

Verbetering zwemmer - Details

Alle wedstrijden

Programmanr.	Ronde	Rang	Eindtijd	Pnt	Inschrijftijd	Datum	%	PR
ACZ								11
Carmen Lems, 2004 (20 jaar), Dames								2
50m vrije slag	series	13.	28.56	517	28.19	24-06-2023	97%	
100m vrije slag	series	11.	1:02.78	512	1:01.14	16-09-2023	95%	
50m rugslag	series	4.	31.43	518	31.74	05-10-2024	102%	
100m rugslag	series	4.	1:08.76	508	1:07.96	28-12-2023	98%	
200m rugslag	series	2.	2:27.37	525	2:29.00	25-11-2023	102%	
50m schoolslag	series	9.	37.01	450	35.92	02-03-2024	94%	
Carol Hollemans, 1969 (55 jaar), Dames								3
50m vrije slag	series	3.	30.39	429	30.68	21-04-2024	102%	
100m vrije slag	series	2.	1:06.55	430	1:06.54	21-04-2024	100%	
200m vrije slag	series	1.	2:29.50	401	2:31.85	04-05-2024	103%	
400m vrije slag	series	1.	5:22.85	367	5:28.90	03-05-2024	104%	
Iris van Rossum, 2000 (24 jaar), Dames								-
50m vrije slag	series	22.	29.42	473	29.39	22-06-2024	100%	
50m vlinderslag	series	28.	33.05	401	32.83	24-06-2023	99%	
Jeroen van Blanken, 1992 (32 jaar), Heren								1
200m vrije slag	series	12.	2:16.78	383	2:25.29	21-01-2024	113%	
Kevin Kingma, 1997 (27 jaar), Heren								1
50m vrije slag	series	28.	27.08	412	25.83	22-04-2023	91%	
100m vrije slag	series	19.	1:01.07	395	58.53	09-03-2024	92%	
50m rugslag	series	8.	32.10	326	33.53	05-05-2023	109%	
100m schoolslag	series	7.	1:12.97	434	1:10.69	19-11-2023	94%	
50m vlinderslag	series	23.	29.08	418	28.88	24-03-2024	99%	
Mariska Scheel, 1993 (31 jaar), Dames								-
50m vrije slag	series	6.	28.43	524	27.33	30-12-2023	92%	
50m vlinderslag	series	4.	30.82	494	29.62	17-09-2023	92%	
100m vlinderslag	series	1.	1:08.19	497	1:06.00	11-11-2023	94%	
Robin Schols, 2004 (20 jaar), Heren								-
50m vrije slag	series	27.	26.12	459	25.60	11-11-2023	96%	
100m vrije slag	series	23.	58.71	445	57.19	09-03-2024	95%	
100m schoolslag	series	8.	1:09.49	503	1:08.92	27-01-2024	98%	
50m vlinderslag	series	29.	28.66	437	28.05	27-01-2024	96%	
200m wisselslag	series	11.	2:30.71	384	2:27.00	11-11-2023	95%	
Roos van Esch, 1982 (42 jaar), Dames								-
100m rugslag	series	1.	1:14.43	401	1:11.01	17-02-2023	91%	
100m vlinderslag	series	2.	1:12.00	423	1:11.28	14-01-2024	98%	
200m vlinderslag	series	1.	2:38.00	433	2:34.08	18-03-2023	95%	
400m wisselslag	series	2.	5:51.82	398	5:40.06	19-02-2023	93%	
Saviël Armand, 2002 (22 jaar), Heren								1
50m vrije slag	series	4.	23.26	651	23.04	30-06-2024	98%	
50m vlinderslag	series	3.	25.69	606	25.74	29-06-2024	100%	
Teus Krijgsman, 1966 (58 jaar), Heren								1
50m vrije slag	series	13.	30.86	278	31.11	13-10-2024	102%	
Tjeerd Visser, 1980 (44 jaar), Heren								2
50m rugslag	series	4.	31.62	341	34.47	12-10-2024	119%	
100m rugslag	series	5.	1:08.89	345	1:10.85	05-05-2024	106%	
200m rugslag	series	6.	2:33.56	325	2:30.94	12-10-2024	97%	
Aqua'68								2
Tove Kienhuis, 2002 (22 jaar), Dames								2
50m vrije slag	series	47.	32.83	340	31.86	04-11-2023	94%	
100m vrije slag	series	34.	1:11.87	341	1:11.14	19-02-2023	98%	
50m rugslag	series	19.	38.56	280	38.82	14-10-2023	101%	
100m rugslag	series	23.	1:23.86	280	1:26.62	14-10-2023	107%	
Aqua-Novio '94								9
Djamari Oetringer, 1996 (28 jaar), Dames								-
100m schoolslag	series	11.	1:32.66	304	1:30.01	14-10-2023	94%	
200m vlinderslag	series	2.	3:31.58	180	3:30.81	03-05-2024	99%	
Fedde Beukers, 1997 (27 jaar), Heren								1
50m schoolslag	series	10.	32.83	438	32.89	29-10-2023	100%	
Marcel Hoff, 1964 (60 jaar), Heren								2
800m vrije slag	series	5.	12:00.57	228	12:09.37	06-05-2023	102%	
1500m vrije slag	series	4.	23:00.03	231	23:19.97	04-05-2023	103%	

Natasja Snijders, 1991 (33 jaar), Dames								2
50m vrije slag	series	2.	28.08	544	29.12	29-10-2023	108%	
50m vlinderslag	series	8.	31.67	456	33.87	24-03-2024	114%	
Petra Guijt, 1976 (48 jaar), Dames								1
100m vrije slag	series	6.	1:09.44	378	1:09.40	24-03-2024	100%	
200m vrije slag	series	9.	2:35.50	356	2:34.10	18-02-2023	98%	
400m vrije slag	series	8.	5:36.04	326	5:29.40	17-02-2023	96%	
200m rugslag	series	6.	3:08.22	252	3:01.94	08-04-2023	93%	
200m wisselslag	series	6.	3:03.44	293	3:10.60	13-10-2024	108%	
Remco Ooijman, 1974 (50 jaar), Heren								-
50m rugslag	series	2.	33.30	292	32.90	29-10-2023	98%	
Steven Uijl, 1993 (31 jaar), Heren								3
50m vrije slag	series	4.	24.63	548	25.17	25-02-2023	104%	
50m schoolslag	series	7.	31.86	480	33.37	14-10-2023	110%	
50m vlinderslag	series	8.	27.96	470	28.52	14-10-2023	104%	
Aqualero								3
Annette Korving-Leijenaar, 1967 (57 jaar), Dames								-
50m rugslag	series	5.	43.78	191	41.61	19-02-2023	90%	
50m schoolslag	series	5.	42.80	291	41.84	19-02-2023	96%	
100m schoolslag	series	5.	1:32.95	301	1:31.61	18-02-2023	97%	
200m schoolslag	series	3.	3:22.01	295	3:19.13	23-02-2024	97%	
Erik Zoethout, 1969 (55 jaar), Heren								2
100m vrije slag	series	12.	1:12.72	234	1:14.69	07-04-2024	105%	
50m vlinderslag	series	10.	37.66	192	38.44	30-03-2024	104%	
Marcel Jonkman, 1968 (56 jaar), Heren								1
50m schoolslag	series	4.	35.76	339	35.96	19-02-2023	101%	
Aquapoldro								2
Alex Vermeulen, 1989 (35 jaar), Heren								2
100m vrije slag	series	7.	59.43	429	59.82	09-03-2024	101%	
200m vrije slag	series	2.	2:13.23	414	2:14.11	30-09-2023	101%	
100m wisselslag	series	5.	1:07.92	381	1:06.77	18-02-2023	97%	
200m wisselslag	series	5.	2:27.17	413	2:26.68	18-06-2023	99%	
Jeroen van Esseveldt, 1981 (43 jaar), Heren								-
100m vrije slag	series	17.	1:41.46	86	1:39.70	25-05-2024	97%	
50m rugslag	series	11.	54.13	68	51.96	25-05-2024	92%	
Leny Kamp, 1944 (80 jaar), Dames								-
50m rugslag	series	1.	1:03.59	62	1:02.41	18-02-2023	96%	
Asptt Clermont-Ferrand								2
Bertrand Maillet, 1981 (43 jaar), Heren								2
50m rugslag	series	9.	34.85	255	34.84	08-03-2024	100%	
200m rugslag	series	7.	2:42.44	274	2:52.06	08-06-2024	112%	
200m wisselslag	series	5.	2:44.77	294	2:52.01	17-03-2024	109%	
400m wisselslag	series	AFGEM	-	-	6:07.50	08-06-2024	-	
Autoškoda Mladá Boleslav								4
Jiri Janovsky, 1988 (36 jaar), Heren								2
50m schoolslag	series	3.	30.73	535	31.96	27-01-2024	108%	
100m schoolslag	series	2.	1:07.24	555	1:07.86	14-12-2023	102%	
200m schoolslag	series	2.	2:26.93	546	2:26.17	04-11-2023	99%	
200m wisselslag	series	2.	2:14.67	539	2:12.86	03-11-2023	97%	
Matej Parizek, 2001 (23 jaar), Heren								2
50m vlinderslag	series	21.	27.78	479	28.19	04-11-2023	103%	
100m vlinderslag	series	15.	1:04.80	400	1:07.66	06-04-2023	109%	
100m wisselslag	series	11.	1:07.05	397	1:06.34	04-11-2023	98%	
AZ&PC De Futen								-
Erwin Zuidervelt, 1975 (49 jaar), Heren								-
1500m vrije slag	series	5.	22:37.40	242	21:12.28	16-02-2023	88%	
AZC								21
Ardy Zwanenburg, 1999 (25 jaar), Heren								1
50m vrije slag	series	42.	29.48	319	29.94	12-10-2024	103%	
Auke Sijperda, 1999 (25 jaar), Heren								-
50m vrije slag	series	33.	27.70	385	27.54	21-01-2024	99%	
100m vrije slag	series	24.	1:03.36	354	1:02.12	05-03-2023	96%	
50m vlinderslag	series	40.	33.20	281	30.52	02-07-2023	85%	
100m wisselslag	series	20.	1:14.85	285	1:14.28	01-10-2023	98%	

Carmen Bootsma, 1998 (26 jaar), Dames								-
100m vrije slag	series	24.	1:14.14	311	1:11.91	09-03-2024	94%	
50m rugslag	series	18.	38.82	275	38.26	06-10-2024	97%	
Geza Kaltenecker, 1942 (82 jaar), Heren								-
50m vrije slag	series	1.	40.44	123	39.15	17-02-2023	94%	
100m vrije slag	series	1.	1:38.31	94	1:30.55	24-03-2024	85%	
200m vrije slag	series	1.	3:44.97	86	3:28.78	16-12-2023	86%	
400m vrije slag	series	1.	7:42.74	96	7:17.52	21-01-2024	89%	
800m vrije slag	series	1.	15:55.96	97	15:32.74	19-11-2023	95%	
1500m vrije slag	series	1.	29:49.19	106	29:18.23	12-03-2023	97%	
50m vlinderslag	series	1.	1:06.01	35	1:03.38	16-12-2023	92%	
100m wisselslag	series	1.	1:54.83	79	1:48.98	18-02-2023	90%	
200m wisselslag	series	1.	4:12.75	81	4:02.25	08-04-2023	92%	
Jeffrey van 't Schip, 1991 (33 jaar), Heren								2
100m vrije slag	series	9.	59.90	419	1:08.25	06-10-2024	130%	
400m vrije slag	series	5.	4:48.39	398	5:01.05	06-10-2024	109%	
50m rugslag	series	5.	31.70	339	31.54	06-10-2024	99%	
Jeroen Matthijssen, 1991 (33 jaar), Heren								3
200m vrije slag	series	7.	2:09.67	450	2:10.82	28-01-2024	102%	
400m vrije slag	series	7.	4:50.75	389	4:46.83	01-10-2023	97%	
50m rugslag	series	3.	29.45	423	29.39	06-10-2024	100%	
100m rugslag	series	NG	-	-	1:05.84	28-01-2024	-	
200m rugslag	series	4.	2:23.69	397	2:27.58	01-10-2023	105%	
50m vlinderslag	series	NG	-	-	28.01	05-05-2024	-	
200m vlinderslag	series	7.	2:37.53	312	2:45.90	09-03-2024	111%	
Jessica Braat, 2002 (22 jaar), Dames								3
50m vrije slag	series	18.	29.15	486	29.62	14-01-2024	103%	
100m vrije slag	series	19.	1:05.26	456	1:07.10	19-02-2023	106%	
50m vlinderslag	series	19.	31.95	444	31.06	28-01-2024	95%	
100m vlinderslag	series	15.	1:15.04	373	1:13.54	19-02-2023	96%	
100m wisselslag	series	36.	1:19.84	354	1:17.66	18-02-2023	95%	
200m wisselslag	series	11.	2:51.41	359	2:52.49	22-09-2024	101%	
Michael Go, 1975 (49 jaar), Heren								1
50m vrije slag	series	10.	30.13	299	30.11	17-02-2023	100%	
100m vrije slag	series	13.	1:10.12	261	1:11.27	23-11-2023	103%	
50m vlinderslag	series	9.	32.90	288	32.26	17-02-2023	96%	
Monique van Huizen, 1987 (37 jaar), Dames								4
50m vrije slag	series	2.	29.17	485	29.06	21-11-2023	99%	
100m vrije slag	series	3.	1:04.01	483	1:04.42	19-02-2023	101%	
50m vlinderslag	series	5.	33.80	375	32.37	23-11-2023	92%	
100m vlinderslag	series	2.	1:16.92	346	1:22.86	19-02-2023	116%	
100m wisselslag	series	1.	1:13.51	454	1:14.71	06-10-2024	103%	
200m wisselslag	series	1.	2:43.74	412	2:54.02	17-09-2023	113%	
Patrick Brouwer, 1993 (31 jaar), Heren								1
50m vrije slag	series	18.	27.86	378	27.73	17-02-2023	99%	
100m vrije slag	series	12.	1:01.11	395	59.91	05-03-2023	96%	
50m rugslag	series	6.	32.44	316	33.24	06-10-2024	105%	
100m rugslag	series	4.	1:11.61	307	1:10.30	05-03-2023	96%	
200m rugslag	series	6.	2:36.97	304	2:31.60	19-02-2023	93%	
Peter Bootsma, 1969 (55 jaar), Heren								2
100m vrije slag	series	13.	1:15.64	208	1:15.97	24-03-2024	101%	
200m wisselslag	series	6.	3:16.34	174	3:18.87	22-09-2024	103%	
Ramona Linting, 1983 (41 jaar), Dames								4
400m vrije slag	series	3.	5:14.50	397	5:21.82	22-11-2023	105%	
800m vrije slag	series	4.	10:58.39	381	11:07.67	19-11-2023	103%	
1500m vrije slag	series	2.	20:51.05	382	21:41.87	04-05-2023	108%	
200m vlinderslag	series	2.	2:58.39	301	3:03.26	24-11-2023	106%	
Ricardo van Dam, 1985 (39 jaar), Heren								-
50m schoolslag	series	9.	33.37	417	32.76	01-10-2023	96%	
100m schoolslag	series	7.	1:15.57	391	1:14.36	18-02-2023	97%	
Wim de Lange, 1958 (66 jaar), Heren								-
50m rugslag	series	1.	42.30	142	40.27	17-09-2023	91%	
100m rugslag	series	2.	1:30.07	154	1:28.12	21-01-2024	96%	
50m schoolslag	series	1.	40.73	229	40.20	19-02-2023	97%	
100m schoolslag	series	1.	1:31.28	222	1:28.92	18-02-2023	95%	
200m schoolslag	series	1.	3:22.04	210	3:19.61	17-02-2023	98%	
AZL								6
Anke Lambooi, 1980 (44 jaar), Dames								1
50m vrije slag	series	1.	27.94	552	27.96	17-02-2023	100%	
100m vrije slag	series	2.	1:02.88	510	1:02.19	12-03-2023	98%	
200m vrije slag	series	2.	2:20.05	488	2:19.99	18-02-2023	100%	
400m vrije slag	series	2.	5:06.83	428	5:03.64	24-06-2023	98%	

800m vrije slag	series	3.	10:42.08	411	10:30.73	18-02-2023	96%	
100m wisselslag	series	2.	1:14.41	438	1:12.05	23-04-2023	94%	
Katharina Schlipp, 1973 (51 jaar), Dames								
100m vrije slag	series	6.	1:11.50	347	1:11.70	07-04-2024	101%	3
200m vrije slag	series	5.	2:42.81	311	2:40.68	04-02-2024	97%	
50m schoolslag	series	2.	38.74	392	39.02	19-02-2023	101%	
100m schoolslag	series	3.	1:26.07	380	1:26.21	18-02-2023	100%	
200m schoolslag	series	3.	3:11.90	344	3:11.01	17-02-2023	99%	
Ralph van der Kleij, 1980 (44 jaar), Heren								
100m vrije slag	series	15.	1:08.95	275	1:11.13	21-01-2024	106%	2
100m schoolslag	series	10.	1:27.04	256	1:27.99	28-01-2024	102%	
Batavia Swim								
Bergen og Omegn Masters								
Sverre Kile, 1953 (71 jaar), Heren								
100m vrije slag	series	1.	1:08.40	281	1:04.69	30-09-2023	89%	
200m vrije slag	series	1.	2:32.45	276	2:23.30	06-05-2023	88%	
400m vrije slag	series	1.	5:24.37	280	5:08.86	06-04-2024	91%	
800m vrije slag	series	1.	11:24.07	266	10:56.29	26-04-2024	92%	
Blue Marlins								
Alfonso Verkerk, 1976 (48 jaar), Heren								
50m vrije slag	series	11.	30.63	285	30.91	29-09-2024	102%	2
50m schoolslag	series	9.	39.38	254	38.27	24-03-2024	94%	
100m schoolslag	series	12.	1:28.72	241	1:25.32	06-04-2024	92%	
50m vlinderslag	series	12.	34.81	243	35.19	25-11-2023	102%	
Alisha Vieira, 1999 (25 jaar), Dames								
50m vrije slag	series	6.	27.94	552	27.71	02-07-2023	98%	
100m vrije slag	series	8.	1:03.87	486	1:03.03	26-11-2023	97%	
50m rugslag	series	4.	31.69	505	31.54	01-07-2023	99%	
100m rugslag	series	7.	1:11.86	445	1:09.67	19-11-2023	94%	
50m schoolslag	series	11.	36.66	463	36.19	26-11-2023	97%	
100m wisselslag	series	8.	1:13.17	460	1:12.54	18-02-2023	98%	
Ana Nusa Versnik, 2000 (24 jaar), Dames								
100m schoolslag	series	AFGEM		-	1:17.00	28-01-2024	-	-
Babette van der Kaaij, 1999 (25 jaar), Dames								
50m vrije slag	series	1.	26.29	663	26.24	17-02-2023	100%	
50m vlinderslag	series	2.	29.46	566	28.32	25-06-2023	92%	
Berinda van Dijk, 2001 (23 jaar), Dames								
50m vrije slag	series	45.	32.13	363	32.05	09-03-2024	100%	2
1500m vrije slag	series	6.	22:51.10	290	23:41.50	12-03-2023	107%	
200m schoolslag	series	13.	3:29.29	265	3:35.14	24-09-2023	106%	
Brandon van den Berg, 2002 (22 jaar), Heren								
50m schoolslag	series	2.	27.85	719	27.57	15-12-2023	98%	1
100m wisselslag	series	1.	55.10	715	56.14	01-10-2023	104%	
Djurre Lankhorst, 1999 (25 jaar), Heren								
50m vrije slag	series	31.	27.32	401	27.43	26-11-2023	101%	2
100m vrije slag	series	23.	1:01.95	379	1:01.76	10-03-2024	99%	
50m vlinderslag	series	29.	29.83	387	29.88	28-01-2024	100%	
Dorien Pastoors, 1994 (30 jaar), Dames								
50m vrije slag	series	29.	35.04	280	35.54	08-10-2023	103%	1
200m vrije slag	series	15.	2:45.41	296	2:44.52	21-01-2024	99%	
Esmeralda Elbers, 2004 (20 jaar), Dames								
50m vrije slag	series	51.	35.59	267	34.09	27-05-2023	92%	
1500m vrije slag	series	7.	25:50.70	200	24:56.40	19-02-2023	93%	
50m rugslag	series	22.	44.11	187	41.83	01-07-2023	90%	
50m vlinderslag	series	44.	41.44	203	41.16	01-07-2023	99%	
Floris de Leeuw, 2001 (23 jaar), Heren								
100m vrije slag	series	6.	53.78	579	54.85	12-11-2023	104%	1
Jason van den Berg, 2004 (20 jaar), Heren								
50m schoolslag	series	1.	27.46	750	27.22	15-12-2023	98%	-
100m schoolslag	series	1.	1:01.00	744	59.82	17-12-2023	96%	
100m wisselslag	series	3.	57.12	642	56.53	17-12-2023	98%	
Jay de Vries, 2004 (20 jaar), Heren								
50m vrije slag	series	6.	23.45	635	23.15	12-11-2023	97%	-
100m rugslag	series	1.	54.94	680	53.46	15-12-2023	95%	
200m rugslag	series	1.	2:02.31	644	1:59.44	17-12-2023	95%	
100m vlinderslag	series	AFGEM		-	54.86	01-07-2023	-	

Konstantinos Doulfis, 2002 (22 jaar), Heren								-
100m vrije slag	series	22.	58.46	451	58.11	28-05-2023	99%	
Lisa Dreesens, 1991 (33 jaar), Dames								-
200m vlinderslag	series	1.	2:24.00	573	2:22.91	10-03-2024	98%	
400m wisselslag	series	1.	5:06.18	604	5:05.61	12-11-2023	100%	
Marc Botter, 2000 (24 jaar), Heren								2
50m vrije slag	series	3.	23.20	656	23.16	26-11-2023	100%	
100m vrije slag	series	5.	53.12	601	53.23	10-03-2024	100%	
50m vlinderslag	series	4.	25.80	599	28.33	12-11-2023	121%	
Marc Hoogendam, 1990 (34 jaar), Heren								-
50m vrije slag	series	16.	27.71	385	26.52	17-02-2023	92%	
400m vrije slag	series	9.	5:04.18	339	4:54.43	01-10-2023	94%	
800m vrije slag	series	6.	10:38.67	328	10:36.19	16-12-2023	99%	
1500m vrije slag	series	6.	20:55.85	306	20:30.23	16-02-2023	96%	
50m vlinderslag	series	11.	29.57	397	28.30	14-10-2023	92%	
100m vlinderslag	series	9.	1:09.95	318	1:04.58	12-11-2023	85%	
Michael Smink, 2003 (21 jaar), Heren								-
50m vrije slag	series	2.	22.52	717	22.12	17-12-2023	96%	
100m vrije slag	series	1.	49.44	746	48.57	15-12-2023	97%	
50m vlinderslag	series	2.	23.39	804	23.34	14-10-2023	100%	
100m vlinderslag	series	2.	53.91	696	52.44	15-10-2023	95%	
100m wisselslag	series	2.	55.22	710	55.01	29-06-2024	99%	
Rik Doornenbal, 1998 (26 jaar), Heren								1
50m vrije slag	series	12.	25.58	489	25.70	29-06-2024	101%	
Stefan Petersen, 1994 (30 jaar), Heren								4
100m vrije slag	series	6.	56.65	495	56.12	19-02-2023	98%	
200m vrije slag	series	4.	2:06.73	482	2:13.59	04-05-2024	111%	
50m schoolslag	series	4.	29.93	579	29.98	30-06-2024	100%	
100m schoolslag	series	2.	1:06.20	582	1:06.59	17-12-2023	101%	
200m schoolslag	series	1.	2:30.24	511	2:37.16	05-05-2024	109%	
Tim Haimé, 2004 (20 jaar), Heren								1
400m vrije slag	series	9.	4:37.03	449	4:36.28	01-10-2023	99%	
50m vlinderslag	series	24.	28.13	462	27.62	28-01-2024	96%	
100m vlinderslag	series	11.	1:02.47	447	1:02.50	29-10-2023	100%	
200m vlinderslag	series	3.	2:25.81	393	2:21.69	10-03-2024	94%	
Bridgend Swim Club								1
Allie Price, 1965 (59 jaar), Dames								1
50m rugslag	series	1.	35.10	372	35.04	28-10-2023	100%	
100m rugslag	series	1.	1:16.48	369	1:17.53	30-09-2023	103%	
50m vlinderslag	series	2.	33.48	386	33.32	27-10-2023	99%	
100m vlinderslag	series	1.	1:18.33	328	1:14.41	29-10-2023	90%	
100m wisselslag	series	1.	1:16.83	397	1:15.13	29-10-2023	96%	
200m wisselslag	series	1.	2:51.15	360	2:48.24	02-12-2023	97%	
Bubble								19
Arjan Dekker, 2000 (24 jaar), Heren								5
100m vrije slag	series	9.	54.85	546	1:04.30	05-10-2024	137%	
400m vrije slag	series	7.	4:34.78	460	4:50.32	05-10-2024	112%	
50m rugslag	series	1.	28.02	491	27.69	05-10-2024	98%	
50m schoolslag	series	5.	29.83	585	30.26	30-06-2024	103%	
100m schoolslag	series	4.	1:06.61	571	1:07.58	19-10-2024	103%	
200m schoolslag	series	3.	2:28.92	525	2:28.41	19-10-2024	99%	
50m vlinderslag	series	10.	26.55	549	26.27	29-06-2024	98%	
100m wisselslag	series	5.	59.31	573	1:00.07	29-06-2024	103%	
Esmee Kloezen, 2002 (22 jaar), Dames								3
50m vrije slag	series	26.	30.23	436	30.01	17-02-2023	99%	
100m vrije slag	series	18.	1:05.14	459	1:05.44	09-03-2024	101%	
100m schoolslag	series	14.	1:25.81	383	1:27.19	21-10-2023	103%	
100m wisselslag	series	31.	1:17.04	394	1:17.34	28-10-2023	101%	
Hendrik Broekema, 2000 (24 jaar), Heren								1
50m vrije slag	series	15.	24.87	532	24.72	30-06-2024	99%	
50m vlinderslag	series	13.	27.17	512	27.28	29-06-2024	101%	
Laura Setz, 2000 (24 jaar), Dames								3
50m vrije slag	series	6.	27.69	567	27.20	29-10-2023	96%	
100m vrije slag	series	1.	58.69	627	59.29	21-10-2023	102%	
200m vrije slag	series	1.	2:05.54	678	2:06.39	29-10-2023	101%	
400m vrije slag	series	1.	4:27.74	644	4:26.40	17-02-2023	99%	
800m vrije slag	series	1.	9:11.77	647	9:15.04	18-02-2023	101%	
100m rugslag	series	5.	1:09.15	500	1:08.12	29-10-2023	97%	

Marijke Drent, 1999 (25 jaar), Dames								5
100m vrije slag	series	7.	1:02.39	522	1:03.20	22-04-2023	103%	
200m vrije slag	series	2.	2:12.67	574	2:13.69	29-10-2023	102%	
400m vrije slag	series	2.	4:38.10	575	4:38.64	06-04-2024	100%	
800m vrije slag	series	3.	9:35.53	570	9:36.94	24-11-2023	100%	
50m schoolslag	series	9.	35.98	490	35.90	29-06-2024	100%	
50m vlinderslag	series	10.	31.56	460	31.60	04-06-2023	100%	
Sanne Kloezen, 2002 (22 jaar), Dames								2
50m vrije slag	series	14.	28.68	511	27.74	09-03-2024	94%	
100m vrije slag	series	12.	1:03.42	497	1:01.46	28-10-2023	94%	
50m schoolslag	series	6.	36.20	481	36.55	16-09-2023	102%	
100m schoolslag	series	5.	1:19.43	483	1:19.59	18-02-2023	100%	
100m wisselslag	series	12.	1:11.81	487	1:10.33	30-06-2024	96%	
Tim Speijer, 2003 (21 jaar), Heren								-
50m vrije slag	series	19.	25.41	499	25.11	04-06-2023	98%	
100m vrije slag	series	13.	55.60	524	55.26	04-06-2023	99%	
50m schoolslag	series	11.	30.93	524	30.87	30-09-2023	100%	
100m schoolslag	series	9.	1:09.78	497	1:09.39	04-06-2023	99%	
100m wisselslag	series	7.	1:03.00	478	1:02.01	09-03-2024	97%	
200m wisselslag	series	6.	2:20.18	478	2:19.52	11-11-2023	99%	
BZ&PC								3
Bart van der Zwaan, 1990 (34 jaar), Heren								-
200m vrije slag	series	10.	2:14.30	405	2:13.33	01-10-2023	99%	
100m wisselslag	series	6.	1:07.15	395	1:05.35	23-04-2023	95%	
Hans van Wijk, 1989 (35 jaar), Heren								2
50m schoolslag	series	6.	31.91	478	32.10	01-10-2023	101%	
100m wisselslag	series	2.	1:03.47	468	1:03.53	06-10-2024	100%	
Owen Louwes, 1991 (33 jaar), Heren								1
50m schoolslag	series	13.	37.45	295	38.33	01-10-2023	105%	
Cercle De Natation Sportcity Woluwe								26
Antonio Friz, 1960 (64 jaar), Heren								2
50m vrije slag	series	7.	33.21	223	33.33	25-03-2023	101%	
50m vlinderslag	series	6.	39.59	165	39.60	25-03-2023	100%	
Brigitte Dugauquier, 1955 (69 jaar), Dames								2
50m vrije slag	series	4.	40.75	178	41.41	04-06-2023	103%	
100m vrije slag	series	3.	1:34.98	148	1:35.23	16-06-2023	101%	
Bruno Nahon, 1970 (54 jaar), Heren								1
1500m vrije slag	series	AFGEM	-	-	21:08.71	12-10-2024	-	
100m rugslag	series	1.	1:18.60	232	1:17.04	10-03-2024	96%	
50m vlinderslag	series	7.	33.29	278	33.74	05-05-2024	103%	
100m vlinderslag	series	3.	1:18.70	223	1:15.36	19-02-2023	92%	
Christian Schoenaers, 1959 (65 jaar), Heren								3
50m schoolslag	series	2.	41.03	224	41.34	26-11-2023	102%	
200m schoolslag	series	3.	3:36.70	170	3:38.24	28-09-2024	101%	
50m vlinderslag	series	2.	42.54	133	43.08	28-09-2024	103%	
Claire Anthony, 1957 (67 jaar), Dames								2
50m vrije slag	series	2.	35.45	270	34.98	29-02-2024	97%	
50m vlinderslag	series	1.	38.30	257	36.74	16-06-2024	92%	
100m vlinderslag	series	1.	1:33.80	191	1:31.15	11-02-2024	94%	
100m wisselslag	series	2.	1:34.87	211	1:37.90	10-02-2024	106%	
200m wisselslag	series	2.	3:37.15	176	3:46.08	05-05-2023	108%	
Daniela Macetas, 1995 (29 jaar), Dames								4
50m vrije slag	series	39.	34.53	292	34.60	13-10-2024	100%	
100m vrije slag	series	26.	1:16.95	278	1:20.10	16-03-2024	108%	
50m rugslag	series	19.	39.93	252	41.12	12-10-2024	106%	
100m rugslag	series	21.	1:28.18	241	1:31.77	16-03-2024	108%	
Fernande Blondeel-Gourmet, 1952 (72 jaar), Dames								3
50m vrije slag	series	3.	46.55	119	46.51	05-05-2023	100%	
100m vrije slag	series	2.	1:46.22	105	1:47.36	03-05-2024	102%	
50m vlinderslag	series	3.	51.63	105	54.71	05-05-2024	112%	
200m wisselslag	series	1.	4:18.14	105	4:22.38	11-02-2024	103%	
Kathy Van Lindt, 1971 (53 jaar), Dames								-
800m vrije slag	series	5.	13:01.25	228	11:04.49	07-05-2023	72%	
200m schoolslag	series	5.	3:54.87	188	3:23.89	05-05-2023	75%	
200m wisselslag	series	8.	3:32.00	189	3:25.93	15-06-2024	94%	
400m wisselslag	series	3.	7:34.99	184	6:24.55	06-05-2023	71%	
Kevork Boyrazian, 1944 (80 jaar), Heren								-
50m vrije slag	series	2.	54.22	51	51.89	05-05-2024	92%	

Lionel Godeaux, 1960 (64 jaar), Heren									-
50m vrije slag	series	2.	27.37	399	27.27	12-03-2023	99%		
50m vlinderslag	series	1.	31.53	328	30.58	01-07-2023	94%		
Liudmila Skopina, 1957 (67 jaar), Dames									-
100m schoolslag	series	3.	1:44.88	210	1:42.26	25-03-2023	95%		
200m schoolslag	series	2.	3:46.22	210	3:38.87	18-03-2023	94%		
Nathalie Blondeel, 1977 (47 jaar), Dames									3
50m vrije slag	series	2.	29.77	456	29.95	17-02-2024	101%		
100m vrije slag	series	1.	1:05.25	456	1:05.22	26-11-2023	100%		
50m vlinderslag	series	3.	33.49	385	33.71	06-05-2023	101%		
100m wisselslag	series	1.	1:15.56	418	1:18.23	18-03-2023	107%		
200m wisselslag	series	2.	2:43.41	414	2:42.24	19-03-2023	99%		
Olivier Bresoux, 1969 (55 jaar), Heren									2
50m vrije slag	series	8.	29.99	303	30.69	16-06-2024	105%		
100m vrije slag	series	8.	1:07.97	287	1:06.54	19-03-2023	96%		
400m vrije slag	series	8.	5:37.21	249	5:54.99	16-06-2024	111%		
50m vlinderslag	series	3.	32.19	308	31.80	18-03-2023	98%		
100m vlinderslag	series	3.	1:14.81	260	1:13.47	19-03-2023	96%		
Philippe Godbille, 1957 (67 jaar), Heren									-
50m vrije slag	series	2.	34.47	200	33.67	19-03-2023	95%		
50m schoolslag	series	3.	41.66	214	40.75	19-03-2023	96%		
100m wisselslag	series	2.	1:36.92	131	1:35.63	18-03-2023	97%		
Pierrette Michel, 1962 (62 jaar), Dames									1
200m vlinderslag	series	1.	3:05.54	267	3:00.50	11-02-2024	95%		
400m wisselslag	series	1.	6:02.94	363	6:09.66	06-05-2023	104%		
Thierry Schurmans, 1958 (66 jaar), Heren									1
50m vrije slag	series	1.	32.87	230	32.75	21-11-2023	99%		
50m vlinderslag	series	3.	43.20	127	46.43	06-05-2023	116%		
Valérie Rolland, 1971 (53 jaar), Dames									2
50m rugslag	series	2.	37.59	303	35.88	19-03-2023	91%		
100m rugslag	series	4.	1:19.84	324	1:19.53	18-03-2023	99%		
200m rugslag	series	2.	2:50.34	340	2:49.68	26-11-2023	99%		
100m schoolslag	series	6.	1:32.78	303	1:33.93	10-02-2024	102%		
50m vlinderslag	series	6.	35.21	331	34.52	05-05-2024	96%		
100m vlinderslag	series	5.	1:18.94	320	1:18.09	25-03-2023	98%		
200m wisselslag	series	3.	2:55.28	336	2:56.37	11-02-2024	101%		
CN Aquamasters									1
Frederik Hendrik de Bruijn, 1938 (86 jaar), Heren									1
100m vrije slag	series	1.	1:34.59	106	1:31.84	19-02-2023	94%		
200m vrije slag	series	1.	3:22.62	117	3:18.00	06-05-2023	95%		
400m vrije slag	series	1.	6:55.54	133	6:49.44	16-12-2023	97%		
800m vrije slag	series	1.	14:19.57	134	14:12.49	26-02-2024	98%		
1500m vrije slag	series	1.	26:45.40	146	27:47.91	23-04-2023	108%		
200m schoolslag	series	1.	4:18.27	100	4:05.27	25-03-2023	90%		
CN Plan-les-Ouates									-
Catherine Couquet, 1951 (73 jaar), Dames									-
50m vlinderslag	series	2.	41.10	208	40.74	05-11-2023	98%		
CN Torrevejia									-
Nikolai Voronin, 1969 (55 jaar), Heren									-
100m vrije slag	series	2.	59.78	422	57.81	23-11-2023	94%		
200m vrije slag	series	1.	2:09.29	454	2:06.31	20-11-2023	95%		
400m vrije slag	series	1.	4:37.57	447	4:32.78	22-11-2023	97%		
CWW Swim team (SG)									8
Antwan van Engen, 1971 (53 jaar), Heren									4
50m vrije slag	series	2.	26.89	421	27.86	05-05-2024	107%		
50m schoolslag	series	AFGEM	-	-	33.18	21-04-2024	-		
100m schoolslag	series	3.	1:14.30	411	1:14.42	05-07-2024	100%		
50m vlinderslag	series	2.	27.77	480	27.96	17-02-2023	101%		
100m vlinderslag	series	AFGEM	-	-	1:02.29	25-11-2023	-		
200m vlinderslag	series	AFGEM	-	-	2:24.02	25-11-2023	-		
200m wisselslag	series	1.	2:28.30	403	2:34.66	17-02-2023	109%		
Cindy Hendriks, 1992 (32 jaar), Dames									3
50m vrije slag	series	14.	29.74	458	31.12	12-10-2024	109%		
50m vlinderslag	series	9.	31.77	451	36.38	21-04-2024	131%		
100m wisselslag	series	10.	1:16.86	397	1:20.11	05-10-2024	109%		

Laura ter Stege, 1996 (28 jaar), Dames								1
800m vrije slag	series	11.	11:27.74	334	11:33.69	03-02-2024	102%	
50m schoolslag	series	20.	40.33	348	40.11	01-10-2023	99%	
50m vlinderslag	series	30.	37.09	284	35.25	25-11-2023	90%	
100m wisselslag	series	27.	1:20.15	350	1:18.72	01-10-2023	96%	
Yvette Ratering, 1972 (52 jaar), Dames								-
50m vrije slag	series	4.	30.22	436	30.01	17-02-2023	99%	
100m vrije slag	series	2.	1:08.57	393	1:07.37	07-05-2023	97%	
50m schoolslag	series	NG	-	-	41.88	07-05-2023	-	
50m vlinderslag	series	5.	35.10	335	34.38	17-02-2023	96%	
100m wisselslag	series	NG	-	-	1:18.65	18-02-2023	-	
d'ELFT								2
Steffi Meinhold, 1980 (44 jaar), Dames								2
800m vrije slag	series	2.	10:11.81	475	10:23.13	12-10-2024	104%	
1500m vrije slag	series	1.	19:35.45	461	19:48.03	24-03-2024	102%	
DAW								28
Agnes van Brug, 1980 (44 jaar), Dames								-
200m vrije slag	series	5.	2:42.57	312	2:36.07	18-02-2023	92%	
800m vrije slag	series	5.	11:29.95	331	11:08.39	18-02-2023	94%	
Alex Damen, 1975 (49 jaar), Heren								1
50m vrije slag	series	6.	27.30	402	26.45	17-02-2023	94%	
100m vrije slag	series	7.	59.33	431	58.72	19-02-2023	98%	
50m vlinderslag	series	3.	29.36	406	28.95	17-02-2023	97%	
100m vlinderslag	series	8.	1:08.31	342	1:07.59	19-02-2023	98%	
100m wisselslag	series	3.	1:07.83	383	1:07.17	18-02-2023	98%	
200m wisselslag	series	4.	2:30.70	384	2:36.99	03-05-2024	109%	
Alina Spijkerman, 1977 (47 jaar), Dames								2
200m vrije slag	series	6.	2:30.31	395	2:31.35	06-01-2024	101%	
400m vrije slag	series	5.	5:21.93	370	5:21.33	01-04-2024	100%	
800m vrije slag	series	3.	10:53.42	390	10:51.39	17-12-2023	99%	
100m rugslag	series	2.	1:19.95	323	1:18.49	10-02-2024	96%	
200m rugslag	series	4.	2:52.88	325	2:54.30	16-03-2024	102%	
200m vlinderslag	series	3.	3:08.19	256	3:06.83	06-01-2024	99%	
Celine Bakker, 1993 (31 jaar), Dames								-
50m vrije slag	series	22.	32.18	361	32.02	06-01-2024	99%	
Cherry Bas-Ott, 1971 (53 jaar), Dames								2
50m vrije slag	series	15.	34.18	301	34.20	21-09-2024	100%	
50m vlinderslag	series	7.	40.51	217	41.00	06-01-2024	102%	
Dennis Kraakman, 1987 (37 jaar), Heren								1
100m vrije slag	series	10.	1:07.59	291	1:07.60	03-05-2024	100%	
50m schoolslag	series	10.	33.94	397	33.15	10-12-2023	95%	
100m schoolslag	series	8.	1:17.04	369	1:14.21	18-02-2023	93%	
Felix Geenen, 1995 (29 jaar), Heren								1
50m vrije slag	series	1.	22.80	691	22.50	30-06-2024	97%	
100m vrije slag	series	1.	51.08	676	50.47	19-05-2024	98%	
50m vlinderslag	series	2.	25.30	635	25.22	14-01-2024	99%	
100m wisselslag	series	1.	58.50	597	58.64	17-12-2023	100%	
Hans Schoenmakers, 1969 (55 jaar), Heren								3
100m schoolslag	series	7.	1:23.60	289	1:24.70	18-02-2023	103%	
200m schoolslag	series	4.	3:03.96	278	3:02.34	17-02-2023	98%	
50m vlinderslag	series	8.	34.12	259	37.20	19-02-2023	119%	
200m vlinderslag	series	2.	3:01.46	204	3:11.79	03-05-2024	112%	
Ijke Mourits, 1999 (25 jaar), Dames								2
100m schoolslag	series	7.	1:23.87	411	1:24.51	13-10-2024	102%	
200m wisselslag	series	7.	2:44.63	405	2:50.04	13-10-2024	107%	
Ilona Hogerheyde, 1974 (50 jaar), Dames								-
50m vrije slag	series	9.	31.19	397	30.41	18-02-2023	95%	
100m vrije slag	series	3.	1:08.61	392	1:06.05	19-02-2023	93%	
50m vlinderslag	series	4.	34.64	348	33.17	17-02-2023	92%	
200m wisselslag	series	2.	2:54.08	343	2:46.37	17-02-2023	91%	
Jacqueline Tuin, 1966 (58 jaar), Dames								-
50m vrije slag	series	5.	32.05	366	31.90	30-09-2023	99%	
100m vrije slag	series	5.	1:12.66	330	1:12.23	10-02-2024	99%	
50m rugslag	series	4.	38.31	286	37.82	16-03-2024	97%	
50m schoolslag	series	2.	38.34	405	38.31	06-01-2024	100%	
100m schoolslag	series	3.	1:26.21	378	1:25.81	10-02-2024	99%	
50m vlinderslag	series	4.	37.47	275	36.67	06-01-2024	96%	
100m wisselslag	series	4.	1:22.00	327	1:21.58	25-05-2024	99%	

Laura Badoux, 1982 (42 jaar), Dames									1
50m schoolslag	series	1.	35.64	504	34.91	09-04-2023	96%		
100m schoolslag	series	1.	1:18.78	495	1:18.42	18-02-2023	99%		
200m schoolslag	series	1.	2:55.02	454	2:49.60	17-02-2023	94%		
50m vlinderslag	series	4.	33.02	402	33.30	09-04-2023	102%		
100m wisselslag	series	4.	1:15.52	418	1:13.94	19-05-2023	96%		
Lianne Dekker, 2003 (21 jaar), Dames									1
50m vrije slag	series	32.	30.82	411	31.20	29-09-2024	102%		
200m vrije slag	series	22.	2:31.80	383	2:29.48	09-04-2023	97%		
100m rugslag	series	14.	1:17.76	351	1:16.03	01-10-2023	96%		
200m rugslag	series	9.	2:55.57	310	2:41.10	19-02-2023	84%		
Luc Mul, 2002 (22 jaar), Heren									1
50m vrije slag	series	7.	23.81	607	23.57	13-01-2024	98%		
100m vrije slag	series	3.	52.04	639	51.23	29-12-2023	97%		
200m vrije slag	series	3.	1:55.96	629	1:56.28	28-01-2024	101%		
400m vrije slag	series	2.	4:12.15	596	4:11.97	17-12-2023	100%		
50m vlinderslag	series	9.	26.38	560	26.13	28-12-2023	98%		
Maaïke Vooren, 1991 (33 jaar), Dames									-
800m vrije slag	series	1.	9:35.95	569	9:30.46	03-12-2023	98%		
Maria Antonella Zuccaro, 1996 (28 jaar), Dames									3
100m vrije slag	series	17.	1:06.25	436	1:08.73	03-05-2024	108%		
200m vrije slag	series	10.	2:26.16	429	2:42.49	13-10-2024	124%		
50m rugslag	series	12.	36.43	332	38.77	03-05-2024	113%		
Marouscha de Vries, 1999 (25 jaar), Dames									1
100m rugslag	series	17.	1:20.77	313	1:24.12	28-12-2023	108%		
200m schoolslag	series	10.	3:06.57	375	3:05.31	12-11-2023	99%		
Melissa Zwaan, 1991 (33 jaar), Dames									-
100m vrije slag	series	5.	1:05.73	446	1:04.97	11-02-2023	98%		
200m vrije slag	series	4.	2:24.06	448	2:20.71	18-02-2023	95%		
400m vrije slag	series	5.	5:08.62	420	4:55.65	17-02-2023	92%		
800m vrije slag	series	3.	10:37.62	419	10:36.52	18-02-2023	100%		
200m vlinderslag	series	3.	2:47.28	365	2:40.81	18-02-2023	92%		
Michel de Maesschalck, 1991 (33 jaar), Heren									1
50m vrije slag	series	7.	25.77	478	25.89	12-11-2023	101%		
100m vrije slag	series	5.	56.34	504	56.32	23-04-2023	100%		
50m vlinderslag	series	9.	28.43	447	28.04	28-01-2024	97%		
100m vlinderslag	series	5.	1:01.98	458	1:01.60	12-11-2023	99%		
Michiel Brinkman, 1980 (44 jaar), Heren									2
100m vrije slag	series	13.	1:06.26	309	1:07.49	02-04-2023	104%		
100m schoolslag	series	9.	1:22.34	302	1:24.49	12-03-2023	105%		
Mirte Visser, 1996 (28 jaar), Dames									2
50m vrije slag	series	26.	31.20	396	33.90	28-10-2023	118%		
50m vlinderslag	series	29.	37.03	285	38.14	21-01-2024	106%		
Paul Oudendijk, 1981 (43 jaar), Heren									4
200m vrije slag	series	3.	2:15.23	396	2:19.00	05-05-2023	106%		
100m rugslag	series	2.	1:06.75	379	1:07.64	17-09-2023	103%		
200m rugslag	series	1.	2:24.84	387	2:25.23	12-03-2023	101%		
200m schoolslag	series	3.	2:47.00	372	2:49.74	10-12-2023	103%		
Sandra Temmerman, 1980 (44 jaar), Dames									-
100m wisselslag	series	5.	1:17.25	391	1:16.78	16-03-2024	99%		
Wouter Zijlstra, 1982 (42 jaar), Heren									-
100m vrije slag	series	10.	1:02.67	366	1:02.46	19-02-2023	99%		
50m rugslag	series	7.	34.16	271	33.30	18-02-2023	95%		
50m schoolslag	series	7.	35.24	354	34.18	19-02-2023	94%		
100m schoolslag	series	8.	1:18.00	355	1:17.07	10-02-2024	98%		
100m wisselslag	series	6.	1:12.35	316	1:10.16	18-02-2023	94%		
DBD									2
Dirk Smit, 1981 (43 jaar), Heren									2
100m rugslag	series	7.	1:09.07	342	1:08.63	17-02-2023	99%		
200m rugslag	series	5.	2:30.42	346	2:31.64	19-02-2023	102%		
50m vlinderslag	series	8.	30.70	355	30.48	17-02-2023	99%		
100m wisselslag	series	4.	1:09.09	362	1:11.02	16-06-2024	106%		
De Amstel									3
Iris Bastiaansen, 1999 (25 jaar), Dames									-
100m vrije slag	series	19.	1:08.36	397	1:07.65	19-05-2024	98%		
50m rugslag	series	11.	35.80	350	35.54	19-05-2024	99%		
200m rugslag	series	13.	2:50.71	338	2:47.72	16-06-2024	97%		
100m wisselslag	series	30.	1:21.19	337	1:18.90	10-03-2024	94%		

