



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



1 - ONMK2026lb - Sessie 1

30-4-2026 - 12:30

Programmanr. 2  
30-4-2026 - 12:30

Heren, 1500m vrije slag  
Pauze na serie 4 / Break after heat 4

Masters Open  
Resultaten

rang	naam	vereniging	tijd	RT	PARA			
<b>20+</b>								
1.	Jacco Nijland	ZPC De Hof	NED 200400081	<b>19:16.50</b>	+0,84			
	50m: 33.05	33.05	450m: 5:38.28	38.94	850m: 10:52.67	39.62	1250m: 16:08.99	39.67
	100m: 1:09.60	36.55	500m: 6:16.74	38.46	900m: 11:31.81	39.14	1300m: 16:48.45	39.46
	150m: 1:46.86	37.26	550m: 6:56.35	39.61	950m: 12:11.38	39.57	1350m: 17:28.01	39.56
	200m: 2:24.70	37.84	600m: 7:35.48	39.13	1000m: 12:50.92	39.54	1400m: 18:07.66	39.65
	250m: 3:03.04	38.34	650m: 8:15.02	39.54	1050m: 13:30.52	39.60	1450m: 18:45.69	38.03
	300m: 3:41.65	38.61	700m: 8:54.06	39.04	1100m: 14:10.02	39.50	1500m: 19:16.50	30.81
	350m: 4:20.39	38.74	750m: 9:33.18	39.12	1150m: 14:49.62	39.60		
	400m: 4:59.34	38.95	800m: 10:13.05	39.87	1200m: 15:29.32	39.70		
2.	Jesper Pas	VZV Njord	NED 200200967	<b>19:37.29</b>	+0,79			
	50m: 32.63	32.63	450m: 5:43.31	39.61	850m: 11:06.27	40.37	1250m: 16:27.88	39.26
	100m: 1:09.81	37.18	500m: 6:23.10	39.79	900m: 11:47.01	40.74	1300m: 17:07.28	39.40
	150m: 1:47.89	38.08	550m: 7:03.07	39.97	950m: 12:27.33	40.32	1350m: 17:46.31	39.03
	200m: 2:26.61	38.72	600m: 7:43.68	40.61	1000m: 13:08.05	40.72	1400m: 18:25.41	39.10
	250m: 3:05.46	38.85	650m: 8:24.04	40.36	1050m: 13:48.85	40.80	1450m: 19:02.75	37.34
	300m: 3:45.05	39.59	700m: 9:05.38	41.34	1100m: 14:29.19	40.34	1500m: 19:37.29	34.54
	350m: 4:24.38	39.33	750m: 9:45.11	39.73	1150m: 15:08.58	39.39		
	400m: 5:03.70	39.32	800m: 10:25.90	40.79	1200m: 15:48.62	40.04		
3.	Marijn Snel	IJsselmeer	NED 200400001	<b>21:47.73</b>	+0,74			
	50m: 33.10	33.10	450m: 6:06.36	43.35	850m: 12:02.92	43.21	1250m: 18:04.38	44.97
	100m: 1:12.27	39.17	500m: 6:50.86	44.50	900m: 12:48.04	45.12	1300m: 18:49.98	45.60
	150m: 1:51.92	39.65	550m: 7:35.15	44.29	950m: 13:32.55	44.51	1350m: 19:34.58	44.60
	200m: 2:32.74	40.82	600m: 8:20.14	44.99	1000m: 14:17.30	44.75	1400m: 20:19.76	45.18
	250m: 3:14.59	41.85	650m: 9:04.71	44.57	1050m: 15:02.26	44.96	1450m: 21:03.80	44.04
	300m: 3:57.33	42.74	700m: 9:50.27	45.56	1100m: 15:47.36	45.10	1500m: 21:47.73	43.93
	350m: 4:39.49	42.16	750m: 10:35.34	45.07	1150m: 16:33.20	45.84		
	400m: 5:23.01	43.52	800m: 11:19.71	44.37	1200m: 17:19.41	46.21		
4.	Jesse Bruines	Batavia Swim	NED 200402413	<b>22:20.34</b>	+0,81			
	<i>Nederlands Para Record</i>				S8			
	50m: 38.75	38.75	450m: 6:36.72	45.48	850m: 12:38.71	45.15	1250m: 18:39.61	46.08
	100m: 1:21.50	42.75	500m: 7:22.09	45.37	900m: 13:23.42	44.71	1300m: 19:24.93	45.32
	150m: 2:06.28	44.78	550m: 8:07.34	45.25	950m: 14:08.42	45.00	1350m: 20:10.67	45.74
	200m: 2:51.21	44.93	600m: 8:52.22	44.88	1000m: 14:53.33	44.91	1400m: 20:54.55	43.88
	250m: 3:35.62	44.41	650m: 9:38.01	45.79	1050m: 15:38.57	45.24	1450m: 21:39.41	44.86
	300m: 4:20.68	45.06	700m: 10:23.01	45.00	1100m: 16:23.43	44.86	1500m: 22:20.34	40.93
	350m: 5:06.25	45.57	750m: 11:08.04	45.03	1150m: 17:08.79	45.36		
	400m: 5:51.24	44.99	800m: 11:53.56	45.52	1200m: 17:53.53	44.74		
<b>25+</b>								
1.	Lars Jacobsen	DWK	NED 199705453	<b>19:36.99</b>	+0,81			
	50m: 31.77	31.77	450m: 5:39.06	39.53	850m: 11:00.86	39.59	1250m: 16:25.66	40.24
	100m: 1:07.82	36.05	500m: 6:18.35	39.29	900m: 11:41.43	40.57	1300m: 17:06.58	40.92
	150m: 1:44.95	37.13	550m: 6:57.86	39.51	950m: 12:21.57	40.14	1350m: 17:47.37	40.79
	200m: 2:23.01	38.06	600m: 7:38.52	40.66	1000m: 13:02.92	41.35	1400m: 18:25.74	38.37
	250m: 3:01.35	38.34	650m: 8:17.57	39.05	1050m: 13:42.46	39.54	1450m: 19:03.36	37.62
	300m: 3:40.65	39.30	700m: 8:58.69	41.12	1100m: 14:23.47	41.01	1500m: 19:36.99	33.63
	350m: 4:19.74	39.09	750m: 9:39.86	41.17	1150m: 15:03.78	40.31		
	400m: 4:59.53	39.79	800m: 10:21.27	41.41	1200m: 15:45.42	41.64		
2.	Leon Kloots	ZPC De Hof	NED 200001363	<b>19:40.64</b>	+0,91			
	50m: 32.77	32.77	450m: 5:43.35	39.32	850m: 10:59.93	40.04	1250m: 16:21.49	40.67
	100m: 1:09.88	37.11	500m: 6:22.50	39.15	900m: 11:39.57	39.64	1300m: 17:02.15	40.66
	150m: 1:48.29	38.41	550m: 7:02.09	39.59	950m: 12:19.53	39.96	1350m: 17:42.18	40.03
	200m: 2:26.63	38.34	600m: 7:41.20	39.11	1000m: 12:59.73	40.20	1400m: 18:22.34	40.16
	250m: 3:05.84	39.21	650m: 8:21.05	39.85	1050m: 13:40.02	40.29	1450m: 19:02.27	39.93
	300m: 3:44.49	38.65	700m: 9:00.52	39.47	1100m: 14:20.06	40.04	1500m: 19:40.64	38.37
	350m: 4:24.33	39.84	750m: 9:40.20	39.68	1150m: 15:00.46	40.40		
	400m: 5:04.03	39.70	800m: 10:19.89	39.69	1200m: 15:40.82	40.36		





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Programmanr. 2, Heren, 1500m vrije slag, 25+

rang	naam	vereniging	tijd	RT	PARA			
3.	Dries Cavelaars	ZPC Amersfoort	NED 199804597	<b>20:46.98</b>	+0,71			
	50m: 34.82	34.82	450m: 6:08.24	43.04	850m: 11:47.17	42.62	1250m: 17:23.70	42.22
	100m: 1:13.91	39.09	500m: 6:50.04	41.80	900m: 12:29.40	42.23	1300m: 18:05.63	41.93
	150m: 1:54.90	40.99	550m: 7:32.69	42.65	950m: 13:12.11	42.71	1350m: 18:48.32	42.69
	200m: 2:36.18	41.28	600m: 8:14.14	41.45	1000m: 13:54.06	41.95	1400m: 19:29.07	40.75
	250m: 3:18.51	42.33	650m: 8:56.80	42.66	1050m: 14:35.92	41.86	1450m: 20:10.20	41.13
	300m: 4:00.63	42.12	700m: 9:39.19	42.39	1100m: 15:17.22	41.30	1500m: 20:46.98	36.78
	350m: 4:42.98	42.35	750m: 10:22.18	42.99	1150m: 15:59.67	42.45		
	400m: 5:25.20	42.22	800m: 11:04.55	42.37	1200m: 16:41.48	41.81		
4.	Teun van Rooij	VZ&PC Nautilus	NED 199904387	<b>21:05.62</b>	+0,67			
	50m: 35.11	35.11	450m: 6:13.06	42.55	850m: 11:54.13	42.59	1250m: 17:35.49	41.91
	100m: 1:15.24	40.13	500m: 6:55.55	42.49	900m: 12:37.21	43.08	1300m: 18:18.43	42.94
	150m: 1:57.30	42.06	550m: 7:38.48	42.93	950m: 13:20.08	42.87	1350m: 19:00.30	41.87
	200m: 2:39.47	42.17	600m: 8:20.83	42.35	1000m: 14:02.75	42.67	1400m: 19:42.71	42.41
	250m: 3:22.22	42.75	650m: 9:03.27	42.44	1050m: 14:45.54	42.79	1450m: 20:24.83	42.12
	300m: 4:04.67	42.45	700m: 9:45.83	42.56	1100m: 15:28.24	42.70	1500m: 21:05.62	40.79
	350m: 4:47.78	43.11	750m: 10:28.95	43.12	1150m: 16:10.99	42.75		
	400m: 5:30.51	42.73	800m: 11:11.54	42.59	1200m: 16:53.58	42.59		
5.	Erik Baalbergen	ZVL - 1886	NED 199805775	<b>21:55.41</b>	+0,85			
	50m: 33.52	33.52	450m: 6:14.57	44.71	850m: 12:12.62	45.40	1250m: 18:13.19	45.72
	100m: 1:11.95	38.43	500m: 6:58.90	44.33	900m: 12:57.76	45.14	1300m: 18:58.34	45.15
	150m: 1:52.36	40.41	550m: 7:43.68	44.78	950m: 13:42.68	44.92	1350m: 19:43.66	45.32
	200m: 2:34.44	42.08	600m: 8:28.14	44.46	1000m: 14:26.91	44.23	1400m: 20:28.51	44.85
	250m: 3:17.60	43.16	650m: 9:12.88	44.74	1050m: 15:12.12	45.21	1450m: 21:13.64	45.13
	300m: 4:01.44	43.84	700m: 9:57.32	44.44	1100m: 15:56.98	44.86	1500m: 21:55.41	41.77
	350m: 4:45.74	44.30	750m: 10:42.50	45.18	1150m: 16:42.70	45.72		
	400m: 5:29.86	44.12	800m: 11:27.22	44.72	1200m: 17:27.47	44.77		
6.	Bart Klootwijk	DES	NED 199801353	<b>23:24.97</b>	+0,84			
	50m: 37.63	37.63	450m: 6:43.17	46.95	850m: 13:02.92	47.60	1250m: 19:29.29	48.96
	100m: 1:21.49	43.86	500m: 7:30.54	47.37	900m: 13:50.55	47.63	1300m: 20:17.89	48.60
	150m: 2:06.78	45.29	550m: 8:17.42	46.88	950m: 14:38.24	47.69	1350m: 21:06.84	48.95
	200m: 2:52.05	45.27	600m: 9:04.31	46.89	1000m: 15:26.54	48.30	1400m: 21:54.82	47.98
	250m: 3:37.64	45.59	650m: 9:52.33	48.02	1050m: 16:14.96	48.42	1450m: 22:42.26	47.44
	300m: 4:23.53	45.89	700m: 10:39.33	47.00	1100m: 17:03.39	48.43	1500m: 23:24.97	42.71
	350m: 5:09.80	46.27	750m: 11:27.20	47.87	1150m: 17:52.04	48.65		
	400m: 5:56.22	46.42	800m: 12:15.32	48.12	1200m: 18:40.33	48.29		

30+

1.	Lester Snackers	HZPC	NED 199400947	<b>19:11.59</b>	+0,89			
	50m: 31.71	31.71	450m: 5:32.55	38.20	850m: 10:40.99	38.85	1250m: 15:54.70	39.58
	100m: 1:07.62	35.91	500m: 6:10.82	38.27	900m: 11:20.08	39.09	1300m: 16:34.12	39.42
	150m: 1:44.67	37.05	550m: 6:49.55	38.73	950m: 11:58.92	38.84	1350m: 17:14.12	40.00
	200m: 2:22.18	37.51	600m: 7:28.07	38.52	1000m: 12:37.81	38.89	1400m: 17:53.61	39.49
	250m: 2:59.92	37.74	650m: 8:06.57	38.50	1050m: 13:16.81	39.00	1450m: 18:33.23	39.62
	300m: 3:37.80	37.88	700m: 8:44.85	38.28	1100m: 13:56.16	39.35	1500m: 19:11.59	38.36
	350m: 4:16.33	38.53	750m: 9:23.47	38.62	1150m: 14:35.68	39.52		
	400m: 4:54.35	38.02	800m: 10:02.14	38.67	1200m: 15:15.12	39.44		
2.	John Smit	Poseidon'56	NED 199500613	<b>20:33.98</b>	+0,80			
	50m: 35.51	35.51	450m: 5:56.48	40.62	850m: 11:25.26	41.40	1250m: 17:33.03	43.07
	100m: 1:13.86	38.35	500m: 6:37.18	40.70	900m: 12:06.86	41.60	1300m: 17:45.80	42.77
	150m: 1:53.70	39.84	550m: 7:18.02	40.84	950m: 12:48.91	42.05	1350m: 18:28.54	42.74
	200m: 2:34.17	40.47	600m: 7:58.94	40.92	1000m: 13:30.82	41.91	1400m: 19:10.74	42.20
	250m: 3:14.58	40.41	650m: 8:40.20	41.26	1050m: 14:12.75	41.93	1450m: 19:53.18	42.44
	300m: 3:55.38	40.80	700m: 9:21.40	41.20	1100m: 14:54.98	42.23	1500m: 20:33.98	40.80
	350m: 4:35.66	40.28	750m: 10:02.84	41.44	1150m: 15:37.54	42.56		
	400m: 5:15.86	40.20	800m: 10:43.86	41.02	1200m: 16:19.96	42.42		
3.	Colin Degenars	ZPCH	NED 199505951	S14 <b>20:49.26</b>	+0,81			
	50m: 35.78	35.78	450m: 6:10.85	42.77	850m: 11:51.12	42.41	1250m: 17:28.26	41.94
	100m: 1:15.77	39.99	500m: 6:53.75	42.90	900m: 12:34.17	43.05	1300m: 18:10.61	42.35
	150m: 1:57.01	41.24	550m: 7:35.66	41.91	950m: 13:15.82	41.65	1350m: 18:51.83	41.22
	200m: 2:39.11	42.10	600m: 8:18.47	42.81	1000m: 13:58.17	42.35	1400m: 19:32.27	40.44
	250m: 3:20.91	41.80	650m: 9:00.85	42.38	1050m: 14:40.27	42.10	1450m: 20:11.87	39.60
	300m: 4:03.47	42.56	700m: 9:43.78	42.93	1100m: 15:22.11	41.84	1500m: 20:49.26	37.39
	350m: 4:45.47	42.00	750m: 10:26.07	42.29	1150m: 16:03.50	41.39		
	400m: 5:28.08	42.61	800m: 11:08.71	42.64	1200m: 16:46.32	42.82		
4.	Remco Visser	ZPC Woerden	NED 199503185	<b>22:19.54</b>	+0,84			
	50m: 36.80	36.80	450m: 6:26.61	45.60	850m: 12:30.70	45.08	1250m: 18:37.99	45.19
	100m: 1:17.66	40.86	500m: 7:12.48	45.87	900m: 13:16.19	45.49	1300m: 19:22.42	44.43
	150m: 1:59.69	42.03	550m: 7:58.10	45.62	950m: 14:02.24	46.05	1350m: 20:07.45	45.03
	200m: 2:42.81	43.12	600m: 8:43.48	45.38	1000m: 14:48.90	46.66	1400m: 20:51.87	44.42
	250m: 3:26.44	43.63	650m: 9:29.41	45.93	1050m: 15:34.86	45.96	1450m: 21:36.14	44.27
	300m: 4:10.88	44.44	700m: 10:15.44	46.03	1100m: 16:20.67	45.81	1500m: 22:19.54	43.40
	350m: 4:55.50	44.62	750m: 11:00.32	44.88	1150m: 17:07.09	46.42		
	400m: 5:41.01	45.51	800m: 11:45.62	45.30	1200m: 17:52.80	45.71		





