

1 - ONMK 2022 lb Sessie 1

05-05-2022 - 12:30

Programmanr. 2
05-05-2022 - 12:30

Heren, 1500m vrije slag
Pauze na serie 4 / Break after Heat 4

Masters Open
Resultaten

rang	naam	vereniging	tijd	RT	PARA
Masters 20+					
1.	Janne Englebret <i>Nederlands Masters Record</i>	Hieronymus	NED 200101561	17:11.08	+0.67
	50m: 30.92 30.92	450m: 5:07.49 34.96	850m: 9:44.57 34.54	1250m: 14:21.29 35.14	
	100m: 1:04.45 33.53	500m: 5:42.41 34.92	900m: 10:18.85 34.28	1300m: 14:55.24 33.95	
	150m: 1:39.01 34.56	550m: 6:17.51 35.10	950m: 10:53.43 34.58	1350m: 15:30.19 34.95	
	200m: 2:13.09 34.08	600m: 6:52.11 34.60	1000m: 11:27.76 34.33	1400m: 16:03.93 33.74	
	250m: 2:47.90 34.81	650m: 7:27.03 34.92	1050m: 12:02.84 35.08	1450m: 16:38.21 34.28	
	300m: 3:22.65 34.75	700m: 8:01.12 34.09	1100m: 12:36.98 34.14	1500m: 17:11.08 32.87	
	350m: 3:57.85 35.20	750m: 8:35.69 34.57	1150m: 13:11.86 34.88		
	400m: 4:32.53 34.68	800m: 9:10.03 34.34	1200m: 13:46.15 34.29		
2.	Jacob Mackloet	De Schotejil	NED 200001171	18:02.84	+0.73
	50m: 31.88 31.88	450m: 5:30.06 37.80	850m: 10:24.19 35.80	1250m: 15:07.83 34.81	
	100m: 1:08.11 36.23	500m: 6:07.75 37.69	900m: 11:00.18 35.99	1300m: 15:43.06 35.23	
	150m: 1:45.34 37.23	550m: 6:45.02 37.27	950m: 11:35.75 35.57	1350m: 16:18.46 35.40	
	200m: 2:22.91 37.57	600m: 7:22.03 37.01	1000m: 12:11.42 35.67	1400m: 16:53.54 35.08	
	250m: 3:00.04 37.13	650m: 7:58.81 36.78	1050m: 12:47.14 35.72	1450m: 17:28.11 34.57	
	300m: 3:37.41 37.37	700m: 8:35.25 36.44	1100m: 13:22.73 35.59	1500m: 18:02.84 34.73	
	350m: 4:14.83 37.42	750m: 9:11.90 36.65	1150m: 13:57.80 35.07		
	400m: 4:52.26 37.43	800m: 9:48.39 36.49	1200m: 14:33.02 35.22		
3.	Tenzin Tieman	Old Dutch	NED 200005549	18:56.86	+0.78
	50m: 32.95 32.95	450m: 5:31.61 37.84	850m: 10:37.58 38.73	1250m: 15:47.42 39.04	
	100m: 1:08.61 35.66	500m: 6:09.61 38.00	900m: 11:16.26 38.68	1300m: 16:25.67 38.25	
	150m: 1:45.38 36.77	550m: 6:47.70 38.09	950m: 11:54.95 38.69	1350m: 17:04.15 38.48	
	200m: 2:22.70 37.32	600m: 7:25.71 38.01	1000m: 12:33.20 38.25	1400m: 17:42.56 38.41	
	250m: 3:00.33 37.63	650m: 8:04.09 38.38	1050m: 13:11.80 38.60	1450m: 18:20.39 37.83	
	300m: 3:38.02 37.69	700m: 8:42.05 37.96	1100m: 13:50.68 38.88	1500m: 18:56.86 36.47	
	350m: 4:15.87 37.85	750m: 9:20.90 38.85	1150m: 14:29.52 38.84		
	400m: 4:53.77 37.90	800m: 9:58.85 37.95	1200m: 15:08.38 38.86		
Masters 25+					
1.	Jeffrey Camphens	DWT	NED 199503113	18:30.76	+0.71
	50m: 32.92 32.92	450m: 5:27.64 36.94	850m: 10:26.84 37.18	1250m: 15:26.73 37.59	
	100m: 1:09.59 36.67	500m: 6:04.88 37.24	900m: 11:03.86 37.02	1300m: 16:03.84 37.11	
	150m: 1:46.30 36.71	550m: 6:42.76 37.88	950m: 11:41.73 37.87	1350m: 16:40.94 37.10	
	200m: 2:22.86 36.56	600m: 7:20.20 37.44	1000m: 12:19.53 37.80	1400m: 17:18.18 37.24	
	250m: 2:59.70 36.84	650m: 7:57.71 37.51	1050m: 12:56.76 37.23	1450m: 17:54.91 36.73	
	300m: 3:36.21 36.51	700m: 8:35.09 37.38	1100m: 13:34.22 37.46	1500m: 18:30.76 35.85	
	350m: 4:13.36 37.15	750m: 9:12.52 37.43	1150m: 14:11.88 37.66		
	400m: 4:50.70 37.34	800m: 9:49.66 37.14	1200m: 14:49.14 37.26		
2.	Donny van den Bosch *	Zwemlust-den Hommel	NED 199502001	18:40.96	+0.82
	50m: 31.27 31.27	450m: 5:27.71 37.39	850m: 10:29.49 37.75	1250m: 15:34.88 38.50	
	100m: 1:06.22 34.95	500m: 6:05.49 37.78	900m: 11:07.52 38.03	1300m: 16:13.06 38.18	
	150m: 1:42.25 36.03	550m: 6:43.06 37.57	950m: 11:45.38 37.86	1350m: 16:51.37 38.31	
	200m: 2:19.40 37.15	600m: 7:20.96 37.90	1000m: 12:23.55 38.17	1400m: 17:29.22 37.85	
	250m: 2:56.70 37.30	650m: 7:58.60 37.64	1050m: 13:01.64 38.09	1450m: 18:06.02 36.80	
	300m: 3:34.63 37.93	700m: 8:36.41 37.81	1100m: 13:39.85 38.21	1500m: 18:40.96 34.94	
	350m: 4:12.28 37.65	750m: 9:14.40 37.99	1150m: 14:18.21 38.36		
	400m: 4:50.32 38.04	800m: 9:51.74 37.34	1200m: 14:56.38 38.17		
3.	Sybren Groenewegen	De Schotejil	NED 199306223	19:20.62	+0.85
	50m: 35.11 35.11	450m: 5:41.45 38.92	850m: 10:54.62 39.23	1250m: 16:09.06 39.79	
	100m: 1:11.94 36.83	500m: 6:20.93 39.48	900m: 11:34.50 39.88	1300m: 16:49.59 40.53	
	150m: 1:49.59 37.65	550m: 6:59.68 38.75	950m: 12:14.13 39.63	1350m: 17:28.95 39.36	
	200m: 2:28.20 38.61	600m: 7:39.23 39.55	1000m: 12:54.43 40.30	1400m: 18:09.27 40.32	
	250m: 3:07.11 38.91	650m: 8:17.87 38.64	1050m: 13:31.99 37.56	1450m: 18:47.77 38.50	
	300m: 3:45.42 38.31	700m: 8:57.35 39.48	1100m: 14:10.70 38.71	1500m: 19:20.62 32.85	
	350m: 4:23.72 38.30	750m: 9:36.24 38.89	1150m: 14:49.13 38.43		
	400m: 5:02.53 38.81	800m: 10:15.39 39.15	1200m: 15:29.27 40.14		



Open Nederlandse Masters
Kampioenschappen 2022 lange baan
Eindhoven 5-8 mei 2022



Programmanr. 2, Heren, 1500m vrije slag, Masters 30+

rang	naam	vereniging	tijd	RT	PARA			
6.	Patrick Creemers	RZ	20:18.22	+0.79				
	50m: 35.14	35.14	450m: 6:04.40	41.57	850m: 11:36.42	39.80	1250m: 16:58.60	40.72
	100m: 1:13.55	38.41	500m: 6:46.68	42.28	900m: 12:16.41	39.99	1300m: 17:38.34	39.74
	150m: 1:54.36	40.81	550m: 7:28.84	42.16	950m: 12:56.57	40.16	1350m: 18:18.83	40.49
	200m: 2:36.31	41.95	600m: 8:09.91	41.07	1000m: 13:35.96	39.39	1400m: 18:58.44	39.61
	250m: 3:17.35	41.04	650m: 8:51.97	42.06	1050m: 14:16.09	40.13	1450m: 19:39.33	40.89
	300m: 3:58.89	41.54	700m: 9:33.74	41.77	1100m: 14:56.38	40.29	1500m: 20:18.22	38.89
	350m: 4:40.97	42.08	750m: 10:15.95	42.21	1150m: 15:37.32	40.94		
	400m: 5:22.83	41.86	800m: 10:56.62	40.67	1200m: 16:17.88	40.56		

