

**ONMK**ONMK 2026 lange baan
Drachten, 30-4- - 3-5-2026Programmanr. 26
2-5-2026 - 16:33

Heren, 200m vrije slag

Masters Open
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
20+								
1. Jacco Nijland	ZPC De Hof	NED 200400081	2:07.13	+0.83	29.07	1:01.53	1:34.99	2:07.13
2. Bram van Norel	RZC	NED 200301133	2:08.56	+0.70	29.34	1:02.87	1:36.29	2:08.56
3. Niels Kragt	TriVia	NED 200300155	2:10.16	+0.70	29.46	1:02.73	1:36.44	2:10.16
4. Owen Michels	De Amstel	NED 200402293	2:13.52	+0.69	30.58	1:04.65	1:39.74	2:13.52
5. Rik Stahlie	TriVia	NED 200201915	2:15.39	+0.77	30.67	1:04.79	1:40.43	2:15.39
6. Daan Schra	MZ&PC De Reest	NED 200203271	2:15.48	+0.85	28.83	1:02.83	1:39.07	2:15.48
7. Thijs Huizer	ZVL - 1886	NED 200502523	2:21.05	+0.70	31.15	1:06.76	1:45.90	2:21.05
8. Lanco Manaf	Het Ravijn	NED 200402715	2:29.77	+0.68	32.03	1:09.40	1:50.19	2:29.77
9. Yarnick Visscher	De Valken	NED 200601157	2:39.66	+0.74	33.71	1:12.56	1:55.91	2:39.66
25+								
1. Ivo Stolk	Albion	NED 200100615	1:54.50	+0.70	26.04	54.64	1:24.27	1:54.50
2. Darren Chen	ZPC Amersfoort	NED 200001149	1:59.41	+0.65	27.17	57.18	1:27.95	1:59.41
3. Jelle Blankestijn	ZPC Amersfoort	NED 199803737	2:04.60	+0.74	28.86	1:00.52	1:32.89	2:04.60
4. Jasper Breugem	VWZ	NED 200000303	2:06.51	+0.72	29.20	1:02.00	1:34.75	2:06.51
5. Jacob Mackloet	De Schotejil	NED 200001171	2:06.54	+0.67	28.40	59.80	1:32.96	2:06.54
6. Bart Weiland	DES	NED 199700777	2:10.62	+0.67	29.32	1:02.23	1:36.43	2:10.62
7. Daan Siebenheller	Blue Marlins	NED 199804955	2:15.68	+0.70	30.64	1:05.60	1:41.27	2:15.68
8. Lars Jacobsen	DWK	NED 199705453	2:17.68	+0.78	31.22	1:05.91	1:42.63	2:17.68
9. Leon Kloots	ZPC De Hof	NED 200001363	2:18.43	+0.81	30.86	1:06.66	1:43.19	2:18.43
10. Tenzin Tieman	Old Dutch	NED 200005549	2:18.92	+0.80	30.92	1:05.70	1:42.61	2:18.92
11. Wesley van der Luit	Sassenheim	NED 199701895	2:19.85	+0.74	32.66	1:09.26	1:45.36	2:19.85
12. Patrick Wyrdean	Westland Swimming Stars	NED 199702475	2:20.88	+0.70	31.92	1:07.33	1:44.74	2:20.88
13. Jard Pronk	DAW	NED 199905321	2:23.39	+0.79	33.22	1:09.95	1:46.78	2:23.39
14. Milan Adriaenssens	De Vrije Slag	NED 199705783	2:25.08	+0.78	31.32	1:08.02	1:46.25	2:25.08
15. Teun van Rooij	VZ&PC Nautilus	NED 199904387	2:25.24	+0.65	32.14	1:08.93	1:47.55	2:25.24
