



Programmanr. 19
2-5-2026 - 11:37

4 x 100m wisselslag

Masters Open
Resultaten

rang	vereniging	tijd	RT	PARA
Masters 80+, Dames				
1.	ZVL - 1886 1	4:50.29	+0.70	
	Jelsie van Ruijven	+0.18 30.69	1:05.79	
	Babet van Andel	+0.28 31.69	1:08.43	
100+, Dames				
1.	NieMo Barracuda 2	4:57.91	+0.65	
	Robin Pienaar	+0.15 31.72	1:08.94	
	Marijke Kommers	+0.37 29.48	1:01.18	
2.	Neptunia '24 1	5:00.87	+0.92	
	Marije Sweering	+0.25 35.84	1:18.72	
	Noël Iris Hettinga	+0.16 31.43	1:07.07	
3.	Bubble 1	5:01.75	+0.78	
	Laura Setz	+0.53 35.28	1:17.04	
	Sanne Kloezen	+0.54 31.43	1:06.77	
4.	SG Octopus - ZVV 1	5:23.14	+0.81	
	Elmi Roelofsen	+0.67 35.33	1:20.68	
	Sheila ten Voorde	+0.64 33.40	1:12.59	
120+, Dames				
1.	ACZ 1	4:56.19	+0.75	
	Fleur van Norren	+0.04 31.13	1:08.33	
	Laura Hoogenboezem	+0.59 31.07	1:06.16	
2.	PSV 3	5:00.83	+0.67	
	Janneke Harmsen-Bakker	+0.87 34.11	1:19.36	
	Esther Tiemersma	+0.29 30.95	1:05.71	
3.	Zuiderzeewimmers 2	5:13.97	+0.66	
	Annemarie ten Have	+0.53 32.06	1:11.58	
	Irene Hanse	+0.29 33.25	1:09.39	
4.	ENC Arnhem 2	5:15.86	+0.71	
	Ellen ter Stege	+0.18 31.86	1:10.86	
	Ilja Janssen	+0.61 33.89	1:13.16	
5.	De Geul 1	5:30.91	+0.82	
	Anne Besseling-de Jong	+0.64 35.14	1:18.00	
	Faustine Mussig	+0.32 35.48	1:15.26	
6.	AZC 2	5:45.59	+0.87	
	Monique van Huizen	+0.36 35.87	1:21.89	
	Sharlene Both	+0.28 37.77	1:19.13	
160+, Dames				
1.	Old Dutch 1	5:30.63	+0.94	
	Jessica Venema	+0.49 34.54	1:17.44	
	Nicole van der Kooij	+0.65 33.39	1:08.87	
2.	DZ&PC 1	5:32.28	+0.91	
	Catherine Hoogveen	+0.59 41.98	1:30.08	
	Linda Kuiper	+0.61 32.65	1:12.11	
3.	Steenwijk 1934 3	5:39.18	+0.78	
	Getrude Corporaal	+0.34 33.49	1:13.00	
	Linda Wibbelink	+0.48 33.45	1:10.63	
4.	MSV-Zeemacht 2	5:49.36	+0.68	
	Amber van der Kruk	+0.36 56.15	2:01.48	
	Myrthe Bakker	+0.70 35.78	1:14.58	
5.	De Duinkickers 2	6:21.11	+0.79	
	Maaik de Boer	+0.60 48.05	1:50.89	
	Inge Roskam	+0.54 42.02	1:30.78	



Programmanr. 19, 4 x 100m wisselslag

200+, Dames

1.	Sassenheim 2	Sassenheim	NED	5:52.76	+0.88
	Luisiana Bigea	+0.88 40.66	Marinka vd Zwet	+0.28 42.47	1:32.91
	Rianne Hoffand	+0.36 45.53	Yvonne van Nobelen - Kampschreur	+0.07 38.27	1:19.99
2.	De Geul 2	De Geul	NED	6:34.93	+0.83
	Erica Muller	+0.83 55.74	Marcha Admiraal	+0.74 32.71	1:11.51
	Roselinda van der Vlugt	+0.98 1:01.57	Marijke Campfens	+0.55 37.38	1:16.48