Masters 35+

1.	Frank v.d. Voordt	De Schotejil	19:48.98	+0.75				
	50m: 34.46	34.46	450m: 5:46.10	39.27	850m: 11:02.65	39.61	1250m: 16:24.83	40.99
	100m: 1:12.12	37.66	500m: 6:25.45	39.35	900m: 11:42.66	40.01	1300m: 17:05.53	40.70
	150m: 1:50.35	38.23	550m: 7:04.90	39.45	950m: 12:22.47	39.81	1350m: 17:46.75	41.22
	200m: 2:29.62	39.27	600m: 7:44.52	39.62	1000m: 13:02.69	40.22	1400m: 18:28.21	41.46
	250m: 3:08.53	38.91	650m: 8:24.29	39.77	1050m: 13:42.82	40.13	1450m: 19:09.07	40.86
	300m: 3:47.83	39.30	700m: 9:03.73	39.44	1100m: 14:22.86	40.04	1500m: 19:48.98	39.91
	350m: 4:27.19	39.36	750m: 9:43.47	39.74	1150m: 15:03.21	40.35		
	400m: 5:06.83	39.64	800m: 10:23.04	39.57	1200m: 15:43.84	40.63		
2.	Mark Godwaldt	PSV	20:03.58	+0.96				
	50m: 33.68	33.68	450m: 5:53.06	40.89	850m: 11:19.90	40.78	1250m: 16:47.78	41.63
	100m: 1:11.81	38.13	500m: 6:34.11	41.05	900m: 12:00.42	40.52	1300m: 17:28.99	41.21
	150m: 1:51.32	39.51	550m: 7:14.78	40.67	950m: 12:41.81	41.39	1350m: 18:09.61	40.62
	200m: 2:31.37	40.05	600m: 7:55.42	40.64	1000m: 13:22.71	40.90	1400m: 18:50.14	40.53
	250m: 3:11.90	40.53	650m: 8:36.29	40.87	1050m: 14:03.92	41.21	1450m: 19:29.71	39.57
	300m: 3:51.74	39.84	700m: 9:17.28	40.99	1100m: 14:44.66	40.74	1500m: 20:03.58	33.87
	350m: 4:31.97	40.23	750m: 9:58.78	41.50	1150m: 15:25.85	41.19		
	400m: 5:12.17	40.20	800m: 10:39.12	40.34	1200m: 16:06.15	40.30		
3.	Arne-Willem Kroonen	MZ&PC	22:36.48	+0.82				
	50m: 35.31	35.31	450m: 6:13.86	44.90	850m: 12:21.55	46.56	1250m: 18:43.36	48.36
	100m: 1:14.05	38.74	500m: 6:59.12	45.26	900m: 13:08.59	47.04	1300m: 19:32.17	48.81
	150m: 1:54.19	40.14	550m: 7:44.93	45.81	950m: 13:55.52	46.93	1350m: 20:20.49	48.32
	200m: 2:35.38	41.19	600m: 8:30.69	45.76	1000m: 14:43.52	48.00	1400m: 21:07.08	46.59
	250m: 3:17.67	42.29	650m: 9:16.97	46.28	1050m: 15:31.07	47.55	1450m: 21:52.73	45.65
	300m: 4:00.86	43.19	700m: 10:02.91	45.94	1100m: 16:18.88	47.81	1500m: 22:36.48	43.75
	350m: 4:44.68	43.82	750m: 10:49.10	46.19	1150m: 17:06.94	48.06		
	400m: 5:28.96	44.28	800m: 11:34.99	45.89	1200m: 17:55.00	48.06		
4.	Sander van Tilburg	De Biesboschwimmers	22:45.89	+0.86				
	50m: 39.64	39.64	450m: 6:45.91	46.60	850m: 12:57.79	45.70	1250m: 19:02.49	44.95
	100m: 1:23.25	43.61	500m: 7:32.11	46.20	900m: 13:43.95	46.16	1300m: 19:47.44	44.95
	150m: 2:08.00	44.75	550m: 8:18.75	46.64	950m: 14:29.78	45.83	1350m: 20:32.86	45.42
	200m: 2:53.72	45.72	600m: 9:06.08	47.33	1000m: 15:16.01	46.23	1400m: 21:17.85	44.99
	250m: 3:39.44	45.72	650m: 9:52.96	46.88	1050m: 16:01.57	45.56	1450m: 22:02.81	44.96
	300m: 4:26.25	46.81	700m: 10:39.89	46.93	1100m: 16:47.25	45.68	1500m: 22:45.89	43.08
	350m: 5:12.70	46.45	750m: 11:25.84	45.95	1150m: 17:32.45	45.20		
	400m: 5:59.31	46.61	800m: 12:12.09	46.25	1200m: 18:17.54	45.09		
5.	Rudi Butselaar	GoSwim	23:41.75	+0.81				
	50m: 37.63	37.63	450m: 6:50.56	48.95	850m: 13:19.26	48.37	1250m: 19:47.69	48.57
	100m: 1:20.05	42.42	500m: 7:39.89	49.33	900m: 14:07.87	48.61	1300m: 20:36.60	48.91
	150m: 2:04.41	44.36	550m: 8:28.11	48.22	950m: 14:56.49	48.62	1350m: 21:24.54	47.94
	200m: 2:50.21	45.80	600m: 9:17.50	49.39	1000m: 15:45.15	48.66	1400m: 22:13.35	48.81
	250m: 3:37.30	47.09	650m: 10:05.76	48.26	1050m: 16:33.50	48.35	1450m: 22:58.60	45.25
	300m: 4:25.04	47.74	700m: 10:54.65	48.89	1100m: 17:22.10	48.60	1500m: 23:41.75	43.15
	350m: 5:12.98	47.94	750m: 11:42.38	47.73	1150m: 18:10.55	48.45		
	400m: 6:01.61	48.63	800m: 12:30.89	48.51	1200m: 18:59.12	48.57		

Masters 40+

1.	Gergely Molnár	Megathlon SE	18:11.86	+0.82				
	<i>Kampioenschapsrecord, Hungarian Masters Record</i>							
	50m: 31.28	31.28	450m: 5:20.56	36.44	850m: 10:12.84	36.57	1250m: 15:07.61	37.10
	100m: 1:06.26	34.98	500m: 5:57.59	37.03	900m: 10:49.93	37.09	1300m: 15:44.47	36.86
	150m: 1:42.26	36.00	550m: 6:33.73	36.14	950m: 11:26.71	36.78	1350m: 16:21.80	37.33
	200m: 2:18.47	36.21	600m: 7:10.53	36.80	1000m: 12:03.71	37.00	1400m: 16:58.96	37.16
	250m: 2:54.55	36.08	650m: 7:46.55	36.02	1050m: 12:39.69	35.98	1450m: 17:35.85	36.89
	300m: 3:31.03	36.48	700m: 8:23.07	36.52	1100m: 13:16.77	37.08	1500m: 18:11.86	36.01
	350m: 4:07.58	36.55	750m: 8:59.65	36.58	1150m: 13:53.58	36.81		
	400m: 4:44.12	36.54	800m: 9:36.27	36.62	1200m: 14:30.51	36.93		

Programmanr. 2, Heren, 1500m vrije slag, Masters 40+

rang	naam	vereniging	tijd	RT	PARA			
2.	Marcel Reefhuis	WS Twente	NED 198101381	19:45.57	+0.49			
	50m: 34.33	34.33	450m: 5:47.97	39.00	850m: 11:02.21	38.96	1250m: 16:22.99	40.70
	100m: 1:13.05	38.72	500m: 6:27.14	39.17	900m: 11:42.04	39.83	1300m: 17:04.16	41.17
	150m: 1:51.99	38.94	550m: 7:06.39	39.25	950m: 12:21.64	39.60	1350m: 17:44.98	40.82
	200m: 2:31.32	39.33	600m: 7:46.01	39.62	1000m: 13:01.73	40.09	1400m: 18:26.29	41.31
	250m: 3:10.64	39.32	650m: 8:24.89	38.88	1050m: 13:41.55	39.82	1450m: 19:06.79	40.50
	300m: 3:50.40	39.76	700m: 9:04.44	39.55	1100m: 14:21.67	40.12	1500m: 19:45.57	38.78
	350m: 4:29.30	38.90	750m: 9:43.54	39.10	1150m: 15:01.44	39.77		
	400m: 5:08.97	39.67	800m: 10:23.25	39.71	1200m: 15:42.29	40.85		
3.	Bart Liekens	Shark	BEL 10374/79	21:51.75	+0.82			
	50m: 37.00	37.00	450m: 6:27.48	44.61	850m: 12:20.93	44.17	1250m: 18:16.05	44.63
	100m: 1:19.72	42.72	500m: 7:11.82	44.34	900m: 13:04.85	43.92	1300m: 18:59.80	43.75
	150m: 2:02.89	43.17	550m: 7:55.59	43.77	950m: 13:49.66	44.81	1350m: 19:43.88	44.08
	200m: 2:46.77	43.88	600m: 8:39.76	44.17	1000m: 14:34.06	44.40	1400m: 20:27.95	44.07
	250m: 3:30.81	44.04	650m: 9:24.33	44.57	1050m: 15:18.16	44.10	1450m: 21:11.37	43.42
	300m: 4:14.64	43.83	700m: 10:08.36	44.03	1100m: 16:02.38	44.22	1500m: 21:51.75	40.38
	350m: 4:58.61	43.97	750m: 10:52.51	44.15	1150m: 16:47.02	44.64		
	400m: 5:42.87	44.26	800m: 11:36.76	44.25	1200m: 17:31.42	44.40		
4.	Rob van Wanrooy	Gay Swim Amsterdam	NED 198202627	22:25.74	+0.68			
	50m: 36.54	36.54	450m: 6:34.82	46.52	850m: 12:41.55	45.64	1250m: 18:44.50	44.62
	100m: 1:17.12	40.58	500m: 7:21.07	46.25	900m: 13:27.14	45.59	1300m: 19:29.24	44.74
	150m: 1:59.99	42.87	550m: 8:06.84	45.77	950m: 14:12.72	45.58	1350m: 20:14.92	45.68
	200m: 2:44.19	44.20	600m: 8:52.52	45.68	1000m: 14:58.73	46.01	1400m: 20:59.97	45.05
	250m: 3:29.35	45.16	650m: 9:38.58	46.06	1050m: 15:44.39	45.66	1450m: 21:44.20	44.23
	300m: 4:15.27	45.92	700m: 10:24.71	46.13	1100m: 16:29.50	45.11	1500m: 22:25.74	41.54
	350m: 5:01.82	46.55	750m: 11:10.65	45.94	1150m: 17:14.92	45.42		
	400m: 5:48.30	46.48	800m: 11:55.91	45.26	1200m: 17:59.88	44.96		
5.	Oscar Monge	IJZPC	NED 198102599	22:27.15	+0.82			
	50m: 36.72	36.72	450m: 6:25.67	45.20	850m: 12:32.67	45.74	1250m: 18:40.91	45.71
	100m: 1:17.19	40.47	500m: 7:11.67	46.00	900m: 13:19.22	46.55	1300m: 19:27.67	46.76
	150m: 1:59.21	42.02	550m: 7:57.30	45.63	950m: 14:05.25	46.03	1350m: 20:14.56	46.89
	200m: 2:42.22	43.01	600m: 8:43.30	46.00	1000m: 14:51.91	46.66	1400m: 21:00.34	45.78
	250m: 3:25.78	43.56	650m: 9:29.66	46.36	1050m: 15:36.92	45.01	1450m: 21:44.73	44.39
	300m: 4:10.42	44.64	700m: 10:15.46	45.80	1100m: 16:23.22	46.30	1500m: 22:27.15	42.42
	350m: 4:55.34	44.92	750m: 11:01.00	45.54	1150m: 17:09.06	45.84		
	400m: 5:40.47	45.13	800m: 11:46.93	45.93	1200m: 17:55.20	46.14		
6.	Martin van Vaardegem	GoSwim	NED 198201767	22:55.84	+0.88			
	50m: 37.22	37.22	450m: 6:39.89	46.28	850m: 12:48.58	45.78	1250m: 19:01.94	47.11
	100m: 1:19.27	42.05	500m: 7:26.33	46.44	900m: 13:35.00	46.42	1300m: 19:48.82	46.88
	150m: 2:04.21	44.94	550m: 8:12.46	46.13	950m: 14:21.03	46.03	1350m: 20:36.02	47.20
	200m: 2:49.73	45.52	600m: 8:58.65	46.19	1000m: 15:07.63	46.60	1400m: 21:23.01	46.99
	250m: 3:35.14	45.41	650m: 9:44.54	45.89	1050m: 15:54.74	47.11	1450m: 22:10.05	47.04
	300m: 4:21.36	46.22	700m: 10:30.57	46.03	1100m: 16:41.34	46.60	1500m: 22:55.84	45.79
	350m: 5:07.24	45.88	750m: 11:16.11	45.54	1150m: 17:28.15	46.81		
	400m: 5:53.61	46.37	800m: 12:02.80	46.69	1200m: 18:14.83	46.68		