Iris van der Moolen, 1999 (25 jaar), Dames								1
100m vrije slag	series	18.	1:07.38	414	1:07.15	11-02-2024	99%	
50m rugslag	series	8.	34.67	386	34.85	28-05-2023	101%	
100m vlinderslag	series	11.	1:19.50	314	1:16.49	02-04-2023	93%	
100m wisselslag	series	14.	1:16.93	396	1:15.47	16-06-2024	96%	
Nick Sijmons, 1995 (29 jaar), Heren								-
100m schoolslag	series	4.	1:09.64	500	1:07.70	24-11-2023	95%	
100m vlinderslag	series	4.	59.24	524	58.85	19-02-2023	99%	
200m vlinderslag	series	1.	2:15.83	486	2:13.72	24-11-2023	97%	
100m wisselslag	series	6.	1:01.74	508	1:01.53	10-03-2024	99%	
200m wisselslag	series	2.	2:18.31	497	2:16.18	18-05-2024	97%	
Owen Michels, 2004 (20 jaar), Heren								2
100m vrije slag	series	24.	58.76	444	57.94	19-05-2024	97%	
200m vrije slag	series	10.	2:06.90	480	2:08.94	01-10-2023	103%	
100m wisselslag	series	10.	1:06.62	404	1:08.15	10-03-2024	105%	
200m wisselslag	series	10.	2:30.65	385	2:27.58	27-05-2023	96%	
De Berkelduikers								-
Arnold de Rover, 1964 (60 jaar), Heren								-
100m vrije slag	series	2.	1:01.24	392	1:00.16	23-04-2023	97%	
200m wisselslag	series	3.	2:38.65	329	2:35.78	23-04-2023	96%	
De Bevelanders								2
Junior Vermeulen, 2001 (23 jaar), Heren								2
50m vrije slag	series	10.	24.19	578	24.33	30-06-2024	101%	
100m vrije slag	series	14.	55.82	518	54.53	23-04-2023	95%	
50m schoolslag	series	6.	30.05	572	30.89	20-04-2024	106%	
100m schoolslag	series	5.	1:07.41	551	1:07.19	20-10-2024	99%	
100m wisselslag	series	6.	1:02.26	495	1:01.58	06-10-2024	98%	
De Biesboschwimmers								21
Anne-Marie Verschoor-Vos, 1981 (43 jaar), Dames								2
50m vrije slag	series	2.	29.29	479	29.38	19-11-2023	101%	
50m vlinderslag	series	2.	32.49	422	32.60	29-09-2024	101%	
Annette Wijnja-Visser, 1967 (57 jaar), Dames								3
100m vrije slag	series	4.	1:11.51	346	1:12.47	26-11-2023	103%	
200m vrije slag	series	2.	2:35.62	356	2:37.58	05-11-2023	103%	
100m rugslag	series	3.	1:25.83	261	1:21.90	17-02-2023	91%	
200m rugslag	series	2.	3:01.67	280	2:56.94	19-02-2023	95%	
100m schoolslag	series	2.	1:25.33	390	1:25.78	18-02-2023	101%	
200m schoolslag	series	1.	3:08.57	363	3:05.53	17-02-2023	97%	
Dirk de Vree, 1988 (36 jaar), Heren								3
100m vrije slag	series	12.	1:10.65	255	1:11.10	17-02-2024	101%	
400m vrije slag	series	6.	5:57.17	209	6:31.74	02-03-2024	120%	
200m wisselslag	series	9.	3:07.92	198	3:17.23	02-03-2024	110%	
Johanna van Wijnen, 1972 (52 jaar), Dames								1
50m vrije slag	series	8.	31.07	401	31.33	16-12-2023	102%	
Lars Duijnhouwer, 1991 (33 jaar), Heren								4
50m rugslag	series	9.	34.65	259	36.59	21-04-2024	112%	
50m schoolslag	series	9.	33.50	413	34.43	21-04-2024	106%	
100m schoolslag	series	4.	1:15.04	399	1:16.89	16-06-2024	105%	
100m wisselslag	series	10.	1:11.15	332	1:10.80	16-06-2024	99%	
200m wisselslag	series	8.	2:37.61	336	2:48.87	20-10-2024	115%	
Marjo Goelema-Koek, 1969 (55 jaar), Dames								-
50m vrije slag	series	4.	30.58	421	30.05	17-02-2023	97%	
50m schoolslag	series	1.	36.67	463	36.00	19-02-2023	96%	
100m schoolslag	series	1.	1:21.41	449	1:20.57	17-02-2024	98%	
50m vlinderslag	series	3.	34.50	352	33.94	17-02-2023	97%	
100m wisselslag	series	2.	1:18.63	371	1:18.47	23-12-2023	100%	
Nico Swart, 1968 (56 jaar), Heren								3
50m rugslag	series	5.	35.54	240	35.81	18-02-2023	102%	
100m rugslag	series	4.	1:17.14	245	1:17.31	17-02-2023	100%	
200m rugslag	series	4.	2:50.12	239	2:48.14	08-04-2023	98%	
50m schoolslag	series	6.	37.59	292	36.99	19-02-2023	97%	
200m schoolslag	series	5.	3:07.08	264	3:12.99	12-10-2024	106%	
Richard Tiemstra, 1963 (61 jaar), Heren								1
400m vrije slag	series	5.	5:57.53	209	6:06.74	16-03-2024	105%	
Sabrina Boekhout, 1981 (43 jaar), Dames								-
800m vrije slag	series	6.	11:34.85	324	11:19.53	16-03-2024	96%	
1500m vrije slag	series	3.	22:01.71	324	21:59.57	02-03-2024	100%	

Sander van Tilburg, 1986 (38 jaar), Heren								3
200m vrije slag	series	7.	2:28.31	300	2:28.59	04-06-2023	100%	
400m vrije slag	series	5.	5:22.98	283	5:32.39	04-06-2023	106%	
1500m vrije slag	series	5.	21:16.41	292	21:31.18	16-03-2024	102%	
Sanne van de Pol, 1998 (26 jaar), Dames								-
50m vrije slag	series	10.	28.79	505	28.40	17-02-2023	97%	
Wouter van der Stelt, 1972 (52 jaar), Heren								1
200m vrije slag	series	6.	2:36.45	256	2:31.66	17-02-2023	94%	
400m vrije slag	series	5.	5:36.61	250	5:23.81	08-04-2023	93%	
50m rugslag	series	4.	38.38	191	40.51	24-09-2023	111%	
De Blauwe Schuur								5
Jeroen Burggraaf, 1990 (34 jaar), Heren								5
100m schoolslag	series	6.	1:18.12	354	1:20.02	06-05-2023	105%	
200m schoolslag	series	4.	2:47.54	368	2:50.68	03-06-2023	104%	
50m vlinderslag	series	15.	30.47	363	31.11	06-05-2023	104%	
200m vlinderslag	series	5.	2:37.21	313	2:40.23	03-05-2024	104%	
400m wisselslag	series	5.	5:23.25	383	5:38.69	07-05-2023	110%	
De Columbiaan								8
Anique Star, 2004 (20 jaar), Dames								-
50m vrije slag	series	21.	29.36	476	29.09	07-07-2024	98%	
50m vlinderslag	series	26.	32.72	413	32.14	07-07-2024	96%	
Anouk Vis, 2002 (22 jaar), Dames								-
50m vrije slag	series	23.	29.86	452	28.94	02-07-2023	94%	
200m vrije slag	series	14.	2:26.11	430	2:20.66	12-11-2023	93%	
200m rugslag	series	8.	2:36.50	438	2:33.66	30-09-2023	96%	
50m vlinderslag	series	21.	32.08	438	31.03	02-07-2023	94%	
Bert Duivenvoorde, 1997 (27 jaar), Heren								1
50m schoolslag	series	3.	30.07	571	29.48	19-02-2023	96%	
100m schoolslag	series	1.	1:05.65	597	1:04.89	26-11-2023	98%	
200m schoolslag	series	2.	2:27.17	544	2:26.91	12-11-2023	100%	
50m vlinderslag	series	5.	25.93	590	25.36	24-06-2023	96%	
100m vlinderslag	series	3.	59.14	527	58.00	14-01-2024	96%	
200m vlinderslag	series	2.	2:16.25	482	2:14.27	29-05-2023	97%	
200m wisselslag	series	1.	2:12.35	568	2:12.65	17-02-2023	100%	
Bram Daalman, 2003 (21 jaar), Heren								-
50m vrije slag	series	35.	27.44	396	25.52	17-12-2023	86%	
50m vlinderslag	series	34.	29.55	398	27.43	16-12-2023	86%	
Daan Hogerhuis, 2003 (21 jaar), Heren								2
50m vrije slag	series	5.	23.40	639	23.63	08-10-2023	102%	
100m vrije slag	series	2.	51.76	650	51.76	20-10-2024	100%	
200m vrije slag	series	4.	1:57.67	602	1:56.58	29-10-2023	98%	
100m rugslag	series	3.	59.93	524	59.17	29-10-2023	97%	
100m wisselslag	series	4.	58.37	601	59.46	06-10-2024	104%	
200m wisselslag	series	2.	2:12.45	567	2:10.61	28-10-2023	97%	
Daniëlle Vis, 2004 (20 jaar), Dames								-
50m vrije slag	series	30.	30.60	420	30.03	02-07-2023	96%	
100m rugslag	series	15.	1:18.23	345	1:15.16	23-04-2023	92%	
50m schoolslag	series	13.	37.39	436	35.81	02-07-2023	92%	
100m wisselslag	series	22.	1:14.78	431	1:12.19	30-09-2023	93%	
Dave van den Nieuwendijk, 2001 (23 jaar), Heren								1
100m vrije slag	series	19.	58.20	457	57.91	14-01-2024	99%	
100m rugslag	series	8.	1:04.80	414	1:04.21	28-01-2024	98%	
200m rugslag	series	5.	2:21.04	420	2:22.58	30-09-2023	102%	
50m schoolslag	series	9.	30.80	531	29.70	02-07-2023	93%	
100m schoolslag	series	3.	1:06.03	586	1:04.98	26-11-2023	97%	
200m schoolslag	series	2.	2:23.21	590	2:22.68	26-11-2023	99%	
200m wisselslag	series	5.	2:20.06	479	2:20.04	26-11-2023	100%	
Jorn Blom, 1998 (26 jaar), Heren								2
50m vrije slag	series	26.	26.72	429	26.66	12-11-2023	100%	
50m vlinderslag	series	19.	28.36	451	28.29	28-01-2024	100%	
100m vlinderslag	series	9.	1:02.32	450	1:03.45	12-11-2023	104%	
100m wisselslag	series	14.	1:06.42	408	1:07.31	06-10-2024	103%	
Julia Notenboom, 2003 (21 jaar), Dames								1
100m vrije slag	series	6.	1:00.83	563	1:01.32	14-01-2024	102%	
50m rugslag	series	3.	30.94	543	30.79	26-11-2023	99%	
100m rugslag	series	1.	1:06.45	563	1:05.04	16-12-2023	96%	
200m rugslag	series	3.	2:29.23	506	2:27.24	29-10-2023	97%	
50m vlinderslag	series	8.	30.14	529	29.84	07-07-2024	98%	
100m wisselslag	series	4.	1:08.04	572	1:07.46	06-10-2024	98%	

Kim de Jong, 2003 (21 jaar), Dames								-
100m schoolslag	series	10.	1:21.82	442	1:20.72	18-02-2023	97%	
200m wisselslag	series	6.	2:44.54	406	2:37.29	17-02-2023	91%	
Miranda Nijenhuis, 1992 (32 jaar), Dames								1
50m vrije slag	series	7.	28.53	519	28.33	24-09-2023	99%	
50m schoolslag	series	1.	35.07	529	35.18	30-09-2023	101%	
50m vlinderslag	series	6.	31.31	472	30.66	07-07-2024	96%	
De Dokkelaers								1
Sander van Elburg, 1988 (36 jaar), Heren								1
200m vrije slag	series	NG	-	-	2:13.03	18-02-2023	-	
400m vrije slag	series	4.	4:58.18	360	4:54.16	17-02-2023	97%	
800m vrije slag	series	5.	11:11.26	282	10:25.53	16-02-2023	87%	
1500m vrije slag	series	3.	19:53.77	357	19:44.20	16-02-2023	98%	
200m vlinderslag	series	2.	2:55.62	225	3:12.79	18-02-2023	121%	
De Dolfijn								3
Tamara Grove, 1996 (28 jaar), Dames								3
50m vrije slag	series	2.	26.86	622	26.61	11-11-2023	98%	
100m vrije slag	series	1.	57.53	666	57.16	01-07-2023	99%	
200m vrije slag	series	1.	2:05.39	680	2:04.46	20-11-2023	99%	
400m vrije slag	series	1.	4:31.90	615	4:26.29	22-11-2023	96%	
800m vrije slag	series	1.	9:26.16	599	9:38.16	07-05-2023	104%	
100m rugslag	series	2.	1:06.91	552	1:05.94	02-07-2023	97%	
200m wisselslag	series	2.	2:24.06	605	2:29.39	14-05-2023	108%	
400m wisselslag	series	2.	5:11.31	575	5:12.39	10-02-2024	101%	
De Duck								24
Erik Saan, 1965 (59 jaar), Heren								1
50m vrije slag	series	9.	30.21	297	29.44	18-02-2023	95%	
100m vrije slag	series	11.	1:11.00	251	1:08.77	12-03-2023	94%	
50m rugslag	series	7.	37.87	199	37.01	18-02-2023	96%	
100m rugslag	series	7.	1:25.29	181	1:23.88	18-02-2023	97%	
200m rugslag	series	5.	3:07.38	179	3:11.40	12-10-2024	104%	
Geraldine Trainor, 1975 (49 jaar), Dames								4
50m vrije slag	series	7.	31.42	388	31.77	22-04-2023	102%	
100m rugslag	series	3.	1:21.97	300	1:23.28	07-05-2023	103%	
50m schoolslag	series	2.	40.09	354	41.01	30-09-2023	105%	
100m wisselslag	series	4.	1:18.51	372	1:18.83	22-04-2023	101%	
Janneke van de Poele, 1993 (31 jaar), Dames								4
100m vrije slag	series	15.	1:17.76	269	1:22.59	12-10-2024	113%	
50m rugslag	series	10.	40.28	246	42.56	12-10-2024	112%	
100m rugslag	series	11.	1:26.22	258	1:29.48	12-10-2024	108%	
50m vlinderslag	series	21.	36.45	299	38.29	12-10-2024	110%	
Jesper Oranje, 1992 (32 jaar), Heren								4
50m rugslag	series	1.	27.74	506	26.86	18-02-2023	94%	
100m rugslag	series	2.	59.80	527	58.29	17-02-2023	95%	
50m vlinderslag	series	2.	25.13	648	25.14	24-03-2024	100%	
100m vlinderslag	series	1.	56.38	608	56.54	11-11-2023	101%	
100m wisselslag	series	2.	57.84	618	58.35	18-02-2023	102%	
200m wisselslag	series	1.	2:14.17	545	2:16.56	11-02-2023	104%	
Jort Vizeé, 2002 (22 jaar), Heren								-
50m vrije slag	series	29.	26.27	451	25.12	15-10-2023	91%	
50m schoolslag	series	18.	32.90	436	31.70	15-10-2023	93%	
50m vlinderslag	series	23.	27.98	469	26.56	24-06-2023	90%	
100m vlinderslag	series	18.	1:06.06	378	1:01.08	01-07-2023	85%	
Judith Kleinjan, 1998 (26 jaar), Dames								1
50m vrije slag	series	34.	32.29	358	31.51	22-04-2023	95%	
200m vrije slag	series	17.	2:34.62	363	2:40.96	25-11-2023	108%	
50m vlinderslag	series	35.	38.58	252	38.06	25-11-2023	97%	
Leontine Groeneveldt, 1993 (31 jaar), Dames								2
50m vrije slag	series	15.	29.86	452	29.94	11-11-2023	101%	
100m vrije slag	series	13.	1:10.67	359	1:07.97	09-03-2024	93%	
400m vrije slag	series	9.	5:31.53	339	5:28.35	17-02-2023	98%	
50m schoolslag	series	7.	38.23	408	38.01	19-02-2023	99%	
100m schoolslag	series	5.	1:27.19	365	1:27.18	18-02-2023	100%	
50m vlinderslag	series	14.	33.86	373	33.69	25-11-2023	99%	
100m wisselslag	series	11.	1:17.56	386	1:17.69	18-02-2023	100%	
Marcella van der Ent, 1996 (28 jaar), Dames								3
50m vrije slag	series	12.	29.36	476	29.54	24-03-2024	101%	
50m vlinderslag	series	6.	30.73	499	31.46	19-10-2024	105%	
100m vlinderslag	series	4.	1:09.44	471	1:11.46	19-10-2024	106%	

Nico van Maanen, 1961 (63 jaar), Heren									-
50m vrije slag	series	8.	33.37	220	33.32	12-03-2023	100%		
50m vlinderslag	series	5.	37.35	197	36.86	12-03-2023	97%		
Noa de Bock, 2003 (21 jaar), Dames									1
50m vrije slag	series	16.	28.97	495	28.78	11-11-2023	99%		
50m vlinderslag	series	27.	32.74	412	33.12	11-02-2023	102%		
100m vlinderslag	series	16.	1:15.25	370	1:14.34	19-10-2024	98%		
100m wisselslag	series	24.	1:15.22	424	1:14.21	09-03-2024	97%		
Paco de Voogt, 1994 (30 jaar), Heren									-
200m schoolslag	series	5.	2:58.77	303	2:54.53	25-11-2023	95%		
50m vlinderslag	series	12.	29.60	396	29.16	17-02-2023	97%		
Rachel Trainor, 1977 (47 jaar), Dames									3
50m schoolslag	series	4.	40.70	338	41.70	10-02-2024	105%		
200m schoolslag	series	2.	3:11.68	346	3:10.35	28-10-2023	99%		
50m vlinderslag	series	7.	36.93	287	37.39	11-11-2023	103%		
100m vlinderslag	series	4.	1:24.64	260	1:25.49	11-11-2023	102%		
Sandra Vermeulen, 1993 (31 jaar), Dames									1
200m vrije slag	series	11.	2:33.00	374	2:35.85	18-02-2023	104%		
De Duinkickers									10
Annet Verhoeven - Steggerda, 1946 (78 jaar), Dames									2
50m rugslag	series	1.	1:05.06	58	1:04.07	06-07-2024	97%		
50m schoolslag	series	2.	55.67	132	55.67	06-07-2024	100%		
100m schoolslag	series	1.	2:11.24	107	2:10.22	04-11-2023	98%		
200m schoolslag	series	1.	4:49.24	100	4:54.46	17-02-2023	104%		
50m vlinderslag	series	1.	1:11.17	40	1:12.64	20-05-2023	104%		
100m wisselslag	series	2.	2:09.42	83	2:07.97	25-05-2024	98%		
Christine Buist, 1964 (60 jaar), Dames									-
50m vrije slag	series	5.	40.06	187	37.83	17-02-2023	89%		
Inge Roskam, 1978 (46 jaar), Dames									1
50m vrije slag	series	10.	34.26	299	33.72	06-07-2024	97%		
50m schoolslag	series	1.	39.88	360	39.48	06-07-2024	98%		
100m schoolslag	series	3.	1:32.42	307	1:29.05	30-03-2024	93%		
50m vlinderslag	series	10.	40.40	219	37.28	25-05-2024	85%		
200m wisselslag	series	8.	3:24.47	211	3:24.49	17-02-2023	100%		
Jaap de Boer, 1958 (66 jaar), Heren									-
50m vlinderslag	series	1.	41.32	145	39.81	17-02-2023	93%		
Lonneke van Veen, 2001 (23 jaar), Dames									1
200m vrije slag	series	16.	2:26.97	422	2:27.30	27-01-2024	100%		
100m wisselslag	series	32.	1:17.69	384	1:17.47	28-06-2023	99%		
Mathieu Rikken, 1967 (57 jaar), Heren									2
50m rugslag	series	6.	36.41	223	35.88	06-07-2024	97%		
100m rugslag	series	5.	1:18.60	232	1:18.08	10-02-2024	99%		
50m schoolslag	series	7.	38.46	273	37.85	06-07-2024	97%		
100m schoolslag	series	8.	1:24.67	278	1:25.22	10-02-2024	101%		
50m vlinderslag	series	7.	33.82	265	34.37	02-03-2024	103%		
100m wisselslag	series	7.	1:16.85	263	1:16.64	02-03-2024	99%		
Noortje Wijnstekers, 2003 (21 jaar), Dames									-
100m wisselslag	series	39.	1:22.50	321	1:20.32	18-02-2023	95%		
Robert de Brauwer, 1964 (60 jaar), Heren									-
50m vrije slag	series	6.	31.11	272	30.35	30-09-2023	95%		
50m vlinderslag	series	4.	34.70	246	33.46	28-06-2023	93%		
Robin Roskam, 1978 (46 jaar), Heren									3
50m vrije slag	series	13.	32.48	239	31.99	12-03-2023	97%		
100m vrije slag	series	15.	1:16.98	197	1:18.11	19-02-2023	103%		
50m schoolslag	series	8.	37.49	294	37.94	01-07-2023	102%		
50m vlinderslag	series	15.	38.37	182	39.04	28-06-2023	104%		
Saskia op den Velde, 1979 (45 jaar), Dames									1
50m vrije slag	series	14.	36.26	252	34.90	01-07-2023	93%		
200m vrije slag	series	16.	2:57.96	238	2:59.46	30-03-2024	102%		
50m vlinderslag	series	11.	42.94	183	39.41	24-06-2023	84%		
200m vlinderslag	series	5.	3:50.01	140	3:40.05	20-05-2023	92%		
De Ganze									-
Linda van de Ree, 1963 (61 jaar), Dames									-
50m vrije slag	series	2.	33.34	325	33.20	25-02-2024	99%		
200m schoolslag	series	2.	3:31.25	258	3:25.56	15-10-2023	95%		
De Gelenberg									9

Diederick Schothans, 1997 (27 jaar), Heren								2
50m vrije slag	series	15.	25.96	468	26.47	11-11-2023	104%	
200m vrije slag	series	5.	2:07.48	473	2:04.20	18-02-2023	95%	
50m vlinderslag	series	24.	29.41	404	29.83	27-01-2024	103%	
Jochem Janssen, 2000 (24 jaar), Heren								-
100m vrije slag	series	17.	57.49	474	56.59	05-02-2023	97%	
50m rugslag	series	11.	31.74	338	31.47	05-10-2024	98%	
Marlijn van der Zwaluw, 1997 (27 jaar), Dames								3
50m vrije slag	series	29.	31.27	394	31.76	11-11-2023	103%	
100m vrije slag	series	21.	1:08.42	396	1:11.62	09-03-2024	110%	
200m vrije slag	series	16.	2:33.67	369	2:37.82	30-09-2023	105%	
50m rugslag	series	15.	37.11	315	36.43	30-09-2023	96%	
100m rugslag	series	16.	1:19.17	333	1:18.00	23-04-2023	97%	
100m wisselslag	series	28.	1:20.18	350	1:19.86	05-10-2024	99%	
Sylvia Reijers, 1982 (42 jaar), Dames								4
400m vrije slag	series	4.	5:21.94	370	5:28.54	05-10-2024	104%	
50m rugslag	series	4.	35.93	347	36.35	05-10-2024	102%	
100m rugslag	series	3.	1:16.60	367	1:22.13	15-09-2024	115%	
200m rugslag	series	3.	2:45.31	372	2:48.88	15-09-2024	104%	
50m vlinderslag	series	6.	34.48	353	34.21	15-09-2024	98%	
De Geul								30
Anne Besseling-de Jong, 1981 (43 jaar), Dames								3
50m vrije slag	series	7.	34.12	303	33.92	30-03-2024	99%	
100m vrije slag	series	7.	1:16.97	278	1:15.10	29-09-2024	95%	
200m vrije slag	series	6.	2:46.61	290	2:54.55	06-07-2024	110%	
50m rugslag	series	6.	38.57	280	38.88	30-03-2024	102%	
100m rugslag	series	6.	1:25.91	260	1:26.82	29-09-2024	102%	
Eline Molle, 1994 (30 jaar), Dames								1
50m vrije slag	series	28.	34.08	304	34.40	05-05-2024	102%	
50m vlinderslag	series	22.	38.33	257	37.09	08-04-2023	94%	
Erica Muller, 1964 (60 jaar), Dames								2
200m vrije slag	series	4.	3:21.70	163	3:13.99	06-05-2023	93%	
800m vrije slag	series	3.	14:24.08	168	13:48.73	07-05-2023	92%	
1500m vrije slag	series	3.	27:10.95	172	26:22.38	04-05-2023	94%	
100m schoolslag	series	4.	1:52.52	170	1:55.19	12-10-2024	105%	
200m schoolslag	series	4.	3:56.33	184	3:58.19	12-10-2024	102%	
Esmee Wijnmaalen, 2001 (23 jaar), Dames								4
50m vrije slag	series	32.	30.82	411	31.38	09-03-2024	104%	
100m rugslag	series	13.	1:15.85	378	1:14.67	27-01-2024	97%	
100m vlinderslag	series	12.	1:12.80	409	1:12.88	14-01-2024	100%	
200m vlinderslag	series	3.	2:47.66	363	2:52.29	13-10-2024	106%	
100m wisselslag	series	25.	1:15.29	422	1:16.38	05-10-2024	103%	
Faustine Mussig, 2002 (22 jaar), Dames								-
100m vrije slag	series	15.	1:03.98	484	1:03.50	02-03-2024	99%	
Geerdiën Meerwaldt, 1952 (72 jaar), Dames								-
50m vrije slag	series	6.	56.28	67	51.92	04-03-2023	85%	
100m vrije slag	series	3.	2:04.84	65	1:57.44	12-03-2023	88%	
50m rugslag	series	4.	1:03.05	64	1:01.02	04-03-2023	94%	
100m schoolslag	series	3.	2:20.46	87	2:10.18	12-03-2023	86%	
Heijmen van Vliet, 1980 (44 jaar), Heren								5
100m vrije slag	series	8.	1:00.37	409	1:00.95	03-05-2024	102%	
100m rugslag	series	6.	1:09.00	343	1:10.45	05-05-2024	104%	
200m rugslag	series	2.	2:26.03	378	2:24.43	19-02-2023	98%	
100m vlinderslag	series	3.	1:07.04	362	1:08.29	04-05-2024	104%	
200m wisselslag	series	2.	2:29.66	393	2:31.74	03-05-2024	103%	
400m wisselslag	series	1.	5:16.88	406	5:28.85	07-05-2023	108%	
Isabelle Janssen, 2000 (24 jaar), Dames								-
1500m vrije slag	series	5.	22:05.20	321	21:37.41	16-02-2023	96%	
Ivan van Omme, 1982 (42 jaar), Heren								-
50m vrije slag	series	7.	26.04	464	25.81	17-02-2023	98%	
100m vrije slag	series	5.	58.95	440	58.19	19-02-2023	97%	
50m rugslag	series	3.	30.99	363	29.91	18-02-2023	93%	
100m rugslag	series	4.	1:08.72	347	1:06.83	17-02-2023	95%	
50m schoolslag	series	2.	31.92	477	31.83	19-02-2023	99%	
100m schoolslag	series	4.	1:13.81	420	1:13.26	18-02-2023	99%	
Maaïke van Diggele, 1987 (37 jaar), Dames								1
200m vlinderslag	series	2.	3:02.06	283	3:01.35	13-10-2024	99%	
200m wisselslag	series	5.	2:52.13	354	2:53.92	13-10-2024	102%	
Marcha Admiraal, 1993 (31 jaar), Dames								1
50m vrije slag	series	1.	27.97	550	27.89	17-02-2023	99%	
100m vrije slag	series	2.	1:01.15	554	1:00.57	19-02-2023	98%	

200m vrije slag	series	2.	2:14.91	546	2:14.55	18-02-2023	99%	
50m vlinderslag	series	1.	30.14	529	30.29	17-02-2023	101%	
100m vlinderslag	series	2.	1:08.48	491	1:08.46	28-10-2023	100%	
Marian Nederlof, 1976 (48 jaar), Dames								
50m vrije slag	series	9.	33.34	325	32.92	04-03-2023	97%	
100m vrije slag	series	10.	1:12.81	328	1:12.49	29-09-2024	99%	
50m schoolslag	series	8.	44.67	256	43.51	19-02-2023	95%	
100m schoolslag	series	5.	1:38.73	251	1:37.36	18-02-2023	97%	
Marijke Campfens, 1969 (55 jaar), Dames								
50m vrije slag	series	7.	34.44	295	35.65	05-05-2023	107%	5
100m vrije slag	series	6.	1:14.38	308	1:17.03	07-05-2023	107%	
200m vrije slag	series	4.	2:47.93	283	2:47.76	12-10-2024	100%	
400m vrije slag	series	2.	5:57.14	271	6:09.92	05-05-2023	107%	
800m vrije slag	series	3.	12:32.70	255	12:46.87	07-05-2023	104%	
1500m vrije slag	series	3.	23:55.82	253	24:01.45	12-06-2024	101%	
50m vlinderslag	series	6.	40.08	225	39.68	06-05-2023	98%	
Mitchell van Uitert, 1990 (34 jaar), Heren								
50m vrije slag	series	22.	29.04	334	32.17	29-09-2024	123%	2
100m vrije slag	series	16.	1:05.68	318	1:07.38	29-09-2024	105%	
50m rugslag	series	10.	36.21	227	34.73	13-10-2024	92%	
Remco van der Graaf, 1987 (37 jaar), Heren								
50m vrije slag	series	8.	28.56	351	28.91	05-05-2024	102%	5
100m vrije slag	series	9.	1:05.57	319	1:05.68	03-05-2024	100%	
50m rugslag	series	3.	33.66	283	34.96	03-05-2024	108%	
100m rugslag	series	5.	1:15.12	266	1:18.20	05-05-2024	108%	
200m rugslag	series	5.	2:40.59	284	2:45.34	04-05-2024	106%	
100m wisselslag	series	7.	1:17.32	258	1:16.21	05-10-2024	97%	
Roselinda van der Vlucht, 1967 (57 jaar), Dames								
50m schoolslag	series	10.	53.35	150	56.10	21-01-2024	111%	1
De Grunte								
Chantal Meyerink, 1991 (33 jaar), Dames								
50m schoolslag	series	4.	36.41	473	36.04	19-02-2023	98%	1
100m schoolslag	series	2.	1:20.43	466	1:21.47	27-01-2024	103%	
Chris Kouwenhoven, 1971 (53 jaar), Heren								
400m vrije slag	series	4.	5:23.01	283	5:16.85	05-10-2024	96%	1
800m vrije slag	series	3.	10:47.53	314	10:55.81	03-11-2023	103%	
1500m vrije slag	series	2.	20:39.29	319	20:39.21	02-12-2023	100%	
De IJsselmeeuwen								
Aniek Garritsen, 1995 (29 jaar), Dames								
200m rugslag	series	7.	2:41.22	401	2:42.54	30-03-2024	102%	1
100m vlinderslag	series	8.	1:16.25	356	1:12.20	08-04-2023	90%	
200m vlinderslag	series	1.	3:01.37	286	2:51.19	18-03-2023	89%	
200m wisselslag	series	10.	2:51.18	360	2:46.17	18-03-2023	94%	
400m wisselslag	series	7.	6:08.84	346	6:07.82	06-05-2023	99%	
Welmoed Doornbos, 2002 (22 jaar), Dames								
200m vlinderslag	series	2.	2:45.76	375	2:48.77	19-11-2023	104%	1
De Inktvis								
Henk Slomp, 1955 (69 jaar), Heren								
200m vrije slag	series	2.	2:42.57	228	2:37.23	30-09-2023	94%	-
400m vrije slag	series	1.	5:37.90	247	5:28.96	17-02-2023	95%	-
800m vrije slag	series	2.	11:32.73	257	11:24.73	19-02-2023	98%	
1500m vrije slag	series	2.	22:22.74	250	21:48.33	16-02-2023	95%	
De Kempvis								
Ingrid Johannes, 1989 (35 jaar), Dames								
50m vrije slag	series	10.	35.87	261	35.02	17-02-2023	95%	-
50m vlinderslag	series	9.	42.26	192	41.08	27-01-2024	94%	
Kien Vuong, 1995 (29 jaar), Heren								
50m vrije slag	series	46.	31.46	263	30.70	22-04-2023	95%	2
100m vrije slag	series	27.	1:12.25	239	1:12.48	06-04-2024	101%	
50m vlinderslag	series	41.	35.78	224	40.17	27-01-2024	126%	
Kim Rutters, 2003 (21 jaar), Dames								
200m vrije slag	series	18.	2:28.12	413	2:32.79	05-10-2024	106%	4
100m rugslag	series	9.	1:13.23	421	1:13.76	11-02-2023	101%	
50m vlinderslag	series	34.	34.23	361	35.73	19-10-2024	109%	
100m wisselslag	series	29.	1:16.77	398	1:18.16	19-10-2024	104%	

Mike Boukes, 2003 (21 jaar), Heren								2
50m vrije slag	series	42.	28.48	354	27.93	19-10-2024	96%	
100m vrije slag	series	30.	1:01.14	394	1:02.86	22-06-2024	106%	
100m rugslag	series	11.	1:12.55	295	1:13.64	07-07-2024	103%	
100m wisselslag	series	14.	1:10.59	340	1:10.32	14-09-2024	99%	
De Linge/PCG								
De Meer								
Chantal van der Horst, 1994 (30 jaar), Dames								3
200m vrije slag	series	6.	2:27.91	414	2:25.51	30-09-2023	97%	
100m vlinderslag	series	6.	1:19.60	313	1:16.54	26-11-2023	92%	
Merel van den Heuvel, 2002 (22 jaar), Dames								1
200m vrije slag	series	9.	2:23.32	455	2:30.69	26-11-2023	111%	
100m wisselslag	series	26.	1:15.72	415	1:12.14	19-10-2024	91%	
Raisa Schasfoort, 2004 (20 jaar), Dames								-
100m vlinderslag	series	17.	1:16.22	356	1:15.25	17-06-2023	97%	
Richard van der Horst, 1997 (27 jaar), Heren								1
200m vrije slag	series	12.	2:18.08	372	2:18.30	26-11-2023	100%	
100m vlinderslag	series	13.	1:09.15	329	1:08.33	20-01-2024	98%	
Sjors Spronk, 2000 (24 jaar), Heren								1
100m vrije slag	series	27.	59.89	419	1:00.65	19-10-2024	103%	
50m rugslag	series	14.	32.56	313	32.36	19-10-2024	99%	
De Mors								
Eduard Leusink, 1969 (55 jaar), Heren								4
1500m vrije slag	series	3.	21:44.17	273	21:57.80	02-12-2023	102%	
Jan Preuter, 1956 (68 jaar), Heren								1
1500m vrije slag	series	3.	23:12.79	224	23:13.76	02-12-2023	100%	
Robert Spekhorst, 1987 (37 jaar), Heren								2
50m schoolslag	series	13.	38.06	281	37.85	28-10-2023	99%	
200m schoolslag	series	5.	3:01.85	288	3:02.43	02-12-2023	101%	
50m vlinderslag	series	8.	36.89	204	39.37	16-03-2024	114%	
De Otters Het Gooi								
Edwin Petri, 1966 (58 jaar), Heren								14
50m vrije slag	series	7.	29.49	319	29.06	07-01-2024	97%	
100m vrije slag	series	6.	1:04.78	331	1:04.85	28-10-2023	100%	
200m vrije slag	series	7.	2:22.62	338	2:23.71	06-01-2024	102%	
400m vrije slag	series	5.	5:04.62	338	5:11.15	28-10-2023	104%	
50m vlinderslag	series	4.	32.60	296	33.28	07-01-2024	104%	
Ilse Stut, 2002 (22 jaar), Dames								-
50m vrije slag	series	46.	32.65	346	32.58	12-02-2023	100%	
Lieke Broere, 2003 (21 jaar), Dames								3
50m vrije slag	series	38.	31.12	400	30.80	25-11-2023	98%	
200m vrije slag	series	10.	2:23.39	455	2:26.84	15-10-2023	105%	
800m vrije slag	series	3.	10:22.65	450	10:27.30	11-10-2024	101%	
1500m vrije slag	series	2.	19:33.81	463	20:03.96	20-11-2023	105%	
100m rugslag	series	22.	1:23.43	284	1:19.84	25-11-2023	92%	
Margriet Post-Goedemoed, 1964 (60 jaar), Dames								1
100m vrije slag	series	4.	1:18.81	259	1:21.89	20-10-2024	108%	
50m rugslag	series	4.	41.26	229	40.94	07-01-2024	98%	
Matthijs van den Adel, 1965 (59 jaar), Heren								1
50m vrije slag	series	6.	28.38	358	28.32	07-01-2024	100%	
200m vrije slag	series	6.	2:22.21	341	2:25.05	30-09-2023	104%	
50m vlinderslag	series	6.	33.12	283	32.97	07-01-2024	99%	
Rebecca Irvine-Pronk, 1975 (49 jaar), Dames								2
50m vrije slag	series	8.	32.98	336	33.61	07-01-2024	104%	
50m schoolslag	series	5.	41.16	327	40.53	07-01-2024	97%	
100m schoolslag	series	1.	1:30.72	324	1:31.55	20-10-2024	102%	
Rob van Nijburg, 1970 (54 jaar), Heren								2
50m vrije slag	series	11.	30.90	277	30.82	12-03-2023	99%	
200m vrije slag	series	5.	2:35.08	263	2:37.21	20-10-2024	103%	
50m vlinderslag	series	10.	36.32	214	37.16	07-01-2024	105%	
Wolke Visser, 1993 (31 jaar), Dames								1
50m vrije slag	series	24.	32.51	350	32.78	20-10-2024	102%	
50m vlinderslag	series	23.	39.36	237	38.75	20-10-2024	97%	
De Plons								

Marieke Weering, 1987 (37 jaar), Dames								-
100m wisselslag	series	7.	1:28.46	260	1:26.32	22-04-2023	95%	
Mirna Wolters, 1998 (26 jaar), Dames								1
200m vrije slag	series	19.	2:42.62	312	2:42.84	13-01-2024	100%	
Wout Hemmes, 1948 (76 jaar), Heren								2
50m vrije slag	series	1.	35.91	176	35.66	05-05-2023	99%	
100m vrije slag	series	1.	1:21.69	165	1:20.28	07-05-2023	97%	
200m vrije slag	series	1.	2:58.23	173	2:57.90	06-05-2023	100%	
400m vrije slag	series	1.	6:30.89	160	6:31.55	05-05-2023	100%	
800m vrije slag	series	1.	13:40.26	154	13:30.84	06-05-2023	98%	
1500m vrije slag	series	1.	25:25.89	170	25:43.17	04-05-2023	102%	
De Rijn								10
Jeroen Louwinger, 1999 (25 jaar), Heren								4
800m vrije slag	series	4.	9:37.83	442	9:53.76	26-06-2024	106%	
1500m vrije slag	series	4.	18:51.58	419	18:31.87	04-11-2023	97%	
200m rugslag	series	3.	2:22.79	404	2:30.62	27-02-2024	111%	
200m vlinderslag	series	4.	2:29.04	368	2:33.43	03-05-2024	106%	
400m wisselslag	series	3.	5:18.23	401	5:25.97	21-04-2024	105%	
Lieke van Hofwegen, 2001 (23 jaar), Dames								2
50m vrije slag	series	35.	30.99	405	31.49	21-04-2024	103%	
50m vlinderslag	series	32.	34.04	367	34.54	27-01-2024	103%	
Rick van Nieuwenhuizen, 1990 (34 jaar), Heren								4
50m vrije slag	series	24.	30.71	282	31.48	05-05-2024	105%	
50m rugslag	series	13.	38.44	190	39.41	03-05-2024	105%	
50m vlinderslag	series	23.	34.18	257	34.70	27-01-2024	103%	
200m vlinderslag	series	9.	3:06.37	188	3:20.78	03-05-2024	116%	
De Roersoppers								-
De Rog								25
Ageeth Westenbrink, 1967 (57 jaar), Dames								-
50m vrije slag	series	14.	39.09	201	38.45	17-02-2023	97%	
100m vrije slag	series	10.	1:29.45	177	1:27.24	19-02-2023	95%	
Arianne Hamakers, 1967 (57 jaar), Dames								-
50m vrije slag	series	10.	35.26	275	34.54	05-05-2023	96%	
50m schoolslag	series	7.	46.93	220	44.75	24-09-2023	91%	
Arjan Verheij, 1971 (53 jaar), Heren								-
50m vrije slag	series	5.	27.61	389	27.21	17-02-2023	97%	
50m vlinderslag	series	6.	31.73	322	30.79	17-02-2023	94%	
Dajenne Hurkmans, 1998 (26 jaar), Dames								2
50m vrije slag	series	20.	30.32	432	30.36	16-06-2024	100%	
50m vlinderslag	series	26.	34.71	346	39.54	28-01-2024	130%	
Erik Kamphuis, 1960 (64 jaar), Heren								2
50m rugslag	series	2.	34.72	258	33.88	18-02-2023	95%	
100m rugslag	series	3.	1:14.22	276	1:14.60	17-02-2023	101%	
200m rugslag	series	3.	2:44.43	265	2:49.26	19-02-2023	106%	
Esther Vergeest, 1977 (47 jaar), Dames								3
50m vrije slag	series	12.	35.79	262	34.83	05-05-2024	95%	
100m vrije slag	series	13.	1:16.71	281	1:18.72	06-05-2023	105%	
200m vrije slag	series	13.	2:46.63	290	2:49.58	04-05-2024	104%	
50m vlinderslag	series	9.	38.79	248	45.91	07-07-2024	140%	
Frank Van Engelen, 1967 (57 jaar), Heren								1
50m vrije slag	series	14.	32.14	246	32.58	16-06-2024	103%	
Glen Le Clercq, 1968 (56 jaar), Heren								3
50m vrije slag	series	3.	27.43	397	27.38	04-06-2023	100%	
100m vrije slag	series	3.	1:00.38	409	1:01.41	03-05-2024	103%	
200m vrije slag	series	3.	2:13.97	408	2:14.28	04-06-2023	100%	
100m schoolslag	series	3.	1:16.84	372	1:18.94	03-05-2024	106%	
200m schoolslag	series	3.	2:56.85	313	2:52.70	29-09-2024	95%	
Ilse Verheij, 2003 (21 jaar), Dames								1
50m vrije slag	series	10.	28.14	541	28.82	05-05-2024	105%	
50m vlinderslag	series	23.	32.50	422	30.97	03-03-2024	91%	
Jasper Strijp, 1998 (26 jaar), Heren								1
50m vrije slag	series	41.	29.24	327	29.06	05-05-2024	99%	
50m vlinderslag	series	37.	32.73	293	33.25	28-01-2024	103%	
Peter Bernsen, 1963 (61 jaar), Heren								-
50m vrije slag	series	1.	26.90	420	26.60	17-02-2023	98%	
100m vrije slag	series	1.	1:00.67	403	59.77	19-02-2023	97%	
50m rugslag	series	1.	31.74	338	31.38	18-02-2023	98%	
100m rugslag	series	2.	1:09.92	330	1:08.48	17-02-2023	96%	

