



Open Nederlandse Masters
Kampioenschappen 2026 lange baan
Drachten, 30 april-3 mei 2026



6 - ONMK2026lb - Sessie 6

3-5-2026 - 9:30

Programmanr. 30
3-5-2026 - 9:30

Heren, 800m vrije slag

Masters Open
Resultaten

| rang | naam | vereniging | tijd | RT | PARA | | | |
|------------|--------------------|-------------------------|---------------|-----------------|---------------|-------|----------------|-------|
| 20+ | | | | | | | | |
| 1. | Owen Michels | De Amstel | NED 200402293 | 10:14.14 | +0,69 | | | |
| | 50m: 32.64 | 32.64 | 250m: 3:02.96 | 38.46 | 450m: 5:39.31 | 39.57 | 650m: 8:17.40 | 39.60 |
| | 100m: 1:08.67 | 36.03 | 300m: 3:41.65 | 38.69 | 500m: 6:18.59 | 39.28 | 700m: 8:57.12 | 39.72 |
| | 150m: 1:45.87 | 37.20 | 350m: 4:20.63 | 38.98 | 550m: 6:58.27 | 39.68 | 750m: 9:36.66 | 39.54 |
| | 200m: 2:24.50 | 38.63 | 400m: 4:59.74 | 39.11 | 600m: 7:37.80 | 39.53 | 800m: 10:14.14 | 37.48 |
| 2. | Rik Stahlie | TriVia | NED 200201915 | 10:41.37 | +0,80 | | | |
| | 50m: 33.08 | 33.08 | 250m: 3:12.78 | 40.78 | 450m: 5:58.77 | 42.37 | 650m: 8:45.64 | 41.71 |
| | 100m: 1:12.07 | 38.99 | 300m: 3:53.31 | 40.53 | 500m: 6:40.48 | 41.71 | 700m: 9:27.19 | 41.55 |
| | 150m: 1:51.84 | 39.77 | 350m: 4:35.13 | 41.82 | 550m: 7:22.75 | 42.27 | 750m: 10:05.51 | 38.32 |
| | 200m: 2:32.00 | 40.16 | 400m: 5:16.40 | 41.27 | 600m: 8:03.93 | 41.18 | 800m: 10:41.37 | 35.86 |
| 25+ | | | | | | | | |
| 1. | Jacob Mackloet | De Schotejil | NED 200001171 | 9:34.54 | +0,68 | | | |
| | 50m: 30.57 | 30.57 | 250m: 2:54.29 | 36.91 | 450m: 5:23.63 | 37.25 | 650m: 7:50.03 | 35.86 |
| | 100m: 1:05.57 | 35.00 | 300m: 3:31.33 | 37.04 | 500m: 6:00.72 | 37.09 | 700m: 8:25.44 | 35.41 |
| | 150m: 1:41.18 | 35.61 | 350m: 4:08.86 | 37.53 | 550m: 6:37.83 | 37.11 | 750m: 9:00.73 | 35.29 |
| | 200m: 2:17.38 | 36.20 | 400m: 4:46.38 | 37.52 | 600m: 7:14.17 | 36.34 | 800m: 9:34.54 | 33.81 |
| 2. | Jeroen Louwinger | De Rijn | NED 199900583 | 10:06.69 | +0,76 | | | |
| | 50m: 33.99 | 33.99 | 250m: 3:07.16 | 38.50 | 450m: 5:41.87 | 38.78 | 650m: 8:16.46 | 38.88 |
| | 100m: 1:11.46 | 37.47 | 300m: 3:45.44 | 38.28 | 500m: 6:20.41 | 38.54 | 700m: 8:54.77 | 38.31 |
| | 150m: 1:50.11 | 38.65 | 350m: 4:24.65 | 39.21 | 550m: 6:58.92 | 38.51 | 750m: 9:33.54 | 38.77 |
| | 200m: 2:28.66 | 38.55 | 400m: 5:03.09 | 38.44 | 600m: 7:37.58 | 38.66 | 800m: 10:06.69 | 33.15 |
| 3. | Lars Jacobsen | DWK | NED 199705453 | 10:18.27 | +0,82 | | | |
| | 50m: 32.24 | 32.24 | 250m: 3:02.19 | 38.62 | 450m: 5:40.50 | 40.65 | 650m: 8:24.76 | 41.01 |
| | 100m: 1:08.35 | 36.11 | 300m: 3:41.85 | 39.66 | 500m: 6:22.09 | 41.59 | 700m: 9:04.48 | 39.72 |
| | 150m: 1:45.67 | 37.32 | 350m: 4:20.44 | 38.59 | 550m: 7:02.90 | 40.81 | 750m: 9:43.02 | 38.54 |
| | 200m: 2:23.57 | 37.90 | 400m: 4:59.85 | 39.41 | 600m: 7:43.75 | 40.85 | 800m: 10:18.27 | 35.25 |
| 4. | Tenzin Tieman | Old Dutch | NED 200005549 | 10:20.68 | +0,86 | | | |
| | 50m: 32.42 | 32.42 | 250m: 3:03.45 | 38.50 | 450m: 5:40.27 | 39.35 | 650m: 8:19.85 | 40.38 |
| | 100m: 1:08.80 | 36.38 | 300m: 3:42.49 | 39.04 | 500m: 6:19.77 | 39.50 | 700m: 9:00.53 | 40.68 |
| | 150m: 1:46.75 | 37.95 | 350m: 4:21.60 | 39.11 | 550m: 6:59.44 | 39.67 | 750m: 9:40.87 | 40.34 |
| | 200m: 2:24.95 | 38.20 | 400m: 5:00.92 | 39.32 | 600m: 7:39.47 | 40.03 | 800m: 10:20.68 | 39.81 |
| 5. | Jordy van Oel | WVZ | NED 199802003 | 10:30.93 | +0,77 | | | |
| | 50m: 34.10 | 34.10 | 250m: 3:11.34 | 39.77 | 450m: 5:53.56 | 40.73 | 650m: 8:35.24 | 39.92 |
| | 100m: 1:12.16 | 38.06 | 300m: 3:51.83 | 40.49 | 500m: 6:33.92 | 40.36 | 700m: 9:14.57 | 39.33 |
| | 150m: 1:51.78 | 39.62 | 350m: 4:32.38 | 40.55 | 550m: 7:14.63 | 40.71 | 750m: 9:53.82 | 39.25 |
| | 200m: 2:31.57 | 39.79 | 400m: 5:12.83 | 40.45 | 600m: 7:55.32 | 40.69 | 800m: 10:30.93 | 37.11 |
| 6. | Patrick Wyrdean | Westland Swimming Stars | NED 199702475 | 10:37.74 | +0,69 | | | |
| | 50m: 34.10 | 34.10 | 250m: 3:15.26 | 40.96 | 450m: 5:57.94 | 40.26 | 650m: 8:38.67 | 39.96 |
| | 100m: 1:13.26 | 39.16 | 300m: 3:56.10 | 40.84 | 500m: 6:37.82 | 39.88 | 700m: 9:19.35 | 40.68 |
| | 150m: 1:53.67 | 40.41 | 350m: 4:36.76 | 40.66 | 550m: 7:17.90 | 40.08 | 750m: 9:58.93 | 39.58 |
| | 200m: 2:34.30 | 40.63 | 400m: 5:17.68 | 40.92 | 600m: 7:58.71 | 40.81 | 800m: 10:37.74 | 38.81 |
| 7. | Milan Adriaenssens | De Vrije Slag | NED 199705783 | 10:58.07 | +0,73 | | | |
| | 50m: 34.12 | 34.12 | 250m: 3:18.09 | 41.27 | 450m: 6:05.24 | 41.76 | 650m: 8:53.44 | 41.24 |
| | 100m: 1:14.37 | 40.25 | 300m: 4:00.09 | 42.00 | 500m: 6:47.44 | 42.20 | 700m: 9:35.55 | 42.11 |
| | 150m: 1:54.97 | 40.60 | 350m: 4:41.38 | 41.29 | 550m: 7:29.89 | 42.45 | 750m: 10:17.16 | 41.61 |
| | 200m: 2:36.82 | 41.85 | 400m: 5:23.48 | 42.10 | 600m: 8:12.20 | 42.31 | 800m: 10:58.07 | 40.91 |
| 8. | Rick Haanschoten | De Rijn | NED 200100291 | 11:03.38 | +0,68 | | | |
| | 50m: 37.21 | 37.21 | 250m: 3:27.70 | 43.36 | 450m: 6:19.63 | 42.20 | 650m: 9:08.35 | 41.46 |
| | 100m: 1:18.74 | 41.53 | 300m: 4:11.31 | 43.61 | 500m: 7:02.45 | 42.82 | 700m: 9:49.39 | 41.04 |
| | 150m: 2:00.83 | 42.09 | 350m: 4:54.11 | 42.80 | 550m: 7:44.75 | 42.30 | 750m: 10:28.68 | 39.29 |
| | 200m: 2:44.34 | 43.51 | 400m: 5:37.43 | 43.32 | 600m: 8:26.89 | 42.14 | 800m: 11:03.38 | 34.70 |
| 30+ | | | | | | | | |
| 1. | Mike Schel | ENC Arnhem | NED 199403279 | 9:13.70 | +0,74 | | | |
| | 50m: 30.59 | 30.59 | 250m: 2:49.57 | 35.43 | 450m: 5:10.75 | 35.28 | 650m: 7:31.50 | 35.38 |
| | 100m: 1:04.57 | 33.98 | 300m: 3:24.74 | 35.17 | 500m: 5:45.76 | 35.01 | 700m: 8:06.30 | 34.80 |
| | 150m: 1:39.21 | 34.64 | 350m: 4:00.01 | 35.27 | 550m: 6:20.99 | 35.23 | 750m: 8:41.10 | 34.80 |
| | 200m: 2:14.14 | 34.93 | 400m: 4:35.47 | 35.46 | 600m: 6:56.12 | 35.13 | 800m: 9:13.70 | 32.60 |





Open Nederlandse Masters
Kampioenschappen 2026 lange baan
Drachten, 30 april-3 mei 2026



Programmanr. 30, Heren, 800m vrije slag, 30+

| rang | naam | vereniging | tijd | RT | PARA |
|------|-------------------|----------------------|-----------------|-------|-------|
| 2. | Colin Degenars | ZPCH | 10:36.71 | +0,78 | |
| | 50m: 34.48 | 34.48 | 250m: 3:13.62 | 40.87 | 40.22 |
| | 100m: 1:13.04 | 38.56 | 300m: 3:54.16 | 40.54 | 40.45 |
| | 150m: 1:52.72 | 39.68 | 350m: 4:35.15 | 40.99 | 40.28 |
| | 200m: 2:32.75 | 40.03 | 400m: 5:15.73 | 40.58 | 37.13 |
| | | | 450m: 5:56.58 | 40.85 | |
| | | | 500m: 6:37.10 | 40.52 | |
| | | | 550m: 7:17.84 | 40.74 | |
| | | | 600m: 7:58.63 | 40.79 | |
| 3. | Pieter Pijnenburg | De Biesboschzwemmers | 10:47.06 | +0,83 | |
| | 50m: 34.02 | 34.02 | 250m: 3:15.47 | 41.15 | 41.26 |
| | 100m: 1:12.84 | 38.82 | 300m: 3:56.86 | 41.39 | 40.07 |
| | 150m: 1:53.24 | 40.40 | 350m: 4:38.69 | 41.83 | 41.01 |
| | 200m: 2:34.32 | 41.08 | 400m: 5:20.24 | 41.55 | 38.42 |
| | | | 450m: 6:02.15 | 41.91 | |
| | | | 500m: 6:43.68 | 41.53 | |
| | | | 550m: 7:25.44 | 41.76 | |
| | | | 600m: 8:06.30 | 40.86 | |
| 4. | Remco Visser | ZPC Woerden | 11:20.60 | +0,74 | |
| | 50m: 36.76 | 36.76 | 250m: 3:23.29 | 42.00 | 44.26 |
| | 100m: 1:17.15 | 40.39 | 300m: 4:05.93 | 42.64 | 44.22 |
| | 150m: 1:58.98 | 41.83 | 350m: 4:49.17 | 43.24 | 42.98 |
| | 200m: 2:41.29 | 42.31 | 400m: 5:32.99 | 43.82 | 41.56 |
| | | | 450m: 6:16.27 | 43.28 | |
| | | | 500m: 6:59.73 | 43.46 | |
| | | | 550m: 7:43.32 | 43.59 | |
| | | | 600m: 8:27.58 | 44.26 | |
| 5. | Derek Valkenier | MSV-Zeemacht | 11:30.06 | +0,82 | |
| | 50m: 38.19 | 38.19 | 250m: 3:27.73 | 43.12 | 45.30 |
| | 100m: 1:19.33 | 41.14 | 300m: 4:11.00 | 43.27 | 44.37 |
| | 150m: 2:01.62 | 42.29 | 350m: 4:54.06 | 43.06 | 44.01 |
| | 200m: 2:44.61 | 42.99 | 400m: 5:36.96 | 42.90 | 42.95 |
| | | | 450m: 6:20.55 | 43.59 | |
| | | | 500m: 7:05.07 | 44.52 | |
| | | | 550m: 7:49.06 | 43.99 | |
| | | | 600m: 8:33.43 | 44.37 | |

