



Programmanr. 9
1-5-2026 - 13:58

Dames, 200m schoolslag

Masters Open
Resultaten

| rang naam | vereniging | | tijd | RT PARA | 50m | 100m | 150m | 200m |
|---------------------------------|-------------------------|---------------|----------------|---------|-------|---------|---------|---------|
| 20+ | | | | | | | | |
| 1. Roos de Jong | ZCNF'34 | NED 200302948 | 2:50.30 | +0.78 | 38.63 | 1:21.51 | 2:05.52 | 2:50.30 |
| 2. Anouchka Bos | NieMo Barracuda | NED 200501528 | 2:50.70 | +0.73 | 38.00 | 1:21.25 | 2:05.66 | 2:50.70 |
| 3. Lise Kleinbekman | DZ&PC | NED 200502870 | 2:54.28 | +0.65 | 38.62 | 1:22.80 | 2:08.53 | 2:54.28 |
| 4. Esther Tiemersma | PSV | NED 200202962 | 2:56.98 | +0.69 | 40.45 | 1:25.60 | 2:11.15 | 2:56.98 |
| 5. Myrthe Dam | Zuiderzeewemmers | NED 200602336 | 3:02.12 | +0.72 | 40.75 | 1:27.36 | 2:14.88 | 3:02.12 |
| 6. Sydney Celie | IJsselmeer | NED 200406054 | 3:08.58 | +0.91 | 42.71 | 1:30.76 | 2:20.18 | 3:08.58 |
| 7. Faustine Mussig | De Geul | NED 200202080 | 3:09.64 | +0.69 | 41.39 | 1:27.93 | 2:18.27 | 3:09.64 |
| 8. Nienke Lammers | ENC Arnhem | NED 200200806 | 3:13.79 | +0.83 | 44.50 | 1:34.31 | 2:24.49 | 3:13.79 |
| 9. Ilse Kramer | TriVia | NED 200403072 | 3:18.07 | +0.82 | 44.95 | 1:35.13 | 2:25.91 | 3:18.07 |
| 10. Eva Berning | Orca | NED 200403356 | 3:20.71 | +0.81 | 43.80 | 1:34.87 | 2:28.78 | 3:20.71 |
| 25+ | | | | | | | | |
| 1. Silke Molendijk | ZVL - 1886 | NED 200100178 | 2:51.38 | +0.65 | 39.11 | 1:22.33 | 2:06.99 | 2:51.38 |
| 2. Noël Iris Hettinga | Neptunia '24 | NED 200002536 | 2:55.08 | +0.77 | 39.61 | 1:23.99 | 2:09.30 | 2:55.08 |
| 3. Jolien Wind | ZPC de Kanaalstreek | NED 200100510 | 2:57.13 | +0.73 | 38.65 | 1:23.56 | 2:09.40 | 2:57.13 |
| 4. Anne Noom | Het Y | NED 199800062 | 2:57.63 | +0.77 | 39.87 | 1:24.32 | 2:10.63 | 2:57.63 |
| 5. Marijke Drent | Bubble | NED 199906232 | 3:01.21 | +0.81 | 40.80 | 1:27.85 | 2:14.69 | 3:01.21 |
| 6. Ingrid de Vries | De Granaet | NED 200100500 | 3:09.68 | +0.80 | 42.60 | 1:29.84 | 2:19.58 | 3:09.68 |
| 7. Mandy Swart | ZPC Amersfoort | NED 199904916 | 3:12.93 | +0.81 | 43.06 | 1:32.18 | 2:22.25 | 3:12.93 |
| 8. Daphne Dols | ZPC Woerden | NED 199904622 | 3:13.23 | +0.76 | 42.78 | 1:31.48 | 2:22.33 | 3:13.23 |
| 9. Maartje Hids | ZVL - 1886 | NED 199903042 | 3:14.20 | +0.84 | 45.44 | 1:34.48 | 2:24.10 | 3:14.20 |
| 30+ | | | | | | | | |
| 1. Leonie van Noort | WVZ | NED 199301752 | 2:50.73 | +0.81 | 38.62 | 1:22.24 | 2:06.56 | 2:50.73 |
| 2. Fiona Meuffels | PSV | NED 199504366 | 3:00.25 | +0.69 | 41.38 | 1:27.86 | 2:14.93 | 3:00.25 |
| 3. Larissa Jansen | PSV | NED 199500660 | 3:11.61 | +0.81 | 44.46 | 1:32.98 | 2:22.20 | 3:11.61 |
| 4. Marijke Kommers | NieMo Barracuda | NED 199305334 | 3:12.67 | +0.81 | 42.31 | 1:31.72 | 2:21.69 | 3:12.67 |
| 5. Irmgard van Weeghel | ENC Arnhem | NED 199204834 | 3:24.49 | +0.80 | 46.82 | 1:39.19 | 2:31.87 | 3:24.49 |
| 6. Astrid Wibbelink | Steenwijk 1934 | NED 199600006 | 3:24.83 | +0.76 | 45.13 | 1:37.04 | 2:30.63 | 3:24.83 |
| 7. Laura ter Stege | CWW | NED 199602364 | 3:30.29 | +0.79 | 44.77 | 1:39.22 | 2:33.94 | 3:30.29 |
| 35+ | | | | | | | | |
| 1. Jacyntha Plat | Steenwijk 1934 | NED 199002956 | 2:53.38 | +0.75 | 38.87 | 1:22.68 | 2:08.13 | 2:53.38 |
| 2. Chantal Meyerink | De Grunte | NED 199105212 | 3:06.12 | +0.84 | 42.17 | 1:29.32 | 2:16.88 | 3:06.12 |
| 3. Maaike de Boer | De Duinkickers | NED 199000362 | 3:10.89 | +0.87 | 43.33 | 1:31.93 | 2:22.25 | 3:10.89 |
| 4. Linda van Klei | ACZ | NED 198802088 | 3:14.08 | +0.86 | 44.56 | 1:33.88 | 2:24.55 | 3:14.08 |
| 5. Suzan Blankestijn | ZVL - 1886 | NED 198900350 | 3:17.03 | +0.76 | 44.26 | 1:33.55 | 2:24.81 | 3:17.03 |
| 6. Liesbeth van Mill | Zwemlust- den Hommel | NED 198702786 | 3:17.57 | +0.85 | 44.59 | 1:34.30 | 2:25.35 | 3:17.57 |
| 7. Linda Kuiper | DZ&PC | NED 198802588 | 3:18.74 | +0.77 | 43.92 | 1:34.20 | 2:26.50 | 3:18.74 |
| 8. Rianne Hofland | Sassenheim | NED 198801820 | 3:18.75 | +0.78 | 45.54 | 1:36.01 | 2:27.42 | 3:18.75 |
| 9. Nicole van der Kooij | Old Dutch | NED 198706264 | 3:30.43 | +0.87 | 43.97 | 1:37.89 | 2:33.84 | 3:30.43 |
| 40+ | | | | | | | | |
| 1. Laura Badoux | DAW | NED 198200038 | 2:58.14 | +0.88 | 40.17 | 1:26.12 | 2:12.51 | 2:58.14 |
| 2. Nadya Putter | ZV Vlaardingen-Schiedam | NED 198301630 | 3:06.98 | +0.75 | 42.56 | 1:29.28 | 2:16.65 | 3:06.98 |
| 3. Sabina Romanova | Ukraine Swim | UKR | 3:13.88 | +0.97 | 44.30 | 1:33.13 | 2:23.74 | 3:13.88 |
| <i>Ukrainian Masters Record</i> | | | | | | | | |



