



Programmanr. 39  
19-02-2023 - 14:45

Dames, 200m rugslag

Masters Open  
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
<b>Masters 20+</b>								
1. Arianne Kooijinga	TriVia	NED 200001544	<b>2:23.86</b>		33.71	1:10.66	1:47.90	2:23.86
2. Rozemarijn van Haaff	ZOB'66	NED 200201852	<b>2:32.82</b>		35.97	1:14.25	1:53.82	2:32.82
3. M. van den Hoofdakker	Steenwijk 1934	NED 200302708	<b>2:33.29</b>		34.25	1:13.78	1:54.57	2:33.29
4. Lauren van IJll	WVZ	NED 200001064	<b>2:35.71</b>		34.93	1:14.24	1:55.38	2:35.71
5. Cynthia Koolman	Steenwijk 1934	NED 200300232	<b>2:35.89</b>		36.70	1:15.76	1:55.67	2:35.89
6. Ariane Krijt	TRB-RES	NED 199906646	<b>2:40.95</b>		38.09	1:18.63	2:00.67	2:40.95
7. Lianne Dekker	DAW	NED 200305438	<b>2:41.10</b>		37.34	1:17.68	1:59.54	2:41.10
8. Jet Kleine	MSV-Zeemacht	NED 199903384	<b>2:45.42</b>		38.77	1:20.92	2:03.77	2:45.42
9. Lianne Roescher	ZPC De Hof	NED 199900248	<b>2:48.06</b>		38.38	1:21.10	2:04.78	2:48.06
10. Luka Stoker	Nova	NED 200200558	<b>2:49.38</b>		39.29	1:21.67	2:04.96	2:49.38
11. Ilse Hallie	Octopus-ZVV (SG)	NED 200200128	<b>2:49.73</b>		39.94	1:22.38	2:06.25	2:49.73
12. Mandy Swart	De Biesboschzwemmers	NED 199904916	<b>2:55.67</b>		40.12	1:24.24	2:10.52	2:55.67
<b>Masters 25+</b>								
1. Tessa Vermeulen	De Dolfijn	NED 199800068	<b>2:10.37</b>		30.61	1:03.84	1:37.27	2:10.37
<i>Wereld Masters Record, NMR 100m</i>								
2. J. van Omme - van Veen	Zwemvereniging Hoogland	NED 199603192	<b>2:26.14</b>		33.51	1:10.34	1:48.21	2:26.14
3. Anne-Irene Ducheine	Zwemvereniging Hoogland	NED 199506824	<b>2:28.56</b>		34.58	1:11.76	1:50.61	2:28.56
4. Eef Hollander	Blue Marlins	NED 199602074	<b>2:39.37</b>		36.46	1:16.64	1:58.20	2:39.37
5. Manon van Strien	WVZ	NED 199400770	<b>2:39.43</b>		35.98	1:16.05	1:57.82	2:39.43
6. Suzanne Mosch	MSV-Zeemacht	NED 199400548	<b>2:42.39</b>		38.54	1:18.69	2:00.58	2:42.39
7. Mariska Gach	ZVL-1886 Center	NED 199501760	<b>2:43.92</b>		39.47	1:21.22	2:03.15	2:43.92
8. Eline Hendriks	ZPC AMERSFOORT	NED 199802794	<b>2:49.52</b>		40.11	1:23.87	2:08.63	2:49.52
9. Anouk van der Lans	Feijenoord Zwemmen (SG)	NED 199801614	<b>2:51.18</b>		39.79	1:22.82	2:07.93	2:51.18
10. Esmée Rolloos	NieMo Barracuda	NED 199800056	<b>2:54.85</b>		40.07	1:24.09	2:09.76	2:54.85
11. Judith Kleinjan	De Duck	NED 199802710	<b>3:00.90</b>		43.14	1:29.79	2:15.53	3:00.90
12. Cynthia van Veen	ZVL-1886 Center	NED 199606736	<b>3:09.74</b> *		42.74	1:31.17	2:21.28	3:09.74
<b>Masters 30+</b>								
1. Leonie van Noort	WVZ	NED 199301752	<b>2:20.26</b>		33.74	1:09.04	1:45.18	2:20.26
<i>Nederlands Masters Record</i>								
2. Désirée Emmen	De Warande	NED 199204862	<b>2:36.62</b>		35.48	1:14.27	1:55.48	2:36.62
3. Jacyntha Plat	Steenwijk 1934	NED 199002956	<b>2:39.56</b>		36.16	1:16.95	1:59.01	2:39.56
4. Getrude Corporaal	Steenwijk 1934	NED 199200380	<b>2:44.98</b>		36.81	1:16.88	2:00.43	2:44.98
5. Irmgard van Weeghel	ESCA Zwemmen	NED 199204834	<b>2:54.13</b>		41.65	1:25.61	2:10.31	2:54.13
6. Marjan Rikken	Octopus-ZVV (SG)	NED 199206114	<b>2:58.52</b>		42.42	1:27.38	2:13.39	2:58.52
7. Nada Lisa Hut	Aqualero	NED 199307280	<b>3:00.14</b> *		42.17	1:26.98	2:13.33	3:00.14
8. J. van den Beukel	NieMo Barracuda	NED 199100238	<b>3:00.30</b>		40.64	1:26.08	2:13.35	3:00.30
9. Maaïke Hofland	Sassenheim	NED 199203754	<b>3:02.85</b>		42.58	1:28.39	2:15.75	3:02.85
10. Anouk Bloem	TRB-RES	NED 199000320	<b>3:49.31</b>		51.42	1:48.42	2:48.30	3:49.31
<b>Masters 35+</b>								
1. V. Hádén-Felföldi	Iron Swim	HUN	<b>2:27.58</b>		34.54	1:11.61	1:50.02	2:27.58
<i>Kampioenschapsrecord, Hungarian Masters Record</i>								
2. Jenny Schouten	MZ&PC	NED 198703674	<b>2:32.18</b>		33.72	1:11.65	1:52.38	2:32.18
<i>Nederlands Masters Record</i>								
3. Rianne Hofland	Sassenheim	NED 198801820	<b>2:36.91</b>		36.62	1:16.06	1:56.36	2:36.91
4. Samantha van Eijk	De Geul	NED 198806826	<b>2:38.39</b>		37.53	1:17.93	1:58.76	2:38.39
5. J. Kuiper-Crossen	Neptunia'24	NED 198600712	<b>2:43.82</b>		38.25	1:19.34	2:01.35	2:43.82
6. Renske Eilers	Zwemvereniging Hoogland	NED 198806072	<b>2:45.28</b>		38.90	1:19.97	2:02.64	2:45.28
7. Sandra Schellekens	Neptunus'58	NED 198503416	<b>2:57.67</b>		42.18	1:26.58	2:12.80	2:57.67