35+

| | | | | | |
|----|-------------------|----------------------|-----------------|-------|-------|
| 1. | Matteo Viani | Zwemlust- den Hommel | 9:23.16 | +0,73 | |
| | 50m: 31.54 | 31.54 | 250m: 2:49.72 | 34.79 | 36.24 |
| | 100m: 1:06.03 | 34.49 | 300m: 3:24.50 | 34.78 | 36.47 |
| | 150m: 1:40.59 | 34.56 | 350m: 3:59.83 | 35.33 | 35.95 |
| | 200m: 2:14.93 | 34.34 | 400m: 4:35.34 | 35.51 | 35.73 |
| | | | 450m: 5:10.85 | 35.51 | |
| | | | 500m: 5:46.69 | 35.84 | |
| | | | 550m: 6:22.59 | 35.90 | |
| | | | 600m: 6:58.77 | 36.18 | |
| 2. | Tim Bunnik | Triton | 10:04.75 | +0,79 | |
| | 50m: 33.24 | 33.24 | 250m: 3:04.91 | 38.34 | 38.33 |
| | 100m: 1:10.40 | 37.16 | 300m: 3:43.46 | 38.55 | 38.28 |
| | 150m: 1:48.41 | 38.01 | 350m: 4:22.09 | 38.63 | 36.64 |
| | 200m: 2:26.57 | 38.16 | 400m: 5:00.92 | 38.83 | 36.01 |
| | | | 450m: 5:39.47 | 38.55 | |
| | | | 500m: 6:18.15 | 38.68 | |
| | | | 550m: 6:57.08 | 38.93 | |
| | | | 600m: 7:35.49 | 38.41 | |
| 3. | Matthew Humphreys | MSV-Zeemacht | 10:06.72 | +0,82 | |
| | 50m: 32.64 | 32.64 | 250m: 3:01.50 | 37.69 | 38.86 |
| | 100m: 1:08.55 | 35.91 | 300m: 3:39.83 | 38.33 | 38.59 |
| | 150m: 1:45.98 | 37.43 | 350m: 4:18.30 | 38.47 | 39.30 |
| | 200m: 2:23.81 | 37.83 | 400m: 4:57.54 | 39.24 | 36.35 |
| | | | 450m: 5:36.72 | 39.18 | |
| | | | 500m: 6:15.36 | 38.64 | |
| | | | 550m: 6:54.07 | 38.71 | |
| | | | 600m: 7:33.62 | 39.55 | |
| 4. | Niels Albrechts | De Schotejil | 10:20.98 | +0,85 | |
| | 50m: 34.68 | 34.68 | 250m: 3:09.79 | 39.59 | 39.81 |
| | 100m: 1:12.67 | 37.99 | 300m: 3:48.59 | 38.80 | 39.20 |
| | 150m: 1:51.59 | 38.92 | 350m: 4:28.20 | 39.61 | 39.36 |
| | 200m: 2:30.20 | 38.61 | 400m: 5:07.78 | 39.58 | 35.92 |
| | | | 450m: 5:47.43 | 39.65 | |
| | | | 500m: 6:26.66 | 39.23 | |
| | | | 550m: 7:06.71 | 40.05 | |
| | | | 600m: 7:46.69 | 39.98 | |
| 5. | Wessel Everloo | WS Twente | 10:22.60 | +1,02 | |
| | 50m: 35.12 | 35.12 | 250m: 3:10.80 | 38.58 | 41.10 |
| | 100m: 1:13.35 | 38.23 | 300m: 3:50.15 | 39.35 | 39.75 |
| | 150m: 1:52.65 | 39.30 | 350m: 4:29.13 | 38.98 | 39.22 |
| | 200m: 2:32.22 | 39.57 | 400m: 5:09.24 | 40.11 | 34.64 |
| | | | 450m: 5:48.84 | 39.60 | |
| | | | 500m: 6:28.90 | 40.06 | |
| | | | 550m: 7:07.77 | 38.87 | |
| | | | 600m: 7:47.89 | 40.12 | |

40+

| | | | | | |
|----|-------------------|-------------------------|-----------------|-------|-------|
| 1. | Pieter Pickhardt | ZPC De Hof | 10:07.07 | +0,84 | |
| | 50m: 33.53 | 33.53 | 250m: 3:04.96 | 38.42 | 38.41 |
| | 100m: 1:10.42 | 36.89 | 300m: 3:43.38 | 38.42 | 38.64 |
| | 150m: 1:48.29 | 37.87 | 350m: 4:22.02 | 38.64 | 38.02 |
| | 200m: 2:26.54 | 38.25 | 400m: 5:01.04 | 39.02 | 36.23 |
| | | | 450m: 5:39.66 | 38.62 | |
| | | | 500m: 6:18.52 | 38.86 | |
| | | | 550m: 6:57.01 | 38.49 | |
| | | | 600m: 7:35.77 | 38.76 | |
| 2. | Frank v.d. Voordt | De Schotejil | 10:40.66 | +0,77 | |
| | 50m: 34.07 | 34.07 | 250m: 3:11.78 | 40.09 | 41.16 |
| | 100m: 1:12.25 | 38.18 | 300m: 3:52.42 | 40.64 | 40.64 |
| | 150m: 1:51.48 | 39.23 | 350m: 4:32.84 | 40.42 | 40.55 |
| | 200m: 2:31.69 | 40.21 | 400m: 5:13.81 | 40.97 | 40.20 |
| | | | 450m: 5:54.96 | 41.15 | |
| | | | 500m: 6:36.07 | 41.11 | |
| | | | 550m: 7:17.21 | 41.14 | |
| | | | 600m: 7:58.11 | 40.90 | |
| 3. | Yuri van Omme | Zwemvereniging Hoogland | 10:45.44 | +0,82 | |
| | 50m: 33.60 | 33.60 | 250m: 3:12.14 | 39.85 | 42.00 |
| | 100m: 1:12.34 | 38.74 | 300m: 3:53.08 | 40.94 | 42.35 |
| | 150m: 1:51.57 | 39.23 | 350m: 4:33.22 | 40.14 | 40.71 |
| | 200m: 2:32.29 | 40.72 | 400m: 5:14.54 | 41.32 | 39.56 |
| | | | 450m: 5:55.36 | 40.82 | |
| | | | 500m: 6:37.04 | 41.68 | |
| | | | 550m: 7:18.47 | 41.43 | |
| | | | 600m: 8:00.82 | 42.35 | |
| 4. | Rob van Wanrooy | Albion | 11:26.37 | +0,77 | |
| | 50m: 36.53 | 36.53 | 250m: 3:21.51 | 42.49 | 44.55 |
| | 100m: 1:16.42 | 39.89 | 300m: 4:04.35 | 42.84 | 44.35 |
| | 150m: 1:57.41 | 40.99 | 350m: 4:47.91 | 43.56 | 44.43 |
| | 200m: 2:39.02 | 41.61 | 400m: 5:31.99 | 44.08 | 42.58 |
| | | | 450m: 6:16.38 | 44.39 | |
| | | | 500m: 7:01.15 | 44.77 | |
| | | | 550m: 7:45.88 | 44.73 | |
| | | | 600m: 8:30.46 | 44.58 | |





Open Nederlandse Masters
Kampioenschappen 2026 lange baan
Drachten, 30 april-3 mei 2026



Programmanr. 30, Heren, 800m vrije slag, 40+

| rang | naam | vereniging | | NED | | tijd | | RT | PARA |
|------------|----------------------|-------------------------|---------------|---------------|---------------|-----------------|----------------|-------|------|
| 5. | Sander van Tilburg | De Biesboschzweimmers | | NED 198604609 | | 11:46.74 | | +0,83 | |
| | 50m: 38.37 | 38.37 | 250m: 3:33.19 | 45.24 | 450m: 6:35.07 | 45.94 | 650m: 9:36.91 | 45.74 | |
| | 100m: 1:20.37 | 42.00 | 300m: 4:18.34 | 45.15 | 500m: 7:20.28 | 45.21 | 700m: 10:21.21 | 44.30 | |
| | 150m: 2:04.14 | 43.77 | 350m: 5:04.04 | 45.70 | 550m: 8:05.97 | 45.69 | 750m: 11:05.40 | 44.19 | |
| | 200m: 2:47.95 | 43.81 | 400m: 5:49.13 | 45.09 | 600m: 8:51.17 | 45.20 | 800m: 11:46.74 | 41.34 | |
| 45+ | | | | | | | | | |
| 1. | Martijn Butter | OEZA | | NED 197900231 | | 9:44.64 | | +0,77 | |
| | 50m: 33.46 | 33.46 | 250m: 3:00.14 | 37.13 | 450m: 5:28.51 | 37.40 | 650m: 7:56.70 | 37.15 | |
| | 100m: 1:09.17 | 35.71 | 300m: 3:37.01 | 36.87 | 500m: 6:05.63 | 37.12 | 700m: 8:33.45 | 36.75 | |
| | 150m: 1:44.06 | 36.89 | 350m: 4:14.22 | 37.21 | 550m: 6:42.55 | 36.92 | 750m: 9:10.43 | 36.98 | |
| | 200m: 2:23.01 | 36.95 | 400m: 4:51.11 | 36.89 | 600m: 7:19.55 | 37.00 | 800m: 9:44.64 | 34.21 | |
| 2. | Gergely Molnár | Iron Swim | | HUN 66/752 | | 9:45.49 | | +0,81 | |
| | 50m: 32.20 | 32.20 | 250m: 2:58.47 | 36.86 | 450m: 5:27.74 | 37.02 | 650m: 7:58.01 | 36.71 | |
| | 100m: 1:08.12 | 35.92 | 300m: 3:35.61 | 37.14 | 500m: 6:06.08 | 38.34 | 700m: 8:35.19 | 37.18 | |
| | 150m: 1:44.65 | 36.53 | 350m: 4:12.97 | 37.36 | 550m: 6:43.02 | 36.94 | 750m: 9:11.05 | 35.86 | |
| | 200m: 2:21.61 | 36.96 | 400m: 4:50.72 | 37.75 | 600m: 7:21.30 | 38.28 | 800m: 9:45.49 | 34.44 | |
| 3. | Ivo Roozeboom | WVZ | | NED 197700801 | | 10:17.06 | | +0,77 | |
| | 50m: 32.81 | 32.81 | 250m: 3:10.44 | 39.51 | 450m: 5:48.01 | 38.88 | 650m: 8:23.37 | 38.51 | |
| | 100m: 1:11.20 | 38.39 | 300m: 3:50.36 | 39.92 | 500m: 6:27.06 | 39.05 | 700m: 9:01.97 | 38.60 | |
| | 150m: 1:50.83 | 39.63 | 350m: 4:29.61 | 39.25 | 550m: 7:05.94 | 38.88 | 750m: 9:40.15 | 38.18 | |
| | 200m: 2:30.93 | 40.10 | 400m: 5:09.13 | 39.52 | 600m: 7:44.86 | 38.92 | 800m: 10:17.06 | 36.91 | |
| 4. | Marcel Reefhuis | WS Twente | | NED 198101381 | | 10:38.52 | | +0,66 | |
| | 50m: 34.39 | 34.39 | 250m: 3:13.86 | 40.00 | 450m: 5:55.58 | 40.10 | 650m: 8:39.82 | 40.36 | |
| | 100m: 1:13.43 | 39.04 | 300m: 3:54.28 | 40.42 | 500m: 6:36.77 | 41.19 | 700m: 9:21.04 | 41.22 | |
| | 150m: 1:53.21 | 39.78 | 350m: 4:34.67 | 40.39 | 550m: 7:17.62 | 40.85 | 750m: 10:00.82 | 39.78 | |
| | 200m: 2:33.86 | 40.65 | 400m: 5:15.48 | 40.81 | 600m: 7:59.46 | 41.84 | 800m: 10:38.52 | 37.70 | |
| 5. | Freddie Geerlings | Zwemsport Parkstad | | NED 197900379 | | 11:02.05 | | +0,89 | |
| | 50m: 36.27 | 36.27 | 250m: 3:19.75 | 41.71 | 450m: 6:08.59 | 42.19 | 650m: 8:59.27 | 42.49 | |
| | 100m: 1:16.23 | 39.96 | 300m: 4:01.80 | 42.05 | 500m: 6:51.28 | 42.69 | 700m: 9:42.15 | 42.88 | |
| | 150m: 1:56.70 | 40.47 | 350m: 4:43.71 | 41.91 | 550m: 7:34.01 | 42.73 | 750m: 10:24.61 | 42.46 | |
| | 200m: 2:38.04 | 41.34 | 400m: 5:26.40 | 42.69 | 600m: 8:16.78 | 42.77 | 800m: 11:02.05 | 37.44 | |
| 6. | Tom Bandsma | PSV | | NED 197701625 | | 11:42.28 | | +1,07 | |
| | 50m: 38.72 | 38.72 | 250m: 3:32.91 | 44.12 | 450m: 6:31.37 | 44.36 | 650m: 9:29.23 | 44.28 | |
| | 100m: 1:21.48 | 42.76 | 300m: 4:17.69 | 44.78 | 500m: 7:16.09 | 44.72 | 700m: 10:14.03 | 44.80 | |
| | 150m: 2:05.00 | 43.52 | 350m: 5:02.21 | 44.52 | 550m: 8:00.52 | 44.43 | 750m: 10:58.52 | 44.49 | |
| | 200m: 2:48.79 | 43.79 | 400m: 5:47.01 | 44.80 | 600m: 8:44.95 | 44.43 | 800m: 11:42.28 | 43.76 | |
| 7. | Arjen Koop | ENC Arnhem | | NED 197900697 | | 11:48.64 | | +0,74 | |
| | 50m: 38.85 | 38.85 | 250m: 3:38.15 | 46.00 | 450m: 6:37.82 | 44.72 | 650m: 9:39.47 | 45.58 | |
| | 100m: 1:22.24 | 43.39 | 300m: 4:22.45 | 44.30 | 500m: 7:23.14 | 45.32 | 700m: 10:24.66 | 45.19 | |
| | 150m: 2:06.94 | 44.70 | 350m: 5:08.02 | 45.57 | 550m: 8:08.50 | 45.36 | 750m: 11:07.18 | 42.52 | |
| | 200m: 2:52.15 | 45.21 | 400m: 5:53.10 | 45.08 | 600m: 8:53.89 | 45.39 | 800m: 11:48.64 | 41.46 | |
| 50+ | | | | | | | | | |
| 1. | Kai Kremer | SG Erkelenz-Hückelhoven | | GER 468899 | | 12:08.70 | | +0,83 | |
| | 50m: 37.03 | 37.03 | 250m: 3:36.77 | 45.88 | 450m: 6:42.65 | 46.37 | 650m: 9:48.34 | 46.20 | |
| | 100m: 1:19.89 | 42.86 | 300m: 4:23.17 | 46.40 | 500m: 7:30.29 | 47.64 | 700m: 10:36.59 | 48.25 | |
| | 150m: 2:04.55 | 44.66 | 350m: 5:09.49 | 46.32 | 550m: 8:15.30 | 45.01 | 750m: 11:22.96 | 46.37 | |
| | 200m: 2:50.89 | 46.34 | 400m: 5:56.28 | 46.79 | 600m: 9:02.14 | 46.84 | 800m: 12:08.70 | 45.74 | |
| 2. | Ditmar Schelhaas | De Mors | | NED 197501593 | | 12:18.81 | | +1,07 | |
| | 50m: 37.71 | 37.71 | 250m: 3:35.49 | 46.63 | 450m: 6:46.72 | 48.20 | 650m: 9:59.57 | 47.92 | |
| | 100m: 1:19.27 | 41.56 | 300m: 4:22.97 | 47.48 | 500m: 7:35.18 | 48.46 | 700m: 10:47.65 | 48.08 | |
| | 150m: 2:03.15 | 43.88 | 350m: 5:10.52 | 47.55 | 550m: 8:23.25 | 48.07 | 750m: 11:34.39 | 46.74 | |
| | 200m: 2:48.86 | 45.71 | 400m: 5:58.52 | 48.00 | 600m: 9:11.65 | 48.40 | 800m: 12:18.81 | 44.42 | |
| 3. | Wouter van der Stelt | De Biesboschzweimmers | | NED 197200889 | | 12:38.71 | | +0,90 | |
| | 50m: 40.09 | 40.09 | 250m: 3:46.16 | 47.56 | 450m: 6:58.89 | 48.27 | 650m: 10:12.37 | 48.47 | |
| | 100m: 1:24.89 | 44.80 | 300m: 4:34.01 | 47.85 | 500m: 7:47.35 | 48.46 | 700m: 11:01.30 | 48.93 | |
| | 150m: 2:11.41 | 46.52 | 350m: 5:22.12 | 48.11 | 550m: 8:35.64 | 48.29 | 750m: 11:50.42 | 49.12 | |
| | 200m: 2:58.60 | 47.19 | 400m: 6:10.62 | 48.50 | 600m: 9:23.90 | 48.26 | 800m: 12:38.71 | 48.29 | |