16. Auke Sijperda	AZC	NED 199905115	2:28.32	+0.68	32.87	1:09.78	1:48.81	2:28.32
17. Ardy Zwanenburg	AZC	NED 199902061	2:35.40	+0.77	34.20	1:11.80	1:53.56	2:35.40
18. Yannic Heereveld	De Treffers	NED 199805819	2:39.83	+0.76	34.58	1:14.68	1:57.60	2:39.83
30+								
1. Mike Schel	ENC Arnhem	NED 199403279	2:08.79	+0.72	28.93	1:01.03	1:34.84	2:08.79
2. Tim de Vrugt	ENC Arnhem	NED 199306719	2:11.97	+0.70	29.53	1:03.11	1:38.43	2:11.97
3. John Smit	Poseidon'56	NED 199500613	2:15.07	+0.75	30.37	1:04.98	1:40.31	2:15.07
4. Sander Riezebos	WS Twente	NED 199400467	2:15.37	+0.73	29.83	1:03.99	1:39.94	2:15.37
5. Niels Bent	WS Twente	NED 199400465	2:16.37	+0.73	30.83	1:04.59	1:40.05	2:16.37
6. Colin Degenars	ZPCH	NED 199505951	2:24.77	+0.77	31.77	1:08.16	1:46.74	2:24.77
7. J. Santiago Patterson	ZVL - 1886	NED 199406797	2:28.35	+0.68	35.30	1:13.33	1:51.60	2:28.35
8. Remco Visser	ZPC Woerden	NED 199503185	2:28.75	+0.73	31.97	1:09.02	1:48.19	2:28.75
9. Ruben de Boer	Zwemvereniging Hoogland	NED 199301419	2:41.76	+0.79	35.92	1:16.42	1:58.93	2:41.76
10. Arnold Hofman	DZ&PC	NED 199406759	3:00.52	+0.72	39.47	1:26.27	2:14.64	3:00.52
35+								
1. Matteo Viani	Zwemlust- den Hommel	NED 199007717	2:00.49	+0.65	27.62	58.04	1:29.42	2:00.49
2. Bas Braun	ZPC Amersfoort	NED 199106545	2:06.34	+0.73	28.53	1:00.21	1:32.96	2:06.34
3. Matthew Humphreys	MSV-Zeemacht	NED 198906983	2:12.55	+0.74	29.83	1:02.76	1:37.30	2:12.55
4. Jos de Graaf	PSV	NED 199106095	2:12.83	+0.73	29.81	1:04.02	1:38.62	2:12.83
5. Tim Bunnik	Triton	NED 199000505	2:12.88	+0.76	29.62	1:03.11	1:38.12	2:12.88
6. Craig Frankum	Wahoo Swimming	NED 199007759	2:15.00	+0.81	30.33	1:04.09	1:39.67	2:15.00
7. Sherif Badawy	DAW	NED 198907047	2:15.74	+0.71	31.68	1:06.15	1:40.47	2:15.74
8. Patrick Creemers	SG Patrick - De Roersoppers	NED 199000579	2:17.22	+0.69	30.13	1:04.95	1:41.85	2:17.22
9. Niels Albrechts	De Schotejil	NED 198800039	2:21.69	+0.80	33.16	1:09.78	1:46.97	2:21.69
10. Wessel Everloo	WS Twente	NED 198906597	2:27.25	+0.99	34.07	1:12.44	1:51.41	2:27.25
11. Teodor Bogdanov	Zeester Meerval	NED 198907039	2:45.27	+0.75	34.99	1:15.09	1:57.77	2:45.27
12. R. Camacho Saravia	Albion	NED 199107919	2:47.21	+0.78	35.76	1:16.09	2:01.58	2:47.21
13. Thijs de Roo	SWOL 1894	NED 198705447	3:07.00	+0.91	42.66	1:29.30	2:16.98	3:07.00



