



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven 2-5 mei 2024



Programmanr. 15
03-05-2024 - 17:05

4 x 200m vrije slag

Masters Open
Resultaten

rang	vereniging					tijd	RT	PARA
80+, Heren								
1.	PSV 1	PSV	NED			8:05.25	+0.68	
	<i>Nederlands Masters Record, voor startzwemmer</i>							
	Luuk van Rooij	04	+0.68	25.89	54.20	1:23.42	1:52.34	1:52.34
	David Groenewegen	04	+0.58	27.47	58.66	1:32.40	2:08.02	2:08.02
	Yuri Wasser	03	+0.22	28.11	1:00.43	1:33.97	2:07.87	2:07.87
	Thijn Damen	03	+0.51	26.35	55.69	1:26.62	1:57.02	1:57.02
2.	MSV-Zeemacht 2	MSV-Zeemacht	NED			9:34.76	+0.72	
	Jordi de Nijis	98	+0.72	28.60	1:01.73	1:36.33	2:11.85	2:11.85
	Boyd Wijkman	01	+0.76	31.72	1:08.63	1:47.26	2:24.54	2:24.54
	Mees Minneboo	02	+0.39	31.20	1:08.78	1:48.55	2:29.77	2:29.77
	Jip Duursema	04	+0.45	29.50	1:04.86	1:46.39	2:28.60	2:28.60
100+, Heren								
1.	ZVL-1886 Center 1	ZVL-1886 Center	NED			8:58.86	+0.72	
	Robin van Beek	97	+0.72	29.02	1:00.95	1:33.92	2:06.95	2:06.95
	Kristiaan Lenos	83	+0.49	29.74	1:02.99	1:38.50	2:14.38	2:14.38
	Erik Baalbergen	98	+0.38	30.01	1:04.41	1:41.20	2:17.43	2:17.43
	Robin van Peenen	02	+0.63	29.07	1:02.94	1:41.19	2:20.10	2:20.10
120+, Heren								
1.	ESCA Zwemmen 1	ESCA Zwemmen	NED			8:43.65	+0.73	
	Mike Schel	94	+0.73	29.49	1:02.33	1:36.13	2:10.10	2:10.10
	Sander de Vrugt	89	+0.27	28.38	1:00.82	1:34.85	2:08.82	2:08.82
	Tim de Vrugt	93	+0.44	29.69	1:03.97	1:39.66	2:14.29	2:14.29
	Jurre Stammes	97	+0.34	28.21	1:01.31	1:35.87	2:10.44	2:10.44
2.	ZPC AMERSFOORT 3	ZPC AMERSFOORT	NED			9:01.24	+0.81	
	Bas Braun	91	+0.81	29.10	1:01.81	1:35.92	2:10.16	2:10.16
	Jelle Opmeer	01	+0.23	28.90	1:02.90	1:39.00	2:14.76	2:14.76
	Rob van Vliet	84	+0.25	29.88	1:04.70	1:41.23	2:18.63	2:18.63
	Martijn Bartels	96	+0.52	30.77	1:05.30	1:41.58	2:17.69	2:17.69
3.	De Schoteijl 1	De Schoteijl	NED			9:02.51	+0.70	
	Jacob Mackloet	00	+0.70	28.55	1:01.22	1:34.25	2:05.92	2:05.92
	Frank v.d. Voordt	83	+0.49	31.50	1:06.94	1:44.38	2:21.98	2:21.98
	Niels Albrechts	88	+0.30	31.16	1:06.87	1:43.44	2:18.68	2:18.68
	David Kievit	99	+0.37	29.79	1:04.00	1:39.80	2:15.93	2:15.93
4.	Poseidon'56 1	Poseidon'56	NED			9:15.55	+0.83	
	Jim Geestman	83	+0.83	31.26	1:06.92	1:44.86	2:21.86	2:21.86
	Sam Beer	96	+0.60	31.33	1:08.33	1:47.25	2:24.57	2:24.57
	John Smit	95	+0.48	31.37	1:06.53	1:41.94	2:17.96	2:17.96
	Ryan van den Ouden	99	+0.44	27.91	1:01.68	1:37.34	2:11.16	2:11.16
5.	Zuiderzeewimmers 1	Zuiderzeewimmers	NED			9:19.55	+0.67	
	Ilmar Stoop	01	+0.67	29.40	1:03.28	1:39.31	2:15.39	2:15.39
	Gerko Versluis	69	+0.49	33.88	1:12.85	1:52.79	2:31.60	2:31.60
	Jarick Stoop	96	+0.12	30.23	1:05.16	1:41.79	2:18.80	2:18.80
	Bram van Heuven	96	+0.21	30.61	1:04.62	1:40.19	2:13.76	2:13.76
6.	ZOB'66 1	ZOB'66	NED			9:56.11	+0.73	
	Jaimy Voogt	00	+0.73	31.98	1:09.04	1:48.00	2:25.07	2:25.07
	Ferry Blangé	83	+0.43	30.69	1:07.69	1:48.65	2:31.01	2:31.01
	Boaz Troost	01	+0.34	31.59	1:10.08	1:51.55	2:32.98	2:32.98
	Ingmar de Gelder	70	+0.72	33.10	1:10.40	1:49.35	2:27.05	2:27.05