Open Nederlandse Masters
Kampioenschappen 2026 lange baan
Drachten, 30 april-3 mei 2026



Programmanr. 30, Heren, 800m vrije slag

55+

| | | | | | |
|----------------------------|--------------|---------------|-----------|-----------------|-------|
| 1. Axel Werkhausen | SSF Bonn | GER | 451927 | 9:55.41 | +0,76 |
| 50m: 32.81 | 32.81 | 250m: 2:59.98 | 37.37 | 450m: 5:31.79 | 38.16 |
| 100m: 1:08.30 | 35.49 | 300m: 3:37.72 | 37.74 | 500m: 6:09.74 | 37.95 |
| 150m: 1:44.94 | 36.64 | 350m: 4:15.75 | 38.03 | 550m: 6:47.84 | 38.10 |
| 200m: 2:22.61 | 37.67 | 400m: 4:53.63 | 37.88 | 600m: 7:25.99 | 38.15 |
| 650m: 8:04.07 | | | | 800m: 9:55.41 | 38.08 |
| 700m: 8:42.09 | | | | | 38.02 |
| 750m: 9:19.49 | | | | | 37.40 |
| 800m: 9:55.41 | | | | | 35.92 |
| 2. Richard Rickens | Hellas-Glana | NED | 197000841 | 10:58.00 | +0,88 |
| 50m: 36.12 | 36.12 | 250m: 3:20.45 | 41.15 | 450m: 6:09.88 | 42.31 |
| 100m: 1:16.26 | 40.14 | 300m: 4:02.87 | 42.42 | 500m: 6:52.39 | 42.51 |
| 150m: 1:57.15 | 40.89 | 350m: 4:45.09 | 42.22 | 550m: 7:34.53 | 42.14 |
| 200m: 2:39.30 | 42.15 | 400m: 5:27.57 | 42.48 | 600m: 8:16.87 | 42.34 |
| 650m: 8:57.65 | | | | 800m: 10:58.00 | 40.78 |
| 700m: 9:37.82 | | | | | 40.17 |
| 750m: 10:18.36 | | | | | 40.54 |
| 800m: 10:58.00 | | | | | 39.64 |
| 3. Chris Kouwenhoven | De Grunte | NED | 197101669 | 11:10.93 | +1,00 |
| 50m: 37.09 | 37.09 | 250m: 3:24.37 | 42.39 | 450m: 6:14.94 | 43.18 |
| 100m: 1:17.85 | 40.76 | 300m: 4:06.51 | 42.14 | 500m: 6:57.76 | 42.82 |
| 150m: 1:59.86 | 42.01 | 350m: 4:49.49 | 42.98 | 550m: 7:40.82 | 43.06 |
| 200m: 2:41.98 | 42.12 | 400m: 5:31.76 | 42.27 | 600m: 8:23.22 | 42.40 |
| 650m: 9:06.32 | | | | 800m: 11:10.93 | 43.10 |
| 700m: 9:48.76 | | | | | 42.44 |
| 750m: 10:31.44 | | | | | 42.68 |
| 800m: 11:10.93 | | | | | 39.49 |
| 4. Jan-Willem van den Berg | WVZ | NED | 196801575 | 11:13.37 | +0,73 |
| 50m: 36.02 | 36.02 | 250m: 3:28.18 | 43.55 | 450m: 6:20.67 | 43.15 |
| 100m: 1:17.12 | 41.10 | 300m: 4:11.63 | 43.45 | 500m: 7:03.21 | 42.54 |
| 150m: 2:00.38 | 43.26 | 350m: 4:54.57 | 42.94 | 550m: 7:46.04 | 42.83 |
| 200m: 2:44.63 | 44.25 | 400m: 5:37.52 | 42.95 | 600m: 8:28.58 | 42.54 |
| 650m: 9:10.75 | | | | 800m: 11:13.37 | 42.17 |
| 700m: 9:52.96 | | | | | 42.21 |
| 750m: 10:34.18 | | | | | 41.22 |
| 800m: 11:13.37 | | | | | 39.19 |
| 5. Eduard Leusink | De Mors | NED | 196901573 | 11:51.30 | +0,91 |
| 50m: 38.10 | 38.10 | 250m: 3:32.49 | 44.96 | 450m: 6:36.59 | 45.51 |
| 100m: 1:19.80 | 41.70 | 300m: 4:18.42 | 45.93 | 500m: 7:22.07 | 45.48 |
| 150m: 2:02.68 | 42.88 | 350m: 5:04.54 | 46.12 | 550m: 8:07.02 | 44.95 |
| 200m: 2:47.53 | 44.85 | 400m: 5:51.08 | 46.54 | 600m: 8:52.28 | 45.26 |
| 650m: 9:37.39 | | | | 800m: 11:51.30 | 45.11 |
| 700m: 10:23.13 | | | | | 45.74 |
| 750m: 11:08.28 | | | | | 45.15 |
| 800m: 11:51.30 | | | | | 43.02 |
| 6. Leon Slingerland | WVZ | NED | 196801707 | 12:08.62 | +0,96 |
| 50m: 38.02 | 38.02 | 250m: 3:42.64 | 46.94 | 450m: 6:50.87 | 46.91 |
| 100m: 1:22.91 | 44.89 | 300m: 4:29.52 | 46.88 | 500m: 7:37.36 | 46.49 |
| 150m: 2:09.07 | 46.16 | 350m: 5:16.78 | 47.26 | 550m: 8:24.34 | 46.98 |
| 200m: 2:55.70 | 46.63 | 400m: 6:03.96 | 47.18 | 600m: 9:10.31 | 45.97 |
| 650m: 9:56.51 | | | | 800m: 12:08.62 | 46.20 |
| 700m: 10:41.70 | | | | | 45.19 |
| 750m: 11:26.87 | | | | | 45.17 |
| 800m: 12:08.62 | | | | | 41.75 |