Masters 45+

1.	Ben Rutten	FAST	BEL 11006/76	18:43.11	+0.84			
	50m: 33.04	33.04	450m: 5:28.65	37.24	850m: 10:29.24	37.87	1250m: 15:32.87	38.06
	100m: 1:09.09	36.05	500m: 6:05.94	37.29	900m: 11:06.92	37.68	1300m: 16:11.06	38.19
	150m: 1:45.80	36.71	550m: 6:43.46	37.52	950m: 11:44.88	37.96	1350m: 16:49.24	38.18
	200m: 2:22.65	36.85	600m: 7:20.61	37.15	1000m: 12:22.70	37.82	1400m: 17:27.49	38.25
	250m: 2:59.85	37.20	650m: 7:57.92	37.31	1050m: 13:00.72	38.02	1450m: 18:06.08	38.59
	300m: 3:37.18	37.33	700m: 8:35.66	37.74	1100m: 13:39.07	38.35	1500m: 18:43.11	37.03
	350m: 4:14.25	37.07	750m: 9:13.57	37.91	1150m: 14:16.76	37.69		
	400m: 4:51.41	37.16	800m: 9:51.37	37.80	1200m: 14:54.81	38.05		
2.	Erwin Zuidervelt	AZ&PC De Futen	NED 197501015	22:10.77	+0.95			
	50m: 39.61	39.61	450m: 6:31.24	43.52	850m: 12:26.59	46.05	1250m: 18:30.90	46.23
	100m: 1:23.81	44.20	500m: 7:15.22	43.98	900m: 13:12.27	45.68	1300m: 19:18.37	47.47
	150m: 2:07.92	44.11	550m: 7:59.04	43.82	950m: 13:57.72	45.45	1350m: 20:02.55	44.18
	200m: 2:52.38	44.46	600m: 8:42.89	43.85	1000m: 14:43.14	45.42	1400m: 20:47.60	45.05
	250m: 3:36.24	43.86	650m: 9:27.00	44.11	1050m: 15:28.58	45.44	1450m: 21:31.05	43.45
	300m: 4:20.23	43.99	700m: 10:11.27	44.27	1100m: 16:14.14	45.56	1500m: 22:10.77	39.72
	350m: 5:04.11	43.88	750m: 10:55.67	44.40	1150m: 16:59.92	45.78		
	400m: 5:47.72	43.61	800m: 11:40.54	44.87	1200m: 17:44.67	44.75		



Open Nederlandse Masters
Kampioenschappen 2022 lange baan
Eindhoven 5-8 mei 2022



Programmanr. 2, Heren, 1500m vrije slag, Masters 70+

rang	naam	vereniging					tijd	RT	PARA
2.	Hans van Vastenhoven	Old Dutch	NED 194900141				34:00.48		
	50m: 59.15	59.15	450m: 9:55.26	1:06.76	850m: 18:57.64	1:07.30	1250m: 28:12.59	1:08.96	
	100m: 2:03.69	1:04.54	500m: 11:03.75	1:08.49	900m: 20:07.49	1:09.85	1300m: 29:24.26	1:11.67	
	150m: 3:09.55	1:05.86	550m: 12:10.22	1:06.47	950m: 21:15.13	1:07.64	1350m: 30:33.96	1:09.70	
	200m: 4:17.25	1:07.70	600m: 13:19.08	1:08.86	1000m: 22:24.53	1:09.40	1400m: 31:46.29	1:12.33	
	250m: 5:24.84	1:07.59	650m: 14:25.67	1:06.59	1050m: 23:32.37	1:07.84	1450m: 32:52.66	1:06.37	
	300m: 6:33.44	1:08.60	700m: 15:34.79	1:09.12	1100m: 24:43.04	1:10.67	1500m: 34:00.48	1:07.82	
	350m: 7:40.22	1:06.78	750m: 16:41.32	1:06.53	1150m: 25:52.02	1:08.98			
	400m: 8:48.50	1:08.28	800m: 17:50.34	1:09.02	1200m: 27:03.63	1:11.61			

Masters 80+

1.	Geza Kaltenecker	AZC	NED 194200065				29:37.39	+0.84
	<i>Nederlands Masters Record, 400, 800 en 1500m NMR</i>							
	50m: 49.63	49.63	450m: 8:46.92	1:00.51	850m: 16:45.57	1:00.36	1250m: 24:45.93	1:00.46
	100m: 1:46.13	56.50	500m: 9:46.57	59.65	900m: 17:44.66	59.09	1300m: 25:45.29	59.36
	150m: 2:45.54	59.41	550m: 10:47.06	1:00.49	950m: 18:44.73	1:00.07	1350m: 26:46.05	1:00.76
	200m: 3:45.30	59.76	600m: 11:46.08	59.02	1000m: 19:44.67	59.94	1400m: 27:45.50	59.45
	250m: 4:45.20	59.90	650m: 12:46.28	1:00.20	1050m: 20:45.04	1:00.37	1450m: 28:45.04	59.54
	300m: 5:45.16	59.96	700m: 13:45.59	59.31	1100m: 21:45.19	1:00.15	1500m: 29:37.39	52.35
	350m: 6:45.52	1:00.36	750m: 14:45.51	59.92	1150m: 22:45.70	1:00.51		
	400m: 7:46.41	1:00.89	800m: 15:45.21	59.70	1200m: 23:45.47	59.77		
2.	Nic Geers	PSV	NED 193800007				34:09.56	
	50m: 58.47	58.47	450m: 10:23.19	1:10.16	850m: 19:38.97	1:10.18	1250m: 28:48.30	1:06.87
	100m: 2:06.92	1:08.45	500m: 11:32.62	1:09.43	900m: 20:50.04	1:11.07	1300m: 29:54.78	1:06.48
	150m: 3:16.05	1:09.13	550m: 12:42.12	1:09.50	950m: 21:59.26	1:09.22	1350m: 31:03.56	1:08.78
	200m: 4:28.14	1:12.09	600m: 13:50.42	1:08.30	1000m: 23:08.36	1:09.10	1400m: 32:07.78	1:04.22
	250m: 5:38.91	1:10.77	650m: 14:59.79	1:09.37	1050m: 24:18.28	1:09.92	1450m: 33:13.18	1:05.40
	300m: 6:50.97	1:12.06	700m: 16:10.08	1:10.29	1100m: 25:25.66	1:07.38	1500m: 34:09.56	56.38
	350m: 8:02.33	1:11.36	750m: 17:19.19	1:09.11	1150m: 26:33.10	1:07.44		
	400m: 9:13.03	1:10.70	800m: 18:28.79	1:09.60	1200m: 27:41.43	1:08.33		