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 2, Heren, 1500m vrije slag

35+

<b>1. Tim Bunnik</b>		<b>Triton</b>		<b>NED 199000505</b>		<b>19:22.21</b>		<b>+0,79</b>			
50m:	33.72	33.72	450m:	5:49.04	39.46	850m:	11:03.71	38.47	1250m:	16:12.94	38.82
100m:	1:11.63	37.91	500m:	6:28.89	39.85	900m:	11:42.74	39.03	1300m:	16:51.71	38.77
150m:	1:49.97	38.34	550m:	7:07.91	39.02	950m:	12:21.49	38.75	1350m:	17:30.95	39.24
200m:	2:29.26	39.29	600m:	7:47.45	39.54	1000m:	13:00.46	38.97	1400m:	18:09.18	38.23
250m:	3:08.98	39.72	650m:	8:26.63	39.18	1050m:	13:39.16	38.70	1450m:	18:46.14	36.96
300m:	3:49.16	40.18	700m:	9:06.52	39.89	1100m:	14:17.41	38.25	1500m:	19:22.21	36.07
350m:	4:29.26	40.10	750m:	9:46.35	39.83	1150m:	14:55.71	38.30			
400m:	5:09.58	40.32	800m:	10:25.24	38.89	1200m:	15:34.12	38.41			
<b>2. Patrick Creemers</b>		<b>SG Patrick - De Roersoppers</b>		<b>NED 199000579</b>		<b>19:37.08</b>		<b>+0,77</b>			
50m:	32.71	32.71	450m:	5:46.68	39.92	850m:	11:05.94	39.61	1250m:	16:24.40	39.43
100m:	1:10.12	37.41	500m:	6:26.56	39.88	900m:	11:45.72	39.78	1300m:	17:03.77	39.37
150m:	1:49.16	39.04	550m:	7:06.70	40.14	950m:	12:25.18	39.46	1350m:	17:43.41	39.64
200m:	2:28.24	39.08	600m:	7:46.45	39.75	1000m:	13:05.08	39.90	1400m:	18:21.90	38.49
250m:	3:07.49	39.25	650m:	8:26.25	39.80	1050m:	13:45.24	40.16	1450m:	19:00.09	38.19
300m:	3:47.09	39.60	700m:	9:06.08	39.83	1100m:	14:24.61	39.37	1500m:	19:37.08	36.99
350m:	4:27.34	40.25	750m:	9:46.29	40.21	1150m:	15:04.57	39.96			
400m:	5:06.76	39.42	800m:	10:26.33	40.04	1200m:	15:44.97	40.40			
<b>3. Niels Albrechts</b>		<b>De Schotejil</b>		<b>NED 198800039</b>		<b>19:55.29</b>		<b>+0,88</b>			
50m:	35.54	35.54	450m:	5:52.08	39.82	850m:	11:10.41	40.14	1250m:	16:34.10	40.98
100m:	1:13.44	37.90	500m:	6:31.32	39.24	900m:	11:49.60	39.19	1300m:	17:14.84	40.74
150m:	1:52.41	38.97	550m:	7:11.36	40.04	950m:	12:30.24	40.64	1350m:	17:55.97	41.13
200m:	2:31.75	39.34	600m:	7:50.79	39.43	1000m:	13:10.65	40.41	1400m:	18:36.45	40.48
250m:	3:11.73	39.98	650m:	8:30.38	39.59	1050m:	13:51.31	40.66	1450m:	19:17.87	41.42
300m:	3:51.58	39.85	700m:	9:10.56	40.18	1100m:	14:31.75	40.44	1500m:	19:55.29	37.42
350m:	4:31.72	40.14	750m:	9:50.38	39.82	1150m:	15:12.65	40.90			
400m:	5:12.26	40.54	800m:	10:30.27	39.89	1200m:	15:53.12	40.47			
<b>4. Wessel Everloo</b>		<b>WS Twente</b>		<b>NED 198906597</b>		<b>S14</b>		<b>19:58.27</b>			
50m:	34.48	34.48	450m:	5:52.14	39.31	850m:	11:16.74	40.57	1250m:	16:41.58	40.13
100m:	1:13.67	39.19	500m:	6:32.29	40.15	900m:	11:57.23	40.49	1300m:	17:21.91	40.33
150m:	1:53.96	40.29	550m:	7:12.85	40.56	950m:	12:36.97	39.74	1350m:	18:01.38	39.47
200m:	2:34.02	40.06	600m:	7:53.64	40.79	1000m:	13:18.24	41.27	1400m:	18:42.25	40.87
250m:	3:13.97	39.95	650m:	8:33.81	40.17	1050m:	13:58.50	40.26	1450m:	19:20.57	38.32
300m:	3:53.87	39.90	700m:	9:14.76	40.95	1100m:	14:39.75	41.25	1500m:	19:58.27	37.70
350m:	4:33.11	39.24	750m:	9:54.81	40.05	1150m:	15:20.37	40.62			
400m:	5:12.83	39.72	800m:	10:36.17	41.36	1200m:	16:01.45	41.08			
<b>5. Matthew Humphreys</b>		<b>MSV-Zeemacht</b>		<b>NED 198906983</b>		<b>20:10.53</b>		<b>+0,81</b>			
50m:	33.72	33.72	450m:	5:48.66	39.54	850m:	11:06.33	39.15	1250m:	16:37.74	42.15
100m:	1:11.36	37.64	500m:	6:28.69	40.03	900m:	11:46.95	40.62	1300m:	17:20.02	42.28
150m:	1:49.60	38.24	550m:	7:08.19	39.50	950m:	12:27.41	40.46	1350m:	18:02.39	42.37
200m:	2:28.89	39.29	600m:	7:47.68	39.49	1000m:	13:08.54	41.13	1400m:	18:44.40	42.01
250m:	3:08.65	39.76	650m:	8:27.39	39.71	1050m:	13:49.71	41.17	1450m:	19:27.47	43.07
300m:	3:48.91	40.26	700m:	9:07.41	40.02	1100m:	14:31.68	41.97	1500m:	20:10.53	43.06
350m:	4:29.06	40.15	750m:	9:47.58	40.17	1150m:	15:13.41	41.73			
400m:	5:09.12	40.06	800m:	10:27.18	39.60	1200m:	15:55.59	42.18			
<b>6. Eric Kalee</b>		<b>Zwemvereniging Hoogland</b>		<b>NED 199005307</b>		<b>21:08.47</b>		<b>+0,85</b>			
50m:	36.47	36.47	450m:	6:11.99	42.66	850m:	11:52.78	42.81	1250m:	17:36.67	42.99
100m:	1:17.01	40.54	500m:	6:55.03	43.04	900m:	12:35.42	42.64	1300m:	18:19.26	42.59
150m:	1:58.89	41.88	550m:	7:37.70	42.67	950m:	13:18.29	42.87	1350m:	19:02.43	43.17
200m:	2:41.03	42.14	600m:	8:19.77	42.07	1000m:	14:00.93	42.64	1400m:	19:45.10	42.67
250m:	3:23.08	42.05	650m:	9:02.59	42.82	1050m:	14:44.21	43.28	1450m:	20:27.44	42.34
300m:	4:05.07	41.99	700m:	9:45.04	42.45	1100m:	15:27.21	43.00	1500m:	21:08.47	41.03
350m:	4:47.24	42.17	750m:	10:27.90	42.86	1150m:	16:10.62	43.41			
400m:	5:29.33	42.09	800m:	11:09.97	42.07	1200m:	16:53.68	43.06			

40+

<b>1. Pieter Pickhardt</b>		<b>ZPC De Hof</b>		<b>NED 198301657</b>		<b>19:38.89</b>		<b>+0,87</b>			
50m:	33.70	33.70	450m:	5:37.81	38.89	850m:	10:54.08	40.13	1250m:	16:18.14	40.54
100m:	1:10.06	36.36	500m:	6:16.69	38.88	900m:	11:34.28	40.20	1300m:	16:58.89	40.75
150m:	1:47.37	37.31	550m:	6:55.67	38.98	950m:	12:14.82	40.54	1350m:	17:39.54	40.65
200m:	2:25.09	37.72	600m:	7:34.92	39.25	1000m:	12:55.16	40.34	1400m:	18:20.09	40.55
250m:	3:03.14	38.05	650m:	8:14.48	39.56	1050m:	13:35.83	40.67	1450m:	19:00.54	40.45
300m:	3:41.41	38.27	700m:	8:54.05	39.57	1100m:	14:15.98	40.15	1500m:	19:38.89	38.35
350m:	4:20.39	38.98	750m:	9:34.14	40.09	1150m:	14:56.76	40.78			
400m:	4:58.92	38.53	800m:	10:13.95	39.81	1200m:	15:37.60	40.84			
<b>2. Frank v.d. Voordt</b>		<b>De Schotejil</b>		<b>NED 198302259</b>		<b>20:26.22</b>		<b>+0,83</b>			
50m:	34.37	34.37	450m:	5:52.82	40.43	850m:	11:17.82	40.74	1250m:	16:51.46	42.57
100m:	1:12.69	38.32	500m:	6:32.89	40.07	900m:	11:59.03	41.21	1300m:	17:33.90	42.44
150m:	1:51.84	39.15	550m:	7:13.23	40.34	950m:	12:40.41	41.38	1350m:	18:17.07	43.17
200m:	2:31.61	39.77	600m:	7:53.94	40.71	1000m:	13:22.09	41.68	1400m:	19:00.54	43.47
250m:	3:11.62	40.01	650m:	8:34.79	40.85	1050m:	14:03.83	41.74	1450m:	19:43.91	43.37
300m:	3:51.97	40.35	700m:	9:15.56	40.77	1100m:	14:45.27	41.44	1500m:	20:26.22	42.31
350m:	4:32.06	40.09	750m:	9:56.47	40.91	1150m:	15:27.25	41.98			
400m:	5:12.39	40.33	800m:	10:37.08	40.61	1200m:	16:08.89	41.64			



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 2, Heren, 1500m vrije slag, 40+

rang	naam	vereniging	tijd	RT	PARA
3.	Sander van Tilburg	De Biesboschzwemmers	<b>22:17.34</b>	+0,88	
	50m: 37.91	37.91 450m: 6:35.93 44.77	850m: 12:35.65 44.58	1250m: 18:35.67 44.29	
	100m: 1:20.56	42.65 500m: 7:22.62 46.69	900m: 13:20.91 45.26	1300m: 19:21.59 45.92	
	150m: 2:03.96	43.40 550m: 8:06.86 44.24	950m: 14:05.37 44.46	1350m: 20:05.71 44.12	
	200m: 2:48.99	45.03 600m: 8:52.32 45.46	1000m: 14:50.53 45.16	1400m: 20:50.93 45.22	
	250m: 3:33.65	44.66 650m: 9:35.99 43.67	1050m: 15:35.51 44.98	1450m: 21:34.92 43.99	
	300m: 4:19.94	46.29 700m: 10:21.18 45.19	1100m: 16:21.30 45.79	1500m: 22:17.34 42.42	
	350m: 5:05.26	45.32 750m: 11:05.96 44.78	1150m: 17:05.69 44.39		
	400m: 5:51.16	45.90 800m: 11:51.07 45.11	1200m: 17:51.38 45.69		
4.	Rob van Wanrooy	Albion	<b>22:17.47</b>	+0,82	
	50m: 39.48	39.48 450m: 6:39.67 44.69	850m: 12:41.68 44.91	1250m: 18:38.94 44.01	
	100m: 1:23.42	43.94 500m: 7:25.35 45.68	900m: 13:26.59 44.91	1300m: 19:23.13 44.19	
	150m: 2:08.80	45.38 550m: 8:10.63 45.28	950m: 14:11.66 45.07	1350m: 20:07.41 44.28	
	200m: 2:54.71	45.91 600m: 8:56.18 45.55	1000m: 14:56.56 44.90	1400m: 20:51.60 44.19	
	250m: 3:39.74	45.03 650m: 9:41.89 45.71	1050m: 15:41.31 44.75	1450m: 21:35.43 43.83	
	300m: 4:25.13	45.39 700m: 10:27.30 45.41	1100m: 16:26.22 44.91	1500m: 22:17.47 42.04	
	350m: 5:09.96	44.83 750m: 11:12.24 44.94	1150m: 17:10.36 44.14		
	400m: 5:54.98	45.02 800m: 11:56.77 44.53	1200m: 17:54.93 44.57		
<b>45+</b>					
1.	Gergely Molnár	Iron Swim	<b>18:45.11</b>	+0,80	
	50m: 32.90	32.90 450m: 5:32.01 37.76	850m: 10:35.63 38.13	1250m: 15:38.54 37.86	
	100m: 1:09.19	36.29 500m: 6:10.13 38.12	900m: 11:13.02 37.39	1300m: 16:16.07 37.53	
	150m: 1:46.47	37.28 550m: 6:48.36 38.23	950m: 11:50.89 37.87	1350m: 16:53.42 37.35	
	200m: 2:23.29	36.82 600m: 7:26.38 38.02	1000m: 12:28.72 37.83	1400m: 17:31.28 37.86	
	250m: 3:01.28	37.99 650m: 8:03.99 37.61	1050m: 13:07.13 38.41	1450m: 18:08.95 37.67	
	300m: 3:38.65	37.37 700m: 8:41.92 37.93	1100m: 13:44.50 37.37	1500m: 18:45.11 36.16	
	350m: 4:16.61	37.96 750m: 9:20.09 38.17	1150m: 14:22.87 38.37		
	400m: 4:54.25	37.64 800m: 9:57.50 37.41	1200m: 15:00.68 37.81		
2.	Martijn Butter	OEZA	<b>18:53.47</b>	+0,84	
	50m: 34.17	34.17 450m: 5:34.08 37.69	850m: 10:37.12 38.36	1250m: 15:44.72 38.81	
	100m: 1:10.87	36.70 500m: 6:11.56 37.48	900m: 11:15.32 38.20	1300m: 16:23.20 38.48	
	150m: 1:48.30	37.43 550m: 6:49.40 37.84	950m: 11:53.74 38.42	1350m: 17:01.60 38.40	
	200m: 2:25.74	37.44 600m: 7:26.82 37.42	1000m: 12:31.77 38.03	1400m: 17:40.02 38.42	
	250m: 3:03.40	37.66 650m: 8:04.74 37.92	1050m: 13:10.34 38.57	1450m: 18:18.10 38.08	
	300m: 3:41.00	37.60 700m: 8:42.42 37.68	1100m: 13:48.55 38.21	1500m: 18:53.47 35.37	
	350m: 4:18.89	37.89 750m: 9:20.56 38.14	1150m: 14:27.21 38.66		
	400m: 4:56.39	37.50 800m: 9:58.76 38.20	1200m: 15:05.91 38.70		
3.	Marcel Reefhuis	WS Twente	<b>20:40.16</b>	+0,74	
	50m: 34.91	34.91 450m: 5:59.89 40.76	850m: 11:27.09 41.09	1250m: 17:03.63 43.06	
	100m: 1:14.60	39.69 500m: 6:40.60 40.71	900m: 12:08.14 41.05	1300m: 17:47.10 43.47	
	150m: 1:55.28	40.68 550m: 7:21.67 41.07	950m: 12:49.70 41.56	1350m: 18:30.65 43.55	
	200m: 2:36.19	40.91 600m: 8:02.67 41.00	1000m: 13:31.40 41.70	1400m: 19:14.33 43.68	
	250m: 3:16.96	40.77 650m: 8:43.39 40.72	1050m: 14:13.53 42.13	1450m: 19:58.37 44.04	
	300m: 3:57.75	40.79 700m: 9:24.33 40.94	1100m: 14:55.56 42.03	1500m: 20:40.16 41.79	
	350m: 4:38.32	40.57 750m: 10:05.21 40.88	1150m: 15:37.79 42.23		
	400m: 5:19.13	40.81 800m: 10:46.00 40.79	1200m: 16:20.57 42.78		
4.	Freddie Geerlings	Zwemsport Parkstad	<b>21:20.18</b>		
	50m: 37.32	37.32 450m: 6:17.11 42.14	850m: 12:00.27 42.07	1250m: 17:46.02 42.69	
	100m: 1:18.84	41.52 500m: 7:00.37 43.26	900m: 12:43.40 43.13	1300m: 18:29.77 43.75	
	150m: 2:01.19	42.35 550m: 7:43.11 42.74	950m: 13:26.56 43.16	1350m: 19:12.47 42.70	
	200m: 2:44.25	43.06 600m: 8:26.57 43.46	1000m: 14:10.37 43.81	1400m: 19:56.71 44.24	
	250m: 3:26.32	42.07 650m: 9:08.92 42.35	1050m: 14:53.49 43.12	1450m: 20:39.91 43.20	
	300m: 4:09.49	43.17 700m: 9:52.88 43.96	1100m: 15:37.11 43.62	1500m: 21:20.18 40.27	
	350m: 4:51.78	42.29 750m: 10:35.08 42.20	1150m: 16:19.83 42.72		
	400m: 5:34.97	43.19 800m: 11:18.20 43.12	1200m: 17:03.33 43.50		
5.	Tom Bandsma	PSV	<b>22:47.40</b>		
	50m: 40.02	40.02 450m: 6:49.22 46.05	850m: 12:57.23 45.00	1250m: 19:02.24 45.72	
	100m: 1:24.25	44.23 500m: 7:35.94 46.72	900m: 13:43.41 46.18	1300m: 19:48.36 46.12	
	150m: 2:10.01	45.76 550m: 8:21.83 45.89	950m: 14:28.12 44.71	1350m: 20:33.46 45.10	
	200m: 2:56.79	46.78 600m: 9:08.32 46.49	1000m: 15:13.72 45.60	1400m: 21:19.75 46.29	
	250m: 3:42.84	46.05 650m: 9:53.85 45.53	1050m: 15:58.85 45.13	1450m: 22:04.59 44.84	
	300m: 4:29.95	47.11 700m: 10:40.38 46.53	1100m: 16:45.24 46.39	1500m: 22:47.40 42.81	
	350m: 5:16.45	46.50 750m: 11:26.13 45.75	1150m: 17:30.42 45.18		
	400m: 6:03.17	46.72 800m: 12:12.23 46.10	1200m: 18:16.52 46.10		

