51	400m: 5:37.43	43.32	600m: 8:26.89	42.14	800m: 11:03.38	34.70
<b>30+</b>								
1.	Mike Schel	ENC Arnhem	<b>9:13.70</b>	+0,74				
	50m: 30.59	30.59	250m: 2:49.57	35.43	450m: 5:10.75	35.28	650m: 7:31.50	35.38
	100m: 1:04.57	33.98	300m: 3:24.74	35.17	500m: 5:45.76	35.01	700m: 8:06.30	34.80
	150m: 1:39.21	34.64	350m: 4:00.01	35.27	550m: 6:20.99	35.23	750m: 8:41.10	34.80
	200m: 2:14.14	34.93	400m: 4:35.47	35.46	600m: 6:56.12	35.13	800m: 9:13.70	32.60





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 30, Heren, 800m vrije slag, 30+

rang	naam		vereniging					tijd	RT	PARA		
2.	Colin Degenars		ZPCH		NED	199505951	S14	<b>10:36.71</b>	+0,78			
	50m:	34.48	34.48	250m:	3:13.62	40.87	450m:	5:56.58	40.85	650m:	8:38.85	40.22
	100m:	1:13.04	38.56	300m:	3:54.16	40.54	500m:	6:37.10	40.52	700m:	9:19.30	40.45
	150m:	1:52.72	39.68	350m:	4:35.15	40.99	550m:	7:17.84	40.74	750m:	9:59.58	40.28
	200m:	2:32.75	40.03	400m:	5:15.73	40.58	600m:	7:58.63	40.79	800m:	10:36.71	37.13
3.	Pieter Pijnenburg		De Biesboschzweimmers		NED	199305227		<b>10:47.06</b>	+0,83			
	50m:	34.02	34.02	250m:	3:15.47	41.15	450m:	6:02.15	41.91	650m:	8:47.56	41.26
	100m:	1:12.84	38.82	300m:	3:56.86	41.39	500m:	6:43.68	41.53	700m:	9:27.63	40.07
	150m:	1:53.24	40.40	350m:	4:38.69	41.83	550m:	7:25.44	41.76	750m:	10:08.64	41.01
	200m:	2:34.32	41.08	400m:	5:20.24	41.55	600m:	8:06.30	40.86	800m:	10:47.06	38.42
4.	Remco Visser		ZPC Woerden		NED	199503185		<b>11:20.60</b>	+0,74			
	50m:	36.76	36.76	250m:	3:23.29	42.00	450m:	6:16.27	43.28	650m:	9:11.84	44.26
	100m:	1:17.15	40.39	300m:	4:05.93	42.64	500m:	6:59.73	43.46	700m:	9:56.06	44.22
	150m:	1:58.98	41.83	350m:	4:49.17	43.24	550m:	7:43.32	43.59	750m:	10:39.04	42.98
	200m:	2:41.29	42.31	400m:	5:32.99	43.82	600m:	8:27.58	44.26	800m:	11:20.60	41.56
5.	Derek Valkenier		MSV-Zeemacht		NED	199207397		<b>11:30.06</b>	+0,82			
	50m:	38.19	38.19	250m:	3:27.73	43.12	450m:	6:20.55	43.59	650m:	9:18.73	45.30
	100m:	1:19.33	41.14	300m:	4:11.00	43.27	500m:	7:05.07	44.52	700m:	10:03.10	44.37
	150m:	2:01.62	42.29	350m:	4:54.06	43.06	550m:	7:49.06	43.99	750m:	10:47.11	44.01
	200m:	2:44.61	42.99	400m:	5:36.96	42.90	600m:	8:33.43	44.37	800m:	11:30.06	42.95

35+

1.	Matteo Viani		Zwemlust- den Hommel		NED	199007717		<b>9:23.16</b>	+0,73			
	50m:	31.54	31.54	250m:	2:49.72	34.79	450m:	5:10.85	35.51	650m:	8:12.43	36.24
	100m:	1:06.03	34.49	300m:	3:24.50	34.78	500m:	5:46.69	35.84	700m:	8:11.48	36.47
	150m:	1:40.59	34.56	350m:	3:59.83	35.33	550m:	6:22.59	35.90	750m:	8:47.43	35.95
	200m:	2:14.93	34.34	400m:	4:35.34	35.51	600m:	6:58.77	36.18	800m:	9:23.16	35.73
2.	Tim Bunnik		Triton		NED	199000505		<b>10:04.75</b>	+0,79			
	50m:	33.24	33.24	250m:	3:04.91	38.34	450m:	5:39.47	38.55	650m:	8:13.82	38.33
	100m:	1:10.40	37.16	300m:	3:43.46	38.55	500m:	6:18.15	38.68	700m:	8:52.10	38.28
	150m:	1:48.41	38.01	350m:	4:22.09	38.63	550m:	6:57.08	38.93	750m:	9:28.74	36.64
	200m:	2:26.57	38.16	400m:	5:00.92	38.83	600m:	7:35.49	38.41	800m:	10:04.75	36.01
3.	Matthew Humphreys		MSV-Zeemacht		NED	198906983		<b>10:06.72</b>	+0,82			
	50m:	32.64	32.64	250m:	3:01.50	37.69	450m:	5:36.72	39.18	650m:	8:12.48	38.86
	100m:	1:08.55	35.91	300m:	3:39.83	38.33	500m:	6:15.36	38.64	700m:	8:51.07	38.59
	150m:	1:45.98	37.43	350m:	4:18.30	38.47	550m:	6:54.07	38.71	750m:	9:30.37	39.30
	200m:	2:23.81	37.83	400m:	4:57.54	39.24	600m:	7:33.62	39.55	800m:	10:06.72	36.35
4.	Niels Albrechts		De Schotejil		NED	198800039		<b>10:20.98</b>	+0,85			
	50m:	34.68	34.68	250m:	3:09.79	39.59	450m:	5:47.43	39.65	650m:	8:26.50	39.81
	100m:	1:12.67	37.99	300m:	3:48.59	38.80	500m:	6:26.66	39.23	700m:	9:05.70	39.20
	150m:	1:51.59	38.92	350m:	4:28.20	39.61	550m:	7:06.71	40.05	750m:	9:45.06	39.36
	200m:	2:30.20	38.61	400m:	5:07.78	39.58	600m:	7:46.69	39.98	800m:	10:20.98	35.92
5.	Wessel Everloo		WS Twente		NED	198906597	S14	<b>10:22.60</b>	+1,02			
	50m:	35.12	35.12	250m:	3:10.80	38.58	450m:	5:48.84	39.60	650m:	8:28.99	41.10
	100m:	1:13.35	38.23	300m:	3:50.15	39.35	500m:	6:28.90	40.06	700m:	9:08.74	39.75
	150m:	1:52.65	39.30	350m:	4:29.13	38.98	550m:	7:07.77	38.87	750m:	9:47.96	39.22
	200m:	2:32.22	39.57	400m:	5:09.24	40.11	600m:	7:47.89	40.12	800m:	10:22.60	34.64

40+

1.	Pieter Pickhardt		ZPC De Hof		NED	198301657		<b>10:07.07</b>	+0,84			
	50m:	33.53	33.53	250m:	3:04.96	38.42	450m:	5:39.66	38.62	650m:	8:14.18	38.41
	100m:	1:10.42	36.89	300m:	3:43.38	38.42	500m:	6:18.52	38.86	700m:	8:52.82	38.64
	150m:	1:48.29	37.87	350m:	4:22.02	38.64	550m:	6:57.01	38.49	750m:	9:30.84	38.02
	200m:	2:26.54	38.25	400m:	5:01.04	39.02	600m:	7:35.77	38.76	800m:	10:07.07	36.23
2.	Frank v.d. Voordt		De Schotejil		NED	198302259		<b>10:40.66</b>	+0,77			
	50m:	34.07	34.07	250m:	3:11.78	40.09	450m:	5:54.96	41.15	650m:	8:39.27	41.16
	100m:	1:12.25	38.18	300m:	3:52.42	40.64	500m:	6:36.07	41.11	700m:	9:19.91	40.64
	150m:	1:51.48	39.23	350m:	4:32.84	40.42	550m:	7:17.21	41.14	750m:	10:00.46	40.55
	200m:	2:31.69	40.21	400m:	5:13.81	40.97	600m:	7:58.11	40.90	800m:	10:40.66	40.20
3.	Yuri van Omme		Zwemvereniging Hoogland		NED	198501887		<b>10:45.44</b>	+0,82			
	50m:	33.60	33.60	250m:	3:12.14	39.85	450m:	5:55.36	40.82	650m:	8:42.82	42.00
	100m:	1:12.34	38.74	300m:	3:53.08	40.94	500m:	6:37.04	41.68	700m:	9:25.17	42.35
	150m:	1:51.57	39.23	350m:	4:33.22	40.14	550m:	7:18.47	41.43	750m:	10:05.88	40.71
	200m:	2:32.29	40.72	400m:	5:14.54	41.32	600m:	8:00.82	42.35	800m:	10:45.44	39.56
4.	Rob van Wanrooy		Albion		NED	198202627		<b>11:26.37</b>	+0,77			
	50m:	36.53	36.53	250m:	3:21.51	42.49	450m:	6:16.38	44.39	650m:	9:15.01	44.55
	100m:	1:16.42	39.89	300m:	4:04.35	42.84	500m:	7:01.15	44.77	700m:	9:59.36	44.35
	150m:	1:57.41	40.99	350m:	4:47.91	43.56	550m:	7:45.88	44.73	750m:	10:43.79	44.43
	200m:	2:39.02	41.61	400m:	5:31.99	44.08	600m:	8:30.46	44.58	800m:	11:26.37	42.58



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 30, Heren, 800m vrije slag, 40+

rang	naam	vereniging	tijd	RT	PARA			
5.	Sander van Tilburg	De Biesboschzwemmers	<b>11:46.74</b>	+0,83				
	50m: 38.37	38.37	250m: 3:33.19	45.24	450m: 6:35.07	45.94	650m: 9:36.91	45.74
	100m: 1:20.37	42.00	300m: 4:18.34	45.15	500m: 7:20.28	45.21	700m: 10:21.21	44.30
	150m: 2:04.14	43.77	350m: 5:04.04	45.70	550m: 8:05.97	45.69	750m: 11:05.40	44.19
	200m: 2:47.95	43.81	400m: 5:49.13	45.09	600m: 8:51.17	45.20	800m: 11:46.74	41.34

45+

1.	Martijn Butter	OEZA	<b>9:44.64</b>	+0,77				
	50m: 33.46	33.46	250m: 3:00.14	37.13	450m: 5:28.51	37.40	650m: 7:56.70	37.15
	100m: 1:09.17	35.71	300m: 3:37.01	36.87	500m: 6:05.63	37.12	700m: 8:33.45	36.75
	150m: 1:44.06	36.89	350m: 4:14.22	37.21	550m: 6:42.55	36.92	750m: 9:10.43	36.98
	200m: 2:23.01	36.95	400m: 4:51.11	36.89	600m: 7:19.55	37.00	800m: 9:44.64	34.21
2.	Gergely Molnár	Iron Swim	<b>9:45.49</b>	+0,81				
	50m: 32.20	32.20	250m: 2:58.47	36.86	450m: 5:27.74	37.02	650m: 7:58.01	36.71
	100m: 1:08.12	35.92	300m: 3:35.61	37.14	500m: 6:06.08	38.34	700m: 8:35.19	37.18
	150m: 1:44.65	36.53	350m: 4:12.97	37.36	550m: 6:43.02	36.94	750m: 9:11.05	35.86
	200m: 2:21.61	36.96	400m: 4:50.72	37.75	600m: 7:21.30	38.28	800m: 9:45.49	34.44
3.	Ivo Roozeboom	WVZ	<b>10:17.06</b>	+0,77				
	50m: 32.81	32.81	250m: 3:10.44	39.51	450m: 5:48.01	38.88	650m: 8:23.37	38.51
	100m: 1:11.20	38.39	300m: 3:50.36	39.92	500m: 6:27.06	39.05	700m: 9:01.97	38.60
	150m: 1:50.83	39.63	350m: 4:29.61	39.25	550m: 7:05.94	38.88	750m: 9:40.15	38.18
	200m: 2:30.93	40.10	400m: 5:09.13	39.52	600m: 7:44.86	38.92	800m: 10:17.06	36.91
4.	Marcel Reefhuis	WS Twente	<b>10:38.52</b>	+0,66				
	50m: 34.39	34.39	250m: 3:13.86	40.00	450m: 5:55.58	40.10	650m: 8:39.82	40.36
	100m: 1:13.43	39.04	300m: 3:54.28	40.42	500m: 6:36.77	41.19	700m: 9:21.04	41.22
	150m: 1:53.21	39.78	350m: 4:34.67	40.39	550m: 7:17.62	40.85	750m: 10:00.82	39.78
	200m: 2:33.86	40.65	400m: 5:15.48	40.81	600m: 7:59.46	41.84	800m: 10:38.52	37.70
5.	Freddie Geerlings	Zwemsport Parkstad	<b>11:02.05</b>	+0,89				
	50m: 36.27	36.27	250m: 3:19.75	41.71	450m: 6:08.59	42.19	650m: 8:59.27	42.49
	100m: 1:16.23	39.96	300m: 4:01.80	42.05	500m: 6:51.28	42.69	700m: 9:42.15	42.88
	150m: 1:56.70	40.47	350m: 4:43.71	41.91	550m: 7:34.01	42.73	750m: 10:24.61	42.46
	200m: 2:38.04	41.34	400m: 5:26.40	42.69	600m: 8:16.78	42.77	800m: 11:02.05	37.44
6.	Tom Bandsma	PSV	<b>11:42.28</b>	+1,07				
	50m: 38.72	38.72	250m: 3:32.91	44.12	450m: 6:31.37	44.36	650m: 9:29.23	44.28
	100m: 1:21.48	42.76	300m: 4:17.69	44.78	500m: 7:16.09	44.72	700m: 10:14.03	44.80
	150m: 2:05.00	43.52	350m: 5:02.21	44.52	550m: 8:00.52	44.43	750m: 10:58.52	44.49
	200m: 2:48.79	43.79	400m: 5:47.01	44.80	600m: 8:44.95	44.43	800m: 11:42.28	43.76
7.	Arjen Koop	ENC Arnhem	<b>11:48.64</b>	+0,74				
	50m: 38.85	38.85	250m: 3:38.15	46.00	450m: 6:37.82	44.72	650m: 9:39.47	45.58
	100m: 1:22.24	43.39	300m: 4:22.45	44.30	500m: 7:23.14	45.32	700m: 10:24.66	45.19
	150m: 2:06.94	44.70	350m: 5:08.02	45.57	550m: 8:08.50	45.36	750m: 11:07.18	42.52
	200m: 2:52.15	45.21	400m: 5:53.10	45.08	600m: 8:53.89	45.39	800m: 11:48.64	41.46

50+

1.	Kai Kremer	SG Erkelenz-Hückelhoven	<b>12:08.70</b>	+0,83				
	50m: 37.03	37.03	250m: 3:36.77	45.88	450m: 6:42.65	46.37	650m: 9:48.34	46.20
	100m: 1:19.89	42.86	300m: 4:23.17	46.40	500m: 7:30.29	47.64	700m: 10:36.59	48.25
	150m: 2:04.55	44.66	350m: 5:09.49	46.32	550m: 8:15.30	45.01	750m: 11:22.96	46.37
	200m: 2:50.89	46.34	400m: 5:56.28	46.79	600m: 9:02.14	46.84	800m: 12:08.70	45.74
2.	Ditmar Schelhaas	De Mors	<b>12:18.81</b>	+1,07				
	50m: 37.71	37.71	250m: 3:35.49	46.63	450m: 6:46.72	48.20	650m: 9:59.57	47.92
	100m: 1:19.27	41.56	300m: 4:22.97	47.48	500m: 7:35.18	48.46	700m: 10:47.65	48.08
	150m: 2:03.15	43.88	350m: 5:10.52	47.55	550m: 8:23.25	48.07	750m: 11:34.39	46.74
	200m: 2:48.86	45.71	400m: 5:58.52	48.00	600m: 9:11.65	48.40	800m: 12:18.81	44.42
3.	Wouter van der Stelt	De Biesboschzwemmers	<b>12:38.71</b>	+0,90				
	50m: 40.09	40.09	250m: 3:46.16	47.56	450m: 6:58.89	48.27	650m: 10:12.37	48.47
	100m: 1:24.89	44.80	300m: 4:34.01	47.85	500m: 7:47.35	48.46	700m: 11:01.30	48.93
	150m: 2:11.41	46.52	350m: 5:22.12	48.11	550m: 8:35.64	48.29	750m: 11:50.42	49.12
	200m: 2:58.60	47.19	400m: 6:10.62	48.50	600m: 9:23.90	48.26	800m: 12:38.71	48.29



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 30, Heren, 800m vrije slag

55+

1.	Axel Werkhausen	SSF Bonn	GER	451927	<b>9:55.41</b>	+0,76		
	50m: 32.81	32.81	250m: 2:59.98	37.37	450m: 5:31.79	38.16	650m: 8:04.07	38.08
	100m: 1:08.30	35.49	300m: 3:37.72	37.74	500m: 6:09.74	37.95	700m: 8:42.09	38.02
	150m: 1:44.94	36.64	350m: 4:15.75	38.03	550m: 6:47.84	38.10	750m: 9:19.49	37.40
	200m: 2:22.61	37.67	400m: 4:53.63	37.88	600m: 7:25.99	38.15	800m: 9:55.41	35.92
2.	Richard Ricksen	Hellas-Glana	NED	197000841	<b>10:58.00</b>	+0,88		
	50m: 36.12	36.12	250m: 3:20.45	41.15	450m: 6:09.88	42.31	650m: 8:57.65	40.78
	100m: 1:16.26	40.14	300m: 4:02.87	42.42	500m: 6:52.39	42.51	700m: 9:37.82	40.17
	150m: 1:57.15	40.89	350m: 4:45.09	42.22	550m: 7:34.53	42.14	750m: 10:18.36	40.54
	200m: 2:39.30	42.15	400m: 5:27.57	42.48	600m: 8:16.87	42.34	800m: 10:58.00	39.64
3.	Chris Kouwenhoven	De Grunte	NED	197101669	<b>11:10.93</b>	+1,00		
	50m: 37.09	37.09	250m: 3:24.37	42.39	450m: 6:14.94	43.18	650m: 9:06.32	43.10
	100m: 1:17.85	40.76	300m: 4:06.51	42.14	500m: 6:57.76	42.82	700m: 9:48.76	42.44
	150m: 1:59.86	42.01	350m: 4:49.49	42.98	550m: 7:40.82	43.06	750m: 10:31.44	42.68
	200m: 2:41.98	42.12	400m: 5:31.76	42.27	600m: 8:23.22	42.40	800m: 11:10.93	39.49
4.	Jan-Willem van den Berg	WVZ	NED	196801575	<b>11:13.37</b>	+0,73		
	50m: 36.02	36.02	250m: 3:28.18	43.55	450m: 6:20.67	43.15	650m: 9:10.75	42.17
	100m: 1:17.12	41.10	300m: 4:11.63	43.45	500m: 7:03.21	42.54	700m: 9:52.96	42.21
	150m: 2:00.38	43.26	350m: 4:54.57	42.94	550m: 7:46.04	42.83	750m: 10:34.18	41.22
	200m: 2:44.63	44.25	400m: 5:37.52	42.95	600m: 8:28.58	42.54	800m: 11:13.37	39.19
5.	Eduard Leusink	De Mors	NED	196901573	<b>11:51.30</b>	+0,91		
	50m: 38.10	38.10	250m: 3:32.49	44.96	450m: 6:36.59	45.51	650m: 9:37.39	45.11
	100m: 1:19.80	41.70	300m: 4:18.42	45.93	500m: 7:22.07	45.48	700m: 10:23.13	45.74
	150m: 2:02.68	42.88	350m: 5:04.54	46.12	550m: 8:07.02	44.95	750m: 11:08.28	45.15
	200m: 2:47.53	44.85	400m: 5:51.08	46.54	600m: 8:52.28	45.26	800m: 11:51.30	43.02
6.	Leon Slingerland	WVZ	NED	196801707	<b>12:08.62</b>	+0,96		
	50m: 38.02	38.02	250m: 3:42.64	46.94	450m: 6:50.87	46.91	650m: 9:56.51	46.20
	100m: 1:22.91	44.89	300m: 4:29.52	46.88	500m: 7:37.36	46.49	700m: 10:41.70	45.19
	150m: 2:09.07	46.16	350m: 5:16.78	47.26	550m: 8:24.34	46.98	750m: 11:22.87	45.17
	200m: 2:55.70	46.63	400m: 6:03.96	47.18	600m: 9:10.31	45.97	800m: 12:08.62	41.75

60+

1.	Bob de Vries	SG Octopus - ZVV	NED	196601101	<b>10:07.98</b>	+0,71		
	50m: 31.66	31.66	250m: 3:02.95	37.85	450m: 5:36.61	38.54	650m: 8:12.45	38.87
	100m: 1:08.88	37.22	300m: 3:40.95	38.00	500m: 6:15.59	38.98	700m: 8:51.64	39.19
	150m: 1:46.68	37.80	350m: 4:19.06	38.11	550m: 6:54.14	38.55	750m: 9:30.20	38.56
	200m: 2:25.10	38.42	400m: 4:58.07	39.01	600m: 7:33.58	39.44	800m: 10:07.98	37.78
2.	Jon Christensen	Luxembourg Sharks Swimming CLUX	10008	<b>10:36.88</b>	+0,75			
	50m: 35.67	35.67	250m: 3:13.46	40.17	450m: 5:53.25	40.18	650m: 8:36.83	41.60
	100m: 1:14.14	38.47	300m: 3:53.19	39.73	500m: 6:33.54	40.29	700m: 9:17.65	40.82
	150m: 1:53.50	39.36	350m: 4:33.16	39.97	550m: 7:14.18	40.64	750m: 9:57.94	40.29
	200m: 2:33.29	39.79	400m: 5:13.07	39.91	600m: 7:55.23	41.05	800m: 10:36.88	38.94
3.	Henri Michels	De Amstel	NED	196501587	<b>11:32.64</b>	+0,86		
	50m: 37.55	37.55	250m: 3:28.14	43.62	450m: 6:22.86	44.11	650m: 9:20.62	44.58
	100m: 1:18.57	41.02	300m: 4:11.88	43.74	500m: 7:07.07	44.21	700m: 10:05.36	44.74
	150m: 2:01.51	42.94	350m: 4:55.52	43.64	550m: 7:51.34	44.27	750m: 10:49.95	44.59
	200m: 2:44.52	43.01	400m: 5:38.75	43.23	600m: 8:36.04	44.70	800m: 11:32.64	42.69
4.	Jeroen Wilmer	Enkhuizer Zwem Vereniging	NED	196601711	<b>12:12.75</b>	+0,97		
	50m: 40.87	40.87	250m: 3:45.56	46.51	450m: 6:52.41	46.65	650m: 9:58.41	46.68
	100m: 1:26.37	45.50	300m: 4:32.64	47.08	500m: 7:39.27	46.86	700m: 10:45.18	46.77
	150m: 2:12.21	45.84	350m: 5:19.07	46.43	550m: 8:25.28	46.01	750m: 11:30.39	45.21
	200m: 2:59.05	46.84	400m: 6:05.76	46.69	600m: 9:11.73	46.45	800m: 12:12.75	42.36
5.	Peter Janssen	Team Noord Holland (SG)	NED	196201307	<b>12:42.31</b>	+1,06		
	50m: 43.36	43.36	250m: 3:57.04	48.69	450m: 7:10.09	48.01	650m: 10:21.32	47.37
	100m: 1:31.04	47.68	300m: 4:45.71	48.67	500m: 7:58.24	48.15	700m: 11:09.03	47.71
	150m: 2:19.35	48.31	350m: 5:33.87	48.16	550m: 8:46.00	47.76	750m: 11:56.11	47.08
	200m: 3:08.35	49.00	400m: 6:22.08	48.21	600m: 9:33.95	47.95	800m: 12:42.31	46.20
6.	Erik Saan	De Duck	NED	196500769	<b>13:06.04</b>	+1,09		
	50m: 41.38	41.38	250m: 3:56.51	50.80	450m: 7:22.41	51.85	650m: 10:45.19	49.33
	100m: 1:27.05	45.67	300m: 4:47.29	50.78	500m: 8:13.70	51.29	700m: 11:34.77	49.58
	150m: 2:16.70	49.65	350m: 5:38.60	51.31	550m: 9:05.02	51.32	750m: 12:22.43	47.66
	200m: 3:05.71	49.01	400m: 6:30.56	51.96	600m: 9:55.86	50.84	800m: 13:06.04	43.61



