



Open Nederlandse Masters
Kampioenschappen 2023 korte baan
Heerenveen, 16-19 februari 2023

Event 17
18-02-2023 - 9:00

Women, 800m Freestyle

Masters Open
Results

rang	naam	vereniging	tijd	RT	PARA			
Masters 20+								
1.	Laura Setz	Bubble	NED 200000130	9:15.04				
	50m: 30.47	30.47	250m: 2:47.65	34.28	450m: 5:08.49	35.67	650m: 7:31.01	35.96
	100m: 1:03.90	33.43	300m: 3:22.45	34.80	500m: 5:43.87	35.38	700m: 8:06.48	35.47
	150m: 1:38.64	34.74	350m: 3:57.68	35.23	550m: 6:19.27	35.40	750m: 8:41.64	35.16
	200m: 2:13.37	34.73	400m: 4:32.82	35.14	600m: 6:55.05	35.78	800m: 9:15.04	33.40
2.	Ame Hulleman	DZ&PC	NED 200202794	9:21.15				
	50m: 31.51	31.51	250m: 2:51.71	35.35	450m: 5:13.62	35.62	650m: 7:36.17	35.50
	100m: 1:05.96	34.45	300m: 3:27.07	35.36	500m: 5:49.43	35.81	700m: 8:10.90	34.73
	150m: 1:41.04	35.08	350m: 4:02.38	35.31	550m: 6:25.12	35.69	750m: 8:46.15	35.25
	200m: 2:16.36	35.32	400m: 4:38.00	35.62	600m: 7:00.67	35.55	800m: 9:21.15	35.00
3.	Kim Zwinkels	ZPCH	NED 200300422	9:32.08				
	50m: 32.01	32.01	250m: 2:53.89	36.02	450m: 5:19.92	36.75	650m: 7:46.05	36.31
	100m: 1:06.52	34.51	300m: 3:30.16	36.27	500m: 5:56.69	36.77	700m: 8:22.44	36.39
	150m: 1:41.97	35.45	350m: 4:06.47	36.31	550m: 6:33.37	36.68	750m: 8:58.24	35.80
	200m: 2:17.87	35.90	400m: 4:43.17	36.70	600m: 7:09.74	36.37	800m: 9:32.08	33.84
4.	Marijke Drent	Bubble	NED 199906232	9:41.62				
	50m: 32.50	32.50	250m: 2:59.75	37.52	450m: 5:28.73	37.08	650m: 7:55.53	36.46
	100m: 1:08.18	35.68	300m: 3:36.93	37.18	500m: 6:05.63	36.90	700m: 8:31.67	36.14
	150m: 1:44.82	36.64	350m: 4:14.39	37.46	550m: 6:42.61	36.98	750m: 9:07.42	35.75
	200m: 2:22.23	37.41	400m: 4:51.65	37.26	600m: 7:19.07	36.46	800m: 9:41.62	34.20
5.	Myra Smulders	De Duinkickers	NED 199904308	10:21.47				
	50m: 33.46	33.46	250m: 3:05.76	38.85	450m: 5:44.23	40.13	650m: 8:24.63	40.02
	100m: 1:09.82	36.36	300m: 3:45.16	39.40	500m: 6:24.50	40.27	700m: 9:04.62	39.99
	150m: 1:48.10	38.28	350m: 4:24.28	39.12	550m: 7:04.71	40.21	750m: 9:44.00	39.38
	200m: 2:26.91	38.81	400m: 5:04.10	39.82	600m: 7:44.61	39.90	800m: 10:21.47	37.47
Masters 25+								
1.	Sietske Veldkamp	ZPC De Hof	NED 199501628	9:45.60	+0.73			
	50m: 32.00	32.00	250m: 2:57.52	36.78	450m: 5:25.44	37.37	650m: 7:54.39	37.08
	100m: 1:07.89	35.89	300m: 3:34.18	36.66	500m: 6:02.75	37.31	700m: 8:31.67	37.28
	150m: 1:44.23	36.34	350m: 4:11.14	36.96	550m: 6:39.98	37.23	750m: 9:09.22	37.55
