

Programmanr. 18
23-11-2024 - 11:41

4 x 100m vrije slag

Masters Open
Resultaten

rang	vereniging				tijd	RT	PARA
80+, Heren							
1.	HZ&PC Heerenveen 1 <i>Nederlands Masters Record</i>	HZ&PC Heerenveen	NED		3:35.50	+0.63	
	Jorian Darwinkel	+0.63 25.22	53.85	Remco Dijkstra	+0.31 25.60	55.04	
	Richard Kuipers	+0.35 25.91	55.05	Wouter Zijlstra	+0.18 24.38	51.56	
2.	De Columbiaan 2	De Columbiaan	NED		3:39.70	+0.72	
	Daan Hogerhuis	+0.72 24.30	52.07	Jorn Blom	+0.38 27.29	56.95	
	Dave van den Nieuwendijk	+0.41 26.39	56.89	Bert Duivenvoorde	+0.47 25.31	53.79	
3.	MSV-Zeemacht 2	MSV-Zeemacht	NED		3:50.51	+0.68	
	Jordi de Nijs	+0.68 26.38	56.94	Marco van der Wulp	+0.86 28.57	1:00.55	
	Boyd Wijkman	+0.38 27.52	56.96	Mees Minneboo	+0.43 26.35	56.06	
100+, Heren							
1.	ENC Arnhem 2	ENC Arnhem	NED		3:48.81	+0.72	
	Peter Rothengatter	+0.72 26.73	56.12	Sander de Vrugt	+0.33 27.10	56.62	
	Mees Laar	+0.43 28.00	58.59	Wessel Haverkamp	+0.21 27.03	57.48	
2.	De Schotejil 1	De Schotejil	NED		3:55.37	+0.71	
	Jacob Mackloet	+0.71 26.52	54.97	Sybren Groenewegen	+0.46 28.22	59.86	
	Niels Albrechts	+0.36 29.76	1:02.28	David Kievit	+0.29 27.82	58.26	
120+, Heren							
1.	ZPCH 1	ZPCH	NED		3:40.28	+0.76	
	Ruud Holswilder	+0.76 27.02	55.81	Jasper van Heijst	+0.15 26.54	56.06	
	Lucas Douwma	+0.29 26.72	55.90	Thomas Vastenhouw	+0.39 24.63	52.51	
2.	VSK Univerzita Brno 1 <i>Czech Masters Record</i>	VSK Univerzita Brno	CZE		3:41.12		
	Vojtech Patek	+0.67 26.21	54.71	Jakub Horacek	+0.39 26.19	55.26	
	Jan Vencel	+0.24 25.53	53.65	Dominik Volavy	+0.21 27.17	57.50	
3.	DAW 1	DAW	NED		3:42.29	+0.67	
	Luc Mul	+0.67 24.91	52.19	Alex Damen	+0.34 27.90	58.64	
	Paul Oudendijk	+0.35 28.41	1:01.13	Felix Geenen	+0.33 23.97	50.33	
4.	Poseidon'56 1	Poseidon'56	NED		3:52.04	+0.70	
	John Smit	+0.70 27.21	57.07	Marcel Vroegindewei	+0.47 29.66	1:03.01	
	Jim Geestman	+0.43 27.03	56.92	Erik van Gemert	+0.49 26.63	55.04	
5.	ZVL-1886 2	ZVL-1886	NED		4:10.34	+0.72	
	Kristiaan Lenos	+0.72 27.07	57.06	Guus Hoogduin	+0.32 26.91	57.03	
	Ingmar Kooman	+0.45 33.54	1:11.87	Jordy van der Drift	+0.23 29.50	1:04.38	
6.	Swol 1894 2	Swol 1894	NED		4:16.42	+0.73	
	Huub Scholing	+0.73 29.29	1:00.97	Michael van Bekkum	+0.48 31.05	1:05.95	
	Stefan van de Grift	+0.33 31.31	1:07.22	Hugo Herbers	+0.40 29.19	1:02.28	
160+, Heren							
1.	Niemo Barracuda 7	Niemo Barracuda	NED		3:41.77	+0.73	
	Jeroen Baars	+0.73 23.95	50.65	Pascal van Haren	+0.29 26.40	55.88	
	Dennis Dortland	+0.21 28.18	59.47	Mark Hensen	+0.30 26.42	55.77	
2.	Oslo I.L 1 <i>Norwegian Masters Record</i>	Oslo I.L	NOR		3:48.02	+0.79	
	Øivind Martin Hasle	+0.79 26.84	55.35	Knut Ivan Rasmussen	+0.15 27.86	58.92	
	Håkon Skaarud Karlsen	+0.08 26.81	56.11	Oddvar Sandvin	+0.16 27.30	57.64	
3.	Zwemlust- den Hommel 1	Zwemlust- den Hommel	NED		3:59.40	+0.75	
	Vincent Versteeg	+0.75 27.71	58.22	Nigel Werring	+0.33 28.10	1:00.05	
	John Hardeman	+0.08 28.93	1:00.89	Mark Zwart	+0.33 28.82	1:00.24	
4.	ZPC AMERSFOORT 3	ZPC AMERSFOORT	NED		4:04.42	+0.70	
	Jorick van Bon	+0.70 27.95	59.72	Ron Korzelius	+0.36 30.28	1:04.17	
	Edwin v. Norden	+0.01 28.98	1:02.30	Martijn Bartels	+0.27 27.52	58.23	