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 30, Heren, 800m vrije slag

65+

1. Marten de Groot	HZ&PC Heerenveen	NED	195800149	<b>11:00.16</b>	+0,84		
50m: 36.91	36.91	250m: 3:22.13	41.41	450m: 6:09.18	41.93	650m: 8:57.26	42.63
100m: 1:18.05	41.14	300m: 4:04.26	42.13	500m: 6:51.06	41.88	700m: 9:39.63	42.37
150m: 1:59.35	41.30	350m: 4:45.42	41.16	550m: 7:32.58	41.52	750m: 10:21.55	41.92
200m: 2:40.72	41.37	400m: 5:27.25	41.83	600m: 8:14.63	42.05	800m: 11:00.16	38.61
2. Dirk Zeterberg	Zehlendorfer TSV von 1888	GER	101339	<b>11:45.69</b>	+0,89		
50m: 38.71	38.71	250m: 3:34.72	44.05	450m: 6:33.87	44.77	650m: 9:33.84	44.77
100m: 1:22.43	43.72	300m: 4:19.74	45.02	500m: 7:19.07	45.20	700m: 10:18.95	45.11
150m: 2:06.32	43.89	350m: 5:04.22	44.48	550m: 8:04.05	44.98	750m: 11:03.67	44.72
200m: 2:50.67	44.35	400m: 5:49.10	44.88	600m: 8:49.07	45.02	800m: 11:45.69	42.02
3. Rene Janssen	Team Noord Holland (SG)	NED	195700169	<b>12:20.55</b>	+0,93		
50m: 41.54	41.54	250m: 3:47.57	46.83	450m: 6:57.25	47.36	650m: 10:04.16	46.30
100m: 1:26.87	45.33	300m: 4:35.56	47.99	500m: 7:44.18	46.93	700m: 10:50.84	46.68
150m: 2:13.55	46.68	350m: 5:22.67	47.11	550m: 8:31.09	46.91	750m: 11:36.52	45.68
200m: 3:00.74	47.19	400m: 6:09.89	47.22	600m: 9:17.86	46.77	800m: 12:20.55	44.03
4. Wim de Lange	AZC	NED	195800533	<b>13:20.08</b>	+0,85		
50m: 43.21	43.21	250m: 4:02.12	50.43	450m: 7:25.23	51.65	650m: 10:50.99	51.58
100m: 1:31.07	47.86	300m: 4:52.28	50.16	500m: 8:15.84	50.61	700m: 11:41.50	50.51
150m: 2:21.27	50.20	350m: 5:42.99	50.71	550m: 9:07.62	51.78	750m: 12:31.81	50.31
200m: 3:11.69	50.42	400m: 6:33.58	50.59	600m: 9:59.41	51.79	800m: 13:20.08	48.27
5. Bart van Calker	WS Twente	NED	196100067	<b>13:53.16</b>	+0,97		
50m: 44.62	44.62	250m: 4:12.61	53.27	450m: 7:47.71	54.23	650m: 11:21.17	53.41
100m: 1:34.95	50.33	300m: 5:06.71	54.10	500m: 8:41.21	53.50	700m: 12:14.17	53.00
150m: 2:25.82	50.87	350m: 5:59.68	52.97	550m: 9:34.08	52.87	750m: 13:06.20	52.03
200m: 3:19.34	53.52	400m: 6:53.48	53.80	600m: 10:27.76	53.68	800m: 13:53.16	46.96
6. Lex Hoogendam	ZZ&PC De Devel	NED	195700541	<b>14:13.20</b>	+0,96		
50m: 43.37	43.37	250m: 4:11.94	53.57	450m: 7:49.06	54.97	650m: 11:29.99	55.71
100m: 1:32.97	49.60	300m: 5:05.95	54.01	500m: 8:43.65	54.59	700m: 12:24.80	54.81
150m: 2:25.33	52.36	350m: 6:00.04	54.09	550m: 9:39.60	55.95	750m: 13:20.46	55.66
200m: 3:18.37	53.04	400m: 6:54.09	54.05	600m: 10:34.28	54.68	800m: 14:13.20	52.74

70+

1. Henk Slomp	De Inktvis	NED	195500359	<b>12:07.98</b>	+0,94		
50m: 38.86	38.86	250m: 3:42.15	46.55	450m: 6:49.28	46.53	650m: 9:55.76	46.19
100m: 1:23.04	44.18	300m: 4:28.81	46.66	500m: 7:37.19	47.91	700m: 10:42.46	46.70
150m: 2:09.40	46.36	350m: 5:15.86	47.05	550m: 8:23.36	46.17	750m: 11:26.84	44.38
200m: 2:55.60	46.20	400m: 6:02.75	46.89	600m: 9:09.57	46.21	800m: 12:07.98	41.14
2. Jan Preuter	De Mors	NED	195600245	<b>12:30.08</b>	+1,17		
50m: 39.72	39.72	250m: 3:46.69	47.35	450m: 6:59.01	48.12	650m: 10:10.74	48.27
100m: 1:25.56	45.84	300m: 4:34.83	48.14	500m: 7:46.83	47.82	700m: 10:58.01	47.27
150m: 2:12.53	46.97	350m: 5:23.05	48.22	550m: 8:34.67	47.84	750m: 11:44.79	46.78
200m: 2:59.34	46.81	400m: 6:10.89	47.84	600m: 9:22.47	47.80	800m: 12:30.08	45.29

75+

1. Wout Hemmes	De Plons	NED	194800059	<b>14:43.79</b>	+1,01		
50m: 47.91	47.91	250m: 4:33.43	56.82	450m: 8:20.74	57.37	650m: 12:05.29	55.79
100m: 1:42.94	55.03	300m: 5:29.94	56.51	500m: 9:17.51	56.77	700m: 12:59.99	54.70
150m: 2:39.66	56.72	350m: 6:26.84	56.90	550m: 10:13.69	56.18	750m: 13:53.95	53.96
200m: 3:36.61	56.95	400m: 7:23.37	56.53	600m: 11:09.50	55.81	800m: 14:43.79	49.84
2. Jos Kamps	Zwemvereniging Hoogland	NED	195100085	<b>15:23.34</b>	+1,16		
50m: 46.67	46.67	250m: 4:33.89	57.85	450m: 8:32.68	59.80	650m: 12:31.03	58.80
100m: 1:41.82	55.15	300m: 5:34.67	1:00.78	500m: 9:33.04	1:00.36	700m: 13:30.36	59.33
150m: 2:38.36	56.54	350m: 6:33.15	58.48	550m: 10:32.26	59.22	750m: 14:29.83	59.47
200m: 3:36.04	57.68	400m: 7:32.88	59.73	600m: 11:32.23	59.97	800m: 15:23.34	53.51
3. Piet Schop	De Bevelanders	NED	195000109	<b>16:31.44</b>	+0,76		
50m: 53.42	53.42	250m: 5:07.16	1:04.77	450m: 9:22.08	1:04.56	650m: 13:30.48	59.94
100m: 1:53.81	1:00.39	300m: 6:10.90	1:03.74	500m: 10:26.14	1:04.06	700m: 14:33.86	1:03.38
150m: 2:58.86	1:05.05	350m: 7:13.67	1:02.77	550m: 11:27.38	1:01.24	750m: 15:32.49	58.63
200m: 4:02.39	1:03.53	400m: 8:17.52	1:03.85	600m: 12:30.54	1:03.16	800m: 16:31.44	58.95

80+

1. Willem Putter	ZV Vlaardingen-Schiedam	NED	194500135	<b>15:28.13</b>	+1,21		
50m: 49.63	49.63	250m: 4:44.24	59.07	450m: 8:42.02	58.97	650m: 12:40.39	58.41
100m: 1:45.86	56.23	300m: 5:43.96	59.72	500m: 9:42.62	1:00.60	700m: 13:30.06	58.67
150m: 2:45.54	59.68	350m: 6:43.36	59.40	550m: 10:41.80	59.18	750m: 14:36.08	57.02
200m: 3:45.17	59.63	400m: 7:43.05	59.69	600m: 11:41.98	1:00.18	800m: 15:28.13	52.05





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 30, Heren, 800m vrije slag, 80+

rang	naam	vereniging	tijd	RT	PARA			
2.	Geza Kaltenecker	AZC	<b>17:51.72</b>	+1,03				
	50m: 56.07	56.07	250m: 5:29.85	1:10.08	450m: 10:07.87	1:08.81	650m: 14:39.24	1:07.92
	100m: 2:02.06	1:05.99	300m: 6:40.48	1:10.63	500m: 11:15.84	1:07.97	700m: 15:46.85	1:07.61
	150m: 3:10.60	1:08.54	350m: 7:49.65	1:09.17	550m: 12:23.67	1:07.83	750m: 16:52.70	1:05.85
	200m: 4:19.77	1:09.17	400m: 8:59.06	1:09.41	600m: 13:31.32	1:07.65	800m: 17:51.72	59.02

Programmanr. 31  
3-5-2026 - 11:01

Dames, 400m wisselslag

Masters Open  
Resultaten

rang	naam	vereniging	tijd	RT	PARA			
<b>20+</b>								
1.	Maaïke Issard	DZ&PC	<b>5:24.75</b>	+0,79				
	50m: 33.50	33.50	150m: 1:54.11	41.30	250m: 3:21.30	45.54	350m: 4:46.73	38.54
	100m: 1:12.81	39.31	200m: 2:35.76	41.65	300m: 4:08.19	46.89	400m: 5:24.75	38.02
2.	Roos de Jong	ZCNF'34	<b>5:27.66</b>	+0,79				
	50m: 35.30	35.30	150m: 1:58.96	43.23	250m: 3:26.43	44.47	350m: 4:50.54	39.15
	100m: 1:15.73	40.43	200m: 2:41.96	43.00	300m: 4:11.39	44.96	400m: 5:27.66	37.12
3.	Esther Tiemersma	PSV	<b>5:54.30</b>	+0,71				
	50m: 37.03	37.03	150m: 2:10.26	50.36	250m: 3:45.12	47.28	350m: 5:14.72	42.17
	100m: 1:19.90	42.87	200m: 2:57.84	47.58	300m: 4:32.55	47.43	400m: 5:54.30	39.58
4.	Anoeska Romein	Team Noord Holland (SG)	<b>6:06.70</b>	+0,93				
	50m: 40.04	40.04	150m: 2:17.00	49.20	250m: 3:53.34	49.68	350m: 5:26.67	41.08
	100m: 1:27.80	47.76	200m: 3:03.66	46.66	300m: 4:45.59	52.25	400m: 6:06.70	40.03
<b>25+</b>								
1.	Anne Noom	Het Y	<b>5:26.19</b>	+0,74				
	50m: 32.54	32.54	150m: 1:55.13	43.37	250m: 3:23.86	46.71	350m: 4:49.23	38.34
	100m: 1:11.76	39.22	200m: 2:37.15	42.02	300m: 4:10.89	47.03	400m: 5:26.19	36.96
2.	Amber van der Kruk	MSV-Zeemacht	<b>5:44.03</b>	+0,84				
	50m: 38.63	38.63	150m: 2:09.33	42.81	250m: 3:42.91	51.30	350m: 5:08.11	35.65
	100m: 1:26.52	47.89	200m: 2:51.61	42.28	300m: 4:32.46	49.55	400m: 5:44.03	35.92
3.	Noa Oldenhof	ZPCH	<b>5:59.74</b>	+0,67				
	50m: 37.58	37.58	150m: 2:08.23	45.18	250m: 3:46.08	53.67	350m: 5:20.62	40.21
	100m: 1:23.05	45.47	200m: 2:52.41	44.18	300m: 4:40.41	54.33	400m: 5:59.74	39.12
4.	Anouk van der Lans	Westland Swimming Stars	<b>6:44.02</b>	+0,77				
	50m: 42.60	42.60	150m: 2:27.41	48.65	250m: 4:14.36	57.61	350m: 5:59.14	45.91
	100m: 1:38.76	56.16	200m: 3:16.75	49.34	300m: 5:13.23	58.87	400m: 6:44.02	44.88
<b>30+</b>								
1.	Tamara Grove	De Dolfijn	<b>5:35.16</b>	+0,71				
	50m: 33.28	33.28	150m: 1:56.97	44.26	250m: 3:28.66	48.29	350m: 4:56.84	38.34
	100m: 1:12.71	39.43	200m: 2:40.37	43.40	300m: 4:18.50	49.84	400m: 5:35.16	38.32
2.	Fiona Meuffels	PSV	<b>5:49.14</b>	+0,66				
	50m: 35.50	35.50	150m: 2:08.20	48.24	250m: 3:41.58	47.64	350m: 5:09.90	39.85
	100m: 1:19.96	44.46	200m: 2:53.94	45.74	300m: 4:30.05	48.47	400m: 5:49.14	39.24
3.	Nienke Smidt	WS Twente	<b>6:06.63</b>	+0,86				
	50m: 36.43	36.43	150m: 2:10.59	49.29	250m: 3:50.95	54.91	350m: 5:28.11	41.55
	100m: 1:21.30	44.87	200m: 2:56.04	45.45	300m: 4:46.56	55.61	400m: 6:06.63	38.52
4.	Aniek Garritsen	De IJsselmeeuwen	<b>6:10.50</b>	+0,71				
	50m: 34.97	34.97	150m: 2:06.28	48.64	250m: 3:46.61	53.86	350m: 5:27.07	45.63
	100m: 1:17.64	42.67	200m: 2:52.75	46.47	300m: 4:41.44	54.83	400m: 6:10.50	43.43
5.	Larissa Jansen	PSV	<b>6:12.44</b>	+0,81				
	50m: 37.97	37.97	150m: 2:17.21	51.41	250m: 3:57.52	50.82	350m: 5:31.77	43.04
	100m: 1:25.80	47.83	200m: 3:06.70	49.49	300m: 4:48.73	51.21	400m: 6:12.44	40.67
6.	Irmgard van Weeghel	ENC Arnhem	<b>6:26.68</b>	+0,83				
	50m: 41.49	41.49	150m: 2:22.58	50.54	250m: 4:05.61	54.28	350m: 5:44.85	44.04
	100m: 1:32.04	50.55	200m: 3:11.33	48.75	300m: 5:00.81	55.20	400m: 6:26.68	41.83





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 31, Dames, 400m wisselslag

35+

1. Wendan Poelstra	TriVia	NED	199102496	<b>5:46.40</b>	+0,73
50m: 35.33	35.33	150m: 2:04.14	45.98	250m: 3:36.93	47.86
100m: 1:18.16	42.83	200m: 2:49.07	44.93	300m: 4:25.90	48.97
				350m: 5:06.72	40.82
				400m: 5:46.40	39.68
2. Linda van Klei	ACZ	NED	198802088	<b>6:10.48</b>	+0,91
50m: 39.53	39.53	150m: 2:17.01	49.85	250m: 3:55.47	50.14
100m: 1:27.16	47.63	200m: 3:05.33	48.32	300m: 4:48.21	52.74
				350m: 5:30.64	42.43
				400m: 6:10.48	39.84
3. Gerbranda Beijgaard	De Granaet	NED	199008448	<b>6:24.88</b>	+0,72
50m: 38.60	38.60	150m: 2:18.03	48.79	250m: 3:57.38	52.72
100m: 1:29.24	50.64	200m: 3:04.66	46.63	300m: 4:52.24	54.86
				350m: 5:39.72	47.48
				400m: 6:24.88	45.16
4. Monique van Huizen	AZC	NED	198706236	<b>6:26.48</b>	+0,87
50m: 39.16	39.16	150m: 2:21.69	50.84	250m: 4:05.66	53.44
100m: 1:30.85	51.69	200m: 3:12.22	50.53	300m: 5:01.91	56.25
				350m: 5:46.68	44.77
				400m: 6:26.48	39.80

40+

1. Viktória Háden-Felföldi	Iron Swim	HUN	66/3267	<b>5:32.76</b>	+0,77
50m: 34.60	34.60	150m: 1:58.97	44.56	250m: 3:30.13	49.08
100m: 1:14.41	39.81	200m: 2:41.05	42.08	300m: 4:18.80	48.67
				350m: 4:56.12	37.32
				400m: 5:32.76	36.64
2. Sabine Zimmermann	Aachener SV 06	GER	101578	<b>5:38.57</b>	+0,76
50m: 38.23	38.23	150m: 2:07.41	45.03	250m: 3:36.87	47.46
100m: 1:22.38	44.15	200m: 2:49.41	42.00	300m: 4:24.44	47.57
				350m: 5:02.06	37.62
				400m: 5:38.57	36.51
3. Ann Wanter	Zwemclub Geel	BEL	ZGEEL/21082/82	<b>5:51.93</b>	+0,82
50m: 36.22	36.22	150m: 2:05.48	46.28	250m: 3:42.67	52.59
100m: 1:19.20	42.98	200m: 2:50.08	44.60	300m: 4:34.80	52.13
				350m: 5:14.36	39.56
				400m: 5:51.93	37.57
4. Nadya Putter	ZV Vlaardingen-Schiedam	NED	198301630	<b>6:18.76</b>	+0,79
50m: 37.76	37.76	150m: 2:13.27	49.68	250m: 3:54.26	51.61
100m: 1:23.59	45.83	200m: 3:02.65	49.38	300m: 4:48.89	54.63
				350m: 5:33.94	45.05
				400m: 6:18.76	44.82
5. Angela Giezen	ZPC Amersfoort	NED	198302796	<b>6:30.60</b>	+0,76
50m: 41.10	41.10	150m: 2:20.61	49.84	250m: 4:05.40	56.09
100m: 1:30.77	49.67	200m: 3:09.31	48.70	300m: 5:02.58	57.18
				350m: 5:47.94	45.36
				400m: 6:30.60	42.66
6. Suzanne Mol	Aqualero	NED	198202408	<b>6:59.86</b>	+0,94
50m: 46.86	46.86	150m: 2:35.69	53.56	250m: 4:26.59	1:00.39
100m: 1:42.13	55.27	200m: 3:26.20	50.51	300m: 5:25.58	58.99
				350m: 6:13.57	47.99
				400m: 6:59.86	46.29
7. Linda Hoogendam	WVZ	NED	198300892	<b>7:31.99</b>	+0,85
50m: 47.54	47.54	150m: 2:45.63	59.19	250m: 4:49.75	1:06.99
100m: 1:46.44	58.90	200m: 3:42.76	57.13	300m: 5:58.25	1:08.50
				350m: 6:45.91	47.66
				400m: 7:31.99	46.08

45+

1. Leontine Loeber	AZ&PC De Futen	NED	197701010	<b>7:16.22</b>	+0,96
50m: 46.61	46.61	150m: 2:39.99	55.42	250m: 4:36.31	59.68
100m: 1:44.57	57.96	200m: 3:36.63	56.64	300m: 5:37.95	1:01.64
				350m: 6:27.75	49.80
				400m: 7:16.22	48.47
2. Ute Kremer	SG Erkelenz-Hückelhoven	GER	492223	<b>7:25.43</b>	+0,95
50m: 45.63	45.63	150m: 2:41.58	1:00.92	250m: 4:41.47	59.96
100m: 1:40.66	55.03	200m: 3:41.51	59.93	300m: 5:41.14	59.67
				350m: 6:33.90	52.76
				400m: 7:25.43	51.53

50+

1. Annett von Rekowski	Schwimmverein Gera	GER	097868	<b>5:58.38</b>	+0,77
50m: 37.85	37.85	150m: 2:09.69	47.28	250m: 3:48.64	53.25
100m: 1:22.41	44.56	200m: 2:55.39	45.70	300m: 4:42.17	53.53
				350m: 5:21.22	39.05
				400m: 5:58.38	37.16
2. Liselotte Joling	PSV	NED	197500268	<b>6:02.06</b>	+0,87
50m: 37.24	37.24	150m: 2:10.44	50.03	250m: 3:49.60	51.78
100m: 1:20.41	43.17	200m: 2:57.82	47.38	300m: 4:43.82	54.22
				350m: 5:24.17	40.35
				400m: 6:02.06	37.89
3. Marleen Gerringa-Vos	Batavia Swim	NED	197400598	<b>6:12.72</b>	+0,86
50m: 39.78	39.78	150m: 2:19.11	49.65	250m: 3:57.65	51.16
100m: 1:29.46	49.68	200m: 3:06.49	47.38	300m: 4:49.37	51.72
				350m: 5:32.12	42.75
				400m: 6:12.72	40.60
4. Mirjan den Drijver	Westland Swimming Stars	NED	197500884	<b>6:36.83</b>	+0,78
50m: 37.01	37.01	150m: 2:18.77	53.54	250m: 4:06.85	58.36
100m: 1:25.23	48.22	200m: 3:08.49	49.72	300m: 5:05.67	58.82
				350m: 5:51.66	45.99
				400m: 6:36.83	45.17
5. Jannie Vennik	HZ&PC Heerenveen	NED	197601006	<b>7:07.26</b>	+0,96
50m: 45.21	45.21	150m: 2:39.94	56.61	250m: 4:38.85	1:00.66
100m: 1:43.33	58.12	200m: 3:38.19	58.25	300m: 5:40.60	1:01.75
				350m: 6:23.65	43.05
				400m: 7:07.26	43.61



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 31, Dames, 400m wisselslag

55+

1.	Bianca Groot	MSV-Zeemacht	NED	197000652	<b>7:01.18</b>	+0,91
	50m: 43.06	43.06	150m: 2:33.99	56.18	250m: 4:26.99	55.35
	100m: 1:37.81	54.75	200m: 3:31.64	57.65	300m: 5:27.74	1:00.75
					350m: 6:14.21	46.47
					400m: 7:01.18	46.97
2.	Nathasja Konijn	GZC Donk	NED	197100992	<b>7:39.08</b>	+0,93
	50m: 48.19	48.19	150m: 2:42.95	56.26	250m: 4:43.29	1:04.74
	100m: 1:46.69	58.50	200m: 3:38.55	55.60	300m: 5:51.19	1:07.90
					350m: 6:45.33	54.14
					400m: 7:39.08	53.75

60+

1.	Anita Steijger	WVZ	NED	196500628	<b>7:07.01</b>	+0,72
	50m: 45.07	45.07	150m: 2:38.63	57.93	250m: 4:33.10	1:00.30
	100m: 1:40.70	55.63	200m: 3:32.80	54.17	300m: 5:33.68	1:00.58
					350m: 6:21.29	47.61
					400m: 7:07.01	45.72
2.	Margriet Grove-Lingeman	Triton	NED	196200080	<b>7:08.22</b>	+0,84
	50m: 43.28	43.28	150m: 2:30.07	55.61	250m: 4:25.97	1:00.97
	100m: 1:34.46	51.18	200m: 3:25.00	54.93	300m: 5:27.42	1:01.45
					350m: 6:17.75	50.33
					400m: 7:08.22	50.47
3.	K. van Nassau-van den Heuvel	Old Dutch	NED	196600188	<b>7:41.93</b>	+1,01
	50m: 52.90	52.90	150m: 2:58.23	1:04.92	250m: 5:00.81	59.94
	100m: 1:53.31	1:00.41	200m: 4:00.87	1:02.64	300m: 6:00.80	59.99
					350m: 6:53.14	52.34
					400m: 7:41.93	48.79

65+

1.	Petra Tossings <i>Nederlands Masters Record</i>	GZC Donk	NED	196100376	<b>6:54.32</b>	+0,84
	50m: 42.69	42.69	150m: 2:30.42	55.35	250m: 4:23.88	59.57
	100m: 1:35.07	52.38	200m: 3:24.31	53.89	300m: 5:23.62	59.74
					350m: 6:10.61	46.99
					400m: 6:54.32	43.71
2.	Hannie Poletiek	TriVia	NED	195900278	<b>8:17.16</b>	+0,98
	50m: 55.04	55.04	150m: 3:10.16	1:06.30	250m: 5:20.93	1:06.37
	100m: 2:03.86	1:08.82	200m: 4:14.56	1:04.40	300m: 6:28.58	1:07.65
					350m: 7:22.54	53.96
					400m: 8:17.16	54.62

75+

1.	Antoinette Gilding-Tussaud	WS Twente	NED	195000038	<b>9:49.28</b>	+0,93
	50m: 1:10.23	1:10.23	150m: 3:46.56	1:08.26	250m: 6:16.21	1:22.87
	100m: 2:38.30	1:28.07	200m: 4:53.34	1:06.78	300m: 7:38.36	1:22.15
					350m: 8:45.57	1:07.21
					400m: 9:49.28	1:03.71

Programmanr. 32  
3-5-2026 - 11:37

4 x 100m vrije slag

Masters Open  
Resultaten

rang	vereniging	tijd	RT	PARA
<b>Masters 80+, Dames</b>				
1.	ENC Arnhem 1	<b>4:35.29</b>	+0,86	
	Nienke Lammers	+0,36	32.76	1:09.17
	Luna Uytendwilligen	+0,66	31.91	1:08.74
2.	SG Octopus - ZVV 1	<b>4:37.42</b>	+0,74	
	Ilse Wild	+0,42	33.62	1:11.77
	Lois Hofman	+0,73	30.52	1:03.82



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 32, 4 x 100m vrije slag

100+, Dames

1.	NieMo Barracuda 2	NieMo Barracuda	NED	<b>4:20.12</b>	+0,74
	Aouchka Bos	+0,74 29.93 1:02.11	Robin Pienaar	+0,25 29.68 1:02.62	
	Esmée Rolloos	+0,14 33.45 1:11.25	Melissa van der Heijden	+0,38 30.89 1:04.14	
2.	PSV 2	PSV	NED	<b>4:36.62</b>	+0,74
	Birgit Hage	+0,74 33.69 1:10.52	Fiona Meuffels	+0,45 32.09 1:07.62	
	Esther Tiemersma	+0,25 33.67 1:09.98	Larissa Jansen	+0,72 33.46 1:08.50	
3.	De Duck 1	De Duck	NED	<b>4:42.94</b>	+0,69
	Noa de Bock	+0,69 32.77 1:08.61	Janneke van de Poele	+0,44 34.82 1:14.90	
	Judith Kleinjan	+0,55 33.75 1:12.53	Marcella van der Ent	+0,34 30.28 1:06.90	