240+, Dames

1.	ZPC Amersfoort 2	ZPC Amersfoort	NED	5:22.32	+0.67
	<i>Europees Masters Record</i>				
	Lesley Cordial	+0.67 39.20	Lidia van Bon-Rosenbrand	+0.53 34.41	1:15.31
	Marjan Remmits-de Lange	+0.57 42.89	Atie Pijtak-Radersma	+0.29 33.95	1:12.54
2.	PSV 1	PSV	NED	5:34.36	+0.71
	Carla Geurts	+0.71 37.71	Jeanne Petit	+0.59 35.12	1:19.20
	Trudy Ketting	+0.33 40.26	Ineke Weekers	+0.68 41.94	1:29.04

Masters 80+, Heren

1.	ZPC Woerden 1	ZPC Woerden	NED	4:35.58	+0.63
	Ruben Zwartebol	+0.63 35.37	Ian Terlouw	29.54	1:06.73
	Daan Hoogendoorn	34.23 1:14.13	Milan de Roo	30.09	1:02.30

100+, Heren

1.	PWC Buitenpost 1	PWC	NED	4:36.39	+0.66
	Bouke van der Zaag	+0.66 34.78	Rutger Hoving	+0.70 31.14	1:10.16
	Roan Altena	+0.35 33.46	Herman Buist	+0.33 27.76	1:01.17
2.	MSV-Zeemacht 1	MSV-Zeemacht	NED	4:39.71	+0.77
	Marco van der Wulp	+0.77 35.82	Jordi de Nijs	+0.35 28.18	1:01.66
	Derek Valkenier	+0.56 39.60	Mees Minneboo	+0.43 27.35	58.57
3.	ZOB'66 1	ZOB'66	NED	4:43.94	+0.70
	Nino van Krimpen	+0.70 33.27	Julian Mes	31.05	1:08.19
	Ian van Mullem	37.78 1:21.53	Boaz Troost	29.80	1:05.01
4.	ZV Hoogland 1	Zwemvereniging Hoogland	NED	4:53.05	+0.67
	Jeffrey Roest	+0.67 35.45	Kevin Roest	+0.52 29.60	1:04.19
	Tim de Zoete	+0.21 38.44	Ruben de Boer	+0.35 34.08	1:12.06

120+, Heren

1.	Zwemlust- den Hommel 1	Zwemlust- den Hommel	NED	4:14.19	+0.67
	Louis Kappler	+0.67 31.31	Matteo Viani	28.01	59.96
	Victor Barnar	34.15 1:12.85	Fayssal Lanterna	26.91	57.03
2.	ENC Arnhem 3	ENC Arnhem	NED	4:23.16	+0.88
	Peter Rothengatter	+0.88 33.83	Kaelan Betrian	28.78	1:03.78
	Sander de Vrugt	33.07 1:11.49	Tim de Vrugt	27.09	58.11
3.	HZ&PC Heerenveen 2	HZ&PC Heerenveen	NED	4:41.98	+0.75
	Rob van Wier	+0.75 36.52	Remco Dijkstra	30.84	1:09.31
	Richard Kuipers	33.23 1:13.03	Stefan Damen	30.77	1:03.93
4.	De Schotejil 1	De Schotejil	NED	4:42.90	+0.77
	Frank v.d. Voordt	+0.77 36.48	Jacob Mackloet	+0.34 30.84	1:08.42
	David Kievit	+0.26 35.45	Niels Albrechts	+0.28 30.64	1:03.79
5.	AZC 1	AZC	NED	4:58.48	+0.70
	Patrick Brouwer	+0.70 39.22	Jeroen Matthijssen	+0.35 31.71	1:11.03
	Ricardo van Dam	+0.63 35.75	Ardy Zwanenburg	+0.24 32.78	1:09.03
6.	Wahoo Swimming 1	Wahoo Swimming	NED	5:05.59	+0.70
	Remco van Krieken	+0.70 35.90	Craig Frankum	+0.55 31.06	1:10.03
	Christian Van Genderen	+0.38 41.21	Robert Den Breejen	+0.64 32.59	1:10.83
DIS	WVZ 2	WVZ	NED		+0.74
	<i>AM - Gebruik gemaakt van hulpmiddelen of tape gebruikt op het lichaam.</i>				
	Jasper Breugem	+0.74 31.36	Markus van Rest	+0.43	
	Simon van Ravesteijn	+0.46	Jordy van Oel	+0.08	