Programmanr. 18, Heren, 4 x 100m vrije slag, 160+

rang	vereniging	tijd	RT	PARA	
5.	Steenwijk 1934 3 Korstiaan de Boer Robert Braad	Steenwijk 1934 +0.89 33.56 1:10.01 +0.46 27.10 58.09	NED Patrick Wobben Rick Driezen	4:18.72 +0.69 33.67 1:12.75 +0.44 27.00 57.87	+0.89

200+, Heren

1.	ZOB'66 2 Nol van Thull Ingmar de Gelder	ZOB'66 +0.72 27.19 56.40 +0.58 30.05 1:04.08	NED Pascal Tourton Erik Tobé	4:12.65 +0.19 31.04 1:04.77 +0.67 31.89 1:07.40	+0.72
2.	ZPC De Zeeuwse Kust 2 Eelco van Gemert Ronald van Ombergen	ZPC De Zeeuwse Kust +0.76 29.83 1:02.35 +0.18 30.66 1:04.89	NED Sandy Pleyte Jan Brink	4:13.67 +0.49 29.52 1:03.04 +0.37 29.34 1:03.39	+0.76
3.	AZC 1 Wim de Lange Geza Kaltenecker	AZC +0.71 35.73 1:15.83 +0.58 44.89 1:34.90	NED Patrick Brouwer Auke Sijperda	4:54.26 +0.66 29.18 1:01.79 +0.85 28.65 1:01.74	+0.71

240+, Heren

1.	De Rog 1 <i>Nederlands Masters Record</i> Erik Kamphuis Rob Spetter	De Rog +0.84 32.58 1:05.94 +0.41 31.96 1:06.72	NED Peter Bensen Glen Le Clercq	4:12.71 +0.28 28.53 1:00.28 +0.46 27.95 59.77	+0.84
2.	CNSW 3 Lionel Godeaux Olivier Bresoux	Cercle De Natation Sportcity WolBEL +0.70 30.46 1:04.67 +0.44 32.74 1:07.66	NED Bruno Nahon Philippe Godbille	4:43.29 +0.56 34.14 1:10.05 +0.56 38.58 1:20.91	

280+, Heren

1.	Swol 1894 1 <i>Nederlands Masters Record</i> Jappie Kuiper Be van der Ziel	Swol 1894 +0.73 38.66 1:21.65 +0.59 43.50 1:33.07	NED Rob Berkhof Harry Dokter	5:37.19 +0.79 42.41 1:31.31 +0.56 33.00 1:11.16	+0.73
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80+, Dames

