



Open Nederlandse Masters
Kampioenschappen 2026 lange baan
Drachten, 30 april-3 mei 2026



4 - ONMK2026lb - Sessie 4

2-5-2026 - 9:30

Programmanr. 17
2-5-2026 - 9:30

Dames, 800m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	tijd	RT	PARA			
20+								
1.	Roos de Jong	ZCNF'34	NED 200302948	10:21.53	+0,77			
	50m: 34.45	34.45	250m: 3:09.92	39.03	450m: 5:47.56	39.53	650m: 8:25.64	39.45
	100m: 1:12.48	38.03	300m: 3:49.36	39.44	500m: 6:27.02	39.46	700m: 9:05.35	39.71
	150m: 1:51.56	39.08	350m: 4:28.87	39.51	550m: 7:06.79	39.77	750m: 9:44.32	38.97
	200m: 2:30.89	39.33	400m: 5:08.03	39.16	600m: 7:46.19	39.40	800m: 10:21.53	37.21
2.	Dido Toornend	Team Noord Holland (SG)	NED 200501718	10:31.88	+0,78			
	50m: 32.14	32.14	250m: 3:07.17	40.37	450m: 5:49.96	40.60	650m: 8:33.20	41.04
	100m: 1:08.62	36.48	300m: 3:47.67	40.50	500m: 6:30.56	40.60	700m: 9:13.89	40.69
	150m: 1:47.01	38.39	350m: 4:28.49	40.82	550m: 7:11.47	40.91	750m: 9:54.76	40.87
	200m: 2:26.80	39.79	400m: 5:09.36	40.87	600m: 7:52.16	40.69	800m: 10:31.88	37.12
3.	Feline Slijkhuis	SG Octopus - ZVV	NED 200501042	10:32.03	+0,84			
	50m: 34.73	34.73	250m: 3:11.14	40.04	450m: 5:53.57	41.08	650m: 8:35.61	40.22
	100m: 1:12.47	37.74	300m: 3:51.47	40.33	500m: 6:34.11	40.54	700m: 9:15.55	39.94
	150m: 1:51.53	39.06	350m: 4:32.03	40.56	550m: 7:14.60	40.49	750m: 9:54.86	39.31
	200m: 2:31.10	39.57	400m: 5:12.49	40.46	600m: 7:55.39	40.79	800m: 10:32.03	37.17
4.	Myrthe Dam	Zuiderzeewemmers	NED 200602336	10:42.58	+0,71			
	50m: 34.23	34.23	250m: 3:11.68	40.29	450m: 5:55.79	40.89	650m: 8:42.10	40.98
	100m: 1:12.34	38.11	300m: 3:52.91	41.23	500m: 6:37.97	42.18	700m: 9:23.85	41.75
	150m: 1:51.07	38.73	350m: 4:33.39	40.48	550m: 7:19.08	41.11	750m: 10:03.53	39.68
	200m: 2:31.39	40.32	400m: 5:14.90	41.51	600m: 8:01.12	42.04	800m: 10:42.58	39.05
5.	Kiki Bootsman	Azuro	NED 200502850	10:44.12	+0,73			
	50m: 36.13	36.13	250m: 3:15.60	40.51	450m: 5:58.20	40.61	650m: 8:41.46	40.78
	100m: 1:15.56	39.43	300m: 3:56.03	40.43	500m: 6:38.87	40.67	700m: 9:22.80	41.34
	150m: 1:55.19	39.63	350m: 4:36.81	40.78	550m: 7:19.69	40.82	750m: 10:04.32	41.52
	200m: 2:35.09	39.90	400m: 5:17.59	40.78	600m: 8:00.68	40.99	800m: 10:44.12	39.80
6.	Tamar Roosen	VZV Njord	NED 200501168	10:48.23	+0,73			
	50m: 34.92	34.92	250m: 3:13.07	40.62	450m: 5:59.56	41.40	650m: 8:46.23	41.24
	100m: 1:13.02	38.10	300m: 3:54.25	41.18	500m: 6:41.85	42.29	700m: 9:27.75	41.52
	150m: 1:52.42	39.40	350m: 4:35.91	41.66	550m: 7:23.25	41.40	750m: 10:08.86	41.11
	200m: 2:32.45	40.03	400m: 5:18.16	42.25	600m: 8:04.99	41.74	800m: 10:48.23	39.37
7.	Claire Bosch	De Dinkel	NED 200401480	10:51.83	+0,76			
	50m: 35.15	35.15	250m: 3:16.86	41.03	450m: 6:01.36	41.38	650m: 8:48.34	41.85
	100m: 1:14.47	39.32	300m: 3:57.48	40.62	500m: 6:42.81	41.45	700m: 9:29.62	41.28
	150m: 1:55.12	40.65	350m: 4:38.75	41.27	550m: 7:24.68	41.87	750m: 10:10.99	41.37
	200m: 2:35.83	40.71	400m: 5:19.98	41.23	600m: 8:06.49	41.81	800m: 10:51.83	40.84
8.	Birgit Hage	PSV	NED 200602898	11:36.29	+0,74			
	50m: 37.86	37.86	250m: 3:27.88	44.07	450m: 6:27.20	44.82	650m: 9:26.28	43.91
	100m: 1:18.83	40.97	300m: 4:12.56	44.68	500m: 7:12.47	45.27	700m: 10:10.20	43.92
	150m: 2:00.90	42.07	350m: 4:56.98	44.42	550m: 7:56.79	44.32	750m: 10:55.31	45.11
	200m: 2:43.81	42.91	400m: 5:42.38	45.40	600m: 8:42.37	45.58	800m: 11:36.29	40.98
25+								
1.	Laura Setz	Bubble	NED 200000130	9:29.93	+0,91			
	50m: 32.06	32.06	250m: 2:55.97	36.50	450m: 5:21.81	35.88	650m: 7:45.40	35.85
	100m: 1:07.03	34.97	300m: 3:32.42	36.45	500m: 5:57.48	35.67	700m: 8:21.18	35.78
	150m: 1:43.19	36.16	350m: 4:09.12	36.70	550m: 6:33.52	36.04	750m: 8:56.53	35.35
	200m: 2:19.47	36.28	400m: 4:45.93	36.81	600m: 7:09.55	36.03	800m: 9:29.93	33.40
2.	Fabienne Otto	swimART Solingen	GER 271577	9:52.95	+0,77			
	50m: 34.00	34.00	250m: 3:02.36	37.34	450m: 5:32.10	37.57	650m: 8:03.39	38.01
	100m: 1:10.53	36.53	300m: 3:39.64	37.28	500m: 6:09.60	37.50	700m: 8:40.96	37.57
	150m: 1:48.01	37.48	350m: 4:17.14	37.50	550m: 6:47.52	37.92	750m: 9:18.26	37.30
	200m: 2:25.02	37.01	400m: 4:54.53	37.39	600m: 7:25.38	37.86	800m: 9:52.95	34.69
3.	Amber van der Kruk	MSV-Zeemacht	NED 200102730	S14 9:54.19	+0,84			
	50m: 32.19	32.19	250m: 3:02.22	37.74	450m: 5:32.32	37.78	650m: 8:04.30	38.29
	100m: 1:08.23	36.04	300m: 3:39.56	37.34	500m: 6:10.01	37.69	700m: 8:41.79	37.49
	150m: 1:46.73	38.50	350m: 4:17.28	37.72	550m: 6:48.46	38.45	750m: 9:19.12	37.33
	200m: 2:24.48	37.75	400m: 4:54.54	37.26	600m: 7:26.01	37.55	800m: 9:54.19	35.07
4.	Marijke Drent	Bubble	NED 199906232	10:04.38	+0,78			
	50m: 33.45	33.45	250m: 3:06.42	38.25	450m: 5:40.91	38.46	650m: 8:14.22	37.30
	100m: 1:11.13	37.68	300m: 3:45.37	38.95	500m: 6:19.92	39.01	700m: 8:52.28	38.06
	150m: 1:49.40	38.27	350m: 4:23.57	38.20	550m: 6:58.00	38.08	750m: 9:28.79	36.51
	200m: 2:28.17	38.77	400m: 5:02.45	38.88	600m: 7:36.92	38.92	800m: 10:04.38	35.59





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Programmanr. 17, Dames, 800m vrije slag, 25+

rang	naam	vereniging	tijd	RT	PARA
5.	Myra Smulders	Zwemvereniging Hoogland	10:05.99	+0,70	
	50m: 32.72	250m: 3:02.88	38.50	450m: 5:38.02	38.84
	100m: 1:08.94	300m: 3:41.45	38.57	500m: 6:16.66	38.64
	150m: 1:46.70	350m: 4:20.53	39.08	550m: 6:55.81	39.15
	200m: 2:24.38	400m: 4:59.18	38.65	600m: 7:34.60	38.79
				650m: 8:13.80	39.20
				700m: 8:52.26	38.46
				750m: 9:30.65	38.39
				800m: 10:05.99	35.34
6.	Noa Oldenhof	ZPCH	10:49.58	+0,68	
	50m: 34.62	250m: 3:14.11	40.60	450m: 5:59.61	41.30
	100m: 1:13.15	300m: 3:55.67	41.56	500m: 6:41.69	42.08
	150m: 1:52.70	350m: 4:36.71	41.04	550m: 7:23.09	41.40
	200m: 2:33.51	400m: 5:18.31	41.60	600m: 8:05.44	42.35
				650m: 8:46.81	41.37
				700m: 9:28.68	41.87
				750m: 10:09.72	41.04
				800m: 10:49.58	39.86
7.	Selina Janssen	Neptunus'58	11:16.82	+0,72	
	50m: 35.71	250m: 3:19.97	42.22	450m: 6:12.48	43.80
	100m: 1:15.25	300m: 4:02.68	42.71	500m: 6:55.93	43.45
	150m: 1:56.05	350m: 4:45.62	42.94	550m: 7:39.97	44.04
	200m: 2:37.75	400m: 5:28.68	43.06	600m: 8:23.56	43.59
				650m: 9:07.74	44.18
				700m: 9:51.26	43.52
				750m: 10:35.63	44.37
				800m: 11:16.82	41.19
8.	Nadine Scheeve	De Biesboschzwemmers	12:46.22	+0,82	
	50m: 41.55	250m: 3:53.58	48.58	450m: 7:09.91	48.95
	100m: 1:28.16	300m: 4:42.42	48.84	500m: 7:59.50	49.59
	150m: 2:16.47	350m: 5:32.01	49.59	550m: 8:48.45	48.95
	200m: 3:05.00	400m: 6:20.96	48.95	600m: 9:37.77	49.32
				650m: 10:25.96	48.19
				700m: 11:14.40	48.44
				750m: 12:01.17	46.77
				800m: 12:46.22	45.05