Programmanr. 3
05-05-2022 - 15:20

Dames, 1500m vrije slag
Pauze na serie 2 / Break after Heat 2

Masters Open
Resultaten

rang	naam	vereniging					tijd	RT	PARA
Masters 20+									
1.	Anne Noom	Het Y	NED 199800062				18:54.31	+0.73	
	50m: 32.48	32.48	450m: 5:27.31	37.45	850m: 10:35.05	39.07	1250m: 15:44.48	38.12	
	100m: 1:08.54	36.06	500m: 6:05.05	37.74	900m: 11:14.05	39.00	1300m: 16:22.57	38.09	
	150m: 1:45.12	36.58	550m: 6:42.58	37.53	950m: 11:53.23	39.18	1350m: 17:00.78	38.21	
	200m: 2:21.95	36.83	600m: 7:20.53	37.95	1000m: 12:32.32	39.09	1400m: 17:38.94	38.16	
	250m: 2:58.77	36.82	650m: 7:58.97	38.44	1050m: 13:10.68	38.36	1450m: 18:16.96	38.02	
	300m: 3:35.46	36.69	700m: 8:37.88	38.91	1100m: 13:49.21	38.53	1500m: 18:54.31	37.35	
	350m: 4:12.54	37.08	750m: 9:16.99	39.11	1150m: 14:28.10	38.89			
	400m: 4:49.86	37.32	800m: 9:55.98	38.99	1200m: 15:06.36	38.26			
2.	Roos Englebort	Hieronymus	NED 200200606				19:01.32	+0.83	
	50m: 33.68	33.68	450m: 5:37.62	38.53	850m: 10:45.06	38.59	1250m: 15:53.39	38.67	
	100m: 1:10.23	36.55	500m: 6:15.80	38.18	900m: 11:23.57	38.51	1300m: 16:31.78	38.39	
	150m: 1:47.27	37.04	550m: 6:54.25	38.45	950m: 12:02.05	38.48	1350m: 17:10.44	38.66	
	200m: 2:25.22	37.95	600m: 7:32.46	38.21	1000m: 12:40.42	38.37	1400m: 17:48.45	38.01	
	250m: 3:03.37	38.15	650m: 8:11.00	38.54	1050m: 13:19.02	38.60	1450m: 18:25.98	37.53	
	300m: 3:41.87	38.50	700m: 8:49.31	38.31	1100m: 13:57.54	38.52	1500m: 19:01.32	35.34	
	350m: 4:20.76	38.89	750m: 9:27.97	38.66	1150m: 14:36.20	38.66			
	400m: 4:59.09	38.33	800m: 10:06.47	38.50	1200m: 15:14.72	38.52			
3.	Isabelle Janssen	De Geul	NED 200006318				22:31.96	+0.89	
	50m: 40.54	40.54	450m: 6:42.80	45.52	850m: 12:50.55	46.12	1250m: 18:55.60	45.27	
	100m: 1:24.61	44.07	500m: 7:28.70	45.90	900m: 13:35.92	45.37	1300m: 19:40.06	44.46	
	150m: 2:09.36	44.75	550m: 8:14.35	45.65	950m: 14:21.51	45.59	1350m: 20:24.12	44.06	
	200m: 2:54.79	45.43	600m: 9:00.13	45.78	1000m: 15:07.85	46.34	1400m: 21:08.08	43.96	
	250m: 3:40.11	45.32	650m: 9:46.15	46.02	1050m: 15:53.46	45.61	1450m: 21:51.39	43.31	
	300m: 4:26.05	45.94	700m: 10:32.33	46.18	1100m: 16:39.72	46.26	1500m: 22:31.96	40.57	
	350m: 5:11.70	45.65	750m: 11:18.33	46.00	1150m: 17:25.08	45.36			
	400m: 5:57.28	45.58	800m: 12:04.43	46.10	1200m: 18:10.33	45.25			

Programmanr. 3, Dames, 1500m vrije slag, Masters 30+

rang	naam	vereniging	tijd	RT	PARA			
3.	Nikki Roon	IJZPC	22:44.29	+0.92				
	50m: 39.09	39.09	450m: 6:36.51	45.18	850m: 12:41.96	45.64	1250m: 18:53.30	46.48
	100m: 1:21.73	42.64	500m: 7:22.12	45.61	900m: 13:27.93	45.97	1300m: 19:39.78	46.48
	150m: 2:05.28	43.55	550m: 8:07.61	45.49	950m: 14:14.03	46.10	1350m: 20:26.17	46.39
	200m: 2:50.15	44.87	600m: 8:53.08	45.47	1000m: 15:00.60	46.57	1400m: 21:12.87	46.70
	250m: 3:35.30	45.15	650m: 9:38.32	45.24	1050m: 15:46.85	46.25	1450m: 21:59.02	46.15
	300m: 4:20.23	44.93	700m: 10:24.34	46.02	1100m: 16:33.46	46.61	1500m: 22:44.29	45.27
	350m: 5:05.84	45.61	750m: 11:10.07	45.73	1150m: 17:20.05	46.59		
	400m: 5:51.33	45.49	800m: 11:56.32	46.25	1200m: 18:06.82	46.77		
4.	Marjan Rikken	Octopus-ZVV (SG)	23:55.58	+0.98				
	50m: 39.78	39.78	450m: 6:55.43	47.90	850m: 13:19.96	48.14	1250m: 19:51.34	49.28
	100m: 1:24.50	44.72	500m: 7:43.57	48.14	900m: 14:08.92	48.96	1300m: 20:41.04	49.70
	150m: 2:10.25	45.75	550m: 8:30.67	47.10	950m: 14:57.67	48.75	1350m: 21:30.06	49.02
	200m: 2:56.96	46.71	600m: 9:18.56	47.89	1000m: 15:47.17	49.50	1400m: 22:20.23	50.17
	250m: 3:44.13	47.17	650m: 10:06.90	48.34	1050m: 16:34.89	47.72	1450m: 23:08.35	48.12
	300m: 4:31.74	47.61	700m: 10:55.34	48.44	1100m: 17:24.27	49.38	1500m: 23:55.58	47.23
	350m: 5:19.56	47.82	750m: 11:43.30	47.96	1150m: 18:13.26	48.99		
	400m: 6:07.53	47.97	800m: 12:31.82	48.52	1200m: 19:02.06	48.80		

Masters 35+

1.	Sabine Zimmermann	Aachener SV 06	18:48.36	+0.79				
	50m: 32.52	32.52	450m: 5:32.94	38.60	850m: 10:41.44	38.53	1250m: 15:44.17	38.30
	100m: 1:08.83	36.31	500m: 6:11.42	38.48	900m: 11:19.70	38.26	1300m: 16:21.82	37.65
	150m: 1:45.51	36.68	550m: 6:49.95	38.53	950m: 11:57.65	37.95	1350m: 16:59.43	37.61
	200m: 2:22.66	37.15	600m: 7:29.07	39.12	1000m: 12:35.25	37.60	1400m: 17:37.12	37.69
	250m: 3:00.15	37.49	650m: 8:07.37	38.30	1050m: 13:12.67	37.42	1450m: 18:13.41	36.29
	300m: 3:37.71	37.56	700m: 8:45.99	38.62	1100m: 13:50.37	37.70	1500m: 18:48.36	34.95
	350m: 4:15.99	38.28	750m: 9:24.48	38.49	1150m: 14:28.05	37.68		
	400m: 4:54.34	38.35	800m: 10:02.91	38.43	1200m: 15:05.87	37.82		
2.	Viktória Hádén-Felföldi <i>Hungarian Masters Record</i>	Megathlon SE	18:57.85	+0.81				
	50m: 33.46	33.46	450m: 5:32.90	38.04	850m: 10:38.79	38.16	1250m: 15:45.44	38.54
	100m: 1:10.07	36.61	500m: 6:11.29	38.39	900m: 11:17.02	38.23	1300m: 16:24.63	39.19
	150m: 1:46.91	36.84	550m: 6:49.22	37.93	950m: 11:55.03	38.01	1350m: 17:03.54	38.91
	200m: 2:23.95	37.04	600m: 7:27.66	38.44	1000m: 12:33.28	38.25	1400m: 17:42.38	38.84
	250m: 3:01.49	37.54	650m: 8:05.81	38.15	1050m: 13:11.17	37.89	1450m: 18:20.43	38.05
	300m: 3:39.15	37.66	700m: 8:44.22	38.41	1100m: 13:49.69	38.52	1500m: 18:57.85	37.42
	350m: 4:16.66	37.51	750m: 9:22.41	38.19	1150m: 14:28.12	38.43		
	400m: 4:54.86	38.20	800m: 10:00.63	38.22	1200m: 15:06.90	38.78		
3.	Sara Holman	Kaiserslauterer SK 1911	19:54.66	+0.85				
	50m: 35.08	35.08	450m: 5:49.71	40.17	850m: 11:12.87	40.48	1250m: 16:36.62	40.34
	100m: 1:13.51	38.43	500m: 6:29.83	40.12	900m: 11:53.33	40.46	1300m: 17:16.73	40.11
	150m: 1:52.47	38.96	550m: 7:09.95	40.12	950m: 12:33.78	40.45	1350m: 17:56.90	40.17
	200m: 2:31.25	38.78	600m: 7:50.33	40.38	1000m: 13:14.56	40.78	1400m: 18:37.11	40.21
	250m: 3:10.68	39.43	650m: 8:30.59	40.26	1050m: 13:55.02	40.46	1450m: 19:16.73	39.62
	300m: 3:49.93	39.25	700m: 9:11.17	40.58	1100m: 14:35.39	40.37	1500m: 19:54.66	37.93
	350m: 4:29.77	39.84	750m: 9:51.79	40.62	1150m: 15:15.71	40.32		
	400m: 5:09.54	39.77	800m: 10:32.39	40.60	1200m: 15:56.28	40.57		
4.	Jenny Schouten	MZ&PC	19:55.18	+0.82				
	50m: 32.73	32.73	450m: 5:45.99	39.95	850m: 11:10.02	40.05	1250m: 16:34.19	40.32
	100m: 1:09.69	36.96	500m: 6:26.11	40.12	900m: 11:50.85	40.83	1300m: 17:15.12	40.93
	150m: 1:47.77	38.08	550m: 7:06.40	40.29	950m: 12:31.70	40.85	1350m: 17:56.04	40.92
	200m: 2:27.00	39.23	600m: 7:47.42	41.02	1000m: 13:11.66	39.96	1400m: 18:36.74	40.70
	250m: 3:06.30	39.30	650m: 8:27.51	40.09	1050m: 13:51.60	39.94	1450m: 19:16.14	39.40
	300m: 3:46.03	39.73	700m: 9:08.58	41.07	1100m: 14:32.21	40.61	1500m: 19:55.18	39.04
	350m: 4:25.70	39.67	750m: 9:49.13	40.55	1150m: 15:13.23	41.02		
	400m: 5:06.04	40.34	800m: 10:29.97	40.84	1200m: 15:53.87	40.64		
5.	Sandra Schellekens	Neptunus'58	23:27.62	+0.90				
	50m: 38.17	38.17	450m: 6:47.27	47.30	850m: 13:10.27	47.93	1250m: 19:31.28	47.98
	100m: 1:21.58	43.41	500m: 7:34.48	47.21	900m: 13:58.08	47.81	1300m: 20:19.13	47.85
	150m: 2:06.70	45.12	550m: 8:22.21	47.73	950m: 14:45.84	47.76	1350m: 21:07.00	47.87
	200m: 2:52.65	45.95	600m: 9:10.29	48.08	1000m: 15:33.47	47.63	1400m: 21:54.87	47.87
	250m: 3:39.11	46.46	650m: 9:58.22	47.93	1050m: 16:20.72	47.25	1450m: 22:42.32	47.45
	300m: 4:25.83	46.72	700m: 10:46.40	48.18	1100m: 17:08.08	47.36	1500m: 23:27.62	45.30
	350m: 5:12.87	47.04	750m: 11:34.15	47.75	1150m: 17:55.46	47.38		
	400m: 5:59.97	47.10	800m: 12:22.34	48.19	1200m: 18:43.30	47.84		