120+, Dames

1.	HZ&PC Heerenveen 2	HZ&PC Heerenveen	NED	<b>4:32.69</b>	+0,71
	Lianne van Wier	+0,71 31.21 1:05.25	Leonie van Wier	+0,48 30.61 1:03.01	
	Inge Dekker	+0,41 31.45 1:06.11	Jannie Vennik	+0,58 37.55 1:18.32	
2.	DZ&PC 1	DZ&PC	NED	<b>4:38.92</b>	+0,77
	Dyonne Bruggeling	+0,77 33.22 1:12.39	Linda Kuiper	+0,52 34.38 1:10.76	
	Krista de Reus-Trompetter	+0,62 34.48 1:11.12	Karin Rijkelijhuizen	+0,51 30.85 1:04.65	
3.	ZPC Amersfoort 4	ZPC Amersfoort	NED	<b>4:42.27</b>	+0,71
	Mandy Swart	+0,71 33.36 1:11.09	Lotte Eising	+0,26 32.87 1:11.91	
	Angela Giezen	+0,47 35.88 1:15.07	Marije Jansen	+0,30 30.22 1:04.20	
4.	MSV-Zeemacht 2	MSV-Zeemacht	NED	<b>4:52.91</b>	+0,82
	Amber van der Kruk	+0,82 30.27 1:04.43	Kyra Wesemann	+0,55 32.06 1:07.44	
	Annette van Dok	+0,51 45.24 1:36.96	Myrthe Bakker	+0,21 28.78 1:04.08	
5.	De Geul 2	De Geul	NED	<b>5:05.05</b>	+0,75
	Marcha Admiraal	+0,75 30.17 1:02.99	Roselinda van der Vlugt	+0,72 47.95 1:38.34	
	Eline Molle	+0,61 36.18 1:15.45	Daphne van Tilburg	+0,60 32.54 1:08.27	

160+, Dames

1.	Old Dutch 1	Old Dutch	NED	<b>4:44.48</b>	+0,79
	Anne-Marie Verschoor-Vos	+0,79 31.97 1:07.52	Jessica Venema	+0,57 34.44 1:13.29	
	Chantal Verhoeff	+0,50 34.20 1:13.28	Patricia Brooijmans	+0,55 33.56 1:10.39	
2.	De Geul 1	De Geul	NED	<b>5:05.92</b>	+0,68
	Faustine Mussig	+0,68 31.00 1:05.32	Erica Muller	+0,41 45.30 1:38.02	
	Marijke Campfens	+0,55 36.17 1:15.61	Laura 't Lam	+0,62 31.36 1:06.97	
3.	Steenwijk 1934 2	Steenwijk 1934	NED	<b>5:13.64</b>	+0,78
	Leonie Scholten	+0,78 38.92 1:25.43	Jessica Dekkinga	+0,40 34.59 1:14.06	
	Astrid Wibbelink	+0,40 33.47 1:11.82	Linda Wibbelink	+0,40 38.82 1:22.33	

200+, Dames

1.	GZC Donk 1	GZC Donk	NED	<b>5:48.13</b>	+0,91
	Lia Bijkerk	+0,91 44.95 1:34.52	Nathasja Konijn	+0,59 42.89 1:31.15	
	Rene Kleinveld	+0,39 36.83 1:19.57	Petra Tossings	+0,53 39.42 1:22.89	

240+, Dames

1.	SWOL 1894 1	SWOL 1894	NED	<b>5:22.03</b>	+0,76
	Christine Nieuwenhuis	+0,76 37.01 1:20.99	Marijke Kraak-Beckers	+0,51 38.22 1:20.11	
	Annet Kootstra	+0,49 40.61 1:25.73	Mireille Nijhuis	+0,74 35.25 1:15.20	
2.	ENC Arnhem 3	ENC Arnhem	NED	<b>5:56.57</b>	+0,76
	Karin van der Star-Verhoeven	+0,76 38.05 1:20.83	Yoka de Vegt-van Dijk	+0,57 43.73 1:30.85	
	Marion Kolkman-Pluim	+0,79 45.91 1:34.48	Marleen Schuurung	+0,57 43.87 1:30.41	

AFGEM ZPC Amersfoort 2 ZPC Amersfoort NED

320+, Dames

1.	PSV 1	PSV	NED	<b>7:39.90</b>	+1,26
	<i>Europees Masters Record, tevens NMR Lottie Geurts Dames 90+ 100m vrije slag</i>				
	Lottie Geurts	+1,26 1:01.40 2:11.21	Gonnie Bak	+0,75 54.61 1:58.54	
	Ineke Brouwers	+0,72 54.01 1:57.99	Corrie Verhoeven	+0,39 43.33 1:32.16	





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 32, 4 x 100m vrije slag

Masters 80+, Heren

1.	DZ&PC 2 <i>Nederlands Masters Record</i>	DZ&PC		NED	<b>3:41.04</b>	+0,69		
	Colin Bes	+0,69	25.18	53.17	Tycho Veenstra	+0,36	27.94	58.70
	Floris Stork	+0,31	24.85	52.38	Ruben Trompetter	+0,75	27.21	56.79
2.	ZPC Woerden 1	ZPC Woerden		NED	<b>3:59.70</b>	+0,68		
	Ian Terlouw	+0,68	26.92	57.75	Ruben Zwartbol	+0,38	28.36	1:00.35
	Milan de Roo	+0,46	29.03	1:01.38	Daan Hoogendoorn	+0,54	28.70	1:00.22

100+, Heren

1.	De Schotejil 1	De Schotejil		NED	<b>4:11.17</b>	+0,74		
	Dennis van der Bok	+0,74	31.67	1:07.10	Frank v.d. Voort	+0,57	31.60	1:06.29
	David Kievit	+0,49	28.93	1:00.53	Jacob Mackloet	+0,30	27.21	57.25
2.	De Rijn 1	De Rijn		NED	<b>4:22.60</b>	+0,70		
	Rick Haanschoten	+0,70	30.91	1:03.70	Rick van Nieuwenhuizen	+0,58	33.41	1:14.87
	Jeroen Louwinger	+0,34	29.10	1:01.78	Sjoerd Boogert	+0,40	28.93	1:02.25

120+, Heren

1.	ENC Arnhem 2	ENC Arnhem		NED	<b>3:52.12</b>	+0,72		
	Peter Rothengatter	+0,72	27.93	58.27	Tim de Vrught	+0,42	27.18	57.82
	Sander de Vrught	+0,28	27.48	57.55	Kaelan Betrian	+0,27	28.12	58.48
2.	ZPC Amersfoort 5	ZPC Amersfoort		NED	<b>4:01.53</b>	+0,65		
	Dries Cavelaars	+0,65	28.99	1:00.13	Rob van Vliet	+0,34	29.59	1:02.65
	Jelle Opmeer	+0,30	28.01	59.17	Martijn Bartels	+0,40	28.59	59.58
3.	WVZ 2	WVZ		NED	<b>4:06.55</b>	+0,76		
	Ivo Roozeboom	+0,76	28.42	59.67	Markus van Rest	+0,30	30.87	1:06.17
	Jordy van Oel	+0,40	29.99	1:02.75	Jasper Breugem	+0,41	27.31	57.96
4.	MSV-Zeemacht 1	MSV-Zeemacht		NED	<b>4:11.73</b>	+0,67		
	Jordi de Nijs	+0,67	27.01	58.18	Marco van der Wulp	+0,56	29.11	1:04.01
	Derek Valkenier	+0,42	31.89	1:08.37	Matthew Humphreys	+0,57	29.17	1:01.17
5.	Het Ravijn 1	Het Ravijn		NED	<b>4:19.20</b>	+0,82		
	Marcel Zijderhand	+0,82	30.61	1:04.87	Harm Jan Otter	+0,27	30.65	1:04.95
	Lanco Manaf	+0,32	30.77	1:05.89	William Kruihof	+0,21	29.06	1:03.49
6.	De Biesboschzwemmers 1	De Biesboschzwemmers		NED	<b>4:39.33</b>	+0,72		
	Thomas Verschoor	+0,72	32.79	1:08.85	Sander van Tilburg	+0,49	33.31	1:10.60
	Wouter van der Stelt	+0,35	34.53	1:14.17	Pieter Pijnenburg	+0,61	31.73	1:05.71

160+, Heren

1.	ZPC Amersfoort 1 <i>Nederlands Masters Record</i>	ZPC Amersfoort		NED	<b>3:47.63</b>	+0,65		
	Darren Chen	+0,65	25.93	54.62	Jeroen Zelsmann	+0,33	26.80	57.57
	Jelle Blankestijn	+0,39	26.40	55.57	Chester Marsman	+0,44	28.50	59.87
2.	HZ&PC Heerenveen 1	HZ&PC Heerenveen		NED	<b>4:07.50</b>	+0,72		
	Richard Kuipers	+0,72	27.15	57.78	René Beetsma	+0,29	31.71	1:07.39
	Remco Dijkstra	+0,26	27.16	58.70	Peter de Vries	+0,23	29.65	1:03.63
3.	NieMo Barracuda 1	NieMo Barracuda		NED	<b>4:17.34</b>	+0,94		
	Dennis Dortland	+0,94	30.49	1:04.45	Marco Horneman	+0,41	30.66	1:06.58
	André Noordwijk	+0,45	30.97	1:07.17	Mark Hensen	+0,47	27.77	59.14
4.	ZV Hoogland 1	Zwemvereniging Hoogland		NED	<b>4:34.02</b>	+0,92		
	Jos Kamps	+0,92	39.75	1:26.18	Yuri van Omme	+0,35	28.67	1:01.39
	Bas Dries	+0,39	25.41	53.95	Ruben de Boer	+0,34	34.28	1:12.50





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 32, 4 x 100m vrije slag

200+, Heren

1.	ZPC Amersfoort 3	ZPC Amersfoort	NED	<b>4:00.64</b>	+0,70
	Erwin Buisst	+0,70 27.25 57.66	Edwin van Norden	+0,27 30.82 1:04.07	
	Johan Remmits	+0,22 30.15 1:03.37	Bas Braun	+0,29 26.31 55.54	
2.	PSV 3	PSV	NED	<b>4:20.61</b>	+0,70
	Jos de Graaf	+0,70 27.46 57.80	Harold Matla	+0,56 34.19 1:10.67	
	Eymert van Rooij	+0,19 32.70 1:08.97	Olivier van Heezik	+0,46 30.26 1:03.17	
3.	De Duinkickers 1	De Duinkickers	NED	<b>4:47.30</b>	+0,88
	Robert de Brauwer	+0,88 35.08 1:15.27	Marcel Brittijn	+0,46 36.28 1:16.43	
	Mathieu Rikken	+0,68 33.31 1:09.73	Erik Cooman	+0,58 31.79 1:05.87	

240+, Heren

1.	Oslo I.L. 1 <i>Norwegian Masters Record</i>	Oslo I.L.	NOR	<b>4:08.16</b>	+0,75
	Oddvar Sandvin	+0,75 28.74 1:00.11	Bjørn Werner Johansen	+0,26 31.18 1:06.14	
	Jarl Inge Melberg	+0,35 27.47 57.81	Erlend Alstad	+0,55 31.50 1:04.10	
2.	ZPC De Rog 1	ZPC De Rog	NED	<b>4:18.05</b>	+0,71
	Arjan Verheij	+0,71 29.60 1:03.69	Peter Bensen	+0,20 29.25 1:03.09	
	Rob Spetter	+0,35 31.68 1:08.49	Glen Le Clercq	+0,65 29.90 1:02.78	
3.	GZC Donk 2	GZC Donk	NED	<b>5:29.64</b>	+1,00
	Peter Coffeng	+1,00 40.96 1:27.73	Jordy Wijnbergen	+0,57 38.53 1:20.95	
	Pierre de Groot	+0,59 39.58 1:22.09	Willem Jan Ribberink	+0,48 38.93 1:18.87	
4.	WS Twente 3	WS Twente	NED	<b>5:35.09</b>	+0,91
	Joop Weenink	+0,91 38.32 1:21.03	Bart van Calker	+0,40 39.51 1:22.32	
	Jack Barends	+0,57 37.59 1:19.59	Jan Willem Heuten	+0,78 42.16 1:32.15	

80+, Gemengd

1.	ZVL - 1886 1	ZVL - 1886	NED	<b>4:10.76</b>	+0,66
	Silke Molendijk	+0,66 29.92 1:02.21	Fieke Hoogduin	+0,11 32.20 1:08.65	
	Thijs Huizer	+0,48 28.83 1:01.86	Robin van Beek	+0,34 27.64 58.04	
2.	ZVL - 1886 3	ZVL - 1886	NED	<b>4:16.66</b>	+0,71
	Jelsie van Ruijven	+0,71 29.49 1:01.38	Lonneke Graansma	+0,56 33.70 1:12.14	
	Sytze van Stein	+0,39 27.74 1:00.37	Erik Baalbergen	+0,42 29.58 1:02.77	
3.	De Valken 1	De Valken	NED	<b>4:45.05</b>	+0,75
	Yarnick Visscher	+0,75 31.27 1:06.52	Sharon Oldenkamp	+0,29 32.98 1:10.49	
	Kimberly Kootstra	+0,18 38.18 1:22.69	Rens Meijberg	+0,23 30.32 1:05.35	

100+, Gemengd

1.	DZ&PC 3 <i>Nederlands Masters Record</i>	DZ&PC	NED	<b>3:47.10</b>	+0,71
	Marre Zandringa	+0,71 28.93 1:00.74	Jelle Betten	+0,20 24.56 51.59	
	Sara Korhuis	+0,50 27.15 57.62	Erik Nijholt	+0,45 26.76 57.15	
2.	WVZ 1	WVZ	NED	<b>3:49.26</b>	+0,69
	Marit Huisman	+0,69 28.44 59.84	Sander Kirillova	+0,30 26.15 55.63	
	Delia Badoux	+0,27 29.36 1:01.71	Scott Jansen	+0,50 24.64 52.08	
3.	ZV Hoogland 2	Zwemvereniging Hoogland	NED	<b>4:13.69</b>	+0,67
	Anne-Irene Ducheine	+0,67 32.27 1:08.78	Tim de Zoete	+0,17 27.73 59.81	
	Jeffrey Roest	+0,34 29.29 59.99	Jamilla van Omme - van Veen	+0,44 30.59 1:05.11	
4.	Orca 1	Orca	NED	<b>4:17.23</b>	+0,72
	Dirk van der Eems	+0,72 29.12 1:03.67	Annemiek Meulenbeld	-0,02 30.64 1:05.39	
	Rosalie Baarda	+0,29 33.00 1:10.13	Auke Jan Ytsma	+0,36 27.50 58.04	
5.	WS Twente 1	WS Twente	NED	<b>4:23.35</b>	+0,71
	Sander Riezebos	+0,71 28.58 1:00.27	Pien Ooijman	+0,48 33.03 1:09.83	
	Roméé Beverdam	+0,35 33.30 1:10.67	Laurens Spoelstra	+0,63 29.20 1:02.58	
6.	ZVL - 1886 2	ZVL - 1886	NED	<b>4:31.52</b>	+0,81
	Babet van Andel	+0,81 33.41 1:10.15	Suzan Blankestijn	+0,47 35.08 1:14.53	
	Robin van Muijen	+0,71 28.90 1:01.74	Jaime Santiago Patterson	+0,43 29.97 1:05.10	





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 32, 4 x 100m vrije slag

120+, Gemengd

1. Poseidon'56 1	Poseidon'56	NED	<b>4:18.80</b>	+0,81
Ryan van den Ouden	+0,81 26.45 56.11	Marcel Vroegindewei	+0,43 30.45 1:03.40	
Kim van Gemert	+0,47 30.44 1:04.36	Tonia Ruybroek	+0,62 35.86 1:14.93	
2. De Treffers 1	De Treffers	NED	<b>4:19.11</b>	+0,71
Cristina Rodriguez Bouzo	+0,71 32.42 1:09.28	Evita van de Ketterij	+0,44 31.23 1:05.82	
Werner van Wyk	+0,58 31.01 1:03.60	Tim van Grunsven	+0,40 28.03 1:00.41	
3. DAW 1	DAW	NED	<b>4:20.39</b>	+0,71
Marouscha de Vries	+0,71 33.54 1:10.62	Sherif Badawy	+0,30 27.28 58.32	
Laura Badoux	+0,35 33.00 1:09.37	Paul Oudendijk	+0,41 29.83 1:02.08	
4. VZC 1	VZC	NED	<b>4:20.49</b>	+0,68
Tim Seising	+0,68 30.28 1:03.63	Kimberly Whittington	+0,44 32.49 1:08.44	
Olaf Achterberg	+0,47 27.35 57.16	Lisanne Seising	+0,34 33.30 1:11.26	
5. Westland Swimming Stars 1	Westland Swimming Stars	NED	<b>4:31.91</b>	+0,70
Pieter Broek	+0,70 31.16 1:06.28	Anouk van der Lans	+0,53 35.25 1:14.67	
Patrick Wyrdeман	+0,38 30.05 1:03.59	Kim de Jong	+0,19 31.35 1:07.37	
6. NieMo Barracuda 3	NieMo Barracuda	NED	<b>4:33.85</b>	+0,80
Marijke Kommers	+0,80 33.74 1:10.92	Ids de Klerk	+0,54 31.33 1:07.73	
Tamara van den Brink	+0,41 34.25 1:12.62	Robin van Beusekom	+0,48 30.05 1:02.58	
7. AZC 2	AZC	NED	<b>4:39.70</b>	+0,66
Jessica Braat	+0,66 33.03 1:11.27	Monique van Huizen	+0,38 33.44 1:09.73	
Ardy Zwaneburg	+0,53 33.11 1:09.57	Patrick Brouwer	+0,60 32.61 1:09.13	
8. HZ&PC Heerenveen 3	HZ&PC Heerenveen	NED	<b>4:47.50</b>	+0,76
Wiebren Dijkstra	+0,76 38.41 1:24.44	Romy Jalving	+0,24 34.79 1:13.59	
Rob van Wier	+0,65 29.69 1:02.47	Liselotte Schaap	+0,42 32.10 1:07.00	
9. ZOB'66 1	ZOB'66	NED	<b>4:51.11</b>	+0,82
Julian Mes	+0,82 28.35 1:00.16	Daniëlle Schipper - van Est	+0,45 41.73 1:27.42	
Marit van Krimpen	+0,51 37.33 1:21.16	Ian van Mullem	+0,44 29.24 1:02.37	

160+, Gemengd

1. Zwemlust- den Hommel 1	Zwemlust- den Hommel	NED	<b>4:18.95</b>	+0,74
Manon Kloosterman	+0,74 30.28 1:03.65	Mark Zwart	+0,45 29.41 1:01.70	
Liesbeth van Mill	+0,50 34.83 1:13.68	Vincent Versteeg	+0,32 28.34 59.92	
2. ACZ 1	ACZ	NED	<b>4:28.70</b>	+0,69
Ignacio Garcia Rodríguez	+0,69 28.89 1:01.20	Linda van Klei	+0,66 34.23 1:09.40	
Teus Krijgsman	+0,59 33.34 1:11.57	Carol Hollemans	+0,58 31.58 1:06.53	
3. ENC Arnhem 4	ENC Arnhem	NED	<b>4:34.17</b>	+0,68
Arjen Koop	+0,68 30.00 1:04.52	Marijn Post	+0,40 34.43 1:13.43	
Jordi Jolink	+0,22 29.36 1:02.89	Irmgard van Weeghel	+0,26 34.28 1:13.33	
4. Steenwijk 1934 1	Steenwijk 1934	NED	<b>4:43.73</b>	+0,74
Jacyntha Plat	+0,74 32.54 1:08.61	Robert Braad	+0,44 27.60 59.26	
Korstiaan de Boer	+0,37 36.76 1:16.41	Wilna Heijman	+0,45 37.46 1:19.45	
5. De Inktvis 1	De Inktvis	NED	<b>4:45.30</b>	+0,81
Henk Slomp	+0,81 34.29 1:14.68	Carolien Baarda	+0,48 31.38 1:07.65	
Chaira Scholte	+0,48 33.79 1:12.64	Walter Bodenstaff	+0,55 34.26 1:10.33	
6. WVZ 3	WVZ	NED	<b>4:47.66</b>	+0,69
Lauren van IJl	+0,69 31.92 1:07.85	Leon Slingerland	+0,62 34.05 1:12.80	
Linda Hoogendam	+0,49 38.61 1:22.60	Jan-Willem van den Berg	+0,26 30.30 1:04.41	
7. Team Noord Holland (SG) 1	Team Noord Holland (SG)	NED	<b>4:53.00</b>	+0,90
Anoeska Romein	+0,90 35.52 1:13.10	Rene Janssen	+0,52 36.70 1:16.45	
Peter Janssen	+0,31 38.60 1:21.53	Lotte van Gessel	+0,61 29.89 1:01.92	
8. CN Sportcity Woluwe 1	Cercle De Natation Sportcity WolBEL		<b>4:54.97</b>	+0,75
Nathalie Blondeel	+0,75 32.89 1:08.20	Kathy Van Lindt	+0,56 39.86 1:24.62	
Olivier Bresoux	+0,41 34.53 1:10.90	Nick Mens	+0,44 33.71 1:11.25	
9. AZC 1	AZC	NED	<b>5:09.39</b>	+0,67
Michael Go	+0,67 35.51 1:15.43	Sharlene Both	+0,45 34.00 1:12.42	
Wim de Lange	+0,69 39.06 1:22.70	Esther Boerdam-Delfos	+0,41 37.99 1:18.84	





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 32, 4 x 100m vrije slag

240+, Gemengd

1. WS Twente 4	WS Twente	NED	<b>5:17.61</b>	<b>+0,74</b>
Ima van der Molen	+0,74 39.27 1:25.53	Evelien Naatje	+0,61 38.49 1:21.05	
Harrie Oude Weermink	33.54 1:11.72	Laurens Klein Breteler	+0,38 37.29 1:19.31	
2. TriVia 1	TriVia	NED	<b>5:41.57</b>	<b>+0,97</b>
Jaap Vis	+0,97 39.85 1:24.27	Jeroen Temme	+0,51 32.89 1:09.27	
Hannie Poletiek	+0,50 44.92 1:33.13	Martine Stahlie-Bos	+0,56 44.09 1:34.90	
3. ZVVS 1	ZV Vlaardingen-Schiedam	NED	<b>5:52.37</b>	<b>+0,86</b>
Helena Mels	+0,86 37.56 1:21.27	Willem Putter	+0,69 41.94 1:30.38	
Inge Deutz	+0,68 45.76 1:39.98	Jeroen Hoeksel	+0,39 37.24 1:20.74	

280+, Gemengd

1. Old Dutch 2	Old Dutch	NED	<b>6:47.22</b>	<b>+0,98</b>
Henri Verschoor	+0,98 32.76 1:07.17	Marie Smits	+0,98 59.18 2:07.25	
Nico Baay	+0,79 51.71 1:57.86	Karin van Nassau-van den Heuvel	+0,50 45.78 1:34.94	





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



7 - ONMK2026lb - Sessie 7

3-5-2026 - 13:30

Programmanr. 34  
3-5-2026 - 13:30

Heren, 50m schoolslag

Masters Open  
Resultaten

rang	naam	vereniging			tijd	RT	PARA
<b>20+</b>							
1.	Jason van den Berg <i>Nederlands Masters Record</i>	Albion	NED	200400009	<b>27.66</b>	+0,64	
2.	Scott Jansen	WVZ	NED	200202455	<b>31.14</b>	+0,69	
3.	Daan Hoogendoorn	ZPC Woerden	NED	200500113	<b>31.25</b>	+0,63	
4.	Mika Bongers	ENC Arnhem	NED	200502683	<b>31.26</b>	+0,65	
5.	Robin van Muijen	ZVL - 1886	NED	200201059	<b>31.94</b>	+0,82	
6.	Roan Altena	PWC	NED	200303255	<b>32.36</b>	+0,73	
7.	Mees Minneboo	MSV-Zeemacht	NED	200203465	<b>32.37</b>	+0,66	
8.	Arend Vlasma	ZCNF'34	NED	200403373	<b>32.95</b>	+0,74	
9.	Sayyid Brown	Blue Marlins	NED	200305037	<b>33.24</b>	+0,63	
10.	Sytze van Stein	ZVL - 1886	NED	200501155	<b>33.47</b>	+0,70	
11.	Owen Michels	De Amstel	NED	200402293	<b>33.88</b>	+0,70	
12.	Daniel Heling	Aqua'68	NED	200500641	<b>34.13</b>	+0,71	
	Finn Ooijman	WS Twente	NED	200603161	<b>34.13</b>	+0,69	
14.	Ruben Trompetter	DZ&PC	NED	200500997	<b>34.15</b>	+0,82	
15.	Thijs Huizer	ZVL - 1886	NED	200502523	<b>34.83</b>	+0,70	
16.	Jort Vizeé	De Duck	NED	200201779	<b>35.17</b>	+0,62	
17.	Lars Haytink	WS Twente	NED	200601815	<b>35.59</b>	+0,68	
18.	Tim Seising	VZC	NED	200500107	<b>36.34</b>	+0,70	
19.	Dennis van der Bok	De Schotejil	NED	200504015	<b>37.13</b>	+0,72	
20.	Lanco Manaf	Het Ravijn	NED	200402715	<b>37.52</b>	+0,63	
21.	Thomas Verschoor	De Biesboschzwemmers	NED	200600903	<b>38.72</b>	+0,73	
22.	Bjorn Van Noort	De Valken	NED	200604441	<b>41.00</b>	+0,80	
23.	Yarnick Visscher	De Valken	NED	200601157	<b>42.37</b>	+0,87	
DIS	Michael Verschoor	De Biesboschzwemmers	NED	200600901		+0,75	

SR - Meer dan 1 vlinderbeenslag gemaakt voordat de 1e schoolslagbeenslag is gemaakt.