60+

| | | | | | |
|--------------------|---------------------------------|---------------|-----------------|-----------------|-------|
| 1. Bob de Vries | SG Octopus - ZVV | NED | 196601101 | 10:07.98 | +0,71 |
| 50m: 31.66 | 31.66 | 250m: 3:02.95 | 37.85 | 450m: 5:36.61 | 38.54 |
| 100m: 1:08.88 | 37.22 | 300m: 3:40.95 | 38.00 | 500m: 6:15.59 | 38.98 |
| 150m: 1:46.68 | 37.80 | 350m: 4:19.06 | 38.11 | 550m: 6:54.14 | 38.55 |
| 200m: 2:25.10 | 38.42 | 400m: 4:58.07 | 39.01 | 600m: 7:33.58 | 39.44 |
| 650m: 8:12.45 | | | | 800m: 10:07.98 | 38.87 |
| 700m: 8:51.64 | | | | | 39.19 |
| 750m: 9:30.20 | | | | | 38.56 |
| 800m: 10:07.98 | | | | | 37.78 |
| 2. Jon Christensen | Luxembourg Sharks Swimming CLUX | 10008 | 10:36.88 | +0,75 | |
| 50m: 35.67 | 35.67 | 250m: 3:13.46 | 40.17 | 450m: 5:53.25 | 40.18 |
| 100m: 1:14.14 | 38.47 | 300m: 3:53.19 | 39.73 | 500m: 6:33.54 | 40.29 |
| 150m: 1:53.50 | 39.36 | 350m: 4:33.16 | 39.97 | 550m: 7:14.18 | 40.64 |
| 200m: 2:33.29 | 39.79 | 400m: 5:13.07 | 39.91 | 600m: 7:55.23 | 41.05 |
| 650m: 8:36.83 | | | | 800m: 10:36.88 | 41.60 |
| 700m: 9:17.65 | | | | | 40.82 |
| 750m: 9:57.94 | | | | | 40.29 |
| 800m: 10:36.88 | | | | | 38.94 |
| 3. Henri Michels | De Amstel | NED | 196501587 | 11:32.64 | +0,86 |
| 50m: 37.55 | 37.55 | 250m: 3:28.14 | 43.62 | 450m: 6:22.86 | 44.11 |
| 100m: 1:18.57 | 41.02 | 300m: 4:11.88 | 43.74 | 500m: 7:07.07 | 44.21 |
| 150m: 2:01.51 | 42.94 | 350m: 4:55.52 | 43.64 | 550m: 7:51.34 | 44.27 |
| 200m: 2:44.52 | 43.01 | 400m: 5:38.75 | 43.23 | 600m: 8:36.04 | 44.70 |
| 650m: 9:20.62 | | | | 800m: 11:32.64 | 44.58 |
| 700m: 10:05.36 | | | | | 44.74 |
| 750m: 10:49.95 | | | | | 44.59 |
| 800m: 11:32.64 | | | | | 42.69 |
| 4. Jeroen Wilmer | Enkhuizer Zwem Vereniging | NED | 196601711 | 12:12.75 | +0,97 |
| 50m: 40.87 | 40.87 | 250m: 3:45.56 | 46.51 | 450m: 6:52.41 | 46.65 |
| 100m: 1:26.37 | 45.50 | 300m: 4:32.64 | 47.08 | 500m: 7:39.27 | 46.86 |
| 150m: 2:12.21 | 45.84 | 350m: 5:19.07 | 46.43 | 550m: 8:25.28 | 46.01 |
| 200m: 2:59.05 | 46.84 | 400m: 6:05.76 | 46.69 | 600m: 9:11.73 | 46.45 |
| 650m: 9:58.41 | | | | 800m: 12:12.75 | 46.68 |
| 700m: 10:45.18 | | | | | 46.77 |
| 750m: 11:30.39 | | | | | 45.21 |
| 800m: 12:12.75 | | | | | 42.36 |
| 5. Peter Janssen | Team Noord Holland (SG) | NED | 196201307 | 12:42.31 | +1,06 |
| 50m: 43.36 | 43.36 | 250m: 3:57.04 | 48.69 | 450m: 7:10.09 | 48.01 |
| 100m: 1:31.04 | 47.68 | 300m: 4:45.71 | 48.67 | 500m: 7:58.24 | 48.15 |
| 150m: 2:19.35 | 48.31 | 350m: 5:33.87 | 48.16 | 550m: 8:46.00 | 47.76 |
| 200m: 3:08.35 | 49.00 | 400m: 6:22.08 | 48.21 | 600m: 9:33.95 | 47.95 |
| 650m: 10:21.32 | | | | 800m: 12:42.31 | 47.37 |
| 700m: 11:09.03 | | | | | 47.71 |
| 750m: 11:56.11 | | | | | 47.08 |
| 800m: 12:42.31 | | | | | 46.20 |
| 6. Erik Saan | De Duck | NED | 196500769 | 13:06.04 | +1,09 |
| 50m: 41.38 | 41.38 | 250m: 3:56.51 | 50.80 | 450m: 7:22.41 | 51.85 |
| 100m: 1:27.05 | 45.67 | 300m: 4:47.29 | 50.78 | 500m: 8:13.70 | 51.29 |
| 150m: 2:16.70 | 49.65 | 350m: 5:38.60 | 51.31 | 550m: 9:05.02 | 51.32 |
| 200m: 3:05.71 | 49.01 | 400m: 6:30.56 | 51.96 | 600m: 9:55.86 | 50.84 |
| 650m: 10:45.19 | | | | 800m: 13:06.04 | 49.33 |
| 700m: 11:34.77 | | | | | 49.58 |
| 750m: 12:22.43 | | | | | 47.66 |
| 800m: 13:06.04 | | | | | 43.61 |



Open Nederlandse Masters
Kampioenschappen 2026 lange baan
Drachten, 30 april-3 mei 2026



Programmanr. 30, Heren, 800m vrije slag

65+

| | | | | | |
|--------------------|---------------------------|---------------|-----------|-----------------|-------|
| 1. Marten de Groot | HZ&PC Heerenveen | NED | 195800149 | 11:00.16 | +0,84 |
| 50m: 36.91 | 36.91 | 250m: 3:22.13 | 41.41 | 450m: 6:09.18 | 41.93 |
| 100m: 1:18.05 | 41.14 | 300m: 4:04.26 | 42.13 | 500m: 6:51.06 | 41.88 |
| 150m: 1:59.35 | 41.30 | 350m: 4:45.42 | 41.16 | 550m: 7:32.58 | 41.52 |
| 200m: 2:40.72 | 41.37 | 400m: 5:27.25 | 41.83 | 600m: 8:14.63 | 42.05 |
| 650m: 8:57.26 | | | | 700m: 9:39.63 | 42.37 |
| 750m: 10:21.55 | | | | 800m: 11:00.16 | 38.61 |
| 2. Dirk Zeterberg | Zehlendorfer TSV von 1888 | GER | 101339 | 11:45.69 | +0,89 |
| 50m: 38.71 | 38.71 | 250m: 3:34.72 | 44.05 | 450m: 6:33.87 | 44.77 |
| 100m: 1:22.43 | 43.72 | 300m: 4:19.74 | 45.02 | 500m: 7:19.07 | 45.20 |
| 150m: 2:06.32 | 43.89 | 350m: 5:04.22 | 44.48 | 550m: 8:04.05 | 44.98 |
| 200m: 2:50.67 | 44.35 | 400m: 5:49.10 | 44.88 | 600m: 8:49.07 | 45.02 |
| 650m: 9:33.84 | | | | 700m: 10:18.95 | 45.11 |
| 750m: 11:03.67 | | | | 800m: 11:45.69 | 44.72 |
| 3. Rene Janssen | Team Noord Holland (SG) | NED | 195700169 | 12:20.55 | +0,93 |
| 50m: 41.54 | 41.54 | 250m: 3:47.57 | 46.83 | 450m: 6:57.25 | 47.36 |
| 100m: 1:26.87 | 45.33 | 300m: 4:35.56 | 47.99 | 500m: 7:44.18 | 46.93 |
| 150m: 2:13.55 | 46.68 | 350m: 5:22.67 | 47.11 | 550m: 8:31.09 | 46.91 |
| 200m: 3:00.74 | 47.19 | 400m: 6:09.89 | 47.22 | 600m: 9:17.86 | 46.77 |
| 650m: 10:04.16 | | | | 700m: 10:50.84 | 46.68 |
| 750m: 11:36.52 | | | | 800m: 12:20.55 | 45.68 |
| 4. Wim de Lange | AZC | NED | 195800533 | 13:20.08 | +0,85 |
| 50m: 43.21 | 43.21 | 250m: 4:02.12 | 50.43 | 450m: 7:25.23 | 51.65 |
| 100m: 1:31.07 | 47.86 | 300m: 4:52.28 | 50.16 | 500m: 8:15.84 | 50.61 |
| 150m: 2:21.27 | 50.20 | 350m: 5:42.99 | 50.71 | 550m: 9:07.62 | 51.78 |
| 200m: 3:11.69 | 50.42 | 400m: 6:33.58 | 50.59 | 600m: 9:59.41 | 51.79 |
| 650m: 10:50.99 | | | | 700m: 11:41.50 | 50.51 |
| 750m: 12:31.81 | | | | 800m: 13:20.08 | 50.31 |
| 5. Bart van Calker | WS Twente | NED | 196100067 | 13:53.16 | +0,97 |
| 50m: 44.62 | 44.62 | 250m: 4:12.61 | 53.27 | 450m: 7:47.71 | 54.23 |
| 100m: 1:34.95 | 50.33 | 300m: 5:06.71 | 54.10 | 500m: 8:41.21 | 53.50 |
| 150m: 2:25.82 | 50.87 | 350m: 5:59.68 | 52.97 | 550m: 9:34.08 | 52.87 |
| 200m: 3:19.34 | 53.52 | 400m: 6:53.48 | 53.80 | 600m: 10:27.76 | 53.68 |
| 650m: 11:21.17 | | | | 700m: 12:14.17 | 53.00 |
| 750m: 13:06.20 | | | | 800m: 13:53.16 | 52.03 |
| 6. Lex Hoogendam | ZZ&PC De Devel | NED | 195700541 | 14:13.20 | +0,96 |
| 50m: 43.37 | 43.37 | 250m: 4:11.94 | 53.57 | 450m: 7:49.06 | 54.97 |
| 100m: 1:32.97 | 49.60 | 300m: 5:05.95 | 54.01 | 500m: 8:43.65 | 54.59 |
| 150m: 2:25.33 | 52.36 | 350m: 6:00.04 | 54.09 | 550m: 9:39.60 | 55.95 |
| 200m: 3:18.37 | 53.04 | 400m: 6:54.09 | 54.05 | 600m: 10:34.28 | 54.68 |
| 650m: 11:29.99 | | | | 700m: 12:24.80 | 54.81 |
| 750m: 13:20.46 | | | | 800m: 14:13.20 | 55.66 |

70+

| | | | | | |
|----------------|------------|---------------|-----------|-----------------|-------|
| 1. Henk Slomp | De Inktvis | NED | 195500359 | 12:07.98 | +0,94 |
| 50m: 38.86 | 38.86 | 250m: 3:42.15 | 46.55 | 450m: 6:49.28 | 46.53 |
| 100m: 1:23.04 | 44.18 | 300m: 4:28.81 | 46.66 | 500m: 7:37.19 | 47.91 |
| 150m: 2:09.40 | 46.36 | 350m: 5:15.86 | 47.05 | 550m: 8:23.36 | 46.17 |
| 200m: 2:55.60 | 46.20 | 400m: 6:02.75 | 46.89 | 600m: 9:09.57 | 46.21 |
| 650m: 9:55.76 | | | | 700m: 10:42.46 | 46.70 |
| 750m: 11:26.84 | | | | 800m: 12:07.98 | 44.38 |
| 2. Jan Preuter | De Mors | NED | 195600245 | 12:30.08 | +1,17 |
| 50m: 39.72 | 39.72 | 250m: 3:46.69 | 47.35 | 450m: 6:59.01 | 48.12 |
| 100m: 1:25.56 | 45.84 | 300m: 4:34.83 | 48.14 | 500m: 7:46.83 | 47.82 |
| 150m: 2:12.53 | 46.97 | 350m: 5:23.05 | 48.22 | 550m: 8:34.67 | 47.84 |
| 200m: 2:59.34 | 46.81 | 400m: 6:10.89 | 47.84 | 600m: 9:22.47 | 47.80 |
| 650m: 10:10.74 | | | | 700m: 10:58.01 | 47.27 |
| 750m: 11:44.79 | | | | 800m: 12:30.08 | 46.78 |

75+

| | | | | | |
|----------------|-------------------------|---------------|-----------|-----------------|---------|
| 1. Wout Hemmes | De Plons | NED | 194800059 | 14:43.79 | +1,01 |
| 50m: 47.91 | 47.91 | 250m: 4:33.43 | 56.82 | 450m: 8:20.74 | 57.37 |
| 100m: 1:42.94 | 55.03 | 300m: 5:29.94 | 56.51 | 500m: 9:17.51 | 56.77 |
| 150m: 2:39.66 | 56.72 | 350m: 6:26.84 | 56.90 | 550m: 10:13.69 | 56.18 |
| 200m: 3:36.61 | 56.95 | 400m: 7:23.37 | 56.53 | 600m: 11:09.50 | 55.81 |
| 650m: 12:05.29 | | | | 700m: 12:59.99 | 54.70 |
| 750m: 13:53.95 | | | | 800m: 14:43.79 | 53.96 |
| 2. Jos Kamps | Zwemvereniging Hoogland | NED | 195100085 | 15:23.34 | +1,16 |
| 50m: 46.67 | 46.67 | 250m: 4:33.89 | 57.85 | 450m: 8:32.68 | 59.80 |
| 100m: 1:41.82 | 55.15 | 300m: 5:34.67 | 1:00.78 | 500m: 9:33.04 | 1:00.36 |
| 150m: 2:38.36 | 56.54 | 350m: 6:33.15 | 58.48 | 550m: 10:32.26 | 59.22 |
| 200m: 3:36.04 | 57.68 | 400m: 7:32.88 | 59.73 | 600m: 11:32.23 | 59.97 |
| 650m: 12:31.03 | | | | 700m: 13:30.36 | 58.80 |
| 750m: 14:29.83 | | | | 800m: 15:23.34 | 59.33 |
| 3. Piet Schop | De Bevelanders | NED | 195000109 | 16:31.44 | +0,76 |
| 50m: 53.42 | 53.42 | 250m: 5:07.16 | 1:04.77 | 450m: 9:22.08 | 1:04.56 |
| 100m: 1:53.81 | 1:00.39 | 300m: 6:10.90 | 1:03.74 | 500m: 10:26.14 | 1:04.06 |
| 150m: 2:58.86 | 1:05.05 | 350m: 7:13.67 | 1:02.77 | 550m: 11:27.38 | 1:01.24 |
| 200m: 4:02.39 | 1:03.53 | 400m: 8:17.52 | 1:03.85 | 600m: 12:30.54 | 1:03.16 |
| 650m: 13:30.48 | | | | 700m: 14:33.86 | 1:03.38 |
| 750m: 15:32.49 | | | | 800m: 16:31.44 | 58.63 |

