



Event 5  
1/5/2026

Women, 400m Freestyle

Masters Open  
Entry list

rang	naam	vereniging		categorie	inschrijftijd
<b>20+</b>					
1	Myrthe Natzijl	DZ&PC	200400076	F 20+	4:49.73L
2	Feline Slijkhuis	SG Octopus - ZVV	200501042	F 20+	4:53.78S
3	Claire Bosch	De Dinkel	200401480	F 20+	5:00.63S
4	Liselotte Schaap	HZ&PC Heerenveen	200603016	F 20+	5:01.88S
5	Tamar Roosen	VZV Njord	200501168	F 20+	5:04.23S
6	Daphne van Tilburg	De Geul	200500580	F 20+	5:10.10S
7	Dido Toornend	Team Noord Holland (SG)	200501718	F 20+	5:17.17L
8	Kiki Bootsman	Azuro	200502850	F 20+	5:19.61L
9	Lois Hofman	SG Octopus - ZVV	200602040	F 20+	5:24.26S
10	Lotte van den Thillart	De Treffers	200203794	F 20+	5:28.47S
11	Jessica Dekkinga	Steenwijk 1934	200600180	F 20+	5:34.36S
12	Ilse Stut	De Otters Het Gooi	200206236	F 20+	5:48.80L
<b>25+</b>					
1	Laura Setz	Bubble	200000130	F 25+	4:32.89L
2	Fabienne Otto	swimART Solingen	271577	F 25+	4:46.07L
3	Femke Backx	Orca	200106430	F 25+	4:51.70L
4	Myra Smulders	Zwemvereniging Hoogland	199904308	F 25+	4:58.44L
5	Noa Oldenhof	ZPCH	199700622	F 25+	4:59.91S
6	Romee Beverdam	WS Twente	200100158	F 25+	5:33.42L
7	Evelien de Jong	Neptunia '24	199805316	F 25+	5:37.52L
8	Anouk van der Lans	Westland Swimming Stars	199801614	F 25+	5:43.54L
9	Mirna Wolters	De Plons	199802046	F 25+	5:49.38S
10	Kim van van Rossum	SBC2000	199706374	F 25+	7:03.06L
11	Jelinke Nicolai	De Wellerobben	200006844	F 25+	7:42.15S
<b>30+</b>					
1	Leonie van Noort	WVZ	199301752	F 30+	4:28.11S
2	Tamara Grove	De Dolfijn	199601266	F 30+	4:40.57L
3	Michanne Steenbergen	Otter SC	1821931	F 30+	4:57.00S
4	Fiona Meuffels	PSV	199504366	F 30+	5:00.56L
5	Anne-Irene Ducheine	Zwemvereniging Hoogland	199506824	F 30+	5:05.36L
6	Marijke Kommers	NieMo Barracuda	199305334	F 30+	5:07.23L
7	Jamilla van Omme - van Veen	Zwemvereniging Hoogland	199603192	F 30+	5:12.25L
8	Larissa Jansen	PSV	199500660	F 30+	5:13.03L
9	Saskia Bergsma	De Wellerobben	199301686	F 30+	5:20.16S
10	Irmgard van Weeghel	ENC Arnhem	199204834	F 30+	5:30.58S
11	Hilma Buiten	MZ&PC De Reest	199407522	F 30+	5:51.19S
12	Mariska Gach	ZVL - 1886	199501760	F 30+	5:52.78S
13	Cynthia van Veen	Bz&Pc	199606736	F 30+	6:15.51L
14	Chantal Wind-Hemme	De Plons	199501292	F 30+	7:36.27S
<b>35+</b>					
1	Lisanne Andeweg	Zuiderzeezwimmers	198800092	F 35+	4:59.14S
2	Relinda Baas	TriVia	198900144	F 35+	5:08.07S
3	Wendan Poelstra	TriVia	199102496	F 35+	5:18.59L
4	Esther Kwebeman	TriVia	199106374	F 35+	5:23.47S
5	Nanda van Heteren	PSV	198901728	F 35+	5:32.43L
6	Monique van Huizen	AZC	198706236	F 35+	5:41.69L
7	Liesbeth van Mill	Zwemlust- den Hommel	198702786	F 35+	5:43.96L
8	Esther Boerdam-Delfos	AZC	198705256	F 35+	6:01.19L
9	Cemre Artan Koc	Frekans Yuzme Akademisi Spor Kulubu		F 35+	6:02.93L
10	Marieke Weering	De Plons	198704550	F 35+	6:24.47S



Event 5, Women, 400m Freestyle

40+

1	Sabine Zimmermann	Aachener SV 06	101578	F	40+	4:44.20L
2	Maike Zeterberg	Zehlendorfer TSV von 1888	066680	F	40+	5:04.56L
3	Evita van de Ketterij	De Treffers	198504284	F	40+	5:08.19S
4	Ann Wanter	Zwemclub Geel	ZGEEL/21082/82	F	40+	5:09.79L
5	Ramona Linting	AZC	198301274	F	40+	5:35.04L
6	Sandra Schellekens	Neptunus'58	198503416	F	40+	5:44.34S
7	Linda Hoogendam	WVZ	198300892	F	40+	5:54.13S