**25+**

1.	Rick Bulman <i>Nederlands Masters Record</i>	Albion	NED	200101899	<b>29.09</b>	+0,62	
2.	Joost de Roij van Zuidewijn	Albion	NED	200000255	<b>30.13</b>	+0,66	
3.	Hendrik Jilderda	Wetterwille	NED	200100673	<b>30.99</b>	+0,67	
4.	Arjan Dekker	Bubble	NED	200000499	<b>31.04</b>	+0,63	
5.	Doran Paap	ZV Westland	NED	200000301	<b>31.13</b>	+0,62	
6.	Darren Chen	ZPC Amersfoort	NED	200001149	<b>31.36</b>	+0,67	
7.	Jelle Opmeer	ZPC Amersfoort	NED	200100269	<b>31.66</b>	+0,71	
8.	Robin de Jong	SG Bolsward-Workum	NED	200101165	<b>32.03</b>	+0,62	
9.	Ryan van den Ouden	Poseidon'56	NED	199900377	<b>32.78</b>	+0,77	
10.	Richard Kuipers	HZ&PC Heerenveen	NED	199704171	<b>33.42</b>	+0,74	
11.	Fayssal Lantema	Zwemlust- den Hommel	NED	200101379	<b>33.82</b>	+0,72	
12.	Milan de Roo	ZPC Woerden	NED	200102215	<b>34.23</b>	+0,59	
13.	Nino van Krimpen	ZOB'66	NED	200004611	<b>34.26</b>	+0,65	
14.	Laurens Spoelstra	WS Twente	NED	199901273	<b>34.78</b>	+0,76	
15.	Jordi de Nijs	MSV-Zeemacht	NED	199801851	<b>35.17</b>	+0,67	
16.	Milan Adriaenssens	De Vrije Slag	NED	199705783	<b>35.24</b>	+0,76	
17.	Sjoerd Boogert	De Rijn	NED	199903153	<b>35.28</b>	+0,74	
18.	Julian Mes	ZOB'66	NED	200103755	<b>35.70</b>	+0,75	
19.	Dries Cavelaars	ZPC Amersfoort	NED	199804597	<b>36.27</b>	+0,67	
20.	Pascal de Jong	De Wellerobben	NED	199700415	<b>36.60</b>	+0,77	
21.	Remco Dijkstra	HZ&PC Heerenveen	NED	200100789	<b>36.62</b>	+0,72	
22.	Rens Meijberg	De Valken	NED	200004155	<b>37.58</b>	+0,69	
23.	Nick Mens	Cercle De Natation Sportcity WolBEL	CNSW	014471/00	<b>39.15</b>	+0,75	
24.	Auke Sijperda	AZC	NED	199905115	<b>39.41</b>	+0,62	
25.	Marc Hoogveen	DZ&PC	NED	200101585	<b>39.96</b>	+0,75	





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 34, Heren, 50m schoolslag, 25+

rang	naam	vereniging			tijd	RT	PARA
26.	Henk Bremmer	Blue Marlins	NED	200005909	<b>40.14</b>	+0,69	
AFGEM	Matthijs van Meerendonk	DZ&PC	NED	199900375			
<b>30+</b>							
1.	Stefan Petersen	Blue Marlins	NED	199403067	<b>30.92</b>	+0,69	
2.	Felix Geenen	DAW	NED	199501085	<b>31.01</b>	+0,76	
3.	Dirk van der Eems	Orca	NED	199501565	<b>33.50</b>	+0,72	
4.	Sam Beer	Poseidon'56	NED	199605521	<b>34.15</b>	+0,64	
5.	Tim van der Star	ENC Arnhem	NED	199605125	<b>35.25</b>	+0,78	
6.	Robin van Beusekom	NieMo Barracuda	NED	199205841	<b>35.29</b>	+0,76	
7.	Martijn Bartels	ZPC Amersfoort	NED	199603493	<b>36.51</b>	+0,75	
8.	Jordy van der Drift	ZVL - 1886	NED	199307345	<b>37.12</b>	+0,73	
9.	Derek Valkenier	MSV-Zeemacht	NED	199207397	<b>37.57</b>	+0,76	
10.	Patrick Wobben	Steenwijk 1934	NED	199300559	<b>40.00</b>	+0,91	
11.	Cars Wiegmann	WS Twente	NED	199401025	<b>40.52</b>	+0,72	
<b>35+</b>							
1.	Sander de Vrugt	ENC Arnhem	NED	198903499	<b>31.56</b>	+0,63	
2.	Alan Slomp	DZ&PC	NED	198703071	<b>33.57</b>	+0,72	
3.	Patrick Creemers	SG Patrick - De Roersoppers	NED	199000579	<b>33.81</b>	+0,69	
4.	Dirk Zeelte	CWW	NED	199105911	<b>34.93</b>	+0,79	
5.	Robert Spekhorst	De Mors	NED	198703141	<b>39.59</b>	+0,74	
6.	Mitchell van Uitert	De Geul	NED	199004067	<b>41.46</b>	+0,82	
7.	Teodor Bogdanov	Zeester Meerval	NED	198907039	<b>41.59</b>	+0,71	
<b>40+</b>							
1.	Ricardo van Dam	AZC	NED	198503965	<b>33.81</b>	+0,98	
2.	Rob van Wanrooy	Albion	NED	198202627	<b>34.40</b>	+0,72	
3.	Ignacio García Rodríguez	ACZ	NED	198504015	<b>35.24</b>	+0,66	
4.	Thomas Dol	Zeester Meerval	NED	198200357	<b>35.74</b>	+0,84	
5.	Jordi Jolink	ENC Arnhem	NED	198601455	<b>36.53</b>	+0,72	
<b>45+</b>							
1.	Vincent Versteeg	Zwemlust- den Hommel	NED	197701003	<b>32.57</b>	+0,77	
2.	Simon van Ravesteijn	WVZ	NED	198002263	<b>33.78</b>	+0,78	
3.	Erwin Buist	ZPC Amersfoort	NED	197800183	<b>34.51</b>	+0,73	
4.	Rik Regtering	ENC Arnhem	NED	197900999	<b>34.57</b>	+0,62	
5.	Benoit Gasner	DES	NED	198102645	<b>34.97</b>	+1,77	
6.	Freddie Geerlings	Zwemsport Parkstad	NED	197900379	<b>35.37</b>	+0,79	
7.	Paul Oudendijk	DAW	NED	198101287	<b>35.48</b>	+0,77	
8.	Dennis Dortland	NieMo Barracuda	NED	197800261	<b>35.93</b>	+0,84	
9.	Harm Jan Otter	Het Ravijn	NED	198101283	<b>36.37</b>	+0,76	
10.	Mark Zwart	Zwemlust- den Hommel	NED	197901461	<b>36.72</b>	+0,82	
11.	Berry van Holland	TriVia	NED	198000603	<b>38.34</b>	+0,72	
12.	Rubert Boer	Aqualero	NED	197902011	<b>41.26</b>	+0,88	
<b>50+</b>							
1.	Sagar Jaivant	WVZ	NED	197401615	<b>35.09</b>	+0,84	
2.	Peter Meijer	DZ&PC	NED	197300613	<b>36.61</b>	+0,64	
3.	Kai Kremer	SG Erkelenz-Hückelhoven	GER	468899	<b>37.39</b>	+0,76	
4.	Bas Kremers	TRB-RES	NED	197201611	<b>37.54</b>	+0,75	
5.	Sebastiaan Nieuwenhuizen	MZ&PC De Reest	NED	197401625	<b>38.78</b>	+0,72	





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 34, Heren, 50m schoolslag

55+

1.	Antwan van Engen	CWW	NED	197101577	<b>33.54</b>	+0,73
2.	Harold Matla	PSV	NED	196800591	<b>33.76</b>	+0,73
3.	Gerrit Orthofer	Team Noord Holland (SG)	NED	197001813	<b>34.66</b>	+0,69
4.	Richard Ricksen	Hellas-Glana	NED	197000841	<b>35.03</b>	+0,79
5.	Matthias Millers	SG Wuppertal	GER	113799	<b>35.41</b>	+0,87
6.	Arjan Verheij	ZPC De Rog	NED	197101617	<b>36.64</b>	+0,72
7.	Glen Le Clercq	ZPC De Rog	NED	196800177	<b>36.96</b>	+0,82
8.	René Beetsma	HZ&PC Heerenveen	NED	196900069	<b>37.62</b>	+0,82
9.	Rob van de Ven	Neptunus'58	NED	197101695	<b>38.56</b>	+0,75
10.	Johan Dijkstra	Bonaireaanse Aquatics Club BarAHoda:XXX			<b>38.60</b>	+0,66
11.	Alberto Randazzo	DES	NED	197101757	<b>39.95</b>	+0,86
12.	Nico Swart	De Biesboschzwemmers	NED	196801475	<b>40.09</b>	+0,87
13.	Mathieu Rikken	De Duinkickers	NED	196701777	<b>40.15</b>	+0,85
14.	Joop Weenink	WS Twente	NED	196801535	<b>41.95</b>	+0,89
15.	Peter Musschenga	Gay Swim Amsterdam	NED	196901347	<b>42.26</b>	+0,72
16.	Steffen Dathe	SG Bayer	GER	450025	<b>43.43</b>	+1,01
17.	Erik Zoethout	Aqualero	NED	196901157	<b>43.77</b>	+0,93
18.	Gertjan van der Vaart	ZV Vlaardingen-Schiedam	NED	196801529	<b>43.91</b>	+0,80
19.	Jordey Wijnbergen	GZC Donk	NED	196901897	<b>46.27</b>	+0,77

60+

1.	Jan Gert Notenbomer <i>Nederlands Masters Record</i>	ZCNF'34	NED	196600557	<b>35.18</b>	+0,71
2.	Ron Korzelius	ZPC Amersfoort	NED	196500513	<b>36.47</b>	+0,72
3.	Edwin van Norden	ZPC Amersfoort	NED	196300563	<b>37.93</b>	+0,78
4.	Gert Sikkema	Zignea	NED	196300687	<b>38.09</b>	+0,83
5.	André Jovet	Swimming Luxembourg	LUX	13225	<b>38.20</b>	+0,77
6.	Theo Bakker	TriVia	NED	196401231	<b>38.56</b>	+0,76
7.	Darius Ziemba	SGS Münster	GER	493708	<b>39.96</b>	+0,81
8.	Henri Michels	De Amstel	NED	196501587	<b>40.45</b>	+0,80
9.	Pierre de Groot	GZC Donk	NED	196401431	<b>43.48</b>	+0,89
10.	Willem Jan Ribberink	GZC Donk	NED	196501327	<b>43.53</b>	+0,92
11.	Robert de Brauwier	De Duinkickers	NED	196401383	<b>43.82</b>	+0,82
12.	Jeroen Wilmer	Enkhuizer Zwem Vereniging	NED	196601711	<b>44.93</b>	+0,97

65+

1.	Wim de Lange	AZC	NED	195800533	<b>43.05</b>	+0,73
2.	Wiebren Dijkstra	HZ&PC Heerenveen	NED	195800745	<b>45.50</b>	+0,84
3.	Peter Coffeng	GZC Donk	NED	195700063	<b>48.40</b>	+0,85

70+

1.	Paul Bunnik <i>Nederlands Masters Record</i>	Triton	NED	195600413	<b>40.43</b>	+0,88
2.	Jelle de Vries	DZ&PC	NED	195600397	<b>42.74</b>	+1,10

75+

1.	Harry Dokter	SWOL 1894	NED	195100037	<b>42.97</b>	+0,82
2.	J. Macpherson-Stewart	Free Style SC	GBR	30261	<b>48.27</b>	+0,83
3.	Mans Buis	SWOL 1894	NED	194700133	<b>1:01.46</b>	+1,09

80+

1.	Nico Baay	Old Dutch	NED	194200053	<b>51.39</b>	+0,86
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Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 35  
3-5-2026 - 13:48

Dames, 50m schoolslag

Masters Open  
Resultaten

rang	naam	vereniging			tijd	RT	PARA
<b>20+</b>							
1.	Anouchka Bos	NieMo Barracuda	NED	200501528	<b>35.68</b>	+0,72	
2.	Lotte van Gessel	Team Noord Holland (SG)	NED	200300900	<b>37.50</b>	+0,75	
3.	Esther Tiemersma	PSV	NED	200202962	<b>37.64</b>	+0,69	
4.	Fardau Dikkers	Wetterwille	NED	200501722	<b>38.15</b>	+0,78	
5.	Kim de Jong	Westland Swimming Stars	NED	200401522	<b>38.88</b>	+0,69	
6.	Leonie van Wier	HZ&PC Heerenveen	NED	200200436	<b>39.57</b>	+0,68	
7.	Lianne van Wier	HZ&PC Heerenveen	NED	200200438	<b>39.80</b>	+0,68	
8.	Welmoed Doornbos	De IJsselmeeuwen	NED	200203352	<b>40.06</b>	+0,66	
9.	Laura 't Lam	De Geul	NED	200603376	<b>40.17</b>	+0,77	
10.	Babet van Andel	ZVL - 1886	NED	200304308	<b>40.43</b>	+0,76	
11.	Faustine Mussig	De Geul	NED	200202080	<b>40.67</b>	+0,71	
12.	Imke Boontjes	Aqua'68	NED	200600386	<b>40.81</b>	+0,81	
13.	Inge Kiers	Deltasteur	NED	200505222	<b>41.42</b>	+0,80	
14.	Claire Bosch	De Dinkel	NED	200401480	<b>41.56</b>	+0,74	
15.	Kyra Wesemann	MSV-Zeemacht	NED	200201440	<b>41.59</b>	+0,78	
16.	Eline Groen	MZ&PC De Reest	NED	200204680	<b>42.18</b>	+0,86	
17.	Nina Bellaart	Oceanus	NED	200400756	<b>42.23</b>	+0,74	
18.	Marit van Krimpen	ZOB'66	NED	200403506	<b>42.97</b>	+0,76	
19.	Kyra Kootstra	PWC	NED	200501834	<b>43.16</b>	+0,67	
20.	Roos Broekman	ZPC Hoogeveen	NED	200505502	<b>43.70</b>	+0,82	
21.	Jessica Dekkinga	Steenwijk 1934	NED	200600180	<b>43.81</b>	+0,82	
22.	Lois Hofman	SG Octopus - ZVV	NED	200602040	<b>43.90</b>	+0,71	
23.	AnneMarijn Damhoff	De Inktvis	NED	200501000	<b>43.92</b>	+0,81	
24.	Amé Hulleman	G.S.Z.V. De Golfbreker	NED	200202794	<b>44.33</b>	+0,77	
25.	Chaira Scholte	De Inktvis	NED	200304478	<b>45.05</b>	+0,83	
26.	Renske Driessen	PWC	NED	200405636	<b>46.03</b>	+0,78	
27.	Marit Gerritsen	WS Twente	NED	200200664	<b>47.03</b>	+0,74	
28.	Kimberly Kootstra	De Valken	NED	200600060	<b>48.66</b>	+0,78	
29.	Daria-Anamaria C lug ru	G.S.Z.V. De Golfbreker	NED	200305852	<b>53.95</b>	+0,77	
DIS	Sharlene Both	AZC	NED	200602780		+0,80	
<i>SR - Meer dan 1 vlinderbeenslag gemaakt voordat de 1e schoolslagbeenslag is gemaakt.</i>							
NG.ZA	Selma Boertien	Aqua'68	NED	200203834			
<b>25+</b>							
1.	Myrthe Bakker	MSV-Zeemacht	NED	200000804	<b>33.84</b>	+0,72	
2.	Kim van Gemert	Poseidon'56	NED	200101968	<b>35.26</b>	+0,78	
3.	Manon Kloosterman	Zwemlust- den Hommel	NED	199702082	<b>35.95</b>	+0,69	
4.	Silke Molendijk	ZVL - 1886	NED	200100178	<b>36.39</b>	+0,63	
5.	Britt Cornelissens	Hellas-Glana	NED	200000632	<b>36.67</b>	+0,68	
6.	Carolien Baarda	De Inktvis	NED	199704060	<b>37.43</b>	+0,70	
7.	Marijke Drent	Bubble	NED	199906232	<b>37.50</b>	+0,78	
8.	Lonneke Graansma	ZVL - 1886	NED	199900936	<b>38.40</b>	+0,75	
9.	Alisha Vieira	Blue Marlins	NED	199904554	<b>38.75</b>	+0,67	
10.	Lisanne Seising	VZC	NED	200002084	<b>39.07</b>	+0,74	
11.	Mandy Swart	ZPC Amersfoort	NED	199904916	<b>39.09</b>	+0,74	
12.	Daphne Dols	ZPC Woerden	NED	199904622	<b>40.07</b>	+0,72	
13.	Robin Pienaar	NieMo Barracuda	NED	200102236	<b>41.64</b>	+0,76	
14.	Tamara van den Brink	NieMo Barracuda	NED	199804182	<b>42.25</b>	+0,75	
15.	Rianne Bresser	Poseidon'56	NED	199900690	<b>42.81</b>	+0,78	
16.	Marielle van der Vaart	ZV Vlaardingen-Schiedam	NED	200000994	<b>43.02</b>	+0,75	
17.	Romy Jalving	HZ&PC Heerenveen	NED	200000616	<b>45.72</b>	+0,74	



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 35, Dames, 50m schoolslag

30+

1.	Karin Rijkelijkhuisen	DZ&PC	NED	199403358	<b>35.45</b>	+0,69
2.	Leonie van Noort	WVZ	NED	199301752	<b>36.37</b>	+0,79
3.	Fiona Meuffels	PSV	NED	199504366	<b>37.56</b>	+0,65
4.	Katrin Diercks	SG Aumund - Vegesack	GER	197466	<b>39.65</b>	+0,70
5.	Larissa Jansen	PSV	NED	199500660	<b>41.20</b>	+0,81
6.	Marijke Kommers	NieMo Barracuda	NED	199305334	<b>41.54</b>	+0,82
7.	Janneke van de Poele	De Duck	NED	199301128	<b>41.61</b>	+0,69
8.	Astrid Wibbelink	Steenwijk 1934	NED	199600006	<b>42.02</b>	+0,73
9.	Winnie de Vries	De Wellerobben	NED	199606766	<b>42.15</b>	+0,77
10.	Alma Janssen	Zegenwerp	NED	199401078	<b>43.42</b>	+0,70
11.	Marjan Rikken	SG Octopus - ZVV	NED	199206114	<b>47.17</b>	+0,88
12.	Welmoed van Dijk	ZPC Isis	NED	199606918	<b>53.75</b>	+0,83
13.	Chantal Wind-Hemme	De Plons	NED	199501292	<b>57.32</b>	+0,88

35+

1.	Cristina Rodriguez Bouzo	De Treffers	NED	198806948	<b>37.05</b>	+0,72
2.	Jacyntha Plat	Steenwijk 1934	NED	199002956	<b>37.36</b>	+0,72
3.	Linda van Klei	ACZ	NED	198802088	<b>40.79</b>	+0,76
4.	Linda Kuiper	DZ&PC	NED	198802588	<b>41.75</b>	+0,68
5.	Suzan Blankestijn	ZVL - 1886	NED	198900350	<b>42.56</b>	+0,79
6.	Monique van Huizen	AZC	NED	198706236	<b>43.22</b>	+0,73
7.	Liesbeth van Mill	Zwemlust- den Hommel	NED	198702786	<b>43.34</b>	+0,82
8.	Sabine Vink	De Biesboschzwemmers	NED	198704340	<b>43.77</b>	+0,87

40+

1.	Laura Badoux	DAW	NED	198200038	<b>36.01</b>	+0,81
2.	Danielle Reijnders	AquAmigos	NED	198504234	<b>36.90</b>	+0,66
3.	Nadya Putter	ZV Vlaardingen-Schiedam	NED	198301630	<b>40.35</b>	+0,71
4.	Karin van Dijk	HZ&PC Heerenveen	NED	198600850	<b>41.38</b>	+0,79
5.	Angela Giezen	ZPC Amersfoort	NED	198302796	<b>42.16</b>	+0,74

45+

1.	Anke Lamboij	AZL	NED	198001182	<b>38.68</b>	+0,88
2.	Anne-Marie Verschoor-Vos	Old Dutch	NED	198102300	<b>39.90</b>	+0,82
3.	Inge Roskam	De Duinkickers	NED	197801296	<b>40.43</b>	+0,78
4.	Marijn Post	ENC Arnhem	NED	198101194	<b>40.94</b>	+0,82
5.	Mireille Nijhuis	SWOL 1894	NED	198102368	<b>43.23</b>	+0,73
6.	Tonia Ruybroek	Poseidon'56	NED	198101290	<b>43.60</b>	+0,90
7.	Tanja Lenz	Uerdinger Schwimmverein 08	GER	451703	<b>46.73</b>	+0,73
8.	Ute Kremer	SG Erkelenz-Hückelhoven	GER	492223	<b>47.98</b>	+0,89

50+

1.	Katharina Schlipp	AZL	NED	197301004	<b>39.98</b>	+0,77
2.	Mirjan den Drijver	Westland Swimming Stars	NED	197500884	<b>40.57</b>	+0,75
3.	Yvette Ratering	CWW	NED	197200990	<b>41.71</b>	+0,69
4.	Rebecca Irvine-Pronk	De Otters Het Gooi	NED	197500982	<b>41.94</b>	+0,83
5.	Laura de Pazos Ortega	SSF Bonn	GER	444685	<b>42.08</b>	+0,76
6.	Krista de Reus-Trompetter	DZ&PC	NED	197600520	<b>42.36</b>	+0,88
7.	Alma Knecht-Bessebinders	De Spatters	NED	197601064	<b>46.24</b>	+0,74
8.	Nicolette Zuidema	SWOL 1894	NED	197500978	<b>52.29</b>	+0,82
9.	Judith Sibbers	PSV	NED	197301030	<b>53.22</b>	+0,78



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 35, Dames, 50m schoolslag

55+

1.	Trudy Ketting	PSV	NED	197000268	<b>39.91</b>	+0,69
2.	Jeanne Petit	PSV	NED	197001020	<b>41.41</b>	+0,73
3.	Annette Wijnja-Visser	De Biesboschzweimmers	NED	196700528	<b>41.43</b>	+0,75
4.	Annette Korving-Leijenaar	Aqualero	NED	196700662	<b>44.97</b>	+0,66
5.	Caroline Kruger	Albion	NED	196800928	<b>46.17</b>	+0,79
6.	Roselinda van der Vlugt	De Geul	NED	196700710	<b>57.13</b>	+0,83
7.	Monique Berentse	Batavia Swim	NED	196901066	<b>1:01.75</b>	+0,92

60+

1.	Yoka de Vegt-van Dijk	ENC Arnhem	NED	196200420	<b>45.22</b>	+0,77
2.	Wilna Heijman	Steenwijk 1934	NED	196400506	<b>49.61</b>	+0,82
3.	K. van Nassau-van den Heuvel	Old Dutch	NED	196600188	<b>50.17</b>	+0,88
4.	Ania Bultena-Rusek	TriVia	NED	196600764	<b>55.09</b>	+0,77
5.	Erica Muller	De Geul	NED	196400412	<b>55.70</b>	+0,79
6.	Cora Smulders	ENC Arnhem	NED	196600668	<b>57.55</b>	+0,77
7.	Marleen Robbers	ENC Arnhem	NED	196600666	<b>1:06.89</b>	+1,04
AFGEM	Marjan Remmits-de Lange	ZPC Amersfoort	NED	196300518		

65+

1.	Marijke Kraak-Beckers	SWOL 1894	NED	196000240	<b>46.78</b>	+0,78
2.	Jannie Sloot	DZ&PC	NED	195900312	<b>47.84</b>	+0,89
3.	Linda Wibbelink	Steenwijk 1934	NED	195900158	<b>48.64</b>	+0,65
4.	Lia Bijkerk	GZC Donk	NED	196000014	<b>50.59</b>	+0,94
5.	Marion Kolkman-Pluim	ENC Arnhem	NED	196000330	<b>51.61</b>	+0,84
6.	Ria Peters-Veurman	ENC Arnhem	NED	195800242	<b>57.73</b>	+0,87
7.	Karien Musters	Old Dutch	NED	195800236	<b>1:14.13</b>	+0,93

70+

1.	Geerdien Meerwaldt	De Geul	NED	195200058	<b>1:02.79</b>	+0,85
2.	Ida de Rooij	Albion	NED	195300080	<b>1:07.97</b>	+0,78

