

Programmanr. 1  
 17-9-2023 - 15:30

## 200m wisselslag

 Masters Open  
 Resultaten

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
1. Sebas van Lith	SwimGym	2:15.00 199001841	<b>2:09.67</b>		29.35	1:03.25	1:39.62	2:09.67
2. Guus Hoogduin	ZVL-1886 Center	2:14.97 200201069	<b>2:14.17</b>		28.11	1:01.65	1:41.42	2:14.17
3. Noah Berlin	SwimGym	2:25.00 200005875	<b>2:18.67</b>		27.89	1:02.44	1:45.21	2:18.67
4. A. Palmans	WVZ 1	2:20.52 200006324	<b>2:20.78</b>		29.58	1:06.09	1:45.92	2:20.78
<i>Nederlands Masters Record</i>								
5. Kristiaan Lenos	ZVL-1886 Center	2:20.10 198301331	<b>2:22.55</b>		30.08	1:06.90	1:48.12	2:22.55
6. Jordy van Oel	WVZ 1	2:22.41 199802003	<b>2:23.33</b>		28.73	1:04.22	1:48.30	2:23.33
7. Roy Van der Woude	ZV Haerlem	2:19.10 199700579	<b>2:23.91</b>		29.46	1:07.19	1:49.70	2:23.91
8. Kim Zwinkels	Zpch	2:24.81 200300422	<b>2:27.55</b>		30.96	1:08.63	1:52.89	2:27.55
9. Remco de Heij	Zpch	2:18.51 200200161	<b>2:28.36</b>		30.07	1:08.51	1:52.57	2:28.36
10. Joost Hoetjes	Daw	2:32.00 197800425	<b>2:30.24</b>		30.56	1:10.52	1:52.20	2:30.24
11. Bart Spaans	Acz	2:31.25 199902559	<b>2:32.33</b>		31.87	1:12.40	1:56.50	2:32.33
12. Franklin Paassen	Zv 44	2:22.09 200003881	<b>2:32.35</b>		29.70	1:08.34	1:55.39	2:32.35
13. Hugo Bregman	WVZ 1	2:32.25 195800069	<b>2:32.66</b>		31.29	1:09.81	1:56.74	2:32.66
14. Rob van Vliet	ZPC AMERSFOORT 2	2:25.67 198402459	<b>2:34.18</b>		32.59	1:13.07	1:56.45	2:34.18
15. Martijn Lageweg	Steenwijk 1934	2:40.00 199701323	<b>2:35.18</b>		30.79	1:10.35	1:58.67	2:35.18
16. Johan Remmits	ZPC AMERSFOORT 1	2:40.64 196201159	<b>2:36.00</b>		32.89	1:13.67	2:00.67	2:36.00
17. Roos van Esch	Acz	2:36.34 198200468	<b>2:38.83</b>		35.17	1:15.67	2:02.25	2:38.83
18. Laura Badoux	Daw	2:39.58 198200038	<b>2:39.71</b>		33.99	1:18.07	2:02.55	2:39.71
19. Wesley van der Luit	ZV Sassenheim	2:35.50 199701895	<b>2:40.09</b>		34.37	1:15.20	2:03.56	2:40.09
20. L. v. Bon-Rosenbrand	ZPC AMERSFOORT 1	2:43.55 197000054	<b>2:44.03</b>		35.56	1:18.42	2:05.17	2:44.03
21. Fred Ketting	PSV	2:38.00 196000289	<b>2:44.22</b>		36.34	1:19.88	2:06.52	2:44.22
22. Ron Korzelius	ZPC AMERSFOORT 2	2:37.82 196500513	<b>2:44.77</b>		36.01	1:18.39	2:06.98	2:44.77
23. Frank van Nobelen	ZV Sassenheim	2:47.12 196900753	<b>2:45.02</b>		35.49	1:18.11	2:06.38	2:45.02
24. Ageeth de Haan	Steenwijk 1934	2:42.64 199901022	<b>2:47.20</b>		37.13	1:22.25	2:08.96	2:47.20
25. Cynthia Koolman	Steenwijk 1934	2:42.73 200300232	<b>2:47.36</b>		37.96	1:19.16	2:08.85	2:47.36
26. Linda van Klei	Gzc Donk	2:43.16 198802088	<b>2:48.40</b>		36.89	1:20.50	2:08.33	2:48.40
27. Danielle Thuijs	Zpch	2:45.15 200305302	<b>2:50.50</b>		35.72	1:22.57	2:11.63	2:50.50
28. M. Remmits-de Lange	ZPC AMERSFOORT 1	2:45.80 196300518	<b>2:50.53</b>		35.56	1:21.09	2:10.91	2:50.53
29. Leonor Babo	Psv-2	3:05.32 199308000	<b>2:53.57</b>		34.80	1:19.68	2:11.94	2:53.57
30. Monique van Huizen	Azc	2:50.23 198706236	<b>2:54.02</b>		37.27	1:22.67	2:14.16	2:54.02
31. Suzan Blankestijn	ZVL-1886 Center	2:45.34 198900350	<b>2:56.66</b>		37.28	1:27.59	2:15.49	2:56.66
32. Leontine Loeber	SwimGym 2	3:03.44 197701010	<b>2:58.86</b>		37.79	1:24.34	2:15.97	2:58.86
33. Ingmar Kooman	ZVL-1886 Center 2	2:53.16 197901517	<b>2:59.09</b>		35.17	1:24.39	2:18.38	2:59.09
34. Wouter van der Stelt	De Biesboschzwemme	2:52.81 197200889	<b>2:59.31</b>		38.36	1:26.62	2:17.25	2:59.31
35. M. Nijhuis - Bruin	Zv 44	3:24.06 198102368	<b>3:13.09</b>		40.83	1:30.28	2:27.41	3:13.09
36. Anita Steijger	Wvz 2	3:07.98 196500628	<b>3:13.23</b>		43.60	1:33.59	2:29.16	3:13.23
37. Nadine Scheeve	De Biesboschzwemme	3:20.16 199700684	<b>3:14.24</b>		42.67	1:33.77	2:31.06	3:14.24
38. Linda Hoogendam	Wvz 2	3:11.65 198300892	<b>3:18.35</b>		43.70	1:35.18	2:35.32	3:18.35
39. Patty Verhagen	PSV	3:14.65 195900146	<b>3:20.68</b>		44.97	1:36.42	2:36.62	3:20.68
40. Lia Bijkerk	Gzc Donk	3:46.57 196000014	<b>3:40.63</b>		49.22	1:49.07	2:51.47	3:40.63
41. Rob Hanou	Psv-2	3:59.87 194300109	<b>4:29.02</b>		1:08.79	2:17.57	3:27.61	4:29.02
DIS Jelle Blankestijn	ZPC AMERSFOORT 2	2:20.57 199803737						

*SR - Meer dan 1 vlinderbeenslag gemaakt voordat de 1e schoolslagbeenslag is gemaakt.*

AFGEM Nathasja Konijn	Gzc Donk	3:26.22 197100992
AFGEM Cynthia van Veen	ZVL-1886 Center 2	3:16.29 199606736