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160+, Heren

1.	ZPCH 1	ZPCH			NED				9:21.43	+0.77
	Ruud Holswilder		78	+0.77	30.11	1:04.29	1:40.18	2:14.98	2:14.98	
	László Jüllich		78	+0.65	32.90	1:08.99	1:46.57	2:22.81	2:22.81	
	Jasper van Heijst		76	+0.41	32.18	1:08.60	1:45.86	2:22.28	2:22.28	
	Colin Degenaaars		95	+0.43	31.00	1:06.54	1:44.19	2:21.36	2:21.36	
2.	WVZ 2	WVZ			NED				9:24.37	+0.71
	Jordy van Oel		98	+0.71	29.98	1:04.17	1:38.90	2:14.49	2:14.49	
	Jan-Willem van den Berg		68	+0.43	31.74	1:08.45	1:46.61	2:22.68	2:22.68	
	Markus van Rest		77	+0.48	33.30	1:13.44	1:54.99	2:35.73	2:35.73	
	Ivo Roozeboom		77	+0.29	29.56	1:03.95	1:38.43	2:11.47	2:11.47	
3.	Patrick-De Roersoppers (SG) 1	Patrick-De Roersoppers (SG)			NED				9:52.87	+0.85
	Eric Dumas		69	+0.85	36.80	1:19.42	2:03.25	2:46.73	2:46.73	
	Arno Schrauwen		65	+0.38	33.90	1:14.46	1:57.48	2:40.13	2:40.13	
	Patrick Creemers		90	+0.36	28.62	1:02.22	1:37.32	2:11.94	2:11.94	
	Luuk Kresin		03	+0.39	29.37	1:03.03	1:38.60	2:14.07	2:14.07	

200+, Heren

1.	Oslo I.L. 1	Oslo I.L.			NOR				8:38.50	+0.85
	<i>Europees Masters Record</i>									
	Øivind Martin Hasle		77	+0.85	28.49	59.25	1:32.06	2:05.34	2:05.34	
	Håkon Skaarud Karlsen		79	+0.14	28.57	59.84	1:32.18	2:04.61	2:04.61	
	Erlend Alstad		67	+0.35	31.99	1:06.61	1:41.79	2:17.28	2:17.28	
	Jarl Inge Melberg		70	+0.42	29.61	1:02.14	1:36.64	2:11.27	2:11.27	
2.	SG Wuppertal 1	SG Wuppertal			GER				8:59.65	+0.80
	Tobias Höfs		86	+0.80	29.44	1:02.55	1:36.75	2:10.32	2:10.32	
	Matthias Millers		70	+0.34	29.95	1:04.24	1:38.50	2:11.32	2:11.32	
	Uwe Skutnik		65	+0.42	32.60	1:08.63	1:45.57	2:23.42	2:23.42	
	Jochen Bruha		69	+0.57	30.01	1:04.43	1:39.59	2:14.59	2:14.59	
3.	ZPC AMERSFOORT 1	ZPC AMERSFOORT			NED				9:05.80	+0.73
	<i>Nederlands Masters Record</i>									
	Chester Marsman		69	+0.73	29.95	1:04.33	1:40.26	2:14.96	2:14.96	
	Johan Remmits		62		31.35	1:07.76	1:44.51	2:20.61	2:20.61	
	Edwin v. Norden		63	+0.12	33.16	1:10.09	1:48.00	2:24.80	2:24.80	
	Jelle Blankestijn		98	+0.37	28.13	59.95	1:32.86	2:05.43	2:05.43	
4.	Steenwijk 1934 2	Steenwijk 1934			NED				10:48.01	+0.92
	Huyb Stegeman		67	+0.92	36.81	1:17.52	2:01.09	2:43.59	2:43.59	
	Casper Dollekamp		63	+0.54	36.88	1:20.88	2:08.24	2:55.51	2:55.51	
	Korstaan de Boer		71	+0.52	38.72	1:21.37	2:07.31	2:50.53	2:50.53	
	Robert Braad		86	+0.45	29.84	1:05.46	1:42.38	2:18.38	2:18.38	