Programmanr. 3, Dames, 1500m vrije slag, Masters 35+

rang	naam	vereniging	tijd	RT	PARA			
6.	Linda Hoogendam	WVZ	23:49.47	+0.88				
	50m: 40.09	40.09	450m: 6:56.95	48.51	850m: 13:22.13	48.41	1250m: 19:50.97	48.65
	100m: 1:25.58	45.49	500m: 7:44.89	47.94	900m: 14:10.61	48.48	1300m: 20:39.38	48.41
	150m: 2:11.13	45.55	550m: 8:32.62	47.73	950m: 15:00.25	49.64	1350m: 21:28.00	48.62
	200m: 2:57.92	46.79	600m: 9:20.83	48.21	1000m: 15:48.88	48.63	1400m: 22:16.51	48.51
	250m: 3:44.93	47.01	650m: 10:08.93	48.10	1050m: 16:36.48	47.60	1450m: 23:04.62	48.11
	300m: 4:32.25	47.32	700m: 10:57.12	48.19	1100m: 17:24.95	48.47	1500m: 23:49.47	44.85
	350m: 5:20.92	48.67	750m: 11:45.46	48.34	1150m: 18:13.49	48.54		
	400m: 6:08.44	47.52	800m: 12:33.72	48.26	1200m: 19:02.32	48.83		
7.	Lisette van den Bos	De Geul	25:17.86	+0.81				
	50m: 42.06	42.06	450m: 7:25.16	51.50	850m: 14:15.85	50.94	1250m: 21:06.08	52.63
	100m: 1:30.73	48.67	500m: 8:16.66	51.50	900m: 15:06.29	50.44	1300m: 21:57.93	51.85
	150m: 2:20.75	50.02	550m: 9:08.53	51.87	950m: 15:56.91	50.62	1350m: 22:48.89	50.96
	200m: 3:11.08	50.33	600m: 9:59.32	50.79	1000m: 16:47.21	50.30	1400m: 23:39.69	50.80
	250m: 4:01.75	50.67	650m: 10:50.35	51.03	1050m: 17:38.31	51.10	1450m: 24:29.21	49.52
	300m: 4:52.11	50.36	700m: 11:41.29	50.94	1100m: 18:29.31	51.00	1500m: 25:17.86	48.65
	350m: 5:42.52	50.41	750m: 12:33.02	51.73	1150m: 19:21.32	52.01		
	400m: 6:33.66	51.14	800m: 13:24.91	51.89	1200m: 20:13.45	52.13		
8.	Marloes Rebel	WS Twente	25:59.33	+1.14				
	50m: 45.09	45.09	450m: 7:33.00	52.29	850m: 14:34.71	53.45	1250m: 21:39.40	53.66
	100m: 1:33.72	48.63	500m: 8:24.80	51.80	900m: 15:26.21	51.50	1300m: 22:32.65	53.25
	150m: 2:24.22	50.50	550m: 9:17.71	52.91	950m: 16:19.02	52.81	1350m: 23:26.37	53.72
	200m: 3:14.77	50.55	600m: 10:10.06	52.35	1000m: 17:11.42	52.40	1400m: 24:18.80	52.43
	250m: 4:05.81	51.04	650m: 11:02.79	52.73	1050m: 18:05.71	54.29	1450m: 25:11.90	53.10
	300m: 4:56.91	51.10	700m: 11:55.56	52.77	1100m: 18:58.84	53.13	1500m: 25:59.33	47.43
	350m: 5:48.75	51.84	750m: 12:48.45	52.89	1150m: 19:52.29	53.45		
	400m: 6:40.71	51.96	800m: 13:41.26	52.81	1200m: 20:45.74	53.45		
9.	Liesbeth van Mill	Zwemlust-den Hommel	26:22.47	+0.95				
	50m: 44.26	44.26	450m: 7:37.13	52.44	850m: 14:40.40	53.78	1250m: 21:52.71	54.34
	100m: 1:33.55	49.29	500m: 8:29.22	52.09	900m: 15:34.28	53.88	1300m: 22:47.12	54.41
	150m: 2:24.85	51.30	550m: 9:21.96	52.74	950m: 16:28.19	53.91	1350m: 23:41.42	54.30
	200m: 3:16.29	51.44	600m: 10:14.52	52.56	1000m: 17:22.34	54.15	1400m: 24:36.03	54.61
	250m: 4:08.79	52.50	650m: 11:07.24	52.72	1050m: 18:16.33	53.99	1450m: 25:29.61	53.58
	300m: 5:01.19	52.40	700m: 11:59.97	52.73	1100m: 19:10.16	53.83	1500m: 26:22.47	52.86
	350m: 5:52.58	51.39	750m: 12:53.26	53.29	1150m: 20:04.31	54.15		
	400m: 6:44.69	52.11	800m: 13:46.62	53.36	1200m: 20:58.37	54.06		

Masters 40+

1.	Carole Kettenmeyer-Reuland <i>Luxembourg Masters Record</i>	SC Le Dauphin Ettelbruck	LUX	2017	19:42.51	+0.76		
	50m: 35.93	35.93	450m: 5:48.03	39.18	850m: 11:04.34	39.93	1250m: 16:24.59	40.25
	100m: 1:14.36	38.43	500m: 6:27.28	39.25	900m: 11:44.25	39.91	1300m: 17:04.69	40.10
	150m: 1:52.76	38.40	550m: 7:06.32	39.04	950m: 12:24.46	40.21	1350m: 17:44.87	40.18
	200m: 2:31.68	38.92	600m: 7:45.67	39.35	1000m: 13:04.48	40.02	1400m: 18:24.73	39.86
	250m: 3:10.51	38.83	650m: 8:25.44	39.77	1050m: 13:44.78	40.30	1450m: 19:04.58	39.85
	300m: 3:49.61	39.10	700m: 9:04.92	39.48	1100m: 14:24.52	39.74	1500m: 19:42.51	37.93
	350m: 4:29.38	39.77	750m: 9:44.75	39.83	1150m: 15:04.68	40.16		
	400m: 5:08.85	39.47	800m: 10:24.41	39.66	1200m: 15:44.34	39.66		
2.	Chantal Verhoeff	Old Dutch	NED	197900912	22:25.45	+0.90		
	50m: 38.00	38.00	450m: 6:40.64	46.10	850m: 12:44.39	45.36	1250m: 18:43.78	45.32
	100m: 1:20.41	42.41	500m: 7:26.46	45.82	900m: 13:28.81	44.42	1300m: 19:27.96	44.18
	150m: 2:04.74	44.33	550m: 8:12.21	45.75	950m: 14:14.63	45.82	1350m: 20:12.73	44.77
	200m: 2:50.27	45.53	600m: 8:57.46	45.25	1000m: 14:59.08	44.45	1400m: 20:57.71	44.98
	250m: 3:35.99	45.72	650m: 9:43.33	45.87	1050m: 15:44.14	45.06	1450m: 21:42.54	44.83
	300m: 4:22.31	46.32	700m: 10:28.45	45.12	1100m: 16:29.10	44.96	1500m: 22:25.45	42.91
	350m: 5:08.56	46.25	750m: 11:14.03	45.58	1150m: 17:13.63	44.53		
	400m: 5:54.54	45.98	800m: 11:59.03	45.00	1200m: 17:58.46	44.83		
3.	Jessica Venema	WIDEX GZC DONK	NED	197901526	22:33.01	+0.84		
	50m: 37.21	37.21	450m: 6:39.83	45.90	850m: 12:44.78	45.29	1250m: 18:48.76	45.69
	100m: 1:18.87	41.66	500m: 7:25.04	45.21	900m: 13:30.03	45.25	1300m: 19:34.59	45.83
	150m: 2:03.55	44.68	550m: 8:10.67	45.63	950m: 14:15.15	45.12	1350m: 20:20.33	45.74
	200m: 2:49.13	45.58	600m: 8:56.45	45.78	1000m: 15:00.63	45.48	1400m: 21:06.62	46.29
	250m: 3:35.27	46.14	650m: 9:43.21	46.76	1050m: 15:45.62	44.99	1450m: 21:51.43	44.81
	300m: 4:21.51	46.24	700m: 10:28.82	45.61	1100m: 16:31.38	45.76	1500m: 22:33.01	41.58
	350m: 5:08.01	46.50	750m: 11:14.21	45.39	1150m: 17:17.21	45.83		
	400m: 5:53.93	45.92	800m: 11:59.49	45.28	1200m: 18:03.07	45.86		

