



Programmanr. 22
2-5-2026 - 14:04

Heren, 200m rugslag

Masters Open
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m	
20+									
1. Mees Niemeijer	DZ&PC	NED 200201275	2:27.13	+0.64	34.16	1:10.83	1:49.09	2:27.13	
2. Jesper Pas	VZV Njord	NED 200200967	2:29.66	+0.61	35.30	1:13.24	1:51.84	2:29.66	
3. Mika Heskamp	De Dinkel	NED 200300339	2:32.83	+0.75	34.98	1:13.47	1:53.07	2:32.83	
4. Rik Stahlie	TriVia	NED 200201915	2:33.21	+0.67	36.75	1:15.74	1:54.96	2:33.21	
5. Owen Michels	De Amstel	NED 200402293	2:34.70	+0.72	35.63	1:15.08	1:55.29	2:34.70	
6. Tim Seising	VZC	NED 200500107	2:42.94	+0.71	37.36	1:17.76	2:00.03	2:42.94	
AFGEM Nigel Werring	Zwemlust- den Hommel	NED 200301503							
25+									
1. Jasper Breugem	WVZ	NED 200000303	2:17.54	+0.76	32.58	1:07.89	1:43.13	2:17.54	
2. Robin van Beek	ZVL - 1886	NED 199704023	2:25.24	+0.66	33.97	1:10.89	1:48.19	2:25.24	
3. Ian Terlouw	ZPC Woerden	NED 200002345	2:27.30	+0.67	34.00	1:11.89	1:50.27	2:27.30	
4. David Kievit	De Schotejil	NED 199900325	2:27.56	+0.87	33.22	1:09.80	1:48.59	2:27.56	
5. Jeroen Kuipers	HZ&PC Heerenveen	NED 199704171	2:28.78	+0.68	34.08	1:11.42	1:50.24	2:28.78	
6. Jerod Louwinger	De Rijn	NED 199900583	2:32.57	+0.74	36.83	1:15.60	1:54.60	2:32.57	
7. Ruben Zwartbol	ZPC Woerden	NED 200102651	2:36.65	+0.59	35.80	1:15.20	1:55.49	2:36.65	
8. Jordy van Oel	WVZ	NED 199802003	2:38.03	+0.70	36.76	1:16.43	1:57.00	2:38.03	
9. Tim van Grunsven	De Treffers	NED 199804535	2:38.18	+0.68	35.96	1:15.89	1:57.05	2:38.18	
10. Rens Meijberg	De Valken	NED 200004155	2:43.71	+0.68	38.67	1:20.95	2:02.09	2:43.71	
NG Jesper Luppés	G.S.Z.V. De Golfbreker	NED 200005403							
30+									
1. Mike Schel	ENC Arnhem	NED 199403279	2:18.95	+0.77	33.05	1:08.19	1:44.08	2:18.95	
2. Patrick Brouwer	AZC	NED 199303715	2:44.81	+0.65	37.44	1:19.98	2:03.43	2:44.81	
35+									
1. Jos de Graaf	PSV	NED 199106095	2:22.34	+0.72	33.38	1:09.23	1:46.54	2:22.34	
2. Jeroen Matthijssen	AZC	NED 199103751	2:33.36	+0.76	34.74	1:14.44	1:54.14	2:33.36	
3. Tim Bunnik	Triton	NED 199000505	2:33.75	+0.94	36.11	1:16.06	1:55.39	2:33.75	
4. Wessel Everloo	WS Twente	NED 198906597	2:40.19	+1.00	555	39.11	1:19.48	2:01.19	2:40.19
40+									
1. Alan Smeets	Zwemsport Parkstad	NED 198402089	2:24.48	+0.80	33.27	1:10.05	1:47.38	2:24.48	
2. Robert Braad	Steenwijk 1934	NED 198600407	2:25.47	+0.72	33.48	1:10.52	1:48.26	2:25.47	
3. Rick Driezen	Steenwijk 1934	NED 198600713	2:36.44	+0.81	36.65	1:15.60	1:56.07	2:36.44	
4. Rob van Vliet	ZPC Amersfoort	NED 198402459	2:39.41	+0.86	37.19	1:16.94	1:58.56	2:39.41	
5. Frank v.d. Voordt	De Schotejil	NED 198302259	2:43.38	+0.76	38.30	1:20.01	2:02.50	2:43.38	
45+									
1. Dennis Brouwers	HZPC	NED 197800167	2:23.02	+0.78	34.86	1:11.12	1:47.30	2:23.02	
2. Mark Hensen	NieMo Barracuda	NED 197900497	2:29.46	+0.72	34.61	1:12.16	1:50.73	2:29.46	
3. Ivo Roozeboom	WVZ	NED 197700801	2:31.24	+0.72	35.35	1:15.50	1:54.20	2:31.24	
4. Paul Oudendijk	DAW	NED 198101287	2:32.68	+0.83	36.00	1:14.46	1:54.28	2:32.68	
5. Heijmen van Vliet	De Geul	NED 198001637	2:33.96	+0.70	36.32	1:15.43	1:55.81	2:33.96	
6. Jeroen Zelsmann	ZPC Amersfoort	NED 197701551	2:36.42	+0.97	36.55	1:15.87	1:56.34	2:36.42	
7. Ruud Holswilder	ZPCH	NED 197800435	2:37.82	+0.70	35.61	1:16.14	1:57.49	2:37.82	
8. Marcel Reefhuis	WS Twente	NED 198101381	2:39.28	+0.63	37.63	1:18.62	1:59.89	2:39.28	
9. Oliver Grundmann	SG Essen	GER 501511	2:39.80	+0.70	35.77	1:16.51	1:59.19	2:39.80	
10. Arjan Buijsse	Sassenheim	NED 197901767	2:44.18	+0.77	38.21	1:20.06	2:03.30	2:44.18	
11. Markus van Rest	WVZ	NED 197701197	2:44.86	+0.79	38.30	1:20.23	2:03.53	2:44.86	
12. Robert Istrate	Zwemsport Parkstad	NED 198002555	2:47.08	+0.70	38.81	1:21.03	2:05.19	2:47.08	
13. Pieter Broek	Westland Swimming Stars	NED 197701637	2:53.66	+0.67	40.01	1:23.46	2:09.26	2:53.66	
14. Arjen Koop	ENC Arnhem	NED 197900697	2:55.06	+0.71	38.97	1:21.91	2:08.15	2:55.06	