1.	HZ&PC Heerenveen 2 Leonie van Wier Simone Mus	HZ&PC Heerenveen +0.66 28.74 59.87 +0.40 30.37 1:04.41	NED Inge Dekker Lianne van Wier	4:07.53 +0.27 28.78 1:01.45 +0.18 28.64 1:01.80	+0.66
2.	DWK 1 Moniek van Langevelde Anoeska van de Kraats	DWK +0.76 29.64 1:02.86 +0.38 30.05 1:03.41	NED Inge Koekoek Celine Schoenmaker	4:08.87 +0.48 29.55 1:01.62 +0.32 28.98 1:00.98	+0.76
3.	Bubble 1 Marijke Drent Sanne Kloezen	Bubble +0.81 30.00 1:02.43 +0.47 29.32 1:03.82	NED Esmee Kloezen Laura Setz	4:09.56 +0.35 30.54 1:04.67 +0.69 27.55 58.64	+0.81
4.	De Columbiaan 1 Julia Notenboom Anouk Vis	De Columbiaan +0.76 28.56 1:00.86 +0.48 30.71 1:03.97	NED Daniëlle Vis Miranda Nijenhuis	4:14.19 +0.32 31.18 1:06.36 +0.38 29.88 1:03.00	+0.76
5.	ENC Arnhem 1 Sanne Landman Rose Lether	ENC Arnhem +0.78 31.34 1:05.90 +0.44 31.70 1:06.16	NED Hannah Elting Ellen ter Stege	4:28.60 +0.44 32.60 1:09.68 +0.54 31.59 1:06.86	
6.	Steenwijk 1934 1 Alies Wagter Michelle van den Hoofdakker	Steenwijk 1934 +0.84 31.99 1:06.59 +0.48 31.11 1:05.46	NED Cynthia Koolman Sabine Lageweg	4:33.25 +0.21 34.20 1:11.98 +0.54 32.48 1:09.22	+0.84

Programmanr. 18, 4 x 100m vrije slag

100+, Dames

1.	Niemo Barracuda 6	Niemo Barracuda	NED	4:03.53	
	Robin Pienaar	+0.76 28.97 1:00.41	Denise Boereboom	+0.43 29.61 1:02.07	
	Melissa van der Heijden	+0.36 30.16 1:02.08	Amber Hesper	+0.49 28.49 58.97	
2.	Orca 1	Orca	NED	4:22.71	
	Marre Zandringa	+0.69 28.38 1:00.91	Anneke van der Laan	+0.43 32.06 1:08.33	
	Rosalie Baarda	+0.45 31.94 1:07.35	Annemiek Meulenbeld	+0.31 31.03 1:06.12	
3.	Octopus - ZVV (SG) 1	Octopus - ZVV (SG)	NED	4:35.93	
	Sheila ten Voorde	+0.78 32.35 1:08.41	Ellen Rikken	+0.44 34.44 1:13.40	
	Daphne van Rees	+0.57 32.63 1:09.75	Elmi Roelofsen	+0.73 30.77 1:04.37	
4.	ZVL-1886 3	ZVL-1886	NED	4:48.31	+0.70
	Margien Timmer	+0.70 34.06 1:10.84	Suzan Blankestijn	+0.59 34.55 1:12.62	
	Adela Vázquez Garcia	+0.66 33.43 1:12.26	Valerie Bakker	+0.78 34.28 1:12.59	
5.	ZPC AMERSFOORT 5	ZPC AMERSFOORT	NED	4:50.32	+0.73
	Maddy van der Hoeven	+0.73 32.24 1:07.00	Monica Kornewal	+0.47 35.13 1:14.74	
	Catannia Nortan	+0.56 36.74 1:18.82	Michelle van Wijhe	+0.37 33.47 1:09.76	