Programmanr. 19, 4 x 100m wisselslag

160+, Heren

1.	ZPC Amersfoort 3 Jelle Blankestijn Bas Braun	ZPC Amersfoort +0.70 32.60 1:08.38 36.99 1:18.95	NED Erwin Buist Jeroen Zelsmann	4:32.61 28.83 1:05.15 28.11 1:00.13	+0.70
2.	DZ&PC 2 Erik Nijholt Alan Slomp	DZ&PC +0.75 33.16 1:08.59 +0.24 34.11 1:14.48	NED Arjen Nieveen Pieter Veenstra	4:40.34 +0.48 32.48 1:10.25 +0.51 30.79 1:07.02	+0.75
3.	DAW 1 Jard Pronk Paul Oudendijk	DAW +0.91 36.63 1:15.08 +0.49 36.82 1:19.20	NED Alex Damen Sherif Badawy	4:44.81 +0.39 33.34 1:11.93 +0.61 28.18 58.60	+0.91
4.	NieMo Barracuda 1 André Noordwijk Mark Hensen	NieMo Barracuda +0.92 38.13 1:18.04 +0.39 35.65 1:16.86	NED Dennis Dortland Marco Horneman	4:53.35 +0.57 32.47 1:11.42 +0.51 32.32 1:07.03	+0.92
5.	Het Ravijn 1 Gerrit Poortman Harm Jan Otter	Het Ravijn +0.85 39.54 1:21.18 +0.73 36.51 1:19.70	NED Marcel Zijderhand William Kruithof	4:56.88 +0.53 32.43 1:12.07 +0.31 29.96 1:03.93	+0.85
6.	Sassenheim 1 Frank van Nobelen Bogdan Androne	Sassenheim +0.78 38.75 1:20.04 +0.64 37.04 1:19.83	NED Arjan Buijsse Wesley van der Luit	4:56.95 +0.60 34.52 1:15.01 +0.54 30.86 1:02.07	+0.78
7.	SWOL 1894 1 Albert van Piekeren Stefan van de Grift	SWOL 1894 +0.81 36.88 1:15.65 +0.58 36.72 1:20.40	NED Huub Scholing Michael van Bekkum	5:01.40 +0.50 35.13 1:15.77 +0.32 32.56 1:09.58	+0.81

200+, Heren

1.	PSV 4 <i>Nederlands Masters Record</i> Jos de Graaf Harold Matla	PSV 91 30.57 1:04.08 68 37.24 1:19.87	NED Jacco Schaap Olivier van Heezik	4:35.22 74 31.52 1:08.46 71 29.50 1:02.81	+0.68
2.	Steenwijk 1934 2 Robert Braad Huyb Stegeman	Steenwijk 1934 +0.74 31.91 1:06.81 +0.49 42.22 1:33.10	NED Rick Driezen Casper Dollekamp	5:03.94 +0.64 29.58 1:05.15 +0.74 36.86 1:18.88	+0.74
3.	De Duinkickers 1 Mathieu Rikken Robert de Brauwer	De Duinkickers +0.79 39.17 1:20.71 +0.67 45.80 1:35.93	NED Erik Cooman Marcel Brittijn	5:20.04 +0.60 31.53 1:09.09 +0.43 35.33 1:14.31	+0.79

240+, Heren

1.	ZPC Amersfoort 1 <i>Europees Masters Record</i> Edwin van Norden Ron Korzelius	ZPC Amersfoort +0.95 36.98 1:15.55 +0.46 37.49 1:21.18	NED Chester Marsman Johan Remmits	4:46.07 +0.47 29.64 1:05.83 +0.43 30.18 1:03.51	+0.95
2.	Oslo I.L. 1 <i>Norwegian Masters Record</i> Bjørn Werner Johansen Erlend Alstad	Oslo I.L. +0.69 38.21 1:19.82 +0.48 38.05 1:21.34	NOR Oddvar Sandvin Jarl Inge Melberg	4:46.74 +0.45 30.19 1:07.17 +0.27 27.72 58.41	+0.69
3.	ZPC De Rog 1 Peter Bernsen Glen Le Clercq	ZPC De Rog +0.62 35.65 1:14.08 +0.49 36.69 1:22.11	NED Arjan Verheij Rob Spetter	5:11.01 +0.47 38.59 1:23.96 +0.47 33.66 1:10.86	+0.62
4.	CN Sportcity Woluwe 1 <i>Belgian Masters Record</i> Hugues Herman Bruno Nahon	Cercle De Natation Sportcity WolBEL +0.72 37.36 1:17.04 +0.57 46.80 1:34.75	NED Olivier Bresoux Philippe Morelle	5:19.64 +0.53 35.61 1:16.42 +0.34 33.58 1:11.43	+0.72