30+

1.	Leonie van Noort	WVZ	9:30.06	+0,83	
	50m: 31.87	250m: 2:55.12	36.15	450m: 5:17.77	36.24
	100m: 1:07.01	300m: 3:30.37	35.25	500m: 5:53.88	36.11
	150m: 1:43.03	350m: 4:06.09	35.72	550m: 6:30.53	36.65
	200m: 2:18.97	400m: 4:41.53	35.44	600m: 7:07.20	36.67
				650m: 7:43.89	36.69
				700m: 8:20.56	36.67
				750m: 8:56.78	36.22
				800m: 9:30.06	33.28
2.	Tamara Grove	De Dolfijn	9:54.58	+0,69	
	50m: 32.91	250m: 3:02.03	37.97	450m: 5:34.03	37.78
	100m: 1:09.20	300m: 3:39.85	37.82	500m: 6:11.85	37.82
	150m: 1:46.49	350m: 4:18.17	38.32	550m: 6:49.46	37.61
	200m: 2:24.06	400m: 4:56.25	38.08	600m: 7:26.71	37.25
				650m: 8:03.89	37.18
				700m: 8:40.96	37.07
				750m: 9:18.45	37.49
				800m: 9:54.58	36.13
3.	Anne-Irene Ducheine	Zwemvereniging Hoogland	10:21.91	+0,76	
	50m: 34.96	250m: 3:09.60	38.73	450m: 5:47.14	39.02
	100m: 1:13.27	300m: 3:49.26	39.66	500m: 6:27.26	40.12
	150m: 1:52.00	350m: 4:28.26	39.00	550m: 7:06.35	39.09
	200m: 2:30.87	400m: 5:08.12	39.86	600m: 7:46.40	40.05
				650m: 8:25.83	39.43
				700m: 9:05.47	39.64
				750m: 9:44.56	39.09
				800m: 10:21.91	37.35
4.	Fiona Meuffels	PSV	10:22.21	+0,67	
	50m: 34.00	250m: 3:07.57	39.15	450m: 5:46.79	39.55
	100m: 1:11.49	300m: 3:47.49	39.92	500m: 6:26.90	40.11
	150m: 1:49.46	350m: 4:27.06	39.57	550m: 7:06.44	39.54
	200m: 2:28.42	400m: 5:07.24	40.18	600m: 7:46.67	40.23
				650m: 8:26.31	39.64
				700m: 9:06.13	39.82
				750m: 9:45.46	39.33
				800m: 10:22.21	36.75
5.	Marijke Kommers	NieMo Barracuda	11:05.20	+0,79	
	50m: 34.94	250m: 3:18.74	42.26	450m: 6:08.99	42.85
	100m: 1:13.87	300m: 4:01.14	42.40	500m: 6:51.72	42.73
	150m: 1:55.04	350m: 4:43.70	42.56	550m: 7:35.16	43.44
	200m: 2:36.48	400m: 5:26.14	42.44	600m: 8:18.20	43.04
				650m: 9:00.96	42.76
				700m: 9:42.83	41.87
				750m: 10:25.05	42.22
				800m: 11:05.20	40.15
6.	Nienke Smidt	WS Twente	11:07.98	+0,86	
	50m: 36.62	250m: 3:24.76	42.84	450m: 6:14.46	43.08
	100m: 1:16.86	300m: 4:06.38	41.62	500m: 6:56.93	42.47
	150m: 1:59.70	350m: 4:49.49	43.11	550m: 7:40.28	43.35
	200m: 2:41.92	400m: 5:31.38	41.89	600m: 8:22.40	42.12
				650m: 9:04.67	42.27
				700m: 9:46.94	42.27
				750m: 10:28.53	41.59
				800m: 11:07.98	39.45
7.	Irmgard van Weeghel	ENC Arnhem	11:37.35	+0,81	
	50m: 37.71	250m: 3:28.25	43.49	450m: 6:25.56	44.73
	100m: 1:18.99	300m: 4:11.98	43.73	500m: 7:09.89	44.33
	150m: 2:01.78	350m: 4:56.63	44.65	550m: 7:55.21	45.32
	200m: 2:44.76	400m: 5:40.83	44.20	600m: 8:40.44	45.23
				650m: 9:25.57	45.13
				700m: 10:10.38	44.81
				750m: 10:54.74	44.36
				800m: 11:37.35	42.61

35+

1.	Lisanne Andeweg	Zuiderzeezwemmers	10:47.15	+0,84	
	50m: 35.64	250m: 3:17.58	40.97	450m: 6:02.23	40.80
	100m: 1:15.38	300m: 3:58.98	41.40	500m: 6:43.49	41.26
	150m: 1:55.66	350m: 4:40.13	41.15	550m: 7:24.41	40.92
	200m: 2:36.61	400m: 5:21.43	41.30	600m: 8:05.83	41.42
				650m: 8:46.94	41.11
				700m: 9:28.52	41.58
				750m: 10:08.87	40.35
				800m: 10:47.15	38.28
2.	Relinda Baas	TriVia	11:05.72	+0,77	
	50m: 36.58	250m: 3:21.64	41.84	450m: 6:11.71	42.53
	100m: 1:16.48	300m: 4:03.88	42.24	500m: 6:54.28	42.57
	150m: 1:57.77	350m: 4:46.43	42.55	550m: 7:36.96	42.68
	200m: 2:39.80	400m: 5:29.18	42.75	600m: 8:19.47	42.51
				650m: 9:01.80	42.33
				700m: 9:43.74	41.94
				750m: 10:25.04	41.30
				800m: 11:05.72	40.68





Open Nederlandse Masters
Kampioenschappen 2026 lange baan
Drachten, 30 april-3 mei 2026



