



Programmanr. 25  
2-5-2026 - 15:41

Dames, 200m vrije slag

Masters Open  
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
<b>20+</b>								
1. Sara Korthuis	DZ&PC	NED 200600494	<b>2:06.34</b>	+0.79	29.20	1:01.62	1:34.54	2:06.34
<i>Nederlands Masters Record</i>								
2. Marit Huisman	WVZ	NED 200502620	<b>2:14.38</b>	+0.71	30.31	1:04.39	1:39.70	2:14.38
3. Tess Panjer	VZC	NED 200403060	<b>2:15.23</b>	+0.77	30.75	1:05.10	1:40.32	2:15.23
4. Jelsie van Ruijven	ZVL - 1886	NED 200500282	<b>2:16.80</b>	+0.71	31.60	1:06.10	1:41.79	2:16.80
5. Evelien Husselman	MZ&PC De Reest	NED 200501324	<b>2:20.99</b>	+0.74	31.91	1:07.47	1:44.61	2:20.99
6. Faustine Mussig	De Geul	NED 200202080	<b>2:22.44</b>	+0.71	32.92	1:09.15	1:46.43	2:22.44
7. Dido Toornend	Team Noord Holland (SG)	NED 200501718	<b>2:22.77</b>	+0.77	31.66	1:07.62	1:45.49	2:22.77
8. Feline Slijkhuis	SG Octopus - ZVV	NED 200501042	<b>2:23.47</b>	+0.85	33.15	1:09.74	1:48.05	2:23.47
9. Noor Polman	CWW	NED 200501248	<b>2:23.69</b>	+0.67	32.11	1:09.64	1:47.32	2:23.69
10. Iris Lok	WS Twente	NED 200301094	<b>2:28.57</b>	+0.63	33.57	1:11.01	1:49.92	2:28.57
11. Esmee Kloezen	Bubble	NED 200204646	<b>2:29.78</b>	+0.77	34.48	1:12.85	1:51.42	2:29.78
12. Welmoed Doornbos	De IJsselmeeuwen	NED 200203352	<b>2:29.94</b>	+0.68	33.86	1:13.03	1:52.00	2:29.94
13. Nienke Lammers	ENC Arnhem	NED 200200806	<b>2:30.94</b>	+0.84	34.56	1:11.50	1:51.23	2:30.94
14. Leonie van Wier	HZ&PC Heerenveen	NED 200200436	<b>2:31.27</b>	+0.72	32.76	1:10.62	1:51.14	2:31.27
15. Claire Bosch	De Dinkel	NED 200401480	<b>2:33.41</b>	+0.78	34.12	1:12.32	1:52.95	2:33.41
16. Sabine Uytdewilligen	ENC Arnhem	NED 200502654	<b>2:35.62</b>	+0.67	35.34	1:14.74	1:55.80	2:35.62
17. Pien Ooijman	WS Twente	NED 200504500	<b>2:35.71</b>	+0.84	34.93	1:14.75	1:55.94	2:35.71
18. Ilse Stut	De Otters Het Gooi	NED 200206236	<b>2:35.72</b>	+0.83	34.76	1:14.62	1:55.91	2:35.72
19. Ilse Kramer	TriVia	NED 200403072	<b>2:39.81</b>	+0.80	36.29	1:17.19	1:58.82	2:39.81
20. Melanie Schaap	Bubble	NED 200501180	<b>2:43.50</b>	+0.82	35.50	1:16.95	2:01.31	2:43.50
21. Daphne van Rees	SG Octopus - ZVV	NED 200301766	<b>2:48.15</b>	+0.76	37.39	1:20.70	2:05.55	2:48.15
22. Chantal Pennings	VZ&PC Nautilus	NED 200403420	<b>2:55.23</b>	+0.73	40.23	1:24.06	2:10.64	2:55.23
23. Ghislaine Lisitano	VZV Njord	NED 200500082	<b>2:57.27</b>	+0.75	39.42	1:23.57	2:10.07	2:57.27