	200m: 2:20.74	36.51	400m: 4:48.07	36.93	600m: 7:17.31	37.33	800m: 9:45.60	36.38
2.	Anne-Irene Ducheine	Zwemvereniging Hoogland	NED 199506824	9:54.71	+0.66			
	50m: 32.93	32.93	250m: 3:01.46	37.47	450m: 5:31.31	37.63	650m: 8:02.09	37.90
	100m: 1:08.98	36.05	300m: 3:39.07	37.61	500m: 6:09.04	37.73	700m: 8:39.94	37.85
	150m: 1:46.26	37.28	350m: 4:16.56	37.49	550m: 6:46.56	37.52	750m: 9:17.97	38.03
	200m: 2:23.99	37.73	400m: 4:53.68	37.12	600m: 7:24.19	37.63	800m: 9:54.71	36.74
3.	Chantal Beijer	DWT	NED 199700884	10:24.65				
	50m: 34.57	34.57	250m: 3:10.53	40.00	450m: 5:50.92	40.47	650m: 8:30.57	39.18
	100m: 1:12.39	37.82	300m: 3:50.00	39.47	500m: 6:31.30	40.38	700m: 9:09.33	38.76
	150m: 1:51.07	38.68	350m: 4:30.01	40.01	550m: 7:11.53	40.23	750m: 9:48.52	39.19
	200m: 2:30.53	39.46	400m: 5:10.45	40.44	600m: 7:51.39	39.86	800m: 10:24.65	36.13
4.	Karen Stolk	ZVL-1886 Center	NED 199403950	10:29.55				
	50m: 33.99	33.99	250m: 3:10.39	39.96	450m: 5:50.59	40.35	650m: 8:31.35	39.79
	100m: 1:11.35	37.36	300m: 3:50.25	39.86	500m: 6:30.95	40.36	700m: 9:11.25	39.90
	150m: 1:50.68	39.33	350m: 4:30.13	39.88	550m: 7:11.68	40.73	750m: 9:51.47	40.22
	200m: 2:30.43	39.75	400m: 5:10.24	40.11	600m: 7:51.56	39.88	800m: 10:29.55	38.08
5.	Kirsten Opmeer	ZPC AMERSFOORT	NED 199800014	10:30.57				
	50m: 33.97	33.97	250m: 3:10.49	39.83	450m: 5:51.00	39.78	650m: 8:32.45	40.51
	100m: 1:11.78	37.81	300m: 3:50.77	40.28	500m: 6:31.23	40.23	700m: 9:12.58	40.13
	150m: 1:50.84	39.06	350m: 4:31.03	40.26	550m: 7:11.65	40.42	750m: 9:52.81	40.23
	200m: 2:30.66	39.82	400m: 5:11.22	40.19	600m: 7:51.94	40.29	800m: 10:30.57	37.76
6.	Deborah Wissink	ZPC De Hof	NED 199503484	10:30.76	+0.65			
	50m: 33.88	33.88	250m: 3:10.04	39.46	450m: 5:49.55	40.37	650m: 8:31.03	40.77
	100m: 1:12.05	38.17	300m: 3:49.65	39.61	500m: 6:29.71	40.16	700m: 9:11.00	39.97
	150m: 1:50.94	38.89	350m: 4:29.42	39.77	550m: 7:09.90	40.19	750m: 9:51.14	40.14
	200m: 2:30.58	39.64	400m: 5:09.18	39.76	600m: 7:50.26	40.36	800m: 10:30.76	39.62
7.	Larissa Jansen	PSV	NED 199500660	10:41.21				
	50m: 35.81	35.81	250m: 3:15.92	40.70	450m: 5:59.42	40.70	650m: 8:41.79	40.55
	100m: 1:14.98	39.17	300m: 3:56.92	41.00	500m: 6:40.19	40.77	700m: 9:22.22	40.43
	150m: 1:54.80	39.82	350m: 4:37.58	40.66	550m: 7:20.72	40.53	750m: 10:02.52	40.30
	200m: 2:35.22	40.42	400m: 5:18.72	41.14	600m: 8:01.24	40.52	800m: 10:41.21	38.69