Programmanr. 17, Dames, 800m vrije slag, 35+

rang	naam	vereniging					tijd	RT	PARA
3.	Nanda van Heteren	PSV	NED 198901728				11:29.41	+0,86	
	50m: 38.36	38.36	250m: 3:31.96	43.68	450m: 6:28.98	43.95	650m: 9:23.92	43.52	
	100m: 1:20.87	42.51	300m: 4:16.26	44.30	500m: 7:12.90	43.92	700m: 10:06.98	43.06	
	150m: 2:04.14	43.27	350m: 5:00.10	43.84	550m: 7:56.64	43.74	750m: 10:49.45	42.47	
	200m: 2:48.28	44.14	400m: 5:45.03	44.93	600m: 8:40.40	43.76	800m: 11:29.41	39.96	
4.	Suzan Blankestijn	ZVL - 1886	NED 198900350				11:57.47	+0,77	
	50m: 40.46	40.46	250m: 3:41.48	46.14	450m: 6:42.95	45.44	650m: 9:43.67	45.80	
	100m: 1:24.45	43.99	300m: 4:27.16	45.68	500m: 7:27.72	44.77	700m: 10:28.51	44.84	
	150m: 2:10.23	45.78	350m: 5:12.62	45.46	550m: 8:12.91	45.19	750m: 11:13.95	45.44	
	200m: 2:55.34	45.11	400m: 5:57.51	44.89	600m: 8:57.87	44.96	800m: 11:57.47	43.52	
5.	Esther Boerdam-Delfos	AZC	NED 198705256				12:17.66	+0,79	
	50m: 39.48	39.48	250m: 3:43.66	46.64	450m: 6:51.56	48.02	650m: 10:00.75	47.57	
	100m: 1:24.79	45.31	300m: 4:30.34	46.68	500m: 7:38.43	46.87	700m: 10:47.59	46.84	
	150m: 2:10.47	45.68	350m: 5:17.14	46.80	550m: 8:25.99	47.56	750m: 11:34.26	46.67	
	200m: 2:57.02	46.55	400m: 6:03.54	46.40	600m: 9:13.18	47.19	800m: 12:17.66	43.40	
6.	Liesbeth van Mill	Zwemlust- den Hommel	NED 198702786				12:18.27	+0,91	
	50m: 39.52	39.52	250m: 3:42.05	46.03	450m: 6:48.00	46.97	650m: 9:57.55	47.05	
	100m: 1:24.45	44.93	300m: 4:28.03	45.98	500m: 7:35.11	47.11	700m: 10:45.22	47.67	
	150m: 2:10.07	45.62	350m: 5:14.32	46.29	550m: 8:22.38	47.27	750m: 11:32.44	47.22	
	200m: 2:56.02	45.95	400m: 6:01.03	46.71	600m: 9:10.50	48.12	800m: 12:18.27	45.83	
7.	Jacoline van den Beukel	NieMo Barracuda	NED 199100238				13:42.37	+0,80	
	50m: 42.93	42.93	250m: 4:00.61	51.39	450m: 7:30.34	53.61	650m: 11:03.92	53.18	
	100m: 1:29.98	47.05	300m: 4:52.24	51.63	500m: 8:23.44	53.10	700m: 11:57.48	53.56	
	150m: 2:18.74	48.76	350m: 5:44.52	52.28	550m: 9:17.49	54.05	750m: 12:50.88	53.40	
	200m: 3:09.22	50.48	400m: 6:36.73	52.21	600m: 10:10.74	53.25	800m: 13:42.37	51.49	
40+									
1.	Sabine Zimmermann	Aachener SV 06	GER 101578				10:07.77	+0,79	
	50m: 34.04	34.04	250m: 3:06.76	38.59	450m: 5:41.30	38.21	650m: 8:15.80	38.19	
	100m: 1:11.56	37.52	300m: 3:45.77	39.01	500m: 6:20.19	38.89	700m: 8:53.81	38.01	
	150m: 1:49.50	37.94	350m: 4:24.45	38.68	550m: 6:58.98	38.79	750m: 9:31.61	37.80	
	200m: 2:28.17	38.67	400m: 5:03.09	38.64	600m: 7:37.61	38.63	800m: 10:07.77	36.16	
2.	Viktória Hádén-Felföldi	Iron Swim	HUN 66/3267				10:20.84	+0,81	
	50m: 34.64	34.64	250m: 3:09.21	38.82	450m: 5:45.32	39.37	650m: 8:23.39	39.58	
	100m: 1:12.89	38.25	300m: 3:47.85	38.64	500m: 6:24.66	39.34	700m: 9:03.03	39.64	
	150m: 1:51.55	38.66	350m: 4:27.07	39.22	550m: 7:04.09	39.43	750m: 9:42.51	39.48	
	200m: 2:30.39	38.84	400m: 5:05.95	38.88	600m: 7:43.81	39.72	800m: 10:20.84	38.33	
3.	Ann Wanter	Zwemclub Geel	BEL ZGEEL/21082/82				10:21.47	+0,80	
	50m: 35.17	35.17	250m: 3:11.62	39.47	450m: 5:49.01	39.45	650m: 8:26.62	39.41	
	100m: 1:14.03	38.86	300m: 3:51.00	39.38	500m: 6:28.43	39.42	700m: 9:05.71	39.09	
	150m: 1:53.18	39.15	350m: 4:30.23	39.23	550m: 7:07.85	39.42	750m: 9:44.61	38.90	
	200m: 2:32.15	38.97	400m: 5:09.56	39.33	600m: 7:47.21	39.36	800m: 10:21.47	36.86	
4.	Evita van de Ketterij	De Treffers	NED 198504284				10:53.71	+0,84	
	50m: 35.95	35.95	250m: 3:18.46	41.29	450m: 6:04.80	41.53	650m: 8:51.36	41.11	
	100m: 1:15.54	39.59	300m: 3:59.99	41.53	500m: 6:46.38	41.58	700m: 9:32.98	41.62	
	150m: 1:56.13	40.59	350m: 4:41.63	41.64	550m: 7:28.16	41.78	750m: 10:13.89	40.91	
	200m: 2:37.17	41.04	400m: 5:23.27	41.64	600m: 8:10.25	42.09	800m: 10:53.71	39.82	
5.	Ramona Linting	AZC	NED 198301274				11:26.31	+0,76	
	50m: 37.60	37.60	250m: 3:30.96	43.42	450m: 6:25.62	43.11	650m: 9:19.06	43.49	
	100m: 1:20.46	42.86	300m: 4:14.77	43.81	500m: 7:08.82	43.20	700m: 10:02.12	43.06	
	150m: 2:03.83	43.37	350m: 4:58.75	43.98	550m: 7:52.00	43.18	750m: 10:44.98	42.86	
	200m: 2:47.54	43.71	400m: 5:42.51	43.76	600m: 8:35.57	43.57	800m: 11:26.31	41.33	
6.	Sandra Schellekens	Neptunus'58	NED 198503416				12:31.20	+0,91	
	50m: 39.34	39.34	250m: 3:44.80	46.97	450m: 6:55.83	47.53	650m: 10:07.89	47.61	
	100m: 1:24.39	45.05	300m: 4:32.95	48.15	500m: 7:44.23	48.40	700m: 10:56.85	48.96	
	150m: 2:10.25	45.86	350m: 5:20.49	47.54	550m: 8:31.99	47.76	750m: 11:44.25	47.40	
	200m: 2:57.83	47.58	400m: 6:08.30	47.81	600m: 9:20.28	48.29	800m: 12:31.20	46.95	
7.	Linda Hoogendam	WVZ	NED 198300892				12:51.19	+0,94	
	50m: 42.65	42.65	250m: 3:57.08	48.22	450m: 7:13.33	48.96	650m: 10:29.62	48.51	
	100m: 1:31.69	49.04	300m: 4:46.23	49.15	500m: 8:02.79	49.46	700m: 11:19.44	49.82	
	150m: 2:19.47	47.78	350m: 5:34.97	48.74	550m: 8:51.99	49.20	750m: 12:06.37	46.93	
	200m: 3:08.86	49.39	400m: 6:24.37	49.40	600m: 9:41.11	49.12	800m: 12:51.19	44.82	
45+									
1.	Chantal Verhoeff	Old Dutch	NED 197900912				11:55.78	+0,82	
	50m: 38.94	38.94	250m: 3:38.14	45.12	450m: 6:39.24	45.28	650m: 9:40.74	45.43	
	100m: 1:22.97	44.03	300m: 4:23.10	44.96	500m: 7:24.64	45.40	700m: 10:26.49	45.75	
	150m: 2:07.86	44.89	350m: 5:08.47	45.37	550m: 8:09.67	45.03	750m: 11:11.20	44.71	
	200m: 2:53.02	45.16	400m: 5:53.96	45.49	600m: 8:55.31	45.64	800m: 11:55.78	44.58	





Open Nederlandse Masters
Kampioenschappen 2026 lange baan
Drachten, 30 april-3 mei 2026



Programmanr. 17, Dames, 800m vrije slag, 45+

rang	naam	vereniging	tijd	RT	PARA			
2.	Sabrina Boekhout	De Biesboschzweimmers	12:18.69	+0,87				
	50m: 39.87	39.87	250m: 3:43.12	46.50	450m: 6:50.50	47.18	650m: 9:59.07	46.69
	100m: 1:24.55	44.68	300m: 4:29.30	46.18	500m: 7:37.96	47.46	700m: 10:46.71	47.64
	150m: 2:10.39	45.84	350m: 5:15.94	46.64	550m: 8:25.03	47.07	750m: 11:33.29	46.58
	200m: 2:56.62	46.23	400m: 6:03.32	47.38	600m: 9:12.38	47.35	800m: 12:18.69	45.40
3.	Jessica Venema	Old Dutch	12:21.43	+0,77				
	50m: 38.32	38.32	250m: 3:43.95	47.84	450m: 6:53.78	47.00	650m: 10:03.40	47.35
	100m: 1:22.26	43.94	300m: 4:31.27	47.32	500m: 7:41.28	47.50	700m: 10:51.15	47.75
	150m: 2:08.72	46.46	350m: 5:19.11	47.84	550m: 8:28.14	46.86	750m: 11:37.17	46.02
	200m: 2:56.11	47.39	400m: 6:06.78	47.67	600m: 9:16.05	47.91	800m: 12:21.43	44.26

50+

1.	Liselotte Joling	PSV	10:19.33	+0,88				
	50m: 36.08	36.08	250m: 3:11.53	38.42	450m: 5:47.74	38.63	650m: 8:23.89	39.21
	100m: 1:14.59	38.51	300m: 3:51.09	39.56	500m: 6:26.82	39.08	700m: 9:03.72	39.83
	150m: 1:53.45	38.86	350m: 4:29.78	38.69	550m: 7:05.68	38.86	750m: 9:42.23	38.51
	200m: 2:33.11	39.66	400m: 5:09.11	39.33	600m: 7:44.68	39.00	800m: 10:19.33	37.10
2.	Annett von Rekowski	Schwimmverein Gera	10:29.47	+0,76				
	50m: 35.07	35.07	250m: 3:14.13	39.93	450m: 5:54.76	39.70	650m: 8:32.81	39.51
	100m: 1:14.54	39.47	300m: 3:54.51	40.38	500m: 6:34.44	39.68	700m: 9:12.69	39.88
	150m: 1:54.29	39.75	350m: 4:34.36	39.85	550m: 7:13.98	39.54	750m: 9:51.68	38.99
	200m: 2:34.20	39.91	400m: 5:15.06	40.70	600m: 7:53.30	39.32	800m: 10:29.47	37.79
3.	Petra Guijt	Aqua-Novio '94	11:49.77	+0,88				
	50m: 39.25	39.25	250m: 3:39.38	45.67	450m: 6:40.08	44.81	650m: 9:38.28	44.67
	100m: 1:23.13	43.88	300m: 4:24.74	45.36	500m: 7:24.24	44.16	700m: 10:22.85	44.57
	150m: 2:08.55	45.42	350m: 5:10.21	45.47	550m: 8:09.01	44.77	750m: 11:07.02	44.17
	200m: 2:53.71	45.16	400m: 5:55.27	45.06	600m: 8:53.61	44.60	800m: 11:49.77	42.75
4.	Mariska van Doorn	Arethusa	12:12.20	+0,91				
	50m: 38.40	38.40	250m: 3:38.02	45.59	450m: 6:44.86	46.94	650m: 9:52.71	46.77
	100m: 1:21.36	42.96	300m: 4:23.84	45.82	500m: 7:32.41	47.55	700m: 10:39.89	47.18
	150m: 2:06.70	45.34	350m: 5:10.66	46.82	550m: 8:19.25	46.84	750m: 11:26.48	46.59
	200m: 2:52.43	45.73	400m: 5:57.92	47.26	600m: 9:05.94	46.69	800m: 12:12.20	45.72