Regine Beckers-Stribos, 1970 (54 jaar), Dames								1
50m vrije slag	series	13.	33.02	334	32.82	05-05-2023	99%	
50m schoolslag	series	3.	41.10	328	42.27	07-05-2023	106%	
Rob Spetter, 1962 (62 jaar), Heren								2
200m vrije slag	series	5.	2:28.26	301	2:32.46	04-05-2024	106%	
400m wisselslag	series	2.	6:12.55	250	6:23.88	04-05-2024	106%	
Roy Le Clercq, 1964 (60 jaar), Heren								1
100m vrije slag	series	5.	1:12.77	233	1:11.79	19-02-2023	97%	
200m vrije slag	series	7.	2:38.63	245	2:40.76	18-02-2023	103%	
Sandra Peeters-Wiermans, 1974 (50 jaar), Dames								2
100m vlinderslag	series	3.	1:14.47	382	1:22.15	13-10-2024	122%	
200m vlinderslag	series	2.	2:58.26	302	3:00.80	13-10-2024	103%	
Sandra Van der Helm, 1978 (46 jaar), Dames								-
50m vrije slag	series	11.	35.26	275	34.89	05-05-2023	98%	
100m vrije slag	series	14.	1:20.96	239	1:20.55	19-02-2023	99%	
50m vlinderslag	series	12.	45.18	157	43.26	04-06-2023	92%	
Vera Vergeest, 2002 (22 jaar), Dames								3
50m vrije slag	series	43.	31.92	370	32.85	05-05-2024	106%	
200m vrije slag	series	24.	2:34.93	360	2:40.01	28-01-2024	107%	
100m rugslag	series	17.	1:20.09	321	1:23.56	28-01-2024	109%	
Wijnand Vergeest, 1968 (56 jaar), Heren								3
50m vrije slag	series	11.	30.44	290	30.62	17-02-2023	101%	
100m vrije slag	series	8.	1:07.97	287	1:09.49	19-02-2023	105%	
200m vrije slag	series	9.	2:32.54	276	2:34.24	18-02-2023	102%	
De Schotelijl								8
David Kievit, 1999 (25 jaar), Heren								-
50m rugslag	series	5.	30.50	380	29.76	18-03-2023	95%	
100m rugslag	series	3.	1:04.38	423	1:03.71	18-03-2023	98%	
200m rugslag	series	2.	2:21.10	419	2:18.22	08-04-2023	96%	
200m schoolslag	series	6.	2:48.83	360	2:35.62	03-06-2023	85%	
100m wisselslag	series	11.	1:05.01	435	1:04.05	24-02-2024	97%	
200m wisselslag	series	4.	2:21.06	469	2:20.19	22-04-2023	99%	
400m wisselslag	series	2.	5:03.63	462	5:03.18	18-02-2023	100%	
Frank v.d. Voordt, 1983 (41 jaar), Heren								3
400m vrije slag	series	3.	4:40.94	431	4:41.00	17-02-2023	100%	
800m vrije slag	series	2.	9:45.22	426	9:38.34	04-03-2023	98%	
1500m vrije slag	series	1.	18:50.11	420	19:16.80	16-02-2023	105%	
200m rugslag	series	4.	2:28.96	356	2:32.46	19-02-2023	105%	
400m wisselslag	series	2.	5:18.54	400	5:15.51	18-02-2023	98%	
Jacob Mackloet, 2000 (24 jaar), Heren								-
100m vrije slag	series	10.	55.14	537	54.90	09-03-2024	99%	
200m vrije slag	series	6.	2:00.56	559	1:58.94	20-04-2024	97%	
400m vrije slag	series	3.	4:17.59	559	4:16.97	03-06-2023	100%	
100m vlinderslag	series	14.	1:03.74	421	1:02.14	20-04-2024	95%	
Jens Kooijman, 2002 (22 jaar), Heren								1
200m vrije slag	series	14.	2:13.72	410	2:15.39	24-02-2024	103%	
50m schoolslag	series	23.	34.26	386	34.19	18-05-2024	100%	
Lotte Middelbos, 1999 (25 jaar), Dames								1
50m schoolslag	series	3.	34.30	565	35.04	30-09-2023	104%	
100m wisselslag	series	7.	1:11.59	491	1:11.28	19-10-2024	99%	
Niels Albrechts, 1988 (36 jaar), Heren								-
200m vrije slag	series	4.	2:14.51	403	2:11.20	18-02-2023	95%	
800m vrije slag	series	3.	9:59.01	397	9:38.38	16-12-2023	93%	
1500m vrije slag	series	2.	19:03.47	406	18:29.00	16-02-2023	94%	
Sven Dubbeld, 1996 (28 jaar), Heren								3
50m vrije slag	series	38.	29.03	334	28.54	14-09-2024	97%	
200m vrije slag	series	13.	2:21.67	345	2:24.23	24-02-2024	104%	
1500m vrije slag	series	6.	20:22.04	332	20:25.75	04-11-2023	101%	
50m schoolslag	series	19.	37.17	302	36.87	08-04-2023	98%	
50m vlinderslag	series	42.	35.95	221	36.50	08-10-2023	103%	
200m vlinderslag	series	7.	3:08.82	181	3:08.38	12-10-2024	100%	
Sybren Groenewegen, 1993 (31 jaar), Heren								-
50m vrije slag	series	11.	27.19	407	26.67	03-06-2023	96%	
200m vrije slag	series	9.	2:14.16	406	2:11.87	16-12-2023	97%	
800m vrije slag	series	5.	10:01.96	391	9:52.15	16-12-2023	97%	
1500m vrije slag	series	4.	19:20.68	388	18:47.85	16-02-2023	94%	
50m schoolslag	series	15.	39.13	259	37.81	18-03-2023	93%	
50m vlinderslag	series	18.	31.25	337	30.67	17-02-2023	96%	
200m vlinderslag	series	8.	2:51.82	240	2:45.76	24-02-2024	93%	

Whitley Rens, 1990 (34 jaar), Dames									-
100m vlinderslag	series	7.	1:21.27	294	1:16.83	11-03-2023	89%		
100m wisselslag	series	16.	1:21.35	335	1:19.69	18-02-2023	96%		
De Spatters									1
Gerwin Vonk, 1982 (42 jaar), Heren									-
50m vrije slag	series	13.	27.66	387	27.24	06-01-2024	97%		
50m vlinderslag	series	3.	29.81	388	29.76	06-01-2024	100%		
Jan Haitsma, 1960 (64 jaar), Heren									1
50m rugslag	series	5.	45.04	118	45.40	13-07-2024	102%		
De Treffers									5
Danny Visser, 1996 (28 jaar), Heren									-
50m vrije slag	series	27.	27.06	413	26.70	12-11-2023	97%		
50m vlinderslag	series	18.	27.92	472	27.79	07-04-2024	99%		
Evita van de Ketterij, 1985 (39 jaar), Dames									1
100m vrije slag	series	6.	1:07.98	403	1:14.12	11-10-2024	119%		
Miranda Pijnenburg, 1983 (41 jaar), Dames									2
50m vrije slag	series	3.	30.25	435	30.50	23-04-2023	102%		
100m vrije slag	series	3.	1:08.68	391	1:07.86	10-03-2024	98%		
50m rugslag	series	3.	35.86	349	35.86	06-10-2024	100%		
50m vlinderslag	series	3.	32.99	403	33.03	05-05-2024	100%		
Nienke van Zoggel, 1990 (34 jaar), Dames									-
100m vrije slag	series	NG		-	1:09.83	10-03-2024	-		
800m vrije slag	series	5.	11:16.87	350	11:14.16	11-10-2024	99%		
200m wisselslag	series	NG		-	2:53.75	11-10-2024	-		
Tim van Grunsven, 1998 (26 jaar), Heren									2
50m vrije slag	series	17.	26.03	464	26.27	20-01-2024	102%		
100m vrije slag	series	13.	59.15	435	59.03	10-03-2024	100%		
100m rugslag	series	5.	1:10.31	324	1:09.91	13-01-2024	99%		
200m wisselslag	series	7.	2:33.75	362	2:37.73	15-12-2023	105%		
De Ward									-
De Watervogels									8
Ilona van der Knaap, 1992 (32 jaar), Dames									3
50m vrije slag	series	19.	31.18	397	30.87	11-02-2023	98%		
50m schoolslag	series	6.	37.70	426	37.85	24-03-2024	101%		
50m vlinderslag	series	10.	32.40	426	32.98	16-06-2024	104%		
100m vlinderslag	series	4.	1:16.06	358	1:16.47	19-10-2024	101%		
Jasper van den Broek, 1999 (25 jaar), Heren									4
50m vrije slag	series	37.	28.57	351	28.98	23-04-2023	103%		
50m schoolslag	series	13.	34.64	373	35.74	15-06-2024	106%		
50m vlinderslag	series	27.	29.57	397	29.88	16-06-2024	102%		
100m vlinderslag	series	11.	1:06.93	363	1:06.94	19-10-2024	100%		
Jeroen Keizer, 1990 (34 jaar), Heren									1
200m rugslag	series	8.	2:48.82	244	2:49.66	19-10-2024	101%		
De Zeehond'73									-
De Zwoer									5
Dennis de Groot, 1983 (41 jaar), Heren									2
50m schoolslag	series	4.	33.26	422	33.40	30-09-2023	101%		
100m schoolslag	series	7.	1:15.39	394	1:15.93	27-01-2024	101%		
Judith Cromjongh, 1964 (60 jaar), Dames									3
50m rugslag	series	1.	37.32	309	38.55	05-10-2024	107%		
100m rugslag	series	1.	1:18.91	336	1:20.04	14-04-2024	103%		
200m rugslag	series	1.	2:47.65	357	2:49.71	06-04-2024	102%		
Dedemsvaart-AC									4
Arjan Prins, 1982 (42 jaar), Heren									2
800m vrije slag	series	3.	9:56.42	402	9:57.17	16-02-2023	100%		
200m rugslag	series	3.	2:27.42	367	2:28.01	30-09-2023	101%		
Manon Compagner, 2001 (23 jaar), Dames									1
100m vlinderslag	series	2.	1:02.39	650	59.49	17-12-2023	91%		
100m wisselslag	series	2.	1:06.51	613	1:07.17	25-06-2023	102%		

Michelle Zomerdijk, 2000 (24 jaar), Dames									-
50m vrije slag	series	1.	26.91	618	26.32	29-06-2024	96%		
200m schoolslag	series	4.	2:47.91	514	2:41.11	15-12-2023	92%		
Romée Jabben, 2004 (20 jaar), Dames									-
200m vrije slag	series	19.	2:29.13	404	2:28.66	29-12-2023	99%		
50m schoolslag	series	21.	40.79	336	40.38	15-06-2024	98%		
Stéphanie Dekker-Bergsma, 1992 (32 jaar), Dames									1
50m vlinderslag	series	5.	31.26	474	32.45	18-11-2023	108%		
DES									25
Alberto Randazzo, 1971 (53 jaar), Heren									1
100m vrije slag	series	12.	1:15.38	210	1:14.81	21-01-2024	98%		
50m schoolslag	series	11.	39.93	243	39.71	19-02-2023	99%		
100m schoolslag	series	10.	1:28.48	243	1:26.14	18-02-2023	95%		
200m schoolslag	series	4.	3:10.39	251	3:13.21	17-02-2023	103%		
Anne Aarts, 1992 (32 jaar), Dames									3
50m vrije slag	series	18.	30.61	420	30.35	10-03-2024	98%		
200m vrije slag	series	10.	2:32.80	376	2:42.08	06-10-2024	113%		
50m vlinderslag	series	13.	33.03	402	33.72	05-05-2024	104%		
100m vlinderslag	series	5.	1:17.03	345	1:17.38	04-05-2024	101%		
Bart Weiland, 1997 (27 jaar), Heren									4
50m vrije slag	series	8.	25.25	508	25.98	05-05-2024	106%		
100m vrije slag	series	7.	55.63	523	56.66	21-01-2024	104%		
50m vlinderslag	series	11.	26.85	531	27.18	12-10-2024	102%		
100m vlinderslag	series	8.	1:01.78	462	1:03.78	12-11-2023	107%		
Benoit Gasner, 1981 (43 jaar), Heren									3
100m vrije slag	series	12.	1:05.09	326	1:17.83	06-10-2024	143%		
50m rugslag	series	8.	34.60	260	35.79	12-10-2024	107%		
100m wisselslag	series	8.	1:13.69	299	1:17.44	12-10-2024	110%		
Elin Jonsson, 1999 (25 jaar), Dames									2
50m vrije slag	series	18.	30.08	442	31.80	30-06-2024	112%		
100m rugslag	series	9.	1:14.23	404	1:20.08	19-11-2023	116%		
Julia Fitzmaier, 1989 (35 jaar), Dames									2
100m vrije slag	series	7.	1:10.67	359	1:14.79	17-02-2024	112%		
400m vrije slag	series	4.	5:37.48	321	5:35.18	06-10-2024	99%		
50m rugslag	series	4.	37.76	299	39.20	06-10-2024	108%		
Lotte Coenen, 1993 (31 jaar), Dames									4
100m vrije slag	series	4.	1:02.35	523	1:02.83	08-10-2023	102%		
200m vrije slag	series	3.	2:16.38	529	2:20.12	04-05-2024	106%		
400m vrije slag	series	2.	4:54.16	486	4:52.21	06-10-2024	99%		
800m vrije slag	series	2.	10:11.32	476	10:09.87	12-10-2024	100%		
100m rugslag	series	3.	1:12.34	436	1:13.22	28-01-2024	102%		
200m rugslag	series	2.	2:36.10	442	2:40.15	17-02-2024	105%		
Louise Schets, 1979 (45 jaar), Dames									-
200m vrije slag	series	14.	2:52.04	263	2:51.69	12-10-2024	100%		
René Spaans, 1977 (47 jaar), Heren									2
200m vrije slag	series	7.	2:26.67	310	2:32.42	06-10-2024	108%		
400m vrije slag	series	8.	5:16.99	300	5:19.40	06-10-2024	102%		
800m vrije slag	series	5.	11:01.23	295	11:00.35	12-10-2024	100%		
Stefanie Kohl, 1984 (40 jaar), Dames									1
200m vrije slag	series	7.	2:49.27	276	2:55.53	12-10-2024	108%		
Trui Knijnenburg, 1958 (66 jaar), Dames									3
50m vrije slag	series	3.	40.34	183	43.61	12-10-2024	117%		
50m rugslag	series	1.	55.96	91	59.36	12-10-2024	113%		
50m schoolslag	series	3.	56.64	125	1:03.26	12-10-2024	125%		
DIO									4
Jolanda Post, 1990 (34 jaar), Dames									-
100m wisselslag	series	4.	1:13.97	445	1:13.15	10-03-2024	98%		
Joëlle Vaes, 1990 (34 jaar), Dames									2
400m vrije slag	series	10.	5:38.07	320	5:41.05	17-02-2023	102%		
200m rugslag	series	8.	2:53.10	324	2:49.24	17-02-2024	96%		
100m wisselslag	series	17.	1:22.78	318	1:22.17	05-11-2023	99%		
200m wisselslag	series	6.	2:53.94	343	2:56.71	12-11-2023	103%		
Marlijn Hendriksen, 1988 (36 jaar), Dames									1
100m vrije slag	series	4.	1:04.06	482	1:04.31	12-11-2023	101%		
100m schoolslag	series	1.	1:21.51	447	1:21.12	28-01-2024	99%		
200m vlinderslag	series	1.	2:41.42	406	2:34.28	18-02-2023	91%		
400m wisselslag	series	1.	5:37.83	450	5:29.27	19-02-2023	95%		

Ramona Noordermeer, 1994 (30 jaar), Dames								1
100m vrije slag	series	14.	1:16.72	280	1:16.39	10-03-2024	99%	
200m vrije slag	series	16.	2:49.97	273	2:49.86	06-10-2024	100%	
50m rugslag	series	11.	40.89	235	42.22	06-10-2024	107%	
Susanne van der Linden, 1988 (36 jaar), Dames								-
100m schoolslag	series	2.	1:24.49	402	1:22.00	05-02-2023	94%	
200m wisselslag	series	4.	2:50.64	364	2:42.27	17-02-2023	90%	
Drie Zes Vijf								2
Jonathan Vaernewyck, 1986 (38 jaar), Heren								2
200m vrije slag	series	5.	2:18.60	368	2:29.03	12-10-2024	116%	
800m vrije slag	series	4.	10:20.97	356	10:39.02	13-10-2024	106%	
DWF								-
DWK								18
Annabel Kuipers, 2000 (24 jaar), Dames								-
100m schoolslag	series	AFGEM	-	-	1:16.98	10-11-2023	-	
Anoeska van de Kraats, 1997 (27 jaar), Dames								1
100m vrije slag	series	11.	1:04.63	470	1:03.53	22-04-2023	97%	
50m schoolslag	series	12.	36.94	452	36.43	18-03-2023	97%	
100m schoolslag	series	4.	1:20.29	468	1:20.11	27-01-2024	100%	
200m schoolslag	series	4.	2:52.07	478	2:54.20	28-10-2023	102%	
100m wisselslag	series	9.	1:13.61	452	1:12.37	05-10-2024	97%	
Celine Schoenmaker, 1998 (26 jaar), Dames								-
100m vrije slag	series	5.	1:01.17	554	1:00.30	26-11-2023	97%	
50m rugslag	series	1.	30.58	562	30.41	14-01-2024	99%	
100m rugslag	series	1.	1:06.77	555	1:04.93	17-02-2023	95%	
200m rugslag	series	3.	2:28.53	513	2:26.93	01-07-2023	98%	
50m vlinderslag	series	4.	30.29	521	29.98	30-06-2024	98%	
100m wisselslag	series	3.	1:09.94	527	1:08.02	14-01-2024	95%	
Inge Koekoek, 2004 (20 jaar), Dames								3
200m vrije slag	series	3.	2:13.59	563	2:14.29	19-10-2024	101%	
50m schoolslag	series	1.	34.29	566	33.98	30-09-2023	98%	
100m schoolslag	series	1.	1:14.08	596	1:14.54	14-01-2024	101%	
200m schoolslag	series	2.	2:41.07	583	2:44.66	28-10-2023	105%	
Iris van Aurich, 1969 (55 jaar), Dames								3
200m vrije slag	series	3.	2:41.55	318	2:39.61	30-09-2023	98%	
800m vrije slag	series	1.	11:37.02	321	11:54.53	04-05-2024	105%	
1500m vrije slag	series	1.	21:46.52	335	22:44.25	04-05-2023	109%	
50m schoolslag	series	4.	41.07	329	41.07	06-01-2024	100%	
100m schoolslag	series	4.	1:32.11	310	1:28.91	18-02-2023	93%	
200m schoolslag	series	2.	3:18.90	309	3:17.71	05-05-2023	99%	
200m vlinderslag	series	2.	3:33.58	175	3:43.25	03-05-2024	109%	
200m wisselslag	series	2.	3:00.44	308	2:55.46	28-10-2023	95%	
400m wisselslag	series	2.	6:29.06	294	6:21.05	04-06-2023	96%	
Jacco Doest, 1994 (30 jaar), Heren								2
100m vrije slag	series	7.	58.67	446	1:03.00	03-05-2024	115%	
400m vrije slag	series	8.	4:52.42	382	5:10.99	03-05-2024	113%	
Jennie Resink-lindeboom, 1960 (64 jaar), Dames								1
100m vrije slag	series	5.	1:27.63	188	1:27.73	07-04-2024	100%	
400m vrije slag	series	4.	6:47.21	183	6:28.73	02-04-2023	91%	
100m rugslag	series	5.	1:39.59	167	1:39.47	04-06-2023	100%	
100m wisselslag	series	6.	1:43.44	163	1:41.92	24-06-2023	97%	
Lars Jacobsen, 1997 (27 jaar), Heren								6
50m vrije slag	series	32.	27.57	390	28.19	10-06-2023	105%	
100m vrije slag	series	18.	1:00.90	399	1:01.93	13-04-2024	103%	
200m vrije slag	series	10.	2:14.81	400	2:16.26	13-06-2024	102%	
400m vrije slag	series	4.	4:43.47	419	4:47.58	02-07-2024	103%	
800m vrije slag	series	6.	9:46.63	423	10:06.31	05-05-2024	107%	
1500m vrije slag	series	5.	18:57.49	412	19:25.17	04-05-2023	105%	
50m rugslag	series	10.	34.01	274	33.46	08-06-2023	97%	
Lindi Bos, 2001 (23 jaar), Dames								1
50m rugslag	series	5.	31.65	507	31.19	06-07-2024	97%	
50m vlinderslag	series	18.	31.53	462	32.11	11-11-2023	104%	
100m wisselslag	series	13.	1:11.85	486	1:11.33	07-07-2024	99%	
Martijn de Jong, 1971 (53 jaar), Heren								1
100m vrije slag	series	8.	1:09.11	273	1:07.58	09-03-2024	96%	
50m schoolslag	series	10.	36.96	307	37.59	16-12-2023	103%	
100m schoolslag	series	6.	1:21.28	314	1:20.70	27-01-2024	99%	
100m wisselslag	series	3.	1:17.54	256	1:14.45	22-04-2023	92%	
200m wisselslag	series	5.	2:54.28	248	2:49.27	28-10-2023	94%	

Moniek van Langevelde, 1998 (26 jaar), Dames								-
50m vrije slag	series	11.	29.00	494	28.10	02-04-2023	94%	
100m vrije slag	series	6.	1:01.24	552	1:00.09	19-02-2023	96%	
200m vrije slag	series	5.	2:17.78	513	2:10.29	18-02-2023	89%	
400m vrije slag	series	3.	4:50.18	506	4:41.08	05-10-2024	94%	
100m rugslag	series	6.	1:11.78	447	1:09.82	22-06-2024	95%	
200m rugslag	series	5.	2:40.09	410	2:34.55	20-10-2024	93%	
200m wisselslag	series	5.	2:38.01	458	2:34.85	22-04-2023	96%	
DWT								-
DZ&PC								15
Arjen Nieveen, 1980 (44 jaar), Heren								1
50m vlinderslag	series	7.	30.63	358	31.45	06-01-2024	105%	
Catherine Hoogeveen, 1975 (49 jaar), Dames								4
100m vrije slag	series	12.	1:12.84	328	1:16.76	15-09-2024	111%	
50m rugslag	series	2.	36.52	330	39.15	25-05-2024	115%	
100m rugslag	series	1.	1:18.24	345	1:22.40	15-09-2024	111%	
200m rugslag	series	3.	2:52.60	327	3:00.22	12-10-2024	109%	
Krista de Reus-Trompetter, 1976 (48 jaar), Dames								2
50m vrije slag	series	6.	31.13	399	31.05	17-02-2023	99%	
100m vrije slag	series	7.	1:09.91	371	1:08.60	19-02-2023	96%	
50m vlinderslag	series	5.	35.87	313	37.47	25-05-2024	109%	
100m vlinderslag	series	4.	1:24.64	260	1:24.95	19-02-2023	101%	
Marc Hoogeveen, 2001 (23 jaar), Heren								-
50m vrije slag	series	24.	25.97	467	25.56	11-11-2023	97%	
100m vrije slag	series	15.	56.18	508	55.86	19-02-2023	99%	
50m vlinderslag	series	33.	29.52	399	28.71	29-10-2023	95%	
Peter Meijer, 1973 (51 jaar), Heren								4
50m vrije slag	series	6.	28.56	351	28.83	17-03-2024	102%	
100m vrije slag	series	5.	1:06.49	306	1:07.02	10-02-2024	102%	
200m vrije slag	series	4.	2:31.90	279	2:37.33	04-05-2024	107%	
50m vlinderslag	series	5.	31.42	331	31.81	25-05-2024	102%	
Pieter Veenstra, 1973 (51 jaar), Heren								4
50m vrije slag	series	9.	29.34	324	29.57	17-02-2023	102%	
100m vrije slag	series	4.	1:03.61	350	1:04.68	25-05-2024	103%	
200m vrije slag	series	1.	2:18.43	369	2:25.01	04-05-2024	110%	
400m vrije slag	series	3.	5:00.91	350	5:01.83	15-09-2024	101%	
Ed-Vo								2
Monique Tuijp, 1969 (55 jaar), Dames								2
50m vrije slag	series	1.	29.48	470	29.35	12-11-2023	99%	
100m vrije slag	series	1.	1:06.41	433	1:06.02	28-05-2023	99%	
50m rugslag	series	3.	36.43	332	36.17	10-03-2024	99%	
100m rugslag	series	2.	1:19.29	331	1:21.55	23-04-2023	106%	
50m schoolslag	series	3.	40.63	340	40.72	01-10-2023	100%	
100m wisselslag	series	3.	1:18.74	369	1:16.56	01-10-2023	95%	
ENC Arnhem								19
Cora Smulders, 1966 (58 jaar), Dames								1
50m vrije slag	series	16.	43.06	151	44.89	29-10-2023	109%	
Danique de Vegt, 1998 (26 jaar), Dames								2
50m schoolslag	series	23.	40.99	331	42.93	18-02-2023	110%	
100m wisselslag	series	26.	1:19.66	356	1:21.32	18-02-2023	104%	
Ellen ter Stege, 1999 (25 jaar), Dames								2
100m rugslag	series	12.	1:16.53	368	1:15.21	23-06-2024	97%	
200m rugslag	series	11.	2:45.97	368	2:51.12	30-09-2023	106%	
200m wisselslag	series	8.	2:45.68	397	2:47.08	11-11-2023	102%	
Erwin Snip, 1970 (54 jaar), Heren								-
1500m vrije slag	series	3.	24:53.22	182	24:40.36	07-04-2024	98%	
Hannah Elting, 2004 (20 jaar), Dames								1
50m vrije slag	series	31.	30.74	415	30.62	14-10-2023	99%	
100m vrije slag	series	30.	1:08.67	391	1:09.16	30-05-2024	101%	
100m rugslag	series	18.	1:20.30	319	1:19.85	27-01-2024	99%	
Ilja Janssen, 1981 (43 jaar), Dames								1
100m rugslag	series	5.	1:23.56	283	1:26.11	19-02-2023	106%	
Irmgard van Weeghel, 1992 (32 jaar), Dames								-
400m vrije slag	series	8.	5:30.58	342	5:27.22	05-03-2023	98%	
800m vrije slag	series	6.	11:23.28	341	11:04.23	11-03-2023	95%	
1500m vrije slag	series	2.	21:38.75	341	20:56.23	11-03-2023	94%	
200m vlinderslag	series	6.	3:21.82	208	3:07.90	18-02-2023	87%	

200m wisselslag	series	7.	2:59.70	311	2:56.42	17-02-2023	96%	
400m wisselslag	series	4.	6:17.74	322	6:07.76	19-02-2023	95%	
Job Esink, 1998 (26 jaar), Heren								
50m vrije slag	series	43.	29.59	316	31.18	09-03-2024	111%	2
100m vrije slag	series	26.	1:08.85	276	1:06.58	09-03-2024	94%	
50m rugslag	series	11.	36.53	221	38.78	22-04-2023	113%	
Marijn Post, 1981 (43 jaar), Dames								
50m vrije slag	series	6.	31.90	371	34.43	29-10-2023	116%	1
50m vlinderslag	series	8.	35.40	326	34.85	29-10-2023	97%	
Mees Laar, 1996 (28 jaar), Heren								
50m vrije slag	series	20.	26.35	447	25.84	02-04-2023	96%	
50m schoolslag	series	7.	32.36	458	31.15	04-11-2023	93%	
50m vlinderslag	series	21.	29.01	421	28.01	02-04-2023	93%	
Mike Schel, 1994 (30 jaar), Heren								
400m vrije slag	series	1.	4:23.88	520	4:23.81	17-02-2023	100%	2
800m vrije slag	series	1.	9:02.63	534	9:11.74	19-02-2023	103%	
1500m vrije slag	series	1.	17:52.94	491	17:56.90	25-11-2023	101%	
200m rugslag	series	1.	2:19.06	438	2:16.43	30-03-2024	96%	
400m wisselslag	series	3.	5:04.66	457	5:03.12	02-03-2024	99%	
Paul Rutten, 1980 (44 jaar), Heren								
50m vrije slag	series	19.	32.78	232	32.08	26-11-2023	96%	
50m vlinderslag	series	14.	39.63	165	38.88	04-06-2023	96%	
Ria Peters-Veurman, 1958 (66 jaar), Dames								
50m rugslag	series	NG		-	55.25	18-02-2023	-	
100m schoolslag	series	NG		-	2:07.78	17-02-2023	-	
Rose Lether, 2004 (20 jaar), Dames								
50m vrije slag	series	25.	29.93	449	30.14	22-06-2024	101%	4
100m vrije slag	series	22.	1:05.94	442	1:05.70	22-06-2024	99%	
200m vrije slag	series	12.	2:25.18	438	2:28.91	27-01-2024	105%	
50m vlinderslag	series	22.	32.21	433	33.74	20-01-2024	110%	
100m wisselslag	series	27.	1:16.01	410	1:17.50	09-03-2024	104%	
Sander de Vrugt, 1989 (35 jaar), Heren								
100m vrije slag	series	1.	55.95	514	55.70	19-02-2023	99%	2
50m schoolslag	series	2.	30.71	536	30.40	19-02-2023	98%	
100m schoolslag	series	3.	1:07.84	541	1:07.64	24-03-2024	99%	
200m schoolslag	series	3.	2:30.11	512	2:31.25	17-02-2023	102%	
100m wisselslag	series	1.	1:03.26	472	1:03.37	30-09-2023	100%	
Sanne Landman, 2003 (21 jaar), Dames								
200m vrije slag	series	17.	2:27.12	421	2:25.83	27-01-2024	98%	
Wessel Haverkamp, 2002 (22 jaar), Heren								
100m vrije slag	series	25.	59.47	428	57.73	25-11-2023	94%	
200m vrije slag	series	11.	2:08.03	467	2:06.55	27-01-2024	98%	
50m rugslag	series	8.	31.10	359	29.51	17-03-2024	90%	
50m vlinderslag	series	28.	28.55	442	27.88	04-11-2023	95%	
100m vlinderslag	series	17.	1:05.57	386	1:03.80	14-10-2023	95%	
Yoka de Vegt-van Dijk, 1962 (62 jaar), Dames								
100m vrije slag	series	7.	1:29.84	174	1:26.68	19-02-2023	93%	1
50m rugslag	series	8.	46.47	160	46.39	03-05-2024	100%	
50m schoolslag	series	1.	42.35	300	42.98	19-02-2023	103%	
100m schoolslag	series	1.	1:39.42	246	1:36.19	18-02-2023	94%	
200m schoolslag	series	3.	3:39.19	231	3:32.84	17-02-2023	94%	
50m vlinderslag	series	6.	42.59	187	41.27	04-06-2023	94%	
100m wisselslag	series	4.	1:35.31	208	1:34.03	18-02-2023	97%	
Entente Sportive Nanterre								
Pierre Monnet, 1953 (71 jaar), Heren								
400m vrije slag	series	5.	6:28.44	163	6:25.80	25-11-2023	99%	
50m vlinderslag	series	2.	38.90	174	38.59	19-11-2023	98%	
100m vlinderslag	series	1.	1:30.67	146	1:28.28	06-04-2024	95%	
200m wisselslag	series	1.	3:27.25	148	3:22.65	10-03-2024	96%	
EW Donau SC 1903								
EZCL (SG)								
Daphne Robijn-Jongedijk, 1989 (35 jaar), Dames								
50m vrije slag	series	4.	30.22	436	29.90	17-02-2023	98%	
100m vrije slag	series	5.	1:07.77	407	1:05.36	04-02-2023	93%	
200m vrije slag	series	2.	2:27.97	414	2:24.65	18-02-2023	96%	
50m rugslag	series	2.	35.46	361	34.80	09-03-2024	96%	
50m vlinderslag	series	3.	32.88	407	31.16	04-02-2023	90%	

EZV

7

Jacqueline Brouwer, 1961 (63 jaar), Dames										
100m vrije slag	series	8.	1:39.09	130	1:33.57	19-02-2023	89%			
100m schoolslag	series	5.	1:57.75	148	1:53.81	12-02-2023	93%			
Jeroen Wilmer, 1966 (58 jaar), Heren										3
50m vrije slag	series	10.	30.43	290	31.07	05-05-2024	104%			
100m vrije slag	series	10.	1:09.67	266	1:09.99	23-06-2023	101%			
50m rugslag	series	8.	38.40	190	38.48	03-05-2024	100%			
50m vlinderslag	series	9.	34.32	254	33.74	14-05-2023	97%			
Rene Koedoeder, 1982 (42 jaar), Heren										4
50m vrije slag	series	9.	26.48	441	27.06	17-03-2024	104%			
100m vrije slag	series	7.	59.81	421	1:00.75	07-07-2024	103%			
50m rugslag	series	6.	32.24	322	33.50	07-07-2024	108%			
50m vlinderslag	series	6.	30.60	359	31.54	07-07-2024	106%			
Feijenoord Albion Zwemclub										14
Anne Dekker, 1996 (28 jaar), Dames										-
50m schoolslag	series	7.	35.01	532	34.29	19-03-2023	96%			
Bjorn de Heus, 2002 (22 jaar), Heren										1
50m rugslag	series	2.	28.05	489	27.52	25-06-2023	96%			
50m vlinderslag	series	7.	26.37	561	26.41	29-06-2024	100%			
100m vlinderslag	series	5.	58.50	544	58.16	06-07-2024	99%			
200m vlinderslag	series	2.	2:15.53	490	2:15.01	07-07-2024	99%			
Cancia Leirissa, 1967 (57 jaar), Dames										-
50m vrije slag	series	9.	34.57	291	34.28	16-12-2023	98%			
100m vrije slag	series	7.	1:20.77	240	1:17.66	21-01-2024	92%			
200m vrije slag	series	5.	3:01.38	224	2:54.53	16-12-2023	93%			
50m vlinderslag	series	7.	44.67	162	44.06	29-09-2024	97%			
Caroline Kruger, 1968 (56 jaar), Dames										1
50m vrije slag	series	11.	35.91	260	34.70	08-04-2023	93%			
50m schoolslag	series	6.	43.66	274	43.58	08-04-2023	100%			
100m schoolslag	series	8.	1:41.76	230	1:45.93	13-10-2024	108%			
Clementine van Bruxvoort, 1977 (47 jaar), Dames										-
50m vrije slag	series	18.	40.26	184	38.02	19-11-2023	89%			
100m vrije slag	series	18.	1:30.09	173	1:25.86	08-10-2023	91%			
100m rugslag	series	5.	1:40.65	162	1:38.78	17-02-2023	96%			
200m wisselslag	series	9.	3:45.18	158	3:34.43	17-02-2023	91%			
Ensger Kotterink, 1994 (30 jaar), Heren										-
50m vrije slag	series	1.	22.76	694	22.53	30-06-2024	98%			
100m rugslag	series	1.	55.57	657	54.35	15-12-2023	96%			
50m schoolslag	series	1.	27.79	723	27.61	30-06-2024	99%			
100m wisselslag	series	1.	55.33	706	54.38	29-06-2024	97%			
Fenna de Groot, 1997 (27 jaar), Dames										1
50m schoolslag	series	1.	32.92	640	32.16	16-12-2023	95%			
100m schoolslag	series	1.	1:11.10	674	1:10.22	17-12-2023	98%			
100m vlinderslag	series	1.	1:03.25	624	1:03.34	07-07-2024	100%			
Guusje van Lent, 2002 (22 jaar), Dames										-
50m vrije slag	series	3.	27.07	607	26.64	15-12-2023	97%			
100m vrije slag	series	7.	1:01.24	552	1:00.31	13-01-2024	97%			
50m rugslag	series	1.	30.45	570	29.92	14-01-2024	97%			
50m vlinderslag	series	6.	29.75	550	29.27	25-06-2023	97%			
Jerianne Gomez, 1986 (38 jaar), Dames										-
50m vrije slag	series	12.	37.51	228	36.59	12-10-2024	95%			
Jorian Tanis, 1999 (25 jaar), Heren										3
100m vrije slag	series	3.	53.92	575	54.41	14-01-2024	102%			
800m vrije slag	series	1.	8:40.45	606	8:41.31	19-11-2023	100%			
1500m vrije slag	series	1.	16:42.11	603	16:46.98	07-07-2024	101%			
Melvin Prins, 1995 (29 jaar), Heren										-
50m vrije slag	series	4.	24.12	583	24.06	30-06-2024	100%			
50m vlinderslag	series	4.	25.89	592	25.24	28-12-2023	95%			
Romero Hennep, 1993 (31 jaar), Heren										3
50m vrije slag	series	3.	23.98	594	24.36	17-02-2023	103%			
50m schoolslag	series	3.	29.66	595	30.16	19-02-2023	103%			
50m vlinderslag	series	3.	26.20	572	26.69	17-02-2023	104%			
Sander Iuga, 2001 (23 jaar), Heren										-
50m vrije slag	series	13.	24.81	536	24.31	25-06-2023	96%			
100m rugslag	series	2.	59.57	534	59.07	20-10-2024	98%			
Sean Niewold, 2002 (22 jaar), Heren										-
50m vrije slag	series	1.	21.76	795	21.50	30-06-2024	98%			
50m vlinderslag	series	1.	22.94	852	22.74	19-10-2024	98%			
100m vlinderslag	series	1.	51.57	795	50.82	20-10-2024	97%			

Tessa Giele, 2002 (22 jaar), Dames								-
50m vlinderslag	series	1.	25.31	893	25.10	10-12-2023	98%	
100m vlinderslag	series	1.	57.24	841	56.48	19-10-2024	97%	
100m wisselslag	series	1.	59.64	850	58.84	30-06-2024	97%	
Theo Tanis, 1969 (55 jaar), Heren								3
50m vrije slag	series	2.	26.61	434	26.79	29-09-2024	101%	
50m rugslag	series	2.	30.16	393	30.77	29-09-2024	104%	
50m vlinderslag	series	2.	28.81	430	29.67	29-09-2024	106%	
Thomas Verhoeven, 1997 (27 jaar), Heren								-
50m vlinderslag	series	1.	22.95	851	22.44	19-10-2024	96%	
William Dauchy, 1987 (37 jaar), Heren								2
50m vrije slag	series	10.	34.36	201	34.48	17-02-2024	101%	
100m vrije slag	series	13.	1:22.45	160	1:23.86	17-02-2024	103%	
Gay Swim Amsterdam								8
Kees Bakker, 1975 (49 jaar), Heren								4
50m rugslag	series	4.	32.18	324	32.13	20-05-2023	100%	
100m rugslag	series	3.	1:08.65	348	1:09.98	17-02-2023	104%	
200m rugslag	series	3.	2:33.66	324	2:40.50	04-05-2024	109%	
50m schoolslag	series	4.	33.00	432	33.27	07-05-2023	102%	
100m schoolslag	series	5.	1:13.40	427	1:13.24	25-06-2023	100%	
200m schoolslag	series	4.	2:51.07	346	2:55.52	05-05-2023	105%	
400m wisselslag	series	2.	5:49.59	303	5:41.81	18-02-2023	96%	
Marcel van Walt van Praag, 1975 (49 jaar), Heren								4
400m vrije slag	series	12.	5:56.60	210	5:49.01	17-02-2023	96%	
100m schoolslag	series	10.	1:26.53	260	1:27.56	18-02-2023	102%	
200m schoolslag	series	7.	3:12.62	242	3:27.27	12-10-2024	116%	
50m vlinderslag	series	11.	34.77	244	35.08	06-01-2024	102%	
200m vlinderslag	series	5.	3:29.17	133	3:23.24	06-01-2024	94%	
100m wisselslag	series	7.	1:22.81	210	1:23.54	22-09-2024	102%	
200m wisselslag	series	9.	3:07.15	201	3:04.72	19-05-2024	97%	
GLS Ketelbinkie								-
GoSwim								12
Jolien de Valk, 1985 (39 jaar), Dames								2
50m vrije slag	series	6.	31.41	389	32.28	29-06-2024	106%	
50m vlinderslag	series	6.	34.08	366	34.28	29-06-2024	101%	
Joyce Akkersdijk, 1977 (47 jaar), Dames								1
50m vrije slag	series	19.	42.05	162	44.58	18-03-2023	112%	
Linda Kerkmeester, 1974 (50 jaar), Dames								-
50m vrije slag	series	18.	42.32	159	41.54	18-03-2023	96%	
Martin van Vaardegem, 1982 (42 jaar), Heren								1
1500m vrije slag	series	2.	22:11.72	257	22:50.91	02-03-2024	106%	
Rudi Butselaar, 1987 (37 jaar), Heren								4
50m vrije slag	series	9.	30.06	301	35.27	24-06-2023	138%	
100m vrije slag	series	11.	1:08.77	277	1:08.98	07-05-2023	101%	
1500m vrije slag	series	6.	23:48.35	208	23:07.82	02-03-2024	94%	
50m rugslag	series	5.	36.71	218	37.18	02-12-2023	103%	
50m vlinderslag	series	6.	32.33	304	32.52	07-07-2024	101%	
Saskia de Klerk, 1990 (34 jaar), Dames								2
100m vrije slag	series	1.	1:00.77	565	1:04.97	19-02-2023	114%	
50m rugslag	series	1.	32.66	462	33.22	18-02-2023	103%	
Sol Terpstra, 2003 (21 jaar), Dames								1
50m vrije slag	series	50.	33.70	315	34.32	15-04-2023	104%	
50m vlinderslag	series	41.	36.76	291	36.76	27-01-2024	100%	
Victor Barnar, 1978 (46 jaar), Heren								1
100m vrije slag	series	6.	57.71	469	58.02	19-02-2023	101%	
100m schoolslag	series	1.	1:10.11	490	1:09.87	18-02-2023	99%	
GZC Donk								15
Angelique van Vark, 1997 (27 jaar), Dames								-
100m vrije slag	series	2.	58.92	620	58.18	23-04-2023	98%	
200m wisselslag	series	1.	2:23.99	606	2:23.70	23-04-2023	100%	
400m wisselslag	series	3.	5:13.54	563	5:00.74	17-12-2023	92%	
Christa van Dijk, 1987 (37 jaar), Dames								-
50m vrije slag	series	9.	34.33	297	33.48	22-09-2024	95%	
Feikje Wittermans, 1964 (60 jaar), Dames								3
50m rugslag	series	2.	38.14	290	38.50	12-10-2024	102%	
100m rugslag	series	2.	1:24.65	272	1:26.15	22-09-2024	104%	

200m rugslag	series	3.	3:10.24	244	3:08.71	12-10-2024	98%	
100m wisselslag	series	2.	1:28.86	257	1:30.67	12-10-2024	104%	
Jessica Venema, 1979 (45 jaar), Dames								
200m vrije slag	series	10.	2:37.65	342	2:35.66	05-11-2023	97%	
800m vrije slag	series	6.	11:44.84	310	11:25.78	18-02-2023	95%	
50m schoolslag	series	7.	43.57	276	42.31	30-12-2023	94%	
Lia Bijkerk, 1960 (64 jaar), Dames								
100m vrije slag	series	6.	1:29.08	179	1:29.10	03-05-2024	100%	6
400m vrije slag	series	3.	6:35.64	199	6:47.70	03-05-2024	106%	
50m schoolslag	series	4.	48.42	201	49.09	08-04-2023	103%	
100m schoolslag	series	3.	1:48.91	187	1:48.44	24-03-2024	99%	
200m schoolslag	series	5.	3:56.85	183	3:57.90	17-02-2023	101%	
50m vlinderslag	series	7.	45.96	149	47.41	02-07-2023	106%	
100m wisselslag	series	5.	1:39.18	184	1:41.66	08-10-2023	105%	
200m wisselslag	series	3.	3:38.15	174	3:37.76	03-05-2024	100%	
Linda van Klei, 1988 (36 jaar), Dames								
200m rugslag	series	3.	2:48.90	349	2:46.50	01-10-2023	97%	
100m schoolslag	series	4.	1:26.88	369	1:24.83	19-11-2023	95%	
200m schoolslag	series	1.	3:08.77	362	3:05.23	12-11-2023	96%	
200m wisselslag	series	3.	2:46.94	388	2:46.24	23-04-2023	99%	
Nathasja Konijn, 1971 (53 jaar), Dames								
400m vrije slag	series	7.	6:29.93	208	6:35.36	17-02-2023	103%	3
50m rugslag	series	4.	44.77	179	44.37	22-09-2024	98%	
100m rugslag	series	8.	1:32.57	208	1:33.63	06-01-2024	102%	
200m rugslag	series	4.	3:21.05	207	3:20.32	19-02-2023	99%	
50m vlinderslag	series	8.	41.97	196	42.96	02-07-2023	105%	
200m wisselslag	series	7.	3:27.15	203	3:26.22	08-04-2023	99%	
Peter Coffeng, 1957 (67 jaar), Heren								
50m vrije slag	series	3.	35.28	186	34.80	07-01-2024	97%	2
100m vrije slag	series	3.	1:22.23	162	1:20.06	24-03-2024	95%	
200m vrije slag	series	4.	3:08.41	146	3:09.51	12-10-2024	101%	
50m rugslag	series	3.	49.12	91	46.03	06-01-2024	88%	
50m schoolslag	series	4.	44.77	173	44.14	22-09-2024	97%	
100m schoolslag	series	3.	1:46.21	140	1:48.55	17-09-2023	104%	
50m vlinderslag	series	4.	48.05	92	46.55	06-01-2024	94%	
Petra Tossings, 1961 (63 jaar), Dames								
200m vrije slag	series	3.	2:51.63	265	2:42.97	08-04-2023	90%	
400m vrije slag	series	2.	5:54.14	278	5:51.11	16-02-2023	98%	
800m vrije slag	series	2.	12:20.23	268	11:54.72	16-02-2023	93%	
200m schoolslag	series	1.	3:31.12	258	3:27.00	17-02-2023	96%	
100m vlinderslag	series	2.	1:32.70	198	1:30.60	08-10-2023	96%	
200m vlinderslag	series	3.	3:22.18	207	3:21.46	08-04-2023	99%	
200m wisselslag	series	2.	3:12.06	255	3:07.06	17-02-2023	95%	
400m wisselslag	series	2.	6:44.45	262	6:38.62	19-02-2023	97%	
Pierre de Groot, 1964 (60 jaar), Heren								
50m vrije slag	series	9.	34.87	193	33.42	17-02-2023	92%	1
100m vrije slag	series	8.	1:20.56	172	1:15.05	19-02-2023	87%	
50m schoolslag	series	5.	43.94	183	43.14	19-02-2023	96%	
100m schoolslag	series	4.	1:36.45	188	1:37.68	18-02-2023	103%	
200m schoolslag	series	6.	3:42.16	158	3:40.88	17-02-2023	99%	
H2Oldambt								
Klaas Poelstra, 1978 (46 jaar), Heren								
50m vrije slag	series	8.	28.80	342	28.86	05-05-2024	100%	2
50m schoolslag	series	5.	33.96	396	34.36	30-09-2023	102%	2
50m vlinderslag	series	6.	30.20	373	29.92	05-05-2024	98%	
100m wisselslag	series	5.	1:11.72	324	1:11.05	30-09-2023	98%	
Hellas-Glana								
Elly Maassen, 1950 (74 jaar), Dames								
50m schoolslag	series	2.	57.78	118	55.40	06-07-2024	92%	12
100m schoolslag	series	2.	2:06.69	119	2:17.08	06-07-2024	117%	2
200m schoolslag	series	1.	4:41.84	108	4:48.03	06-07-2024	104%	
Judith Houtvast, 2003 (21 jaar), Dames								
50m vlinderslag	series	2.	27.89	667	27.69	23-09-2023	99%	
Michelle de Villiers, 1983 (41 jaar), Dames								
50m vrije slag	series	4.	31.50	385	31.43	13-10-2024	100%	6
100m vrije slag	series	4.	1:09.99	370	1:11.56	25-06-2023	105%	
50m schoolslag	series	4.	41.24	325	41.36	13-10-2024	101%	
100m schoolslag	series	5.	1:32.19	309	1:33.67	28-12-2023	103%	
50m vlinderslag	series	7.	35.05	336	34.94	13-10-2024	99%	
100m vlinderslag	series	4.	1:22.23	283	1:23.60	29-12-2023	103%	
200m wisselslag	series	2.	3:00.13	309	3:03.13	12-11-2023	103%	

