

Programmanr. 17
07-05-2022 - 9:00

Dames, 800m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	tijd	RT	PARA			
Masters 20+								
1.	Laura Setz	Bubble	NED 200000130	9:26.95	+0.91			
	50m: 30.86	30.86	250m: 2:51.36	35.30	450m: 5:14.08	35.49	650m: 7:39.40	36.13
	100m: 1:04.94	34.08	300m: 3:27.19	35.83	500m: 5:50.02	35.94	700m: 8:16.44	37.04
	150m: 1:40.21	35.27	350m: 4:02.71	35.52	550m: 6:26.65	36.63	750m: 8:52.55	36.11
	200m: 2:16.06	35.85	400m: 4:38.59	35.88	600m: 7:03.27	36.62	800m: 9:26.95	34.40
2.	Myra Smulders	Blue Marlins (SG)	NED 199904308	10:00.54	+0.73			
	50m: 32.66	32.66	250m: 3:03.23	37.87	450m: 5:36.68	38.17	650m: 8:09.53	38.20
	100m: 1:09.73	37.07	300m: 3:41.68	38.45	500m: 6:14.94	38.26	700m: 8:47.80	38.27
	150m: 1:47.11	37.38	350m: 4:19.79	38.11	550m: 6:53.21	38.27	750m: 9:24.85	37.05
	200m: 2:25.36	38.25	400m: 4:58.51	38.72	600m: 7:31.33	38.12	800m: 10:00.54	35.69
3.	Roos Englebort	Hieronymus	NED 200200606	10:05.58	+0.79			
	50m: 34.19	34.19	250m: 3:07.54	38.48	450m: 5:41.82	38.42	650m: 8:14.83	37.73
	100m: 1:12.20	38.01	300m: 3:46.21	38.67	500m: 6:20.57	38.75	700m: 8:53.02	38.19
	150m: 1:50.40	38.20	350m: 4:24.73	38.52	550m: 6:58.74	38.17	750m: 9:29.66	36.64
	200m: 2:29.06	38.66	400m: 5:03.40	38.67	600m: 7:37.10	38.36	800m: 10:05.58	35.92
4.	Marijke Drent	Bubble	NED 199906232	10:08.85	+0.86			
	50m: 33.61	33.61	250m: 3:07.58	38.95	450m: 5:42.87	38.68	650m: 8:17.18	38.25
	100m: 1:11.35	37.74	300m: 3:46.52	38.94	500m: 6:21.94	39.07	700m: 8:55.95	38.77
	150m: 1:49.58	38.23	350m: 4:25.14	38.62	550m: 7:00.14	38.20	750m: 9:33.34	37.39
	200m: 2:28.63	39.05	400m: 5:04.19	39.05	600m: 7:38.93	38.79	800m: 10:08.85	35.51
5.	Isabelle Janssen	De Geul	NED 200006318	11:47.62	+0.87			
	50m: 39.52	39.52	250m: 3:35.66	44.81	450m: 6:37.54	45.87	650m: 9:37.68	44.27
	100m: 1:22.04	42.52	300m: 4:21.20	45.54	500m: 7:23.26	45.72	700m: 10:22.40	44.72
	150m: 2:06.11	44.07	350m: 5:05.86	44.66	550m: 8:08.47	45.21	750m: 11:06.44	44.04
	200m: 2:50.85	44.74	400m: 5:51.67	45.81	600m: 8:53.41	44.94	800m: 11:47.62	41.18
Masters 25+								
1.	Tamara Grove	De Dolfijn	NED 199601266	9:37.75	+0.76			
	50m: 31.97	31.97	250m: 2:56.09	36.35	450m: 5:22.15	36.75	650m: 7:49.44	37.06
	100m: 1:07.44	35.47	300m: 3:32.51	36.42	500m: 5:58.85	36.70	700m: 8:26.33	36.89
	150m: 1:43.75	36.31	350m: 4:08.94	36.43	550m: 6:35.49	36.64	750m: 9:02.65	36.32