55+

1.	Carla Geurts	PSV	10:06.73	+0,74				
	<i>Nederlands Masters Record</i>							
	50m: 34.03	34.03	250m: 3:06.61	38.30	450m: 5:40.33	38.06	650m: 8:14.28	38.80
	100m: 1:11.61	37.58	300m: 3:45.37	38.76	500m: 6:18.38	38.05	700m: 8:52.43	38.15
	150m: 1:49.92	38.31	350m: 4:24.02	38.65	550m: 6:56.85	38.47	750m: 9:30.81	38.38
	200m: 2:28.31	38.39	400m: 5:02.27	38.25	600m: 7:35.48	38.63	800m: 10:06.73	35.92
2.	Lidia van Bon-Rosenbrand	ZPC Amersfoort	10:55.95	+0,86				
	50m: 36.61	36.61	250m: 3:24.67	42.58	450m: 6:12.98	41.11	650m: 8:57.63	41.05
	100m: 1:17.27	40.66	300m: 4:07.43	42.76	500m: 6:54.50	41.52	700m: 9:38.21	40.58
	150m: 1:59.11	41.84	350m: 4:49.72	42.29	550m: 7:35.63	41.13	750m: 10:18.18	39.97
	200m: 2:42.09	42.98	400m: 5:31.87	42.15	600m: 8:16.58	40.95	800m: 10:55.95	37.77
3.	Annette de Visser	Oceanus	11:18.59	+0,86				
	50m: 37.25	37.25	250m: 3:26.88	43.44	450m: 6:19.50	43.01	650m: 9:12.16	42.66
	100m: 1:18.15	40.90	300m: 4:09.91	43.03	500m: 7:02.75	43.25	700m: 9:55.14	42.98
	150m: 2:00.60	42.45	350m: 4:53.30	43.39	550m: 7:46.12	43.37	750m: 10:37.56	42.42
	200m: 2:43.44	42.84	400m: 5:36.49	43.19	600m: 8:29.50	43.38	800m: 11:18.59	41.03
4.	Iris van Aurich	DWK	12:07.32	+0,80				
	50m: 39.80	39.80	250m: 3:42.66	46.59	450m: 6:49.44	46.19	650m: 9:54.73	46.15
	100m: 1:23.80	44.00	300m: 4:29.28	46.62	500m: 7:35.90	46.46	700m: 10:39.91	45.18
	150m: 2:09.40	45.60	350m: 5:16.39	47.11	550m: 8:22.35	46.45	750m: 11:25.00	45.09
	200m: 2:56.07	46.67	400m: 6:03.25	46.86	600m: 9:08.58	46.23	800m: 12:07.32	42.32
5.	Inken Wemheuer	Team Noord Holland (SG)	12:16.87	+0,87				
	50m: 41.10	41.10	250m: 3:49.11	48.06	450m: 6:59.72	47.89	650m: 10:07.07	46.34
	100m: 1:26.54	45.44	300m: 4:36.57	47.46	500m: 7:46.62	46.90	700m: 10:51.99	44.92
	150m: 2:14.16	47.62	350m: 5:24.74	48.17	550m: 8:34.09	47.47	750m: 11:36.48	44.49
	200m: 3:01.05	46.89	400m: 6:11.83	47.09	600m: 9:20.73	46.64	800m: 12:16.87	40.39
6.	Laura Staal	Oceanus	12:24.95	+0,82				
	50m: 41.20	41.20	250m: 3:49.02	47.70	450m: 6:58.19	47.44	650m: 10:06.71	47.61
	100m: 1:27.47	46.27	300m: 4:36.13	47.11	500m: 7:44.97	46.78	700m: 10:53.64	46.93
	150m: 2:14.21	46.74	350m: 5:23.92	47.79	550m: 8:32.57	47.60	750m: 11:40.30	46.66
	200m: 3:01.32	47.11	400m: 6:10.75	46.83	600m: 9:19.10	46.53	800m: 12:24.95	44.65





Open Nederlandse Masters
Kampioenschappen 2026 lange baan
Drachten, 30 april-3 mei 2026



Programmanr. 17, Dames, 800m vrije slag, 55+

rang	naam	vereniging					tijd	RT	PARA
7.	Annette Spies	Link	NED 197001110				13:42.79	+0,87	
	50m: 44.22	44.22	250m: 4:11.13	51.76	450m: 7:40.18	52.05	650m: 11:08.96	51.98	
	100m: 1:35.47	51.25	300m: 5:03.57	52.44	500m: 8:32.81	52.63	700m: 12:01.37	52.41	
	150m: 2:27.08	51.61	350m: 5:55.42	51.85	550m: 9:24.37	51.56	750m: 12:52.95	51.58	
	200m: 3:19.37	52.29	400m: 6:48.13	52.71	600m: 10:16.98	52.61	800m: 13:42.79	49.84	
8.	Annet Kootstra	SWOL 1894	NED 197100344				13:45.52	+0,98	
	50m: 45.79	45.79	250m: 4:12.64	52.57	450m: 7:42.60	52.87	650m: 11:11.96	52.41	
	100m: 1:36.43	50.64	300m: 5:04.60	51.96	500m: 8:34.48	51.88	700m: 12:03.79	51.83	
	150m: 2:28.38	51.95	350m: 5:57.56	52.96	550m: 9:27.37	52.89	750m: 12:55.88	52.09	
	200m: 3:20.07	51.69	400m: 6:49.73	52.17	600m: 10:19.55	52.18	800m: 13:45.52	49.64	
9.	Kathy Van Lindt	Cercle De Natation Sportcity WolBEL	CNSW/007949/71				14:04.78	+1,02	
	50m: 48.19	48.19	250m: 4:18.47	51.83	450m: 7:53.30	53.23	650m: 11:27.59	52.18	
	100m: 1:41.22	53.03	300m: 5:12.72	54.25	500m: 8:47.27	53.97	700m: 12:21.54	53.95	
	150m: 2:33.45	52.23	350m: 6:05.98	53.26	550m: 9:40.94	53.67	750m: 13:14.16	52.62	
	200m: 3:26.64	53.19	400m: 7:00.07	54.09	600m: 10:35.41	54.47	800m: 14:04.78	50.62	
60+									
1.	Wilna Heijman	Steenwijk 1934	NED 196400506				12:03.46	+0,84	
	50m: 39.58	39.58	250m: 3:40.17	46.04	450m: 6:43.56	45.55	650m: 9:47.38	45.86	
	100m: 1:23.21	43.63	300m: 4:25.95	45.78	500m: 7:29.38	45.82	700m: 10:32.83	45.45	
	150m: 2:08.35	45.14	350m: 5:12.38	46.43	550m: 8:15.70	46.32	750m: 11:18.90	46.07	
	200m: 2:54.13	45.78	400m: 5:58.01	45.63	600m: 9:01.52	45.82	800m: 12:03.46	44.56	
2.	Anita Steijger	WVZ	NED 196500628				12:40.25	+0,89	
	50m: 43.94	43.94	250m: 3:54.42	48.51	450m: 7:06.24	48.02	650m: 10:17.85	47.87	
	100m: 1:30.63	46.69	300m: 4:42.24	47.82	500m: 7:54.31	48.07	700m: 11:06.29	48.44	
	150m: 2:18.14	47.51	350m: 5:30.33	48.09	550m: 8:42.36	48.05	750m: 11:54.28	47.99	
	200m: 3:05.91	47.77	400m: 6:18.22	47.89	600m: 9:29.98	47.62	800m: 12:40.25	45.97	
65+									
1.	Petra Tossings	GZC Donk	NED 196100376				12:42.53	+0,84	
	50m: 42.03	42.03	250m: 3:54.61	48.25	450m: 7:07.38	47.37	650m: 10:20.26	47.77	
	100m: 1:29.36	47.33	300m: 4:43.08	48.47	500m: 7:56.17	48.79	700m: 11:08.69	48.43	
	150m: 2:17.64	48.28	350m: 5:31.04	47.96	550m: 8:44.15	47.98	750m: 11:55.79	47.10	
	200m: 3:06.36	48.72	400m: 6:20.01	48.97	600m: 9:32.49	48.34	800m: 12:42.53	46.74	
2.	Kirsten Stamer	SC Janus Köln	GER 247144				14:21.04	+0,90	
	50m: 50.08	50.08	250m: 4:27.01	54.54	450m: 8:05.73	53.91	650m: 11:40.67	54.07	
	100m: 1:43.92	53.84	300m: 5:21.88	54.87	500m: 8:59.34	53.61	700m: 12:34.07	53.40	
	150m: 2:38.13	54.21	350m: 6:17.28	55.40	550m: 9:53.37	54.03	750m: 13:28.54	54.47	
	200m: 3:32.47	54.34	400m: 7:11.82	54.54	600m: 10:46.60	53.23	800m: 14:21.04	52.50	
70+									
1.	Ineke Weekers	PSV	NED 195300050				13:03.44	+0,88	
	50m: 45.15	45.15	250m: 4:03.23	49.75	450m: 7:21.17	49.52	650m: 10:38.91	50.07	
	100m: 1:34.51	49.36	300m: 4:53.01	49.78	500m: 8:10.73	49.56	700m: 11:27.71	48.80	
	150m: 2:23.78	49.27	350m: 5:42.31	49.30	550m: 8:59.75	49.02	750m: 12:16.66	48.95	
	200m: 3:13.48	49.70	400m: 6:31.65	49.34	600m: 9:48.84	49.09	800m: 13:03.44	46.78	
75+									
1.	Gonnie Bak	PSV	NED 195100064				17:49.93	+0,96	
	50m: 57.82	57.82	250m: 5:26.56	1:07.36	450m: 9:57.27	1:07.68	650m: 14:29.67	1:08.13	
	100m: 2:04.40	1:06.58	300m: 6:34.60	1:08.04	500m: 11:04.96	1:07.69	700m: 15:37.67	1:08.00	
	150m: 3:11.63	1:07.23	350m: 7:41.71	1:07.11	550m: 12:12.94	1:07.98	750m: 16:44.68	1:07.01	
	200m: 4:19.20	1:07.57	400m: 8:49.59	1:07.88	600m: 13:21.54	1:08.60	800m: 17:49.93	1:05.25	
80+									
1.	Loekie van Huissteden	ZPC Amersfoort	NED 194500002				20:45.76	+1,06	
	50m: 1:06.29	1:06.29	250m: 6:15.89	1:18.75	450m: 11:33.16	1:19.12	650m: 16:51.40	1:18.83	
	100m: 2:23.31	1:17.02	300m: 7:35.47	1:19.58	500m: 12:53.20	1:20.04	700m: 18:11.95	1:20.55	
	150m: 3:38.38	1:15.07	350m: 8:53.75	1:18.28	550m: 14:11.46	1:18.26	750m: 19:31.02	1:19.07	
	200m: 4:57.14	1:18.76	400m: 10:14.04	1:20.29	600m: 15:32.57	1:21.11	800m: 20:45.76	1:14.74	