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Event 17, Women, 800m Freestyle

Masters 30+

1. Leonie van Noort	WVZ	NED	199301752	9:16.42	+0.81		
<i>Nederlands Masters Record</i>							
50m: 31.24	31.24	250m: 2:50.56	34.84	450m: 5:11.80	35.20	650m: 7:33.26	35.42
100m: 1:05.34	34.10	300m: 3:25.77	35.21	500m: 5:47.12	35.32	700m: 8:08.60	35.34
150m: 1:40.66	35.32	350m: 4:01.33	35.56	550m: 6:22.21	35.09	750m: 8:43.44	34.84
200m: 2:15.72	35.06	400m: 4:36.60	35.27	600m: 6:57.84	35.63	800m: 9:16.42	32.98
2. Maaike Vooren	DAW	NED	199103324	9:40.05			
50m: 33.56	33.56	250m: 2:59.68	37.04	450m: 5:26.61	36.67	650m: 7:53.05	36.14
100m: 1:09.90	36.34	300m: 3:36.66	36.98	500m: 6:03.32	36.71	700m: 8:29.37	36.32
150m: 1:46.15	36.25	350m: 4:13.49	36.83	550m: 6:39.99	36.67	750m: 9:05.20	35.83
200m: 2:22.64	36.49	400m: 4:49.94	36.45	600m: 7:16.91	36.92	800m: 9:40.05	34.85
3. Nanda Wobben - de Vries	Steenwijk 1934	NED	199204328	10:27.82	+0.86		
50m: 34.15	34.15	250m: 3:09.81	39.55	450m: 5:50.27	40.52	650m: 8:30.46	40.23
100m: 1:12.37	38.22	300m: 3:49.38	39.57	500m: 6:30.19	39.92	700m: 9:10.41	39.95
150m: 1:51.01	38.64	350m: 4:29.75	40.37	550m: 7:10.28	40.09	750m: 9:49.79	39.38
200m: 2:30.26	39.25	400m: 5:09.75	40.00	600m: 7:50.23	39.95	800m: 10:27.82	38.03
4. Melissa Zwaan	DAW	NED	199103666	10:36.52			
50m: 34.22	34.22	250m: 3:12.52	40.02	450m: 5:53.04	39.85	650m: 8:34.33	40.57
100m: 1:12.77	38.55	300m: 3:52.81	40.29	500m: 6:33.51	40.47	700m: 9:15.02	40.69
150m: 1:52.57	39.80	350m: 4:32.79	39.98	550m: 7:13.87	40.36	750m: 9:56.11	41.09
200m: 2:32.50	39.93	400m: 5:13.19	40.40	600m: 7:53.76	39.89	800m: 10:36.52	40.41
5. Suzanne Lange	VZC	NED	199202998	10:38.02			
50m: 34.63	34.63	250m: 3:13.46	39.68	450m: 5:53.80	40.13	650m: 8:36.74	40.76
100m: 1:13.51	38.88	300m: 3:53.59	40.13	500m: 6:34.35	40.55	700m: 9:17.63	40.89
150m: 1:53.48	39.97	350m: 4:33.45	39.86	550m: 7:15.08	40.73	750m: 9:58.92	41.29
200m: 2:33.78	40.30	400m: 5:13.67	40.22	600m: 7:55.98	40.90	800m: 10:38.02	39.10
6. Daniëlle Vermeulen	Zwemlust-den Hommel	NED	199108534	10:40.72	+0.78		
50m: 35.93	35.93	250m: 3:17.68	40.52	450m: 6:01.63	40.77	650m: 8:43.08	39.79
100m: 1:15.55	39.62	300m: 3:58.61	40.93	500m: 6:42.21	40.58	700m: 9:22.87	39.79
150m: 1:56.09	40.54	350m: 4:39.71	41.10	550m: 7:22.75	40.54	750m: 10:02.28	39.41
200m: 2:37.16	41.07	400m: 5:20.86	41.15	600m: 8:03.29	40.54	800m: 10:40.72	38.44
7. Nanda van Heteren	PSV	NED	198901728	10:53.60			
50m: 35.79	35.79	250m: 3:20.74	41.88	450m: 6:08.09	41.30	650m: 8:53.87	41.74
100m: 1:15.88	40.09	300m: 4:03.27	42.53	500m: 6:49.66	41.57	700m: 9:35.12	41.25
150m: 1:57.12	41.24	350m: 4:44.78	41.51	550m: 7:30.74	41.08	750m: 10:15.66	40.54
200m: 2:38.86	41.74	400m: 5:26.79	42.01	600m: 8:12.13	41.39	800m: 10:53.60	37.94
8. Suzan Blankestijn	ZVL-1886 Center	NED	198900350	11:00.16			
50m: 35.31	35.31	250m: 3:21.84	42.22	450m: 6:08.65	41.59	650m: 8:56.15	42.15
100m: 1:15.87	40.56	300m: 4:03.23	41.39	500m: 6:50.57	41.92	700m: 9:37.86	41.71
150m: 1:57.52	41.65	350m: 4:45.11	41.88	550m: 7:32.46	41.89	750m: 10:19.89	42.03
200m: 2:39.62	42.10	400m: 5:27.06	41.95	600m: 8:14.00	41.54	800m: 11:00.16	40.27
9. Jacqueline van den Beukel	NieMo Barracuda	NED	199100238	11:34.50			
50m: 37.33	37.33	250m: 3:27.05	42.52	450m: 6:23.64	44.83	650m: 9:23.56	44.55
100m: 1:19.05	41.72	300m: 4:10.66	43.61	500m: 7:08.50	44.86	700m: 10:08.36	44.80
150m: 2:01.82	42.77	350m: 4:54.56	43.90	550m: 7:53.80	45.30	750m: 10:52.94	44.58
200m: 2:44.53	42.71	400m: 5:38.81	44.25	600m: 8:39.01	45.21	800m: 11:34.50	41.56