400m wisselslag	series	3.	6:25.58	302	6:32.27	26-11-2023	104%	
Richard Rickesen, 1970 (54 jaar), Heren								
50m vrije slag	series	4.	27.14	409	27.00	04-06-2023	99%	4
100m vrije slag	series	2.	1:00.58	405	59.92	24-09-2023	98%	
400m vrije slag	series	1.	4:50.07	391	4:50.46	24-09-2023	100%	
1500m vrije slag	series	AFW	-	-	21:01.11	-	-	
50m schoolslag	series	4.	33.90	398	34.28	22-09-2024	102%	
50m vlinderslag	series	4.	30.70	355	30.79	16-06-2024	101%	
100m wisselslag	series	2.	1:08.79	367	1:07.75	04-06-2023	97%	
200m wisselslag	series	2.	2:33.57	363	2:34.10	22-10-2023	101%	
Het Ravijn								
Harm Jan Otter, 1981 (43 jaar), Heren								
200m vrije slag	series	6.	2:24.34	326	2:26.30	04-11-2023	103%	2
50m schoolslag	series	6.	35.19	356	34.28	05-02-2023	95%	2
200m schoolslag	series	4.	2:50.63	349	2:49.00	20-10-2024	98%	
50m vlinderslag	series	11.	31.70	322	33.00	21-01-2024	108%	
400m wisselslag	series	4.	5:50.01	301	5:49.25	02-12-2023	100%	
Ilse Valk, 2000 (24 jaar), Dames								
50m schoolslag	series	18.	38.15	411	37.24	20-01-2024	95%	-
200m schoolslag	series	9.	3:07.99	366	2:58.90	30-03-2024	91%	
50m vlinderslag	series	37.	34.49	353	32.96	20-01-2024	91%	
100m vlinderslag	series	19.	1:17.51	339	1:15.49	15-10-2023	95%	
Lanco Manaf, 2004 (20 jaar), Heren								
50m vrije slag	series	42.	28.48	354	27.54	11-11-2023	94%	-
200m vrije slag	series	15.	2:22.54	338	2:16.60	15-10-2023	92%	
50m schoolslag	series	28.	36.73	313	35.25	03-03-2024	92%	
50m vlinderslag	series	39.	32.77	292	31.96	08-06-2024	95%	
Lotte de Vente, 1999 (25 jaar), Dames								
50m vrije slag	series	35.	32.98	336	31.54	22-04-2023	91%	-
200m vrije slag	series	18.	2:38.39	337	2:37.52	16-12-2023	99%	
50m schoolslag	series	25.	41.68	315	41.52	19-10-2024	99%	
200m schoolslag	series	15.	3:18.13	313	3:14.96	25-05-2024	97%	
Marijn Heetkamp, 1999 (25 jaar), Heren								
50m schoolslag	series	17.	36.88	309	36.28	15-10-2023	97%	-
100m wisselslag	series	21.	1:15.27	280	1:12.21	22-10-2023	92%	
Noa Boerma, 2002 (22 jaar), Dames								
50m vrije slag	series	48.	33.14	331	32.34	21-01-2024	95%	-
50m vlinderslag	series	40.	36.72	292	34.66	27-01-2024	89%	
100m wisselslag	series	41.	1:25.38	289	1:21.76	09-03-2024	92%	
William Kruithof, 1980 (44 jaar), Heren								
50m vrije slag	series	11.	27.50	393	26.85	22-04-2023	95%	-
50m schoolslag	series	9.	35.87	336	35.65	03-03-2024	99%	
50m vlinderslag	series	10.	31.66	324	31.13	14-10-2023	97%	
100m wisselslag	series	5.	1:11.28	330	1:09.90	22-04-2023	96%	
Het Y								
Anne Noom, 1998 (26 jaar), Dames								
800m vrije slag	series	2.	9:34.36	574	9:53.81	17-12-2023	107%	3
1500m vrije slag	series	1.	18:15.95	569	18:42.97	17-12-2023	105%	3
200m rugslag	series	1.	2:23.77	566	2:23.71	19-05-2024	100%	
200m schoolslag	series	1.	2:48.69	507	2:48.17	28-12-2023	99%	
200m wisselslag	series	3.	2:28.53	552	2:28.23	18-05-2024	100%	
400m wisselslag	series	1.	5:10.23	581	5:12.27	12-11-2023	101%	
HHZV Plons								
Alexander Sophocleous, 1979 (45 jaar), Heren								
100m vrije slag	series	14.	1:14.77	215	1:16.72	08-04-2023	105%	1
50m vlinderslag	series	14.	36.94	204	36.84	12-03-2023	99%	
Arjan de Heer, 1978 (46 jaar), Heren								
100m schoolslag	series	9.	1:22.67	298	1:24.64	17-02-2024	105%	3
200m schoolslag	series	6.	3:00.94	292	3:02.86	12-10-2024	102%	
50m vlinderslag	series	8.	32.20	308	32.74	17-02-2024	103%	
Britt Kraaijevanger, 1992 (32 jaar), Dames								
200m vrije slag	series	14.	2:44.95	299	2:49.23	12-10-2024	105%	4
400m vrije slag	series	12.	5:57.71	270	6:01.83	08-04-2023	102%	
50m rugslag	series	9.	39.65	258	39.69	01-04-2023	100%	
200m wisselslag	series	9.	3:03.34	293	3:06.28	08-04-2023	103%	
Erika Nyström, 1994 (30 jaar), Dames								
50m vrije slag	series	11.	29.52	468	30.18	08-04-2023	105%	2
100m vrije slag	series	8.	1:07.13	419	1:06.99	12-03-2023	100%	
50m vlinderslag	series	12.	32.76	412	34.07	08-04-2023	108%	

Inge Wolfs, 1960 (64 jaar), Dames								4
50m rugslag	series	7.	43.53	195	47.71	24-03-2024	120%	
100m rugslag	series	4.	1:34.21	197	1:37.46	24-03-2024	107%	
100m schoolslag	series	2.	1:44.04	215	1:46.74	24-03-2024	105%	
50m vlinderslag	series	5.	40.75	214	40.53	17-02-2024	99%	
100m vlinderslag	series	3.	1:33.79	191	1:35.70	24-03-2024	104%	
Richard Broer, 1959 (65 jaar), Heren								1
200m vrije slag	series	1.	2:38.20	247	2:44.94	08-04-2023	109%	
Steven Prins, 1979 (45 jaar), Heren								2
400m vrije slag	series	9.	5:20.95	289	5:25.83	09-12-2023	103%	
200m vlinderslag	series	4.	3:02.37	201	3:08.76	09-12-2023	107%	
Hieronymus								17
Christel Brugmans, 2000 (24 jaar), Dames								3
100m vrije slag	series	9.	1:01.83	536	1:01.32	10-03-2024	98%	
100m schoolslag	series	2.	1:16.48	542	1:17.95	28-01-2024	104%	
100m vlinderslag	series	6.	1:08.65	488	1:09.66	20-10-2024	103%	
100m wisselslag	series	6.	1:09.66	533	1:09.24	06-10-2024	99%	
200m wisselslag	series	2.	2:31.84	516	2:33.74	14-10-2023	103%	
Hilly Brugmans, 1970 (54 jaar), Dames								3
100m vrije slag	series	9.	1:23.97	214	1:24.25	24-03-2024	101%	
50m schoolslag	series	6.	42.93	288	43.17	09-07-2023	101%	
100m schoolslag	series	9.	1:37.69	260	1:38.92	18-02-2023	103%	
Jordi van Akkeren, 1996 (28 jaar), Heren								2
50m vrije slag	series	39.	29.18	329	33.83	20-10-2024	134%	
50m vlinderslag	series	39.	33.00	286	33.60	29-09-2024	104%	
Madelon van Uchelen, 1996 (28 jaar), Dames								2
50m vrije slag	series	37.	33.35	325	34.28	29-09-2024	106%	
50m vlinderslag	series	34.	38.06	262	38.19	07-07-2024	101%	
Marjolein Klunne, 1971 (53 jaar), Dames								1
50m vrije slag	series	14.	33.31	326	31.53	17-02-2023	90%	
200m vrije slag	series	6.	2:49.13	277	2:45.45	04-06-2023	96%	
100m rugslag	series	6.	1:24.57	273	1:23.06	07-07-2024	96%	
50m schoolslag	series	7.	47.91	207	48.16	24-03-2024	101%	
Nadja Roovers, 1998 (26 jaar), Dames								-
100m rugslag	series	5.	1:10.99	462	1:07.42	09-07-2023	90%	
50m vlinderslag	series	7.	30.75	498	30.17	07-07-2024	96%	
Paul Koster, 1993 (31 jaar), Heren								2
50m vrije slag	series	10.	26.56	437	27.00	05-05-2024	103%	
50m vlinderslag	series	10.	29.34	407	29.47	05-05-2024	101%	
Roos Englebert, 2002 (22 jaar), Dames								1
800m vrije slag	series	2.	9:21.00	616	9:13.99	19-10-2024	98%	
1500m vrije slag	series	1.	17:41.67	626	17:29.87	19-10-2024	98%	
200m vlinderslag	series	1.	2:27.89	529	2:25.83	16-12-2023	97%	
400m wisselslag	series	1.	5:02.61	626	5:11.88	12-11-2023	106%	
Sander van Bentum, 1996 (28 jaar), Heren								3
50m vrije slag	series	25.	26.65	432	26.09	20-10-2024	96%	
100m vrije slag	series	14.	59.34	431	58.93	20-10-2024	99%	
50m schoolslag	series	11.	33.20	424	33.62	29-09-2024	103%	
100m schoolslag	series	8.	1:15.30	395	1:18.96	07-07-2024	110%	
50m vlinderslag	series	33.	31.78	320	32.61	29-09-2024	105%	
Selene Wortel, 1997 (27 jaar), Dames								-
50m vrije slag	series	4.	27.32	591	26.77	29-06-2024	96%	
50m schoolslag	series	2.	33.69	597	32.93	29-06-2024	96%	
50m vlinderslag	series	1.	29.07	589	28.80	07-07-2024	98%	
100m wisselslag	series	1.	1:06.10	624	1:04.90	30-06-2024	96%	
Teun van der Schrier, 2004 (20 jaar), Heren								-
100m rugslag	series	5.	1:02.76	456	1:01.48	28-01-2024	96%	
50m vlinderslag	series	14.	27.22	510	26.62	28-01-2024	96%	
100m vlinderslag	series	8.	1:00.47	493	59.36	12-11-2023	96%	
Valesca van den Bogert, 2001 (23 jaar), Dames								-
100m schoolslag	series	AFGEM	-	-	1:12.21	29-09-2024	-	
200m schoolslag	series	1.	2:37.14	628	2:37.11	29-09-2024	100%	
200m wisselslag	series	AFGEM	-	-	2:25.03	10-03-2024	-	
Hoeksche Waard (SGHW) (SG)								1
Francis van der Perk, 1991 (33 jaar), Dames								1
50m vrije slag	series	31.	38.74	207	39.75	04-11-2023	105%	
50m rugslag	series	12.	43.88	190	43.56	12-10-2024	99%	
100m rugslag	series	12.	1:34.82	193	1:34.70	27-01-2024	100%	

Hans Piederiet, 1954 (70 jaar), Heren								-
50m rugslag	series	1.	38.46	189	37.53	18-02-2023	95%	
100m rugslag	series	1.	1:28.31	163	1:22.81	17-02-2023	88%	
200m rugslag	series	1.	3:12.75	164	3:05.86	19-02-2023	93%	
400m wisselslag	series	1.	7:40.93	132	7:40.92	13-10-2024	100%	
HZ&PC Heerenveen								21
Casper Tichelaar, 1979 (45 jaar), Heren								2
50m schoolslag	series	3.	32.37	457	34.26	12-10-2024	112%	
100m schoolslag	series	2.	1:10.13	489	1:12.35	12-10-2024	106%	
Inge Dekker, 2002 (22 jaar), Dames								1
100m vrije slag	series	14.	1:03.83	487	1:02.48	19-02-2023	96%	
50m rugslag	series	2.	30.84	548	30.47	12-10-2024	98%	
100m rugslag	series	3.	1:08.28	519	1:07.37	17-02-2023	97%	
200m rugslag	series	5.	2:33.12	468	2:36.98	12-10-2024	105%	
50m vlinderslag	series	9.	30.39	516	29.75	17-02-2023	96%	
Jan-Eggo Huininga, 1984 (40 jaar), Heren								-
50m vrije slag	series	17.	29.36	323	28.97	18-03-2023	97%	
50m schoolslag	series	10.	36.25	326	35.52	02-04-2023	96%	
Jannie Vennik, 1976 (48 jaar), Dames								2
200m vrije slag	series	11.	2:39.83	328	2:41.06	18-02-2023	102%	
400m vrije slag	series	7.	5:33.05	334	5:34.53	16-02-2023	101%	
800m vrije slag	series	4.	11:23.35	341	11:17.25	16-02-2023	98%	
400m wisselslag	series	4.	6:42.22	266	6:40.10	19-02-2023	99%	
Jorian Darwinkel, 2003 (21 jaar), Heren								3
50m vrije slag	series	14.	24.82	535	24.48	11-11-2023	97%	
100m vrije slag	series	7.	54.05	570	54.31	19-02-2023	101%	
50m rugslag	series	3.	28.93	446	28.54	23-12-2023	97%	
50m schoolslag	series	8.	30.62	540	30.77	06-07-2024	101%	
100m schoolslag	series	6.	1:07.43	550	1:07.71	02-07-2023	101%	
50m vlinderslag	series	11.	26.60	546	26.45	29-10-2023	99%	
Leonie van Wier, 2002 (22 jaar), Dames								1
50m vrije slag	series	8.	27.78	562	27.38	17-02-2023	97%	
100m vrije slag	series	4.	1:00.06	585	59.29	11-02-2023	97%	
50m rugslag	series	13.	34.36	396	33.46	02-04-2023	95%	
50m schoolslag	series	7.	36.33	476	36.85	19-02-2023	103%	
50m vlinderslag	series	25.	32.62	417	31.06	02-04-2023	91%	
100m wisselslag	series	9.	1:10.66	511	1:09.83	18-02-2023	98%	
Lianne van Wier, 2002 (22 jaar), Dames								-
50m vrije slag	series	11.	28.44	524	27.30	17-02-2023	92%	
100m vrije slag	series	10.	1:02.72	514	59.47	19-02-2023	90%	
200m vrije slag	series	7.	2:19.48	494	2:12.54	18-02-2023	90%	
50m rugslag	series	11.	33.76	418	32.23	02-04-2023	91%	
50m vlinderslag	series	16.	31.21	476	30.10	17-02-2023	93%	
100m vlinderslag	series	14.	1:14.82	376	1:09.33	19-02-2023	86%	
Lois Jalving, 2004 (20 jaar), Dames								3
50m vrije slag	series	27.	30.30	433	29.34	02-07-2023	94%	
100m vrije slag	series	16.	1:04.63	470	1:04.71	18-11-2023	100%	
50m rugslag	series	9.	32.88	452	32.67	13-04-2024	99%	
100m rugslag	series	7.	1:10.76	466	1:11.09	02-07-2023	101%	
200m rugslag	series	6.	2:34.45	456	2:35.03	01-07-2023	101%	
Marten de Groot, 1958 (66 jaar), Heren								-
1500m vrije slag	series	AFGEM		-	20:36.49	02-05-2024	-	
Peggi Hurenkamp, 1969 (55 jaar), Dames								2
400m vrije slag	series	4.	6:02.51	259	6:23.93	26-11-2023	112%	
800m vrije slag	series	5.	12:48.68	239	12:59.21	26-11-2023	103%	
200m rugslag	series	3.	3:10.97	241	3:03.73	19-02-2023	93%	
100m vlinderslag	series	2.	1:28.98	224	1:27.24	19-02-2023	96%	
200m wisselslag	series	3.	3:09.54	265	3:07.67	17-02-2023	98%	
400m wisselslag	series	3.	6:41.06	269	6:37.45	19-02-2023	98%	
Remco Dijkstra, 2001 (23 jaar), Heren								-
50m vrije slag	series	17.	25.14	515	24.84	02-04-2023	98%	
100m vrije slag	series	20.	58.21	457	55.04	23-04-2023	89%	
50m rugslag	series	4.	29.49	421	28.55	02-04-2023	94%	
50m schoolslag	series	21.	33.92	397	33.00	02-04-2023	95%	
50m vlinderslag	series	17.	27.37	501	26.48	11-03-2023	94%	
Richard Kuipers, 1997 (27 jaar), Heren								1
50m vrije slag	series	11.	25.55	491	25.22	18-02-2023	97%	
100m vrije slag	series	9.	56.08	511	55.37	10-02-2024	97%	
50m rugslag	series	3.	28.95	445	28.46	18-02-2023	97%	
100m rugslag	series	2.	1:01.92	475	1:00.74	18-02-2023	96%	
200m rugslag	series	1.	2:16.84	459	2:20.56	01-10-2023	106%	
100m schoolslag	series	5.	1:11.43	463	1:10.05	13-01-2024	96%	

100m wisselslag	series	8.	1:03.36	470	1:02.07	14-10-2023	96%	
Rob van Wier, 1999 (25 jaar), Heren								-
50m vrije slag	series	30.	27.28	403	26.53	14-01-2024	95%	
100m vrije slag	series	16.	1:00.60	405	59.52	23-04-2023	96%	
200m vrije slag	series	14.	2:22.25	340	2:19.22	27-01-2024	96%	
50m rugslag	series	9.	32.65	310	32.38	18-02-2023	98%	
50m vlinderslag	series	38.	32.96	287	31.40	13-01-2024	91%	
Romy Jalving, 2000 (24 jaar), Dames								-
50m vrije slag	series	44.	31.94	370	31.05	17-02-2023	95%	
100m vrije slag	series	28.	1:07.84	406	1:07.37	19-02-2023	99%	
50m rugslag	series	17.	37.18	313	36.00	02-04-2023	94%	
50m schoolslag	series	23.	41.68	315	40.35	02-04-2023	94%	
50m vlinderslag	series	39.	35.60	321	33.32	19-02-2023	88%	
100m vlinderslag	series	21.	1:20.82	299	1:14.43	19-02-2023	85%	
Simone Mus, 1996 (28 jaar), Dames								2
100m vrije slag	series	14.	1:05.83	444	1:07.86	07-04-2024	106%	
200m vrije slag	series	9.	2:25.85	432	2:29.74	17-10-2024	105%	
Wouter Zijlstra, 2004 (20 jaar), Heren								4
200m vrije slag	series	1.	1:53.19	676	1:53.90	29-10-2023	101%	
400m vrije slag	series	1.	4:03.15	665	4:00.73	02-07-2023	98%	
800m vrije slag	series	1.	8:28.87	648	8:39.99	26-11-2023	104%	
1500m vrije slag	series	1.	16:25.85	633	16:37.74	15-10-2023	102%	
200m rugslag	series	2.	2:08.06	561	2:11.45	17-03-2024	105%	
200m wisselslag	series	1.	2:07.57	634	2:04.97	15-12-2023	96%	
IJZPC								2
Debbie van Rooijen, 1982 (42 jaar), Dames								1
200m vrije slag	series	3.	2:23.90	450	2:21.80	01-04-2023	97%	
400m vrije slag	series	1.	5:03.61	442	5:04.99	03-05-2024	101%	
200m rugslag	series	1.	2:40.76	404	2:38.83	06-04-2024	98%	
Oscar Monge, 1981 (43 jaar), Heren								1
50m vrije slag	series	16.	28.61	349	28.04	26-11-2023	96%	
200m vrije slag	series	7.	2:25.19	320	2:22.08	01-10-2023	96%	
100m rugslag	series	10.	1:17.45	242	1:17.41	21-01-2024	100%	
200m rugslag	series	8.	2:48.76	245	2:50.93	25-02-2023	103%	
Link								5
Annette Spies, 1970 (54 jaar), Dames								3
200m vrije slag	series	7.	3:00.38	228	3:02.92	29-10-2023	103%	
400m vrije slag	series	6.	6:25.24	216	6:28.57	19-11-2023	102%	
1500m vrije slag	series	5.	25:01.78	221	25:31.41	14-10-2023	104%	
Clara Groenhorst, 1982 (42 jaar), Dames								-
100m vrije slag	series	8.	1:24.82	207	1:18.65	23-04-2023	86%	
400m vrije slag	series	5.	6:31.87	205	6:25.60	06-10-2024	97%	
200m rugslag	series	6.	3:10.21	244	3:02.70	19-02-2023	92%	
200m wisselslag	series	5.	3:21.10	222	3:15.29	23-04-2023	94%	
Illonka van der Meer, 1976 (48 jaar), Dames								2
100m vrije slag	series	15.	1:22.34	227	1:19.81	07-01-2024	94%	
200m vrije slag	series	15.	2:56.12	245	3:02.60	04-05-2024	107%	
400m vrije slag	series	10.	6:21.36	223	6:27.34	03-05-2024	103%	
Luxembourg Sharks Swimming Club								22
Claudia Putzolu, 1990 (34 jaar), Dames								1
50m vrije slag	series	12.	29.53	468	29.70	09-07-2023	101%	
100m vrije slag	series	NG	-	-	1:05.21	08-07-2023	-	
Frederic Tonus, 1973 (51 jaar), Heren								1
50m vrije slag	series	1.	24.62	549	24.51	17-02-2023	99%	
50m vlinderslag	series	1.	25.89	592	25.85	25-03-2023	100%	
100m vlinderslag	series	1.	58.38	548	57.36	19-02-2023	97%	
200m vlinderslag	series	1.	2:13.82	509	2:17.41	10-08-2023	105%	
Jon Christensen, 1964 (60 jaar), Heren								6
50m vrije slag	series	5.	29.85	308	31.18	13-10-2024	109%	
200m vrije slag	series	3.	2:21.29	347	2:23.70	18-02-2023	103%	
400m vrije slag	series	2.	4:56.68	366	4:56.42	20-01-2024	100%	
800m vrije slag	series	2.	10:14.02	369	10:23.98	19-02-2023	103%	
1500m vrije slag	series	1.	19:18.79	390	20:02.55	20-01-2024	108%	
50m schoolslag	series	3.	36.67	314	38.53	19-03-2023	110%	
200m wisselslag	series	4.	2:39.27	326	2:46.78	19-03-2023	110%	
Micky Grulms, 1972 (52 jaar), Dames								1
400m vrije slag	series	3.	5:20.40	376	5:11.70	17-02-2023	95%	
1500m vrije slag	series	2.	20:02.35	431	20:41.82	09-07-2023	107%	

Miquel Monros Coma, 1987 (37 jaar), Heren								3
400m vrije slag	series	1.	4:19.07	549	4:32.19	12-10-2024	110%	
800m vrije slag	series	1.	9:02.71	534	9:34.39	13-10-2024	112%	
1500m vrije slag	series	AFW		-	18:30.00		-	
200m wisselslag	series	3.	2:21.57	464	2:31.27	30-06-2024	114%	
Olivia Lorton, 1974 (50 jaar), Dames								2
50m vrije slag	series	2.	29.88	451	29.99	09-07-2023	101%	
50m vlinderslag	series	2.	32.26	431	31.98	03-03-2024	98%	
100m vlinderslag	series	2.	1:14.02	389	1:15.69	29-02-2024	105%	
Patrick Juncker, 1967 (57 jaar), Heren								3
50m schoolslag	series	2.	35.23	355	35.52	12-10-2024	102%	
100m schoolslag	series	4.	1:18.28	352	1:20.73	13-10-2024	106%	
200m schoolslag	series	2.	2:53.84	330	3:01.30	12-10-2024	109%	
Ricardo Nogaroli, 1969 (55 jaar), Heren								2
50m vrije slag	series	4.	28.26	363	29.08	09-07-2023	106%	
100m vrije slag	series	5.	1:04.12	341	1:04.23	08-07-2023	100%	
Steve Seremes, 1981 (43 jaar), Heren								3
50m vrije slag	series	1.	24.53	555	24.78	25-11-2023	102%	
100m vrije slag	series	1.	54.12	568	54.98	03-07-2024	103%	
100m wisselslag	series	1.	1:02.94	479	1:04.41	11-11-2023	105%	
MEGA zwemteam								4
Stephanie Vaernewyck, 1983 (41 jaar), Dames								4
200m vrije slag	series	1.	2:17.98	510	2:26.02	24-06-2023	112%	
800m vrije slag	series	1.	10:07.19	486	10:17.13	04-11-2023	103%	
100m vlinderslag	series	1.	1:10.31	454	1:12.63	04-11-2023	107%	
400m wisselslag	series	1.	5:28.16	491	5:45.08	05-11-2023	111%	
MNC Dordrecht								4
Ines Muilwijk, 1992 (32 jaar), Dames								2
50m vrije slag	series	8.	28.65	512	28.78	16-06-2024	101%	
50m schoolslag	series	8.	38.51	399	38.36	24-03-2024	99%	
200m schoolslag	series	4.	3:00.10	417	3:00.89	02-03-2024	101%	
100m wisselslag	series	6.	1:15.20	424	1:14.35	30-03-2024	98%	
Miranda van Leeuwen, 1965 (59 jaar), Dames								2
50m vrije slag	series	6.	32.93	337	33.49	08-04-2023	103%	
50m vlinderslag	series	5.	37.77	268	37.59	28-01-2024	99%	
100m wisselslag	series	5.	1:24.01	304	1:24.78	12-10-2024	102%	
Montferland								2
Esther van Maastrigt, 1988 (36 jaar), Dames								2
50m rugslag	series	3.	36.85	321	36.00	21-01-2024	95%	
200m rugslag	series	4.	2:50.82	337	2:50.91	04-02-2024	100%	
50m schoolslag	series	2.	39.69	365	39.34	04-02-2023	98%	
100m schoolslag	series	6.	1:28.31	352	1:27.62	23-06-2024	98%	
200m wisselslag	series	6.	2:57.55	323	2:59.26	04-11-2023	102%	
Mosa-Regio								-
MSV-Zeemacht								25
Annette van Dok, 1968 (56 jaar), Dames								1
50m vrije slag	series	15.	42.02	162	41.45	05-05-2023	97%	
50m rugslag	series	7.	45.21	174	45.51	05-05-2023	101%	
100m rugslag	series	4.	1:43.40	149	1:39.13	07-05-2023	92%	
200m wisselslag	series	6.	3:44.41	160	3:40.84	23-04-2023	97%	
Bianca Groot, 1970 (54 jaar), Dames								-
200m vrije slag	series	3.	2:30.03	397	2:23.22	11-02-2024	91%	
400m vrije slag	series	2.	5:13.43	401	5:01.61	27-05-2023	93%	
1500m vrije slag	series	3.	21:52.07	331	20:48.83	16-02-2023	91%	
100m rugslag	series	7.	1:25.85	261	1:21.63	23-04-2023	90%	
400m wisselslag	series	2.	6:36.80	277	6:03.48	28-05-2023	84%	
Boyd Wijkman, 2001 (23 jaar), Heren								4
50m vrije slag	series	26.	26.10	460	26.63	05-05-2024	104%	
50m rugslag	series	6.	30.47	382	32.10	03-05-2024	111%	
50m schoolslag	series	14.	32.15	467	34.05	04-05-2024	112%	
50m vlinderslag	series	26.	28.38	450	28.48	05-05-2024	101%	
Jet Kleine, 1999 (25 jaar), Dames								3
400m vrije slag	series	5.	5:03.58	442	5:08.38	06-10-2024	103%	
50m rugslag	series	9.	35.38	363	35.08	10-03-2024	98%	
100m rugslag	series	10.	1:15.46	384	1:15.32	28-01-2024	100%	
200m rugslag	series	8.	2:41.54	399	2:42.26	17-03-2024	101%	

50m vlinderslag	series	18.	33.72	377	33.62	09-07-2023	99%	
100m vlinderslag	series	7.	1:15.03	373	1:15.40	12-11-2023	101%	
Jordi de Nijs, 1998 (26 jaar), Heren								
50m vrije slag	series	14.	25.63	486	25.65	07-07-2024	100%	2
100m vrije slag	series	8.	55.67	522	55.65	10-02-2024	100%	
50m rugslag	series	6.	30.97	363	30.37	07-07-2024	96%	
50m vlinderslag	series	15.	27.54	492	27.02	07-07-2024	96%	
100m vlinderslag	series	7.	1:01.67	465	1:01.74	19-05-2024	100%	
100m wisselslag	series	13.	1:05.04	434	1:03.65	07-07-2024	96%	
Kyra Wesemann, 2002 (22 jaar), Dames								
50m vrije slag	series	29.	30.42	428	30.15	17-02-2023	98%	3
100m vrije slag	series	28.	1:07.84	406	1:07.58	07-05-2023	99%	
50m schoolslag	series	20.	39.73	364	39.91	07-07-2024	101%	
50m vlinderslag	series	33.	34.22	361	34.23	29-05-2023	100%	
100m wisselslag	series	30.	1:17.01	395	1:16.01	18-02-2023	97%	
200m wisselslag	series	8.	2:47.20	387	2:48.61	22-09-2024	102%	
Liam Wesemann, 2003 (21 jaar), Heren								
50m vrije slag	series	36.	27.58	390	32.14	29-09-2024	136%	5
100m vrije slag	series	33.	1:05.05	327	1:10.79	29-09-2024	118%	
50m rugslag	series	15.	32.70	309	35.56	29-09-2024	118%	
100m rugslag	series	12.	1:12.78	292	1:13.56	29-09-2024	102%	
50m schoolslag	series	16.	32.61	447	34.92	29-09-2024	115%	
Marco van der Wulp, 2003 (21 jaar), Heren								
50m vrije slag	series	34.	27.40	398	28.15	07-05-2023	106%	2
50m rugslag	series	12.	31.97	330	32.37	06-05-2023	103%	
50m vlinderslag	series	37.	30.02	380	29.21	09-07-2023	95%	
Mees Minneboo, 2002 (22 jaar), Heren								
50m vrije slag	series	16.	25.07	520	25.50	12-11-2023	103%	2
100m vrije slag	series	16.	56.77	492	57.51	10-03-2024	103%	
50m schoolslag	series	17.	32.64	446	32.60	28-05-2023	100%	
50m vlinderslag	series	25.	28.26	455	27.72	07-07-2024	96%	
100m wisselslag	series	8.	1:05.46	426	1:05.31	01-10-2023	100%	
Suzanne Mosch, 1994 (30 jaar), Dames								
50m rugslag	series	3.	33.83	415	33.27	19-02-2023	97%	-
100m rugslag	series	5.	1:14.96	392	1:12.86	17-02-2023	94%	
50m vlinderslag	series	16.	34.42	355	34.01	17-02-2023	98%	
Tessa van Dijk-Mosch, 1991 (33 jaar), Dames								
50m vrije slag	series	9.	29.18	485	29.68	07-07-2024	103%	3
100m vrije slag	series	6.	1:05.87	443	1:06.04	10-03-2024	101%	
50m rugslag	series	7.	36.68	326	35.58	07-07-2024	94%	
50m vlinderslag	series	15.	34.10	365	34.51	07-07-2024	102%	
NDD								
Janine de Groot, 1995 (29 jaar), Dames								
200m vrije slag	series	12.	2:27.95	414	2:26.21	18-02-2023	98%	1
200m rugslag	series	10.	2:44.96	374	2:51.88	06-05-2023	109%	1
Nederweert								
Femke de Wit, 2001 (23 jaar), Dames								
100m vrije slag	series	26.	1:06.79	425	1:04.38	19-11-2023	93%	-
50m rugslag	series	10.	32.90	452	32.52	24-06-2023	98%	
Koen van der Wallen, 1994 (30 jaar), Heren								
200m vlinderslag	series	3.	2:26.02	391	2:26.97	02-06-2024	101%	1
200m wisselslag	series	7.	2:27.68	409	2:22.77	12-11-2023	93%	
Neptunia '24								
Evelien de Jong, 1998 (26 jaar), Dames								
50m vrije slag	series	19.	30.09	442	29.40	17-02-2023	95%	1
100m vrije slag	series	13.	1:05.82	444	1:06.29	19-02-2023	101%	
50m vlinderslag	series	17.	33.59	382	32.68	28-12-2023	95%	
100m wisselslag	series	24.	1:18.61	371	1:17.86	14-10-2023	98%	
Femke-Romy Wiersma, 2001 (23 jaar), Dames								
50m vlinderslag	series	12.	30.62	504	31.00	14-01-2024	102%	2
100m wisselslag	series	10.	1:11.41	495	1:14.90	22-04-2023	110%	
Jolanda Kuiper-Cnossen, 1986 (38 jaar), Dames								
100m rugslag	series	3.	1:20.78	313	1:17.29	17-02-2023	92%	-
200m rugslag	series	5.	2:51.83	331	2:43.82	19-02-2023	91%	
Noël Iris Hettinga, 2000 (24 jaar), Dames								
50m schoolslag	series	3.	35.34	517	34.54	25-11-2023	96%	-
100m schoolslag	series	2.	1:16.48	542	1:16.40	14-01-2024	100%	
200m schoolslag	series	5.	2:50.42	492	2:47.91	18-11-2023	97%	
100m wisselslag	series	18.	1:12.74	468	1:11.44	13-01-2024	96%	

Neptunus'58								10
Jeroen van Dinther, 1997 (27 jaar), Heren								3
50m vrije slag	series	35.	28.05	371	27.66	23-04-2023	97%	
100m vrije slag	series	21.	1:01.27	391	1:00.45	19-02-2023	97%	
200m vrije slag	series	11.	2:16.85	382	2:20.45	01-10-2023	105%	
50m schoolslag	series	18.	36.99	306	37.82	19-02-2023	105%	
100m schoolslag	series	12.	1:21.04	317	1:20.37	18-02-2023	98%	
50m vlinderslag	series	35.	32.28	305	33.33	28-01-2024	107%	
Mirelle de Kort, 2000 (24 jaar), Dames								2
100m vrije slag	series	17.	1:05.07	460	1:03.97	10-03-2024	97%	
200m vrije slag	series	13.	2:25.39	436	2:22.85	01-10-2023	97%	
100m rugslag	series	12.	1:15.66	381	1:14.76	29-09-2024	98%	
50m schoolslag	series	10.	37.02	450	36.83	14-01-2024	99%	
100m schoolslag	series	7.	1:20.84	459	1:23.27	17-02-2024	106%	
50m vlinderslag	series	17.	31.38	468	31.61	17-02-2023	101%	
200m wisselslag	series	5.	2:40.70	436	2:39.78	11-06-2023	99%	
Rens Hoogenboom, 2004 (20 jaar), Heren								2
50m vrije slag	series	30.	26.50	440	26.06	23-04-2023	97%	
100m vrije slag	series	32.	1:01.74	383	59.97	15-04-2023	94%	
50m schoolslag	series	25.	34.95	363	34.59	04-05-2024	98%	
100m schoolslag	series	12.	1:19.28	339	1:21.83	15-04-2023	107%	
50m vlinderslag	series	36.	29.89	385	30.04	29-10-2023	101%	
100m wisselslag	series	15.	1:10.61	339	1:09.64	23-04-2023	97%	
Rob van de Ven, 1971 (53 jaar), Heren								-
50m vrije slag	series	12.	31.99	250	31.51	17-02-2023	97%	
100m vrije slag	series	11.	1:14.46	218	1:12.84	19-02-2023	96%	
100m schoolslag	series	9.	1:24.45	280	1:24.05	15-04-2023	99%	
200m schoolslag	series	6.	3:26.62	196	3:17.92	17-02-2023	92%	
Sandra Schellekens, 1985 (39 jaar), Dames								3
50m vrije slag	series	5.	31.26	394	31.26	23-04-2023	100%	
100m vrije slag	series	8.	1:11.12	352	1:10.40	15-04-2023	98%	
400m vrije slag	series	5.	5:44.34	303	5:42.46	17-02-2023	99%	
800m vrije slag	series	4.	11:41.72	314	11:57.40	07-05-2023	105%	
1500m vrije slag	series	4.	22:54.98	288	22:58.65	11-10-2024	101%	
50m rugslag	series	5.	38.04	292	38.63	10-03-2024	103%	
Selina Janssen, 1999 (25 jaar), Dames								-
50m vrije slag	series	22.	30.36	430	29.82	23-04-2023	96%	
800m vrije slag	series	9.	10:51.04	394	10:46.49	04-06-2023	99%	
1500m vrije slag	series	7.	20:45.20	388	20:39.88	16-02-2023	99%	
50m vlinderslag	series	11.	31.86	448	31.33	28-01-2024	97%	
Newham & University of East London (UEL) Swimming Club								3
Yigit Guven, 1987 (37 jaar), Heren								3
100m vrije slag	series	2.	56.18	508	57.01	28-09-2024	103%	
200m vrije slag	series	1.	2:05.35	498	2:09.51	28-11-2023	107%	
400m vrije slag	series	2.	4:40.41	433	4:56.57	10-11-2023	112%	
Niemo Barracuda								38
Amber Hesper, 2002 (22 jaar), Dames								4
50m vrije slag	series	2.	26.92	617	27.39	22-09-2024	104%	
100m vrije slag	series	2.	59.22	610	59.78	13-10-2024	102%	
50m schoolslag	series	11.	37.13	446	36.30	30-03-2024	96%	
50m vlinderslag	series	14.	30.92	490	31.07	30-03-2024	101%	
100m vlinderslag	series	11.	1:11.43	433	1:11.74	19-10-2024	101%	
André Noordwijk, 1979 (45 jaar), Heren								1
50m vlinderslag	series	10.	34.08	259	35.48	05-02-2023	108%	
Denise Boereboom, 1992 (32 jaar), Dames								-
50m vrije slag	series	5.	28.30	531	27.99	05-02-2023	98%	
100m vrije slag	series	3.	1:01.87	535	1:01.13	19-02-2023	98%	
50m vlinderslag	series	2.	30.48	511	29.66	25-11-2023	95%	
100m vlinderslag	series	3.	1:11.19	437	1:06.32	19-02-2023	87%	
100m wisselslag	series	1.	1:09.57	535	1:08.53	28-10-2023	97%	
200m wisselslag	series	1.	2:33.13	503	2:30.67	23-04-2023	97%	
Dennis Dortland, 1978 (46 jaar), Heren								3
50m vrije slag	series	5.	27.22	406	26.86	17-02-2024	97%	
800m vrije slag	series	4.	9:51.92	412	10:12.35	19-02-2023	107%	
50m vlinderslag	series	5.	29.69	393	29.47	30-03-2024	99%	
100m vlinderslag	series	6.	1:06.83	365	1:08.22	21-01-2024	104%	
200m vlinderslag	series	2.	2:37.08	314	2:37.79	10-03-2024	101%	
Esmée Rolloos, 1998 (26 jaar), Dames								5
50m vrije slag	series	31.	32.10	364	32.41	06-07-2024	102%	
200m vrije slag	series	15.	2:31.90	382	2:32.15	18-02-2023	100%	

400m vrije slag	series	7.	5:18.39	383	5:25.72	01-10-2023	105%	
50m rugslag	series	14.	36.92	319	37.47	06-07-2024	103%	
100m rugslag	series	18.	1:21.64	303	1:20.95	23-04-2023	98%	
100m wisselslag	series	32.	1:22.00	327	1:23.34	18-02-2023	103%	
Giulia Rolloos, 1995 (29 jaar), Dames								2
100m rugslag	series	14.	1:17.24	358	1:21.36	08-06-2024	111%	
50m vlinderslag	series	15.	32.99	403	33.80	30-03-2024	105%	
Ids de Klerk, 1998 (26 jaar), Heren								2
50m vrije slag	series	40.	29.21	328	29.35	05-02-2023	101%	
100m vrije slag	series	25.	1:05.41	322	1:07.37	03-05-2024	106%	
50m vlinderslag	series	32.	31.01	345	30.96	06-07-2024	100%	
200m vlinderslag	series	6.	2:56.90	220	2:56.60	03-05-2024	100%	
Jacoline van den Beukel, 1991 (33 jaar), Dames								-
50m vrije slag	series	26.	32.99	335	32.54	18-02-2023	97%	
200m vrije slag	series	13.	2:42.97	310	2:37.33	18-02-2023	93%	
Jeroen Baars, 1992 (32 jaar), Heren								2
50m vrije slag	series	2.	22.86	685	22.73	25-06-2023	99%	
100m vrije slag	series	1.	50.15	714	50.78	19-02-2023	103%	
50m schoolslag	series	2.	29.16	626	29.26	30-03-2024	101%	
50m vlinderslag	series	1.	24.86	669	24.66	30-03-2024	98%	
100m vlinderslag	series	2.	57.00	588	56.10	19-02-2023	97%	
Marco Horneman, 1980 (44 jaar), Heren								1
50m vlinderslag	series	13.	37.21	199	41.46	08-06-2024	124%	
Marijke Kommers, 1993 (31 jaar), Dames								5
400m vrije slag	series	3.	5:00.54	455	5:09.42	01-10-2023	106%	
100m rugslag	series	7.	1:18.70	339	1:18.64	21-01-2024	100%	
50m schoolslag	series	11.	39.91	359	39.43	06-07-2024	98%	
100m schoolslag	series	4.	1:24.11	407	1:26.33	28-01-2024	105%	
200m schoolslag	series	2.	2:56.38	444	3:01.75	12-11-2023	106%	
100m wisselslag	series	12.	1:18.31	375	1:19.25	28-10-2023	102%	
200m wisselslag	series	4.	2:47.38	385	2:48.93	10-03-2024	102%	
Mark Hensen, 1979 (45 jaar), Heren								1
100m vrije slag	series	5.	57.27	479	57.19	23-04-2023	100%	
200m vrije slag	series	2.	2:06.13	489	2:06.93	28-01-2024	101%	
400m vrije slag	series	4.	4:42.36	424	4:32.41	06-10-2024	93%	
200m rugslag	series	2.	2:21.45	416	2:20.40	19-10-2024	99%	
200m schoolslag	series	3.	2:44.05	392	2:41.31	25-11-2023	97%	
200m wisselslag	series	1.	2:20.39	476	2:19.71	10-03-2024	99%	
Melissa van der Heijden, 1996 (28 jaar), Dames								2
100m rugslag	series	8.	1:12.31	437	1:12.32	23-04-2023	100%	
200m schoolslag	series	5.	2:53.88	463	2:56.00	12-11-2023	102%	
100m vlinderslag	series	2.	1:08.63	488	1:08.36	12-11-2023	99%	
100m wisselslag	series	3.	1:09.94	527	1:09.71	06-10-2024	99%	
Pascal van Haren, 1987 (37 jaar), Heren								3
50m vrije slag	series	1.	25.67	484	25.89	22-09-2024	102%	
100m vrije slag	series	3.	56.64	496	57.19	23-04-2023	102%	
50m vlinderslag	series	4.	29.57	397	29.74	06-07-2024	101%	
100m vlinderslag	series	3.	1:07.66	352	1:07.30	12-11-2023	99%	
Robin Pienaar, 2001 (23 jaar), Dames								4
50m vrije slag	series	7.	27.74	564	29.56	22-09-2024	114%	
100m vrije slag	series	3.	59.99	587	1:00.49	22-09-2024	102%	
200m vrije slag	series	5.	2:17.08	521	2:14.52	06-10-2024	96%	
50m rugslag	series	6.	31.80	500	32.26	06-10-2024	103%	
50m vlinderslag	series	13.	30.76	497	31.55	25-11-2023	105%	
100m wisselslag	series	8.	1:10.64	511	1:10.48	22-09-2024	100%	
Robin van Beusekom, 1992 (32 jaar), Heren								1
50m vrije slag	series	20.	28.36	359	27.78	12-11-2023	96%	
50m schoolslag	series	10.	34.19	388	34.22	30-03-2024	100%	
50m vlinderslag	series	19.	31.32	334	30.96	05-02-2023	98%	
100m wisselslag	series	9.	1:10.43	342	1:10.13	18-02-2023	99%	
400m wisselslag	series	6.	5:44.12	317	5:37.97	26-03-2023	96%	
Tamara van den Brink, 1998 (26 jaar), Dames								2
50m vrije slag	series	27.	31.22	396	31.52	12-11-2023	102%	
50m schoolslag	series	18.	39.90	359	39.63	19-02-2023	99%	
200m schoolslag	series	13.	3:12.41	342	3:15.70	19-10-2024	103%	
100m wisselslag	series	31.	1:21.45	333	1:21.44	06-10-2024	100%	
Nuenen								7
Alexander Nijst, 2001 (23 jaar), Heren								1
100m vlinderslag	series	3.	54.21	684	55.15	16-12-2023	103%	