Programmanr. 3, Dames, 1500m vrije slag

Masters 50+

1. Grith Sigsgaard		De Otters Het Gooi		NED		197200772		19:42.15		+0.80	
Nederlands Masters Record, 400, 800 en 1500m NMR											
50m:	34.32	34.32	450m:	5:44.63	39.03	850m:	11:02.32	39.55	1250m:	16:22.23	39.91
100m:	1:12.46	38.14	500m:	6:23.87	39.24	900m:	11:42.57	40.25	1300m:	17:02.93	40.70
150m:	1:51.10	38.64	550m:	7:03.47	39.60	950m:	12:22.49	39.92	1350m:	17:42.70	39.77
200m:	2:29.79	38.69	600m:	7:43.48	40.01	1000m:	13:02.42	39.93	1400m:	18:23.03	40.33
250m:	3:08.31	38.52	650m:	8:23.10	39.62	1050m:	13:41.88	39.46	1450m:	19:02.93	39.90
300m:	3:47.35	39.04	700m:	9:03.29	40.19	1100m:	14:22.22	40.34	1500m:	19:42.15	39.22
350m:	4:26.30	38.95	750m:	9:42.77	39.48	1150m:	15:01.78	39.56			
400m:	5:05.60	39.30	800m:	10:22.77	40.00	1200m:	15:42.32	40.54			
2. Kathy Van Lindt		CNSW		BEL		007949/71		20:49.71		+1.07	
50m:	37.70	37.70	450m:	6:09.96	41.62	850m:	11:46.59	41.75	1250m:	17:23.50	42.06
100m:	1:18.67	40.97	500m:	6:51.78	41.82	900m:	12:28.85	42.26	1300m:	18:05.48	41.98
150m:	1:59.93	41.26	550m:	7:33.87	42.09	950m:	13:10.90	42.05	1350m:	18:47.27	41.79
200m:	2:41.86	41.93	600m:	8:15.85	41.98	1000m:	13:53.62	42.72	1400m:	19:29.26	41.99
250m:	3:22.83	40.97	650m:	8:58.00	42.15	1050m:	14:35.29	41.67	1450m:	20:09.89	40.63
300m:	4:04.53	41.70	700m:	9:40.86	42.86	1100m:	15:17.31	42.02	1500m:	20:49.71	39.82
350m:	4:46.35	41.82	750m:	10:22.64	41.78	1150m:	15:59.35	42.04			
400m:	5:28.34	41.99	800m:	11:04.84	42.20	1200m:	16:41.44	42.09			
3. Bianca Groot		MSV-Zeemacht		NED		197000652		21:01.62		+0.92	
50m:	36.46	36.46	450m:	6:06.88	41.77	850m:	11:45.05	42.43	1250m:	17:27.08	42.85
100m:	1:16.75	40.29	500m:	6:49.07	42.19	900m:	12:27.51	42.46	1300m:	18:10.64	43.56
150m:	1:57.26	40.51	550m:	7:31.06	41.99	950m:	13:10.17	42.66	1350m:	18:53.63	42.99
200m:	2:38.41	41.15	600m:	8:13.56	42.50	1000m:	13:52.97	42.80	1400m:	19:37.05	43.42
250m:	3:19.79	41.38	650m:	8:55.46	41.90	1050m:	14:35.36	42.39	1450m:	20:20.01	42.96
300m:	4:01.56	41.77	700m:	9:37.70	42.24	1100m:	15:18.14	42.78	1500m:	21:01.62	41.61
350m:	4:42.87	41.31	750m:	10:20.08	42.38	1150m:	16:00.63	42.49			
400m:	5:25.11	42.24	800m:	11:02.62	42.54	1200m:	16:44.23	43.60			
4. Iris van Aurich		DWK		NED		196900866		22:56.49		+0.80	
50m:	38.07	38.07	450m:	6:39.36	45.89	850m:	12:51.26	47.11	1250m:	19:07.51	48.18
100m:	1:22.48	44.41	500m:	7:25.89	46.53	900m:	13:37.98	46.72	1300m:	19:54.15	46.64
150m:	2:07.06	44.58	550m:	8:12.46	46.57	950m:	14:24.71	46.73	1350m:	20:41.39	47.24
200m:	2:51.73	44.67	600m:	8:58.70	46.24	1000m:	15:11.23	46.52	1400m:	21:28.20	46.81
250m:	3:37.01	45.28	650m:	9:45.84	47.14	1050m:	15:58.27	47.04	1450m:	22:14.10	45.90
300m:	4:22.16	45.15	700m:	10:31.82	45.98	1100m:	16:44.68	46.41	1500m:	22:56.49	42.39
350m:	5:08.04	45.88	750m:	11:18.34	46.52	1150m:	17:32.26	47.58			
400m:	5:53.47	45.43	800m:	12:04.15	45.81	1200m:	18:19.33	47.07			
5. Annet Kootstra		SWOL 1894		NED		197100344		26:40.79		+0.99	
50m:	45.58	45.58	450m:	7:43.03	52.82	850m:	14:50.16	53.37	1250m:	22:06.50	54.51
100m:	1:35.77	50.19	500m:	8:36.35	53.32	900m:	15:43.99	53.83	1300m:	23:01.72	55.22
150m:	2:27.57	51.80	550m:	9:28.76	52.41	950m:	16:38.11	54.12	1350m:	23:56.26	54.54
200m:	3:20.12	52.55	600m:	10:22.62	53.86	1000m:	17:32.63	54.52	1400m:	24:51.45	55.19
250m:	4:11.63	51.51	650m:	11:15.92	53.30	1050m:	18:27.00	54.37	1450m:	25:47.34	55.89
300m:	5:04.58	52.95	700m:	12:09.63	53.71	1100m:	19:21.71	54.71	1500m:	26:40.79	53.45
350m:	5:57.47	52.89	750m:	13:02.79	53.16	1150m:	20:16.35	54.64			
400m:	6:50.21	52.74	800m:	13:56.79	54.00	1200m:	21:11.99	55.64			
6. Kristien Van de Moortel		Shark		BEL		20315/69		27:18.60		+0.89	
50m:	46.60	46.60	450m:	8:00.02	54.43	850m:	15:16.71	54.44	1250m:	22:41.02	55.87
100m:	1:40.25	53.65	500m:	8:54.73	54.71	900m:	16:11.63	54.92	1300m:	23:37.13	56.11
150m:	2:33.87	53.62	550m:	9:48.85	54.12	950m:	17:06.57	54.94	1350m:	24:33.53	56.40
200m:	3:27.86	53.99	600m:	10:43.32	54.47	1000m:	18:02.36	55.79	1400m:	25:29.89	56.36
250m:	4:21.85	53.99	650m:	11:37.80	54.48	1050m:	18:57.57	55.21	1450m:	26:25.26	55.37
300m:	5:16.40	54.55	700m:	12:32.56	54.76	1100m:	19:53.40	55.83	1500m:	27:18.60	53.34
350m:	6:11.01	54.61	750m:	13:27.30	54.74	1150m:	20:48.94	55.54			
400m:	7:05.59	54.58	800m:	14:22.27	54.97	1200m:	21:45.15	56.21			
7. Greta Wyma-Teitsma		DWK		NED		197100696		28:32.38		+1.05	
*400, 800m											
50m:	48.48	48.48	450m:	8:18.39	56.55	850m:	15:56.72	57.97	1250m:	23:42.92	1:00.30
100m:	1:43.47	54.99	500m:	9:15.34	56.95	900m:	16:54.16	57.44	1300m:	24:41.18	58.26
150m:	2:39.51	56.04	550m:	10:12.21	56.87	950m:	17:53.66	59.50	1350m:	25:39.99	58.81
200m:	3:35.75	56.24	600m:	11:09.31	57.10	1000m:	18:50.37	56.71	1400m:	26:38.31	58.32
250m:	4:31.77	56.02	650m:	12:07.60	58.29	1050m:	19:48.87	58.50	1450m:	27:37.05	58.74
300m:	5:27.66	55.89	700m:	13:04.59	56.99	1100m:	20:46.37	57.50	1500m:	28:32.38	55.33
350m:	6:24.71	57.05	750m:	14:02.29	57.70	1150m:	21:45.41	59.04			
400m:	7:21.84	57.13	800m:	14:58.75	56.46	1200m:	22:42.62	57.21			