Masters 35+

1. Viktoria Haden-Felföldi	Iron Swim	HUN		9:37.37			
<i>Hungarian Masters Record</i>							
50m: 32.61	32.61	250m: 2:55.73	36.29	450m: 5:22.01	36.71	650m: 7:49.12	36.64
100m: 1:07.65	35.04	300m: 3:32.10	36.37	500m: 5:58.48	36.47	700m: 8:25.80	36.68
150m: 1:43.33	35.68	350m: 4:08.75	36.65	550m: 6:35.56	37.08	750m: 9:02.34	36.54
200m: 2:19.44	36.11	400m: 4:45.30	36.55	600m: 7:12.48	36.92	800m: 9:37.37	35.03
2. Jenny Schouten	MZ&PC	NED	198703674	9:47.40			
50m: 32.08	32.08	250m: 2:57.96	37.29	450m: 5:28.76	38.13	650m: 7:58.04	36.88
100m: 1:07.17	35.09	300m: 3:35.87	37.91	500m: 6:06.06	37.30	700m: 8:35.26	37.22
150m: 1:43.68	36.51	350m: 4:13.48	37.61	550m: 6:43.58	37.52	750m: 9:12.46	37.20
200m: 2:20.67	36.99	400m: 4:50.63	37.15	600m: 7:21.16	37.58	800m: 9:47.40	34.94
3. Irene Snakenborg	De Inktvis	NED	198603334	10:48.96			
50m: 34.91	34.91	250m: 3:14.16	40.57	450m: 5:59.89	41.72	650m: 8:46.81	41.74
100m: 1:13.44	38.53	300m: 3:55.49	41.33	500m: 6:41.62	41.73	700m: 9:28.40	41.59
150m: 1:53.34	39.90	350m: 4:36.65	41.16	550m: 7:23.30	41.68	750m: 10:09.63	41.23
200m: 2:33.59	40.25	400m: 5:18.17	41.52	600m: 8:05.07	41.77	800m: 10:48.96	39.33