50+





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 2, Heren, 1500m vrije slag, 50+

rang	naam	vereniging	tijd	RT	PARA			
1.	Jeroen Hoeksels	ZV Vlaardingen-Schiedam	<b>25:29.87</b>	<b>+0,99</b>				
	50m: 43.40	43.40	450m: 7:23.47	51.25	850m: 14:14.06	52.02	1250m: 21:10.16	52.24
	100m: 1:30.97	47.57	500m: 8:13.92	50.45	900m: 15:05.90	51.84	1300m: 22:02.67	52.51
	150m: 2:20.62	49.65	550m: 9:05.41	51.49	950m: 15:57.98	52.08	1350m: 22:55.24	52.57
	200m: 3:09.85	49.23	600m: 9:56.09	50.68	1000m: 16:49.95	51.97	1400m: 23:47.34	52.10
	250m: 4:00.80	50.95	650m: 10:47.78	51.69	1050m: 17:42.25	52.30	1450m: 24:39.28	51.94
	300m: 4:50.38	49.58	700m: 11:38.69	50.91	1100m: 18:34.10	51.85	1500m: 25:29.87	50.59
	350m: 5:41.58	51.20	750m: 12:30.33	51.64	1150m: 19:25.94	51.84		
	400m: 6:32.22	50.64	800m: 13:22.04	51.71	1200m: 20:17.92	51.98		

55+

1.	Bruno Nahon	Cercle De Natation Sportcity WolBEL	CNSW/000390/70	<b>20:41.84</b>	<b>+0,97</b>			
	50m: 37.37	37.37	450m: 6:09.07	42.04	850m: 11:41.64	41.58	1250m: 17:13.78	41.56
	100m: 1:17.29	39.92	500m: 6:50.51	41.44	900m: 12:22.95	41.31	1300m: 17:55.76	41.98
	150m: 1:58.95	41.66	550m: 7:32.38	41.87	950m: 13:04.55	41.60	1350m: 18:37.63	41.87
	200m: 2:40.25	41.30	600m: 8:13.70	41.32	1000m: 13:46.20	41.65	1400m: 19:19.70	42.07
	250m: 3:21.98	41.73	650m: 8:55.59	41.89	1050m: 14:27.83	41.63	1450m: 20:01.61	41.91
	300m: 4:03.30	41.32	700m: 9:37.14	41.55	1100m: 15:09.28	41.45	1500m: 20:41.84	40.23
	350m: 4:45.32	42.02	750m: 10:18.72	41.58	1150m: 15:50.80	41.52		
	400m: 5:27.03	41.71	800m: 11:00.06	41.34	1200m: 16:32.22	41.42		

2.	Geert Wijn	De Gelenberg	NED 196701101	<b>20:42.50</b>	<b>+0,88</b>			
	50m: 36.48	36.48	450m: 5:59.81	41.04	850m: 11:33.95	41.73	1250m: 17:12.93	42.75
	100m: 1:16.28	39.80	500m: 6:41.24	41.43	900m: 12:15.92	41.97	1300m: 17:55.90	42.97
	150m: 1:56.78	40.50	550m: 7:22.70	41.46	950m: 12:58.05	42.13	1350m: 18:39.17	43.27
	200m: 2:36.89	40.11	600m: 8:04.49	41.79	1000m: 13:40.09	42.04	1400m: 19:21.86	42.69
	250m: 3:17.26	40.37	650m: 8:46.20	41.71	1050m: 14:22.57	42.48	1450m: 20:03.27	41.41
	300m: 3:57.75	40.49	700m: 9:28.37	42.17	1100m: 15:05.03	42.46	1500m: 20:42.50	39.23
	350m: 4:37.89	40.14	750m: 10:10.20	41.83	1150m: 15:48.14	43.11		
	400m: 5:18.77	40.88	800m: 10:52.22	42.02	1200m: 16:30.18	42.04		

3.	Chris Kouwenhoven	De Grunte	NED 197101669	<b>21:32.87</b>				
	50m: 37.77	37.77	450m: 6:15.95	43.58	850m: 12:04.31	43.89	1250m: 17:54.31	44.22
	100m: 1:18.19	40.42	500m: 6:59.09	43.14	900m: 12:47.87	43.56	1300m: 18:38.47	44.16
	150m: 2:00.23	42.04	550m: 7:42.70	43.61	950m: 13:31.41	43.54	1350m: 19:22.83	44.36
	200m: 2:41.67	41.44	600m: 8:26.22	43.52	1000m: 14:15.07	43.66	1400m: 20:06.87	44.04
	250m: 3:24.33	42.66	650m: 9:10.23	44.01	1050m: 14:58.82	43.75	1450m: 20:50.88	44.01
	300m: 4:06.49	42.16	700m: 9:53.59	43.36	1100m: 15:42.19	43.37	1500m: 21:32.87	41.99
	350m: 4:49.39	42.90	750m: 10:37.26	43.67	1150m: 16:26.23	44.04		
	400m: 5:32.37	42.98	800m: 11:20.42	43.16	1200m: 17:10.09	43.86		

4.	Eduard Leusink	De Mors	NED 196901573	<b>22:25.75</b>	<b>+0,94</b>			
	50m: 39.50	39.50	450m: 6:39.10	45.24	850m: 12:37.53	44.70	1250m: 18:40.64	46.07
	100m: 1:22.14	42.64	500m: 7:23.82	44.72	900m: 13:22.52	44.99	1300m: 19:26.25	45.61
	150m: 2:06.79	44.65	550m: 8:08.69	44.87	950m: 14:08.30	45.78	1350m: 20:11.94	45.69
	200m: 2:51.75	44.96	600m: 8:53.07	44.38	1000m: 14:53.84	45.54	1400m: 20:57.06	45.12
	250m: 3:37.34	45.59	650m: 9:37.86	44.79	1050m: 15:39.07	45.23	1450m: 21:43.46	46.40
	300m: 4:22.80	45.46	700m: 10:22.78	44.92	1100m: 16:23.88	44.81	1500m: 22:25.75	42.29
	350m: 5:08.58	45.78	750m: 11:07.92	45.14	1150m: 17:09.16	45.28		
	400m: 5:53.86	45.28	800m: 11:52.83	44.91	1200m: 17:54.57	45.41		

5.	Leon Slingerland	WVZ	NED 196801707	<b>23:22.55</b>	<b>+0,97</b>			
	50m: 39.67	39.67	450m: 7:00.10	47.23	850m: 13:18.41	47.03	1250m: 19:34.41	46.39
	100m: 1:25.03	45.36	500m: 7:48.30	48.20	900m: 14:05.22	46.81	1300m: 20:21.29	46.88
	150m: 2:12.58	47.55	550m: 8:35.08	46.78	950m: 14:51.92	46.70	1350m: 21:07.62	46.33
	200m: 3:00.47	47.89	600m: 9:22.73	47.65	1000m: 15:39.25	47.33	1400m: 21:54.08	46.46
	250m: 3:48.06	47.59	650m: 10:09.61	46.88	1050m: 16:26.63	47.38	1450m: 22:39.31	45.23
	300m: 4:36.25	48.19	700m: 10:56.65	47.04	1100m: 17:13.68	47.05	1500m: 23:22.55	43.24
	350m: 5:24.17	47.92	750m: 11:44.15	47.50	1150m: 18:00.55	46.87		
	400m: 6:12.87	48.70	800m: 12:31.38	47.23	1200m: 18:48.02	47.47		

60+

1.	Johan Remmits	ZPC Amersfoort	NED 196201159	<b>20:15.75</b>	<b>+0,88</b>			
	50m: 35.28	35.28	450m: 5:59.97	41.11	850m: 11:26.24	40.61	1250m: 16:54.44	41.15
	100m: 1:15.19	39.91	500m: 6:40.47	40.50	900m: 12:06.80	40.56	1300m: 17:35.29	40.85
	150m: 1:56.54	41.35	550m: 7:21.19	40.72	950m: 12:47.81	41.01	1350m: 18:16.34	41.05
	200m: 2:37.15	40.61	600m: 8:01.98	40.79	1000m: 13:28.81	41.00	1400m: 18:57.23	40.89
	250m: 3:17.96	40.81	650m: 8:42.88	40.90	1050m: 14:09.67	40.86	1450m: 19:37.44	40.21
	300m: 3:58.51	40.55	700m: 9:23.43	40.55	1100m: 14:50.66	40.99	1500m: 20:15.75	38.31
	350m: 4:38.44	39.93	750m: 10:04.82	41.39	1150m: 15:32.04	41.38		
	400m: 5:18.86	40.42	800m: 10:45.63	40.81	1200m: 16:13.29	41.25		





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 2, Heren, 1500m vrije slag, 60+

rang	naam	vereniging	tijd	RT	PARA			
2.	Jon Christensen	Luxembourg Sharks Swimming CLUX 10008	<b>20:16.54</b>	<b>+0,79</b>				
	50m: 36.49	36.49	450m: 5:56.81	40.01	850m: 11:21.52	40.99	1250m: 16:53.29	41.50
	100m: 1:16.07	39.58	500m: 6:37.32	40.51	900m: 12:02.79	41.27	1300m: 17:35.18	41.89
	150m: 1:56.28	40.21	550m: 7:17.34	40.02	950m: 12:43.82	41.03	1350m: 18:16.45	41.27
	200m: 2:36.70	40.42	600m: 7:57.43	40.09	1000m: 13:24.84	41.02	1400m: 18:57.60	41.15
	250m: 3:16.98	40.28	650m: 8:37.98	40.55	1050m: 14:06.45	41.61	1450m: 19:38.01	40.41
	300m: 3:57.00	40.02	700m: 9:18.59	40.61	1100m: 14:48.44	41.99	1500m: 20:16.54	38.53
	350m: 4:36.89	39.89	750m: 9:59.46	40.87	1150m: 15:29.94	41.50		
	400m: 5:16.80	39.91	800m: 10:40.53	41.07	1200m: 16:11.79	41.85		
3.	Kees-Jan van Overbeek	WWV Winterswijk	<b>22:32.16</b>	<b>+0,89</b>				
	50m: 39.52	39.52	450m: 6:38.83	45.20	850m: 12:44.21	45.25	1250m: 18:48.19	44.91
	100m: 1:23.22	43.70	500m: 7:24.68	45.85	900m: 13:30.10	45.89	1300m: 19:33.97	45.78
	150m: 2:08.36	45.14	550m: 8:09.88	45.20	950m: 14:15.97	45.87	1350m: 20:19.42	45.45
	200m: 2:53.64	45.28	600m: 8:55.78	45.90	1000m: 15:02.22	46.25	1400m: 21:04.40	44.98
	250m: 3:38.86	45.22	650m: 9:41.21	45.43	1050m: 15:47.34	45.12	1450m: 21:49.51	45.11
	300m: 4:24.05	45.19	700m: 10:27.45	46.24	1100m: 16:33.28	45.94	1500m: 22:32.16	42.65
	350m: 5:08.73	44.68	750m: 11:13.35	45.90	1150m: 17:18.59	45.31		
	400m: 5:53.63	44.90	800m: 11:58.96	45.61	1200m: 18:03.28	44.69		
4.	Casper Dollekamp	Steenwijk 1934	<b>25:39.17</b>	<b>+0,97</b>				
	50m: 42.03	42.03	450m: 7:25.21	51.61	850m: 14:25.26	52.83	1250m: 21:22.93	51.81
	100m: 1:29.72	47.69	500m: 8:17.68	52.47	900m: 15:17.17	51.91	1300m: 22:14.88	51.95
	150m: 2:19.21	49.49	550m: 9:09.18	51.50	950m: 16:09.11	51.94	1350m: 23:08.04	53.16
	200m: 3:08.81	49.60	600m: 10:02.39	53.21	1000m: 17:02.12	53.01	1400m: 23:59.26	51.22
	250m: 3:59.48	50.67	650m: 10:55.15	52.76	1050m: 17:54.27	52.15	1450m: 24:52.18	52.92
	300m: 4:51.02	51.54	700m: 11:47.56	52.41	1100m: 18:46.37	52.10	1500m: 25:39.17	46.99
	350m: 5:41.86	50.84	750m: 12:40.41	52.85	1150m: 19:39.29	52.92		
	400m: 6:33.60	51.74	800m: 13:32.43	52.02	1200m: 20:31.12	51.83		
<b>65+</b>								
1.	Marten de Groot	HZ&PC Heerenveen	<b>21:20.35</b>	<b>+0,93</b>				
	50m: 36.58	36.58	450m: 6:16.65	42.60	850m: 11:59.55	43.37	1250m: 17:45.08	43.33
	100m: 1:18.45	41.87	500m: 6:59.01	42.36	900m: 12:43.29	43.74	1300m: 18:28.86	43.78
	150m: 2:01.32	42.87	550m: 7:41.40	42.39	950m: 13:26.01	42.72	1350m: 19:12.43	43.57
	200m: 2:43.77	42.45	600m: 8:24.08	42.68	1000m: 14:09.14	43.13	1400m: 19:55.82	43.39
	250m: 3:26.47	42.70	650m: 9:07.17	43.09	1050m: 14:51.43	42.29	1450m: 20:38.87	43.05
	300m: 4:08.72	42.25	700m: 9:50.48	43.31	1100m: 15:35.05	43.62	1500m: 21:20.35	41.48
	350m: 4:51.31	42.59	750m: 10:32.77	42.29	1150m: 16:18.18	43.13		
	400m: 5:34.05	42.74	800m: 11:16.18	43.41	1200m: 17:01.75	43.57		
2.	Wim Hoogland	ZPCH	<b>22:41.21</b>	<b>+0,94</b>				
	50m: 39.71	39.71	450m: 6:40.36	45.77	850m: 12:46.36	46.18	1250m: 18:55.60	45.72
	100m: 1:23.34	43.63	500m: 7:26.09	45.73	900m: 13:33.16	46.80	1300m: 19:41.93	46.33
	150m: 2:08.34	45.00	550m: 8:11.85	45.76	950m: 14:19.59	46.43	1350m: 20:28.51	46.58
	200m: 2:53.34	45.00	600m: 8:57.78	45.93	1000m: 15:05.67	46.08	1400m: 21:13.39	44.88
	250m: 3:38.73	45.39	650m: 9:42.98	45.20	1050m: 15:51.95	46.28	1450m: 21:58.55	45.16
	300m: 4:23.74	45.01	700m: 10:29.19	46.21	1100m: 16:37.74	45.79	1500m: 22:41.21	42.66
	350m: 5:09.17	45.43	750m: 11:14.56	45.37	1150m: 17:23.61	45.87		
	400m: 5:54.59	45.42	800m: 12:00.18	45.62	1200m: 18:09.88	46.27		
3.	Rene Janssen	Team Noord Holland (SG)	<b>23:24.23</b>	<b>+0,95</b>				
	50m: 41.42	41.42	450m: 6:58.48	48.01	850m: 13:15.46	47.07	1250m: 19:32.50	47.41
	100m: 1:26.51	45.09	500m: 7:45.21	46.73	900m: 14:02.32	46.86	1300m: 20:19.48	46.98
	150m: 2:14.03	47.52	550m: 8:32.82	47.61	950m: 14:49.51	47.19	1350m: 21:06.75	47.27
	200m: 3:00.88	46.85	600m: 9:19.45	46.63	1000m: 15:35.90	46.39	1400m: 21:52.86	46.11
	250m: 3:48.72	47.84	650m: 10:06.93	47.48	1050m: 16:23.91	48.01	1450m: 22:39.82	46.96
	300m: 4:35.74	47.02	700m: 10:53.29	46.36	1100m: 17:10.39	46.48	1500m: 23:24.23	44.41
	350m: 5:23.76	48.02	750m: 11:41.35	48.06	1150m: 17:58.32	47.93		
	400m: 6:10.47	46.71	800m: 12:28.39	47.04	1200m: 18:45.09	46.77		
<b>70+</b>								
1.	Henk Slomp	De Inktvis	<b>23:14.90</b>	<b>+0,94</b>				
	50m: 39.54	39.54	450m: 6:48.95	47.50	850m: 13:04.92	47.32	1250m: 19:25.78	47.81
	100m: 1:23.07	43.53	500m: 7:37.11	48.16	900m: 13:52.38	47.46	1300m: 20:12.85	47.07
	150m: 2:07.92	44.85	550m: 8:24.86	47.75	950m: 14:39.52	47.14	1350m: 20:59.20	46.35
	200m: 2:53.16	45.24	600m: 9:11.66	46.80	1000m: 15:26.78	47.26	1400m: 21:46.82	47.62
	250m: 3:39.31	46.15	650m: 9:58.37	46.71	1050m: 16:15.52	48.74	1450m: 22:32.98	46.16
	300m: 4:28.81	47.50	700m: 10:44.56	46.19	1100m: 17:03.60	48.08	1500m: 23:14.90	41.92
	350m: 5:13.80	46.99	750m: 11:31.33	46.77	1150m: 17:50.93	47.33		
	400m: 6:01.45	47.65	800m: 12:17.60	46.27	1200m: 18:37.97	47.04		





