

Programmanr. 1
02-05-2024 - 12:30

Heren, 1500m vrije slag
Pauze na serie 4 / Break after heat 4

Masters Open
Resultaten

rang	naam	vereniging	tijd	RT	PARA	
Masters 20+						
1.	Janne Englebort	Hieronymus	NED 200101561	17:24.30	+0.65	
	50m: 30.21	30.21	450m: 5:07.22	34.81	850m: 9:47.46	34.94
	100m: 1:03.70	33.49	500m: 5:42.52	35.30	900m: 10:22.43	34.97
	150m: 1:38.16	34.46	550m: 6:17.32	34.80	950m: 10:57.27	34.84
	200m: 2:12.94	34.78	600m: 6:52.14	34.82	1000m: 11:32.73	35.46
	250m: 2:47.82	34.88	650m: 7:27.03	34.89	1050m: 12:07.88	35.15
	300m: 3:22.61	34.79	700m: 8:02.04	35.01	1100m: 12:43.38	35.50
	350m: 3:57.62	35.01	750m: 8:37.05	35.01	1150m: 13:18.37	34.99
	400m: 4:32.41	34.79	800m: 9:12.52	35.47	1200m: 13:53.91	35.54
2.	Tenzin Tieman	Old Dutch	NED 200005549	17:59.26	+0.83	
	50m: 30.89	30.89	450m: 5:15.09	35.59	850m: 10:05.63	36.32
	100m: 1:05.21	34.32	500m: 5:51.19	36.10	900m: 10:41.91	36.28
	150m: 1:40.14	34.93	550m: 6:27.00	35.81	950m: 11:18.07	36.16
	200m: 2:15.69	35.55	600m: 7:03.59	36.59	1000m: 11:54.37	36.30
	250m: 2:51.53	35.84	650m: 7:39.76	36.17	1050m: 12:30.67	36.30
	300m: 3:28.07	36.54	700m: 8:16.32	36.56	1100m: 13:07.01	36.34
	350m: 4:03.74	35.67	750m: 8:52.70	36.38	1150m: 13:43.60	36.59
	400m: 4:39.50	35.76	800m: 9:29.31	36.61	1200m: 14:20.79	37.19
3.	Tom Balsen Versteeg	De Warande	NED 200005673	18:23.97	+0.59	
	50m: 30.53	30.53	450m: 5:15.81	35.97	850m: 10:11.96	37.96
	100m: 1:04.84	34.31	500m: 5:51.91	36.10	900m: 10:49.52	37.56
	150m: 1:39.70	34.86	550m: 6:28.11	36.20	950m: 11:27.65	38.13
	200m: 2:15.19	35.49	600m: 7:04.65	36.54	1000m: 12:06.03	38.38
	250m: 2:51.07	35.88	650m: 7:41.03	36.38	1050m: 12:43.79	37.76
	300m: 3:27.39	36.32	700m: 8:18.27	37.24	1100m: 13:22.06	38.27
	350m: 4:03.58	36.19	750m: 8:56.61	38.34	1150m: 13:59.93	37.87
	400m: 4:39.84	36.26	800m: 9:34.00	37.39	1200m: 14:37.97	38.04
4.	Leon Kloots	ZPC De Hof	NED 200001363	19:21.97	+0.81	
	50m: 33.03	33.03	450m: 5:35.71	38.55	850m: 10:47.92	38.72
	100m: 1:09.26	36.23	500m: 6:14.69	38.98	900m: 11:28.04	40.12
	150m: 1:45.96	36.70	550m: 6:53.27	38.58	950m: 12:07.00	38.96
	200m: 2:23.86	37.90	600m: 7:32.57	39.30	1000m: 12:46.90	39.90
	250m: 3:01.73	37.87	650m: 8:11.62	39.05	1050m: 13:26.01	39.11
	300m: 3:39.88	38.15	700m: 8:51.08	39.46	1100m: 14:05.78	39.77
	350m: 4:18.20	38.32	750m: 9:29.79	38.71	1150m: 14:45.21	39.43
	400m: 4:57.16	38.96	800m: 10:09.20	39.41	1200m: 15:25.41	40.20
5.	Jaimy Voogt	ZOB'66	NED 200005881	22:09.37	+0.78	
	50m: 32.93	32.93	450m: 6:22.82	44.68	850m: 12:28.55	44.42
	100m: 1:12.01	39.08	500m: 7:08.08	45.26	900m: 13:14.35	45.80
	150m: 1:54.22	42.21	550m: 7:53.58	45.50	950m: 13:58.26	43.91
	200m: 2:38.36	44.14	600m: 8:39.48	45.90	1000m: 14:44.75	46.49
	250m: 3:21.74	43.38	650m: 9:24.36	44.88	1050m: 15:28.92	44.17
	300m: 4:07.30	45.56	700m: 10:11.68	47.32	1100m: 16:14.24	45.32
	350m: 4:52.96	45.66	750m: 10:58.26	46.58	1150m: 16:57.99	43.75
	400m: 5:38.14	45.18	800m: 11:44.13	45.87	1200m: 17:43.37	45.38
Masters 25+						
1.	Jeffrey Camphens	Team Noord Holland (SG)	NED 199503113	18:43.86	+0.73	
	50m: 34.14	34.14	450m: 5:35.06	37.98	850m: 10:37.68	38.05
	100m: 1:11.32	37.18	500m: 6:12.26	37.20	900m: 11:15.45	37.77
	150m: 1:49.11	37.79	550m: 6:49.81	37.55	950m: 11:53.60	38.15
	200m: 2:26.12	37.01	600m: 7:27.28	37.47	1000m: 12:31.27	37.67
	250m: 3:04.05	37.93	650m: 8:05.62	38.34	1050m: 13:09.57	38.30
	300m: 3:41.46	37.41	700m: 8:43.60	37.98	1100m: 13:47.61	38.04
	350m: 4:19.79	38.33	750m: 9:21.86	38.26	1150m: 14:25.45	37.84
	400m: 4:57.08	37.29	800m: 9:59.63	37.77	1200m: 15:03.28	37.83
2.	Jordy van Oel	WVZ	NED 199802003	19:25.74	+0.76	
	50m: 30.98	30.98	450m: 5:32.11	37.76	850m: 10:47.31	39.46
	100m: 1:07.15	36.17	500m: 6:11.14	39.03	900m: 11:26.74	39.43
	150m: 1:44.52	37.37	550m: 6:50.33	39.19	950m: 12:05.25	38.51
	200m: 2:21.91	37.39	600m: 7:29.77	39.44	1000m: 12:45.08	39.83
	250m: 2:59.86	37.95	650m: 8:09.00	39.23	1050m: 13:25.17	40.09
	300m: 3:38.19	38.33	700m: 8:48.66	39.66	1100m: 14:05.28	40.11
	350m: 4:15.95	37.76	750m: 9:27.95	39.29	1150m: 14:45.30	40.02
	400m: 4:54.35	38.40	800m: 10:07.85	39.90	1200m: 15:26.21	40.91