Open Nederlandse Masters
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Event 17, Women, 800m Freestyle, Masters 35+

rang	naam	vereniging	tijd	RT	PARA			
4.	Linda van Klei	GZC DONK	NED 198802088	10:50.22				
	50m: 36.22	36.22	250m: 3:18.45	41.21	450m: 6:04.42	41.70	650m: 8:50.18	41.10
	100m: 1:15.64	39.42	300m: 3:59.80	41.35	500m: 6:46.04	41.62	700m: 9:31.47	41.29
	150m: 1:56.21	40.57	350m: 4:41.04	41.24	550m: 7:27.58	41.54	750m: 10:12.03	40.56
	200m: 2:37.24	41.03	400m: 5:22.72	41.68	600m: 8:09.08	41.50	800m: 10:50.22	38.19
5.	Liesbeth van Mill	Zwemlust-den Hommel	NED 198702786	11:08.84				
	50m: 37.67	37.67	250m: 3:25.50	42.19	450m: 6:12.84	41.83	650m: 9:02.07	42.35
	100m: 1:18.96	41.29	300m: 4:07.15	41.65	500m: 6:54.94	42.10	700m: 9:44.55	42.48
	150m: 2:01.04	42.08	350m: 4:49.10	41.95	550m: 7:37.46	42.52	750m: 10:27.49	42.94
	200m: 2:43.31	42.27	400m: 5:31.01	41.91	600m: 8:19.72	42.26	800m: 11:08.84	41.35
6.	Nikki Roon	IJZPC	NED 198803712	11:26.97				
	50m: 37.40	37.40	250m: 3:24.45	42.89	450m: 6:18.45	44.06	650m: 9:16.66	44.72
	100m: 1:18.02	40.62	300m: 4:07.55	43.10	500m: 7:02.82	44.37	700m: 10:01.00	44.34
	150m: 1:59.58	41.56	350m: 4:50.82	43.27	550m: 7:47.35	44.53	750m: 10:45.48	44.48
	200m: 2:41.56	41.98	400m: 5:34.39	43.57	600m: 8:31.94	44.59	800m: 11:26.97	41.49

Masters 40+

1.	Anke Lambooj	De Vliet (SG)	NED 198001182	10:30.73	+0.89			
	50m: 33.53	33.53	250m: 3:10.79	40.54	450m: 5:50.72	39.90	650m: 8:31.95	40.66
	100m: 1:10.85	37.32	300m: 3:50.62	39.83	500m: 6:31.09	40.37	700m: 9:12.72	40.77
	150m: 1:50.14	39.29	350m: 4:30.80	40.18	550m: 7:11.22	40.13	750m: 9:52.86	40.14
	200m: 2:30.25	40.11	400m: 5:10.82	40.02	600m: 7:51.29	40.07	800m: 10:30.73	37.87
2.	Agnes van Brug	DAW	NED 198001726	11:08.39				
	50m: 37.76	37.76	250m: 3:25.58	42.56	450m: 6:14.33	41.94	650m: 9:03.33	42.27
	100m: 1:18.83	41.07	300m: 4:07.99	42.41	500m: 6:56.40	42.07	700m: 9:45.49	42.16
	150m: 2:00.73	41.90	350m: 4:50.13	42.14	550m: 7:38.72	42.32	750m: 10:27.93	42.44
	200m: 2:43.02	42.29	400m: 5:32.39	42.26	600m: 8:21.06	42.34	800m: 11:08.39	40.46
3.	Jessica Venema	GZC DONK	NED 197901526	11:25.78				
	50m: 37.14	37.14	250m: 3:25.80	43.34	450m: 6:20.62	43.78	650m: 9:16.51	44.12
	100m: 1:17.92	40.78	300m: 4:09.42	43.62	500m: 7:04.40	43.78	700m: 10:00.94	44.43
	150m: 1:59.62	41.70	350m: 4:53.23	43.81	550m: 7:48.30	43.90	750m: 10:45.12	44.18
	200m: 2:42.46	42.84	400m: 5:36.84	43.61	600m: 8:32.39	44.09	800m: 11:25.78	40.66
4.	Linda Hoogendam	WVZ	NED 198300892	11:47.89	+0.80			
	50m: 38.24	38.24	250m: 3:34.91	44.52	450m: 6:34.78	44.91	650m: 9:36.65	45.41
	100m: 1:21.67	43.43	300m: 4:19.51	44.60	500m: 7:20.25	45.47	700m: 10:22.03	45.38
	150m: 2:05.77	44.10	350m: 5:04.39	44.88	550m: 8:05.26	45.01	750m: 11:06.86	44.83
	200m: 2:50.39	44.62	400m: 5:49.87	45.48	600m: 8:51.24	45.98	800m: 11:47.89	41.03

