



Programmanr. 5
1-5-2026 - 10:17

Dames, 400m vrije slag
Pauze na serie 4 / Break after heat 4

Masters Open
Startlijst

naam	vereniging	inschrijftijd				
Serie 1 van 10, 10:17						
0 Loekie van Huissteden	ZPC Amersfoort	9:36.13	50m	80+	194500002	_____
1 Ria Peters-Veurman	ENC Arnhem	8:07.92	25m	65+	195800242	_____
2 Jelinke Nicolai	De Wellerobben	7:42.15	25m	25+	200006844	_____
3 Chantal Wind-Hemme	De Plons	7:36.27	25m	30+	199501292	_____
4 Cora Smulders	ENC Arnhem	7:24.90	50m	60+	196600668	_____
5 Roselinda van der Vlugt	De Geul	7:32.72	25m	55+	196700710	_____
6 F. Gumusburun-De Moor	Istanbul Yuzme Ihtisas Kulubu	7:38.01	50m	55+		_____
7 Betty Wali-Nutma	De Granaet	7:57.09	25m	45+	198101090	_____
8 Karien Musters	Old Dutch	8:57.63	50m	65+	195800236	_____
Serie 2 van 10, 10:27						
0 Yoka de Vegt-van Dijk	ENC Arnhem	7:15.93	50m	60+	196200420	_____
1 Britta Fritz	SC Janus Köln	7:04.46	50m	55+	262038	_____
2 Marion Kolkman-Pluim	ENC Arnhem	6:56.80	50m	65+	196000330	_____
3 Kirsten Stamer	SC Janus Köln	6:53.95	25m	65+	247144	_____
4 Sandra Daamen-Posma	AZC	6:44.29	50m	55+	196800854	_____
5 Lia Bijkerk	GZC Donk	6:48.26	50m	65+	196000014	_____
6 Inge Deutz	ZV Vlaardingen-Schiedam	6:55.28	25m	60+	196600726	_____
7 Kim van Rossum	SBC2000	7:03.06	50m	25+	199706374	_____
8 Clementine van Bruxvoort	Albion	7:13.52	50m	45+	197700138	_____
9 Katinka Elders	HZ&PC Heerenveen	7:24.65	50m	65+	196000292	_____
Serie 3 van 10, 10:34						
0 Annette van Dok	MSV-Zeemacht	6:40.82	25m	55+	196800742	_____
1 Kristien Van de Moortel	Shark	6:25.38	25m	55+	ShaRK/20315/69	_____
2 Karin Sagonas-Koolen	VZV Njord	6:25.09	50m	55+	197000964	_____
3 Marieke Weering	De Plons	6:24.47	25m	35+	198704550	_____
4 Maud Peuten-Evers	Mosa-Regio	6:18.66	50m	60+	196400584	_____
5 Femke Hofkens	Aqua-Novio '94	6:21.38	50m	45+	197801094	_____
6 Marijke Kraak-Beckers	SWOL 1894	6:24.61	25m	65+	196000240	_____
7 Annette Spies	LinK	6:25.24	25m	55+	197001110	_____
8 Jennie Resink-lindeboom	DWK	6:39.36	25m	65+	196000142	_____
9 Kathy Van Lindt	Cercle De Natation Sportcity Woluv	6:42.39	25m	55+	CNSW/007949/71	_____
Serie 4 van 10, 10:41						
0 Cynthia van Veen	BZ en PC	6:15.51	50m	30+	199606736	_____
1 Margriet Grove-Lingeman	Triton	6:13.90	50m	60+	196200080	_____
2 Ineke Weekers	PSV	6:09.69	50m	70+	195300050	_____
3 Cemre Artan Koc	Frekans Yüzme Akademisi Spor Kl	6:02.93	50m	35+		_____
4 Linda Hoogendam	WVZ	5:54.13	25m	40+	198300892	_____
5 Esther Boerdam-Delfos	AZC	6:01.19	50m	35+	198705256	_____
6 Anita Steijger	WVZ	6:04.63	50m	60+	196500628	_____
7 Luisiana Bigea	Sassenheim	6:11.97	50m	45+	197701300	_____
8 Wendy Nederkoorn	Arethusa	6:14.53	50m	50+	197400374	_____
9 Annet Kootstra	SWOL 1894	6:15.82	25m	55+	197100344	_____
Serie 5 van 10, 11:02						
0 Mariska Gach	ZVL - 1886	5:52.78	25m	30+	199501760	_____
1 Mirna Wolters	De Plons	5:49.38	25m	25+	199802046	_____
2 Julia Barke	Zehlendorfer TSV von 1888	5:45.32	50m	50+	480129	_____
3 Liesbeth van Mill	Zwemlust- den Hommel	5:43.96	50m	35+	198702786	_____
4 Jessica Venema	Old Dutch	5:42.08	50m	45+	197901526	_____
5 Anouk van der Lans	Westland Swimming Stars	5:43.54	50m	25+	199801614	_____
6 Sandra Schellekens	Neptunus'58	5:44.34	25m	40+	198503416	_____
7 Ilse Stut	De Otters Het Gooi	5:48.80	50m	20+	200206236	_____
8 Hilma Buiten	MZ&PC De Reest	5:51.19	25m	30+	199407522	_____
9 Nataliia Boryshkevych	Ukraine Swim	5:53.00	50m	50+		_____