Open Nederlandse Masters  
Kampioenschappen 2023 korte baan  
Heerenveen, 16-19 februari 2023



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Masters 40+

1. Roos van Esch	ACZ	NED 198200468	<b>2:41.12</b>	37.48	1:18.35	2:00.63	2:41.12
2. Ilja Janssen	ESCA Zwemmen	NED 198102234	<b>2:58.37</b>	40.37	1:26.11	2:12.86	2:58.37
3. Clara Groenhorst	GZC DONK	NED 198202506	<b>3:02.70</b>	43.17	1:28.86	2:16.21	3:02.70
4. Jessica Venema	GZC DONK	NED 197901526	<b>3:03.30</b>	40.96	1:26.76	2:15.36	3:03.30
5. Leonie Scholten	Steenwijk 1934	NED 197901560	<b>3:08.46</b>	43.64	1:32.00	2:21.08	3:08.46
6. Linda Hoogendam	WVZ	NED 198300892	<b>3:11.17</b>	44.64	1:34.11	2:23.60	3:11.17

Masters 45+

1. Melanie Kuiper	ZIGNEA	NED 197600350	<b>2:46.50</b>	38.67	1:21.11	2:03.89	2:46.50
2. Liselotte Joling	PSV	NED 197500268	<b>2:47.05</b>	38.85	1:21.23	2:04.80	2:47.05
3. Mirjan den Drijver	Feijenoord Zwemmen (SG)	NED 197500884	<b>2:52.06</b>	40.17	1:23.76	2:08.56	2:52.06
4. Alina Spijkerman	DAW	NED 197701220	<b>2:55.00</b>	40.62	1:24.59	2:10.93	2:55.00
5. A. Glazema-Boelema	Stadskanaal	NED 197701166	<b>2:58.92</b>	42.03	1:27.85	2:15.08	2:58.92
6. Karin van Dijk	THOR	NED 197601066	<b>3:10.54</b>	41.39	1:28.26	2:20.54	3:10.54
7. Fabiola Bosman	Deltasteur	NED 197701148	<b>3:10.75</b>	44.61	1:32.50	2:22.46	3:10.75
8. Clementine Bruxvoort	SCOM/De Zeehond'73 (SG)	NED 197700138	<b>3:34.99</b>	48.44	1:42.10	2:38.78	3:34.99
9. Jessica van Velzen	ZV 44	NED 197601122	<b>3:39.41</b>	51.14	1:47.60	2:44.23	3:39.41

