



Programmanr. 22
2/5/2026

Heren, 200m rugslag

Masters Open
Inschrijfflijst

rang	naam	vereniging		categorie	inschrijftijd
20+					
1	Mika Heskamp	De Dinkel	200300339	H 20+	2:19.26S
2	Jesper Pas	VZV Njord	200200967	H 20+	2:23.57S
3	Rik Stahlie	TriVia	200201915	H 20+	2:25.16S
4	Nigel Werring	Zwemlust- den Hommel	200301503	H 20+	2:26.50L
5	Owen Michels	De Amstel	200402293	H 20+	2:27.09S
6	Mees Niemeijer	DZ&PC	200201275	H 20+	2:29.81L
RES	Tim Seising	VZC	200500107	H 20+	2:32.82S
25+					
1	Robin van Beek	ZVL - 1886	199704023	H 25+	2:16.52S
2	Jasper Breugem	WVZ	200000303	H 25+	2:18.16L
3	Richard Kuipers	HZ&PC Heerenveen	199704171	H 25+	2:26.57L
4	Jeroen Louwinger	De Rijn	199900583	H 25+	2:30.57L
5	David Kievit	De Schotejil	199900325	H 25+	2:30.79L
6	Jordy van Oel	WVZ	199802003	H 25+	2:32.19L
7	Ian Terlouw	ZPC Woerden	200002345	H 25+	2:33.16L
8	Tim van Grunsven	De Treffers	199804535	H 25+	2:36.65S
9	Ruben Zwartebol	ZPC Woerden	200102651	H 25+	2:37.34L
10	Rens Meijberg	De Valken	200004155	H 25+	2:41.13S
11	Jesper Luppés	G.S.Z.V. De Golfbreker	200005403	H 25+	2:44.41S
30+					
1	Mike Schel	ENC Arnhem	199403279	H 30+	2:14.36S
2	Patrick Brouwer	AZC	199303715	H 30+	2:38.21L
35+					
1	Jos de Graaf	PSV	199106095	H 35+	2:16.21S
2	Jeroen Matthijssen	AZC	199103751	H 35+	2:32.78L
3	Tim Bunnik	Triton	199000505	H 35+	2:33.20L
4	Wessel Everloo	WS Twente	198906597	H 35+	2:38.45L
40+					
1	Alan Smeets	Zwemsport Parkstad	198402089	H 40+	2:16.02S
2	Robert Braad	Steenwijk 1934	198600407	H 40+	2:26.27L
3	Rick Driezen	Steenwijk 1934	198600713	H 40+	2:35.52L
4	Frank v.d. Voordt	De Schotejil	198302259	H 40+	2:39.18L
5	Rob van Vliet	ZPC Amersfoort	198402459	H 40+	2:40.58L
45+					
1	Dennis Brouwers	HZPC	197800167	H 45+	2:17.68S
2	Ivo Roozeboom	WVZ	197700801	H 45+	2:20.41S
3	Ruud Holswilder	ZPCH	197800435	H 45+	2:24.51S
4	Heijmen van Vliet	De Geul	198001637	H 45+	2:25.01S
5	Jeroen Zelsmann	ZPC Amersfoort	197701551	H 45+	2:28.41S
6	Mark Hensen	NieMo Barracuda	197900497	H 45+	2:29.27L
7	Paul Oudendijk	DAW	198101287	H 45+	2:31.04L
8	Robert Istrate	Zwemsport Parkstad	198002555	H 45+	2:32.30S
9	Markus van Rest	WVZ	197701197	H 45+	2:35.32S
10	Arjan Buijsse	Sassenheim	197901767	H 45+	2:35.48S
11	Oliver Grundmann	SG Essen	501511	H 45+	2:35.99L
12	Marcel Reefhuis	WS Twente	198101381	H 45+	2:41.29L
13	Pieter Broek	Westland Swimming Stars	197701637	H 45+	2:54.41L
14	Arjen Koop	ENC Arnhem	197900697	H 45+	2:57.57L
RES	Stefan Witwerts	KSN (SG)	197902159	H 45+	3:23.03S



Programmanr. 22, Heren, 200m rugslag

50+

1	Alex Damen	DAW	197501371	H 50+	2:37.54S
2	Jeroen Temme	TriVia	197201703	H 50+	3:05.57S
RES	Jeroen Hoeksel	ZV Vlaardingen-Schiedam	197401533	H 50+	3:14.98S

55+

1	Chester Marsman	ZPC Amersfoort	196900671	H 55+	2:33.58L
2	Erlend Alstad	Oslo I.L.	M210367ERL02	H 55+	2:35.05S
3	Guido Keutgen	Steenwijk 1934	196801551	H 55+	2:35.90S
4	Jan-Willem van den Berg	WVZ	196801575	H 55+	2:36.86L
5	Henri Verschoor	Old Dutch	197001041	H 55+	2:47.24S
6	René Beetsma	HZ&PC Heerenveen	196900069	H 55+	2:48.57L
7	Bruno Nahon	Cercle De Natation Sportcity Woluwe	CNSW/000390/70	H 55+	2:48.84L
8	Frank Pater	Polizei SV Oldenburg	84386	H 55+	2:49.91L
9	Marcel Vroegindewei	Poseidon'56	196801709	H 55+	2:50.85L
10	Korstiaan de Boer	Steenwijk 1934	197101629	H 55+	3:00.63L
11	Nico Swart	De Biesboschwimmers	196801475	H 55+	3:02.42L
12	Ramon Alsina Munoz	Cercle De Natation Sportcity Woluwe	CNSW/002552/69	H 55+	3:04.38S

60+

1	Jan Gert Notenbomer	ZCNF'34	196600557	H 60+	2:27.49S
2	Javier Nogues	SSF Bonn	361124	H 60+	2:34.27L
3	Johan Remmits	ZPC Amersfoort	196201159	H 60+	2:37.26L
4	Hugues Herman	Cercle De Natation Sportcity Woluwe	CNSW/014976/66	H 60+	2:49.14L
5	Ralf Dillig	Duisburger ST	060769	H 60+	2:57.63L
6	Casper Dollekamp	Steenwijk 1934	196301341	H 60+	3:15.69S

65+

1	Peter Molecz	SC Diana	019219	H 65+	3:01.39L
2	Marten de Groot	HZ&PC Heerenveen	195800149	H 65+	3:09.47L
3	Bart van Calker	WS Twente	196100067	H 65+	3:23.68L

70+

1	Ruud Ruiter	WS Twente	195300169	H 70+	3:14.35S
2	Ron van der Zande	AZC	195500307	H 70+	3:16.29S
3	Rob Berkhof	SWOL 1894	195200245	H 70+	3:53.89L

75+

1	Mans Buis	SWOL 1894	194700133	H 75+	4:16.85L
RES	Jos Kamps	Zwemvereniging Hoogland	195100085	H 75+	4:21.21L

80+

1	Rob Hanou	PSV	194300109	H 80+	4:21.64L
---	-----------	-----	-----------	-------	----------