Anneloes Peulen, 1985 (39 jaar), Dames								1
50m vrije slag	series	1.	27.29	593	27.44	24-06-2023	101%	
100m vrije slag	series	1.	1:01.39	548	1:00.33	10-03-2024	97%	
50m vlinderslag	series	2.	30.78	496	30.50	20-01-2024	98%	
Britt Bogers, 1999 (25 jaar), Dames								-
50m vrije slag	series	9.	28.64	513	27.85	17-03-2024	95%	
50m vlinderslag	series	3.	30.18	527	29.79	28-01-2024	97%	
Danila van den Hoogenband, 1990 (34 jaar), Dames								-
50m vrije slag	series	25.	32.92	337	32.07	13-01-2024	95%	
50m vlinderslag	series	17.	35.37	327	34.64	01-04-2024	96%	
200m vlinderslag	series	4.	3:09.22	252	2:56.02	18-02-2023	87%	
Koen Woestenborghs, 1988 (36 jaar), Heren								3
50m vrije slag	series	3.	25.92	470	26.02	09-06-2024	101%	
100m vrije slag	series	4.	57.41	476	57.67	07-07-2024	101%	
50m vlinderslag	series	3.	28.82	429	29.01	29-10-2023	101%	
Max Peters, 1999 (25 jaar), Heren								-
50m vrije slag	series	3.	23.90	600	23.63	20-01-2024	98%	
50m vlinderslag	series	8.	26.34	563	25.74	28-01-2024	95%	
Merel Phaff, 2001 (23 jaar), Dames								-
100m rugslag	series	2.	1:06.58	560	1:04.48	09-07-2023	94%	
50m vlinderslag	series	7.	29.97	538	29.05	20-01-2024	94%	
Susan Teijken, 1995 (29 jaar), Dames								1
50m schoolslag	series	3.	34.30	565	34.28	29-06-2024	100%	
100m vlinderslag	series	5.	1:10.99	441	1:11.35	07-04-2024	101%	
Wouter Sijmons, 1993 (31 jaar), Heren								1
100m vlinderslag	series	3.	1:00.20	499	1:00.65	09-07-2023	102%	
Oceanus								5
Amber Bellaart, 2001 (23 jaar), Dames								1
200m vrije slag	series	23.	2:31.90	382	2:32.62	28-01-2024	101%	
100m wisselslag	series	33.	1:18.06	379	1:17.13	25-11-2023	98%	
Annette de Visser, 1971 (53 jaar), Dames								1
50m vrije slag	series	10.	31.36	390	30.66	17-02-2023	96%	
100m vrije slag	series	4.	1:08.81	389	1:07.94	19-02-2023	97%	
200m vrije slag	series	4.	2:31.78	383	2:29.70	18-02-2023	97%	
400m vrije slag	series	4.	5:20.57	375	5:14.03	17-02-2023	96%	
800m vrije slag	series	4.	11:09.52	362	10:55.39	18-02-2023	96%	
100m schoolslag	series	5.	1:32.50	306	1:32.60	17-03-2024	100%	
Arjan Bellaart, 1969 (55 jaar), Heren								-
100m wisselslag	series	4.	1:10.47	341	1:10.10	25-11-2023	99%	
Laura Staal, 1967 (57 jaar), Dames								3
800m vrije slag	series	2.	11:46.87	308	11:57.80	07-05-2023	103%	
200m rugslag	series	1.	2:58.93	293	3:02.09	17-03-2024	104%	
400m wisselslag	series	1.	6:27.72	297	6:37.71	06-05-2023	105%	
Nina Bellaart, 2004 (20 jaar), Dames								-
100m wisselslag	series	37.	1:20.44	346	1:19.66	10-03-2024	98%	
Olivia Schalekamp, 2002 (22 jaar), Dames								-
200m schoolslag	series	10.	3:11.31	348	3:07.73	12-11-2023	96%	
50m vlinderslag	series	31.	33.78	375	32.14	26-11-2023	91%	
100m wisselslag	series	28.	1:16.39	404	1:15.66	06-10-2024	98%	
Octopus - ZVV (SG)								14
Bob de Vries, 1966 (58 jaar), Heren								2
50m schoolslag	series	3.	35.37	350	36.32	30-03-2024	105%	
100m wisselslag	series	3.	1:09.48	356	1:11.04	05-10-2024	105%	
Daphne van Rees, 2003 (21 jaar), Dames								-
50m vrije slag	series	41.	31.60	382	31.03	17-02-2023	96%	
100m vrije slag	series	31.	1:09.69	374	1:08.64	22-10-2023	97%	
50m rugslag	series	16.	37.07	316	36.61	22-10-2023	98%	
100m rugslag	series	20.	1:22.21	297	1:19.17	28-01-2024	93%	
100m wisselslag	series	40.	1:23.64	308	1:21.34	05-10-2024	95%	
Ellen Rikken, 1996 (28 jaar), Dames								-
200m vrije slag	series	20.	2:46.07	293	2:44.68	21-09-2024	98%	
Elmi Roelofsen, 1990 (34 jaar), Dames								2
50m vrije slag	series	3.	28.21	537	27.97	17-02-2023	98%	
50m schoolslag	series	3.	35.87	494	35.94	19-02-2023	100%	
50m vlinderslag	series	7.	31.39	468	31.14	17-02-2023	98%	
100m wisselslag	series	3.	1:13.50	454	1:15.45	25-05-2024	105%	

Ilse Hallie, 2002 (22 jaar), Dames								3
100m vrije slag	series	35.	1:12.18	337	1:10.74	08-04-2023	96%	
200m vrije slag	series	21.	2:31.25	387	2:32.18	19-11-2023	101%	
400m vrije slag	series	4.	5:21.22	373	5:25.20	01-10-2023	102%	
100m rugslag	series	19.	1:20.86	312	1:21.36	22-04-2023	101%	
50m vlinderslag	series	42.	37.32	278	36.97	06-01-2024	98%	
200m wisselslag	series	12.	2:54.75	339	2:53.90	12-11-2023	99%	
Marjan Rikken, 1992 (32 jaar), Dames								3
50m vrije slag	series	27.	33.53	319	34.63	17-03-2024	107%	
1500m vrije slag	series	3.	23:12.73	277	23:29.13	15-04-2023	102%	
50m rugslag	series	8.	39.50	261	39.48	25-05-2024	100%	
50m schoolslag	series	14.	44.83	253	43.78	20-01-2024	95%	
200m wisselslag	series	10.	3:03.66	292	3:08.42	14-10-2023	105%	
Monique Kok, 1986 (38 jaar), Dames								4
100m vrije slag	series	14.	1:24.06	213	1:29.08	21-09-2024	112%	
50m schoolslag	series	3.	46.38	228	48.09	06-01-2024	108%	
100m schoolslag	series	9.	1:40.62	238	1:44.48	17-03-2024	108%	
200m schoolslag	series	5.	3:35.00	245	3:42.32	05-05-2024	107%	
Sheila ten Voorde, 1999 (25 jaar), Dames								-
50m schoolslag	series	17.	39.84	361	39.08	04-02-2023	96%	
200m schoolslag	series	14.	3:14.33	332	3:10.21	17-02-2023	96%	
50m vlinderslag	series	27.	35.06	336	33.30	04-02-2023	90%	
100m wisselslag	series	17.	1:17.12	393	1:15.37	18-02-2023	96%	
OEZA								8
Anne Groen, 1995 (29 jaar), Dames								1
200m rugslag	series	6.	2:40.30	408	2:49.45	04-05-2024	112%	
100m wisselslag	series	18.	1:17.23	391	1:15.83	25-05-2023	96%	
Eline Hoekstra, 2003 (21 jaar), Dames								1
800m vrije slag	series	4.	10:34.89	425	10:19.33	03-12-2023	95%	
100m rugslag	series	8.	1:12.32	437	1:11.67	28-01-2024	98%	
50m vlinderslag	series	15.	31.05	484	31.29	07-12-2023	102%	
100m vlinderslag	series	10.	1:11.39	433	1:09.89	12-11-2023	96%	
100m wisselslag	series	21.	1:14.43	437	1:13.25	10-03-2024	97%	
400m wisselslag	series	2.	5:43.92	426	5:34.73	26-11-2023	95%	
Jade Broek, 1997 (27 jaar), Dames								2
100m rugslag	series	3.	1:08.88	506	1:08.97	28-01-2024	100%	
200m schoolslag	series	7.	3:00.91	411	3:01.31	12-11-2023	100%	
Martijn Butter, 1979 (45 jaar), Heren								1
400m vrije slag	series	3.	4:32.73	471	4:32.33	31-03-2024	100%	
800m vrije slag	series	2.	9:19.01	489	9:20.25	24-03-2024	100%	
1500m vrije slag	series	2.	17:59.56	482	17:47.73	02-03-2024	98%	
Renske Haasbroek, 2003 (21 jaar), Dames								2
50m vrije slag	series	39.	31.37	390	31.57	12-11-2023	101%	
200m vrije slag	series	25.	2:35.50	356	2:30.47	14-03-2024	94%	
50m vlinderslag	series	43.	37.96	264	38.10	22-10-2023	101%	
Yara Wentink, 2004 (20 jaar), Dames								1
100m vlinderslag	series	5.	1:05.06	573	1:05.67	14-01-2024	102%	
100m wisselslag	series	7.	1:10.18	522	1:10.16	25-06-2023	100%	
Old Dutch								12
Chantal Verhoeff, 1979 (45 jaar), Dames								-
100m vrije slag	series	5.	1:09.23	382	1:08.30	29-12-2023	97%	
200m vrije slag	series	7.	2:33.90	368	2:32.04	16-12-2023	98%	
400m vrije slag	series	6.	5:27.37	352	5:22.91	25-03-2023	97%	
800m vrije slag	series	5.	11:26.40	336	11:11.25	04-06-2023	96%	
200m schoolslag	series	4.	3:29.61	264	3:22.95	16-12-2023	94%	
50m vlinderslag	series	4.	34.70	346	33.86	04-06-2023	95%	
200m wisselslag	series	5.	2:58.20	319	2:57.98	05-11-2023	100%	
Claudy de Ruijter, 1970 (54 jaar), Dames								1
50m vrije slag	series	17.	39.28	198	40.68	17-02-2024	107%	
Hans Vloedgraven, 1964 (60 jaar), Heren								4
100m rugslag	series	4.	1:18.12	236	1:19.94	21-04-2024	105%	
200m rugslag	series	4.	2:46.97	253	2:51.44	17-02-2024	105%	
50m vlinderslag	series	2.	33.60	271	34.97	24-03-2024	108%	
100m vlinderslag	series	1.	1:18.54	225	1:18.42	17-02-2024	100%	
400m wisselslag	series	3.	6:15.95	243	6:22.07	13-10-2024	103%	
Karin van Nassau-van den Heuvel, 1966 (58 jaar), Dames								-
800m vrije slag	series	4.	12:39.91	247	12:26.08	16-02-2023	96%	
1500m vrije slag	series	2.	23:41.59	260	23:28.33	16-02-2023	98%	
100m schoolslag	series	7.	1:41.44	232	1:38.17	12-03-2023	94%	
200m schoolslag	series	4.	3:34.48	246	3:32.14	17-02-2023	98%	

200m vlinderslag	series	3.	3:35.93	169	3:33.18	21-04-2024	97%	
100m wisselslag	series	6.	1:33.35	221	1:32.29	12-03-2023	98%	
200m wisselslag	series	5.	3:22.09	219	3:20.24	17-02-2023	98%	
400m wisselslag	series	5.	7:07.25	222	6:58.57	26-11-2023	96%	
Marie Smits, 1938 (86 jaar), Dames								
50m rugslag	series	1.	1:09.24	48	1:06.89	18-02-2023	93%	-
100m rugslag	series	2.	2:36.51	43	2:30.12	28-12-2023	92%	
50m schoolslag	series	1.	1:11.22	63	1:07.02	21-01-2024	89%	
100m schoolslag	series	1.	2:46.43	52	2:30.42	17-02-2024	82%	
Marleen Zantingh, 1978 (46 jaar), Dames								
100m vrije slag	series	11.	1:12.83	328	1:11.00	19-02-2023	95%	1
50m schoolslag	series	6.	42.36	300	41.79	19-02-2023	97%	
100m schoolslag	series	2.	1:31.03	321	1:30.74	26-11-2023	99%	
100m wisselslag	series	6.	1:22.89	316	1:24.80	05-11-2023	105%	
Mies Kuipers, 1958 (66 jaar), Dames								
100m vrije slag	series	4.	2:16.95	49	2:18.12	29-09-2024	102%	1
50m rugslag	series	2.	1:03.04	64	1:00.14	20-01-2024	91%	
50m schoolslag	series	4.	1:08.68	70	1:04.18	19-02-2023	87%	
100m schoolslag	series	NG	-	-	2:27.22	06-05-2023	-	
200m schoolslag	series	5.	5:18.77	75	5:11.83	05-05-2023	96%	
Nico Baay, 1942 (82 jaar), Heren								
50m rugslag	series	2.	56.76	59	53.88	18-02-2023	90%	2
100m rugslag	series	2.	2:04.05	59	2:01.22	17-02-2023	95%	
50m schoolslag	series	1.	49.63	127	50.03	19-02-2023	102%	
100m schoolslag	series	2.	1:55.47	109	1:52.42	18-02-2023	95%	
100m wisselslag	series	2.	2:07.61	57	2:09.56	05-11-2023	103%	
Patricia Brooijmans, 1979 (45 jaar), Dames								
50m vrije slag	series	3.	30.24	435	29.87	17-02-2024	98%	3
100m vrije slag	series	4.	1:07.12	419	1:06.26	17-02-2024	97%	
200m vrije slag	series	5.	2:30.22	395	2:31.57	16-06-2024	102%	
100m schoolslag	series	4.	1:33.31	298	1:32.49	05-11-2023	98%	
50m vlinderslag	series	6.	35.89	313	36.22	07-04-2024	102%	
100m wisselslag	series	5.	1:20.23	349	1:19.26	08-10-2023	98%	
200m wisselslag	series	4.	2:55.96	332	3:02.50	13-10-2024	108%	
Tenzin Tieman, 2000 (24 jaar), Heren								
1500m vrije slag	series	3.	18:03.18	477	17:45.41	10-02-2024	97%	-
Olympia								
Britt Biemans, 2004 (20 jaar), Dames								
1500m vrije slag	series	4.	21:06.35	368	21:18.69	01-04-2024	102%	1
Romy van Alphen, 1995 (29 jaar), Dames								
50m rugslag	series	2.	31.09	535	30.72	14-01-2024	98%	-
Onderdak								
Joeri van Wallenburg, 1990 (34 jaar), Heren								
50m vrije slag	series	8.	25.88	472	25.42	13-01-2024	96%	-
100m vrije slag	series	4.	56.14	509	56.10	14-01-2024	100%	
50m rugslag	series	4.	30.12	395	29.84	10-03-2024	98%	
50m vlinderslag	series	7.	27.80	478	27.29	14-01-2024	96%	
100m vlinderslag	series	4.	1:01.61	466	1:01.23	13-01-2024	99%	
Niek de Ridder, 1988 (36 jaar), Heren								
50m vlinderslag	series	2.	28.34	452	28.68	04-05-2024	102%	2
100m vlinderslag	series	2.	1:03.02	435	1:03.69	04-05-2024	102%	
Simon Edenburg, 1993 (31 jaar), Heren								
50m schoolslag	series	5.	29.99	575	29.70	14-01-2024	98%	-
50m vlinderslag	series	5.	27.50	494	27.10	28-01-2024	97%	
Stefan Roovers, 1991 (33 jaar), Heren								
100m rugslag	series	NG	-	-	1:08.42	11-05-2024	-	1
200m rugslag	series	5.	2:28.40	360	2:33.19	04-05-2024	107%	
Orca								
Anneke van der Laan, 2002 (22 jaar), Dames								
50m schoolslag	series	12.	37.28	440	36.23	30-09-2023	94%	-
100m schoolslag	series	8.	1:21.01	456	1:20.66	18-02-2023	99%	
100m wisselslag	series	34.	1:18.29	376	1:16.45	22-04-2023	95%	
200m wisselslag	series	9.	2:50.44	365	2:48.19	11-11-2023	97%	
Annemiek Meulenbeld, 1995 (29 jaar), Dames								
50m vrije slag	series	16.	29.88	451	30.29	17-02-2023	103%	2
100m vrije slag	series	16.	1:06.17	437	1:05.33	19-02-2023	97%	
200m vrije slag	series	8.	2:25.19	438	2:27.96	04-05-2024	104%	
50m vlinderslag	series	20.	33.74	377	33.55	14-07-2024	99%	

Marre Zandringa, 1997 (27 jaar), Dames								2
50m vrije slag	series	3.	27.28	593	27.51	14-07-2024	102%	
100m vrije slag	series	3.	1:00.59	570	59.97	13-01-2024	98%	
50m rugslag	series	3.	31.15	532	31.24	06-07-2024	101%	
50m vlinderslag	series	5.	30.43	514	29.55	06-07-2024	94%	
100m wisselslag	series	2.	1:09.07	547	1:08.63	14-07-2024	99%	
Rosalie Baarda, 1999 (25 jaar), Dames								1
50m vrije slag	series	27.	31.22	396	30.63	14-10-2023	96%	
100m rugslag	series	11.	1:16.17	374	1:15.50	27-01-2024	98%	
200m rugslag	series	9.	2:43.76	383	2:45.21	11-03-2023	102%	
Oslo I.L.								6
Erlend Alstad, 1967 (57 jaar), Heren								3
200m vrije slag	series	5.	2:16.12	389	2:09.69	18-02-2023	91%	
400m vrije slag	series	2.	4:40.80	431	4:43.87	17-02-2023	102%	
800m vrije slag	series	1.	9:40.24	437	9:49.77	16-02-2023	103%	
200m rugslag	series	2.	2:33.43	326	2:38.65	27-04-2024	107%	
100m schoolslag	series	5.	1:18.38	350	1:15.72	18-02-2023	93%	
200m schoolslag	series	NG	-	-	2:44.10	17-02-2023	-	
200m wisselslag	series	2.	2:30.51	386	2:29.64	17-02-2023	99%	
400m wisselslag	series	1.	5:20.47	393	5:15.56	18-02-2023	97%	
Håkon Skaarud Karlsen, 1979 (45 jaar), Heren								2
400m vrije slag	series	1.	4:20.24	542	4:18.73	22-11-2023	99%	
800m vrije slag	series	1.	9:00.15	542	8:56.11	19-11-2023	99%	
1500m vrije slag	series	1.	17:26.31	530	17:29.36	26-04-2024	101%	
400m wisselslag	series	1.	4:58.97	484	5:02.58	26-04-2024	102%	
Knut Ivan Rasmussen, 1978 (46 jaar), Heren								-
50m vlinderslag	series	NG	-	-	28.55	23-11-2023	-	
100m vlinderslag	series	4.	1:05.72	384	1:04.04	20-11-2023	95%	
200m vlinderslag	series	1.	2:26.88	384	2:23.06	30-09-2023	95%	
Oddvar Sandvin, 1966 (58 jaar), Heren								1
100m vrije slag	series	1.	58.88	441	57.37	26-04-2024	95%	
200m vrije slag	series	2.	2:10.24	444	2:10.74	06-05-2023	101%	
50m vlinderslag	series	NG	-	-	28.73	07-05-2023	-	
Øivind Martin Hasle, 1977 (47 jaar), Heren								-
50m vrije slag	series	1.	25.04	521	24.60	07-05-2023	97%	
100m vrije slag	series	1.	55.61	524	54.11	18-03-2023	95%	
200m vrije slag	series	1.	2:02.77	530	2:00.34	06-05-2023	96%	
50m vlinderslag	series	NG	-	-	26.73	19-03-2023	-	
100m vlinderslag	series	1.	1:02.03	457	59.81	27-04-2024	93%	
OZ&PC								-
Bas van Tintelen, 1998 (26 jaar), Heren								-
100m vlinderslag	series	15.	1:10.60	309	1:09.49	20-01-2024	97%	
200m vlinderslag	series	5.	2:45.91	267	2:34.40	17-02-2024	87%	
100m wisselslag	series	18.	1:09.31	359	1:08.78	20-01-2024	98%	
200m wisselslag	series	6.	2:33.70	362	2:31.88	22-04-2023	98%	
Patrick - De Roersoppers (SG)								17
Arno Schrauwen, 1965 (59 jaar), Heren								-
1500m vrije slag	series	2.	21:26.72	285	20:53.07	16-02-2023	95%	
Charles Bos, 1953 (71 jaar), Heren								1
400m vrije slag	series	3.	5:51.69	219	6:01.12	16-06-2024	105%	
50m schoolslag	series	2.	40.72	230	38.80	19-02-2023	91%	
100m schoolslag	series	1.	1:33.74	205	1:29.77	18-02-2023	92%	
200m schoolslag	series	1.	3:23.79	204	3:14.92	17-02-2023	91%	
100m wisselslag	series	1.	1:30.93	159	1:22.40	18-02-2023	82%	
Jeroen Meuleners, 1978 (46 jaar), Heren								5
50m vrije slag	series	7.	28.31	361	28.85	07-04-2024	104%	
100m vrije slag	series	9.	1:02.41	370	1:04.06	13-10-2024	105%	
200m vrije slag	series	6.	2:21.99	342	2:25.72	28-01-2024	105%	
400m vrije slag	series	7.	5:02.61	345	5:11.95	06-10-2024	106%	
100m rugslag	series	5.	1:13.13	288	1:12.88	28-01-2024	99%	
200m rugslag	series	5.	2:36.16	309	2:45.57	01-10-2023	112%	
Luuk Kresin, 2003 (21 jaar), Heren								2
50m vrije slag	series	21.	25.59	488	25.79	13-01-2024	102%	
400m vrije slag	series	12.	4:55.81	369	4:41.32	06-10-2024	90%	
50m rugslag	series	9.	31.54	344	31.17	10-03-2024	98%	
200m rugslag	series	9.	2:37.54	301	2:35.27	12-10-2024	97%	
50m vlinderslag	series	17.	27.37	501	27.35	29-06-2024	100%	
100m vlinderslag	series	9.	1:01.83	461	1:01.34	30-06-2024	98%	
200m vlinderslag	series	4.	2:25.97	392	2:31.40	10-03-2024	108%	

Martine de Haart, 1979 (45 jaar), Dames								1
100m vrije slag	series	9.	1:12.42	334	1:15.79	17-02-2023	110%	
200m vrije slag	series	12.	2:41.72	317	2:39.54	17-02-2023	97%	
400m vrije slag	series	9.	5:41.20	311	5:31.42	17-02-2023	94%	
Pascalie Janssen, 1973 (51 jaar), Dames								-
50m schoolslag	series	4.	41.55	318	41.39	08-09-2024	99%	
100m schoolslag	series	7.	1:34.23	289	1:32.93	16-06-2024	97%	
200m schoolslag	series	4.	3:23.09	290	3:17.10	08-04-2023	94%	
Patrick Creemers, 1990 (34 jaar), Heren								8
200m vrije slag	series	5.	2:06.85	480	2:08.62	28-01-2024	103%	
400m vrije slag	series	2.	4:34.58	461	4:42.81	13-05-2023	106%	
800m vrije slag	series	3.	9:37.48	443	10:10.92	15-10-2023	112%	
1500m vrije slag	series	3.	18:52.99	417	19:45.73	02-05-2024	110%	
50m schoolslag	series	8.	32.16	466	32.40	30-12-2023	101%	
100m schoolslag	series	3.	1:11.72	457	1:11.74	19-03-2023	100%	
200m schoolslag	series	2.	2:39.62	426	2:36.98	18-03-2023	97%	
200m wisselslag	series	6.	2:23.59	445	2:25.69	17-02-2023	103%	
400m wisselslag	series	4.	5:13.63	419	5:25.97	04-05-2024	108%	
Plavani ELMA Kladno z.s								-
Ondrej Piskac, 1992 (32 jaar), Heren								-
50m schoolslag	series	6.	30.37	554	29.55	07-05-2023	95%	
Plavecký klub Stráz pod Ralskem								1
Jiri Janovsky, 1964 (60 jaar), Heren								1
200m vrije slag	series	8.	2:39.35	242	2:42.21	03-03-2024	104%	
400m vrije slag	series	4.	5:45.60	231	5:42.28	11-11-2023	98%	
100m rugslag	series	6.	1:32.79	141	1:29.05	11-11-2023	92%	
Poseidon'56								22
Andre Exter, 1966 (58 jaar), Heren								1
50m vrije slag	series	17.	41.02	118	41.99	08-04-2023	105%	
100m vrije slag	series	15.	1:40.40	89	1:36.83	12-03-2023	93%	
Elise van der Velden, 2000 (24 jaar), Dames								1
50m vrije slag	series	40.	31.38	390	32.54	04-11-2023	108%	
Erik van Gemert, 2003 (21 jaar), Heren								-
50m vrije slag	series	11.	24.45	560	24.13	23-03-2024	97%	
50m vlinderslag	series	6.	26.29	566	26.22	09-06-2023	99%	
100m vlinderslag	series	10.	1:02.08	455	1:00.45	19-10-2024	95%	
Gerard Willighagen, 2001 (23 jaar), Heren								3
50m vrije slag	series	12.	24.67	545	25.31	05-05-2024	105%	
50m vlinderslag	series	5.	26.19	572	26.38	05-05-2024	101%	
100m vlinderslag	series	4.	57.77	565	59.03	15-06-2024	104%	
Jan Hakemulder, 1977 (47 jaar), Heren								1
50m vrije slag	series	14.	33.03	227	33.40	12-10-2024	102%	
Jim Geestman, 1983 (41 jaar), Heren								1
50m vrije slag	series	6.	25.96	468	25.19	08-04-2023	94%	
100m vrije slag	series	4.	58.12	459	56.26	23-04-2023	94%	
50m schoolslag	series	5.	34.13	390	33.90	07-05-2023	99%	
100m schoolslag	series	5.	1:14.20	413	1:14.69	06-05-2023	101%	
50m vlinderslag	series	2.	29.17	414	29.14	21-05-2023	100%	
100m vlinderslag	series	4.	1:08.30	342	1:08.17	08-06-2024	100%	
John Smit, 1995 (29 jaar), Heren								3
50m rugslag	series	4.	29.85	406	30.24	05-05-2023	103%	
50m schoolslag	series	8.	32.56	449	32.91	11-02-2023	102%	
100m schoolslag	series	6.	1:12.96	434	1:14.31	01-04-2023	104%	
Kelly de Jonge, 1997 (27 jaar), Dames								1
100m vrije slag	series	10.	1:04.62	470	1:06.80	06-04-2024	107%	
50m vlinderslag	series	14.	32.97	404	32.81	25-11-2023	99%	
100m vlinderslag	series	6.	1:13.67	394	1:13.10	19-10-2024	98%	
Kelly Wigleven, 1995 (29 jaar), Dames								1
100m schoolslag	series	9.	1:26.65	372	1:29.53	06-04-2024	107%	
200m schoolslag	series	12.	3:10.83	350	3:09.71	19-10-2024	99%	
100m wisselslag	series	23.	1:18.57	372	1:17.70	22-06-2024	98%	
Marcel Vroegindewei, 1968 (56 jaar), Heren								3
50m vrije slag	series	5.	28.29	361	28.55	21-01-2024	102%	
100m vrije slag	series	7.	1:07.12	298	1:05.59	03-05-2024	95%	
50m rugslag	series	4.	33.10	298	33.85	04-05-2024	105%	
100m rugslag	series	2.	1:14.53	272	1:15.11	05-05-2024	102%	

Rianne Bresser, 1999 (25 jaar), Dames								1
100m vrije slag	series	15.	1:05.96	442	1:06.75	04-05-2024	102%	
50m vlinderslag	series	13.	32.77	411	32.44	27-01-2024	98%	
100m wisselslag	series	22.	1:18.23	376	1:16.88	09-03-2024	97%	
Ryan van den Ouden, 1999 (25 jaar), Heren								3
50m vrije slag	series	7.	24.91	530	25.03	23-03-2024	101%	
100m vrije slag	series	5.	54.07	570	53.29	22-04-2023	97%	
50m schoolslag	series	4.	31.17	512	31.13	30-06-2023	100%	
100m schoolslag	series	2.	1:08.24	531	1:08.76	14-09-2024	102%	
50m vlinderslag	series	12.	26.86	530	27.25	25-05-2024	103%	
100m wisselslag	series	7.	1:01.81	506	1:01.46	07-10-2023	99%	
Sam Beer, 1996 (28 jaar), Heren								3
50m vrije slag	series	18.	26.13	459	26.82	05-05-2024	105%	
100m vrije slag	series	22.	1:01.89	380	1:01.75	07-05-2023	100%	
50m schoolslag	series	9.	32.82	439	32.77	20-04-2024	100%	
100m schoolslag	series	9.	1:15.51	392	1:16.03	27-01-2024	101%	
50m vlinderslag	series	20.	28.48	445	28.68	02-03-2024	101%	
100m wisselslag	series	17.	1:09.30	359	1:07.27	05-10-2024	94%	
Tonia Ruybroek, 1981 (43 jaar), Dames								-
50m rugslag	series	1.	34.98	376	34.55	08-04-2023	98%	
100m rugslag	series	7.	1:27.83	244	1:14.77	22-04-2023	72%	
200m rugslag	series	5.	2:55.76	309	2:48.11	06-05-2023	91%	
50m schoolslag	series	5.	41.85	311	40.95	08-04-2023	96%	
100m schoolslag	series	3.	1:28.76	346	1:28.73	03-06-2023	100%	
50m vlinderslag	series	9.	36.10	308	34.34	24-06-2023	90%	
200m wisselslag	series	1.	2:51.23	360	2:46.01	22-04-2023	94%	
PSV								45
André Pantekoek, 1958 (66 jaar), Heren								-
100m vrije slag	series	5.	1:25.36	144	1:20.24	12-03-2023	88%	
400m vrije slag	series	5.	7:15.17	116	6:56.03	16-06-2024	91%	
50m rugslag	series	2.	45.66	113	43.03	18-02-2023	89%	
200m rugslag	series	1.	3:45.14	103	3:32.12	30-06-2023	89%	
50m schoolslag	series	5.	48.09	139	46.48	19-02-2023	93%	
100m schoolslag	series	5.	1:57.70	103	1:46.11	26-06-2023	81%	
Anouk Kuijlaars, 1994 (30 jaar), Dames								2
100m vrije slag	series	9.	1:08.16	400	1:09.10	21-01-2024	103%	
400m vrije slag	series	4.	5:03.35	443	5:10.50	21-01-2024	105%	
Carla Geurts, 1971 (53 jaar), Dames								3
50m vrije slag	series	1.	29.35	476	29.74	22-09-2024	103%	
200m vrije slag	series	1.	2:19.46	494	2:20.53	06-05-2023	102%	
800m vrije slag	series	1.	9:59.89	504	10:05.71	07-05-2023	102%	
50m vlinderslag	series	3.	32.84	409	32.19	28-12-2023	96%	
Carla Hensen, 1953 (71 jaar), Dames								2
50m vrije slag	series	2.	40.88	176	43.64	04-06-2023	114%	
800m vrije slag	series	2.	14:35.70	162	14:05.02	18-03-2023	93%	
100m rugslag	series	1.	1:45.75	139	1:54.01	06-05-2023	116%	
Corrie Verhoeven, 1946 (78 jaar), Dames								1
50m vrije slag	series	1.	37.70	225	37.82	19-11-2023	101%	
50m schoolslag	series	1.	49.63	186	48.44	20-11-2023	95%	
100m wisselslag	series	1.	1:47.69	144	1:44.41	16-03-2024	94%	
Diane Schoenmaker, 1995 (29 jaar), Dames								3
50m vrije slag	series	17.	29.94	449	30.18	17-02-2023	102%	
800m vrije slag	series	7.	10:39.39	416	10:51.84	04-06-2023	104%	
200m schoolslag	series	9.	3:03.42	394	3:06.22	02-03-2024	103%	
Fiona Meuffels, 1995 (29 jaar), Dames								9
400m vrije slag	series	4.	4:51.06	501	5:01.84	13-10-2024	108%	
800m vrije slag	series	5.	10:05.68	489	10:13.15	13-10-2024	102%	
1500m vrije slag	series	3.	19:17.82	482	19:43.62	02-04-2023	105%	
50m schoolslag	series	8.	35.73	500	35.96	05-03-2023	101%	
100m schoolslag	series	3.	1:18.80	495	1:20.76	05-11-2023	105%	
200m schoolslag	series	2.	2:49.03	504	2:50.46	29-09-2024	102%	
100m wisselslag	series	6.	1:11.46	494	1:14.14	04-06-2023	108%	
200m wisselslag	series	4.	2:35.24	483	2:36.67	13-10-2024	102%	
400m wisselslag	series	4.	5:30.81	479	5:42.02	13-01-2024	107%	
Fred Ketting, 1960 (64 jaar), Heren								-
50m vrije slag	series	4.	28.85	341	27.85	17-02-2023	93%	
100m vrije slag	series	4.	1:04.19	340	1:01.77	19-02-2023	93%	
100m schoolslag	series	3.	1:23.71	287	1:21.44	18-02-2023	95%	
100m wisselslag	series	3.	1:16.27	269	1:12.50	18-02-2023	90%	

Gijsbert van der Leden, 1967 (57 jaar), Heren								1
400m vrije slag	series	3.	4:40.86	431	4:41.00	24-09-2023	100%	
200m wisselslag	series	3.	2:38.92	328	2:31.58	17-02-2023	91%	
Gudule van der Meer, 1972 (52 jaar), Dames								4
50m vrije slag	series	6.	30.74	415	31.54	16-03-2024	105%	
100m rugslag	series	1.	1:13.54	415	1:14.35	26-11-2023	102%	
200m rugslag	series	1.	2:38.59	421	2:43.29	16-03-2024	106%	
100m wisselslag	series	1.	1:13.92	446	1:15.46	17-09-2023	104%	
Harold Matla, 1968 (56 jaar), Heren								2
50m schoolslag	series	1.	31.79	483	32.23	19-02-2023	103%	
100m schoolslag	series	1.	1:12.31	446	1:13.42	18-02-2023	103%	
200m schoolslag	series	1.	2:44.31	391	2:43.56	21-11-2023	99%	
Hoda Elridi, 1981 (43 jaar), Dames								-
50m vlinderslag	series	10.	40.24	222	39.59	05-05-2024	97%	
Ineke Brouwers, 1952 (72 jaar), Dames								1
200m schoolslag	series	2.	4:50.84	99	5:11.65	29-09-2024	115%	
Jacco Schaap, 1974 (50 jaar), Heren								4
50m vrije slag	series	3.	27.02	415	28.02	19-05-2024	108%	
50m schoolslag	series	6.	34.47	379	35.90	19-05-2024	108%	
50m vlinderslag	series	3.	29.14	415	29.66	19-05-2024	104%	
100m vlinderslag	series	2.	1:07.12	360	1:09.92	19-05-2024	109%	
Janneke Harmsen-Bakker, 1977 (47 jaar), Dames								1
50m rugslag	series	1.	32.81	455	33.69	22-09-2024	105%	
Jeanne Petit, 1970 (54 jaar), Dames								2
50m vrije slag	series	12.	32.33	356	35.03	18-02-2023	117%	
100m vrije slag	series	8.	1:11.76	343	1:14.37	18-02-2023	107%	
50m vlinderslag	series	1.	32.21	433	31.81	17-02-2023	98%	
100m vlinderslag	series	4.	1:16.05	358	1:13.31	19-02-2023	93%	
200m wisselslag	series	4.	2:59.23	314	2:51.69	17-02-2023	92%	
Judith Sijbers, 1973 (51 jaar), Dames								-
100m vrije slag	series	10.	1:40.45	125	1:36.23	16-03-2024	92%	
50m rugslag	series	6.	50.86	122	50.49	25-05-2024	99%	
50m schoolslag	series	9.	52.34	159	51.33	30-12-2023	96%	
100m schoolslag	series	11.	1:55.70	156	1:52.38	28-12-2023	94%	
Larissa Jansen, 1995 (29 jaar), Dames								-
200m vrije slag	series	7.	2:20.68	482	2:18.69	12-03-2023	97%	
800m vrije slag	series	8.	10:43.63	408	10:41.21	18-02-2023	99%	
1500m vrije slag	series	6.	20:41.34	391	20:20.41	16-02-2023	97%	
200m wisselslag	series	6.	2:42.73	419	2:40.66	05-11-2023	97%	
400m wisselslag	series	5.	5:48.48	410	5:47.00	26-11-2023	99%	
Liselotte Joling, 1975 (49 jaar), Dames								3
200m vrije slag	series	1.	2:20.38	485	2:20.77	08-04-2023	101%	
400m vrije slag	series	1.	4:53.42	489	4:47.48	20-01-2024	96%	
800m vrije slag	series	1.	10:02.68	497	9:56.30	14-01-2024	98%	
1500m vrije slag	series	1.	18:53.11	514	18:57.59	16-02-2023	101%	
200m rugslag	series	1.	2:46.89	361	2:44.28	20-01-2024	97%	
200m schoolslag	series	1.	3:04.62	387	3:02.43	17-02-2023	98%	
200m vlinderslag	series	2.	2:43.62	390	2:41.49	10-03-2024	97%	
200m wisselslag	series	1.	2:41.54	429	2:44.73	17-02-2023	104%	
400m wisselslag	series	1.	5:46.85	416	5:36.31	19-11-2023	94%	
Lottie Geurts, 1935 (89 jaar), Dames								-
50m vrije slag	series	1.	50.92	91	48.70	21-11-2023	91%	
100m rugslag	series	1.	2:19.27	61	2:16.32	21-11-2023	96%	
200m rugslag	series	1.	5:14.41	54	5:05.46	04-05-2024	94%	
Mark Godwaldt, 1987 (37 jaar), Heren								1
1500m vrije slag	series	4.	20:31.37	325	21:00.66	25-06-2023	105%	
200m vlinderslag	series	3.	3:23.16	145	3:20.00	07-01-2024	97%	
Menno Lomans, 1961 (63 jaar), Heren								2
800m vrije slag	series	4.	11:26.66	263	11:20.42	16-12-2023	98%	
1500m vrije slag	series	3.	21:58.34	265	21:57.74	24-03-2024	100%	
100m rugslag	series	5.	1:25.99	177	1:26.74	29-09-2024	102%	
200m schoolslag	series	4.	3:19.78	217	3:22.80	29-09-2024	103%	
Mike van der Sanden, 1995 (29 jaar), Heren								-
50m vrije slag	series	47.	38.24	146	37.30	17-02-2024	95%	
200m schoolslag	series	7.	3:35.11	174	3:33.86	13-10-2024	99%	
Nanda van Heteren, 1989 (35 jaar), Dames								-
400m vrije slag	series	2.	5:19.03	381	5:14.62	17-02-2023	97%	
800m vrije slag	series	2.	11:00.03	378	10:53.60	18-02-2023	98%	
1500m vrije slag	series	2.	21:13.52	362	20:31.98	16-02-2023	94%	
Rob Hanou, 1943 (81 jaar), Heren								1
400m vrije slag	series	2.	7:47.10	93	7:42.72	17-02-2023	98%	
800m vrije slag	series	2.	16:01.92	96	15:58.97	16-02-2023	99%	

1500m vrije slag	series	2.	30:09.95	102	30:01.73	16-02-2023	99%	
50m rugslag	series	1.	54.12	68	54.03	28-10-2023	100%	
100m rugslag	series	1.	1:56.87	70	1:58.72	17-02-2023	103%	
50m schoolslag	series	2.	49.96	124	48.28	19-02-2023	93%	
100m schoolslag	series	1.	1:55.29	110	1:50.37	04-06-2023	92%	
200m schoolslag	series	1.	4:10.44	110	3:56.15	08-04-2023	89%	
100m vlinderslag	series	1.	2:42.66	25	2:38.66	18-02-2023	95%	
200m wisselslag	series	2.	4:16.85	77	3:59.87	08-04-2023	87%	
400m wisselslag	series	1.	9:44.77	64	9:26.59	20-01-2024	94%	
Tom Bandsma, 1977 (47 jaar), Heren								
100m vrije slag	series	11.	1:08.46	280	1:06.90	22-09-2024	95%	3
200m vrije slag	series	8.	2:32.65	275	2:36.24	16-06-2024	105%	
400m vrije slag	series	10.	5:31.30	262	5:40.89	17-02-2023	106%	
1500m vrije slag	series	4.	22:19.91	252	23:35.31	16-02-2023	112%	
50m schoolslag	series	10.	39.48	252	38.46	19-02-2023	95%	
Trudy Ketting, 1970 (54 jaar), Dames								
50m schoolslag	series	1.	38.57	397	37.85	19-02-2023	96%	-
100m schoolslag	series	1.	1:23.03	423	1:22.52	18-02-2023	99%	
200m schoolslag	series	1.	3:04.36	388	2:59.86	17-02-2023	95%	
RZ								
Cindy Gootzen-Bulthuis, 1975 (49 jaar), Dames								
100m vrije slag	series	3.	1:06.55	430	1:07.21	10-03-2024	102%	4
200m vrije slag	series	3.	2:24.92	441	2:28.18	28-01-2024	105%	4
400m vrije slag	series	4.	5:10.96	411	5:14.21	06-10-2024	102%	
50m rugslag	series	5.	37.36	308	36.65	06-10-2024	96%	
100m vlinderslag	series	3.	1:17.81	335	1:18.13	12-11-2023	101%	
RZC								
Eric Langhorst, 1962 (62 jaar), Heren								
200m rugslag	series	5.	3:07.17	179	3:17.58	04-05-2024	111%	1
Sassenheim								
Arjan Buijsse, 1979 (45 jaar), Heren								
200m vrije slag	series	5.	2:19.53	361	2:20.41	17-02-2023	101%	13
100m vlinderslag	series	12.	1:12.44	286	1:13.70	12-10-2024	104%	2
Casper van den Burgh, 1972 (52 jaar), Heren								
100m vrije slag	series	6.	1:06.77	302	1:07.84	18-02-2023	103%	3
400m vrije slag	series	2.	4:58.43	359	5:01.11	17-02-2023	102%	
800m vrije slag	series	1.	10:29.60	342	10:36.24	19-02-2023	102%	
Frank van Nobelen, 1969 (55 jaar), Heren								
200m vrije slag	series	8.	2:25.42	319	2:33.88	16-12-2023	112%	4
400m vrije slag	series	6.	5:09.46	322	5:16.81	16-12-2023	105%	
800m vrije slag	series	3.	10:31.15	339	10:39.53	16-12-2023	103%	
200m wisselslag	series	4.	2:44.13	298	2:45.02	17-09-2023	101%	
Isa Warmerdam, 2002 (22 jaar), Dames								
200m vrije slag	series	8.	2:22.45	464	2:29.12	01-10-2023	110%	1
100m wisselslag	series	20.	1:14.27	440	1:14.15	10-03-2024	100%	
René de Bruin, 1971 (53 jaar), Heren								
200m rugslag	series	1.	2:40.95	282	2:38.77	12-10-2024	97%	-
Rianne Hofland, 1988 (36 jaar), Dames								
200m rugslag	series	1.	2:36.52	438	2:36.91	19-02-2023	100%	1
100m wisselslag	series	2.	1:14.72	432	1:13.23	12-10-2024	96%	
Wesley van der Luit, 1997 (27 jaar), Heren								
100m vrije slag	series	17.	1:00.61	404	1:00.86	21-01-2024	101%	2
200m vrije slag	series	8.	2:12.57	421	2:12.23	18-02-2023	99%	
400m vrije slag	series	3.	4:41.07	430	4:41.88	06-10-2024	101%	
800m vrije slag	series	7.	9:49.57	416	9:46.16	16-12-2023	99%	
200m wisselslag	series	9.	2:36.13	346	2:35.50	17-02-2023	99%	
SBC2000								
Christiaan Bouwmeester, 1976 (48 jaar), Heren								
50m schoolslag	series	7.	36.82	311	38.46	04-05-2024	109%	1
Coranda Vissers, 1997 (27 jaar), Dames								
50m vrije slag	series	36.	33.03	334	33.04	30-12-2023	100%	2
100m vrije slag	series	25.	1:14.80	303	1:10.85	29-12-2023	90%	
50m rugslag	series	20.	41.05	232	40.61	29-12-2023	98%	
50m schoolslag	series	26.	41.79	312	41.53	30-12-2023	99%	
50m vlinderslag	series	33.	37.72	270	38.30	28-12-2023	103%	