75+

1.	Gonnie Bak	PSV	NED	195100064	<b>1:01.82</b>	+1,01
AFGEM	Bea Swijnenberg	SWOL 1894	NED	194900010		

80+

1.	Corrie Verhoeven <i>Nederlands Masters Record</i>	PSV	NED	194600026	<b>52.77</b>	+0,92
2.	Annet Verhoeven - Steggerda	De Duinkickers	NED	194600024	<b>59.92</b>	

85+

1.	Marie Smits	Old Dutch	NED	193800004	<b>1:17.37</b>	+1,28
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90+

1.	Lottie Geurts <i>Nederlands Masters Record</i>	PSV	NED	193500006	<b>1:37.17</b>	+1,23
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Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 36  
3-5-2026 - 14:08

Heren, 100m rugslag

Masters Open  
Resultaten

rang naam	vereniging			tijd	RT	PARA	50m	100m
<b>20+</b>								
1. Mees Niemeijer	DZ&PC	NED	200201275	<b>1:04.54</b>	+0,61		30.73	1:04.54
2. Louis Kappler	Zwemlust- den Hommel	NED	200205067	<b>1:05.16</b>	+0,77		31.33	1:05.16
3. Mika Bongers	ENC Arnhem	NED	200502683	<b>1:09.31</b>	+0,69		33.37	1:09.31
4. Daan Schra	MZ&PC De Reest	NED	200203271	<b>1:09.69</b>	+0,71		32.90	1:09.69
5. Mika Heskamp	De Dinkel	NED	200300339	<b>1:10.34</b>	+0,71		34.23	1:10.34
6. Rik Stahlie	TriVia	NED	200201915	<b>1:11.79</b>	+0,70		35.14	1:11.79
7. Tim Seising	VZC	NED	200500107	<b>1:15.65</b>	+0,66		36.55	1:15.65
8. Marco van der Wulp	MSV-Zeemacht	NED	200302051	<b>1:16.36</b>	+0,76		36.48	1:16.36
9. Kevin Vermeulen	Bubble	NED	200203849	<b>1:22.60</b>	+0,72		39.40	1:22.60
<b>25+</b>								
1. Arjan Dekker	Bubble	NED	200000499	<b>1:03.18</b>	+0,63		30.83	1:03.18
2. Jasper Breugem	WVZ	NED	200000303	<b>1:04.31</b>	+0,71		31.36	1:04.31
3. Richard Kuipers	HZ&PC Heerenveen	NED	199704171	<b>1:06.07</b>	+0,68		31.91	1:06.07
4. Doran Paap	ZV Westland	NED	200000301	<b>1:06.98</b>	+0,63		31.77	1:06.98
5. David Kievit	De Schotejil	NED	199900325	<b>1:07.04</b>	+0,84		32.50	1:07.04
6. Ian Terlouw	ZPC Woerden	NED	200002345	<b>1:07.23</b>	+0,69		32.24	1:07.23
7. Robin van Beek	ZVL - 1886	NED	199704023	<b>1:07.83</b>	+0,60		32.30	1:07.83
8. Jelle Blankestijn	ZPC Amersfoort	NED	199803737	<b>1:08.38</b>	+0,67		32.83	1:08.38
9. Auke Jan Ytsma	Orca	NED	199900905	<b>1:09.09</b>	+0,69		33.63	1:09.09
10. Ruben Zwartbol	ZPC Woerden	NED	200102651	<b>1:10.90</b>	+0,61		34.56	1:10.90
11. Jordy van Oel	WVZ	NED	199802003	<b>1:11.66</b>	+0,65		35.06	1:11.66
12. Tim van Grunsven	De Treffers	NED	199804535	<b>1:12.08</b>	+0,68		34.48	1:12.08
13. Teun van Rooij	VZ&PC Nautilus	NED	199904387	<b>1:14.45</b>	+0,60		36.10	1:14.45
14. Erik Baalbergen	ZVL - 1886	NED	199805775	<b>1:14.64</b>	+0,91		36.37	1:14.64
15. Boaz Troost	ZOB'66	NED	200100371	<b>1:21.24</b>	+0,63		39.65	1:21.24
NG Ivo Stolk	Albion	NED	200100615					
<b>30+</b>								
1. Melvin Prins	Albion	NED	199500201	<b>1:01.86</b>	+0,61		29.63	1:01.86
<i>Nederlands Masters Record</i>								
2. Bas Dries	Zwemvereniging Hoogland	NED	199505177	<b>1:03.27</b>	+0,56		30.25	1:03.27
3. David Koers	Aqua-Novio '94	NED	199501229	<b>1:06.13</b>	+0,69		31.74	1:06.13
4. Mike Schel	ENC Arnhem	NED	199403279	<b>1:07.42</b>	+0,69		32.61	1:07.42
5. Pieter Ytsma	ZV Zaltbommel	NED	199501809	<b>1:08.13</b>	+0,65		32.46	1:08.13
6. Ian van Mullem	ZOB'66	NED	199602545	<b>1:12.64</b>	+0,62		34.46	1:12.64
7. Patrick Brouwer	AZC	NED	199303715	<b>1:15.53</b>	+0,69		36.59	1:15.53
<b>35+</b>								
1. Jos de Graaf	PSV	NED	199106095	<b>1:03.60</b>	+0,74		30.69	1:03.60
2. Jeroen Matthijssen	AZC	NED	199103751	<b>1:07.31</b>	+0,70		32.39	1:07.31
3. Olaf Achterberg	VZC	NED	199000011	<b>1:09.45</b>	+0,71		33.86	1:09.45
4. Johan Krakou	De Rijn	NED	199101311	<b>1:15.22</b>	+0,80		35.35	1:15.22
5. Mitchell van Uiter	De Geul	NED	199004067	<b>1:16.71</b>	+0,69		37.54	1:16.71
<b>40+</b>								
1. Robert Braad	Steenwijk 1934	NED	198600407	<b>1:06.16</b>	+0,70		31.66	1:06.16
2. Rick Driezen	Steenwijk 1934	NED	198600713	<b>1:11.42</b>	+0,90		35.65	1:11.42
3. Rob van Vliet	ZPC Amersfoort	NED	198402459	<b>1:13.73</b>	+0,80		36.03	1:13.73



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 36, Heren, 100m rugslag

45+

1. Ruud Holswilder	ZPCH	NED	197800435	<b>1:06.40</b>	+0,67	32.34	1:06.40
2. Dennis Brouwers	HZPC	NED	197800167	<b>1:06.48</b>	+0,78	32.90	1:06.48
3. Mark Hensen	NieMo Barracuda	NED	197900497	<b>1:09.15</b>	+0,73	33.58	1:09.15
4. Oliver Grundmann	SG Essen	GER	501511	<b>1:09.97</b>	+0,75	33.86	1:09.97
5. Heijmen van Vliet	De Geul	NED	198001637	<b>1:10.56</b>	+0,68	34.37	1:10.56
6. Paul Oudendijk	DAW	NED	198101287	<b>1:11.36</b>	+0,81	34.91	1:11.36
7. Robert Istrate	Zwemsport Parkstad	NED	198002555	<b>1:12.16</b>	+0,72	34.85	1:12.16
8. Marcel Reefhuis	WS Twente	NED	198101381	<b>1:12.84</b>	+0,57	35.92	1:12.84
9. Markus van Rest	WVZ	NED	197701197	<b>1:16.52</b>	+0,80	37.50	1:16.52
10. Arjen Koop	ENC Arnhem	NED	197900697	<b>1:20.86</b>	+0,71	38.77	1:20.86
11. Pieter Broek	Westland Swimming Stars	NED	197701637	<b>1:21.43</b>	+0,60	40.54	1:21.43
12. Stefan Witwerts	KSN (SG)	NED	197902159	<b>1:34.19</b>	+0,82	46.06	1:34.19

50+

1. Jeroen Temme	TriVia	NED	197201703	<b>1:21.83</b>	+0,80	39.99	1:21.83
2. Peter de Vries	HZ&PC Heerenveen	NED	197401601	<b>1:23.68</b>	+0,83	42.20	1:23.68
3. Jeroen Hoeksel	ZV Vlaardingen-Schiedam	NED	197401533	<b>1:40.57</b>	+0,93	48.71	1:40.57
NG Jasper van Heijst	ZPCH	NED	197601699				

55+

1. Chester Marsman	ZPC Amersfoort	NED	196900671	<b>1:09.38</b>	+0,84	33.97	1:09.38
2. Jan-Willem van den Berg	WVZ	NED	196801575	<b>1:12.61</b>	+0,79	34.54	1:12.61
3. Guido Keutgen	Steenwijk 1934	NED	196801551	<b>1:12.79</b>	+0,79	34.65	1:12.79
4. Arjan Bellaart	Oceanus	NED	196900079	<b>1:12.88</b>	+0,75	35.03	1:12.88
5. Marcel Vroegindewei	Poseidon'56	NED	196801709	<b>1:14.97</b>	+0,78	36.62	1:14.97
6. René Beetsma	HZ&PC Heerenveen	NED	196900069	<b>1:18.31</b>	+0,83	38.43	1:18.31
7. Henri Verschoor	Old Dutch	NED	197001041	<b>1:21.56</b>	+0,84	39.22	1:21.56
8. Mathieu Rikken	De Duinkickers	NED	196701777	<b>1:22.15</b>	+0,71	39.85	1:22.15
9. Nico Swart	De Biesboschzwemmers	NED	196801475	<b>1:22.26</b>	+0,80	39.48	1:22.26
10. Korstiaan de Boer	Steenwijk 1934	NED	197101629	<b>1:25.12</b>	+0,77	42.43	1:25.12
11. Marcel Brittijn	De Duinkickers	NED	196900159	<b>1:39.83</b>	+0,75	46.41	1:39.83

60+

1. Jan Gert Notenbomer	ZCNF'34	NED	196600557	<b>1:10.91</b>	+0,71	34.57	1:10.91
<i>Nederlands Masters Record</i>							
2. Javier Nogues	SSF Bonn	GER	361124	<b>1:11.62</b>	+0,74	35.26	1:11.62
3. Johan Remmits	ZPC Amersfoort	NED	196201159	<b>1:13.53</b>	+0,75	36.56	1:13.53
4. Peter Bernsen	ZPC De Rog	NED	196301119	<b>1:13.60</b>	+0,70	36.14	1:13.60
5. Edwin van Norden	ZPC Amersfoort	NED	196300563	<b>1:14.84</b>	+0,96	36.80	1:14.84
6. Hugues Herman	Cercle De Natation Sportcity VBELwe	CNSW/014976/66		<b>1:16.74</b>	+0,71	36.88	1:16.74
7. Ron Korzelius	ZPC Amersfoort	NED	196500513	<b>1:20.86</b>	+0,69	39.94	1:20.86
8. Ralf Dillig	Duisburger ST	GER	060769	<b>1:21.46</b>	+0,69	39.56	1:21.46
9. Erik Saan	De Duck	NED	196500769	<b>1:27.75</b>	+0,92	42.27	1:27.75
10. Casper Dollekamp	Steenwijk 1934	NED	196301341	<b>1:33.14</b>	+0,73	43.98	1:33.14
11. Jack Barends	WS Twente	NED	196201011	<b>1:38.99</b>	+0,79	49.00	1:38.99

65+

1. Marten de Groot	HZ&PC Heerenveen	NED	195800149	<b>1:23.85</b>	+0,74	40.50	1:23.85
2. Wim de Lange	AZC	NED	195800533	<b>1:34.69</b>	+0,77	47.60	1:34.69

70+

1. Ruud Ruiter	WS Twente	NED	195300169	<b>1:29.18</b>	+0,82	44.88	1:29.18
2. Ron van der Zande	AZC	NED	195500307	<b>1:33.47</b>	+0,88	45.82	1:33.47
3. Rob Berkhof	SWOL 1894	NED	195200245	<b>1:48.42</b>	+1,07	53.83	1:48.42





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 36, Heren, 100m rugslag

75+

1. Piet Schop	De Bevelanders	NED	195000109	<b>1:47.12</b>	+0,82	50.73	1:47.12
2. Jos Kamps	Zwemvereniging Hoogland	NED	195100085	<b>1:57.17</b>	+0,71	56.01	1:57.17
3. Mans Buis	SWOL 1894	NED	194700133	<b>2:07.62</b>	+0,80	1:01.56	2:07.62

80+

1. Nico Baay	Old Dutch	NED	194200053	<b>2:05.64</b>	+1,02	58.59	2:05.64
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Programmanr. 37  
3-5-2026 - 14:30

Dames, 100m rugslag

Masters Open  
Resultaten

rang naam vereniging tijd RT PARA 50m 100m

20+

1. Sara Korthuis	DZ&PC	NED	200600494	<b>1:04.64</b>	+0,69	31.60	1:04.64
<i>Nederlands Masters Record</i>							
2. Maaïke Issard	DZ&PC	NED	200300022	<b>1:09.41</b>	+0,80	33.62	1:09.41
3. Nienke Bakker	TriVia	NED	200501178	<b>1:09.94</b>	+0,70	33.64	1:09.94
4. Jelsie van Ruijven	ZVL - 1886	NED	200500282	<b>1:10.25</b>	+0,68	34.23	1:10.25
5. Myrthe Natzijl	DZ&PC	NED	200400076	<b>1:11.19</b>	+0,73	34.49	1:11.19
6. Lyke Buscop	De Schotelij	NED	200500552	<b>1:13.10</b>	+0,65	34.91	1:13.10
7. Olena Dijkstra	Orca	NED	200202624	<b>1:13.91</b>	+0,70	36.02	1:13.91
8. Iris Lok	WS Twente	NED	200301094	<b>1:14.49</b>	+0,61	36.25	1:14.49
9. Inge Dekker	HZ&PC Heerenveen	NED	200200476	<b>1:16.01</b>	+0,77	36.18	1:16.01
10. Feline Slijkhuis	SG Octopus - ZVV	NED	200501042	<b>1:16.57</b>	+0,92	37.98	1:16.57
11. Joline Koop	Aqua'68	NED	200403174	<b>1:17.19</b>	+0,83	36.97	1:17.19
12. Pien Ooijman	WS Twente	NED	200504500	<b>1:18.32</b>	+0,83	38.61	1:18.32
13. Birgit Hage	PSV	NED	200602898	<b>1:18.38</b>	+0,73	38.31	1:18.38
14. Laura Noord	De Wellerobben	NED	200202568	<b>1:19.73</b>	+0,79	38.27	1:19.73
15. Noa de Bock	De Duck	NED	200300318	<b>1:19.78</b>	+0,66	38.49	1:19.78
16. Ilse Wild	SG Octopus - ZVV	NED	200401812	<b>1:20.20</b>	+0,70	38.13	1:20.20
17. Sabine Uytdewilligen	ENC Arnhem	NED	200502654	<b>1:21.82</b>	+0,68	39.43	1:21.82
18. Liselotte Schaap	HZ&PC Heerenveen	NED	200603016	<b>1:22.25</b>	+0,55	39.19	1:22.25
19. Chantal Pennings	VZ&PC Nautilus	NED	200403420	<b>1:23.45</b>	+0,78	40.85	1:23.45
20. Jessica Dekkinga	Steenwijk 1934	NED	200600180	<b>1:24.75</b>	+0,82	40.95	1:24.75
21. Lois Hofman	SG Octopus - ZVV	NED	200602040	<b>1:25.75</b>	+0,78	42.35	1:25.75
22. Daphne van Rees	SG Octopus - ZVV	NED	200301766	<b>1:27.24</b>	+0,78	42.43	1:27.24
23. Ghislaine Lisitano	VZV Njord	NED	200500082	<b>1:27.79</b>	+0,68	42.87	1:27.79
24. Ilse Stut	De Otters Het Gooi	NED	200206236	<b>1:29.41</b>	+0,68	44.13	1:29.41
25. Tove Kienhuis	Aqua'68	NED	200203486	<b>1:31.40</b>	+0,69	45.28	1:31.40

25+

1. Merel Phaff	Nuenen	NED	200100434	<b>1:06.87</b>	+0,64	32.49	1:06.87
2. Laura van Sabben	PSV	NED	199804332	<b>1:15.27</b>	+0,76	35.26	1:15.27
3. Lauren van IJl	WVZ	NED	200001064	<b>1:15.43</b>	+0,68	36.36	1:15.43
4. Selina Janssen	Neptunus'58	NED	199905974	<b>1:17.55</b>	+0,68	37.52	1:17.55
5. Maartje Slop	De Otters Het Gooi	NED	200106036	<b>1:18.21</b>	+0,86	37.59	1:18.21
6. Rosalie Baarda	Orca	NED	199903460	<b>1:18.46</b>	+0,67	37.58	1:18.46
7. Mirelle de Kort	VZ&PC Nautilus	NED	200005546	<b>1:18.50</b>	+0,83	37.95	1:18.50
8. Iris Bastiaansen	De Amstel	NED	199902006	<b>1:19.43</b>	+0,71	38.41	1:19.43
9. Marleen Hof	WS Twente	NED	199802464	<b>1:19.71</b>	+0,81	38.04	1:19.71
10. Amber Bellaart	Oceanus	NED	200101260	<b>1:20.89</b>	+0,67	39.35	1:20.89
11. Berinda van Dijk	Blue Marlins	NED	200104186	<b>1:21.24</b>	+0,68	39.07	1:21.24
12. Anouk van der Lans	Westland Swimming Stars	NED	199801614	<b>1:23.10</b>	+0,73	40.02	1:23.10
13. Marouscha de Vries	DAW	NED	199906628	<b>1:26.49</b>	+0,63	42.60	1:26.49
14. Esmée Rolloos	NieMo Barracuda	NED	199800056	<b>1:28.19</b>	+0,76	41.82	1:28.19
15. Judith Kleinjan	De Duck	NED	199802710	<b>1:28.96</b>	+0,72	43.24	1:28.96
16. Mirna Wolters	De Plons	NED	199802046	<b>1:30.44</b>	+0,69	43.85	1:30.44
AFGEM Marre Zandringa	DZ&PC	NED	199701136				





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 37, Dames, 100m rugslag

30+

1. Melissa van der Heijden	NieMo Barracuda	NED	199605226	<b>1:13.70</b>	+0,67	36.14	1:13.70
2. J. van Omme - van Veen	Zwemvereniging Hoogland	NED	199603192	<b>1:13.77</b>	+0,80	35.71	1:13.77
3. Anne-Irene Ducheine	Zwemvereniging Hoogland	NED	199506824	<b>1:14.20</b>	+0,53	35.93	1:14.20
4. Marcella van der Ent	De Duck	NED	199600174	<b>1:16.06</b>	+0,71	36.28	1:16.06
5. Aniek Garritsen	De IJsselmeeuwen	NED	199504290	<b>1:16.44</b>	+0,74	37.27	1:16.44
6. Lotte Eising	ZPC Amersfoort	NED	199502098	<b>1:22.53</b>	+0,65	40.29	1:22.53
7. Alma Janssen	Zegenwerp	NED	199401078	<b>1:23.24</b>	+0,82	41.50	1:23.24
8. Getrude Corporaal	Steenwijk 1934	NED	199200380	<b>1:23.91</b>	+0,77	40.21	1:23.91
9. Mariska Gach	ZVL - 1886	NED	199501760	<b>1:24.36</b>	+0,83	41.28	1:24.36
10. Janneke van de Poele	De Duck	NED	199301128	<b>1:25.36</b>	+0,72	41.78	1:25.36
11. Hilma Buiten	MZ&PC De Reest	NED	199407522	<b>1:29.87</b>	+0,90	43.44	1:29.87
12. Cynthia van Veen	BZ en PC	NED	199606736	<b>1:33.29</b>	+0,71	43.89	1:33.29
13. Chantal Wind-Hemme	De Plons	NED	199501292	<b>1:49.57</b>	+0,88	52.79	1:49.57

35+

1. Jacyntha Plat	Steenwijk 1934	NED	199002956	<b>1:15.50</b>	+0,66	36.56	1:15.50
2. Dyonne Bruggeling	DZ&PC	NED	199104880	<b>1:18.26</b>	+0,68	37.78	1:18.26
3. Ilse van den Wijngaard	ZPC Woerden	NED	198904736	<b>1:19.02</b>	+0,81	37.69	1:19.02
4. Esther Kwebeman	TriVia	NED	199106374	<b>1:21.75</b>	+0,97	39.41	1:21.75
Gerbranda Beijgaard	De Granaet	NED	199008448	<b>1:21.75</b>	+0,75	39.57	1:21.75
6. Marieke Weering	De Plons	NED	198704550	<b>1:32.30</b>	+0,84	44.79	1:32.30

40+

1. Evita van de Ketterij	De Treffers	NED	198504284	<b>1:18.17</b>	+0,77	38.03	1:18.17
2. Anna Maria Rijkens	WSV St.Johann in Tirol	AUT	48298	<b>1:18.98</b>	+0,62	37.84	1:18.98
3. Ann Wanter	Zwemclub Geel	BEL	ZGEEEL/21082/82	<b>1:19.24</b>	+0,78	39.20	1:19.24
4. Hanneke Heymen	WS Twente	NED	198400968	<b>1:22.62</b>	+0,71	40.32	1:22.62
5. Angela Giezen	ZPC Amersfoort	NED	198302796	<b>1:23.29</b>	+0,76	41.80	1:23.29
6. Sandra Schellekens	Neptunus'58	NED	198503416	<b>1:28.52</b>	+0,77	42.69	1:28.52
7. Suzanne Mol	Aqualero	NED	198202408	<b>1:29.28</b>	+0,70	44.49	1:29.28

45+

1. Janneke Harmsen-Bakker	PSV	NED	197700938	<b>1:13.65</b>	+0,64	35.69	1:13.65
<i>Nederlands Masters Record</i>							
2. Iris de Boer - Oosterhof	MZ&PC De Reest	NED	197701152	<b>1:21.00</b>	+0,83	39.33	1:21.00
3. Tonia Ruybroek	Poseidon'56	NED	198101290	<b>1:22.90</b>	+0,77	39.92	1:22.90
4. Anne Besseling-de Jong	De Geul	NED	198102084	<b>1:25.94</b>	+0,81	43.25	1:25.94
5. Leonie Scholten	Steenwijk 1934	NED	197901560	<b>1:27.43</b>	+1,05	41.89	1:27.43
6. Clementine van Bruxvoort	Albion	NED	197700138	<b>1:46.21</b>	+1,05	51.22	1:46.21
AFGEM Hoda Elridi	PSV	NED	198102382				

50+

1. Mirjan den Drijver	Westland Swimming Stars	NED	197500884	<b>1:20.65</b>	+0,79	39.12	1:20.65
2. Edith Janssen-Koolen	TRB-RES	NED	197300898	<b>1:21.58</b>	+0,85	38.60	1:21.58
3. Catherine Hooegeven	DZ&PC	NED	197501048	<b>1:21.81</b>	+0,99	39.49	1:21.81
4. Esmeralda Stokman	ZPCH	NED	197600940	<b>1:31.40</b>	+0,76	44.87	1:31.40
5. A. Knegt-Besseminders	De Spatters	NED	197601064	<b>1:37.95</b>	+0,79	46.30	1:37.95
6. Judith Sijbers	PSV	NED	197301030	<b>2:01.59</b>	+0,81	58.46	2:01.59

55+

1. Esther ten Kate	Avéna	NED	197100310	<b>1:20.50</b>	+0,74	38.63	1:20.50
2. Lidia van Bon-Rosenbrand	ZPC Amersfoort	NED	197000054	<b>1:23.44</b>	+0,77	39.77	1:23.44
3. Annette Wijnja-Visser	De Biesboschwemmers	NED	196700528	<b>1:29.55</b>	+0,92	43.29	1:29.55
4. Bianca Groot	MSV-Zeemacht	NED	197000652	<b>1:34.37</b>	+0,98	45.11	1:34.37
5. Nathasja Konijn	GZC Donk	NED	197100992	<b>1:39.15</b>	+0,81	47.90	1:39.15
6. Annette van Dok	MSV-Zeemacht	NED	196800742	<b>1:51.50</b>	+1,31	52.74	1:51.50





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 37, Dames, 100m rugslag, 55+

rang naam	vereniging			tijd	RT	PARA	50m	100m
DIS Daniëlle Schipper - van Est	ZOB'66	NED	197001078		+0,74			
<i>RD - Rugligging verlaten en stuwbewegingen met armen en/of benen gemaakt zonder het keerpunt in te zetten.</i>								

60+

1. M. Post-Goedemoed	De Otters Het Gooi	NED	196400632	<b>1:32.25</b>	+0,70		44.81	1:32.25
2. Erica Muller	De Geul	NED	196400412	<b>1:56.11</b>	+0,82		57.30	1:56.11

65+

1. K. van der Star-Verhoeven	ENC Arnhem	NED	196100382	<b>1:36.38</b>	+0,84		45.83	1:36.38
2. Jennie Resink-lindeboom	DWK	NED	196000142	<b>1:44.61</b>	+1,19		50.46	1:44.61
3. Gea Kuiper	ZCNF'34	NED	196100104	<b>1:57.06</b>	+0,79		56.48	1:57.06
4. Ria Peters-Veurman	ENC Arnhem	NED	195800242	<b>2:08.23</b>	*+0,87		1:02.88	2:08.23