80+

| | | | | | |
|------------------|-------------------------|---------------|-----------|-----------------|---------|
| 1. Willem Putter | ZV Vlaardingen-Schiedam | NED | 194500135 | 15:28.13 | +1,21 |
| 50m: 49.63 | 49.63 | 250m: 4:44.24 | 59.07 | 450m: 8:42.02 | 58.97 |
| 100m: 1:45.86 | 56.23 | 300m: 5:43.96 | 59.72 | 500m: 9:42.62 | 1:00.60 |
| 150m: 2:45.54 | 59.68 | 350m: 6:43.36 | 59.40 | 550m: 10:41.80 | 59.18 |
| 200m: 3:45.17 | 59.63 | 400m: 7:43.05 | 59.69 | 600m: 11:41.98 | 1:00.18 |
| 650m: 12:40.39 | | | | 700m: 13:30.06 | 58.41 |
| 750m: 14:36.08 | | | | 800m: 15:28.13 | 58.67 |
| | | | | | 57.02 |
| | | | | | 52.05 |



Open Nederlandse Masters
Kampioenschappen 2026 lange baan
Drachten, 30 april-3 mei 2026



Programmanr. 30, Heren, 800m vrije slag, 80+

| rang | naam | vereniging | tijd | RT | PARA | | | |
|------|------------------|------------|-----------------|--------------|----------------|---------|----------------|---------|
| 2. | Geza Kaltenecker | AZC | 17:51.72 | +1,03 | | | | |
| | 50m: 56.07 | 56.07 | 250m: 5:29.85 | 1:10.08 | 450m: 10:07.87 | 1:08.81 | 650m: 14:39.24 | 1:07.92 |
| | 100m: 2:02.06 | 1:05.99 | 300m: 6:40.48 | 1:10.63 | 500m: 11:15.84 | 1:07.97 | 700m: 15:46.85 | 1:07.61 |
| | 150m: 3:10.60 | 1:08.54 | 350m: 7:49.65 | 1:09.17 | 550m: 12:23.67 | 1:07.83 | 750m: 16:52.70 | 1:05.85 |
| | 200m: 4:19.77 | 1:09.17 | 400m: 8:59.06 | 1:09.41 | 600m: 13:31.32 | 1:07.65 | 800m: 17:51.72 | 59.02 |

Programmanr. 31
3-5-2026 - 11:01

Dames, 400m wisselslag

Masters Open
Resultaten

| rang | naam | vereniging | tijd | RT | PARA | | | |
|------------|---------------------|-------------------------|----------------|--------------|---------------|-------|---------------|-------|
| 20+ | | | | | | | | |
| 1. | Maaïke Issard | DZ&PC | 5:24.75 | +0,79 | | | | |
| | 50m: 33.50 | 33.50 | 150m: 1:54.11 | 41.30 | 250m: 3:21.30 | 45.54 | 350m: 4:46.73 | 38.54 |
| | 100m: 1:12.81 | 39.31 | 200m: 2:35.76 | 41.65 | 300m: 4:08.19 | 46.89 | 400m: 5:24.75 | 38.02 |
| 2. | Roos de Jong | ZCNF'34 | 5:27.66 | +0,79 | | | | |
| | 50m: 35.30 | 35.30 | 150m: 1:58.96 | 43.23 | 250m: 3:26.43 | 44.47 | 350m: 4:50.54 | 39.15 |
| | 100m: 1:15.73 | 40.43 | 200m: 2:41.96 | 43.00 | 300m: 4:11.39 | 44.96 | 400m: 5:27.66 | 37.12 |
| 3. | Esther Tiemersma | PSV | 5:54.30 | +0,71 | | | | |
| | 50m: 37.03 | 37.03 | 150m: 2:10.26 | 50.36 | 250m: 3:45.12 | 47.28 | 350m: 5:14.72 | 42.17 |
| | 100m: 1:19.90 | 42.87 | 200m: 2:57.84 | 47.58 | 300m: 4:32.55 | 47.43 | 400m: 5:54.30 | 39.58 |
| 4. | Anoeska Romein | Team Noord Holland (SG) | 6:06.70 | +0,93 | | | | |
| | 50m: 40.04 | 40.04 | 150m: 2:17.00 | 49.20 | 250m: 3:53.34 | 49.68 | 350m: 5:26.67 | 41.08 |
| | 100m: 1:27.80 | 47.76 | 200m: 3:03.66 | 46.66 | 300m: 4:45.59 | 52.25 | 400m: 6:06.70 | 40.03 |
| 25+ | | | | | | | | |
| 1. | Anne Noom | Het Y | 5:26.19 | +0,74 | | | | |
| | 50m: 32.54 | 32.54 | 150m: 1:55.13 | 43.37 | 250m: 3:23.86 | 46.71 | 350m: 4:49.23 | 38.34 |
| | 100m: 1:11.76 | 39.22 | 200m: 2:37.15 | 42.02 | 300m: 4:10.89 | 47.03 | 400m: 5:26.19 | 36.96 |
| 2. | Amber van der Kruk | MSV-Zeemacht | 5:44.03 | +0,84 | | | | |
| | 50m: 38.63 | 38.63 | 150m: 2:09.33 | 42.81 | 250m: 3:42.91 | 51.30 | 350m: 5:08.11 | 35.65 |
| | 100m: 1:26.52 | 47.89 | 200m: 2:51.61 | 42.28 | 300m: 4:32.46 | 49.55 | 400m: 5:44.03 | 35.92 |
| 3. | Noa Oldenhof | ZPCH | 5:59.74 | +0,67 | | | | |
| | 50m: 37.58 | 37.58 | 150m: 2:08.23 | 45.18 | 250m: 3:46.08 | 53.67 | 350m: 5:20.62 | 40.21 |
| | 100m: 1:23.05 | 45.47 | 200m: 2:52.41 | 44.18 | 300m: 4:40.41 | 54.33 | 400m: 5:59.74 | 39.12 |
| 4. | Anouk van der Lans | Westland Swimming Stars | 6:44.02 | +0,77 | | | | |
| | 50m: 42.60 | 42.60 | 150m: 2:27.41 | 48.65 | 250m: 4:14.36 | 57.61 | 350m: 5:59.14 | 45.91 |
| | 100m: 1:38.76 | 56.16 | 200m: 3:16.75 | 49.34 | 300m: 5:13.23 | 58.87 | 400m: 6:44.02 | 44.88 |
| 30+ | | | | | | | | |
| 1. | Tamara Grove | De Dolfijn | 5:35.16 | +0,71 | | | | |
| | 50m: 33.28 | 33.28 | 150m: 1:56.97 | 44.26 | 250m: 3:28.66 | 48.29 | 350m: 4:56.84 | 38.34 |
| | 100m: 1:12.71 | 39.43 | 200m: 2:40.37 | 43.40 | 300m: 4:18.50 | 49.84 | 400m: 5:35.16 | 38.32 |
| 2. | Fiona Meuffels | PSV | 5:49.14 | +0,66 | | | | |
| | 50m: 35.50 | 35.50 | 150m: 2:08.20 | 48.24 | 250m: 3:41.58 | 47.64 | 350m: 5:09.90 | 39.85 |
| | 100m: 1:19.96 | 44.46 | 200m: 2:53.94 | 45.74 | 300m: 4:30.05 | 48.47 | 400m: 5:49.14 | 39.24 |
| 3. | Nienke Smidt | WS Twente | 6:06.63 | +0,86 | | | | |
| | 50m: 36.43 | 36.43 | 150m: 2:10.59 | 49.29 | 250m: 3:50.95 | 54.91 | 350m: 5:28.11 | 41.55 |
| | 100m: 1:21.30 | 44.87 | 200m: 2:56.04 | 45.45 | 300m: 4:46.56 | 55.61 | 400m: 6:06.63 | 38.52 |
| 4. | Aniek Garritsen | De IJsselmeeuwen | 6:10.50 | +0,71 | | | | |
| | 50m: 34.97 | 34.97 | 150m: 2:06.28 | 48.64 | 250m: 3:46.61 | 53.86 | 350m: 5:27.07 | 45.63 |
| | 100m: 1:17.64 | 42.67 | 200m: 2:52.75 | 46.47 | 300m: 4:41.44 | 54.83 | 400m: 6:10.50 | 43.43 |
| 5. | Larissa Jansen | PSV | 6:12.44 | +0,81 | | | | |
| | 50m: 37.97 | 37.97 | 150m: 2:17.21 | 51.41 | 250m: 3:57.52 | 50.82 | 350m: 5:31.77 | 43.04 |
| | 100m: 1:25.80 | 47.83 | 200m: 3:06.70 | 49.49 | 300m: 4:48.73 | 51.21 | 400m: 6:12.44 | 40.67 |
| 6. | Irmgard van Weeghel | ENC Arnhem | 6:26.68 | +0,83 | | | | |
| | 50m: 41.49 | 41.49 | 150m: 2:22.58 | 50.54 | 250m: 4:05.61 | 54.28 | 350m: 5:44.85 | 44.04 |
| | 100m: 1:32.04 | 50.55 | 200m: 3:11.33 | 48.75 | 300m: 5:00.81 | 55.20 | 400m: 6:26.68 | 41.83 |





Open Nederlandse Masters
Kampioenschappen 2026 lange baan
Drachten, 30 april-3 mei 2026



Programmanr. 31, Dames, 400m wisselslag

35+

| | | | | | |
|-----------------------|------------|---------------|-----------|----------------|-------|
| 1. Wendan Poelstra | TriVia | NED | 199102496 | 5:46.40 | +0,73 |
| 50m: 35.33 | 35.33 | 150m: 2:04.14 | 45.98 | 250m: 3:36.93 | 47.86 |
| 100m: 1:18.16 | 42.83 | 200m: 2:49.07 | 44.93 | 300m: 4:25.90 | 48.97 |
| | | | | 350m: 5:06.72 | 40.82 |
| | | | | 400m: 5:46.40 | 39.68 |
| 2. Linda van Klei | ACZ | NED | 198802088 | 6:10.48 | +0,91 |
| 50m: 39.53 | 39.53 | 150m: 2:17.01 | 49.85 | 250m: 3:55.47 | 50.14 |
| 100m: 1:27.16 | 47.63 | 200m: 3:05.33 | 48.32 | 300m: 4:48.21 | 52.74 |
| | | | | 350m: 5:30.64 | 42.43 |
| | | | | 400m: 6:10.48 | 39.84 |
| 3. Gerbranda Beijaard | De Granaet | NED | 199008448 | 6:24.88 | +0,72 |
| 50m: 38.60 | 38.60 | 150m: 2:18.03 | 48.79 | 250m: 3:57.38 | 52.72 |
| 100m: 1:29.24 | 50.64 | 200m: 3:04.66 | 46.63 | 300m: 4:52.24 | 54.86 |
| | | | | 350m: 5:39.72 | 47.48 |
| | | | | 400m: 6:24.88 | 45.16 |
| 4. Monique van Huizen | AZC | NED | 198706236 | 6:26.48 | +0,87 |
| 50m: 39.16 | 39.16 | 150m: 2:21.69 | 50.84 | 250m: 4:05.66 | 53.44 |
| 100m: 1:30.85 | 51.69 | 200m: 3:12.22 | 50.53 | 300m: 5:01.91 | 56.25 |
| | | | | 350m: 5:46.68 | 44.77 |
| | | | | 400m: 6:26.48 | 39.80 |

40+

| | | | | | |
|----------------------------|-------------------------|---------------|----------------|----------------|---------|
| 1. Viktória Háden-Felföldi | Iron Swim | HUN | 66/3267 | 5:32.76 | +0,77 |
| 50m: 34.60 | 34.60 | 150m: 1:58.97 | 44.56 | 250m: 3:30.13 | 49.08 |
| 100m: 1:14.41 | 39.81 | 200m: 2:41.05 | 42.08 | 300m: 4:18.80 | 48.67 |
| | | | | 350m: 4:56.12 | 37.32 |
| | | | | 400m: 5:32.76 | 36.64 |
| 2. Sabine Zimmermann | Aachener SV 06 | GER | 101578 | 5:38.57 | +0,76 |
| 50m: 38.23 | 38.23 | 150m: 2:07.41 | 45.03 | 250m: 3:36.87 | 47.46 |
| 100m: 1:22.38 | 44.15 | 200m: 2:49.41 | 42.00 | 300m: 4:24.44 | 47.57 |
| | | | | 350m: 5:02.06 | 37.62 |
| | | | | 400m: 5:38.57 | 36.51 |
| 3. Ann Wanter | Zwemclub Geel | BEL | ZGEEL/21082/82 | 5:51.93 | +0,82 |
| 50m: 36.22 | 36.22 | 150m: 2:05.48 | 46.28 | 250m: 3:42.67 | 52.59 |
| 100m: 1:19.20 | 42.98 | 200m: 2:50.08 | 44.60 | 300m: 4:34.80 | 52.13 |
| | | | | 350m: 5:14.36 | 39.56 |
| | | | | 400m: 5:51.93 | 37.57 |
| 4. Nadya Putter | ZV Vlaardingen-Schiedam | NED | 198301630 | 6:18.76 | +0,79 |
| 50m: 37.76 | 37.76 | 150m: 2:13.27 | 49.68 | 250m: 3:54.26 | 51.61 |
| 100m: 1:23.59 | 45.83 | 200m: 3:02.65 | 49.38 | 300m: 4:48.89 | 54.63 |
| | | | | 350m: 5:33.94 | 45.05 |
| | | | | 400m: 6:18.76 | 44.82 |
| 5. Angela Giezen | ZPC Amersfoort | NED | 198302796 | 6:30.60 | +0,76 |
| 50m: 41.10 | 41.10 | 150m: 2:20.61 | 49.84 | 250m: 4:05.40 | 56.09 |
| 100m: 1:30.77 | 49.67 | 200m: 3:09.31 | 48.70 | 300m: 5:02.58 | 57.18 |
| | | | | 350m: 5:47.94 | 45.36 |
| | | | | 400m: 6:30.60 | 42.66 |
| 6. Suzanne Mol | Aqualero | NED | 198202408 | 6:59.86 | +0,94 |
| 50m: 46.86 | 46.86 | 150m: 2:35.69 | 53.56 | 250m: 4:26.59 | 1:00.39 |
| 100m: 1:42.13 | 55.27 | 200m: 3:26.20 | 50.51 | 300m: 5:25.58 | 58.99 |
| | | | | 350m: 6:13.57 | 47.99 |
| | | | | 400m: 6:59.86 | 46.29 |
| 7. Linda Hoogendam | WVZ | NED | 198300892 | 7:31.99 | +0,85 |
| 50m: 47.54 | 47.54 | 150m: 2:45.63 | 59.19 | 250m: 4:49.75 | 1:06.99 |
| 100m: 1:46.44 | 58.90 | 200m: 3:42.76 | 57.13 | 300m: 5:58.25 | 1:08.50 |
| | | | | 350m: 6:45.91 | 47.66 |
| | | | | 400m: 7:31.99 | 46.08 |