	200m: 2:19.74	35.99	400m: 4:45.40	36.46	600m: 7:12.38	36.89	800m: 9:37.75	35.10
2.	Fiona Meuffels	RZ	NED 199504366	10:42.62	+0.66			
	50m: 33.71	33.71	250m: 3:13.37	40.93	450m: 5:59.54	41.56	650m: 8:44.62	41.40
	100m: 1:11.75	38.04	300m: 3:54.90	41.53	500m: 6:40.63	41.09	700m: 9:25.01	40.39
	150m: 1:51.43	39.68	350m: 4:36.54	41.64	550m: 7:21.82	41.19	750m: 10:05.29	40.28
	200m: 2:32.44	41.01	400m: 5:17.98	41.44	600m: 8:03.22	41.40	800m: 10:42.62	37.33
3.	Anouk Kuijlaars	PSV	NED 199401700	10:57.77	+0.79			
	50m: 37.53	37.53	250m: 3:22.17	42.56	450m: 6:07.14	41.55	650m: 8:55.22	42.67
	100m: 1:17.54	40.01	300m: 4:03.27	41.10	500m: 6:48.38	41.24	700m: 9:37.09	41.87
	150m: 1:58.67	41.13	350m: 4:45.14	41.87	550m: 7:30.55	42.17	750m: 10:18.61	41.52
	200m: 2:39.61	40.94	400m: 5:25.59	40.45	600m: 8:12.55	42.00	800m: 10:57.77	39.16
4.	Marijke Kommers	Niemo Barracuda	NED 199305334	11:04.19	+0.80			
	50m: 35.33	35.33	250m: 3:22.02	42.17	450m: 6:12.98	43.16	650m: 9:02.85	42.79
	100m: 1:16.29	40.96	300m: 4:04.60	42.58	500m: 6:54.98	42.00	700m: 9:43.99	41.14
	150m: 1:57.81	41.52	350m: 4:46.93	42.33	550m: 7:37.63	42.65	750m: 10:25.27	41.28
	200m: 2:39.85	42.04	400m: 5:29.82	42.89	600m: 8:20.06	42.43	800m: 11:04.19	38.92
5.	Larissa Jansen	PSV	NED 199500660	11:15.13	+0.90			
	50m: 36.49	36.49	250m: 3:22.76	42.42	450m: 6:13.58	42.95	650m: 9:06.13	42.83
	100m: 1:16.67	40.18	300m: 4:04.97	42.21	500m: 6:56.83	43.25	700m: 9:49.73	43.60
	150m: 1:58.20	41.53	350m: 4:47.47	42.50	550m: 7:39.87	43.04	750m: 10:33.04	43.31
	200m: 2:40.34	42.14	400m: 5:30.63	43.16	600m: 8:23.30	43.43	800m: 11:15.13	42.09
6.	Nona Michiels	ZC "De Dolfijnen" Asse-Ternat	BEL 21032/93	11:43.87	+0.78			
	50m: 37.97	37.97	250m: 3:32.58	44.03	450m: 6:32.64	45.07	650m: 9:32.46	44.41
	100m: 1:20.45	42.48	300m: 4:17.36	44.78	500m: 7:17.87	45.23	700m: 10:17.61	45.15
	150m: 2:04.07	43.62	350m: 5:02.13	44.77	550m: 8:02.66	44.79	750m: 11:01.38	43.77
	200m: 2:48.55	44.48	400m: 5:47.57	45.44	600m: 8:48.05	45.39	800m: 11:43.87	42.49
7.	Mariska Gach	ZVL-1886 Center	NED 199501760	11:48.33	+0.82			
	50m: 38.98	38.98	250m: 3:39.80	45.60	450m: 6:41.63	44.96	650m: 9:39.99	43.80
	100m: 1:23.61	44.63	300m: 4:25.40	45.60	500m: 7:26.72	45.09	700m: 10:24.45	44.46
	150m: 2:08.30	44.69	350m: 5:11.02	45.62	550m: 8:11.17	44.45	750m: 11:07.30	42.85
	200m: 2:54.20	45.90	400m: 5:56.67	45.65	600m: 8:56.19	45.02	800m: 11:48.33	41.03