Joey Bartelds, 1998 (26 jaar), Heren									-
50m vrije slag	series	13.	25.59	488	25.50	29-09-2024	99%		
50m vlinderslag	series	22.	29.03	420	28.90	29-09-2024	99%		
Josje van Houwelingen, 1990 (34 jaar), Dames									1
200m rugslag	series	3.	2:37.32	432	2:40.07	29-10-2023	104%		
100m wisselslag	series	5.	1:15.04	427	1:14.67	09-07-2023	99%		
Kay-Ivar Tempelaar, 1994 (30 jaar), Heren									2
50m vrije slag	series	26.	31.82	254	32.84	20-10-2024	107%		
100m vrije slag	series	18.	1:13.95	222	1:15.42	20-10-2024	104%		
Kim van Rossum, 1997 (27 jaar), Dames									4
100m vrije slag	series	28.	1:30.80	169	1:32.27	03-05-2024	103%		
50m schoolslag	series	28.	47.53	212	47.85	20-10-2024	101%		
200m schoolslag	series	17.	3:47.06	208	3:54.91	21-04-2024	107%		
200m wisselslag	series	15.	3:33.79	185	3:34.69	20-10-2024	101%		
Leon Verschuren, 1993 (31 jaar), Heren									1
50m vlinderslag	series	24.	34.19	257	34.65	28-12-2023	103%		
Nick Bongers, 1998 (26 jaar), Heren									3
100m vrije slag	series	10.	57.16	482	58.67	10-03-2024	105%		
50m schoolslag	series	5.	31.63	490	31.10	05-06-2024	97%		
100m schoolslag	series	3.	1:08.59	523	1:14.56	28-01-2024	118%		
200m schoolslag	series	3.	2:33.29	481	2:40.56	01-06-2024	110%		
Odette Holster, 1999 (25 jaar), Dames									2
100m vlinderslag	series	9.	1:16.31	355	1:19.40	04-05-2024	108%		
100m wisselslag	series	11.	1:15.20	424	1:15.38	06-10-2024	100%		
Yasmine Bartelds, 1996 (28 jaar), Dames									1
50m vrije slag	series	5.	27.83	559	27.87	29-09-2024	100%		
50m vlinderslag	series	9.	31.03	485	30.61	29-09-2024	97%		
Scheldestroom									21
Bianca Hertogh - Buijsse, 1974 (50 jaar), Dames									-
100m schoolslag	series	8.	1:36.82	267	1:36.52	26-11-2023	99%		
200m wisselslag	series	6.	3:18.47	231	3:16.29	12-11-2023	98%		
Maarten van der Zwan, 1975 (49 jaar), Heren									8
100m vrije slag	series	8.	1:00.78	401	1:15.96	15-06-2024	156%		
400m vrije slag	series	5.	4:57.01	364	5:20.27	16-06-2024	116%		
50m schoolslag	series	1.	32.09	470	33.71	04-05-2024	110%		
100m schoolslag	series	4.	1:11.66	459	1:13.87	16-06-2024	106%		
200m schoolslag	series	2.	2:43.23	398	2:54.94	05-05-2024	115%		
50m vlinderslag	series	4.	29.61	396	30.18	05-05-2024	104%		
100m vlinderslag	series	7.	1:06.85	365	1:11.22	04-05-2024	114%		
200m wisselslag	series	5.	2:32.55	371	2:43.87	15-06-2024	115%		
Pauline Scheele, 1999 (25 jaar), Dames									3
100m vrije slag	series	27.	1:20.22	245	1:23.48	28-01-2024	108%		
100m schoolslag	series	12.	1:37.26	263	1:38.44	14-01-2024	102%		
200m wisselslag	series	14.	3:10.30	262	3:20.72	25-02-2024	111%		
Roderick van Doeselaar, 1992 (32 jaar), Heren									3
400m vrije slag	series	4.	4:40.63	432	4:45.81	06-10-2024	104%		
200m vlinderslag	series	2.	2:25.06	399	2:32.99	10-03-2024	111%		
200m wisselslag	series	5.	2:23.27	448	2:26.13	25-02-2024	104%		
Romy van der Zwan, 2004 (20 jaar), Dames									6
50m vrije slag	series	24.	29.88	451	31.08	05-05-2024	108%		
100m vrije slag	series	24.	1:06.20	437	1:09.79	02-03-2024	111%		
50m rugslag	series	14.	34.69	385	35.89	14-05-2023	107%		
100m rugslag	series	11.	1:14.50	399	1:15.30	28-01-2024	102%		
100m schoolslag	series	12.	1:23.21	420	1:26.99	14-01-2024	109%		
100m wisselslag	series	19.	1:13.87	447	1:16.39	23-04-2023	107%		
Thijs Salomé, 1977 (47 jaar), Heren									1
100m vrije slag	series	10.	1:07.87	288	1:08.86	10-03-2024	103%		
200m wisselslag	series	8.	2:55.64	243	2:54.53	12-11-2023	99%		
Schwimverein beider Basel									-
Peter Herzig, 1980 (44 jaar), Heren									-
50m vrije slag	series	20.	33.30	221	31.79	01-04-2023	91%		
100m vrije slag	series	16.	1:14.28	219	1:10.56	11-02-2023	90%		
50m schoolslag	series	11.	38.46	273	37.15	21-01-2024	93%		
100m schoolslag	series	11.	1:29.26	237	1:25.29	21-01-2024	91%		
200m schoolslag	series	5.	3:25.03	201	3:13.74	20-01-2024	89%		
SCOM									-
SG Mönchengladbach									-

Karl-Heinz Nottrodt, 1952 (72 jaar), Heren								-
400m vrije slag	series	2.	5:28.59	269	5:22.11	20-01-2024	96%	
1500m vrije slag	series	1.	21:24.56	286	20:51.73	20-01-2024	95%	
Shark								3
Kristien Van de Moortel, 1969 (55 jaar), Dames								3
200m vrije slag	series	6.	3:04.53	213	3:05.67	20-05-2023	101%	
400m vrije slag	series	5.	6:25.38	216	6:29.52	08-04-2023	102%	
1500m vrije slag	series	4.	25:26.90	210	26:43.38	02-05-2024	110%	
SppBr - SPORT performance, z. s.								2
Zdenek Hruby, 1986 (38 jaar), Heren								2
50m schoolslag	series	4.	30.93	524	31.71	07-09-2024	105%	
100m schoolslag	series	5.	1:10.09	490	1:12.15	08-09-2024	106%	
SSF Bonn								-
Markus Löber, 1971 (53 jaar), Heren								-
100m vrije slag	series	3.	1:01.34	390	59.86	03-12-2023	95%	
50m rugslag	series	1.	31.40	349	30.64	02-12-2023	95%	
SSG Saar Max Ritter SV08								-
Günther Brod, 1959 (65 jaar), Heren								-
200m rugslag	series	2.	4:08.92	76	3:54.19	02-07-2023	89%	
100m schoolslag	series	4.	1:52.79	117	1:48.95	07-07-2024	93%	
Steenwijk 1934								17
Alies Wagter, 1999 (25 jaar), Dames								2
50m vrije slag	series	15.	29.86	452	28.92	02-12-2023	94%	
100m vrije slag	series	9.	1:04.51	472	1:04.90	16-09-2023	101%	
50m schoolslag	series	22.	40.96	332	40.62	02-12-2023	98%	
50m vlinderslag	series	32.	37.60	272	37.30	02-12-2023	98%	
100m wisselslag	series	25.	1:18.80	368	1:20.59	22-04-2023	105%	
Casper Dollekamp, 1963 (61 jaar), Heren								-
200m vrije slag	series	9.	2:52.06	192	2:40.14	17-02-2023	87%	
400m vrije slag	series	6.	6:34.86	155	5:48.88	16-02-2023	78%	
50m rugslag	series	3.	38.87	184	36.68	18-02-2023	89%	
200m rugslag	series	7.	3:35.88	117	2:59.36	12-03-2023	69%	
Cynthia Koolman, 2003 (21 jaar), Dames								-
200m vrije slag	series	20.	2:31.10	389	2:18.61	18-02-2023	84%	
400m vrije slag	series	3.	5:10.03	415	4:46.58	30-11-2023	85%	
800m vrije slag	series	5.	10:40.80	413	9:48.31	02-07-2023	84%	
1500m vrije slag	series	3.	20:00.84	432	18:56.11	01-07-2023	90%	
100m rugslag	series	16.	1:19.81	325	1:12.94	04-02-2023	84%	
50m schoolslag	series	22.	40.81	335	38.93	04-02-2023	91%	
100m schoolslag	series	18.	1:35.32	280	1:24.08	11-03-2023	78%	
200m schoolslag	series	12.	3:25.19	282	3:03.58	17-02-2023	80%	
200m vlinderslag	series	5.	3:22.03	207	3:12.15	09-03-2024	90%	
200m wisselslag	series	13.	2:59.76	311	2:47.36	17-09-2023	87%	
Getrude Corporaal, 1992 (32 jaar), Dames								-
100m vrije slag	series	10.	1:08.52	394	1:05.33	19-02-2023	91%	
50m rugslag	series	6.	35.67	354	35.00	19-02-2023	96%	
100m rugslag	series	6.	1:16.30	372	1:15.36	27-01-2024	98%	
200m rugslag	series	6.	2:49.55	345	2:44.98	19-02-2023	95%	
100m wisselslag	series	14.	1:20.35	347	1:16.62	18-02-2023	91%	
Guido Keutgen, 1968 (56 jaar), Heren								-
50m rugslag	series	3.	31.51	345	31.30	18-02-2023	99%	
Jacyntha Plat, 1990 (34 jaar), Dames								4
50m rugslag	series	2.	33.29	436	32.98	05-10-2024	98%	
100m rugslag	series	2.	1:12.03	442	1:10.57	17-02-2023	96%	
50m schoolslag	series	2.	35.40	514	35.78	06-01-2024	102%	
100m schoolslag	series	1.	1:16.78	535	1:16.92	14-01-2024	100%	
200m schoolslag	series	1.	2:48.56	508	2:49.77	17-02-2023	101%	
100m wisselslag	series	2.	1:10.69	510	1:10.65	14-01-2024	100%	
200m wisselslag	series	2.	2:38.56	453	2:39.32	17-02-2023	101%	
400m wisselslag	series	2.	5:45.36	421	5:42.60	19-02-2023	98%	
Korstiaan de Boer, 1971 (53 jaar), Heren								1
100m rugslag	series	2.	1:23.55	193	1:18.37	17-02-2023	88%	
200m rugslag	series	2.	2:54.26	222	2:52.14	19-02-2023	98%	
200m schoolslag	series	5.	3:16.63	228	3:12.47	17-02-2023	96%	
200m vlinderslag	series	2.	3:03.90	196	3:04.12	18-02-2023	100%	
100m wisselslag	series	4.	1:19.00	242	1:18.88	06-01-2024	100%	
200m wisselslag	series	3.	2:49.26	271	2:49.26	17-02-2023	100%	

Leonie Scholten, 1979 (45 jaar), Dames								-
50m vrije slag	series	15.	37.31	232	35.17	22-04-2023	89%	
100m vrije slag	series	17.	1:25.14	205	1:20.54	19-02-2023	89%	
50m rugslag	series	6.	40.20	247	38.41	19-02-2023	91%	
100m rugslag	series	4.	1:27.50	246	1:24.41	17-02-2023	93%	
200m rugslag	series	7.	3:15.90	223	3:08.46	19-02-2023	93%	
Linda Wibbelink, 1959 (65 jaar), Dames								2
100m vrije slag	series	2.	1:19.03	257	1:18.37	19-02-2023	98%	
200m vrije slag	series	2.	2:56.09	245	2:54.50	18-02-2023	98%	
1500m vrije slag	series	1.	24:17.22	242	23:40.89	16-02-2023	95%	
100m schoolslag	series	1.	1:42.32	226	1:42.99	10-02-2024	101%	
200m schoolslag	series	3.	3:48.12	205	3:46.15	05-05-2023	98%	
50m vlinderslag	series	2.	42.41	189	42.67	20-05-2023	101%	
100m wisselslag	series	1.	1:31.53	235	1:31.53	20-05-2023	100%	
200m wisselslag	series	1.	3:27.97	201	3:26.73	17-02-2023	99%	
Maarten Koolman, 1968 (56 jaar), Heren								1
50m vrije slag	series	18.	46.01	84	45.77	17-02-2023	99%	
100m vrije slag	series	16.	1:50.72	66	1:48.20	20-05-2023	95%	
50m rugslag	series	9.	1:00.55	48	1:00.99	28-10-2023	101%	
Michelle van den Hoofdakker, 2003 (21 jaar), Dames								1
50m vrije slag	series	19.	29.17	485	28.74	22-04-2023	97%	
100m vrije slag	series	23.	1:06.07	439	1:01.84	19-02-2023	88%	
50m rugslag	series	8.	32.06	488	31.23	18-02-2023	95%	
50m vlinderslag	series	24.	32.53	420	31.66	17-02-2023	95%	
100m wisselslag	series	23.	1:15.10	426	1:15.33	30-09-2023	101%	
Monica Bakker, 1956 (68 jaar), Dames								-
400m vrije slag	series	2.	7:22.79	142	6:45.48	17-02-2023	84%	
1500m vrije slag	series	2.	27:30.73	166	26:00.45	16-02-2023	89%	
Nanda Wobben-de Vries, 1992 (32 jaar), Dames								-
50m vrije slag	series	21.	31.91	371	30.17	17-02-2023	89%	
50m schoolslag	series	12.	42.05	307	41.35	17-02-2023	97%	
Patrick Wobben, 1993 (31 jaar), Heren								-
100m vrije slag	series	19.	1:14.70	216	1:10.68	19-02-2023	90%	
50m schoolslag	series	14.	38.54	271	38.16	19-02-2023	98%	
100m schoolslag	series	7.	1:28.11	246	1:25.64	12-03-2023	94%	
Rick Driezen, 1986 (38 jaar), Heren								1
50m vrije slag	series	5.	26.19	456	26.57	22-04-2023	103%	
100m vrije slag	series	6.	59.04	438	57.84	09-03-2024	96%	
200m rugslag	series	3.	2:26.78	372	2:25.87	19-02-2023	99%	
50m vlinderslag	series	1.	28.32	452	28.16	02-12-2023	99%	
100m vlinderslag	series	1.	1:02.87	438	1:02.67	19-02-2023	99%	
200m wisselslag	series	6.	2:32.09	374	2:28.42	11-11-2023	95%	
Robert Braad, 1986 (38 jaar), Heren								4
50m vrije slag	series	7.	26.66	432	26.92	18-02-2023	102%	
200m vrije slag	series	3.	2:13.40	413	2:14.06	21-09-2024	101%	
50m rugslag	series	2.	30.53	379	30.34	19-10-2024	99%	
100m rugslag	series	3.	1:05.04	410	1:05.16	20-10-2024	100%	
200m rugslag	series	2.	2:21.91	412	2:22.56	21-09-2024	101%	
Sabine Lageweg, 1999 (25 jaar), Dames								-
50m vrije slag	series	23.	30.80	412	30.45	02-12-2023	98%	
100m vrije slag	series	20.	1:08.39	396	1:07.47	16-09-2023	97%	
50m vlinderslag	series	21.	33.82	374	32.98	23-09-2023	95%	
100m vlinderslag	series	12.	1:19.66	312	1:19.22	11-11-2023	99%	
100m wisselslag	series	15.	1:16.96	395	1:16.10	09-03-2024	98%	
200m wisselslag	series	9.	2:49.54	371	2:48.89	11-11-2023	99%	
Wilna Heijman, 1964 (60 jaar), Dames								1
50m vrije slag	series	4.	36.69	244	35.73	30-09-2023	95%	
100m vrije slag	series	3.	1:17.51	272	1:16.18	04-06-2023	97%	
200m vrije slag	series	2.	2:43.60	306	2:37.37	18-02-2023	93%	
400m vrije slag	series	1.	5:36.66	324	5:25.44	17-02-2023	93%	
800m vrije slag	series	1.	11:30.46	330	11:11.89	18-02-2023	95%	
1500m vrije slag	series	1.	22:18.20	312	21:42.08	16-02-2023	95%	
50m rugslag	series	6.	42.53	209	42.71	25-05-2024	101%	
50m schoolslag	series	3.	46.71	224	46.57	04-06-2023	99%	
50m vlinderslag	series	2.	39.72	231	39.06	25-05-2024	97%	
Swim Life Se								6
Balázs G cze, 1986 (38 jaar), Heren								3
100m vrije slag	series	8.	1:03.69	348	1:05.88	10-02-2024	107%	
100m wisselslag	series	6.	1:15.94	273	1:16.96	11-02-2024	103%	
200m wisselslag	series	8.	2:53.79	251	3:01.82	10-02-2024	109%	

Gyonygyver Lakos, 1977 (47 jaar), Dames								3
50m vrije slag	series	4.	30.32	432	31.30	29-02-2024	107%	
100m vrije slag	series	8.	1:10.57	361	1:12.35	27-02-2024	105%	
200m vrije slag	series	8.	2:34.53	363	2:43.37	07-08-2023	112%	
SwimGym								19
Andrea Köhler, 1976 (48 jaar), Dames								3
50m vrije slag	series	13.	36.14	255	36.93	17-02-2024	104%	
100m vrije slag	series	16.	1:23.98	214	1:24.86	17-02-2024	102%	
100m schoolslag	series	6.	1:43.24	220	1:43.71	17-02-2024	101%	
Desiree Groot, 1986 (38 jaar), Dames								4
50m vrije slag	series	8.	33.22	328	37.01	26-11-2023	124%	
100m vrije slag	series	11.	1:16.18	287	1:16.49	25-05-2024	101%	
50m rugslag	series	6.	39.69	257	40.94	25-05-2024	106%	
50m vlinderslag	series	8.	38.52	253	39.58	17-02-2024	106%	
Dmitry Nikolaev, 1982 (42 jaar), Heren								2
100m vrije slag	series	14.	1:07.02	299	1:11.99	07-04-2024	115%	
50m rugslag	series	10.	38.71	186	40.35	07-04-2024	109%	
Ellen van der Woerd, 1989 (35 jaar), Dames								2
100m vrije slag	series	12.	1:22.20	228	1:24.15	17-02-2024	105%	
50m rugslag	series	7.	42.98	202	44.70	07-04-2024	108%	
Janna Brummel, 1988 (36 jaar), Dames								3
50m vrije slag	series	11.	37.36	231	38.01	25-05-2024	104%	
100m vrije slag	series	13.	1:23.60	217	1:23.40	25-05-2024	100%	
50m rugslag	series	8.	45.60	169	50.16	17-09-2023	121%	
100m schoolslag	series	8.	1:36.60	269	1:36.83	22-09-2024	100%	
200m schoolslag	series	4.	3:28.57	268	3:28.08	25-05-2024	100%	
Leontine Loeber, 1977 (47 jaar), Dames								-
200m rugslag	series	5.	3:04.90	266	2:59.79	26-11-2023	95%	
200m vlinderslag	series	4.	3:26.33	194	3:24.08	07-05-2023	98%	
100m wisselslag	series	8.	1:26.28	280	1:24.89	25-05-2024	97%	
200m wisselslag	series	7.	3:04.92	286	2:58.21	17-02-2023	93%	
400m wisselslag	series	3.	6:37.12	277	6:21.66	19-02-2023	92%	
Nick Breukelman, 1990 (34 jaar), Heren								-
100m vrije slag	series	17.	1:06.85	301	1:04.63	26-11-2023	93%	
Radek Chupka, 1996 (28 jaar), Heren								4
100m rugslag	series	1.	59.49	536	59.57	26-11-2023	100%	
50m vlinderslag	series	7.	26.08	580	27.95	26-11-2023	115%	
100m vlinderslag	series	5.	1:00.04	503	1:00.07	26-11-2023	100%	
100m wisselslag	series	5.	1:01.68	510	1:03.18	22-09-2024	105%	
Roderic Perez, 1982 (42 jaar), Heren								1
50m schoolslag	series	8.	35.57	345	35.54	22-09-2024	100%	
50m vlinderslag	series	12.	33.11	283	33.95	22-09-2024	105%	
Swol 1894								27
Albert van Piekeren, 1984 (40 jaar), Heren								2
50m rugslag	series	5.	31.75	337	31.46	18-02-2023	98%	
100m rugslag	series	8.	1:10.06	328	1:08.51	10-02-2024	96%	
100m schoolslag	series	6.	1:14.42	409	1:14.80	10-02-2024	101%	
200m schoolslag	series	2.	2:42.34	405	2:49.30	05-05-2024	109%	
200m wisselslag	series	3.	2:33.16	366	2:33.02	17-02-2023	100%	
Annet Kootstra, 1971 (53 jaar), Dames								2
400m vrije slag	series	5.	6:15.82	233	6:19.14	17-02-2023	102%	
1500m vrije slag	series	6.	25:11.92	216	25:15.48	16-02-2023	100%	
Christine Nieuwenhuis, 1951 (73 jaar), Dames								-
50m vrije slag	series	1.	34.26	299	34.13	06-01-2024	99%	
100m vrije slag	series	1.	1:18.92	258	1:16.37	19-02-2023	94%	
50m rugslag	series	1.	45.18	174	44.65	25-05-2024	98%	
200m rugslag	series	1.	3:29.68	182	3:27.12	30-09-2023	98%	
50m vlinderslag	series	1.	39.50	235	39.05	25-05-2024	98%	
100m wisselslag	series	1.	1:33.95	217	1:31.73	18-02-2023	95%	
Harry Dokter, 1951 (73 jaar), Heren								1
200m vrije slag	series	2.	2:49.21	202	2:57.11	16-12-2023	110%	
50m schoolslag	series	1.	40.66	231	40.44	06-01-2024	99%	
Hugo Herbers, 1995 (29 jaar), Heren								1
200m rugslag	series	5.	2:37.80	299	2:39.56	21-09-2024	102%	
100m wisselslag	series	19.	1:11.64	325	1:11.42	18-02-2023	99%	
Huub Scholing, 1993 (31 jaar), Heren								2
100m vlinderslag	series	7.	1:07.25	358	1:09.38	04-05-2024	106%	
100m wisselslag	series	7.	1:09.86	351	1:10.59	06-01-2024	102%	

Jappie Kuiper, 1955 (69 jaar), Heren									1
50m schoolslag	series	6.	50.43	121	51.64	06-01-2024	105%		
Jessica van Velzen, 1976 (48 jaar), Dames									-
50m vrije slag	series	17.	39.98	188	38.80	12-03-2023	94%		
100m vrije slag	series	19.	1:32.52	160	1:30.12	19-02-2023	95%		
50m rugslag	series	7.	46.14	163	45.07	18-02-2023	95%		
Mans Buis, 1947 (77 jaar), Heren									2
100m vrije slag	series	3.	1:44.09	79	1:36.98	20-05-2023	87%		
50m rugslag	series	2.	49.17	90	49.75	25-05-2024	102%		
100m rugslag	series	1.	2:00.75	64	1:50.46	10-02-2024	84%		
200m rugslag	series	1.	4:09.10	76	4:11.11	12-03-2023	102%		
50m schoolslag	series	2.	57.08	83	54.21	19-02-2023	90%		
100m schoolslag	series	1.	2:06.33	83	2:02.34	17-03-2024	94%		
200m schoolslag	series	1.	4:26.85	91	4:26.79	17-02-2023	100%		
Marijke Kraak-Beckers, 1960 (64 jaar), Dames									4
50m vrije slag	series	3.	34.82	285	35.21	17-02-2023	102%		
100m vrije slag	series	2.	1:17.36	274	1:17.03	19-02-2023	99%		
50m rugslag	series	5.	41.58	223	43.31	18-02-2023	108%		
50m schoolslag	series	2.	44.98	250	45.84	19-02-2023	104%		
50m vlinderslag	series	3.	39.88	228	40.16	17-02-2023	101%		
100m wisselslag	series	3.	1:31.21	237	1:29.08	18-02-2023	95%		
Maxim Hardziyenka, 1972 (52 jaar), Heren									1
100m vrije slag	series	14.	1:23.41	155	1:25.27	03-05-2024	105%		
Michael van Bekkum, 1972 (52 jaar), Heren									1
50m schoolslag	series	7.	35.56	345	36.71	19-02-2023	107%		
Nicolette Zuidema, 1975 (49 jaar), Dames									1
50m vrije slag	series	16.	38.50	211	38.91	17-02-2023	102%		
Rob Berkhof, 1952 (72 jaar), Heren									5
100m vrije slag	series	3.	1:33.58	110	1:30.74	04-06-2023	94%		
200m vrije slag	series	3.	3:25.05	113	3:30.95	13-10-2024	106%		
400m vrije slag	series	6.	7:13.11	117	7:24.69	12-10-2024	105%		
50m rugslag	series	2.	47.47	101	48.04	12-10-2024	102%		
100m rugslag	series	2.	1:43.30	102	1:45.33	10-02-2024	104%		
200m rugslag	series	2.	3:44.94	103	3:48.31	12-10-2024	103%		
50m vlinderslag	series	3.	49.61	84	48.12	17-02-2023	94%		
Roelien Stegeman, 1981 (43 jaar), Dames									4
50m schoolslag	series	3.	40.69	338	41.30	04-06-2023	103%		
100m schoolslag	series	6.	1:32.58	305	1:30.72	17-03-2024	96%		
200m schoolslag	series	5.	3:20.55	302	3:20.89	18-03-2023	100%		
100m wisselslag	series	6.	1:26.33	280	1:26.70	25-05-2024	101%		
200m wisselslag	series	4.	3:12.78	252	3:16.05	18-03-2023	103%		
Stefan van de Grift, 1987 (37 jaar), Heren									-
50m schoolslag	series	11.	35.40	350	34.62	06-01-2024	96%		
SZV Aquifer									2
Rick Haanschoten, 2001 (23 jaar), Heren									2
50m schoolslag	series	27.	35.86	336	36.06	20-04-2024	101%		
100m vlinderslag	series	22.	1:08.50	339	1:10.00	20-04-2024	104%		
Team Noord Holland (SG)									22
Chantal Beijer, 1997 (27 jaar), Dames									1
50m schoolslag	series	14.	38.20	409	36.96	09-04-2023	94%		
100m wisselslag	series	12.	1:15.57	418	1:24.33	10-04-2023	125%		
Gerrit Orthofer, 1970 (54 jaar), Heren									3
50m schoolslag	series	2.	33.56	410	34.91	19-10-2024	108%		
100m schoolslag	series	4.	1:15.54	391	1:19.71	22-09-2024	111%		
200m schoolslag	series	1.	2:56.85	313	3:20.90	07-04-2024	129%		
Hanne Keijzer, 1985 (39 jaar), Dames									1
100m vrije slag	series	15.	1:30.92	168	1:36.13	07-04-2024	112%		
1500m vrije slag	series	AFGEM	-	-	27:56.36	01-07-2023	-		
Herma Seubers-Kip, 1987 (37 jaar), Dames									1
50m vrije slag	series	13.	37.58	227	40.30	19-10-2024	115%		
Inken Wemheuer, 1971 (53 jaar), Dames									2
100m vrije slag	series	5.	1:10.15	367	1:10.19	01-04-2024	100%		
1500m vrije slag	series	4.	22:06.53	320	21:56.95	17-05-2024	99%		
100m wisselslag	series	4.	1:25.55	288	1:26.74	10-04-2023	103%		
Jeffrey Camphens, 1995 (29 jaar), Heren									-
800m vrije slag	series	2.	9:24.45	475	8:55.59	19-02-2023	90%		
Lotte van Gessel, 2003 (21 jaar), Dames									5
50m vrije slag	series	12.	28.46	523	29.17	20-10-2024	105%		
100m vrije slag	series	8.	1:01.76	538	1:02.38	20-10-2024	102%		

50m schoolslag	series	8.	36.81	457	37.12	31-03-2024	102%	
100m schoolslag	series	9.	1:21.56	446	1:21.77	26-11-2023	101%	
50m vlinderslag	series	36.	34.27	360	35.08	22-10-2023	105%	
100m wisselslag	series	17.	1:12.73	469	1:11.68	06-10-2024	97%	
Natasja Pijpstra, 1991 (33 jaar), Dames								
100m vrije slag	series	16.	1:40.49	125	1:43.71	19-10-2024	107%	1
Olaf Zegeren, 1997 (27 jaar), Heren								
50m vrije slag	series	45.	30.09	300	37.98	19-10-2024	159%	2
50m vlinderslag	series	36.	32.37	303	34.80	19-10-2024	116%	
Paul Bosch, 1972 (52 jaar), Heren								
200m vrije slag	series	2.	2:25.73	317	2:28.52	30-09-2023	104%	2
800m vrije slag	series	4.	10:47.96	314	10:58.44	13-10-2023	103%	
200m rugslag	series	3.	2:55.01	219	2:51.97	17-03-2024	97%	
Peter Janssen, 1962 (62 jaar), Heren								
100m vrije slag	series	7.	1:20.06	175	1:20.65	22-09-2024	101%	1
800m vrije slag	series	6.	12:14.45	215	12:13.29	10-02-2024	100%	
1500m vrije slag	series	5.	23:12.06	225	22:53.97	17-05-2024	97%	
Peter van de Bor, 1984 (40 jaar), Heren								
50m vrije slag	series	14.	27.81	380	27.35	23-04-2023	97%	
100m vrije slag	series	11.	1:04.07	342	1:01.27	10-04-2023	91%	
50m vlinderslag	series	4.	30.39	366	29.17	26-11-2023	92%	
100m vlinderslag	series	5.	1:17.61	233	1:09.96	31-03-2024	81%	
100m wisselslag	series	7.	1:12.82	309	1:10.21	10-03-2024	93%	
200m wisselslag	series	6.	2:49.37	271	2:42.21	10-04-2023	92%	
Rene Janssen, 1957 (67 jaar), Heren								
100m vrije slag	series	1.	1:12.12	240	1:12.81	22-09-2024	102%	3
800m vrije slag	series	1.	11:29.35	260	11:50.31	10-02-2024	106%	
1500m vrije slag	series	1.	21:59.85	264	22:40.89	17-05-2024	106%	
Thijs Weustink, 1977 (47 jaar), Heren								
1500m vrije slag	series	6.	22:44.81	238	22:23.17	17-05-2024	97%	-
Tiamat								
Elke Popma - Blox, 1982 (42 jaar), Dames								
100m rugslag	series	2.	1:16.58	368	1:16.33	17-02-2023	99%	1
200m rugslag	series	2.	2:44.22	379	2:55.52	04-05-2024	114%	
50m vlinderslag	series	5.	33.72	377	33.08	01-04-2024	96%	
100m vlinderslag	series	3.	1:18.43	327	1:15.83	16-06-2024	93%	
TPSK 1925 e.V.								
Niklas Kunst, 1989 (35 jaar), Heren								
100m rugslag	series	1.	59.37	539	59.03	11-02-2023	99%	8
50m schoolslag	series	1.	29.90	581	32.23	01-07-2024	116%	4
100m schoolslag	series	1.	1:05.05	613	1:07.43	11-02-2023	107%	
200m schoolslag	series	1.	2:24.25	578	2:28.87	13-01-2024	107%	
200m wisselslag	series	1.	2:13.33	555	2:19.02	27-06-2024	109%	
Nils Friese, 1995 (29 jaar), Heren								
50m vrije slag	series	5.	24.22	576	24.98	05-10-2024	106%	3
50m rugslag	series	2.	28.69	457	28.54	11-02-2023	99%	
50m schoolslag	series	1.	29.91	580	29.59	13-01-2024	98%	
50m vlinderslag	series	10.	26.64	544	27.03	06-10-2024	103%	
100m wisselslag	series	2.	59.45	569	1:02.52	05-10-2024	111%	
Wolfgang Rossa, 1958 (66 jaar), Heren								
400m vrije slag	series	3.	6:06.44	194	6:06.04	22-11-2023	100%	1
800m vrije slag	series	4.	12:19.99	210	12:17.17	19-11-2023	99%	
1500m vrije slag	series	5.	23:45.47	209	24:24.57	12-10-2024	106%	
TRB-RES								
Anouk Bloem, 1990 (34 jaar), Dames								
200m wisselslag	series	11.	3:55.81	138	3:50.01	23-04-2023	95%	-
Bas Kremers, 1972 (52 jaar), Heren								
50m vrije slag	series	10.	30.32	293	30.82	05-05-2024	103%	6
100m vrije slag	series	9.	1:09.97	263	1:11.22	07-05-2023	104%	
200m vrije slag	series	7.	2:41.32	233	2:47.46	04-05-2024	108%	
50m schoolslag	series	9.	36.56	317	38.31	04-05-2024	110%	
100m schoolslag	series	7.	1:21.50	312	1:24.68	06-05-2023	108%	
200m schoolslag	series	3.	3:00.47	295	3:08.36	05-05-2023	109%	
Edith Janssen-Koolen, 1973 (51 jaar), Dames								
50m vrije slag	series	3.	30.04	444	29.57	17-02-2023	97%	4
100m vrije slag	series	1.	1:05.65	448	1:05.08	19-02-2023	98%	
200m vrije slag	series	2.	2:26.25	429	2:27.42	28-01-2024	102%	
50m rugslag	series	1.	34.92	378	36.16	05-05-2023	107%	
100m rugslag	series	3.	1:17.99	348	1:16.05	24-09-2023	95%	

100m schoolslag	series	4.	1:26.19	378	1:27.63	12-03-2023	103%	
100m wisselslag	series	3.	1:16.35	405	1:16.38	04-06-2023	100%	
Triton								
Margriet Grove-Lingeman, 1962 (62 jaar), Dames								
50m rugslag	series	3.	39.64	258	40.41	17-02-2023	104%	4
100m rugslag	series	3.	1:26.98	251	1:23.97	10-02-2024	93%	2
200m rugslag	series	2.	3:04.80	266	3:06.28	19-02-2023	102%	
50m vlinderslag	series	4.	39.89	228	39.72	06-01-2024	99%	
100m vlinderslag	series	1.	1:30.50	213	1:27.40	18-02-2023	93%	
200m vlinderslag	series	2.	3:22.11	207	3:08.51	18-02-2023	87%	
Paul Bunnik, 1956 (68 jaar), Heren								
100m vrije slag	series	2.	1:12.30	238	1:10.53	10-02-2024	95%	
400m vrije slag	series	2.	5:52.01	219	5:48.84	16-02-2023	98%	
800m vrije slag	series	3.	12:16.75	213	11:54.89	16-02-2023	94%	
1500m vrije slag	series	6.	23:47.31	208	22:42.16	16-02-2023	91%	
100m rugslag	series	1.	1:27.79	166	1:24.06	17-02-2023	92%	
100m schoolslag	series	2.	1:31.31	221	1:29.76	21-01-2024	97%	
200m schoolslag	series	2.	3:29.36	189	3:25.38	25-05-2024	96%	
100m vlinderslag	series	1.	1:25.76	172	1:24.21	28-10-2023	96%	
100m wisselslag	series	1.	1:21.82	218	1:20.89	18-02-2023	98%	
200m wisselslag	series	1.	3:08.15	197	2:58.86	28-10-2023	90%	
400m wisselslag	series	1.	6:56.48	179	6:44.34	17-03-2024	94%	
Ronald Grove, 1961 (63 jaar), Heren								
200m vrije slag	series	6.	2:38.02	248	2:38.23	30-09-2023	100%	2
200m schoolslag	series	2.	3:11.19	248	3:06.33	17-02-2023	95%	
200m vlinderslag	series	1.	3:16.75	160	3:09.99	18-02-2023	93%	
100m wisselslag	series	5.	1:21.48	221	1:24.67	30-09-2023	108%	
200m wisselslag	series	5.	2:58.90	230	2:51.64	17-02-2023	92%	
400m wisselslag	series	4.	6:19.61	236	6:17.20	18-02-2023	99%	
Tim Bunnik, 1990 (34 jaar), Heren								
200m vrije slag	series	6.	2:06.87	480	2:04.96	19-03-2023	97%	
400m vrije slag	series	3.	4:35.62	456	4:34.46	17-02-2023	99%	
800m vrije slag	series	4.	9:38.29	441	9:29.00	12-02-2023	97%	
1500m vrije slag	series	2.	18:32.57	441	18:06.95	16-02-2023	95%	
200m rugslag	series	3.	2:22.16	410	2:21.49	16-06-2024	99%	
200m schoolslag	series	3.	2:42.44	404	2:39.73	20-05-2023	97%	
200m vlinderslag	series	4.	2:28.96	369	2:25.02	20-05-2023	95%	
200m wisselslag	series	3.	2:20.02	479	2:18.37	17-02-2023	98%	
400m wisselslag	series	2.	5:01.59	471	4:57.67	12-03-2023	97%	
TriVia								
Ania Bultena-Rusek, 1966 (58 jaar), Dames								
50m vrije slag	series	8.	34.55	292	33.74	24-03-2024	95%	2
50m rugslag	series	6.	44.30	185	45.82	24-03-2024	107%	
50m schoolslag	series	9.	50.42	178	51.58	21-09-2024	105%	
Esmée van Peer, 2002 (22 jaar), Dames								
50m vrije slag	series	9.	28.02	548	28.05	24-06-2023	100%	5
100m vrije slag	series	5.	1:00.81	564	1:02.53	18-10-2024	106%	
50m schoolslag	series	14.	37.66	427	37.79	29-10-2023	101%	
50m vlinderslag	series	19.	31.95	444	31.98	12-10-2024	100%	
100m vlinderslag	series	13.	1:13.74	393	1:16.16	13-01-2024	107%	
200m wisselslag	series	3.	2:37.15	466	2:36.84	12-10-2024	100%	
Esther Kwebeman, 1991 (33 jaar), Dames								
400m vrije slag	series	11.	5:38.40	319	5:52.45	07-04-2024	108%	4
100m rugslag	series	9.	1:20.97	311	1:21.74	18-10-2024	102%	
200m rugslag	series	10.	2:57.03	303	3:02.07	30-09-2023	106%	
100m wisselslag	series	15.	1:20.51	345	1:23.48	08-12-2023	108%	
200m wisselslag	series	8.	3:00.89	305	3:00.27	11-11-2023	99%	
Fred Zanting, 1954 (70 jaar), Heren								
50m vrije slag	series	1.	33.43	219	33.15	06-01-2024	98%	
100m vrije slag	series	2.	1:14.96	214	1:13.88	19-02-2023	97%	
50m vlinderslag	series	1.	35.62	227	35.54	06-01-2024	100%	
Hannie Poletiek, 1959 (65 jaar), Dames								
50m schoolslag	series	2.	49.93	183	50.32	19-02-2023	102%	2
100m schoolslag	series	4.	1:48.59	189	1:48.73	12-03-2023	100%	
200m schoolslag	series	4.	3:55.45	186	3:53.60	25-05-2024	98%	
50m vlinderslag	series	3.	46.85	140	46.59	17-02-2023	99%	
100m wisselslag	series	3.	1:38.47	189	1:36.58	18-02-2023	96%	
200m wisselslag	series	3.	3:38.16	174	3:30.56	24-11-2023	93%	
Ilse Kramer, 2004 (20 jaar), Dames								
100m vrije slag	series	21.	1:05.89	443	1:06.59	20-04-2024	102%	3
200m vrije slag	series	11.	2:24.62	443	2:30.63	18-10-2024	108%	

200m schoolslag	series	6.	2:57.91	432	3:07.13	04-06-2023	111%	-
Jaap Vis, 1956 (68 jaar), Heren								
800m vrije slag	series	5.	12:21.08	209	12:17.82	19-02-2023	99%	-
1500m vrije slag	series	4.	23:31.05	216	23:22.88	16-02-2023	99%	-
Jeroen Temme, 1972 (52 jaar), Heren								
50m vrije slag	series	8.	29.25	327	29.57	10-02-2024	102%	4
100m vrije slag	series	7.	1:07.08	298	1:07.85	10-02-2024	102%	-
50m vlinderslag	series	8.	33.39	276	33.86	18-10-2024	103%	-
200m wisselslag	series	4.	2:53.53	252	3:05.99	18-10-2024	115%	-
Margriet Pasma, 1955 (69 jaar), Dames								
200m vrije slag	series	3.	2:56.82	242	2:53.79	18-02-2023	97%	-
400m vrije slag	series	1.	6:15.22	234	6:02.72	17-02-2023	93%	-
800m vrije slag	series	1.	12:40.62	247	12:23.87	24-06-2023	96%	-
200m rugslag	series	1.	3:28.24	186	3:19.28	19-02-2023	92%	-
Relinda Baas, 1989 (35 jaar), Dames								
50m vrije slag	series	3.	30.14	440	29.55	24-03-2024	96%	4
200m vrije slag	series	1.	2:26.27	428	2:27.50	30-09-2023	102%	-
400m vrije slag	series	1.	5:11.61	408	5:12.41	28-10-2023	101%	-
800m vrije slag	series	1.	10:51.14	394	10:40.82	24-03-2024	97%	-
1500m vrije slag	series	1.	20:44.59	388	21:11.04	24-06-2023	104%	-
50m vlinderslag	series	4.	33.36	390	34.10	06-01-2024	104%	-
100m wisselslag	series	4.	1:16.21	407	1:15.47	25-05-2024	98%	-
Rik Stahlie, 2002 (22 jaar), Heren								
100m vrije slag	series	26.	59.53	427	59.42	25-05-2024	100%	5
1500m vrije slag	series	5.	18:59.13	410	20:09.17	24-03-2024	113%	-
100m rugslag	series	10.	1:10.19	326	1:11.78	27-01-2024	105%	-
200m rugslag	series	8.	2:28.69	358	2:33.02	12-03-2023	106%	-
50m vlinderslag	series	35.	29.71	392	30.25	25-05-2024	104%	-
200m wisselslag	series	9.	2:28.91	399	2:34.25	28-10-2023	107%	-
Theo Bakker, 1964 (60 jaar), Heren								
50m schoolslag	series	1.	36.34	323	35.36	19-02-2023	95%	1
100m schoolslag	series	1.	1:19.50	336	1:20.69	18-02-2023	103%	-
200m schoolslag	series	3.	3:11.85	245	3:02.01	17-02-2023	90%	-
50m vlinderslag	series	3.	33.95	262	32.67	21-01-2024	93%	-
100m wisselslag	series	4.	1:19.33	239	1:19.03	24-03-2024	99%	-
TZC-Vahalis								
Trudie van Niejenhuis, 1971 (53 jaar), Dames								
50m rugslag	series	3.	38.70	277	37.57	18-02-2023	94%	-
100m rugslag	series	NG	-	-	1:22.32	21-01-2024	-	-
200m rugslag	series	3.	3:00.35	286	2:55.41	19-02-2023	95%	-
50m schoolslag	series	5.	41.68	315	41.41	19-02-2023	99%	-
200m schoolslag	series	NG	-	-	3:16.76	17-02-2023	-	-
Upstream Amsterdam								
Christopher Cardenas, 1980 (44 jaar), Heren								
100m vrije slag	series	6.	59.40	430	59.02	19-02-2023	99%	1
100m vlinderslag	series	1.	1:05.96	380	1:05.64	19-02-2023	99%	-
200m wisselslag	series	4.	2:35.07	353	2:38.16	23-03-2024	104%	-
VSK Univerzita Brno								
Dominik Volavy, 1988 (36 jaar), Heren								
50m vrije slag	series	4.	25.95	468	25.72	29-02-2024	98%	-
100m vrije slag	series	5.	58.83	442	56.80	02-12-2023	93%	-
Jakub Horacek, 1984 (40 jaar), Heren								
50m vrije slag	series	3.	25.15	515	25.91	29-02-2024	106%	3
50m schoolslag	series	1.	29.17	625	30.00	01-07-2024	106%	-
100m schoolslag	series	1.	1:05.56	599	1:07.70	11-11-2023	107%	-
Jan Vencel, 1992 (32 jaar), Heren								
100m schoolslag	series	1.	1:04.25	636	1:03.34	24-11-2023	97%	2
200m vlinderslag	series	1.	2:09.87	556	2:10.80	02-09-2023	101%	-
100m wisselslag	series	3.	59.05	581	59.41	16-12-2023	101%	-
Katarina Hanusova, 1976 (48 jaar), Dames								
100m vrije slag	series	2.	1:05.26	456	1:04.09	11-03-2023	96%	1
200m vrije slag	series	2.	2:24.04	449	2:21.97	01-04-2023	97%	-
400m vrije slag	series	2.	5:05.79	432	5:08.06	04-05-2024	101%	-
Lubos Svanda, 1972 (52 jaar), Heren								
50m schoolslag	series	5.	34.19	388	35.15	16-03-2023	106%	1
100m schoolslag	series	5.	1:18.10	354	1:18.05	11-11-2023	100%	-
200m schoolslag	series	2.	2:59.43	300	2:58.26	20-04-2024	99%	-