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 2, Heren, 1500m vrije slag, 70+

rang	naam	vereniging	tijd	RT	PARA	
2.	Jan Preuter	De Mors	<b>23:48.09</b>			
	50m: 41.94	41.94	450m: 7:03.62	47.88	850m: 13:29.12	47.74
	100m: 1:28.47	46.53	500m: 7:51.86	48.24	900m: 14:17.13	48.01
	150m: 2:16.35	47.88	550m: 8:40.09	48.23	950m: 15:05.31	48.18
	200m: 3:04.31	47.96	600m: 9:28.75	48.66	1000m: 15:53.39	48.08
	250m: 3:51.80	47.49	650m: 10:17.27	48.52	1050m: 16:41.72	48.33
	300m: 4:39.83	48.03	700m: 11:05.20	47.93	1100m: 17:29.32	47.60
	350m: 5:27.92	48.09	750m: 11:52.82	47.62	1150m: 18:17.37	48.05
	400m: 6:15.74	47.82	800m: 12:41.38	48.56	1200m: 19:05.08	47.71
3.	Jaap Vis	TriVia	<b>25:01.78</b>			
	50m: 43.43	43.43	450m: 7:21.39	50.97	850m: 14:04.40	50.73
	100m: 1:30.99	47.56	500m: 8:11.53	50.14	900m: 14:54.33	49.93
	150m: 2:19.92	48.93	550m: 9:02.30	50.77	950m: 15:46.46	52.13
	200m: 3:09.52	49.60	600m: 9:52.10	49.80	1000m: 16:36.21	49.75
	250m: 3:59.85	50.33	650m: 10:42.94	50.84	1050m: 17:27.34	51.13
	300m: 4:49.52	49.67	700m: 11:32.96	50.02	1100m: 18:17.79	50.45
	350m: 5:40.54	51.02	750m: 12:23.51	50.55	1150m: 19:09.25	51.46
	400m: 6:30.42	49.88	800m: 13:13.67	50.16	1200m: 19:59.66	50.41

75+

1.	Wout Hemmes	De Plons	<b>28:07.65</b>			
	50m: 48.89	48.89	450m: 8:18.85	55.42	850m: 15:53.66	56.84
	100m: 1:44.81	55.92	500m: 9:15.18	56.33	900m: 16:50.24	56.58
	150m: 2:42.01	57.20	550m: 10:11.75	56.57	950m: 17:47.77	57.53
	200m: 3:39.53	57.52	600m: 11:08.87	57.12	1000m: 18:45.55	57.78
	250m: 4:36.29	56.76	650m: 12:04.91	56.04	1050m: 19:43.19	57.64
	300m: 5:32.17	55.88	700m: 13:02.99	58.08	1100m: 20:39.81	56.62
	350m: 6:28.04	55.87	750m: 14:00.18	57.19	1150m: 21:36.52	56.71
	400m: 7:23.43	55.39	800m: 14:56.82	56.64	1200m: 22:33.72	57.20
2.	Jos Kamps	Zwemvereniging Hoogland	<b>29:11.96</b>			
	50m: 44.52	44.52	450m: 8:22.85	1:00.66	850m: 16:19.09	58.78
	100m: 1:35.99	51.47	500m: 9:23.33	1:00.48	900m: 17:19.66	1:00.57
	150m: 2:29.49	53.50	550m: 10:22.62	59.29	950m: 18:19.26	59.60
	200m: 3:27.15	57.66	600m: 11:22.63	1:00.01	1000m: 19:19.76	1:00.50
	250m: 4:25.59	58.44	650m: 12:21.15	58.52	1050m: 20:20.41	1:00.65
	300m: 5:23.77	58.18	700m: 13:21.92	1:00.77	1100m: 21:20.54	1:00.13
	350m: 6:22.53	58.76	750m: 14:20.58	58.66	1150m: 22:20.85	1:00.31
	400m: 7:22.19	59.66	800m: 15:20.31	59.73	1200m: 23:21.92	1:01.07
3.	Piet Schop	De Bevelanders	<b>31:44.76</b>			
	50m: 53.95	53.95	450m: 9:20.22	1:03.36	850m: 17:54.89	1:05.02
	100m: 1:56.52	1:02.57	500m: 10:24.88	1:04.66	900m: 18:59.14	1:04.25
	150m: 2:59.23	1:02.71	550m: 11:28.93	1:04.05	950m: 20:04.77	1:05.63
	200m: 4:03.28	1:04.05	600m: 12:32.83	1:03.90	1000m: 21:09.27	1:04.50
	250m: 5:06.45	1:03.17	650m: 13:36.71	1:03.88	1050m: 22:14.37	1:05.10
	300m: 6:10.19	1:03.74	700m: 14:41.74	1:05.03	1100m: 23:19.38	1:05.01
	350m: 7:13.64	1:03.45	750m: 15:46.00	1:04.26	1150m: 24:24.54	1:05.16
	400m: 8:16.86	1:03.22	800m: 16:49.87	1:03.87	1200m: 25:28.54	1:04.00

80+

1.	Geza Kaltenecker	AZC	<b>33:07.54</b>			
	50m: 59.11	59.11	450m: 9:55.23	1:07.09	850m: 18:52.40	1:06.86
	100m: 2:04.52	1:05.41	500m: 11:02.83	1:07.60	900m: 19:59.93	1:07.53
	150m: 3:10.61	1:06.09	550m: 12:10.16	1:07.33	950m: 21:06.34	1:06.41
	200m: 4:17.79	1:07.18	600m: 13:17.13	1:06.97	1000m: 22:12.92	1:06.58
	250m: 5:24.75	1:06.96	650m: 14:24.13	1:07.00	1050m: 23:19.21	1:06.29
	300m: 6:32.62	1:07.87	700m: 15:31.02	1:06.89	1100m: 24:26.53	1:07.32
	350m: 7:40.05	1:07.43	750m: 16:37.20	1:06.18	1150m: 25:33.13	1:06.60
	400m: 8:48.14	1:08.09	800m: 17:45.54	1:08.34	1200m: 26:40.16	1:07.03



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 3  
30-4-2026 - 14:36

Dames, 1500m vrije slag  
Pauze na serie 3 / Break after heat 3

Masters Open  
Resultaten

rang	naam	vereniging	tijd	RT	PARA			
<b>20+</b>								
1.	Cynthia Koolman	Steenwijk 1934	NED 200300232	<b>19:24.57</b>	+0,74			
	50m: 34.16	34.16	450m: 5:37.06	38.73	850m: 10:49.61	39.36	1250m: 16:07.90	40.00
	100m: 1:11.01	36.85	500m: 6:16.29	39.23	900m: 11:29.02	39.41	1300m: 16:47.73	39.83
	150m: 1:48.28	37.27	550m: 6:55.32	39.03	950m: 12:08.50	39.48	1350m: 17:27.83	40.10
	200m: 2:26.03	37.75	600m: 7:34.30	38.98	1000m: 12:48.38	39.88	1400m: 18:07.25	39.42
	250m: 3:03.53	37.50	650m: 8:13.41	39.11	1050m: 13:28.28	39.90	1450m: 18:46.70	39.45
	300m: 3:41.67	38.14	700m: 8:52.41	39.00	1100m: 14:08.24	39.96	1500m: 19:24.57	37.87
	350m: 4:19.57	37.90	750m: 9:31.36	38.95	1150m: 14:48.24	40.00		
	400m: 4:58.33	38.76	800m: 10:10.25	38.89	1200m: 15:27.90	39.66		
2.	Dido Toornend	Team Noord Holland (SG)	NED 200501718	<b>19:58.44</b>	+0,81			
	50m: 32.60	32.60	450m: 5:50.13	40.86	850m: 11:14.36	40.56	1250m: 16:38.17	40.76
	100m: 1:09.78	37.18	500m: 6:30.50	40.37	900m: 11:54.38	40.02	1300m: 17:18.47	40.30
	150m: 1:48.57	38.79	550m: 7:11.18	40.68	950m: 12:35.14	40.76	1350m: 17:59.76	41.29
	200m: 2:28.19	39.62	600m: 7:51.78	40.60	1000m: 13:15.46	40.32	1400m: 18:39.94	40.18
	250m: 3:08.52	40.33	650m: 8:32.45	40.67	1050m: 13:56.20	40.74	1450m: 19:20.86	40.92
	300m: 3:48.45	39.93	700m: 9:12.63	40.18	1100m: 14:36.29	40.09	1500m: 19:58.44	37.58
	350m: 4:28.84	40.39	750m: 9:53.52	40.89	1150m: 15:17.09	40.80		
	400m: 5:09.27	40.43	800m: 10:33.80	40.28	1200m: 15:57.41	40.32		
3.	Kiki Bootsman	Azuro	NED 200502850	<b>20:35.70</b>	+0,79			
	50m: 37.50	37.50	450m: 6:06.82	41.16	850m: 11:34.73	41.27	1250m: 17:08.81	41.53
	100m: 1:18.38	40.88	500m: 6:47.77	40.95	900m: 12:17.10	42.37	1300m: 17:50.63	41.82
	150m: 1:57.54	41.16	550m: 7:28.54	40.77	950m: 12:58.36	41.26	1350m: 17:59.76	41.30
	200m: 2:40.74	41.20	600m: 8:09.76	41.22	1000m: 13:40.80	42.44	1400m: 19:13.74	41.81
	250m: 3:22.02	41.28	650m: 8:50.50	40.74	1050m: 14:22.38	41.58	1450m: 19:54.14	40.40
	300m: 4:03.08	41.06	700m: 9:31.54	41.04	1100m: 15:04.16	41.78	1500m: 20:35.70	41.56
	350m: 4:44.07	40.99	750m: 10:12.48	40.94	1150m: 15:45.75	41.59		
	400m: 5:25.66	41.59	800m: 10:53.46	40.98	1200m: 16:27.28	41.53		
4.	Tamar Roosen	VZV Njord	NED 200501168	<b>20:46.80</b>	+0,78			
	50m: 36.14	36.14	450m: 6:10.69	42.28	850m: 11:47.67	41.91	1250m: 17:20.79	41.88
	100m: 1:16.01	39.87	500m: 6:52.59	41.90	900m: 12:29.37	41.70	1300m: 18:02.76	41.97
	150m: 1:57.49	41.48	550m: 7:35.24	42.65	950m: 13:11.18	41.81	1350m: 18:44.34	41.58
	200m: 2:39.54	42.05	600m: 8:17.59	42.35	1000m: 13:52.72	41.54	1400m: 19:26.25	41.91
	250m: 3:21.89	42.35	650m: 9:00.11	42.52	1050m: 14:34.40	41.68	1450m: 20:07.57	41.32
	300m: 4:04.18	42.29	700m: 9:42.03	41.92	1100m: 15:16.10	41.70	1500m: 20:46.80	39.23
	350m: 4:46.46	42.28	750m: 10:24.22	42.19	1150m: 15:57.62	41.52		
	400m: 5:28.41	41.95	800m: 11:05.76	41.54	1200m: 16:38.91	41.29		
DIS	Sydney Celie	IJsselmeer	NED 200406054					
	<i>AF - De aangegeven afstand niet uitgezwommen.</i>							
<b>25+</b>								
1.	Fabienne Otto	swimART Solingen	GER 271577	<b>18:51.44</b>	+0,82			
	50m: 33.53	33.53	450m: 5:29.83	37.39	850m: 10:32.61	38.22	1250m: 15:40.72	38.70
	100m: 1:10.24	36.71	500m: 6:06.90	37.07	900m: 11:10.69	38.08	1300m: 16:18.59	37.87
	150m: 1:47.29	37.05	550m: 6:44.32	37.42	950m: 11:49.34	38.65	1350m: 16:57.22	38.63
	200m: 2:23.98	36.69	600m: 7:22.17	37.85	1000m: 12:27.78	38.44	1400m: 17:35.62	38.40
	250m: 3:01.32	37.34	650m: 8:00.38	38.21	1050m: 13:06.46	38.68	1450m: 18:14.35	38.73
	300m: 3:38.22	36.90	700m: 8:38.06	37.68	1100m: 13:45.11	38.65	1500m: 18:51.44	37.09
	350m: 4:15.53	37.31	750m: 9:16.39	38.33	1150m: 14:23.69	38.58		
	400m: 4:52.44	36.91	800m: 9:54.39	38.00	1200m: 15:02.02	38.33		
2.	Anne Noom	Het Y	NED 199800062	<b>19:11.35</b>	+0,77			
	50m: 33.64	33.64	450m: 5:34.09	38.38	850m: 10:43.32	38.96	1250m: 15:55.13	38.77
	100m: 1:10.08	36.44	500m: 6:12.34	38.25	900m: 11:22.08	38.76	1300m: 16:34.51	39.38
	150m: 1:47.61	37.53	550m: 6:50.96	38.62	950m: 12:01.29	39.21	1350m: 17:13.87	39.36
	200m: 2:24.23	36.62	600m: 7:29.28	38.32	1000m: 12:40.14	38.85	1400m: 17:53.00	39.13
	250m: 3:02.10	37.87	650m: 8:07.99	38.71	1050m: 13:18.99	38.85	1450m: 18:32.76	39.76
	300m: 3:39.34	37.24	700m: 8:46.64	38.65	1100m: 13:58.08	39.09	1500m: 19:11.35	38.59
	350m: 4:17.48	38.14	750m: 9:25.58	38.94	1150m: 14:37.49	39.41		
	400m: 4:55.71	38.23	800m: 10:04.36	38.78	1200m: 15:16.36	38.87		
3.	Myra Smulders	Zwemvereniging Hoogland	NED 199904308	<b>19:22.43</b>	+0,71			
	50m: 33.70	33.70	450m: 5:43.02	38.99	850m: 10:56.28	39.40	1250m: 16:08.76	39.19
	100m: 1:10.92	37.22	500m: 6:22.16	39.14	900m: 11:35.56	39.28	1300m: 16:47.83	39.07
	150m: 1:49.01	38.09	550m: 7:01.31	39.15	950m: 12:14.35	38.79	1350m: 17:27.21	39.38
	200m: 2:27.82	38.81	600m: 7:40.45	39.14	1000m: 12:52.87	38.52	1400m: 18:06.41	39.20
	250m: 3:06.94	39.12	650m: 8:19.33	38.88	1050m: 13:32.32	39.45	1450m: 18:45.10	38.69
	300m: 3:45.98	39.04	700m: 8:58.67	39.34	1100m: 14:11.39	39.07	1500m: 19:22.43	37.33
	350m: 4:24.95	38.97	750m: 9:38.05	39.38	1150m: 14:50.42	39.03		
	400m: 5:04.03	39.08	800m: 10:16.88	38.83	1200m: 15:29.57	39.15		





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 3, Dames, 1500m vrije slag, 25+