**25+**

1. Femke Backx	Orca	NED 200106430	<b>2:13.23</b>	+0.77	30.26	1:03.66	1:37.93	2:13.23
2. Laura Setz	Bubble	NED 200000130	<b>2:13.41</b>	+0.87	30.73	1:04.85	1:39.62	2:13.41
3. Amber van der Kruk	MSV-Zeemacht	NED 200102730	<b>2:16.14</b>	+0.86	30.82	1:04.92	1:40.05	2:16.14
4. Marijke Drent	Bubble	NED 199906232	<b>2:16.61</b>	+0.80	31.85	1:06.96	1:42.09	2:16.61
5. Laura van Sabben	PSV	NED 199804332	<b>2:20.37</b>	+0.65	32.01	1:08.16	1:44.56	2:20.37
6. Myra Smulders	Zwemvereniging Hoogland	NED 199904308	<b>2:20.49</b>	+0.70	32.13	1:07.74	1:44.67	2:20.49
7. Manon Kloosterman	Zwemlust- den Hommel	NED 199702082	<b>2:20.58</b>	+0.74	31.79	1:07.32	1:44.12	2:20.58
8. Marjtes Butz	RZC	NED 199901502	<b>2:22.09</b>	+0.71	33.31	1:09.80	1:46.74	2:22.09
9. Jolien Wind	ZPC de Kanaalstreek	NED 200100510	<b>2:23.21</b>	+0.75	33.31	1:10.02	1:47.63	2:23.21
10. Selina Janssen	Neptunus'58	NED 199905974	<b>2:29.16</b>	+0.79	33.22	1:10.79	1:49.97	2:29.16
11. Romée Beverdam	WS Twente	NED 200100158	<b>2:30.73</b>	+1.00	34.08	1:12.63	1:51.82	2:30.73
12. Mirelle de Kort	VZ&PC Nautilus	NED 200005546	<b>2:35.11</b>	+0.76	34.54	1:14.57	1:55.46	2:35.11
13. Judith Kleinjan	De Duck	NED 199802710	<b>2:39.21</b>	+0.82	35.33	1:17.64	1:58.90	2:39.21
14. Irene Hanse	Zuiderzeewimmers	NED 199801496	<b>2:39.33</b>	+0.85	35.49	1:15.62	1:57.85	2:39.33
15. Evelien de Jong	Neptunia '24	NED 199805316	<b>2:39.53</b>	+0.73	33.93	1:12.53	1:56.21	2:39.53
16. Sheila ten Voorde	SG Octopus - ZVV	NED 199904538	<b>2:39.65</b>	+0.78	35.29	1:15.61	1:57.64	2:39.65
17. Esmée Rolloos	NieMo Barracuda	NED 199800056	<b>2:41.45</b>	+0.90	36.31	1:16.56	1:59.88	2:41.45
18. Annemarie ten Have	Zuiderzeewimmers	NED 199802662	<b>2:42.12</b>	+0.75	36.14	1:17.07	1:59.59	2:42.12
19. Tamara van den Brink	NieMo Barracuda	NED 199804182	<b>2:42.37</b>	+0.74	36.79	1:17.99	2:00.88	2:42.37
20. Berinda van Dijk	Blue Marlins	NED 200104186	<b>2:42.68</b>	+0.75	36.66	1:18.97	2:02.04	2:42.68
21. Anouk van der Lans	Westland Swimming Stars	NED 199801614	<b>2:44.86</b>	+0.76	37.20	1:18.74	2:02.51	2:44.86
22. Mirna Wolters	De Plons	NED 199802046	<b>2:49.24</b>	+0.75	37.93	1:21.12	2:05.48	2:49.24
23. Nadine Scheeve	De Biesboschzwimmers	NED 199700684	<b>2:50.12</b>	+0.78	37.32	1:21.18	2:05.75	2:50.12
24. Kim van Rossum	SBC2000	NED 199706374	<b>3:22.27</b>	+1.14	45.33	1:36.58	2:29.41	3:22.27

**30+**

1. Leonie van Noort	WVZ	NED 199301752	<b>2:09.13</b>	+0.78	30.45	1:03.27	1:36.45	2:09.13
2. Tamara Grove	De Dolfijn	NED 199601266	<b>2:11.18</b>	+0.68	30.18	1:03.54	1:37.83	2:11.18
3. Marcha Admiraal	De Geul	NED 199300012	<b>2:19.79</b>	+0.76	31.02	1:06.36	1:42.97	2:19.79
4. J. van Omme - van Veen	Zwemvereniging Hoogland	NED 199603192	<b>2:21.26</b>	+0.79	31.96	1:07.83	1:44.91	2:21.26
5. Fiona Meuffels	PSV	NED 199504366	<b>2:23.16</b>	+0.68	33.75	1:11.01	1:48.44	2:23.16
6. M. Steenberg	Otter SC	GBR 1821931	<b>2:24.79</b>	+0.79	33.05	1:09.52	1:48.12	2:24.79