120+, Dames

1.	De Duck 1	De Duck	NED	4:33.09	+0.77
	Rachel Trainor	+0.77 34.96 1:14.05	Geraldine Trainor	+0.55 33.32 1:10.52	
	Noa de Bock	+0.54 30.36 1:03.36	Marcella van der Ent	+0.42 30.27 1:05.16	
2.	ZPC AMERSFOORT 4	ZPC AMERSFOORT	NED	4:35.61	+0.79
	Daphne Kievit	+0.79 33.97 1:11.90	Angela Giezen	+0.37 33.99 1:10.59	
	Jisca Majolée	+0.39 33.42 1:08.72	Kirsten Opmeer	+0.44 31.11 1:04.40	
3.	DIO 1	DIO	NED	4:36.97	+0.73
	Jolanda Post	+0.73 31.24 1:05.00	Ramona Noordermeer	+0.63 35.50 1:15.51	
	Joëlle Vaes	+0.20 34.05 1:12.35	Marijijn Hendriksen	+0.21 30.73 1:04.11	
4.	ZOB'66 1	ZOB'66	NED	4:44.08	+0.64
	Wendy de Bruin	+0.64 32.27 1:06.60	Daniëlle Schipper	+0.43 40.08 1:24.45	
	Rozemarijn van Haaff	+0.48 30.17 1:03.56	Nina Tourton	+0.31 32.84 1:09.47	

160+, Dames

1.	DAW 2	DAW	NED	4:37.23	+0.83
	Agnes van Brug	+0.83 35.33 1:14.13	Laura Badoux	+0.53 31.50 1:06.32	
	Alina Spijkerman	+0.57 33.16 1:09.72	Melissa Zwaan	+0.40 31.58 1:07.06	
2.	MSV-Zeemacht 1	MSV-Zeemacht	NED	4:52.57	
	Kyra Wesemann	+0.74 32.11 1:06.11	Annette van Dok	+0.51 42.57 1:30.96	
	Bianca Groot	+0.49 34.10 1:10.99	Tessa van Dijk-Mosch	+0.45 30.99 1:04.51	
3.	Steenwijk 1934 2	Steenwijk 1934	NED	4:54.33	+0.79
	Getrude Corporaal	+0.79 32.17 1:07.83	Leonie Scholten	+0.51 40.01 1:25.69	
	Wilna Heijman	+0.37 37.19 1:16.88	Jacyntha Plat	+0.39 30.80 1:03.93	
4.	Old Dutch 1	Old Dutch	NED	4:54.72	+0.79
	Marleen Zantingh	+0.79 34.84 1:12.91	Chantal Verhoeff	+0.50 33.28 1:10.20	
	Karin van Nassau-van den Heuvel	+0.29 41.25 1:24.62	Patricia Brooijmans	+0.50 32.23 1:06.99	
5.	De Rog 2	De Rog	NED	5:06.49	
	Regine Beckers-Stribos	+0.85 36.86 1:16.56	Esther Vergeest	+0.25 36.66 1:17.76	
	Sandra Van der Helm	+0.42 39.51 1:22.64	Sandra Peeters-Wiermans	+0.56 33.49 1:09.53	

200+, Dames

1.	PSV 1	PSV	NED	4:20.69	+0.82
	Janneke Harmsen-Bakker	+0.82 29.92 1:02.88	Liselotte Joling	+0.62 32.92 1:07.29	
	Gudule van der Meer	+0.48 31.47 1:06.11	Carla Geurts	+0.31 30.70 1:04.41	
2.	CNSW 2	Cercle De Natation Sportcity WolBEL		4:51.65	+0.71
	Valérie Rolland	+0.71 32.97 1:09.02	Pierrette Michel	+0.34 35.62 1:15.64	
	Nathalie Blondeel	+0.28 31.10 1:05.88	Kathy Van Lindt	+0.48 39.94 1:21.11	
3.	De Geul 2	De Geul	NED	5:17.48	
	Marijke Campfens	+0.37 36.38 1:15.06	Anne Besseling-de Jong	+0.57 37.70 1:16.98	
	Erica Muller	+0.37 43.54 1:32.44	Marian Nedertof	+0.43 34.94 1:13.00	