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Serie 6 van 10, 11:08

0	Sabrina Boekhout	De Biesboschzwemmers	5:39.06	25m	45+	198100120	_____
1	Evelien de Jong	Neptunia '24	5:37.52	50m	25+	199805316	_____
2	Ramona Linting	AZC	5:35.04	50m	40+	198301274	_____
3	Jessica Dekkinga	Steenwijk 1934	5:34.36	25m	20+	200600180	_____
4	Chantal Verhoeff	Old Dutch	5:32.67	50m	45+	197900912	_____
5	Romée Beverdam	WS Twente	5:33.42	50m	25+	200100158	_____
6	Petra Guijt	Aqua-Novio '94	5:34.79	25m	50+	197600978	_____
7	Wilna Heijman	Steenwijk 1934	5:36.66	25m	60+	196400506	_____
8	Patricia Brooijmans	Old Dutch	5:38.74	50m	45+	197901608	_____
9	Monique van Huizen	AZC	5:41.69	50m	35+	198706236	_____

Serie 7 van 10, 11:14

0	Bianca Groot	MSV-Zeemacht	5:31.45	50m	55+	197000652	_____
1	Irmgard van Weeghel	ENC Arnhem	5:30.58	25m	30+	199204834	_____
2	Lois Hofman	SG Octopus - ZVV	5:24.26	25m	20+	200602040	_____
3	Saskia Bergsma	De Wellerobben	5:20.16	25m	30+	199301686	_____
4	Kiki Bootsman	Azuro	5:19.61	50m	20+	200502850	_____
5	Carol Hollemans	ACZ	5:19.79	50m	55+	196900252	_____
6	Esther Kwebeman	TriVia	5:23.47	25m	35+	199106374	_____
7	Marleen Gerringa-Vos	Batavia Swim	5:24.96	50m	50+	197400598	_____
8	Annette de Visser	Oceanus	5:31.05	50m	55+	197100602	_____
9	Nanda van Heteren	PSV	5:32.43	50m	35+	198901728	_____

Serie 8 van 10, 11:20

0	Dido Toornend	Team Noord Holland (SG)	5:17.17	50m	20+	200501718	_____
1	Larissa Jansen	PSV	5:13.03	50m	30+	199500660	_____
2	Daphne van Tilburg	De Geul	5:10.10	25m	20+	200500580	_____
3	Evita van de Ketterij	De Treffers	5:08.19	25m	40+	198504284	_____
4	Annett von Rekowski	Schwimmverein Gera	5:07.84	50m	50+	097868	_____
5	Relinda Baas	TriVia	5:08.07	25m	35+	198900144	_____
6	Ann Wanter	Zwemclub Geel	5:09.79	50m	40+	ZGEEL/21082/82	_____
7	J. van Omme - van Veen	Zwemvereniging Hoogland	5:12.25	50m	30+	199603192	_____
8	Lidia van Bon-Rosenbrand	ZPC Amersfoort	5:13.84	50m	55+	197000054	_____
9	Wendan Poelstra	TriVia	5:18.59	50m	35+	199102496	_____

Serie 9 van 10, 11:25

0	Anne-Irene Ducheine	Zwemvereniging Hoogland	5:05.36	50m	30+	199506824	_____
1	Tamar Roosen	VZV Njord	5:04.23	25m	20+	200501168	_____
2	Carla Geurts	PSV	5:01.68	50m	55+	197100178	_____
3	Fiona Meuffels	PSV	5:00.56	50m	30+	199504366	_____
4	Lisanne Andeweg	Zuiderzeezwemmers	4:59.14	25m	35+	198800092	_____
5	Noa Oldenhof	ZPCH	4:59.91	25m	25+	199700622	_____
6	Claire Bosch	De Dinkel	5:00.63	25m	20+	200401480	_____
7	Liselotte Schaap	HZ&PC Heerenveen	5:01.88	25m	20+	200603016	_____
8	Maike Zeterberg	Zehlendorfer TSV von 1888	5:04.56	50m	40+	066680	_____
9	Marijke Kommers	NieMo Barracuda	5:07.23	50m	30+	199305334	_____

Serie 10 van 10, 11:30

0	Liselotte Joling	PSV	4:57.61	50m	50+	197500268	_____
1	Feline Slijkhuis	SG Octopus - ZVV	4:53.78	25m	20+	200501042	_____
2	Fabienne Otto	swimART Solingen	4:46.07	50m	25+	271577	_____
3	Tamara Grove	De Dolfijn	4:40.57	50m	30+	199601266	_____
4	Leonie van Noort	WVZ	4:28.11	25m	30+	199301752	_____
5	Laura Setz	Bubble	4:32.89	50m	25+	20000130	_____
6	Sabine Zimmermann	Aachener SV 06	4:44.20	50m	40+	101578	_____
7	Femke Backx	Orca	4:51.70	50m	25+	200106430	_____
8	Michanne Steenbergen	Otter SC	4:57.00	25m	30+	1821931	_____
9	Myra Smulders	Zwemvereniging Hoogland	4:58.44	50m	25+	199904308	_____