240+, Heren

1.	De Rog 1	De Rog			NED				10:04.01	
	<i>Nederlands Masters Record</i>									
	Rob Spetter		62		34.20	1:12.74	1:52.68	2:33.24	2:33.24	
	Erik Kamphuis		60	+0.50	36.66	1:17.84	1:59.30	2:37.95	2:37.95	
	Peter Bernsen		63	+0.52	34.18	1:11.97	1:50.55	2:27.35	2:27.35	
	Glen Le Clercq		68	+0.37	32.24	1:09.17	1:47.02	2:25.47	2:25.47	

80+, Dames

1.	Bubble 1	Bubble			NED				9:23.93	+0.81
	Marijke Drent		99	+0.81	31.81	1:06.68	1:42.31	2:17.36	2:17.36	
	Esmee Kloezen		02	+0.61	33.52	1:11.04	1:50.91	2:31.13	2:31.13	
	Sanne Kloezen		02	+0.38	31.67	1:07.28	1:45.01	2:23.59	2:23.59	
	Laura Setz		00	+0.64	29.23	1:02.10	1:36.68	2:11.85	2:11.85	
2.	Neptunus'58 1	Neptunus'58			NED				10:38.12	+0.75
	Mirelle de Kort		00	+0.75	35.43	1:15.40	1:55.83	2:35.02	2:35.02	
	Nana Dekkers		02	+0.65	38.39	1:21.79	2:06.57	2:50.15	2:50.15	
	Naomi Janssen		04	+0.59	36.26	1:17.41	1:59.91	2:42.44	2:42.44	
	Selina Janssen		99	+0.51	33.44	1:11.41	1:51.02	2:30.51	2:30.51	



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100+, Dames

1.	Niemo Barracuda 1	Niemo Barracuda		NED				10:17.21	+0.75
	Robin Pienaar	01	+0.75	31.90	1:08.30	1:45.85	2:22.79	2:22.79	
	Jacoline van den Beukel	91	+0.23	37.95	1:23.14	2:12.27	3:02.80	3:02.80	
	Marijke Kommers	93	+0.42	34.02	1:12.40	1:52.56	2:31.95	2:31.95	
	Denise Boereboom	92	+0.56	30.27	1:05.18	1:42.13	2:19.67	2:19.67	
2.	De Geul 1	De Geul		NED				10:21.82	+0.70
	Faustine Mussig	02	+0.70	33.23	1:11.20	1:51.35	2:31.48	2:31.48	
	Esmee Wijnmaalen	01		34.68	1:14.38	1:56.93	2:37.89	2:37.89	
	Isabelle Janssen	00	+0.67	38.43	1:20.58	2:04.41	2:46.57	2:46.57	
	Marcha Admiraal	93	+0.52	32.58	1:09.09	1:47.88	2:25.88	2:25.88	