Masters 50+

1. Johanna van Wijnen	Old Dutch	NED 197201072	<b>2:43.88</b>	38.71	1:19.62	2:01.82	2:43.88
2. Trudie van Niejenhuis	TZC-Vahalis	NED 197100444	<b>2:55.41</b>	40.70	1:25.83	2:11.35	2:55.41
3. Bianca Groot	MSV-Zeemacht	NED 197000652	<b>2:59.66</b>	43.12	1:29.91	2:16.36	2:59.66
4. Peggi Hurenkamp	HZ&PC Heerenveen	NED 196900922	<b>3:03.73</b> *	42.74	1:28.31	2:15.88	3:03.73
5. Marjolein Klunne	Hieronymus	NED 197101098	<b>3:05.14</b>	41.84	1:27.68	2:16.36	3:05.14
6. Nathasja Konijn	GZC DONK	NED 197100992	<b>3:20.32</b>	46.79	1:37.26	2:29.03	3:20.32
7. Danielle Schipper	ZOB'66	NED 197001078	<b>3:37.81</b>	50.02	1:44.12	2:41.17	3:37.81

Masters 55+

1. Annette Wijnja-Visser	De Biesboschzwemmers	NED 196700528	<b>2:56.94</b>	40.44	1:24.85	2:10.96	2:56.94
2. Marinka vd Zwet	Sassenheim	NED 196500346	<b>3:01.10</b>	42.50	1:28.56	2:15.69	3:01.10
3. Henriëtte v. Norden	ZPC AMERSFOORT	NED 196800046	<b>3:01.12</b>	42.10	1:28.17	2:15.51	3:01.12
4. Wilna Heijman	Steenwijk 1934	NED 196400506	<b>3:09.57</b>	46.31	1:33.94	2:23.03	3:09.57
5. Anita Steijger	WVZ	NED 196500628	<b>3:12.24</b>	46.17	1:34.27	2:23.86	3:12.24

Masters 60+

1. M. Grove-Lingeman	Triton	NED 196200080	<b>3:06.28</b>	42.93	1:29.54	2:17.72	3:06.28
2. Patty Verhagen	PSV	NED 195900146	<b>3:14.59</b>	47.45	1:36.88	2:26.46	3:14.59
3. A. Vuist-Blum	SWOL 1894	NED 196300282	<b>3:23.23</b>	48.54	1:40.10	2:32.79	3:23.23
4. J. Resink-lindeboom	DWK	NED 196000142	<b>3:35.59</b>	50.96	1:45.27	2:40.76	3:35.59
DIS Gea Kuiper	ZCNF'34	NED 196100104					

RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.

Masters 65+

1. Atie Pijtak-Radersma	ZPC AMERSFOORT	NED 195600048	<b>2:56.62</b>	41.66	1:26.28	2:12.10	2:56.62
<i>Nederlands Masters Record</i>							
2. Margriet Pasma	TriVia	NED 195500088	<b>3:19.28</b>	46.69	1:36.81	2:27.98	3:19.28
3. Mies Kuipers	Old Dutch	NED 195800202	<b>4:48.74</b> *	1:06.18	2:20.64	3:38.37	4:48.74
4. Lies Hartman	PSV	NED 195600116	<b>5:04.37</b>	1:08.27	2:27.80	3:45.40	5:04.37

Masters 70+

1. A. Gilding-Tussaud	WS Twente	NED 195000038	<b>4:01.42</b>	55.35	1:55.56	3:00.32	4:01.42
2. Tineke van Diggelen	ZPCH	NED 195200048	<b>4:07.30</b> *	57.49	1:59.65	3:04.17	4:07.30
3. Geerdien Meerwaldt	De Geul	NED 195200058	<b>4:38.03</b>	1:04.37	2:13.76	3:24.84	4:38.03
4. N. van Dongen-de Paep	eZZ&PC De Devel	NED 195100044	<b>4:51.86</b> *	1:11.40	2:23.35	3:38.78	4:51.86



Programmanr. 39, Dames, 200m rugslag

Masters 75+

DIS L. van Huissteden      ZPC AMERSFOORT      NED 194500002  
*AM - Gebruik gemaakt van hulpmiddelen of tape gebruikt op het lichaam.*