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50+

1. Alex Damen	DAW	NED 197501371	2:46.72	+0.73	38.69	1:21.04	2:05.50	2:46.72
2. Jeroen Temme	TriVia	NED 197201703	3:07.36	+0.77	44.93	1:33.03	2:22.97	3:07.36
3. Jeroen Hoeksel	ZV Vlaardingens-Schiedam	NED 197401533	3:26.06	+0.87	47.42	1:40.16	2:33.60	3:26.06

55+

1. Chester Marsman	ZPC Amersfoort	NED 196900671	2:33.99	+0.84	35.12	1:14.23	1:54.26	2:33.99
2. J. van den Berg	WVZ	NED 196801575	2:38.30	+0.77	36.23	1:16.77	1:58.16	2:38.30
3. Guido Keutgen	Steenwijk 1934	NED 196801551	2:44.31	+0.81	36.64	1:18.81	2:03.13	2:44.31
4. Marcel Vroegindewei	Poseidon'56	NED 196801709	2:50.14	+0.80	40.53	1:24.07	2:09.56	2:50.14
5. Bruno Nahon	Cercle De Natation Sportcity	BELuCNSW/000390/70	2:50.83	+0.92	40.38	1:24.09	2:07.97	2:50.83
6. René Beetsma	HZ&PC Heerenveen	NED 196900069	2:52.14	+0.87	40.19	1:23.14	2:07.68	2:52.14
7. Frank Pater	Polizei SV Oldenburg	GER 84386	2:53.32	+0.82	39.67	1:23.05	2:08.40	2:53.32
8. Korstiaan de Boer	Steenwijk 1934	NED 197101629	3:02.94	+0.78	43.09	1:29.66	2:17.39	3:02.94
9. Nico Swart	De Biesboschzweimmers	NED 196801475	3:05.41	+0.80	42.99	1:30.72	2:18.64	3:05.41
10. Ramon Alsina Munoz	Cercle De Natation Sportcity	BELuCNSW/002552/69	3:21.04	+0.80	47.32	1:37.46	2:28.96	3:21.04

60+

1. Jan Gert Notenbomer	ZCNF'34 <i>Nederlands Masters Record</i>	NED 196600557	2:30.69	+0.78	35.85	1:13.99	1:52.52	2:30.69
2. Javier Nogues	SSF Bonn	GER 361124	2:37.35	+0.79	37.00	1:17.64	1:58.29	2:37.35
3. Johan Remmits	ZPC Amersfoort	NED 196201159	2:40.77	+0.76	38.24	1:19.52	2:00.69	2:40.77
4. Hugues Herman	Cercle De Natation Sportcity	BELuCNSW/014976/66	2:46.53	+0.72	39.53	1:21.42	2:04.93	2:46.53
<i>Belgian Masters Record</i>								
5. Ralf Dillig	Duisburger ST	GER 060769	2:56.09	+0.70	41.11	1:26.17	2:11.60	2:56.09
6. Casper Dollekamp	Steenwijk 1934	NED 196301341	3:29.34	+0.85	45.58	1:38.66	2:34.99	3:29.34

65+

1. Marten de Groot	HZ&PC Heerenveen	NED 195800149	3:03.05	+0.70	42.73	1:28.75	2:16.78	3:03.05
2. Peter Molecz	SC Diana	AUT 019219	3:07.16	+0.79	43.77	1:32.42	2:20.54	3:07.16
3. Bart van Calker	WS Twente	NED 196100067	3:22.86	+0.94	51.38	1:42.95	2:33.97	3:22.86

70+

1. Ruud Ruiter	WS Twente	NED 195300169	3:15.34	+0.89	45.76	1:34.93	2:27.48	3:15.34
2. Ron van der Zande	AZC	NED 195500307	3:29.56	+0.95	47.20	1:40.76	2:36.74	3:29.56
3. Rob Berkhof	SWOL 1894	NED 195200245	3:54.72	+1.10	56.49	1:56.51	2:57.46	3:54.72

75+

1. Jos Kamps	Zwemvereniging Hoogland	NED 195100085	4:15.39	+0.74	56.03	2:02.01	3:09.33	4:15.39
2. Mans Buis	SWOL 1894	NED 194700133	4:30.03	+0.79	1:03.25	2:12.69	3:21.46	4:30.03