120+, Dames

1.	PSV 5	PSV		NED				9:46.77	+0.77
	Jenny Schouten	87	+0.77	32.17	1:08.79	1:46.44	2:23.73	2:23.73	
	Larissa Jansen	95	+0.54	34.01	1:11.60	1:50.49	2:29.26	2:29.26	
	Diane Schoenmaker	95	+0.52	32.81	1:09.75	1:48.89	2:28.83	2:28.83	
	Fiona Meuffels	95	+0.41	32.19	1:09.64	1:48.17	2:24.95	2:24.95	
2.	MSV-Zeemacht 1	MSV-Zeemacht		NED				9:50.67	+0.85
	Amber van der Kruk	01	+0.85	30.89	1:04.90	1:39.78	2:15.74	2:15.74	
	Bianca Groot	70	+0.50	35.35	1:14.78	1:55.14	2:35.40	2:35.40	
	Kyra Wesemann	02	+0.28	34.54	1:12.37	1:52.13	2:31.37	2:31.37	
	Jet Kleine	99	+0.26	33.88	1:11.01	1:49.08	2:28.16	2:28.16	
3.	ZPC AMERSFOORT 2	ZPC AMERSFOORT		NED				9:57.28	+0.80
	Estée Grandidier	99	+0.80	33.83	1:11.63	1:49.90	2:26.90	2:26.90	
	Lidia v. Bon-Rosenbrand	70	+0.28	32.68	1:09.98	1:48.33	2:26.45	2:26.45	
	Jisca Majolée	94	+0.52	34.39	1:12.55	1:52.46	2:30.97	2:30.97	
	Maddy van der Hoeven	04	+0.59	34.37	1:13.15	1:53.28	2:32.96	2:32.96	
4.	ESCA Zwemmen 2	ESCA Zwemmen		NED				11:54.83	+0.73
	Moniek van Langevelde	98	+0.73	32.47	1:08.12	1:44.47	2:19.31	2:19.31	
	Rachel Verburgt	02	+0.27	37.55	1:22.83	2:12.78	3:02.84	3:02.84	
	Cora Smulders	66		46.32	1:41.26	2:38.64	3:34.19	3:34.19	
	Irmgard van Weeghel	92		38.81	1:24.07	2:11.53	2:58.49	2:58.49	
5.	De Rog 3 * 200m	De Rog		NED				12:14.13	+0.86
	Ageeth Westenbrink	67	+0.86	46.62	1:38.68	2:33.03	3:23.44	3:23.44	
	Karin Vermeer	83		48.18	1:41.30	2:34.38	3:25.83	3:25.83	
	Kim Hamakers	98	+0.67	39.39	1:23.92	2:09.60	2:53.83	2:53.83	
	Iris Le Clercq	04	+0.60	34.63	1:13.21	1:52.28	2:31.03	2:31.03	

160+, Dames

1.	GZC DONK 1	GZC DONK		NED				11:06.92	+0.91
	Petra Tossings-van de Hooven	61	+0.91	40.43	1:25.29	2:10.55	2:54.34	2:54.34	
	Nathasja Konijn	71	+0.69	42.54	1:30.33	2:21.16	3:12.55	3:12.55	
	Jessica Venema	79	+0.67	37.21	1:19.36	2:03.96	2:46.86	2:46.86	
	Angelique van Vark	97	+0.45	30.16	1:03.75	1:38.54	2:13.17	2:13.17	
2.	De Geul 2	De Geul		NED				12:06.46	+0.68
	Marijke Campfens	69	+0.68	39.57	1:23.88	2:10.05	2:55.31	2:55.31	
	Erica Muller	64	+0.52	46.36	1:39.32	2:32.26	3:24.53	3:24.53	
	Marian Nederlof	76	+0.34	39.10	1:22.87	2:07.61	2:51.34	2:51.34	
	Eline Molle	94	+0.51	38.28	1:22.42	2:08.91	2:55.28	2:55.28	

200+, Dames

1.	PSV 3	PSV		NED				9:26.26	+0.70
	<i>Wereld Masters Record, WMR startzwemster</i>								
	Kirsten Cameron	73	+0.70	31.20	1:04.09	1:37.65	2:11.40	2:11.40	
	Janneke Harmsen-Bakker	77	+0.53	30.94	1:07.69	1:47.72	2:28.89	2:28.89	
	Liselotte Joling	75	+0.61	33.83	1:11.17	1:49.60	2:25.26	2:25.26	
	Carla Geurts	71	+0.28	31.78	1:07.59	1:44.23	2:20.71	2:20.71	
2.	LinK 1	LinK		NED				12:47.87	+0.86
	Annette Spies	70	+0.86	42.65	1:30.42	2:20.19	3:08.68	3:08.68	
	Ilionka van der Meer	76	+0.44	40.73	1:27.42	2:16.60	3:04.07	3:04.07	
	José Bodde	69	+0.25	45.02	1:35.10	2:26.76	3:16.29	3:16.29	
	Elise Kenworthy	71	+0.66	43.09	1:32.94	2:26.42	3:18.83	3:18.83	