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven 2-5 mei 2024



Programmanr. 1, Heren, 1500m vrije slag

Masters 35+

1.	Ozkan Dizar	Uskudar su sporlari kulubu	TUR			19:12.89	+0.76					
	<i>Turkish Masters Redord</i>											
	50m:	33.13	33.13	450m:	5:35.94	38.69	850m:	10:46.59	38.87	1250m:	15:59.76	39.43
	100m:	1:09.68	36.55	500m:	6:14.41	38.47	900m:	11:25.67	39.08	1300m:	16:39.00	39.24
	150m:	1:46.95	37.27	550m:	6:53.61	39.20	950m:	12:04.87	39.20	1350m:	17:18.65	39.65
	200m:	2:24.72	37.77	600m:	7:32.42	38.81	1000m:	12:43.84	38.97	1400m:	17:57.95	39.30
	250m:	3:02.64	37.92	650m:	8:11.36	38.94	1050m:	13:22.90	39.06	1450m:	18:36.86	38.91
	300m:	3:40.56	37.92	700m:	8:50.05	38.69	1100m:	14:01.92	39.02	1500m:	19:12.89	36.03
	350m:	4:18.88	38.32	750m:	9:28.98	38.93	1150m:	14:41.21	39.29			
	400m:	4:57.25	38.37	800m:	10:07.72	38.74	1200m:	15:20.33	39.12			
2.	Niels Albrechts	De Schotejil	NED	198800039						19:25.36	+0.83	
	50m:	33.67	33.67	450m:	5:40.60	38.74	850m:	10:54.07	39.02	1250m:	16:09.49	39.15
	100m:	1:10.96	37.29	500m:	6:20.05	39.45	900m:	11:33.34	39.27	1300m:	16:50.19	40.70
	150m:	1:48.98	38.02	550m:	6:58.99	38.94	950m:	12:12.64	39.30	1350m:	17:30.21	40.02
	200m:	2:27.10	38.12	600m:	7:38.18	39.19	1000m:	12:52.23	39.59	1400m:	18:10.28	40.07
	250m:	3:05.28	38.18	650m:	8:16.98	38.80	1050m:	13:31.60	39.37	1450m:	18:49.31	39.03
	300m:	3:44.12	38.84	700m:	8:56.32	39.34	1100m:	14:10.91	39.31	1500m:	19:25.36	36.05
	350m:	4:22.86	38.74	750m:	9:35.10	38.78	1150m:	14:49.99	39.08			
	400m:	5:01.86	39.00	800m:	10:15.05	39.95	1200m:	15:30.34	40.35			
3.	Wessel Everloo	WS Twente	NED	198906597						19:35.82	+0.87	665
	50m:	33.45	33.45	450m:	5:42.36	39.77	850m:	10:57.77	39.78	1250m:	16:18.76	41.18
	100m:	1:10.44	36.99	500m:	6:21.82	39.46	900m:	11:37.07	39.30	1300m:	16:59.13	40.37
	150m:	1:48.80	38.36	550m:	7:01.03	39.21	950m:	12:16.64	39.57	1350m:	17:40.02	40.89
	200m:	2:27.03	38.23	600m:	7:41.26	40.23	1000m:	12:57.40	40.76	1400m:	18:20.20	40.18
	250m:	3:05.15	38.12	650m:	8:20.14	38.88	1050m:	13:36.63	39.23	1450m:	18:59.34	39.14
	300m:	3:44.12	38.97	700m:	8:59.74	39.60	1100m:	14:16.46	39.83	1500m:	19:35.82	36.48
	350m:	4:23.30	39.18	750m:	9:38.54	38.80	1150m:	14:56.33	39.87			
	400m:	5:02.59	39.29	800m:	10:17.99	39.45	1200m:	15:37.58	41.25			
4.	Mark Godwaldt	PSV	NED	198701039						21:55.52	+0.86	
	50m:	34.36	34.36	450m:	6:17.39	43.94	850m:	12:16.35	44.63	1250m:	18:12.73	45.10
	100m:	1:15.44	41.08	500m:	7:01.98	44.59	900m:	13:01.41	45.06	1300m:	18:57.72	44.99
	150m:	1:56.79	41.35	550m:	7:46.20	44.22	950m:	13:46.52	45.11	1350m:	19:42.16	44.44
	200m:	2:40.06	43.27	600m:	8:31.33	45.13	1000m:	14:31.78	45.26	1400m:	20:27.37	45.21
	250m:	3:23.39	43.33	650m:	9:16.42	45.09	1050m:	15:15.79	44.01	1450m:	21:12.11	44.74
	300m:	4:06.65	43.26	700m:	10:01.44	45.02	1100m:	16:00.18	44.39	1500m:	21:55.52	43.41
	350m:	4:50.02	43.37	750m:	10:46.15	44.71	1150m:	16:42.80	42.62			
	400m:	5:33.45	43.43	800m:	11:31.72	45.57	1200m:	17:27.63	44.83			
5.	Sander van Tilburg	De Biesboschzwemmers	NED	198604609						22:21.13	+0.83	
	50m:	38.83	38.83	450m:	6:37.77	45.33	850m:	12:40.46	44.96	1250m:	18:42.80	45.20
	100m:	1:22.02	43.19	500m:	7:22.93	45.16	900m:	13:26.04	45.58	1300m:	19:28.35	45.55
	150m:	2:06.85	44.83	550m:	8:08.25	45.32	950m:	14:11.40	45.36	1350m:	20:12.70	44.35
	200m:	2:51.33	44.48	600m:	8:53.65	45.40	1000m:	14:56.94	45.54	1400m:	20:57.58	44.88
	250m:	3:36.32	44.99	650m:	9:39.15	45.50	1050m:	15:42.29	45.35	1450m:	21:40.79	43.21
	300m:	4:21.61	45.29	700m:	10:24.58	45.43	1100m:	16:27.99	45.70	1500m:	22:21.13	40.34
	350m:	5:06.72	45.11	750m:	11:10.00	45.42	1150m:	17:12.75	44.76			
	400m:	5:52.44	45.72	800m:	11:55.50	45.50	1200m:	17:57.60	44.85			
6.	Rudi Butselaar	GoSwim	NED	198700577						25:16.38	+0.85	
	50m:	38.18	38.18	450m:	7:06.79	50.90	850m:	13:59.83	52.15	1250m:	20:55.07	51.56
	100m:	1:21.94	43.76	500m:	7:58.42	51.63	900m:	14:50.91	51.08	1300m:	21:46.94	51.87
	150m:	2:07.75	45.81	550m:	8:49.96	51.54	950m:	15:43.56	52.65	1350m:	22:39.50	52.56
	200m:	2:56.16	48.41	600m:	9:41.88	51.92	1000m:	16:35.38	51.82	1400m:	23:31.92	52.42
	250m:	3:44.48	48.32	650m:	10:33.32	51.44	1050m:	17:28.06	52.68	1450m:	24:24.76	52.84
	300m:	4:34.44	49.96	700m:	11:24.58	51.26	1100m:	18:19.79	51.73	1500m:	25:16.38	51.62
	350m:	5:25.56	51.12	750m:	12:16.43	51.85	1150m:	19:12.07	52.28			
	400m:	6:15.89	50.33	800m:	13:07.68	51.25	1200m:	20:03.51	51.44			