Programmanr. 26, Heren, 200m vrije slag

40+

1. Robert Braad	Steenwijk 1934	NED 198600407	2:14.75	+0.79	30.34	1:04.42	1:40.65	2:14.75
2. Rob van Wanrooy	Albion	NED 198202627	2:28.29	+0.75	34.03	1:12.05	1:50.65	2:28.29
3. Peter van de Bor	Team Noord Holland (SG)	NED 198402897	2:33.15	+0.80	33.60	1:12.60	1:53.93	2:33.15
4. Sander van Tilburg	De Biesboschzweimmers	NED 198604609	2:34.26	+0.84	35.59	1:14.13	1:54.64	2:34.26

45+

1. Ivo Roozeboom	WVZ	NED 197700801	2:12.39	+0.74	29.81	1:04.28	1:39.29	2:12.39
2. Dennis Brouwers	HZPC	NED 197800167	2:13.66	+0.81	30.83	1:04.80	1:39.60	2:13.66
3. Victor Barnar	Zwemlust- den Hommel	NED 197801805	2:18.62	+0.70	31.93	1:07.12	1:42.76	2:18.62
4. Marcel Reefhuis	WS Twente	NED 198101381	2:20.44	+0.72	32.50	1:08.21	1:44.80	2:20.44
5. Robert Istrate	Zwemsport Parkstad	NED 198002555	2:23.54	+0.82	30.66	1:05.92	1:44.52	2:23.54
6. Arjan Buijsse	Sassenheim	NED 197901767	2:28.07	+0.71	32.66	1:10.00	1:49.27	2:28.07
7. Oscar Monge	IJZPC	NED 198102599	2:28.81	+0.67	34.27	1:11.84	1:49.96	2:28.81
8. Arjen Koop	ENC Arnhem	NED 197900697	2:29.14	+0.73	33.16	1:10.41	1:48.65	2:29.14
9. Erwin Akkerman	MZ&PC De Reest	NED 197901783	2:31.09	+0.83	34.25	1:13.11	1:53.09	2:31.09
10. André Noordwijk	NieMo Barracuda	NED 197901785	2:35.39	+0.89	34.92	1:14.35	1:56.01	2:35.39
11. Tom Bandsma	PSV	NED 197701625	2:39.93	+1.13	36.29	1:16.30	1:57.99	2:39.93
12. Peter Lommert	SWOL 1894	NED 197900787	2:43.40	+0.97	35.29	1:16.55	2:00.48	2:43.40
13. Stefan Witwerts	KSN (SG)	NED 197902159	3:12.71	+0.99	42.07	1:32.27	2:24.53	3:12.71
NG Oivind Martin Hasle	Oslo I.L.	NOR M260777ØIV01						

50+

1. Frederic Tonus	Luxembourg Sharks SwimmirLUXi10449		2:04.80	+0.74	29.03	1:00.20	1:32.73	2:04.80
<i>Luxembourg Masters Record</i>								
2. Stefan Damen	HZ&PC Heerenveen	NED 197400153	2:23.09	+0.76	32.57	1:08.46	1:46.13	2:23.09
3. Peter de Vries	HZ&PC Heerenveen	NED 197401601	2:23.48	+0.72	32.86	1:09.33	1:46.15	2:23.48
4. Sjoerd de Jong	Team Noord Holland (SG)	NED 197201739	2:41.00	+1.01	36.27	1:17.78	2:00.12	2:41.00
5. Wouter van der Stelt	De Biesboschzweimmers	NED 197200889	2:47.36	+0.87	37.64	1:19.25	2:03.73	2:47.36
6. Bas Kremers	TRB-RES	NED 197201611	2:51.58	+0.81	37.92	1:21.17	2:07.34	2:51.58
7. Jeroen Hoeksel	ZV Vlaardingen-Schiedam	NED 197401533	2:56.03	+1.03	39.76	1:24.62	2:11.25	2:56.03

55+

1. Matthias Millers	SG Wuppertal	GER 113799	2:14.22	+0.86	31.72	1:06.69	1:41.44	2:14.22
2. Jochen Bruha	SG Wuppertal	GER 58762	2:18.97	+0.81	30.66	1:05.25	1:41.67	2:18.97
3. Richard Ricksen	Hellas-Glana	NED 197000841	2:20.11	+0.82	32.23	1:08.87	1:45.23	2:20.11
4. Olivier van Heezik	PSV	NED 197101763	2:20.44	+0.83	31.71	1:06.92	1:43.72	2:20.44
5. Glen Le Clercq	ZPC De Rog	NED 196800177	2:24.06	+0.84	32.76	1:08.34	1:46.74	2:24.06
6. Frank Pater	Polizei SV Oldenburg	GER 84386	2:29.49	+0.89	33.92	1:11.18	1:51.22	2:29.49
7. Frank van Nobelen	Sassenheim	NED 196900753	2:30.49	+0.80	34.18	1:12.10	1:51.22	2:30.49
8. Martin Berkhout	ZVL - 1886	NED 197101123	2:35.60	+0.72	34.34	1:14.26	1:56.45	2:35.60
9. Leon Slingerland	WVZ	NED 196801707	2:45.63	+0.94	36.31	1:19.90	2:04.61	2:45.63
10. Huyb Stegeman	Steenwijk 1934	NED 196701535	2:54.33	+1.00	38.83	1:22.56	2:08.47	2:54.33
11. Ramon Alsina Munoz	Cercle De Natation Sportcity BELuCNSW/002552/69		3:01.73	+0.94	38.77	1:24.81	2:13.30	3:01.73
12. Steffen Dathe	SG Bayer	GER 450025	3:04.15	+1.00	40.57	1:27.65	2:17.82	3:04.15
13. Martin Hoogerkamp	KSN (SG)	NED 196801663	3:09.07	+1.10	42.41	1:30.19	2:20.42	3:09.07
14. Rob van de Ven	Neptunus'58	NED 197101695	3:12.61	+0.74	41.65	1:30.32	2:21.92	3:12.61