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280+, Dames

1.	PSV 2	PSV		NED				12:37.94	+0.81
	<i>Nederlands Masters Record, voor startzwemster</i>								
	Ineke Weekers	53	+0.81	40.47	1:24.51	2:09.66	2:54.77	2:54.77	
	Carla Hensen	53	+0.56	47.36	1:42.53	2:39.28	3:34.59	3:34.59	
	Corrie Verhoeven	46	+0.33	42.93	1:36.38	2:30.53	3:22.69	3:22.69	
	Esther van Lohuizen	59	+0.52	38.64	1:21.04	2:04.90	2:45.89	2:45.89	

80+, Gemengd

1.	De Columbiaan 1	De Columbiaan		NED				9:24.37	+0.81
	Kim de Jong	03	+0.81	34.36	1:12.31	1:52.93	2:34.01	2:34.01	
	Dave van den Nieuwendijk	01	+0.69	29.43	1:03.90	1:39.83	2:16.60	2:16.60	
	Anouk Vis	02	+0.47	32.92	1:10.02	1:49.61	2:31.08	2:31.08	
	Daan Hogerhuis	03	+0.55	27.69	57.79	1:29.85	2:02.68	2:02.68	
2.	Westland Swimming Stars 1	Westland Swimming Stars		NED				9:47.82	+0.63
	Nick Boekestijn	99	+0.63	31.44	1:06.45	1:42.55	2:17.06	2:17.06	
	Anouk van der Lans	98	+0.41	34.98	1:14.40	1:55.96	2:38.33	2:38.33	
	Kim de Jong	04	+0.50	33.42	1:12.80	1:54.13	2:33.79	2:33.79	
	Patrick Wyrdean	97	+0.38	30.60	1:05.56	1:42.05	2:18.64	2:18.64	

100+, Gemengd

1.	ZV Hoogland 1	Zwemvereniging Hoogland		NED				9:11.39	+0.72
	Anne-Irene Ducheine	95	+0.72	32.44	1:09.57	1:48.68	2:27.14	2:27.14	
	Jamilla van Omme - van Veen	96	+0.54	31.25	1:07.09	1:44.38	2:21.13	2:21.13	
	Jeffrey Roest	97	+0.46	31.14	1:05.46	1:40.74	2:15.83	2:15.83	
	Bas Dries	95	+0.36	27.43	59.32	1:32.66	2:07.29	2:07.29	
2.	De Warande 1	De Warande		NED				9:40.19	+0.60
	Tom Balsen Versteeg	00	+0.60	29.07	1:01.14	1:33.75	2:06.32	2:06.32	
	Marjolein van der Poel	87	+0.34	36.93	1:22.83	2:12.67	3:03.42	3:03.42	
	Désirée Emmen	92	+0.43	32.28	1:09.21	1:49.50	2:30.10	2:30.10	
	Nicko Kamphuis	99	+0.29	26.64	57.46	1:29.39	2:00.35	2:00.35	
3.	De Gelenberg 1	De Gelenberg		NED				9:41.48	+0.85
	Marijn van Baaren	92	+0.85	32.35	1:08.70	1:46.95	2:23.84	2:23.84	
	Kim van Dongen	04	+0.45	32.36	1:09.76	1:48.42	2:26.74	2:26.74	
	Sanne Domensino	99	+0.61	35.93	1:15.62	1:56.53	2:35.83	2:35.83	
	Jochem Janssen	00	+0.25	29.67	1:05.45	1:40.74	2:15.07	2:15.07	
4.	De Rijn 1	De Rijn		NED				10:15.25	+0.74
	Annemarie Hoving	00	+0.74	32.95	1:10.17	1:48.56	2:27.81	2:27.81	
	Lieke van Hofwegen	01	+0.16	36.44	1:19.25	2:03.98	2:48.32	2:48.32	
	Rick van Nieuwenhuizen	90	+0.30	34.68	1:16.61	2:01.09	2:43.62	2:43.62	
	Jeroen Louwinger	99	+0.37	29.31	1:03.90	1:39.52	2:15.50	2:15.50	
5.	ZV Hoogland 2	Zwemvereniging Hoogland		NED				10:33.39	+0.80
	Renske Eilers	88	+0.80	37.77	1:19.49	2:03.24	2:47.04	2:47.04	
	Yvette Meijer	97	+0.92	37.99	1:21.23	2:05.50	2:49.39	2:49.39	
	Ruben de Boer	93	+0.18	36.86	1:18.35	2:00.04	2:41.74	2:41.74	
	Kevin Roest	00	+0.44	30.18	1:04.62	1:40.13	2:15.22	2:15.22	