Masters 45+

1.	Liselotte Joling	PSV	NED 197500268	10:05.32				
	50m: 34.42	34.42	250m: 3:05.39	37.66	450m: 5:39.45	38.88	650m: 8:12.21	38.13
	100m: 1:11.55	37.13	300m: 3:43.41	38.02	500m: 6:17.68	38.23	700m: 8:50.37	38.16
	150m: 1:49.51	37.96	350m: 4:21.51	38.10	550m: 6:55.83	38.15	750m: 9:28.78	38.41
	200m: 2:27.73	38.22	400m: 5:00.57	39.06	600m: 7:34.08	38.25	800m: 10:05.32	36.54
2.	Melanie Kuiper	ZIGNEA	NED 197600350	10:26.48				
	50m: 35.27	35.27	250m: 3:12.77	40.23	450m: 5:53.44	40.01	650m: 8:32.12	39.00
	100m: 1:13.54	38.27	300m: 3:52.70	39.93	500m: 6:33.60	40.16	700m: 9:11.25	39.13
	150m: 1:52.91	39.37	350m: 4:33.15	40.45	550m: 7:13.55	39.95	750m: 9:49.97	38.72
	200m: 2:32.54	39.63	400m: 5:13.43	40.28	600m: 7:53.12	39.57	800m: 10:26.48	36.51
3.	Alina Spijkerman	DAW	NED 197701220	11:13.51				
	50m: 37.19	37.19	250m: 3:27.56	42.91	450m: 6:19.21	42.75	650m: 9:09.43	42.36
	100m: 1:18.90	41.71	300m: 4:11.00	43.44	500m: 7:01.39	42.18	700m: 9:52.91	43.48
	150m: 2:01.83	42.93	350m: 4:53.52	42.52	550m: 7:43.91	42.52	750m: 10:35.20	42.29
	200m: 2:44.65	42.82	400m: 5:36.46	42.94	600m: 8:27.07	43.16	800m: 11:13.51	38.31
4.	Petra Guijt	RZC	NED 197600978	11:24.46				
	50m: 38.07	38.07	250m: 3:30.60	43.53	450m: 6:24.71	43.21	650m: 9:17.52	42.87
	100m: 1:20.36	42.29	300m: 4:14.47	43.87	500m: 7:07.88	43.17	700m: 10:00.79	43.27
	150m: 2:03.85	43.49	350m: 4:58.22	43.75	550m: 7:51.32	43.44	750m: 10:44.66	43.87
	200m: 2:47.07	43.22	400m: 5:41.50	43.28	600m: 8:34.65	43.33	800m: 11:24.46	39.80

Masters 50+

1.	Bianca Groot	MSV-Zeemacht	NED 197000652	10:32.74				
	50m: 35.70	35.70	250m: 3:13.34	39.72	450m: 5:52.23	39.73	650m: 8:32.05	40.03
	100m: 1:14.61	38.91	300m: 3:53.02	39.68	500m: 6:32.00	39.77	700m: 9:12.36	40.31
	150m: 1:54.17	39.56	350m: 4:32.67	39.65	550m: 7:11.85	39.85	750m: 9:52.91	40.55
	200m: 2:33.62	39.45	400m: 5:12.50	39.83	600m: 7:52.02	40.17	800m: 10:32.74	39.83



Open Nederlandse Masters
Kampioenschappen 2023 korte baan
Heerenveen, 16-19 februari 2023