Programmanr. 25, Dames, 200m vrije slag, 30+

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
7. Anne-Irene Ducheine	Zwemvereniging Hoogland	NED 199506824	<b>2:26.30</b>	+0.74	34.20	1:11.30	1:49.26	2:26.30
8. A. Meulenbeld	Orca	NED 199506230	<b>2:29.80</b>	+0.75	33.87	1:11.69	1:50.61	2:29.80
9. Saskia Bergsma	De Wellerobben	NED 199301686	<b>2:30.82</b>	+0.81	33.28	1:11.59	1:50.48	2:30.82
10. Irmgard van Weeghel	ENC Arnhem	NED 199204834	<b>2:39.71</b>	+0.77	35.73	1:16.24	1:59.00	2:39.71
11. Alma Janssen	Zegenwerp	NED 199401078	<b>2:43.23</b>	+0.76	37.83	1:19.77	2:02.20	2:43.23
12. Mariska Gach	ZVL - 1886	NED 199501760	<b>2:44.28</b>	+0.80	36.61	1:17.37	2:00.98	2:44.28
13. Astrid Wibbelink	Steenwijk 1934	NED 199600006	<b>2:45.98</b>	+0.74	37.77	1:20.62	2:04.44	2:45.98
14. Eline Molle	De Geul	NED 199404276	<b>2:53.72</b>	+0.86	39.36	1:23.52	2:09.40	2:53.72
15. Chantal Lokhorst	Aqualero	NED 199401362	<b>2:56.92</b>	+0.90	38.50	1:22.32	2:09.61	2:56.92
16. Cynthia van Veen	BZ en PC	NED 199606736	<b>3:02.99</b>	+0.71	38.85	1:25.59	2:15.34	3:02.99

35+

1. Wendan Poelstra	TriVia	NED 199102496	<b>2:24.33</b>	+0.75	33.41	1:09.62	1:47.32	2:24.33
2. Lisanne Andeweg	Zuiderzeewimmers	NED 198800092	<b>2:29.45</b>	+0.86	34.06	1:12.57	1:51.50	2:29.45
3. Relinda Baas	TriVia	NED 198900144	<b>2:31.12</b>	+0.75	34.66	1:12.47	1:51.42	2:31.12
4. Kimberly Whittington	VZC	NED 198704616	<b>2:33.16</b>	+0.78	33.62	1:12.03	1:52.84	2:33.16
5. Linda van Klei	ACZ	NED 198802088	<b>2:33.92</b>	+0.81	36.81	1:16.49	1:56.56	2:33.92
6. Monique van Huizen	AZC	NED 198706236	<b>2:37.92</b>	+0.71	35.26	1:15.54	1:58.21	2:37.92
7. Esther Kwebeman	TriVia	NED 199106374	<b>2:41.15</b>	+0.83	37.32	1:18.61	2:00.42	2:41.15
8. Nanda van Heteren	PSV	NED 198901728	<b>2:42.62</b>	+0.88	38.15	1:20.26	2:02.83	2:42.62
9. D. van den Hoogenband	Nuenen	NED 199001558	<b>2:43.61</b>	+0.76	38.24	1:20.70	2:03.86	2:43.61
10. E. Boerdam-Delfos	AZC	NED 198705256	<b>2:48.24</b>	+0.74	37.89	1:21.02	2:05.27	2:48.24
11. Liesbeth van Mill	Zwemlust- den Hommel	NED 198702786	<b>2:49.81</b>	+0.90	38.58	1:21.69	2:05.94	2:49.81
12. Rene Kleinveld	GZC Donk	NED 199001966	<b>2:58.39</b>	+0.78	39.32	1:23.97	2:11.55	2:58.39
13. Marieke Weering	De Plons	NED 198704550	<b>3:04.28</b>	+0.77	40.80	1:27.37	2:16.83	3:04.28
14. J. van den Beukel	NieMo Barracuda	NED 199100238	<b>3:06.58</b>	+0.85	40.57	1:28.16	2:17.35	3:06.58