80+, Gemengd

1.	Zuiderzeewimmers 1 Myrthe Dam Jesper Dinger	Zuiderzeewimmers +0.69 39.81 1:22.04 +0.44 36.22 1:18.50	NED Ilmar Stoop Dagmar Kruik	4:54.77 +0.51 29.93 1:06.77 +0.18 31.00 1:07.46	+0.69
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Programmanr. 19, 4 x 100m wisselslag

100+, Gemengd

Rank	Team	Time	Record	Swimmer 1	Swimmer 2	Swimmer 3	Swimmer 4	Total Time	Diff
1.	DZ&PC 3 Nederlands Masters Record, Nederlands Masters Record 100+ gemengd, tevens NMR Dames 20+ 100m rugslag	DZ&PC	NED	4:16.19	+0.76				
	Sara Korhuis	06	31.97	1:05.30	Matthijs van Meerendonk	99	27.18	59.04	
	Jelle Betten	00	30.96	1:08.15	Marre Zandringa	97	28.62	1:03.70	
2.	WVZ 1	WVZ	NED	4:19.34	+0.67				
	Marit Huisman	+0.67	34.11	1:11.19	Sander Kirillova		27.11	59.62	
	Scott Jansen		30.90	1:06.41	Delia Badoux		28.90	1:02.12	
3.	ZPC Amersfoort 4	ZPC Amersfoort	NED	4:39.71	+0.69				
	Mandy Swart	+0.69	39.05	1:23.65	Darren Chen	+0.47	28.68	1:02.16	
	Jelle Opmeer	+0.24	32.28	1:09.80	Marije Jansen	+0.12	29.82	1:04.10	
4.	Poseidon'56 2	Poseidon'56	NED	4:53.12	+0.69				
	John Smit	+0.69	33.79	1:10.72	Kelly de Jonge	+0.57	34.87	1:16.96	
	Kim van Gemert	+0.37	38.66	1:24.10	Sam Beer	+0.40	29.15	1:01.34	
5.	WS Twente 1	WS Twente	NED	4:59.46	+0.59				
	Sander Riezebos	+0.59	35.13	1:12.64	Romée Beverdam	+0.54	35.67	1:19.42	
	Laurens Spoelstra	+0.43	35.01	1:17.81	Pien Ooijman	+0.49	32.88	1:09.59	
6.	NieMo Barracuda 3	NieMo Barracuda	NED	5:17.32	+0.75				
	Esmée Rolloos	+0.75	41.29	1:27.66	Ide de Klerk	+0.52	33.99	1:16.03	
	Robin van Beusekom	+0.28	37.40	1:21.40	Tamara van den Brink	+0.62	33.61	1:12.23	

120+, Gemengd

1.	ZV Hoogland 2	Zwemvereniging Hoogland	NED	4:32.57	+0.55				
	Anne-Irene Ducheine	+0.55	36.04	1:14.00	Bas Dries	+0.43	28.19	1:02.67	
	Yuri van Omme	+0.45	33.96	1:12.54	Jamilla van Omme - van Veen	+0.32	29.88	1:03.36	
2.	Westland Swimming Stars 1	Westland Swimming Stars	NED	5:05.38	+0.68				
	Mirjan den Drijver	+0.68	39.54	1:21.02	Patrick Wyrdeeman	+0.53	32.11	1:10.78	
	Pieter Broek	+0.54	40.81	1:27.10	Kim de Jong	+0.18	31.32	1:06.48	
3.	De Amstel 1	De Amstel	NED	5:08.16	+0.72				
	Iris Bastiaansen	+0.72	37.80	1:19.12	Nina Siegers	+0.49	36.61	1:24.01	
	Owen Michels	+0.21	34.80	1:16.93	Henri Michels	+0.22	31.34	1:08.10	
4.	De Duck 1	De Duck	NED	5:11.53	+0.71				
	Noa de Bock	+0.71	38.34	1:20.22	Jort Vizeé	+0.47	31.35	1:06.94	
	Janneke van de Poel	+0.47	43.34	1:32.32	Erik Saan	+0.59	32.37	1:12.05	