Masters 40+

1.	Frank v.d. Voordt	De Schotejil	NED	198302259						19:13.45	+0.80	
	50m:	33.15	33.15	450m:	5:40.56	38.57	850m:	10:49.60	38.71	1250m:	15:59.89	38.47
	100m:	1:10.14	36.99	500m:	6:19.49	38.93	900m:	11:28.67	39.07	1300m:	16:38.91	39.02
	150m:	1:48.33	38.19	550m:	6:57.77	38.28	950m:	12:07.34	38.67	1350m:	17:18.16	39.25
	200m:	2:27.19	38.86	600m:	7:36.57	38.80	1000m:	12:46.21	38.87	1400m:	17:57.43	39.27
	250m:	3:05.97	38.78	650m:	8:15.07	38.50	1050m:	13:25.05	38.84	1450m:	18:35.75	38.32
	300m:	3:44.84	38.87	700m:	8:53.74	38.67	1100m:	14:03.63	38.58	1500m:	19:13.45	37.70
	350m:	4:22.98	38.14	750m:	9:32.17	38.43	1150m:	14:42.23	38.60			
	400m:	5:01.99	39.01	800m:	10:10.89	38.72	1200m:	15:21.42	39.19			



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven 2-5 mei 2024



Programmanr. 1, Heren, 1500m vrije slag, Masters 40+

rang	naam	vereniging	tijd	RT	PARA		
2.	Martin van Vaardegem	GoSwim	23:32.18	+0.86			
	50m: 38.17	450m: 6:51.44	47.36	850m: 13:10.15	47.52	1250m: 19:33.54	48.19
	100m: 1:22.04	500m: 7:39.34	47.90	900m: 13:57.90	47.75	1300m: 20:21.69	48.15
	150m: 2:08.02	550m: 8:26.77	47.43	950m: 14:45.41	47.51	1350m: 21:09.87	48.18
	200m: 2:54.64	600m: 9:13.99	47.22	1000m: 15:33.32	47.91	1400m: 21:58.32	48.45
	250m: 3:41.97	650m: 10:00.92	46.93	1050m: 16:21.16	47.84	1450m: 22:46.38	48.06
	300m: 4:28.93	700m: 10:48.06	47.14	1100m: 17:09.26	48.10	1500m: 23:32.18	45.80
	350m: 5:16.56	750m: 11:35.49	47.43	1150m: 17:57.15	47.89		
	400m: 6:04.08	800m: 12:22.63	47.14	1200m: 18:45.35	48.20		
3.	Arne-Willem Kroonen	PSV	23:43.18	+0.89			
	50m: 39.83	450m: 6:49.14	47.51	850m: 13:16.29	48.54	1250m: 19:50.78	50.18
	100m: 1:24.52	500m: 7:37.17	48.03	900m: 14:05.28	48.99	1300m: 20:40.30	49.52
	150m: 2:09.20	550m: 8:25.78	48.61	950m: 14:54.32	49.04	1350m: 21:30.12	49.82
	200m: 2:55.11	600m: 9:14.00	48.22	1000m: 15:43.08	48.76	1400m: 22:17.43	47.31
	250m: 3:41.02	650m: 10:02.25	48.25	1050m: 16:32.23	49.15	1450m: 23:02.84	45.41
	300m: 4:27.46	700m: 10:50.86	48.61	1100m: 17:21.52	49.29	1500m: 23:43.18	40.34
	350m: 5:14.62	750m: 11:39.50	48.64	1150m: 18:10.83	49.31		
	400m: 6:01.63	800m: 12:27.75	48.25	1200m: 19:00.60	49.77		