Programmanr. 17, Dames, 800m vrije slag

Masters 30+

1. Maaike Vooren	DAW	NED	199103324	9:58.75	+0.82
50m: 33.96	33.96	250m: 3:06.16	37.89	450m: 5:36.65	37.69
100m: 1:12.04	38.08	300m: 3:43.76	37.60	500m: 6:14.31	37.66
150m: 1:50.17	38.13	350m: 4:21.21	37.45	550m: 6:52.04	37.73
200m: 2:28.27	38.10	400m: 4:58.96	37.75	600m: 7:29.76	37.72
650m: 8:07.35	37.59			700m: 8:45.38	38.03
700m: 8:45.38	38.03			750m: 9:22.47	37.09
750m: 9:22.47	37.09			800m: 9:58.75	36.28
800m: 9:58.75	36.28				
2. Lisanne Andeweg	Zuiderzeewimmers	NED	198800092	10:31.21	+0.82
50m: 34.94	34.94	250m: 3:14.02	40.58	450m: 5:55.80	40.13
100m: 1:13.73	38.79	300m: 3:54.45	40.43	500m: 6:35.75	39.95
150m: 1:53.36	39.63	350m: 4:35.26	40.81	550m: 7:15.72	39.97
200m: 2:33.44	40.08	400m: 5:15.67	40.41	600m: 7:55.50	39.78
650m: 8:35.07	39.57			700m: 9:14.60	39.53
700m: 9:14.60	39.53			750m: 9:53.94	39.34
750m: 9:53.94	39.34			800m: 10:31.21	37.27
800m: 10:31.21	37.27				
3. Suzan Blankestijn	ZVL-1886 Center	NED	198900350	11:34.64	+0.81
50m: 37.21	37.21	250m: 3:33.73	43.85	450m: 6:31.38	43.97
100m: 1:20.90	43.69	300m: 4:18.63	44.90	500m: 7:15.54	44.16
150m: 2:05.09	44.19	350m: 5:03.12	44.49	550m: 7:59.07	43.53
200m: 2:49.88	44.79	400m: 5:47.41	44.29	600m: 8:43.24	44.17
650m: 9:26.42	43.18			700m: 10:09.70	43.28
700m: 10:09.70	43.28			750m: 10:52.88	43.18
750m: 10:52.88	43.18			800m: 11:34.64	41.76
800m: 11:34.64	41.76				
4. Jacolien van den Beukel	De Lansingh	NED	199100238	11:47.25	+0.79
50m: 39.71	39.71	250m: 3:38.31	45.07	450m: 6:37.53	44.91
100m: 1:23.26	43.55	300m: 4:23.12	44.81	500m: 7:21.78	44.25
150m: 2:08.17	44.91	350m: 5:08.32	45.20	550m: 8:06.82	45.04
200m: 2:53.24	45.07	400m: 5:52.62	44.30	600m: 8:51.24	44.42
650m: 9:36.55	45.31			700m: 10:21.60	45.05
700m: 10:21.60	45.05			750m: 11:06.73	45.13
750m: 11:06.73	45.13			800m: 11:47.25	40.52
800m: 11:47.25	40.52				
5. Irmgard van Weeghel	ESCA Zwemmen	NED	199204834	11:48.78	+0.72
50m: 39.20	39.20	250m: 3:35.68	44.27	450m: 6:34.85	44.80
100m: 1:22.45	43.25	300m: 4:20.34	44.66	500m: 7:20.65	45.80
150m: 2:06.52	44.07	350m: 5:04.97	44.63	550m: 8:05.38	44.73
200m: 2:51.41	44.89	400m: 5:50.05	45.08	600m: 8:50.91	45.53
650m: 9:36.23	45.32			700m: 10:21.28	45.05
700m: 10:21.28	45.05			750m: 11:05.79	44.51
750m: 11:05.79	44.51			800m: 11:48.78	42.99
800m: 11:48.78	42.99				
6. Nikki Roon	IJZPC	NED	198803712	11:56.90	+0.94
50m: 38.79	38.79	250m: 3:35.02	45.02	450m: 6:38.34	46.02
100m: 1:21.74	42.95	300m: 4:20.77	45.75	500m: 7:24.73	46.39
150m: 2:05.50	43.76	350m: 5:06.32	45.55	550m: 8:10.78	46.05
200m: 2:50.00	44.50	400m: 5:52.32	46.00	600m: 8:56.87	46.09
650m: 9:42.71	45.84			700m: 10:28.55	45.84
700m: 10:28.55	45.84			750m: 11:14.16	45.61
750m: 11:14.16	45.61			800m: 11:56.90	42.74
800m: 11:56.90	42.74				
7. Renske Eilers	Zwemvereniging Hoogland	NED	198806072	12:04.55	+0.83
50m: 39.35	39.35	250m: 3:39.77	45.37	450m: 6:45.22	45.75
100m: 1:24.22	44.87	300m: 4:26.40	46.63	500m: 7:32.31	47.09
150m: 2:08.75	44.53	350m: 5:12.38	45.98	550m: 8:18.83	46.52
200m: 2:54.40	45.65	400m: 5:59.47	47.09	600m: 9:05.58	46.75
650m: 9:51.27	45.69			700m: 10:37.03	45.76
700m: 10:37.03	45.76			750m: 11:22.89	45.86
750m: 11:22.89	45.86			800m: 12:04.55	41.66
800m: 12:04.55	41.66				
8. Marjan Rikken	Octopus-ZVV (SG)	NED	199206114	12:24.53	+0.92
50m: 39.21	39.21	250m: 3:42.93	46.60	450m: 6:52.59	47.71
100m: 1:23.92	44.71	300m: 4:30.22	47.29	500m: 7:40.41	47.82
150m: 2:09.53	45.61	350m: 5:17.49	47.27	550m: 8:28.36	47.95
200m: 2:56.33	46.80	400m: 6:04.88	47.39	600m: 9:16.34	47.98
650m: 10:04.58	48.24			700m: 10:52.41	47.83
700m: 10:52.41	47.83			750m: 11:39.63	47.22
750m: 11:39.63	47.22			800m: 12:24.53	44.90
800m: 12:24.53	44.90				