160+, Gemengd

1.	ZPCH 1	ZPCH	NED	4:42.36	+0.64				
	Noa Oldenhof	+0.64	36.99	1:17.42	Jasper van Heijst		28.42	1:05.77	
	Ruud Holswilder		34.95	1:16.10	Linda van Schaik		30.36	1:03.07	
2.	Poseidon'56 1	Poseidon'56	NED	5:02.64	+0.77				
	Tonia Ruybroek	+0.77	39.29	1:22.26	Ryan van den Ouden	+0.38	27.98	1:02.34	
	Roxanne van Bavel	+0.42	44.28	1:34.03	Marcel Vroegindewei	+0.24	30.33	1:04.01	
3.	ZPC Amersfoort 5	ZPC Amersfoort	NED	5:11.78	+0.78				
	Angela Giezen	+0.78	40.71	1:23.15	Dries Cavelaars	+0.48	32.38	1:10.98	
	Rob van Vliet	+0.24	36.96	1:20.17	Henriëtte van Norden	+0.35	35.51	1:17.48	
4.	Old Dutch 2	Old Dutch	NED	5:37.26	+0.81				
	Henri Verschoor	+0.81	38.86	1:20.58	Tenzin Tieman	+0.50	32.74	1:12.33	
	Karin van Nassau-van den Heuvel	+0.42	51.73	1:50.74	Chantal Verhoeff	+0.55	34.44	1:13.61	
5.	TriVia 1	TriVia	NED	5:39.12	+0.79				
	Jeroen Temme	+0.79	41.17	1:23.00	Rik Stahlie	+0.33	32.56	1:12.44	
	Heleen Arends	+0.37	43.24	1:33.45	Hannie Poletiek	+0.38	42.96	1:30.23	
DIS	Team Noord Holland (SG) 1	Team Noord Holland (SG)	NED		+0.95				
	<i>EC - De estafette niet gezwommen met de opgegeven zwimmers. **</i>								
	Peter van de Bor	+0.95	39.15	1:20.97	Dido Toomend	+0.20	34.35	1:20.15	
	Gerrit Orthofer	+0.02	37.53	1:20.75	Inken Wemheuer				



Programmanr. 19, 4 x 100m wisselslag

200+, Gemengd

1. Arethusa 1	Arethusa	NED	5:15.03	+0.93
Wendy Nederkoorn	+0.93 43.12 1:33.85	Filipp Muller	+0.62 27.27 59.61	
Paul van den Heuvel	+0.75 38.85 1:23.78	Mariska van Doorn	+0.72 36.01 1:17.79	
2. ZVVS 1	ZV Vlaardingen-Schiedam	NED	5:24.42	+0.69
Bas van den Nouwelant	+0.69 39.57 1:22.47	Nadya Putter	+0.14 35.04 1:18.53	
Karin Stein	+0.60 43.03 1:34.24	Rene de Jong	+0.39 31.98 1:09.18	
3. DWK 1	DWK	NED	5:37.64	+0.73
Iris van Aurich	+0.73 45.12 1:30.11	Lars Jacobsen	+0.63 32.71 1:13.91	
Martijn de Jong	+0.75 40.21 1:25.25	Jennie Resink-lindeboom	+0.47 42.52 1:28.37	
4. Steenwijk 1934 1	Steenwijk 1934	NED	5:51.19	+0.76
Guido Keutgen	+0.76 34.99 1:12.89	Korstiaan de Boer	+0.65 40.08 1:27.38	
Wilna Heijman	+0.57 49.61 1:48.07	Leonie Scholten	+0.49 38.52 1:22.85	

240+, Gemengd

1. HZ&PC Heerenveen 1	HZ&PC Heerenveen	NED	6:20.44	+0.82
Katinka Elders	+0.82 55.80 1:53.67	René Beetsma	+0.46 34.60 1:20.93	
Wiebren Dijkstra	+0.56 49.44 1:48.23	Jannie Vennik	+0.43 37.23 1:17.61	

280+, Gemengd

1. SWOL 1894 2	SWOL 1894	NED	6:31.84	+1.06
Rob Berkhof	+1.06 54.37 1:50.31	Marijke Kraak-Beckers	+0.62 42.87 1:39.98	
Harry Dokter	+0.67 43.89 1:37.24	Christine Nieuwenhuis	+0.75 39.57 1:24.31	
2. PSV 2	PSV	NED	7:05.47	+0.83
Tom Bandsma	+0.83 42.93 1:28.15	Eymert van Rooij	+0.58 36.81 1:20.85	
Corrie Verhoeven	+0.73 56.64 2:03.30	Lottie Geurts	+0.86 1:02.76 2:13.17	