Masters 45+

1.	Ben Rutten	Flemish Ardennes Swimming Team	18:52.00	+1.06			
	50m: 33.55	450m: 5:33.97	37.48	850m: 10:37.16	37.97	1250m: 15:41.68	38.16
	100m: 1:11.20	500m: 6:11.45	37.48	900m: 11:15.14	37.98	1300m: 16:19.53	37.85
	150m: 1:48.44	550m: 6:49.31	37.86	950m: 11:52.89	37.75	1350m: 16:57.80	38.27
	200m: 2:26.23	600m: 7:27.21	37.90	1000m: 12:30.82	37.93	1400m: 17:35.74	37.94
	250m: 3:03.73	650m: 8:05.23	38.02	1050m: 13:08.89	38.07	1450m: 18:14.24	38.50
	300m: 3:41.38	700m: 8:43.33	38.10	1100m: 13:47.01	38.12	1500m: 18:52.00	37.76
	350m: 4:18.80	750m: 9:21.06	37.73	1150m: 14:25.23	38.22		
	400m: 4:56.49	800m: 9:59.19	38.13	1200m: 15:03.52	38.29		
2.	Mark Sponeck <i>Maltese Masters Record</i>	San Giljan ASC	19:53.89	+0.73			
	50m: 33.55	450m: 5:43.56	39.78	850m: 11:03.41	40.14	1250m: 16:29.16	41.53
	100m: 1:09.83	500m: 6:23.57	40.01	900m: 11:43.77	40.36	1300m: 17:10.42	41.26
	150m: 1:47.12	550m: 7:03.42	39.85	950m: 12:24.05	40.28	1350m: 17:51.46	41.04
	200m: 2:26.21	600m: 7:43.37	39.95	1000m: 13:04.61	40.56	1400m: 18:33.12	41.66
	250m: 3:05.18	650m: 8:23.11	39.74	1050m: 13:44.93	40.32	1450m: 19:14.34	41.22
	300m: 3:44.69	700m: 9:03.20	40.09	1100m: 14:25.65	40.72	1500m: 19:53.89	39.55
	350m: 4:23.87	750m: 9:43.00	39.80	1150m: 15:06.36	40.71		
	400m: 5:03.78	800m: 10:23.27	40.27	1200m: 15:47.63	41.27		
3.	Freddie Geerlings	Zwemsport Parkstad	20:46.71	+0.90			
	50m: 34.68	450m: 6:03.23	41.90	850m: 11:41.50	42.41	1250m: 17:20.58	42.12
	100m: 1:14.24	500m: 6:45.34	42.11	900m: 12:24.44	42.94	1300m: 18:02.78	42.20
	150m: 1:54.69	550m: 7:27.24	41.90	950m: 13:07.02	42.58	1350m: 18:44.64	41.86
	200m: 2:35.61	600m: 8:09.75	42.51	1000m: 13:49.72	42.70	1400m: 19:26.94	42.30
	250m: 3:16.20	650m: 8:52.09	42.34	1050m: 14:32.45	42.73	1450m: 20:07.64	40.70
	300m: 3:57.86	700m: 9:34.70	42.61	1100m: 15:14.82	42.37	1500m: 20:46.71	39.07
	350m: 4:39.51	750m: 10:16.77	42.07	1150m: 15:56.38	41.56		
	400m: 5:21.33	800m: 10:59.09	42.32	1200m: 16:38.46	42.08		
4.	Ruud Holswilder	ZPCH	21:00.51	+0.78			
	50m: 34.39	450m: 6:12.89	43.36	850m: 11:50.29	42.06	1250m: 17:33.50	43.49
	100m: 1:14.20	500m: 6:54.86	41.97	900m: 12:32.48	42.19	1300m: 18:16.92	43.42
	150m: 1:55.88	550m: 7:37.37	42.51	950m: 13:15.35	42.87	1350m: 19:00.33	43.41
	200m: 2:37.62	600m: 8:19.12	41.75	1000m: 13:57.62	42.27	1400m: 19:43.12	42.79
	250m: 3:20.56	650m: 9:02.33	43.21	1050m: 14:40.77	43.15	1450m: 20:24.83	41.71
	300m: 4:03.36	700m: 9:44.04	41.71	1100m: 15:23.62	42.85	1500m: 21:00.51	35.68
	350m: 4:46.95	750m: 10:26.84	42.80	1150m: 16:06.89	43.27		
	400m: 5:29.53	800m: 11:08.23	41.39	1200m: 16:50.01	43.12		
5.	Erwin Zuidervelt	AZ&PC De Futen	22:16.12	+0.88			
	50m: 38.61	450m: 6:27.42	43.68	850m: 12:27.22	45.01	1250m: 18:31.58	46.71
	100m: 1:20.96	500m: 7:11.64	44.22	900m: 13:12.17	44.95	1300m: 19:17.68	46.10
	150m: 2:04.39	550m: 7:56.47	44.83	950m: 13:57.42	45.25	1350m: 20:03.36	45.68
	200m: 2:47.93	600m: 8:41.30	44.83	1000m: 14:42.58	45.16	1400m: 20:48.72	45.36
	250m: 3:31.38	650m: 9:27.01	45.71	1050m: 15:28.18	45.60	1450m: 21:34.71	45.99
	300m: 4:15.42	700m: 10:11.76	44.75	1100m: 16:12.75	44.57	1500m: 22:16.12	41.41
	350m: 4:59.55	750m: 10:57.46	45.70	1150m: 16:57.94	45.19		
	400m: 5:43.74	800m: 11:42.21	44.75	1200m: 17:44.87	46.93		

Programmanr. 1, Heren, 1500m vrije slag, Masters 45+

rang	naam	vereniging	tijd	RT	PARA	
6.	Bart Liekens	ShaRK - Swimming Region KemrBEL SHARK/10374/79	22:20.99	+0.83		
	50m: 37.69	37.69 450m: 6:37.82	45.64 850m: 12:40.34	45.42	1250m: 18:42.12	45.17
	100m: 1:21.90	44.21 500m: 7:23.02	45.20 900m: 13:25.76	45.42	1300m: 19:27.21	45.09
	150m: 2:07.44	45.54 550m: 8:08.58	45.56 950m: 14:11.32	45.56	1350m: 20:11.91	44.70
	200m: 2:52.71	45.27 600m: 8:53.64	45.06 1000m: 14:56.50	45.18	1400m: 20:56.76	44.85
	250m: 3:36.49	43.78 650m: 9:38.95	45.31 1050m: 15:41.76	45.26	1450m: 21:40.82	44.06
	300m: 4:21.28	44.79 700m: 10:24.48	45.53 1100m: 16:26.88	45.12	1500m: 22:20.99	40.17
	350m: 5:06.59	45.31 750m: 11:09.74	45.26 1150m: 17:11.94	45.06		
	400m: 5:52.18	45.59 800m: 11:54.92	45.18 1200m: 17:56.95	45.01		
7.	Tom Bandsma	PSV NED 197701625	24:23.92	+1.18		
	50m: 39.80	39.80 450m: 6:58.31	48.92 850m: 13:36.20	50.20	1250m: 20:20.04	50.37
	100m: 1:23.78	43.98 500m: 7:47.52	49.21 900m: 14:27.10	50.90	1300m: 21:10.57	50.53
	150m: 2:09.51	45.73 550m: 8:37.01	49.49 950m: 15:17.19	50.09	1350m: 21:59.59	49.02
	200m: 2:56.24	46.73 600m: 9:26.30	49.29 1000m: 16:07.93	50.74	1400m: 22:50.13	50.54
	250m: 3:44.35	48.11 650m: 10:15.97	49.67 1050m: 16:57.81	49.88	1450m: 23:38.30	48.17
	300m: 4:32.11	47.76 700m: 11:06.02	50.05 1100m: 17:49.00	51.19	1500m: 24:23.92	45.62
	350m: 5:20.84	48.73 750m: 11:55.67	49.65 1150m: 18:39.64	50.64		
	400m: 6:09.39	48.55 800m: 12:46.00	50.33 1200m: 19:29.67	50.03		