45+

| | | | | | |
|--------------------|-------------------------|---------------|-----------|----------------|---------|
| 1. Leontine Loeber | AZ&PC De Futen | NED | 197701010 | 7:16.22 | +0,96 |
| 50m: 46.61 | 46.61 | 150m: 2:39.99 | 55.42 | 250m: 4:36.31 | 59.68 |
| 100m: 1:44.57 | 57.96 | 200m: 3:36.63 | 56.64 | 300m: 5:37.95 | 1:01.64 |
| | | | | 350m: 6:27.75 | 49.80 |
| | | | | 400m: 7:16.22 | 48.47 |
| 2. Ute Kremer | SG Erkelenz-Hückelhoven | GER | 492223 | 7:25.43 | +0,95 |
| 50m: 45.63 | 45.63 | 150m: 2:41.58 | 1:00.92 | 250m: 4:41.47 | 59.96 |
| 100m: 1:40.66 | 55.03 | 200m: 3:41.51 | 59.93 | 300m: 5:41.14 | 59.67 |
| | | | | 350m: 6:33.90 | 52.76 |
| | | | | 400m: 7:25.43 | 51.53 |

50+

| | | | | | |
|-------------------------|-------------------------|---------------|-----------|----------------|---------|
| 1. Annett von Rekowski | Schwimmverein Gera | GER | 097868 | 5:58.38 | +0,77 |
| 50m: 37.85 | 37.85 | 150m: 2:09.69 | 47.28 | 250m: 3:48.64 | 53.25 |
| 100m: 1:22.41 | 44.56 | 200m: 2:55.39 | 45.70 | 300m: 4:42.17 | 53.53 |
| | | | | 350m: 5:21.22 | 39.05 |
| | | | | 400m: 5:58.38 | 37.16 |
| 2. Liselotte Joling | PSV | NED | 197500268 | 6:02.06 | +0,87 |
| 50m: 37.24 | 37.24 | 150m: 2:10.44 | 50.03 | 250m: 3:49.60 | 51.78 |
| 100m: 1:20.41 | 43.17 | 200m: 2:57.82 | 47.38 | 300m: 4:43.82 | 54.22 |
| | | | | 350m: 5:24.17 | 40.35 |
| | | | | 400m: 6:02.06 | 37.89 |
| 3. Marleen Gerringa-Vos | Batavia Swim | NED | 197400598 | 6:12.72 | +0,86 |
| 50m: 39.78 | 39.78 | 150m: 2:19.11 | 49.65 | 250m: 3:57.65 | 51.16 |
| 100m: 1:29.46 | 49.68 | 200m: 3:06.49 | 47.38 | 300m: 4:49.37 | 51.72 |
| | | | | 350m: 5:32.12 | 42.75 |
| | | | | 400m: 6:12.72 | 40.60 |
| 4. Mirjan den Drijver | Westland Swimming Stars | NED | 197500884 | 6:36.83 | +0,78 |
| 50m: 37.01 | 37.01 | 150m: 2:18.77 | 53.54 | 250m: 4:06.85 | 58.36 |
| 100m: 1:25.23 | 48.22 | 200m: 3:08.49 | 49.72 | 300m: 5:05.67 | 58.82 |
| | | | | 350m: 5:51.66 | 45.99 |
| | | | | 400m: 6:36.83 | 45.17 |
| 5. Jannie Vennik | HZ&PC Heerenveen | NED | 197601006 | 7:07.26 | +0,96 |
| 50m: 45.21 | 45.21 | 150m: 2:39.94 | 56.61 | 250m: 4:38.85 | 1:00.66 |
| 100m: 1:43.33 | 58.12 | 200m: 3:38.19 | 58.25 | 300m: 5:40.60 | 1:01.75 |
| | | | | 350m: 6:23.65 | 43.05 |
| | | | | 400m: 7:07.26 | 43.61 |





Open Nederlandse Masters
Kampioenschappen 2026 lange baan
Drachten, 30 april-3 mei 2026



Programmanr. 31, Dames, 400m wisselslag

55+

| | | | | | | |
|----|-----------------|--------------|---------------|-----------|----------------|---------|
| 1. | Bianca Groot | MSV-Zeemacht | NED | 197000652 | 7:01.18 | +0,91 |
| | 50m: 43.06 | 43.06 | 150m: 2:33.99 | 56.18 | 250m: 4:26.99 | 55.35 |
| | 100m: 1:37.81 | 54.75 | 200m: 3:31.64 | 57.65 | 300m: 5:27.74 | 1:00.75 |
| | | | | | 350m: 6:14.21 | 46.47 |
| | | | | | 400m: 7:01.18 | 46.97 |
| 2. | Nathasja Konijn | GZC Donk | NED | 197100992 | 7:39.08 | +0,93 |
| | 50m: 48.19 | 48.19 | 150m: 2:42.95 | 56.26 | 250m: 4:43.29 | 1:04.74 |
| | 100m: 1:46.69 | 58.50 | 200m: 3:38.55 | 55.60 | 300m: 5:51.19 | 1:07.90 |
| | | | | | 350m: 6:45.33 | 54.14 |
| | | | | | 400m: 7:39.08 | 53.75 |

60+

| | | | | | | |
|----|------------------------------|-----------|---------------|-----------|----------------|---------|
| 1. | Anita Steijger | WVZ | NED | 196500628 | 7:07.01 | +0,72 |
| | 50m: 45.07 | 45.07 | 150m: 2:38.63 | 57.93 | 250m: 4:33.10 | 1:00.30 |
| | 100m: 1:40.70 | 55.63 | 200m: 3:32.80 | 54.17 | 300m: 5:33.68 | 1:00.58 |
| | | | | | 350m: 6:21.29 | 47.61 |
| | | | | | 400m: 7:07.01 | 45.72 |
| 2. | Margriet Grove-Lingeman | Triton | NED | 196200080 | 7:08.22 | +0,84 |
| | 50m: 43.28 | 43.28 | 150m: 2:30.07 | 55.61 | 250m: 4:25.97 | 1:00.97 |
| | 100m: 1:34.46 | 51.18 | 200m: 3:25.00 | 54.93 | 300m: 5:27.42 | 1:01.45 |
| | | | | | 350m: 6:17.75 | 50.33 |
| | | | | | 400m: 7:08.22 | 50.47 |
| 3. | K. van Nassau-van den Heuvel | Old Dutch | NED | 196600188 | 7:41.93 | +1,01 |
| | 50m: 52.90 | 52.90 | 150m: 2:58.23 | 1:04.92 | 250m: 5:00.81 | 59.94 |
| | 100m: 1:53.31 | 1:00.41 | 200m: 4:00.87 | 1:02.64 | 300m: 6:00.80 | 59.99 |
| | | | | | 350m: 6:53.14 | 52.34 |
| | | | | | 400m: 7:41.93 | 48.79 |

65+

| | | | | | | |
|----|--|----------|---------------|-----------|----------------|---------|
| 1. | Petra Tossings <i>Nederlands Masters Record</i> | GZC Donk | NED | 196100376 | 6:54.32 | +0,84 |
| | 50m: 42.69 | 42.69 | 150m: 2:30.42 | 55.35 | 250m: 4:23.88 | 59.57 |
| | 100m: 1:35.07 | 52.38 | 200m: 3:24.31 | 53.89 | 300m: 5:23.62 | 59.74 |
| | | | | | 350m: 6:10.61 | 46.99 |
| | | | | | 400m: 6:54.32 | 43.71 |
| 2. | Hannie Poletiek | TriVia | NED | 195900278 | 8:17.16 | +0,98 |
| | 50m: 55.04 | 55.04 | 150m: 3:10.16 | 1:06.30 | 250m: 5:20.93 | 1:06.37 |
| | 100m: 2:03.86 | 1:08.82 | 200m: 4:14.56 | 1:04.40 | 300m: 6:28.58 | 1:07.65 |
| | | | | | 350m: 7:22.54 | 53.96 |
| | | | | | 400m: 8:17.16 | 54.62 |

75+

| | | | | | | |
|----|----------------------------|-----------|---------------|-----------|----------------|---------|
| 1. | Antoinette Gilding-Tussaud | WS Twente | NED | 195000038 | 9:49.28 | +0,93 |
| | 50m: 1:10.23 | 1:10.23 | 150m: 3:46.56 | 1:08.26 | 250m: 6:16.21 | 1:22.87 |
| | 100m: 2:38.30 | 1:28.07 | 200m: 4:53.34 | 1:06.78 | 300m: 7:38.36 | 1:22.15 |
| | | | | | 350m: 8:45.57 | 1:07.21 |
| | | | | | 400m: 9:49.28 | 1:03.71 |

Programmanr. 32
3-5-2026 - 11:37

4 x 100m vrije slag

Masters Open
Resultaten

| rang | vereniging | tijd | RT | PARA |
|---------------------------|---------------------|----------------|-------|---------|
| Masters 80+, Dames | | | | |
| 1. | ENC Arnhem 1 | 4:35.29 | +0,86 | |
| | Nienke Lammers | +0,36 | 32.76 | 1:09.17 |
| | Luna Uytendwilligen | +0,66 | 31.91 | 1:08.74 |
| 2. | SG Octopus - ZVV 1 | 4:37.42 | +0,74 | |
| | Ilse Wild | +0,42 | 33.62 | 1:11.77 |
| | Lois Hofman | +0,73 | 30.52 | 1:03.82 |



Open Nederlandse Masters
Kampioenschappen 2026 lange baan
Drachten, 30 april-3 mei 2026



Programmanr. 32, 4 x 100m vrije slag

100+, Dames

| | | | | | |
|----|-------------------|---------------------|-------------------------|---------------------|-------|
| 1. | NieMo Barracuda 2 | NieMo Barracuda | NED | 4:20.12 | +0,74 |
| | Aouchka Bos | +0,74 29.93 1:02.11 | Robin Pienaar | +0,25 29.68 1:02.62 | |
| | Esmée Rolloos | +0,14 33.45 1:11.25 | Melissa van der Heijden | +0,38 30.89 1:04.14 | |
| 2. | PSV 2 | PSV | NED | 4:36.62 | +0,74 |
| | Birgit Hage | +0,74 33.69 1:10.52 | Fiona Meuffels | +0,45 32.09 1:07.62 | |
| | Esther Tiemersma | +0,25 33.67 1:09.98 | Larissa Jansen | +0,72 33.46 1:08.50 | |
| 3. | De Duck 1 | De Duck | NED | 4:42.94 | +0,69 |
| | Noa de Bock | +0,69 32.77 1:08.61 | Janneke van de Poele | +0,44 34.82 1:14.90 | |
| | Judith Kleinjan | +0,55 33.75 1:12.53 | Marcella van der Ent | +0,34 30.28 1:06.90 | |