70+

1. Margriet Pasma	TriVia	NED	195500088	<b>1:39.78</b>	+0,84		48.52	1:39.78
2. Geerdien Meerwaldt	De Geul	NED	195200058	<b>2:16.17</b>	+0,92		1:06.48	2:16.17

75+

1. Gonnie Bak	PSV	NED	195100064	<b>2:21.50</b>	+0,85		1:13.55	2:21.50
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80+

1. Loekie van Huissteden	ZPC Amersfoort	NED	194500002	<b>2:34.66</b>	+0,81		1:12.67	2:34.66
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Programmanr. 38  
3-5-2026 - 15:11

Heren, 50m vrije slag

Masters Open  
Resultaten

rang	naam	vereniging			tijd	RT	PARA
20+							
1.	Brandon van den Berg <i>Nederlands Masters Record</i>	Albion	NED	200200669	<b>23.01</b>	+0,72	
2.	Scott Jansen	WVZ	NED	200202455	<b>24.06</b>	+0,70	
3.	Mees Minneboo	MSV-Zeemacht	NED	200203465	<b>25.56</b>	+0,70	
4.	Dago Hofmeijer	WS Twente	NED	200600121	<b>25.69</b>	+0,79	
5.	Daan Schra	MZ&PC De Reest	NED	200203271	<b>25.73</b>	+0,80	
6.	Ruben Trompetter Marijn Snel	DZ&PC IJsselmeer	NED	200500997 200400001	<b>26.16</b>	+0,77	
8.	Louis Kappler	Zwemlust- den Hommel	NED	200205067	<b>26.17</b>	+0,74	
9.	Daan Hoogendoorn	ZPC Woerden	NED	200500113	<b>26.31</b>	+0,65	
10.	Owen Michels	De Amstel	NED	200402293	<b>26.35</b>	+0,67	
11.	Sytze van Stein	ZVL - 1886	NED	200501155	<b>26.52</b>	+0,68	
12.	Sayyid Brown	Blue Marlins	NED	200305037	<b>26.57</b>	+0,66	
13.	Jort Vizeé	De Duck	NED	200201779	<b>26.58</b>	+0,60	
14.	Daniel Helling	Aqua'68	NED	200500641	<b>26.92</b>	+0,73	
15.	Finn Ooijman	WS Twente	NED	200603161	<b>27.02</b>	+0,66	
16.	Mika Heskamp	De Dinkel	NED	200300339	<b>27.56</b>	+0,71	
17.	Rik Stahlie	TriVia	NED	200201915	<b>28.65</b>	+0,72	
18.	Kevin Vermeulen	Bubble	NED	200203849	<b>29.21</b>	+0,75	
	Marco van der Wulp	MSV-Zeemacht	NED	200302051	<b>29.21</b>	+0,74	
20.	Thomas Verschoor	De Biesboschzwemmers	NED	200600903	<b>29.24</b>	+0,73	
21.	Lars Haytink	WS Twente	NED	200601815	<b>29.28</b>	+0,72	
22.	Yarnick Visscher	De Valken	NED	200601157	<b>29.32</b>	+0,70	
23.	Dennis van der Bok	De Schotejil	NED	200504015	<b>30.00</b>	+0,66	
24.	Lanco Manaf	Het Ravijn	NED	200402715	<b>30.01</b>	+0,68	



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 38, Heren, 50m vrije slag, 20+

rang	naam	vereniging			tijd	RT	PARA
25.	Bjorn Van Noort	De Valken	NED	200604441	<b>30.75</b>	+0,80	
26.	Michael Verschoor	De Biesboschzwemmers	NED	200600901	<b>31.06</b>	+0,71	
<b>25+</b>							
1.	Jelle Betten	DZ&PC	NED	200001535	<b>24.07</b>	+0,69	
2.	Nino van Krimpen	ZOB'66	NED	200004611	<b>24.91</b>	+0,62	
3.	Ryan van den Ouden	Poseidon'56	NED	199900377	<b>25.59</b>	+0,77	
4.	Robin de Jong	SG Bolsward-Workum	NED	200101165	<b>25.78</b>	+0,65	
5.	Auke Jan Ytsma	Orca	NED	199900905	<b>25.90</b>	+0,75	
6.	Joey Papaioannou	Aqua-Novio '94	NED	199802269	<b>25.93</b>	+0,73	
7.	Jelle Blankestijn	ZPC Amersfoort	NED	199803737	<b>26.24</b>	+0,70	
8.	Kaelan Betrian	ENC Arnhem	NED	199905335	<b>26.28</b>	+0,59	
9.	Ian Terlouw	ZPC Woerden	NED	200002345	<b>26.31</b>	+0,67	
10.	Fayssal Lantema	Zwemlust- den Hommel	NED	200101379	<b>26.38</b>	+0,71	
11.	Hendrik Jilderda	Wetterwille	NED	200100673	<b>26.45</b>	+0,73	
12.	Milan de Roo	ZPC Woerden	NED	200102215	<b>26.55</b>	+0,61	
13.	Jordi de Nijs	MSV-Zeemacht	NED	199801851	<b>26.78</b>	+0,67	
14.	Remco Dijkstra	HZ&PC Heerenveen	NED	200100789	<b>26.79</b>	+0,70	
15.	Jelle Opmeer	ZPC Amersfoort	NED	200100269	<b>26.85</b>	+0,67	
16.	Tim van Grunsven	De Treffers	NED	199804535	<b>26.93</b>	+0,75	
17.	Tim de Zoete	Zwemvereniging Hoogland	NED	199701875	<b>26.99</b>	+0,71	
18.	Robin van Beek	ZVL - 1886	NED	199704023	<b>27.08</b>	+0,74	
19.	Julian Mes	ZOB'66	NED	200103755	<b>27.13</b>	+0,74	
20.	Daan Siebenheller	Blue Marlins	NED	199804955	<b>27.32</b>	+0,71	
	Dries Cavelaars	ZPC Amersfoort	NED	199804597	<b>27.32</b>	+0,67	
22.	Marc Hoogeveen	DZ&PC	NED	200101585	<b>27.65</b>	+0,74	
23.	Sjoerd Boogert	De Rijn	NED	199903153	<b>27.78</b>	+0,74	
24.	Ruben Zwartbol	ZPC Woerden	NED	200102651	<b>28.05</b>	+0,65	
25.	Patrick Wyrdeeman	Westland Swimming Stars	NED	199702475	<b>28.13</b>	+0,67	
26.	Rob van Wier	HZ&PC Heerenveen	NED	199900697	<b>28.27</b>	+0,77	
27.	Laurens Spoelstra	WS Twente	NED	199901273	<b>28.30</b>	+0,82	
28.	Tenzin Tieman	Old Dutch	NED	200005549	<b>28.37</b>	+0,77	
29.	Milan Adriaenssens	De Vrije Slag	NED	199705783	<b>28.38</b>	+0,76	
30.	Teun van Rooij	VZ&PC Nautilus	NED	199904387	<b>28.72</b>	+0,67	
31.	Auke Sijperda	AZC	NED	199905115	<b>28.83</b>	+0,64	
32.	Pascal de Jong	De Wellerobben	NED	199700415	<b>28.89</b>	+0,77	
33.	Wiebe Auke Postma	PWC	NED	199702657	<b>28.94</b>	+0,71	
34.	Boaz Troost	ZOB'66	NED	200100371	<b>28.95</b>	+0,72	
35.	Rens Meijberg	De Valken	NED	200004155	<b>29.12</b>	+0,72	
36.	Rick Haanschoten	De Rijn	NED	200100291	<b>29.27</b>	+0,69	
37.	Erik Cooman	De Duinkickers	NED	199705121	<b>29.53</b>	+0,77	
38.	Ids de Klerk	NieMo Barracuda	NED	199803237	<b>30.02</b>	+0,86	
39.	Ardy Zwanenburg	AZC	NED	199902061	<b>30.21</b>	+0,72	
40.	Nick Mens	Cercle De Natation Sportcity WolBEL	CNSW/014471/00		<b>31.19</b>	+0,75	
41.	Henk Bremmer	Blue Marlins	NED	200005909	<b>31.30</b>	+0,71	
AFGEM	Matthijs van Meerendonk	DZ&PC	NED	199900375			
NG	Ivo Stolk	Albion	NED	200100615			

**30+**

1.	Felix Geenen	DAW	NED	199501085	<b>23.83</b>	+0,75	
2.	Bas Dries	Zwemvereniging Hoogland	NED	199505177	<b>24.13</b>	+0,63	
3.	Steven Uijl	Aqua-Novio '94	NED	199304075	<b>25.63</b>	+0,68	
4.	Bouke van der Zaag	PWC	NED	199602255	<b>26.31</b>	+1,51	
5.	Erik Nijholt	DZ&PC	NED	199401349	<b>26.38</b>	+0,74	
6.	David Koers	Aqua-Novio '94	NED	199501229	<b>26.44</b>	+0,73	
7.	Sam Beer	Poseidon'56	NED	199605521	<b>26.64</b>	+0,70	
8.	Stefan Petersen	Blue Marlins	NED	199403067	<b>26.83</b>	+0,71	
9.	Pieter Ytsma	ZV Zaltbommel	NED	199501809	<b>26.84</b>	+0,74	
10.	Tim van der Star	ENC Arnhem	NED	199605125	<b>27.01</b>	+0,76	
11.	Ian van Mullen	ZOB'66	NED	199602545	<b>27.25</b>	+0,70	
12.	Sander Riezebos	WS Twente	NED	199400467	<b>27.36</b>	+0,70	
13.	Martijn Bartels	ZPC Amersfoort	NED	199603493	<b>27.65</b>	+0,70	
14.	Sergei Lebedev	Zwemvereniging Hoogland	NED	199406811	<b>28.00</b>	+0,71	



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 38, Heren, 50m vrije slag, 30+

rang	naam	vereniging		tijd	RT	PARA
15.	Dirk van der Eems	Orca	NED 199501565	<b>28.27</b>	+0,72	
16.	Robin van Beusekom	NieMo Barracuda	NED 199205841	<b>28.70</b>	+0,76	
17.	Remco Visser	ZPC Woerden	NED 199503185	<b>29.17</b>	+0,70	
18.	Jaime Santiago Patterson	ZVL - 1886	NED 199406797	<b>29.27</b>	+0,68	
19.	Patrick Brouwer	AZC	NED 199303715	<b>29.57</b>	+0,68	
20.	Cars Wiegmann	WS Twente	NED 199401025	<b>29.89</b>	+0,70	
21.	Patrick Wobben	Steenwijk 1934	NED 199300559	<b>33.35</b>	+0,81	

35+

1.	Olaf Achterberg	VZC	NED 199000011	<b>25.79</b>	+0,79	
2.	Bas Braun	ZPC Amersfoort	NED 199106545	<b>25.86</b>	+0,76	
3.	Jos de Graaf	PSV	NED 199106095	<b>26.30</b>	+0,72	
4.	Willem-Jan van der Vegte	DZ&PC	NED 198703459	<b>26.84</b>	+0,75	
5.	Sherif Badawy	DAW	NED 198907047	<b>26.85</b>	+0,71	
6.	Koen Woestenborghs	Nuenen	NED 198806193	<b>27.10</b>	+0,75	
7.	Johan Krakou	De Rijn	NED 199101311	<b>27.79</b>	+0,87	
8.	Arjen Schram	De Vikings	NED 198805103	<b>28.69</b>	+0,73	
9.	Dirk Zeelte	CWW	NED 199105911	<b>29.61</b>	+0,81	
10.	Teodor Bogdanov	Zeester Meerval	NED 198907039	<b>30.03</b>	+0,74	
11.	Richard Camacho Saravia	Albion	NED 199107919	<b>31.16</b>	+0,77	
12.	Rick van Nieuwenhuizen	De Rijn	NED 199002097	<b>32.91</b>	+0,78	

40+

1.	Robert Braad	Steenwijk 1934	NED 198600407	<b>27.03</b>	+0,72	
2.	Ignacio García Rodríguez	ACZ	NED 198504015	<b>27.11</b>	+0,65	
3.	Rick Driezen	Steenwijk 1934	NED 198600713	<b>27.76</b>	+0,81	
4.	Jordi Jolink	ENC Arnhem	NED 198601455	<b>27.83</b>	+0,75	
5.	Werner van Wyk	De Treffers	NED 198303191	<b>28.66</b>	+0,85	
6.	Rob van Vliet	ZPC Amersfoort	NED 198402459	<b>28.68</b>	+0,80	
7.	Thomas Dol	Zeester Meerval	NED 198200357	<b>31.95</b>	+0,88	

45+

1.	Jeroen Zelsmann	ZPC Amersfoort	NED 197701551	<b>26.00</b>	+0,74	
2.	Casper Hut	HZ&PC Heerenveen	NED 197800471	<b>26.17</b>	+0,69	
3.	Ruud Holswilder	ZPCH	NED 197800435	<b>26.28</b>	+0,71	
4.	Erwin Buist	ZPC Amersfoort	NED 197800183	<b>26.54</b>	+0,72	
5.	Rik Regtering	ENC Arnhem	NED 197900999	<b>27.40</b>	+0,75	
6.	Vincent Versteeg	Zwemlust- den Hommel	NED 197701003	<b>28.17</b>	+0,74	
7.	Pieter Broek	Westland Swimming Stars	NED 197701637	<b>28.61</b>	+0,75	
8.	Arjen Koop	ENC Arnhem	NED 197900697	<b>28.81</b>	+0,74	
	Robert Istrate	Zwemsport Parkstad	NED 198002555	<b>28.81</b>	+0,75	
10.	Heijmen van Vliet	De Geul	NED 198001637	<b>28.92</b>	+0,68	
	Mark Zwart	Zwemlust- den Hommel	NED 197901461	<b>28.92</b>	+0,88	
12.	William Kruithof	Het Ravijn	NED 198000857	<b>29.09</b>	+1,29	
13.	Berry van Holland	TriVia	NED 198000603	<b>29.54</b>	+0,79	
14.	Markus van Rest	WVZ	NED 197701197	<b>29.59</b>	+0,81	
15.	Wim van Steen	DZ&PC	NED 197701133	<b>29.66</b>	+0,84	
16.	Rubert Boer	Aqualero	NED 197902011	<b>30.23</b>	+0,83	
17.	Tom Bandsma	PSV	NED 197701625	<b>32.24</b>	+1,03	
18.	Paul Rutten	ENC Arnhem	NED 198001293	<b>33.91</b>	+0,76	
19.	Stefan Witwerts	KSN (SG)	NED 197902159	<b>36.92</b>	+0,92	
20.	Pieter van der Zwan	DZ&PC	NED 198002599	<b>47.99</b>	+0,94	





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 38, Heren, 50m vrije slag

50+

1.	Sagar Jaivant	WVZ	NED	197401615	<b>28.30</b>	+0,86
2.	Peter de Vries	HZ&PC Heerenveen	NED	197401601	<b>29.01</b>	+0,72
3.	Jeroen Temme	TriVia	NED	197201703	<b>30.35</b>	+0,79
4.	Bas Kremers	TRB-RES	NED	197201611	<b>31.59</b>	+0,77
5.	Michael Go	AZC	NED	197501397	<b>32.95</b>	+0,67
DIS	Peter Meijer	DZ&PC	NED	197300613		+0,34
<i>AA - De start ingezet voor het startsignaal (en wel gezwommen).</i>						
NG	Jasper van Heijst	ZPCH	NED	197601699		

55+

1.	Chester Marsman	ZPC Amersfoort	NED	196900671	<b>27.00</b>	+0,72
2.	Arjan Verheij	ZPC De Rog	NED	197101617	<b>27.83</b>	+0,70
3.	Richard Ricksen	Hellas-Glana	NED	197000841	<b>28.39</b>	+0,82
4.	Marcel Vroegindewei	Poseidon'56	NED	196801709	<b>28.61</b>	+0,79
5.	Arjan Bellaart	Oceanus	NED	196900079	<b>28.73</b>	+0,69
6.	Olivier van Heezik	PSV	NED	197101763	<b>28.91</b>	+0,75
7.	Glen Le Clercq	ZPC De Rog	NED	196800177	<b>28.92</b>	+0,80
8.	Johan Dijkstra	Bonaireaanse Aquatics Club BarAHOdaxXXX			<b>29.69</b>	+0,72
9.	Henri Verschoor	Old Dutch	NED	197001041	<b>29.73</b>	+0,89
10.	Guido Keutgen	Steenwijk 1934	NED	196801551	<b>29.82</b>	+0,80
11.	Marcel Brittijn	De Duinkickers	NED	196900159	<b>31.64</b>	+0,61
12.	Erik Zoethout	Aqualero	NED	196901157	<b>32.83</b>	+0,90
13.	Peter Musschenga	Gay Swim Amsterdam	NED	196901347	<b>32.89</b>	+0,78
14.	Leon Slingerland	WVZ	NED	196801707	<b>33.02</b>	+0,87
15.	Rob van de Ven	Neptunus'58	NED	197101695	<b>33.39</b>	+0,74
16.	Alberto Randazzo	DES	NED	197101757	<b>33.65</b>	+0,82
17.	Jordey Wijnbergen	GZC Donk	NED	196901897	<b>34.97</b>	+0,79
18.	Gertjan van der Vaart	ZV Vlaardingen-Schiedam	NED	196801529	<b>35.08</b>	+0,80

60+

1.	Peter Bernsen	ZPC De Rog	NED	196301119	<b>28.14</b>	+0,68
2.	Hugues Herman	Cercle De Natation Sportcity WolBEL	BEL	CNSW/014976/66	<b>28.96</b>	+0,67
3.	Gert Sikkema	Zignea	NED	196300687	<b>30.06</b>	+0,75
	Teus Krijgsman	ACZ	NED	196600431	<b>30.06</b>	+0,80
5.	Darius Ziembra	SGS Münster	GER	493708	<b>30.12</b>	+0,81
6.	Rob Spetter	ZPC De Rog	NED	196201239	<b>30.26</b>	+0,66
7.	Kees-Jan van Overbeeke	WWV Winterswijk	NED	196200489	<b>30.55</b>	+0,86
8.	André Jovet	Swimming Luxembourg	LUX	13225	<b>30.59</b>	+0,80
<i>Luxembourg Masters Record</i>						
9.	Erik Saan	De Duck	NED	196500769	<b>30.60</b>	+1,05
10.	Jeroen Wilmer	Enkhuizer Zwem Vereniging	NED	196601711	<b>30.96</b>	+0,90
11.	Theo Bakker	TriVia	NED	196401231	<b>31.27</b>	+0,70
12.	Paul Wijnja	De Biesboschzwemmers	NED	196301403	<b>31.53</b>	+0,79
13.	Henri Michels	De Amstel	NED	196501587	<b>31.63</b>	+0,83
14.	Willem Jan Ribberink	GZC Donk	NED	196501327	<b>34.35</b>	+0,91
15.	Pierre de Groot	GZC Donk	NED	196401431	<b>36.38</b>	+0,87
DIS	Robert de Brauwer	De Duinkickers	NED	196401383		+0,63
<i>AA - De start ingezet voor het startsignaal (en wel gezwommen).</i>						

65+

1.	Harrie Oude Weernink	WS Twente	NED	196001037	<b>32.62</b>	+0,92
2.	Peter Coffeng	GZC Donk	NED	195700063	<b>35.78</b>	+0,89
3.	Wiebren Dijkstra	HZ&PC Heerenveen	NED	195800745	<b>36.83</b>	+0,85
4.	Ronald Pijtak	ZPC Amersfoort	NED	196100475	<b>36.92</b>	+0,85





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 38, Heren, 50m vrije slag

70+

1.	Philippe Morelle <i>Belgian Masters Record</i>	Cercle De Natation Sportcity WolBEL	CNSW/008015/56	<b>31.20</b>	+0,90
2.	Ruud Ruiten	WS Twente	NED 195300169	<b>32.90</b>	+0,91
3.	Rob Berkhof	SWOL 1894	NED 195200245	<b>41.33</b>	+1,11

75+

1.	Harry Dokter <i>Nederlands Masters Record</i>	SWOL 1894	NED 195100037	<b>32.17</b>	+0,81
2.	Piet Schop	De Bevelanders	NED 195000109	<b>36.88</b>	+0,59
3.	Jos Kamps	Zwemvereniging Hoogland	NED 195100085	<b>37.62</b>	+0,90
4.	Wout Hemmes	De Plons	NED 194800059	<b>37.69</b>	+0,91

80+

1.	Willem Putter	ZV Vlaardingen-Schiedam	NED 194500135	<b>38.97</b>	+1,06
2.	Geza Kaltenecker	AZC	NED 194200065	<b>42.44</b>	+0,85

Programmanr. 39  
3-5-2026 - 15:33

Dames, 50m vrije slag

Masters Open  
Resultaten

rang	naam	vereniging		tijd	RT	PARA
<b>20+</b>						
1.	Sara Korthuis	DZ&PC	NED 200600494	<b>27.03</b>	+0,74	
2.	Marit Huisman	WVZ	NED 200502620	<b>27.36</b>	+0,68	
3.	Olena Dijkstra	Orca	NED 200202624	<b>28.31</b>	+0,70	
4.	Leonie van Wier	HZ&PC Heerenveen	NED 200200436	<b>28.85</b>	+0,68	
5.	Esmée van Peer	TriVia	NED 200201114	<b>28.87</b>	+0,74	
6.	Lianne van Wier	HZ&PC Heerenveen	NED 200200438	<b>29.04</b>	+0,66	
7.	Lyke Buscop	De Schotejil	NED 200500552	<b>29.11</b>	+0,70	
8.	Lotte van Gessel	Team Noord Holland (SG)	NED 200300900	<b>29.16</b>	+0,77	
9.	Xoë Stuut	Aqua'68	NED 200400754	<b>29.45</b>	+0,75	
10.	Evelien Husselman	MZ&PC De Reest	NED 200501324	<b>29.51</b>	+0,73	
11.	Kim de Jong	Westland Swimming Stars	NED 200401522	<b>29.71</b>	+1,11	
	Fardau Dijkers	Wetterwille	NED 200501722	<b>29.71</b>	+0,76	
13.	Feline Slijkhuis	SG Octopus - ZVV	NED 200501042	<b>30.04</b>	+0,85	
14.	Faustine Mussig	De Geul	NED 200202080	<b>30.08</b>	+0,68	
15.	Daphne van Tilburg	De Geul	NED 200500580	<b>30.38</b>	+0,77	
16.	Noa de Bock	De Duck	NED 200300318	<b>30.47</b>	+0,70	
17.	Amé Hulleman	G.S.Z.V. De Golfbreker	NED 200202794	<b>30.58</b>	+0,74	
18.	Sydney Celie	IJsselmeer	NED 200406054	<b>30.60</b>	+0,65	
19.	Ilse Wild	SG Octopus - ZVV	NED 200401812	<b>30.67</b>	+0,72	
	Inge Dekker	HZ&PC Heerenveen	NED 200200476	<b>30.67</b>	+0,74	
21.	Kyra Kootstra	PWC	NED 200501834	<b>30.69</b>	+0,67	
22.	Laura 't Lam	De Geul	NED 200603376	<b>30.93</b>	+0,74	
23.	Rose Lether	ENC Arnhem	NED 200403330	<b>31.01</b>	+0,69	
24.	Sharon Oldenkamp	De Valken	NED 200600276	<b>31.08</b>	+0,70	
25.	Eline Groen	MZ&PC De Reest	NED 200204680	<b>31.20</b>	+0,80	
26.	Imke Boontjes	Aqua'68	NED 200600386	<b>31.27</b>	+0,81	
27.	Esther Tiemersma	PSV	NED 200202962	<b>31.35</b>	+0,70	
28.	Pien Ooijman	WS Twente	NED 200504500	<b>31.38</b>	+0,93	
29.	Kyra Wesemann	MSV-Zeemacht	NED 200201440	<b>31.42</b>	+0,75	
30.	Fieke Hoogduin	ZVL - 1886	NED 200600836	<b>31.43</b>	+0,73	
31.	Iris Lok	WS Twente	NED 200301094	<b>31.47</b>	+0,62	
32.	Margreet Bosch	PWC	NED 200400470	<b>31.54</b>	+0,83	
33.	Liselotte Schaap	HZ&PC Heerenveen	NED 200603016	<b>31.84</b>	+0,65	
34.	Daphne van Rees	SG Octopus - ZVV	NED 200301766	<b>32.13</b>	+0,75	
35.	Manon van der Wielen	HZPC	NED 200200550	<b>32.23</b>	+0,77	
36.	Inge Kiers	Deltasteur	NED 200505222	<b>32.35</b>	+0,79	