40+

1. Anneloes Peulen	Nuenen	NED 198502314	<b>2:18.26</b>	+0.68	31.17	1:06.37	1:42.24	2:18.26
2. Linda van Schaik	ZPCH	NED 198605424	<b>2:22.00</b>	+0.82	32.03	1:07.71	1:45.24	2:22.00
3. Sabine Zimmermann	Aachener SV 06	GER 101578	<b>2:24.06</b>	+0.78	33.07	1:10.55	1:47.80	2:24.06
4. Ann Wanter	Zwemclub Geel	BEL ZGEEL/21082/82	<b>2:24.64</b>	+0.81	33.62	1:10.78	1:48.53	2:24.64
5. Debbie van Rooijen	IJZPC	NED 198201402	<b>2:25.65</b>	+0.78	34.23	1:11.06	1:48.88	2:25.65
6. Evita van de Ketterij	De Treffers	NED 198504284	<b>2:26.66</b>	+0.75	33.41	1:10.74	1:48.70	2:26.66
7. Nadya Putter	ZV Vlaardingen-Schiedam	NED 198301630	<b>2:30.10</b>	+0.75	34.63	1:12.73	1:51.50	2:30.10
8. Anneloes Lens	ZVL - 1886	NED 198605432	<b>2:45.83</b>	+1.04	36.17	1:17.94	2:02.35	2:45.83
9. Ramona Linting	AZC	NED 198301274	<b>2:47.20</b>	+0.71	37.72	1:20.10	2:03.65	2:47.20
10. Hanneke Heymen	WS Twente	NED 198400968	<b>2:52.34</b>	+0.89	39.22	1:22.73	2:07.78	2:52.34
11. Linda Hoogendam	WVZ	NED 198300892	<b>3:00.50</b>	+0.86	41.01	1:28.10	2:15.79	3:00.50
12. Marloes Rebel	WS Twente	NED 198403474	<b>3:14.75</b>	+1.02	45.83	1:37.28	2:28.53	3:14.75
AFGEM Maike Zeterberg	Zehlendorfer TSV von 1888	GER 066680						

45+

1. Anke Lambooi	AZL	NED 198001182	<b>2:24.94</b>	+0.77	33.14	1:09.23	1:47.72	2:24.94
2. Nathalie Blondeel	Cercle De Natation Sportcity	BELuCNSW/004784/77	<b>2:33.06</b>	+0.73	36.64	1:15.90	1:55.25	2:33.06
3. Patricia Brooijmans	Old Dutch	NED 197901608	<b>2:33.36</b>	+0.69	35.01	1:13.60	1:53.88	2:33.36
4. Chantal Verhoeff	Old Dutch	NED 197900912	<b>2:41.63</b>	+0.80	36.62	1:18.71	2:00.73	2:41.63
5. A. Besseling-de Jong	De Geul	NED 198102084	<b>2:45.39</b>	+0.88	38.55	1:21.60	2:04.52	2:45.39
6. Luisiana Bigea	Sassenheim	NED 197701300	<b>2:46.46</b>	+0.83	36.18	1:17.40	2:02.27	2:46.46
7. Femke Hofkens	Aqua-Novio '94	NED 197801094	<b>2:59.35</b>	+0.77	41.21	1:26.80	2:14.17	2:59.35
8. Leonie Scholten	Steenwijk 1934	NED 197901560	<b>3:04.29</b>	+0.83	40.25	1:26.41	2:14.73	3:04.29
9. Saskia op den Velde	De Duinkickers	NED 197901530	<b>3:13.17</b>	+1.02	41.59	1:31.25	2:21.93	3:13.17
10. C. van Bruxvoort	Albion	NED 197700138	<b>3:23.73</b>	+0.83	46.54	1:37.97	2:31.01	3:23.73