120+, Dames

| | | | | | |
|----|---------------------------|---------------------|-------------------------|---------------------|-------|
| 1. | HZ&PC Heerenveen 2 | HZ&PC Heerenveen | NED | 4:32.69 | +0,71 |
| | Lianne van Wier | +0,71 31.21 1:05.25 | Leonie van Wier | +0,48 30.61 1:03.01 | |
| | Inge Dekker | +0,41 31.45 1:06.11 | Jannie Vennik | +0,58 37.55 1:18.32 | |
| 2. | DZ&PC 1 | DZ&PC | NED | 4:38.92 | +0,77 |
| | Dyonne Bruggeling | +0,77 33.22 1:12.39 | Linda Kuiper | +0,52 34.38 1:10.76 | |
| | Krista de Reus-Trompetter | +0,62 34.48 1:11.12 | Karin Rijkelijhuizen | +0,51 30.85 1:04.65 | |
| 3. | ZPC Amersfoort 4 | ZPC Amersfoort | NED | 4:42.27 | +0,71 |
| | Mandy Swart | +0,71 33.36 1:11.09 | Lotte Eising | +0,26 32.87 1:11.91 | |
| | Angela Giezen | +0,47 35.88 1:15.07 | Marije Jansen | +0,30 30.22 1:04.20 | |
| 4. | MSV-Zeemacht 2 | MSV-Zeemacht | NED | 4:52.91 | +0,82 |
| | Amber van der Kruk | +0,82 30.27 1:04.43 | Kyra Wesemann | +0,55 32.06 1:07.44 | |
| | Annette van Dok | +0,51 45.24 1:36.96 | Myrthe Bakker | +0,21 28.78 1:04.08 | |
| 5. | De Geul 2 | De Geul | NED | 5:05.05 | +0,75 |
| | Marcha Admiraal | +0,75 30.17 1:02.99 | Roselinda van der Vlugt | +0,72 47.95 1:38.34 | |
| | Eline Molle | +0,61 36.18 1:15.45 | Daphne van Tilburg | +0,60 32.54 1:08.27 | |

160+, Dames

| | | | | | |
|----|--------------------------|---------------------|---------------------|---------------------|-------|
| 1. | Old Dutch 1 | Old Dutch | NED | 4:44.48 | +0,79 |
| | Anne-Marie Verschoor-Vos | +0,79 31.97 1:07.52 | Jessica Venema | +0,57 34.44 1:13.29 | |
| | Chantal Verhoeff | +0,50 34.20 1:13.28 | Patricia Brooijmans | +0,55 33.56 1:10.39 | |
| 2. | De Geul 1 | De Geul | NED | 5:05.92 | +0,68 |
| | Faustine Mussig | +0,68 31.00 1:05.32 | Erica Muller | +0,41 45.30 1:38.02 | |
| | Marijke Campfens | +0,55 36.17 1:15.61 | Laura 't Lam | +0,62 31.36 1:06.97 | |
| 3. | Steenwijk 1934 2 | Steenwijk 1934 | NED | 5:13.64 | +0,78 |
| | Leonie Scholten | +0,78 38.92 1:25.43 | Jessica Dekkinga | +0,40 34.59 1:14.06 | |
| | Astrid Wibbelink | +0,40 33.47 1:11.82 | Linda Wibbelink | +0,40 38.82 1:22.33 | |

200+, Dames

| | | | | | |
|----|----------------|---------------------|-----------------|---------------------|-------|
| 1. | GZC Donk 1 | GZC Donk | NED | 5:48.13 | +0,91 |
| | Lia Bijkerk | +0,91 44.95 1:34.52 | Nathasja Konijn | +0,59 42.89 1:31.15 | |
| | Rene Kleinveld | +0,39 36.83 1:19.57 | Petra Tossings | +0,53 39.42 1:22.89 | |

240+, Dames

| | | | | | |
|----|------------------------------|---------------------|-----------------------|---------------------|-------|
| 1. | SWOL 1894 1 | SWOL 1894 | NED | 5:22.03 | +0,76 |
| | Christine Nieuwenhuis | +0,76 37.01 1:20.99 | Marijke Kraak-Beckers | +0,51 38.22 1:20.11 | |
| | Annet Kootstra | +0,49 40.61 1:25.73 | Mireille Nijhuis | +0,74 35.25 1:15.20 | |
| 2. | ENC Arnhem 3 | ENC Arnhem | NED | 5:56.57 | +0,76 |
| | Karin van der Star-Verhoeven | +0,76 38.05 1:20.83 | Yoka de Vegt-van Dijk | +0,57 43.73 1:30.85 | |
| | Marion Kolkman-Pluim | +0,79 45.91 1:34.48 | Marleen Schuurung | +0,57 43.87 1:30.41 | |

AFGEM ZPC Amersfoort 2 ZPC Amersfoort NED

320+, Dames

| | | | | | |
|----|--|-----------------------|------------------|---------------------|-------|
| 1. | PSV 1 | PSV | NED | 7:39.90 | +1,26 |
| | <i>Europees Masters Record, tevens NMR Lottie Geurts Dames 90+ 100m vrije slag</i> | | | | |
| | Lottie Geurts | +1,26 1:01.40 2:11.21 | Gonnie Bak | +0,75 54.61 1:58.54 | |
| | Ineke Brouwers | +0,72 54.01 1:57.99 | Corrie Verhoeven | +0,39 43.33 1:32.16 | |



Open Nederlandse Masters
Kampioenschappen 2026 lange baan
Drachten, 30 april-3 mei 2026



Programmanr. 32, 4 x 100m vrije slag

Masters 80+, Heren

| | | | | | | | | |
|----|---|-------------|-------|---------|------------------|-------|-------|---------|
| 1. | DZ&PC 2 <i>Nederlands Masters Record</i> | DZ&PC | | NED | 3:41.04 | +0,69 | | |
| | Colin Bes | +0,69 | 25.18 | 53.17 | Tycho Veenstra | +0,36 | 27.94 | 58.70 |
| | Floris Stork | +0,31 | 24.85 | 52.38 | Ruben Trompetter | +0,75 | 27.21 | 56.79 |
| 2. | ZPC Woerden 1 | ZPC Woerden | | NED | 3:59.70 | +0,68 | | |
| | Ian Terlouw | +0,68 | 26.92 | 57.75 | Ruben Zwartbol | +0,38 | 28.36 | 1:00.35 |
| | Milan de Roo | +0,46 | 29.03 | 1:01.38 | Daan Hoogendoorn | +0,54 | 28.70 | 1:00.22 |

100+, Heren

| | | | | | | | | |
|----|--------------------|--------------|-------|---------|------------------------|-------|-------|---------|
| 1. | De Schotejil 1 | De Schotejil | | NED | 4:11.17 | +0,74 | | |
| | Dennis van der Bok | +0,74 | 31.67 | 1:07.10 | Frank v.d. Voort | +0,57 | 31.60 | 1:06.29 |
| | David Kievit | +0,49 | 28.93 | 1:00.53 | Jacob Mackloet | +0,30 | 27.21 | 57.25 |
| 2. | De Rijn 1 | De Rijn | | NED | 4:22.60 | +0,70 | | |
| | Rick Haanschoten | +0,70 | 30.91 | 1:03.70 | Rick van Nieuwenhuizen | +0,58 | 33.41 | 1:14.87 |
| | Jeroen Louwinger | +0,34 | 29.10 | 1:01.78 | Sjoerd Boogert | +0,40 | 28.93 | 1:02.25 |

120+, Heren

| | | | | | | | | |
|----|------------------------|----------------------|-------|---------|--------------------|-------|-------|---------|
| 1. | ENC Arnhem 2 | ENC Arnhem | | NED | 3:52.12 | +0,72 | | |
| | Peter Rothengatter | +0,72 | 27.93 | 58.27 | Tim de Vrught | +0,42 | 27.18 | 57.82 |
| | Sander de Vrught | +0,28 | 27.48 | 57.55 | Kaelan Betrian | +0,27 | 28.12 | 58.48 |
| 2. | ZPC Amersfoort 5 | ZPC Amersfoort | | NED | 4:01.53 | +0,65 | | |
| | Dries Cavelaars | +0,65 | 28.99 | 1:00.13 | Rob van Vliet | +0,34 | 29.59 | 1:02.65 |
| | Jelle Opmeer | +0,30 | 28.01 | 59.17 | Martijn Bartels | +0,40 | 28.59 | 59.58 |
| 3. | WVZ 2 | WVZ | | NED | 4:06.55 | +0,76 | | |
| | Ivo Roozeboom | +0,76 | 28.42 | 59.67 | Markus van Rest | +0,30 | 30.87 | 1:06.17 |
| | Jordy van Oel | +0,40 | 29.99 | 1:02.75 | Jasper Breugem | +0,41 | 27.31 | 57.96 |
| 4. | MSV-Zeemacht 1 | MSV-Zeemacht | | NED | 4:11.73 | +0,67 | | |
| | Jordi de Nijis | +0,67 | 27.01 | 58.18 | Marco van der Wulp | +0,56 | 29.11 | 1:04.01 |
| | Derek Valkenier | +0,42 | 31.89 | 1:08.37 | Matthew Humphreys | +0,57 | 29.17 | 1:01.17 |
| 5. | Het Ravijn 1 | Het Ravijn | | NED | 4:19.20 | +0,82 | | |
| | Marcel Zijderhand | +0,82 | 30.61 | 1:04.87 | Harm Jan Otter | +0,27 | 30.65 | 1:04.95 |
| | Lanco Manaf | +0,32 | 30.77 | 1:05.89 | William Kruihof | +0,21 | 29.06 | 1:03.49 |
| 6. | De Biesboschzwemmers 1 | De Biesboschzwemmers | | NED | 4:39.33 | +0,72 | | |
| | Thomas Verschoor | +0,72 | 32.79 | 1:08.85 | Sander van Tilburg | +0,49 | 33.31 | 1:10.60 |
| | Wouter van der Stelt | +0,35 | 34.53 | 1:14.17 | Pieter Pijnenburg | +0,61 | 31.73 | 1:05.71 |

160+, Heren

| | | | | | | | | |
|----|--|-------------------------|-------|---------|-----------------|-------|-------|---------|
| 1. | ZPC Amersfoort 1 <i>Nederlands Masters Record</i> | ZPC Amersfoort | | NED | 3:47.63 | +0,65 | | |
| | Darren Chen | +0,65 | 25.93 | 54.62 | Jeroen Zelsmann | +0,33 | 26.80 | 57.57 |
| | Jelle Blankestijn | +0,39 | 26.40 | 55.57 | Chester Marsman | +0,44 | 28.50 | 59.87 |
| 2. | HZ&PC Heerenveen 1 | HZ&PC Heerenveen | | NED | 4:07.50 | +0,72 | | |
| | Richard Kuipers | +0,72 | 27.15 | 57.78 | René Beetsma | +0,29 | 31.71 | 1:07.39 |
| | Remco Dijkstra | +0,26 | 27.16 | 58.70 | Peter de Vries | +0,23 | 29.65 | 1:03.63 |
| 3. | NieMo Barracuda 1 | NieMo Barracuda | | NED | 4:17.34 | +0,94 | | |
| | Dennis Dortland | +0,94 | 30.49 | 1:04.45 | Marco Horneman | +0,41 | 30.66 | 1:06.58 |
| | André Noordwijk | +0,45 | 30.97 | 1:07.17 | Mark Hensen | +0,47 | 27.77 | 59.14 |
| 4. | ZV Hoogland 1 | Zwemvereniging Hoogland | | NED | 4:34.02 | +0,92 | | |
| | Jos Kamps | +0,92 | 39.75 | 1:26.18 | Yuri van Omme | +0,35 | 28.67 | 1:01.39 |
| | Bas Dries | +0,39 | 25.41 | 53.95 | Ruben de Boer | +0,34 | 34.28 | 1:12.50 |



Open Nederlandse Masters
Kampioenschappen 2026 lange baan
Drachten, 30 april-3 mei 2026



Programmanr. 32, 4 x 100m vrije slag

200+, Heren

| | | | | |
|---------------------|----------------|---------|--------------------|---------------------|
| 1. ZPC Amersfoort 3 | ZPC Amersfoort | NED | 4:00.64 | +0,70 |
| Erwin Buist | +0,70 27.25 | 57.66 | Edwin van Norden | +0,27 30.82 1:04.07 |
| Johan Remmits | +0,22 30.15 | 1:03.37 | Bas Braun | +0,29 26.31 55.54 |
| 2. PSV 3 | PSV | NED | 4:20.61 | +0,70 |
| Jos de Graaf | +0,70 27.46 | 57.80 | Harold Matla | +0,56 34.19 1:10.67 |
| Eymert van Rooij | +0,19 32.70 | 1:08.97 | Olivier van Heezik | +0,46 30.26 1:03.17 |
| 3. De Duinkickers 1 | De Duinkickers | NED | 4:47.30 | +0,88 |
| Robert de Brauwer | +0,88 35.08 | 1:15.27 | Marcel Brittijn | +0,46 36.28 1:16.43 |
| Mathieu Rikken | +0,68 33.31 | 1:09.73 | Erik Cooman | +0,58 31.79 1:05.87 |