rang	naam	vereniging					tijd	RT	PARA
4.	Noa Oldenhof	ZPCH	NED	199700622			<b>20:49.30</b>	+0,69	
	50m: 35.56	35.56	450m: 6:04.79	41.91	850m: 11:42.16	42.44	1250m: 17:27.15	42.53	
	100m: 1:14.66	39.10	500m: 6:47.00	42.21	900m: 12:24.27	42.11	1300m: 18:04.25	42.10	
	150m: 1:55.07	40.41	550m: 7:28.87	41.87	950m: 13:07.08	42.81	1350m: 18:45.95	41.70	
	200m: 2:36.08	41.01	600m: 8:10.88	42.01	1000m: 13:49.48	42.40	1400m: 19:28.11	42.16	
	250m: 3:17.63	41.55	650m: 8:52.89	42.01	1050m: 14:32.06	42.58	1450m: 20:09.47	41.36	
	300m: 3:59.37	41.74	700m: 9:35.25	42.36	1100m: 15:14.72	42.66	1500m: 20:49.30	39.83	
	350m: 4:40.92	41.55	750m: 10:17.42	42.17	1150m: 15:57.38	42.66			
	400m: 5:22.88	41.96	800m: 10:59.72	42.30	1200m: 16:39.62	42.24			
5.	Selina Janssen	Neptunus'58	NED	199905974			<b>21:33.03</b>	+0,77	
	50m: 36.85	36.85	450m: 6:17.32	43.41	850m: 12:05.49	44.17	1250m: 17:57.52	44.62	
	100m: 1:16.85	40.00	500m: 6:59.86	42.54	900m: 12:49.07	43.58	1300m: 18:41.49	43.97	
	150m: 1:59.10	42.25	550m: 7:43.47	43.61	950m: 13:33.35	44.28	1350m: 19:25.47	43.98	
	200m: 2:41.47	42.37	600m: 8:26.54	43.07	1000m: 14:17.01	43.66	1400m: 20:08.99	43.52	
	250m: 3:24.83	43.36	650m: 9:10.47	43.93	1050m: 15:01.67	44.66	1450m: 20:53.04	44.05	
	300m: 4:07.54	42.71	700m: 9:53.88	43.41	1100m: 15:45.01	43.34	1500m: 21:33.03	39.99	
	350m: 4:51.23	43.69	750m: 10:37.96	44.08	1150m: 16:29.41	44.40			
	400m: 5:33.91	42.68	800m: 11:21.32	43.36	1200m: 17:12.90	43.49			
6.	Isabelle Janssen	De Geul	NED	200006318			<b>22:18.99</b>	+0,87	
	50m: 38.41	38.41	450m: 6:30.96	45.38	850m: 12:31.73	45.18	1250m: 18:35.23	46.11	
	100m: 1:19.43	41.02	500m: 7:16.09	45.13	900m: 13:16.84	45.11	1300m: 19:20.39	45.16	
	150m: 2:02.55	43.12	550m: 8:01.61	45.52	950m: 14:02.27	45.43	1350m: 20:06.36	45.97	
	200m: 2:46.35	43.80	600m: 8:46.52	44.91	1000m: 14:47.48	45.21	1400m: 20:51.15	44.79	
	250m: 3:31.14	44.79	650m: 9:31.41	44.89	1050m: 15:33.17	45.69	1450m: 21:36.47	45.32	
	300m: 4:15.57	44.43	700m: 10:16.47	45.06	1100m: 16:18.42	45.25	1500m: 22:18.99	42.52	
	350m: 5:00.67	45.10	750m: 11:01.75	45.28	1150m: 17:03.95	45.53			
	400m: 5:45.58	44.91	800m: 11:46.55	44.80	1200m: 17:49.12	45.17			
<b>30+</b>									
1.	Leonie van Noord	WVZ	NED	199301752			<b>18:09.12</b>	+0,88	
	<i>Nederlands Masters Record</i>								
	50m: 31.33	31.33	450m: 5:20.48	36.74	850m: 10:12.60	36.97	1250m: 15:06.67	36.89	
	100m: 1:06.45	35.12	500m: 5:56.68	36.20	900m: 10:48.99	36.39	1300m: 15:43.30	36.63	
	150m: 1:42.67	36.22	550m: 6:33.21	36.53	950m: 11:25.98	36.99	1350m: 16:20.25	36.95	
	200m: 2:18.43	35.76	600m: 7:09.66	36.45	1000m: 12:02.53	36.55	1400m: 16:57.00	36.75	
	250m: 2:55.03	36.60	650m: 7:46.15	36.49	1050m: 12:39.33	36.80	1450m: 17:33.70	36.70	
	300m: 3:31.37	36.34	700m: 8:22.27	36.12	1100m: 13:15.68	36.35	1500m: 18:09.12	35.42	
	350m: 4:07.85	36.48	750m: 8:59.22	36.95	1150m: 13:52.93	37.25			
	400m: 4:43.74	35.89	800m: 9:35.63	36.41	1200m: 14:29.78	36.85			
2.	Anne-Irene Ducheine	Zwemvereniging Hoogland	NED	199506824			<b>19:31.85</b>	+0,75	
	50m: 35.50	35.50	450m: 5:48.17	39.49	850m: 11:02.48	39.39	1250m: 16:16.19	39.23	
	100m: 1:13.30	37.80	500m: 6:27.18	39.01	900m: 11:41.65	39.17	1300m: 16:55.54	39.35	
	150m: 1:52.02	38.72	550m: 7:06.65	39.47	950m: 12:20.86	39.21	1350m: 17:34.86	39.32	
	200m: 2:30.89	38.87	600m: 7:46.00	39.35	1000m: 12:59.69	38.83	1400m: 18:14.11	39.25	
	250m: 3:10.66	39.77	650m: 8:25.54	39.54	1050m: 13:38.95	39.26	1450m: 18:53.50	39.39	
	300m: 3:49.66	39.00	700m: 9:04.53	38.99	1100m: 14:18.06	39.11	1500m: 19:31.85	38.35	
	350m: 4:29.50	39.84	750m: 9:44.15	39.62	1150m: 14:57.53	39.47			
	400m: 5:08.68	39.18	800m: 10:23.09	38.94	1200m: 15:36.96	39.43			
3.	Fiona Meuffels	PSV	NED	199504366			<b>19:58.78</b>	+0,72	
	50m: 33.39	33.39	450m: 5:47.84	40.16	850m: 11:13.09	40.51	1250m: 16:38.54	40.53	
	100m: 1:10.46	37.07	500m: 6:28.19	40.35	900m: 11:53.62	40.53	1300m: 17:19.23	40.69	
	150m: 1:48.72	38.26	550m: 7:08.79	40.60	950m: 12:34.18	40.56	1350m: 17:59.02	39.79	
	200m: 2:27.92	39.20	600m: 7:49.66	40.87	1000m: 13:14.94	40.76	1400m: 18:39.50	40.48	
	250m: 3:07.58	39.66	650m: 8:30.43	40.77	1050m: 13:55.77	40.83	1450m: 19:20.03	40.53	
	300m: 3:47.50	39.92	700m: 9:11.41	40.98	1100m: 14:36.49	40.72	1500m: 19:58.78	38.75	
	350m: 4:27.59	40.09	750m: 9:52.18	40.77	1150m: 15:17.34	40.85			
	400m: 5:07.68	40.09	800m: 10:32.58	40.40	1200m: 15:58.01	40.67			
4.	Michanne Steenbergen	Otter SC	GBR	1821931			<b>20:58.92</b>	+0,82	
	50m: 34.32	34.32	450m: 6:01.71	43.22	850m: 11:44.49	43.18	1250m: 17:27.45	43.57	
	100m: 1:11.79	37.47	500m: 6:44.45	42.74	900m: 12:26.55	42.06	1300m: 18:10.00	42.55	
	150m: 1:51.10	39.31	550m: 7:28.18	43.73	950m: 13:09.41	42.86	1350m: 18:53.07	43.07	
	200m: 2:31.08	39.98	600m: 8:10.45	42.27	1000m: 13:51.75	42.34	1400m: 19:35.89	42.82	
	250m: 3:12.43	41.35	650m: 8:53.86	43.41	1050m: 14:34.54	42.79	1450m: 20:18.68	42.79	
	300m: 3:53.96	41.53	700m: 9:36.19	42.33	1100m: 15:17.08	42.54	1500m: 20:58.92	40.24	
	350m: 4:36.36	42.40	750m: 10:19.11	42.92	1150m: 16:00.48	43.40			
	400m: 5:18.49	42.13	800m: 11:01.31	42.20	1200m: 16:43.88	43.40			





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 3, Dames, 1500m vrije slag, 30+

rang	naam	vereniging	tijd	RT	PARA			
5.	Nienke Smidt	WS Twente	<b>21:14.42</b>	+0,96				
	50m: 36.36	36.36	450m: 6:16.84	43.15	850m: 11:59.17	43.96	1250m: 17:45.35	43.09
	100m: 1:16.80	40.44	500m: 6:58.45	41.61	900m: 12:41.93	42.76	1300m: 18:29.03	43.68
	150m: 1:59.01	42.21	550m: 7:41.45	43.00	950m: 13:26.86	44.93	1350m: 19:11.71	42.68
	200m: 2:41.55	42.54	600m: 8:23.65	42.20	1000m: 14:10.06	43.20	1400m: 19:53.98	42.27
	250m: 3:24.94	43.39	650m: 9:06.90	43.25	1050m: 14:53.92	43.86	1450m: 20:36.17	42.19
	300m: 4:07.85	42.91	700m: 9:49.28	42.38	1100m: 15:36.13	42.21	1500m: 21:14.42	38.25
	350m: 4:50.80	42.95	750m: 10:32.88	43.60	1150m: 16:19.58	43.45		
	400m: 5:33.69	42.89	800m: 11:15.21	42.33	1200m: 17:02.26	42.68		
6.	Larissa Jansen	PSV	<b>21:29.14</b>	+0,94				
	50m: 38.05	38.05	450m: 6:14.46	43.12	850m: 12:02.10	43.68	1250m: 17:52.30	44.08
	100m: 1:18.71	40.66	500m: 6:57.55	43.09	900m: 12:45.47	43.37	1300m: 18:36.10	43.80
	150m: 2:00.12	41.41	550m: 7:41.15	43.60	950m: 13:29.31	43.84	1350m: 19:19.90	43.80
	200m: 2:41.84	41.72	600m: 8:24.40	43.25	1000m: 14:13.12	43.81	1400m: 20:03.62	43.72
	250m: 3:24.14	42.30	650m: 9:07.59	43.19	1050m: 14:57.19	44.07	1450m: 20:47.15	43.53
	300m: 4:06.38	42.24	700m: 9:51.05	43.46	1100m: 15:40.62	43.43	1500m: 21:29.14	41.99
	350m: 4:48.68	42.30	750m: 10:35.24	44.19	1150m: 16:23.92	43.30		
	400m: 5:31.34	42.66	800m: 11:18.42	43.18	1200m: 17:08.22	44.30		
7.	Irmgard van Weeghel	ENC Arnhem	<b>22:28.12</b>	+0,80				
	50m: 37.10	37.10	450m: 6:30.08	44.70	850m: 12:35.58	45.53	1250m: 18:41.90	44.99
	100m: 1:19.38	42.28	500m: 7:15.53	45.45	900m: 13:21.89	46.31	1300m: 19:27.96	46.06
	150m: 2:02.91	43.53	550m: 8:00.59	45.06	950m: 14:07.05	45.16	1350m: 20:13.30	45.34
	200m: 2:47.18	44.27	600m: 8:46.69	46.10	1000m: 14:53.24	46.19	1400m: 20:59.17	45.87
	250m: 3:31.44	44.26	650m: 9:31.93	45.24	1050m: 15:38.38	45.14	1450m: 21:44.21	45.04
	300m: 4:15.87	44.43	700m: 10:18.05	46.12	1100m: 16:24.78	46.40	1500m: 22:28.12	43.91
	350m: 5:00.25	44.38	750m: 11:03.58	45.53	1150m: 17:10.34	45.56		
	400m: 5:45.38	45.13	800m: 11:50.05	46.47	1200m: 17:56.91	46.57		
8.	Marjan Rikken	SG Octopus - ZVV	<b>24:14.92</b>	+0,99				
	50m: 41.54	41.54	450m: 7:10.05	49.38	850m: 13:40.99	48.76	1250m: 20:13.70	49.60
	100m: 1:28.15	46.61	500m: 7:59.37	49.32	900m: 14:30.06	49.07	1300m: 21:02.89	49.19
	150m: 2:16.22	48.07	550m: 8:48.36	48.99	950m: 15:19.09	49.03	1350m: 21:52.12	49.23
	200m: 3:04.08	47.86	600m: 9:37.04	48.68	1000m: 16:07.89	48.80	1400m: 22:41.54	49.42
	250m: 3:52.98	48.90	650m: 10:25.87	48.83	1050m: 16:56.99	49.10	1450m: 23:30.31	48.77
	300m: 4:42.05	49.07	700m: 11:14.63	48.76	1100m: 17:45.81	48.82	1500m: 24:14.92	44.61
	350m: 5:31.42	49.37	750m: 12:03.57	48.94	1150m: 18:35.23	49.42		
	400m: 6:20.67	49.25	800m: 12:52.23	48.66	1200m: 19:24.10	48.87		
9.	Hilma Buiten	MZ&PC De Reest	<b>25:24.12</b>	+0,82				
	50m: 42.54	42.54	450m: 7:23.85	51.00	850m: 14:11.72	49.44	1250m: 21:05.99	52.50
	100m: 1:30.35	47.81	500m: 8:15.35	51.50	900m: 15:03.31	51.59	1300m: 21:57.99	52.00
	150m: 2:19.35	49.00	550m: 9:06.54	51.19	950m: 15:54.50	51.19	1350m: 22:49.07	51.08
	200m: 3:08.31	48.96	600m: 9:57.99	51.45	1000m: 16:46.36	51.86	1400m: 23:42.50	53.43
	250m: 3:58.45	50.14	650m: 10:49.53	51.54	1050m: 17:37.73	51.37	1450m: 24:33.82	51.32
	300m: 4:50.00	51.55	700m: 11:40.27	50.74	1100m: 18:29.93	52.20	1500m: 25:24.12	50.30
	350m: 5:41.33	51.33	750m: 12:31.23	50.96	1150m: 19:21.17	51.24		
	400m: 6:32.85	51.52	800m: 13:22.28	51.05	1200m: 20:13.49	52.32		
10.	Cynthia van Veen	BZ en PC	<b>26:03.44</b>	+0,82				
	50m: 38.57	38.57	450m: 7:22.67	52.45	850m: 14:29.05	52.40	1250m: 21:37.46	53.08
	100m: 1:24.85	46.28	500m: 8:16.72	54.05	900m: 15:23.00	53.95	1300m: 22:31.59	54.13
	150m: 2:13.26	48.41	550m: 9:09.07	52.35	950m: 16:15.94	52.94	1350m: 23:24.61	53.02
	200m: 3:03.29	50.03	600m: 10:02.64	53.57	1000m: 17:10.01	54.07	1400m: 24:19.94	55.33
	250m: 3:53.96	50.67	650m: 10:55.30	52.66	1050m: 18:03.34	53.33	1450m: 25:12.95	53.01
	300m: 4:45.76	51.80	700m: 11:49.51	54.21	1100m: 18:57.56	54.22	1500m: 26:03.44	50.49
	350m: 5:37.09	51.33	750m: 12:42.50	52.99	1150m: 19:50.11	52.55		
	400m: 6:30.22	53.13	800m: 13:36.65	54.15	1200m: 20:44.38	54.27		
AFGEM	Sietske Veldkamp	ZPC De Hof	<b>26:03.44</b>	+0,82				
35+								
1.	Lisanne Andeweg	Zuiderzeewimmers	<b>20:46.31</b>	+0,90				
	50m: 36.32	36.32	450m: 6:07.58	41.53	850m: 11:42.09	41.31	1250m: 17:17.07	41.69
	100m: 1:16.72	40.40	500m: 6:49.66	42.08	900m: 12:24.46	42.37	1300m: 17:59.39	42.32
	150m: 1:57.79	41.07	550m: 7:31.05	41.39	950m: 13:05.85	41.39	1350m: 18:41.71	42.32
	200m: 2:39.01	41.22	600m: 8:13.13	42.08	1000m: 13:47.81	41.96	1400m: 19:24.24	42.53
	250m: 3:20.29	41.28	650m: 8:54.91	41.78	1050m: 14:29.49	41.68	1450m: 20:06.46	42.22
	300m: 4:02.05	41.76	700m: 9:37.18	42.27	1100m: 15:11.64	42.15	1500m: 20:46.31	39.85
	350m: 4:43.76	41.71	750m: 10:18.87	41.69	1150m: 15:53.47	41.83		
	400m: 5:26.05	42.29	800m: 11:00.78	41.91	1200m: 16:35.38	41.91		





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 3, Dames, 1500m vrije slag, 35+

rang	naam	vereniging					tijd	RT	PARA
2.	Relinda Baas	TriVia	NED 198900144		21:09.43		+0,83		
	50m: 36.69	36.69	450m: 6:11.81	41.87	850m: 11:53.58	42.99	1250m: 17:35.77	42.61	
	100m: 1:17.55	40.86	500m: 6:54.58	42.77	900m: 12:36.48	42.90	1300m: 18:18.97	43.20	
	150m: 1:58.39	40.84	550m: 7:36.77	42.19	950m: 13:19.05	42.57	1350m: 19:01.71	42.74	
	200m: 2:40.88	42.49	600m: 8:19.52	42.75	1000m: 14:01.94	42.89	1400m: 19:44.89	43.18	
	250m: 3:22.50	41.62	650m: 9:01.70	42.18	1050m: 14:44.48	42.54	1450m: 20:27.39	42.50	
	300m: 4:05.11	42.61	700m: 9:45.00	43.30	1100m: 15:27.31	42.83	1500m: 21:09.43	42.04	
	350m: 4:47.00	41.89	750m: 10:27.42	42.42	1150m: 16:09.85	42.54			
	400m: 5:29.94	42.94	800m: 11:10.59	43.17	1200m: 16:53.16	43.31			
3.	Nanda van Heteren	PSV	NED 198901728		21:47.07		+0,71		
	50m: 38.58	38.58	450m: 6:25.76	44.25	850m: 12:16.99	43.98	1250m: 18:09.93	44.06	
	100m: 1:20.31	41.73	500m: 7:08.96	43.20	900m: 13:00.37	43.38	1300m: 18:54.06	44.13	
	150m: 2:03.68	43.37	550m: 7:53.08	44.12	950m: 13:44.61	44.24	1350m: 19:38.50	44.44	
	200m: 2:46.98	43.30	600m: 8:37.01	43.93	1000m: 14:28.26	43.65	1400m: 20:22.36	43.86	
	250m: 3:30.64	43.66	650m: 9:21.70	44.69	1050m: 15:12.58	44.32	1450m: 21:06.13	43.77	
	300m: 4:14.24	43.60	700m: 10:05.69	43.99	1100m: 15:56.97	44.39	1500m: 21:47.07	40.94	
	350m: 4:57.90	43.66	750m: 10:49.71	44.02	1150m: 16:41.51	44.54			
	400m: 5:41.51	43.61	800m: 11:33.01	43.30	1200m: 17:25.87	44.36			
4.	Esther Kwebeman	TriVia	NED 199106374		22:50.31		+0,91		
	50m: 39.67	39.67	450m: 6:41.75	45.53	850m: 12:47.74	46.48	1250m: 19:00.08	45.53	
	100m: 1:23.66	43.99	500m: 7:27.05	45.30	900m: 13:34.46	46.72	1300m: 19:46.84	46.76	
	150m: 2:09.59	45.93	550m: 8:12.27	45.22	950m: 14:21.21	46.75	1350m: 20:33.55	46.71	
	200m: 2:54.61	45.02	600m: 8:57.45	45.18	1000m: 15:07.81	46.60	1400m: 21:19.28	45.73	
	250m: 3:40.55	45.94	650m: 9:44.07	46.62	1050m: 15:54.33	46.52	1450m: 22:04.68	45.40	
	300m: 4:25.54	44.99	700m: 10:29.08	45.01	1100m: 16:40.62	46.29	1500m: 22:50.31	45.63	
	350m: 5:11.02	45.48	750m: 11:15.33	46.25	1150m: 17:27.45	46.83			
	400m: 5:56.22	45.20	800m: 12:01.26	45.93	1200m: 18:14.55	47.10			
5.	Esther Boerdam-Delfos	AZC	NED 198705256		23:27.96		+0,81		
	50m: 38.90	38.90	450m: 6:47.06	46.61	850m: 13:07.07	47.36	1250m: 19:32.33	48.40	
	100m: 1:23.15	44.25	500m: 7:33.87	46.81	900m: 13:55.33	48.26	1300m: 20:20.49	48.16	
	150m: 2:08.01	44.86	550m: 8:21.07	47.20	950m: 14:43.64	48.31	1350m: 21:08.53	48.04	
	200m: 2:54.19	46.18	600m: 9:08.98	47.91	1000m: 15:31.68	48.04	1400m: 21:56.32	47.79	
	250m: 3:40.49	46.30	650m: 9:56.63	47.65	1050m: 16:19.64	47.96	1450m: 22:42.97	46.65	
	300m: 4:27.20	46.71	700m: 10:44.79	48.16	1100m: 17:07.88	48.24	1500m: 23:27.96	44.99	
	350m: 5:13.53	46.33	750m: 11:32.15	47.36	1150m: 17:55.61	47.73			
	400m: 6:00.45	46.92	800m: 12:19.71	47.56	1200m: 18:43.93	48.32			
6.	Anna Lauxen	Steenwijk 1934	NED 199108154		24:30.95		+0,96		
	50m: 41.34	41.34	450m: 7:14.23	49.70	850m: 13:48.21	49.07	1250m: 20:26.05	51.23	
	100m: 1:27.95	46.61	500m: 8:04.00	49.77	900m: 14:36.78	48.57	1300m: 21:14.47	48.42	
	150m: 2:15.91	47.96	550m: 8:52.85	48.85	950m: 15:26.09	49.31	1350m: 22:04.86	50.39	
	200m: 3:05.55	49.64	600m: 9:41.84	48.99	1000m: 16:14.96	48.87	1400m: 22:54.41	49.55	
	250m: 3:55.24	49.69	650m: 10:31.52	49.68	1050m: 17:05.16	50.20	1450m: 23:45.90	51.49	
	300m: 4:45.31	50.07	700m: 11:20.50	48.98	1100m: 17:54.72	49.56	1500m: 24:30.95	45.05	
	350m: 5:34.50	49.19	750m: 12:10.03	49.53	1150m: 18:44.72	50.00			
	400m: 6:24.53	50.03	800m: 12:59.14	49.11	1200m: 19:34.82	50.10			
7.	Carmen Kooij	Orca	NED 199008504		25:03.01		+0,90		
	50m: 44.36	44.36	450m: 7:26.13	50.97	850m: 14:07.14	50.18	1250m: 20:51.38	51.05	
	100m: 1:33.29	48.93	500m: 8:16.22	50.09	900m: 14:56.93	49.79	1300m: 21:42.28	50.90	
	150m: 2:23.56	50.27	550m: 9:06.70	50.48	950m: 15:47.09	50.16	1350m: 22:32.88	50.60	
	200m: 3:14.06	50.50	600m: 9:57.12	50.42	1000m: 16:37.49	50.40	1400m: 23:23.52	50.64	
	250m: 4:04.63	50.57	650m: 10:46.63	49.51	1050m: 17:28.21	50.72	1450m: 24:14.14	50.62	
	300m: 4:54.61	49.98	700m: 11:36.64	50.01	1100m: 18:18.61	50.40	1500m: 25:03.01	48.87	
	350m: 5:45.15	50.54	750m: 12:26.96	50.32	1150m: 19:09.99	51.38			
	400m: 6:35.16	50.01	800m: 13:16.96	50.00	1200m: 20:00.33	50.34			