45+

1	Chantal Verhoeff	Old Dutch	197900912	F	45+	5:32.67L
2	Patricia Brooijmans	Old Dutch	197901608	F	45+	5:38.74L
3	Sabrina Boekhout	De Biesboschzwemmers	198100120	F	45+	5:39.06S
4	Jessica Venema	Old Dutch	197901526	F	45+	5:42.08L
5	Luisiana Bigea	Sassenheim	197701300	F	45+	6:11.97L
6	Femke Hofkens	Aqua-Novio '94	197801094	F	45+	6:21.38L
7	Clementine van Bruxvoort	Albion	197700138	F	45+	7:13.52L
8	Betty Wali-Nutma	De Granaet	198101090	F	45+	7:57.09S

50+

1	Liselotte Joling	PSV	197500268	F	50+	4:57.61L
2	Annett von Rekowski	Schwimmverein Gera	097868	F	50+	5:07.84L
3	Marleen Gerringa-Vos	Batavia Swim	197400598	F	50+	5:24.96L
4	Petra Guijt	Aqua-Novio '94	197600978	F	50+	5:34.79S
5	Julia Barke	Zehlendorfer TSV von 1888	480129	F	50+	5:45.32L
6	Nataliia Boryshkevych	Ukraine Swim		F	50+	5:53.00L
7	Wendy Nederkoorn	Arethusa	197400374	F	50+	6:14.53L

55+

1	Carla Geurts	PSV	197100178	F	55+	5:01.68L
2	Lidia van Bon-Rosenbrand	ZPC Amersfoort	197000054	F	55+	5:13.84L
3	Carol Hollemans	ACZ	196900252	F	55+	5:19.79L
4	Annette de Visser	Oceanus	197100602	F	55+	5:31.05L
5	Bianca Groot	MSV-Zeemacht	197000652	F	55+	5:31.45L
6	Annet Kootstra	SWOL 1894	197100344	F	55+	6:15.82S
7	Karin Sagonas-Koolen	VZV Njord	197000964	F	55+	6:25.09L
8	Annette Spies	LinK	197001110	F	55+	6:25.24S
9	Kristien Van de Moortel	Shark	ShaRK/20315/69	F	55+	6:25.38S
10	Annette van Dok	MSV-Zeemacht	196800742	F	55+	6:40.82S
11	Kathy Van Lindt	Cercle De Natation Sportcity Woluwe	CNSW/007949/71	F	55+	6:42.39S
12	Sandra Daamen-Posma	AZC	196800854	F	55+	6:44.29L
13	Britta Fritz	SC Janus Koeln	262038	F	55+	7:04.46L
14	Roselinda van der Vlugt	De Geul	196700710	F	55+	7:32.72S
15	Fulya Gumusburun-De Moor	Istanbul Yuzme Ihtisas Kulubu		F	55+	7:38.01L

60+

1	Wilna Heijman	Steenwijk 1934	196400506	F	60+	5:36.66S
2	Anita Steijger	WVZ	196500628	F	60+	6:04.63L
3	Judith Cromjongh	De Zwoer	196400054	F	60+	6:06.05S
4	Margriet Grove-Lingeman	Triton	196200080	F	60+	6:13.90L
5	Maud Peuten-Evers	Mosa-Regio	196400584	F	60+	6:18.66L
6	Inge Deutz	ZV Vlaardingen-Schiedam	196600726	F	60+	6:55.28S
7	Yoka de Vegt-van Dijk	ENC Arnhem	196200420	F	60+	7:15.93L
8	Cora Smulders	ENC Arnhem	196600668	F	60+	7:24.90L



Event 5, Women, 400m Freestyle

65+

1	Marijke Kraak-Beckers	SWOL 1894	196000240	F	65+	6:24.61S
2	Jennie Resink-lindeboom	DWK	196000142	F	65+	6:39.36S
3	Lia Bijkerk	GZC Donk	196000014	F	65+	6:48.26L
4	Kirsten Stamer	SC Janus Koeln	247144	F	65+	6:53.95S
5	Marion Kolkman-Pluim	ENC Arnhem	196000330	F	65+	6:56.80L
6	Katinka Elders	HZ&PC Heerenveen	196000292	F	65+	7:24.65L
7	Ria Peters-Veurman	ENC Arnhem	195800242	F	65+	8:07.92S
8	Karien Musters	Old Dutch	195800236	F	65+	8:57.63L

70+

1	Ineke Weekers	PSV	195300050	F	70+	6:09.69L
---	---------------	-----	-----------	---	-----	----------

80+

1	Loekie van Huissteden	ZPC Amersfoort	194500002	F	80+	9:36.13L
---	-----------------------	----------------	-----------	---	-----	----------