240+, Heren

| | | | | |
|---|-------------|---------|-----------------------|---------------------|
| 1. Oslo I.L. 1 <i>Norwegian Masters Record</i> | Oslo I.L. | NOR | 4:08.16 | +0,75 |
| Oddvar Sandvin | +0,75 28.74 | 1:00.11 | Bjørn Werner Johansen | +0,26 31.18 1:06.14 |
| Jarl Inge Melberg | +0,35 27.47 | 57.81 | Erlend Alstad | +0,55 31.50 1:04.10 |
| 2. ZPC De Rog 1 | ZPC De Rog | NED | 4:18.05 | +0,71 |
| Arjan Verheij | +0,71 29.60 | 1:03.69 | Peter Bensen | +0,20 29.25 1:03.09 |
| Rob Spetter | +0,35 31.68 | 1:08.49 | Glen Le Clercq | +0,65 29.90 1:02.78 |
| 3. GZC Donk 2 | GZC Donk | NED | 5:29.64 | +1,00 |
| Peter Coffeng | +1,00 40.96 | 1:27.73 | Jordy Wijnbergen | +0,57 38.53 1:20.95 |
| Pierre de Groot | +0,59 39.58 | 1:22.09 | Willem Jan Ribberink | +0,48 38.93 1:18.87 |
| 4. WS Twente 3 | WS Twente | NED | 5:35.09 | +0,91 |
| Joop Weenink | +0,91 38.32 | 1:21.03 | Bart van Calker | +0,40 39.51 1:22.32 |
| Jack Barends | +0,57 37.59 | 1:19.59 | Jan Willem Heuten | +0,78 42.16 1:32.15 |

80+, Gemengd

| | | | | |
|--------------------|-------------|---------|------------------|---------------------|
| 1. ZVL - 1886 1 | ZVL - 1886 | NED | 4:10.76 | +0,66 |
| Silke Molendijk | +0,66 29.92 | 1:02.21 | Fieke Hoogduin | +0,11 32.20 1:08.65 |
| Thijs Huizer | +0,48 28.83 | 1:01.86 | Robin van Beek | +0,34 27.64 58.04 |
| 2. ZVL - 1886 3 | ZVL - 1886 | NED | 4:16.66 | +0,71 |
| Jelsie van Ruijven | +0,71 29.49 | 1:01.38 | Lonneke Graansma | +0,56 33.70 1:12.14 |
| Sytze van Stein | +0,39 27.74 | 1:00.37 | Erik Baalbergen | +0,42 29.58 1:02.77 |
| 3. De Valken 1 | De Valken | NED | 4:45.05 | +0,75 |
| Yarnick Visscher | +0,75 31.27 | 1:06.52 | Sharon Oldenkamp | +0,29 32.98 1:10.49 |
| Kimberly Kootstra | +0,18 38.18 | 1:22.69 | Rens Meijberg | +0,23 30.32 1:05.35 |

100+, Gemengd

| | | | | |
|--|-------------------------|---------|-----------------------------|---------------------|
| 1. DZ&PC 3 <i>Nederlands Masters Record</i> | DZ&PC | NED | 3:47.10 | +0,71 |
| Marre Zandringa | +0,71 28.93 | 1:00.74 | Jelle Betten | +0,20 24.56 51.59 |
| Sara Korhuis | +0,50 27.15 | 57.62 | Erik Nijholt | +0,45 26.76 57.15 |
| 2. WVZ 1 | WVZ | NED | 3:49.26 | +0,69 |
| Marit Huisman | +0,69 28.44 | 59.84 | Sander Kirillova | +0,30 26.15 55.63 |
| Delia Badoux | +0,27 29.36 | 1:01.71 | Scott Jansen | +0,50 24.64 52.08 |
| 3. ZV Hoogland 2 | Zwemvereniging Hoogland | NED | 4:13.69 | +0,67 |
| Anne-Irene Ducheine | +0,67 32.27 | 1:08.78 | Tim de Zoete | +0,17 27.73 59.81 |
| Jeffrey Roest | +0,34 29.29 | 59.99 | Jamilla van Omme - van Veen | +0,44 30.59 1:05.11 |
| 4. Orca 1 | Orca | NED | 4:17.23 | +0,72 |
| Dirk van der Eems | +0,72 29.12 | 1:03.67 | Annemiek Meulenbeld | -0,02 30.64 1:05.39 |
| Rosalie Baarda | +0,29 33.00 | 1:10.13 | Auke Jan Ytsma | +0,36 27.50 58.04 |
| 5. WS Twente 1 | WS Twente | NED | 4:23.35 | +0,71 |
| Sander Riezebos | +0,71 28.58 | 1:00.27 | Pien Ooijman | +0,48 33.03 1:09.83 |
| Roméé Beverdam | +0,35 33.30 | 1:10.67 | Laurens Spoelstra | +0,63 29.20 1:02.58 |
| 6. ZVL - 1886 2 | ZVL - 1886 | NED | 4:31.52 | +0,81 |
| Babet van Andel | +0,81 33.41 | 1:10.15 | Suzan Blankestijn | +0,47 35.08 1:14.53 |
| Robin van Muijen | +0,71 28.90 | 1:01.74 | Jaime Santiago Patterson | +0,43 29.97 1:05.10 |





Open Nederlandse Masters
Kampioenschappen 2026 lange baan
Drachten, 30 april-3 mei 2026



Programmanr. 32, 4 x 100m vrije slag

120+, Gemengd

| | | | | |
|--|---|--|--|-------|
| 1. Poseidon'56 1 Ryan van den Ouden Kim van Gemert | Poseidon'56 +0,81 26.45 56.11 +0,47 30.44 1:04.36 | NED Marcel Vroegindewei Tonia Ruybroek | 4:18.80 +0,43 30.45 1:03.40 +0,62 35.86 1:14.93 | +0,81 |
| 2. De Treffers 1 Cristina Rodriguez Bouzo Werner van Wyk | De Treffers +0,71 32.42 1:09.28 +0,58 31.01 1:03.60 | NED Evita van de Ketterij Tim van Grunsven | 4:19.11 +0,44 31.23 1:05.82 +0,40 28.03 1:00.41 | +0,71 |
| 3. DAW 1 Marouscha de Vries Laura Badoux | DAW +0,71 33.54 1:10.62 +0,35 33.00 1:09.37 | NED Sherif Badawy Paul Oudendijk | 4:20.39 +0,30 27.28 58.32 +0,41 29.83 1:02.08 | +0,71 |
| 4. VZC 1 Tim Seising Olaf Achterberg | VZC +0,68 30.28 1:03.63 +0,47 27.35 57.16 | NED Kimberly Whittington Lisanne Seising | 4:20.49 +0,44 32.49 1:08.44 +0,34 33.30 1:11.26 | +0,68 |
| 5. Westland Swimming Stars 1 Pieter Broek Patrick Wyrdeман | Westland Swimming Stars +0,70 31.16 1:06.28 +0,38 30.05 1:03.59 | NED Anouk van der Lans Kim de Jong | 4:31.91 +0,53 35.25 1:14.67 +0,19 31.35 1:07.37 | +0,70 |
| 6. NieMo Barracuda 3 Marijke Kommers Tamara van den Brink | NieMo Barracuda +0,80 33.74 1:10.92 +0,41 34.25 1:12.62 | NED Ids de Klerk Robin van Beusekom | 4:33.85 +0,54 31.33 1:07.73 +0,48 30.05 1:02.58 | +0,80 |
| 7. AZC 2 Jessica Braat Ardy Zwaneburg | AZC +0,66 33.03 1:11.27 +0,53 33.11 1:09.57 | NED Monique van Huizen Patrick Brouwer | 4:39.70 +0,38 33.44 1:09.73 +0,60 32.61 1:09.13 | +0,66 |
| 8. HZ&PC Heerenveen 3 Wiebren Dijkstra Rob van Wier | HZ&PC Heerenveen +0,76 38.41 1:24.44 +0,65 29.69 1:02.47 | NED Romy Jalving Liselotte Schaap | 4:47.50 +0,24 34.79 1:13.59 +0,42 32.10 1:07.00 | +0,76 |
| 9. ZOB'66 1 Julian Mes Marit van Krimpen | ZOB'66 +0,82 28.35 1:00.16 +0,51 37.33 1:21.16 | NED Daniëlle Schipper - van Est Ian van Mullem | 4:51.11 +0,45 41.73 1:27.42 +0,44 29.24 1:02.37 | +0,82 |

160+, Gemengd

| | | | | |
|---|---|--|--|-------|
| 1. Zwemlust- den Hommel 1 Manon Kloosterman Liesbeth van Mill | Zwemlust- den Hommel +0,74 30.28 1:03.65 +0,50 34.83 1:13.68 | NED Mark Zwart Vincent Versteeg | 4:18.95 +0,45 29.41 1:01.70 +0,32 28.34 59.92 | +0,74 |
| 2. ACZ 1 Ignacio Garcia Rodríguez Teus Krijgsman | ACZ +0,69 28.89 1:01.20 +0,59 33.34 1:11.57 | NED Linda van Klei Carol Hollemans | 4:28.70 +0,66 34.23 1:09.40 +0,58 31.58 1:06.53 | +0,69 |
| 3. ENC Arnhem 4 Arjen Koop Jordi Jolink | ENC Arnhem +0,68 30.00 1:04.52 +0,22 29.36 1:02.89 | NED Marijn Post Irmgard van Weeghel | 4:34.17 +0,40 34.43 1:13.43 +0,26 34.28 1:13.33 | +0,68 |
| 4. Steenwijk 1934 1 Jacyntha Plat Korstiaan de Boer | Steenwijk 1934 +0,74 32.54 1:08.61 +0,37 36.76 1:16.41 | NED Robert Braad Wilna Heijman | 4:43.73 +0,44 27.60 59.26 +0,45 37.46 1:19.45 | +0,74 |
| 5. De Inktvis 1 Henk Slomp Chaira Scholte | De Inktvis +0,81 34.29 1:14.68 +0,48 33.79 1:12.64 | NED Carolien Baarda Walter Bodenstaff | 4:45.30 +0,48 31.38 1:07.65 +0,55 34.26 1:10.33 | +0,81 |
| 6. WVZ 3 Lauren van IJl Linda Hoogendam | WVZ +0,69 31.92 1:07.85 +0,49 38.61 1:22.60 | NED Leon Slingerland Jan-Willem van den Berg | 4:47.66 +0,62 34.05 1:12.80 +0,26 30.30 1:04.41 | +0,69 |
| 7. Team Noord Holland (SG) 1 Anoeska Romein Peter Janssen | Team Noord Holland (SG) +0,90 35.52 1:13.10 +0,31 38.60 1:21.53 | NED Rene Janssen Lotte van Gessel | 4:53.00 +0,52 36.70 1:16.45 +0,61 29.89 1:01.92 | +0,90 |
| 8. CN Sportcity Woluwe 1 Nathalie Blondeel Olivier Bresoux | Cercle De Natation Sportcity WolBEL +0,75 32.89 1:08.20 +0,41 34.53 1:10.90 | NED Kathy Van Lindt Nick Mens | 4:54.97 +0,56 39.86 1:24.62 +0,44 33.71 1:11.25 | +0,75 |
| 9. AZC 1 Michael Go Wim de Lange | AZC +0,67 35.51 1:15.43 +0,69 39.06 1:22.70 | NED Sharlene Both Esther Boerdam-Delfos | 5:09.39 +0,45 34.00 1:12.42 +0,41 37.99 1:18.84 | +0,67 |



Open Nederlandse Masters
Kampioenschappen 2026 lange baan
Drachten, 30 april-3 mei 2026



Programmanr. 32, 4 x 100m vrije slag

240+, Gemengd

| | | | | |
|----------------------|-------------------------|------------------------|---------------------|--------------|
| 1. WS Twente 4 | WS Twente | NED | 5:17.61 | +0,74 |
| Ima van der Molen | +0,74 39.27 1:25.53 | Evelien Naatje | +0,61 38.49 1:21.05 | |
| Harrie Oude Weernink | 33.54 1:11.72 | Laurens Klein Breteler | +0,38 37.29 1:19.31 | |
| 2. TriVia 1 | TriVia | NED | 5:41.57 | +0,97 |
| Jaap Vis | +0,97 39.85 1:24.27 | Jeroen Temme | +0,51 32.89 1:09.27 | |
| Hannie Poletiek | +0,50 44.92 1:33.13 | Martine Stahlie-Bos | +0,56 44.09 1:34.90 | |
| 3. ZVVS 1 | ZV Vlaardingen-Schiedam | NED | 5:52.37 | +0,86 |
| Helena Mels | +0,86 37.56 1:21.27 | Willem Putter | +0,69 41.94 1:30.38 | |
| Inge Deutz | +0,68 45.76 1:39.98 | Jeroen Hoeksel | +0,39 37.24 1:20.74 | |

280+, Gemengd

| | | | | |
|-----------------|---------------------|---------------------------------|---------------------|--------------|
| 1. Old Dutch 2 | Old Dutch | NED | 6:47.22 | +0,98 |
| Henri Verschoor | +0,98 32.76 1:07.17 | Marie Smits | +0,98 59.18 2:07.25 | |
| Nico Baay | +0,79 51.71 1:57.86 | Karin van Nassau-van den Heuvel | +0,50 45.78 1:34.94 | |