Programmanr. 9, Dames, 200m schoolslag

45+

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|----------------------------|----------------------------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. A. Verschoor-Vos | Old Dutch | NED 198102300 | 3:19.95 | +0.83 | 44.23 | 1:34.91 | 2:27.11 | 3:19.95 |
| 2. Tonia Ruybroek | Poseidon'56 | NED 198101290 | 3:22.37 | +0.95 | 44.86 | 1:36.17 | 2:29.69 | 3:22.37 |
| 3. Ilja Janssen | ENC Arnhem | NED 198102234 | 3:22.99 | +0.89 | 46.01 | 1:38.09 | 2:30.32 | 3:22.99 |
| 4. Femke Hofkens | Aqua-Novio '94 | NED 197801094 | 3:37.00 | +0.82 | 49.69 | 1:44.81 | 2:40.99 | 3:37.00 |
| 5. S. van den Bosch - Kent | VZV Njord | NED 197701246 | 3:37.60 | +0.90 | 50.24 | 1:44.93 | 2:41.26 | 3:37.60 |
| 6. Tanja Lenz | Uerdinger Schwimmverein 06 | GER 451703 | 3:38.73 | +0.72 | 49.53 | 1:44.44 | 2:42.68 | 3:38.73 |
| 7. Ute Kremer | SG Erkelenz-Hückelhoven | GER 492223 | 3:52.89 | +0.92 | 53.62 | 1:53.85 | 2:53.58 | 3:52.89 |

50+

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|--------------------------|----------------------------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. Katarzyna Szwagiel | Norder Turnverein von 1861 | GER 432885 | 3:07.49 | +0.78 | 42.61 | 1:30.97 | 2:18.73 | 3:07.49 |
| 2. Nataliia Boryshkevych | Ukraine Swim | UKR | 3:17.56 | +0.80 | 45.87 | 1:37.02 | 2:27.53 | 3:17.56 |
| 3. Katharina Schlipp | AZL | NED 197301004 | 3:17.75 | +0.80 | 44.18 | 1:33.75 | 2:25.12 | 3:17.75 |
| 4. Annett von Rekowski | Schwimmverein Gera | GER 097868 | 3:20.56 | +0.75 | 46.30 | 1:37.29 | 2:28.97 | 3:20.56 |
| 5. Rebecca Irvine-Pronk | De Otters Het Gooi | NED 197500982 | 3:23.42 | +0.84 | 44.71 | 1:34.94 | 2:28.47 | 3:23.42 |
| 6. L. de Pazos Ortega | SSF Bonn | GER 444685 | 3:30.53 | +0.65 | 46.84 | 1:39.08 | 2:34.68 | 3:30.53 |