Vojtech Patek, 1993 (31 jaar), Heren								3
50m vrije slag	series	5.	24.92	529	26.00	25-02-2024	109%	
100m vrije slag	series	2.	54.69	551	55.83	11-11-2023	104%	
200m vrije slag	series	3.	2:04.02	514	2:04.38	04-11-2023	101%	
VZC								5
Babet Kruger, 2000 (24 jaar), Dames								-
50m schoolslag	series	15.	37.87	420	36.52	30-09-2023	93%	
100m wisselslag	series	15.	1:12.33	476	1:11.22	05-10-2024	97%	
Jelle Nap, 1995 (29 jaar), Heren								-
200m vrije slag	series	4.	2:04.99	502	2:03.00	28-01-2024	97%	
50m schoolslag	series	6.	31.67	488	31.22	30-03-2024	97%	
Lisanne Seising, 2000 (24 jaar), Dames								-
100m vrije slag	series	25.	1:06.64	428	1:05.30	01-07-2023	96%	
50m schoolslag	series	5.	35.98	490	35.25	13-01-2024	96%	
100m schoolslag	series	6.	1:20.00	473	1:17.91	21-10-2023	95%	
100m vlinderslag	series	9.	1:11.06	440	1:09.94	11-11-2023	97%	
Olaf Achterberg, 1990 (34 jaar), Heren								3
200m vrije slag	series	2.	2:03.70	518	2:05.06	18-02-2023	102%	
50m rugslag	series	2.	29.14	436	28.87	13-01-2024	98%	
200m rugslag	series	2.	2:20.26	427	2:20.43	30-09-2023	100%	
200m wisselslag	series	2.	2:19.76	482	2:20.81	17-02-2023	102%	
Suzanne Lange, 1992 (32 jaar), Dames								1
200m vrije slag	series	8.	2:30.84	391	2:31.47	17-02-2023	101%	
50m schoolslag	series	9.	38.76	392	38.42	01-04-2023	98%	
Tess Panjer, 2004 (20 jaar), Dames								1
200m vrije slag	series	2.	2:09.06	624	2:06.97	28-01-2024	97%	
200m rugslag	series	1.	2:23.19	573	2:24.58	25-11-2023	102%	
VZV Njord								5
Renee de Kok, 1984 (40 jaar), Dames								5
50m vrije slag	series	5.	31.87	372	32.21	05-05-2023	102%	
100m vrije slag	series	6.	1:11.95	340	1:12.74	07-05-2023	102%	
50m schoolslag	series	2.	40.13	353	40.31	01-04-2024	101%	
100m schoolslag	series	4.	1:30.17	330	1:33.01	06-05-2023	106%	
200m schoolslag	series	4.	3:20.23	303	3:24.30	29-09-2024	104%	
Wahoo Swimming								-
Westland Swimming Stars								5
Anouk van der Lans, 1998 (26 jaar), Dames								3
50m vrije slag	series	33.	32.21	360	32.18	21-09-2024	100%	
200m vrije slag	series	13.	2:30.78	391	2:34.79	25-11-2023	105%	
100m rugslag	series	13.	1:16.78	365	1:17.09	24-03-2024	101%	
200m rugslag	series	12.	2:46.79	362	2:48.69	25-11-2023	102%	
Kim de Jong, 2004 (20 jaar), Dames								2
50m vrije slag	series	15.	28.89	499	30.11	17-02-2024	109%	
50m schoolslag	series	16.	37.98	416	37.53	14-09-2024	98%	
200m schoolslag	series	7.	3:02.68	399	3:05.85	12-10-2024	104%	
Nick Boekestijn, 1999 (25 jaar), Heren								-
50m vrije slag	series	19.	26.23	454	25.99	14-10-2023	98%	
50m schoolslag	series	16.	36.61	316	35.06	10-02-2024	92%	
50m vlinderslag	series	28.	29.74	391	29.11	03-06-2023	96%	
100m vlinderslag	series	14.	1:09.46	325	1:07.14	28-10-2023	93%	
WS Twente								42
Antoinette Gilding-Tussaud, 1950 (74 jaar), Dames								1
50m vrije slag	series	5.	49.36	100	50.04	17-03-2024	103%	
50m rugslag	series	3.	54.52	99	51.24	18-02-2023	88%	
100m rugslag	series	2.	1:54.87	109	1:51.81	17-02-2023	95%	
200m wisselslag	series	2.	4:26.20	95	4:14.76	17-02-2023	92%	
Cars Wiegmann, 1994 (30 jaar), Heren								1
50m vrije slag	series	19.	28.15	367	27.62	21-11-2023	96%	
50m schoolslag	series	12.	37.10	304	38.70	01-07-2023	109%	
50m vlinderslag	series	17.	31.05	343	30.57	27-01-2024	97%	
100m vlinderslag	series	10.	1:12.78	282	1:11.34	20-11-2023	96%	
Hanneke Heymen, 1984 (40 jaar), Dames								-
50m rugslag	series	5.	37.15	313	35.92	30-03-2024	93%	

Irna van der Molen, 1969 (55 jaar), Dames								3
50m vrije slag	series	13.	38.03	219	37.07	07-07-2023	95%	
100m vrije slag	series	9.	1:24.71	208	1:22.22	09-07-2023	94%	
200m vrije slag	series	7.	3:14.31	182	3:08.36	04-05-2024	94%	
50m rugslag	series	8.	45.97	165	48.45	01-07-2023	111%	
50m schoolslag	series	8.	47.06	219	47.47	04-05-2024	102%	
100m schoolslag	series	6.	1:38.96	250	1:40.27	24-11-2023	103%	
200m schoolslag	series	5.	3:36.35	240	3:27.43	21-11-2023	92%	
Jack Barends, 1962 (62 jaar), Heren								3
200m vrije slag	series	10.	2:56.36	178	3:00.90	06-05-2023	105%	
50m schoolslag	series	4.	43.79	184	44.00	19-02-2023	101%	
200m schoolslag	series	5.	3:33.73	177	3:34.66	17-02-2023	101%	
Jan Willem Heuten, 1960 (64 jaar), Heren								2
400m vrije slag	series	7.	6:40.15	149	6:51.29	03-11-2023	106%	
200m wisselslag	series	6.	3:38.85	125	3:45.18	14-10-2023	106%	
Janneke Wynia, 1990 (34 jaar), Dames								1
50m schoolslag	series	13.	44.46	259	45.98	06-01-2024	107%	
Joop Weenink, 1968 (56 jaar), Heren								-
50m schoolslag	series	8.	39.62	249	38.96	19-02-2023	97%	
100m schoolslag	series	9.	1:27.56	251	1:25.24	18-02-2023	95%	
200m schoolslag	series	6.	3:09.41	255	3:05.13	17-02-2023	96%	
Lasse Ophuis, 2004 (20 jaar), Heren								-
50m vrije slag	series	39.	27.80	381	27.54	22-04-2023	98%	
50m schoolslag	series	22.	33.97	396	33.74	03-03-2024	99%	
200m schoolslag	series	5.	2:45.03	386	2:43.40	14-10-2023	98%	
100m wisselslag	series	16.	1:11.32	329	1:09.11	09-03-2024	94%	
Laurens Klein Breteler, 1954 (70 jaar), Heren								-
400m vrije slag	series	4.	6:20.24	173	6:03.43	16-02-2023	91%	
800m vrije slag	series	2.	12:45.95	190	12:21.09	16-02-2023	94%	
1500m vrije slag	series	2.	24:20.39	195	23:24.41	16-02-2023	92%	
Laurens Spoelstra, 1999 (25 jaar), Heren								6
50m vrije slag	series	29.	27.27	404	27.89	10-02-2024	105%	
100m vrije slag	series	20.	1:01.16	394	1:02.48	25-05-2024	104%	
50m schoolslag	series	12.	34.17	389	35.41	10-02-2024	107%	
100m schoolslag	series	10.	1:15.98	385	1:16.32	17-03-2024	101%	
200m schoolslag	series	5.	2:48.64	361	2:47.69	25-05-2024	99%	
100m wisselslag	series	16.	1:08.38	374	1:11.09	21-09-2024	108%	
200m wisselslag	series	8.	2:35.31	351	2:39.70	28-10-2023	106%	
Lieke Stoker, 2003 (21 jaar), Dames								1
50m vrije slag	series	37.	31.11	400	30.69	22-04-2023	97%	
50m schoolslag	series	25.	44.40	260	44.65	21-09-2024	101%	
50m vlinderslag	series	35.	34.24	360	34.03	15-10-2023	99%	
Marleen Hof, 1998 (26 jaar), Dames								5
50m vrije slag	series	21.	30.34	431	30.70	22-04-2023	102%	
100m vrije slag	series	22.	1:09.30	381	1:09.96	10-02-2024	102%	
50m rugslag	series	13.	36.54	329	37.83	10-02-2024	107%	
200m rugslag	series	14.	2:52.56	327	2:54.23	17-03-2024	102%	
50m vlinderslag	series	24.	34.09	365	35.84	06-10-2023	111%	
Marloes Rebel, 1984 (40 jaar), Dames								1
50m vlinderslag	series	11.	44.67	162	45.15	20-10-2024	102%	
Niels Bent, 1994 (30 jaar), Heren								5
50m vrije slag	series	12.	27.36	400	27.94	05-05-2024	104%	
100m vrije slag	series	10.	1:00.91	398	1:00.10	10-02-2024	97%	
200m vrije slag	series	11.	2:14.93	399	2:16.87	06-01-2024	103%	
400m vrije slag	series	6.	4:48.91	396	5:02.71	07-04-2024	110%	
1500m vrije slag	series	5.	20:18.79	335	19:54.75	12-04-2024	96%	
50m rugslag	series	7.	32.71	308	32.98	07-04-2024	102%	
100m rugslag	series	3.	1:11.03	315	1:14.13	05-05-2024	109%	
200m rugslag	series	7.	2:38.48	296	2:29.64	17-03-2024	89%	
Nienke Smidt, 1994 (30 jaar), Dames								4
100m vrije slag	series	11.	1:09.63	375	1:09.25	25-05-2024	99%	
200m vrije slag	series	9.	2:31.53	385	2:34.04	06-01-2024	103%	
800m vrije slag	series	4.	10:48.39	399	11:14.60	12-04-2024	108%	
1500m vrije slag	series	1.	20:42.56	390	21:16.81	12-04-2024	106%	
200m wisselslag	series	5.	2:53.70	345	3:02.27	28-10-2023	110%	
Romée Beverdam, 2001 (23 jaar), Dames								2
50m vrije slag	series	34.	30.89	409	30.08	22-04-2023	95%	
200m vrije slag	series	15.	2:26.12	430	2:27.07	30-09-2023	101%	
50m vlinderslag	series	29.	33.26	393	32.69	27-01-2024	97%	
100m vlinderslag	series	18.	1:16.84	348	1:14.70	21-01-2024	95%	
200m vlinderslag	series	4.	2:55.41	317	2:50.80	07-01-2024	95%	
200m wisselslag	series	7.	2:46.92	389	2:47.08	06-10-2023	100%	

Sander Riezebos, 1994 (30 jaar), Heren								5
50m vrije slag	series	14.	27.49	394	28.03	22-04-2023	104%	
100m vrije slag	series	14.	1:01.44	388	1:00.56	25-05-2024	97%	
50m vlinderslag	series	16.	30.50	362	30.61	20-05-2023	101%	
100m vlinderslag	series	8.	1:09.55	324	1:09.58	20-11-2023	100%	
200m vlinderslag	series	6.	2:37.51	312	2:41.58	25-05-2024	105%	
100m wisselslag	series	11.	1:11.47	327	1:12.92	09-03-2024	104%	
Ursula Spoelstra-de Groot, 1972 (52 jaar), Dames								2
50m schoolslag	series	8.	49.31	190	49.05	21-09-2024	99%	
100m schoolslag	series	10.	1:49.25	185	1:50.67	20-10-2024	103%	
50m vlinderslag	series	9.	45.90	149	46.35	20-10-2024	102%	
Wessel Everloo, 1989 (35 jaar), Heren								-
200m vrije slag	series	6.	2:19.43	361	2:18.71	21-09-2024	99%	
400m vrije slag	series	3.	4:50.08	391	4:47.41	17-02-2023	98%	
800m vrije slag	series	2.	9:46.05	424	9:40.28	19-02-2023	98%	
1500m vrije slag	series	1.	18:44.22	427	18:24.82	16-02-2023	97%	
50m rugslag	series	4.	35.38	244	34.66	28-10-2023	96%	
100m rugslag	series	4.	1:14.87	268	1:12.34	04-06-2023	93%	
200m rugslag	series	4.	2:33.24	327	2:32.07	30-09-2023	98%	
50m vlinderslag	series	7.	35.35	232	34.72	28-10-2023	96%	
200m wisselslag	series	7.	2:42.91	304	2:40.53	28-10-2023	97%	
400m wisselslag	series	3.	5:42.23	322	5:38.05	01-03-2024	98%	
WVZ								16
Abel te Riele, 2004 (20 jaar), Heren								-
400m wisselslag	series	1.	4:38.17	601	4:31.69	16-12-2023	95%	
Anita Steijger, 1965 (59 jaar), Dames								-
400m vrije slag	series	3.	6:01.95	260	5:48.87	17-02-2023	93%	
100m vlinderslag	series	3.	1:35.40	181	1:30.70	19-02-2023	90%	
200m vlinderslag	series	1.	3:33.15	176	3:32.77	08-04-2023	100%	
200m wisselslag	series	4.	3:14.53	245	3:11.68	17-02-2023	97%	
400m wisselslag	series	4.	6:54.44	243	6:42.21	19-02-2023	94%	
Delia Badoux, 1980 (44 jaar), Dames								1
100m vrije slag	series	1.	59.85	591	59.77	09-03-2024	100%	
50m vlinderslag	series	1.	29.16	584	29.40	17-02-2023	102%	
100m wisselslag	series	1.	1:08.34	565	1:07.94	18-02-2023	99%	
Irma van der Wulp, 2004 (20 jaar), Dames								-
100m wisselslag	series	14.	1:12.01	483	1:11.67	06-10-2024	99%	
Isabelle Massar, 1991 (33 jaar), Dames								1
50m vrije slag	series	10.	29.42	473	30.32	30-06-2024	106%	
Ivo Roozeboom, 1977 (47 jaar), Heren								1
100m vrije slag	series	2.	56.85	490	56.88	23-04-2023	100%	
200m vrije slag	series	3.	2:08.24	465	2:05.28	18-02-2023	95%	
400m vrije slag	series	2.	4:30.74	481	4:29.54	17-02-2023	99%	
800m vrije slag	series	3.	9:46.55	423	9:26.53	12-10-2024	93%	
200m rugslag	series	1.	2:20.41	425	2:17.48	19-02-2023	96%	
200m wisselslag	series	2.	2:23.02	450	2:21.53	12-11-2023	98%	
Jan-Willem van den Berg, 1968 (56 jaar), Heren								3
100m rugslag	series	1.	1:07.67	364	1:07.41	17-02-2023	99%	
200m rugslag	series	1.	2:28.18	362	2:26.17	01-10-2023	97%	
100m schoolslag	series	2.	1:14.92	401	1:16.54	18-02-2023	104%	
100m wisselslag	series	2.	1:08.16	377	1:07.61	06-10-2024	98%	
200m wisselslag	series	1.	2:29.00	398	2:30.80	22-09-2024	102%	
400m wisselslag	series	2.	5:39.40	331	5:44.20	18-02-2023	103%	
Jasper Breugem, 2000 (24 jaar), Heren								1
400m vrije slag	series	4.	4:19.51	547	4:23.07	17-02-2023	103%	
100m rugslag	series	4.	1:01.92	475	1:01.88	17-02-2023	100%	
200m rugslag	series	3.	2:11.35	520	2:11.23	19-02-2023	100%	
200m wisselslag	series	3.	2:15.81	526	2:14.87	17-02-2023	99%	
Jordy van Oel, 1998 (26 jaar), Heren								-
800m vrije slag	series	5.	9:41.33	434	9:23.41	19-02-2023	94%	
1500m vrije slag	series	3.	18:44.74	426	17:56.58	16-02-2023	92%	
100m rugslag	series	4.	1:08.06	358	1:05.21	28-01-2024	92%	
200m rugslag	series	4.	2:26.02	378	2:21.22	01-10-2023	94%	
50m vlinderslag	series	25.	29.42	404	28.25	17-02-2023	92%	
200m wisselslag	series	5.	2:31.70	377	2:22.41	23-04-2023	88%	
Lauren van IJl, 2000 (24 jaar), Dames								1
50m rugslag	series	7.	31.89	496	31.72	06-10-2024	99%	
100m rugslag	series	6.	1:10.38	474	1:10.17	17-02-2023	99%	
200m rugslag	series	7.	2:35.90	444	2:35.71	19-02-2023	100%	
100m schoolslag	series	11.	1:22.16	437	1:18.63	28-01-2024	92%	
50m vlinderslag	series	11.	30.46	512	30.79	22-09-2024	102%	

Leon Slingerland, 1968 (56 jaar), Heren								2
50m vrije slag	series	12.	30.57	286	30.48	21-01-2024	99%	
200m vrije slag	series	10.	2:33.69	270	2:31.06	28-01-2024	97%	
400m vrije slag	series	7.	5:32.72	259	5:24.56	21-01-2024	95%	
800m vrije slag	series	4.	11:32.20	257	11:40.43	19-02-2023	102%	
1500m vrije slag	series	4.	22:02.31	262	22:42.89	19-03-2023	106%	
Leonie van Noort, 1993 (31 jaar), Dames								2
200m vrije slag	series	1.	2:05.34	681	2:05.56	05-10-2024	100%	
400m vrije slag	series	1.	4:29.33	633	4:28.31	17-02-2023	99%	
100m rugslag	series	1.	1:06.07	573	1:06.31	15-09-2024	101%	
200m rugslag	series	1.	2:20.26	609	2:20.26	19-02-2023	100%	
200m vlinderslag	series	2.	2:28.02	527	2:26.16	16-12-2023	98%	
Linda Hoogendam, 1983 (41 jaar), Dames								-
200m vrije slag	series	8.	2:50.38	271	2:40.79	28-01-2024	89%	
800m vrije slag	series	7.	12:10.74	278	11:47.89	18-02-2023	94%	
1500m vrije slag	series	4.	23:13.54	276	22:30.57	16-02-2023	94%	
200m vlinderslag	series	3.	3:22.07	207	3:18.41	09-03-2024	96%	
400m wisselslag	series	4.	6:50.32	251	6:44.32	19-02-2023	97%	
Lisa Klatten, 1992 (32 jaar), Dames								-
50m vrije slag	series	4.	28.29	532	27.94	09-03-2024	98%	
50m vlinderslag	series	3.	30.64	503	29.95	06-05-2023	96%	
Markus van Rest, 1977 (47 jaar), Heren								1
50m vrije slag	series	9.	28.82	342	28.42	17-02-2023	97%	
200m rugslag	series	4.	2:35.32	314	2:35.72	17-02-2024	101%	
50m vlinderslag	series	7.	30.60	359	29.67	17-02-2023	94%	
100m vlinderslag	series	11.	1:10.10	316	1:07.89	24-03-2024	94%	
Sander Kirillova, 1998 (26 jaar), Heren								-
50m vrije slag	series	6.	24.47	559	24.26	11-11-2023	98%	
100m vrije slag	series	4.	53.94	574	53.43	21-01-2024	98%	
50m vlinderslag	series	8.	26.34	563	25.93	21-01-2024	97%	
100m vlinderslag	series	2.	57.96	560	57.26	11-11-2023	98%	
100m wisselslag	series	4.	1:00.93	529	1:00.25	30-09-2023	98%	
Simon van Ravesteijn, 1980 (44 jaar), Heren								1
50m schoolslag	series	3.	32.93	434	32.67	22-09-2024	98%	
100m schoolslag	series	3.	1:12.83	437	1:12.98	22-09-2024	100%	
Steven van Santen, 2000 (24 jaar), Heren								1
50m vrije slag	series	33.	27.06	413	27.38	12-11-2023	102%	
Tim van IJll, 1998 (26 jaar), Heren								1
50m vrije slag	series	34.	27.92	376	27.03	12-11-2023	94%	
50m vlinderslag	series	30.	30.91	348	32.20	12-11-2023	109%	
WWV Winterswijk								3
Femke van Wijk, 2004 (20 jaar), Dames								-
50m vrije slag	series	5.	27.27	594	27.09	17-03-2024	99%	
50m vlinderslag	series	4.	29.43	568	28.84	08-06-2024	96%	
Kees-Jan van Overbeeke, 1962 (62 jaar), Heren								2
1500m vrije slag	series	2.	21:02.36	301	21:12.56	02-05-2024	102%	
100m wisselslag	series	2.	1:13.95	295	1:14.11	21-09-2024	100%	
Michelle van Wijk, 2002 (22 jaar), Dames								1
50m vrije slag	series	4.	27.19	599	26.32	29-06-2024	94%	
50m vlinderslag	series	3.	29.03	592	28.40	08-06-2024	96%	
200m wisselslag	series	1.	2:26.57	574	2:26.74	11-11-2023	100%	
WZK Zwemmen								3
Sagar Jaivant, 1974 (50 jaar), Heren								3
50m vrije slag	series	7.	28.73	345	29.52	29-02-2024	106%	
50m schoolslag	series	8.	35.81	338	35.98	28-02-2024	101%	
100m schoolslag	series	8.	1:22.46	301	1:24.05	27-02-2024	104%	
Z&PC Zegenwerp								-
Alma Janssen, 1994 (30 jaar), Dames								-
200m rugslag	series	9.	2:53.54	321	2:51.53	29-10-2023	98%	
100m wisselslag	series	13.	1:19.72	356	1:18.61	22-10-2023	97%	
ZDF								-
Sylvia Monster, 1968 (56 jaar), Dames								-
50m vrije slag	series	12.	36.84	241	36.32	13-10-2024	97%	
ZIGNEA								1

John Dam, 1960 (64 jaar), Heren								1
100m vrije slag	series	6.	1:18.77	184	1:18.73	10-02-2024	100%	
1500m vrije slag	series	6.	24:40.83	187	23:32.73	16-02-2023	91%	
50m rugslag	series	4.	43.78	128	46.01	25-05-2024	110%	
Melanie Kuiper, 1976 (48 jaar), Dames								-
200m vrije slag	series	4.	2:27.63	417	2:25.27	18-02-2023	97%	
400m vrije slag	series	3.	5:07.64	425	5:05.12	17-02-2023	98%	
800m vrije slag	series	2.	10:33.76	427	10:26.48	18-02-2023	98%	
1500m vrije slag	series	2.	20:16.52	416	19:42.33	16-02-2023	94%	
50m rugslag	series	4.	37.28	310	36.27	18-02-2023	95%	
200m rugslag	series	2.	2:49.20	347	2:46.50	19-02-2023	97%	
200m wisselslag	series	3.	2:55.45	335	2:52.74	17-02-2023	97%	
400m wisselslag	series	2.	6:14.07	331	6:02.36	19-02-2023	94%	
ZOB'66								20
Boaz Troost, 2001 (23 jaar), Heren								2
50m vrije slag	series	40.	28.15	367	27.57	21-01-2024	96%	
100m vrije slag	series	31.	1:01.56	386	1:00.47	21-01-2024	96%	
50m rugslag	series	16.	35.64	238	36.15	08-04-2023	103%	
50m schoolslag	series	24.	34.90	365	33.98	19-02-2023	95%	
50m vlinderslag	series	38.	32.10	311	32.93	11-11-2023	105%	
Daan Siebenheller, 1998 (26 jaar), Heren								1
50m vrije slag	series	21.	26.43	443	26.45	11-11-2023	100%	
50m vlinderslag	series	17.	27.68	485	27.28	20-04-2024	97%	
100m vlinderslag	series	10.	1:03.13	433	1:01.81	20-04-2024	96%	
100m wisselslag	series	10.	1:04.76	440	1:04.66	19-10-2024	100%	
Danielle Schipper, 1970 (54 jaar), Dames								1
50m vrije slag	series	16.	38.01	219	37.30	05-05-2024	96%	
50m rugslag	series	5.	45.05	176	44.94	18-02-2023	100%	
100m rugslag	series	9.	1:37.23	179	1:44.12	19-02-2023	115%	
Erik Tobé, 1979 (45 jaar), Heren								1
100m vrije slag	series	12.	1:09.97	263	1:07.42	24-03-2024	93%	
50m rugslag	series	5.	37.92	198	37.17	12-10-2024	96%	
50m schoolslag	series	11.	39.50	252	38.40	24-02-2024	95%	
100m schoolslag	series	11.	1:26.91	257	1:32.94	22-06-2024	114%	
100m wisselslag	series	6.	1:19.42	238	1:17.56	24-02-2024	95%	
Harmen Reemst, 1987 (37 jaar), Heren								1
200m rugslag	series	6.	2:43.84	267	2:44.27	08-04-2023	101%	
50m schoolslag	series	12.	36.81	311	36.77	19-02-2023	100%	
Ian van Mullem, 1996 (28 jaar), Heren								1
50m vrije slag	series	22.	26.44	443	26.34	21-01-2024	99%	
100m vrije slag	series	12.	58.57	448	58.50	24-03-2024	100%	
50m rugslag	series	7.	31.66	340	31.46	24-02-2024	99%	
100m schoolslag	series	11.	1:16.54	376	1:17.13	18-02-2023	102%	
50m vlinderslag	series	25.	29.42	404	28.94	21-09-2024	97%	
100m wisselslag	series	15.	1:07.41	390	1:06.24	19-10-2024	97%	
Ingmar de Gelder, 1970 (54 jaar), Heren								-
800m vrije slag	series	2.	10:37.56	329	10:21.13	16-12-2023	95%	
1500m vrije slag	series	1.	20:35.67	321	19:49.43	16-02-2023	93%	
Jaimy Voogt, 2000 (24 jaar), Heren								-
50m vrije slag	series	37.	27.65	387	27.40	21-09-2024	98%	
50m vlinderslag	series	40.	32.94	287	30.52	21-09-2024	86%	
Jet van Oudheusden, 2004 (20 jaar), Dames								-
50m vrije slag	series	35.	30.99	405	30.53	11-11-2023	97%	
50m vlinderslag	series	38.	35.21	331	34.45	11-11-2023	96%	
Julian Mes, 2001 (23 jaar), Heren								2
50m vrije slag	series	31.	26.89	421	26.33	17-02-2023	96%	
100m vrije slag	series	21.	58.23	456	58.45	09-03-2024	101%	
50m rugslag	series	7.	30.75	371	31.86	05-10-2024	107%	
50m vlinderslag	series	31.	28.84	428	28.26	17-02-2023	96%	
100m vlinderslag	series	21.	1:07.64	352	1:06.45	19-10-2024	97%	
100m wisselslag	series	13.	1:08.75	368	1:07.52	30-09-2023	96%	
Mart de Koning, 2002 (22 jaar), Heren								1
50m vrije slag	series	25.	26.08	461	25.78	22-09-2024	98%	
50m schoolslag	series	12.	31.19	511	30.84	20-04-2024	98%	
50m vlinderslag	series	22.	27.94	471	28.16	21-01-2024	102%	
100m vlinderslag	series	13.	1:03.37	428	1:02.56	19-02-2023	97%	
Niels van der Mast, 2004 (20 jaar), Heren								1
100m vrije slag	series	12.	55.53	526	56.44	09-03-2024	103%	
200m vrije slag	series	9.	2:06.52	484	2:03.69	27-01-2024	96%	
400m vrije slag	series	8.	4:34.98	459	4:33.52	05-10-2024	99%	
1500m vrije slag	series	6.	19:30.98	378	19:24.84	24-03-2024	99%	
50m rugslag	series	10.	31.72	338	31.37	12-10-2024	98%	

100m vlinderslag	series	16.	1:05.00	397	1:01.26	08-06-2024	89%	
Nina Tourton, 1996 (28 jaar), Dames								
100m rugslag	series	15.	1:17.72	352	1:14.71	21-01-2024	92%	-
50m vlinderslag	series	23.	34.02	368	33.60	16-12-2023	98%	
100m wisselslag	series	21.	1:18.04	379	1:14.87	10-06-2023	92%	
Nino van Krimpen, 2000 (24 jaar), Heren								
50m vrije slag	series	18.	25.31	505	25.60	19-10-2024	102%	3
50m schoolslag	series	19.	33.12	427	33.85	22-09-2024	104%	
50m vlinderslag	series	16.	27.34	503	27.50	18-05-2024	101%	
100m wisselslag	series	9.	1:06.30	410	1:04.83	05-10-2024	96%	
Nol van Thull, 1980 (44 jaar), Heren								
50m vrije slag	series	4.	25.68	483	25.23	24-03-2024	97%	1
100m vrije slag	series	9.	1:00.43	408	1:02.16	22-06-2024	106%	
50m rugslag	series	2.	29.61	416	29.59	21-01-2024	100%	
100m rugslag	series	3.	1:07.68	364	1:03.70	24-03-2024	89%	
Pascal Tourton, 1966 (58 jaar), Heren								
100m rugslag	series	3.	1:16.82	249	1:16.82	18-02-2023	100%	2
50m schoolslag	series	5.	37.05	305	37.48	17-09-2023	102%	
50m vlinderslag	series	5.	32.70	294	33.24	17-09-2023	103%	
100m wisselslag	series	5.	1:14.88	285	1:14.79	22-09-2024	100%	
Roderik Meijers, 1986 (38 jaar), Heren								
50m vrije slag	series	2.	25.70	482	25.57	24-03-2024	99%	2
50m schoolslag	series	7.	31.94	476	32.29	24-03-2024	102%	
100m schoolslag	series	6.	1:12.65	440	1:14.57	22-09-2024	105%	
Rozemarijn van Haaff, 2002 (22 jaar), Dames								
50m vrije slag	series	17.	29.06	491	28.70	29-06-2024	98%	-
100m vrije slag	series	13.	1:03.66	491	1:02.91	20-04-2024	98%	
50m rugslag	series	15.	35.05	373	33.81	19-02-2023	93%	
100m rugslag	series	10.	1:13.29	420	1:13.08	22-04-2023	99%	
100m wisselslag	series	11.	1:11.56	492	1:11.26	29-06-2024	99%	
Ruben Stolk, 1990 (34 jaar), Heren								
50m vrije slag	series	17.	27.85	379	27.18	17-02-2023	95%	-
50m vlinderslag	series	13.	30.16	375	29.71	17-02-2023	97%	
Wendy de Bruin, 1992 (32 jaar), Dames								
50m vrije slag	series	16.	30.48	425	29.91	11-11-2023	96%	1
100m vrije slag	series	7.	1:06.59	429	1:05.56	22-04-2023	97%	
50m rugslag	series	5.	35.50	359	35.72	05-10-2024	101%	
100m rugslag	series	8.	1:19.06	334	1:16.77	10-06-2023	94%	
200m rugslag	series	5.	2:47.87	355	2:42.79	25-11-2023	94%	
100m wisselslag	series	8.	1:16.49	403	1:14.17	10-06-2023	94%	
Zoetermeer								
ZPB H&L Productions								
Marco Booij, 1973 (51 jaar), Heren								
100m vrije slag	series	1.	59.11	436	1:00.86	06-04-2024	106%	4
50m schoolslag	series	1.	31.60	492	34.93	06-04-2024	122%	4
100m schoolslag	series	1.	1:12.05	451	1:14.74	06-04-2024	108%	
100m wisselslag	series	1.	1:07.25	393	1:09.95	19-10-2024	108%	
ZPC AMERSFOORT								
Angela Giezen, 1983 (41 jaar), Dames								
100m vrije slag	series	5.	1:10.21	366	1:10.79	20-05-2023	102%	3
50m rugslag	series	2.	35.15	370	36.07	05-10-2024	105%	
100m rugslag	series	4.	1:18.48	342	1:17.88	28-12-2023	98%	
200m rugslag	series	4.	2:47.81	356	2:50.34	08-04-2023	103%	
50m schoolslag	series	6.	41.92	309	41.31	10-02-2024	97%	
200m schoolslag	series	3.	3:18.10	313	3:14.71	03-06-2023	97%	
Bas Braun, 1991 (33 jaar), Heren								
50m vrije slag	series	6.	25.17	513	25.36	22-09-2024	102%	5
100m vrije slag	series	3.	55.64	523	57.18	19-02-2023	106%	
50m vlinderslag	series	6.	27.53	493	28.67	27-01-2024	108%	
100m vlinderslag	series	6.	1:02.67	443	1:03.45	22-09-2024	103%	
100m wisselslag	series	4.	1:04.14	453	1:05.20	18-02-2023	103%	
200m wisselslag	series	4.	2:22.13	458	2:20.90	22-09-2024	98%	
Catannia Nortan, 1999 (25 jaar), Dames								
50m vrije slag	series	40.	35.33	273	35.45	26-11-2023	101%	1
Chester Marsman, 1969 (55 jaar), Heren								
50m vrije slag	series	1.	26.08	461	26.14	17-02-2023	100%	3
50m rugslag	series	1.	29.65	414	29.43	18-02-2023	99%	
50m vlinderslag	series	1.	28.45	446	28.95	17-02-2023	104%	
100m vlinderslag	series	1.	1:05.45	389	1:05.51	19-11-2023	100%	

200m vlinderslag	series	1.	2:28.63	371	2:27.49	18-02-2023	98%	
100m wisselslag	series	1.	1:05.98	416	1:05.82	24-06-2023	100%	
Dannique Koolen, 1999 (25 jaar), Dames								
50m vrije slag	series	38.	33.54	319	32.98	03-06-2023	97%	
50m vlinderslag	series	31.	37.42	276	36.73	29-06-2024	96%	
Daphne Kievit, 1992 (32 jaar), Dames								
50m vrije slag	series	23.	32.25	359	32.30	30-12-2023	100%	3
200m vrije slag	series	12.	2:33.73	369	2:32.43	05-10-2024	98%	
400m vrije slag	series	7.	5:27.56	352	5:37.30	03-05-2024	106%	
50m vlinderslag	series	19.	35.52	323	34.27	05-05-2024	93%	
200m vlinderslag	series	5.	3:12.02	241	3:12.17	12-10-2024	100%	
Darren Chen, 2000 (24 jaar), Heren								
50m vrije slag	series	8.	23.86	603	24.09	20-04-2024	102%	6
100m vrije slag	series	4.	52.15	635	52.37	19-10-2024	101%	
200m vrije slag	series	2.	1:54.53	653	1:54.90	20-10-2024	101%	
50m schoolslag	series	4.	29.61	598	29.71	19-03-2023	101%	
100m schoolslag	series	2.	1:05.33	605	1:07.24	20-10-2024	106%	
50m vlinderslag	series	7.	26.37	561	26.38	15-04-2023	100%	
Edwin v. Norden, 1963 (61 jaar), Heren								
100m vrije slag	series	3.	1:03.72	348	1:01.69	22-04-2023	94%	1
200m rugslag	series	2.	2:31.80	336	2:31.69	19-02-2023	100%	
100m wisselslag	series	1.	1:11.51	327	1:08.87	18-02-2023	93%	
200m wisselslag	series	1.	2:35.55	350	2:36.06	22-04-2023	101%	
Erwin Buist, 1978 (46 jaar), Heren								
50m vrije slag	series	4.	25.65	485	26.42	08-06-2024	106%	6
100m vrije slag	series	3.	56.86	490	59.45	02-03-2024	109%	
50m rugslag	series	3.	31.12	358	31.28	08-06-2024	101%	
50m vlinderslag	series	1.	27.54	492	27.68	08-06-2024	101%	
100m vlinderslag	series	1.	1:02.03	457	1:16.12	04-05-2024	151%	
100m wisselslag	series	1.	1:03.45	468	1:05.62	08-06-2024	107%	
Estee Grandier, 1999 (25 jaar), Dames								
100m vrije slag	series	12.	1:04.65	469	1:04.84	03-05-2024	101%	2
50m rugslag	series	5.	32.21	481	33.05	03-05-2024	105%	
Jelle Blankestijn, 1998 (26 jaar), Heren								
50m vrije slag	series	10.	25.53	492	25.46	22-09-2024	99%	3
100m vrije slag	series	6.	55.13	538	54.84	07-07-2024	99%	
200m vrije slag	series	2.	2:01.27	550	1:59.30	06-07-2024	97%	
400m vrije slag	series	1.	4:24.45	517	4:19.82	19-10-2024	97%	
200m schoolslag	series	4.	2:38.95	432	2:41.42	02-12-2023	103%	
100m wisselslag	series	12.	1:05.02	435	1:04.61	30-03-2024	99%	
200m wisselslag	series	3.	2:19.24	488	2:19.94	19-10-2024	101%	
400m wisselslag	series	1.	4:58.35	487	4:58.86	06-07-2024	100%	
Jelle Opmeer, 2001 (23 jaar), Heren								
50m vrije slag	series	28.	26.19	456	26.41	11-11-2023	102%	2
100m vrije slag	series	18.	57.61	471	57.19	22-04-2023	99%	
200m vrije slag	series	12.	2:08.50	462	2:07.21	02-12-2023	98%	
50m schoolslag	series	13.	31.46	498	31.20	14-01-2024	98%	
100m schoolslag	series	7.	1:08.97	514	1:07.87	10-02-2024	97%	
50m vlinderslag	series	32.	29.29	409	29.14	14-01-2024	99%	
200m wisselslag	series	7.	2:21.17	468	2:21.26	19-11-2023	100%	
Jenny Bergwerff, 1972 (52 jaar), Dames								
50m vrije slag	series	7.	31.03	403	30.74	05-05-2023	98%	1
100m rugslag	series	2.	1:15.96	377	1:17.45	22-09-2024	104%	
Jeroen Zelsmann, 1977 (47 jaar), Heren								
50m vrije slag	series	3.	25.25	508	25.59	05-05-2024	103%	2
50m vlinderslag	series	2.	28.17	460	28.50	08-07-2023	102%	
Jisca Majolée, 1994 (30 jaar), Dames								
200m vrije slag	series	7.	2:29.15	404	2:23.27	18-02-2023	92%	2
400m vrije slag	series	6.	5:19.91	377	5:13.23	17-02-2023	96%	
100m rugslag	series	10.	1:21.01	311	1:18.52	22-04-2023	94%	
200m schoolslag	series	5.	3:08.15	365	3:14.22	05-05-2023	107%	
100m wisselslag	series	9.	1:16.73	399	1:15.72	30-12-2023	97%	
200m wisselslag	series	3.	2:45.08	402	2:46.01	22-04-2023	101%	
400m wisselslag	series	3.	5:56.37	383	5:52.25	17-03-2024	98%	
Joanne van Essen, 1993 (31 jaar), Dames								
50m vrije slag	series	13.	29.64	462	28.96	17-02-2023	95%	-
50m schoolslag	series	10.	38.99	385	38.45	19-02-2023	97%	
50m vlinderslag	series	11.	32.49	422	31.74	17-02-2023	95%	
100m wisselslag	series	7.	1:15.33	422	1:12.91	18-02-2023	94%	
Johan Remmits, 1962 (62 jaar), Heren								
200m vrije slag	series	1.	2:15.53	394	2:19.29	06-05-2023	106%	7
400m vrije slag	series	1.	4:47.69	401	4:56.38	02-07-2024	106%	
800m vrije slag	series	1.	10:02.68	390	10:24.15	26-06-2024	107%	

100m rugslag	series	1.	1:09.69	333	1:12.08	07-05-2023	107%	
200m rugslag	series	1.	2:29.48	352	2:36.51	07-07-2023	110%	
200m wisselslag	series	2.	2:35.77	348	2:39.98	27-06-2024	105%	
400m wisselslag	series	1.	5:41.89	323	5:54.01	12-10-2024	107%	
Jorick van Bon, 2003 (21 jaar), Heren								3
50m vrije slag	series	32.	26.94	419	27.31	13-10-2024	103%	
100m vrije slag	series	28.	1:00.63	404	1:02.54	12-10-2024	106%	
50m schoolslag	series	26.	35.14	357	36.45	12-10-2024	108%	
Katrin Glatzer, 1976 (48 jaar), Dames								-
50m vrije slag	series	20.	43.05	151	42.65	13-10-2024	98%	
400m vrije slag	series	11.	6:35.16	200	6:30.76	12-10-2024	98%	
Kirsten Opmeer, 1998 (26 jaar), Dames								4
400m vrije slag	series	6.	5:04.83	436	5:07.78	30-09-2023	102%	
800m vrije slag	series	6.	10:29.46	436	10:30.57	18-02-2023	100%	
1500m vrije slag	series	5.	20:14.21	418	20:31.33	16-02-2023	103%	
50m rugslag	series	17.	37.67	301	35.79	18-02-2023	90%	
50m schoolslag	series	24.	41.30	324	41.89	02-12-2023	103%	
100m wisselslag	series	19.	1:17.28	390	1:16.60	18-02-2023	98%	
Lesley Cordial, 1967 (57 jaar), Dames								4
50m vrije slag	series	2.	29.50	469	30.45	05-05-2023	107%	
100m vrije slag	series	3.	1:07.28	416	1:07.78	17-05-2023	101%	
50m rugslag	series	2.	35.61	356	36.00	06-05-2023	102%	
50m vlinderslag	series	1.	32.36	427	32.42	06-05-2023	100%	
Lidia v. Bon-Rosenbrand, 1970 (54 jaar), Dames								-
50m vrije slag	series	5.	30.50	424	30.10	29-10-2023	97%	
400m vrije slag	series	1.	5:09.73	416	5:08.28	17-02-2023	99%	
800m vrije slag	series	3.	10:51.43	393	10:37.75	24-06-2023	96%	
100m schoolslag	series	2.	1:25.60	386	1:24.69	17-03-2024	98%	
200m schoolslag	series	2.	3:08.42	364	3:05.26	17-02-2023	97%	
100m vlinderslag	series	1.	1:13.17	403	1:13.10	20-11-2023	100%	
200m vlinderslag	series	1.	2:47.84	361	2:42.94	09-03-2024	94%	
100m wisselslag	series	2.	1:14.37	438	1:14.07	19-11-2023	99%	
200m wisselslag	series	1.	2:44.94	403	2:42.57	09-03-2024	97%	
400m wisselslag	series	1.	5:55.88	385	5:45.52	12-03-2023	94%	
Loekie van Huissteden, 1945 (79 jaar), Dames								-
100m vrije slag	series	1.	2:03.39	67	1:58.99	23-11-2023	93%	
200m vrije slag	series	1.	4:31.20	67	4:18.39	06-05-2023	91%	
400m vrije slag	series	1.	9:23.75	69	8:48.69	04-11-2023	88%	
200m schoolslag	series	2.	4:55.80	94	4:46.23	17-02-2023	94%	
Lotte Eising, 1995 (29 jaar), Dames								2
50m rugslag	series	10.	35.60	356	34.93	29-12-2023	96%	
50m vlinderslag	series	16.	33.49	385	33.60	17-02-2023	101%	
100m wisselslag	series	16.	1:17.05	394	1:16.80	18-02-2023	99%	
200m wisselslag	series	12.	2:56.59	328	3:03.66	03-05-2024	108%	
Machteld Stilting, 1966 (58 jaar), Dames								1
100m vrije slag	series	8.	1:21.42	235	1:25.86	13-10-2024	111%	
100m schoolslag	series	9.	1:44.29	213	1:44.01	13-10-2024	99%	
Maddy van der Hoeven, 2004 (20 jaar), Dames								3
50m vrije slag	series	28.	30.40	429	30.57	23-12-2023	101%	
100m vrije slag	series	27.	1:07.60	410	1:06.25	09-03-2024	96%	
50m schoolslag	series	19.	38.56	398	40.61	10-02-2024	111%	
100m schoolslag	series	15.	1:25.88	382	1:25.72	10-02-2024	100%	
50m vlinderslag	series	30.	33.35	390	33.40	27-01-2024	100%	
100m vlinderslag	series	20.	1:18.35	328	1:18.14	30-03-2024	99%	
Mandy Swart, 1999 (25 jaar), Dames								3
50m rugslag	series	16.	37.23	311	36.22	09-03-2024	95%	
50m schoolslag	series	10.	36.27	478	37.43	22-09-2024	106%	
100m schoolslag	series	5.	1:21.37	450	1:22.87	18-02-2023	104%	
200m schoolslag	series	6.	2:58.21	430	3:03.39	13-01-2024	106%	
Marije Jansen, 1985 (39 jaar), Dames								1
100m vrije slag	series	2.	1:03.68	491	1:03.04	26-11-2023	98%	
50m rugslag	series	1.	32.68	461	32.61	20-05-2023	100%	
100m rugslag	series	1.	1:13.21	421	1:12.51	27-01-2024	98%	
50m vlinderslag	series	1.	30.45	513	30.53	13-01-2024	101%	
100m vlinderslag	series	1.	1:11.53	431	1:10.85	24-03-2024	98%	
Marjan Remmits-de Lange, 1963 (61 jaar), Dames								-
50m vrije slag	series	1.	31.82	374	31.52	07-07-2023	98%	
100m vrije slag	series	1.	1:09.63	375	1:08.98	07-05-2023	98%	
200m vrije slag	series	1.	2:34.99	360	2:33.60	06-05-2023	98%	
50m vlinderslag	series	1.	34.33	358	33.64	17-02-2023	96%	
100m wisselslag	series	1.	1:18.86	367	1:16.88	18-02-2023	95%	
200m wisselslag	series	1.	2:51.90	356	2:50.43	09-07-2023	98%	