Masters 35+

1. Sabine Zimmermann	Aachener SV 06	GER	101578	9:49.89	+0.76
<i>Kampioenschapsrecord</i>					
50m: 32.83	32.83	250m: 2:59.21	37.28	450m: 5:29.48	37.77
100m: 1:08.31	35.48	300m: 3:36.48	37.27	500m: 6:07.07	37.59
150m: 1:45.05	36.74	350m: 4:14.00	37.52	550m: 6:44.84	37.77
200m: 2:21.93	36.88	400m: 4:51.71	37.71	600m: 7:22.25	37.41
650m: 8:00.06	37.81			700m: 8:37.23	37.17
700m: 8:37.23	37.17			750m: 9:14.53	37.30
750m: 9:14.53	37.30			800m: 9:49.89	35.36
800m: 9:49.89	35.36				
2. Viktória Háden-Felföldi	Megathlon SE	HUN		10:05.78	+0.79
50m: 34.10	34.10	250m: 3:04.70	38.01	450m: 5:37.73	38.29
100m: 1:11.52	37.42	300m: 3:42.85	38.15	500m: 6:16.57	38.84
150m: 1:48.87	37.35	350m: 4:20.83	37.98	550m: 6:55.07	38.50
200m: 2:26.69	37.82	400m: 4:59.44	38.61	600m: 7:34.17	39.10
650m: 8:12.51	38.34			700m: 8:51.47	38.96
700m: 8:51.47	38.96			750m: 9:29.44	37.97
750m: 9:29.44	37.97			800m: 10:05.78	36.34
800m: 10:05.78	36.34				
3. Stephanie Vaernewyck	MEGA-zwemteam	BEL	20352/83	10:14.30	+0.85
50m: 34.31	34.31	250m: 3:08.26	38.91	450m: 5:44.10	38.72
100m: 1:11.95	37.64	300m: 3:47.46	39.20	500m: 6:23.01	38.91
150m: 1:50.45	38.50	350m: 4:26.24	38.78	550m: 7:01.86	38.85
200m: 2:29.35	38.90	400m: 5:05.38	39.14	600m: 7:41.36	39.50
650m: 8:20.02	38.66			700m: 8:59.05	39.03
700m: 8:59.05	39.03			750m: 9:37.30	38.25
750m: 9:37.30	38.25			800m: 10:14.30	37.00
800m: 10:14.30	37.00				
4. Jenny Schouten	MZ&PC	NED	198703674	10:25.15	+0.82
50m: 34.46	34.46	250m: 3:09.07	39.16	450m: 5:48.57	40.07
100m: 1:12.25	37.79	300m: 3:48.91	39.84	500m: 6:29.15	40.58
150m: 1:50.78	38.53	350m: 4:28.37	39.46	550m: 7:08.76	39.61
200m: 2:29.91	39.13	400m: 5:08.50	40.13	600m: 7:48.93	40.17
650m: 8:28.70	39.77			700m: 9:08.27	39.57
700m: 9:08.27	39.57			750m: 9:47.27	39.00
750m: 9:47.27	39.00			800m: 10:25.15	37.88
800m: 10:25.15	37.88				
5. Sara Holman	Kaiserslauterer SK 1911	GER	444463	10:26.04	+0.84
50m: 35.54	35.54	250m: 3:13.17	39.67	450m: 5:51.65	39.64
100m: 1:14.35	38.81	300m: 3:52.86	39.69	500m: 6:31.34	39.69
150m: 1:54.11	39.76	350m: 4:32.58	39.72	550m: 7:10.78	39.44
200m: 2:33.50	39.39	400m: 5:12.01	39.43	600m: 7:50.50	39.72
650m: 8:29.94	39.44			700m: 9:09.31	39.37
700m: 9:09.31	39.37			750m: 9:48.47	39.16
750m: 9:48.47	39.16			800m: 10:26.04	37.57
800m: 10:26.04	37.57				



Open Nederlandse Masters
Kampioenschappen 2022 lange baan
Eindhoven 5-8 mei 2022



Programmanr. 17, Dames, 800m vrije slag, Masters 35+

rang	naam	vereniging					tijd	RT	PARA
6.	Sandra Schellekens	Neptunus'58	NED	198503416			12:08.01	+0.87	
	50m: 38.40	38.40	250m: 3:39.92	45.91	450m: 6:45.33	46.47	650m: 9:51.85	46.18	
	100m: 1:22.57	44.17	300m: 4:26.04	46.12	500m: 7:31.86	46.53	700m: 10:38.59	46.74	
	150m: 2:07.96	45.39	350m: 5:12.17	46.13	550m: 8:18.46	46.60	750m: 11:25.00	46.41	
	200m: 2:54.01	46.05	400m: 5:58.86	46.69	600m: 9:05.67	47.21	800m: 12:08.01	43.01	
7.	Linda Hoogendam	WVZ	NED	198300892			12:39.90	+0.81	
	50m: 41.06	41.06	250m: 3:51.37	47.40	450m: 7:06.02	47.95	650m: 10:19.45	47.63	
	100m: 1:28.30	47.24	300m: 4:39.94	48.57	500m: 7:54.98	48.96	700m: 11:07.89	48.44	
	150m: 2:16.40	48.10	350m: 5:28.43	48.49	550m: 8:42.31	47.33	750m: 11:54.89	47.00	
	200m: 3:03.97	47.57	400m: 6:18.07	49.64	600m: 9:31.82	49.51	800m: 12:39.90	45.01	

Masters 40+

1.	Chantal Verhoeff	Old Dutch	NED	197900912			11:41.13	+0.91	
	50m: 38.23	38.23	250m: 3:36.84	45.43	450m: 6:35.84	44.83	650m: 9:32.82	44.41	
	100m: 1:21.56	43.33	300m: 4:21.59	44.75	500m: 7:19.76	43.92	700m: 10:16.68	43.86	
	150m: 2:06.83	45.27	350m: 5:06.83	45.24	550m: 8:04.54	44.78	750m: 9:36.44	43.18	
	200m: 2:51.41	44.58	400m: 5:51.01	44.18	600m: 8:48.41	43.87	800m: 11:41.13	41.27	