Programmanr. 18, 4 x 100m vrije slag

240+, Dames

1. Swol 1894 6	Swol 1894	NED	5:31.42	+0.89
Marjan Spoelstra	+0.89 43.62 1:31.36	Marijke Kraak-Beckers	+0.55 36.60 1:17.37	
Annet Kootstra	+0.67 39.81 1:24.31	Christine Nieuwenhuis	+0.46 37.01 1:18.38	

80+, Gemengd

1. ZVL-1886 1	ZVL-1886	NED	4:00.46	+0.70
Silke Molendijk	+0.70 28.83 1:00.32	Kristien Peeters	+0.30 31.17 1:07.06	
Robin van Beek	+0.40 25.81 54.72	Robin van Muijen	+0.46 27.12 58.36	
2. De Amstel 1	De Amstel	NED	4:09.24	+0.74
Iris Bastiaansen	+0.74 32.15 1:08.40	Owen Michels	+0.33 27.72 58.64	
Iris van der Moolen	+0.26 31.26 1:07.37	Nick Sijmons	+0.18 25.66 54.83	

100+, Gemengd

1. Zwemlust- den Hommel 1	Zwemlust- den Hommel	NED	3:52.26	+0.73
Matteo Viani	+0.73 26.05 54.55	Sophie Stekelenburg	+0.43 29.12 1:02.06	
Fayssal Lantema	+0.39 25.92 54.36	Manon Kloosterman	+0.25 29.18 1:01.29	
2. VZC 1	VZC	NED	3:52.41	
Jelle Nap	+0.78 27.07 55.67	Tess Panjer	+0.41 28.61 59.40	
Olaf Achterberg	+0.32 26.04 53.75	Babet Kruger	+0.41 30.12 1:03.59	
3. ZPC De Zeeuwse Kust 1	ZPC De Zeeuwse Kust	NED	3:55.69	+0.70
Tom van Gils	+0.70 29.08 1:01.22	Kirsten Walraven	+0.27 28.84 1:01.52	
Eva van Elsen	+0.36 28.02 1:00.88	Kalle van Gemert	+0.13 24.46 52.07	
4. Poseidon'56 2	Poseidon'56	NED	4:02.28	+0.67
Sam Beer	+0.67 28.19 59.81	Kelly de Jonge	+0.45 30.21 1:03.84	
Rianne Bresser	+0.42 31.12 1:05.57	Ryan van den Ouden	+0.38 24.80 53.06	
5. HZ&PC Heerenveen 3	HZ&PC Heerenveen	NED	4:09.49	
Romy Jalving	+0.69 32.29 1:09.01	Rob van Wier	+0.55 27.99 59.42	
Lois Jalving	+0.24 30.03 1:04.18	Casper Tichelaar	+0.36 27.58 56.88	
6. Niemo Barracuda 8	Niemo Barracuda	NED	4:22.62	+0.78
Marijke Kommers	+0.78 32.11 1:07.59	Ids de Klerk	+0.51 30.42 1:04.83	
Tamara van den Brink	+0.46 32.58 1:08.66	Robin van Beusekom	+0.19 28.91 1:01.54	
7. De Kempvis 1	De Kempvis	NED	4:40.94	+0.77
Kim Rutters	+0.77 31.50 1:07.00	Ingrid Johannes	+0.11 38.68 1:21.82	
Kien Vuong	+0.39 32.08 1:11.93	Mike Boukes	+0.07 28.44 1:00.19	