Masters 50+

1.	Ingmar de Gelder *200m	ZOB'66 NED 197000333	20:45.59	+1.01		
	50m: 35.22	35.22 450m: 6:05.06	42.22 850m: 11:43.33	41.88	1250m: 17:20.27	41.15
	100m: 1:13.73	38.51 500m: 6:47.11	42.05 900m: 12:25.91	42.58	1300m: 18:02.69	42.42
	150m: 1:53.47	39.74 550m: 7:29.46	42.35 950m: 13:07.59	41.68	1350m: 18:44.13	41.44
	200m: 2:34.87	41.40 600m: 8:11.90	42.44 1000m: 13:49.68	42.09	1400m: 19:26.93	42.80
	250m: 3:16.44	41.57 650m: 8:54.22	42.32 1050m: 14:31.91	42.23	1450m: 20:08.06	41.13
	300m: 3:58.68	42.24 700m: 9:36.79	42.57 1100m: 15:14.54	42.63	1500m: 20:45.59	37.53
	350m: 4:40.65	41.97 750m: 10:18.99	42.20 1150m: 15:56.69	42.15		
	400m: 5:22.84	42.19 800m: 11:01.45	42.46 1200m: 16:39.12	42.43		
2.	Paul Bosch	Team Noord Holland (SG) NED 197201533	21:10.83	+0.87		
	50m: 37.97	37.97 450m: 6:14.03	42.36 850m: 11:54.08	43.00	1250m: 17:39.60	43.00
	100m: 1:19.24	41.27 500m: 6:56.10	42.07 900m: 12:37.00	42.92	1300m: 18:23.05	43.45
	150m: 2:01.13	41.89 550m: 7:37.98	41.88 950m: 13:20.30	43.30	1350m: 19:05.30	42.25
	200m: 2:43.01	41.88 600m: 8:20.02	42.04 1000m: 14:03.39	43.09	1400m: 19:47.71	42.41
	250m: 3:25.21	42.20 650m: 9:02.59	42.57 1050m: 14:46.06	42.67	1450m: 20:29.89	42.18
	300m: 4:07.26	42.05 700m: 9:45.43	42.84 1100m: 15:29.13	43.07	1500m: 21:10.83	40.94
	350m: 4:49.50	42.24 750m: 10:28.05	42.62 1150m: 16:12.51	43.38		
	400m: 5:31.67	42.17 800m: 11:11.08	43.03 1200m: 16:56.60	44.09		
3.	Chris Kouwenhoven	De Grunte NED 197101669	21:31.15			
	50m: 36.39	36.39 450m: 6:17.25	43.07 850m: 12:03.69	43.51	1250m: 17:53.83	43.62
	100m: 1:17.82	41.43 500m: 7:00.71	43.46 900m: 12:46.90	43.21	1300m: 18:37.78	43.95
	150m: 1:59.62	41.80 550m: 7:44.07	43.36 950m: 13:30.60	43.70	1350m: 19:21.63	43.85
	200m: 2:42.04	42.42 600m: 8:27.62	43.55 1000m: 14:14.89	44.29	1400m: 20:05.41	43.78
	250m: 3:24.46	42.42 650m: 9:10.65	43.03 1050m: 14:58.55	43.66	1450m: 20:48.71	43.30
	300m: 4:07.41	42.95 700m: 9:53.56	42.91 1100m: 15:42.64	44.09	1500m: 21:31.15	42.44
	350m: 4:50.47	43.06 750m: 10:36.95	43.39 1150m: 16:26.08	43.44		
	400m: 5:34.18	43.71 800m: 11:20.18	43.23 1200m: 17:10.21	44.13		
4.	Eric Hoekman	WS Twente NED 197401531	21:56.54	+0.89		
	50m: 34.91	34.91 450m: 6:17.03	44.31 850m: 12:16.90	45.45	1250m: 18:17.64	45.66
	100m: 1:12.95	38.04 500m: 7:01.73	44.70 900m: 13:02.03	45.13	1300m: 19:02.36	44.72
	150m: 1:54.25	41.30 550m: 7:47.59	45.86 950m: 13:47.25	45.22	1350m: 19:46.83	44.47
	200m: 2:36.92	42.67 600m: 8:32.53	44.94 1000m: 14:30.70	43.45	1400m: 20:31.45	44.62
	250m: 3:20.68	43.76 650m: 9:17.12	44.59 1050m: 15:16.38	45.68	1450m: 21:15.40	43.95
	300m: 4:04.02	43.34 700m: 10:01.05	43.93 1100m: 16:01.22	44.84	1500m: 21:56.54	41.14
	350m: 4:48.68	44.66 750m: 10:46.60	45.55 1150m: 16:46.63	45.41		
	400m: 5:32.72	44.04 800m: 11:31.45	44.85 1200m: 17:31.98	45.35		
5.	Wouter van der Stelt	De Biesboschwimmers NED 197200889	23:46.13	+1.01		
	50m: 38.20	38.20 450m: 6:52.05	47.12 850m: 13:16.16	48.58	1250m: 19:44.91	48.32
	100m: 1:22.10	43.90 500m: 7:40.25	48.20 900m: 14:04.84	48.68	1300m: 20:34.06	49.15
	150m: 2:07.94	45.84 550m: 8:27.42	47.17 950m: 14:53.09	48.25	1350m: 21:22.70	48.64
	200m: 2:54.78	46.84 600m: 9:15.36	47.94 1000m: 15:41.84	48.75	1400m: 22:10.86	48.16
	250m: 3:42.10	47.32 650m: 10:03.14	47.78 1050m: 16:30.12	48.28	1450m: 22:59.90	49.04
	300m: 4:29.46	47.36 700m: 10:50.86	47.72 1100m: 17:18.45	48.33	1500m: 23:46.13	46.23
	350m: 5:16.91	47.45 750m: 11:39.32	48.46 1150m: 18:07.14	48.69		
	400m: 6:04.93	48.02 800m: 12:27.58	48.26 1200m: 18:56.59	49.45		