Programmanr. 25, Dames, 200m vrije slag

50+

1. Annett von Rekowski	Schwimmverein Gera	GER 097868	<b>2:28.63</b>	+0.76	34.90	1:13.27	1:51.50	2:28.63
2. Edith Janssen-Koolen	TRB-RES	NED 197300898	<b>2:34.07</b>	+1.83	34.45	1:14.46	1:54.93	2:34.07
3. Petra Guijt	Aqua-Novio '94	NED 197600978	<b>2:39.11</b>	+0.84	36.04	1:16.73	1:58.65	2:39.11
4. Ilona Hogerheyde	DAW	NED 197400224	<b>2:39.50</b>	+0.73	35.74	1:15.81	1:57.90	2:39.50
5. Julia Barke	Zehlendorfer TSV von 1888	GER 480129	<b>2:40.77</b>	+0.75	35.67	1:16.97	1:59.15	2:40.77
6. Nataliia Boryshkevych	Ukraine Swim	UKR	<b>2:43.31</b>	+0.72	36.63	1:17.48	2:00.52	2:43.31
7. Mariska van Doorn	Arethusa	NED 197200444	<b>2:45.35</b>	+0.93	37.69	1:19.62	2:02.81	2:45.35
8. Jannie Vennik	HZ&PC Heerenveen	NED 197601006	<b>2:46.72</b>	+0.87	37.93	1:19.78	2:03.40	2:46.72
9. Katharina Schlipp	AZL	NED 197301004	<b>2:48.04</b>	+1.15	38.49	1:20.86	2:04.58	2:48.04
10. Catherine Hoogeveen	DZ&PC	NED 197501048	<b>2:48.67</b>	+0.81	37.95	1:19.72	2:04.16	2:48.67
11. Wendy Nederkoorn	Arethusa	NED 197400374	<b>2:56.34</b>	+0.84	39.64	1:24.13	2:10.96	2:56.34
12. Y. van Nobelen - Kamps	Sassenheim	NED 197200316	<b>2:57.15</b>	+0.73	41.03	1:26.36	2:13.24	2:57.15
13. Evelien Naatje	WS Twente	NED 197200838	<b>2:59.43</b>	+0.97	41.46	1:27.36	2:15.74	2:59.43

55+

1. Carla Geurts	PSV	NED 197100178	<b>2:22.97</b>	+0.70	32.48	1:08.82	1:46.68	2:22.97
<i>Nederlands Masters Record</i>								
2. Carol Hollemans	ACZ	NED 196900252	<b>2:27.65</b>	+0.71	33.43	1:10.78	1:50.16	2:27.65
3. L. van Bon-Rosenbrand	ZPC Amersfoort	NED 197000054	<b>2:30.04</b>	+0.84	33.78	1:11.32	1:50.90	2:30.04
4. Annette de Visser	Oceanus	NED 197100602	<b>2:34.21</b>	+0.83	35.39	1:14.50	1:54.73	2:34.21
5. Bianca Groot	MSV-Zeemacht	NED 197000652	<b>2:41.60</b>	+0.98	37.04	1:18.38	2:00.63	2:41.60
6. Inken Wemheuer	Team Noord Holland (SG)	NED 197101016	<b>2:44.71</b>	+0.69	37.19	1:19.05	2:03.35	2:44.71
7. Annette Wijnja-Visser	De Biesboschzwemmers	NED 196700528	<b>2:48.15</b>	+0.77	37.73	1:20.23	2:04.63	2:48.15
8. Marijke Campfens	De Geul	NED 196900960	<b>2:50.41</b>	+0.84	39.20	1:22.03	2:07.02	2:50.41
9. Henriëtte van Norden	ZPC Amersfoort	NED 196800046	<b>2:51.57</b>	+0.98	38.10	1:22.08	2:08.14	2:51.57
10. Karin Sagonas-Koolen	VZV Njord	NED 197000964	<b>3:00.10</b>	+0.85	40.65	1:26.19	2:14.76	3:00.10
11. Annet Kootstra	SWOL 1894	NED 197100344	<b>3:08.10</b>	+0.92	44.16	1:32.56	2:21.39	3:08.10
12. Kathy Van Lindt	Cercle De Natation Sportcity	BELuCNSW/007949/71	<b>3:10.05</b>	+0.93	45.18	1:35.02	2:24.43	3:10.05
13. Annette Spies	Link	NED 197001110	<b>3:12.52</b>	+1.44	43.39	1:31.11	2:21.91	3:12.52
14. Irna van der Molen	WS Twente	NED 196900938	<b>3:13.21</b>	+0.73	41.54	1:31.45	2:23.42	3:13.21
15. D. Schipper - van Est	ZOB'66	NED 197001078	<b>3:14.24</b>	+0.88	43.18	1:31.10	2:22.69	3:14.24
16. Nathasja Konijn	GZC Donk	NED 197100992	<b>3:19.19</b>	+0.89	44.65	1:35.68	2:27.57	3:19.19
17. S. Daamen-Posma	AZC	NED 196800854	<b>3:21.72</b>	+0.91	44.78	1:34.27	2:28.55	3:21.72
18. Caroline Kruger	Albion	NED 196800928	<b>3:22.40</b>	+0.81	46.32	1:39.59	2:32.85	3:22.40
19. Britta Fritz	SC Janus Köln	GER 262038	<b>3:23.75</b>	+1.39	47.13	1:40.21	2:33.70	3:23.75
20. Annette van Dok	MSV-Zeemacht	NED 196800742	<b>3:32.95</b>		48.51	1:43.14	2:39.46	3:32.95
21. R. van der Vlugt	De Geul	NED 196700710	<b>3:36.33</b>	+0.92	49.08	1:45.29	2:43.78	3:36.33
DIS Cancia Ouwerkerk	Albion	NED 196700748		+0.46				