120+, Gemengd

1.	WVZ 1	WVZ		NED				8:44.89	+0.76
	<i>Nederlands Masters Record</i>								
	Delia Badoux	80	+0.76	30.75	1:05.47	1:41.73	2:18.25	2:18.25	
	Sander Kirillova	98	+0.05	29.12	1:02.54	1:36.96	2:11.15	2:11.15	
	Leonie van Noort	93	+0.34	29.34	1:01.57	1:34.88	2:07.98	2:07.98	
	Jasper Breugem	00	+0.42	27.97	59.71	1:33.58	2:07.51	2:07.51	
2.	HZ&PC Heerenveen 1	HZ&PC Heerenveen		NED				9:25.56	+0.66
	Jorian Darwinkel	03	+0.66	28.14	1:00.69	1:35.85	2:10.82	2:10.82	
	Marten de Groot	58	+0.40	32.61	1:09.25	1:46.97	2:24.88	2:24.88	
	Lianne van Wier	02	+0.35	31.77	1:08.83	1:47.26	2:25.39	2:25.39	
	Inge Dekker	02	+0.36	31.23	1:08.14	1:46.74	2:24.47	2:24.47	
3.	ZPC De Zeeuwse Kust 1	ZPC De Zeeuwse Kust		NED				9:26.71	
	Jan Brink	62		32.62	1:09.75	1:48.72	2:27.42	2:27.42	
	Eva van Elsen	99	+0.56	32.88	1:08.99	1:46.80	2:25.19	2:25.19	
	Kirsten Walraven	00		30.79	1:05.51	1:41.65	2:17.74	2:17.74	
	Tom van Gils	95	+0.29	31.27	1:06.01	1:41.83	2:16.36	2:16.36	



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven 2-5 mei 2024



Programmanr. 15, Gemengd, 4 x 200m vrije slag, 120+

rang	vereniging						tijd	RT	PARA
4.	DAW 1	DAW		NED			9:28.52	+0.78	
	Ilona Hogerheyde	74	+0.78	33.80	1:12.71	1:53.80	2:35.84	2:35.84	
	Alex Damen	75	+0.56	31.74	1:07.92	1:45.51	2:22.04	2:22.04	
	Melissa Zwaan	91	+0.62	33.31	1:11.44	1:50.84	2:29.71	2:29.71	
	Luc Mul	02	+0.38	27.28	58.13	1:29.72	2:00.93	2:00.93	
5.	Zwemlust- den Hommel 1	Zwemlust- den Hommel		NED			9:38.81	+0.70	
	Vincent Versteeg	77	+0.70	30.31	1:05.36	1:41.82	2:17.01	2:17.01	
	Sophie Stekelenburg	04	+0.40	31.88	1:08.91	1:46.85	2:24.94	2:24.94	
	Liesbeth van Mill	87	+0.54	36.20	1:17.65	2:01.05	2:44.30	2:44.30	
	Fayssal Lantema	01	+0.41	29.88	1:02.70	1:37.77	2:12.56	2:12.56	
6.	Team Noord Holland (SG) 1	Team Noord Holland (SG)		NED			9:51.76	+0.74	
	Rik Hofland	97	+0.74	27.50	59.21	1:33.78	2:08.32	2:08.32	
	Peter van de Bor	84	+0.44	31.96	1:10.04	1:51.19	2:32.40	2:32.40	
	Inken Wemheuer	71	+0.30	35.37	1:15.58	1:58.56	2:40.72	2:40.72	
	Lotte van Gessel	03	+0.61	35.61	1:13.62	1:53.63	2:30.32	2:30.32	
7.	AZC 2	AZC		NED			10:00.19	+0.79	
	Monique van Huizen	87	+0.79	33.78	1:13.06	1:55.72	2:39.62	2:39.62	
	Jeroen Matthijssen	91	+0.56	29.96	1:04.66	1:41.24	2:16.03	2:16.03	
	Jessica Braat	02	+0.51	34.30	1:13.86	1:54.41	2:34.37	2:34.37	
	Patrick Brouwer	93	+0.64	32.75	1:10.71	1:50.83	2:30.17	2:30.17	
8.	VZV Njord 1	VZV Njord		NED			10:30.27	+0.72	
	Erik Keukens	75	+0.72	32.36	1:09.02	1:47.38	2:23.35	2:23.35	
	Margot van de Rakt	93	+0.18	37.01	1:21.37	2:09.27	2:57.76	2:57.76	
	Inge Hertogh	01	+0.03	35.40	1:17.33	2:00.75	2:42.12	2:42.12	
	Francis Roosen	68	+0.39	33.95	1:11.06	1:49.91	2:27.04	2:27.04	
9.	De Biesboschzwemmers 1	De Biesboschzwemmers		NED			10:36.56	+0.73	
	Wouter van der Stelt	72	+0.73	36.50	1:17.60	2:00.01	2:42.84	2:42.84	
	Nico Swart	68	+0.08	34.30	1:15.78	2:00.13	2:43.69	2:43.69	
	Mandy Swart	99	+0.46	34.67	1:14.77	1:57.12	2:38.86	2:38.86	
	Sanne van de Pol	98	+0.33	32.33	1:10.36	1:50.61	2:31.17	2:31.17	
10.	PSV 7	PSV		NED			10:39.82	+0.83	
	Nanda van Heteren	89	+0.83	36.34	1:16.66	1:57.81	2:37.18	2:37.18	
	Jolanda van Gendt	78	+0.43	36.90	1:20.38	2:06.04	2:51.32	2:51.32	
	Mark Godwaldt	87	+0.51	32.73	1:10.95	1:51.42	2:31.94	2:31.94	
	Arne-Willem Kroonen	84	+0.31	33.20	1:11.63	1:54.24	2:39.38	2:39.38	
11.	Steenwijk 1934 1	Steenwijk 1934		NED			10:56.53	+0.89	
	Nanda Wobben-de Vries	92	+0.89	38.41	1:22.33	2:07.89	2:54.01	2:54.01	
	Patrick Wobben	93	+0.75	39.60	1:25.21	2:14.22	3:03.31	3:03.31	
	Getrude Corporaal	92	+0.62	34.21	1:13.31	1:54.64	2:35.87	2:35.87	
	Rick Driezen	86	+0.52	32.40	1:08.01	1:45.11	2:23.34	2:23.34	