40+

1.	Sabine Zimmermann <i>German Masters Record</i>	Aachener SV 06	GER 101578		18:57.46		+0,85		
	50m: 34.26	34.26	450m: 5:40.00	38.30	850m: 10:45.61	37.92	1250m: 15:50.97	38.29	
	100m: 1:11.69	37.43	500m: 6:18.14	38.14	900m: 11:24.10	38.49	1300m: 16:29.44	38.47	
	150m: 1:48.99	37.30	550m: 6:56.58	38.44	950m: 12:02.13	38.03	1350m: 17:07.17	37.73	
	200m: 2:27.14	38.15	600m: 7:34.61	38.03	1000m: 12:40.63	38.50	1400m: 17:45.25	38.08	
	250m: 3:05.88	38.74	650m: 8:12.85	38.24	1050m: 13:18.34	37.71	1450m: 18:22.54	37.29	
	300m: 3:44.59	38.71	700m: 8:51.03	38.18	1100m: 13:56.48	38.14	1500m: 18:57.46	34.92	
	350m: 4:23.42	38.83	750m: 9:29.19	38.16	1150m: 14:34.27	37.79			
	400m: 5:01.70	38.28	800m: 10:07.69	38.50	1200m: 15:12.68	38.41			



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 3, Dames, 1500m vrije slag, 40+

rang	naam	vereniging	tijd	RT	PARA			
2.	Viktória Háden-Felföldi	Iron Swim	<b>19:19.60</b>	<b>+0,82</b>				
	50m: 34.21	34.21	450m: 5:38.46	38.36	850m: 10:47.25	38.78	1250m: 16:02.51	40.25
	100m: 1:11.48	37.27	500m: 6:16.78	38.32	900m: 11:25.88	38.63	1300m: 16:42.32	39.81
	150m: 1:49.46	37.98	550m: 6:55.47	38.69	950m: 12:05.00	39.12	1350m: 17:21.93	39.61
	200m: 2:27.34	37.88	600m: 7:33.90	38.43	1000m: 12:43.68	38.68	1400m: 18:01.74	39.81
	250m: 3:05.48	38.14	650m: 8:12.52	38.62	1050m: 13:23.38	39.70	1450m: 18:41.23	39.49
	300m: 3:43.37	37.89	700m: 8:50.95	38.43	1100m: 14:02.73	39.35	1500m: 19:19.60	38.37
	350m: 4:21.79	38.42	750m: 9:29.82	38.87	1150m: 14:42.45	39.72		
	400m: 5:00.10	38.31	800m: 10:08.47	38.65	1200m: 15:22.26	39.81		
3.	Maïke Zeterberg	Zehlendorfer TSV von 1888	<b>20:27.90</b>	<b>+0,75</b>				
	50m: 35.69	35.69	450m: 5:57.60	40.35	850m: 11:27.05	41.46	1250m: 16:59.87	41.45
	100m: 1:15.94	40.25	500m: 6:38.36	40.76	900m: 12:09.58	42.53	1300m: 17:42.20	42.33
	150m: 1:55.46	39.52	550m: 7:18.88	40.52	950m: 12:50.64	41.06	1350m: 18:23.55	41.35
	200m: 2:35.88	40.42	600m: 8:00.11	41.23	1000m: 13:32.51	41.87	1400m: 19:05.50	41.95
	250m: 3:15.84	39.96	650m: 8:40.99	40.88	1050m: 14:13.67	41.16	1450m: 19:46.36	40.86
	300m: 3:56.39	40.55	700m: 9:22.57	41.58	1100m: 14:55.37	41.70	1500m: 20:27.90	41.54
	350m: 4:36.48	40.09	750m: 10:03.59	41.02	1150m: 15:36.60	41.23		
	400m: 5:17.25	40.77	800m: 10:45.59	42.00	1200m: 16:18.42	41.82		
4.	Ramona Linting	AZC	<b>21:52.41</b>	<b>+0,77</b>				
	50m: 36.85	36.85	450m: 6:16.88	43.59	850m: 12:09.06	44.22	1250m: 18:06.70	44.69
	100m: 1:17.26	40.41	500m: 7:00.57	43.69	900m: 12:53.26	44.20	1300m: 18:53.77	47.07
	150m: 1:59.01	41.75	550m: 7:44.55	43.98	950m: 13:37.53	44.27	1350m: 19:40.06	46.29
	200m: 2:40.84	41.83	600m: 8:28.21	43.66	1000m: 14:21.70	44.17	1400m: 20:24.67	44.61
	250m: 3:23.57	42.73	650m: 9:12.19	43.98	1050m: 15:06.19	44.49	1450m: 21:09.12	44.45
	300m: 4:06.99	43.42	700m: 9:56.15	43.96	1100m: 15:50.85	44.66	1500m: 21:52.41	43.29
	350m: 4:50.31	43.32	750m: 10:40.23	44.08	1150m: 16:36.71	45.86		
	400m: 5:33.29	42.98	800m: 11:24.84	44.61	1200m: 17:22.01	45.30		
5.	Sandra Schellekens	Neptunus'58	<b>24:17.25</b>	<b>+0,96</b>				
	50m: 39.29	39.29	450m: 7:00.76	48.66	850m: 13:33.86	49.47	1250m: 20:10.52	49.66
	100m: 1:24.02	44.73	500m: 7:49.54	48.78	900m: 14:22.84	48.98	1300m: 21:00.64	50.12
	150m: 2:11.05	47.03	550m: 8:38.69	49.15	950m: 15:12.51	49.67	1350m: 21:50.35	49.71
	200m: 2:58.57	47.52	600m: 9:28.32	49.63	1000m: 16:02.16	49.65	1400m: 22:40.01	49.66
	250m: 3:46.59	48.02	650m: 10:17.88	49.56	1050m: 16:52.11	49.95	1450m: 23:29.72	49.71
	300m: 4:34.81	48.22	700m: 11:06.87	48.99	1100m: 17:41.62	49.51	1500m: 24:17.25	47.53
	350m: 5:23.57	48.76	750m: 11:55.84	48.97	1150m: 18:31.48	49.86		
	400m: 6:12.10	48.53	800m: 12:44.39	48.55	1200m: 19:20.86	49.38		
6.	Linda Hoogendam	WVZ	<b>24:27.01</b>	<b>+0,88</b>				
	50m: 42.29	42.29	450m: 7:13.48	49.66	850m: 13:49.44	49.62	1250m: 20:26.70	49.95
	100m: 1:29.84	47.55	500m: 8:03.11	49.63	900m: 14:38.83	49.39	1300m: 21:15.48	48.78
	150m: 2:18.18	48.34	550m: 8:52.15	49.04	950m: 15:28.60	49.77	1350m: 22:04.63	49.15
	200m: 3:07.14	48.96	600m: 9:41.91	49.76	1000m: 16:18.56	49.96	1400m: 22:54.14	49.51
	250m: 3:56.36	49.22	650m: 10:31.38	49.47	1050m: 17:07.62	49.06	1450m: 23:42.57	48.43
	300m: 4:45.65	49.29	700m: 11:20.60	49.22	1100m: 17:57.01	49.39	1500m: 24:27.01	44.44
	350m: 5:34.70	49.05	750m: 12:10.08	49.48	1150m: 18:47.08	50.07		
	400m: 6:23.82	49.12	800m: 12:59.82	49.74	1200m: 19:36.75	49.67		
7.	Suzanne Mol	Aqualero	<b>25:12.00</b>	<b>+0,99</b>				
	50m: 44.88	44.88	450m: 7:30.37	50.34	850m: 14:16.23	50.72	1250m: 21:02.75	51.54
	100m: 1:33.84	48.96	500m: 8:21.10	50.73	900m: 15:06.73	50.50	1300m: 21:53.83	51.08
	150m: 2:23.84	50.00	550m: 9:11.78	50.68	950m: 15:57.69	50.96	1350m: 22:43.69	49.86
	200m: 3:14.87	51.03	600m: 10:03.19	51.41	1000m: 16:48.62	50.93	1400m: 23:34.45	50.76
	250m: 4:06.16	51.29	650m: 10:54.25	51.06	1050m: 17:38.89	50.27	1450m: 24:23.98	49.53
	300m: 4:57.43	51.27	700m: 11:44.81	50.56	1100m: 18:29.61	50.72	1500m: 25:12.00	48.02
	350m: 5:48.39	50.96	750m: 12:35.25	50.44	1150m: 19:20.41	50.80		
	400m: 6:40.03	51.64	800m: 13:25.51	50.26	1200m: 20:11.21	50.80		
8.	Marloes Rebel	WS Twente	<b>27:08.03</b>					
	50m: 46.72	46.72	450m: 7:54.53	54.84	850m: 15:13.32	55.76	1250m: 22:35.97	55.39
	100m: 1:37.57	50.85	500m: 8:49.08	54.55	900m: 16:08.85	55.53	1300m: 23:32.19	56.22
	150m: 2:30.61	53.04	550m: 9:44.25	55.17	950m: 17:03.28	54.43	1350m: 24:28.09	55.90
	200m: 3:24.07	53.46	600m: 10:39.01	54.76	1000m: 17:58.06	54.78	1400m: 25:23.41	55.32
	250m: 4:18.27	54.20	650m: 11:33.71	54.70	1050m: 18:53.23	55.17	1450m: 26:17.73	54.32
	300m: 5:11.99	53.72	700m: 12:28.54	54.83	1100m: 19:49.49	56.26	1500m: 27:08.03	50.30
	350m: 6:06.00	54.01	750m: 13:23.16	54.62	1150m: 20:44.80	55.31		
	400m: 6:59.69	53.69	800m: 14:17.56	54.40	1200m: 21:40.58	55.78		

45+

1.	Chantal Verhoeff	Old Dutch	<b>22:37.70</b>	<b>+0,88</b>				
	50m: 38.39	38.39	450m: 6:34.64	44.92	850m: 12:36.98	45.98	1250m: 18:47.14	46.38
	100m: 1:21.13	42.74	500m: 7:19.64	45.00	900m: 13:22.98	46.00	1300m: 19:34.03	46.89
	150m: 2:05.54	44.41	550m: 8:04.44	44.80	950m: 14:08.60	45.62	1350m: 20:20.55	46.52
	200m: 2:50.29	44.75	600m: 8:49.48	45.04	1000m: 14:55.00	46.40	1400m: 21:06.72	46.17
	250m: 3:35.11	44.82	650m: 9:34.72	45.24	1050m: 15:41.20	46.20	1450m: 21:52.53	45.81
	300m: 4:19.82	44.71	700m: 10:20.39	45.67	1100m: 16:27.64	46.44	1500m: 22:37.70	45.17
	350m: 5:04.75	44.93	750m: 11:05.56	45.17	1150m: 17:14.14	46.50		
	400m: 5:49.72	44.97	800m: 11:51.00	45.44	1200m: 18:00.76	46.62		





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 3, Dames, 1500m vrije slag, 45+