120+, Gemengd

1. WVZ 1	WVZ	NED	3:47.47	+0.63
Sander Kirillova	+0.63 25.67 54.04	Leonie van Noort	+0.31 27.58 57.83	
Delia Badoux	0.00 27.93 59.62	Jasper Breugem	+0.35 26.46 55.98	
2. Zwemvereniging Hoogland 1	Zwemvereniging Hoogland	NED	3:57.69	+0.62
Anne-Irene Ducheine	+0.62 30.85 1:05.18	Yuri van Omme	+0.35 27.72 58.42	
Bas Dries	+0.32 24.42 52.30	Jamilla van Omme - van Veen	+0.54 29.37 1:01.79	
3. Aqua-Novio '94 1	Aqua-Novio '94	NED	4:16.78	+0.78
Fedde Beukers	+0.78 28.26 59.53	Steven Uijl	+0.34 26.32 54.79	
Petra Guijt	+0.41 33.62 1:10.52	Djamari Oetringer	+0.44 34.39 1:11.94	
4. De Schotejil 2	De Schotejil	NED	4:19.89	+0.76
Whitley Rens	+0.76 33.07 1:09.42	Lotte Middelbos	+0.42 30.15 1:05.13	
Sven Dubbeld	+0.45 30.23 1:03.41	Frank v.d. Voordt	+0.55 29.75 1:01.93	
5. Patrick - De Roersoppers (SG) 1	Patrick - De Roersoppers (SG)	NED	4:20.58	
Martine de Haart	+0.69 34.74 1:13.22	Patrick Creemers	+0.10 27.05 57.44	
Pascalie Janssen	34.81 1:14.94	Luuk Kresin	+0.17 26.04 54.98	
6. DWK 2	DWK	NED	4:26.71	+0.75
Lindi Bos	+0.75 30.42 1:04.48	Martijn de Jong	+0.31 32.51 1:08.26	
Iris van Aurich	+0.32 34.92 1:13.29	Lars Jacobsen	+0.40 28.59 1:00.68	
7. De Duck 2	De Duck	NED	4:29.16	+0.85
Judith Kleinjan	+0.85 33.26 1:11.19	Erik Saan	+0.70 32.62 1:09.31	
Leontine Groeneveldt	+0.51 32.63 1:08.97	Jort Vizeé	+0.40 28.52 59.69	
8. AZC 2	AZC	NED	4:29.30	+0.72
Michael Go	+0.72 32.51 1:10.32	Jessica Braat	+0.28 30.97 1:06.10	
Ardy Zwanenburg	+0.39 31.15 1:08.57	Monique van Huizen	+0.47 30.47 1:04.31	

Programmanr. 18, Gemengd, 4 x 100m vrije slag, 120+

rang	vereniging				tijd	RT	PARA	
9.	De Geul			NED	4:29.32	+0.74		
	Marcha Admiraal	+0.74	29.51	1:01.18	Eline Molle	+0.52	36.11	1:15.59
	Mitchell van Uitert	+0.51	31.55	1:05.83	Remco van der Graaf	+0.49	31.69	1:06.72
10.	Hieronymus 2			NED	4:33.90	+0.54		
	Sander van Bentum	+0.54	28.11	59.40	Hilly Brugmans	+0.37	39.29	1:23.50
	Teun van der Schrier	+0.32	26.36	55.97	Marjolein Klunne	+0.32	35.05	1:15.03
11.	Team Noord Holland (SG) 1			NED	4:38.71			
	Herma Seubers-Kip		39.16	1:24.46	Michel Wigbers	+0.32	33.25	1:10.28
	Chantal Beijer	+0.25	31.55	1:06.08	Jeffrey Camphens	+0.26	27.50	57.89
12.	WS Twente 1			NED	4:41.78	+0.68		
	Sander Riezebos	+0.68	29.15	1:01.11	Ursula Spoelstra-de Groot	+0.39	40.97	1:29.45
	Romée Beverdam	+0.41	32.74	1:08.91	Cars Wiegmann	+0.06	28.63	1:02.31
13.	Blue Marlins 1			NED	4:51.66	+0.87		
	Esmeralda Elbers	+0.87	39.32	1:25.17	Berinda van Dijk	+0.50	33.75	1:12.03
	Alfonso Verkerk	+0.65	34.23	1:12.94	Marc Hoogendam	+0.17	29.19	1:01.52
NG	ACZ 1			NED				