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 39, Dames, 50m vrije slag, 20+

rang	naam	vereniging			tijd	RT	PARA
37.	Ilse Stut	De Otters Het Gooi	NED	200206236	<b>32.38</b>	+0,74	
38.	Claire Bosch	De Dinkel	NED	200401480	<b>32.48</b>	+0,75	
39.	Sharlene Both	AZC	NED	200602780	<b>32.50</b>	+0,72	
40.	Chaira Scholte	De Inktvis	NED	200304478	<b>32.54</b>	+0,81	
41.	Ghislaine Lisitano	VZV Njord	NED	200500082	<b>32.74</b>	+0,73	
42.	Ilse Kramer	TriVia	NED	200403072	<b>32.95</b>	+0,75	
43.	Renske Driessen	PWC	NED	200405636	<b>34.03</b>	+0,79	
44.	Marit van Krimpen	ZOB'66	NED	200403506	<b>34.16</b>	+0,82	
45.	Tove Kienhuis	Aqua'68	NED	200203486	<b>34.32</b>	+0,76	
46.	Chantal Pennings	VZ&PC Nautilus	NED	200403420	<b>34.63</b>	+0,76	
47.	Lisanne Broersma	PWC	NED	200500320	<b>34.95</b>	+0,98	
48.	Marit Gerritsen	WS Twente	NED	200200664	<b>36.54</b>	+0,57	
49.	Kimberly Kootstra	De Valken	NED	200600060	<b>37.07</b>	+0,76	
50.	Daria-Anamaria C lug ru	G.S.Z.V. De Golfbreker	NED	200305852	<b>41.21</b>	+0,78	

25+

1.	Babette van der Kaaij	Blue Marlins	NED	199902234	<b>26.99</b>	+0,67	
2.	Myrthe Bakker	MSV-Zeemacht	NED	200000804	<b>27.40</b>	+0,66	
3.	Britt Cornelissens	Hellas-Glana	NED	200000632	<b>27.67</b>	+0,67	
4.	Marre Zandringa	DZ&PC	NED	199701136	<b>27.77</b>	+0,69	
5.	Manon Kloosterman	Zwemlust- den Hommel	NED	199702082	<b>28.33</b>	+0,69	
6.	Kim van Gemert	Poseidon'56	NED	200101968	<b>28.44</b>	+0,72	
7.	Merel Phaff	Nuenen	NED	200100434	<b>28.67</b>	+0,70	
8.	Laura van Sabben	PSV	NED	199804332	<b>28.77</b>	+0,66	
9.	Silke Molendijk	ZVL - 1886	NED	200100178	<b>28.93</b>	+0,63	
10.	Alisha Vieira	Blue Marlins	NED	199904554	<b>29.04</b>	+0,67	
11.	Robin Pienaar	NieMo Barracuda	NED	200102236	<b>29.17</b>	+0,75	
12.	Selina Janssen	Neptunus'58	NED	199905974	<b>29.95</b>	+0,70	
13.	Marijke Drent	Bubble	NED	199906232	<b>30.00</b>	+0,83	
14.	Carolien Baarda	De Inktvis	NED	199704060	<b>30.18</b>	+0,72	
15.	Maartje Slop	De Otters Het Gooi	NED	200106036	<b>30.22</b>	+0,70	
16.	Mirelle de Kort	VZ&PC Nautilus	NED	200005546	<b>30.68</b>	+0,76	
17.	Rianne Bresser	Poseidon'56	NED	199900690	<b>30.94</b>	+0,76	
18.	Marleen Hof	WS Twente	NED	199802464	<b>30.96</b>	+0,81	
19.	Lonneke Graansma	ZVL - 1886	NED	199900936	<b>31.62</b>	+0,75	
20.	Tamara van den Brink	NieMo Barracuda	NED	199804182	<b>31.89</b>	+0,72	
21.	Iris Bastiaansen	De Amstel	NED	199902006	<b>32.14</b>	+0,73	
22.	Marielle van der Vaart	ZV Vlaardingen-Schiedam	NED	200000994	<b>32.15</b>	+0,72	
23.	Amber Bellaart	Oceanus	NED	200101260	<b>32.23</b>	+0,74	
24.	Berinda van Dijk	Blue Marlins	NED	200104186	<b>32.26</b>	+0,77	
25.	Marouscha de Vries	DAW	NED	199906628	<b>32.48</b>	+0,68	
26.	Daphne Dols	ZPC Woerden	NED	199904622	<b>32.51</b>	+0,73	
27.	Lisanne Seising	VZC	NED	200002084	<b>32.65</b>	+0,75	
28.	Judith Kleinjan	De Duck	NED	199802710	<b>33.09</b>	+0,85	
29.	Anouk van der Lans	Westland Swimming Stars	NED	199801614	<b>33.11</b>	+0,72	
30.	Sarissa Bakker	Blue Marlins	NED	199903918	<b>33.26</b>	+1,01	
31.	Chantal van der Vaart	ZV Vlaardingen-Schiedam	NED	199802266	<b>33.40</b>	+0,81	
32.	Mandy Swart	ZPC Amersfoort	NED	199904916	<b>33.52</b>	+0,82	
33.	Romy Jalving	HZ&PC Heerenveen	NED	200000616	<b>33.53</b>	+0,70	
34.	Mirna Wolters	De Plons	NED	199802046	<b>33.79</b>	+0,76	
35.	Esmée Rolloos	NieMo Barracuda	NED	199800056	<b>33.98</b>	+0,86	
36.	Ellen Jager	PWC	NED	199801384	<b>34.50</b>	+0,81	
37.	Rebecca de Klein	DZ&PC	NED	200002812	<b>35.62</b>	+0,77	
NG	Kelly de Jonge	Poseidon'56	NED	199701210			





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 39, Dames, 50m vrije slag

30+

1.	Tamara Grove	De Dolfijn	NED	199601266	<b>27.80</b>	+0,69
2.	Marcella van der Ent	De Duck	NED	199600174	<b>28.67</b>	+0,72
3.	Marcha Admiraal	De Geul	NED	199300012	<b>28.69</b>	+0,73
4.	Karin Rijkelijkhuisen	DZ&PC	NED	199403358	<b>29.12</b>	+0,68
5.	Lisa Klatten	ZPC Amersfoort	NED	199203628	<b>29.19</b>	+0,75
6.	Melissa van der Heijden	NieMo Barracuda	NED	199605226	<b>29.63</b>	+0,71
7.	Annemiek Meulenbeld	Orca	NED	199506230	<b>30.30</b>	+0,70
8.	Larissa Jansen	PSV	NED	199500660	<b>30.85</b>	+0,75
9.	Astrid Wibbelink	Steenwijk 1934	NED	199600006	<b>30.98</b>	+0,76
10.	Marijke Kommers	NieMo Barracuda	NED	199305334	<b>32.65</b>	+0,78
11.	Hilma Buiten	MZ&PC De Reest	NED	199407522	<b>34.84</b>	+0,82
12.	Winnie de Vries	De Wellerobben	NED	199606766	<b>36.02</b>	+0,85
13.	Welmoed van Dijk	ZPC Isis	NED	199606918	<b>47.64</b>	+0,70

35+

1.	Natasja Snijders	Aqua-Novio '94	NED	199107966	<b>28.81</b>	+0,74
2.	Cristina Rodriguez Bouzo	De Treffers	NED	198806948	<b>29.73</b>	+0,71
3.	Ilse Kraaijeveld	Orca	NED	199002110	<b>29.83</b>	+0,76
4.	Monique van Huizen	AZC	NED	198706236	<b>30.68</b>	+0,74
5.	Kimberly Whittington	VZC	NED	198704616	<b>31.24</b>	+0,78
6.	Relinda Baas	TriVia	NED	198900144	<b>31.25</b>	+0,75
7.	Ilse van den Wijngaard	ZPC Woerden	NED	198904736	<b>32.39</b>	+0,79
8.	Suzan Blankestijn	ZVL - 1886	NED	198900350	<b>33.43</b>	+0,75
9.	Sabine Vink	De Biesboschzwemmers	NED	198704340	<b>33.69</b>	+0,88
10.	Danila van den Hoogenband	Nuenen	NED	199001558	<b>34.22</b>	+0,79
11.	Esther Boerdam-Delfos	AZC	NED	198705256	<b>34.96</b>	+0,72
12.	Rene Kleinveld	GZC Donk	NED	199001966	<b>35.70</b>	+0,73
13.	Jacoline van den Beukel	NieMo Barracuda	NED	199100238	<b>35.72</b>	+0,81
14.	Marieke Weering	De Plons	NED	198704550	<b>36.86</b>	+0,78

40+

1.	Anneloes Peulen	Nuenen	NED	198502314	<b>27.48</b>	+0,65
2.	Anna Maria Rijkens	WSV St.Johann in Tirol	AUT	48298	<b>29.36</b>	+0,73
	<i>Austrian Masters Record</i>					
3.	Danielle Reijnders	AquAmigos	NED	198504234	<b>29.59</b>	+0,66
4.	Evita van de Ketterij	De Treffers	NED	198504284	<b>30.40</b>	+0,70
5.	Marije Jansen	ZPC Amersfoort	NED	198504088	<b>30.60</b>	+0,69
6.	Ann Wanter	Zwemclub Geel	BEL	ZGEEL/21082/82	<b>30.84</b>	+0,78
7.	Nicole Kuiper	ZCNF'34	NED	198401444	<b>32.63</b>	+0,90
8.	Sandra Schellekens	Neptunus'58	NED	198503416	<b>32.76</b>	+0,80
9.	Renate Louwes-Kuiper	ZCNF'34	NED	198602156	<b>33.12</b>	+0,76
10.	Suzanne Mol	Aqualero	NED	198202408	<b>36.61</b>	+0,93

45+

1.	Delia Badoux	WVZ	NED	198000042	<b>28.42</b>	+0,74
2.	Anke Lamboij	AZL	NED	198001182	<b>28.85</b>	+0,77
3.	Janneke Harmsen-Bakker	PSV	NED	197700938	<b>29.03</b>	+0,80
4.	Anne-Marie Verschoor-Vos	Old Dutch	NED	198102300	<b>30.51</b>	+0,81
5.	Marijn Post	ENC Arnhem	NED	198101194	<b>32.08</b>	+0,78
6.	Mireille Nijhuis	SWOL 1894	NED	198102368	<b>32.31</b>	+0,75
7.	Dana Wagner	Schwimmverein Gera	GER	206636	<b>32.56</b>	+0,71
8.	Iris de Boer - Oosterhof	MZ&PC De Reest	NED	197701152	<b>33.16</b>	+0,76
9.	Anne Besseling-de Jong	De Geul	NED	198102084	<b>33.69</b>	+0,81
10.	Sandra Bos-Kuiper	TriVia	NED	198101812	<b>34.26</b>	+0,77
11.	Inge Roskam	De Duinkickers	NED	197801296	<b>35.19</b>	+0,78
12.	Greetje Vos	Aqualero	NED	197901594	<b>35.24</b>	+0,79
13.	Sandra Van der Helm	ZPC De Rog	NED	197801340	<b>36.77</b>	+0,85
14.	Tanja Lenz	Uerdinger Schwimmverein 08	GER	451703	<b>37.03</b>	+0,71
15.	Leonie Scholten	Steenwijk 1934	NED	197901560	<b>37.68</b>	+0,75
16.	Saskia op den Velde	De Duinkickers	NED	197901530	<b>37.73</b>	+0,93





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 39, Dames, 50m vrije slag, 45+

rang	naam	vereniging			tijd	RT	PARA
17.	Clementine van Bruxvoort	Albion	NED	197700138	<b>40.88</b>	+0,82	
<b>50+</b>							
1.	Edith Janssen-Koolen	TRB-RES	NED	197300898	<b>31.06</b>	+0,74	
2.	Yvette Ratering	CWW	NED	197200990	<b>31.23</b>	+0,87	
3.	Krista de Reus-Trompetter	DZ&PC	NED	197600520	<b>31.43</b>	+0,83	
4.	Rebecca Irvine-Pronk	De Otters Het Gooi	NED	197500982	<b>33.76</b>	+0,81	
5.	Laura de Pazos Ortega	SSF Bonn	GER	444685	<b>33.78</b>	+0,81	
6.	Marian Nederlof	De Geul	NED	197600950	<b>33.98</b>	+0,86	
7.	Esmeralda Stokman	ZPCH	NED	197600940	<b>35.05</b>	+0,63	
8.	Marleen Schuurung	ENC Arnhem	NED	197601164	<b>39.16</b>	+0,73	
9.	Nicolette Zuidema	SWOL 1894	NED	197500978	<b>41.13</b>	+0,76	
10.	Martine Stahlie-Bos	TriVia	NED	197401054	<b>41.36</b>	+0,84	
<b>55+</b>							
1.	Carol Hollemans	ACZ	NED	196900252	<b>30.12</b>	+0,69	
2.	Lesley Cordial	ZPC Amersfoort	NED	196700684	<b>30.24</b>	+0,74	
3.	Susan Fraser	Free Style SC	GBR	63571	<b>31.37</b>	+0,76	
4.	Jeanne Petit	PSV	NED	197001020	<b>31.41</b>	+0,77	
5.	Esther ten Kate	Avéna	NED	197100310	<b>31.88</b>	+0,81	
6.	Trudy Ketting	PSV	NED	197000268	<b>33.89</b>	+0,70	
7.	Helena Mels	ZV Vlaardingen-Schiedam	NED	196901036	<b>34.07</b>	+0,84	
8.	Marijke Campfens	De Geul	NED	196900960	<b>34.49</b>	+0,72	
9.	Karin Sagonas-Koolen	VZV Njord	NED	197000964	<b>35.53</b>	+0,84	
10.	Caroline Kruger	Albion	NED	196800928	<b>36.13</b>	+0,76	
11.	Daniëlle Schipper - van Est	ZOB'66	NED	197001078	<b>39.95</b>	+0,85	
12.	Nathasja Konijn	GZC Donk	NED	197100992	<b>40.91</b>	+0,85	
13.	Roselinda van der Vlugt	De Geul	NED	196700710	<b>42.15</b>	+0,81	
<b>60+</b>							
1.	Saskia Phaff	PSV	NED	196600242	<b>31.57</b>	+0,68	
2.	Margriet Post-Goedemoed	De Otters Het Gooi	NED	196400632	<b>35.74</b>	+0,87	
3.	Ania Bultena-Rusek	TriVia	NED	196600764	<b>36.24</b>	+0,76	
4.	Wilna Heijman	Steenwijk 1934	NED	196400506	<b>37.28</b>	+0,80	
5.	Christine Buist	De Duinkickers	NED	196400608	<b>39.41</b>	+0,97	
6.	Yoka de Vegt-van Dijk	ENC Arnhem	NED	196200420	<b>39.48</b>	+0,77	
7.	Inge Deutz	ZV Vlaardingen-Schiedam	NED	196600726	<b>42.03</b>	+0,82	
8.	Cora Smulders	ENC Arnhem	NED	196600668	<b>45.59</b>	+0,73	
9.	Marleen Robbers	ENC Arnhem	NED	196600666	<b>52.58</b>	+0,93	
AFGEM	Marjan Remmits-de Lange	ZPC Amersfoort	NED	196300518			
<b>65+</b>							
1.	Karin van der Star-Verhoeven	ENC Arnhem	NED	196100382	<b>35.59</b>	+0,81	
2.	Marijke Kraak-Beckers	SWOL 1894	NED	196000240	<b>35.65</b>	+0,73	
3.	Linda Wibbelink	Steenwijk 1934	NED	195900158	<b>36.69</b>	+0,69	
4.	Hannie Poletiek	TriVia	NED	195900278	<b>39.30</b>	+0,97	
5.	Jennie Resink-lindeboom	DWK	NED	196000142	<b>39.54</b>		
6.	Lia Bijkerk	GZC Donk	NED	196000014	<b>41.79</b>	+0,96	
7.	Marion Kolkman-Pluim	ENC Arnhem	NED	196000330	<b>42.34</b>	+0,81	
8.	Karien Musters	Old Dutch	NED	195800236	<b>56.12</b>		
<b>70+</b>							
1.	Atie Pijtak-Radersma <i>Europees Masters Record</i>	ZPC Amersfoort	NED	195600048	<b>32.16</b>	+0,70	
2.	Margriet Pasma	TriVia	NED	195500088	<b>38.34</b>	+0,89	
3.	Tiny Gram	De Dinkel	NED	195600138	<b>39.54</b>	+0,88	
4.	Ineke Brouwers	PSV	NED	195200070	<b>51.06</b>	+1,00	
5.	Ida de Rooij	Albion	NED	195300080	<b>58.99</b> *	+0,91	



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 39, Dames, 50m vrije slag

75+

1.	Christine Nieuwenhuis <i>Nederlands Masters Record</i>	SWOL 1894	NED	195100022	<b>35.03</b>	+0,74
AFGEM	Bea Swijnenberg	SWOL 1894	NED	194900010		

80+

1.	Corrie Verhoeven <i>Nederlands Masters Record</i>	PSV	NED	194600026	<b>39.77</b>	+0,96
2.	Annet Verhoeven - Steggerda	De Duinkickers	NED	194600024	<b>52.10</b>	+0,78
3.	Loekie van Huissteden	ZPC Amersfoort	NED	194500002	<b>59.15</b>	+1,15

85+

1.	Marie Smits	Old Dutch	NED	193800004	<b>56.43</b>	+1,12
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Programmanr. 40  
3-5-2026 - 15:58

Heren, 200m vlinderslag

Masters Open  
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m	
<b>20+</b>									
1.	Marijn Snel	IJsselmeer	NED 200400001	<b>2:33.38</b>	+0,75	31.64	1:10.09	1:51.98	2:33.38
2.	Arend Vlasma	ZCNF'34	NED 200403373	<b>2:37.63</b>	+0,80	32.11	1:12.40	1:54.48	2:37.63
3.	Roan Altena	PWC	NED 200303255	<b>2:44.87</b>	+0,78	32.10	1:13.27	1:58.11	2:44.87
<b>25+</b>									
1.	Darren Chen	ZPC Amersfoort	NED 200001149	<b>2:20.26</b>	+0,66	30.21	1:04.96	1:41.66	2:20.26
2.	Sander Kirilova	WVZ	NED 199800121	<b>2:23.95</b>	+0,65	28.66	1:04.18	1:43.73	2:23.95
3.	Jeroen Louwinger	De Rijn	NED 199900583	<b>2:32.26</b>	+0,75	34.79	1:13.78	1:52.98	2:32.26
4.	Daan Siebenheller	Blue Marlins	NED 199804955	<b>2:34.03</b>	+0,77	31.72	1:10.88	1:52.17	2:34.03
5.	Tenzin Tieman	Old Dutch	NED 200005549	<b>2:47.85</b>	+0,79	33.85	1:16.07	2:01.82	2:47.85
6.	Yannic Heereveld	De Treffers	NED 199805819	<b>3:20.56</b>	+0,74	38.82	1:24.99	2:17.89	3:20.56
<b>30+</b>									
1.	Sander Riezebos	WS Twente	NED 199400467	<b>2:38.94</b>	+0,71	32.93	1:12.55	1:55.31	2:38.94
2.	Colin Degenaaars	ZPCH	NED 199505951	<b>2:56.47</b>	+0,82	36.47	1:21.81	2:10.25	2:56.47
3.	Jordy van der Drift	ZVL - 1886	NED 199307345	<b>3:02.00</b>	+0,82	38.15	1:24.01	2:12.79	3:02.00
<b>35+</b>									
1.	Tim Bunnik	Triton	NED 199000505	<b>2:36.57</b>	+0,77	34.56	1:15.28	1:56.92	2:36.57
2.	Jeroen Matthijssen	AZC	NED 199103751	<b>2:37.00</b>	+0,67	32.09	1:10.90	1:52.14	2:37.00
3.	Patrick Creemers	SG Patrick - De Roersoppers	NED 199000579	<b>2:49.97</b>	+0,72	34.23	1:18.50	2:05.09	2:49.97
4.	R. van Nieuwenhuizen	De Rijn	NED 199002097	<b>3:27.55</b>	+0,80	41.90	1:34.57	2:30.33	3:27.55
<b>40+</b>									
1.	Filipp Muller	Arethusa	NED 198604633	<b>2:19.57</b>	+0,70	29.30	1:05.01	1:43.41	2:19.57
2.	Rob van Wanrooy	Albion	NED 198202627	<b>3:18.93</b>	+0,87	43.26	1:34.54	2:26.28	3:18.93





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 40, Heren, 200m vlinderslag

45+

1. Gergely Molnár	Iron Swim	HUN 66/752	<b>2:28.28</b>	+0,78	32.63	1:10.23	1:49.53	2:28.28
2. Dennis Dortland	NieMo Barracuda	NED 197800261	<b>2:49.06</b>	+0,87	35.36	1:17.79	2:03.11	2:49.06
3. Joris Haest	Old Dutch	NED 197900441	<b>2:50.67</b>	+0,75	35.29	1:18.29	2:05.06	2:50.67
4. Arjen Nieveen	DZ&PC	NED 198002545	<b>2:51.80</b>	+0,83	36.34	1:19.25	2:05.69	2:51.80
5. Harm Jan Otter	Het Ravijn	NED 198101283	<b>2:55.49</b>	+0,81	36.29	1:20.88	2:08.69	2:55.49
6. Benoit Gasner	DES	NED 198102645	<b>3:02.71</b>	+0,71	37.14	1:22.63	2:13.40	3:02.71
AFGEM Freddie Geerlings	Zwemsport Parkstad	NED 197900379						

50+

1. Kai Kremer	SG Erkelenz-Hückelhoven	GER 468899	<b>2:52.28</b>	+0,79	36.57	1:19.87	2:05.96	2:52.28
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55+

1. Antwan van Engen	CWW	NED 197101577	<b>2:37.76</b>	+0,82	33.64	1:12.77	1:54.31	2:37.76
2. Korstiaan de Boer	Steenwijk 1934	NED 197101629	<b>3:34.10</b>	+1,02	44.96	1:39.73	2:37.66	3:34.10

60+

1. Johan Remmits	ZPC Amersfoort	NED 196201159	<b>3:00.03</b>	+0,91	38.43	1:23.09	2:11.76	3:00.03
2. Eymert van Rooij	PSV	NED 196601631	<b>3:12.60</b>	+1,02	41.22	1:32.58	2:23.56	3:12.60

65+

1. Peter Molecz	SC Diana	AUT 019219	<b>3:25.27</b>	+0,99	43.46	1:36.98	2:32.42	3:25.27
2. Ronald Grove	Triton	NED 196100161	<b>3:33.60</b>	+0,88	43.57	1:37.36	2:35.40	3:33.60

70+

DIS Paul Bunnik	Triton	NED 195600413						
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AF - De aangegeven afstand niet uitgezwommen.