55+

| | | | | | | | | |
|--------------------------|----------------------|---------------|----------------|-------|---------|---------|---------|---------|
| 1. Annette Wijnja-Visser | De Biesboschzwemmers | NED 196700528 | 3:11.66 | +0.81 | 43.48 | 1:32.02 | 2:21.95 | 3:11.66 |
| 2. Iris van Aurich | DWK | NED 196900866 | 3:26.92 | +0.83 | 48.57 | 1:41.53 | 2:34.35 | 3:26.92 |
| 3. A. Korving-Leijenaar | Aqualero | NED 196700662 | 3:29.74 | +0.81 | 48.12 | 1:41.12 | 2:35.85 | 3:29.74 |
| 4. Irna van der Molen | WS Twente | NED 196900938 | 3:44.21 | +0.70 | 49.43 | 1:46.43 | 2:45.03 | 3:44.21 |
| 5. Jelly-An Grijpma | De Granaet | NED 197001000 | 4:09.86 | +0.86 | 57.21 | 2:01.29 | 3:06.95 | 4:09.86 |
| 6. R. van der Vlugt | De Geul | NED 196700710 | 4:32.98 | +1.03 | 1:02.25 | 2:12.54 | 3:22.67 | 4:32.98 |

60+

| | | | | | | | | |
|--------------------------|--|---------------|----------------|-------|-------|---------|---------|---------|
| 1. M. Remmits-de Lange | ZPC Amersfoort <i>Nederlands Masters Record</i> | NED 196300518 | 3:23.35 | +0.77 | 46.15 | 1:37.83 | 2:31.07 | 3:23.35 |
| 2. K. van Nassau-van den | Old Dutch | NED 196600188 | 3:49.08 | +0.92 | 53.47 | 1:51.93 | 2:50.83 | 3:49.08 |
| 3. Yoka de Vegt-van Dijk | ENC Arnhem | NED 196200420 | 3:49.20 | +0.77 | 53.21 | 1:50.17 | 2:49.37 | 3:49.20 |
| 4. Erica Muller | De Geul | NED 196400412 | 4:17.28 | +0.82 | 57.59 | 2:02.10 | 3:09.57 | 4:17.28 |

65+

| | | | | | | | | |
|-----------------------|----------------|---------------|----------------|-------|---------|---------|---------|---------|
| 1. Petra Tossings | GZC Donk | NED 196100376 | 3:39.07 | +0.87 | 50.64 | 1:46.35 | 2:43.49 | 3:39.07 |
| 2. Linda Wibbelink | Steenwijk 1934 | NED 195900158 | 4:02.30 | +0.79 | 54.83 | 1:56.39 | 3:00.23 | 4:02.30 |
| 3. Hannie Poletiek | TriVia | NED 195900278 | 4:09.64 | +1.02 | 57.79 | 2:00.49 | 3:05.80 | 4:09.64 |
| 4. Lia Bijkerk | GZC Donk | NED 196000014 | 4:16.40 | +0.95 | 57.91 | 2:04.88 | 3:12.38 | 4:16.40 |
| 5. Ria Peters-Veurman | ENC Arnhem | NED 195800242 | 4:31.44 | +1.10 | 1:00.31 | 2:10.19 | 3:22.01 | 4:31.44 |

70+

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|------------------|-----|---------------|----------------|-------|-------|---------|---------|---------|
| 1. Ineke Weekers | PSV | NED 195300050 | 3:48.20 | +0.79 | 52.44 | 1:51.38 | 2:50.56 | 3:48.20 |
|------------------|-----|---------------|----------------|-------|-------|---------|---------|---------|

75+

| | | | | | | | | |
|---------------|-----|---------------|----------------|-------|---------|---------|---------|---------|
| 1. Gonnie Bak | PSV | NED 195100064 | 4:44.75 | +1.06 | 1:05.48 | 2:19.99 | 3:33.23 | 4:44.75 |
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80+

| | | | | | | | | |
|---------------------------|----------------|---------------|----------------|-------|---------|---------|---------|---------|
| 1. L. van Huissteden | ZPC Amersfoort | NED 194500002 | 5:11.76 | +1.15 | 1:11.01 | 2:31.41 | 3:52.70 | 5:11.76 |
| 2. A. Verhoeven - Stegger | De Duinkickers | NED 194600024 | 5:17.78 | +0.90 | 1:06.07 | 2:25.88 | 3:51.44 | 5:17.78 |