Martijn Bartels, 1996 (28 jaar), Heren								3
50m vrije slag	series	24.	26.58	436	26.64	22-09-2024	100%	
100m vrije slag	series	15.	59.35	431	58.10	19-02-2023	96%	
200m vrije slag	series	9.	2:12.59	420	2:16.01	04-05-2024	105%	
50m schoolslag	series	14.	35.39	350	34.77	19-02-2023	97%	
50m vlinderslag	series	31.	30.94	347	31.18	22-04-2023	102%	
Martijn Giezen, 1985 (39 jaar), Heren								5
50m rugslag	series	1.	28.20	481	28.58	22-09-2024	103%	
100m rugslag	series	2.	1:01.54	484	1:03.26	18-02-2023	106%	
200m rugslag	series	1.	2:17.96	448	2:20.90	19-02-2023	104%	
200m vlinderslag	series	1.	2:35.73	323	2:41.04	06-01-2024	107%	
400m wisselslag	series	2.	5:16.34	408	5:20.71	17-03-2024	103%	
Michelle van Wijhe, 2004 (20 jaar), Dames								2
100m vrije slag	series	32.	1:10.95	355	1:08.65	22-04-2023	94%	
50m rugslag	series	19.	38.56	280	37.17	09-03-2024	93%	
50m schoolslag	series	17.	38.14	411	38.37	04-05-2024	101%	
100m schoolslag	series	16.	1:26.13	379	1:26.16	28-10-2023	100%	
Monica Korndewal, 1977 (47 jaar), Dames								1
50m schoolslag	series	3.	40.66	339	41.58	19-02-2023	105%	
200m schoolslag	series	3.	3:27.58	272	3:20.35	17-02-2023	93%	
50m vlinderslag	series	8.	38.35	256	37.56	17-02-2023	96%	
100m wisselslag	series	7.	1:24.69	297	1:23.35	18-02-2023	97%	
Ron Korzelius, 1965 (59 jaar), Heren								1
100m rugslag	series	6.	1:19.86	221	1:15.23	17-02-2023	89%	
200m rugslag	series	3.	2:44.57	264	2:41.21	19-02-2023	96%	
100m schoolslag	series	6.	1:20.91	318	1:21.99	17-03-2024	103%	
100m wisselslag	series	6.	1:16.25	269	1:14.59	18-02-2023	96%	
200m wisselslag	series	5.	2:44.29	297	2:43.77	22-09-2024	99%	
Vincent Bakker, 1986 (38 jaar), Heren								3
50m vrije slag	series	6.	26.41	444	26.65	08-06-2024	102%	
50m schoolslag	series	8.	32.36	458	32.45	08-06-2024	101%	
50m vlinderslag	series	5.	29.73	391	29.52	08-06-2024	99%	
100m wisselslag	series	4.	1:07.18	394	1:08.18	02-03-2024	103%	
ZPC De Hof								13
Deborah Wissink, 1995 (29 jaar), Dames								1
200m vrije slag	series	11.	2:26.39	427	2:23.61	18-02-2023	96%	
100m wisselslag	series	13.	1:16.57	401	1:18.84	06-10-2024	106%	
400m wisselslag	series	6.	5:55.72	385	5:53.37	01-03-2024	99%	
Elisa Haverkate, 2002 (22 jaar), Dames								2
100m vlinderslag	series	7.	1:09.56	469	1:11.54	12-11-2023	106%	
100m wisselslag	series	5.	1:08.58	559	1:09.47	06-10-2024	103%	
Jacco Nijland, 2004 (20 jaar), Heren								2
100m vrije slag	series	8.	54.42	559	54.77	26-11-2023	101%	
400m vrije slag	series	6.	4:30.32	484	4:30.19	01-10-2023	100%	
1500m vrije slag	series	2.	17:52.73	492	18:08.46	14-06-2024	103%	
Jorden Theijink, 1994 (30 jaar), Heren								4
50m vrije slag	series	9.	26.50	440	28.94	23-04-2023	119%	
100m vrije slag	series	8.	59.50	428	1:00.94	23-04-2023	105%	
200m vrije slag	series	8.	2:12.09	425	2:14.30	28-01-2024	103%	
100m wisselslag	series	5.	1:06.01	416	1:06.76	06-10-2024	102%	
Leon Kloots, 2000 (24 jaar), Heren								-
50m vrije slag	series	41.	28.47	355	27.53	01-07-2023	94%	
100m vrije slag	series	28.	1:00.63	404	59.77	26-11-2023	97%	
200m vrije slag	series	13.	2:10.92	437	2:09.33	18-02-2023	98%	
400m vrije slag	series	11.	4:47.06	404	4:42.38	01-10-2023	97%	
1500m vrije slag	series	4.	18:47.98	423	18:39.48	01-12-2023	98%	
Linde Haverkate, 1999 (25 jaar), Dames								1
100m vlinderslag	series	3.	1:09.13	477	1:10.77	01-07-2023	105%	
Pieter Pickhardt, 1983 (41 jaar), Heren								3
50m vrije slag	series	12.	27.65	387	28.48	12-11-2023	106%	
200m vrije slag	series	2.	2:08.47	462	2:07.62	18-02-2023	99%	
400m vrije slag	series	1.	4:32.86	470	4:31.19	17-02-2023	99%	
800m vrije slag	series	1.	9:30.11	461	9:32.06	16-02-2023	101%	
50m vlinderslag	series	5.	30.51	362	30.15	17-02-2023	98%	
100m vlinderslag	series	2.	1:06.05	378	1:06.02	19-02-2023	100%	
200m vlinderslag	series	1.	2:26.63	386	2:26.65	18-02-2023	100%	
ZPC de Kanaalstreek								4
Jolien Wind, 2001 (23 jaar), Dames								2
200m vrije slag	series	6.	2:19.29	496	2:19.89	02-12-2023	101%	
50m schoolslag	series	4.	35.59	506	34.03	20-04-2024	91%	

100m schoolslag	series	4.	1:18.02	510	1:15.23	24-03-2024	93%	
200m wisselslag	series	4.	2:38.30	456	2:48.18	11-11-2023	113%	
Karin Groen, 1995 (29 jaar), Dames								
50m vrije slag	series	8.	28.17	539	27.30	30-09-2023	94%	-
50m schoolslag	series	13.	37.93	418	36.03	19-02-2023	90%	
50m vlinderslag	series	8.	30.87	492	29.71	20-05-2023	93%	
100m wisselslag	series	10.	1:14.19	441	1:12.36	18-02-2023	95%	
Luka Stoker, 2002 (22 jaar), Dames								
50m rugslag	series	18.	38.37	284	36.71	18-10-2024	92%	2
100m schoolslag	series	13.	1:24.78	397	1:24.14	18-10-2024	98%	
100m wisselslag	series	35.	1:19.17	363	1:19.37	18-02-2023	101%	
200m wisselslag	series	10.	2:50.53	364	2:55.78	16-12-2023	106%	
ZPC De Zeeuwse Kust								
André Schutte, 1960 (64 jaar), Heren								
50m vrije slag	series	10.	36.19	172	36.22	13-01-2024	100%	2
100m rugslag	series	7.	1:35.05	131	1:33.28	12-03-2023	96%	
200m rugslag	series	6.	3:22.14	142	3:26.32	17-02-2024	104%	
Eva van Elsen, 1999 (25 jaar), Dames								
50m schoolslag	series	6.	34.83	540	35.03	13-01-2024	101%	1
100m wisselslag	series	5.	1:10.12	523	1:09.77	06-10-2024	99%	
Jan Brink, 1962 (62 jaar), Heren								
200m vrije slag	series	2.	2:20.11	356	2:27.70	15-10-2023	111%	1
800m vrije slag	series	3.	10:20.00	358	10:10.46	19-02-2023	97%	
Jelita van Esseveld, 1998 (26 jaar), Dames								
50m vrije slag	series	25.	31.09	401	30.77	17-02-2024	98%	2
50m schoolslag	series	21.	40.71	338	40.42	17-02-2024	99%	
50m vlinderslag	series	25.	34.16	363	34.54	12-10-2024	102%	
100m vlinderslag	series	10.	1:17.53	338	1:19.00	16-06-2024	104%	
Jos Vastenhoud, 1967 (57 jaar), Heren								
50m vrije slag	series	16.	33.85	211	35.40	24-03-2024	109%	2
50m vlinderslag	series	11.	38.14	185	39.83	12-10-2024	109%	
Kalle van Gemert, 1998 (26 jaar), Heren								
200m vrije slag	series	1.	1:57.54	604	1:54.79	28-01-2024	95%	-
200m schoolslag	series	1.	2:22.49	599	2:22.18	06-07-2024	100%	
50m vlinderslag	series	3.	25.68	607	25.01	13-01-2024	95%	
100m vlinderslag	series	1.	57.72	567	56.52	06-07-2024	96%	
Kirsten Walraven, 2000 (24 jaar), Dames								
200m vrije slag	series	4.	2:14.85	547	2:12.91	28-01-2024	97%	1
200m rugslag	series	4.	2:31.52	483	2:31.81	01-10-2023	100%	
Marijke van Hoek, 1958 (66 jaar), Dames								
50m vrije slag	series	1.	34.96	282	34.44	17-02-2023	97%	-
100m vrije slag	series	1.	1:17.90	268	1:16.75	19-02-2023	97%	
200m vrije slag	series	1.	2:54.68	251	2:52.54	18-02-2023	98%	
50m schoolslag	series	1.	45.98	234	44.95	19-02-2023	96%	
100m schoolslag	series	2.	1:44.46	212	1:41.37	18-02-2023	94%	
200m schoolslag	series	1.	3:41.85	223	3:36.82	17-02-2023	96%	
Natasja Forat, 1977 (47 jaar), Dames								
50m vrije slag	series	1.	29.35	476	29.27	14-01-2024	99%	3
50m vlinderslag	series	2.	33.30	392	34.10	15-10-2023	105%	
100m vlinderslag	series	2.	1:17.21	343	1:18.67	14-01-2024	104%	
100m wisselslag	series	2.	1:17.10	393	1:17.35	14-01-2024	101%	
Ronald van Ombergen, 1972 (52 jaar), Heren								
50m schoolslag	series	3.	33.61	409	34.37	07-05-2023	105%	2
100m schoolslag	series	2.	1:14.23	413	1:15.47	18-02-2023	103%	
Sandy Pleyte, 1975 (49 jaar), Heren								
100m vlinderslag	series	10.	1:09.59	323	1:12.59	15-10-2023	109%	1
Tom van Gils, 1995 (29 jaar), Heren								
200m vrije slag	series	7.	2:12.34	423	2:14.68	28-01-2024	104%	1
800m vrije slag	series	8.	9:50.39	415	9:47.04	26-11-2023	99%	
50m schoolslag	series	15.	36.25	326	35.20	14-01-2024	94%	
ZPC Woerden								
Daphne Dols, 1999 (25 jaar), Dames								
50m schoolslag	series	15.	38.26	407	37.66	30-12-2023	97%	4
100m schoolslag	series	6.	1:22.80	427	1:23.19	28-12-2023	101%	
200m schoolslag	series	8.	3:01.66	406	3:03.31	12-11-2023	102%	
50m vlinderslag	series	18.	33.72	377	34.03	28-01-2024	102%	
100m wisselslag	series	20.	1:17.30	390	1:18.11	30-12-2023	102%	

Ian Terlouw, 2000 (24 jaar), Heren								1
100m rugslag	series	7.	1:03.50	440	1:03.03	17-02-2023	99%	
200m rugslag	series	6.	2:21.05	419	2:17.67	16-06-2024	95%	
50m vlinderslag	series	12.	26.94	526	26.66	25-11-2023	98%	
100m vlinderslag	series	7.	1:00.08	502	1:00.22	12-11-2023	100%	
Ilse van den Wijngaard, 1989 (35 jaar), Dames								2
100m rugslag	series	2.	1:15.56	383	1:12.97	28-01-2024	93%	
200m rugslag	series	2.	2:43.30	386	2:43.13	01-10-2023	100%	
100m schoolslag	series	5.	1:27.43	362	1:28.12	11-02-2024	102%	
200m schoolslag	series	3.	3:13.52	336	3:07.04	11-02-2024	93%	
100m wisselslag	series	3.	1:16.12	409	1:16.21	13-10-2024	100%	
200m wisselslag	series	2.	2:45.91	396	2:44.13	12-11-2023	98%	
Jim Fanggiday, 1979 (45 jaar), Heren								-
100m schoolslag	series	6.	1:13.96	417	1:13.16	28-01-2024	98%	
Milan de Roo, 2001 (23 jaar), Heren								1
50m vrije slag	series	22.	25.60	488	25.68	01-04-2023	101%	
50m schoolslag	series	15.	32.32	460	32.24	01-04-2023	100%	
50m vlinderslag	series	19.	27.52	493	27.45	01-04-2023	99%	
100m vlinderslag	series	12.	1:02.74	441	1:02.73	19-02-2023	100%	
Remco Visser, 1995 (29 jaar), Heren								-
50m vrije slag	series	44.	29.87	307	29.78	14-04-2024	99%	
100m rugslag	series	6.	1:17.72	240	1:15.49	28-01-2024	94%	
ZPCH								12
Caroline Boxman, 2000 (24 jaar), Dames								-
400m vrije slag	series	2.	5:05.25	435	4:58.52	20-04-2024	96%	
200m schoolslag	series	8.	3:03.58	393	2:58.01	20-04-2024	94%	
Charlotte Verdel, 1993 (31 jaar), Dames								1
50m schoolslag	series	15.	45.84	237	46.49	22-09-2024	103%	
Colin Degenaaars, 1995 (29 jaar), Heren								2
50m vrije slag	series	36.	28.31	361	28.33	20-10-2024	100%	
50m vlinderslag	series	34.	32.27	306	32.26	26-11-2023	100%	
400m wisselslag	series	4.	5:48.80	305	5:57.84	19-02-2023	105%	
Jasper van Heijst, 1976 (48 jaar), Heren								3
50m vrije slag	series	2.	25.17	513	25.39	06-07-2024	102%	
100m vrije slag	series	4.	56.96	487	57.98	19-02-2023	104%	
50m rugslag	series	1.	29.08	439	28.95	29-06-2024	99%	
100m rugslag	series	2.	1:04.83	414	1:04.78	06-07-2024	100%	
100m vlinderslag	series	5.	1:06.59	369	1:06.87	12-02-2023	101%	
Kim Zwinkels, 2003 (21 jaar), Dames								-
50m schoolslag	series	2.	35.31	518	35.25	13-01-2024	100%	
100m vlinderslag	series	3.	1:04.55	587	1:04.28	14-01-2024	99%	
Lucas Douwma, 2004 (20 jaar), Heren								3
50m schoolslag	series	3.	29.39	611	29.43	20-10-2024	100%	
200m schoolslag	series	1.	2:19.13	644	2:26.70	16-03-2024	111%	
100m vlinderslag	series	6.	59.87	508	1:00.76	08-10-2023	103%	
Lucas Muntinga, 2003 (21 jaar), Heren								-
50m schoolslag	series	20.	33.88	399	33.57	06-07-2024	98%	
László Jüllich, 1978 (46 jaar), Heren								-
100m schoolslag	series	7.	1:16.02	384	1:15.08	18-02-2023	98%	
200m schoolslag	series	5.	2:51.63	343	2:49.75	17-02-2023	98%	
100m vlinderslag	series	9.	1:08.91	333	1:06.61	19-02-2023	93%	
100m wisselslag	series	4.	1:08.25	376	1:07.99	18-03-2023	99%	
200m wisselslag	series	6.	2:36.51	343	2:33.35	17-02-2023	96%	
Melle de Groot, 1991 (33 jaar), Heren								1
50m vrije slag	series	13.	27.47	395	27.33	20-10-2024	99%	
100m vrije slag	series	13.	1:01.23	392	1:00.71	20-10-2024	98%	
50m vlinderslag	series	21.	33.40	276	39.24	22-09-2024	138%	
Ruud Holswilder, 1978 (46 jaar), Heren								1
50m rugslag	series	2.	29.38	426	29.30	30-06-2024	99%	
100m rugslag	series	1.	1:03.79	434	1:03.46	17-02-2023	99%	
100m vlinderslag	series	3.	1:03.68	422	1:05.47	25-06-2023	106%	
Thomas Vastenhout, 2002 (22 jaar), Heren								1
50m vrije slag	series	9.	24.09	586	23.95	30-06-2024	99%	
200m vrije slag	series	5.	1:58.41	591	2:01.61	08-10-2023	105%	
50m schoolslag	series	7.	30.37	554	30.28	06-07-2024	99%	
Tineke van Diggelen, 1952 (72 jaar), Dames								-
50m vrije slag	series	4.	46.69	118	44.95	17-02-2023	93%	
50m rugslag	series	2.	53.64	104	52.84	21-01-2024	97%	
100m rugslag	series	3.	1:55.72	106	1:55.42	12-03-2023	99%	
50m schoolslag	series	1.	56.40	127	54.13	19-02-2023	92%	
100m schoolslag	series	1.	2:05.80	121	2:02.47	12-03-2023	95%	

100m wisselslag	series	2.	2:01.58	100	1:56.54	18-02-2023	92%	
Zuiderzeewemmers								
Annemarie ten Have, 1998 (26 jaar), Dames								3
50m vrije slag	series	14.	29.63	463	29.79	18-02-2023	101%	1
50m vlinderslag	series	22.	33.86	373	32.79	28-10-2023	94%	
Gaby Zittersteijn, 1997 (27 jaar), Dames								-
50m vrije slag	series	13.	29.48	470	29.17	28-10-2023	98%	
50m vlinderslag	series	12.	32.60	418	31.65	27-01-2024	94%	
Ilmar Stoop, 2001 (23 jaar), Heren								-
50m vlinderslag	series	15.	27.33	504	26.88	17-02-2023	97%	
Irene Hanse, 1998 (26 jaar), Dames								-
50m vrije slag	series	32.	32.14	363	31.90	19-10-2024	99%	
Jarick Stoop, 1996 (28 jaar), Heren								-
50m vlinderslag	series	13.	27.15	514	26.30	17-02-2023	94%	
Jesse van Dijk, 1999 (25 jaar), Heren								-
50m vrije slag	series	16.	25.99	466	25.76	17-02-2023	98%	
50m vlinderslag	series	14.	27.34	503	26.55	17-02-2023	94%	
Lisanne Andeweg, 1988 (36 jaar), Dames								2
50m vrije slag	series	7.	31.45	387	31.94	11-11-2023	103%	
1500m vrije slag	series	AFGEM	-	-	20:12.01	13-04-2024	-	
50m vlinderslag	series	7.	35.26	330	36.18	27-01-2024	105%	
ZVL-1886								
Adela Vázquez García, 1993 (31 jaar), Dames								19
50m vrije slag	series	20.	31.20	396	30.63	16-12-2023	96%	-
100m vrije slag	series	12.	1:10.04	369	1:08.27	21-01-2024	95%	
50m rugslag	series	4.	35.43	361	35.33	10-03-2024	99%	
200m rugslag	series	7.	2:52.97	325	2:49.24	16-12-2023	96%	
50m vlinderslag	series	20.	35.95	311	34.06	20-04-2024	90%	
Cynthia van Veen, 1996 (28 jaar), Dames								-
400m vrije slag	series	8.	6:06.69	250	6:02.62	08-04-2023	98%	
1500m vrije slag	series	8.	24:17.31	242	23:57.38	16-02-2023	97%	
100m rugslag	series	20.	1:27.14	249	1:26.03	26-11-2023	97%	
50m vlinderslag	series	36.	39.47	235	37.95	24-03-2024	92%	
Erwin Veenhoven, 1971 (53 jaar), Heren								3
100m vrije slag	series	10.	1:11.57	245	1:11.62	24-03-2024	100%	
200m vrije slag	series	8.	2:42.29	229	2:43.15	06-10-2024	101%	
50m rugslag	series	3.	36.50	222	36.40	06-10-2024	99%	
100m wisselslag	series	6.	1:20.20	232	1:22.09	22-09-2024	105%	
Gijs Ruijgrok, 1996 (28 jaar), Heren								2
200m vrije slag	series	6.	2:11.91	427	2:15.54	01-10-2023	106%	
100m vlinderslag	series	12.	1:07.85	349	1:08.33	12-11-2023	101%	
Guus Hoogduin, 2002 (22 jaar), Heren								-
200m vrije slag	series	8.	2:06.08	489	2:01.53	08-10-2023	93%	
400m vrije slag	series	5.	4:25.02	513	4:16.79	01-10-2023	94%	
800m vrije slag	series	2.	9:08.33	518	8:45.88	16-12-2023	92%	
100m rugslag	series	6.	1:03.37	443	1:00.34	28-01-2024	91%	
200m rugslag	series	4.	2:17.17	456	2:11.78	01-10-2023	92%	
200m vlinderslag	series	1.	2:12.12	528	2:07.30	15-12-2023	93%	
200m wisselslag	series	4.	2:17.12	511	2:14.17	17-09-2023	96%	
400m wisselslag	series	2.	4:50.45	528	4:41.92	08-10-2023	94%	
Ingmar Kooman, 1979 (45 jaar), Heren								1
50m vrije slag	series	12.	31.95	251	32.10	17-02-2023	101%	
400m vrije slag	series	11.	5:46.83	229	5:39.71	21-01-2024	96%	
50m vlinderslag	series	13.	35.08	238	34.47	17-02-2023	97%	
Jordy van der Drift, 1993 (31 jaar), Heren								-
200m vrije slag	series	13.	2:26.46	312	2:20.44	06-10-2024	92%	
100m vlinderslag	series	11.	1:15.64	252	1:10.70	19-02-2023	87%	
Jose Horcas Nieto, 1993 (31 jaar), Heren								6
50m vrije slag	series	21.	28.62	349	31.31	12-10-2024	120%	
50m rugslag	series	8.	34.55	262	35.27	22-09-2024	104%	
50m schoolslag	series	11.	34.44	380	35.11	12-10-2024	104%	
100m schoolslag	series	5.	1:15.51	392	1:19.33	22-09-2024	110%	
50m vlinderslag	series	20.	31.99	314	35.39	12-10-2024	122%	
100m wisselslag	series	8.	1:10.08	347	1:13.53	12-10-2024	110%	
Kristiaan Lenos, 1983 (41 jaar), Heren								1
50m vrije slag	series	7.	26.04	464	26.28	23-04-2023	102%	
100m vrije slag	series	2.	56.75	493	55.46	23-04-2023	96%	
200m vrije slag	series	1.	2:06.44	485	2:04.38	17-02-2023	97%	
400m vrije slag	series	2.	4:40.92	431	4:29.01	17-02-2023	92%	
100m schoolslag	series	2.	1:12.78	438	1:11.98	22-09-2024	98%	

200m schoolslag	series	1.	2:41.68	410	2:36.23	17-02-2023	93%	
100m wisselslag	series	2.	1:05.15	432	1:03.74	18-02-2023	96%	
200m wisselslag	series	1.	2:23.38	447	2:20.10	17-02-2023	95%	
Kristien Peeters, 1997 (27 jaar), Dames								
50m vrije slag	series	24.	30.86	410	30.00	24-03-2024	95%	2
200m vrije slag	series	14.	2:30.93	390	2:35.81	21-04-2024	107%	
800m vrije slag	series	10.	11:14.92	353	11:39.45	21-04-2024	107%	
Maartje Hids, 1999 (25 jaar), Dames								
50m schoolslag	series	19.	40.23	350	39.74	07-07-2024	98%	1
100m schoolslag	series	8.	1:25.88	382	1:27.71	20-10-2024	104%	
200m schoolslag	series	11.	3:08.67	362	3:06.67	20-04-2024	98%	
200m wisselslag	series	13.	3:01.85	300	2:59.73	07-07-2024	98%	
Margien Timmer, 1995 (29 jaar), Dames								
50m vrije slag	series	30.	31.38	390	31.27	12-10-2024	99%	-
100m vrije slag	series	23.	1:10.87	356	1:09.76	19-02-2023	97%	
50m vlinderslag	series	28.	36.44	299	36.27	20-04-2024	99%	
Martin Berkhout, 1971 (53 jaar), Heren								
200m vrije slag	series	3.	2:30.83	285	2:29.33	16-12-2023	98%	1
100m wisselslag	series	5.	1:19.37	239	1:23.04	08-10-2023	109%	
Robin van Beek, 1997 (27 jaar), Heren								
50m vrije slag	series	9.	25.46	496	24.90	08-10-2023	96%	-
50m vlinderslag	series	16.	27.65	486	26.64	24-09-2023	93%	
100m vlinderslag	series	6.	1:01.19	476	58.76	08-10-2023	92%	
200m vlinderslag	series	3.	2:19.23	451	2:13.85	15-12-2023	92%	
100m wisselslag	series	9.	1:03.57	465	1:02.69	05-11-2023	97%	
Robin van Muijen, 2002 (22 jaar), Heren								
50m schoolslag	series	10.	30.92	525	30.85	30-06-2024	100%	-
100m schoolslag	series	10.	1:10.94	473	1:09.65	17-09-2023	96%	
200m schoolslag	series	4.	2:39.96	423	2:36.10	08-10-2023	95%	
Silke Molendijk, 2001 (23 jaar), Dames								
200m schoolslag	series	3.	2:42.95	563	2:40.31	19-11-2023	97%	-
50m vlinderslag	series	5.	29.53	562	28.64	17-02-2023	94%	
100m vlinderslag	series	4.	1:04.66	584	1:03.13	17-12-2023	95%	
100m wisselslag	series	3.	1:07.69	581	1:05.16	25-06-2023	93%	
Suzan Blankestijn, 1989 (35 jaar), Dames								
100m vrije slag	series	9.	1:12.69	330	1:07.33	12-03-2023	86%	-
50m schoolslag	series	1.	39.57	368	38.07	16-12-2023	93%	
100m schoolslag	series	3.	1:25.21	391	1:21.57	12-03-2023	92%	
100m wisselslag	series	6.	1:21.37	334	1:16.03	18-02-2023	87%	
Valerie Bakker, 2001 (23 jaar), Dames								
100m vrije slag	series	33.	1:11.32	349	1:11.62	24-03-2024	101%	2
100m rugslag	series	21.	1:22.63	293	1:21.39	17-02-2023	97%	
200m schoolslag	series	11.	3:18.44	311	3:23.19	17-02-2023	105%	
100m wisselslag	series	38.	1:21.39	334	1:20.11	10-03-2024	97%	
ZVVS								
Bas van den Nouwelant, 1980 (44 jaar), Heren								
50m vrije slag	series	10.	26.80	425	28.83	19-02-2023	116%	1
Bram Piederiet, 1990 (34 jaar), Heren								
50m vrije slag	series	15.	27.51	393	30.29	13-04-2024	121%	3
100m vrije slag	series	11.	1:01.06	396	1:02.73	13-04-2024	106%	
50m vlinderslag	series	14.	30.20	373	30.23	25-11-2023	100%	
Conny Boer-Buys, 1950 (74 jaar), Dames								
200m vrije slag	series	1.	2:54.03	254	2:53.29	18-02-2023	99%	-
800m vrije slag	series	1.	13:00.87	228	12:55.33	18-02-2023	99%	
Gertjan van der Vaart, 1968 (56 jaar), Heren								
50m vrije slag	series	15.	33.56	216	33.61	17-02-2024	100%	2
100m vrije slag	series	14.	1:16.51	201	1:15.55	17-02-2024	98%	
50m schoolslag	series	9.	42.49	202	41.03	19-02-2023	93%	
100m schoolslag	series	10.	1:33.57	206	1:32.38	18-02-2023	97%	
200m schoolslag	series	7.	3:32.81	180	3:36.72		104%	
Grzegorz Kasprzyk, 1983 (41 jaar), Heren								
50m vrije slag	series	15.	28.26	363	29.96	26-11-2023	112%	6
200m vrije slag	series	4.	2:16.47	386	2:23.53	20-01-2024	111%	
400m vrije slag	series	4.	4:58.41	359	5:04.63	06-10-2024	104%	
50m vlinderslag	series	9.	30.73	354	31.02	12-10-2024	102%	
200m vlinderslag	series	2.	2:44.37	274	2:45.63	12-10-2024	102%	
400m wisselslag	series	3.	5:36.04	341	5:49.23	13-04-2024	108%	
Inge Deutz, 1966 (58 jaar), Dames								
100m vrije slag	series	11.	1:29.55	176	1:27.54	29-09-2024	96%	-

Irene van der Laan, 1960 (64 jaar), Dames								1
1500m vrije slag	series	2.	23:17.06	274	23:17.35	04-05-2023	100%	
Jeroen Hoeksel, 1974 (50 jaar), Heren								-
50m vrije slag	series	13.	34.12	206	34.00	26-11-2023	99%	
100m vrije slag	series	13.	1:20.19	174	1:16.65	19-02-2023	91%	
400m vrije slag	series	6.	6:12.66	184	6:12.34	08-04-2023	100%	
50m rugslag	series	5.	43.05	135	41.69	18-02-2023	94%	
100m rugslag	series	3.	1:32.90	140	1:31.80	17-02-2023	98%	
200m rugslag	series	4.	3:17.22	153	3:15.42	19-02-2023	98%	
Nadya Putter, 1983 (41 jaar), Dames								4
200m vrije slag	series	4.	2:26.62	425	2:38.14	06-10-2024	116%	
100m schoolslag	series	2.	1:23.83	411	1:28.55	18-02-2023	112%	
200m schoolslag	series	2.	3:03.25	396	3:07.41	17-02-2023	105%	
100m wisselslag	series	3.	1:15.21	424	1:16.19	06-10-2024	103%	
Paul Brinkman, 1984 (40 jaar), Heren								3
50m vrije slag	series	5.	25.85	474	28.15	12-10-2024	119%	
50m vlinderslag	series	1.	28.19	459	30.05	12-10-2024	114%	
100m wisselslag	series	3.	1:06.37	409	1:07.81	12-10-2024	104%	
Tibor Papp, 1972 (52 jaar), Heren								1
50m vlinderslag	series	9.	33.71	268	40.42	02-07-2023	144%	
Willem Putter, 1945 (79 jaar), Heren								3
50m vrije slag	series	2.	37.79	151	37.24	17-02-2023	97%	
100m vrije slag	series	2.	1:28.69	129	1:24.72	19-02-2023	91%	
200m vrije slag	series	2.	3:16.20	129	3:14.77	18-02-2023	99%	
400m vrije slag	series	2.	6:56.77	132	6:59.01	21-01-2024	101%	
800m vrije slag	series	2.	14:50.37	121	14:24.43	19-02-2023	94%	
50m rugslag	series	1.	48.87	92	49.87	12-10-2024	104%	
50m schoolslag	series	1.	50.89	117	51.57	12-10-2024	103%	
Zwemclub Koewacht								-
Zwemclub Polaris								2
Melanie Zondag, 1998 (26 jaar), Dames								2
100m rugslag	series	19.	1:24.67	272	1:27.87	19-11-2023	108%	
50m schoolslag	series	27.	43.24	282	42.77	16-12-2023	98%	
200m schoolslag	series	16.	3:28.24	269	3:29.02	02-04-2023	101%	
Richard Heijnen, 1991 (33 jaar), Heren								-
200m rugslag	series	9.	2:57.80	209	2:56.12	13-01-2024	98%	
Zwemclub Urk 1978								-
Gert Sikkema, 1963 (61 jaar), Heren								-
50m vrije slag	series	3.	28.83	341	28.22	10-03-2024	96%	
200m vrije slag	series	4.	2:24.57	324	2:21.30	10-03-2024	96%	
400m vrije slag	series	3.	5:34.81	254	5:11.61	17-02-2023	87%	
50m schoolslag	series	2.	36.42	321	35.29	10-03-2024	94%	
100m schoolslag	series	2.	1:21.06	317	1:20.01	09-03-2024	97%	
200m schoolslag	series	1.	3:04.33	277	3:02.71	26-03-2023	98%	
Zwemlust- den Hommel								21
Fayssal Lanterna, 2001 (23 jaar), Heren								1
50m vrije slag	series	20.	25.53	492	25.39	06-07-2024	99%	
100m vrije slag	series	11.	55.48	527	54.70	22-06-2024	97%	
200m vrije slag	series	7.	2:02.76	530	2:03.40	20-10-2024	101%	
50m vlinderslag	series	30.	28.79	431	27.96	06-07-2024	94%	
Grith Sigsgaard, 1972 (52 jaar), Dames								-
800m vrije slag	series	2.	10:17.21	462	10:04.64	19-11-2023	96%	
1500m vrije slag	series	1.	19:32.68	464	19:04.39	19-11-2023	95%	
John Hardeman, 1966 (58 jaar), Heren								3
100m vrije slag	series	4.	1:01.14	394	1:02.29	19-02-2023	104%	
200m vrije slag	series	4.	2:15.75	392	2:14.18	18-02-2023	98%	
400m vrije slag	series	4.	4:48.54	398	4:49.96	05-10-2024	101%	
800m vrije slag	series	2.	10:04.88	386	10:14.56	08-03-2023	103%	
1500m vrije slag	series	1.	19:20.07	389	19:18.16	08-03-2023	100%	
100m vlinderslag	series	2.	1:08.65	337	1:08.39	11-11-2023	99%	
Liesbeth van Mill, 1987 (37 jaar), Dames								-
200m vrije slag	series	3.	2:39.94	328	2:31.88	18-02-2023	90%	
400m vrije slag	series	3.	5:33.99	332	5:20.63	17-02-2023	92%	
800m vrije slag	series	3.	11:33.94	325	11:08.84	18-02-2023	93%	
1500m vrije slag	series	3.	22:03.46	323	21:57.78	02-03-2024	99%	
100m schoolslag	series	7.	1:28.80	346	1:27.73	12-03-2023	98%	
200m schoolslag	series	2.	3:09.38	358	3:04.13	02-03-2024	95%	

100m wisselslag	series	5.	1:20.61	344	1:20.42	05-10-2024	100%	
200m wisselslag	series	7.	2:57.57	323	2:48.20	17-02-2023	90%	
Manon Kloosterman, 1997 (27 jaar), Dames								
50m vrije slag	series	7.	28.16	539	28.28	10-12-2023	101%	6
100m vrije slag	series	4.	1:00.86	562	1:01.40	22-06-2024	102%	
200m vrije slag	series	3.	2:13.13	568	2:13.56	18-02-2023	101%	
50m schoolslag	series	5.	34.62	550	34.72	22-06-2024	101%	
100m schoolslag	series	2.	1:18.35	504	1:18.60	18-02-2023	101%	
200m schoolslag	series	3.	2:50.80	489	2:51.00	25-02-2023	100%	
Mark Zwart, 1979 (45 jaar), Heren								
200m vrije slag	series	4.	2:16.32	387	2:20.39	05-05-2023	106%	1
50m schoolslag	series	6.	34.56	376	34.20	19-02-2023	98%	
Matteo Viani, 1990 (34 jaar), Heren								
200m vrije slag	series	1.	2:02.25	537	2:03.36	27-01-2024	102%	3
800m vrije slag	series	2.	9:05.77	525	10:02.88	05-05-2024	122%	
50m vlinderslag	series	4.	26.74	538	26.92	14-01-2024	101%	
400m wisselslag	series	1.	4:56.77	495	4:55.23	13-10-2024	99%	
Nigel Werring, 2003 (21 jaar), Heren								
50m vrije slag	series	37.	27.65	387	28.82	30-03-2024	109%	4
50m rugslag	series	13.	32.37	318	32.19	06-07-2024	99%	
100m rugslag	series	9.	1:08.14	356	1:08.37	20-10-2024	101%	
200m rugslag	series	7.	2:25.35	383	2:24.32	19-10-2024	99%	
100m vlinderslag	series	20.	1:07.22	359	1:08.70	20-10-2024	104%	
200m vlinderslag	series	5.	2:32.64	343	2:37.60	11-02-2023	107%	
Sophie Stekelenburg, 2004 (20 jaar), Dames								
50m vrije slag	series	20.	29.19	484	29.07	14-01-2024	99%	2
50m vlinderslag	series	10.	30.41	515	30.58	19-10-2024	101%	
100m vlinderslag	series	8.	1:10.33	453	1:11.48	19-10-2024	103%	
100m wisselslag	series	16.	1:12.62	471	1:12.25	30-09-2023	99%	
Vincent Versteeg, 1977 (47 jaar), Heren								
100m rugslag	series	4.	1:10.08	327	1:13.36	03-03-2024	110%	1
50m schoolslag	series	2.	32.12	468	31.82	17-06-2023	98%	
100m schoolslag	series	3.	1:10.41	483	1:09.98	02-07-2023	99%	
200m schoolslag	series	1.	2:38.61	434	2:36.47	17-02-2023	97%	
100m wisselslag	series	2.	1:07.18	394	1:06.17	01-07-2023	97%	
200m wisselslag	series	3.	2:25.59	426	2:24.72	07-07-2024	99%	
Zwemsport Parkstad								
Alan Smeets, 1984 (40 jaar), Heren								
50m vrije slag	series	2.	25.04	521	24.77	24-09-2023	98%	4
100m vrije slag	series	3.	57.65	470	55.12	22-10-2023	91%	-
50m rugslag	series	1.	29.01	442	28.68	06-10-2024	98%	
100m rugslag	series	1.	1:02.46	463	1:01.95	23-09-2023	98%	
Freddie Geerlings, 1979 (45 jaar), Heren								
400m vrije slag	series	6.	4:57.22	364	4:59.68	06-10-2024	102%	3
1500m vrije slag	series	3.	20:13.65	339	19:41.41	16-02-2023	95%	
100m schoolslag	series	8.	1:16.48	377	1:16.55	18-02-2023	100%	
200m vlinderslag	series	3.	2:52.03	239	2:52.09	18-02-2023	100%	
200m wisselslag	series	7.	2:37.07	340	2:36.51	29-09-2024	99%	
Janine Franssen, 1971 (53 jaar), Dames								
50m vrije slag	series	11.	32.06	365	31.10	17-02-2023	94%	1
100m vrije slag	series	7.	1:11.67	344	1:09.87	19-02-2023	95%	
100m rugslag	series	5.	1:21.49	305	1:22.49	17-02-2023	102%	
200m wisselslag	series	5.	3:02.22	299	2:56.46	12-11-2023	94%	
Zwemvereniging Hoogland								
Angelique Wammes, 1984 (40 jaar), Dames								
100m schoolslag	series	7.	1:34.14	290	1:33.93	27-01-2024	100%	1
200m wisselslag	series	3.	3:10.65	261	3:13.18	10-02-2024	103%	
Anne-Irene Ducheine, 1995 (29 jaar), Dames								
200m vrije slag	series	6.	2:20.16	487	2:18.38	18-02-2023	97%	1
1500m vrije slag	series	4.	19:19.21	480	19:42.87	02-05-2024	104%	
50m rugslag	series	7.	32.73	459	32.60	18-02-2023	99%	
100m rugslag	series	4.	1:10.26	476	1:08.69	17-02-2023	96%	
200m rugslag	series	4.	2:30.09	497	2:28.56	19-02-2023	98%	
Bas Dries, 1995 (29 jaar), Heren								
50m vrije slag	series	2.	23.71	614	23.27	25-06-2023	96%	-
100m vrije slag	series	2.	53.01	605	52.97	19-11-2023	100%	
50m rugslag	series	1.	28.09	487	27.89	09-03-2024	99%	
50m schoolslag	series	2.	30.05	572	29.79	30-06-2024	98%	
50m vlinderslag	series	6.	26.07	580	25.46	24-06-2023	95%	
100m wisselslag	series	3.	59.67	563	58.68	29-06-2024	97%	

Eric Kalee, 1990 (34 jaar), Heren									2
100m vrije slag	series	15.	1:03.77	347	1:04.67	09-03-2024	103%		
50m rugslag	series	11.	36.38	224	37.31	09-03-2024	105%		
Ilana Iskander, 1989 (35 jaar), Dames									2
100m vrije slag	series	10.	1:15.87	290	1:19.66	28-10-2023	110%		
200m wisselslag	series	8.	3:10.84	260	3:15.36	03-05-2024	105%		
Jamilla van Omme - van Veen, 1996 (28 jaar), Dames									3
200m vrije slag	series	4.	2:14.51	551	2:14.47	05-10-2024	100%		
800m vrije slag	series	4.	9:41.12	554	9:57.89	19-10-2024	106%		
1500m vrije slag	series	2.	18:34.96	540	18:58.41	19-10-2024	104%		
50m rugslag	series	6.	32.25	479	31.55	18-02-2023	96%		
200m rugslag	series	2.	2:25.31	548	2:26.14	19-02-2023	101%		
Jeffrey Roest, 1997 (27 jaar), Heren									4
50m vrije slag	series	23.	26.54	438	26.71	11-11-2023	101%		
100m vrije slag	series	11.	58.17	458	59.69	09-03-2024	105%		
200m vrije slag	series	3.	2:04.93	503	2:04.22	30-09-2023	99%		
400m vrije slag	series	2.	4:37.37	448	4:32.22	25-02-2023	96%		
800m vrije slag	series	3.	9:26.12	470	9:36.21	19-10-2024	104%		
1500m vrije slag	series	2.	17:52.47	492	18:09.74	19-10-2024	103%		
Karlo Kok, 1991 (33 jaar), Heren									1
50m vrije slag	series	23.	29.12	331	28.98	22-04-2023	99%		
50m vlinderslag	series	22.	33.62	270	34.47	06-05-2023	105%		
Maaïke Karsten, 1991 (33 jaar), Dames									1
50m vrije slag	series	30.	35.29	274	34.73	05-05-2023	97%		
50m vlinderslag	series	18.	35.51	323	38.28	06-05-2023	116%		
Maaïke van Houten, 2002 (22 jaar), Dames									1
50m vrije slag	series	49.	33.35	325	32.82	17-02-2023	97%		
100m vrije slag	series	36.	1:16.27	285	1:12.48	19-02-2023	90%		
50m rugslag	series	21.	38.57	280	39.72	18-03-2023	106%		
Marloes Manni, 1990 (34 jaar), Dames									4
50m vrije slag	series	17.	30.53	423	32.70	16-12-2023	115%		
200m vrije slag	series	5.	2:24.52	444	2:36.54	16-12-2023	117%		
100m rugslag	series	4.	1:13.79	411	1:19.32	17-03-2024	116%		
200m rugslag	series	4.	2:38.11	425	2:45.73	17-03-2024	110%		
Ruben de Boer, 1993 (31 jaar), Heren									-
50m vrije slag	series	25.	31.58	260	31.09	25-11-2023	97%		
400m vrije slag	series	10.	5:24.02	281	5:19.51	25-02-2023	97%		
50m rugslag	series	12.	38.26	192	37.23	20-01-2024	95%		
Yuri van Omme, 1985 (39 jaar), Heren									2
50m schoolslag	series	5.	31.86	480	31.87	18-03-2023	100%		
100m schoolslag	series	4.	1:09.89	494	1:08.80	30-03-2024	97%		
200m schoolslag	series	4.	2:34.38	471	2:30.60	18-03-2023	95%		
100m wisselslag	series	3.	1:04.51	445	1:03.96	08-04-2023	98%		
200m wisselslag	series	4.	2:23.82	442	2:23.14	17-02-2023	99%		
400m wisselslag	series	1.	5:07.51	445	5:19.85	07-05-2023	108%		
Yvette Meijer, 1997 (27 jaar), Dames									2
50m schoolslag	series	16.	39.31	375	39.13	19-02-2023	99%		
100m schoolslag	series	10.	1:26.77	371	1:26.80	27-01-2024	100%		
100m wisselslag	series	29.	1:20.87	341	1:20.56	18-02-2023	99%		
200m wisselslag	series	11.	2:55.80	333	2:56.39	11-11-2023	101%		
ZZ&PC De Devel									16
Esper Paans, 2001 (23 jaar), Heren									-
50m vrije slag	series	23.	25.80	477	25.62	12-11-2023	99%		
50m vlinderslag	series	26.	28.38	450	28.11	12-10-2024	98%		
100m vlinderslag	series	19.	1:06.79	366	1:05.89	12-11-2023	97%		
100m wisselslag	series	12.	1:07.39	391	1:06.51	08-06-2024	97%		
Juliette Boon, 2004 (20 jaar), Dames									-
50m vrije slag	series	42.	31.87	372	31.83	22-06-2024	100%		
50m schoolslag	series	24.	44.00	268	43.66	12-10-2024	98%		
Katinka van Dongen, 1977 (47 jaar), Dames									2
50m vrije slag	series	5.	30.58	421	30.36	24-03-2024	99%		
50m rugslag	series	3.	36.65	327	37.29	22-06-2024	104%		
50m vlinderslag	series	1.	32.05	440	31.66	28-01-2024	98%		
100m vlinderslag	series	1.	1:13.38	399	1:10.97	24-03-2024	94%		
200m vlinderslag	series	1.	2:43.22	393	2:42.46	10-03-2024	99%		
100m wisselslag	series	3.	1:17.31	390	1:18.92	06-10-2024	104%		
Laura Tromp, 2000 (24 jaar), Dames									2
100m vrije slag	series	20.	1:05.79	445	1:06.45	23-04-2023	102%		
50m rugslag	series	12.	34.03	408	34.06	24-03-2024	100%		
100m schoolslag	series	17.	1:26.88	369	1:24.73	14-01-2024	95%		

Lex Hoogendam, 1957 (67 jaar), Heren								3
100m vrije slag	series	4.	1:22.43	160	1:23.36	19-02-2023	102%	
200m vrije slag	series	3.	2:59.72	169	3:01.77	18-02-2023	102%	
400m vrije slag	series	4.	6:22.65	170	6:23.94	17-02-2023	101%	
Lisa van Milt, 1992 (32 jaar), Dames								2
50m schoolslag	series	5.	36.85	456	36.64	08-06-2024	99%	
100m schoolslag	series	3.	1:20.59	463	1:21.58	28-01-2024	102%	
200m schoolslag	series	3.	2:57.53	435	2:57.64	28-10-2023	100%	
Nico van Dongen, 1948 (76 jaar), Heren								1
50m vrije slag	series	3.	55.18	48	48.69	26-11-2023	78%	
100m vrije slag	series	4.	2:03.81	47	1:55.64	29-09-2024	87%	
400m vrije slag	series	3.	9:17.30	55	9:19.96	13-10-2024	101%	
50m rugslag	series	3.	1:06.19	37	1:05.14	19-05-2024	97%	
50m schoolslag	series	3.	1:05.21	56	1:01.61	19-02-2023	89%	
Nini van Dongen-de Paepe, 1951 (73 jaar), Dames								1
50m vrije slag	series	7.	1:14.25	29	1:07.14	17-02-2023	82%	
100m vrije slag	series	4.	2:42.13	29	2:22.51	12-03-2023	77%	
50m rugslag	series	5.	1:06.60	54	1:07.07	05-05-2023	101%	
50m schoolslag	series	3.	1:13.06	58	1:06.05	19-02-2023	82%	
Pauline Tromp-de Lang, 1970 (54 jaar), Dames								1
100m rugslag	series	10.	1:41.32	158	1:43.36	21-01-2024	104%	
Stijn den Otter, 2002 (22 jaar), Heren								2
400m vrije slag	series	10.	4:41.31	429	4:39.77	08-04-2023	99%	
50m rugslag	series	5.	29.68	413	29.11	08-06-2024	96%	
100m schoolslag	series	11.	1:12.03	452	1:11.32	18-05-2024	98%	
200m schoolslag	series	6.	2:46.65	374	2:48.55	25-11-2023	102%	
50m vlinderslag	series	20.	27.74	482	27.49	24-06-2023	98%	
200m wisselslag	series	8.	2:24.85	433	2:25.99	23-04-2023	102%	
Wagner Augusto Camargo, 1980 (44 jaar), Heren								2
50m vrije slag	series	18.	29.59	316	29.26	20-04-2024	98%	
200m vrije slag	series	5.	2:21.64	345	2:23.31	16-12-2023	102%	
400m vrije slag	series	5.	4:59.45	356	5:03.61	07-10-2023	103%	
100m rugslag	series	9.	1:13.95	279	1:13.49	02-03-2024	99%	