AA - De start ingezet voor het startsignaal (en wel gezwommen).

60+

1. M. Remmits-de Lange	ZPC Amersfoort	NED 196300518	<b>2:40.85</b>	+0.86	37.61	1:18.32	2:00.26	2:40.85
2. Wilna Heijman	Steenwijk 1934	NED 196400506	<b>2:50.08</b>	+0.80	39.07	1:22.37	2:06.39	2:50.08
3. Jenny Westervaarder	H2Oldambt	NED 196200424	<b>3:29.37</b>	+0.98	46.92	1:39.17	2:34.32	3:29.37
4. Inge Deutz	ZV Vlaardingen-Schiedam	NED 196600726	<b>3:32.82</b>	+0.90	47.09	1:42.03	2:39.38	3:32.82
5. Cora Smulders	ENC Arnhem	NED 196600668	<b>3:33.29</b>	+0.73	47.09	1:41.72	2:38.77	3:33.29

65+

1. Petra Tossings	GZC Donk	NED 196100376	<b>2:55.85</b>	+0.88	40.19	1:25.35	2:11.62	2:55.85
2. Linda Wibbelink	Steenwijk 1934	NED 195900158	<b>3:07.82</b>	+0.69	43.55	1:31.67	2:20.81	3:07.82
3. Kirsten Stamer	SC Janus Köln	GER 247144	<b>3:14.78</b>	+0.81	44.31	1:32.91	2:23.79	3:14.78
4. Lia Bijkerk	GZC Donk	NED 196000014	<b>3:22.12</b>	+0.94	45.65	1:37.57	2:31.56	3:22.12
5. Katinka Elders	HZ&PC Heerenveen	NED 196000292	<b>3:29.37</b>	+0.93	47.34	1:41.11	2:35.93	3:29.37
6. Gea Kuiper	ZCNF'34	NED 196100104	<b>3:53.49</b>	+0.96	54.02	1:53.51	2:53.81	3:53.49

70+

1. Atie Pijtak-Radersma	ZPC Amersfoort	NED 195600048	<b>2:46.55</b>	+0.79	37.60	1:19.26	2:03.16	2:46.55
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*Nederlands Masters Record*



ONMK 2026 lange baan  
Drachten, 30-4- - 3-5-2026



Programmanr. 25, Dames, 200m vrije slag, 70+

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
2. Margriet Pasma	TriVia	NED 195500088	<b>3:02.82</b>	+0.87	42.05	1:28.93	2:16.33	3:02.82
<b>80+</b>								
1. L. van Huissteden	ZPC Amersfoort	NED 194500002	<b>4:48.30</b>	+1.23	1:04.21	2:19.63	3:36.18	4:48.30
<b>85+</b>								
1. Marie Smits	Old Dutch	NED 193800004	<b>4:43.48</b>	+1.26	1:02.35	2:18.34	3:33.15	4:43.48