Masters 45+

1.	Liselotte Joling	PSV	NED	197500268			10:11.62	+0.88	
	50m: 35.76	35.76	250m: 3:11.99	38.21	450m: 5:46.37	38.27	650m: 8:20.33	38.04	
	100m: 1:15.03	39.27	300m: 3:50.78	38.79	500m: 6:24.94	38.57	700m: 8:59.01	38.68	
	150m: 1:54.15	39.12	350m: 4:29.19	38.41	550m: 7:03.72	38.78	750m: 9:36.44	37.43	
	200m: 2:33.78	39.63	400m: 5:08.10	38.91	600m: 7:42.29	38.57	800m: 10:11.62	35.18	
2.	Annett von Rekowski	SG Bayer	GER	97868			10:14.91	+0.81	
	50m: 34.55	34.55	250m: 3:08.63	38.61	450m: 5:44.78	38.94	650m: 8:21.16	38.45	
	100m: 1:12.32	37.77	300m: 3:47.81	39.18	500m: 6:24.33	39.55	700m: 9:00.02	38.86	
	150m: 1:50.79	38.47	350m: 4:26.54	38.73	550m: 7:03.38	39.05	750m: 9:38.28	38.26	
	200m: 2:30.02	39.23	400m: 5:05.84	39.30	600m: 7:42.71	39.33	800m: 10:14.91	36.63	
3.	Melanie Kuiper	ZIGNEA	NED	197600350			11:01.50	+0.87	
	50m: 35.49	35.49	250m: 3:19.11	41.32	450m: 6:09.04	42.08	650m: 8:58.32	41.96	
	100m: 1:15.51	40.02	300m: 4:02.03	42.92	500m: 6:51.70	42.66	700m: 9:40.55	42.23	
	150m: 1:55.78	40.27	350m: 4:44.04	42.01	550m: 7:34.02	42.32	750m: 10:22.23	41.68	
	200m: 2:37.79	42.01	400m: 5:26.96	42.92	600m: 8:16.36	42.34	800m: 11:01.50	39.27	
4.	Petra Guijt	RZC	NED	197600978			11:31.01	+0.89	
	50m: 38.46	38.46	250m: 3:31.56	43.45	450m: 6:26.86	43.71	650m: 9:22.49	44.23	
	100m: 1:21.09	42.63	300m: 4:15.40	43.84	500m: 7:10.22	43.36	700m: 10:06.45	43.96	
	150m: 2:04.56	43.47	350m: 4:59.18	43.78	550m: 7:53.50	43.28	750m: 10:49.83	43.38	
	200m: 2:48.11	43.55	400m: 5:43.15	43.97	600m: 8:38.26	44.76	800m: 11:31.01	41.18	
5.	Éva Mónika Kézsmárki	Megathlon SE	HUN				12:06.30	+0.90	
	50m: 42.02	42.02	250m: 3:45.54	46.45	450m: 6:49.37	45.80	650m: 9:52.22	45.47	
	100m: 1:27.29	45.27	300m: 4:31.47	45.93	500m: 7:35.39	46.02	700m: 10:38.03	45.81	
	150m: 2:13.10	45.81	350m: 5:17.60	46.13	550m: 8:21.06	45.67	750m: 11:22.50	44.47	
	200m: 2:59.09	45.99	400m: 6:03.57	45.97	600m: 9:06.75	45.69	800m: 12:06.30	43.80	
6.	Lydia Kolodziej	SN Versailles	FRA	1271912			12:13.34	+0.89	
	50m: 42.28	42.28	250m: 3:48.96	47.18	450m: 6:54.41	46.03	650m: 9:58.74	46.32	
	100m: 1:28.00	45.72	300m: 4:35.66	46.70	500m: 7:40.15	45.74	700m: 10:44.72	45.98	
	150m: 2:14.91	46.91	350m: 5:21.97	46.31	550m: 8:26.05	45.90	750m: 11:30.30	45.58	
	200m: 3:01.78	46.87	400m: 6:08.38	46.41	600m: 9:12.42	46.37	800m: 12:13.34	43.04	
7.	Natacha Van Hoof	Shark	BEL	20260/73			13:46.56	+0.96	
	50m: 46.19	46.19	250m: 4:15.44	52.84	450m: 7:43.45	51.84	650m: 11:12.15	51.95	
	100m: 1:37.50	51.31	300m: 5:07.53	52.09	500m: 8:35.68	52.23	700m: 12:05.21	53.06	
	150m: 2:30.12	52.62	350m: 6:00.01	52.48	550m: 9:28.29	52.61	750m: 12:57.28	52.07	
	200m: 3:22.60	52.48	400m: 6:51.61	51.60	600m: 10:20.20	51.91	800m: 13:46.56	49.28	

Masters 50+

1.	Grith Sigsgaard	De Otters Het Gooi	NED	197200772			10:11.23	+0.83	
	<i>Nederlands Masters Record</i>								
	50m: 33.67	33.67	250m: 3:06.50	38.72	450m: 5:41.23	38.83	650m: 8:17.19	39.06	
	100m: 1:11.44	37.77	300m: 3:44.79	38.29	500m: 6:20.28	39.05	700m: 8:55.71	38.52	
	150m: 1:49.53	38.09	350m: 4:23.57	38.78	550m: 6:59.60	39.32	750m: 9:34.32	38.61	
	200m: 2:27.78	38.25	400m: 5:02.40	38.83	600m: 7:38.13	38.53	800m: 10:11.23	36.91	
2.	Carla Geurts	PSV	NED	197100178			10:12.54	+0.70	
	50m: 33.86	33.86	250m: 3:08.47	38.94	450m: 5:44.56	39.32	650m: 8:19.42	39.04	
	100m: 1:11.74	37.88	300m: 3:47.42	38.95	500m: 6:22.98	38.42	700m: 8:57.96	38.54	
	150m: 1:50.66	38.92	350m: 4:26.44	39.02	550m: 7:01.92	38.94	750m: 9:36.08	38.12	
	200m: 2:29.53	38.87	400m: 5:05.24	38.80	600m: 7:40.38	38.46	800m: 10:12.54	36.46	