Open Nederlandse Masters
Kampioenschappen 2026 lange baan
Drachten, 30 april-3 mei 2026



Programmanr. 18
2-5-2026 - 11:05

Heren, 400m wisselslag

Masters Open
Resultaten

rang	naam	vereniging	tijd	RT	PARA			
20+								
1.	Laurens Kalle	De Schotejil	5:07.20	+0,76				
	50m: 30.25	30.25	150m: 1:46.83	40.93	250m: 3:12.12	46.17	350m: 4:33.60	36.58
	100m: 1:05.90	35.65	200m: 2:25.95	39.12	300m: 3:57.02	44.90	400m: 5:07.20	33.60
2.	Jesper Pas	VZV Njord	5:23.38	+0,73				
	50m: 32.18	32.18	150m: 1:55.04	43.61	250m: 3:23.39	46.38	350m: 4:47.83	36.58
	100m: 1:11.43	39.25	200m: 2:37.01	41.97	300m: 4:11.25	47.86	400m: 5:23.38	35.55
3.	Christian Kalle	De Schotejil	5:29.71	+0,82				
	50m: 29.74	29.74	150m: 1:52.04	46.44	250m: 3:24.84	48.10	350m: 4:54.12	39.54
	100m: 1:05.60	35.86	200m: 2:36.74	44.70	300m: 4:14.58	49.74	400m: 5:29.71	35.59
25+								
1.	Jelle Blankestijn	ZPC Amersfoort	5:12.79	+0,79				
	50m: 31.89	31.89	150m: 1:50.94	40.32	250m: 3:16.86	44.97	350m: 4:38.46	35.77
	100m: 1:10.62	38.73	200m: 2:31.89	40.95	300m: 4:02.69	45.83	400m: 5:12.79	34.33
2.	David Kievit	De Schotejil	5:19.55	+0,76				
	50m: 31.43	31.43	150m: 1:51.89	41.18	250m: 3:19.09	45.92	350m: 4:42.63	37.65
	100m: 1:10.71	39.28	200m: 2:33.17	41.28	300m: 4:04.98	45.89	400m: 5:19.55	36.92
3.	Jeroen Louwinger	De Rijn	5:23.63	+0,75				
	50m: 34.34	34.34	150m: 1:54.18	41.05	250m: 3:22.67	48.91	350m: 4:47.81	36.29
	100m: 1:13.13	38.79	200m: 2:33.76	39.58	300m: 4:11.52	48.85	400m: 5:23.63	35.82
4.	Wesley van der Luit	Sassenheim	5:38.45	+0,82				
	50m: 35.03	35.03	150m: 2:00.30	45.33	250m: 3:32.47	49.07	350m: 5:02.35	39.56
	100m: 1:14.97	39.94	200m: 2:43.40	43.10	300m: 4:22.79	50.32	400m: 5:38.45	36.10
5.	Rick Haanschoten	De Rijn	5:42.17	+0,69				
	50m: 34.80	34.80	150m: 2:02.31	47.37	250m: 3:37.65	49.68	350m: 5:05.21	38.63
	100m: 1:14.94	40.14	200m: 2:47.97	45.66	300m: 4:26.58	48.93	400m: 5:42.17	36.96
6.	Patrick Wyrdean	Westland Swimming Stars	5:49.77	+0,68				
	50m: 32.50	32.50	150m: 1:58.72	46.35	250m: 3:35.58	51.77	350m: 5:09.85	41.36
	100m: 1:12.37	39.87	200m: 2:43.81	45.09	300m: 4:28.49	52.91	400m: 5:49.77	39.92
7.	Tenzin Tieman	Old Dutch	5:54.42	+0,80				
	50m: 33.72	33.72	150m: 2:02.97	47.92	250m: 3:45.51	55.05	350m: 5:18.69	37.83
	100m: 1:15.05	41.33	200m: 2:50.46	47.49	300m: 4:40.86	55.35	400m: 5:54.42	35.73
8.	Milan Adriaenssens	De Vrije Slag	6:04.77	+0,74				
	50m: 35.37	35.37	150m: 2:11.25	50.98	250m: 3:50.41	49.44	350m: 5:23.50	42.35
	100m: 1:20.27	44.90	200m: 3:00.97	49.72	300m: 4:41.15	50.74	400m: 6:04.77	41.27
9.	Jack Davies	ZVL - 1886	6:06.65	+0,75				
	50m: 35.78	35.78	150m: 2:07.40	47.75	250m: 3:45.19	50.95	350m: 5:21.91	45.77
	100m: 1:19.65	43.87	200m: 2:54.24	46.84	300m: 4:36.14	50.95	400m: 6:06.65	44.74
AFGEM	Herman Buist	PWC			NED 199801525			
30+								
1.	Pieter Pijnenburg	De Biesboschzwemmers	5:37.56	+0,79				
	50m: 35.59	35.59	150m: 2:02.66	44.85	250m: 3:32.72	45.01	350m: 4:58.14	39.04
	100m: 1:17.81	42.22	200m: 2:47.71	45.05	300m: 4:19.10	46.38	400m: 5:37.56	39.42
2.	Hugo Herbers	SWOL 1894	5:58.99	+0,77				
	50m: 34.80	34.80	150m: 2:03.26	46.58	250m: 3:40.01	49.99	350m: 5:15.31	43.67
	100m: 1:16.68	41.88	200m: 2:50.02	46.76	300m: 4:31.64	51.63	400m: 5:58.99	43.68
3.	Colin Degenaars	ZPCH	6:09.62	+0,81	SM14			
	50m: 36.04	36.04	150m: 2:13.60	50.88	250m: 3:55.29	53.87	350m: 5:30.71	41.29
	100m: 1:22.72	46.68	200m: 3:01.42	47.82	300m: 4:49.42	54.13	400m: 6:09.62	38.91
4.	Jaime Santiago Patterson	ZVL - 1886	6:15.10	+0,74				
	50m: 39.52	39.52	150m: 2:15.80	50.01	250m: 3:56.79	54.99	350m: 5:35.26	42.64
	100m: 1:25.79	46.27	200m: 3:01.80	46.00	300m: 4:52.62	55.83	400m: 6:15.10	39.84





Open Nederlandse Masters
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Programmanr. 18, Heren, 400m wisselslag

35+

1.	Tim Bunnik	Triton	NED	199000505		5:16.39	+0,76	
	50m: 33.37	33.37	150m: 1:53.74	40.24	250m: 3:19.39	44.69	350m: 4:40.53	34.48
	100m: 1:13.50	40.13	200m: 2:34.70	40.96	300m: 4:06.05	46.66	400m: 5:16.39	35.86
2.	Patrick Creemers	SG Patrick - De Roersoppers	NED	199000579		5:36.48	+0,75	
	50m: 34.70	34.70	150m: 2:08.07	46.64	250m: 3:37.92	45.84	350m: 5:00.92	36.96
	100m: 1:21.43	46.73	200m: 2:52.08	44.01	300m: 4:23.96	46.04	400m: 5:36.48	35.56
3.	Robert Spekhorst	De Mors	NED	198703141		6:51.18	+0,86	
	50m: 42.51	42.51	150m: 2:33.18	52.69	250m: 4:19.33	53.67	350m: 6:02.55	47.91
	100m: 1:40.49	57.98	200m: 3:25.66	52.48	300m: 5:14.64	55.31	400m: 6:51.18	48.63

40+

1.	Yuri van Omme	Zwemvereniging Hoogland	NED	198501887		5:25.05	+0,82	
	50m: 34.08	34.08	150m: 1:58.08	42.73	250m: 3:24.20	43.58	350m: 4:46.77	38.52
	100m: 1:15.35	41.27	200m: 2:40.62	42.54	300m: 4:08.25	44.05	400m: 5:25.05	38.28
2.	Rob van Wanrooy	Albion	NED	198202627		5:54.75	+0,75	
	50m: 39.99	39.99	150m: 2:11.79	45.58	250m: 3:45.77	49.48	350m: 5:15.34	39.80
	100m: 1:26.21	46.22	200m: 2:56.29	44.50	300m: 4:35.54	49.77	400m: 5:54.75	39.41