160+, Gemengd

1.	Sassenheim 1	Sassenheim		NED			10:24.39	+0.51	
	Marianne de Bruin	84	+0.51	37.07	1:19.05	2:03.70	2:46.07	2:46.07	
	Arjan Buijsse	79	+0.41	32.42	1:09.96	1:49.82	2:30.32	2:30.32	
	Marinka vd Zwet	65	+0.48	36.27	1:19.27	2:04.05	2:47.44	2:47.44	
	Wesley van der Luit	97	+0.32	32.88	1:08.86	1:45.57	2:20.56	2:20.56	
2.	DWK 1	DWK		NED			11:06.63	+0.81	
	Martijn de Jong	71	+0.81	36.53	1:19.16	2:03.13	2:46.45	2:46.45	
	Lars Jacobsen	97	+0.64	30.50	1:06.66	1:44.27	2:19.95	2:19.95	
	Jennie Resink-lindeboom	60	+0.66	44.70	1:34.57	2:25.33	3:13.78	3:13.78	
	Iris van Aurich	69	+0.72	36.76	1:19.12	2:03.69	2:46.45	2:46.45	

200+, Gemengd

1.	De Biesboschzwemmers 2	De Biesboschzwemmers		NED			10:01.90	+0.77	
	Harry Cornet	71	+0.77	32.66	1:08.95	1:45.82	2:21.60	2:21.60	
	Henri Verschoor	70	+0.78	35.20	1:14.99	1:55.31	2:35.10	2:35.10	
	Johanna van Wijnen	72	+0.18	35.03	1:13.23	1:51.79	2:31.07	2:31.07	
	Anne-Marie Verschoor-Vos	81	+0.70	33.45	1:12.69	1:53.74	2:34.13	2:34.13	
2.	Cercle De Natation Sportcity WolBEL	Cercle De Natation Sportcity WolBEL					10:04.60	+0.70	
	Hugues Herman	66	+0.70	33.18	1:10.12	1:46.93	2:22.20	2:22.20	
	Julien Marquet	82	+0.24	32.38	1:10.17	1:50.31	2:28.63	2:28.63	
	Valérie Rolland	71	+0.48	36.37	1:15.61	1:56.53	2:35.54	2:35.54	
	Nathalie Blondeel	77	+0.34	36.46	1:17.12	1:58.36	2:38.23	2:38.23	
3.	Westland Swimming Stars 2	Westland Swimming Stars		NED			10:51.61	+0.81	
	Fred Dijkshoorn	65	+0.81	39.02	1:25.03	2:11.80	2:57.25	2:57.25	
	Mirjan den Drijver	75	+0.44	36.27	1:18.75	2:01.16	2:42.81	2:42.81	
	Netty Burik-Geijzen	63	+0.31	35.60	1:16.06	1:57.91	2:37.72	2:37.72	
	Pieter Broek	77	+0.50	32.12	1:09.42	1:50.81	2:33.83	2:33.83	