Open Nederlandse Masters
Kampioenschappen 2022 lange baan
Eindhoven 5-8 mei 2022



Programmanr. 17, Dames, 800m vrije slag, Masters 50+

rang	naam	vereniging					tijd	RT	PARA
3.	Claudia Thielemann	SG Bayer	GER	333958			10:13.00	+0.79	
	50m: 34.50	34.50	250m: 3:07.35	38.37	450m: 5:41.58	38.77	650m: 8:17.19	38.85	
	100m: 1:12.19	37.69	300m: 3:45.87	38.52	500m: 6:20.57	38.99	700m: 8:56.12	38.93	
	150m: 1:50.42	38.23	350m: 4:24.18	38.31	550m: 6:59.39	38.82	750m: 9:35.04	38.92	
	200m: 2:28.98	38.56	400m: 5:02.81	38.63	600m: 7:38.34	38.95	800m: 10:13.00	37.96	
4.	Karin Stein	ZVVS	NED	197100554			10:52.73	+0.80	
	50m: 37.56	37.56	250m: 3:19.92	41.03	450m: 6:03.93	41.26	650m: 8:50.14	41.67	
	100m: 1:17.55	39.99	300m: 4:00.43	40.51	500m: 6:45.21	41.28	700m: 9:31.53	41.39	
	150m: 1:58.07	40.52	350m: 4:41.78	41.35	550m: 7:26.80	41.59	750m: 10:13.17	41.64	
	200m: 2:38.89	40.82	400m: 5:22.67	40.89	600m: 8:08.47	41.67	800m: 10:52.73	39.56	
5.	Kathy Van Lindt	CNSW	BEL	007949/71			10:59.16	+0.88	
	50m: 37.67	37.67	250m: 3:22.93	41.90	450m: 6:11.59	42.38	650m: 8:58.25	41.35	
	100m: 1:18.19	40.52	300m: 4:05.06	42.13	500m: 6:53.58	41.99	700m: 9:39.50	41.25	
	150m: 1:59.43	41.24	350m: 4:47.37	42.31	550m: 7:35.16	41.58	750m: 10:20.49	40.99	
	200m: 2:41.03	41.60	400m: 5:29.21	41.84	600m: 8:16.90	41.74	800m: 10:59.16	38.67	
6.	Iris van Aurich	DWK	NED	196900866			11:45.51	+0.85	
	50m: 38.04	38.04	250m: 3:33.46	44.36	450m: 6:33.02	44.90	650m: 9:35.14	45.34	
	100m: 1:20.95	42.91	300m: 4:17.89	44.43	500m: 7:18.60	45.58	700m: 10:20.46	45.32	
	150m: 2:04.43	43.48	350m: 5:03.19	45.30	550m: 8:04.46	45.86	750m: 11:05.33	44.87	
	200m: 2:49.10	44.67	400m: 5:48.12	44.93	600m: 8:49.80	45.34	800m: 11:45.51	40.18	
7.	Annet Kootstra	SWOL 1894	NED	197100344			13:24.02	+0.92	
	50m: 44.06	44.06	250m: 4:05.48	51.25	450m: 7:30.17	51.62	650m: 10:53.94	50.93	
	100m: 1:32.75	48.69	300m: 4:56.00	50.52	500m: 8:20.79	50.62	700m: 11:44.92	50.98	
	150m: 2:23.00	50.25	350m: 5:47.52	51.52	550m: 9:11.96	51.17	750m: 12:35.14	50.22	
	200m: 3:14.23	51.23	400m: 6:38.55	51.03	600m: 10:03.01	51.05	800m: 13:24.02	48.88	
8.	Danielle Schipper * 400m	ZOB'66	NED	197001078			13:57.04	+0.87	
	50m: 44.27	44.27	250m: 4:07.50	52.92	450m: 7:42.92	53.65	650m: 11:17.67	53.77	
	100m: 1:32.69	48.42	300m: 5:02.08	54.58	500m: 8:35.86	52.94	700m: 12:11.73	54.06	
	150m: 2:22.58	49.89	350m: 5:55.57	53.49	550m: 9:29.46	53.60	750m: 13:04.80	53.07	
	200m: 3:14.58	52.00	400m: 6:49.27	53.70	600m: 10:23.90	54.44	800m: 13:57.04	52.24	