45+

1.	Vincent Versteeg	Zwemlust- den Hommel	NED	197701003		5:20.18	+0,75	
	50m: 33.18	33.18	150m: 1:56.46	43.49	250m: 3:22.22	44.18	350m: 4:44.43	37.38
	100m: 1:12.97	39.79	200m: 2:38.04	41.58	300m: 4:07.05	44.83	400m: 5:20.18	35.75
2.	Dennis Brouwers	HZPC	NED	197800167		5:21.75	+0,81	
	50m: 36.73	36.73	150m: 1:59.35	38.55	250m: 3:24.22	47.66	350m: 4:47.29	35.62
	100m: 1:20.80	44.07	200m: 2:36.56	37.21	300m: 4:11.67	47.45	400m: 5:21.75	34.46
3.	Gergely Molnár	Iron Swim	HUN	66/752		5:25.28	+0,76	
	50m: 32.79	32.79	150m: 1:55.88	44.74	250m: 3:26.24	46.99	350m: 4:49.72	36.53
	100m: 1:11.14	38.35	200m: 2:39.25	43.37	300m: 4:13.19	46.95	400m: 5:25.28	35.56
4.	Oliver Grundmann	SG Essen	GER	501511		5:34.68	+0,79	
	50m: 32.52	32.52	150m: 1:56.82	45.55	250m: 3:29.97	48.36	350m: 4:57.99	38.78
	100m: 1:11.27	38.75	200m: 2:41.61	44.79	300m: 4:19.21	49.24	400m: 5:34.68	36.69
5.	Heijmen van Vliet	De Geul	NED	198001637		5:38.66	+0,73	
	50m: 32.84	32.84	150m: 1:55.06	44.03	250m: 3:28.90	50.66	350m: 4:59.61	40.13
	100m: 1:11.03	38.19	200m: 2:38.24	43.18	300m: 4:19.48	50.58	400m: 5:38.66	39.05
6.	Arjan Buijsse	Sassenheim	NED	197901767		5:49.59	+0,77	
	50m: 34.74	34.74	150m: 2:04.52	47.61	250m: 3:38.76	49.30	350m: 5:09.53	40.44
	100m: 1:16.91	42.17	200m: 2:49.46	44.94	300m: 4:29.09	50.33	400m: 5:49.59	40.06
7.	Robert Istrate	Zwemsport Parkstad	NED	198002555		5:59.80	+0,83	
	50m: 35.52	35.52	150m: 2:06.00	49.01	250m: 3:46.31	52.52	350m: 5:20.85	41.03
	100m: 1:16.99	41.47	200m: 2:53.79	47.79	300m: 4:39.82	53.51	400m: 5:59.80	38.95
8.	Freddie Geerlings	Zwemsport Parkstad	NED	197900379		6:07.74	+0,81	
	50m: 38.93	38.93	150m: 2:19.95	50.22	250m: 3:58.39	50.61	350m: 5:30.46	40.79
	100m: 1:29.73	50.80	200m: 3:07.78	47.83	300m: 4:49.67	51.28	400m: 6:07.74	37.28

50+

1.	Kai Kremer	SG Erkelenz-Hückelhoven	GER	468899		6:20.86	+0,88	
	50m: 37.64	37.64	150m: 2:14.96	52.48	250m: 4:00.24	50.56	350m: 5:35.95	45.22
	100m: 1:22.48	44.84	200m: 3:09.68	54.72	300m: 4:50.73	50.49	400m: 6:20.86	44.91
2.	Marcel van Walt van Praag	Gay Swim Amsterdam	NED	197501425		7:08.13	+0,77	
	50m: 44.21	44.21	150m: 2:36.86	58.58	250m: 4:36.18	1:00.31	350m: 6:24.57	46.83
	100m: 1:38.28	54.07	200m: 3:35.87	59.01	300m: 5:37.74	1:01.56	400m: 7:08.13	43.56

55+

1.	Jan-Willem van den Berg	WVZ	NED	196801575		5:57.27	+0,73	
	50m: 35.14	35.14	150m: 2:03.93	44.74	250m: 3:40.02	51.36	350m: 5:14.99	43.55
	100m: 1:19.19	44.05	200m: 2:48.66	44.73	300m: 4:31.44	51.42	400m: 5:57.27	42.28
2.	Frank van Nobelen	Sassenheim	NED	196900753		6:08.20	+0,83	
	50m: 37.33	37.33	150m: 2:11.01	48.37	250m: 3:52.96	54.31	350m: 5:27.09	40.87
	100m: 1:22.64	45.31	200m: 2:58.65	47.64	300m: 4:46.22	53.26	400m: 6:08.20	41.11



Open Nederlandse Masters
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Programmanr. 18, Heren, 400m wisselslag, 55+

rang	naam	vereniging	NED	197101629	tijd	RT	PARA
3.	Korstiaan de Boer	Steenwijk 1934	NED	197101629	6:38.88	+0,97	
	50m: 43.30	43.30	150m: 2:25.18	49.17	250m: 4:10.96	57.14	350m: 5:55.36
	100m: 1:36.01	52.71	200m: 3:13.82	48.64	300m: 5:08.74	57.78	400m: 6:38.88
							46.62
							43.52

60+

1.	Jon Christensen	Luxembourg Sharks Swimming CLUX		10008	6:11.30	+0,80	
	<i>Luxembourg Masters Record</i>						
	50m: 36.42	36.42	150m: 2:13.34	54.53	250m: 3:57.46	49.83	350m: 5:31.07
	100m: 1:18.81	42.39	200m: 3:07.63	54.29	300m: 4:48.25	50.79	400m: 6:11.30
							42.82
							40.23
2.	Eymert van Rooij	PSV	NED	196601631	6:20.13	+0,98	
	50m: 41.22	41.22	150m: 2:21.16	49.11	250m: 4:05.03	54.75	350m: 5:40.81
	100m: 1:32.05	50.83	200m: 3:10.28	49.12	300m: 4:59.39	54.36	400m: 6:20.13
							41.42
							39.32
3.	Rob Spetter	ZPC De Rog	NED	196201239	6:30.49	+0,73	
	50m: 42.55	42.55	150m: 2:23.37	49.54	250m: 4:10.62	57.92	350m: 5:49.74
	100m: 1:33.83	51.28	200m: 3:12.70	49.33	300m: 5:09.42	58.80	400m: 6:30.49
							40.32
							40.75

65+

1.	Ronald Grove	Triton	NED	196100161	6:52.32	+0,79	
	50m: 41.68	41.68	150m: 2:31.12	55.64	250m: 4:22.58	57.65	350m: 6:06.69
	100m: 1:35.48	53.80	200m: 3:24.93	53.81	300m: 5:20.35	57.77	400m: 6:52.32
							46.34
							45.63

70+

1.	Paul Bunnik	Triton	NED	195600413	7:08.33	+0,94	
	<i>Nederlands Masters Record</i>						
	50m: 39.33	39.33	150m: 2:31.52	58.85	250m: 4:27.82	1:00.14	350m: 6:20.62
	100m: 1:32.67	53.34	200m: 3:27.68	56.16	300m: 5:31.83	1:04.01	400m: 7:08.33
							48.79
							47.71

Programmanr. 19
2-5-2026 - 11:37

4 x 100m wisselslag

Masters Open
Resultaten

rang	naam	vereniging	NED	tijd	RT	PARA	
Masters 80+, Dames							
1.	ZVL - 1886 1	ZVL - 1886	NED	4:50.29	+0,70		
	Jelsie van Ruijven	+0,70	35.20	1:11.84	Silke Molendijk	+0,18	30.69
	Babet van Andel	+0,50	39.02	1:24.23	Fieke Hoogduin	+0,28	31.69
							1:05.79
							1:08.43
100+, Dames							
1.	NieMo Barracuda 2	NieMo Barracuda	NED	4:57.91	+0,65		
	Robin Pienaar	+0,65	37.11	1:17.30	Melissa van der Heijden	+0,15	31.72
	Marijke Kommers	+0,35	41.80	1:30.49	Anouchka Bos	+0,37	29.48
							1:08.94
							1:01.18
2.	Neptunia '24 1	Neptunia '24	NED	5:00.87	+0,92		
	Marije Sweering	+0,92	36.79	1:15.16	Femke-Romy Wiersma	+0,25	35.84
	Noël Iris Hettinga	+0,32	36.71	1:19.92	Evelien de Jong	+0,16	31.43
							1:18.72
							1:07.07
3.	Bubble 1	Bubble	NED	5:01.75	+0,78		
	Laura Setz	+0,78	34.82	1:12.93	Marijke Drent	+0,53	35.28
	Sanne Kloezen	+0,39	39.12	1:25.01	Esmee Kloezen	+0,54	31.43
							1:17.04
							1:06.77
4.	SG Octopus - ZVV 1	SG Octopus - ZVV	NED	5:23.14	+0,81		
	Elmi Roelofsen	+0,81	36.10	1:17.26	Ilse Wild	+0,67	35.33
	Sheila ten Voorde	+0,61	42.68	1:32.61	Daphne van Rees	+0,64	33.40
							1:20.68
							1:12.59





Open Nederlandse Masters
Kampioenschappen 2026 lange baan
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Programmanr. 19, 4 x 100m wisselslag

120+, Dames

1. ACZ 1	ACZ	NED	4:56.19	+0,75
Fleur van Norren	+0,75 36.62 1:17.44	Mariska Scheel	+0,04 31.13 1:08.33	
Laura Hoogenboezem	+0,32 38.85 1:24.26	Carol Hollemans	+0,59 31.07 1:06.16	
2. PSV 3	PSV	NED	5:00.83	+0,67
Janneke Harmsen-Bakker	+0,67 35.40 1:14.17	Birgit Hage	+0,87 34.11 1:19.36	
Esther Tiemersma	+0,29 37.55 1:21.59	Fiona Meuffels	+0,29 30.95 1:05.71	
3. Zuiderzeewimmers 2	Zuiderzeewimmers	NED	5:13.97	+0,66
Annemarie ten Have	+0,66 37.99 1:19.59	Danique Stoop	+0,53 32.06 1:11.58	
Irene Hanse	+0,61 43.60 1:33.41	Lisanne Andeweg	+0,29 33.25 1:09.39	
4. ENC Arnhem 2	ENC Arnhem	NED	5:15.86	+0,71
Ellen ter Stege	+0,71 37.94 1:18.20	Jara Schmidt	+0,18 31.86 1:10.86	
Ijla Janssen	+0,30 43.18 1:33.64	Irmgard van Weeghel	+0,61 33.89 1:13.16	
5. De Geul 1	De Geul	NED	5:30.91	+0,82
Anne Besseling-de Jong	+0,82 43.21 1:27.94	Laura 't Lam	+0,64 35.14 1:18.00	
Faustine Mussig	+0,48 41.70 1:29.71	Marian Nederlof	+0,32 35.48 1:15.26	
6. AZC 2	AZC	NED	5:45.59	+0,87
Monique van Huizen	+0,87 40.54 1:23.74	Jessica Braat	+0,36 35.87 1:21.89	
Sharlene Both	+0,57 47.56 1:40.83	Esther Boerdam-Delfos	+0,28 37.77 1:19.13	