Programmanr. 1, Heren, 1500m vrije slag

Masters 55+

1. Jan-Willem van den Berg		WVZ	NED	196801575	21:24.72	+0.76	
50m:	36.01 36.01	450m:	6:15.11 42.65	850m:	11:57.37 42.66	1250m:	17:45.69 43.91
100m:	1:16.82 40.81	500m:	6:57.87 42.76	900m:	12:40.42 43.05	1300m:	18:29.73 44.04
150m:	1:59.00 42.18	550m:	7:40.49 42.62	950m:	13:23.28 42.86	1350m:	19:13.46 43.73
200m:	2:41.75 42.75	600m:	8:23.34 42.85	1000m:	14:06.84 43.56	1400m:	19:57.59 44.13
250m:	3:24.18 42.43	650m:	9:05.66 42.32	1050m:	14:49.95 43.11	1450m:	20:41.48 43.89
300m:	4:07.13 42.95	700m:	9:48.63 42.97	1100m:	15:33.70 43.75	1500m:	21:24.72 43.24
350m:	4:49.63 42.50	750m:	10:31.65 43.02	1150m:	16:16.95 43.25		
400m:	5:32.46 42.83	800m:	11:14.71 43.06	1200m:	17:01.78 44.83		
2. Leon Slingerland *100m		WVZ	NED	196801707	21:59.13	+0.90	
50m:	36.79 36.79	450m:	6:30.54 44.68	850m:	12:25.86 44.04	1250m:	18:20.68 44.35
100m:	1:18.98 42.19	500m:	7:15.66 45.12	900m:	13:10.03 44.17	1300m:	19:05.64 44.96
150m:	2:02.54 43.56	550m:	8:00.27 44.61	950m:	13:53.94 43.91	1350m:	19:49.60 43.96
200m:	2:46.53 43.99	600m:	8:45.09 44.82	1000m:	14:38.28 44.34	1400m:	20:34.94 45.34
250m:	3:31.43 44.90	650m:	9:29.46 44.37	1050m:	15:21.98 43.70	1450m:	21:18.24 43.30
300m:	4:16.27 44.84	700m:	10:13.76 44.30	1100m:	16:06.96 44.98	1500m:	21:59.13 40.89
350m:	5:00.92 44.65	750m:	10:58.03 44.27	1150m:	16:51.36 44.40		
400m:	5:45.86 44.94	800m:	11:41.82 43.79	1200m:	17:36.33 44.97		
3. Arno Schrauwen		Patrick-De Roersoppers (SG)	NED	196501355	22:31.25	+0.87	
50m:	38.55 38.55	450m:	6:42.87 45.65	850m:	12:48.30 45.20	1250m:	18:50.24 44.74
100m:	1:22.74 44.19	500m:	7:29.24 46.37	900m:	13:33.69 45.39	1300m:	19:35.43 45.19
150m:	2:07.51 44.77	550m:	8:14.83 45.59	950m:	14:18.91 45.22	1350m:	20:20.12 44.69
200m:	2:53.16 45.65	600m:	9:00.86 46.03	1000m:	15:04.49 45.58	1400m:	21:05.48 45.36
250m:	3:38.43 45.27	650m:	9:46.10 45.24	1050m:	15:49.72 45.23	1450m:	21:48.43 42.95
300m:	4:24.77 46.34	700m:	10:32.16 46.06	1100m:	16:34.90 45.18	1500m:	22:31.25 42.82
350m:	5:10.56 45.79	750m:	11:17.43 45.27	1150m:	17:19.85 44.95		
400m:	5:57.22 46.66	800m:	12:03.10 45.67	1200m:	18:05.50 45.65		
4. Marc van Groen		De Mors	NED	196601085	22:33.03	+1.33	
50m:	38.54 38.54	450m:	6:37.11 45.84	850m:	12:42.25 45.83	1250m:	18:46.75 45.76
100m:	1:21.66 43.12	500m:	7:22.89 45.78	900m:	13:28.22 45.97	1300m:	19:32.49 45.74
150m:	2:04.97 43.31	550m:	8:08.14 45.25	950m:	14:12.90 44.68	1350m:	20:17.77 45.28
200m:	2:49.95 44.98	600m:	8:54.19 46.05	1000m:	14:58.73 45.83	1400m:	21:03.75 45.98
250m:	3:35.23 45.28	650m:	9:39.45 45.26	1050m:	15:43.67 44.94	1450m:	21:48.46 44.71
300m:	4:20.07 44.84	700m:	10:25.13 45.68	1100m:	16:29.59 45.92	1500m:	22:33.03 44.57
350m:	5:05.22 45.15	750m:	11:10.26 45.13	1150m:	17:15.45 45.86		
400m:	5:51.27 46.05	800m:	11:56.42 46.16	1200m:	18:00.99 45.54		
5. Eduard Leusink		De Mors	NED	196901573	22:39.17	+0.82	
50m:	40.60 40.60	450m:	6:42.03 45.33	850m:	12:42.11 45.77	1250m:	18:50.41 45.81
100m:	1:24.43 43.83	500m:	7:27.06 45.03	900m:	13:28.50 46.39	1300m:	19:37.58 47.17
150m:	2:09.02 44.59	550m:	8:11.80 44.74	950m:	14:14.69 46.19	1350m:	20:24.11 46.53
200m:	2:54.35 45.33	600m:	8:56.56 44.76	1000m:	15:01.01 46.32	1400m:	21:10.23 46.12
250m:	3:40.17 45.82	650m:	9:41.33 44.77	1050m:	15:46.83 45.82	1450m:	21:56.34 46.11
300m:	4:25.89 45.72	700m:	10:26.27 44.94	1100m:	16:32.95 46.12	1500m:	22:39.17 42.83
350m:	5:11.40 45.51	750m:	11:11.17 44.90	1150m:	17:18.63 45.68		
400m:	5:56.70 45.30	800m:	11:56.34 45.17	1200m:	18:04.60 45.97		