60+

1. Bob de Vries	SG Octopus - ZVV	NED 196601101	2:14.22	+0.70	30.42	1:05.38	1:40.34	2:14.22
2. Hugues Herman	Cercle De Natation Sportcity BELuCNSW/014976/66		2:22.21	+0.67	32.35	1:08.12	1:45.57	2:22.21
3. Johan Remmits	ZPC Amersfoort	NED 196201159	2:22.91	+0.72	32.55	1:08.80	1:46.43	2:22.91
4. Jon Christensen	Luxembourg Sharks SwimmirLUXi10008		2:26.26	+0.77	34.53	1:11.68	1:49.42	2:26.26
5. Gert Sikkema	Zigna	NED 196300687	2:30.64	+0.85	34.12	1:12.54	1:51.98	2:30.64
6. Rob Spetter	ZPC De Rog	NED 196201239	2:34.44	+0.70	35.14	1:13.77	1:54.02	2:34.44
7. Henri Michels	De Amstel	NED 196501587	2:34.96	+0.85	34.61	1:14.53	1:55.52	2:34.96
8. Ralf Dillig	Duisburger ST	GER 060769	2:36.58	+0.89	35.66	1:16.02	1:57.13	2:36.58
9. Eymert van Rooij	PSV	NED 196601631	2:38.45	+0.94	35.13	1:15.64	1:57.71	2:38.45
10. K. van Overbeeke	WWV Winterswijk	NED 196200489	2:38.75	+0.88	36.71	1:17.68	2:00.83	2:38.75
11. Jeroen Wilmer	Enkhuizer Zwem Vereniging	NED 196601711	2:40.65	+0.96	36.56	1:16.94	2:00.12	2:40.65
12. Paul Wijnja	De Biesboschzweimmers	NED 196301403	2:41.39	+0.79	35.68	1:16.05	1:59.92	2:41.39



Programmanr. 26, Heren, 200m vrije slag, 60+

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
13. Erik Saan	De Duck	NED 196500769	2:48.17	+1.02	36.66	1:17.24	2:03.28	2:48.17
14. Peter Janssen	Team Noord Holland (SG)	NED 196201307	3:01.64	+1.09	40.22	1:26.49	2:14.25	3:01.64

65+

1. Marten de Groot	HZ&PC Heerenveen	NED 195800149	2:28.29	+0.84	33.99	1:11.39	1:50.06	2:28.29
2. Dirk Zeterberg	Zehlendorfer TSV von 1888	GER 101339	2:33.49	+0.88	35.90	1:15.38	1:55.52	2:33.49
3. H. Oude Weernink	WS Twente	NED 196001037	2:42.52	+0.90	35.98	1:15.26	1:58.37	2:42.52
4. Ronald Grove	Triton	NED 196100161	2:45.30	+0.76	37.14	1:18.65	2:02.58	2:45.30
5. Rene Janssen	Team Noord Holland (SG)	NED 195700169	2:51.10	+0.97	39.56	1:23.33	2:08.90	2:51.10
6. Wim de Lange	AZC	NED 195800533	2:54.83	+0.79	39.61	1:24.15	2:09.91	2:54.83
7. Bart van Calker	WS Twente	NED 196100067	3:02.47	+0.85	42.91	1:28.75	2:16.61	3:02.47
8. Lex Hoogendam	ZZ&PC De Devel	NED 195700541	3:14.47	+1.08	41.41	1:31.10	2:21.78	3:14.47
9. Peter Coffeng	GZC Donk	NED 195700063	3:26.95	+0.95	46.51	1:38.99	2:33.25	3:26.95

70+

1. Philippe Morelle	Cercle De Natation Sportcity	BELuCNSW/008015/56	2:39.71	+0.84	36.07	1:16.98	1:59.32	2:39.71
<i>Belgian Masters Record</i>								
2. Henk Slomp	De Inktvis	NED 195500359	2:47.17	+0.89	37.41	1:19.49	2:02.40	2:47.17
3. Laurens Klein Breteler	WS Twente	NED 195400109	3:07.08	+1.00	41.98	1:29.22	2:20.28	3:07.08

75+

1. Wout Hemmes	De Plons	NED 194800059	3:18.89	+1.10	45.58	1:36.86	2:29.03	3:18.89
2. Jos Kamps	Zwemvereniging Hoogland	NED 195100085	3:20.75	+0.94	42.75	1:34.71	2:29.26	3:20.75

80+

1. Willem Putter	ZV Vlaardingen-Schiedam	NED 194500135	3:22.77	+1.18	45.05	1:37.09	2:31.14	3:22.77
<i>Nederlands Masters Record</i>								
2. Geza Kaltenecker	AZC	NED 194200065	3:50.14	+1.02	51.46	1:51.35	2:52.19	3:50.14