



Programmanr. 4
1-5-2026 - 9:30

Heren, 400m vrije slag

Masters Open
Startlijst

naam	vereniging	inschrijftijd					
Serie 1 van 8, 9:30							
3 Piet Schop	De Bevelanders	8:08.05	50m	75+	195000109		
4 Willem Putter	ZV Vlaardingen-Schiedam	7:13.11	50m	80+	194500135		
5 Geza Kaltenecker	AZC	7:55.45	50m	80+	194200065		
Serie 2 van 8, 9:38							
0 Jos Kamps	Zwemvereniging Hoogland	7:09.95	25m	75+	195100085		
1 Laurens Klein Breteler	WS Twente	6:37.62	50m	70+	195400109		
2 Stefan Witwerts	KSN (SG)	6:32.58	25m	45+	197902159		
3 Lex Hoogendam	ZZ&PC De Devel	6:22.65	25m	65+	195700541		
4 Peter Janssen	Team Noord Holland (SG)	6:05.69	25m	60+	196201307		
5 Ramon Alsina Munoz	Cercle De Natation Sportcity Woluv	6:17.18	50m	55+	CNSW/002552/69		
6 Wim de Lange	AZC	6:28.98	50m	65+	195800533		
7 Casper Dollekamp	Steenwijk 1934	6:34.86	25m	60+	196301341		
8 Wout Hemmes	De Plons	6:53.88	50m	75+	194800059		
9 Rob Berkhof	SWOL 1894	7:09.98	50m	70+	195200245		
Serie 3 van 8, 9:45							
0 Jeroen Wilmer	Enkhuizer Zwem Vereniging	5:54.02	50m	60+	196601711		
1 Henk Slomp	De Inktvis	5:45.63	50m	70+	195500359		
2 Rene Janssen	Team Noord Holland (SG)	5:43.74	25m	65+	195700169		
3 Peter Meijer	DZ&PC	5:37.94	50m	50+	197300613		
4 Dirk Zeterberg	Zehlendorfer TSV von 1888	5:34.98	50m	65+	101339		
5 Wouter van der Stelt	De Biesboschzwemmers	5:36.61	25m	50+	197200889		
6 Tom Bandsma	PSV	5:42.49	50m	45+	197701625		
7 Ruben de Boer	Zwemvereniging Hoogland	5:43.85	50m	30+	199301419		
8 Leon Slingerland	WVZ	5:48.77	50m	55+	196801707		
9 Jeroen Hoeksel	ZV Vlaardingen-Schiedam	5:59.14	25m	50+	197401533		
Serie 4 van 8, 9:51							
0 Marten de Groot	HZ&PC Heerenveen	5:31.74	50m	65+	195800149		
1 Kees-Jan van Overbeeke	WWV Winterswijk	5:26.60	50m	60+	196200489		
2 Pieter Veenstra	DZ&PC	5:22.51	50m	50+	197301345		
3 Henri Michels	De Amstel	5:19.52	50m	60+	196501587		
4 Erik Baalbergen	ZVL - 1886	5:18.64	25m	25+	199805775		
5 Sander van Tilburg	De Biesboschzwemmers	5:19.06	25m	40+	198604609		
6 Arjen Nieveen	DZ&PC	5:19.97	50m	45+	198002545		
7 Auke Sijperda	ZPC	5:25.42	50m	25+	199905115		
8 Remco Visser	ZPC Woerden	5:31.60	25m	30+	199503185		
9 Gert Sikkema	Zignea	5:34.81	25m	60+	196300687		
Serie 5 van 8, 9:57							
0 Bruno Nahon	Cercle De Natation Sportcity Woluv	5:14.61	50m	55+	CNSW/000390/70		
1 Rob van Wanrooy	Albion	5:13.26	25m	40+	198202627		
2 Marcel Reefhuis	WS Twente	5:05.16	50m	45+	198101381		
3 Patrick Wyrdean	Westland Swimming Stars	5:04.82	50m	25+	199702475		
4 Jon Christensen	Luxembourg Sharks Swimming Clu	5:02.52	50m	60+	10008		
5 Wessel Everloo	WS Twente	5:04.37	50m	35+	198906597	S14	
6 Richard Ricksen	Hellas-Glana	5:04.83	50m	55+	197000841		
7 Hugues Herman	Cercle De Natation Sportcity Woluv	5:07.05	50m	60+	CNSW/014976/66		
8 Frank van Nobelen	Sassenheim	5:13.91	50m	55+	196900753		
9 Colin Degenaaers	ZPCH	5:18.14	50m	30+	199505951	S14	*



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Serie 6 van 8, 10:03

0	Jordy van Oel	WVZ	4:59.33	50m	25+	199802003	
1	Frank v.d. Voorde	De Schotejil	4:54.85	50m	40+	198302259	
2	Jeroen Matthijssen	AZC	4:50.75	25m	35+	199103751	
3	Wesley van der Luit	Sassenheim	4:48.69	25m	25+	199701895	
4	Lars Jacobsen	DWK	4:45.37	50m	25+	199705453	S14
5	Tim Bunnik	Triton	4:47.44	50m	35+	199000505	
6	Patrick Creemers	SG Patrick - De Roersoppers	4:50.60	50m	35+	199000579	
7	Leon Kloots	ZPC De Hof	4:54.69	50m	25+	200001363	
8	Niels Albrechts	De Schotejil	4:57.07	50m	35+	198800039	
9	Owen Michels	De Amstel	5:00.65	50m	20+	200402293	

Serie 7 van 8, 10:08

0	Christian Kalle	De Schotejil	4:44.45	50m	20+	200400687	
1	Gergely Molnár	Iron Swim	4:43.60	25m	45+	66/752	
2	Bob de Vries	SG Octopus - ZVV	4:42.08	25m	60+	196601101	
3	Niels Kragt	TriVia	4:40.77	50m	20+	200300155	
4	Matthew Humphreys	MSV-Zeemacht	4:37.34	25m	35+	198906983	
5	Dennis Brouwers	HZPC	4:38.83	25m	45+	197800167	
6	Sander Riezebos	WS Twente	4:40.81	25m	30+	199400467	
7	Jesper Pas	VZV Njord	4:43.03	25m	20+	200200967	
8	Pieter Pickhardt	ZPC De Hof	4:44.02	50m	40+	198301657	
9	Oliver Grundmann	SG Essen	4:44.66	25m	45+	501511	

Serie 8 van 8, 10:12

0	Mika Heskamp	De Dinkel	4:36.48	25m	20+	200300339	
1	Jacco Nijland	ZPC De Hof	4:35.05	50m	20+	200400081	
2	Jacob Mackloet	De Schotejil	4:33.10	50m	25+	200001171	
3	Ivo Roozeboom	WVZ	4:30.74	25m	45+	197700801	
4	Mike Schel	ENC Arnhem	4:18.13	25m	30+	199403279	
5	Jasper Breugem	WVZ	4:19.51	25m	25+	200000303	
6	Laurens Kalle	De Schotejil	4:32.61	50m	20+	200600161	
7	Rik Stahlie	TriVia	4:34.33	25m	20+	200201915	
8	Jos de Graaf	PSV	4:35.93	25m	35+	199106095	
9	Tim de Vrugt	ENC Arnhem	4:37.13	25m	30+	199306719	