Event 17, Women, 800m Freestyle, Masters 50+

rang	naam	vereniging	tijd	RT	PARA
2.	Micky Grulms <i>Luxembourg Masters Record</i>	Luxembourg Sharks Swimming CLUX 4029	10:38.48		
	50m: 36.57 36.57	250m: 3:17.03 39.76	450m: 5:58.25 40.60	650m: 8:38.77 39.75	
	100m: 1:16.00 39.43	300m: 3:56.92 39.89	500m: 6:38.37 40.12	700m: 9:19.17 40.40	
	150m: 1:56.44 40.44	350m: 4:37.14 40.22	550m: 7:18.72 40.35	750m: 9:59.51 40.34	
	200m: 2:37.27 40.83	400m: 5:17.65 40.51	600m: 7:59.02 40.30	800m: 10:38.48 38.97	
3.	Annette de Visser	Oceanus NED 197100602	10:55.39 *		
	50m: 35.92 35.92	250m: 3:19.95 41.48	450m: 6:06.51 41.36	650m: 8:52.22 41.21	
	100m: 1:15.68 39.76	300m: 4:01.56 41.61	500m: 6:47.78 41.27	700m: 9:33.73 41.51	
	150m: 1:57.09 41.41	350m: 4:43.23 41.67	550m: 7:29.46 41.68	750m: 10:15.63 41.90	
	200m: 2:38.47 41.38	400m: 5:25.15 41.92	600m: 8:11.01 41.55	800m: 10:55.39 39.76	
4.	Karin Stein	ZVVS NED 197100554	10:56.68		
	50m: 37.13 37.13	250m: 3:18.57 41.10	450m: 6:04.68 41.68	650m: 8:52.27 42.13	
	100m: 1:16.57 39.44	300m: 3:59.81 41.24	500m: 6:46.74 42.06	700m: 9:34.08 41.81	
	150m: 1:56.92 40.35	350m: 4:41.54 41.73	550m: 7:28.53 41.79	750m: 10:16.00 41.92	
	200m: 2:37.47 40.55	400m: 5:23.00 41.46	600m: 8:10.14 41.61	800m: 10:56.68 40.68	
5.	Inken Wemheuer	DWT NED 197101016	11:32.38		
	50m: 37.77 37.77	250m: 3:31.93 44.62	450m: 6:30.31 44.43	650m: 9:26.06 43.94	
	100m: 1:19.81 42.04	300m: 4:16.85 44.92	500m: 7:13.81 43.50	700m: 10:09.40 43.34	
	150m: 2:03.25 43.44	350m: 5:01.37 44.52	550m: 7:57.85 44.04	750m: 10:52.49 43.09	
	200m: 2:47.31 44.06	400m: 5:45.88 44.51	600m: 8:42.12 44.27	800m: 11:32.38 39.89	

Masters 55+

1.	Wilna Heijman	Steenwijk 1934 NED 196400506	11:11.89		
	50m: 38.39 38.39	250m: 3:26.08 42.31	450m: 6:16.72 42.82	650m: 9:07.40 42.75	
	100m: 1:19.74 41.35	300m: 4:08.61 42.53	500m: 6:59.41 42.69	700m: 9:49.84 42.44	
	150m: 2:01.75 42.01	350m: 4:51.45 42.84	550m: 7:41.92 42.51	750m: 10:31.55 41.71	
	200m: 2:43.77 42.02	400m: 5:33.90 42.45	600m: 8:24.65 42.73	800m: 11:11.89 40.34	
2.	Laura Staal	Oceanus NED 196700358	12:21.48		
	50m: 40.54 40.54	250m: 3:45.31 46.93	450m: 6:53.84 46.95	650m: 10:01.50 47.08	
	100m: 1:25.87 45.33	300m: 4:32.22 46.91	500m: 7:41.01 47.17	700m: 10:48.71 47.21	
	150m: 2:11.86 45.99	350m: 5:19.74 47.52	550m: 8:27.63 46.62	750m: 11:35.68 46.97	
	200m: 2:58.38 46.52	400m: 6:06.89 47.15	600m: 9:14.42 46.79	800m: 12:21.48 45.80	