Open Nederlandse Masters
Kampioenschappen 2022 lange baan
Eindhoven 5-8 mei 2022



Programmanr. 3, Dames, 1500m vrije slag

Masters 55+

1. Katrien Delaender	Deerlijkse Zwemvereniging	BEL	21012/66	19:46.71	+0.80
<i>Kampioenschapsrecord, Belgisch Masters Record</i>					
50m: 34.65	34.65	450m: 5:51.05	39.93	850m: 11:09.00	39.83
100m: 1:12.62	37.97	500m: 6:30.76	39.71	900m: 11:48.48	39.48
150m: 1:52.04	39.42	550m: 7:10.64	39.88	950m: 12:28.40	39.92
200m: 2:31.57	39.53	600m: 7:50.22	39.58	1000m: 13:07.85	39.45
250m: 3:11.54	39.97	650m: 8:30.24	40.02	1050m: 13:47.79	39.94
300m: 3:51.11	39.57	700m: 9:09.76	39.52	1100m: 14:27.54	39.75
350m: 4:31.30	40.19	750m: 9:49.68	39.92	1150m: 15:07.82	40.28
400m: 5:11.12	39.82	800m: 10:29.17	39.49	1200m: 15:47.83	40.01
2. Wilna Heijman	Steenwijk 1934	NED	196400506	22:01.83	+0.83
50m: 38.86	38.86	450m: 6:25.79	43.65	850m: 12:20.05	44.47
100m: 1:20.86	42.00	500m: 7:10.24	44.45	900m: 13:04.91	44.86
150m: 2:03.35	42.49	550m: 7:53.89	43.65	950m: 13:49.06	44.15
200m: 2:46.70	43.35	600m: 8:38.12	44.23	1000m: 14:33.89	44.83
250m: 3:30.11	43.41	650m: 9:22.21	44.09	1050m: 15:18.20	44.31
300m: 4:14.40	44.29	700m: 10:06.83	44.62	1100m: 16:03.16	44.96
350m: 4:58.10	43.70	750m: 10:51.03	44.20	1150m: 16:47.58	44.42
400m: 5:42.14	44.04	800m: 11:35.58	44.55	1200m: 17:32.51	44.93
3. Laura Staal	Oceanus	NED	196700358	22:36.68	+0.79
50m: 39.39	39.39	450m: 6:43.21	44.86	850m: 12:46.31	45.10
100m: 1:24.13	44.74	500m: 7:29.12	45.91	900m: 13:31.86	45.55
150m: 2:09.13	45.00	550m: 8:13.79	44.67	950m: 14:17.33	45.47
200m: 2:54.92	45.79	600m: 8:59.28	45.49	1000m: 15:03.02	45.69
250m: 3:40.86	45.94	650m: 9:44.51	45.23	1050m: 15:48.38	45.36
300m: 4:26.80	45.94	700m: 10:30.47	45.96	1100m: 16:34.20	45.82
350m: 5:12.30	45.50	750m: 11:15.67	45.20	1150m: 17:19.71	45.51
400m: 5:58.35	46.05	800m: 12:01.21	45.54	1200m: 18:05.65	45.94
4. K. van Nassau-van den Heuvel	Old Dutch	NED	196600188	24:50.08	+0.98
50m: 43.82	43.82	450m: 7:22.51	50.54	850m: 14:02.02	49.85
100m: 1:31.87	48.05	500m: 8:12.59	50.08	900m: 14:52.30	50.28
150m: 2:21.47	49.60	550m: 9:02.83	50.24	950m: 15:42.59	50.29
200m: 3:10.98	49.51	600m: 9:52.86	50.03	1000m: 16:32.88	50.29
250m: 4:01.19	50.21	650m: 10:43.04	50.18	1050m: 17:22.70	49.82
300m: 4:51.21	50.02	700m: 11:32.95	49.91	1100m: 18:11.97	49.27
350m: 5:41.69	50.48	750m: 12:22.31	49.36	1150m: 19:02.15	50.18
400m: 6:31.97	50.28	800m: 13:12.17	49.86	1200m: 19:52.27	50.12
5. Maud Peuten-Evers	Mosa-Regio	NED	196400584	25:01.89	+1.08
50m: 41.73	41.73	450m: 7:14.65	50.24	850m: 13:57.84	50.84
100m: 1:28.74	47.01	500m: 8:04.85	50.20	900m: 14:47.85	50.01
150m: 2:16.63	47.89	550m: 8:54.77	49.92	950m: 15:38.92	51.07
200m: 3:05.56	48.93	600m: 9:45.10	50.33	1000m: 16:29.44	50.52
250m: 3:54.95	49.39	650m: 10:35.54	50.44	1050m: 17:20.39	50.95
300m: 4:44.39	49.44	700m: 11:25.42	49.88	1100m: 18:10.80	50.41
350m: 5:34.52	50.13	750m: 12:16.84	51.42	1150m: 19:02.62	51.82
400m: 6:24.41	49.89	800m: 13:07.00	50.16	1200m: 19:53.83	51.21
6. Ann Vandembrouck	ROSC	BEL	20321/65	32:55.05	+1.08
50m: 56.15	56.15	450m: 9:39.45	1:04.64	850m: 18:27.65	1:04.00
100m: 2:00.69	1:04.54	500m: 10:45.47	1:06.02	900m: 19:36.86	1:09.21
150m: 3:04.90	1:04.21	550m: 11:50.96	1:05.49	950m: 20:40.61	1:03.75
200m: 4:11.39	1:06.49	600m: 12:58.17	1:07.21	1000m: 21:47.98	1:07.37
250m: 5:16.43	1:05.04	650m: 14:02.52	1:04.35	1050m: 22:52.95	1:04.97
300m: 6:23.00	1:06.57	700m: 15:11.40	1:08.88	1100m: 24:00.75	1:07.80
350m: 7:27.63	1:04.63	750m: 16:14.79	1:03.39	1150m: 25:07.23	1:06.48
400m: 8:34.81	1:07.18	800m: 17:23.65	1:08.86	1200m: 26:14.47	1:07.24
DIS Marie-Jeanne Vandormael	Genker ZV Neptunus	BEL	21035/63		
<i>AF - De aangegeven afstand niet uitgezwommen.</i>					

Masters 60+

1. Irene van der Laan	ZVVS	NED	196000096	22:36.24	+0.89
50m: 41.22	41.22	450m: 6:41.60	45.64	850m: 12:45.99	45.60
100m: 1:25.53	44.31	500m: 7:26.94	45.34	900m: 13:31.38	45.39
150m: 2:09.97	44.44	550m: 8:12.67	45.73	950m: 14:16.79	45.41
200m: 2:54.99	45.02	600m: 8:57.99	45.32	1000m: 15:02.59	45.80
250m: 3:39.81	44.82	650m: 9:43.82	45.83	1050m: 15:47.64	45.05
300m: 4:25.26	45.45	700m: 10:29.48	45.66	1100m: 16:33.25	45.61
350m: 5:10.47	45.21	750m: 11:15.25	45.77	1150m: 17:18.69	45.44
400m: 5:55.96	45.49	800m: 12:00.39	45.14	1200m: 18:04.53	45.84