160+, Dames

1. Old Dutch 1	Old Dutch	NED	5:30.63	+0,94
Jessica Venema	+0,94 42.61 1:28.20	Anne-Marie Verschoor-Vos	+0,49 34.54 1:17.44	
Nicole van der Kooij	+0,33 45.40 1:36.12	Patricia Brooijmans	+0,65 33.39 1:08.87	
2. DZ&PC 1	DZ&PC	NED	5:32.28	+0,91
Catherine Hoogeveen	+0,91 39.44 1:20.88	Krista de Reus-Trompetter	+0,59 41.98 1:30.08	
Linda Kuiper	+0,54 41.51 1:29.21	Dyonne Bruggeling	+0,61 32.65 1:12.11	
3. Steenwijk 1934 3	Steenwijk 1934	NED	5:39.18	+0,78
Getrude Corporaal	+0,78 41.43 1:27.15	Jacyntha Plat	+0,34 33.49 1:13.00	
Linda Wibbelink	+0,37 51.26 1:48.40	Astrid Wibbelink	+0,48 33.45 1:10.63	
4. MSV-Zeemacht 2	MSV-Zeemacht	NED	5:49.36	+0,68
Amber van der Kruk	+0,68 35.95 1:14.72	Annette van Dok	+0,36 56.15 2:01.48	
Myrthe Bakker	+0,37 35.45 1:18.58	Bianca Groot	+0,70 35.78 1:14.58	
5. De Duinkickers 2	De Duinkickers	NED	6:21.11	+0,79
Maaik de Boer	+0,79 39.21 1:22.20	Saskia op den Velde	+0,60 48.05 1:50.89	
Inge Roskam	+0,60 44.91 1:37.24	Christine Buist	+0,54 42.02 1:30.78	

200+, Dames

1. Sassenheim 2	Sassenheim	NED	5:52.76	+0,88
Luisiana Bigea	+0,88 40.66 1:24.29	Marinka vd Zwet	+0,28 42.47 1:32.91	
Rianne Hoffland	+0,36 45.53 1:35.57	Yvonne van Nobelen - Kampschreur	+0,07 38.27 1:19.99	
2. De Geul 2	De Geul	NED	6:34.93	+0,83
Erica Muller	+0,83 55.74 1:55.31	Marcha Admiraal	+0,74 32.71 1:11.51	
Roselinda van der Vlugt	+0,98 1:01.57 2:11.63	Marijke Campfens	+0,55 37.38 1:16.48	

240+, Dames

1. ZPC Amersfoort 2	ZPC Amersfoort	NED	5:22.32	+0,67
<i>Europees Masters Record</i>				
Lesley Cordial	+0,67 39.20 1:21.20	Lidia van Bon-Rosenbrand	+0,53 34.41 1:15.31	
Marjan Remmits-de Lange	+0,57 42.89 1:33.27	Atie Pijtak-Radersma	+0,29 33.95 1:12.54	
2. PSV 1	PSV	NED	5:34.36	+0,71
Carla Geurts	+0,71 37.71 1:18.26	Jeanne Petit	+0,59 35.12 1:19.20	
Trudy Ketting	+0,33 40.26 1:27.86	Ineke Weekers	+0,68 41.94 1:29.04	

Masters 80+, Heren

1. ZPC Woerden 1	ZPC Woerden	NED	4:35.58	+0,63
Ruben Zwartebol	+0,63 35.37 1:12.42	Ian Terlouw	29.54 1:06.73	
Daan Hoogendoorn	34.23 1:14.13	Milan de Roo	30.09 1:02.30	



Open Nederlandse Masters
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Programmanr. 19, 4 x 100m wisselslag

100+, Heren

1. PWC Buitenpost 1	PWC	NED	4:36.39	+0,66
Bouke van der Zaag	+0,66 34.78	Rutger Hoving	+0,70 31.14	1:10.16
Roan Altena	+0,35 33.46	Herman Buist	+0,33 27.76	1:01.17
2. MSV-Zeemacht 1	MSV-Zeemacht	NED	4:39.71	+0,77
Marco van der Wulp	+0,77 35.82	Jordi de Nijs	+0,35 28.18	1:01.66
Derek Valkenier	+0,56 39.60	Mees Minneboo	+0,43 27.35	58.57
3. ZOB'66 1	ZOB'66	NED	4:43.94	+0,70
Nino van Krimpen	+0,70 33.27	Julian Mes	31.05	1:08.19
Ian van Mullem	37.78	Boaz Troost	29.80	1:05.01
4. ZV Hoogland 1	Zwemvereniging Hoogland	NED	4:53.05	+0,67
Jeffrey Roest	+0,67 35.45	Kevin Roest	+0,52 29.60	1:04.19
Tim de Zoete	+0,21 38.44	Ruben de Boer	+0,35 34.08	1:12.06

120+, Heren

1. Zwemlust- den Hommel 1	Zwemlust- den Hommel	NED	4:14.19	+0,67
Louis Kappler	+0,67 31.31	Matteo Viani	28.01	59.96
Victor Barnar	34.15	Fayssal Lanterna	26.91	57.03
2. ENC Arnhem 3	ENC Arnhem	NED	4:23.16	+0,88
Peter Rothengatter	+0,88 33.83	Kaelan Betrian	28.78	1:03.78
Sander de Vrught	33.07	Tim de Vrught	27.09	58.11
3. HZ&PC Heerenveen 2	HZ&PC Heerenveen	NED	4:41.98	+0,75
Rob van Wier	+0,75 36.52	Remco Dijkstra	30.84	1:09.31
Richard Kuipers	33.23	Stefan Damen	30.77	1:03.93
4. De Schotejil 1	De Schotejil	NED	4:42.90	+0,77
Frank v.d. Voordt	+0,77 36.48	Jacob Mackloet	+0,34 30.84	1:08.42
David Kievit	+0,26 35.45	Niels Albrechts	+0,28 30.64	1:03.79
5. AZC 1	AZC	NED	4:58.48	+0,70
Patrick Brouwer	+0,70 39.22	Jeroen Matthijssen	+0,35 31.71	1:11.03
Ricardo van Dam	+0,63 35.75	Ardy Zwanenburg	+0,24 32.78	1:09.03
6. Wahoo Swimming 1	Wahoo Swimming	NED	5:05.59	+0,70
Remco van Krieken	+0,70 35.90	Craig Frankum	+0,55 31.06	1:10.03
Christian Van Genderen	+0,38 41.21	Robert Den Breejen	+0,64 32.59	1:10.83
DIS WVZ 2	WVZ	NED		+0,74
<i>AM - Gebruik gemaakt van hulpmiddelen of tape gebruikt op het lichaam.</i>				
Jasper Breugem	+0,74 31.36	Markus van Rest	+0,43	
Simon van Ravesteijn	+0,46	Jordy van Oel	+0,08	

160+, Heren

1. ZPC Amersfoort 3	ZPC Amersfoort	NED	4:32.61	+0,70
Jelle Blankestijn	+0,70 32.60	Erwin Buist	28.83	1:05.15
Bas Braun	36.99	Jeroen Zeismann	28.11	1:00.13
2. DZ&PC 2	DZ&PC	NED	4:40.34	+0,75
Erik Nijholt	+0,75 33.16	Arjen Nieveen	+0,48 32.48	1:10.25
Alan Slomp	+0,24 34.11	Pieter Veenstra	+0,51 30.79	1:07.02
3. DAW 1	DAW	NED	4:44.81	+0,91
Jard Pronk	+0,91 36.63	Alex Damen	+0,39 33.34	1:11.93
Paul Oudendijk	+0,49 36.82	Sherif Badawy	+0,61 28.18	58.60
4. NieMo Barracuda 1	NieMo Barracuda	NED	4:53.35	+0,92
André Noordwijk	+0,92 38.13	Dennis Dortland	+0,57 32.47	1:11.42
Mark Hensen	+0,39 35.65	Marco Horneman	+0,51 32.32	1:07.03
5. Het Ravijn 1	Het Ravijn	NED	4:56.88	+0,85
Gerrit Poortman	+0,85 39.54	Marcel Zijderhand	+0,53 32.43	1:12.07
Harm Jan Otter	+0,73 36.51	William Kruihof	+0,31 29.96	1:03.93
6. Sassenheim 1	Sassenheim	NED	4:56.95	+0,78
Frank van Nobelen	+0,78 38.75	Arjan Buijsse	+0,60 34.52	1:15.01
Bogdan Androne	+0,64 37.04	Wesley van der Luit	+0,54 30.86	1:02.07
7. SWOL 1894 1	SWOL 1894	NED	5:01.40	+0,81
Albert van Piekeren	+0,81 36.88	Huub Scholing	+0,50 35.13	1:15.77
Stefan van de Griff	+0,58 36.72	Michael van Bekkum	+0,32 32.56	1:09.58



Open Nederlandse Masters
Kampioenschappen 2026 lange baan
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Programmanr. 19, 4 x 100m wisselslag

200+, Heren

1.	PSV 4 <i>Nederlands Masters Record</i>	PSV	NED	4:35.22	+0,68
	Jos de Graaf	91 30.57	1:04.08	Jacco Schaap	74 31.52 1:08.46
	Harold Matla	68 37.24	1:19.87	Olivier van Heezik	71 29.50 1:02.81
2.	Steenwijk 1934 2	Steenwijk 1934	NED	5:03.94	+0,74
	Robert Braad	+0,74 31.91	1:06.81	Rick Driezen	+0,64 29.58 1:05.15
	Huyb Stegeman	+0,49 42.22	1:33.10	Casper Dollekamp	+0,74 36.86 1:18.88
3.	De Duinkickers 1	De Duinkickers	NED	5:20.04	+0,79
	Mathieu Rikken	+0,79 39.17	1:20.71	Erik Cooman	+0,60 31.53 1:09.09
	Robert de Brauwer	+0,67 45.80	1:35.93	Marcel Brittin	+0,43 35.33 1:14.31