Programmanr. 41  
3-5-2026 - 16:13

Dames, 200m vlinderslag

Masters Open  
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m	
<b>20+</b>									
1. Roos de Jong	ZCNF'34	NED 200302948	<b>2:40.80</b>	+0,78	35.59	1:16.05	1:58.54	2:40.80	
2. Welmoed Doornbos	De IJsselmeeuwen	NED 200203352	<b>2:48.37</b>	+0,71	35.43	1:18.93	2:04.20	2:48.37	
3. Anouchka Bos	NieMo Barracuda	NED 200501528	<b>2:52.10</b>	+0,78	35.94	1:18.27	2:04.31	2:52.10	
4. Laura Noord	De Wellerobben	NED 200202568	<b>2:57.16</b>	+0,73	37.98	1:22.82	2:09.99	2:57.16	
5. Anoeska Romein	Team Noord Holland (SG)	NED 200401978	<b>3:03.60</b>	+0,92	39.95	1:27.21	2:17.00	3:03.60	
6. Jessica Braat	AZC	NED 200205684	<b>3:05.24</b>	+0,68	39.00	1:26.78	2:15.53	3:05.24	
7. AnneMarijn Damhoff	De Inktvis	NED 200501000	<b>3:05.75</b>	+0,82	37.39	1:23.11	2:12.28	3:05.75	
8. Evelien Husselman	MZ&PC De Reest	NED 200501324	<b>3:08.73</b>	+0,71	38.57	1:25.18	2:16.30	3:08.73	
9. Nina Bellaart	Oceanus	NED 200400756	<b>3:11.14</b>	+0,79	39.04	1:27.11	2:20.63	3:11.14	
10. Birgit Hage	PSV	NED 200602898	<b>3:12.93</b>	+0,75	38.95	1:27.30	2:20.92	3:12.93	
11. Sharon Oldenkamp	De Valken	NED 200600276	<b>3:30.11</b>	+0,70	44.11	1:38.41	2:33.94	3:30.11	
<b>25+</b>									
1. Romée Beverdam	WS Twente	NED 200100158	<b>3:00.57</b>	+0,87	37.93	1:23.60	2:11.97	3:00.57	
2. Isabelle Janssen	De Geul	NED 200006318	<b>3:29.90</b>	+0,81	44.27	1:37.78	2:34.39	3:29.90	
3. Dannique Koolen	ZPC Amersfoort	NED 199904048 S14	<b>3:41.20</b>	+0,86	299	45.80	1:42.44	2:41.51	3:41.20





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 41, Dames, 200m vlinderslag

30+

1. Katrin Diercks	SG Aumund - Vegesack	GER 197466	<b>2:49.12</b>	+0,70	35.78	1:18.02	2:02.26	2:49.12
2. Aniek Garritsen	De IJsselmeeuwen	NED 199504290	<b>2:57.74</b>	+0,72	35.41	1:20.35	2:09.53	2:57.74
3. Irmgard van Weeghel	ENC Arnhem	NED 199204834	<b>3:22.19</b>	+0,84	42.41	1:33.80	2:27.69	3:22.19
4. Marjan Rikken	SG Octopus - ZVV	NED 199206114	<b>3:33.34</b>	+0,83	44.44	1:37.73	2:35.29	3:33.34
5. Cynthia van Veen	BZ en PC	NED 199606736	<b>3:56.42</b>	+0,71	46.67	1:46.14	2:51.61	3:56.42

35+

1. D. van den Hoogenband	Nuenen	NED 199001558	<b>3:13.09</b>	+0,84	39.25	1:29.22	2:20.52	3:13.09
2. Janneke Wynia	WS Twente	NED 199005500	<b>4:29.33</b>	+1,02	54.13	1:58.45	3:12.49	4:29.33

40+

1. V. Háden-Felföldi	Iron Swim	HUN 66/3267	<b>2:35.82</b>	+0,80	34.99	1:15.44	1:56.22	2:35.82
2. Ramona Linting	AZC	NED 198301274	<b>3:13.08</b>	+0,76	38.31	1:27.15	2:19.59	3:13.08
3. Linda Hoogendam	WVZ	NED 198300892	<b>3:47.08</b>	+0,86	49.41	1:48.54	2:48.60	3:47.08
4. C. Mennenga-Wegman	Aqualero	NED 198503170	<b>4:06.70</b>	+0,94	52.15	1:55.53	3:01.25	4:06.70

DIS Marloes Rebel WS Twente NED 198403474  
*AF - De aangegeven afstand niet uitgezwommen.*

45+

1. Ute Kremer	SG Erkelenz-Hückelhoven	GER 492223	<b>3:36.25</b>	+0,94	45.72	1:40.23	2:37.81	3:36.25
2. Leontine Loeber	AZ&PC De Futen	NED 197701010	<b>3:49.41</b>	+0,97	47.78	1:47.05	2:47.50	3:49.41
3. Alice Sheu	AZ&PC De Futen	NED 197901660	<b>4:11.54</b>	+0,86	57.19	2:02.24	3:08.30	4:11.54

50+

1. Annett von Rekowski	Schwimmverein Gera	GER 097868	<b>2:53.53</b>	+0,78	38.51	1:23.65	2:08.69	2:53.53
2. Liselotte Joling	PSV	NED 197500268	<b>2:55.85</b>	+0,81	37.84	1:22.95	2:09.67	2:55.85

55+

1. L. van Bon-Rosenbrand	ZPC Amersfoort	NED 197000054	<b>2:49.56</b>	+0,88	36.81	1:18.77	2:02.27	2:49.56
2. Bianca Groot	MSV-Zeemacht	NED 197000652	<b>3:32.98</b>	+0,90	43.79	1:39.99	2:36.54	3:32.98
3. Annette van Dok	MSV-Zeemacht	NED 196800742	<b>4:19.67</b>	+1,14	56.34	2:01.49	3:09.56	4:19.67

60+

1. M. Grove-Lingeman	Triton	NED 196200080	<b>3:26.70</b>	+0,89	43.12	1:34.69	2:29.66	3:26.70
2. Anita Steijger	WVZ	NED 196500628	<b>3:45.08</b>	+0,90	49.93	1:47.26	2:46.82	3:45.08

65+

1. Petra Tossings	GZC Donk	NED 196100376	<b>3:29.31</b>	+0,92	43.71	1:38.55	2:34.87	3:29.31
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*Nederlands Masters Record*

75+

1. A. Gilding-Tussaud	WS Twente	NED 195000038	<b>6:00.90</b>		1:15.73	2:55.43	4:29.55	6:00.90
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Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 42  
3-5-2026 - 16:36

4 x 50m wisselslag

Masters Open  
Resultaten

rang	vereniging	tijd	RT	PARA
<b>Masters 80+, Dames</b>				
1.	ZVL - 1886 2 Jelsie van Ruijven Babet van Andel	ZVL - 1886 05 +0,64 32.37 03 +0,31 39.35	NED Fieke Hoogduin Silke Molendijk	<b>2:13.42</b> +0,64 06 +0,29 33.66 01 +0,22 28.04
2.	HZ&PC Heerenveen 3 Inge Dekker Leonie van Wier	HZ&PC Heerenveen 02 +0,76 33.91 02 39.24	NED Romy Jalving Liselotte Schaap	<b>2:18.97</b> +0,76 00 +0,46 34.65 06 31.17
3.	ENC Arnhem 1 Sabine Uytdewilligen Nienke Lammers	ENC Arnhem 05 +0,67 37.76 02 40.00	NED Luna Uytdewilligen Rose Lether	<b>2:20.33</b> +0,67 06 +0,47 32.17 04 30.40
4.	Aqua'68 1 Joline Koop Imke Boontjes	Aqua'68 04 +0,82 34.52 06 +0,51 41.52	NED Xoë Stuut Tove Kienhuis	<b>2:21.05</b> +0,82 04 +0,34 31.31 02 +0,35 33.70
5.	SG Octopus - ZVV 1 Feline Slijkhuis Lois Hofman	SG Octopus - ZVV 05 +0,96 36.24 06 +0,60 43.36	NED Ilse Wild Daphne van Rees	<b>2:24.37</b> +0,96 04 +0,39 32.50 03 +0,62 32.27
<b>100+, Dames</b>				
1.	NieMo Barracuda 1 Robin Pienaar Anouchka Bos	NieMo Barracuda 01 +0,66 36.28 05 +0,42 36.15	NED Melissa van der Heijden Marijke Kommers	<b>2:14.67</b> +0,66 96 +0,51 30.59 93 +0,25 31.65
2.	PSV 4 Birgit Hage Esther Tiemersma	PSV 06 +0,85 36.74 02 37.34	NED Fiona Meuffels Laura van Sabben	<b>2:14.78</b> +0,85 95 +0,36 32.52 98 +0,29 28.18
3.	TriVia 2 Nienke Bakker Ilse Kramer	TriVia 05 +0,70 32.04 04 41.92	NED Relinda Baas Esmée van Peer	<b>2:17.44</b> +0,70 89 +0,26 35.04 02 28.44
4.	De Inktvis 1 Chaira Scholte Carolien Baarda	De Inktvis 03 +0,87 38.90 97 +0,09 37.83	NED AnneMarijn Damhoff Ramona Hulshof	<b>2:21.63</b> +0,87 05 +0,29 33.44 85 +0,38 31.46
5.	De Duck 1 Judith Kleinjan Janneke van de Poele	De Duck 98 +0,74 41.53 93 41.53	NED Marcella van der Ent Noa de Bock	<b>2:24.17</b> +0,74 96 +0,55 31.20 03 29.91
<b>120+, Dames</b>				
1.	WVZ 1 <i>Nederlands Masters Record</i> Lauren van IJl Leonie van Noort	WVZ 00 +0,66 33.96 93 35.13	NED Marit Huisman Delia Badoux	<b>2:05.54</b> +0,66 05 +0,35 28.26 80 +0,73 28.19
2.	DZ&PC 3 Dyonne Bruggeling Linda Kuiper	DZ&PC 91 +0,66 36.43 88 +0,60 40.98	NED Karin Rijkelijhuizen Rebecca de Klein	<b>2:23.40</b> +0,66 94 +0,43 30.44 00 +0,44 35.55
3.	De Geul 1 Anne Besseling-de Jong Daphne van Tilburg	De Geul 81 +0,83 38.83 05 +0,55 41.53	NED Marian Nederlof Faustine Mussig	<b>2:26.74</b> +0,83 76 +0,48 37.16 02 +0,40 29.22
4.	MZ&PC De Reest 1 Iris de Boer - Oosterhof Eline Groen	MZ&PC De Reest 77 +0,85 37.54 02 41.93	NED Evelien Husselman Hiima Buiten	<b>2:27.48</b> +0,85 05 +0,20 34.04 94 33.97





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 42, 4 x 50m wisselslag

160+, Dames

1. ZPC Amersfoort 4	ZPC Amersfoort	NED	<b>2:18.76</b>	+0,67	
Lesley Cordial	67 +0,67	36.53	Marije Jansen	85 +0,32	31.63
Lidia van Bor-Rosenbrand	70 +0,28	41.74	Lisa Klatten	92 +0,40	28.86
2. De Otters Het Gooi 1	De Otters Het Gooi	NED	<b>2:30.23</b>	+0,68	
Margriet Post-Goedemoed	64 +0,68	43.13	Maartje Slop	01 +0,65	32.21
Rebecca Irvine-Pronk	75 +0,53	43.20	Ilse Stut	02 +0,30	31.69
3. MSV-Zeemacht 1	MSV-Zeemacht	NED	<b>2:36.13</b>	+1,12	
Annette van Dok	68 +1,12	53.10	Kyra Wesemann	02 +0,50	34.46
Myrthe Bakker	00 +0,53	35.04	Bianca Groot	70 +0,45	33.53
4. Aqualero 1	Aqualero	NED	<b>2:49.75</b>	+0,87	
Charlotte Mennenga-Wegman	85 +0,87	46.02	Suzanne Mol	82 +0,70	43.58
Annette Korving-Leijenaar	67 +0,25	44.35	Greetje Vos	79 +0,62	35.80

200+, Dames

1. PSV 2	PSV	NED	<b>2:18.06</b>	+0,69	
Janneke Harmsen-Bakker	77 +0,69	34.03	Jeanne Petit	70 +0,54	32.52
Trudy Ketting	70 +0,10	39.56	Saskia Phaff	66 +0,41	31.95
2. DZ&PC 4	DZ&PC	NED	<b>2:33.87</b>	+0,88	
Catherine Hoogeveen	75 +0,88	37.04	Krista de Reus-Trompetter	76 +0,45	35.56
Jannie Slaat	59 +0,77	47.34	Tessa Zwart-Plek	81	33.93
3. Steenwijk 1934 2	Steenwijk 1934	NED	<b>2:48.57</b>	+0,97	
Leonie Scholten	79 +0,97	40.02	Linda Wibbelink	59 +0,31	45.82
Wilna Heijman	64	49.81	Getrude Corporaal	92	32.92
4. De Duinkickers 2	De Duinkickers	NED	<b>3:05.88</b>	+0,73	
Christine Buist	64 +0,73	46.51	Inge Roskam	78 +0,61	40.06
Annet Verhoeven - Steggerda	46	1:01.05	Saskia op den Velde	79 +0,33	38.26

240+, Dames

1. ENC Arnhem 4	ENC Arnhem	NED	<b>2:59.49</b>	+0,91	
Karin van der Star-Verhoeven	61 +0,91	43.95	Yoka de Vegt-van Dijk	62 +0,62	45.82
Marleen Schuurung	76	46.93	Marion Kolkman-Pluim	60	42.79
2. De Geul 3	De Geul	NED	<b>3:22.60</b>	+0,80	
Erica Muller	64 +0,80	52.86	Marijke Campfens	69 +0,57	39.40
Geerdien Meerwaldt	52 +0,21	1:04.06	Roselinda van der Vlugt	67 +0,48	46.28

280+, Dames

NG PSV 1 PSV NED

Masters 80+, Heren

1. Albion 1	Albion	NED	<b>1:45.76</b>	+0,76	
<i>Nederlands Masters Record</i>					
Brandon van den Berg	02 +0,76	28.38	Rick Bulman	01 +0,34	25.84
Jason van den Berg	04 +0,21	27.19	Joost de Roij van Zuidewijn	00	24.35
2. ZPC Woerden 1	ZPC Woerden	NED	<b>1:57.46</b>	+0,62	
Ruben Zwartebol	01 +0,62	32.49	Milan de Roo	01 +0,21	27.84
Daan Hoogendoorn	05 +0,39	31.33	Ian Terlouw	00 +0,21	25.80
3. ZVL - 1886 1	ZVL - 1886	NED	<b>1:58.74</b>	+0,57	
Robin van Beek	97 +0,57	30.65	Sytze van Stein	05 +0,37	29.00
Robin van Muijen	02 +0,48	32.10	Thijs Huizer	05 +0,37	26.99



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 42, 4 x 50m wisselslag

100+, Heren

1. ENC Arnhem 3	ENC Arnhem	NED	<b>1:57.76</b>	+0,73
Tim van der Star	96 +0,73 31.81	Kaelan Betrian	99 +0,10 27.99	
Mika Bongers	05 30.65	Jordi Jolink	86 27.31	
2. ZOB'66 1	ZOB'66	NED	<b>2:02.09</b>	+0,58
Ian van Mullem	96 +0,58 32.79	Julian Mes	01 +0,40 28.19	
Boaz Troost	01 36.42	Nino van Krimpen	00 24.69	
3. De Rijn 1	De Rijn	NED	<b>2:05.07</b>	+0,67
Jeroen Louwinger	99 +0,67 33.63	Rick Haanschoten	01 +0,48 31.12	
Sjoerd Boogert	99 +0,35 34.33	Johan Krakou	91 +0,05 25.99	

120+, Heren

1. WVZ 2	WVZ	NED	<b>1:54.01</b>	+0,69
Jasper Breugem	00 +0,69 30.22	Sander Kirillova	98 +0,37 26.83	
Simon van Ravesteijn	80 +0,40 33.49	Scott Jansen	02 +0,30 23.47	
2. ENC Arnhem 2	ENC Arnhem	NED	<b>1:54.72</b>	+0,69
Mike Schel	94 +0,69 30.22	Tim de Vrugt	93 +0,16 28.01	
Sander de Vrugt	89 31.37	Peter Rothengatter	97 25.12	
3. Zwemlust- den Hommel 1	Zwemlust- den Hommel	NED	<b>1:59.57</b>	+0,74
Louis Kappler	02 +0,74 30.56	Fayssal Lanterna	01 +0,59 28.39	
Vincent Versteeg	77 +0,25 32.62	Mark Zwart	79 +0,42 28.00	
4. ZPC Amersfoort 5	ZPC Amersfoort	NED	<b>2:02.83</b>	+0,62
Jelle Blankestijn	98 +0,62 30.99	Dries Cavelaars	98 +0,37 30.85	
Rob van Vliet	84 +0,33 36.13	Jeroen Zelsmann	77 +0,04 24.86	
5. HZ&PC Heerenveen 2	HZ&PC Heerenveen	NED	<b>2:04.51</b>	+0,74
Rob van Wier	99 +0,74 34.46	Remco Dijkstra	01 +0,29 28.22	
Richard Kuipers	97 +0,29 33.08	Peter de Vries	74 +0,41 28.75	
6. DZ&PC 2	DZ&PC	NED	<b>2:08.86</b>	+0,79
Wim van Steen	77 +0,79 36.62	Erik Nijholt	94 +0,44 27.99	
Pieter Veenstra	73 38.19	Ruben Trompetter	05 +0,61 26.06	

160+, Heren

1. ZPC Amersfoort 3	ZPC Amersfoort	NED	<b>2:00.54</b>	+0,70
Erwin Buijs	78 +0,70 31.65	Bas Braun	91 +0,42 27.82	
Jelle Opmeer	01 +0,21 31.77	Ron Korzelius	65 +0,22 29.30	
2. DZ&PC 1	DZ&PC	NED	<b>2:03.78</b>	+0,70
Willem-Jan van der Vegte	87 +0,70 30.80	Chiel Abma	80 +0,43 32.43	
Alan Slomp	87 33.17	Arjen Nieveen	80 27.38	
3. AZC 2	AZC	NED	<b>2:07.25</b>	+0,70
Patrick Brouwer	93 +0,70 33.40	Jeroen Matthijssen	91 +0,56 28.28	
Ricardo van Dam	85 +0,59 34.01	Michael Go	75 +0,43 31.56	
4. Zeester Meerval 1	Zeester Meerval	NED	<b>2:10.95</b>	+0,71
Mark van Ballegooij	82 +0,71 33.52	Andy Jonkers	78 +0,32 32.32	
Thomas Dol	82 +0,38 35.76	Teodor Bogdanov	89 +0,17 29.35	
5. Het Ravijn 1	Het Ravijn	NED	<b>2:14.16</b>	+0,69
William Kruithof	80 +0,69 34.69	Marcel Zijderhand	80 +0,31 30.79	
Harm Jan Otter	81 +0,74 36.62	Gerrit Poortman	67 +0,28 32.06	

200+, Heren

1. De Duinkickers 1	De Duinkickers	NED	<b>2:19.67</b>	+0,78
Mathieu Rikken	67 +0,78 36.91	Erik Cooman	97 +0,63 29.40	
Marcel Brittijn	69 -0,02 41.79	Robert de Brauwier	64 +0,38 31.57	
2. Steenwijk 1934 3	Steenwijk 1934	NED	<b>2:20.98</b>	+0,76
Guido Keutgen	68 +0,76 32.87	Korstiaan de Boer	71 +0,54 35.32	
Patrick Wobben	93 39.78	Casper Dollekamp	63 33.01	
3. De Mors 1	De Mors	NED	<b>2:35.72</b>	+0,74
Ditmar Schelhaas	75 +0,74 41.27	Robert Spekhorst	87 +0,71 37.99	
Eduard Leusink	69 42.51	Jan Preuter	56 33.95	



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 42, 4 x 50m wisselslag

240+, Heren

1. ZPC De Rog 1	ZPC De Rog	NED	<b>2:09.96</b>	+0,68
Peter Bensen	63 +0,68	32.99	Arjan Verheij	71 +0,36
Glen Le Clercq	68 +0,41	35.76	Rob Spetter	62 +0,34
				30.99
				30.22

80+, Gemengd

1. De Valken 1	De Valken	NED	<b>2:28.96</b>	+0,82
Bjorn Van Noort	06 +0,82	38.80	Sharon Oldenkamp	06 +0,26
Rens Meijberg	00 +0,36	37.07	Kimberly Kootstra	06
				36.30
				36.79

100+, Gemengd

1. Orca 1	Orca	NED	<b>2:07.42</b>	+0,63
Rosalie Baarda	99 +0,63	35.92	Auke Jan Ytsma	99 +0,28
Dirk van der Eems	95 +0,31	32.89	Annemiek Meulenbeld	95 +0,43
				28.50
				30.11
2. Blue Marlins 1	Blue Marlins	NED	<b>2:15.01</b>	+0,67
Alisha Vieira	99 +0,67	34.49	Daan Siebenheller	98 +0,33
Henk Bremmer	00	39.87	Sarissa Bakker	99
				27.74
				32.91
3. NieMo Barracuda 2	NieMo Barracuda	NED	<b>2:19.08</b>	+0,64
Esmée Rolloos	98 +0,64	40.32	Ids de Klerk	98 +0,59
Robin van Beusekom	92 +0,49	34.93	Tamara van den Brink	98 +0,43
				31.59
				32.24
4. WS Twente 2	WS Twente	NED	<b>2:20.22</b>	+0,61
Iris Lok	03 +0,61	34.96	Sander Riezebos	94 +0,58
Marit Gerritsen	02 +0,29	46.88	Cars Wiegmann	94
				29.12
				29.26
DIS DZ&PC 5	DZ&PC	NED		+0,69
<i>EA - Te vroeg overgenomen.</i>				
Sara Korthuis	06 +0,69	30.26	Matthijs van Meerendonk	99 +0,25
Jelle Betten	00 +0,22	29.51	Marre Zandringa	97 -0,07

120+, Gemengd

1. Poseidon'56 1	Poseidon'56	NED	<b>2:07.54</b>	+0,72
Tonia Ruybroek	81 +0,72	36.85	Ryan van den Ouden	99 +0,44
Sam Beer	96	34.17	Rianne Bresser	99
				26.48
				30.04
2. Steenwijk 1934 1	Steenwijk 1934	NED	<b>2:08.12</b>	+0,71
Robert Braad	86 +0,71	31.40	Rick Driezen	86 +0,41
Jacyntha Plat	90 +0,27	37.70	Astrid Wibbelink	96 +0,51
				28.36
				30.66
3. De Treffers 1	De Treffers	NED	<b>2:09.60</b>	+0,64
Tim van Grunsven	98 +0,64	32.42	Evita van de Ketterij	85 +0,19
Cristina Rodriguez Bouzo	88	37.84	Werner van Wyk	83
				31.94
				27.40
4. De Geul 2	De Geul	NED	<b>2:15.37</b>	+0,68
Mitchell van Uiter	90 +0,68	35.92	Heijmen van Vliet	80 +0,40
Laura 't Lam	06 +0,46	40.30	Marcha Admiraal	93 +0,59
				30.13
				29.02
5. Westland Swimming Stars 1	Westland Swimming Stars	NED	<b>2:15.58</b>	+0,74
Mirjan den Drijver	75 +0,74	37.24	Pieter Broek	77 +0,53
Patrick Wyrdeeman	97 +0,37	37.03	Kim de Jong	04 +0,34
				31.21
				30.10
6. TriVia 3	TriVia	NED	<b>2:20.10</b>	+1,02
Esther Kwebeman	91 +1,02	37.77	Rik Stahlie	02 +0,48
Berry van Holland	80 +0,34	38.22	Sandra Bos-Kuijer	81 +0,35
				30.19
				33.92

160+, Gemengd

1. PSV 5	PSV	NED	<b>2:12.93</b>	+0,71
Jos de Graaf	91 +0,71	29.43	Olivier van Heezik	71 +0,44
Larissa Jansen	95 +0,44	39.57	Liselotte Joling	75 +0,57
				30.87
				33.06
2. ZPC Amersfoort 6	ZPC Amersfoort	NED	<b>2:15.82</b>	+0,70
Angela Giezen	83 +0,70	38.04	Edwin van Norden	63 +0,11
Martijn Bartels	96 +0,09	36.38	Lotte Eising	95 +0,48
				30.61
				30.79
3. ACZ 1	ACZ	NED	<b>2:18.41</b>	+0,85
Linda van Klei	88 +0,85	38.87	Teus Krijgsman	66 +0,43
Ignacio Garcia Rodriguez	85	34.21	Carol Hollemans	69
				35.16
				30.17





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 42, Gemengd, 4 x 50m wisselslag, 160+

rang	vereniging	tijd	RT	PARA
4.	Team Noord Holland (SG) 1 Lotte van Gessel Gerrit Orthofer	Team Noord Holland (SG) 03 +0,88 37.09 70 34.00	NED 2:21.27 04 +0,58 36.83 57 33.35	+0,88
5.	ENC Arnhem 5 Arjen Koop Marijn Post	ENC Arnhem 79 +0,67 37.39 81 +0,41 41.80	NED 2:23.60 79 +0,42 30.65 92 +0,44 33.76	+0,67
6.	HZ&PC Heerenveen 1 Lianne van Wier Karin van Dijk	HZ&PC Heerenveen 02 +0,69 35.77 86 +0,45 42.33	NED 2:26.94 69 +0,37 32.70 58 +0,47 36.14	+0,69
7.	ZCNF'34 1 Gea Kuiper Roos de Jong	ZCNF'34 61 +0,81 53.94 03 +0,54 37.91	NED 2:29.18 66 +0,43 30.99 04 +0,58 26.34	+0,81
8.	ZVVS 1 Chantal van der Vaart Gerjant van der Vaart	ZV Vlaardingen-Schiedam 98 +0,83 40.15 68 +0,63 43.25	NED 2:36.90 00 +0,54 35.26 45 +0,30 38.24	+0,83
9.	Albion 2 Clementine van Bruxvoort Caroline Kruger	Albion 77 +0,88 47.61 68 +0,56 50.19	NED 2:39.52 82 +0,43 30.29 91 +0,30 31.43	+0,88
10.	Old Dutch 1 Tenzin Tieman Anne-Marie Verschoor-Vos	Old Dutch 00 +0,69 37.43 81 41.15	NED 2:49.02 79 +0,48 33.10 58 57.34	+0,69

200+, Gemengd

1.	AZC 1 Ron van der Zande Wim de Lange	AZC 55 +0,86 42.87 58 +0,27 42.28	NED 2:27.42 02 +0,35 32.32 87 +0,37 29.95	+0,86
2.	WS Twente 1 Hanneke Heymen Janneke Wynia	WS Twente 84 +0,66 38.68 90 +0,79 46.91	NED 2:36.63 53 +0,23 38.64 60 +0,57 32.40	+0,66
3.	GZC Donk 2 Petra Tossings Willem Jan Ribberink	GZC Donk 61 +0,87 45.08 65 +0,49 43.80	NED 2:45.92 90 +0,24 41.66 69 +0,50 35.38	+0,87
NG	ZPC Amersfoort 1	ZPC Amersfoort	NED	

240+, Gemengd

1.	TriVia 1 Margriet Pasma Theo Bakker	TriVia 55 +0,77 48.39 64 39.10	NED 2:39.76 72 +0,66 33.60 59 38.67	+0,77
2.	GZC Donk 1 Nathasja Konijn Pierre de Groot	GZC Donk 71 +0,78 47.25 64 +0,80 44.24	NED 3:00.81 60 +0,56 52.21 57 37.11	+0,78

280+, Gemengd

1.	SWOL 1894 1 Rob Berkhof Harry Dokter	SWOL 1894 52 +1,05 49.37 51 +0,63 44.30	NED 2:49.87 60 +0,47 40.73 51 +0,21 35.47	+1,05
2.	ZPC Amersfoort 2 <i>Nederlands Masters Record, Atie Pijtak-Radersma D70+</i> Atie Pijtak-Radersma Loekie van Huissteden	ZPC Amersfoort 56 +0,76 40.57 45 +0,30 1:01.81	NED 2:51.06 62 +0,09 31.72 61 +0,49 36.96	+0,76
3.	Old Dutch 2 Karin van Nassau-van den Heuvel Nico Baay	Old Dutch 66 +0,99 47.63 42 52.49	NED 3:10.07 70 +0,72 33.59 38 56.36	+0,99