DIS	Bianca Groot	MSV-Zeemacht	NED	197000652					
	<i>AF - De aangegeven afstand niet uitgezwommen.</i>								
AFGEM	Inken Wemheuer	DWT	NED	197101016					
Masters 55+									
1.	Wilna Heijman	Steenwijk 1934	NED	196400506			11:35.70	+0.86	
	50m: 38.87	38.87	250m: 3:32.02	43.91	450m: 6:28.54	44.12	650m: 9:25.27	44.24	
	100m: 1:21.32	42.45	300m: 4:16.19	44.17	500m: 7:12.81	44.27	700m: 10:09.22	43.95	
	150m: 2:04.27	42.95	350m: 5:00.19	44.00	550m: 7:57.01	44.20	750m: 10:52.65	43.43	
	200m: 2:48.11	43.84	400m: 5:44.42	44.23	600m: 8:41.03	44.02	800m: 11:35.70	43.05	
2.	Katrin Pennings	PSV	NED	196400570			11:53.57	+0.80	
	50m: 37.49	37.49	250m: 3:35.33	45.44	450m: 6:36.76	45.36	650m: 9:38.60	45.50	
	100m: 1:20.18	42.69	300m: 4:20.62	45.29	500m: 7:22.13	45.37	700m: 10:24.30	45.70	
	150m: 2:04.98	44.80	350m: 5:03.24	42.62	550m: 8:07.77	45.64	750m: 11:09.73	45.43	
	200m: 2:49.89	44.91	400m: 5:51.40	48.16	600m: 8:53.10	45.33	800m: 11:53.57	43.84	
3.	Laura Staal	Oceanus	NED	196700358			11:57.43	+0.86	
	50m: 39.93	39.93	250m: 3:41.88	45.66	450m: 6:44.22	45.57	650m: 9:44.69	45.33	
	100m: 1:24.84	44.91	300m: 4:27.31	45.43	500m: 7:29.30	45.08	700m: 10:29.74	45.05	
	150m: 2:10.62	45.78	350m: 5:13.15	45.84	550m: 8:14.37	45.07	750m: 11:14.69	44.95	
	200m: 2:56.22	45.60	400m: 5:58.65	45.50	600m: 8:59.36	44.99	800m: 11:57.43	42.74	
4.	Anita Steijger	WVZ	NED	196500628			12:22.44	+1.05	
	50m: 42.37	42.37	250m: 3:48.88	46.93	450m: 6:57.88	46.69	650m: 10:05.18	46.13	
	100m: 1:28.31	45.94	300m: 4:36.89	48.01	500m: 7:45.47	47.59	700m: 10:52.06	46.88	
	150m: 2:14.57	46.26	350m: 5:23.55	46.66	550m: 8:31.89	46.42	750m: 11:37.78	45.72	
	200m: 3:01.95	47.38	400m: 6:11.19	47.64	600m: 9:19.05	47.16	800m: 12:22.44	44.66	
5.	Ulrike Depken	Polizei SV Oldenburg	GER	427344			12:44.15	+0.94	
	50m: 41.93	41.93	250m: 3:52.73	48.11	450m: 7:06.98	48.40	650m: 10:21.76	48.32	
	100m: 1:28.56	46.63	300m: 4:41.16	48.43	500m: 7:55.52	48.54	700m: 11:10.32	48.56	
	150m: 2:16.22	47.66	350m: 5:29.55	48.39	550m: 8:44.23	48.71	750m: 11:58.54	48.22	
	200m: 3:04.62	48.40	400m: 6:18.58	49.03	600m: 9:33.44	49.21	800m: 12:44.15	45.61	
6.	Christel Aerts	Tesswim	BEL	20061/66			12:53.33	+1.03	
	50m: 41.84	41.84	250m: 3:54.78	48.40	450m: 7:12.06	49.15	650m: 10:29.10	49.03	
	100m: 1:29.21	47.37	300m: 4:44.54	49.76	500m: 8:01.80	49.74	700m: 11:18.39	49.29	
	150m: 2:17.37	48.16	350m: 5:33.50	48.96	550m: 8:50.60	48.80	750m: 12:06.96	48.57	
	200m: 3:06.38	49.01	400m: 6:22.91	49.41	600m: 9:40.07	49.47	800m: 12:53.33	46.37	