240+, Heren

1.	ZPC Amersfoort 1 <i>Europees Masters Record</i>	ZPC Amersfoort	NED	4:46.07	+0,95
	Edwin van Norden	+0,95 36.98	1:15.55	Chester Marsman	+0,47 29.64 1:05.83
	Ron Korzelius	+0,46 37.49	1:21.18	Johan Remmits	+0,43 30.18 1:03.51
2.	Oslo I.L. 1 <i>Norwegian Masters Record</i>	Oslo I.L.	NOR	4:46.74	+0,69
	Bjørn Werner Johansen	+0,69 38.21	1:19.82	Oddvar Sandvin	+0,45 30.19 1:07.17
	Erlend Alstad	+0,48 38.05	1:21.34	Jarl Inge Melberg	+0,27 27.72 58.41
3.	ZPC De Rog 1	ZPC De Rog	NED	5:11.01	+0,62
	Peter Bernsen	+0,62 35.65	1:14.08	Arjan Verheij	+0,47 38.59 1:23.96
	Glen Le Clercq	+0,49 36.69	1:22.11	Rob Spetter	+0,47 33.66 1:10.86
4.	CN Sportcity Woluwe 1 <i>Belgian Masters Record</i>	Cercle De Natation Sportcity WolBEL		5:19.64	+0,72
	Hugues Herman	+0,72 37.36	1:17.04	Olivier Bresoux	+0,53 35.61 1:16.42
	Bruno Nahon	+0,57 46.80	1:34.75	Philippe Morelle	+0,34 33.58 1:11.43

80+, Gemengd

1.	Zuiderzeezwemmers 1	Zuiderzeezwemmers	NED	4:54.77	+0,69
	Myrthe Dam	+0,69 39.81	1:22.04	Ilmar Stoop	+0,51 29.93 1:06.77
	Jesper Dinger	+0,44 36.22	1:18.50	Dagmar Kruijk	+0,18 31.00 1:07.46

100+, Gemengd

1.	DZ&PC 3 <i>Nederlands Masters Record, Nederlands Masters Record 100+ gemengd, tevens NMR Dames 20+ 100m rugslag</i>	DZ&PC	NED	4:16.19	+0,76
	Sara Korhuis	06 31.97	1:05.30	Matthijs van Meerendonk	99 27.18 59.04
	Jelle Betten	00 30.96	1:08.15	Marre Zandringa	97 28.62 1:03.70
2.	WVZ 1	WVZ	NED	4:19.34	+0,67
	Marit Huisman	+0,67 34.11	1:11.19	Sander Kirillova	27.11 59.62
	Scott Jansen	30.90	1:06.41	Delia Badoux	28.90 1:02.12
3.	ZPC Amersfoort 4	ZPC Amersfoort	NED	4:39.71	+0,69
	Mandy Swart	+0,69 39.05	1:23.65	Darren Chen	+0,47 28.68 1:02.16
	Jelle Opmeer	+0,24 32.28	1:09.80	Marije Jansen	+0,12 29.82 1:04.10
4.	Poseidon'56 2	Poseidon'56	NED	4:53.12	+0,69
	John Smit	+0,69 33.79	1:10.72	Kelly de Jonge	+0,57 34.87 1:16.96
	Kim van Gemert	+0,37 38.66	1:24.10	Sam Beer	+0,40 29.15 1:01.34
5.	WS Twente 1	WS Twente	NED	4:59.46	+0,59
	Sander Riezebos	+0,59 35.13	1:12.64	Romée Beverdam	+0,54 35.67 1:19.42
	Laurens Spoelstra	+0,43 35.01	1:17.81	Pien Ooijman	+0,49 32.88 1:09.59
6.	NieMo Barracuda 3	NieMo Barracuda	NED	5:17.32	+0,75
	Esmée Rolloos	+0,75 41.29	1:27.66	Ids de Klerk	+0,52 33.99 1:16.03
	Robin van Beusekom	+0,28 37.40	1:21.40	Tamara van den Brink	+0,62 33.61 1:12.23





Open Nederlandse Masters
Kampioenschappen 2026 lange baan
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Programmanr. 19, 4 x 100m wisselslag

120+, Gemengd

1. ZV Hoogland 2	Zwemvereniging Hoogland	NED	4:32.57	+0,55
Anne-Irene Ducheine	+0,55 36.04 1:14.00	Bas Dries	+0,43 28.19	1:02.67
Yuri van Omme	+0,45 33.96 1:12.54	Jamilla van Omme - van Veen	+0,32 29.88	1:03.36
2. Westland Swimming Stars 1	Westland Swimming Stars	NED	5:05.38	+0,68
Mirjan den Drijver	+0,68 39.54 1:21.02	Patrick Wyrdeman	+0,53 32.11	1:10.78
Pieter Broek	+0,54 40.81 1:27.10	Kim de Jong	+0,18 31.32	1:06.48
3. De Amstel 1	De Amstel	NED	5:08.16	+0,72
Iris Bastiaansen	+0,72 37.80 1:19.12	Nina Siegers	+0,49 36.61	1:24.01
Owen Michels	+0,21 34.80 1:16.93	Henri Michels	+0,22 31.34	1:08.10
4. De Duck 1	De Duck	NED	5:11.53	+0,71
Noa de Bock	+0,71 38.34 1:20.22	Jort Vizeé	+0,47 31.35	1:06.94
Janneke van de Poele	+0,47 43.34 1:32.32	Erik Saan	+0,59 32.37	1:12.05

160+, Gemengd

1. ZPCH 1	ZPCH	NED	4:42.36	+0,64
Noa Oldenhof	+0,64 36.99 1:17.42	Jasper van Heijst	28.42	1:05.77
Ruud Holswilder	34.95 1:16.10	Linda van Schaik	30.36	1:03.07
2. Poseidon'56 1	Poseidon'56	NED	5:02.64	+0,77
Tonia Ruybroek	+0,77 39.29 1:22.26	Ryan van den Ouden	+0,38 27.98	1:02.34
Roxanne van Bavel	+0,42 44.28 1:34.03	Marcel Vroegindewei	+0,24 30.33	1:04.01
3. ZPC Amersfoort 5	ZPC Amersfoort	NED	5:11.78	+0,78
Angela Giezen	+0,78 40.71 1:23.15	Dries Cavelaars	+0,48 32.38	1:10.98
Rob van Vliet	+0,24 36.96 1:20.17	Henriëtte van Norden	+0,35 35.51	1:17.48
4. Old Dutch 2	Old Dutch	NED	5:37.26	+0,81
Henri Verschoor	+0,81 38.86 1:20.58	Tenzin Tieman	+0,50 32.74	1:12.33
Karin van Nassau-van den Heuvel	+0,42 51.73 1:50.74	Chantal Verhoeff	+0,55 34.44	1:13.61
5. TriVia 1	TriVia	NED	5:39.12	+0,79
Jeroen Temme	+0,79 41.17 1:23.00	Rik Stahlie	+0,33 32.56	1:12.44
Heleen Arends	+0,37 43.24 1:33.45	Hannie Poletiek	+0,38 42.96	1:30.23
DIS Team Noord Holland (SG) 1	Team Noord Holland (SG)	NED		+0,95
<i>EC - De estafette niet gezwommen met de opgegeven zwimmers. **</i>				
Peter van de Bor	+0,95 39.15 1:20.97	Dido Toomend	+0,20 34.35	1:20.15
Gerrit Orthofer	+0,02 37.53 1:20.75	Inken Wemheuer		

200+, Gemengd

1. Arethusa 1	Arethusa	NED	5:15.03	+0,93
Wendy Nederkoom	+0,93 43.12 1:33.85	Filipp Muller	+0,62 27.27	59.61
Paul van den Heuvel	+0,75 38.85 1:23.78	Mariska van Doorn	+0,72 36.01	1:17.79
2. ZVVS 1	ZV Vlaardingen-Schiedam	NED	5:24.42	+0,69
Bas van den Nouwelant	+0,69 39.57 1:22.47	Nadya Putter	+0,14 35.04	1:18.53
Karin Stein	+0,60 43.03 1:34.24	Rene de Jong	+0,39 31.98	1:09.18
3. DWK 1	DWK	NED	5:37.64	+0,73
Iris van Aurich	+0,73 45.12 1:30.11	Lars Jacobsen	+0,63 32.71	1:13.91
Martijn de Jong	+0,75 40.21 1:25.25	Jennie Resink-lindeboom	+0,47 42.52	1:28.37
4. Steenwijk 1934 1	Steenwijk 1934	NED	5:51.19	+0,76
Guido Keutgen	+0,76 34.99 1:12.89	Korstiaan de Boer	+0,65 40.08	1:27.38
Wilna Heijman	+0,57 49.61 1:48.07	Leonie Scholten	+0,49 38.52	1:22.85

240+, Gemengd

1. HZ&PC Heerenveen 1	HZ&PC Heerenveen	NED	6:20.44	+0,82
Katinka Elders	+0,82 55.80 1:53.67	René Beetsma	+0,46 34.60	1:20.93
Wiebren Dijkstra	+0,56 49.44 1:48.23	Jannie Vennik	+0,43 37.23	1:17.61



Open Nederlandse Masters
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Programmanr. 19, 4 x 100m wisselslag

280+, Gemengd

1.	SWOL 1894 2	SWOL 1894		NED	6:31.84	+1,06		
	Rob Berkhof	+1,06	54.37	1:50.31	Marijke Kraak-Beckers	+0,62	42.87	1:39.98
	Harry Dokter	+0,67	43.89	1:37.24	Christine Nieuwenhuis	+0,75	39.57	1:24.31
2.	PSV 2	PSV		NED	7:05.47	+0,83		
	Tom Bandsma	+0,83	42.93	1:28.15	Eymert van Rooij	+0,58	36.81	1:20.85
	Corrie Verhoeven	+0,73	56.64	2:03.30	Lottie Geurts	+0,86	1:02.76	2:13.17