Masters 60+

1.	Dr. Barbara Gellrich <i>Kampioenschapsrecord, German Masters Record</i>	Mainzer Schwimmverein 01 GER 61226	10:48.22		
	50m: 35.79 35.79	250m: 3:18.84 41.28	450m: 6:04.16 41.18	650m: 8:48.83 41.07	
	100m: 1:15.51 39.72	300m: 4:00.30 41.46	500m: 6:45.41 41.25	700m: 9:29.69 40.86	
	150m: 1:56.24 40.73	350m: 4:41.65 41.35	550m: 7:26.80 41.39	750m: 10:10.03 40.34	
	200m: 2:37.56 41.32	400m: 5:22.98 41.33	600m: 8:07.76 40.96	800m: 10:48.22 38.19	
2.	P. Tossings-van de Hooven	GZC DONK NED 196100376	11:54.81		
	50m: 40.32 40.32	250m: 3:40.39 45.37	450m: 6:40.70 45.38	650m: 9:41.97 45.41	
	100m: 1:24.63 44.31	300m: 4:25.02 44.63	500m: 7:25.84 45.14	700m: 10:27.24 45.27	
	150m: 2:09.77 45.14	350m: 5:10.13 45.11	550m: 8:11.14 45.30	750m: 11:12.33 45.09	
	200m: 2:55.02 45.25	400m: 5:55.32 45.19	600m: 8:56.56 45.42	800m: 11:54.81 42.48	
3.	Patty Verhagen	PSV NED 195900146	11:56.44		
	50m: 41.93 41.93	250m: 3:40.51 45.12	450m: 6:41.15 45.18	650m: 9:42.93 45.58	
	100m: 1:25.94 44.01	300m: 4:25.75 45.24	500m: 7:26.51 45.36	700m: 10:28.04 45.11	
	150m: 2:10.48 44.54	350m: 5:10.87 45.12	550m: 8:11.92 45.41	750m: 11:12.96 44.92	
	200m: 2:55.39 44.91	400m: 5:55.97 45.10	600m: 8:57.35 45.43	800m: 11:56.44 43.48	

Masters 65+

1.	Monica Bakker	Steenwijk 1934 NED 195600082	13:52.15 *		
	50m: 46.88 46.88	250m: 4:11.60 52.28	450m: 7:42.17 52.40	650m: 11:14.97 53.44	
	100m: 1:36.30 49.42	300m: 5:04.39 52.79	500m: 8:35.37 53.20	700m: 12:08.22 53.25	
	150m: 2:27.44 51.14	350m: 5:56.86 52.47	550m: 9:28.39 53.02	750m: 13:01.21 52.99	
	200m: 3:19.32 51.88	400m: 6:49.77 52.91	600m: 10:21.53 53.14	800m: 13:52.15 50.94	

Masters 70+



Open Nederlandse Masters
Kampioenschappen 2023 korte baan
Heerenveen, 16-19 februari 2023

Event 17, Women, 800m Freestyle, Masters 70+

rang	naam	vereniging	tijd	RT	PARA			
1.	Conny Boer-Buys	ZVVS	12:55.33					
	50m: 41.63	41.63	250m: 3:59.48	49.78	450m: 7:15.97	49.17	650m: 10:32.29	49.72
	100m: 1:28.51	46.88	300m: 4:48.94	49.46	500m: 8:05.20	49.23	700m: 11:21.19	48.90
	150m: 2:19.63	51.12	350m: 5:38.44	49.50	550m: 8:53.82	48.62	750m: 12:09.77	48.58
	200m: 3:09.70	50.07	400m: 6:26.80	48.36	600m: 9:42.57	48.75	800m: 12:55.33	45.56
2.	Gonnie Bak	PSV	16:06.33					
	50m: 50.83	50.83	250m: 4:55.25	1:00.88	450m: 9:03.29	1:03.53	650m: 13:07.27	1:01.27
	100m: 1:49.68	58.85	300m: 5:55.87	1:00.62	500m: 10:04.55	1:01.26	700m: 14:09.56	1:02.29
	150m: 2:52.92	1:03.24	350m: 6:57.63	1:01.76	550m: 11:05.43	1:00.88	750m: 15:09.29	59.73
	200m: 3:54.37	1:01.45	400m: 7:59.76	1:02.13	600m: 12:06.00	1:00.57	800m: 16:06.33	57.04