Programmanr. 17, Dames, 800m vrije slag, Masters 55+

rang	naam	vereniging				tijd				RT	PARA
7.	Erica Muller	De Geul				NED 196400412				13:56.46	+0.85
	50m: 46.57	46.57	250m: 4:16.69	52.95	450m: 7:47.94	53.14	650m: 11:19.64	53.01			
	100m: 1:38.18	51.61	300m: 5:09.03	52.34	500m: 8:40.51	52.57	700m: 12:13.04	53.40			
	150m: 2:30.85	52.67	350m: 6:02.17	53.14	550m: 9:33.64	53.13	750m: 13:06.03	52.99			
	200m: 3:23.74	52.89	400m: 6:54.80	52.63	600m: 10:26.63	52.99	800m: 13:56.46	50.43			

Masters 60+

1.	Esther van Lohuizen	PSV				NED 195900300				11:41.38	+0.85
	50m: 38.78	38.78	250m: 3:36.98	44.76	450m: 6:34.59	44.49	650m: 9:29.81	43.37			
	100m: 1:22.49	43.71	300m: 4:21.10	44.12	500m: 7:19.05	44.46	700m: 10:13.58	43.77			
	150m: 2:07.15	44.66	350m: 5:05.50	44.40	550m: 8:02.54	43.49	750m: 11:01.62	48.04			
	200m: 2:52.22	45.07	400m: 5:50.10	44.60	600m: 8:46.44	43.90	800m: 11:41.38	39.76			
2.	Petra Tossings-van de Hooven	WIDEX GZC DONK				NED 196100376				12:12.81	+0.86
	50m: 40.66	40.66	250m: 3:43.22	45.95	450m: 6:48.21	45.69	650m: 9:55.58	46.67			
	100m: 1:25.78	45.12	300m: 4:29.67	46.45	500m: 7:35.00	46.79	700m: 10:42.44	46.86			
	150m: 2:11.19	45.41	350m: 5:15.88	46.21	550m: 8:21.71	46.71	750m: 11:28.87	46.43			
	200m: 2:57.27	46.08	400m: 6:02.52	46.64	600m: 9:08.91	47.20	800m: 12:12.81	43.94			
3.	Patty Verhagen	PSV				NED 195900146				12:30.64	+0.92
	50m: 42.65	42.65	250m: 3:49.12	46.92	450m: 6:58.15	47.20	650m: 10:08.21	47.43			
	100m: 1:28.43	45.78	300m: 4:36.36	47.24	500m: 7:45.62	47.47	700m: 10:55.86	47.65			
	150m: 2:15.10	46.67	350m: 5:23.64	47.28	550m: 8:32.95	47.33	750m: 11:43.69	47.83			
	200m: 3:02.20	47.10	400m: 6:10.95	47.31	600m: 9:20.78	47.83	800m: 12:30.64	46.95			
4.	Linda Wibbelink	Steenwijk 1934				NED 195900158				12:52.92	+0.83
	50m: 43.79	43.79	250m: 3:58.28	49.01	450m: 7:15.66	49.58	650m: 10:31.14	48.73			
	100m: 1:32.09	48.30	300m: 4:47.78	49.50	500m: 8:04.73	49.07	700m: 11:19.64	48.50			
	150m: 2:20.25	48.16	350m: 5:36.72	48.94	550m: 8:53.47	48.74	750m: 12:08.20	48.56			
	200m: 3:09.27	49.02	400m: 6:26.08	49.36	600m: 9:42.41	48.94	800m: 12:52.92	44.72			
5.	Carla Devriese	ROSC				BEL 20315/61				13:13.08	+0.96
	<i>Belgisch Masters Record</i>										
	50m: 42.52	42.52	250m: 4:01.10	50.31	450m: 7:22.62	50.23	650m: 10:44.02	50.05			
	100m: 1:31.04	48.52	300m: 4:51.30	50.20	500m: 8:13.17	50.55	700m: 11:34.39	50.37			
	150m: 2:21.01	49.97	350m: 5:42.26	50.96	550m: 9:03.29	50.12	750m: 12:25.66	51.27			
	200m: 3:10.79	49.78	400m: 6:32.39	50.13	600m: 9:53.97	50.68	800m: 13:13.08	47.42			

Masters 65+

1.	Monica Bakker	Steenwijk 1934				NED 195600082				14:00.34	+1.06
	50m: 46.06	46.06	250m: 4:13.10	52.22	450m: 7:46.53	52.91	650m: 11:22.12	53.52			
	100m: 1:36.95	50.89	300m: 5:07.02	53.92	500m: 8:40.71	54.18	700m: 12:15.87	53.75			
	150m: 2:27.93	50.98	350m: 5:59.43	52.41	550m: 9:34.23	53.52	750m: 13:09.00	53.13			
	200m: 3:20.88	52.95	400m: 6:53.62	54.19	600m: 10:28.60	54.37	800m: 14:00.34	51.34			

Masters 70+

1.	Gonnie Bak	PSV				NED 195100064				16:41.75	+0.91
	50m: 53.15	53.15	250m: 5:03.30	1:02.30	450m: 9:16.26	1:02.10	650m: 13:32.31	1:03.98			
	100m: 1:55.65	1:02.50	300m: 6:07.50	1:04.20	500m: 10:20.55	1:04.29	700m: 14:36.23	1:03.92			
	150m: 2:58.38	1:02.73	350m: 7:08.75	1:01.25	550m: 11:23.05	1:02.50	750m: 15:38.23	1:02.00			
	200m: 4:01.00	1:02.62	400m: 8:14.16	1:05.41	600m: 12:28.33	1:05.28	800m: 16:41.75	1:03.52			

Masters 75+

1.	Loekie van Huissteden	ZPC AMERSFOORT				NED 194500002				18:59.07	+1.05
	50m: 1:00.96	1:00.96	250m: 5:44.08	1:11.09	450m: 10:30.79	1:11.78	650m: 15:21.42	1:12.33			
	100m: 2:10.55	1:09.59	300m: 6:54.75	1:10.67	500m: 11:43.32	1:12.53	700m: 16:34.80	1:13.38			
	150m: 3:21.58	1:11.03	350m: 8:06.81	1:12.06	550m: 12:56.14	1:12.82	750m: 17:48.87	1:14.07			
	200m: 4:32.99	1:11.41	400m: 9:19.01	1:12.20	600m: 14:09.09	1:12.95	800m: 18:59.07	1:10.20			