Masters 60+

1. Jon Christensen		Luxembourg Sharks Swimming CLUX	10008	20:51.23	+0.80		
<i>Luxembourg Masters Record</i>							
50m:	36.78 36.78	450m:	6:01.05 40.06	850m:	11:30.22 40.72	1250m:	17:12.93 43.62
100m:	1:16.91 40.13	500m:	6:41.14 40.09	900m:	12:11.71 41.49	1300m:	17:56.45 43.52
150m:	1:57.57 40.66	550m:	7:21.47 40.33	950m:	12:54.05 42.34	1350m:	18:41.13 44.68
200m:	2:38.15 40.58	600m:	8:01.69 40.22	1000m:	13:38.50 44.45	1400m:	19:25.08 43.95
250m:	3:18.94 40.79	650m:	8:44.22 42.53	1050m:	14:20.77 42.27	1450m:	20:08.77 43.69
300m:	4:00.21 41.27	700m:	9:24.38 40.16	1100m:	15:02.93 42.16	1500m:	20:51.23 42.46
350m:	4:40.67 40.46	750m:	10:05.86 41.48	1150m:	15:45.70 42.77		
400m:	5:20.99 40.32	800m:	10:49.50 43.64	1200m:	16:29.31 43.61		
2. Kees-Jan van Overbeeke		WVW Winterswijk	NED	196200489	21:12.56	+0.87	
50m:	37.57 37.57	450m:	6:17.74 42.88	850m:	12:00.95 42.39	1250m:	17:44.27 42.89
100m:	1:18.16 40.59	500m:	7:01.04 43.30	900m:	12:44.36 43.41	1300m:	18:26.27 42.00
150m:	2:00.82 42.66	550m:	7:43.72 42.68	950m:	13:27.01 42.65	1350m:	19:09.14 42.87
200m:	2:44.40 43.58	600m:	8:26.90 43.18	1000m:	14:10.23 43.22	1400m:	19:51.03 41.89
250m:	3:27.19 42.79	650m:	9:09.27 42.37	1050m:	14:52.64 42.41	1450m:	20:32.91 41.88
300m:	4:09.79 42.60	700m:	9:52.74 43.47	1100m:	15:35.62 42.98	1500m:	21:12.56 39.65
350m:	4:52.24 42.45	750m:	10:35.48 42.74	1150m:	16:17.97 42.35		
400m:	5:34.86 42.62	800m:	11:18.56 43.08	1200m:	17:01.38 43.41		



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven 2-5 mei 2024



Programmanr. 1, Heren, 1500m vrije slag, Masters 65+

rang	naam	vereniging					tijd	RT	PARA
4.	Jaap Vis	TriVia	NED 195600515				24:29.37	+1.67	
	50m: 43.82	43.82	450m: 7:25.72	50.12	850m: 14:01.01	48.75	1250m: 20:32.88	49.47	
	100m: 1:33.26	49.44	500m: 8:15.70	49.98	900m: 14:48.86	47.85	1300m: 21:20.70	47.82	
	150m: 2:24.67	51.41	550m: 9:05.56	49.86	950m: 15:38.22	49.36	1350m: 22:08.08	47.38	
	200m: 3:15.57	50.90	600m: 9:54.39	48.83	1000m: 16:26.99	48.77	1400m: 22:56.40	48.32	
	250m: 4:05.77	50.20	650m: 10:44.14	49.75	1050m: 17:15.86	48.87	1450m: 23:43.64	47.24	
	300m: 4:55.85	50.08	700m: 11:34.17	50.03	1100m: 18:05.41	49.55	1500m: 24:29.37	45.73	
	350m: 5:46.05	50.20	750m: 12:23.53	49.36	1150m: 18:54.42	49.01			
	400m: 6:35.60	49.55	800m: 13:12.26	48.73	1200m: 19:43.41	48.99			
5.	André Pantekoek	PSV	NED 195800321				31:21.49	+1.08	
	50m: 52.49	52.49	450m: 9:02.94	1:01.77	850m: 17:23.65	1:05.07	1250m: 26:04.10	1:04.06	
	100m: 1:53.27	1:00.78	500m: 10:04.47	1:01.53	900m: 18:28.87	1:05.22	1300m: 27:10.88	1:06.78	
	150m: 2:54.78	1:01.51	550m: 11:06.13	1:01.66	950m: 19:33.50	1:04.63	1350m: 28:15.70	1:04.82	
	200m: 3:56.37	1:01.59	600m: 12:07.05	1:00.92	1000m: 20:39.29	1:05.79	1400m: 29:21.58	1:05.88	
	250m: 4:57.90	1:01.53	650m: 13:08.06	1:01.01	1050m: 21:44.27	1:04.98	1450m: 30:24.81	1:03.23	
	300m: 5:58.91	1:01.01	700m: 14:09.77	1:01.71	1100m: 22:49.58	1:05.31	1500m: 31:21.49	56.68	
	350m: 7:00.11	1:01.20	750m: 15:13.62	1:03.85	1150m: 23:54.31	1:04.73			
	400m: 8:01.17	1:01.06	800m: 16:18.58	1:04.96	1200m: 25:00.04	1:05.73			