160+, Gemengd

1.	ZPC AMERSFOORT 2	ZPC AMERSFOORT		NED	4:02.09	+0.77		
	Chester Marsman	+0.77	27.50	57.85	Marije Jansen	+0.20	29.22	1:01.75
	Lesley Cordial	+0.54	31.60	1:07.61	Jelle Blankestijn	+0.20	25.54	54.88
2.	Lux Sharks 1	Luxembourg Sharks Swimming CLUX			4:07.24	+0.72		
	<i>Luxembourg Masters Record, voor 50, 100m</i>							
	Miquel Monros Coma	+0.72	27.39	55.20	Olivia Lorton	+0.50	30.88	1:04.68
	Ricardo Nogaroli	+0.42	29.05	1:02.66	Claudia Putzolu	+0.26	30.99	1:04.70
3.	Sassenheim 2	Sassenheim		NED	4:20.70	+0.68		
	Marinka vd Zwet	+0.68	33.45	1:12.05	Casper van den Burgh	+0.53	30.64	1:04.24
	Rianne Hofland	+0.29	30.60	1:04.76	Wesley van der Luit	+0.47	28.72	59.65
4.	PSV 3	PSV		NED	4:22.54	+0.74		
	Jeanne Petit	+0.74	33.33	1:10.62	Jacco Schaap	+0.44	29.64	1:01.86
	Mark Godwaldt	+0.50	30.41	1:04.53	Larissa Jansen	+0.57	32.33	1:05.53
5.	ZVVS 1	ZVVS		NED	4:23.57	+0.75		
	Bas van den Nouwelant	+0.75	28.52	1:00.72	Karin Stein	+0.49	35.61	1:14.37
	Nadya Putter	+0.50	31.34	1:06.28	Grzegorz Kasprzyk	+0.45	29.69	1:02.20
6.	DAW 3	DAW		NED	4:27.81	+0.80		
	Wouter Zijlstra	+0.80	29.95	1:02.58	Maria Antonella Zuccaro	+0.85	32.89	1:08.68
	Dennis Kraakman	+0.40	29.67	1:04.83	Jacqueline Tuin	+0.51	33.58	1:11.72

200+, Gemengd

1.	ZPC AMERSFOORT 1	ZPC AMERSFOORT		NED	4:09.24	+0.86		
	<i>Nederlands Masters Record</i>							
	Marjan Remmits-de Lange	+0.86	33.04	1:09.19	Lidia v. Bon-Rosenbrand	+0.29	31.55	1:06.69
	Johan Remmits	+0.28	28.98	1:01.16	Darren Chen	+0.45	24.97	52.20
2.	Team Noord Holland (SG) 2	Team Noord Holland (SG)		NED	4:42.44	+0.75		
	Inken Wernheuer	+0.75	33.30	1:10.66	Peter Janssen	+0.87	36.65	1:18.68
	Rene Janssen	+0.51	34.43	1:11.79	Lotte van Gessel	+0.64	29.50	1:01.31
3.	GZC Donk 1	GZC Donk		NED	5:03.95	+0.85		
	Pierre de Groot	+0.85	37.19	1:19.78	Jessica Venema	+0.48	33.51	1:11.47
	Peter Coffeng	+0.52	40.48	1:25.35	Linda van Klei	+0.59	32.00	1:07.35
4.	TriVia 1	TriVia		NED	5:11.88	+0.94		
	Jaap Vis	+0.94	38.76	1:23.68	Rik Stahlie	+0.35	27.60	58.21
	Hannie Poletiek	+0.37	41.86	1:26.70	Margriet Pasma	+0.53	39.26	1:23.29

280+, Gemengd

1.	PSV 2	PSV		NED	5:53.29	+0.82		
	Fred Ketting	+0.82	30.76	1:04.52	Lottie Geurts	+0.78	1:02.52	2:07.59
	Corrie Verhoeven	+0.32	41.57	1:27.70	Menno Lomans	+0.70	34.50	1:13.48