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven 2-5 mei 2024



Programmanr. 15, Gemengd, 4 x 200m vrije slag, 200+

rang	vereniging						tijd	RT	PARA
4.	De Rog 2	De Rog		NED			11:43.68	+0.83	
	Esther Vergeest	77	+0.83	40.29	1:24.26	2:09.69	2:54.40	2:54.40	
	Sandra Van der Helm	78	+0.62	44.56	1:33.50	2:26.51	3:19.45	3:19.45	
	Wijnand Vergeest	68	+0.49	37.34	1:20.96	2:05.08	2:45.89	2:45.89	
	Roy Le Clercq	64	+0.58	36.09	1:17.55	2:01.49	2:43.94	2:43.94	
5.	Feijenoord Albion Zwemclub 1	Feijenoord Albion Zwemclub		NED			12:08.25	+0.85	
	Mario van der Veen	61	+0.85	41.07	1:28.38	2:20.29	3:09.23	3:09.23	
	Clementine van Bruxvoort	77	+0.62	43.68	1:35.20	2:29.23	3:22.35	3:22.35	
	Cancia Leirissa	67	+0.69	41.78	1:28.86	2:18.15	3:05.27	3:05.27	
	Rob van Wanrooy	82	+0.11	31.93	1:09.16	1:49.47	2:31.40	2:31.40	
6.	SWOL 1894 1	SWOL 1894		NED			12:10.95	+0.93	
	Annet Kootstra	71	+0.93	42.55	1:30.74	2:20.54	3:09.86	3:09.86	
	Maxim Hardziyenka	72	+0.76	44.37	1:36.83	2:32.69	3:24.60	3:24.60	
	Christine Nieuwenhuis	51	+0.39	42.57	1:32.41	2:22.63	3:10.54	3:10.54	
	Albert van Piekeren	84	+0.43	32.56	1:10.07	1:48.53	2:25.95	2:25.95	

240+, Gemengd

1.	Cercle De Natation Sportcity WolCercle De Natation Sportcity WolBEL						12:23.00	+0.80	
	Olivier Bresoux	69	+0.80	36.95	1:19.08	2:01.65	2:43.03	2:43.03	
	Claire Anthony	57	+0.51	42.74	1:33.04	2:23.19	3:10.01	3:10.01	
	Bruno Nahon	70	+0.56	34.52	1:13.23	1:52.76	2:32.20	2:32.20	
	Fernande Blondeel-Gourmet	52	+0.54	53.94	1:54.79	2:55.69	3:57.76	3:57.76	
2.	AZC 1	AZC		NED			12:49.11	+0.77	
	Esther Boerdam-Delfos	87	+0.77	37.92	1:20.82	2:05.51	2:49.43	2:49.43	
	Geza Kaltenecker	42	+0.61	49.69	1:48.82	2:47.82	3:45.34	3:45.34	
	Sandra Daamen-Posma	68	+0.63	43.50	1:31.86	2:22.90	3:13.43	3:13.43	
	Wim de Lange	58	+0.61	39.70	1:24.86	2:12.71	3:00.91	3:00.91	

320+, Gemengd

1.	PSV 4	PSV		NED			16:10.16	+1.29	
	Lottie Geurts	35	+1.29	1:03.02	2:16.44	3:29.69	4:36.19	4:36.19	
	Rob Hanou	43	+0.76	53.03	1:59.46	3:06.68	4:07.49	4:07.49	
	Nic Geers	38	+0.84	59.80	2:09.76	3:23.86	4:28.30	4:28.30	
	Patty Verhagen	59		42.49	1:27.79	2:13.31	2:58.18	2:58.18	