Programmanr. 3, Dames, 1500m vrije slag, Masters 60+

rang	naam	vereniging	tijd	RT	PARA	
2.	Patty Verhagen	PSV	23:35.06	+0.68		
	50m: 42.29	42.29	450m: 6:52.35	46.49	850m: 13:11.57	47.06
	100m: 1:27.56	45.27	500m: 7:40.19	47.84	900m: 13:59.39	47.82
	150m: 2:13.01	45.45	550m: 8:26.97	46.78	950m: 14:46.76	47.37
	200m: 2:59.22	46.21	600m: 9:14.48	47.51	1000m: 15:35.11	48.35
	250m: 3:45.19	45.97	650m: 10:01.60	47.12	1050m: 16:22.75	47.64
	300m: 4:32.16	46.97	700m: 10:49.44	47.84	1100m: 17:10.89	48.14
	350m: 5:18.62	46.46	750m: 11:36.79	47.35	1150m: 17:58.60	47.71
	400m: 6:05.86	47.24	800m: 12:24.51	47.72	1200m: 18:46.90	48.30
3.	Linda Wibbelink	Steenwijk 1934	24:38.80	+0.88		
	50m: 44.85	44.85	450m: 7:22.91	50.62	850m: 14:00.95	49.68
	100m: 1:33.18	48.33	500m: 8:12.47	49.56	900m: 14:50.15	49.20
	150m: 2:22.78	49.60	550m: 9:02.92	50.45	950m: 15:39.83	49.68
	200m: 3:12.28	49.50	600m: 9:52.71	49.79	1000m: 16:28.94	49.11
	250m: 4:02.18	49.90	650m: 10:42.94	50.23	1050m: 17:18.70	49.76
	300m: 4:51.68	49.50	700m: 11:32.41	49.47	1100m: 18:07.49	48.79
	350m: 5:42.40	50.72	750m: 12:21.75	49.34	1150m: 18:56.85	49.36
	400m: 6:32.29	49.89	800m: 13:11.27	49.52	1200m: 19:45.98	49.13
4.	Riny Zeijveld-Meuleman	De Berkelduikers	25:23.46	+1.08		
	50m: 43.47	43.47	450m: 7:30.86	51.47	850m: 14:17.10	50.69
	100m: 1:33.24	49.77	500m: 8:21.34	50.48	900m: 15:07.68	50.58
	150m: 2:23.33	50.09	550m: 9:12.88	51.54	950m: 15:58.92	51.24
	200m: 3:15.19	51.86	600m: 10:03.72	50.84	1000m: 16:50.15	51.23
	250m: 4:06.92	51.73	650m: 10:54.88	51.16	1050m: 17:42.47	52.32
	300m: 4:57.99	51.07	700m: 11:45.27	50.39	1100m: 18:33.81	51.34
	350m: 5:48.76	50.77	750m: 12:36.12	50.85	1150m: 19:26.07	52.26
	400m: 6:39.39	50.63	800m: 13:26.41	50.29	1200m: 20:17.05	50.98
5.	Jennie Resink-lindeboom	DWK	26:48.05	+1.12		
	50m: 45.79	45.79	450m: 7:55.46	53.94	850m: 15:09.70	53.83
	100m: 1:36.47	50.68	500m: 8:50.18	54.72	900m: 16:03.95	54.25
	150m: 2:28.98	52.51	550m: 9:44.20	54.02	950m: 16:57.50	53.55
	200m: 3:22.88	53.90	600m: 10:39.01	54.81	1000m: 17:52.19	54.69
	250m: 4:16.70	53.82	650m: 11:33.01	54.00	1050m: 18:46.09	53.90
	300m: 5:12.49	55.79	700m: 12:27.41	54.40	1100m: 19:40.81	54.72
	350m: 6:06.69	54.20	750m: 13:21.65	54.24	1150m: 20:34.91	54.10
	400m: 7:01.52	54.83	800m: 14:15.87	54.22	1200m: 21:30.36	55.45
6.	Karien Musters	Old Dutch	32:35.11	+0.88		
	50m: 53.75	53.75	450m: 9:27.71	1:06.22	850m: 18:17.07	1:06.40
	100m: 1:53.38	59.63	500m: 10:33.53	1:05.82	900m: 19:23.22	1:06.15
	150m: 2:56.14	1:02.76	550m: 11:39.08	1:05.55	950m: 20:29.61	1:06.39
	200m: 4:00.30	1:04.16	600m: 12:45.63	1:06.55	1000m: 21:35.58	1:05.97
	250m: 5:04.81	1:04.51	650m: 13:51.52	1:05.89	1050m: 22:41.38	1:05.80
	300m: 6:10.31	1:05.50	700m: 14:57.93	1:06.41	1100m: 23:47.12	1:05.74
	350m: 7:16.24	1:05.93	750m: 16:04.21	1:06.28	1150m: 24:51.78	1:04.66
	400m: 8:21.49	1:05.25	800m: 17:10.67	1:06.46	1200m: 25:57.23	1:05.45
7.	Mies Kuipers	Old Dutch	37:38.50	+0.99		
	50m: 1:04.63	1:04.63	450m: 10:52.85	1:14.22	850m: 20:52.33	1:14.11
	100m: 2:17.41	1:12.78	500m: 12:07.24	1:14.39	900m: 22:08.67	1:16.34
	150m: 3:30.82	1:13.41	550m: 13:21.06	1:13.82	950m: 23:23.52	1:14.85
	200m: 4:44.62	1:13.80	600m: 14:35.77	1:14.71	1000m: 24:40.91	1:17.39
	250m: 5:58.30	1:13.68	650m: 15:50.51	1:14.74	1050m: 25:57.55	1:16.64
	300m: 7:12.45	1:14.15	700m: 17:06.59	1:16.08	1100m: 27:15.89	1:18.34
	350m: 8:25.25	1:12.80	750m: 18:22.02	1:15.43	1150m: 28:32.82	1:16.93
	400m: 9:38.63	1:13.38	800m: 19:38.22	1:16.20	1200m: 29:52.45	1:19.63

Masters 65+

1.	Monica Bakker	Steenwijk 1934	26:14.04	+0.93		
	50m: 45.67	45.67	450m: 7:42.73	52.46	850m: 14:43.09	52.21
	100m: 1:36.44	50.77	500m: 8:35.98	53.25	900m: 15:36.52	53.43
	150m: 2:27.59	51.15	550m: 9:27.92	51.94	950m: 16:28.83	52.31
	200m: 3:20.01	52.42	600m: 10:20.74	52.82	1000m: 17:22.59	53.76
	250m: 4:11.38	51.37	650m: 11:12.07	51.33	1050m: 18:14.99	52.40
	300m: 5:04.89	53.51	700m: 12:05.11	53.04	1100m: 19:08.65	53.66
	350m: 5:56.99	52.10	750m: 12:57.35	52.24	1150m: 20:00.81	52.16
	400m: 6:50.27	53.28	800m: 13:50.88	53.53	1200m: 20:54.57	53.76
2.	Ilse Biegler	SU Mödling	28:51.19	+1.08		
	50m: 47.20	47.20	450m: 8:22.16	57.23	850m: 16:10.50	58.74
	100m: 1:41.89	54.69	500m: 9:20.79	58.63	900m: 17:09.59	59.09
	150m: 2:40.47	58.58	550m: 10:18.41	57.62	950m: 18:08.11	58.52
	200m: 3:37.74	57.27	600m: 11:17.38	58.97	1000m: 19:07.75	59.64
	250m: 4:33.99	56.25	650m: 12:15.89	58.51	1050m: 20:07.86	1:00.11
	300m: 5:30.85	56.86	700m: 13:14.08	58.19	1100m: 21:06.74	58.88
	350m: 6:27.56	56.71	750m: 14:12.52	58.44	1150m: 22:05.46	58.72
	400m: 7:24.93	57.37	800m: 15:11.76	59.24	1200m: 23:04.38	58.92



Open Nederlandse Masters
Kampioenschappen 2022 lange baan
Eindhoven 5-8 mei 2022



Programmanr. 3, Dames, 1500m vrije slag

Masters 70+

1. Gonnie Bak			PSV	NED 195100064			31:45.91	+0.93
50m:	54.49	54.49	450m:	9:15.18	1:02.56	850m:	17:44.83	1:03.75
100m:	1:56.14	1:01.65	500m:	10:18.35	1:03.17	900m:	18:50.20	1:05.37
150m:	2:58.04	1:01.90	550m:	11:20.65	1:02.30	950m:	19:55.45	1:05.25
200m:	4:01.36	1:03.32	600m:	12:24.67	1:04.02	1000m:	21:00.35	1:04.90
250m:	5:03.25	1:01.89	650m:	13:28.85	1:04.18	1050m:	22:04.89	1:04.54
300m:	6:06.72	1:03.47	700m:	14:32.80	1:03.95	1100m:	23:10.37	1:05.48
350m:	7:08.57	1:01.85	750m:	15:36.36	1:03.56	1150m:	24:15.42	1:05.05
400m:	8:12.62	1:04.05	800m:	16:41.08	1:04.72	1200m:	25:20.89	1:05.47

Masters 75+

1. Corrie Verhoeven			PSV	NED 194600026			28:55.03	+0.90
<i>Nederlands Masters Record</i>								
50m:	47.70	47.70	450m:	8:29.25	58.58	850m:	16:17.39	58.98
100m:	1:42.16	54.46	500m:	9:27.91	58.66	900m:	17:15.89	58.50
150m:	2:39.31	57.15	550m:	10:26.44	58.53	950m:	18:14.83	58.94
200m:	3:37.84	58.53	600m:	11:23.82	57.38	1000m:	19:13.05	58.22
250m:	4:36.13	58.29	650m:	12:22.87	59.05	1050m:	20:11.71	58.66
300m:	5:33.76	57.63	700m:	13:21.61	58.74	1100m:	21:10.20	58.49
350m:	6:32.22	58.46	750m:	14:19.87	58.26	1150m:	22:09.14	58.94
400m:	7:30.67	58.45	800m:	15:18.41	58.54	1200m:	23:07.94	58.80

Masters 80+

1. Marie Smits			Old Dutch	NED 193800004			35:51.47	+1.13
50m:	57.95	57.95	450m:	10:29.75	1:12.19	850m:	20:09.32	1:13.75
100m:	2:07.29	1:09.34	500m:	11:42.05	1:12.30	900m:	21:22.49	1:13.17
150m:	3:19.37	1:12.08	550m:	12:55.11	1:13.06	950m:	22:35.52	1:13.03
200m:	4:30.53	1:11.16	600m:	14:07.16	1:12.05	1000m:	23:47.30	1:11.78
250m:	5:41.92	1:11.39	650m:	15:18.36	1:11.20	1050m:	25:00.80	1:13.50
300m:	6:53.71	1:11.79	700m:	16:30.42	1:12.06	1100m:	26:13.10	1:12.30
350m:	8:06.52	1:12.81	750m:	17:44.24	1:13.82	1150m:	27:26.69	1:13.59
400m:	9:17.56	1:11.04	800m:	18:55.57	1:11.33	1200m:	28:40.06	1:13.37

Masters 85+

1. Lottie Geurts			PSV	NED 193500006			35:55.82	+1.17
<i>Nederlands Masters Record, 800 en 1500m NMR</i>								
50m:	1:03.84	1:03.84	450m:	10:35.96	1:11.64	850m:	20:08.38	1:13.38
100m:	2:12.57	1:08.73	500m:	11:48.04	1:12.08	900m:	21:22.40	1:14.02
150m:	3:23.02	1:10.45	550m:	12:59.06	1:11.02	950m:	22:34.60	1:12.20
200m:	4:34.67	1:11.65	600m:	14:10.34	1:11.28	1000m:	23:47.52	1:12.92
250m:	5:46.86	1:12.19	650m:	15:21.52	1:11.18	1050m:	25:02.12	1:14.60
300m:	6:58.72	1:11.86	700m:	16:33.69	1:12.17	1100m:	26:13.80	1:11.68
350m:	8:11.27	1:12.55	750m:	17:45.32	1:11.63	1150m:	27:28.29	1:14.49
400m:	9:24.32	1:13.05	800m:	18:55.00	1:09.68	1200m:	28:41.75	1:13.46