rang	naam	vereniging	tijd	RT	PARA			
2.	Sabrina Boekhout	De Biesboschzwemmers	<b>23:10.83</b>	<b>+0,86</b>				
	50m: 39.42	39.42	450m: 6:44.69	46.26	850m: 12:58.50	47.68	1250m: 19:17.62	48.16
	100m: 1:22.89	43.47	500m: 7:30.97	46.28	900m: 13:45.31	46.81	1300m: 20:03.87	46.25
	150m: 2:08.04	45.15	550m: 8:17.44	46.47	950m: 14:32.57	47.26	1350m: 20:51.28	47.41
	200m: 2:53.63	45.59	600m: 9:03.81	46.37	1000m: 15:19.86	47.29	1400m: 21:38.69	47.41
	250m: 3:40.00	46.37	650m: 9:50.49	46.68	1050m: 16:07.23	47.37	1450m: 22:26.31	47.62
	300m: 4:26.10	46.10	700m: 10:36.63	46.14	1100m: 16:54.27	47.04	1500m: 23:10.83	44.52
	350m: 5:12.28	46.18	750m: 11:23.80	47.17	1150m: 17:41.89	47.62		
	400m: 5:58.43	46.15	800m: 12:10.82	47.02	1200m: 18:29.46	47.57		
3.	Jessica Venema	Old Dutch	<b>23:11.71</b>	<b>+0,90</b>				
	50m: 37.14	37.14	450m: 6:41.62	45.90	850m: 13:00.43	47.51	1250m: 19:19.62	46.76
	100m: 1:20.92	43.78	500m: 7:30.81	49.19	900m: 13:47.67	47.24	1300m: 20:07.45	47.83
	150m: 2:05.41	44.49	550m: 8:16.91	46.10	950m: 14:34.74	47.07	1350m: 20:54.36	46.91
	200m: 2:51.15	45.74	600m: 9:04.19	47.28	1000m: 15:22.61	47.87	1400m: 21:42.74	48.38
	250m: 3:36.53	45.38	650m: 9:50.67	46.48	1050m: 16:09.58	46.97	1450m: 22:28.78	46.04
	300m: 4:23.28	46.75	700m: 10:38.82	48.15	1100m: 16:58.07	48.49	1500m: 23:11.71	42.93
	350m: 5:09.01	45.73	750m: 11:25.26	46.44	1150m: 17:44.65	46.58		
	400m: 5:55.72	46.71	800m: 12:12.92	47.66	1200m: 18:32.86	48.21		
<b>50+</b>								
1.	Liselotte Joling	PSV	<b>19:42.60</b>	<b>+0,87</b>				
	50m: 34.90	34.90	450m: 5:47.77	39.26	850m: 11:04.63	39.51	1250m: 16:25.04	39.87
	100m: 1:13.36	38.46	500m: 6:27.49	39.72	900m: 11:44.96	40.33	1300m: 17:05.11	40.07
	150m: 1:51.96	38.60	550m: 7:06.52	39.03	950m: 12:24.58	39.62	1350m: 17:45.07	39.96
	200m: 2:31.02	39.06	600m: 7:46.01	39.49	1000m: 13:04.85	40.27	1400m: 18:25.45	40.38
	250m: 3:10.40	39.38	650m: 8:25.56	39.55	1050m: 13:44.68	39.83	1450m: 19:04.70	39.25
	300m: 3:49.81	39.41	700m: 9:05.50	39.94	1100m: 14:24.89	40.21	1500m: 19:42.60	37.90
	350m: 4:29.01	39.20	750m: 9:45.20	39.70	1150m: 15:04.62	39.73		
	400m: 5:08.51	39.50	800m: 10:25.12	39.92	1200m: 15:45.17	40.55		
2.	Annett von Rekowski	Schwimmverein Gera	<b>20:07.65</b>	<b>+0,82</b>				
	50m: 35.10	35.10	450m: 5:55.20	40.52	850m: 11:21.10	40.74	1250m: 16:47.62	41.07
	100m: 1:14.23	39.13	500m: 6:35.70	40.50	900m: 12:01.61	40.51	1300m: 17:28.02	40.40
	150m: 1:53.78	39.55	550m: 7:16.64	40.94	950m: 12:42.50	40.89	1350m: 18:08.88	40.86
	200m: 2:33.75	39.97	600m: 7:57.57	40.93	1000m: 13:23.76	41.26	1400m: 18:49.86	40.98
	250m: 3:13.48	39.73	650m: 8:38.50	40.93	1050m: 14:04.59	40.83	1450m: 19:29.24	39.38
	300m: 3:53.85	40.37	700m: 9:19.14	40.64	1100m: 14:45.14	40.55	1500m: 20:07.65	38.41
	350m: 4:34.25	40.40	750m: 9:59.85	40.71	1150m: 15:25.84	40.70		
	400m: 5:14.68	40.43	800m: 10:40.36	40.51	1200m: 16:06.55	40.71		
3.	Marleen Gerringa-Vos	Batavia Swim	<b>21:14.73</b>	<b>+0,88</b>				
	50m: 38.19	38.19	450m: 6:19.95	42.98	850m: 12:02.26	42.89	1250m: 17:44.70	43.32
	100m: 1:20.06	41.87	500m: 7:02.77	42.82	900m: 12:44.96	42.70	1300m: 18:27.62	42.92
	150m: 2:02.82	42.76	550m: 7:45.64	42.87	950m: 13:27.76	42.80	1350m: 19:10.61	42.99
	200m: 2:45.54	42.72	600m: 8:28.25	42.61	1000m: 14:10.21	42.45	1400m: 19:52.99	42.38
	250m: 3:28.43	42.89	650m: 9:11.29	43.04	1050m: 14:53.05	42.84	1450m: 20:35.74	42.75
	300m: 4:11.24	42.81	700m: 9:53.90	42.61	1100m: 15:35.56	42.51	1500m: 21:14.73	38.99
	350m: 4:54.03	42.79	750m: 10:36.57	42.67	1150m: 16:18.65	43.09		
	400m: 5:36.97	42.94	800m: 11:19.37	42.80	1200m: 17:01.38	42.73		
4.	Jannie Vennik	HZ&PC Heerenveen	<b>22:28.55</b>	<b>+0,99</b>				
	50m: 38.10	38.10	450m: 6:40.43	45.55	850m: 12:42.26	45.10	1250m: 18:43.62	45.37
	100m: 1:21.80	43.70	500m: 7:25.81	45.38	900m: 13:27.54	45.28	1300m: 19:28.85	45.23
	150m: 2:06.44	44.64	550m: 8:10.90	45.09	950m: 14:12.50	44.96	1350m: 20:14.24	45.39
	200m: 2:52.19	45.75	600m: 8:56.24	45.34	1000m: 14:58.08	45.58	1400m: 20:59.61	45.37
	250m: 3:37.42	45.23	650m: 9:41.63	45.39	1050m: 15:42.95	44.87	1450m: 21:44.47	44.86
	300m: 4:23.36	45.94	700m: 10:26.50	44.87	1100m: 16:28.08	45.13	1500m: 22:28.55	44.08
	350m: 5:09.07	45.71	750m: 11:11.70	45.20	1150m: 17:13.39	45.31		
	400m: 5:54.88	45.81	800m: 11:57.16	45.46	1200m: 17:58.25	44.86		
5.	Marita Pongers	De Mors	<b>27:55.87</b>					
	50m: 48.58	48.58	450m: 8:10.63	56.50	850m: 15:40.54	56.22	1250m: 23:16.84	58.01
	100m: 1:42.38	53.80	500m: 9:06.26	55.63	900m: 16:37.54	57.00	1300m: 24:14.26	57.42
	150m: 2:36.64	54.26	550m: 10:02.08	55.82	950m: 17:33.99	56.45	1350m: 25:10.03	55.77
	200m: 3:32.33	55.69	600m: 10:58.57	56.49	1000m: 18:31.18	57.19	1400m: 26:06.41	56.38
	250m: 4:27.45	55.12	650m: 11:54.29	55.72	1050m: 19:27.38	56.20	1450m: 27:01.42	55.01
	300m: 5:22.98	55.53	700m: 12:50.92	56.63	1100m: 20:24.26	56.88	1500m: 27:55.87	54.45
	350m: 6:18.64	55.66	750m: 13:47.97	57.05	1150m: 21:22.30	58.04		
	400m: 7:14.13	55.49	800m: 14:44.32	56.35	1200m: 22:18.83	56.53		





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 3, Dames, 1500m vrije slag

55+

1. Carla Geurts		PSV	NED	197100178	<b>19:05.74</b>						
<i>Europees Masters Record</i>											
50m:	33.97	33.97	450m:	5:41.19	38.45	850m:	10:47.47	37.91	1250m:	15:54.33	38.50
100m:	1:11.74	37.77	500m:	6:19.83	38.64	900m:	11:26.24	38.77	1300m:	16:32.98	38.65
150m:	1:49.67	37.93	550m:	6:57.84	38.01	950m:	12:04.67	38.43	1350m:	17:11.39	38.41
200m:	2:28.34	38.67	600m:	7:36.24	38.40	1000m:	12:43.55	38.88	1400m:	17:50.34	38.95
250m:	3:06.85	38.51	650m:	8:14.45	38.21	1050m:	13:21.83	38.28	1450m:	18:28.66	38.32
300m:	3:45.94	39.09	700m:	8:52.63	38.18	1100m:	13:59.74	37.91	1500m:	19:05.74	37.08
350m:	4:24.12	38.18	750m:	9:30.80	38.17	1150m:	14:37.82	38.08			
400m:	5:02.74	38.62	800m:	10:09.56	38.76	1200m:	15:15.83	38.01			
2. Karin Stein		ZV Vlaardingen-Schiedam	NED	197100554	<b>21:24.15</b>		<b>+0,88</b>				
50m:	38.55	38.55	450m:	6:21.23	43.33	850m:	12:04.41	43.14	1250m:	17:49.45	42.92
100m:	1:20.71	42.16	500m:	7:03.64	42.41	900m:	12:47.49	43.08	1300m:	18:32.95	43.50
150m:	2:03.61	42.90	550m:	7:46.77	43.13	950m:	13:30.50	43.01	1350m:	19:16.01	43.06
200m:	2:46.59	42.98	600m:	8:29.24	42.47	1000m:	14:13.54	43.04	1400m:	19:59.21	43.20
250m:	3:29.47	42.88	650m:	9:12.55	43.31	1050m:	14:56.79	43.25	1450m:	20:42.33	43.12
300m:	4:12.11	42.64	700m:	9:55.37	42.82	1100m:	15:40.01	43.22	1500m:	21:24.15	41.82
350m:	4:54.95	42.84	750m:	10:38.40	43.03	1150m:	16:23.22	43.21			
400m:	5:37.90	42.95	800m:	11:21.27	42.87	1200m:	17:06.53	43.31			
3. Iris van Aurich		DWK	NED	196900866	<b>23:20.27</b>		<b>+0,86</b>				
50m:	40.24	40.24	450m:	6:48.30	46.88	850m:	13:05.34	46.92	1250m:	19:24.77	47.32
100m:	1:24.92	44.68	500m:	7:35.70	47.40	900m:	13:53.00	47.66	1300m:	20:12.80	48.03
150m:	2:10.20	45.28	550m:	8:22.75	47.05	950m:	14:40.63	47.63	1350m:	21:00.79	47.99
200m:	2:56.35	46.15	600m:	9:09.48	46.73	1000m:	15:27.89	47.26	1400m:	21:48.35	47.56
250m:	3:42.37	46.02	650m:	9:56.63	47.15	1050m:	16:15.39	47.50	1450m:	22:34.97	46.62
300m:	4:28.57	46.20	700m:	10:43.82	47.19	1100m:	17:02.91	47.52	1500m:	23:20.27	45.30
350m:	5:14.22	45.65	750m:	11:31.15	47.33	1150m:	17:49.64	46.73			
400m:	6:01.42	47.20	800m:	12:18.42	47.27	1200m:	18:37.45	47.81			
4. Cancia Ouwerkerk		Albion	NED	196700748	<b>25:26.52</b>						
50m:	43.88	43.88	450m:	7:34.65	51.32	850m:	14:25.32	51.26	1250m:	21:15.58	50.93
100m:	1:33.62	49.74	500m:	8:25.70	51.05	900m:	15:15.87	50.55	1300m:	22:06.55	50.97
150m:	2:24.58	50.96	550m:	9:16.99	51.29	950m:	16:06.89	51.02	1350m:	22:57.20	50.65
200m:	3:16.22	51.64	600m:	10:08.23	51.24	1000m:	16:58.33	51.44	1400m:	23:48.25	51.05
250m:	4:08.61	52.39	650m:	10:59.55	51.32	1050m:	17:49.94	51.61	1450m:	24:37.65	49.40
300m:	4:59.97	51.36	700m:	11:50.85	51.30	1100m:	18:42.18	52.24	1500m:	25:26.52	48.87
350m:	5:51.44	51.47	750m:	12:42.43	51.58	1150m:	19:33.40	51.22			
400m:	6:43.33	51.89	800m:	13:34.06	51.63	1200m:	20:24.65	51.25			
5. Annette Spies		LinK	NED	197001110	<b>25:50.34</b>		<b>+0,89</b>				
50m:	45.79	45.79	450m:	7:40.38	52.09	850m:	14:36.50	51.80	1250m:	21:31.93	51.54
100m:	1:35.09	49.30	500m:	8:32.98	52.60	900m:	15:29.00	52.50	1300m:	22:24.57	52.64
150m:	2:26.80	51.71	550m:	9:24.38	51.40	950m:	16:20.50	51.50	1350m:	23:16.09	51.52
200m:	3:19.45	52.65	600m:	10:16.38	52.00	1000m:	17:12.81	52.31	1400m:	24:08.59	52.50
250m:	4:11.32	51.87	650m:	11:07.86	51.48	1050m:	18:04.53	51.72	1450m:	24:59.93	51.34
300m:	5:03.92	52.60	700m:	12:00.24	52.38	1100m:	18:56.65	52.12	1500m:	25:50.34	50.41
350m:	5:55.69	51.77	750m:	12:51.74	51.50	1150m:	19:48.43	51.78			
400m:	6:48.29	52.60	800m:	13:44.70	52.96	1200m:	20:40.39	51.96			
6. Annet Kootstra		SWOL 1894	NED	197100344	<b>26:33.67</b>						
50m:	45.91	45.91	450m:	7:43.60	52.64	850m:	14:51.10	54.01	1250m:	22:04.20	54.22
100m:	1:36.77	50.86	500m:	8:37.10	53.50	900m:	15:45.29	54.19	1300m:	22:58.21	54.01
150m:	2:27.92	51.15	550m:	9:29.81	52.71	950m:	16:39.16	53.87	1350m:	23:52.33	54.12
200m:	3:20.48	52.56	600m:	10:23.53	53.72	1000m:	17:33.90	54.74	1400m:	24:46.76	54.43
250m:	4:12.74	52.26	650m:	11:15.92	52.39	1050m:	18:27.40	53.50	1450m:	25:40.75	53.99
300m:	5:05.63	52.89	700m:	12:09.64	53.72	1100m:	19:21.98	54.58	1500m:	26:33.67	52.92
350m:	5:58.04	52.41	750m:	13:02.88	53.24	1150m:	20:16.05	54.07			
400m:	6:50.96	52.92	800m:	13:57.09	54.21	1200m:	21:09.98	53.93			
7. Kristien Van de Moortel		Shark	BEL	ShaRK/20315/69	<b>27:01.61</b>		<b>+0,97</b>				
50m:	46.95	46.95	450m:	7:57.80	53.67	850m:	15:13.12	54.15	1250m:	22:29.77	54.18
100m:	1:40.54	53.59	500m:	8:52.26	54.46	900m:	16:07.89	54.77	1300m:	23:25.39	55.62
150m:	2:33.93	53.39	550m:	9:46.48	54.22	950m:	17:02.72	54.83	1350m:	24:19.48	54.09
200m:	3:28.20	54.27	600m:	10:41.03	54.55	1000m:	17:57.90	55.18	1400m:	25:15.10	55.62
250m:	4:21.89	53.69	650m:	11:34.68	53.65	1050m:	18:52.14	54.24	1450m:	26:09.33	54.23
300m:	5:16.32	54.43	700m:	12:29.82	55.14	1100m:	19:46.83	54.69	1500m:	27:01.61	52.28
350m:	6:09.64	53.32	750m:	13:24.16	54.34	1150m:	20:40.76	53.93			
400m:	7:04.13	54.49	800m:	14:18.97	54.81	1200m:	21:35.59	54.83			
8. Britta Fritz		SC Janus Köln	GER	262038	<b>27:28.58</b>						
50m:	51.69	51.69	450m:	8:12.17	55.93	850m:	15:31.62	55.13	1250m:	22:56.41	56.84
100m:	1:46.13	54.44	500m:	9:06.85	54.68	900m:	16:26.23	54.61	1300m:	23:51.70	55.29
150m:	2:42.31	56.18	550m:	10:02.08	55.23	950m:	17:21.88	55.65	1350m:	24:47.27	55.57
200m:	3:37.63	55.32	600m:	10:56.90	54.82	1000m:	18:16.04	54.16	1400m:	25:42.03	54.76
250m:	4:33.56	55.93	650m:	11:52.28	55.38	1050m:	19:11.99	55.95	1450m:	26:37.44	55.41
300m:	5:28.07	54.51	700m:	12:46.74	54.46	1100m:	20:08.24	56.25	1500m:	27:28.58	51.14
350m:	6:23.25	55.18	750m:	13:41.79	55.05	1150m:	21:03.97	55.73			
400m:	7:16.24	52.99	800m:	14:36.49	54.70	1200m:	21:59.57	55.60			





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 3, Dames, 1500m vrije slag, 55+