Masters 70+

1.	Karl-Heinz Nottrodt	SG Mönchengladbach	GER 123148				21:20.45	+0.99	
	<i>German Masters Record</i>								
	50m: 38.08	38.08	450m: 6:20.10	42.70	850m: 12:06.89	43.21	1250m: 17:50.23	42.60	
	100m: 1:19.88	41.80	500m: 7:03.59	43.49	900m: 12:49.81	42.92	1300m: 18:32.75	42.52	
	150m: 2:02.40	42.52	550m: 7:47.22	43.63	950m: 13:33.35	43.54	1350m: 19:15.53	42.78	
	200m: 2:45.52	43.12	600m: 8:30.71	43.49	1000m: 14:16.04	42.69	1400m: 20:00.44	42.55	
	250m: 3:27.81	42.29	650m: 9:13.73	43.02	1050m: 14:58.86	42.82	1450m: 20:39.74	41.66	
	300m: 4:11.19	43.38	700m: 9:57.14	43.41	1100m: 15:42.02	43.16	1500m: 21:20.45	40.71	
	350m: 4:53.78	42.59	750m: 10:40.33	43.19	1150m: 16:24.76	42.74			
	400m: 5:37.40	43.62	800m: 11:23.68	43.35	1200m: 17:07.63	42.87			
DIS	Frans Heus	UZSC	NED 195100067					+1.11	
	<i>AF - De aangegeven afstand niet uitgezwommen.</i>								

Masters 75+

1.	Wout Hemmes	De Plons	NED 194800059				26:22.21	+1.18	
	50m: 46.50	46.50	450m: 7:54.56	52.96	850m: 15:05.77	53.89	1250m: 22:09.07	51.76	
	100m: 1:40.01	53.51	500m: 8:49.21	54.65	900m: 15:59.88	54.11	1300m: 23:00.44	51.37	
	150m: 2:32.74	52.73	550m: 9:42.11	52.90	950m: 16:53.38	53.50	1350m: 23:51.78	51.34	
	200m: 3:26.77	54.03	600m: 10:36.29	54.18	1000m: 17:47.10	53.72	1400m: 24:42.96	51.18	
	250m: 4:20.00	53.23	650m: 11:30.95	54.66	1050m: 18:40.48	53.38	1450m: 25:34.02	51.06	
	300m: 5:14.63	54.63	700m: 12:24.88	53.93	1100m: 19:33.30	52.82	1500m: 26:22.21	48.19	
	350m: 6:07.09	52.46	750m: 13:17.48	52.60	1150m: 20:25.78	52.48			
	400m: 7:01.60	54.51	800m: 14:11.88	54.40	1200m: 21:17.31	51.53			
2.	Guenter Mitlewski	SV Blau-Weiß Bochum	GER 081309				29:03.60 *	+1.14	
	50m: 48.75	48.75	450m: 8:26.07	57.31	850m: 16:14.95	59.09	1250m: 24:09.58	59.57	
	100m: 1:43.71	54.96	500m: 9:24.13	58.06	900m: 17:13.92	58.97	1300m: 25:08.46	58.88	
	150m: 2:39.81	56.10	550m: 10:22.15	58.02	950m: 18:12.30	58.38	1350m: 26:08.45	59.99	
	200m: 3:37.20	57.39	600m: 11:20.92	58.77	1000m: 19:11.69	59.39	1400m: 27:07.67	59.22	
	250m: 4:34.63	57.43	650m: 12:19.53	58.61	1050m: 20:11.08	59.39	1450m: 28:06.48	58.81	
	300m: 5:32.70	58.07	700m: 13:18.47	58.94	1100m: 21:10.24	59.16	1500m: 29:03.60	57.12	
	350m: 6:30.56	57.86	750m: 14:16.85	58.38	1150m: 22:09.83	59.59			
	400m: 7:28.76	58.20	800m: 15:15.86	59.01	1200m: 23:10.01	1:00.18			

Masters 80+

1.	Geza Kaltenecker	AZC	NED 194200065				31:13.23	+0.97	
	50m: 52.77	52.77	450m: 9:01.97	51.51	850m: 17:38.22	1:02.34	1250m: 26:04.78	1:02.39	
	100m: 1:53.76	1:00.99	500m: 10:16.83	1:14.86	900m: 18:42.52	1:04.30	1300m: 27:09.36	1:04.58	
	150m: 2:55.63	1:01.87	550m: 11:19.27	1:02.44	950m: 19:44.52	1:02.00	1350m: 28:11.47	1:02.11	
	200m: 3:58.28	1:02.65	600m: 12:23.04	1:03.77	1000m: 20:48.15	1:03.63	1400m: 29:14.68	1:03.21	
	250m: 5:00.03	1:01.75	650m: 13:24.83	1:01.79	1050m: 21:50.81	1:02.66	1450m: 30:14.82	1:00.14	
	300m: 6:03.09	1:03.06	700m: 14:28.82	1:03.99	1100m: 22:55.74	1:04.93	1500m: 31:13.23	58.41	
	350m: 7:06.09	1:03.00	750m: 15:31.55	1:02.73	1150m: 23:57.95	1:02.21			
	400m: 8:10.46	1:04.37	800m: 16:35.88	1:04.33	1200m: 25:02.39	1:04.44			



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven 2-5 mei 2024



Programmanr. 1, Heren, 1500m vrije slag, Masters 80+

rang	naam	vereniging		tijd										RT	PARA									
2.	Rob Hanou	PSV		NED		194300109		32:26.92										+1.15						
	50m:	55.12	55.12	450m:	9:33.71	1:04.26	850m:	18:16.43	1:05.08	1250m:	27:01.76	1:05.33	100m:	1:58.71	1:03.59	500m:	10:39.70	1:05.99	900m:	19:22.70	1:06.27	1300m:	28:07.89	1:06.13
	150m:	3:02.86	1:04.15	550m:	11:44.85	1:05.15	950m:	20:28.44	1:05.74	1350m:	29:12.94	1:05.05	200m:	4:07.37	1:04.51	600m:	12:50.34	1:05.49	1000m:	21:33.16	1:04.72	1400m:	30:19.44	1:06.50
	250m:	5:12.22	1:04.85	650m:	13:54.51	1:04.17	1050m:	22:38.56	1:05.40	1450m:	31:25.07	1:05.63	300m:	6:18.07	1:05.85	700m:	14:59.99	1:05.48	1100m:	23:45.15	1:06.59	1500m:	32:26.92	1:01.85
	350m:	7:23.47	1:05.40	750m:	16:05.02	1:05.03	1150m:	24:49.82	1:04.67				400m:	8:29.45	1:05.98	800m:	17:11.35	1:06.33	1200m:	25:56.43	1:06.61			

Masters 85+

DIS	Nic Geers	PSV	NED	193800007	+1.13
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AF - De aangegeven afstand niet uitgezwommen.