rang	naam	vereniging				tijd	RT	PARA
9.	Roselinda van der Vlugt	De Geul	NED 196700710			<b>29:45.93</b>		
	50m: 52.20	52.20	450m: 8:41.09	59.60	850m: 16:40.83	1:00.77	1250m: 24:47.75	1:00.87
	100m: 1:48.91	56.71	500m: 9:41.28	1:00.19	900m: 17:41.57	1:00.74	1300m: 25:48.52	1:00.77
	150m: 2:46.70	57.79	550m: 10:40.79	59.51	950m: 18:41.98	1:00.41	1350m: 26:50.52	1:02.00
	200m: 3:45.15	58.45	600m: 11:39.96	59.17	1000m: 19:42.71	1:00.73	1400m: 27:54.83	1:00.31
	250m: 4:43.75	58.60	650m: 12:39.17	59.21	1050m: 20:43.09	1:00.38	1450m: 28:50.88	1:00.05
	300m: 5:43.46	59.71	700m: 13:39.58	1:00.41	1100m: 21:44.94	1:01.85	1500m: 29:45.93	55.05
	350m: 6:42.55	59.09	750m: 14:39.61	1:00.03	1150m: 22:45.92	1:00.98		
	400m: 7:41.49	58.94	800m: 15:40.06	1:00.45	1200m: 23:46.88	1:00.96		
10.	Annette van Dok	MSV-Zeemacht	NED 196800742			<b>29:55.81</b>		
	50m: 52.27	52.27	450m: 8:35.94	59.71	850m: 16:37.52	1:00.43	1250m: 24:51.97	1:00.83
	100m: 1:48.11	55.84	500m: 9:35.54	59.60	900m: 17:38.21	1:00.69	1300m: 25:52.31	1:00.34
	150m: 2:45.29	57.18	550m: 10:34.92	59.38	950m: 18:38.28	1:00.07	1350m: 26:53.31	1:01.00
	200m: 3:41.82	56.53	600m: 11:36.28	1:01.36	1000m: 19:41.34	1:03.06	1400m: 27:54.26	1:00.95
	250m: 4:39.51	57.69	650m: 12:35.55	59.27	1050m: 20:44.80	1:03.46	1450m: 28:53.24	58.98
	300m: 5:37.57	58.06	700m: 13:36.52	1:00.97	1100m: 21:46.71	1:01.91	1500m: 29:55.81	1:02.57
	350m: 6:36.84	59.27	750m: 14:36.80	1:00.28	1150m: 22:48.71	1:02.00		
	400m: 7:36.23	59.39	800m: 15:37.09	1:00.29	1200m: 23:51.14	1:02.43		
DIS	Bianca Groot	MSV-Zeemacht	NED 197000652				+0,90	
	<i>AF - De aangegeven afstand niet uitgezwommen.</i>							
	50m: 38.43	38.43	450m:		850m:		1250m:	
	100m: 1:21.67	43.24	500m:		900m:		1300m:	
	150m: 2:05.56	43.89	550m:		950m:		1350m:	
	200m: 2:50.05	44.49	600m:		1000m:		1400m:	
	250m: 3:34.47	44.42	650m:		1050m:		1450m:	
	300m:		700m:		1100m:		1500m:	
	350m:		750m:		1150m:			
	400m:		800m:		1200m:			
<b>60+</b>								
1.	Katrin Pennings	PSV	NED 196400570			<b>22:08.15</b>	+0,78	
	<i>Nederlands Masters Record</i>							
	50m: 37.62	37.62	450m: 6:26.86	44.18	850m: 12:23.41	44.92	1250m: 18:23.58	44.94
	100m: 1:19.48	41.86	500m: 7:12.05	45.19	900m: 13:08.52	45.11	1300m: 19:09.13	45.55
	150m: 2:02.39	42.91	550m: 7:56.11	44.06	950m: 13:53.12	44.60	1350m: 19:54.31	45.18
	200m: 2:46.04	43.65	600m: 8:40.82	44.71	1000m: 14:38.35	45.23	1400m: 20:39.81	45.50
	250m: 3:30.01	43.97	650m: 9:25.18	44.36	1050m: 15:23.50	45.15	1450m: 21:25.24	45.43
	300m: 4:14.18	44.17	700m: 10:09.73	44.55	1100m: 16:08.69	45.19	1500m: 22:08.15	42.91
	350m: 4:58.23	44.05	750m: 10:53.94	44.21	1150m: 16:53.42	44.73		
	400m: 5:42.68	44.45	800m: 11:38.49	44.55	1200m: 17:38.64	45.22		
2.	Wilna Heijman	Steenwijk 1934	NED 196400506			<b>22:48.87</b>	+0,82	
	50m: 39.45	39.45	450m: 6:38.21	45.25	850m: 12:43.88	46.03	1250m: 18:55.82	47.06
	100m: 1:22.56	43.11	500m: 7:23.74	45.53	900m: 13:29.71	45.83	1300m: 19:42.60	46.78
	150m: 2:07.09	44.53	550m: 8:09.26	45.52	950m: 14:16.30	46.59	1350m: 20:29.60	47.00
	200m: 2:52.37	45.28	600m: 8:54.92	45.66	1000m: 15:02.37	46.07	1400m: 21:16.31	46.71
	250m: 3:37.11	44.74	650m: 9:40.52	45.60	1050m: 15:49.00	46.63	1450m: 22:03.04	46.73
	300m: 4:22.26	45.15	700m: 10:25.97	45.45	1100m: 16:35.32	46.32	1500m: 22:48.87	45.83
	350m: 5:07.29	45.03	750m: 11:12.04	46.07	1150m: 17:22.10	46.78		
	400m: 5:52.96	45.67	800m: 11:57.85	45.81	1200m: 18:08.76	46.66		
3.	Anita Steijger	WVZ	NED 196500628			<b>24:20.80</b>	+0,95	
	50m: 44.29	44.29	450m: 7:11.86	48.68	850m: 13:42.02	49.23	1250m: 20:17.29	50.27
	100m: 1:31.27	46.98	500m: 8:00.54	48.68	900m: 14:30.88	48.86	1300m: 21:06.14	48.85
	150m: 2:19.30	48.03	550m: 8:49.49	48.95	950m: 15:21.03	50.15	1350m: 21:56.09	49.95
	200m: 3:07.55	48.25	600m: 9:37.80	48.31	1000m: 16:10.05	49.02	1400m: 22:44.73	48.64
	250m: 3:56.95	49.40	650m: 10:26.47	48.67	1050m: 16:59.80	49.75	1450m: 23:33.85	49.12
	300m: 4:45.43	48.48	700m: 11:14.77	48.30	1100m: 17:48.67	48.87	1500m: 24:20.80	46.95
	350m: 5:34.71	49.28	750m: 12:03.85	49.08	1150m: 18:38.40	49.73		
	400m: 6:23.18	48.47	800m: 12:52.79	48.94	1200m: 19:27.02	48.62		
4.	Maud Peuten-Evers	Mosa~Regio	NED 196400584			<b>25:07.88</b>		
	50m: 44.29	44.29	450m: 7:26.59	51.24	850m: 14:08.98	50.74	1250m: 20:55.12	51.18
	100m: 1:32.87	48.58	500m: 8:16.51	49.92	900m: 14:59.13	50.15	1300m: 21:45.59	50.47
	150m: 2:23.07	50.20	550m: 9:07.05	50.54	950m: 15:49.70	50.57	1350m: 22:36.72	51.13
	200m: 3:13.37	50.30	600m: 9:57.47	50.42	1000m: 16:40.02	50.32	1400m: 23:27.47	50.75
	250m: 4:04.89	51.52	650m: 10:47.87	50.40	1050m: 17:31.27	51.25	1450m: 24:18.29	50.82
	300m: 4:54.41	49.52	700m: 11:37.84	49.97	1100m: 18:21.90	50.63	1500m: 25:07.88	49.59
	350m: 5:45.43	51.02	750m: 12:28.16	50.32	1150m: 19:13.08	51.18		
	400m: 6:35.35	49.92	800m: 13:18.24	50.08	1200m: 20:03.94	50.86		





Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 3, Dames, 1500m vrije slag

65+

<b>1. Petra Tossings</b>		<b>GZC Donk</b>	<b>NED</b>	<b>196100376</b>	<b>23:46.24</b>	<b>+0,83</b>					
50m:	42.71	42.71	450m:	7:01.86	47.92	850m:	13:23.62	48.33	1250m:	19:48.42	48.62
100m:	1:29.12	46.41	500m:	7:48.92	47.06	900m:	14:10.85	47.23	1300m:	20:36.06	47.64
150m:	2:17.06	47.94	550m:	8:36.76	47.84	950m:	14:59.35	48.50	1350m:	21:24.72	48.66
200m:	3:04.41	47.35	600m:	9:24.25	47.49	1000m:	15:46.98	47.63	1400m:	22:12.35	47.63
250m:	3:51.89	47.48	650m:	10:12.09	47.84	1050m:	16:35.08	48.10	1450m:	23:00.45	48.10
300m:	4:39.03	47.14	700m:	10:59.76	47.67	1100m:	17:22.68	47.60	1500m:	23:46.24	45.79
350m:	5:26.60	47.57	750m:	11:48.13	48.37	1150m:	18:11.85	49.17			
400m:	6:13.94	47.34	800m:	12:35.29	47.16	1200m:	18:59.80	47.95			
<b>2. Irene van der Laan</b>		<b>ZV Vlaardingen-Schiedam</b>	<b>NED</b>	<b>196000096</b>	<b>24:16.01</b>	<b>+0,86</b>					
50m:	43.56	43.56	450m:	7:09.16	49.10	850m:	13:40.94	49.34	1250m:	20:13.46	49.61
100m:	1:29.49	45.93	500m:	7:58.38	49.22	900m:	14:29.45	48.51	1300m:	21:02.29	48.83
150m:	2:17.87	48.38	550m:	8:47.30	48.92	950m:	15:18.55	49.10	1350m:	21:51.87	49.58
200m:	3:05.70	47.83	600m:	9:35.88	48.58	1000m:	16:07.54	48.99	1400m:	22:40.42	48.55
250m:	3:54.17	48.47	650m:	10:25.23	49.35	1050m:	16:56.87	49.33	1450m:	23:29.51	49.09
300m:	4:42.54	48.37	700m:	11:14.12	48.89	1100m:	17:45.34	48.47	1500m:	24:16.01	46.50
350m:	5:31.61	49.07	750m:	12:03.46	49.34	1150m:	18:34.84	49.50			
400m:	6:20.06	48.45	800m:	12:51.60	48.14	1200m:	19:23.85	49.01			
<b>3. Linda Wibbelink</b>		<b>Steenwijk 1934</b>	<b>NED</b>	<b>195900158</b>	<b>25:43.95</b>	<b>+0,91</b>					
50m:	45.73	45.73	450m:	7:37.10	51.25	850m:	14:29.12	51.56	1250m:	21:24.97	52.07
100m:	1:35.48	49.75	500m:	8:28.63	51.53	900m:	15:20.87	51.75	1300m:	22:17.26	52.29
150m:	2:26.77	51.29	550m:	9:20.42	51.79	950m:	16:12.66	51.79	1350m:	23:09.27	52.01
200m:	3:18.07	51.30	600m:	10:12.38	51.96	1000m:	17:04.72	52.06	1400m:	24:01.57	52.30
250m:	4:09.59	51.52	650m:	11:03.75	51.37	1050m:	17:56.40	51.68	1450m:	24:53.55	51.98
300m:	5:02.01	52.42	700m:	11:54.82	51.07	1100m:	18:48.34	51.94	1500m:	25:43.95	50.40
350m:	5:54.12	52.11	750m:	12:45.77	50.95	1150m:	19:40.47	52.13			
400m:	6:45.85	51.73	800m:	13:37.56	51.79	1200m:	20:32.90	52.43			
<b>4. Kirsten Stamer</b>		<b>SC Janus Köln</b>	<b>GER</b>	<b>247144</b>	<b>26:46.46</b>	<b>+0,95</b>					
50m:	50.93	50.93	450m:	8:07.06	55.21	850m:	15:14.99	53.45	1250m:	22:20.35	54.16
100m:	1:45.14	54.21	500m:	9:00.85	53.79	900m:	16:07.56	52.57	1300m:	23:13.35	53.00
150m:	2:40.11	54.97	550m:	9:56.58	55.73	950m:	17:00.85	53.29	1350m:	24:07.60	54.25
200m:	3:34.04	53.93	600m:	10:50.08	53.50	1000m:	17:53.29	52.44	1400m:	25:00.71	53.11
250m:	4:28.69	54.65	650m:	11:43.43	53.35	1050m:	18:46.94	53.65	1450m:	25:54.55	53.84
300m:	5:23.17	54.48	700m:	12:35.62	52.19	1100m:	19:40.04	53.10	1500m:	26:46.46	51.91
350m:	6:18.10	54.93	750m:	13:28.96	53.34	1150m:	20:33.28	53.24			
400m:	7:11.85	53.75	800m:	14:21.54	52.58	1200m:	21:26.19	52.91			
<b>5. Betsie Klompmaker</b>		<b>De Hokseberg</b>	<b>NED</b>	<b>195900200</b>	<b>33:35.21</b>						
50m:	57.78	57.78	450m:	9:48.17	1:05.84	850m:	18:42.56	1:06.28	1250m:	27:49.58	1:07.93
100m:	2:03.61	1:05.83	500m:	10:56.02	1:07.85	900m:	19:51.04	1:08.48	1300m:	29:00.59	1:11.01
150m:	3:09.00	1:05.39	550m:	12:01.57	1:05.55	950m:	20:58.23	1:07.19	1350m:	30:09.02	1:08.43
200m:	4:17.17	1:08.17	600m:	13:08.74	1:07.17	1000m:	22:07.24	1:09.01	1400m:	31:20.29	1:11.27
250m:	5:22.11	1:04.94	650m:	14:15.34	1:06.60	1050m:	23:14.74	1:07.50	1450m:	32:27.95	1:07.66
300m:	6:29.82	1:07.71	700m:	15:22.26	1:06.92	1100m:	24:24.44	1:09.70	1500m:	33:35.21	1:07.26
350m:	7:35.44	1:05.62	750m:	16:29.69	1:07.43	1150m:	25:33.14	1:08.70			
400m:	8:42.33	1:06.89	800m:	17:36.28	1:06.59	1200m:	26:41.65	1:08.51			

70+

<b>1. Ineke Weekers</b>		<b>PSV</b>	<b>NED</b>	<b>195300050</b>	<b>23:55.90</b>	<b>+0,89</b>					
50m:	43.80	43.80	450m:	7:01.45	47.28	850m:	13:21.76	47.83	1250m:	19:50.85	48.87
100m:	1:30.59	46.79	500m:	7:48.48	47.03	900m:	14:10.14	48.38	1300m:	20:40.02	49.17
150m:	2:17.94	47.35	550m:	8:35.87	47.39	950m:	14:58.63	48.49	1350m:	21:29.26	49.24
200m:	3:05.24	47.30	600m:	9:22.93	47.06	1000m:	15:46.66	48.03	1400m:	22:18.45	49.19
250m:	3:52.57	47.33	650m:	10:10.37	47.44	1050m:	16:36.02	49.36	1450m:	23:07.20	48.75
300m:	4:39.82	47.25	700m:	10:58.09	47.72	1100m:	17:24.48	48.46	1500m:	23:55.90	48.70
350m:	5:27.08	47.26	750m:	11:45.92	47.83	1150m:	18:13.53	49.05			
400m:	6:14.17	47.09	800m:	12:33.93	48.01	1200m:	19:01.98	48.45			
<b>2. Margriet Pasma</b>		<b>TriVia</b>	<b>NED</b>	<b>195500088</b>	<b>25:30.97</b>	<b>+0,95</b>					
50m:	44.83	44.83	450m:	7:36.43	50.59	850m:	14:21.28	51.34	1250m:	21:13.38	51.23
100m:	1:35.77	50.94	500m:	8:26.54	50.11	900m:	15:12.72	51.44	1300m:	22:05.59	52.21
150m:	2:27.38	51.61	550m:	9:16.75	50.21	950m:	16:04.07	51.35	1350m:	22:57.16	51.57
200m:	3:19.58	52.20	600m:	10:06.93	50.18	1000m:	16:55.66	51.59	1400m:	23:49.23	52.07
250m:	4:11.12	51.54	650m:	10:56.95	50.02	1050m:	17:46.87	51.21	1450m:	24:41.42	52.19
300m:	5:03.16	52.04	700m:	11:47.52	50.57	1100m:	18:38.65	51.78	1500m:	25:30.97	49.55
350m:	5:54.82	51.66	750m:	12:38.60	51.08	1150m:	19:30.03	51.38			
400m:	6:45.84	51.02	800m:	13:29.94	51.34	1200m:	20:22.15	52.12			

75+



Open Nederlandse Masters  
Kampioenschappen 2026 lange baan  
Drachten, 30 april-3 mei 2026



Programmanr. 3, Dames, 1500m vrije slag, 75+

rang	naam	vereniging	tijd						RT	PARA
1.	Gonnie Bak	PSV	<b>34:12.03</b>							
	50m: 57.82	57.82	450m: 10:03.56	1:09.37	850m: 19:14.74	1:09.75	1250m: 28:29.47	1:09.12		
	100m: 2:04.16	1:06.34	500m: 11:12.39	1:08.83	900m: 20:24.86	1:10.12	1300m: 29:38.52	1:09.05		
	150m: 3:11.43	1:07.27	550m: 12:20.86	1:08.47	950m: 21:34.16	1:09.30	1350m: 30:47.23	1:08.71		
	200m: 4:19.47	1:08.04	600m: 13:30.31	1:09.45	1000m: 22:43.59	1:09.43	1400m: 31:56.18	1:08.95		
	250m: 5:27.36	1:07.89	650m: 14:39.27	1:08.96	1050m: 23:52.86	1:09.27	1450m: 33:05.14	1:08.96		
	300m: 6:36.22	1:08.86	700m: 15:48.05	1:08.78	1100m: 25:02.17	1:09.31	1500m: 34:12.03	1:06.89		
	350m: 7:45.18	1:08.96	750m: 16:56.53	1:08.48	1150m: 26:11.33	1:09.16				
	400m: 8:54.19	1:09.01	800m: 18:04.99	1:08.46	1200m: 27:20.35	1:09.02				

80+

1.	Loekie van Huissteden	ZPC Amersfoort	NED 194500002						40:15.74		
	50m: 1:07.03	1:07.03	450m: 11:37.69	1:17.86	850m: 22:33.68	1:22.70	1250m: 33:34.32	1:21.27			
	100m: 2:26.43	1:19.40	500m: 12:57.29	1:19.60	900m: 23:55.85	1:22.17	1300m: 34:58.23	1:23.91			
	150m: 3:45.43	1:19.00	550m: 14:18.87	1:21.58	950m: 25:18.38	1:22.53	1350m: 36:20.10	1:21.87			
	200m: 5:04.65	1:19.22	600m: 15:41.04	1:22.17	1000m: 26:41.25	1:22.87	1400m: 37:40.95	1:20.85			
	250m: 6:22.64	1:17.99	650m: 17:02.95	1:21.91	1050m: 28:03.46	1:22.21	1450m: 39:00.02	1:19.07			
	300m: 7:41.98	1:19.34	700m: 18:25.34	1:22.39	1100m: 29:27.87	1:24.41	1500m: 40:15.74	1:15.72			
	350m: 9:00.82	1:18.84	750m: 19:46.64	1:21.30	1150m: 30:49.55	1:21.68					
	400m: 10:19.83	1:19.01	800m: 21:10.98	1:24.34	1200m: 32:13.05	1:23.50					

85+

1.	Marie Smits	Old Dutch	NED 193800004						39:16.11		
	50m: 1:04.30	1:04.30	450m: 11:33.92	1:20.41	850m: 22:07.45	1:19.22	1250m: 32:42.25	1:20.33			
	100m: 2:22.91	1:18.61	500m: 12:53.29	1:19.37	900m: 23:25.85	1:18.40	1300m: 34:01.85	1:19.60			
	150m: 3:42.97	1:20.06	550m: 14:12.24	1:18.95	950m: 24:45.31	1:19.46	1350m: 35:22.41	1:20.56			
	200m: 5:01.62	1:18.65	600m: 15:31.22	1:18.98	1000m: 26:04.61	1:19.30	1400m: 36:42.59	1:20.18			
	250m: 6:20.49	1:18.87	650m: 16:51.30	1:20.08	1050m: 27:23.57	1:18.96	1450m: 38:01.26	1:18.67			
	300m: 7:35.82	1:15.33	700m: 18:09.90	1:18.60	1100m: 28:42.97	1:19.40	1500m: 39:16.11	1:14.85			
	350m: 8:54.79	1:18.97	750m: 19:29.13	1:19.23	1150m: 30:03.32	1:20.35					
	400m: 10:13.51	1:18.72	800m: 20:48.23	1:19.10	1200m: 31:21.92	1:18.60					

